



Sewa UK News

June 2023

Welcome to Sewa UK News, bringing you the latest news and updates on activities from across the country and globe. This update includes:

1. **Adventure4Sewa:** Yorkshire 3 Peaks, Kedarnath Trek
2. **Cycle4Sewa:** [Registration Now Open](#)
3. **Medics4Sewa:** Chitrakoot Dental Unit
4. **Youth4Sewa:** [Register Now](#)
5. **Sustainable Sewa** - Our Impact
6. **Ukraine Support:** Corporate Support

Stay tuned for more updates.

In your service

Sewa UK Team

Adventure4Sewa: Yorkshire 3 Peaks - A record breaking success with over 800 participants and raising over £10,000 for Sewa UK projects.

Article: It started with a team building exercise (setting up tents/chairs/tables) and ended with a marathon walk of **24miles** long that took **13hrs** and **65000 steps** as per my All-Trails app!

What a weekend treats for a valuable cause on 28th May 23. The Yorkshire 3 Peaks (Y3P) challenge instigated by Satish Shah the Charity Through Adventure (CTA) initiative by Sewa UK had for the first time over 800 attendees!

I did not realise the scale of the task involved in the planning, organising and execution of this event till on the day. This was my third Trek (first time for Y3P, and in 2022 Wales and Ganges trek), and I thoroughly enjoyed it. The sense of teamwork with the volunteers was incredible and

the turnout was amazing. Participants had come from Peterborough, Slough, Rugby, Milton Keynes, Sutton, Leicester, Leeds, Huddersfield, Glasgow and London. Everyone was in high spirit on the day and the British weather added the “icing on the cake”. The sky was clear with few clouds around.

I made new friends with people from various parts of the country who had come to Y3P to face the challenge and more importantly to raise valuable funds for Sewa UK.

Satishbhai has managed and organised this event for the last **17 years** and the number of participants has increased year on year. A record participant of **805** (75% Male and 25% Female) took part this year. The youngest person to finish all 3 peaks was from Leeds and aged 11-year boy.

As a member of Sewa UK team, I felt that we had achieved our aim by the various participants undertaking the demanding challenges whilst raising money for humanitarian cause.

This event would not have been manageable without the active participants of the volunteers who were the backbone of the support team, THANK YOU VERY MUCH!

Bimal Gandhi

See [Picture Gallery](#)



Adventure4Sewa - Well done to the brave trekkers who completed Kedarnath Yatra Trek 10 to 18 June 2023.

Participants Satish Shah, Hridesh Gupta, Balwant Mistry and Navin Mistry.

First 4 days walking and acclimatising in the beautiful countryside, crossing many rivers up to 3850m. Next river crossing, cold icy water, boots off which was a hair-raising experience. Next four days walking and camping on snow to Masar Tal, Masar Glacier, Mayali Pass at 5300m to Vasuki Tal and looking at Kedarnath from high up was mind blowing or heaven sent. The deep snow step by step, breath by breath. Tents on ice. Well done to the courageous 4!



Cycle4Sewa - Registration now open - 3 Sep 2023,
Nationwide Virtual Event and In-Person London Event. Get
your family and friends involved for a fun filled day. Click
on image for further details.



**Medics4Sewa - Chitrakoot - Construction has started for
the new Dental facilities which will be supported by all the
donations received from the Rickshaw Run challenge in
Dec 23.**



Youth4Sewa - is an unpaid summer internship connecting dynamic individuals from diverse backgrounds with NGOs in India and the UK. Interested? Register now



Register for **Youth4Sewa**

Youth4Sewa is an unpaid summer internship connecting dynamic individuals from diverse backgrounds with NGOs in India and the UK. It's a collaboration between Sewa UK and National Hindu Students Forum (NHSF). Youth4Sewa cultivates and develops a spirit of Sewa (selfless service) and inspires individuals to work for the wellbeing of humanity.

Register

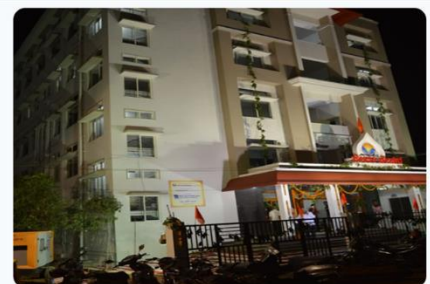
Sustainable Sewa: Do have a look at the tremendous amount of work and activities Sewa UK has contributed to over the years, from constructing rehabilitation centres to medical centres and hostels. Click image below



Samsdrusti Trust



Divya School-Jawhar



Divya Arunodaya School-Gadag



Sanvedana Divya Rehabilitation Centre-Latur

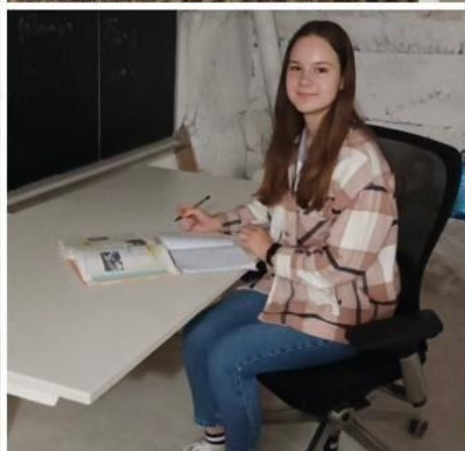


Cochlea Pune



Dolakha Chhatravas (Boy's hostel) Construction Project

Ukraine Update: Office Furniture donated by Cheniere Energy - London has been transported to various institutions, organisations, orphanages, hospices and centres across Ukraine affected by the war. Sewa UK & Sewa Europe have worked with our volunteers on the ground in Ukraine to get the furniture delivered to the needy. Thank you, team Cheniere and Ukraine volunteers!



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