MONTROSE
REGIONAL HEALTH

ABOUT URINARY TRACT INFECTIONS:

A urinary tract infection (UTI) can develop when germs enter the body through a plastic tube (Foley catheter) used to drain urine from the bladder.

The bladder, kidneys, and urethra can all become infected. Another name for this is CAUTI, which stands for Catheter Associated Urinary Tract Infection.

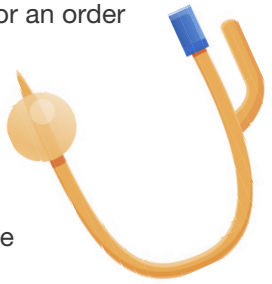
RISK FACTORS:

Use of a Foley catheter tube and bag system

HOW TO HELP

PREVENT A UTI:

- ☐ **Every day, ask if the Foley catheter** (shown below) can be removed.
- ☐ **When it's no longer needed,** ask the doctor for an order to take the Foley catheter out.
- ☐ **Ask about the cleaning plan** for the Foley catheter. (Daily is ideal.)
- ☐ **Keep an eye on the tube.** If you see kinks or tangles in the line—or urine backing up—please alert a nurse.
- ☐ **Make sure** the urine bag is emptied when full.



GET A NURSE IF:

Your loved one shows signs of (or complains about) the following:

- Chills.
- Body ache.
- Confusion.
- Lower back pain.
- Shivering.
- Headaches.
- Pain or a burning feeling in the stomach area.
- Blood in urine bag. *(You may see a slightly pink color.)*

NOTES:

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