



Lives Changed

2024 ANNUAL REPORT

ALTERNATIVES
PREGNANCY CENTER

Babies Born to Alternatives Clients in 2024

Joey	William	Araz	Caleb	Marcel	Naomi
Malachi	Kimber	Holly	Isaiah	Riley	Liam
M-Chi	Eitah	Enzo	Vincent	Elijah	Saahvik
Ezekial	Luis	Christopher	Zion	Julian	Eleanor
Layla	Serenity	Liam	Callie	Thomas	Darian
Lovela	Aniya	Drave	Dakota	Abdul	Ayla
Aysha	Lyna	Francisco	Holland	Dahlia	Keoni
Liam	Alanzo	Grace	Maria	Arisbeth	Liam
Lorenzo	Gabrilla	Sage	Achyut	Christopher	Alana
Isla	Camilla	Piper	Xavier	Margo	Sophia
Lotus	Leonel	Hamony	Arabella	Killian	Dion
Alora	Joselyn	Theodore	Juan	Kora	Elijah
Harrison	Cataleya	Selah	Godric	Elena	Casey
Autumn	Monserrat	Marie	Alison	Chancellor	Elana
Malte	Adalynn	Philip	Amelia	Arlo	Micah
Ethan	Aria	Amiya	Avahndre	Antonio	Logan
Kairhayna	Lexani	Dallas	Ivy	Atticus	Kikiyo
Steven	Lexani	Inez	Amir	Patrick	Anakin
James	Ricky	Liam	Sayori	Aidan	Dean
Gael	Aeri	Royal	Billie	Lovely	Draco
Asaias	Imara	Josiah	Jen	Ruben	Namari
Jasmina	Blander	Javon	Desiree	Charlotte	Leo
Tuxton	Santiago	Camila	Thalia	Olivia	Seerat
Zayn	Hazel	Halima	Odelia	Zyrille	Laila
Joseph	Martin	Oakley	Aurelia	Amayah	Jesus
Edessa	Romero	Phoenix	Axel	Dante	Ariana
Orion	Delilah	Vivian	Michael	Jameson	Leilanie
Raquel	Riley	Elliot	Owen	Melanie	Dean
Eli	Samuel	Camille	Mobin	Alaia	Aylani
Farsan	Diego	Cimani	Emmi	Alan	
Bernice	Zia	Eduar	Jasper	Basquit	
Amnina	Micaela	Nathan	Knox	Dylan	
Julietta	Emelia	Tatum	Luna	Grayson	
Anaiah	Quejah	Emilia	Amadeus	Sunday	
Josiah	Malakai	Yaiko	Azalea	Jaden	
Malik	Lou	Matteo	Keyliani	Kailani	
Cafsius	Ilya	Aziel	Luka	Hasani	

A photograph of a woman with long dark hair and glasses, smiling warmly while holding a young child. The child is wearing a dark jacket and is also smiling. The image is overlaid with a semi-transparent purple rectangle containing the Table of Contents.

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DEAR ALTERNATIVES FAMILY,

There are few things more satisfying than seeing God turn lives around and bring people to a place where they are thriving.

Because of your commitment and generosity, this is a regular occurrence at Alternatives. We get to see God move in powerful ways in the hearts and minds of people.

We get to see lives changed.

At times, darkness surrounds us and there seems to be no way out. We feel alone, disconnected and isolated in the midst of uncertainty and upheaval. There seems to be no hope. Every day, people who are living in those realities walk through the doors of Alternatives clinics throughout the Denver metro area.

A woman now faces the daunting task of navigating an unplanned pregnancy while simultaneously needing help with employment challenges. A father-to-be needs guidance and support to know how to best provide for a child he wasn't expecting. A woman awakens to the trauma caused by a past abortion and isn't sure she can overcome the pain of the past.

People in seemingly hopeless situations find Alternatives. In the midst of darkness, they brave the unknown and seek help and support. In making that choice, they find hope and a partner to come alongside them and walk them through options, encourage them and compassionately care for their physical, emotional and spiritual needs. All of that leads to their lives being changed for the better.

Alternatives is a lifeline of hope for the people we serve. You, our faithful partners and friends, ensure this vital lifeline is available to more and more people every day.

2024 was a year where we not only saw lives changed, but we also saw Alternatives change in some big ways.

On December 4, 2024, Alternatives opened its fourth clinic in the Denver area, this one located in Arvada, Colorado. The opening culminated a two-year process of prayer and planning, and YOU made it happen.

The impact of the clinic was immediate, with 29 appointments in the first month alone. The demand for the services Alternatives offers throughout the Denver metro area is growing, and we are humbled by the opportunity to help as many people as possible.

2024 also saw a change of leadership at Alternatives, with Dr. Ashley Graves taking over for Linda Pace Saccomano as the new executive director. This transition resulted from Linda's desire and plan to retire after many years of faithful service to the organization.

Alternatives is beginning a new season. It is a time of cultivation, of digging deeper and preparing to help more people in need, which, in turn, will lead to a greater impact for God's Kingdom.

As we walk into this new season and prepare the ground for the Lord to move in more powerful ways, we believe the impact of Alternatives is limitless. Mark 9:23 states:

"All things are possible for one who believes." (ESV).

We believe with God's vision, plan and guidance, Alternatives will be there for more people. Our reach will grow, and more people will thrive. Thank you for being the ones standing with us, carrying hope, compassion and life to people in need.

In 2025, we are grateful for the impact made in the past and also for the impact that is still to come.

We are excited to see many, many more lives changed.

With gratitude,



Mike Rice

Mike Rice
Director of Development

Because of your generosity, we get to see **LIVES CHANGED!**

2 STRATEGIES 4 PROGRAMS OF IMPACT

Alternatives empowers people in the complexity of unplanned pregnancy by offering advocacy, education and holistic care for a thriving life.

INTERVENTION

PREGNANCY OPTIONS

Enabling and encouraging a choice for life every day

COUNSELING AFTER ABORTION

Validating the grief of an abortion leading to healthier people

PREVENTION

A PROMISING FUTURE

Educating youth on the value of healthy decisions for now and the future

STD TESTING & TREATMENT

Impacting sexual health through education, testing and treatment

PREGNANCY OPTIONS

Alternatives provides women and men free and confidential medical care and counseling support as they process the decisions surrounding unplanned pregnancy.



What I liked best was that I got an useful tips and advice and I felt co

Free & Confidential Services

24-Hour Helpline

Online Appointment Requests

Options Consultations

Telehealth Appointments

Pregnancy Tests

Ultrasounds

Men's Support

Fatherhood Mentoring

Momma Mentoring

Prenatal Resources

Adoption Referrals

Community Resources

Mom & Baby Gifts

Uber Health Rides

Case Management

2024 HIGHLIGHTS

214

Babies Born

517

Ultrasounds

971

Pregnancy Tests

1,753

Helpline Calls



Answers to all my questions. They gave me comforted and listened to.

– Anonymous Client

Pregnancy Ultrasounds

Clients and patients of Alternatives regularly tell us that the ultrasound had an impact in their pregnancy decision.



Madison's Story: The Beginning

Madison came to Alternatives in a moment of uncertainty. Struggling with mental health challenges and not feeling ready for pregnancy, she wasn't sure what to expect when she took the pregnancy test. The result showed that she was carrying a child, and while the father was supportive and excited to become a dad, Madison was overwhelmed. She felt a deep sense of shame and confusion about her situation. Despite her faith and belief in life, Madison considered abortion, feeling unsure about how to move forward. In the midst of her emotional turmoil, however, Alternatives was there to offer not just a pregnancy test, but a listening ear and the compassionate support she desperately needed. Through a non-judgmental and caring approach, Madison was given the space to process her emotions and navigate the decisions she faced. Alternatives provided a safe place where she didn't have to walk this path alone, reinforcing that there was always hope, no matter how challenging the circumstances.

Continued on page 8



MENTORING

2024 Momma Mentoring Highlights

39
Women Served

367
Appointments

24%
Increase in
Clients

“

Being a mentor has blessed me by allowing me to be a part of something through Alternatives. There are no words for how much matter the ups and downs life brings as a mother, she

Madison's Story: Guiding Her Through Uncertainty

While Madison wrestled with her internal conflict, she chose life for her baby. With the support of her fiancé, who stood by her side and shared in her journey, she enrolled in the Momma Mentoring program at Alternatives. Through this program, Madison was paired with a mentor who walked with her through every step of her pregnancy. Her mentor provided emotional encouragement, offering advice and a sense of peace when Madison's anxiety was overwhelming. Together, they explored ways to manage her mental health and prepare for the challenges ahead. At the same time, Madison's fiancé attended educational workshops offered by Alternatives, where he learned vital parenting skills and relationship strategies to support Madison and their growing family. This holistic support empowered them both as they prepared to embark on the lifelong journey of parenthood. With the guidance of their mentors, Madison and her fiancé found strength, unity, and confidence in their ability to face the unknown, knowing a community of care supported them.

Alternatives mentoring services provide essential support for both mothers and fathers during the challenging yet rewarding journey of parenthood.

2024 Fatherhood Mentoring Highlights

23
Men Served

70
Appointments

44%
Increase in
Clients

*a part of the incredibly redemptive work that the Lord is doing
as I've enjoyed walking alongside my mentee as she learns that no
one has inherent value, and is worthy of dignity, respect, and care.*

— Rachel Groom, Momma Mentor

Madison's Story: Empowering Him for the Journey Ahead

Madison's fiancé, like many new fathers, wanted to be the best parent he could be but felt unsure of how to navigate the challenges of fatherhood. In addition to Madison's support through the Momma Mentoring program, her fiancé enrolled in the Fatherhood Mentoring program at Alternatives. This program offered him the guidance and resources he needed to confidently step into his role as a father. Through the Fatherhood Mentoring program, he received one-on-one mentorship, parenting education and practical tips on strengthening his relationship with Madison. This program also helped him understand the importance of communication and shared responsibilities in their growing family. By equipping fathers like Madison's fiancé with the skills and confidence they need, Alternatives helps ensure that both parents are supported and ready to care for their child together.

Continued on page 26



They listened and made me feel worthy. They helped us more than we expected. Awesome people.

– Anonymous Male Client



MEN'S SUPPORT

Alternatives is a leader in men's services. We offer every man the opportunity to process questions and issues pertaining to his partner's pregnancy so he understands all available options and the ramifications associated with each one.

2024 Highlights

334
Men Served

197
Attended the
Pregnancy Test
Appointment

17
Post-Abortion Recovery
Participants

129
Attended the
Ultrasound
Appointment

9%
Growth

LEGACY
MEN'S SERVICES

COUNSELING AFTER ABORTION

Over time, countless women realize that an abortion decision has left them with deep pain, trauma, guilt and shame. Those women are precious to Alternatives. We walk with women experiencing those emotions and love them through the process of moving to a place of hope, healing and freedom. We honor their courage and celebrate them as they allow us to accompany them on their path of transformation.

“

I was feeling a lot of sadness and anger and I didn't realize where it was coming from. Now I am able to name the emotions and figure out the root of the problem. I feel free. I also know that I have someone that I could talk to about this experience that I haven't shared with many people.

– Anonymous Client

2024 Highlights

94

Women Received
Counseling After
Abortion Support

65

Women Participated
in Ongoing
Therapeutic Support

559
Appointments

29%
Growth



They tune into what you are saying and actually listen to your needs and reassure you. I came in to get tested after going through a traumatic experience. They sit with you while you process everything and validate your feelings. They aren't there to push you in a specific direction. They are there to walk with you.

– Anonymous Client

”

STD TESTING & TREATMENT

Sexually Transmitted Diseases (STDs) can create serious health risks and compromise a healthy pregnancy. As part of Alternatives prevention programming, licensed and registered nurses and counselors provided holistic education, medical treatment and sexual health counseling.

2024 Highlights

381
Women Received
Risk Assessments
& Testing

2,211
Tests
Administered

40
Women Received
Sexual Health
Counseling

263
Treatments
Provided

25%
Growth

Fertility Education and Medical Management (FEMM)

FEMM contributes to transforming women's healthcare by educating them on their reproductive hormones and equipping them in their choice of preventing or achieving pregnancy.

2024 Highlights

13
People Educated
Through 31 FEMM
Sessions

A PROMISING FUTURE

A PROMISING FUTURE

2024 Highlights

226
Students Served

42
Adults Served

9
Schools Served

6
Organizations Trained

The Diamond Standard curriculum is equipping students with essential life skills and perspectives that promote healthier relationships, wiser decision-making, and a deeper commitment to honoring God while caring for themselves and those around them.

In 2024, students shared valuable impacts from their learning experience, including:

- Increased recognition of how their choices impact themselves and others.
- Greater awareness of healthy character traits in friendships and relationships.
- A clearer understanding of boundaries and how to apply them.
- Enhanced emotional awareness and regulation.
- A deeper understanding of themselves and others.
- A growing sense of compassion for others.
- Strengthened communication skills.
- Improved conflict resolution skills.

“

I learned to set boundaries in relationships and that I am valued by God. It is beneficial because I can know my limits and have healthy relationships that glorify God.

– Anonymous Student

MEDIA OUTREACH

Through the financial generosity of a community that is passionate about the dignity of life, Alternatives expanded our reach through online ads, social media, TV programming and commercials, audio streaming and outdoor advertising!

Key media partners helped us humanize and amplify the voices of the incredible clients, patients and students we serve.

- KDVR & KWGN – TV
- BuzzRocket Media
- Choose Life Marketing
- Outdoor Promotions
- Street Media
- Way FM/Hope Media
- Audacy Radio and Podcasts
- Versatility Creative Group

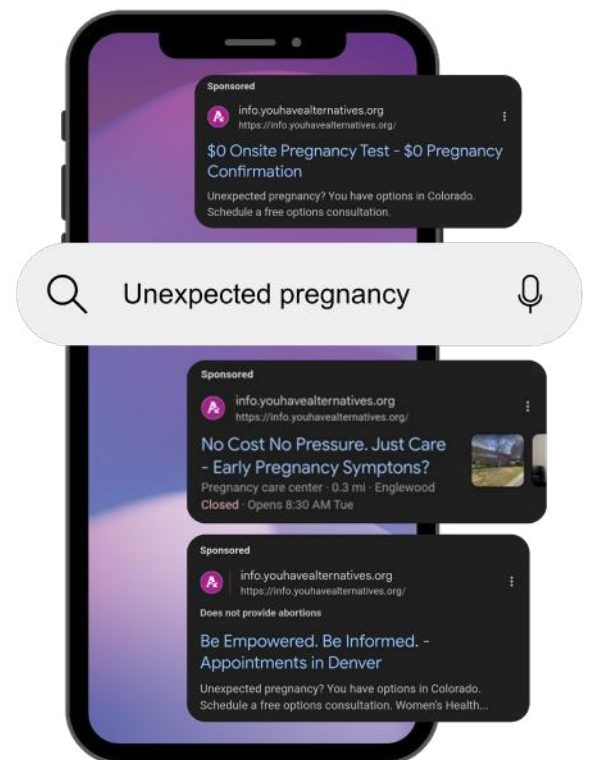


“

The help and support I received was more than I needed and I will 100% recommend to any family

Over 70%

of people find
Alternatives through
Google and Internet
search





*re than I could have ever imagined. Incredible staff
y or friend in need of assistance and guidance.*

– Anonymous Client

Connect with Us!

Many of our clients find Alternatives through word of mouth from trusted family and friends. Help us reach even more lives by following and sharing our message on social media!

ALTERNATIVES
PREGNANCY CENTER

MY CHOICE
My Story

PROMISING FUTURE



@youhavealternatives



@mychoice.mystory



@apromisingfuture



COMMUNITY SUPPORT

Alternatives is blessed to have passionate and dedicated volunteer partners throughout the year, we saw their humility, desire to bring glory to God and their beautiful expression of servanthood.



“Every volunteer position has a purpose and brings incredible value to the work at Alternatives. We see the amazing and impactful work they do every day.”

— Aspen Graber
Volunteer Development Manager



2024 Highlights

6,084

Hours of Service Through the 24-Hour Helpline, Mentoring, Licensed Medical Care, Office Support, Events and Community Engagement

\$240,478

The Approximate Combined Contribution of Service Provided by Alternatives Volunteers

142
Volunteers

456
Medical
Professional Hours



FUNDRAISING



Staff and volunteers participated in the first annual Colorado March for Life to raise funds and awareness for the critical services Alternatives provides to the community!



Every January and February, Alternatives honors the dignity of life on and around Sanctity of Human Life Sunday. Alternatives joined with Denver area churches in voicing support for life. Over 30 congregations participated in the annual baby bottle fundraising campaign or had Alternatives staff members speak about the sanctity of life and services Alternatives offers.

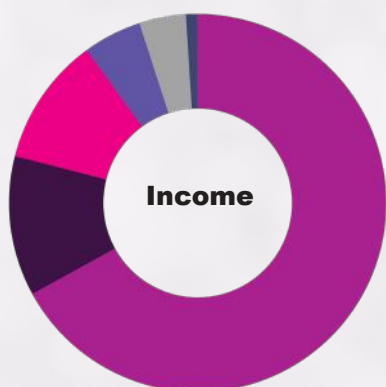


In September, Alternatives celebrated the upcoming opening of our Arvada clinic at The Wellness Center at The Bridge, next to Revive Church. The evening was an opportunity for people to catch the vision of bringing free life-affirming services to north Denver.



YOUR SUPPORT MAKES IMPACT POSSIBLE

FINANCIAL REPORT & D



67%	Individuals	\$1,677,019
12%	Churches	\$292,814
11%	Foundations	\$282,350
5%	Businesses	\$114,505
1%	Workplace Giving	\$33,024
4%	Other Income	\$97,607

TOTAL

\$2,497,319*



85%	Program	\$2,508,416
7%	Fundraising	\$195,269
8%	Admin	\$237,490

TOTAL

\$2,941,175*



51%	Mom & Baby Gift Donations	\$54,306
49%	Medical & Counseling Donated Services	\$51,996

TOTAL

\$106,302*

*Numbers reflect audited financials
Alternatives Pregnancy Center is a 501(c)3 non-profit organization. EIN – 74-2218129



DEMOGRAPHICS

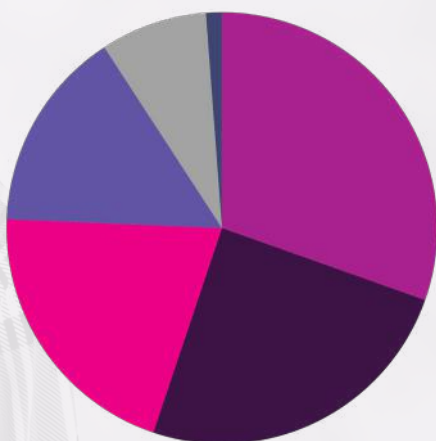
3,195

OVERALL PEOPLE SERVED

Clients, Patients, Parents, Students & 24-Hour Helpline Callers

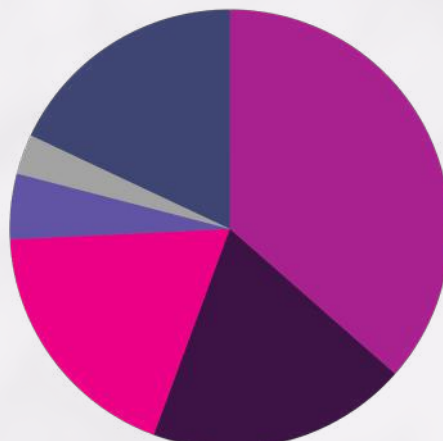
Age

● 25 to 29 ● 20 to 24 ● 30-24 ● 35 or older
● 19 or younger ● Unknown



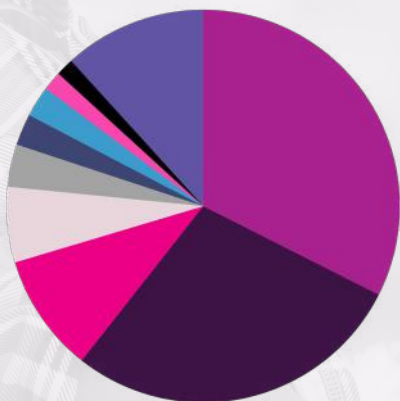
Marital Status

● Single ● Living Together ● Married
● Engaged ● Divorced ● Other



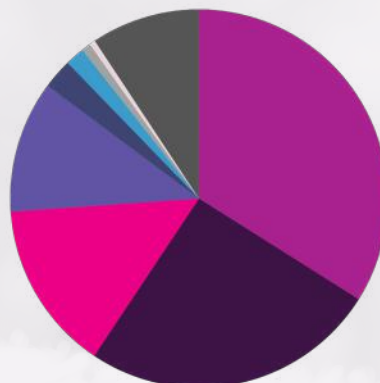
Race

● Hispanic ● Caucasian ● African American
● Multi-Racial ● Asian ● African
● Native American ● Native Hawaiian/Other Pacific Islander
● Arab, Caribbean, Middle East or Alaskan Native ● Other



Religion

● Christian ● None ● Catholic
● Unknown ● Muslim/Islam
● Atheist ● Hindu ● Buddhist
● Other



Church Partners & Community Supporters

Thank you to this incredible group of faithful partners and organizations. You enable us to serve with care and compassion.

Churches

Arapahoe Road Baptist Church
Ave Maria Catholic Church
Beth Eden Baptist Church
Bethany Evangelical Free Church
Brave Church
BridgeWay Church of Denver
Busy Bee Preschool
Calvary Chapel Castle Rock
Calvary Chapel Cherry Creek
Calvary Church Aurora
Calvary Denver Downtown
Calvary Redeeming Grace
Calvary West Littleton
Castlewood Canyon Church
Central Baptist Church
Cherry Creek Presbyterian Church
Cherry Hills Community Church
Christ Community Covenant Church
Christ on the Mountain Catholic Church
Christian Church of Broomfield
ChristLife Community Church
Colorado Community Church
Covenant Presbyterian Church
Creskide Bible Church
Crossroads Community Church
Denver United Church
Elizabeth Presbyterian Church
Emmaus Anglican Church
Encompass Church
Encounter Church
Faith Presbyterian Church

Fathom Church
Fellowship Community Church
First Baptist Church of Golden
Flatirons Community Church
Foothills Calvary
Grace Chapel
Grace Chapel Castle Rock
GracePoint Community Church
Greenwood Community Church
Highlands Baptist Church
Holy Cross Lutheran Church
Horizon Christian Fellowship
Journey Church
Jubilee Fellowship Church
King of Kings Lutheran Church
Lakewood Christian Fellowship
Lifegate Denver
Light of the World Catholic Church
Littleton Bible Chapel
Living Way Fellowship
Majestic View Church
Metro Life Church
Mission Hills Church
New Beginning Community Church
New Life Community Church
Notre Dame Catholic Church
Orchard Bible Church
Our Father Lutheran Church
Our Lady of Fatima Catholic Church
Park Church
Parker Evangelical Presbyterian Church

Pax Christi Catholic Church
Peace Lutheran Church
Plum Creek Church
Red Rocks Baptist Church
Red Rocks Church Arvada
Redeemer Community Church
Redemption Hills Church
Reformation Church of Elizabeth
Revive Church
Risen Christ Catholic Church
Rocky Mountain Baptist Church
Saint Patrick Presbyterian Church
Shepherd of the Hills Lutheran Church
Southeast Christian Church
Spirit of Christ Catholic Church
Spirit of Hope Lutheran Church, LCMC
St. John's Church
St. Frances Cabrini Parish
St. Joan of Arc Catholic Church
St. Jude Catholic Church
St. Mary's Anglican Catholic Church
Summit Church
The Sanctuary Denver
Thrive Church
Trinity Church Denver
Trinity Lutheran Church
West Bowles Community Church
Whispering Pines Evangelical Free Church
Windsor Gardens Church





Knights of Columbus

Ave Maria Knights of Columbus Council #7880
Knights of Columbus #13301 Our Lady of The Luminous Mysteries
Knights of Columbus Charities, Inc.
Monsignor J. Roy Figliano Council #3285
Our Lady of Fatima Knights of Columbus #9597
St. Jude Knights of Columbus #16052

In-Kind Donation Groups

Clement's Sewing Group
Deer Creek MOPS
Greenwood MOPS Group
Lutheran High School
Project Linus
The Solomon Foundation

Community Meetings

Aurora Health Alliance
Pregnancy Resource Network
Aurora Community of Faith
Douglas County Community of Care Network
Power of Partnership
Community Resource Network
Southwest Denver Coalition
Human Trafficking/Jefferson County Human Services
Suicide Prevention/CCU & Jefferson Center for Mental Health
American Association of Pro-Life OBGYNs
Prolife Coalition

Community Agencies

A Precious Child
Bella Health and Wellness
Benefits in Action
Beyond Home
Blue Bench
Busy Bee Preschool
CarePortal
Colorado Christian Services
Cornerstone Family Practice
Cross Purpose
Haven's Hope
Hope House
Hope's Promise
Inner City Health Center
Jesus on Colfax
Joshua Station
Justice and Mercy Legal Aid Center
Love INC. of Littleton
Marisol Family
Marisol Health
Marisol Homes
Marisol Miles the Diaper Mobile
Mile High Family Medicine
More Life Community Center
MotherWise Colorado
Nurse Family Partnership
Salud
Samaritan House
Southwest Denver Coalition
Tepayac Community Health
Thrive Transformation at Work
Vivent Health
Warren Village



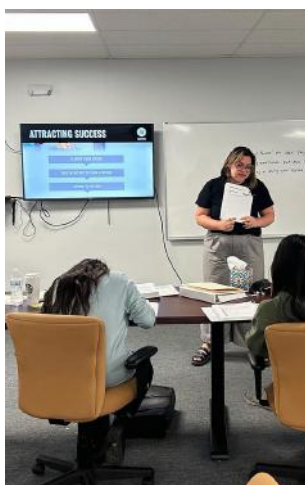


School and Community Partners

Adams City High School
 Adams City Middle School
 Arapahoe High School
 Arapahoe/Douglas Works!
 Aurora Police Department
 Chaparral High School
 Columbine High School
 Dakota Ridge High School
 Denver County Offices
 Denver Dream Center Adopt-A-Block
 Denver Street School
 Emmaus Anglican Church
 Forum Family Medicine
 Front Range Christian School
 Golden High School
 Hope House
 Hotchkiss K-8 School
 Hotchkiss Middle School
 Inner City Health
 Lifespan Local
 Lone Tree OB/GYN & Midwives
 MIEL
 New Legacy Charter School
 Our Lady of Hope Medical Clinic
 Pueblo Probation Officers
 Restoration Outreach Programs
 Rock Canyon High School

Rocky Mountain Diaper Depot
 Save Our Youth
 SkyView Academy (K-12)
 Smoky Hill High School
 Southeast Christian School
 Southwest Denver Coalition
 St. John's School
 STEM School Highlands Ranch (K-12)
 Susan Greer
 The Cline Center/Center for Pregnancy Choices
 The Happy Crew
 Thunder Ridge High School
 Urban Peak
 Urban Youth Ministries
 Women's Resource Center of the Rockies
 World Compass Academy (K-8)

We are honored to continue our partnerships with local organizations and schools. Through *The Diamond Standard* curriculum, high school and middle school students developed healthier ways to engage with parents, peers, teachers and their communities.



Because of Your Generosity, We Get to See Lives Changed!

Thanks to your generous support, Alternatives Pregnancy Center now serves women and families in four locations—Downtown Denver, Aurora, Inverness/Englewood, and our newest clinic in Arvada. Your partnership made this expansion possible, and every new door opened means more lives reached with compassion, care and hope. We couldn't do this without you. Thank you!

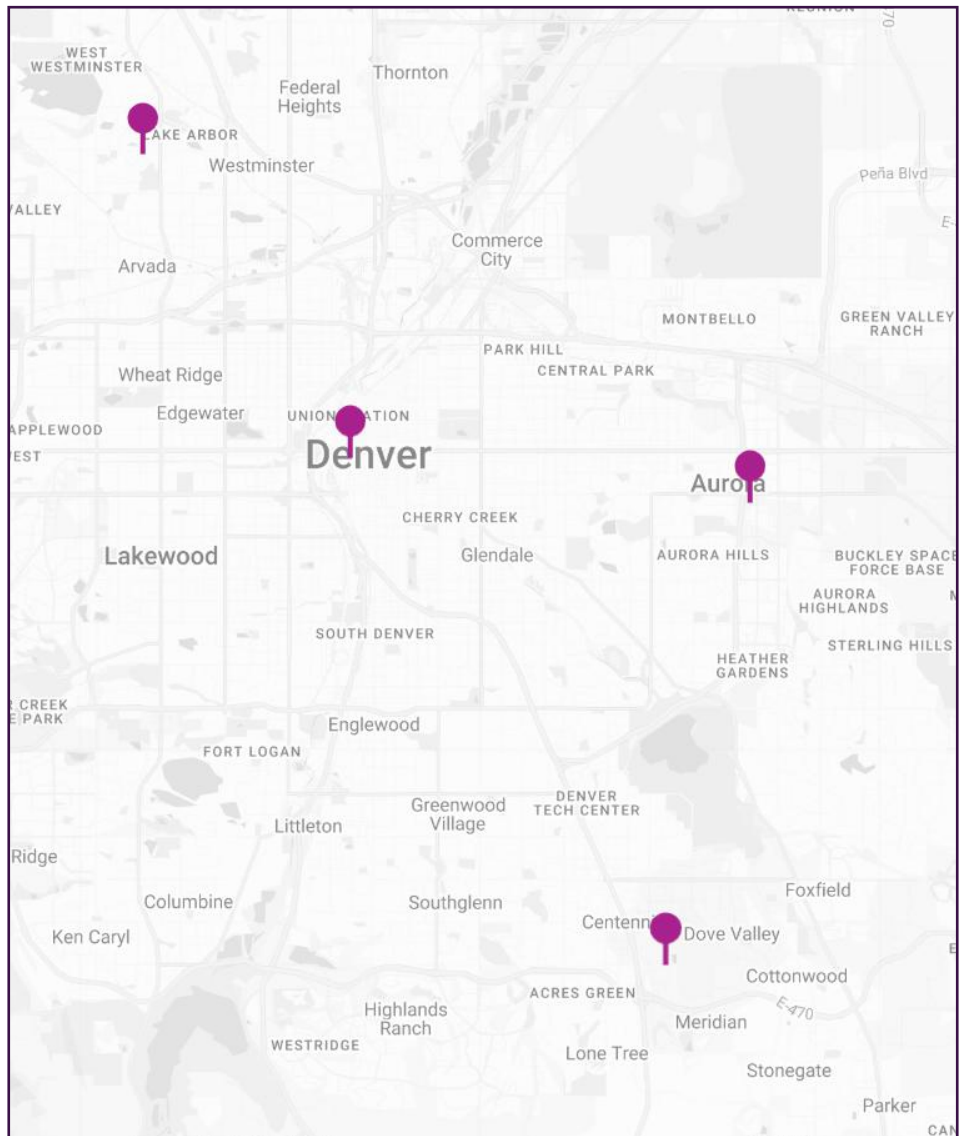


Alternatives at The Bridge Sponsors

The Solomon Foundation
Crossroads Community Church
Revive Church
Highlands Baptist Church
Southeast Christian Church
St. John's Church
Los Arcos
Greenwood Community Church
Parker Evangelical Presbyterian Church
Emmaus Anglican Church
Trinity Church Denver
Red Rocks Baptist Church
Knights of Columbus Council – Brighton, CO

Family Sponsors

The Jacquot Family
The Pace Family
The Minardi Family
Jim and Donna Downum
In Honor of 50 Years of Marriage
The Sumerlin Family
In Honor of Emma Grace
The Yockey Family
In Memory of Maureen Yockey
Anonymous Families



STAFF & LEADERSHIP



DR. ASHLEY GRAVES
Executive Director



ALEX PANIAGUA, MA
Director of Operations & Finance



ALEX SOPOCY
Program Director
A Promising Future



ALICIA BIGGS, MA, M. ED
Teacher and Community
Connector



AMBER HAVEKOST, MA, LPC, BCC
Director of Counseling
After Abortion



ANISIA BREMERMAN, M. DIV.
Executive Team Assistant



ANNA FREIDE, RN, BSN
Staff Nurse



ASPEN GRABER
Volunteer Development Manager



BRITTANY WIXSOM, MSW
Community Navigator



CHINAZO DUMAS, MSW
Director of Client Services
Aurora



CHRISTY PETERSON
Executive Assistant



CRYSTAL RATCLIFF
Office Manager



ETHAN VAN BUSKIRK, MATS
Men's Program Director



HEIDI CASSFORD
Human Resources Coordinator



JULIE GRASMAN, MA, ACC
Director of Counseling Services
Director of Client Services—
Inverness



KATHY CULLIS, MA, LPC
Clinical Supervisor



KENDRA SCHAFER
Director of Database
Analysis



KIM BLOOM, RDMS
Sonographer



LAILA LAFROMBOIS
Teacher and Community
Connector



LAUREL ROGERS
Client Services Associate
Downtown Denver



LETICIA HIGDON, MNM

Director of Client
Operations



LORI ANN SATRIANO ARFSTEN

Director of Communications &
Community Engagement



LUBA HYLEN, RDMS

Sonographer



MARCELA LOZOYA

Client Services Associate &
Hispanic Outreach



MEREDITH HOWARD, MA

Client Services Associate
Inverness



MICHELLE CHABOT, MA, LPC, NPC

Helpline Manager



MIKE RICE

Director of Development



MYA FRENCH, MA

Communications Associate



NOELIA BERNAL

Appointment Scheduler



RACHEL BUTERBAUGH

Client Services Associate
Arvada



REEMA MONDAL, MA, LPCC

Director of Client Services
Arvada



SANDY FULLER

Momma Mentoring Manager



SARAH BROMIEL, RN

Staff Nurse



SARAH NORMAN, RN, BSN

Nurse Manager



SARAH PROSISE

Development &
Digital Asset Manager



STACI HELSETH

Director of Client Services
Downtown Denver

Board of Directors

Blake Burget, Chair

Toni Winkler, Vice Chair

Andrew Aymami, Treasurer

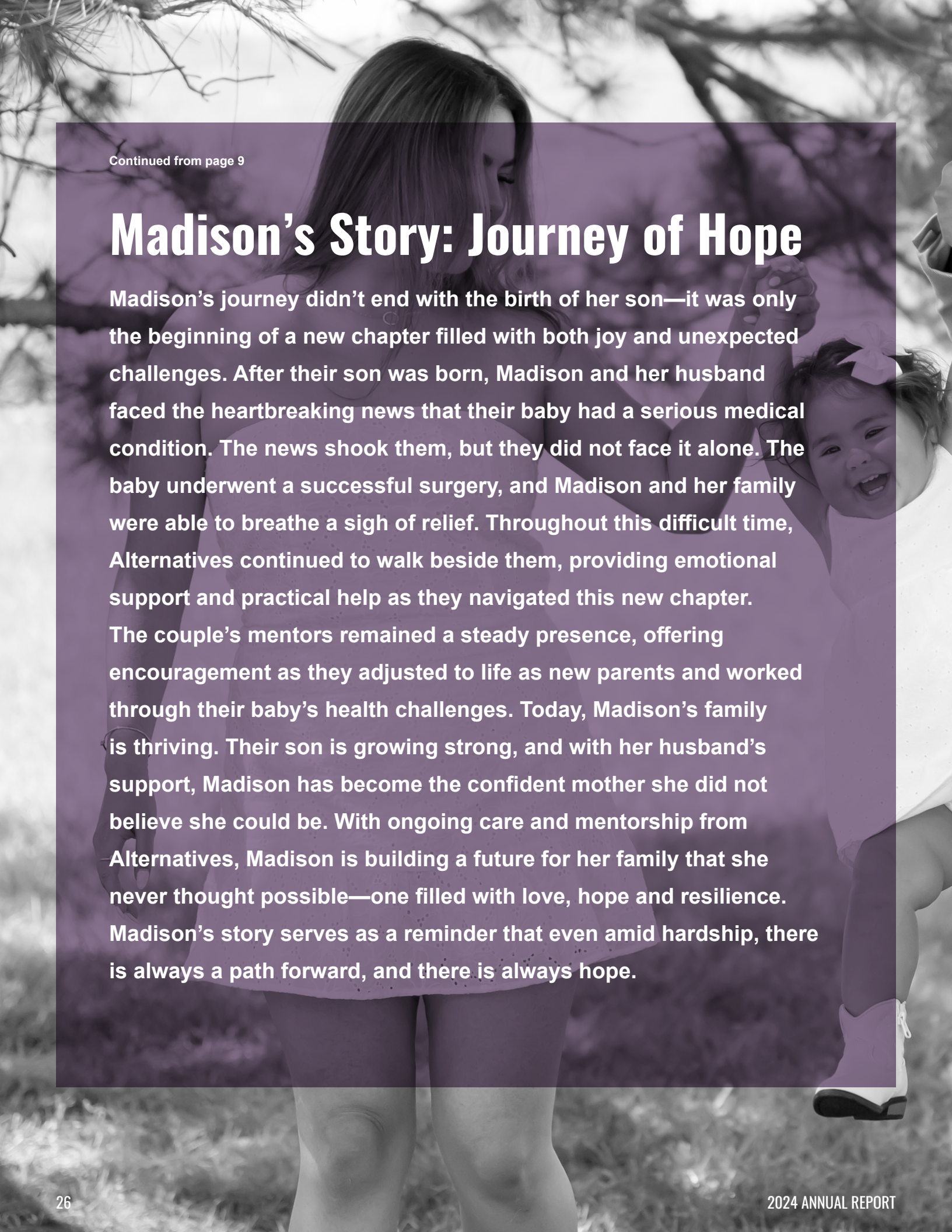
Mikayle Scheffel, J.D., Secretary

Lauren Castillo, Member

Greg Gast, SPHR, Member

Rene Larkin, J.D., Member

Dr. David Martinez, MD, Member

A black and white photograph of a woman with long dark hair, seen from the back, holding a young child in her arms. They are standing in a field with trees in the background. The image is partially covered by a purple semi-transparent box containing text.

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Madison's Story: Journey of Hope

Madison's journey didn't end with the birth of her son—it was only the beginning of a new chapter filled with both joy and unexpected challenges. After their son was born, Madison and her husband faced the heartbreaking news that their baby had a serious medical condition. The news shook them, but they did not face it alone. The baby underwent a successful surgery, and Madison and her family were able to breathe a sigh of relief. Throughout this difficult time, Alternatives continued to walk beside them, providing emotional support and practical help as they navigated this new chapter. The couple's mentors remained a steady presence, offering encouragement as they adjusted to life as new parents and worked through their baby's health challenges. Today, Madison's family is thriving. Their son is growing strong, and with her husband's support, Madison has become the confident mother she did not believe she could be. With ongoing care and mentorship from Alternatives, Madison is building a future for her family that she never thought possible—one filled with love, hope and resilience. Madison's story serves as a reminder that even amid hardship, there is always a path forward, and there is always hope.

A Letter From Our Executive Director

In the last quarter of 2024, I was honored to join the incredible team at Alternatives. As someone who has consulted for pregnancy resource centers nationwide, I can confidently say that Alternatives delivers exceptional services. The excellence of care offered at Alternatives drew me to the role of Executive Director.

It is essential for you, our valued partners, to grasp what truly distinguishes Alternatives from other pregnancy centers. The impressive number of our team members holding graduate degrees (38% of our staff) is a testament to our commitment to professionalism, something many nonprofits struggle to achieve.

At Alternatives, we have Master's-level professionals directly working with clients, a privilege not commonly found in most pregnancy resource centers. Moreover, our dedicated social workers ensure that we stay current on the latest resources for our clients, allowing us to provide top-notch support. Our Counseling After Abortion program is another cornerstone of our services, led by a Licensed Professional Counselor who offers personalized care to countless individuals navigating the brutal aftermath of abortion.

Together, we form a cohesive team united by a shared vision: to assist women and men in managing the complexities of unplanned pregnancies. This mission drives us, and I am incredibly thankful for the chance to fight this battle in Colorado. Many individuals do not yet know their value and identity, and the hope available through the grace and forgiveness of Jesus Christ. The urgency of our work cannot be overstated. We must continue to push forward, and we cannot achieve this without the generosity of friends like you.

As we look towards 2026, Alternatives is excited to begin offering prenatal care to our clients. We are investing in additional counselors for our Counseling

After Abortion program, allowing many more people to receive assistance. Finally, to stay up to date, we need to replace aging technology, which includes our ultrasound machines. God is using this team in mighty ways, and we cannot wait to see all that the Lord has in store for us.

Many people ask how they can engage with our mission at Alternatives. Here are several impactful ways you can make a difference:

PRAY – We are in a spiritual battle, facing attacks on our families, marriages, and ministry. I encourage you to cover every team member and board member in prayer as we navigate these challenges.

VOLUNTEER – Time is our most precious asset in today's world, especially with the decline in volunteers since COVID-19. Numerous volunteer opportunities are available, so please reach out to find out how you can join our team.

GIVE – Alternatives is a registered 501(c)(3) organization that thrives on the generosity of our donors. A significant portion of our funding comes from individuals who believe in our mission. Your support can help us continue this crucial work!

I know you can invest in countless ministries that accomplish great work for the Kingdom, and our team considers it a great honor when people choose to partner with us. We do not take that trust lightly. Because of you, Alternatives can reach and touch the lives of women and men who need support, love and compassion.

Sincerely,



A handwritten signature in dark ink, reading "A. Graves". The signature is fluid and cursive.

Dr. Ashley Graves
Executive Director



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