

# SPA DE DIA





2024



FOUNDED ON ANCIENT AND TRADITIONAL METHODS, OUR TREATMENTS MAINTAIN SIMPLICITY IN THEIR HOLISTIC APPROACH TO OUR GUESTS' PHYSICAL AND EMOTIONAL WELL BEING. OUR COQUI COQUI SCENTS ARE USED ALONG WITH THE NATURAL INGREDIENTS IN ALL OUR OILS LOTION AND HERBAL BLENDS PREPARED FOR ALL TREATMENTS. OUR THERAPISTS COMBINE PRACTICED TECHNIQUE AND INTUITIVE TOUCH TO CARRY OUT OUR CAREFULLY CURATED TREATMENTS, CREATED FOREMOST WITH YOUR RELAXATION IN MIND TO ENSURE YOU LEAVE FEELING RENEWED AND INSPIRED.



## **MASSAGES**

#### The Back is the Strength of a Human Being

This specific treatment is dedicated to all people affected by chronic back problems including shoulders, back and neck. This technique combines kneading, stretching, frictions and percussions, beneficial to the overall status, helping muscle relaxation and the debugging of all accumulated toxins. Our Coqui Coqui Perfumeria Massage Oils are used to soar the body tensions, nurture your skin, enhance your senses and curate your soul trough the hands of our therapists. When the treatment finishes, we offer a selection of the most appropriate infusion from our Perfumeria Flavors Tasting Room.

### Relax the Circumference of your Being

When you start relaxing, we start from the circumference – that is where we are. We can start only from where we are. Relax the circumference of your being - relax your body, relax your behavior, relax your acts. This relaxing aromatherapy massage helps to reduce physical tensions and opens the sensory path of the body, creating a balance between our body, our mind and our soul; releasing a revitalized experience.

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#### Healing your Body Tissues

The deep tissue massage, aims to contact and dissolve, if permitted, muscular tension layered in the muscles. It is an ancient technique which helps reduce all tensions accumulation and help muscles discomfort as you gain motion and flexibility. Suggested for all those who prefer stronger hands, deep tissue work, concentrated pressure as well as suggested before and after workout to help muscles keep in correct elasticity. Our Coqui Coqui Perfumeria Massage Oils are used to soar the body tensions, nurture your skin, enhance your senses and curate your soul trough the hands of our therapists. When the treatment finishes, we offer a selection of the most appropriate infusion from our Perfumeria Flavors Tasting Room.

## Healing Stones for Body and Soul

This ancient therapy helps releasing tension on a physical, mental, spiritual and emotional level. It unlocks and helps release negative attitudes that hold personal growth leading by the hand the harmonization of our main chakra's emotions. This specific treatment uses a combination of warmed stones and massage techniques to relax tense muscles, relieve pain and stiffness and improve circulation. Our Coqui Coqui Perfumeria Massage Oils are used to soar the body tensions, nurture your skin, enhance your senses and curate your soul trough the hands of our therapists. When the treatment finishes, we offer a selection of the most appropriate infusion from our Perfumeria Flavors Tasting Room.

## Rebozo Technique

Start by cleaning your energy with a bouquet of healing herbs and lemons, giving a deep massage, pressing strategic points to release windy emotions in the back and ending with a "reboceada" to close head, hips and feet.

# Reflexology

Reflexology is an alternative medicine involving application of pressure to the feet and hands with specific thumb, finger, and hand techniques. It is based on a system of zones and reflex areas that purportedly reflect an image of the body on the feet and hands, with the premise that such work effects a physical change to the body. When the treatment finishes, we offer a selection of the most appropriate infusion from our Perfumeria Flavors Tasting Room.

### **FACIALS**

# Under the Yucatan Sun (Mayan Honey, Fresh Aloe Vera, Cucumber and Homemade Yoghurt)

This healing facial has been specially designed to replenish the freshness and texture of the skin, damaged by the strong sun of this beautiful, furthermore hot Yucatan! The Mayan Honey and the Homemade Yoghurt will be applied with a soft and relaxing massage on your visage. After rinsing your skin with the fresh Cucumber water, our therapist will apply a homemade Mayan honey facial and whilst the mask is moisturizing your skin fibers, our therapist will give you a head massage.

# Mayan Elements (Mayan Honey, Avocado and Oatmeal)

The Maya supplied certain attributes to honey, considering it a divine product of special "kinam" force, sent by the gods, as an energetic and sacred element. This is why our facials see the honey as the most important element for moisturizing, energizing, nourishing and reconstructing of the skin. A gentle exfoliation with Oatmeal will leave your skin clean from impurities, dryness and will prepare it to receive the spectacular qualities of what was called the Gold of the Mayans: the Honey. An avocado pulp will be applied for achieving the perfect cleanse. After a delicate rinsing a moisturizing Cocoa Butter emulsion is applied with a deep face massage.

#### **EXFOLIATIONS & BOTHANICAL BATHS**

We offer two types of exfoliations at your choice:

Sugar, Honey & Aloe Vera

Aloe Vera, Vanilla, Coconut Milk & Rose Petals

#### Ladies

Ice welcome Ceremony Infusion made with dried Roses and local Jamaica Flowers. Wrap and facial with fresh Aloe Vera, alternating in timing with foot Reflexology and Cranial Acupressure.

Botanical Bath with Coconut Milk, Jamaica Flowers and Vanilla de Papantla.

A selection of the most appropriate infusion from our Perfumeria Flavors Tasting Room will be served at the end of the treatment.

#### Gentlemen

Ice welcome Ceremony Infusion made with Eucalyptus and fresh Mint. Wrap and facial with fresh Aloe Vera, alternating in timing with foot Reflexology and Cranial Acupressure. Botanical Bath with Coconut Milk, Eucalyptus, Vanilla de Papantla and Mint.

A selection of the most appropriate infusion from our Perfumeria Flavors Tasting Room will be served at the end of the treatment.

#### **RITUALS**

### COQUI COQUI

#### "Regeneration"

A ritual therapy which sees the combination of four different techniques: Relaxing Massage, Deep Tissue,
Acupressure and Reflexology, accompanied by a Brown Sugar and Mayan Honey exfoliation, a detoxifying
drink rich in iron made with local elements such as Moringa, Chaya, Lemon and Mineral Water is served.A
refreshing facial will be applied, ending with a Botanical Bath and a selection of the most appropriate infusior
from our Perfumeria Flavors Tasting Room will be served at the end of the treatment.

#### ALOE VERA

# "The plant of Immortality"

The ancient Mayans called the Aloe Vera the "plant of immortality." Since then, its uses have become more targeted and medicinal, and it's one of the leading therapies for sunburns. Its powerful healing activity acts as a protective layer on the skin and helps replenish its moisture. Because of its nutritional qualities and antioxidant properties, the skin heals quicker. This healing treatment has been specially designed to replenish the freshness and texture of the skin damaged by the sun. The Cucumber will be applied through a soft massage. After rinsing under the water, your body will be immersed in a healing Aloe Vera body wrap, while

# COCONUT WATER "Rehydration"

the therapist will give you a head massage.

This rehydrating treatment starts with a cleansing shredded Coconut and Papaya exfoliation. Papaya contains certain enzymes, biochemically know as papain, which soften and revitalize the skin. You will be wrapped like in a cocoon to let the papain work while you are receiving a relaxing head massage. After this special attentior and a botanical bath with hydrating Coconut Milk, Vanilla and Chlorophyll you will receive a massage with our Coconut Oil.

# CAFÉ de VERACRUZ & MAYAN CLAY Exfoliation and Wrapping "Antioxidant"

Coffee is a highly effective natural exfoliant, as the coffee grounds stimulate cell renewal. It has antiinflammatory properties that soothered and irritated skin, and it has an astringent effect that promotes deep
cleansing. It's also a natural antioxidant that protects the skin from the harmful effects of free radicals, which
cause premature aging. This treatment begins with a full body exfoliation with selected Coffee grains from
Veracruz, followed by a Pepper leaf body wrap to helpthe skin with its anti-inflammatory and antioxidant
properties. To finish with a relaxing massage using your favorite oil of our Coqui Coqui Perfumeria.





# COBA PAPOLCHAC

LADO SUR LAGUNA COBA CP 87780. Q.ROO, MEXICO

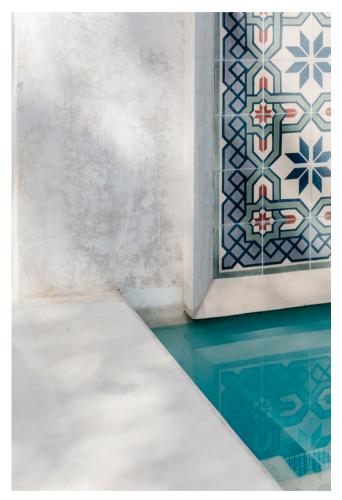




# VALLADOLID LA PERFUMERIA

CALLE 41/A N.207A (ENTRE 48 Y 50) COLONIA SISAL, VALLADOLID - CP 97780. YUCATÁN, MEXICO





# MERIDA L'EPICERIE

CALLE 55 N.516 (ENTRE 62 Y 64) COLONIA CENTRO, MERIDA - CP 97000. YUCATÁN, MEXICO





# IZAMAL CASA DE LOS SANTOS

CALLE 31 N.277 (ENTRE 26 Y 28)
COLONIA CENTRO, IZAMAL - CP 97540. YUCATÁN, MEXICO



# PRICE LIST

#### MASSAGES

The Back is the Strength of a Human Being 45 min. MXN 1400.00 Relax the Circumference of your Being 60 min. / 90 min. MXN 1500.00 / 2250.00 (Four Hands Technique) MXN 3000.00 / 4500.00 MXN 1800.00 / 2700.00 Healing your Body Tissues 60 min. / 90 min. (Four Hands Technique) MXN 3600.00 / 5400.00 Healing Stones for Body and Soul MXN 2700.00 90 min. Rebozo Technique MXN 3000.00 90 min.

50 min.

MXN 1700.00

#### **FACIALS**

Reflexology

Under the Yucatan Sun60 min.MXN 1300.00Mayan Elements60 min.MXN 1300.00

#### **EXFOLIATIONS & BOTHANICAL BATHS**

 Ladies
 90 min.
 MXN 3000.00

 Gentlemen
 90 min.
 MXN 3000.00

#### RITUALS

COQUI COQUI "Regeneration" 3 hrs. MXN 4500.00
ALOE VERA "The plant of Immortality" 2 hrs. MXN 3600.00
COCONUT WATER "Rehydration" 2 hrs. MXN 3600.00
CAFÉ de VERACRUZ & MAYAN CLAY"Antioxidant" 2 hrs. MXN 3600.00

#### Cancellation policy

Cancellations must be made 3 days prior to arrival. Any cancellations or amendments made within the 3-day period will forfeit their 50% deposit. For cancellations made the same day of your treatment or no-shows a full penalty will be applied.

#### Tolerance

We inform you that 15 minutes of tolerance will be contemplated to be able to take the service, deducting of its time.

After this period, our Cancellation Policy will be applied.

#### Notes

Subject to availability. Please reserve in advance

Open every day from 10 am to 6pm

CONTACT
Information & Reservations

Email: spa@coquicoqui.com Whatsapp: +52 999 502 1546

