



very
puzzled

BARBADOS
JIGSAW PUZZLE
GUIDE

CONTAINING BIOGRAPHIES OF
THE PEOPLE FEATURED ON THE
BARBADOS MAP JIGSAW PUZZLE

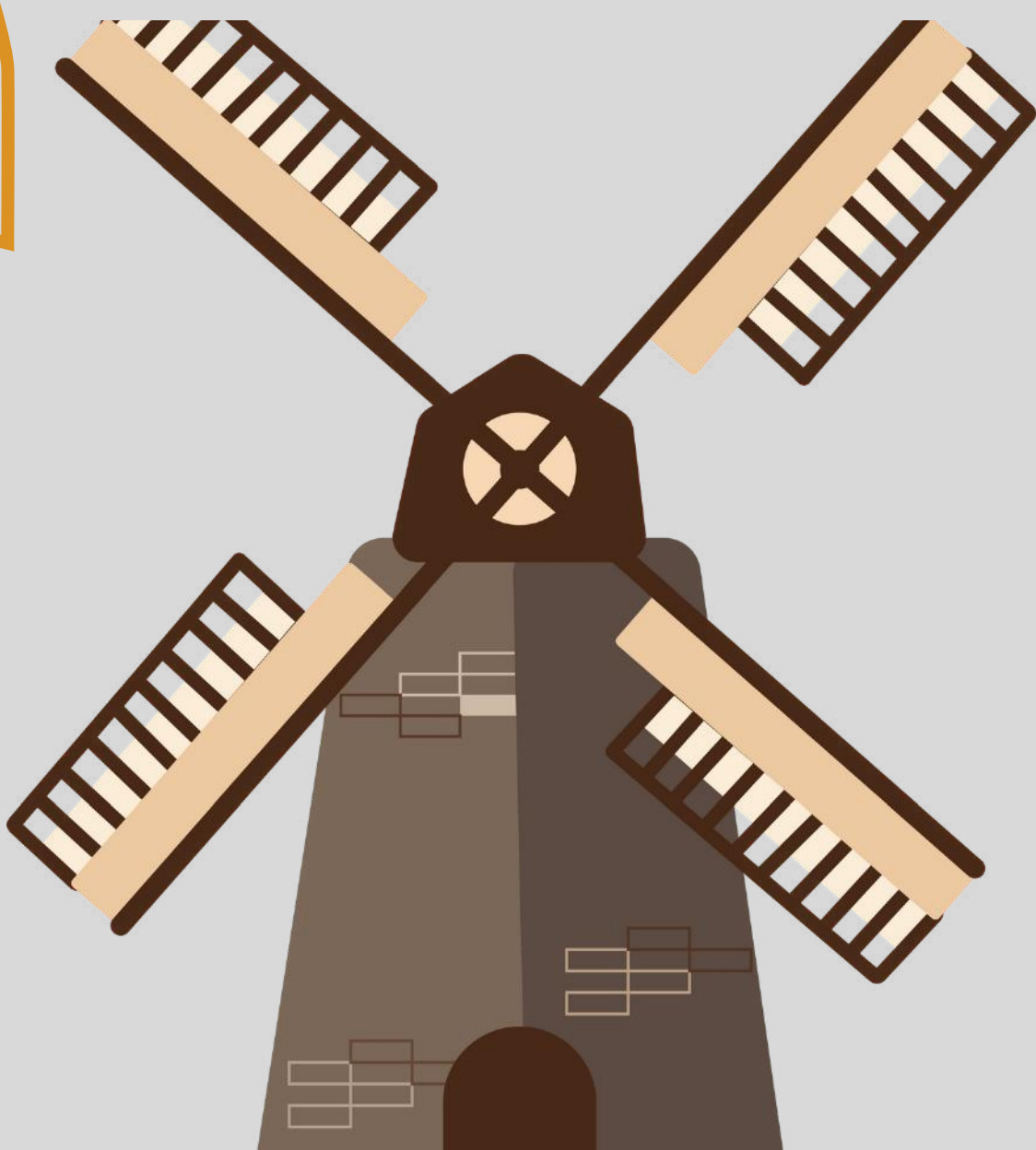
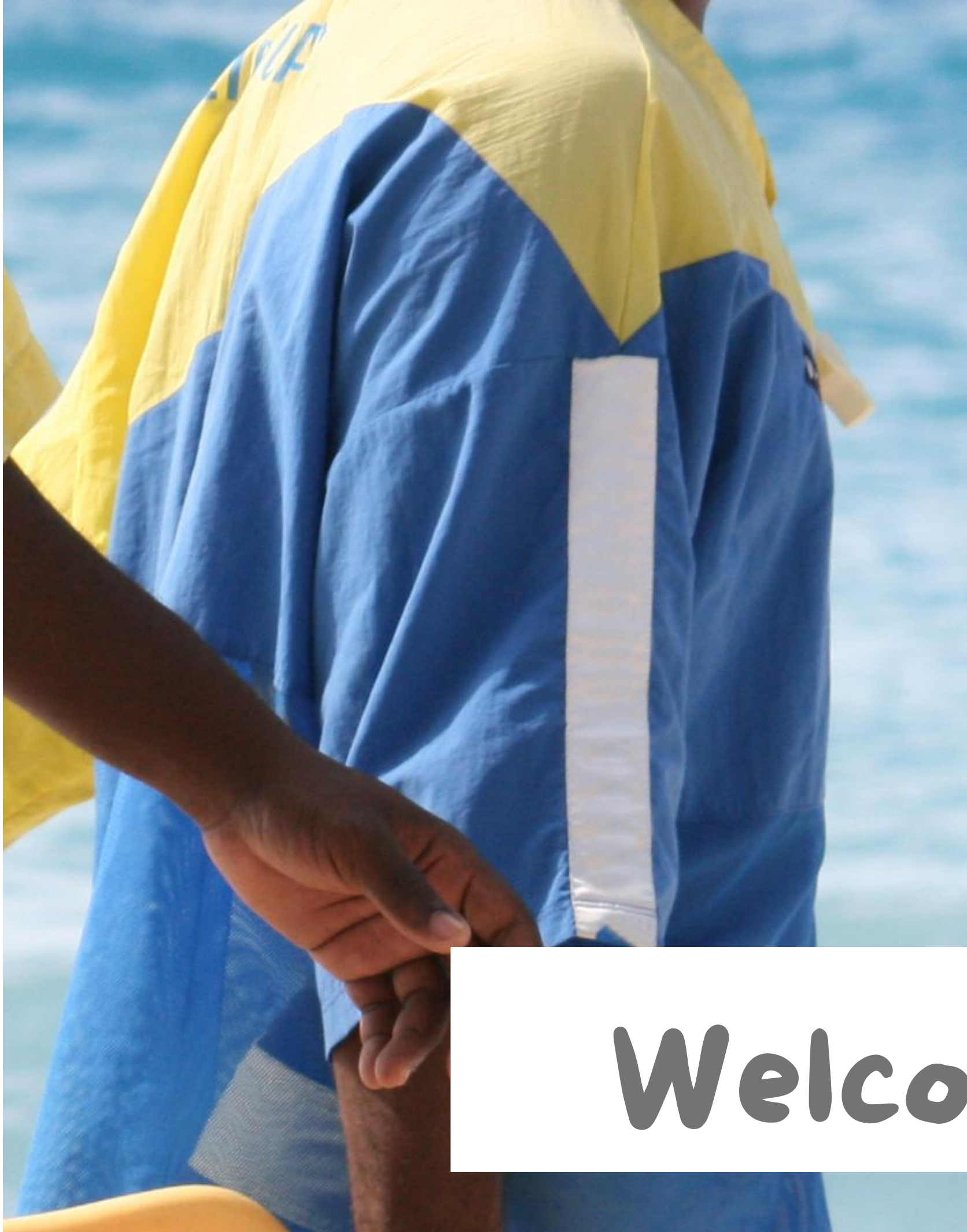


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Welcome to

YOUR GUIDE



Barbados an island country in the Caribbean region of North America.

Barbados has a population of 287,010 people, predominantly of African descent. Despite being classified as an Atlantic island, Barbados is considered to be a part of the Caribbean, where it is ranked as a leading tourist destination

Barbados has many notable citizens that include Rihanna, Mia Mottley, Obadele Thompson, Karen Lord, Andrea Stuart, Austin Clarke as well as many others.

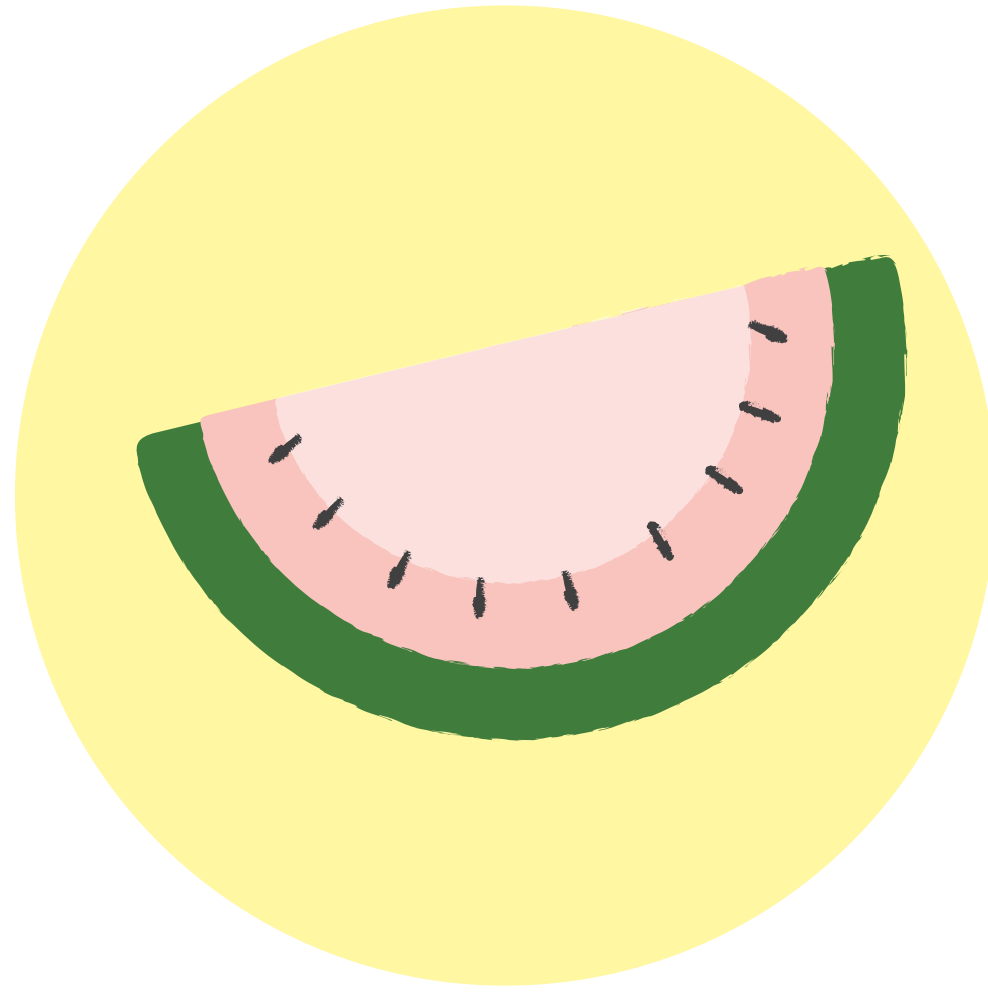
Barbados is rich and diverse in terms of it's history and culture which you can explore and find out more about with the Very Puzzled Barbados map jigsaw puzzle and this guide book.

THE BENEFITS OF JIGSAW PUZZLES



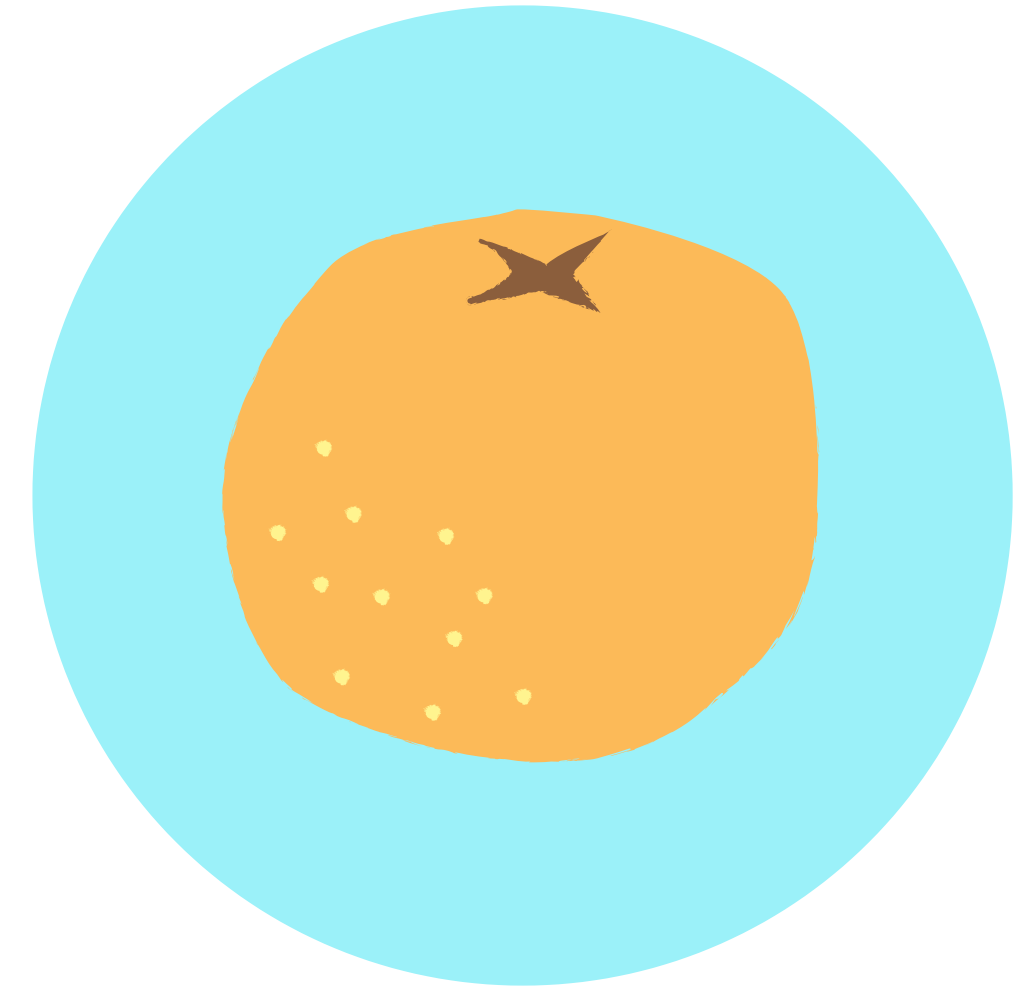
HAND-EYE COORDINATION

Your child will develop a keen relationship between what their eyes see, what their hands do and what their brain relates to this information.



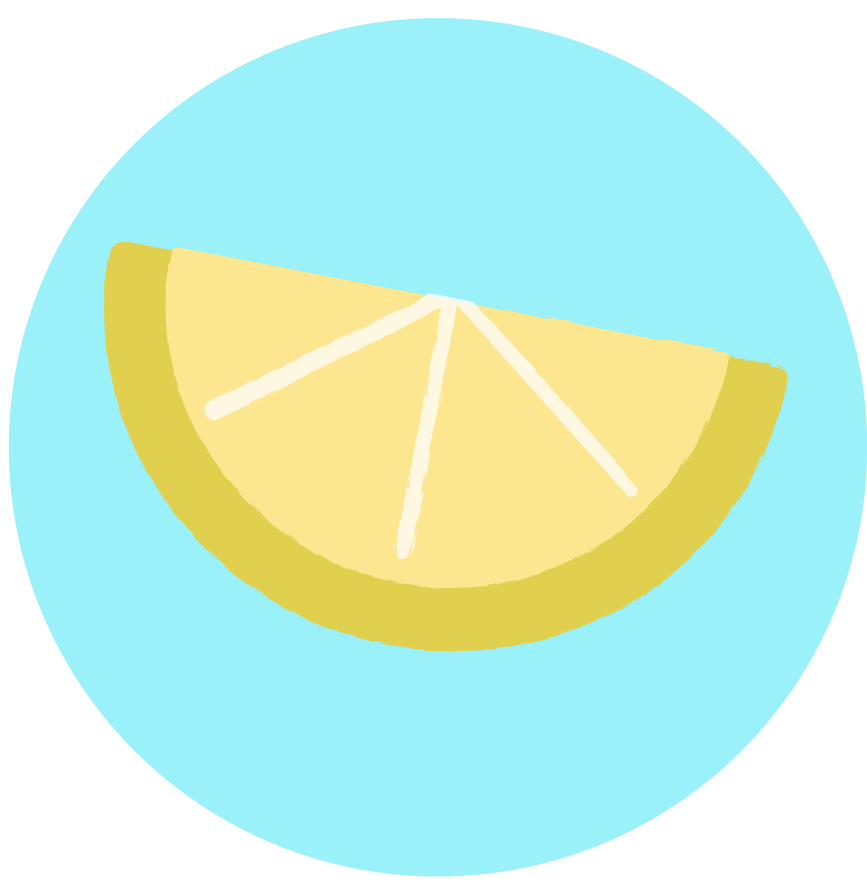
MOTOR SKILLS

Larger puzzle pieces and stacking puzzle games can enhance the large movements of your child to the point where they can then work on their fine motor skills.



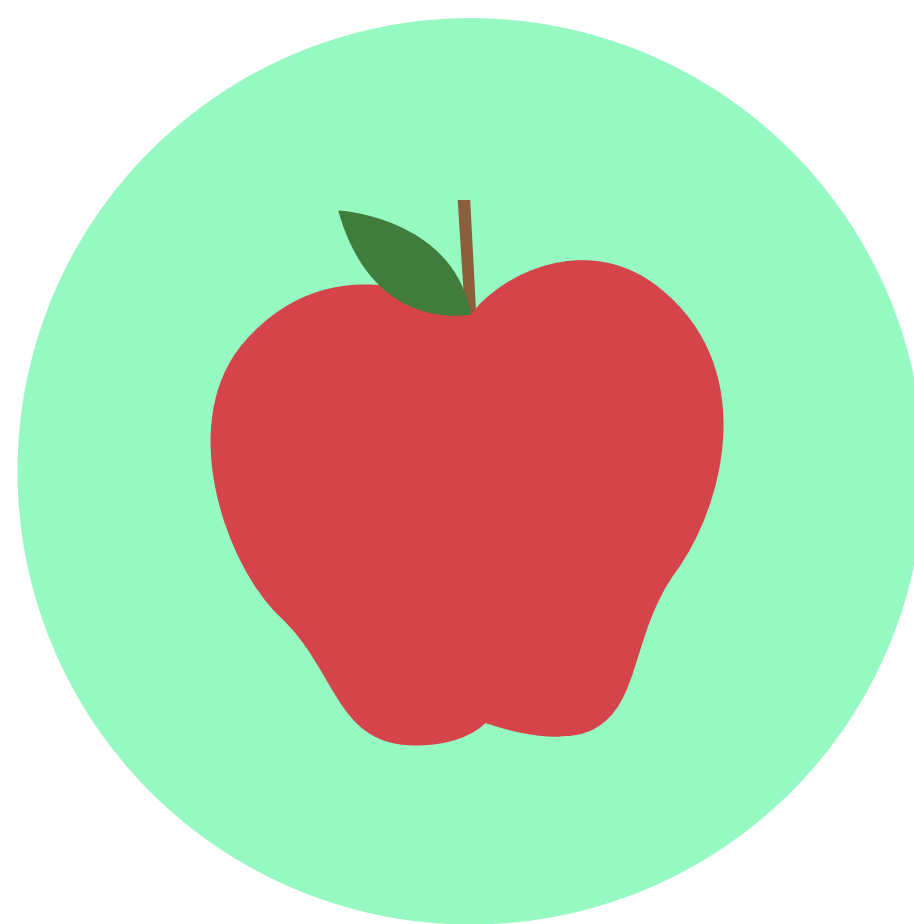
UNDERSTANDING THE WORLD

There is no better way for your child to gain an understanding of the world around them than by letting them literally manipulate the world around them.



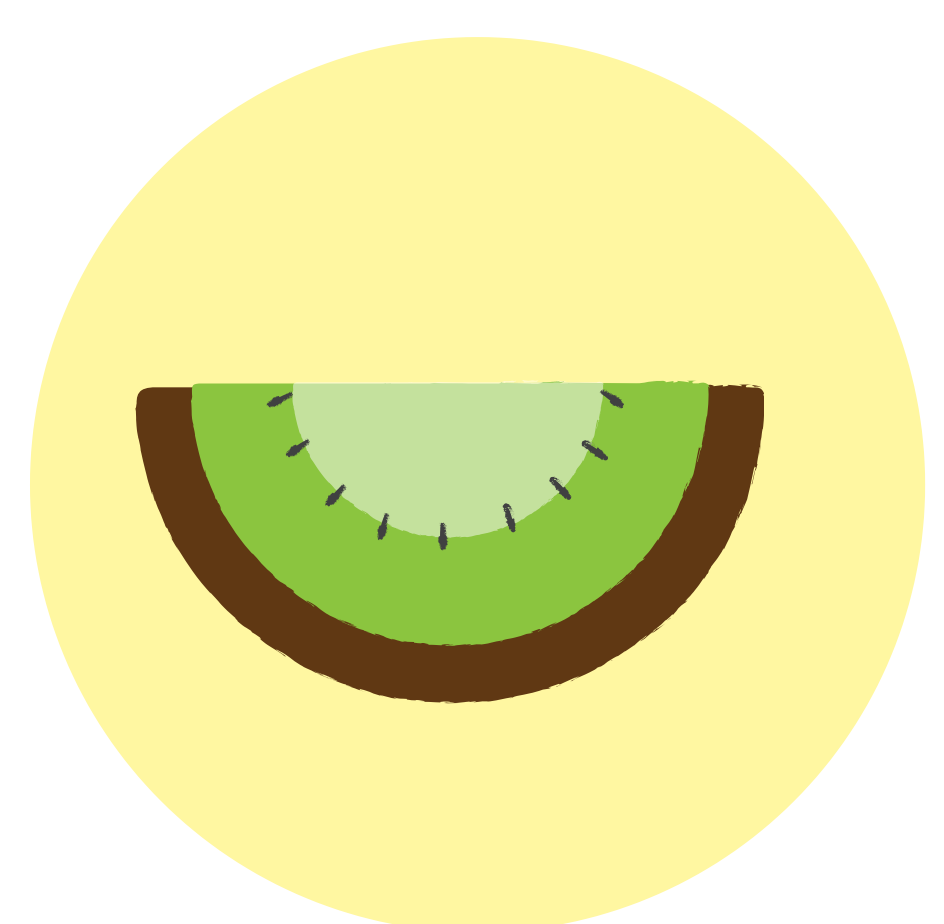
SHAPE RECOGNITION

The first puzzles we use are simple shapes — triangle, squares and circles. From there more complex shapes are used until the abstract jigsaw puzzles are used.



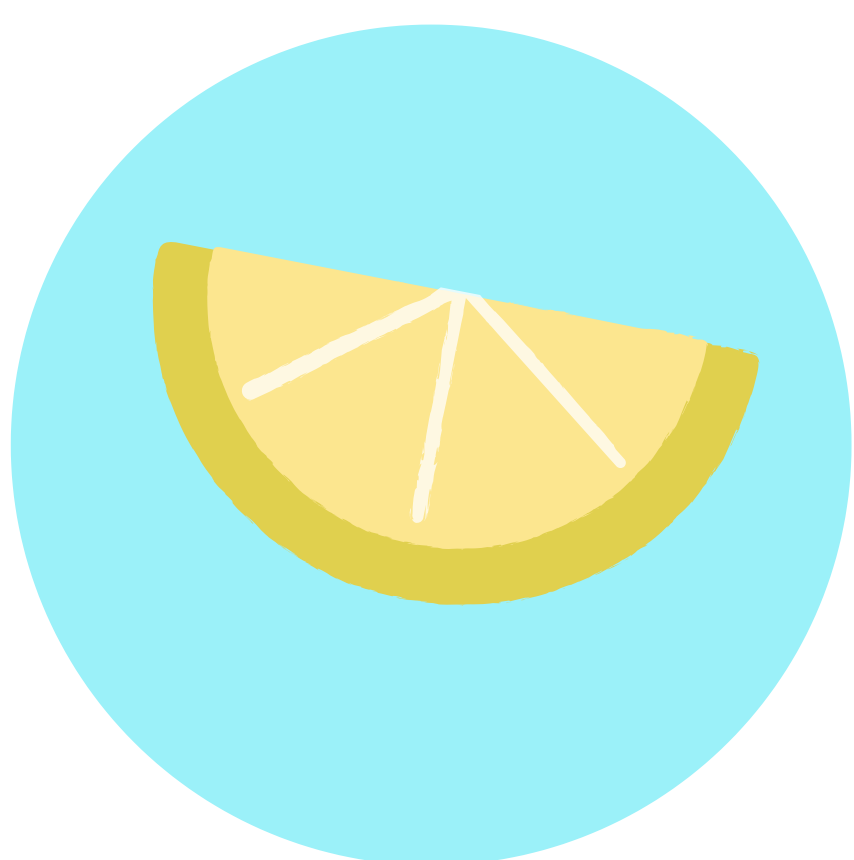
MEMORY

Your child has to remember the shape of pieces that don't fit for when they will fit later on.



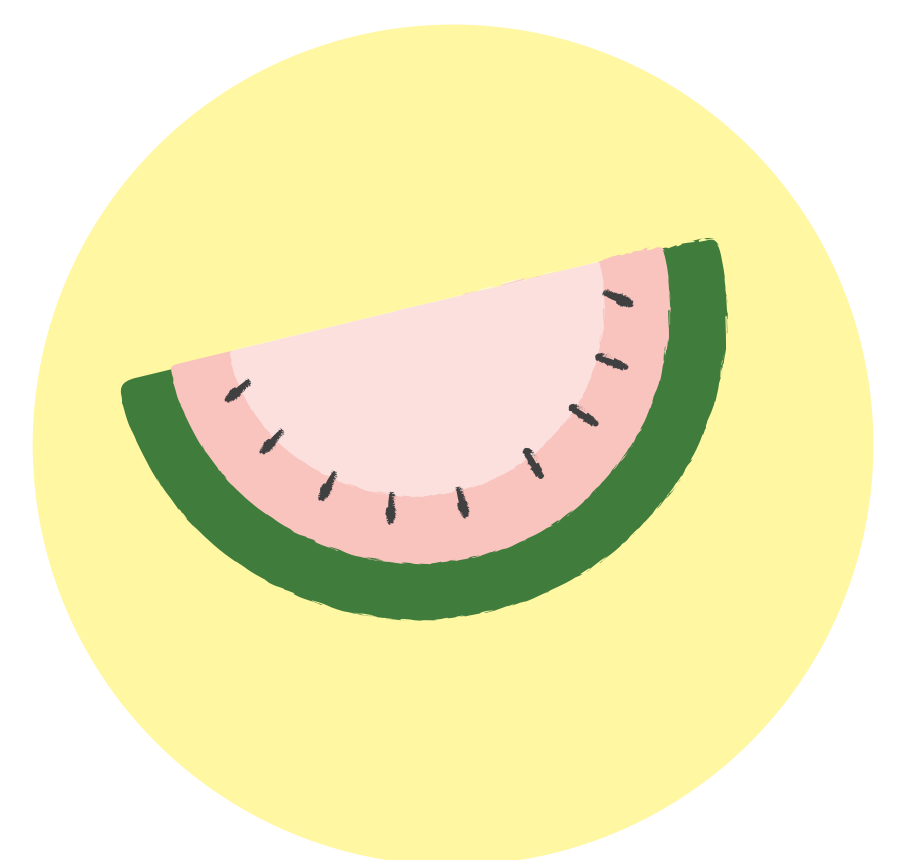
PROBLEM SOLVING

Either the puzzle piece fits or it does not. Your child uses critical thinking skills to solve the puzzle and, best of all, you can't cheat a puzzle!



SETTING GOALS

The first goal is to solve the puzzle, the next goal will be a series of strategies your child comes up with to solve the puzzle. Such as putting familiar shapes or colors in one pile for future reference.



PATIENCE

Puzzles are not like sports, you can't just step up to the plate and swing until you knock it out of the park. You must practice patience and slowly work through the puzzle before you reach the ending.

AUSTIN CLARKE

(17 August 1932 – 11 August 2018)



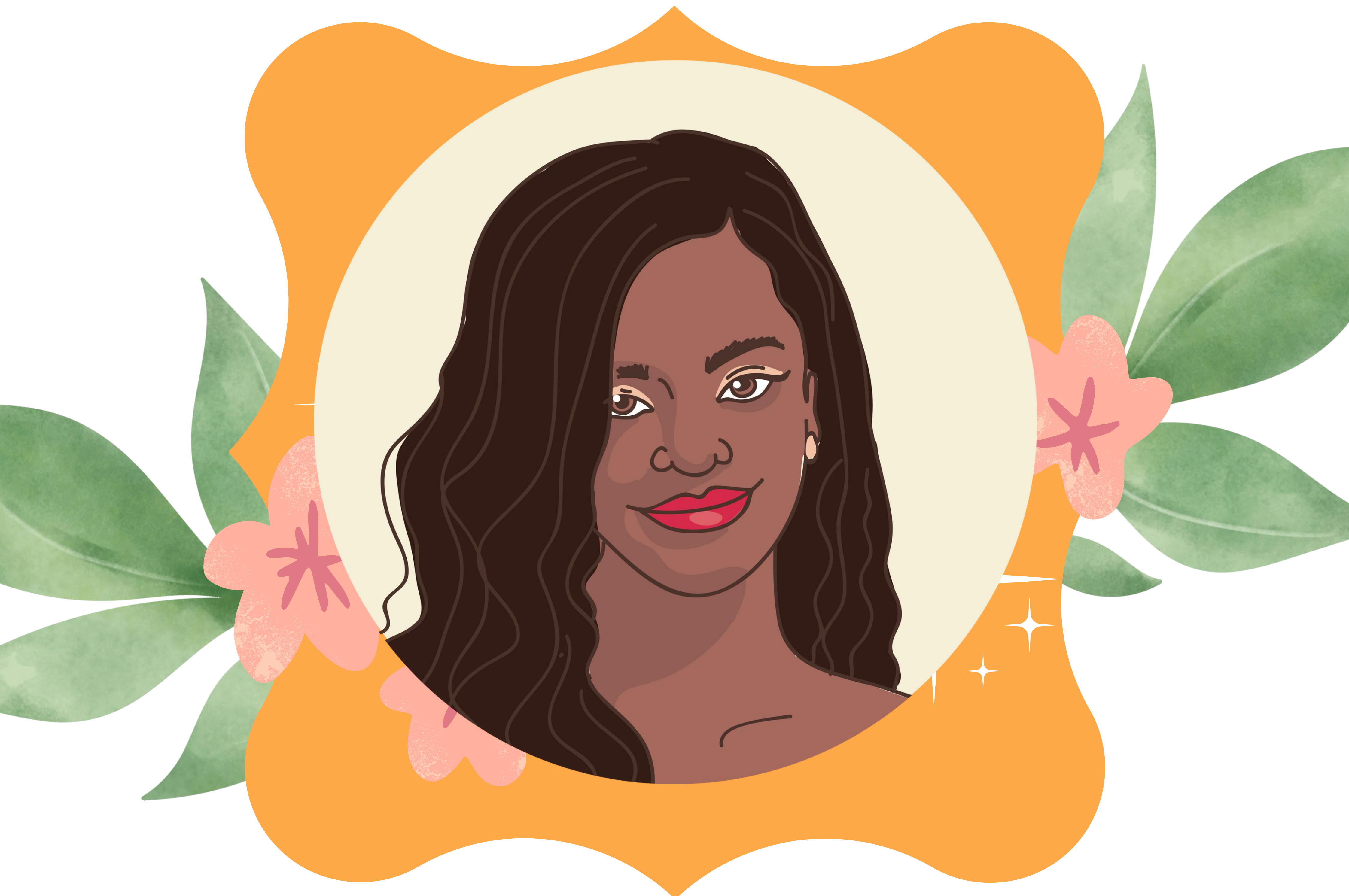
Austin Ardinel Chesterfield "Tom" Clarke was a Barbadian novelist, essayist, and short story writer who was based in Toronto, Ontario, Canada. Among his notable books are novels such as *The Polished Hoe* (2002), memoirs including *Membering* (2015), and two collections of poetry, *Where the Sun Shines Best* (2013) and *In Your Crib* (2015).

Austin Clarke was born in St. James, Barbados, where he received his early education in Anglican schools. He taught at a rural school for three years. In 1955 he moved to Canada and attended the University of Toronto's Trinity College for two years.

Clarke was a reporter at the *Timmins Daily Press* and the *Globe and Mail* before joining the Canadian Broadcasting Corporation as a freelance journalist. He subsequently taught at several American universities, including Yale University, Duke University, and the University of Texas and helped establish black studies programs at several universities.

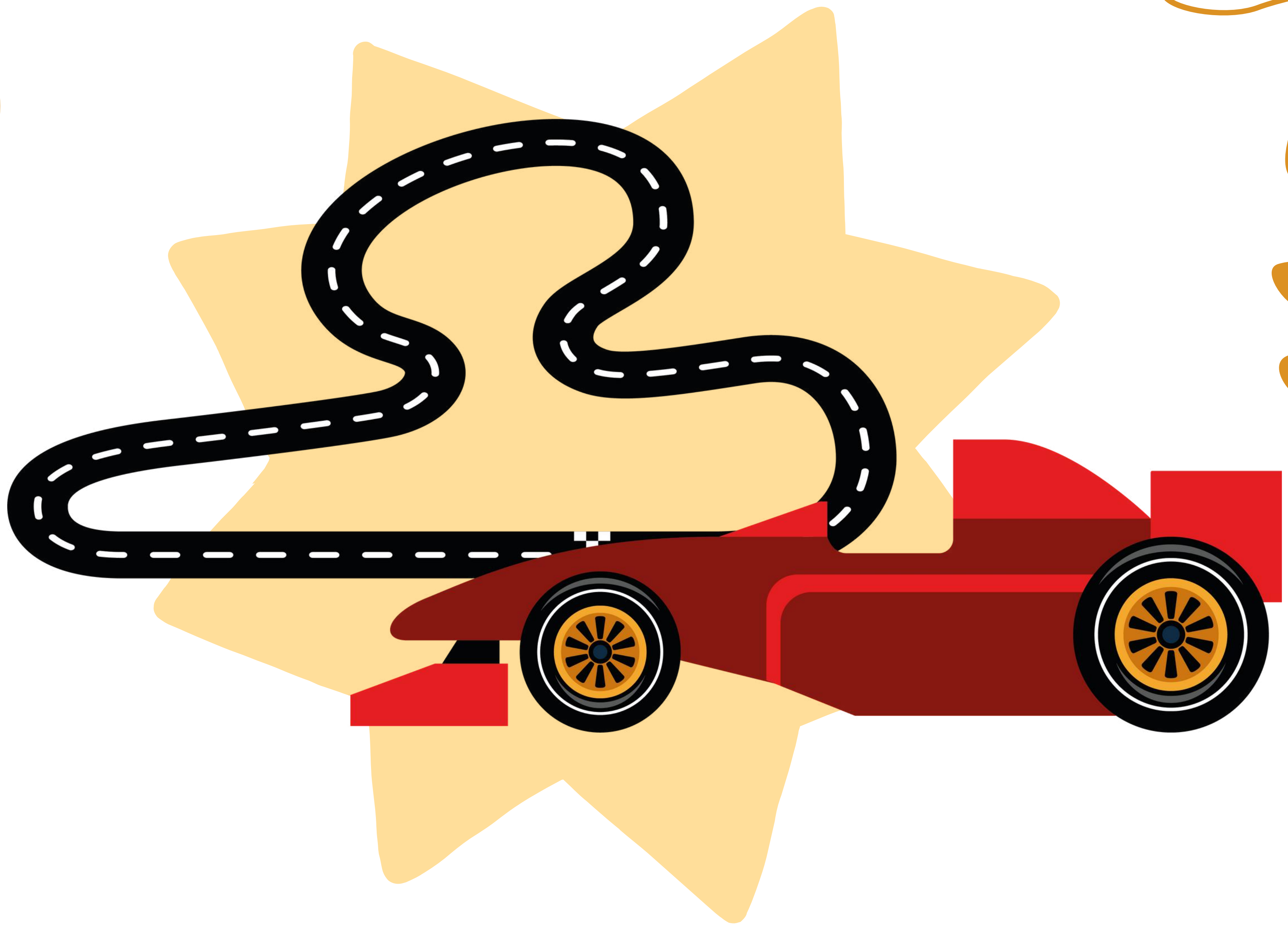
RIHANNA

(February 20, 1988)



Robyn Rihanna Fenty is a Barbadian singer, actress, fashion designer, and businesswoman. Born in Saint Michael and raised in Bridgetown, Barbados. With sales of over 250 million records worldwide, Rihanna is one of the best-selling music artists of all time. She has earned 14 number-ones and 31 top-ten singles in the US and 30 top-ten entries in the UK.

Rihanna is the wealthiest female musician, with an estimated net worth of \$1.7 billion. Aside from music, Rihanna is known for her involvement in humanitarian causes, entrepreneurial ventures, and the fashion industry. She is the founder of the nonprofit organisation Clara Lionel Foundation, cosmetics brand Fenty Beauty, and fashion house Fenty under LVMH; she is the first black woman to head a luxury brand for LVMH.



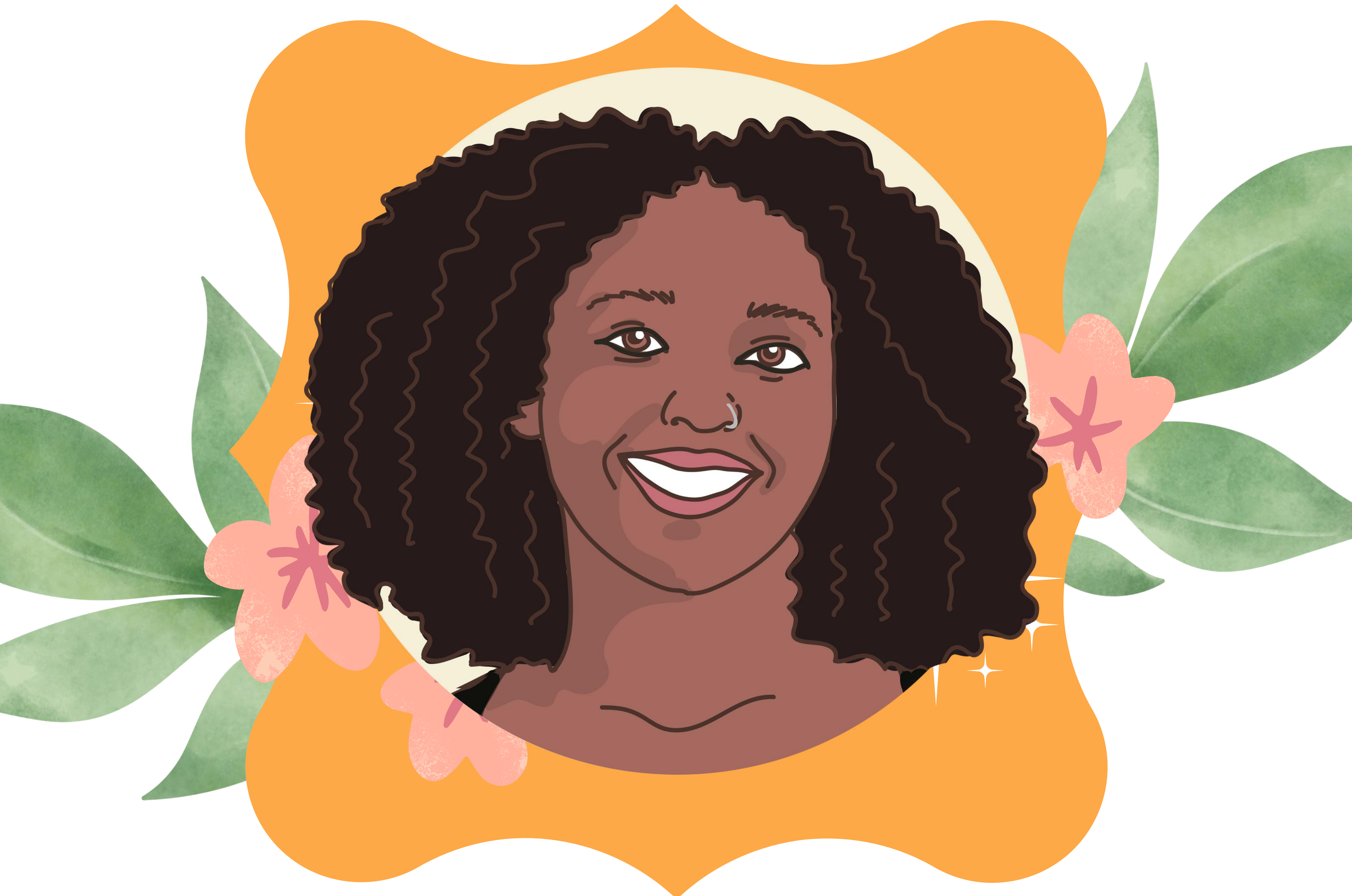
BUSHY PARK CIRCUIT

Bushy Park Circuit is a motorsport race track in the parish of St. Philip, Barbados. The circuit features a 2.012 km FIA Grade 4 course and a 1.2 km CLK Grade 1 course.

The original race track was built in 1971 as a 1.3km circuit. The circuit became a hub for racing in the Caribbean over the next three decades.

RO-ANN MOHAMMED

(1992)



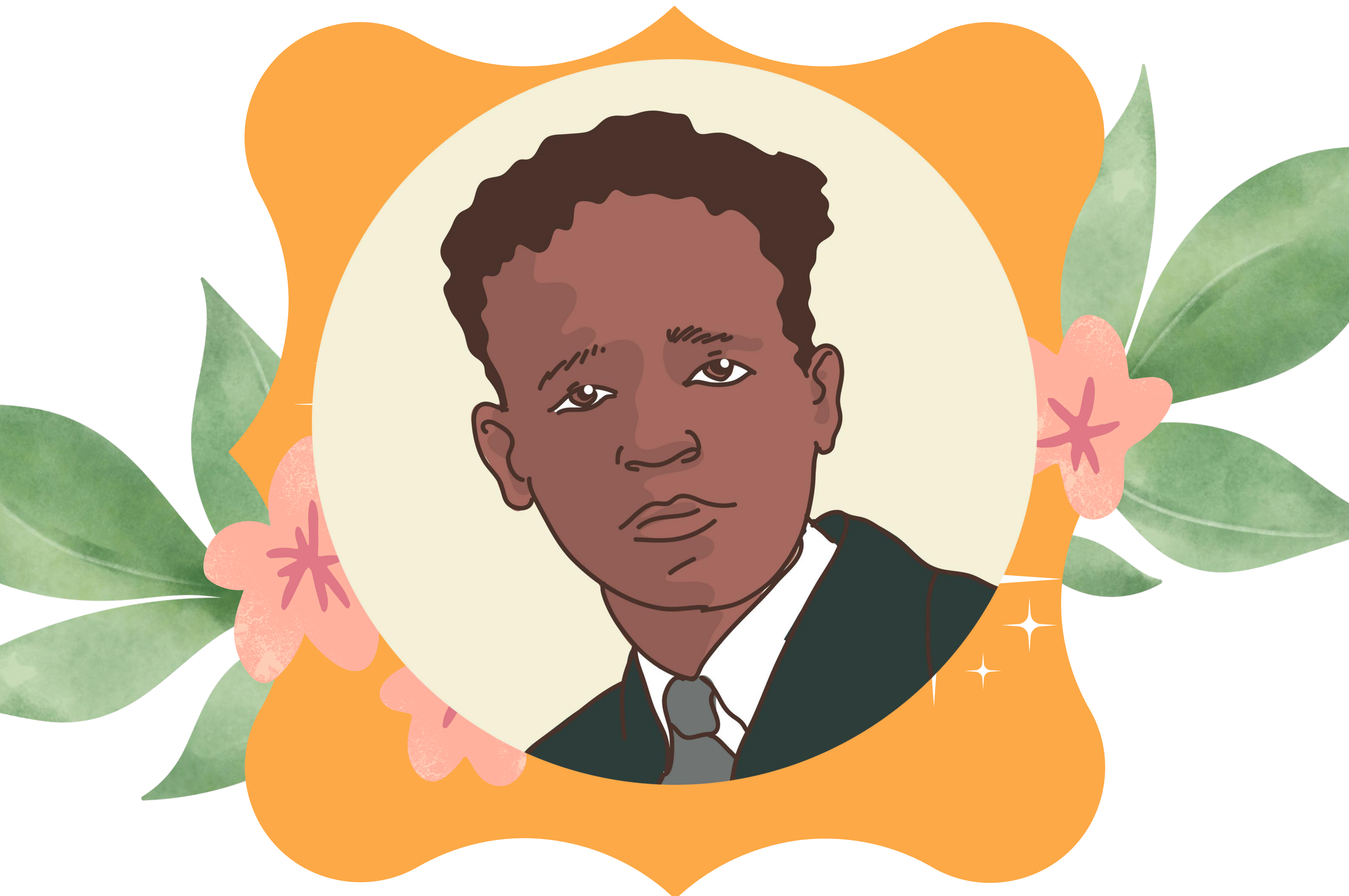
Ro-Ann Mohammed is a human rights activist. In 2012, she co-founded the organisation Barbados - Gays, Lesbians and All-Sexuals against Discrimination (B-GLAD) with Donnya Piggott. In 2018, she was an organizer of Barbados' first LGBT Pride Parade.

Ro-Ann was born in Trinidad and Tobago. She moved to Barbados as a child, where she attended The University of the West Indies Cave Hill and Studied Psychology.

She is a feminist, advocate for gender equality and activist for sexual and reproductive health rights. In 2016, she was named as a Fellow in President Obama's Young Leader of the Americas Initiative (YLA) for her work with the Barbados LGBT community.

CLEMENT PAYNE

(1904 – 7 April 1941)



Clement Osbourne Payne was a Trinidad-born pioneer in the Caribbean trade union movement. By an act of Parliament in 1998, Payne was named as one of the ten National Heroes of Barbados.

Payne was born in Trinidad in 1904 to Barbadian parents who moved back to Barbados when he was four years old. Payne attended Bay Street Boys' School, and subsequently worked for some years as a junior clerk. In 1927 he returned to Trinidad, where as an advocate of social justice he was involved with the growth of militant trade unionism. The Clement Payne Cultural Centre was set up in Barbados in 1989 to perpetuate his memory and to continue his work of enlightening Barbadians about their history and struggle. There is a Clement Payne Memorial Bust in Golden Square, Bridgetown.



COU-COU

Cou-cou and flying fish has become Barbados' national dish. Cou-cou consists mainly of cornmeal (corn flour) and okra (ochros), it consists mainly of cornmeal (corn flour) and okra (ochros). Because the main components are inexpensive, the dish became common for many residents in Barbados' early colonial history. In Ghana, a similar meal of fermented corn or maize flour eaten with okra stew and fish is known as banku, a favourite dish of the Ga tribe in Accra.

A cooking utensil called a "cou-cou stick", is a type of spurtle used in the preparation cou-cou. A cou-cou stick is made of wood, and has a long, flat rectangular shape like a 1-foot-long (30 cm) miniature cricket bat. It is believed by Barbadians to be essential in stirring the cou-cou, as the dish takes on a firm texture and the cou-cou stick makes it easier to stir in a large pot.

KAMAU BRATHWAITE

(11 May 1930 – 4 February 2020)

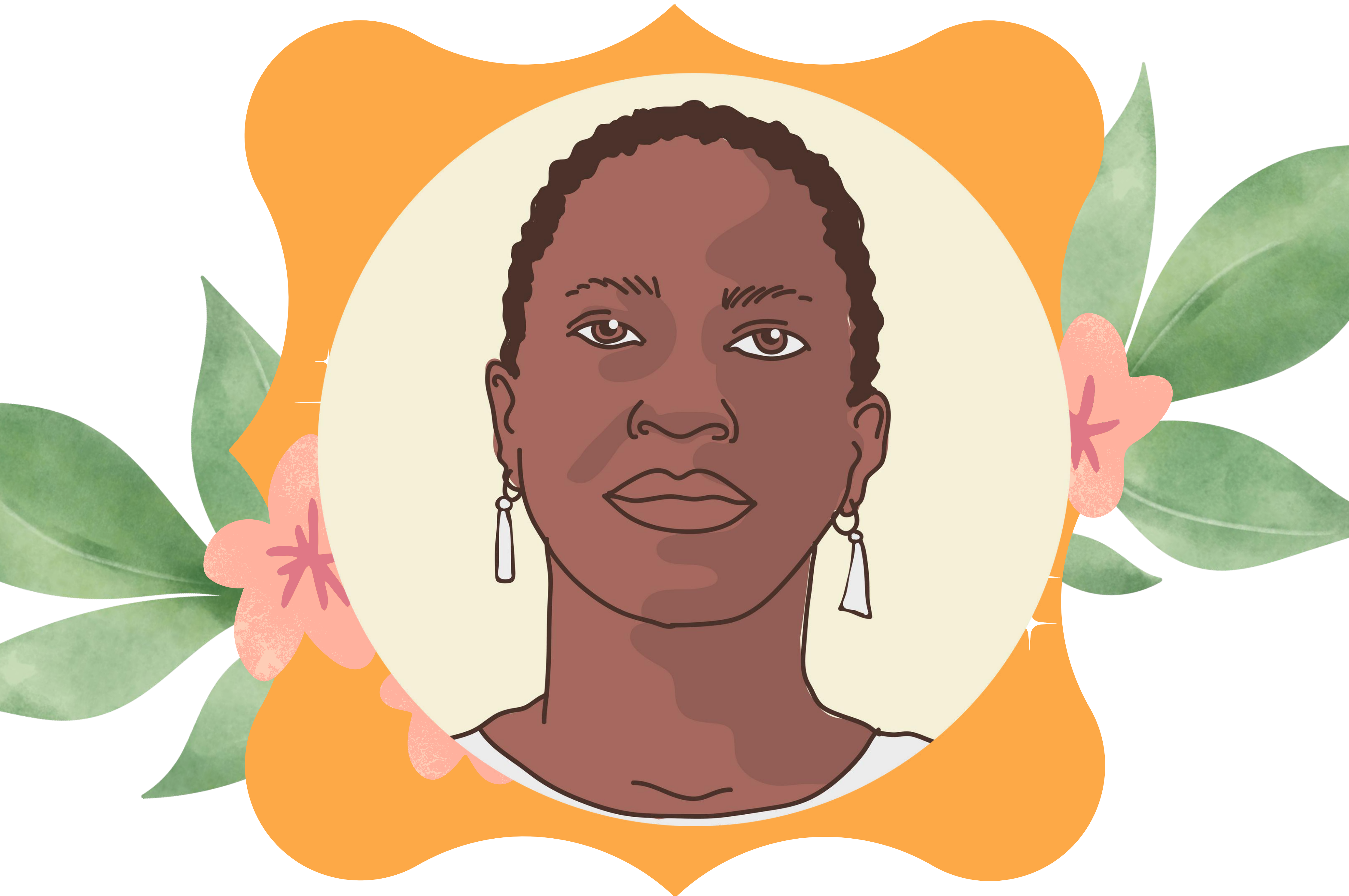


Edward Kamau Brathwaite was a Barbadian poet and academic, widely considered one of the major voices in the Caribbean literary canon. Formerly a professor of Comparative Literature at New York University, Brathwaite was the **2006 International Winner** of the Griffin Poetry Prize, for his volume of poetry *Born to Slow Horses*.

Brathwaite held a Ph.D. from the University of Sussex (1968) and was the co-founder of the Caribbean Artists Movement (CAM). He received both the Guggenheim and Fulbright Fellowships in 1983. Brathwaite was noted for his studies of Black cultural life both in Africa and throughout the African diasporas of the world. Lawson Edward Brathwaite was born in the capital city of Bridgetown, Barbados.

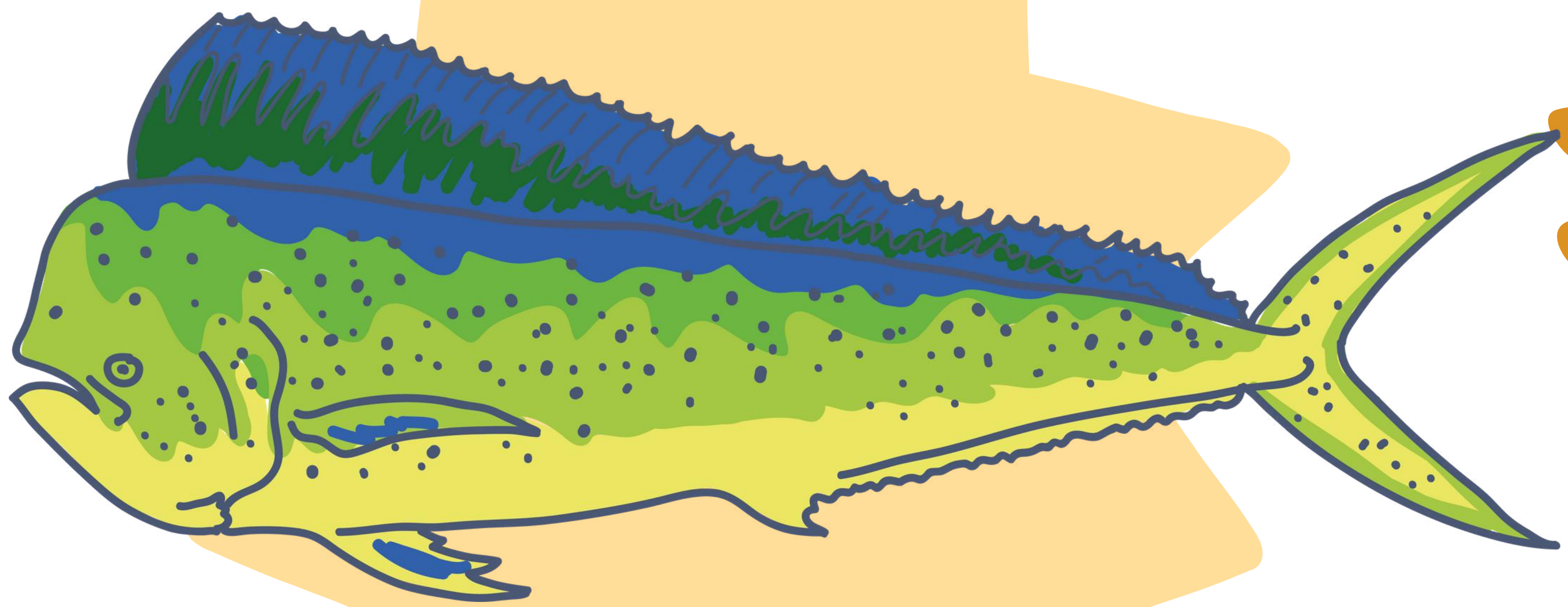
KAREN LORD

(22 May 1968)



Karen Lord is a Barbadian writer of speculative fiction. Her first novel, *Redemption in Indigo* (2010), retells the story "Ansigé Karamba the Glutton" from Senegalese folklore and her second novel, *The Best of All Possible Worlds* (2013), is an example of social science fiction. Lord also writes on the sociology of religion.

Karen Lord was born in Barbados. She attended Queen's College in Bridgetown, and earned a science degree from the University of Toronto and a PhD in the sociology of religion from Bangor University.



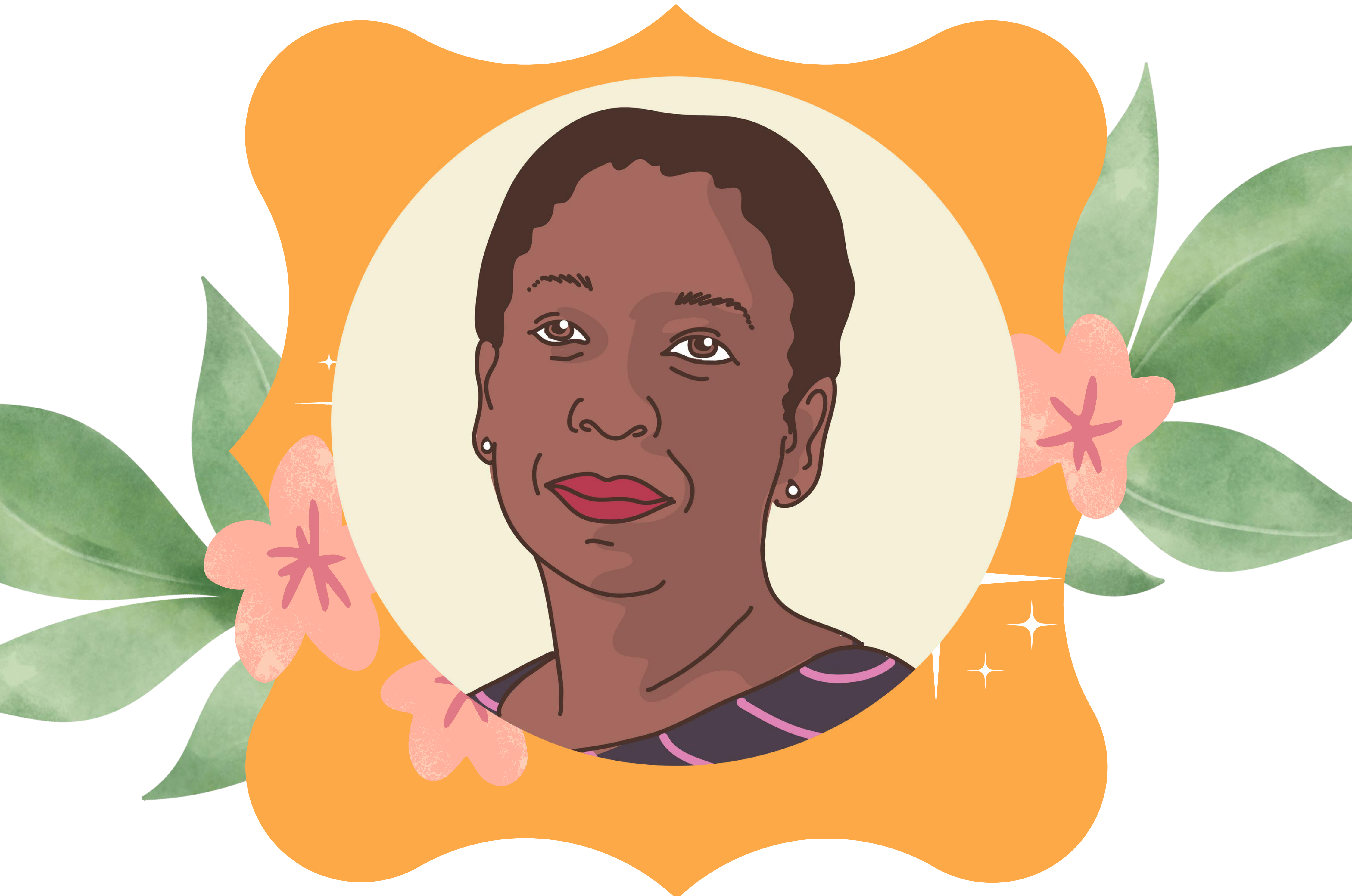
CORYPHAENA HIPPURUS

The mahi-mahi (*Coryphaena hippurus*) is a surface-dwelling ray-finned fish found in off-shore temperate, tropical, and subtropical waters worldwide. These fish are most commonly found in the waters around the Gulf of Mexico, Costa Rica, Hawaii and the Indian Ocean.

Mahi-mahi have compressed bodies and a single long-based dorsal fin extending from the head almost to the tail. Mature males have prominent foreheads protruding well above the body proper. Females have a rounded head. Their caudal fins and anal fins are sharply concave. They are distinguished by dazzling colors - golden on the sides, and bright blues and greens on the sides and back. The pectoral fins of the mahi-mahi are iridescent blue. The flank is broad and golden. Out of the water, the fish often change color (giving rise to their Spanish name, dorado, "golden").

ANDREA STUART

(1962)



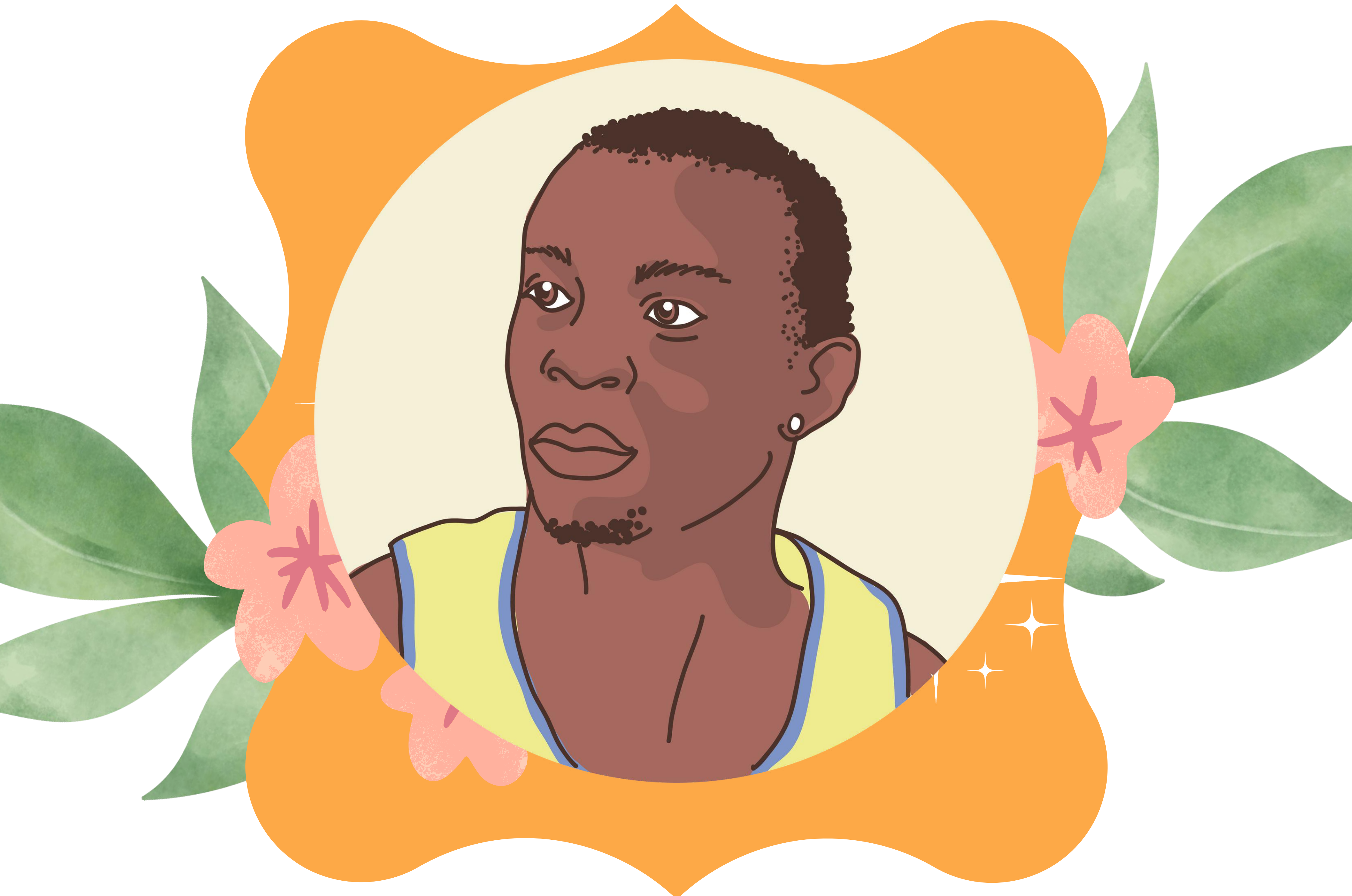
Andrea Stuart is a Barbadian-British historian and writer, who was raised in the Caribbean and the US and now lives in the UK. Her biography of Josephine Bonaparte, entitled *The Rose of Martinique*, won the Enid McLeod Literary Prize in 2004. Although her three published books so far have been non-fiction, she has spoken of working on a novel set in the 18th century.

Born in Jamaica, of Barbadian parents, Andrea Stuart spent many of her early years in Jamaica. She studied English at the University of East Anglia and French at the Sorbonne. She began working as a journalist, then branched into publishing and television documentary production.

Stuart has taught at Kingston University, as a Writer in Residence since 2011, and on the Biography course at Arvon. She was also a writing tutor with the Faber Academy, directing the "Writing Family History" course, and has been associate lecturer in cultural studies at the University of the Arts London, visiting lecturer in creative writing at City University London, and in cultural studies at Central Saint Martins.

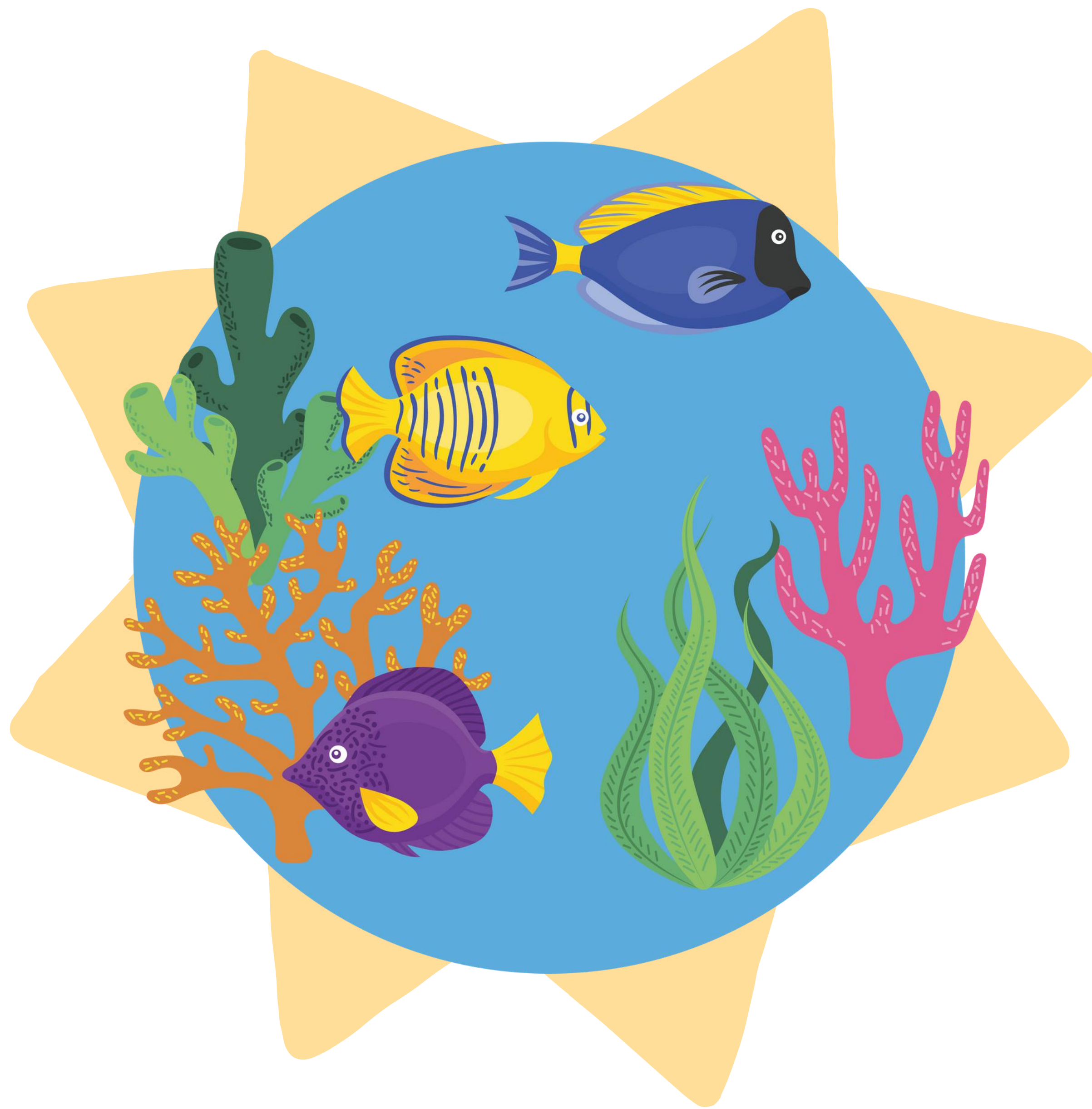
RYAN BRATHWAITE

(June 6, 1988)



Ryan Brathwaite is a track and field athlete from Barbados who won the gold medal in the 110 metres hurdles at the 2009 World Championships in Athletics in Berlin. He is from the Hillaby district in the parish of St. Andrew.

He first ran on the world stage at the 2005 World Youth Championships in Athletics, taking the silver medal in the 110 meter hurdles. Brathwaite set a national record at the 2008 Central American and Caribbean Championships in Athletics, winning his heat in a time of 13.49 seconds and finishing fourth in the final. He improved this further at the 2008 Summer Olympics, running 13.38 seconds in the heats. He made it through to the Olympic semi-finals before being knocked out.



FOLKSTONE MARINE PARK

Folkestone Marine Park is a marine reserve stretching from Colony Club Beach (Heron Bay) south to Sandy Lane Beach.

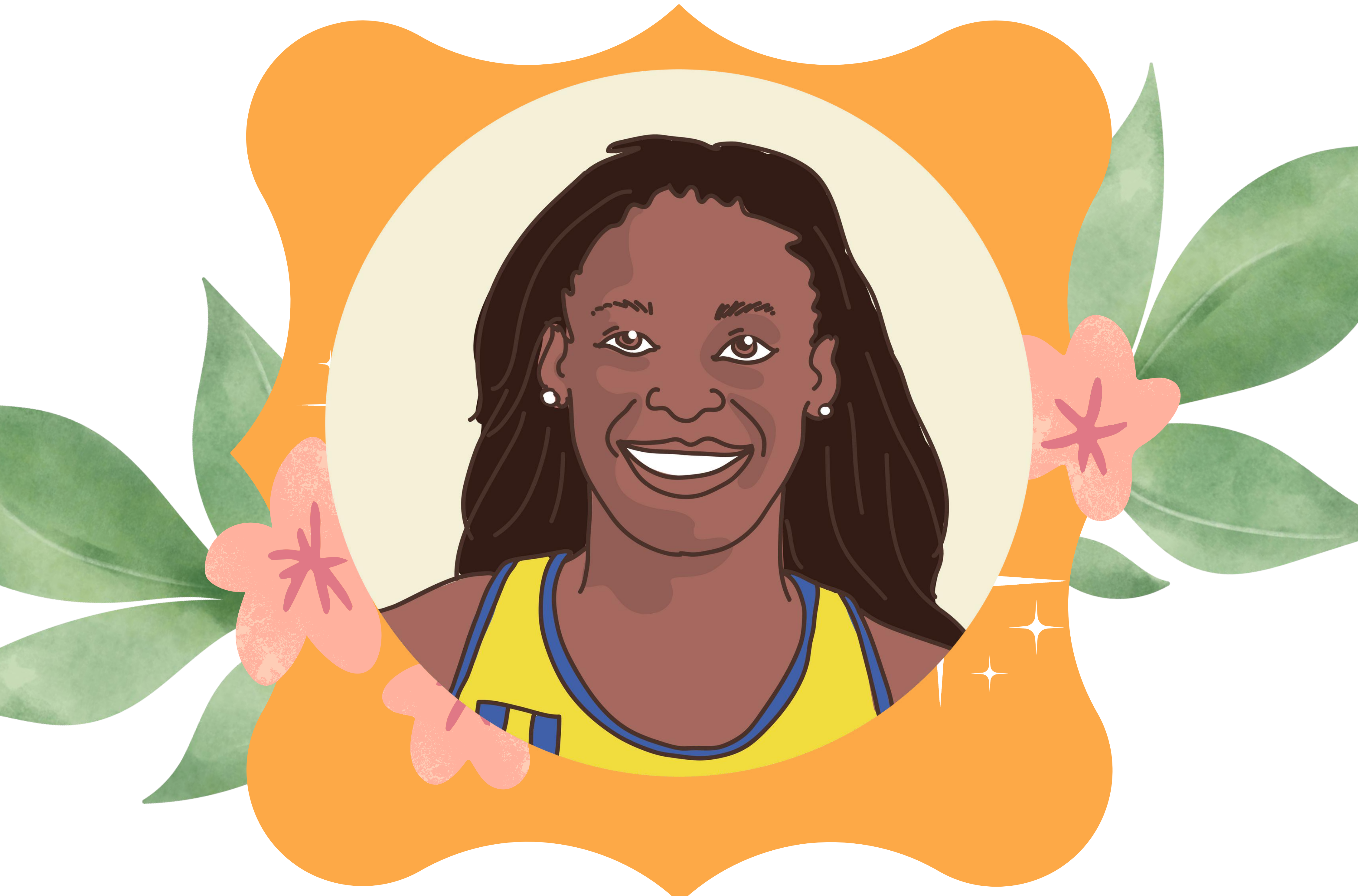
Folkestone Marine Park is an underwater park with a museum displaying marine and coastal environment photographs, as well as other artefacts and specimens of marine life in a salt water aquarium.

Visitors can also see exhibits relating to Barbados' fishing industry, and an informative interpretive centre.

Folkestone Marine Park is a popular diving location accommodating the Stavronikita, a purposefully sunk ship 120 feet below the water's surface and half a mile from the shore.

AKELA JONES

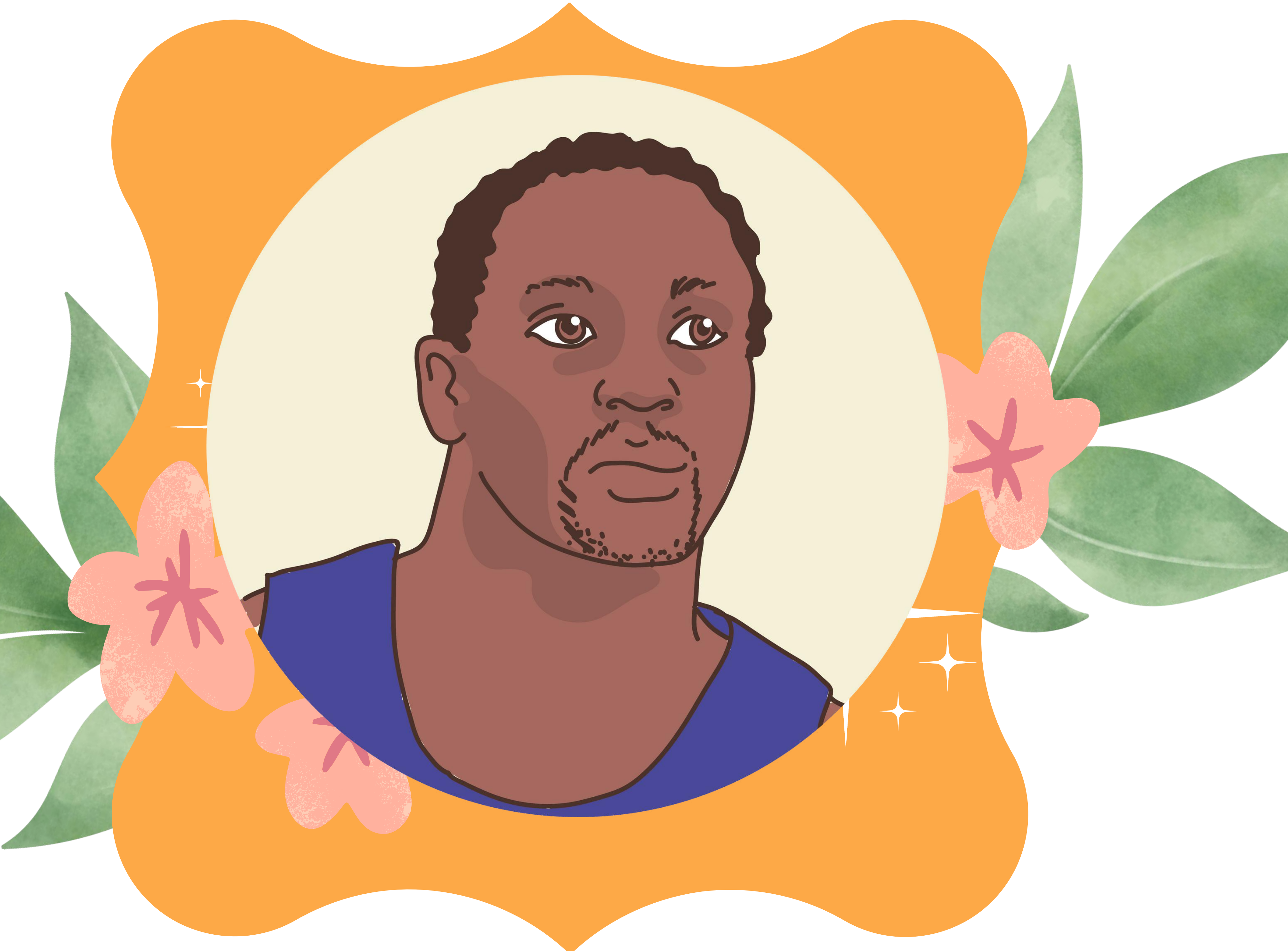
(22 April 1995)



Akela Jones is a Barbadian track and field athlete who holds Barbadian records in the women's heptathlon, pentathlon, long jump and high jump. She won gold in the long jump at the 2014 World Junior Championships. In 2015, she was NCAA champion in the heptathlon and won bronze in the high jump at the Pan American Games.

OBADELE THOMPSON

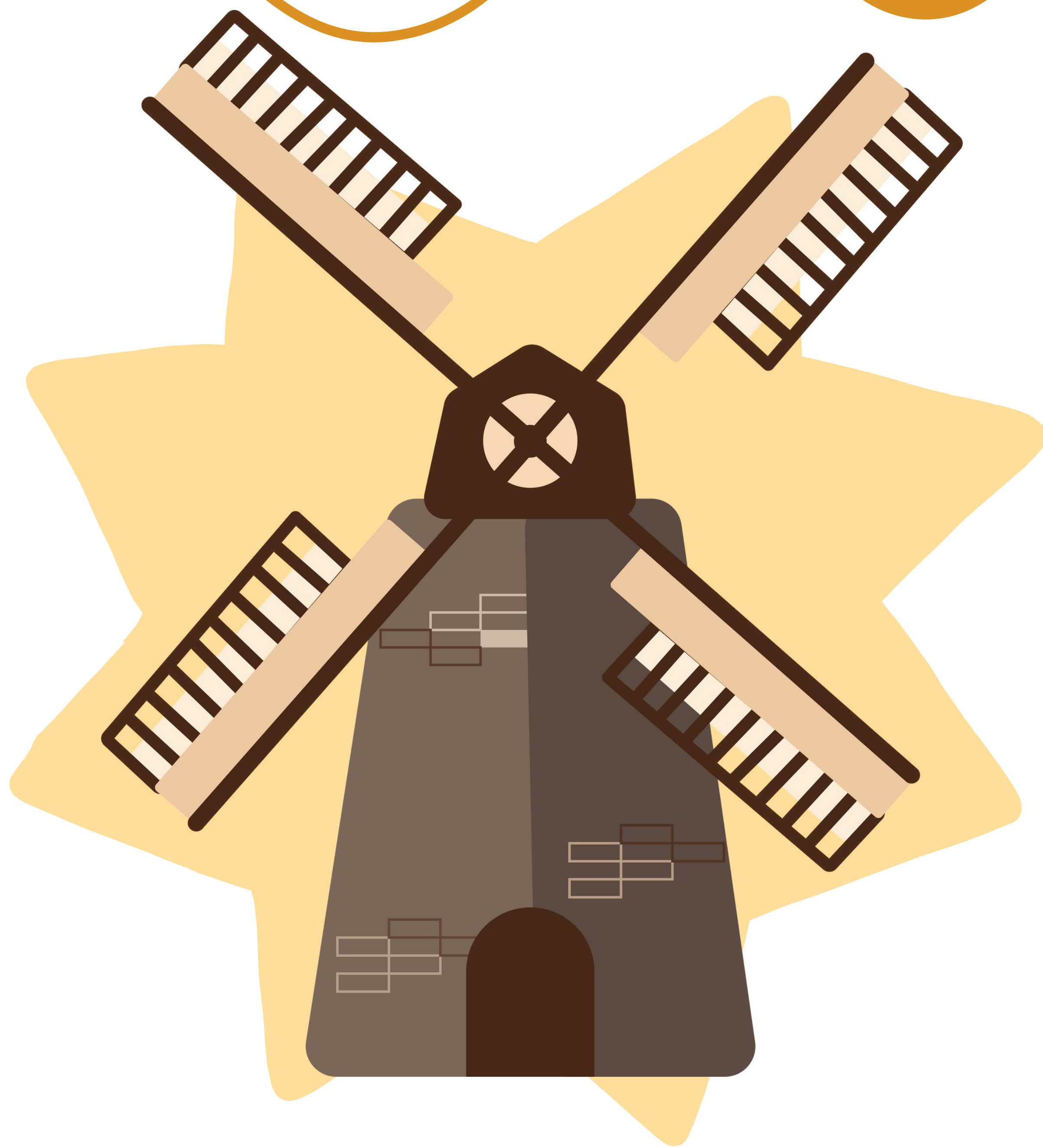
(30 March 1976)



Obadele "Oba" Thompson is a Barbados-born former sprinter, lawyer, author, and speaker. He won Barbados' first and only Olympic medal as an independent country by placing third in the 100 metres at the 2000 Sydney Olympics. He is a three-time Olympian (1996, 2000, and 2004), and a finalist at each Olympics. He has held the indoor 55 metres world record (5.99 sec.) since 1997.

Obadele's Olympic success followed an outstanding collegiate career at the University of Texas-El Paso (UTEP) where he amassed several prestigious awards for his academics, athletics, and leadership. As a collegian, he won four individual NCAA sprint titles.

He graduated from UTEP summa cum laude in economics and marketing and received his Juris Doctorate (J.D.) from the University of Texas School of Law. He practices international arbitration and litigation.



MORGAN LEWIS WINDMILL

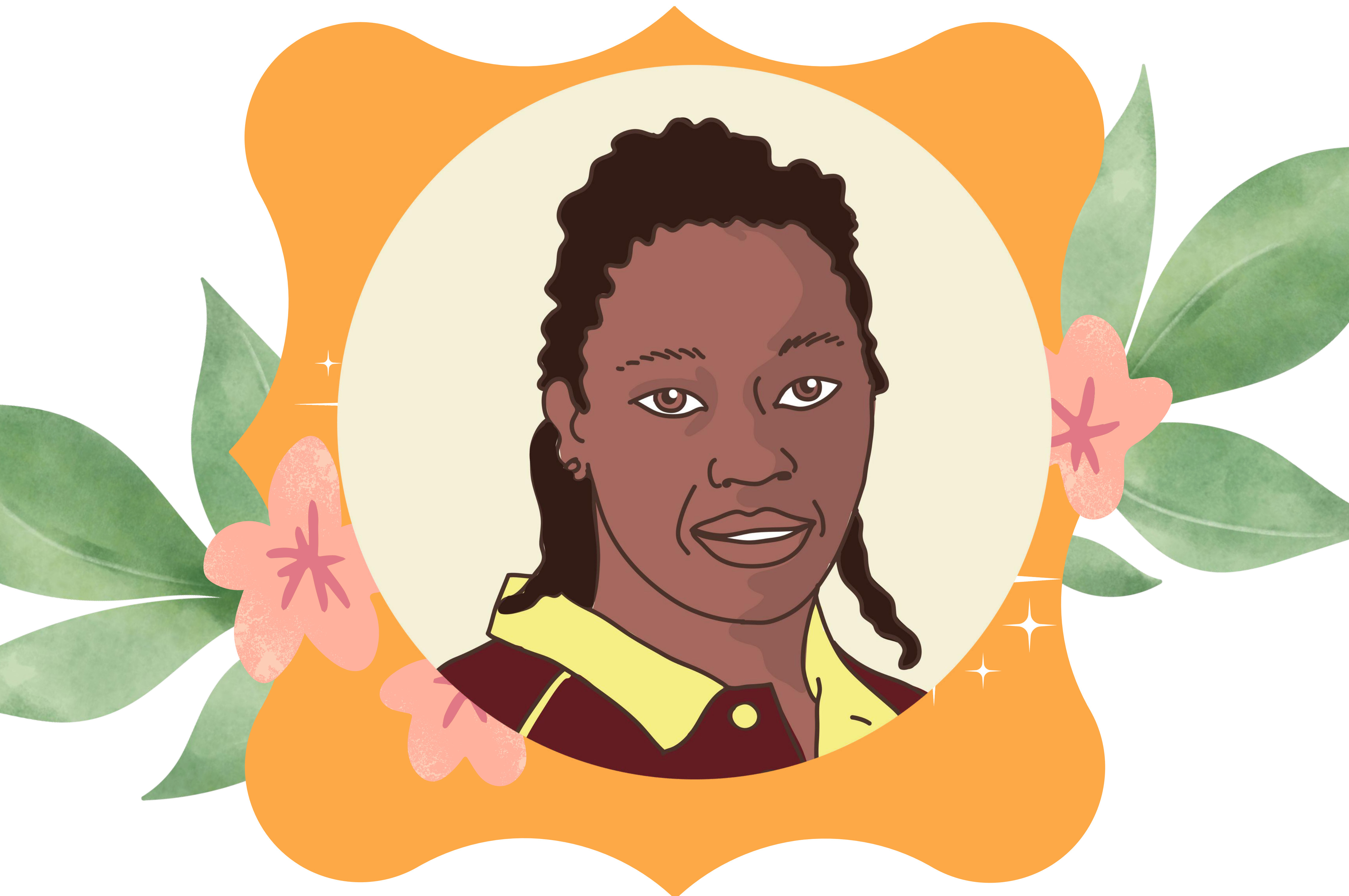
Morgan Lewis Windmill, St. Andrew, Barbados is the last sugar windmill to operate in Barbados. The mill stopped operating in 1947. In 1962 the mill was given to the Barbados National Trust by its owner Egbert L. Bannister for preservation as a museum.

The site was listed in the 1996 World Monuments Watch by the World Monuments Fund. Restoration began by the Barbados National Trust during the following summer. In 1997.

The mill was dismantled for restoration, and reopened in 1999. With all its original working parts having been preserved intact, the sails were able to turn again after the project was completed, and cane was ground again after more than half a century.

DEANDRA DOTTIN

(21 June 1991)



Deandra Jalisa Shakira Dottin is a Barbadian international cricketer and former track and field athlete. A right-handed batter and right-arm fast bowler, Dottin made her debut for the West Indies women's cricket team in June 2008. She plays as a hard-hitting lower-order batter, and scored the first century in a Women's Twenty20 International in 2010.

She plays domestic cricket for Barbados, and has previously played for Trinidad and Tobago, Lancashire Thunder, Perth Scorchers, Brisbane Heat and Trailblazers.

In August 2019, she was named as both the Women's ODI and Women's T20I Player of the Year by Cricket West Indies. In September 2020, in the last match against England, Dottin became the first cricketer to hit 100 sixes in WT20Is.

MIA MOTTLEY

(1 October 1965)



Mia Amor Mottley is a Barbadian politician and attorney who is the eighth and current Prime Minister of Barbados since 2018, and leader of the Barbados Labour Party (BLP). Mottley is the eighth person to hold the position of Prime Minister in Barbados and first woman to hold the position.

In 2018, the Mottley-led BLP won an historic landslide victory in the 24 May general election, securing all 30 seats in the House—making them the first party to accomplish this feat—in addition to winning 72.8% of the popular vote, which is the highest share ever achieved by a party in a general election.

Mia Mottley was educated at Merrivale Preparatory School, the United Nations International School, and Queen's College. She later studied at London School of Economics and was awarded law degree from University of London in 1986.



EMANCIPATION STATUE

The Emancipation Statue is a public sculpture symbolising the “breaking of the chains” of slavery at Emancipation. It is located in Barbados, east of Bridgetown at centre of the J.T.C. Ramsay roundabout formed at the junction of the ABC Highway and Highway 5.

Many Barbadians refer to the statue as Bussa, the name of a slave who helped inspire a revolt against slavery in Barbados in 1816, though the statue is not actually sculpted to be Bussa.

The statue, made of bronze, was created in 1985 by Barbadian-Guyanese sculptor Karl Broodhagen.

RUPEE

(10 September 1975)



Rupert Clarke, best known by his stage name Rupee, is a soca musician from Barbados. He was born in the military barracks in Germany to a German mother and a Bajan father, who was serving in the British armed forces at the time. He later migrated to Barbados. He was signed to Atlantic Records.

Apart from dominating the charts in the Caribbean, Rupee has also gone gold in Japan and in most of Europe.

He has worked with artists such as Rihanna, Shaggy, Thara Prashad, Fay-Ann Lyons, Alison Hinds, Lil' Kim, Daddy Yankee, Wisin & Yandel, Red Rat, Destra Garcia.

JEENA CHATRANI

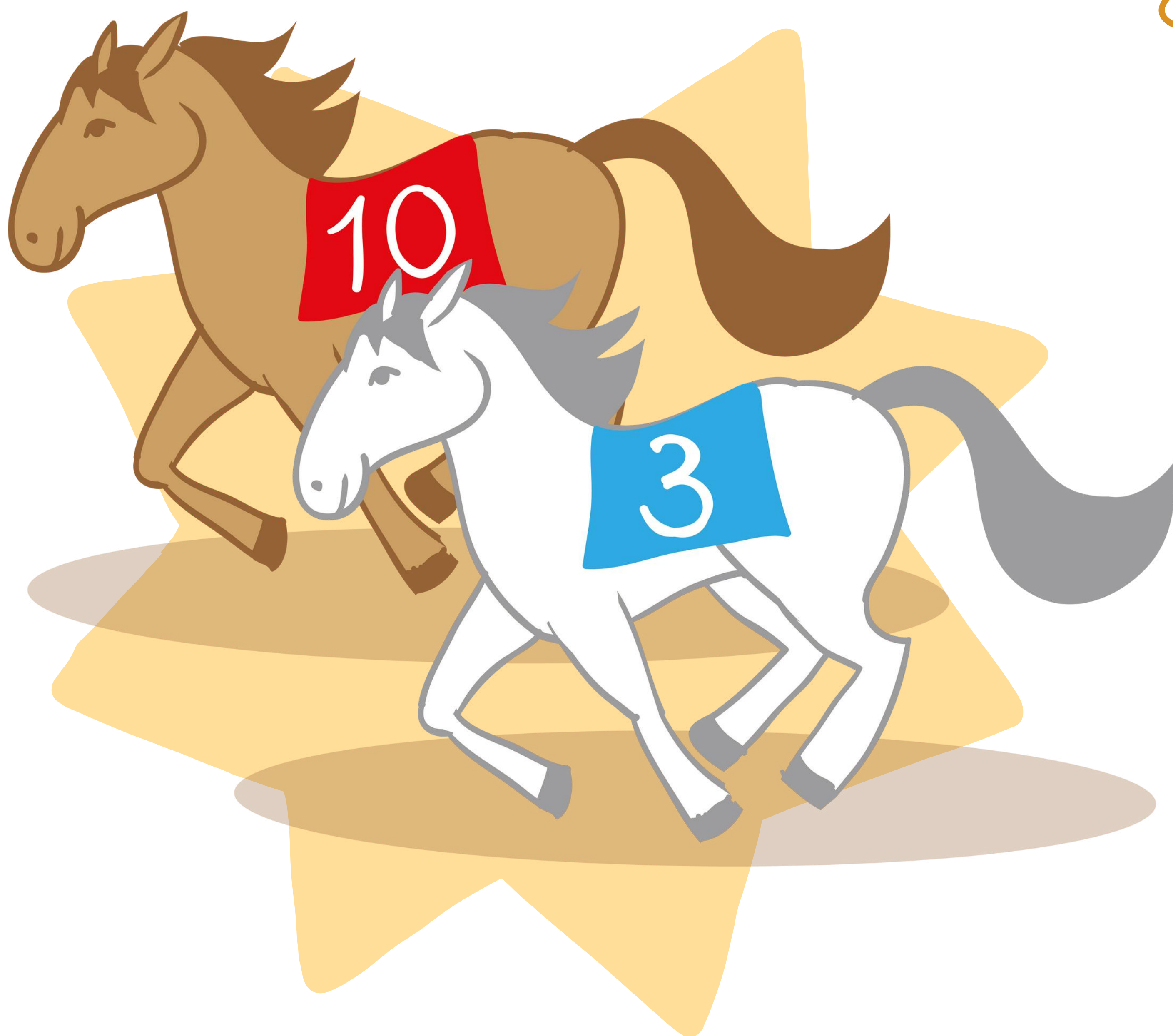
(10 March 1979)



Jeena Chatrani is Barbadian painter. Her portrait of Barbados National Hero, Garfield Sobers is held in the collection of the Cricket Legends of Barbados and her paintings of sea turtles, including an exhibition of the paintings held at the Embassy of Argentina in Barbados, has raised funds for sea turtle conservation.

Chatrani was educated at St Gabriel's Primary, Queen's College (Barbados), the Barbados Community College and the University of Toronto (Canada). She graduated from the University of Toronto with a double major in Architectural Design and Fine Art History, and a minor in Visual Studies.

Jeena was born in Barbados in 1979. Jeena moved to Canada in 2011 to study at the University of Toronto.



GARRISON SAVANNAH RACETRACK

The Garrison Savannah in the country of Barbados, is a horse racing venue located within the Garrison Historic Area, just outside the capital-city Bridgetown. A clockwise grass course, the Garrison Savannah is known internationally for the annual Barbados Gold Cup for Thoroughbreds which takes place on the six furlong track around the perimeter of the green.

The racetrack also is host to the annual Barbados Triple Crown series. Racing has taken place at the location since the days that the British Garrison was stationed there. In 2012 a network of subterranean tunnels were found to exist below the area.

ALISON SEALY-SMITH

(1959)

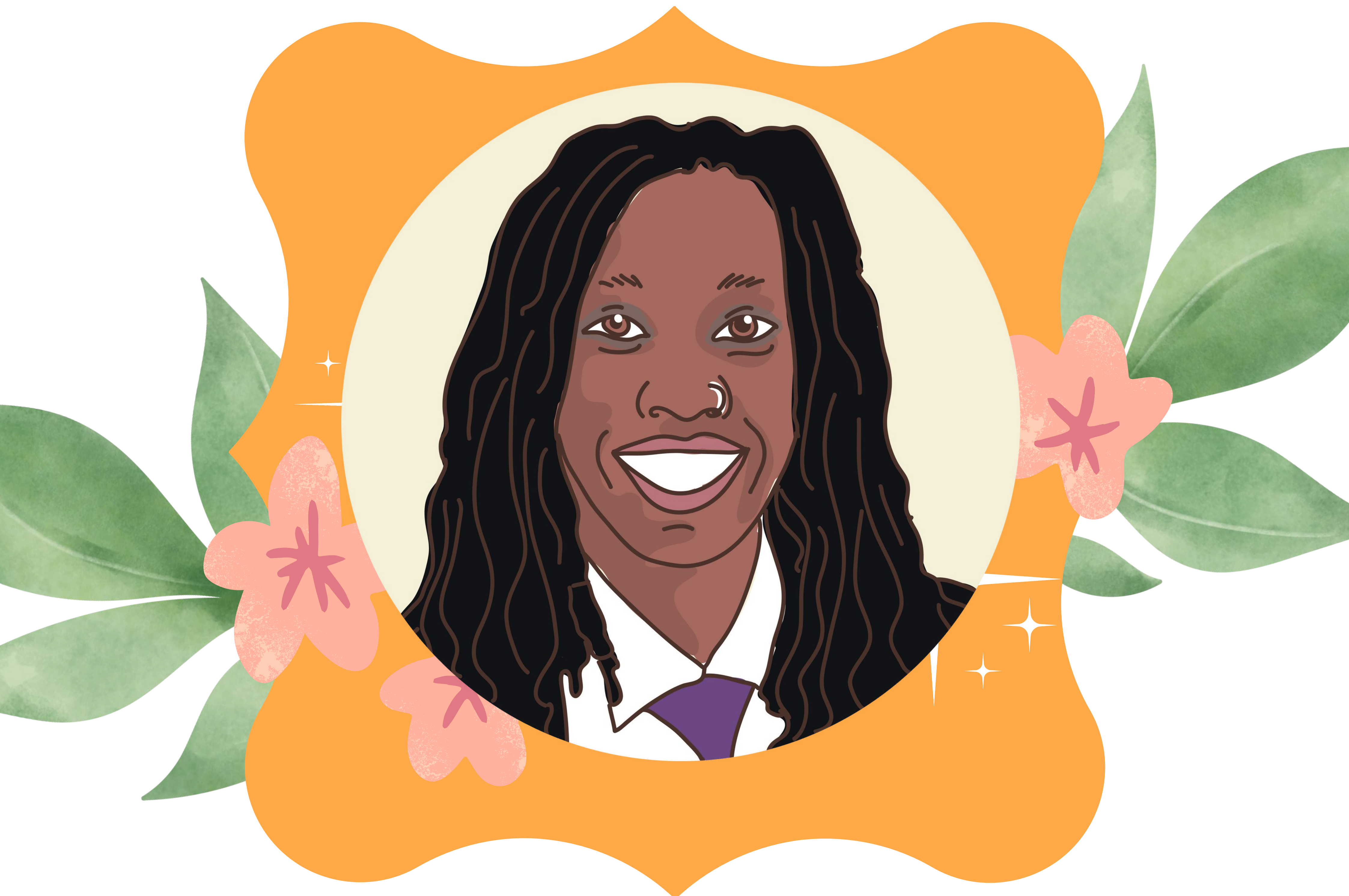


Alison Sealy-Smith is a Barbados-born Canadian actress, who was raised in Toronto. Sealy-Smith attended Mount Allison University in New Brunswick, Canada, where she studied psychology on a scholarship. She is the founding director of Obsidian Theatre, a company that specializes in Black Canadian drama. Sealy-Smith was awarded a Dora Mavor Moore Award for her 1997 star turn in Djanet Sears' *Harlem Duet*.

Her film and television credits have included the series *Street Legal*, *This is Wonderland* and *The Line*, and a recurring role in *Kevin Hill*. She also had a small role in the 1998 film *My Date with the President's Daughter*. Sealy-Smith also voiced characters in various animated series such as Storm on the 1990s *X-Men* and Scarlett on the Teletoon series *Delilah* and *Julius*. She also played Sergeant Rose in the film *Confessions of a Teenage Drama Queen* opposite Lindsay Lohan. She has also appeared in many Hollywood films, including *Honey* opposite Jessica Alba, *Dark Water* with Jennifer Connelly and *Talk to Me* with Don Cheadle.

DONNYA PIGGOTT

(1990)



Donnya "Zi" Piggott is a tech entrepreneur, designer and human rights advocate from Barbados. In 2012, she co-founded B-GLAD, a support organisation for LGBT persons in Barbados. In 2015, she was awarded Queen Elizabeth's Young Leaders Award for her activism in changing the lives of young people. Donnya is currently the CEO and Co-Founder of Pink Coconuts a platform that connects LGBTQ travellers with LGBTQ friendly accommodation, tours and activities across the world while empowering LGBTQ local LGBTQ lives.

Donnya Piggott was born in 1990 in Barbados. She attended the University of the West Indies studying history and accounts. In 2012 Piggott founded an association Barbados Gays, Lesbians and All-Sexuals Against Discrimination B-GLAD as an organisation to create an education mechanism and open public dialogue in a supportive manner for the LGBT community of Barbados.



SOUTH POINT LIGHTHOUSE

South Point Lighthouse is a lighthouse located in the south of Barbados. Its height is 89 feet (27 m).

It is the oldest lighthouse in Barbados. It was brought to Barbados in 1852, one year after being shown at London's Great Exhibition, and reassembled on the southernmost point of the island. Although still listed as active, the lighthouse is now considered to be more of a national landmark and tourist attraction, with its grounds (but not tower) being made open to the public. The lighthouse has been depicted on the reverse of the 5 cent coin of the Barbadian coinage since 1973.

QUESTIONS

Who is your favourite icon?

What did your favourite icon achieve to put Barbados on the global map?

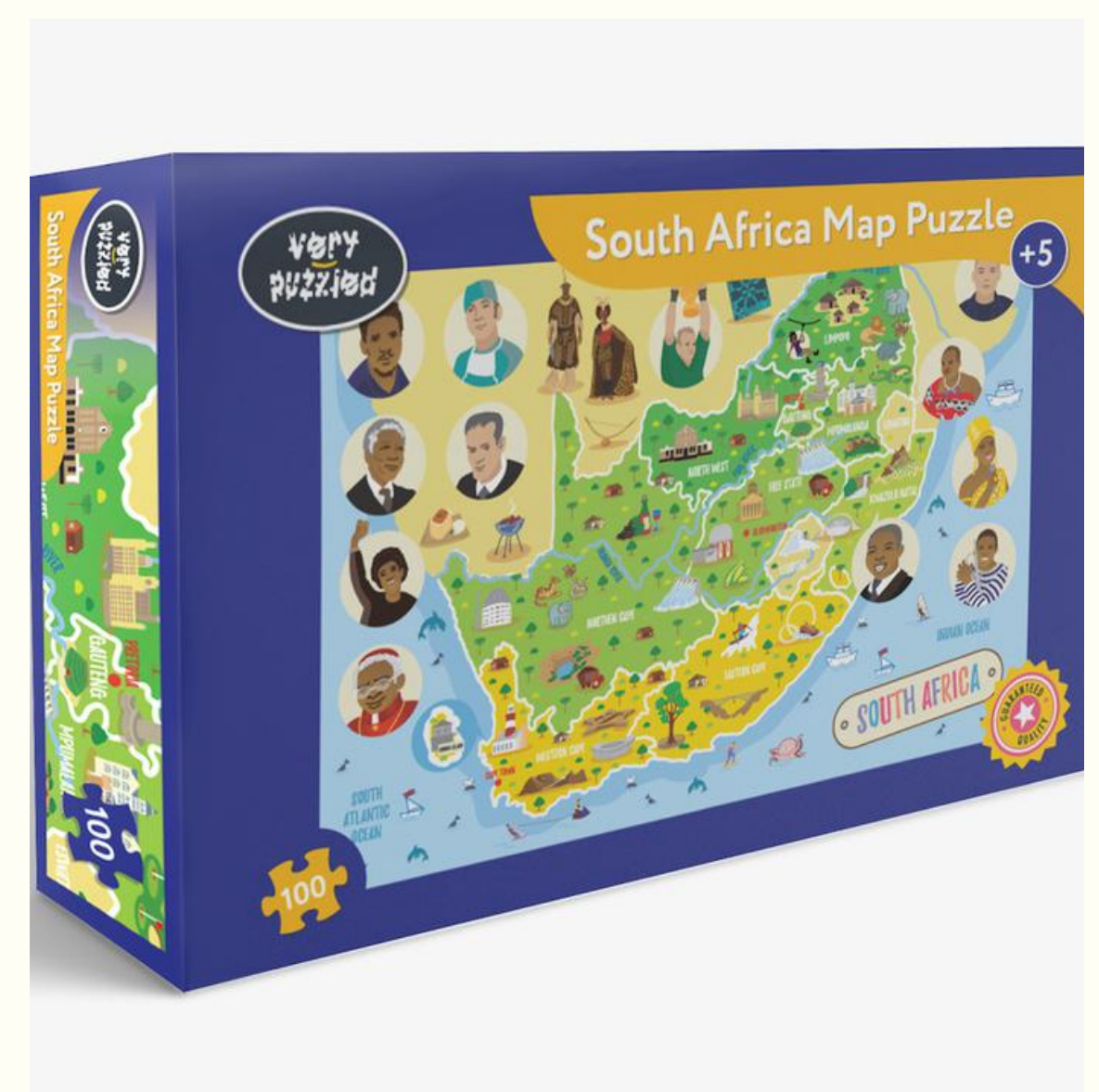
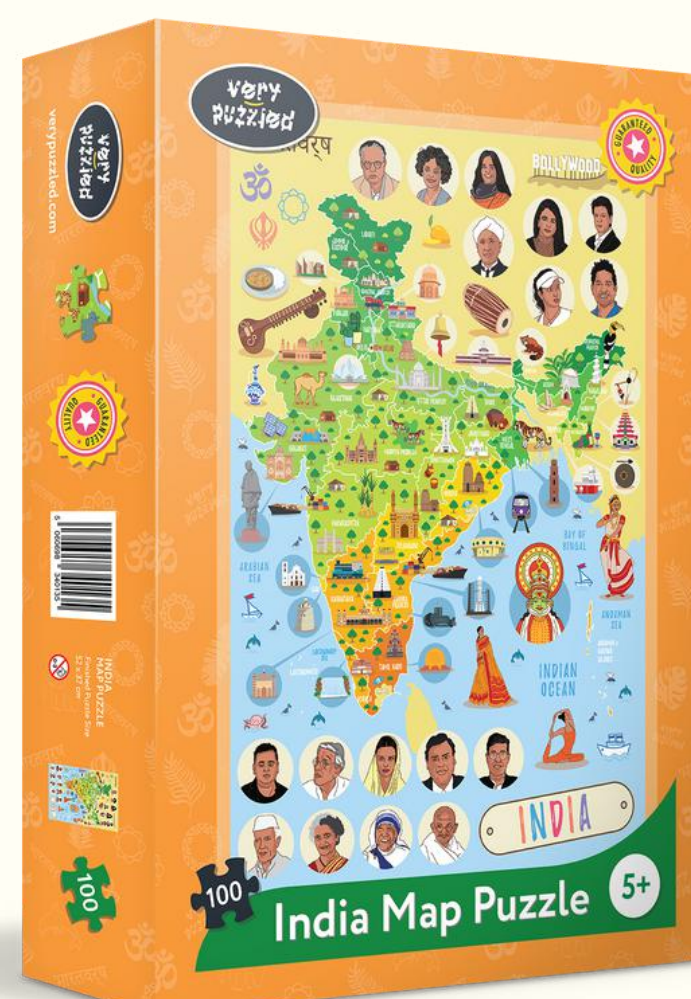
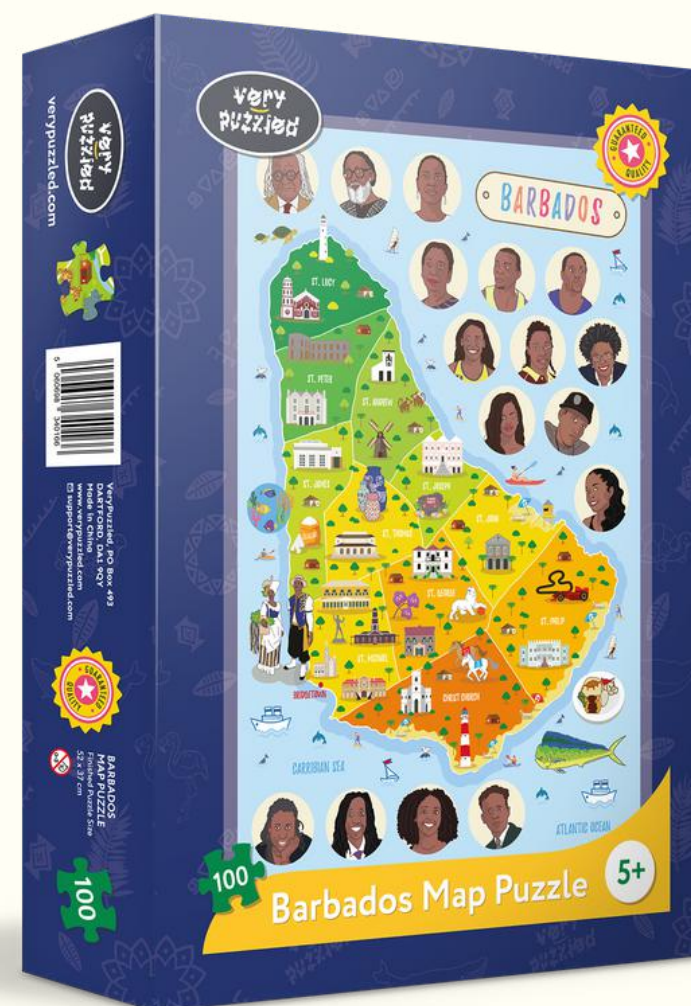
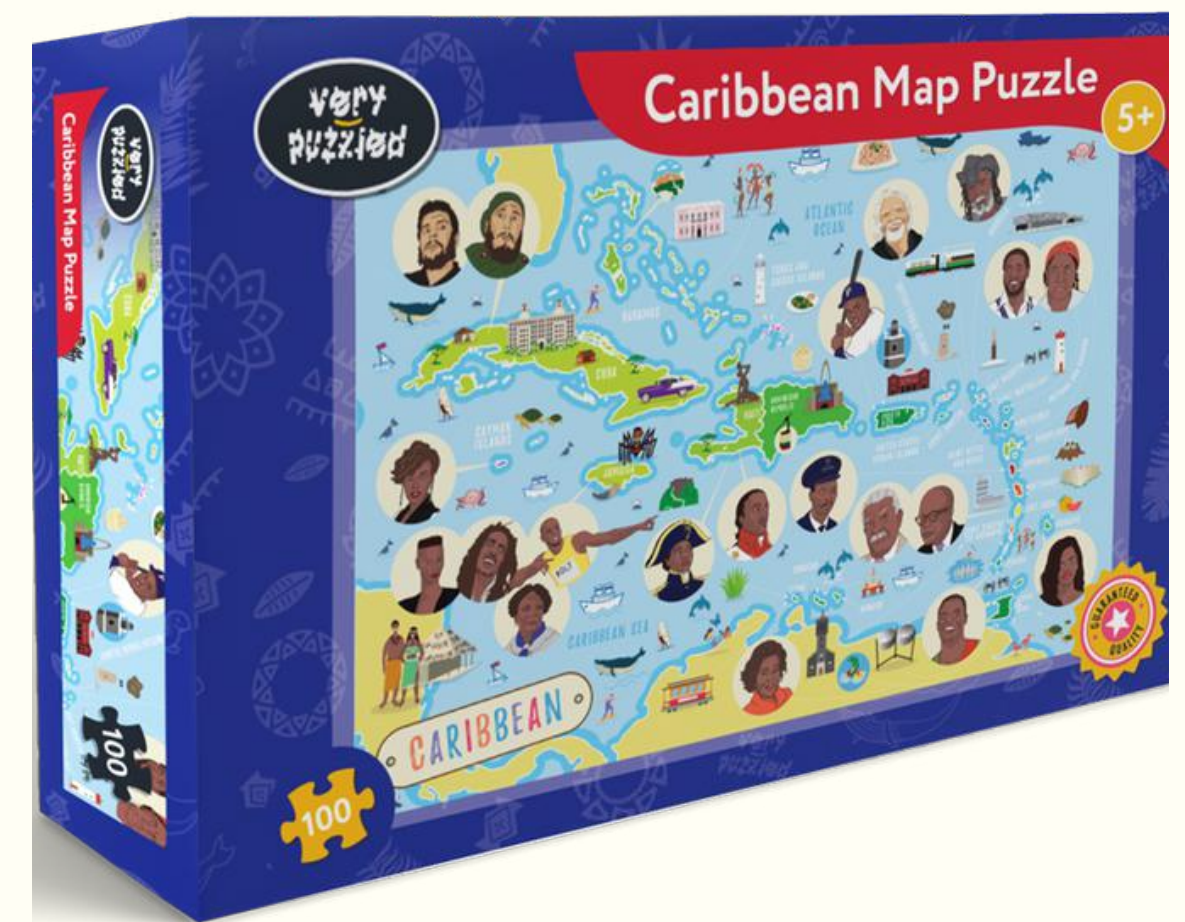
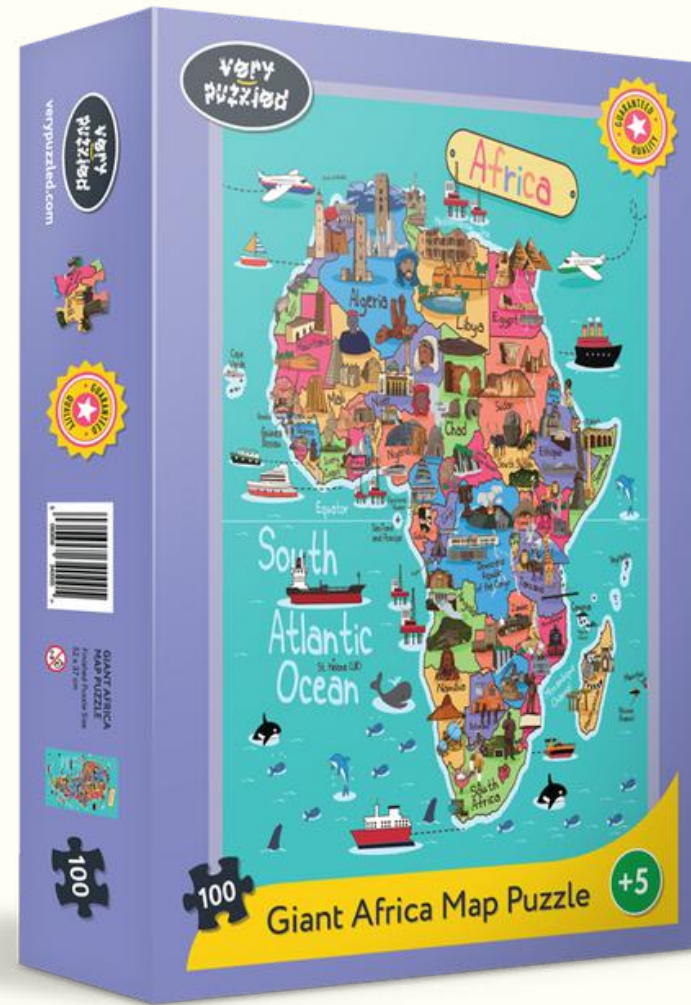
Which icon has had the most impact?

Where in Barbados was your favourite icon from?

When was your favourite icon born and when did they achieve their success?

Why do you think your favourite icon's achievements/ work is important or useful to the world today?

QUALITY TIME FOR ALL FAMILIES



KEEP EXPLORING WITH OUR RANGE OF MAP JIGSAW PUZZLES THAT INCLUDES LONDON, AFRICA, THE CARIBBEAN, JAMAICA, BARBADOS, GHANA, NIGERIA, INDIA, SOUTH AFRICA, KENYA AND MORE TO BE ADDED.