



ROTARY RIVERWALK PARK

DES MOINES PARKS AND RECREATION

Activities Guide

SPRING/SUMMER 2025

Facility Rental Deadline

Ten days before the event date.

Refund/Cancellation/Transfer Policy

Refunds will not be made on any cancellation unless notice has been given to the Parks & Recreation Call Center at 237-1386 AT LEAST 10 days prior to the date of the reservation or start of the program. No refunds/rescheduling for inclement weather on the day of a facility rental. There is a \$10 processing fee for transfers or cancellation (rentals under \$100) and a \$30 processing fee for transfers or cancellations (rentals over \$100). If less than 10-day notice, you forfeit all fees.

Program Cancellations

Events and programs in this guide may change due to availability, interest, date conflicts, unforeseen circumstances, and public health concerns. For the latest updates, please check online.

Registration Reminders

Participants' age must fall within age requirements by the program's beginning date. Participants are not registered until payment is received.

Accommodations

If you need special accommodations to participate, please contact our office by phone or in writing. We are waiting to serve you.

Please Note

Participants in any program assume full responsibility for any risk, implicit or direct, by participation in said activity or utilizing facilities. You are advised that the City does not provide medical insurance covering injuries to participants.

Photographs

Photographs taken during programs, events, or at facilities could be used for future communications, marketing and public relations efforts, including social media.

Weather Cancellations

There will be no Parks & Recreation youth activities when Des Moines Public schools are (1) dismissed early or (2) canceled for the day due to heat or winter storms. All efforts will be made to make an announcement as soon as possible.

Parks and Recreation Information



Des Moines Parks and Recreation Office

1551 E. Martin Luther King Jr. Pkwy
Des Moines, Iowa 50317

515-237-1386
parks@dmgov.org

Hours

M - F: 8 a.m. - 5 p.m.



KNOW BEFORE YOU GO!

Text any of the following keywords
to 84483 to sign up for updates.

DSMEvents DSMPopUp
DSMPools DSMVolunteers
DSMSports BrentonSkating
DSMTrails

Explore our programs and register
online at dmparks.org



About Us

The Des Moines Parks and Recreation Department was established in 1892 and is responsible for the management of 77 parks, 4,000+ acres of land, 88 miles of trails, 8 cemeteries, 2 Community Recreation Centers, and much more! Des Moines Parks and Recreation is committed to providing opportunities for people of all races, genders, and abilities across our community.

Parks and Recreation Board

Maria Alonzo-Diaz	George Davis
Brooke Avila	Erin Lowe
Marc Beltrame	Sarah Lohmeier
James Bollard	Brent Millis
Barb Bremner	Lloyd Ogle
Debra Chiodo	Joel Potter
Jack Daugherty	William Thompson
Andrea Woodard (Chair)	

Our Mission

Helping Des Moines live well, play hard and protect the earth.



Message from the Director: Ben Page

At Des Moines Parks and Recreation, we take great pride in offering a diverse range of activities and events designed to bring our community together. Whether you're a sports enthusiast, an art lover, a nature adventurer, or simply looking for ways to stay active and connected, we have something for everyone. From cooling off at our aquatic facilities and participating in adaptive programming to engaging with our new programs such as the Park-N-Play Mobile Recreation Vehicle, our team is committed to providing meaningful experiences for all ages and abilities.

Our parks, trails, and facilities are more than just spaces for recreation—they are places where friendships are formed, wellness is fostered, and lifelong memories are made. This season, I invite you to explore all that Des Moines Parks and Recreation has to offer. Join us for an exciting lineup of programs and events, and experience the joy of being part of a thriving, connected community.

On behalf of our entire team, thank you for your continued support and participation. We look forward to seeing you out there!



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Table of Contents

Rentals	5	
Scholarship Programs	6	
Adapted Programs	7	
Aquatics	9	
Athletics	13	
Cemeteries	19	
Community Gardens	20	
Community Recreation Centers	21	
Dog Parks	23	
Gray's Lake Park	24	
Nature Programs	25	
Park-N-Play Mobile Recreation	28	
Special Events	29	
Summer Camp	32	
Volunteer	33	

Rentals

Rental Instructions



Planning a special event? Check out the wide variety of facilities available from Des Moines Parks and Recreation. No matter what you are planning, we offer multiple sizes of venues to meet your needs.

Available Facilities:

- Amphitheaters
- Aquatic Centers, Swimming Pools, and Wading Pool
- Brenton Skating Plaza
- Christine Hensley Terrace at Gray's Lake (closed for 2025 season)
- Community Recreation Center Multi-Purpose Rooms and Gyms
- Enclosed and Open Air Shelters
- Floral Gardens
- Golf Course Banquet Rooms
- Hub Spot
- Open Spaces
- Prairie Meadows Riviera Amphitheater at Riverview Park
- Sports Courts
- Sports Parks
- Trails

Plan ahead for the best opportunity to reserve your preferred location and date. Facility reservations are available one year in advance. Review pricing and options online at dmparks.org.





Scholarship Programs

Des Moines Parks and Recreation offers two different scholarships.

Greater Des Moines Recreational Activity Scholarship Program (GRASP)

Discount program for families to receive 50–75% off recreational activities offered through Des Moines Parks and Recreation.

Youth Recreational Scholarship Program (YRSP)

Offered in partnership with Des Moines Public Schools (DMPS) and allows students to receive \$5 swim lessons and/or youth sport experiences.

Qualification Criteria

Des Moines residents with a qualifying household income. Total income based on number in household. For family sizes exceeding 8, add \$12,850 for each additional person.

Family Size	Income
1	\$37,650
2	\$51,100
3	\$64,550
4	\$78,000
5	\$91,450
6	\$104,900
7	\$118,350
8	\$131,800

Students enrolled in Des Moines Public Schools who qualify for free and reduced fees based on their household income.

Eligibility Verification

Verification of total income through IMPACT Community Action Partnership using approved list of documents (i.e. paycheck, taxes, etc.).

Call (515) 518-4770 to set up an appointment with IMPACT at one of their two locations.

Opt-in for Des Moines scholarship program via DMPS website. Promoted during annual enrollment. Available anytime on DMPS website.

Registration

After obtaining a GRASP card from IMPACT Community Action Partnership, community members can activate registration discounts through CivicRec by contacting the Des Moines Parks and Recreation Administration Office.

To confirm the child's eligibility on the approved DMPS list (opt-in required first), please reach out to Des Moines Parks and Recreation Office. Once verified, participant accounts will be updated, enabling electronic registration via CivicRec.

Discounts & Benefits

Both GRASP & YRSP: \$5 Youth Sports Registrations for grades K - 7 Including all sports except Tennis/Cheerleading

Both GRASP & YRSP: \$5 Swim Lessons for grades K - 12

GRASP Only: \$5 PeeWee Sports Registrations for ages 3 - 5

GRASP Only: \$5 Swim Lessons for infant - 5 years

GRASP Only: 50% off open-air shelters and boat or bike rentals at Gray's Lake Park

GRASP Only: 75% or more off season swim passes and community garden plot

GRASP Only: (1) FREE child admission with a paid adult admission to Brenton Skating Plaza, Science Center and Blank Park Zoo

Adapted Programs

Sports

[Learn More](#)



Baseball

This 4-week Adapted Baseball program in partnership with Can Play offers a range of physical, emotional, and social benefits for children with disabilities or chronic health issues. This program is specifically designed to accommodate individual needs and abilities, ensuring that all children have the opportunity to learn baseball skills and game play adapted to their individual needs.

Session	Day(s)	Ages	Time	Location	Cost
1	Mondays; 5/5 - 5/26	7-10	5:30 - 6:15 p.m.	TBD	FREE
2	Mondays; 6/2 - 6/23	11-16	6:30 - 7:15 p.m.		

Soccer

This 4-week Adaptive Co-Ed Soccer program, in partnership with Can Play, provides physical, social, and emotional benefits for children with disabilities or chronic health conditions. Designed to support individual abilities, this program offers a fun and supportive environment where participants can develop soccer skills and enjoy gameplay adapted to their needs.

Session	Day(s)	Ages	Time	Location	Cost
1	Tuesdays; 7/1 - 7/22	Ages 7 - 10	5:30 - 6:15 p.m.	Tower Park	FREE
2	Tuesdays; 8/5 - 8/26	Ages 11 - 16	6:30 - 7:15 p.m.		

Flag Football

This 4-week Adapted Flag Football program in partnership with Can Play offers a range of physical, emotional, and social benefits for children with disabilities or chronic health issues. This program is specifically designed to accommodate individual needs and abilities, ensuring that all children have the opportunity to learn football skills and game play adapted to their individual needs.

Session	Day(s)	Ages	Time	Location	Cost
1	TBD	Ages 7- 10	5:30 - 6:15 p.m.	TBD	FREE
2	TBD	Ages 11 - 16	6:30 - 7:15 p.m.		

Floor Hockey - Coming Soon!

Session	Day(s)	Time	Location	Cost
1	TBD	TBD	TBD	FREE
2				

Track and Field - Coming Soon!

Session	Day(s)	Time	Location	Cost
1	TBD	TBD	TBD	FREE
2				



Camps

Summer Camp

Join us for four days of exciting adapted sensory activities! Each day features a new activity at a different location, providing a fun and engaging experience for your child. Participants will explore activities designed around adaptability, fostering confidence and new skills. This program is thoughtfully designed to accommodate individual needs and abilities, ensuring that every child has the opportunity to learn and participate in a way that works best for them.

Day(s)	Ages	Time	Location	Cost
6/23 - 6/27	7 - 15	10:30 - 11:45 a.m.	Various	FREE

Kayak Camp

Please join us in celebrating inclusivity and teamwork with the Adapted Youth Kayak Camp. Designed to provide inclusive activities for youth and the community, this initiative promotes camaraderie, skill development, and fun for all. The first day of camp will be held at Nahas Aquatic Center where campers will learn the fundamentals of kayaking. The second day of camp, we transition out to Gray's Lake where the campers will take their new skills out onto the lake.

Session	Ages	Day(s)	Time	Location(s)	Cost
1	10 - 16	6/3 - 6/4	9:00 - 10:30 a.m.	Nahas Aquatic Center and Gray's Lake	FREE
2		8/5 - 8/6			

Aquatics

Learn More



Before You Go

With TWO swimming pools, THREE family aquatic centers, FOUR splash pools, a wading pool and 17 spraygrounds under our care, we offer an ideal cooling spot for all.

Stay informed about open hours, which are weather-dependent, by visiting DSM.city/Aquatics or texting “DSMPOOLS” to 84483 for text alerts.

Admission - Pools & Aquatic Centers

Age	Cost
2 and Under	FREE
3 - 8, 60+	\$3
19 - 59	\$5



Memorial Day Weekend

Teachout Aquatic Center will open for Memorial Day weekend prior to the normal season opening on June 7.

Date	Time
5/24	11:30 a.m. - 6 p.m.
5/25	1 - 5 p.m.
5/26	1 - 6:30 p.m.

Pre-Season Weekend

All Family Aquatic Centers and Swimming Pools will open for the weekend prior to the normal season opening June 7.

Date	Time
5/31	11:30 a.m. - 6 p.m.
6/1	1 - 5 p.m.



JUNE 2025						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5
OPENING DAY						



Normal Season Hours

Interactive Map



Swimming Pools: \$ Ashworth & Birdland

Pre-Season Weekend May 31 - June 1
June 7 - August 10

Monday - Friday	1 - 6:30 p.m.
Saturday	1 - 6 p.m.
Sunday	1 - 5 p.m.

Family Aquatic Centers: \$ Nahas, Northwest & Teachout

Pre-Season Weekend May 31 - June 1

Monday - Friday 6/9 - 7/4	1 - 6:30 p.m.
Monday - Friday 7/7 - 8/8	1 - 7:30 p.m.
Saturday 7/5 - 8/9	11:30 a.m. - 6 p.m.
Sunday 7/6 - 8/10	1 - 5 p.m.



Wading Pool: FREE Ashfield Park

June 9 - August 6

Monday - Friday	10 a.m. - 5 p.m.
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Splash Pools: FREE

- Ashby Park • Crivaro Park
- MLK Jr. Park • Union Park

Memorial Day Weekend May 24- 26

Pre-Season Weekend May 31 - June 1

Regular Season June 7 - August 10

Ashby & MLK Jr. Park open through Sept. 1

Monday - Friday	10 a.m. - 7 p.m.
Sat/Sun/Holidays	12 - 6 p.m.



Spraygrounds: FREE

Open Daily: May 31 - September 30 9 a.m. - 8 p.m.

- Bates Park • Greenwood Park
- Burke Park • MacRae Park
- Chesterfield Park • McHenry Park
- Columbus Park • Sargent Park
- Drake Park • Sheridan Park
- E.K. Davis Park • Stone Park
- Fairmont Park • Tower Park
- Good Park • Woodlawn Park
- Grandview Park

*For the most up-to-date hours by location and facility type, please visit [DSM.city/Aquatics](https://www.dsm.city/Aquatics)

Special Events, Programs & Discount Days

Private Pool Rentals

Rent one of our aquatic facilities for your next event. Rentals are available to all persons, organizations, clubs and youth groups. Reservations are arranged on a first-come, first-served basis and depends on the availability of staff. Visit the online registration page for private rental availability beginning April 1, and rentals must be made 10 days in advance.

Location	Registration Period	Rental Period	Cost
All Pools	4/1 - 7/17	6/14 - 7/27	\$175/per hour (2-hour block)

Swim Lessons

American Red Cross classes available from six months to adults. Sessions include Baby and Me, Preschool Swim, Learn-To-Swim Levels 1-5, Adult, and Private Lessons. Each session consists of five lessons, and are taught at all city pools.

Session	Dates	Time	Cost
Session 1	6/9 - 6/13	Class start times vary between 9 - 11:45 a.m. & 6:45 p.m. - 7:40 p.m.	\$30
Session 2	6/16 - 6/20		
Session 3	6/23 - 6/27		
Session 4	7/7 - 7/11		
Session 5	7/14 - 7/18		
Session 6	7/21 - 7/25		
Session 7	7/28 - 8/1		

Springboard Diving Lessons

Learn the basics of springboard diving technique, safety and competition rules. No previous diving experience is required, but the participants must be able to swim comfortably in deep water and easily swim a minimum distance of 25 yards.

Session	Dates	Time	Cost
Session 1	6/9 - 6/13	Class start times vary between 9:30 - 11:40 a.m.	\$30
Session 2	6/16 - 6/20		
Session 3	6/23 - 6/27		
Session 4	7/7 - 7/11		
Session 5	7/14 - 7/18		
Session 6	7/21 - 7/25		
Session 7	7/28 - 8/1		

Swim Lessons



Event/Program	Date(s) / Availability	Time	Cost/Location
Aqua Zumba	Saturdays 5/31 - 8/9	10:30 - 11:15 a.m.	Daily Admission - Nahas
Lap Swim	Mon - Fri 6/2 - 8/8 Mon - Sun 6/9 - 8/10	8 - 9 a.m. 12 - 1 p.m.	Daily Admission - Ashworth & Birdland
Log Rolling	Saturdays 6/14 - 8/9	11:30 a.m. - 12:30 p.m.	Daily Admission - Birdland
Sensory Swim	Sundays 6/8 - 8/10	12 - 12:45 p.m.	Daily Admission - Nahas, Northwest & Teachout
Total Body Aqua	Tues/Thurs/Fri 6/10 - 8/8	12 - 12:45 p.m.	Daily Admission - Ashworth
Tsunami Board Yoga	Wednesdays 6/11 - 8/6	12 - 12:25 p.m. 12:30 - 12:55 p.m.	\$8 - Ashworth (16+)
Superhero Pool Party	6/14	6:30 - 8:30 p.m.	\$15 per child - Teachout
National Swim-A-Lap Day	6/24	Normal Hours	50% Off Admission - All Pools
4th of July Slip n' Slide	7/4	1 - 3 p.m.	Daily Admission - Nahas
Mermaid Princess Pool Party	7/12	6:30 - 8:30 p.m.	\$15 per child - Nahas
Doggie Dip	8/10	3 - 5 p.m.	Daily Admission + \$5 per dog - Nahas



[Events Page](#)



Athletics

PeeWee Sports (Ages 3/4 and 5/6)

Sport	Registration Period
Kiddie Kickball	3/1 - 5/4
Flag Football	6/1 - 8/1

[Register for Sports](#)



Youth Sports (Grades 1-7)

Sport	Registration Period
Cheerleading	2/1 - 5/1
T-Ball	3/1 - 5/4
Coach Pitch Baseball (Grades 2 - 3)	3/1 - 5/4
Baseball (Grades 4 - 7)	3/1 - 5/4
Tennis	4/1 - 8/11
Rugby	5/4 - 6/15
Flag Football	6/1 - 8/1

Adult Sports (Team Registration)

Sport	Registration Period
Bags - Summer	4/1 - 6/1
Bags - Fall	7/1 - 8/24
Flag Football	5/1 - 8/1
Flag Football State Tournament	8/1 - 10/5
Kickball - Summer	2/1 - 4/13
Kickball - Fall	6/1 - 8/17
Pickleball - Spring Tournament	2/1 - 5/4
Pickleball - Fall Tournament	7/1 - 8/31
Pickleball - Spring	2/1 - 4/1
Pickleball - Summer	5/1 - 7/1
Pickleball - Fall	7/1 - 9/1
Slowpitch Softball - Summer	2/1 - 6/1
Slowpitch Softball - Fall	6/15 - 8/15
Fastpitch Softball	2/1 - 5/4
Ultimate Frisbee - Spring	2/1 - 3/16
Ultimate Frisbee - Summer	4/1 - 5/18
Volleyball - Fall - Coed	8/1 - 10/1
Volleyball - Winter - Coed	8/1 - 12/15
Tennis Clinic - Drill & Play	4/1 - 5/15
Tennis Clinics - Learn.Play.Love	4/1 - 8/11

PeeWee Sports (Ages 3/4 and 5/6)

GRASP Scholarship eligible

Kiddie Kickball

This six-week, coed program teaches kids the basics of kickball. The program runs early June through mid July, and all equipment will be provided.

Day(s)	Time	Location	Cost
Mon	5:30 - 8:30 p.m.	James W. Cownie Baseball Park	\$40/person

Flag Football

This program introduces children to team sports, teammates and game situations while learning the basics of flag football in a fun atmosphere. Each team has a parent/coach volunteer and will meet for six weeks. The first two weeks will be practice only, followed by four weeks of scrimmaging against different opponents. All equipment, including a team jersey, will be provided.

Day(s)	Time	Location	Cost
Tues or Thurs	5:30 - 8:30 p.m.	James W. Cownie Soccer Park	\$40/person

Youth Sports (Grades 1-7)

GRASP/YRSP Scholarship eligible, excluding Tennis and Cheerleading

T-Ball (K and Grade 1)

This six-week, coed program teaches kids the basics of baseball. The program runs early June through mid-July, and all equipment will be provided, except for baseball gloves.

Day(s)	Time	Location	Cost
Tues or Thurs	5:30 - 8:30 p.m.	James W. Cownie Baseball Park	\$40/person

Coach Pitch Baseball (Grades 2-3)

This six-week, coed program teaches kids the basics of baseball. The program runs early June through mid-July, and all equipment will be provided, except for baseball gloves.

Day(s)	Time	Location	Cost
Practice Mon/Tues Games Thurs	5:30 - 8:30 p.m.	James W. Cownie Baseball Park	\$50/person

Baseball (Grades 4-7)

This six-week, coed program teaches kids the basics of baseball. The program runs early June through August, and all equipment will be provided, except for baseball gloves.

Day(s)	Time	Location	Cost
Practice Mon/Tues Games Thurs	5:30 - 8:30 p.m.	James W. Cownie Baseball Park	\$50/person

Rugby

Youth Rugby is a league that introduces children to team sports, teammates and game situations while learning the basics of rugby in a fun atmosphere. Each team has a parent/coach volunteer. The first two weeks will be practice, followed by four weeks of games against different opponents. If numbers do not allow for a full league to be played, we will offer weekly clinics instead. The program runs Late July through September, and all equipment, including a team jersey, will be provided.

Day(s)	Time	Location	Cost
Tues	5:30 - 8:30 p.m.	James W. Cownie Soccer Park	\$50/person

Tennis

*Not eligible for scholarship

Partnering with Life Time Fitness, beginners learn stroke mechanics and technique. As skills progress, instruction shifts to stroke development, shot selection and advanced techniques. The focus includes implementing match play strategies, refining technical, tactical and physical foundations. Players will enhance their patterns of play, vary spin and shot depth and select appropriate footwork patterns. The program runs June through August, and participants are required to bring their own racket.

Day(s)	Time	Location	Cost
Various Options	Varies	McCollum-Waveland Tennis Courts	Varies

Flag Football

Youth in grades 1-7 are welcome to participate and will learn the basics of football in a fun, recreational atmosphere. Parent/coach volunteers will lead practices and games. Youth will be divided by single grades if registration numbers allow, otherwise grades will be combined.

Grade(s)	Day(s)	Time	Location	Cost
1	Games/Practice Sat	Start 1 p.m.	Savage Softball Fields	\$50/person or \$475/team
2-7	Practice Weekdays Games Weekends	Practice 5:30 p.m. Games start 8 a.m.		

Cheerleading

*Not eligible for scholarship

This 4-week program introduces cheerleading fundamentals, promotes physical fitness, teamwork, and community spirit. Age groups include Pre-K, Kindergarten - 2nd grade, and 3rd - 5th grade.

Day(s)	Time	Location	Cost
Wed	4 - 7 p.m.	Fourmile Community Recreation Center	\$80/person

Adult Sports (Ages 18+)

Bags - Summer & Fall

Bags (cornhole) league will play Wednesdays at Captain Roy's. Teams of two adults compete for seven weeks plus a post-season tournament. Duos race to a score of 21 and play a set of three games each week.

Session	Day/Time	Location	Cost
Summer (June - Aug)	Wed 5:30 - 9 p.m.	Captain Roy's	\$35/team
Fall (Sept - Nov)	Wed 5:30 - 9 p.m.	Captain Roy's	\$35/team

Flag Football

Adult Flag Football is a league that consists of a six-game schedule plus a post-season tournament. Teams play one game per week with league choices of Sunday, Tuesday, or Thursday. Rosters may be up to 20 players, with seven players on the field at a time.

Day(s)	Date(s)	Time	Location	Cost
Sun, Tues, or Thurs	Aug - Oct	Weekdays 6 - 9 p.m. Weekends 10 a.m. - 2 p.m.	Savage Softball Fields or Carney Park	\$250/team

Flag Football - State Tournament

Game times and tournament style will be determined based on team numbers. Players can only play on one team in the tournament. Each team must provide their own equipment including balls and flags.

Date(s)	Time	Location	Cost
10/25 -10/26	8 a.m. - 2 p.m.	Savage Softball Fields or Carney Park	\$160/team

Kickball - Summer & Fall

Des Moines Parks and Recreation offers a coed Adult Summer & Fall Kickball league. Come out and join us for some fun as you run around the bases and enjoy food and drinks from our on-site concession stand! This league consists of a six-week regular season schedule plus a post-season tournament. Rosters can have up to 20 participants.

Session	Day/Time	Location	Cost
Summer (May - July)	Thurs 6 - 9 p.m.	George Davis Softball Park	\$195/team
Fall (Sept - Oct)	Thurs 6 - 9 p.m.	George Davis Softball Park	\$195/team

Pickleball - Tournaments

The tournament style will be based on the number of registrants but can be a round robin, single elimination, or double elimination format. Divisions will be divided by age and skill level indicated on registration form. Men's, women's and coed divisions available.

Session	Date/Time	Location	Cost
Spring	5/17 8 a.m. - 2 p.m.	McCollum -Waveland Tennis Courts	\$20/team
Fall	9/20 8 a.m. - 2 p.m.	McCollum-Waveland Tennis Courts	\$20/team

Pickleball - Summer & Fall

Pickleball is a blend of tennis, badminton, and table tennis. This is a coed league with teams divided by skill. Games outdoors when possible, but may move indoors if needed. Register as a duo, bring your own paddles.

Session	Days/Time	Location	Cost
Spring (April - June)	Tues/Thurs 5:30 - 9 p.m.	McCollum-Waveland Tennis Courts	\$35/team
Summer (July - Sept)	Tues/Thurs 5:30 - 9 p.m.	McCollum-Waveland Tennis Courts	\$35/team
Fall (Sept - Oct)	Tues/Thurs 5:30 - 9 p.m.	McCollum-Waveland Tennis Courts	\$35/team

Slowpitch Softball - Summer & Fall

Adult Slow-Pitch Softball league for coed, men's and women's teams. Come out and join us in a fun atmosphere as you run around the bases and enjoy food and drinks from our on-site concession stand. We have multiple sessions and days available. Rosters up to 20 participants.

Session	Days/Time	Location	Cost
Summer (April - Aug)	Sun-Fri Weeknights 6:15 - 9:15 p.m. Weekends 10 a.m. - 3 p.m.	George Davis Softball Park	\$390/team
Fall (Sept - Oct)	Sun-Fri Weeknights 6:15 - 9:15 p.m. Weekends 10 a.m. - 3 p.m.	George Davis Softball Park	\$195/team

Fastpitch - Softball

Adult Summer Softball league for men's and women's fast-pitch teams. This league consists of a six-week regular season plus a post-season tournament. Rosters up to 20 participants.

Days	Time	Location	Cost
Tues (May - July)	6 - 9 p.m.	George Davis Softball Park	\$390/team

Adult Sports (Ages 18+)

(continued)

Ultimate Frisbee

Seven-game schedule followed by a post-season tournament. Players sign up individually and are assigned to teams based on position and skill level. Ultimate frisbee combines elements of soccer, basketball, and football, aiming to pass the frisbee between teammates down the field to score.

Session	Days/Time	Location	Cost
Spring (Mar - May)	Wed 6 - 9 p.m.	James W. Cownie Softball Park	\$25/person
Summer (June - Aug)	Wed 6 - 9 p.m.	James W. Cownie Softball Park	\$25/person

Volleyball - Fall & Winter

The indoor Adult Coed Volleyball league consists of a six-game schedule plus post-season tournament. Coed requires a minimum of three women on the court at all times. Rosters up to 20 participants. All games will be officiated by one referee.

Session	Days/Time	Location	Cost
Fall (Oct - Dec)	Sun 4 - 8 p.m.	Pioneer Columbus Recreation Center	\$195/team
Winter (Jan - Mar)	Sun 4 - 8 p.m.	Pioneer Columbus Recreation Center	\$195/team

Tennis Clinic: Drill & Play

Together with Life Time Fitness, this 1.5-hour coed class features "live ball" drills to enhance tennis skills with enjoyment. Ground strokes, volleys, and mini competitions are included in this 10-week program led by certified pros. Bring your own racket.

Dates	Days/Time	Location	Cost
June - Aug	Mon 6:30 - 8 p.m.	McCollum-Waveland Tennis Complex	\$200

Tennis Clinics: Play.Learn.Love

Together with Life Time Fitness, clinics designed for beginners and returning players, this program is geared for beginner and returning players to the game. Developed specifically for busy adults looking to learn quickly, these partner-based, action-packed group lessons are taught by certified tennis professionals. Participants must bring their own racket.

Dates	Days/Time	Location	Cost
June - Aug (Monthly)	Wed 6:30 - 8:30 p.m.	McCollum-Waveland Tennis Complex	\$70

Cemeteries

Cemetery Tours

The Des Moines Municipal Cemeteries offer four tour types, requiring reservations. Cost: \$10/person, 2-2.5 hour duration, walking up to 1.5 miles. Limited to 35 participants, suitable for ages 12+. Tours are historically accurate and entertaining, supporting cemetery preservation. Group rate: \$7.50/person for 10+ reservations. Safety precautions enforced; confirmation includes details.



Tour	Location	Date/Time
Civil War History	Woodland Cemetery	5/10, 6/7, 7/26, 8/16 • 10 a.m. - 12 p.m.
Glendale History	Glendale Cemetery	6/13, 6/21, 7/27 • 9 a.m. - 11 a.m. 10/11 • 10 a.m. - 12 p.m.
Notable Women of Early Des Moines	Woodland Cemetery	5/10, 9/13 • 1 - 3 p.m. 6/28, 8/9 • 9 - 11 a.m.
Woodland History	Woodland Cemetery	4/26, 5/17, 9/20, 10/4 • 1 - 3:30 p.m. 6/14, 7/12, 8/23 • 9 - 11:30 a.m.

Tour Sign Up



Adopt-A-Block & Event Assistance

Preserve Des Moines' history and honor our community by helping maintain a cemetery block at one of our seven municipal cemeteries. From April-Nov, help maintain adopted blocks by picking up small branches, cutting back dead flowers, picking up litter, and reporting damage. Honor our veterans by helping with flag decoration or join us in hosting Memorial Day events. For more information or to volunteer, visit DSM.city/Volunteer or call (515) 248-6320.

Program	Date(s)	Location	Ages
Adopt-A-Block	4/1 - 11/20	All Cemeteries	All
Flag Placement	5/16 - 5/17	Glendale/Laurel Hill	All
Memorial Day	5/24 - 5/26	Glendale/Laurel Hill	18+
Flag Removal	7/11	Glendale	All
Decoration Cleanup	3/1, 7/1	All Cemeteries	All





Community Gardens

[Learn More](#)



Summer Gardening Workshop

This interactive workshop will feature presentations and educational booths designed to enrich your gardening knowledge. It will be an excellent chance to seek guidance from local experts and ask questions about your gardening experience.

Date	Time	Location	Cost
7/24	6 - 8 p.m.	Franklin Ave. Library	FREE



DMPL Community Fridges

Did you know? Des Moines Parks and Recreation manages three community gardens where residents can grow fresh produce! Gardening with us means giving back—some harvests help stock Community Fridges at Des Moines Public Library locations, providing fresh food for those in need. Learn more at dmpl.org or scan the QR code!

Community Fridge Locations	Address
Central Library	1000 Grand Ave.
Forest Avenue Library	1326 Forest Ave.
Franklin Avenue Library	5000 Franklin Ave.
South Side Library	1111 S.W. Porter Ave.



[Learn More](#)



Community Recreation Centers

[Rec Center Info](#)



Pioneer Columbus

2100 SE 5th St.
(515) 248-6316

Open:
M-F 8 a.m. - 8 p.m.



Fourmile

3711 Easton Blvd.
(515) 248-6315

Open:
M-F 8 a.m. - 8 p.m.

Admission

Age	Cost
Youth (10 - 18)	FREE
Adult (19 - 59)	\$1/day or \$12/month
Senior 60+	FREE
Yearly memberships available. Children under 10 must be accompanied by an adult.	

Open Recreation

Open Recreation is available for ages 11+. Basketball, volleyball, game tables, weights, cardio, and public computers available during regular business hours.

Polk Co. Meal Site (Seniors 60+)

Free lunch offered to seniors Monday through Friday from 9:30 a.m. - 1:30 p.m. at both community recreation centers.

Join us for a meal and stay a while to meet new people, play games, learn a craft or begin a new exercise routine!



All Ages (Ages 10+)

Des Moines Table Tennis Club

Everyone age 15 and older is welcome to participate in table tennis with the Des Moines Table Tennis Club (DMTTC). DMTTC is a great place to enjoy table tennis action, have fun and meet people.

Day(s)	Time	Location	Cost
Tues & Thurs	5:30 - 7:30 p.m.	Fourmile Community Recreation Center	\$160/half year or \$240/year

Indoor Pickleball

Get your pickleball fix year-round! All skills and ages are welcome (under 18 must be accompanied by an adult). Balls and paddles available, but you are welcome to bring your own.

Day(s)	Time	Location	Cost
Mon - Fri	8 a.m. - 12 p.m.	Pioneer Columbus Community Recreation Center	\$2/visit or \$15/month
Mon & Wed Tues & Thurs	3 - 8 p.m. 12 - 3 p.m.	Fourmile Community Recreation Center	\$2/visit or \$15/month

HIIT Class

All fitness levels are welcome to this 40-minute "high intensity interval training" style workout.

Dates	Day(s)/Time	Location	Cost
4/12 - 5/20	Tues 6 a.m. & Sat 7 a.m.	Pioneer Columbus Community Recreation Center	\$48

Yoga

All fitness levels are welcome to this 45-minute yoga class focusing on balance, strength, flexibility and relaxation.

Session	Day(s)	Time	Location	Cost
Session 1: 3/3 - 4/10 Session 2: 4/14 - 5/22	Mon & Thurs	6 p.m.	Pioneer Columbus Community Recreation Center	\$56/Session
Session 1: 3/4 - 4/10 Session 2: 4/15 - 5/22	Tues & Thurs	5:30 p.m.	Fourmile Community Recreation Center	\$56/Session



Kelli Forman

Hip Hop & Street Dance Class

Join us for Hip Hop and Street Dance classes with Creative Network! International artist Kelli Forman and local dancer Xavier will cover dance fundamentals, history, choreography, and freestyle—while building confidence, community, and healthy habits. Kelli, a seasoned performer from X-Factor, Dancing with the Stars, and America's Got Talent, brings her expertise to inspire the next generation.

Day(s)	Time	Location	Cost
Tues: 4/22 - 5/27	Grades 1-5: 5:45 - 6:45 p.m. Grades 6-8: 7 - 8 p.m.	Pioneer Columbus Community Recreation Center	\$55

Dog Parks

Locations and General Info

There are three dog parks in Des Moines – Ewing, Reno Memorial and Riverwalk. Permits are required for entry and the annual cost is \$20. The permits can be purchased online or in-person at the City Clerk's Office in City Hall (400 Robert D. Ray Drive). Permits may be used at all three parks and are good January 1 - December 31.

Hours: All parks open year-round, daily, 6 a.m. - 10 p.m.



Ewing Dog Park
4660 Indianola Ave.



Reno Memorial Dog Park
3325 Hubbell Ave.



Riverwalk Dog Park
1111 Illinois St.



Rules / Requirements:

- Current dog license from the City of Des Moines or home jurisdiction
- Current dog rabies vaccination certification
- Dog must be at least four months old
- Permits and tags pertain to specific dogs, not the dog park and cannot be transferred to other dogs or dog owners



Dog Park Ambassador Program

Join our team of grrrr-eat dog-loving volunteers and help welcome dogs and owners to the park.

Learn More



Apply



Gray's Lake Park

[Learn More](#)



Concessions & Rentals



At the Beach

The concession stand is located on the north side of the park at the beach. Hot food, cold drinks, ice cream, and snacks available for purchase.

Watercrafts are available for rent including 2-person canoes, 3-person canoes, single kayaks, double kayaks, stand-up paddleboards (SUPs), 4-person pedal boats, sail boats and a row boat. Life vests will be provided free of charge. All watercrafts must be returned 30-minutes prior to close.

Dates	Hours
5/12 - 5/23	Mon - Fri: 4 - 8 p.m. • Sat - Sun: 10 a.m. - 8 p.m.
5/24 - 8/10	Daily 10 a.m. - 8 p.m.
8/11 - 9/1	Mon - Fri: 1 - 8 p.m. • Sat - Sun: 10 a.m. - 8 p.m.



Watercraft Rental

\$8/half hour or \$15/hour



Sailboat Rental

\$25/hour (2-hour min.)



Christine Hensley Terrace

The Christine Hensley Terrace will be closed for the 2025 season due to park renovations and improvements. During this time, all watercraft rentals will be available exclusively at the Beach Concessions.

Nature Programs

Learn More



All ages welcome. Participants 16 and under must have an adult/guardian present.



Birding Basics

Participants will take a casual walk to search for migrating and residential birds. John Bissell leads the group while pointing out birds, talking about their habitats, and answering questions.

Dates	Day	Time	Location	Cost
March - May	Wednesdays	11 - 11:45 a.m.	Gray's Lake Park (Beach Lot/SE Lot)	FREE

Buggin' Out in Witmer

Embrace the critters! Join us in July at Witmer Park to discover the incredible insects that inhabit the area. We'll search for bugs in the yard during the first week and in the pond during the second. Nets and supplies provided.

Dates	Time	Location	Cost
7/9 & 7/23	1:30 p.m.	Witmer Park	FREE

Carp Fest

We are teaming up with Des Moines Izaak Walton League & Iowa Department of Natural Resources for Carp Fest! Free carp fishing tournament registration starts at 8 a.m., fishing from 9 - 11:30 a.m. Prizes for longest carp in adult & children's categories. Bait and gear provided, anglers over 16 years old require fishing license. Keep or donate your catch to Saving our Avian Resources (S.O.A.R.).

Date	Time	Location	Cost
May 31	8 - 11:30 a.m.	Gray's Lake Park (Peninsula)	FREE

Earth Day at the East Side Library

Celebrate Earth Day at the East Side Library where we will learn about birds and make a recycled pop bottle bird feeder. Register at the East Side Library.

Date	Time	Location	Cost
4/22	5:30 p.m.	East Side Library	FREE

Free Fishing Friday

Join us Friday evening at MacRae Park for free fishing! We provide bait, tackle and expert instructors. No license needed. Pre-registration is required.

Date	Time	Location	Cost
6/6	5 - 7 p.m.	MacRae Park Pond	FREE



GPS Egg Hunt

Participants will learn how to use a handheld Global Positioning System Unit then use the GPS to find hidden "eggs" in the park. Pre-registration is required.

Date	Time	Location	Cost
4/13	12:30 p.m. and 2:30 p.m.	Ewing Park Lilac Arboretum	\$10

iEARTH Camp

Campers learn about ecology, hiking and the natural world from outdoor enthusiasts, art teachers and environmental specialists alike. Activities will usually take place outdoors so be sure to dress for all kinds of weather! Registration and pricing is available through the Science Center of Iowa.

Grades	Date	Time	Location
2-3	6/16 - 6/20, 7/21 - 7/25	9 a.m. - 4 p.m.	MacRae Park
4-5	6/23 - 6/27, 7/28 - 8/1	9 a.m. - 4 p.m.	MacRae Park
6-8	7/7 - 7/11, 8/4 - 8/8	9 a.m. - 4 p.m.	Gray's Lake Park

Introduction to Stand-Up Paddleboarding

This program is designed to introduce participants to stand-up paddleboarding in a flat water setting. We will cover launching, board control and different paddling strokes used when on the water. Registration fee includes equipment and instruction. Pre-registration is required and gear is limited.

Date	Time	Location	Cost
6/21	9:00 a.m.	Gray's Lake Park (Peninsula)	\$25
7/10	5:30 p.m.		
7/26	9:00 a.m.		
8/14	5:30 p.m.		
8/23	9:00 a.m.		

Milkweed for Monarchs

Des Moines Parks is planting milkweed in Ewing Park for Monarch butterflies. Learn about Monarchs, then help plant 300 milkweed sprouts. Pre-registration is required.

Date	Time	Location	Cost
5/31	10 a.m.	Ewing Park Prairie	FREE

Paddle & Pick Up

Join us for a canoeing and cleanup event at Gray's Lake Park! Beginners welcome, as we start with a basic canoe lesson before paddling along the shoreline to collect trash. Participants under 16 must be accompanied by an adult. Limited canoe space, so pre-registration necessary.

Date	Time	Location	Cost
8/28	5:30 - 7:00 p.m.	Gray's Lake Park (Peninsula)	\$5

Mother's Day Plant.Grow.Fly.

Participants will, explore the NEW Greenhouse, learn about pollinators' needs, and decorate and fill a flower pot to support them. Registration is limited.

Date	Time	Location	Cost
5/10	10:00 a.m.	Des Moines Greenhouse	\$10

Plant.Grow.Fly at the Library

Join us at the East Side or North Side Library to learn about pollinators and create a pollinator-friendly planter to take home. Get ready to get your hands dirty and have fun! Register through the library of your choice.

Date	Time	Location	Cost
5/20	5:30 p.m.	East Side Library	FREE
6/11	11:30 a.m.	North Side Library	FREE

Raptors of Iowa

During the month of July there will be a series of special Raptor Cutouts hidden on the nature trail in Ashby Park. Everyone is invited to hike the trail on your own in search of their locations. When you find the bird, there will also be a sign with natural history information about that species.

Date	Time	Location	Cost
7/1 - 7/31	Park Hours	Ashby Park Nature Trail	FREE

STAR Party

Join us for a Star Party during the peak of the Perseid meteor shower for craft and experiment activities, guest speakers, and an outdoor screening of the movie, Zathura: A Space Adventure on the giant LED screen! Free and open to all.

Date	Time	Location	Cost
8/9	6 p.m. - 12 a.m.	Ewing Park Lilac Arboretum	FREE

SUP with the Naturalist

Join our Environmental Educator to explore and learn about the wildlife that lives in and around Gray's Lake Park from a stand up paddleboard. Registration Fee is \$10 and includes all the stand up paddleboard gear. Gear is limited and registration is required.

Date	Time	Location	Cost
6/17, 7/1, 7/31, 8/5	5:30 p.m.	Gray's Lake Park (Peninsula)	\$10



PARK-N-PLAY MOBILE RECREATION

Learn More



Program Overview

Park-N-Play, Des Moines' new mobile recreation vehicle, is a traveling program bringing family fun to you. The van is jam-packed with different games, sports equipment, crafts, and more.



Spring Schedule: March 24 - May 17

Time	Mon	Tues	Wed	Thurs	Fri	Sat
3:30 - 5:30 p.m.	Willard Elementary	Park Ave Elementary	OFF	Cattell Elementary	Sheridan Park	Redhead Park: 3/29, 4/26, 5/24 Belle M. Turner Park: 4/5, 5/3, 5/31 Cheatom Park: 4/12, 5/10 Edna K. Griffin Park: 4/19, 5/17

Summer Schedule: June 9 - August 23

Time(s)	Mon	Tues	Wed	Thurs	Fri	Sat
10 - 11:30 a.m.	Redhead Park	South Union Elementary	Belle M. Turner Park	Sheridan Park	OFF	Cheatom Park
1:30 - 3:00 p.m.	Willard Elementary	Park Ave Elementary	Cattell Elementary	Ruby Van Meter Park	Rendezvous @ Riverview	Edna K. Griffin Park



Learn More



Special Events

Mayor's Annual Ride

Ride your bike and help support our trails! Register for the 2025 Mayor's Annual Ride on Saturday, May 3 and your contribution will help fund trail projects. The route will have views of the Des Moines River. Register by April 1 to guarantee a t-shirt in your size!



Date	Time	Location	Cost
5/3	10 a.m.	Begin/End at Richard A. Clark Municipal Service Center	\$35/adult by May 3; \$50 on-site \$5/child (Children 4&U ride free)

31 Miles (+Beyond) Your Way

Join us for a fun challenge! Complete 31 miles your way in 31 days. Choose a 50K, 100K, or 150K challenge. Simply register, track your miles, and accomplish your goal by walking, running, biking, swimming, or any other way you prefer.

Date	Time	Location	Cost
5/1 - 5/31	All Day	N/A	\$10

Friday Night Skate Dates

Grab your roller skates or blades and head down to Brenton Skating Plaza on a select Friday of every month from June - September. Bring your own skates/blades. Limited concessions will be for sale.

Date	Time	Location	Cost
6/6, 7/11, 8/1, 9/5	5:30 - 9:30 p.m.	Brenton Skating Plaza	\$5

Yoga in the Park

Start your Saturday with free yoga at Gray's Lake. Join us every week from June 14 - September 27 for free classes led by volunteers. These classes are perfect for all skill levels from beginner to advanced yogi. Classes will not be held in the event of rain.

Date	Time	Location	Cost
Saturdays 6/14 - 9/27	9 a.m.	Gray's Lake Park (SE Lawn)	FREE

***Please note: Yoga will take place at Columbus Park on June 28**

Free Flicks

Enjoy Free Flicks, our summer outdoor movie series in local parks. Films start at 6:30 p.m. on our new LED screen. Admission is free. Bring blankets and chairs. Rain cancellation updates will be made by 4 p.m. on movie day via website, Facebook, and Twitter. Visit DSM.city/FREEFLICKS for details.

Date	Location(s)	Movie
6/6 *Starts at 7 PM	DMFD Admin (2715 Dean Ave.)	IF
6/20	Nahas Aquatic Center Parking Lot	Madagascar
7/4 *Time TBD	Captain Roy's	TBD
7/11	Woodlawn Park	The Wild Robot
7/18	Birdland Pool Parking Lot	Shark Tale
8/9 *8 PM Start	Ewing Park - STAR PARTY	Zathura - A Space Adventure
8/15	Evelyn K. Davis Park	Inside Out 2
8/22	Gray's Lake Park - SE Lawn	Moana 2



Parks & Rec Month - Bucket List Challenge

July is Parks and Recreation Month! Join us in celebrating by taking part in our Bucket List Challenge. Explore Des Moines' hidden gems, snap photos, and submit them for a chance to win fantastic prizes. Simply visit designated locations, capture the magic, and enter to win.

Date	Time	Location(s)	Cost
7/1 - 7/31	Park Hours	DSM.city/ParkMonthChallenge	FREE

Adult Recess

Mark your calendars, arrange the babysitters, and rally your friends! Adult Recess is back for 2025! Adult Recess is a 21 and up only FREE event that allows adults to be kids for a night. There will be nostalgic playground and tailgate games, a DJ playing all the hits of the 80s and 90s, food and beverage specials from Captain Roy's and so much more.

Date	Time	Location(s)	Cost
8/1	6 - 9 p.m.	Captain Roy's	FREE



Register



Dog Park Special Events

Egg-Paw-Looza

Come celebrate Easter with an egg hunt at Ewing Dog Park! The egg hunt will take place in the large dog park. Dogs must remain on leash during the hunt. Small dogs (max. 20 lbs.) will be from 10 - 10:30 a.m. Large dogs will be from 11 - 11:30 a.m. *Current dog park permit and pre-registration required.

Date	Time	Location	Cost
4/19	10 - 10:30 a.m. Small Dogs 11 - 11:30 a.m. Large Dogs	Ewing Dog Park	\$5/dog

*Please note that a minimum number of registrations need to be met for special events to be held.

Open Houses

Bring your furry friends and explore our dog parks. Everyone in attendance will be entered into a raffle for an opportunity to win a free permit! *Current dog license from the City of Des Moines or home jurisdiction. *Dogs must be at least four months old and have current rabies vaccination certification.

Date	Time	Location	Cost
6/7	10 a.m. - 12 p.m.	Reno Memorial Dog Park	FREE
6/14		Ewing Dog Park	
6/21		Riverwalk Dog Park	



Summer Camp

General Information

Summer Camp is uniquely designed to serve children in our community by providing FREE recreation services in City parks. The program is intended for youth looking to have a day camp experience. Activities will include arts & crafts, sports, field trips, STEM programs, nature-based programs, swim lessons, and more! Lunch and snacks will be provided. DSM.city/SummerCamp.

Registration - FREE!

If you would like to register your child(ren) - ages 5-14 - sign up online beginning March 26. Please note there are two sessions, separated by the July 4 holiday. Children are welcome to sign up for either or both sessions. Email us at SummerCamp@dmgov.org with questions. Scan the QR code to register!



Columbus Park
1921 SE 1st St.



Drake Park
2300 Drake Park Ave.



E.K. Davis Park
1400 Forest Ave.



MLK Jr. Park
1650 Garfield Ave.



Weeks Middle School Park
901 E Park Ave.

Register - FREE!



Session	Program Days / Hours	Drop Off Time	Pick Up Time
Session 1: 6/9 - 6/27	Mon - Fri 9a.m. - 4 p.m.	9 - 9:15 a.m.	3:30 - 4 p.m.
Session 2: 7/7 - 8/15			



Volunteer

General Information

Volunteers bring creativity and vitality to our organization enhancing our efforts to preserve and maintain our public spaces, supporting award-winning programs and facilities, and making Des Moines a great place to live, work, and play! We offer opportunities for all ages, skill levels, and group sizes, and invite you to join us. For more information, please visit DSM.city/Volunteers.

Questions?  parksvolunteer@dmgov.org

Volunteer Opportunities

Program	Registration Period
Adapted Recreation	Ongoing
Adopt-a-Park/Trail	Ongoing
Cache In Trash Out	3/1 - 3/31
Dog Park Ambassador	Year-Round
Earth Day Trash Bash	3/1 - 3/31
Mayor's Annual Ride	1/1 - 4/18
Rose Garden Deadheaders	Ongoing

Volunteer



Adapted Recreation

Assist our coaches (staff) in our adaptive sports programs. Together, you'll help youth build self-confidence and self-esteem, relieve stress, improve their health, encourage collaboration and team building, and foster social connections. Learn more about volunteering at dsm.city/volunteers. Specific program information is on page 8

Volunteer Dates	Time	Age Requirements
Ongoing	Evenings	18+

Adopt-A-Park / Adopt-A-Trail

Help us clean and beautify our parks and trails. Select from a list of available locations online and commit to hosting quarterly work days for a year (minimum). After your first clean up, an adoption sign will be placed with your family, business, organization or individual name.

Volunteer Dates	Age Requirements
Flexible, Annual Commitment	18+ for volunteer leaders or open for all ages with adult supervision





Cache In Trash Out

Join us for a family-friendly eco-hunt with the Iowa Geocacher's Association and the Westwood Neighborhood Association. Help clean up our trails and creeks, find "cached" prizes, and improve water quality in central Iowa. Supplies provided. Please register online at DSM.city/volunteer by 4/11.

Volunteer Dates	Time	Age Requirements
4/19	9 - 11:30 a.m.	All ages with adult supervision

Earth Day Trash Bash

Join Des Moines, Boone County Conservation, Polk County, Des Moines water Works, Trees Forever, Iowa Natural heritage Foundation, West Des Moines, Clive, Johnston, Norwalk, Pleasant Hill, and partners for Iowa's largest Earth Day volunteer event! Celebrate by giving back and greening up Des Moines. Register at Earthday.dsm.city.

Volunteer Dates	Time	Age Requirements
4/19 - 4/26	Various Shifts	All ages with adult supervision

Dog Park Ambassadors

Join our grrrr-eat team of Dog Park Ambassadors welcoming permitted dogs and owners to our parks. Donate 40 hours/year and receive a FREE dog park permit for the following year. To learn more about how ambassadors create a safe and enjoyable dog park experience, scan the QR code on page 25.

Volunteer Dates	Age Requirements
Flexible, Year-Round	18+

Rose Garden Deadheaders

The Clare and Miles Mills Rose Garden has been a favorite spot for gardeners, strollers, and wedding parties since the 1930s. To keep our roses healthy and blooming, we're looking for volunteers to help "dead head" the plants. The term "deadheading" refers to the act of removing flowers from a plant. Deadheading can help the plant focus energy on producing new buds and flowers, prevent disease and pests, and improve the aesthetic appeal of the plant.

Volunteer Dates	Time	Age Requirements
6/26 - 9/4	Thursdays, 9 -11 a.m.	18+ or 14 -17 with parent/guardian approval

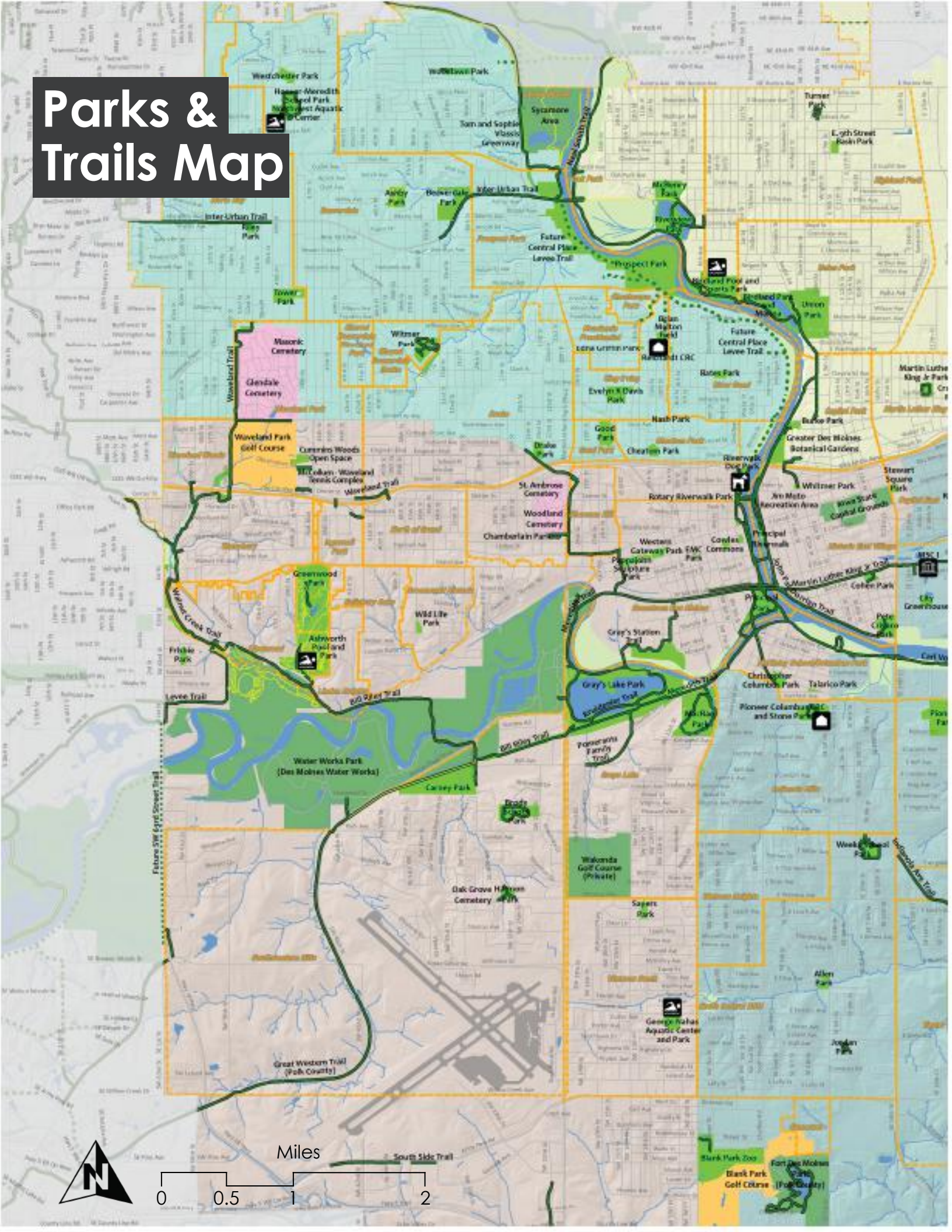


Parks & Trails Map

The map displays a comprehensive overview of Des Moines' recreational resources. Key features include:

- Parks:** Numerous parks are labeled throughout the city, such as Westchester Park, Wollastown Park, Sycamore Area, Prospect Park, and Water Works Park.
- Cemeteries:** Several cemeteries are highlighted in pink, including Masonic Cemetery, St. Andrew's Cemetery, and Woodland Cemetery.
- Golf Courses:** Golf courses are marked in yellow, including Waveland Park Golf Course and Blank Park Golf Course.
- Trails:** A dense network of trails is shown in orange, connecting various parts of the city. Notable trails include the Inter-Urban Trail, Levee Trail, and South Side Trail.
- Water Bodies:** Blue areas represent water, including Lake Park and the Raccoon River.














A scale bar at the bottom left indicates distances from 0 to 2 miles, and a north arrow points towards the top left.



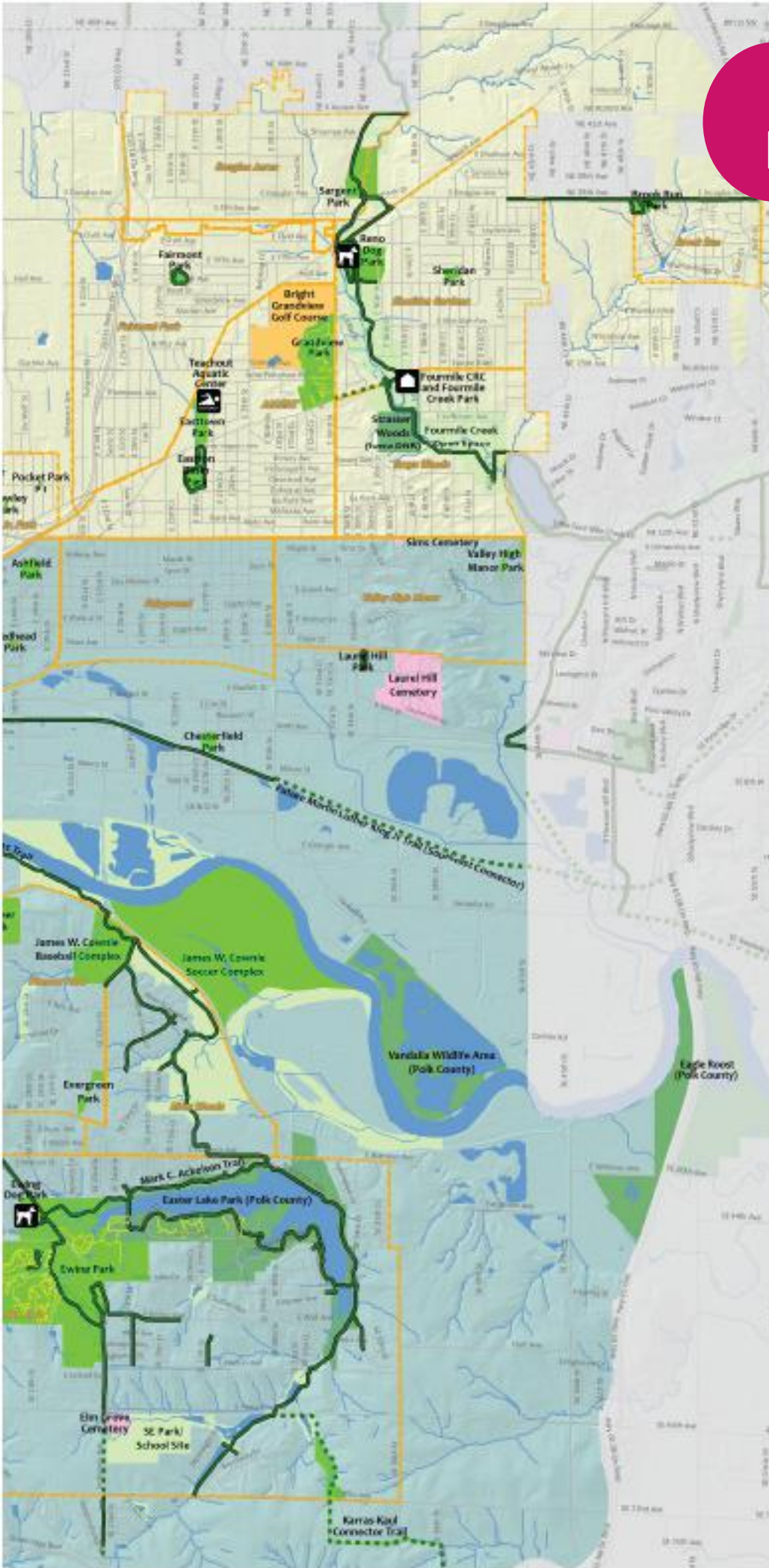
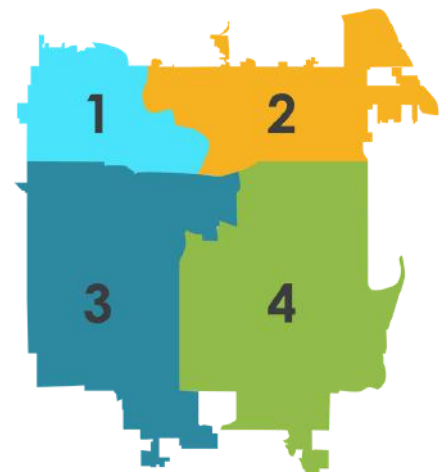
Des Moines Parks and Trails

[Learn More](#)



-  Parks
-  Other Parks
-  Open Space
-  Cemetery
-  Golf Course
-  Paved Trails
-  Nature Trails
-  Future Trails
-  Neighborhood Boundary
-  Municipal Service Center Parks and Recreation Dept.
-  Community Recreation Center
-  Pool/Aquatic Center
-  Dog Park

City Council Wards

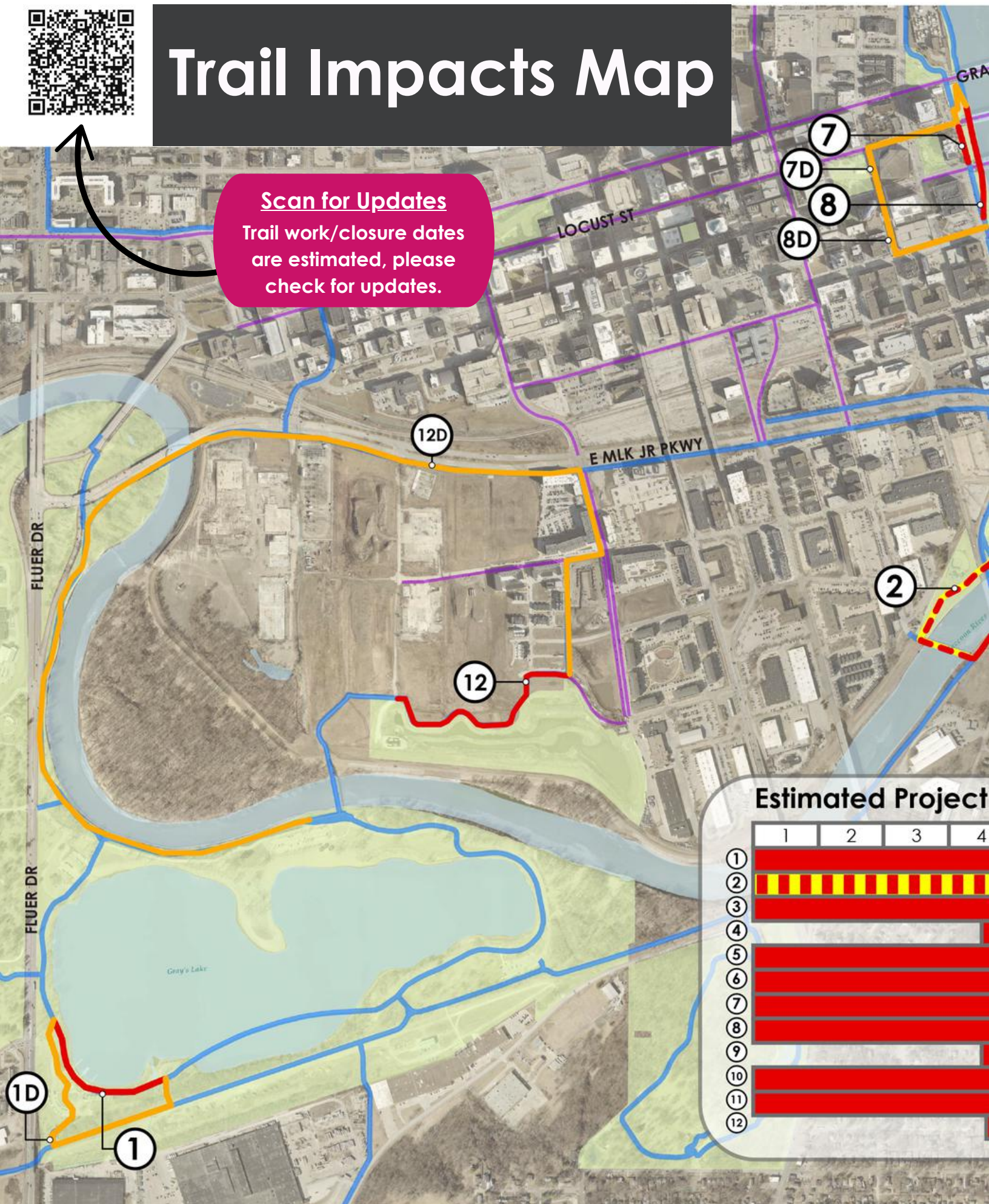




Trail Impacts Map

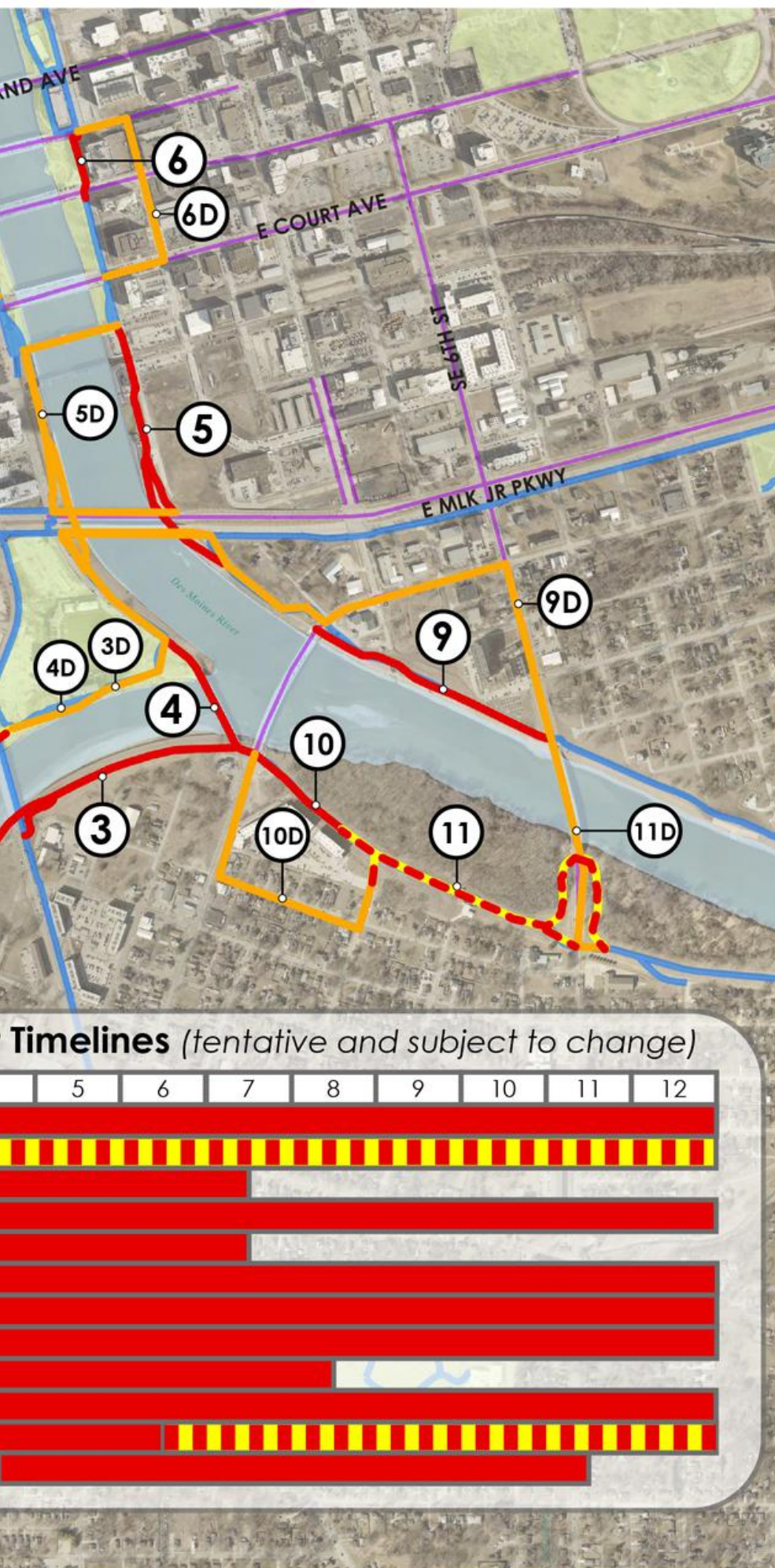
Scan for Updates

Trail work/closure dates are estimated, please check for updates.



Estimated Project

	1	2	3	4
①	[Red bar]			
②	[Yellow and red striped bar]			
③	[Red bar]			
④	[Red bar]			
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⑫	[Red bar]			



LEGEND

- Multi-Use Trail
- On-Street Bicycle Facility
- Trail Closed
- Detour Route
- Trail Passable
- Temporary Closures
- # Project Number
- #D Project Number Detour

PROJECT DETAILS

- CLOSURE w/ DETOUR Kruidenier Trail**
Gray's Lake Marina Project
Colby Fangman | cfangman@dmgov.org | 515-248-6357
The trail will be closed for the construction of the new marina in front of the terrace building at Gray's Lake.
- TEMPORARY CLOSURE Meredith Trail**
Mid-American Pole Replacement
Derek Hansen | dwhansen@dmgov.org | 515-248-6138
The trail will be temporary closed at various times for construction. At one point both sections of the Meredith Trail will be closed.
- CLOSURE w/ DETOUR Meredith Trail**
Levee Alterations Phase C
Derek Hansen | dwhansen@dmgov.org | 515-248-6138
The trail will be closed for the duration of the bike season to increase the height of the levees.
- CLOSURE w/ DETOUR SW 1st St Trail**
SW 1st St Bridge Park
Colby Fangman | cfangman@dmgov.org | 515-248-6357
The trail will be closed for the construction of the SW 1st St Bridge Park and will be closed for the bike season.
- CLOSURE w/ DETOUR John Pat Dorrian Trail**
Two Rivers Park Site Development
Jon Handley | jon.handley@mcgough.com | 515-322-3657
The trail will be closed for the construction of Two Rivers Park and will be closed for half the bike season.
- CLOSURE w/ DETOUR John Pat Dorrian Trail**
Walnut Street Bridge Reconstruction
Ben Cole | bmcole@dmgov.org | 515-283-4176
The trail will be closed for the construction of the Walnut St Bridge and will be closed until 2026
- CLOSURE w/ DETOUR Principal Riverwalk Trail**
Walnut Street Bridge Reconstruction
Ben Cole | bmcole@dmgov.org | 515-283-4176
The trail will be closed for the construction of the Walnut St Bridge and will be closed until 2026
- CLOSURE w/ DETOUR Principal Riverwalk Trail**
Walnut Street Bridge Reconstruction
Ben Cole | bmcole@dmgov.org | 515-283-4176
The trail will be closed for the construction of the Walnut St Bridge and will be closed until 2026
- CLOSURE w/ DETOUR John Pat Dorrian Trail**
ICON - Water Trails
Kyle Riley | kdriley@dmgov.org | 515-283-4074
The trail will be closed to reconstruct the levee and trail as part of the ICON project.
- CLOSURE w/ DETOUR Neal Smith Trail**
ICON - Water Trails
Kyle Riley | kdriley@dmgov.org | 515-283-4074
The trail will be closed to provide access to the ICON Water Trails site and will be closed for the bike season.
- TEMPORARY CLOSURE Carl Voss Trail**
Levee Alterations Phase C
Derek Hansen | dwhansen@dmgov.org | 515-248-6138
The trail will be closed until June and will be open, but small detour around ICON work will make section passible.
- CLOSURE w/ DETOUR Gray's Station Trail**
Hubbel Development- Sewer Project
Derek Hansen | dwhansen@dmgov.org | 515-248-6138
The trail will be closed until November from best knowledge from contractors involved with project.

Golf



A.H. Blank
711 County Line Rd.



Grandview
2401 E. 29th St.



Waveland
4908 University Ave.

Don't forget! Des Moines also has three public golf courses, each providing a distinct experience catering to all levels of play, as well as offering family-friendly activities like mini golf at Blank Golf Course - scan the QR code for more info!



Parks and Recreation Office
1551 E. Martin Luther King Jr. Parkway
Des Moines, IA 50317
(515) 237-1386
parks@dmgov.org