



THE PEOPLE WHO SHAPED ME



A diary by: Tahmia Thomas

This book belongs to:



TAHMIA.T

If lost please return to me

(Tahmia Thomas)

To the people who have shaped me,

Whether you are captured in clay or in a letter,
Your presence is here.

This work is a thank you, a growing archive
of memory and identity shaped by the moments
we've shared and the ones still to come.

Some of you appear as sculptures. Some of you
appear in these letters. Some of you may only
recognize yourselves in small details or quiet
memories woven throughout the work. Not every
person who shaped me could be represented
in clay, but that does not mean your impact is
any less real. If you know me, you have left
a mark on my life.

Your impact continues to live in me.

This story is still being written, and I'm grateful
you're part of it.


With love, ♡

Tahmia Thomas

- FAMILY
- FRIENDS
- TEACHER / MENTOR
- COACHES
- TEAMMATES
- ROOMMATES
- CHURCH CONNECTION
- OTHER



A



A.A

You're such an inspiration to me! I love your passion for the arts, your personality, everything! You have a certain unbotheredness that's so funny to me. I know we're not that close, but you have a place in my heart.

Also, girl, what is your skincare routine because whatttt, you have such nice skin! Always so well put together, and I love your style. I always feel so comforted whenever you're in the studio. You feel safe, like I've known you. We should get to know each other more!



A.B

My favourite English teacher of all time. I still remember our conversation in my last class while I was writing my final exam with you. I was the last person in the room, as always, but you were wishing me luck on my next journey. You hoped I would have a good summer and told me how much you appreciated me as a student.

I slightly remember getting that personal essay handed back too, and the thoughtful feedback you always put into it.

You saw something in my writing, in my thinking. That kind of encouragement stays with a person.

You made me feel capable when lots of others made me feel small, and you helped me feel confident in my voice.

Thank you for believing in me the way you did.

A.C



I remember wondering how we were related
LOL, but once getting to know you we've always
felt like family.

the energy, laughing, joking, just being together.
I think about playing games and time spent with
the family.

Those moments felt easy and grounding.
You bring humor into spaces without trying.
That lightness matters more than you know.
I appreciate you!

A.C



Reflecting on when I first met you, I'll always have a voice in the back of my mind telling me to make every part of my installations intentional. But I thank you for that, for always being critical. It's a good skill I've learned from you over the past few years. From the lighting, to the height of the plinth, to what room it's in.

Our interactions were brief and mostly school-related, but they still mattered. There was care in the way you spoke, even when things were quick. You made learning feel less intimidating. More human.

That stuck with me.

Thank you for that.

A.C



I CAN'T believe we've KNOWN each other for 9 years! Getting to know you at youth group, going to Freshwind, and spending time going to lunch and having our sibling dates are some of my favorite memories.

You were always kind, supportive, and easy to talk to. You've always been my number one fan. I love your energy, your confidence, your love for God, and your passion for English. It's inspiring.

I love youuu.



A.C

I think about cold rugby practices. Complaining together, pushing through anyway. Walking home together some days, having small talk. We weren't that close, but those moments still meant something.

That stuck with me.

I'm grateful for you.

A.D



When I think about you, I always think of bright colours, tbh. you have such an energy, an unapologetic, bubbly, weird (in a good way) energy. I love your spontaneity! We've had brief conversations, but they've always been pleasant. Working on projects together, especially in our collaboration class.

You were always someone I could count on. Supportive, present, and real. I appreciated that more than I probably said.

A.E



I don't have one specific moment, but I remember how you made things feel. Gentle. Thoughtful. You noticed the small things. That mattered more than you probably realized. I carry that feeling with me. Your attention to detail, the way you care about art. I think we have a similar style of thinking outside the box, and that's something I look up to. You have a quiet, tender spirit. You always feel so welcoming and are always giving advice. I don't know you too well, but it's always been a good time with you!

A.F



I remember laughing with you a lot. you had such a joy and lightness to you. coming into that class, being new, I had some negative experiences with other people.

But it never felt that way with you. you were always genuine and kind, always smiling.

I think it was me, you, and Megan on the soccer team together. That time sticks with me.

I also remember your mom driving us home after soccer practice.

I thought that was so cool, and it meant more than you probably knew.

Thank you for staying true to who you are. ♡

A.G



AutumNNN!! You and your program changed my life! For our first consultation I was so nervous. I didn't know what to expect, I was just taking a leap of faith. Starting something new, figuring things out, committing to the process. You showed me what discipline really looks like. Working out with Christ at the centre, getting my steps, eating the right way. Life skills I am beyond thankful for learning from you and your program. Learning my reason why. That working hard for yourself is worth it. You pushed me in ways that changed how I show up for myself. Thank you for that.

A.H



Lyssaa, wow. What a history we have! Thank you for all the time and love you poured into me in my youth and teen years, and even into my adulthood! I miss hanging out with you, getting ice cream, or you picking me up or driving me home from somewhere. One of my favourite memories was probably around Christmas time when I went to your apartment to wrap and make gifts! I still don't know anyone who can wrap as good as you! Truly, I was not liking life and you made a huge part of it worth living for. I appreciate you so much! I love and miss you always!



A.J.B.T

You brought me into this world and, from the beginning, you were my safe place.

Your patience shaped me in ways I feel every day.

I see you in the way I care, in the calm I carry, in the kindness I try to lead with. Your laughter feels like home.

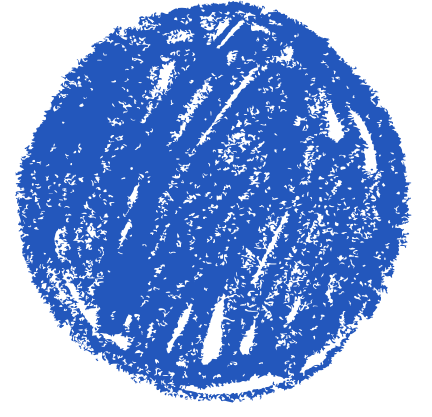
There are too many memories to capture on paper, too many highs and lows to fit in a diary.

But you were there through all of it, soft and steady, teaching me how to move through life with grace.

I see myself in you, more than you realize.

I love you beyond what words can hold.

A.J



You believed in me so deeply that belief became
contagious.

When I doubted, you spoke confidence into my story
until I felt it in my bones.

Your creativity, discipline, and drive have always inspired
me.

You made success feel possible, and adulthood feel
exciting.

I always admired you, even when I was little and
bragged about how cool you were.

I love your authenticity, your dedication to growth,
your care for your body and your spirit.

Those things shaped me.

Thank you for teaching me how to stand up for
myself.

I love you, always.



A.M

I think about Sunday service hugs.
Small moments, but full of warmth.
Your heart shows in the way you
connect with people.
It made me feel seen and cared for.
That kind of love sticks.
Thank you.

A-M.J



i am beyond grateful, so so thankful for you and your beautiful family. i look up to you so much.

my very first impression of you was you walking into our house at evanwood with aunty and saying "why does it smell like farts, it smells like farts!" i remember sitting at the table looking at aleeyah like who is this lady haha. we were making hard boiled eggs at the time.

then i just remember seeing you more and more, hanging out with brianna. we were besties, and those were some of the core memories of my childhood. then i remember being invited to bri's birthday party, #dab, and i felt so seen and loved because you guys actually wanted me there, even though i didn't know you as well yet.

then of course i was obsessed with little baby nai. and then fast forward to you doing our hair, which i was so grateful for. you don't know how much that meant to me after sher used to do our hair, and having to trust someone else. but you made that so easy.

you not only did me and aleeyah's hair FOR FREE!?, but you took care of us. we had meaningful conversations, laughed, and had fun, all while helping me build my confidence in so many ways.

i have so much love for you. you're so cool, funny, and i love your spontaneity and your authenticity. you're such an incredibly strong, gorgeous woman that i look up to in my life. you're always there for me when i need it, and that's rare, even with family sometimes.

i could write about you for days, but i hope you feel it in your heart. i still think we're telepathically connected sometimes haha. my soul aunty love you forever.





AM. P

you brought clarity and intention into learning spaces. It was a different learning style compared to my other art teachers but i think i needed that, something unique giving me a new perspective on how i see things, ill never forget being able to do encaustic art during covid, that technique will stick with me forever!

you always created room for growth and understanding.

That left an impact on me.

I appreciate that guidance more than I said at the time. you kept my passion for art alive, always making me feel good about my work and what it was worth, thank you.



A.P

You're always full of energy. I remember the times you'd let me come work in your classroom during lunch or just for fun. Being on the team is a core memory of Ryerson.

I think about our intermediate volleyball team. Shared effort, shared energy, learning together.

You always met people with honesty and care. You taught me things just by showing up as yourself.

That kind of exchange stays with me.
Thank you for that.

A.P



You were my childhood best friend. I remember laughing with you so much, you were so funny, and always had such a big heart. So many memories from growing up that feel soft when I look back now. I think about the time we spent together, just being kids. That mattered more than I knew then. You were a big part of my early life. I carry that with me.



A.T.T

We have shared a lifetime of whispers after dark, laughter that shakes loose the walls, and quiet understanding that needs no explanation.

You have seen every version of me, held space when words were scarce, and reminded me of who I am when I forgot.

You are not just my sister, you are my mirror. My reminder of joy. My first forever friend. I love being around you. There are too many memories to choose from, too many stories soaked into our childhood.

I look up to you more than you know.

Strong, independent, intelligent, kind, and beautiful in every way. You make me feel like I can do anything, and that dreams are reachable if you work for them.

Thank you for shaping me.

I love you.

B

B.P

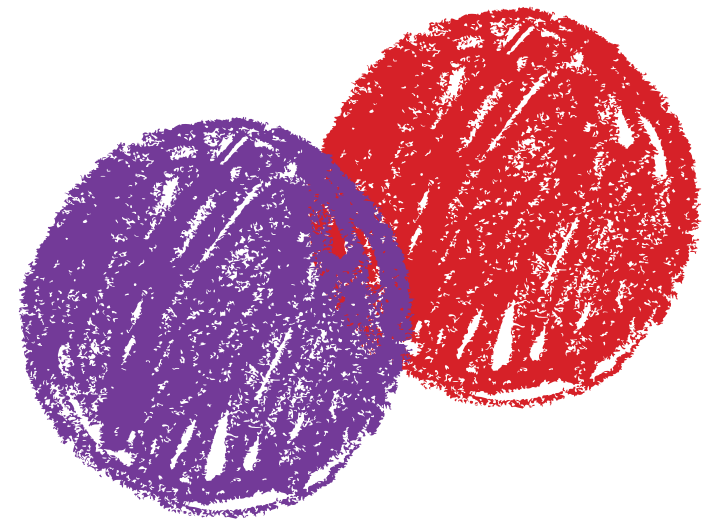


You're one of my top profs for sure! I love you so much! I've learned SO MUCH from you. You keep real Studio Arts and traditional art practices alive and I love you so much for that.

Your personality is so sweet, caring, authentic, and funny. I always feel safe and supported around you. Thanks for all you do and for pouring into me these past 4 years. It means more than I can even express.

I'll always remember the stories you tell, and when I become a teacher I'll definitely pass them down and tell stories about you. All good things!

B.S



I love you so much. I love the talks that we've had. I look up to you as a player but also as a person. You have such a unique personality and the coolest tattoos I've ever seen.

I love that you don't BS things, I always look forward to seeing you at practice. Thanks for all the tips and tricks and for keeping me going during those workouts and those Fridays when we did conditioning. I couldn't have done it without you.

1

C.A



So sad that I'm graduating and haven't gotten to know you more, but from the time I've spent with you, you're so smart and so well rounded. I think about going to Fortinos together. Thanks for being a real one! You're such a badass player and I look up to you. You have true Mac grit! I hope you achieve all that you want in life!

C. A-1



You are so bad ass, the most bad ass prof I know. But also, I would not have done this project without you and your amazing ceramics course. I had never worked with clay before and I think this is the beginning of a new passion.

I just love working with clay. I love everything about it. The medium, the process, the time that goes into it. Thank you so much for being such an amazing teacher. You inspire me and I look up to you. I hope to be as cool as you one day when I get my masters.

I also appreciate all your honest feedback and how critical you are, getting me to think about my work and other things with different perspectives and trying new things like Blender, something I probably would never have done.

I admire your work ethic and your humility and warm but real personality. Thank you for everything you've taught me in the past four years. I will remember those lessons and conversations for life.

C.B



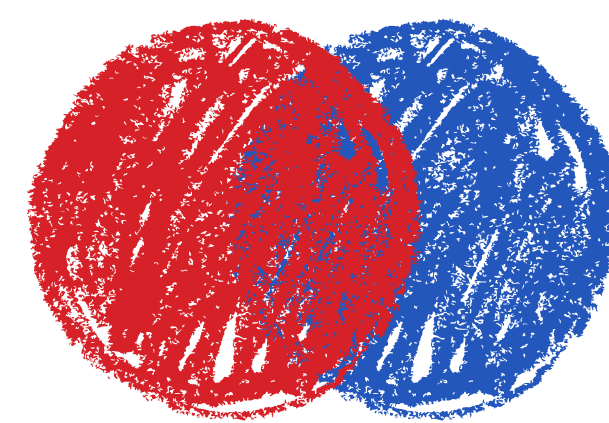
I remember the time we had a team meal and
you yelling at people to clean up, it was much
appreciated haha!

You're so funny and bold, I love that about
you!


You showed me that even brief connections can
still feel good. That vibes matter, even when you
don't know someone deeply.

Thank you for bringing that energy.

C.G.K



My other sisterrrr. I
look up to the way
you care for yourself.
I remember a couple
years ago when you
made a YouTube and
Etsy and I looked up
to that. You've
always been an
inspiration to me. I've
never told you that!



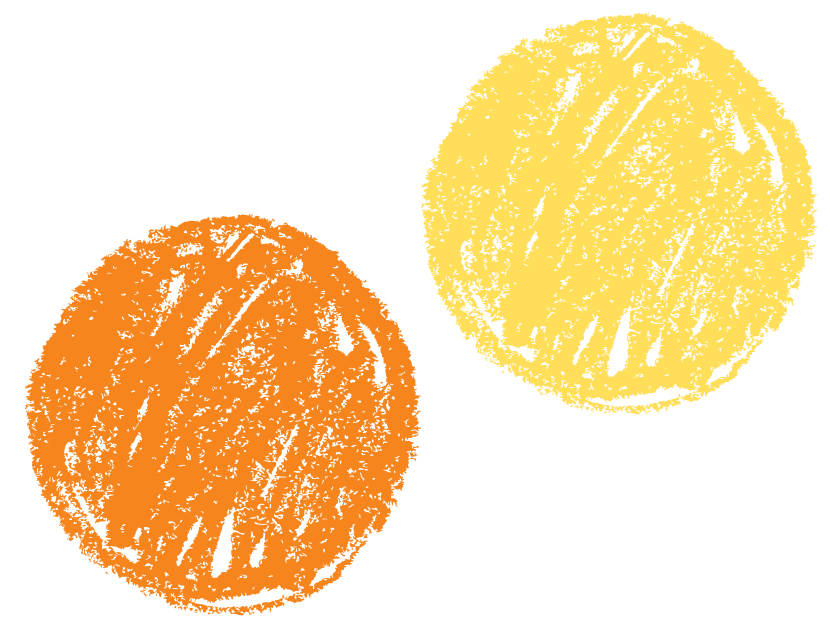
To the child who bit me in kindergarten, the bullies, and the people who made school harder than it needed to be

We were all young once. Some of you hurt me, whether you meant to or not. Those moments stayed with me longer than you probably realized.

But they also taught me empathy. They taught me how much kindness matters. Because of those experiences, I try to be someone who makes others feel welcomed, supported, and seen.

So even those difficult moments became lessons. And for that, strangely enough, I am grateful.

[.]



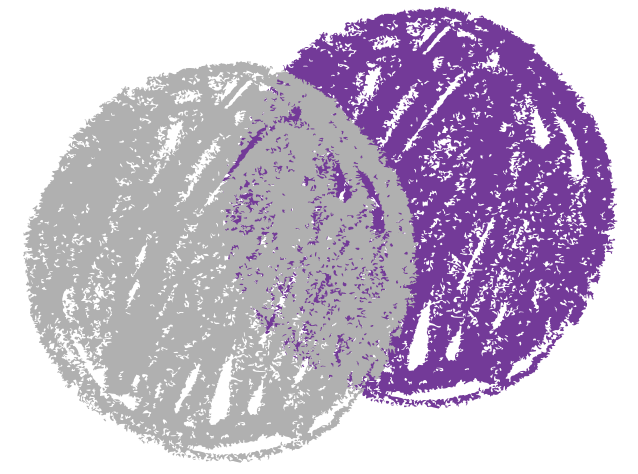
Where do I begin. I think I emailed you or sent a message on Instagram for the first time asking about tryouts, and I honestly didn't even expect a response. Then I remember talking to you on the phone and thinking okay, this guy seems nice, but I was so scared.

I honestly don't even have the words to explain the impact you and the team have had on my life. The team you took under your wing became some of my closest friends, supports, and family.

There have been ups and downs, but I like to reflect on it all. Thank you for trusting me and giving me a chance, helping me grow and show you who I am. Even after my injuries, thank you for keeping me on the team and offering me the chance to manage.

I've learned so so much from being a teammate, a player, and now a team manager. I can't thank you enough.

C.P



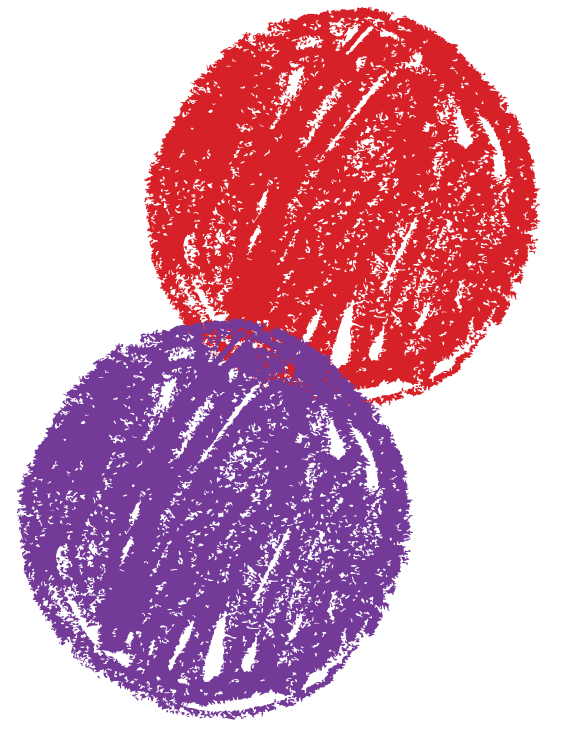
I don't know you too well, but your drive and determination is amazing. You're also humble, and I've always looked up to you!

You always brought positivity. Friendly, chill, easy to be around.

That energy mattered more than you probably realized.

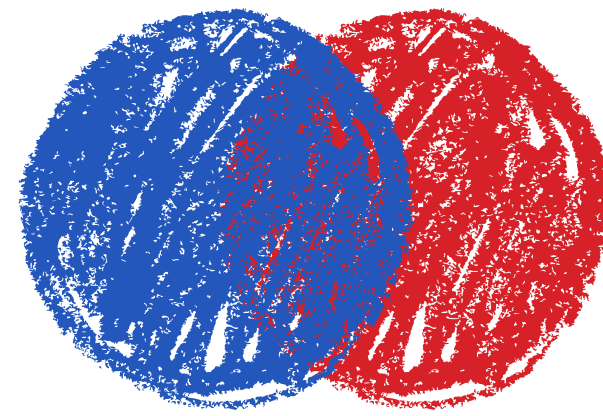
I'm grateful for it.

C.P



Honestly I don't know too much about you, but I love how hard you work for the things that you love. Seeing you on the field crushing it every single time is so inspiring. I wish we hung out more, but the few times that we did I'll cherish forever!

C.R



Every time we hang out, it becomes a new favorite memory. I can't express how much you mean to me!!! I've told you this before, but welcoming me in made me feel safe and loved while navigating school at such a hard time in my life.

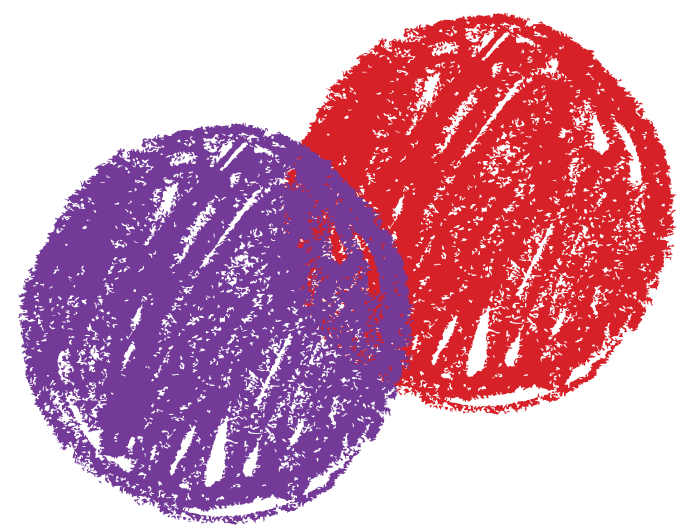
you are literally my sister from another mista LOL. I love youuuuu!

C.S



The first time I met you was actually on a tour of the studio!?! I don't know if you remember, but time flies haha. You were with your parents I think, and I was with my mom. Then I remember working on studio projects together. Sometimes they were rough, but I look up to your creativity! You're so skilled at printmaking and your textile work is amazing! We're not that close, but I always look up to your art!

C.S



When I first met you I think I pre judged you. You kind of looked mean haha, but you are in fact the exact opposite. You're one of the sweetest souls I know. So so intelligent, super strong, and the most gorgeous hair.

You're another teammate I always looked forward to seeing. You made me feel comforted and safe, lifting my spirits on days when I was feeling down. I love laughing with you and I love your hugs. Thank you for always being so considerate of me and helping me out.

Your kindness speaks volumes. I love you so much.

C.S



Probably one of the CRAZIEST profs I've met haha! I love your authenticity and unique approach to education and learning. The few classes I've taken with you have been fun and insightful! I actually learned new things and I feel that's difficult these days! I appreciate you!

D

D.C



You are a huge inspiration and a huge part of my life, more than you probably know! You helped deepen my connection with God, showed me kindness, and started my passion for caring for those in need. Things I hadn't really learned before! I always look forward to your unique sermons. I'm always learning something new. I love your passion for what you do and I truly look up to you. You're the most electric, funny, kindhearted, silly person I know! I'm proud to call you my pastor!

7 DELLY



Every single person who has been in this house has shaped me in some way or another. I miss those of you who have moved away, and to my current housemates, you guys are awesome. I love each and every one of you.

I think my favourite memory is playing Coup together. We definitely need more hangouts. I'm always so busy, but I cherish the times I do spend with you guys.

D.J



So many of my best memories are around Christmas time when I was younger, just hanging out. I remember showing you my new 3DS! I like that you appreciate the arts. You understand what it means to live creatively. I always admired your hair and how it's so long, and your natural beauty! I think about you when I think about growing up.



To those who doubted me

Some of you were mean. Some of you doubted me. Some of you made me feel small, like I didn't belong or like I wasn't capable. There were moments when words hurt, when racism, judgment, or bullying made me question myself. But looking back now, those moments shaped me too. They pushed me to grow stronger, to trust my own voice, and to keep going even when it felt hard. Without those experiences, I wouldn't be the capable, strong, independent woman I am today.

So I forgive you. Not because it didn't matter, but because I refuse to carry bitterness forward. Your actions became part of my strength.

E



E.B

I don't know you that much, but you're very warmhearted! Such a funny personality, authentically who you are! I enjoyed your presence in the studio when working on ceramics. It's also cool that you have your own band!

E.C



you're like a big brother to me! I think about standing by the warped walls, talking about life. Those conversations felt easy and honest. You actually helped me fix my relationship issue LOL. But for real. I had nobody to talk to about that kind of stuff, and even though you were PERSISTENT AF, I actually opened up more and I appreciate that. I actually think that if I hadn't met you and talked about my issues with you, I'd still be keeping things a secret tbh.

I always looked forward to working with you. You're one of my favourite coworkers. I never told you that, but you made shifts so much easier! You're so funny. I wish more people saw your goofy personality! You're an amazing father. I look up to your ability to do what you do. I want the best for you in life! You will definitely be at my wedding, and NO you can't MC. Maybe I'll let you do one speech. You listened, you were reliable, you showed up. That kind of openness sticks.

Thank you for meeting me where I was.

E.E



I'm so blessed and grateful that I've gotten to know you. All the help and all the times I've booked with you mean so much. You're so patient, kind, understanding, and adaptable. All things I hope to apply to my future teaching career.

I look up to you and you inspire me. I love your passion for the arts and printmaking. I love that you make time to keep doing what you love and continue creating art. That's something I haven't always done, but I look forward to doing in the future. When I think about that, I'll be reminded of you and the way you always kept making work even after grad school.

Thank you for teaching me photography, literally almost all of my printmaking techniques, and so many other tips and tricks along the way. Thank you for sharing all your knowledge and wisdom. It means more than I can even express.

I'll be telling people about you. You're the best printmaker I know! Thanks for everything, and thanks for all the printing quests that took long hours. I enjoyed our conversations while the printer cleaned itself, just talking about life. You're also super cool. I will miss you a lot.

E.G



You are literally the most silly, goofy person I've met haha! I loveee that about you though, you just dgaf and are your most authentic self. I miss your audibles, your spirit was definitely missed on the field. I remember driving with you one time in your Mini Coupe, but I also always felt safe around you, my other BRANTFORD girlie!

I loved and enjoyed my time with you, giving me advice and helping me run lines. I appreciate you and miss you! Hope you're doing well.

E.H



Erinnnn! I miss you! I feel like you are closer with my mom and sister, but I still look up to you and think about moments we've shared together! Your unique outlook on life and your dedication to faith, I aspire to be like you! You're always so real, not faking anything, and I appreciate that. Always standing your ground and having boundaries is amazing.

E.H



Your prophetic wisdom and powerful prayer is something I look up to! I always look forward to seeing you, and I love that you are so genuine and wise, always inviting me in with open arms. Those little moments stick with me and I appreciate you for that.

E.M



LOLOL BPO. I forgot about that!
Growing up together shaped so much of how I understand family, humor, and care. You've always been humble, funny, and grounded. Even though you lowkey bullied me at one point, I always appreciated you. You were my little big bro. I get emotional reminiscing on days we would hang out. It was always such a good time. Lying, being so silly, you made my days brighter.

Your laughter, your smile. Even if you were goofy, there was always a warmth on the inside, a genuine care for me, and I felt that when I needed it most.

That presence mattered more than I probably said.

I appreciate you.

E.N



We're not the closest, but I always enjoyed being around your goofy, authentic self. You're so silly and so gorgeous. You always remind me that it's okay to be yourself and have fun.

E.P



Where do I even begin! We've known each other for such a short time, yet I feel like I've known you for years already! You're so cool, smart, witty, I look up to you! I understand your attention to detail, which you call anal, but I think it matters! Even when I first met you, you were so nervous but so sweet. Your style of teaching was refreshing.

You challenged me to be more intentional. To think deeper about what I was making. That guidance mattered.

I cannot thank you enough for your recommendations as well, supporting me on my journey and my teaching experience. I hope to have a detailed syllabus like yours one day LOL. I will definitely stay in contact, but I will miss you for sure.

People have not always supported me in life, but thank you for seeing my potential, seeing me for who I am and my strengths. It means more than you know.

E.P



We go backkkk ahah! I remember meeting you and running that SK. Girl, that was roughhh HAHA. I could always relate to you, we always shared similar feelings and I appreciate that. You are one of the smartest people I know on and off the field, girl! Your rugby IQ is like no other fr!

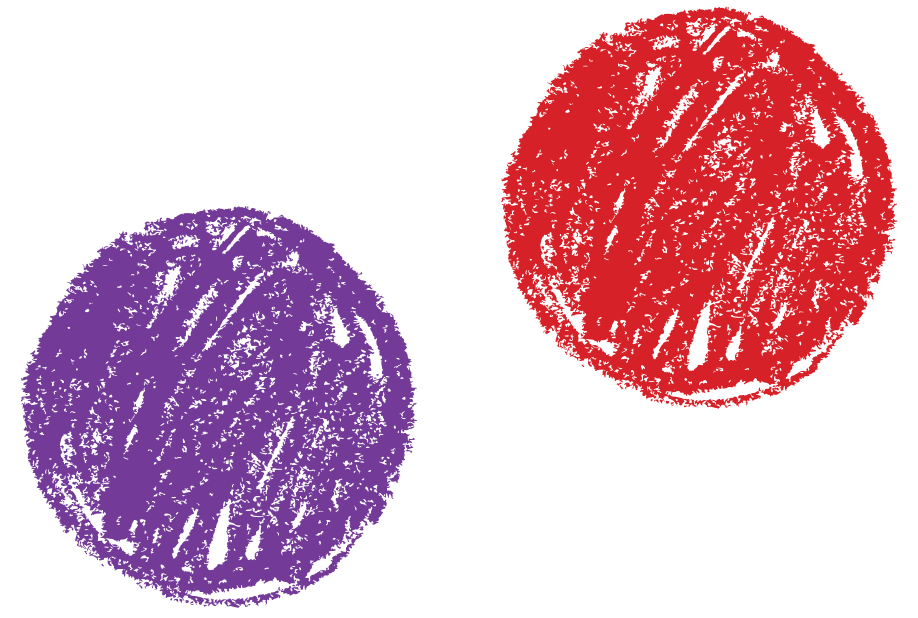
I love the way you carry kindness with confidence. There's strength in how you show up. You made spaces feel welcoming and open. I felt that.
I appreciate you.



E.R

We weren't super close, but you're always positive and funny. I'll always remember your love for cars and snowboarding lol. When I think of you, those are the two things I think about! I also think of times just hanging out in the living room or other group adventures we went on.

E.V



You are so FUNNY, CRAZY smart, and beautiful. I love our study dates. I love your dedication to rugby and how hard you play. I think you're one of the best long distance RUNNERS I KNOW. I look up to the way you TRAIN.

This one is tricky to write, but when I think of Elise I just think of someone I love. You're so cute. We're also not super super close, but one of my recent memories is driving to Jonesy together. I loved the conversations we had talking about life.

You will always have a place in my heart.

f

FJ + MV



I love you both more than words can express!
Going to your house during summer break,
Wonderland, exploring Toronto are some of my
most treasured memories! THE CHOCOLATE
FROM THE FACTORY! Watching soccer, just
talking about life! ordering a painting from me.
Thank you for always reaching out and checking
in. All that you both do for me means so much.

G



G.B

You're so cool! Your work with supporting women in sports and doing what you love is something I look up to. I can see your passion and I appreciate that! I don't know you too, too well, but I think about hanging out on the sidelines, just talking. Nothing rushed, nothing forced. I always look forward to seeing you!

Also you are so pretty and I love your hair! Thanks for also supporting me in rehab!



G.D.J

You were a storyteller, always joking and making people laugh.

I'll always remember that about you.

You had such strong cultural roots, music, and pride, and you carried it in everything you did.

I loved listening to your stories, even the random ones.

You worked hard for everything you had, and built your life from the ground up.

That stayed with me, even if I never said it.

I think about it now, and I wish I had told you how much I admired you instead of just feeling it quietly.

G.M



I've quite literally never met someone like you!
LOL you're one of the biggest cheerleaders and I
appreciate that! Classes wouldn't be the same
without you, and I cherish moments in those
early studio days getting to know you and talking
about life. You're incredibly talented. I really
do hope you make a manga one day!
You'll always have a piece of my heart! I look
up to the way you are so bold and expressive!

Dear God,
I couldn't live without the life you blessed me with. Thank you for shaping my path and placing so many people in my life. Every encounter mattered. Every neighbor, teacher, friend, coach, classmate, family member, and even every hater had a role in shaping who I became.

Through joy and through hardship, you were always guiding me. You taught me that every season has meaning, and that every person we meet carries a lesson.

Thank you for the love, the challenges, the growth, and the strength you gave me to keep going. I trust that the same way you guided me here, you will guide me through whatever comes next.

Amen.



G.O.W.T

You were quiet, but your silence had gravity.

Even as a child, I knew there was wisdom there.

I hope I grow into that same calm, that same peaceful certainty that love does not need to explain itself.

Thank you for showing me tender love without conditions.

For small gestures that said everything words could not.

I aspire to carry that same gentle abundance.

G.P



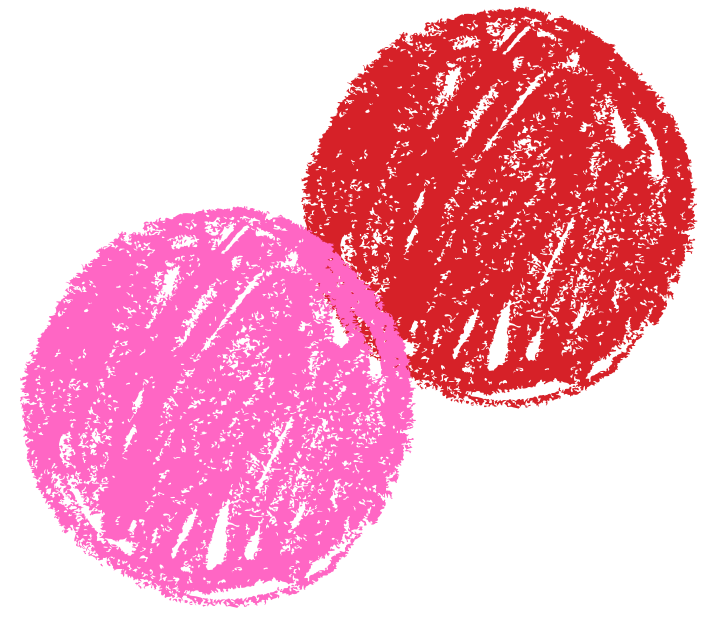
I miss you. I feel like we've become distant. Even when I call you it's just not the same anymore. We've both changed, but I feel like we should still be similar. I wish we could hang out more. I feel like we need to catch up.

I call you my best friend, but sometimes we don't even know what's going on in each other's lives anymore. I don't know how to feel about that. But I will always love you, support you, and be there for you.

Thank you for the years of friendship and for always checking in on me when I needed it most. You were my ride or die in elementary school. I still have birthday gifts, jewelry, and Christmas gifts you gave me. I love the memories we had hanging out after school, going to the park, going to your house, making TikToks back when it was Musical.ly. Those are memories I'll always keep.

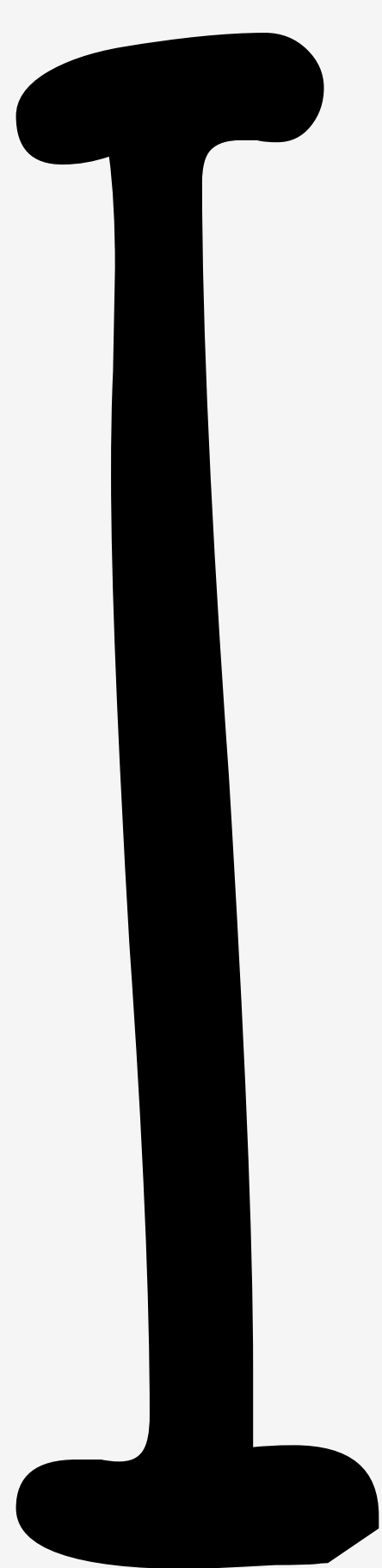
Н


H.N



My fellow creative! Haha. I look up to your art. We should collab someday or something! You keep my passion for creating alive, and your support and curiosity about my work means a lot to me! Thanks for always checking in with me on Sundays. I'm always happy to see you and miss you when you're gone!

Your presence matters to me! Your passion and drive for face painting is also something I look up to and strongly love and support.





I.B

Truly ICONIC. You are a literal beast. How can someone be so smart, beautiful, and strong all at once?? Like are you actually human??? LOLOL those are my thoughts thinking about you on the field like, whatever she's having I want some of that haha.

No but in all SERIOUSNESS, your grit and determination is something I look up to. Always positive, always wanting to improve. Even off the field, seeing your Instagram and travels is inspiring. Thank you for always welcoming me. You made me feel wanted and safe on the team in my first year, and your presence was definitely missed when you were gone. I'll always remember your wild side as well at parties. You always hosted them. They were never the same after you left, and I'll always remember the fun times had at Thorndale LOL.

I.B



You always wave, always smile. It's always been easy with you, every conversation is pleasant! I remember working on that group project in first year LOL. Those days were rough! But your knowledge of the arts and other random things is quite incredible. I feel like if I need to know where to get a specific thing or want to know more about a niche topic, I could ask you and you'd know about it LOL. It's actually inspiring. Your eye for tech related things, projection mapping is super cool. We should collab one day! It's been an honour getting to know you these past few years!



I.C

I LOVE YOUR CLASSROOMS. you truly made me feel so safe, loved, and welcomed, truly embodying a "come as you are" mentality! Stopping by your portable to chitchat about art and life and future plans are some of my favourite times at ACS. your life story is so amazing. I wish you shared more of your art! The world needs to see it and hear your story!
you contributed to a huge part of my faith. I still have that prayer journal and use it when I need to. It helps me so much. Truly the kindest, most thoughtful thing anyone has ever given me. I like to pass that on to others!
Thanks for everything you've poured into me!

J

J.B



Geography was the best with you! Also, you were the first person to introduce me to rugby. I think that speaks for itself. Thank you!

J.B



Where do I begin! your courage and your life journey are so inspirational and heartwarming. Seeing you persevere and be able to do what you love in life is amazing! Not everyone can leave their 9-5 and thrive after! I remember hearing your testimony and being in awe. your art is so unique and I love your personality. It's never been a bad moment with you, and you were always so positive! your presence was definitely missed in the studio and our critiques! I think about how much my confidence grew over first year. watching that shift, feeling it happen. you noticed that growth and believed in it.

That mattered to me.

I admired you too, even when I didn't say it.

J.B



We've only met recently, but I like your confidence. You're never afraid to speak up and ask questions. Always friendly and positive.

J.J



I remember being obsessed with you when I was little haha! You were always so fun to be around and spend time with. As an adult, I still look up to you, always being so authentic and real, no bs. I admire that about you! Always there to support, I appreciate that!

This question makes me think about so many moments growing up. So many pieces of life shared over time. Even when we don't see each other often, the connection is there. Family in a way that doesn't disappear.

I carry that with me.



J.J.I

My twin in spirit.

Life has been heavy at times, but your determination is something I admire deeply.

You keep moving, keep rebuilding, keep improving.

Growing up with you meant fun, creativity, and a world full of imagination.

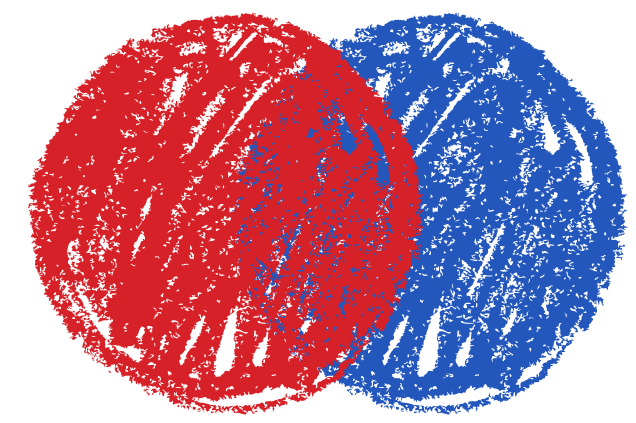
You taught me to make things with my hands, to see beauty in ideas, to build worlds from nothing.

You are talented and generous, always thinking of others, always giving.

You carry a rare joy.

Your confidence is fearless.

It inspires me.



J.K

You've been a quiet force, soft spoken but sure.

You've taught me that love can be steady without being loud.

Some of my favorite memories are you watching me at your house, playing games, chilling, and watching The Simpsons.

I love how authentic you are, there's no BS with you ever.

I don't see you often, but I love when you stop by.

And your pasta salad is actually famous in my mind.

I think about that one too.

J.M



The way you never give up is crazy! Everything you've been through and still finishing strong was so inspirational. I've always looked up to you, on and off the field. Your realness, always supporting me, helping me out. One core memory is in the HPA doing one of JB's Friday workouts. You pushed me, didn't go easy on me, and I love that! You always gave it 100%, and that's what rugby is all about!!

I also miss Ollie! Some days feeling down, you'd bring him and it warmed my heart and made me feel better!

Thank you for showing me that softness can still be strong.

J.M



You were such an amazing teacher! I loved your class, all the assignments, and hearing about your stories! I looked up to you. When I think about being a teacher, you're one of the reasons why I want to teach! Thank you for always encouraging me, making me feel safe and loved, and important!

I also think about creating Mary for my CPT. How much care went into that work. You saw my passion and talent clearly. That encouragement meant everything. Thank you for supporting my creative voice.

J.N



I just feel like we relate to each other. There's like an unspoken sense of humour or personality that we just have haha. Working on that exhibition together are some of my early memories, and then seeing you and Tan together having small talk! I also look up to your artwork, you're super talented!

I think about always seeing you smile when we crossed paths. There was something easy and light about being around you.

J.R



I think about watching myself step into JOD.
How scary and exciting that felt at the same
time.

You noticed my courage when I was still figuring
it out. Thanks for not giving up on me and
doing your job so well! Everything extra you do
for me as well, I appreciate you more than I can
express! I didn't know this process could look
like the relationship we have.

Thank you for seeing me in moments of
becoming.

J.R



Judeeee! Wow, I remember thinking how does this girl have so much faith and love for God being so young!?! It was incredible! I always enjoyed spending time with you at youth playing games, then rugby, to working at Kardia! And just watching you grow over the past few years makes me emotional tsh. The woman you've grown into today is so inspiring. I'm so proud of you and still in shock that you're married, but Caleb is THE luckiest man in the world to be with you!!

I think about playing "everybody's it tag" at Freedom House. Laughter, movement, joy without overthinking. When I was younger, you were someone I looked up to.

That stayed with me.



J.T

we have shared moments, mostly digital, small but real.

we do not talk much, and the connection is thin, but the bond still exists.

Family ties, even quiet ones, matter.

There is history we both carry, pieces of someone we both loved.

J.]



I remember feeling so left out until you moved in! Thanks for being kind to me. You were so down to earth and easygoing! House searching with you was fun lol. Even though we went our separate ways, I love seeing you on campus and wish the best for you in life!

Even without one specific memory written down, I remember how you made spaces feel positive. There was calm and focus in the way you showed up.

That kind of presence matters.

I appreciate you.

K

K.B



I don't think I've ever told you this, but I don't even know what to say or where to start!!!

Every letter of application for teacher's college, YOU are my reason why I want to pursue my future career in teaching high school art! You are truly legendary, and I look up to you soo soo much! I found my love and passion for art in your grade 9 visual arts class and I can't thank you enough!

You're one of the coolest, most kind, humble people I know! Your personality is beautiful both inside and out. The way you handled situations in the classroom, your assignments, everything. I remember it like it was yesterday and have always aspired to be like you ever since! You've taught me soo so much! I probably wouldn't have gone to McMaster if you hadn't told me about it, and I'm so grateful because it's been amazing here!

I hope to make it full circle and come back to teach with you. That would be amazing!

I think about my growth from grade nine to grade twelve. All the learning, all the becoming. You were proud of me, and that meant so much.

You made me feel capable.

Thank you for being part of that journey.



K.B

your love for art is amazing! I love having conversations with you and how you express your passion for things so excitedly, whether it's bugs, our culture, art, or some other niche thing! When I first met you, I felt like we had similar styles, but in a very different way. We definitely should collab someday!

Recently, you taught me to care for myself, take space to have a practice but also take days off, and I think that's harder than people think. Our conversations are always pleasant! It's been a pleasure sharing a studio and being a friend for the past 4 years! I like seeing you in the studio, you have a calming presence.

I appreciate you.

K.K



Even though I've known you for a short time, you still made such an impact on me. I love your positive attitude and the way you balance having fun while also being serious when the team needs it. I love your goofy personality, but also your passion for rugby and helping others grow. Even me.

I remember summer rugby and crew. Those were some really fun times when I was going through difficult moments, but they helped grow my passion again and helped me get the hang of things. The way you encouraged me meant so much. Thanks for always checking in on me.

K.V



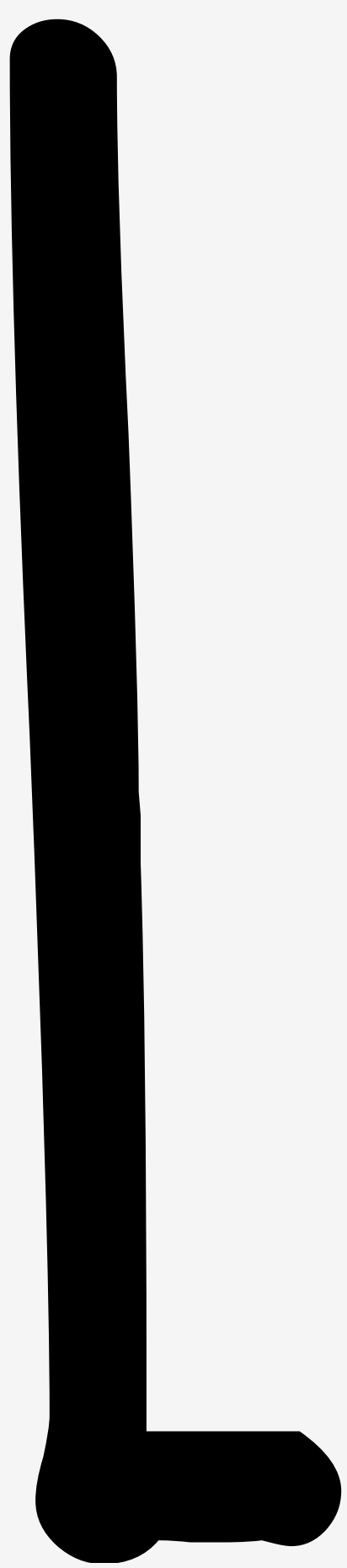
you were one of my besties! Spending time with you was always so fun. I wasn't allowed to go to many people's houses, but I was allowed to go to yours and I always looked forward to spending time with you! Playing at the park with you is part of my core memories. It was always fun. You're so funny and I love that we have a shared love for art! Thanks for being a friend when I needed one. I feel like we just get each other! You're beautiful inside and out.



K.W

It's always so pleasant talking with you! Your love for what you do is inspiring. We haven't had many conversations, but you're always so supportive. I think about the project, it was fun! Going out of your way to drive our group to the thrift store, always so genuine. Thank you.

I think about my backpack of "tools" in 3RC3. Problem solving, figuring things out together. You encouraged curiosity and new challenges. That mindset shaped how I approach my work. Thank you for pushing me to think differently.

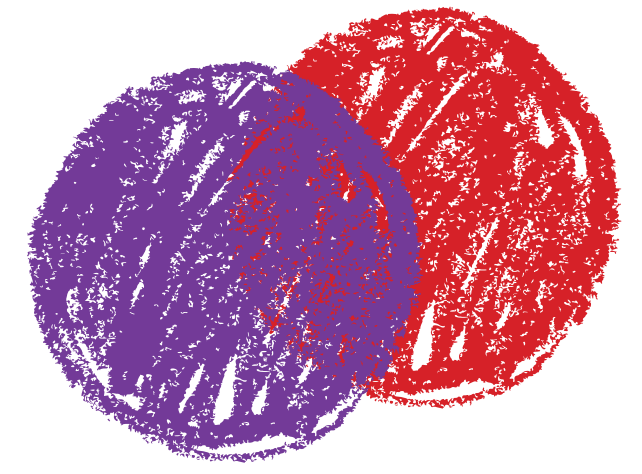


L.A



You are sooo funny, so much joy! I look up to you and the way you carry yourself is so true to you and your identity in Christ. It spills through you! I think about your birthday and the Ahava first event, it's always a laugh. I appreciate you being such a good and true friend to my sister! When she hangs out with you I know she'll have a crazy time, but I also know she's in the best of hands <3

L.B



You and Osa made me feel so welcomed and not like an odd one out in my first year. I looked up to you so, so much. In the way you carry yourself, from your style, you're one of the coolest, most beautiful people I know! Also crazy athletic, always pushing me to be a better version of myself! I cherish the moments we've spent together. Thanks for always looking out for me when I needed it the most. It's always refreshing talking to you while walking home from practice. You're like my big sister, always looking out for me.

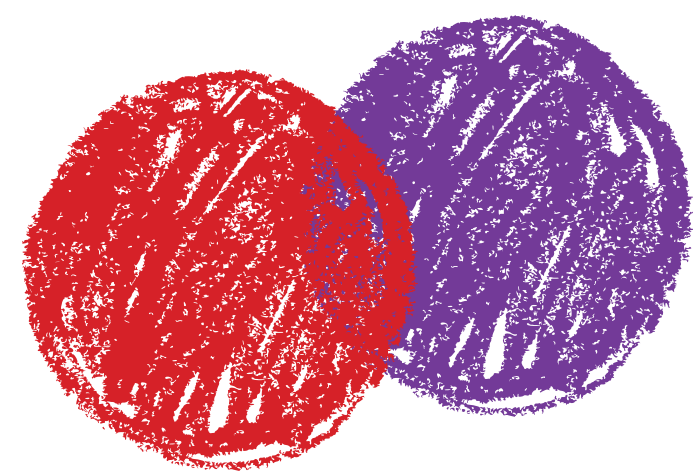
I'm grateful for you.

L.R



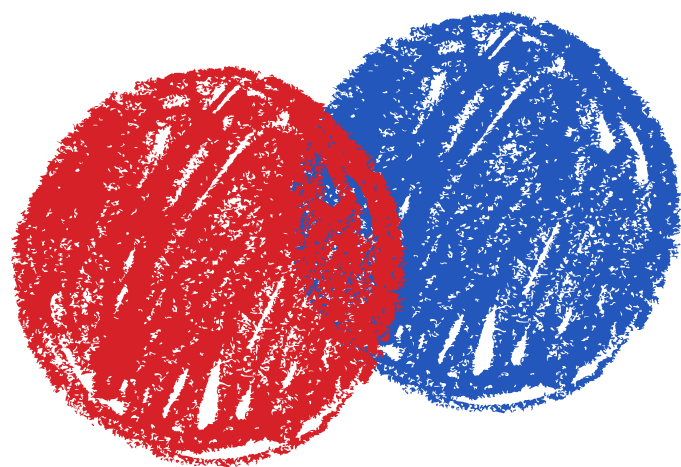
I LOVE YOUR ART! I think about first year art classes. Yes, you were one of the first people I connected with. I remember sitting near you on the first day of classes and connecting with you! I was nervous too! You had such a welcoming, kind presence and personality! You're a super cool mom. So, so strong! I've always looked up to you. I'm so glad you still have my print!

L.S



You're a real one! The most underrated rugby player I know! You're sooo strong! I look up to you. It's always been a good time with you! One of my favorite memories are the most recent ones, talking in the car on the way to Jon's :). We're actually pretty similar! I wish we spent more time together! But you're a teammate I'll never forget!

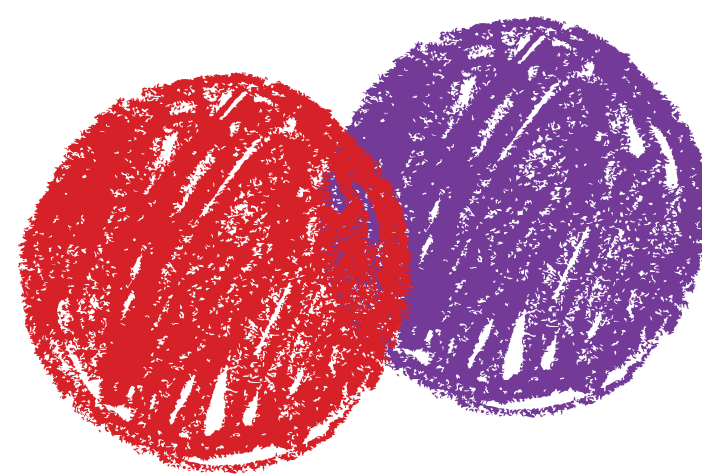
L + S



I love you both so much! Thank you for being my mom's best friend and for sticking by her side all these years. I love the friendship you have and hope to have something like that with my bestie when I get older.

Stan, you're such a unique person, so serious but also super funny. You never fail to make me laugh when you're around. I appreciate both of you and everything you do for me and our family. You're both super cool!

L.W



You made me feel so welcomed at MWR. You showed me what family meant! We've had so many good talks. Thanks for always being so honest and helpful. Some of my favorite memories are going to your apartment around Christmas time and just chilling, having fun or doing schoolwork. Also anytime I run into you and we briefly catch up, you're my favourite person to run into!

L.W



Heyyyyy. To this day you are one of the most beautiful, creative, talented people I know! Your brain is amazing LOL! You being yourself taught me it's okay to be weird, it's okay to be goofy, to be vulnerable within art, to go BIG. I think we both get that when it comes to making art. I love the impact that you always make, always intentional and conceptual! We understand each other in that way!

Also LOVE your styleeee, I've never seen you wear a bad outfit! You're one of those people that I feel so glad to call my friend, and even without saying it, I know you have my back. Always supporting me and I really appreciate that about you! Thank you for being you!



[.]

Believe it or not, you were one of my first university friends! Meeting you in that History of Art class, I looked forward to getting to know you more each week. It was so sweet of you to walk me back to my residence building after class as we debriefed about life!

You're still one of my good friends. You have such a unique and special outlook on life. I aspire to achieve the kind of detail-oriented smartness that you carry. You're also a reassuring presence when things felt overwhelming so many times. So many late-night printing sessions, or even during the day working on things, always checking in on me. Some days I really needed it.

Laughing through the stress, making it bearable. That meant more than you know. Thank you for being there. I love conversations with you, you're so funny. Love you buddy!

M

M.B



My little broo / cuzzo! I have so much love for you! Your texts on every holiday and my birthday actually mean so much to me! I remember first meeting you when you were so young and having fun at Carriage Hill! March breaks at my house were so fun. All the side quests we'd go on.

I think about playing Fortnite together. Laughing, competing, just having fun.

Thanks for always being yourself, being a light in a world that can seem so dark! Your quietness doesn't ever go unnoticed by me. Seeing you come out of your shell makes me feel so happy! Also seeing you in your element playing soccer, those are memories I'll never forget as well! Keep pushing for your future. Hard work, drive, and determination. Keep trusting God.

Love you cuzzo!

M.B



Thank you for all that you do. We're not too close, but I remember the first conversation I had with you. I was asking you about notes from a class we were both in because I missed that day, and I knew you were always paying attention in class.

I look up to the way you take notes and the processes you experiment with in your work. It's very cool. I think we're a bit similar in that way, very detail oriented. I always look forward to seeing what you create.

Also, this project probably couldn't have happened without you. All the days of helping load the kiln and staying on top of firing schedules, and being so careful with my statues. I appreciate you so much. You're always willing to help, even when you're tired. You push through and you're so kind. I really appreciate that.

M.C



Mi amor de la primaria, Lol
te amo muchísimo.

Gracias por todo. Podría escribir
por días, pero lo mantengo corto.
Significas más para mí de lo que
las palabras pueden expresar.

Me has ayudado a crecer, a no
preocuparme por lo que piensen los
demás, y me has enseñado tantas
cosas que han cambiado la forma en
que veo la vida.

Gracias por siempre estar ahí para
mí, por apoyarme, y por ser tú.
Te amo siempre.

M.G



We don't know each other too well, but I admire your passion for animation and your unique Assyrian upbringing! I hope to see your animations go far someday, I'm sure they will! I'll miss your presence in the studio.

M.K



Those late night studio sessions... I'll let them speak for themselves LOL! But you're so bubbly, kind of frantic lol, but also super, super intelligent! I remember stalking your art page in 1st year and thinking that it was soo cool and unique! (I still do.) Thanks for all the support in the studio. We weren't always the closest, but I appreciate all our conversations about life and other things!

M.L



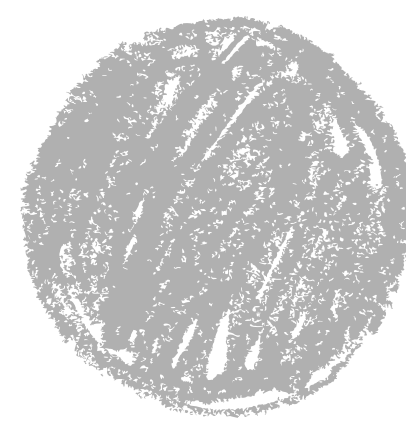
Thanks for being
such a good friend
to Max! I love your
friendship. I know
he's in good hands
whenever he's with
you and your
family! I mostly
know you through
him but have been
hearing about you
since high school
lol! You're a real
one!

M.M



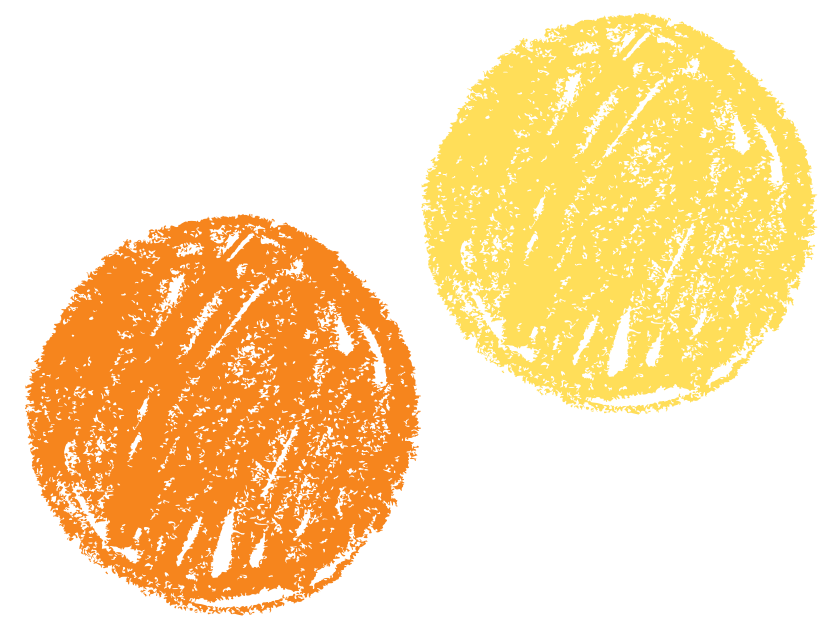
I don't know you too well, but I love that we're both island girls! Your passion for rugby is prominent. You're very bold and confident, and I wish you all the best in life! Getting to know you a bit has been nice. Reach out if you ever need!

MMA TEAM



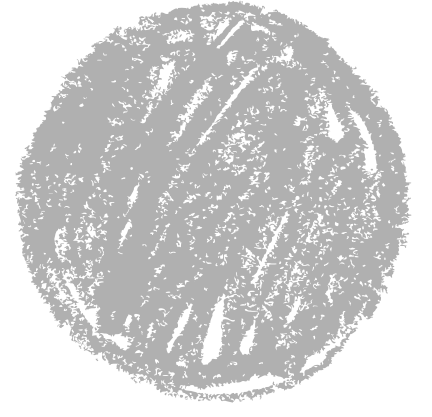
Thank you to the entire MMA team, especially Mary, Sam, and Nicole, for helping make this possible. Your support, patience, and willingness to accommodate my ideas allowed this exhibition to truly come to life. Seeing my imagined work become a real installation has been an incredible experience, and I'm so grateful for the care you put into helping students like me share our work with others.

M.N



You are so, so pretty! We're not super close, but I've really loved getting to know you over these past four years. The laughs we've shared, your feedback and critiques, I appreciate all of it. I admire how proudly you stand up for your culture and the things you love, like dance, and how that passion shows up in the work you create. I also admire your love for travel. We should talk more!

M.P



Although we were never the closest, I had fun with you in classes. I always looked up to your beauty inside and out! There was always a gentleness mixed with strength in you. I appreciate the quiet connection we share.

M.R



We go way back! From youth group, for some reason I don't remember you as much from that time, maybe because you were younger? But I do remember the good old days of ACS rugby! Pushing through practices, learning, growing side by side. And then Kardia! I think this is where our relationship grew more.

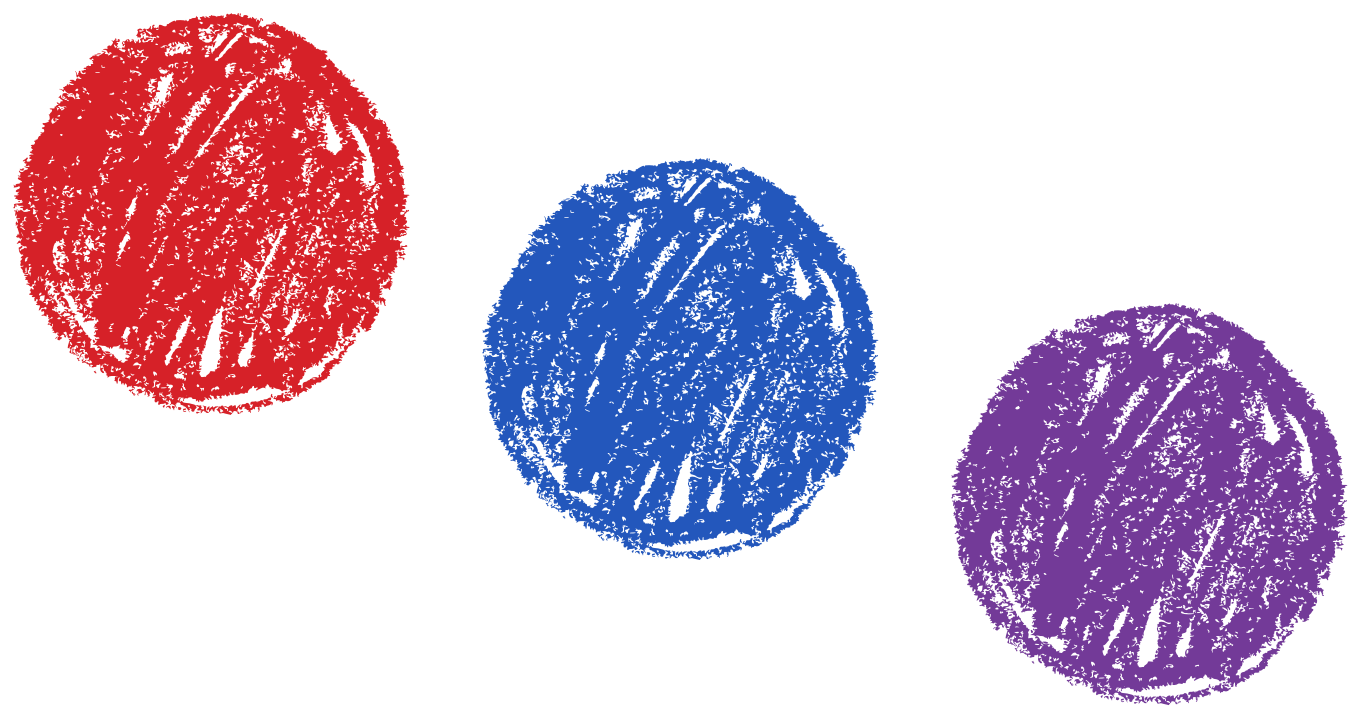
We truly are "dependable in spirit." I love that about us! We just get each other in the quiet moments. I truly wouldn't survive some days at work without you! I love your passion for architecture and interior design. I think that's SO cool! I hope to have you design my house someday, so be ready!!



M.R

Even without many shared moments, your friendliness always stood out. House searching with you was fun haha! I'm glad it all worked out for all of us. Also so funny we both go to LIFT and I didn't even know!

MWR



Every person on this team has shaped me in some way. You guys are my family. You will leave an impact on me for the rest of my life. As an alumni now, I just want to say thank you for everything. Being part of this team changed my life and gave me friendships, memories, and lessons that I will carry with me forever.

N

N.A



Nai Nai! One day you're the cutest baby and I loved watching you and spending time with you, next thing you know you're almost taller than me (still cute)! Time flies! I love spending time with your little creative brain! your love for dance and being who you are in any location is always a good reminder to me. I love seeing you grow. I love when you share your art with me. It keeps my own passion going.

N.R



Our relationship is still blossoming, but I look up to you! In the way you're always yourself and in the way you raise your family. I will definitely be going to you for tips when I have a baby (not anytime soon LOL). Going to the movies that one time was fun. Simple moments that felt easy and warm. I enjoy being around you. I appreciate you.

N.R



Growing up, going through divorce and other issues wasn't always easy. You were one of my first true friends, my partner in crime! I see you as my sister. So many times, so many memories spent together. I always remember playing Barbies with you and I loved going over to your house! Also just being silly, dancing in your basement sometimes and getting in trouble when we got too loud haha! I have so much love for you!

I wish we stayed in touch more. After we left we became distant, but you always have a place in my heart. Maybe we catch up sometime soon?!



N.R

You have a way of always bringing humour and lightness into situations! I think about playing together when we were younger. You getting Neeah and I in trouble haha, or vice versa! We were always running around, always up to something. You've always been caring and empathetic too. That showed, even back then. I appreciate the joy you carried into my life.

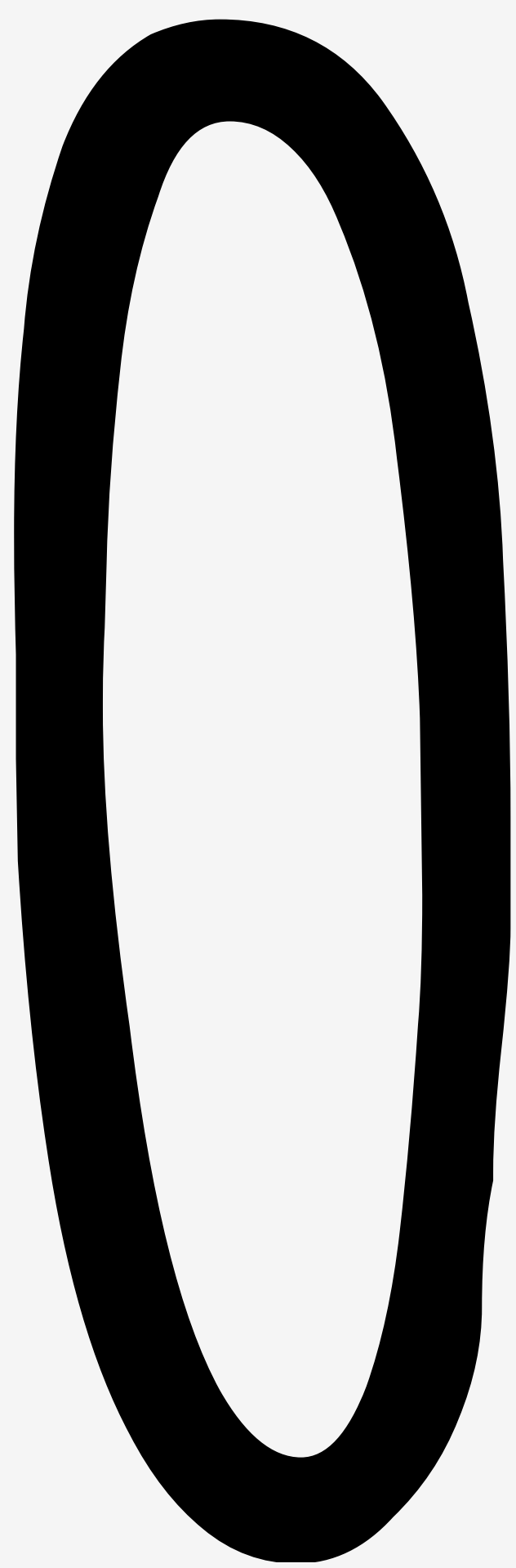
N.S



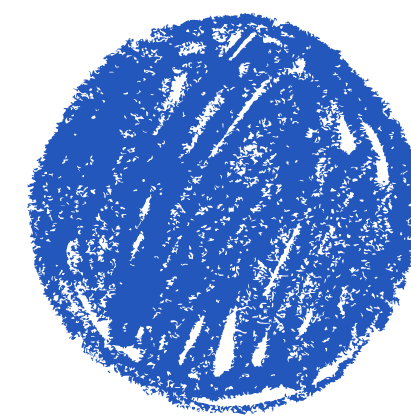
One time you prayed over me and said the word tenacious came up. That word has stuck with me for so long now! I love how passionate and bubbly you are! When I first met you I didn't think a person could be so happy at 8am tbh LOL, but you're so kind, caring, and expressive. I love that about you!

You are truly fierce, independent, and unapologetically yourself. You inspired me to stand strong in who I am.

That meant more than you know.



O.T



I wish we had more time.

But somehow, I feel you
everywhere
in the trees, in the quiet after rain,
in the moments I catch myself
thinking the way you did.
your absence still hurts,
but your love never left.

I miss you more than words can
explain.

you're a huge reason for the way I
am today in multiple aspects that
are close to my heart.

I know you know them in spirit,
and hopefully we can talk about
them together sometime.

I will see you again.

O.T.J



THANK you FOR RETURNING, FOR RECONNECTING, FOR BEING PRESENT EVEN IN SILENCE.

You CARRY pieces of someone I miss, but you are also fully yourself.

Goofy, loving, grounded, building a life that feels joyful.

I admire the family you have created.

It is beautiful to witness.

I am grateful for the chance to know you again, and I hope there are more stories to hear, more memories to learn, more childhood pieces to fit together someday.

P



P.B

We have history, but lately I remember the small things.

Gym sessions in the summer.

Conversations that felt new.

Moments where I saw you differently.

You are smart, warm hearted, and you know how to light up a room without trying.

It has been rough at times, but you remind me that love does not need to be loud to be real.

You have always shown up quietly and faithfully.

I noticed.

I enjoy your presence, even if I do not say it.

Showing up, checking in, existing beside each other, is its own language.

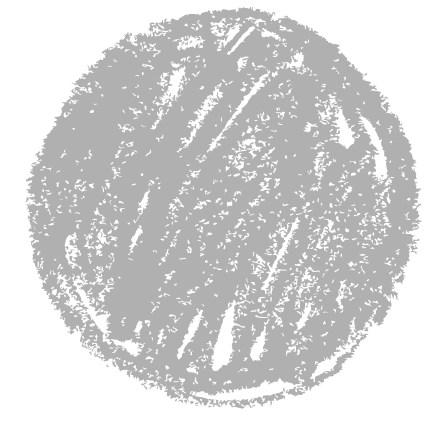
Thank you for speaking it.

P.C



My first impression of you was thinking I was in the wrong class because you had written a different course on the chalkboard and then having two whole different personalities haha! I think it made a lasting impression though. You're very witty and you have such a passion for theatre and the arts. It's very apparent! I like your willingness to learn and change. The few theatre classes I did take were some of my favourite courses though! I enjoyed analyzing film and movies and learning about all the techniques that go into it.

I appreciate you and all that you do. Truly an unforgettable prof!



To the person who told me to "go back to my country"

I still remember the moment you said that to me.

It caught me off guard. Mostly because it made no sense. I was literally born here.

At the time it hurt, not because it was true, but because it showed how ignorant people can be.

Looking back now, I realize that moment says more about you than it ever did about me.

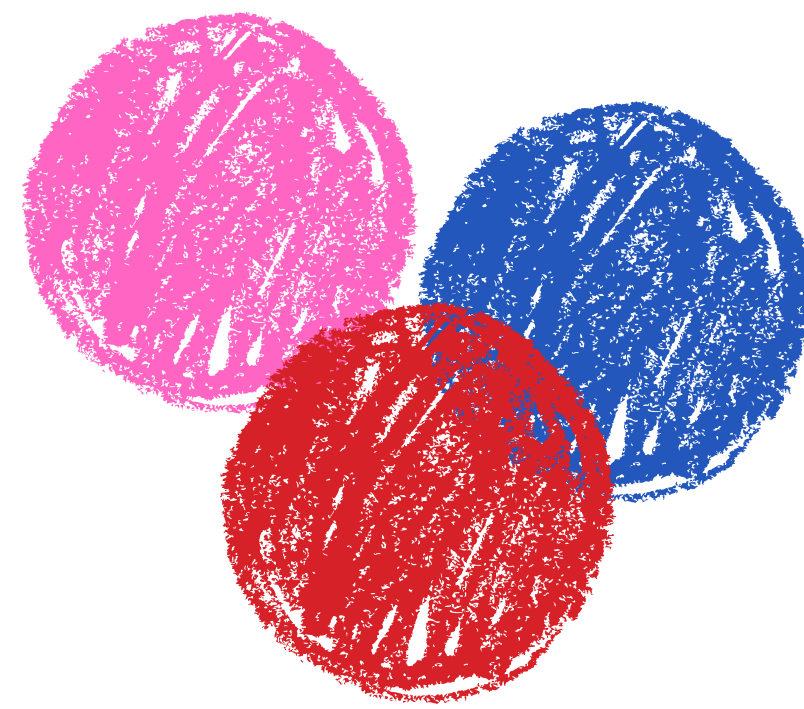
I know who I am. I know where I belong.

That experience didn't break me. If anything, it made me stronger, more confident, and more proud of who I am and where I come from.

So I forgive you. Not because what you said was okay, but because I refuse to carry the weight of someone else's ignorance with me.

And honestly, I'm grateful I didn't let that moment shrink me.

P.M



Thank you for always looking out for us, for me and Aaliyah, my mom and Patrick. I love when you stop by. I love your personality. You're so funny. Even when you tease me I know I can always come to you if I need something, and I appreciate that.

P.W



YOU ARE A POWERHOUSE! I love your grit, your determination, but also pursuing your dreams and doing what you love! It's inspiring! I remember you being bold but in a respectful way. You spoke up when it was important. Always happy to see you the odd times I do! A teammate I'll always remember!

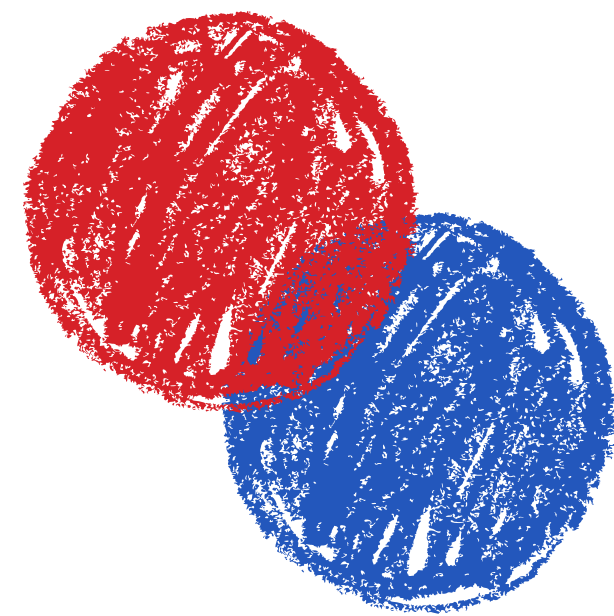
P.S

hanging out with you in the clean room was fun! I didn't really know you much until then, and we're still not the closest, but bonding over music and just being silly while doing work really kept me going that day :)



R

R.B



Thanks for always looking out for me and our family! Some of my favourite memories are playing games with you and your kids at Stafford's house! Anytime you're around, there's no doubt that I'll be laughing!

R.C



I wish we hung out more in elementary school!! I want to know more about you! You're so beautiful, so funny, such a mysterious person but also kind and sweet! Making that portrait for you was so exciting! Thank you for trusting me and coming to me again recently, even though I couldn't paint it for you. I'm so, so sorry!

I know we aren't too close, but you still always have a place in my heart!

R.H



The way you coached us always pushed me and the team to do better! All the fitness and hard work that went into our team didn't go unnoticed. You coached with the perfect balance of seriousness and also fun! Thank you for all you did for us in my early days and for helping me fall in love with rugby!



R.J

Thank you for loving me like your own.

It has always been evident.

Thank you for looking out for me, teaching me, guiding me, pushing me toward things I would have avoided on my own.

you believed I could do more, and because of that belief, I did.

you are talented, funny, and intelligent, and I admire you deeply.

The coolest, always.

R.M-R



I saw your page recently and saw that you had a baby!!!! CONGRATSSSSSS! I remember you talking about your fiancé, who you're now married to. It's been so strange but beautiful seeing you build a life from when I first met you, seeing your dreams come true! I remember your house was also being built, I think, or you were moving in. I hope that all worked out for you!

You were one of the rare teachers that really got me. You always understood me.

You noticed my dedication and reflected it back to me. That encouragement meant a lot. Your classes truly changed my life and deepened my love for the arts! You're one of the people I look up to and aspire to be like. One of the reasons why I want to become a teacher!

Thank you for always seeing my effort.

R.N



Reeeeeessseeeee!!! You already know I have so much love for you! I remember meeting you for the first time and thinking okay, this is genuinely the coolest white person I know XD LOL. But all jokes aside, you're so cool. I love your wild personality but also how down to earth you can be! Super real, you don't bs things. I love that about you! You're so, so pretty! You're always a friend I look forward to seeing in the studio!

When my days are rough, seeing you brings me joy. Always so refreshing and I love your hugs! We definitely need to do something when life is less busy!!

R.P



you have such a gentle, down to earth presence! I like how nonchalant you are also LOL! I love seeing you in the studio! I'll never forget you checking up on me when I was going through a tough time in my life. It meant so much to me that someone cared and noticed. Thank you for that!

your artwork is soo cool! Love, love your style. I like the way you innovate within your art. I think we're similar in that sense! I feel like we just get each other. you're very detail oriented and I love seeing your personality come through your artwork over the past 4 years! It's been a pleasure getting to know you and I hope our friendship can continue!

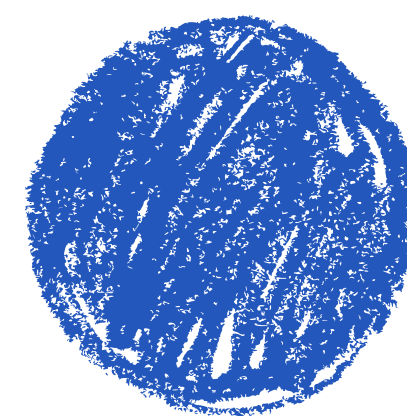
R.S




It was nice meeting you and playing crew with you! I remember seeing you join Mac as well and I was so glad you played with us. You have such a unique personality. A fiery determination but also a gentleness that's so nice to be around! We don't know each other too well, but you're such a genuine, sweet girl! I love that you fight for what you want and don't settle for anything. I'm grateful for that presence.

S

S.A



We're connected through family! I remember going to your house for a Christmas event. It was super fun. We played so many games and listened to good music with GOOD FOOD! I was so young but I remembered that I liked you and your house haha. I also always looked up to you and your brother's love and passion for music! It was inspiring 

S.B-S



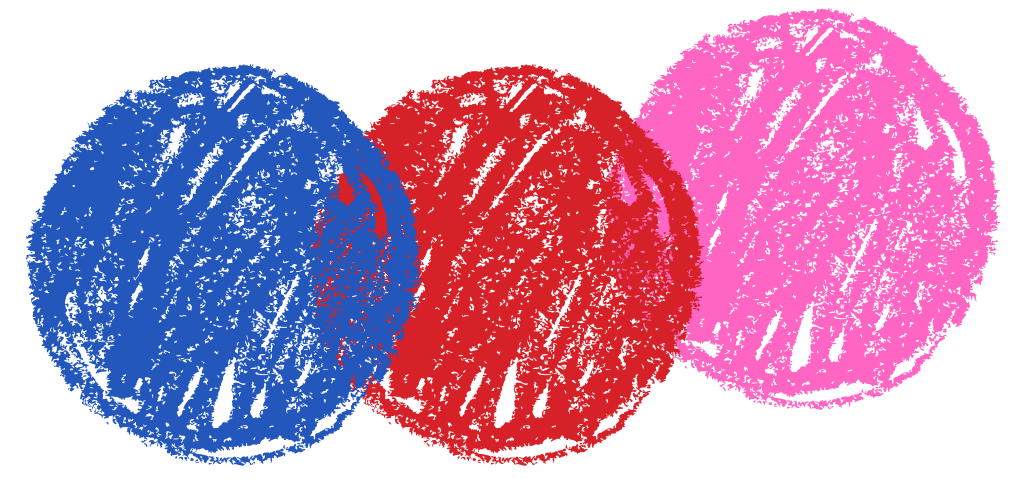
I'll never forget when you and Tiana would babysit us in the summer! Those days were so fun and core memories of my childhood! Thank you for everything you've done for us!! Miss you and love you!

S.C



I miss you so much! I hope you're doing well!!!
I'm hoping to see you at my Reception, but if I don't I just want to let you know I have so, so much love for you. Always doing things out of your way for me, encouraging me, conversations after class, helping me so much with my future career and choosing universities to apply to when I didn't have help and it was a scary step to take!
Not to mention all the art skills you've taught me, so many of the basic important things I needed to know as an artist! I look up to who you are as a person but also as a mother and an amazing teacher! I hope I get the chance to work alongside you in the near future!!

SIMPLE CHURCH GALS



i love you all so much. my past girls and my current girls, you have all made such an impact in my life, but also in my faith journey.

i NEVER thought i'd be able to open up to a group of people from such different backgrounds, or be eating dinner at someone's house on a wednesday night, but i'm so grateful.

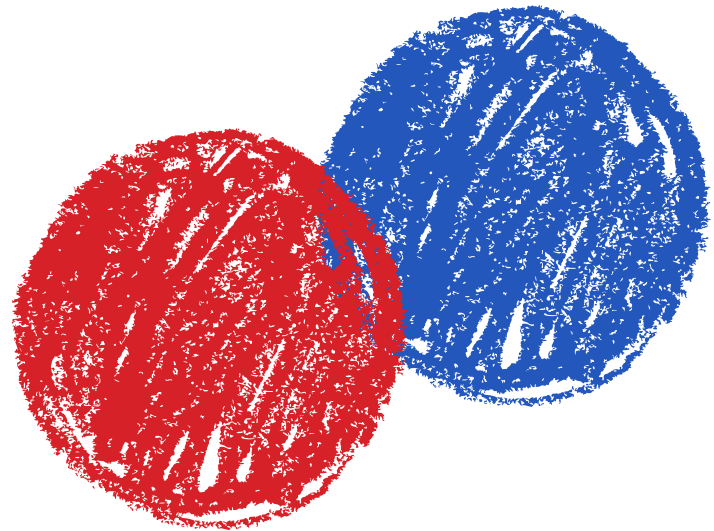
each and every one of you has shaped me in such a meaningful way, and i'm thankful to God for leading me to you all.

S.J



I remember when i was a kid sitting on your lap around Christmas time talking about who knows what! I think we were at Grandmas old house and i was showing you my gifts! Haha! Hanging out with you and playing games with you at family events is always fun! You're so smart and I've always looked up to you! I love that you're always authentically you, following your passions and within your career aswell.

S.L



You have such a
gentle but
uplifting spirit! I
feel safe around
you. I look up to
the way you raise
your family!
Playing games at
your house are
some of my
favorite memories,
laughing, BBQs,
just having a good
time!

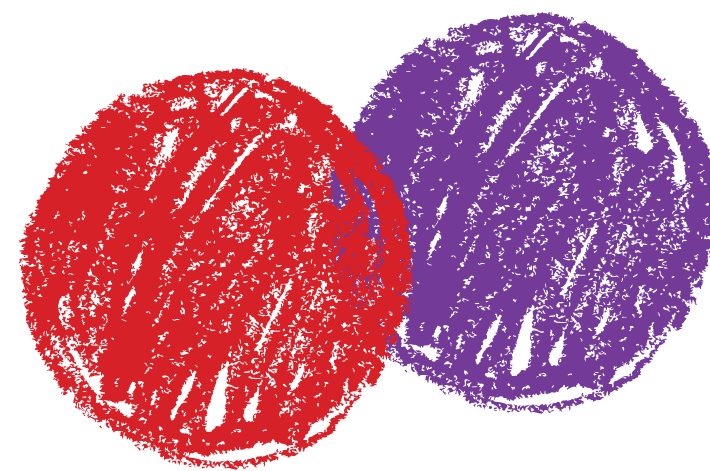
S.MW



You've only taught me a couple of times, but I like your approach to learning. Always creating such a safe and considerate environment for each individual in the class does not go unnoticed. Thank you for your support with my capstone project and everything else you've taught me in other classes.

Also, when I think about Crocs, I think about you.

S.P



I have never met anyone like you. You are truly such a unique person. So kind and gentle, but still so courageous and strong. It's so funny. I love being around you.

I remember our days in first year when we would study together, and even in second and third year too. Just hanging out on study dates or going to dinner. You're such a quiet, calm presence that feels so comforting and makes me feel safe.

Whenever I think of whisky now I think of you. I don't know if that's a good or bad thing haha. Thank you for always looking out for me and being such an amazing teammate and friend. I like that we live very different lives but can still relate to each other in so many ways.

Love you!

S.S



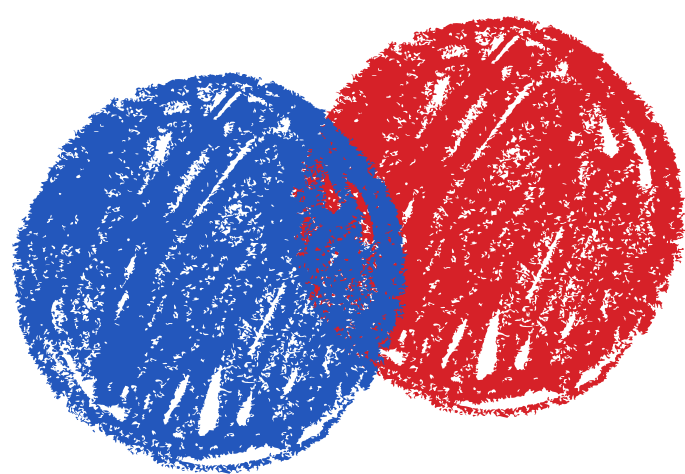
My mind is overwhelmed with thoughts because you're such an amazing person. You're so strong, beautiful, and so good at rugby. So funny and so weird haha, but in the best way, not an insult at all. I understand because I know I'm weird too. Everyone's a little weird.

Thank you for always being so authentic. I think you grew my love for nature. Anytime I see nature, like a rock or a branch or something cool outside, I sometimes think of you because of how passionate you are about it.

I also think about rugby when I think of you. You're such an incredible teammate. All those times practicing with you and you always giving me tips on how to improve. I look up to the way you invest in yourself.

Some of my favourite memories are summer drives to crew when you'd pick me up. Listening to music and jamming out to rock and roll while you almost crashed the car LOL. You will forever have a place in my heart. I love you. We'll have to have a paint night or something sometime!

S.S



My girl!!! My bestie! I could write a separate book about our relationship! So many memories and more to come. Growing up I've always been a tomboy and always hated pink. You've shown me what femininity can look like and maybe started to link pink and other bright colours!

The way you carry yourself and how you work so hard to achieve your goals is inspiring! I truly don't understand how you do it all! You've been my sanity in art school, my soul sister. I love you so much!!! I'm so, so grateful for you.



To the teacher who doubted me

There was a time when you made me feel like I wasn't smart enough. Like my voice didn't matter. Like I should shrink instead of grow.

But the truth is, those words didn't stop me. They fueled me. They pushed me to prove to myself that I was capable. Today I stand here as an artist, a graduate, and someone who believes deeply in the power of education.

I hope one day I can be the kind of teacher who lifts students up instead of making them doubt themselves.

T

T.B



where do i even start. i love you sO sO much. some of my favorite memories are going to your house that day to watch movies and eat pizza, and we watched beauty and the beast. you made me feel so seen and loved.

if you weren't on the rugby team, i probably wouldn't have felt comfortable at all. you were such a huge inspiration. i love being your mini me and literally following in your footsteps as team manager. you kept me sane a lot during my years at mac.

i will forever look up to you. you're such a uniquely incredible person. so strong in every way, funny, and authentically you. you don't mess around, but you're also so sweet and soft on the inside. i honestly don't have the words to explain how much you mean to me.

you inspire me so much and are one of the most talented and multifaceted women in my life. i'm forever telling people about you and how amazing you are. i LOVE to brag about you. you are truly a legend.

you will forever be a huge impact in my life, in art, in rugby, in growing up, in everything. truly the best vet a girl could have. i love you.

T.C



Oh man, again where do I begin! When I first met you I remember thinking this guy is so cool! And I remember seeing all your work for the first time too and being blown away by your sculptures!

Every meeting I've booked with you I feel like we've gotten a bit closer, and I've loved working with you and spending time with you. I'll never forget the time I was struggling with that metal project with the shark and you helped me so much in coming up with ideas when I was so unmotivated.

I love how you help me and so many other people bring our visions to life. Your help, support, and advice over these last few years I am so incredibly blessed and grateful for. I may still be sending you emails if I need help with projects in the future!

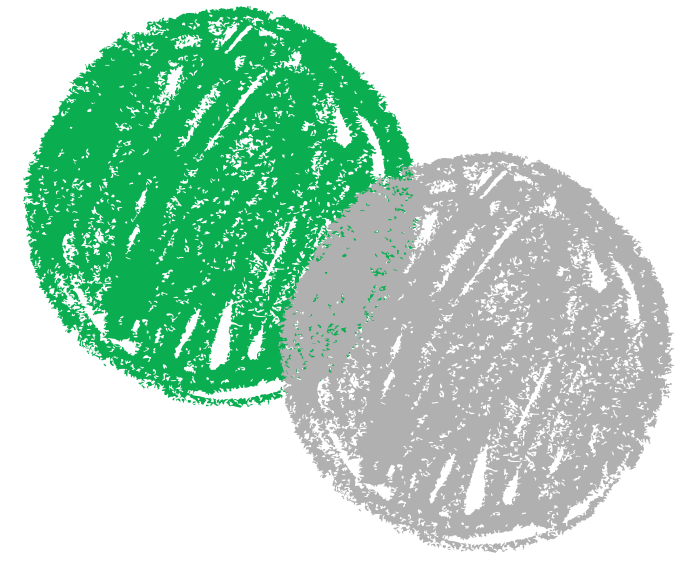
But I seriously look up to you. The way you carry yourself, and how proud you are as a father and husband, it's inspiring. Thank you so so much for all you do. I will miss you dearly. I couldn't have gotten here without you!

T.N



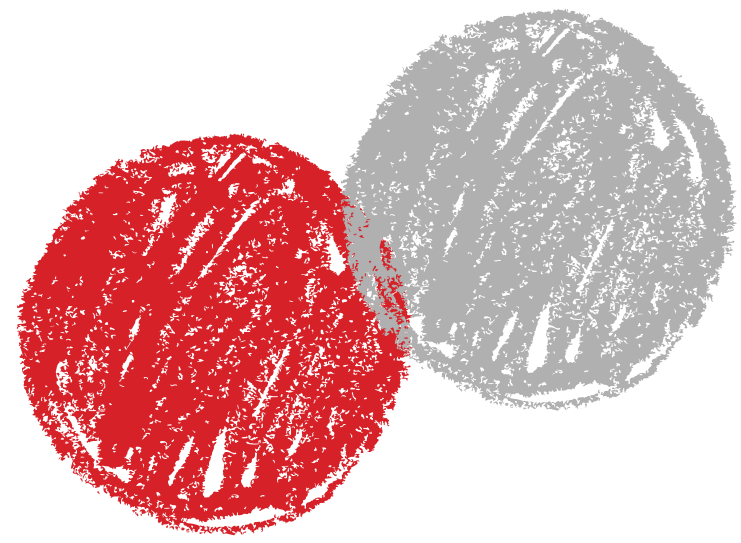
Moving to Brantford was not easy for me, and you might have seen that too. You made it so much easier to adjust. I remember always thinking these people are super weird, but Trev is pretty cool! We always bonded over sports, and those days of small talk mattered more than you know. Thank you for the core memories and for the youth group you led that always created such amazing environments for me to grow and shape core parts of who I am. Love and miss you guys always!

T.R



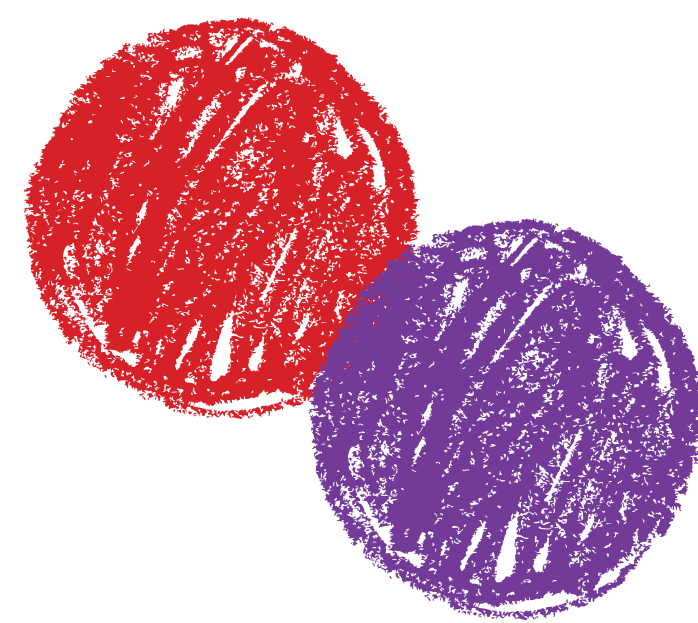
I'm having a hard time writing this one. you were nice at first, but I feel like you grew selfish and entitled. It's unfortunate, but you still taught me something important. you taught me that it's okay to be left out sometimes, to focus on myself and choose to be the better, bigger person.

T.R



Thank you for being such a great friend to my sister, especially when she didn't have many! You were a real one!! I love your personality. Seeing you grow into the successful woman you are today is inspiring!! And I am forever grateful for the invitation to your wedding!! Those were unforgettable days, a life-changing vacation and memories made!!! I love your culture and your family, everyone is so kind and welcoming.

T.W



Your laugh is so contagious! Thanks for being the beautiful, kindest, STRONG, funny, real person! You're such a light and also a light in my life. You are so much more than just my teammate. You were a friend that I needed. You made me feel so welcomed, always encouraging me. I loved our deep talks while walking home and our planned bus rides!

T.W



you were also someone I considered to be my best friend. I miss what we had! I'm really sorry for what happened. I wish I didn't get my phone taken away because lowkey I think we'd still be close! LOLOL yes FEDEX! I remember that too. I remember I looked forward to the bus rides home with you and seeing you in the mornings as well. All the summer hangouts and our lemonade stand, those are all core memories of my childhood!

We should catch up someday! I feel like we're both very different people now but also still the same at heart <3

V

V.A



THANKS FOR ALWAYS BEING SUCH A CHILL FRIEND AND OUTLET FOR ME! I REMEMBER FIRST MEETING YOU AND YOU JUST FELT FAMILIAR AND EASY TO TALK TO. SOME OF THE MOST CHALLENGING TIMES OF MY ATHLETIC CAREER I'VE TALKED ABOUT WITH YOU, AND I APPRECIATE YOU ALWAYS LISTENING AND UNDERSTANDING ME AS WELL.

YOU ARE SO SOOO INCREDIBLY TALENTED. NEVER STOP DOING WHAT YOU LOVE! I COULDN'T HAVE GOTTEN THROUGH THAT PROJECT WITHOUT YOU TBH. THOSE DAYS WERE AWFUL BUT WE LAUGHED THROUGH THE PAIN LOOL! FEEL FREE TO REACH OUT IF YOU EVER NEED ANYTHING. YOU'LL ALWAYS HAVE A PLACE IN MY HEART.



V.J

You taught me Resilience without ever naming it.

There is a steadiness in you, a strength I lean on without realizing until later.

Your laughter carries peace.

You make the hard things feel possible.

I love your hugs, your joy, your honesty.

I loved finding comfort in spaces that became familiar because you were there.

You accepted me exactly as I was, every time.

I love that about you.

You have always been my biggest supporter.

I would not trade you for anyone.

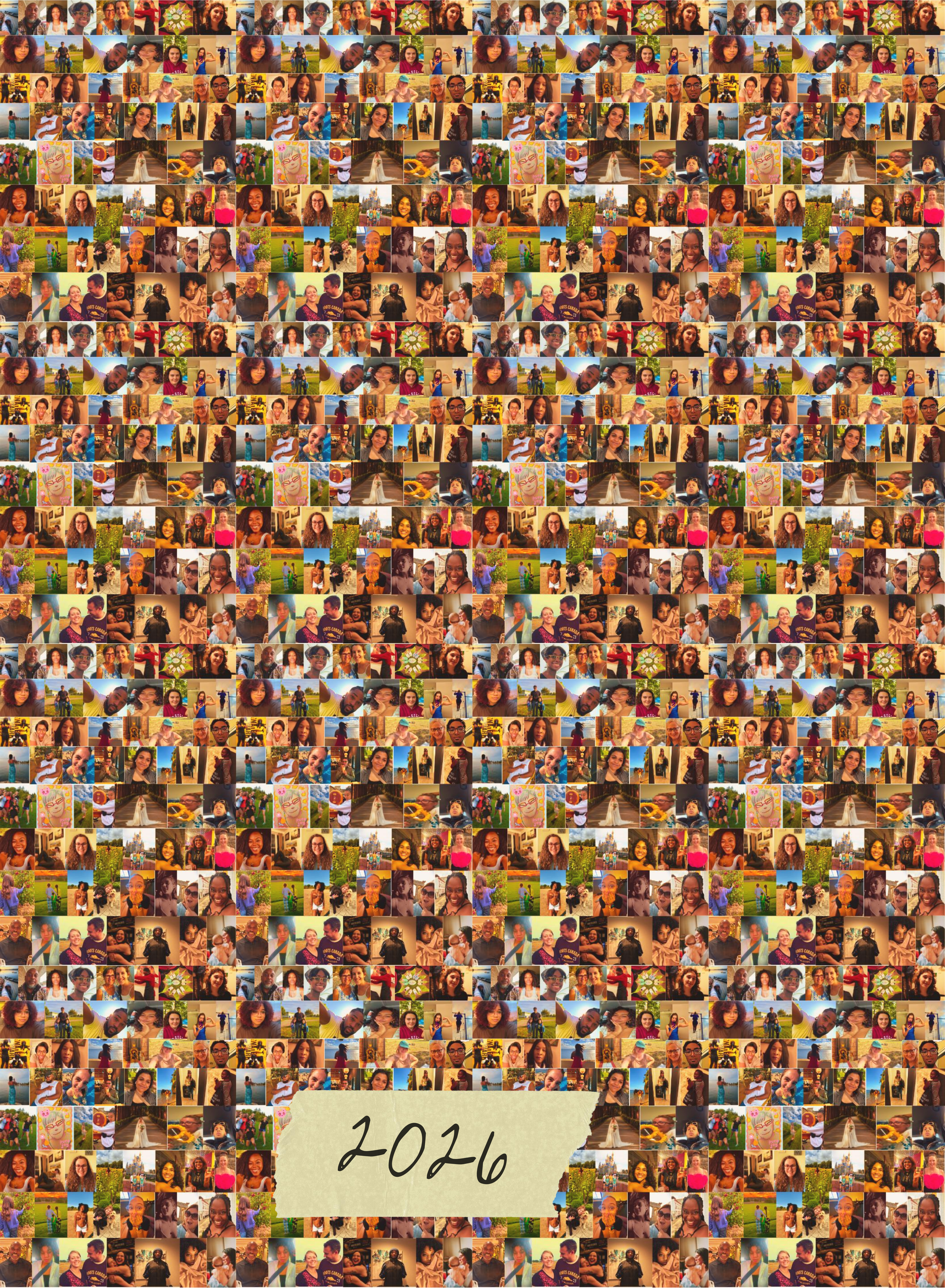
I love you.

1

L.W



I'm sorry if I've ever hurt you.



2026