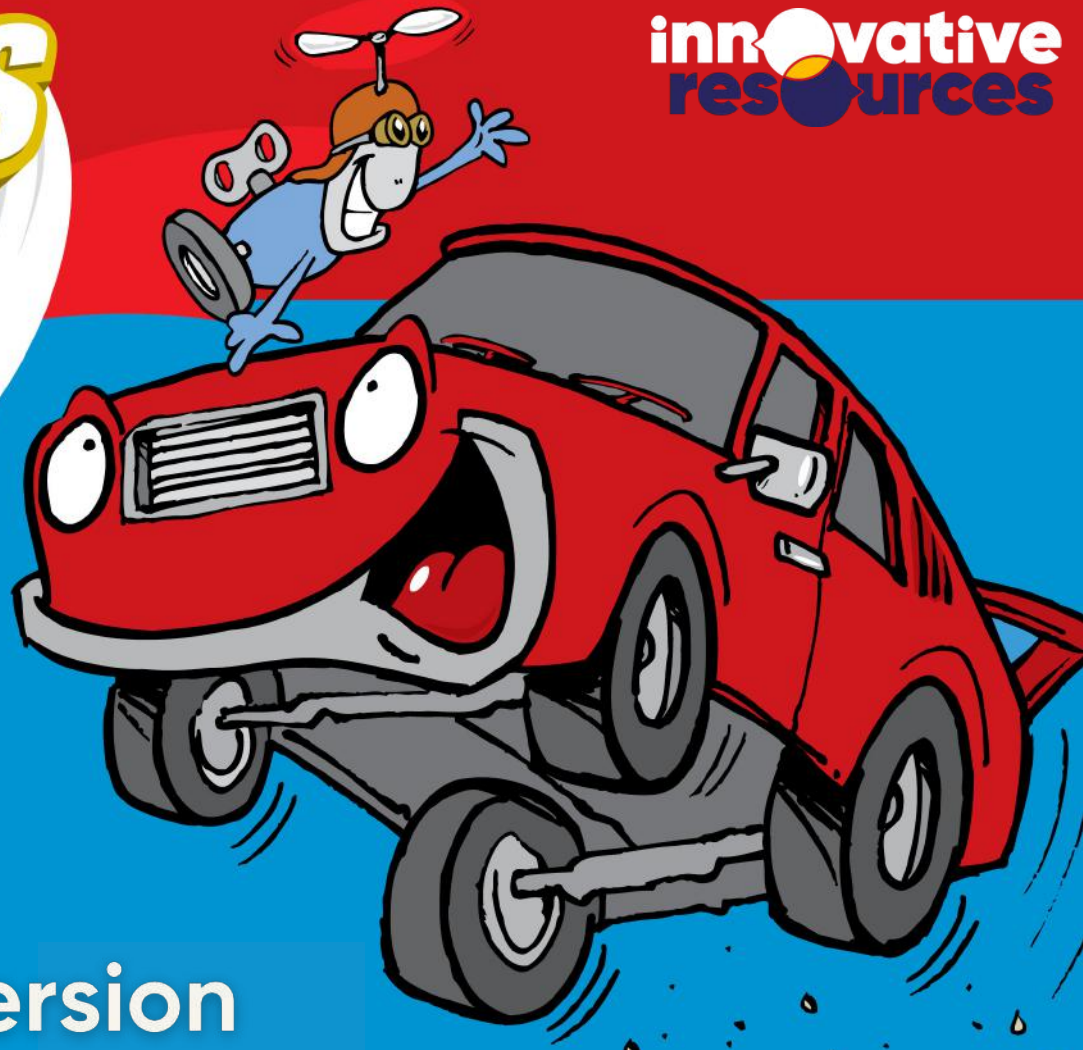


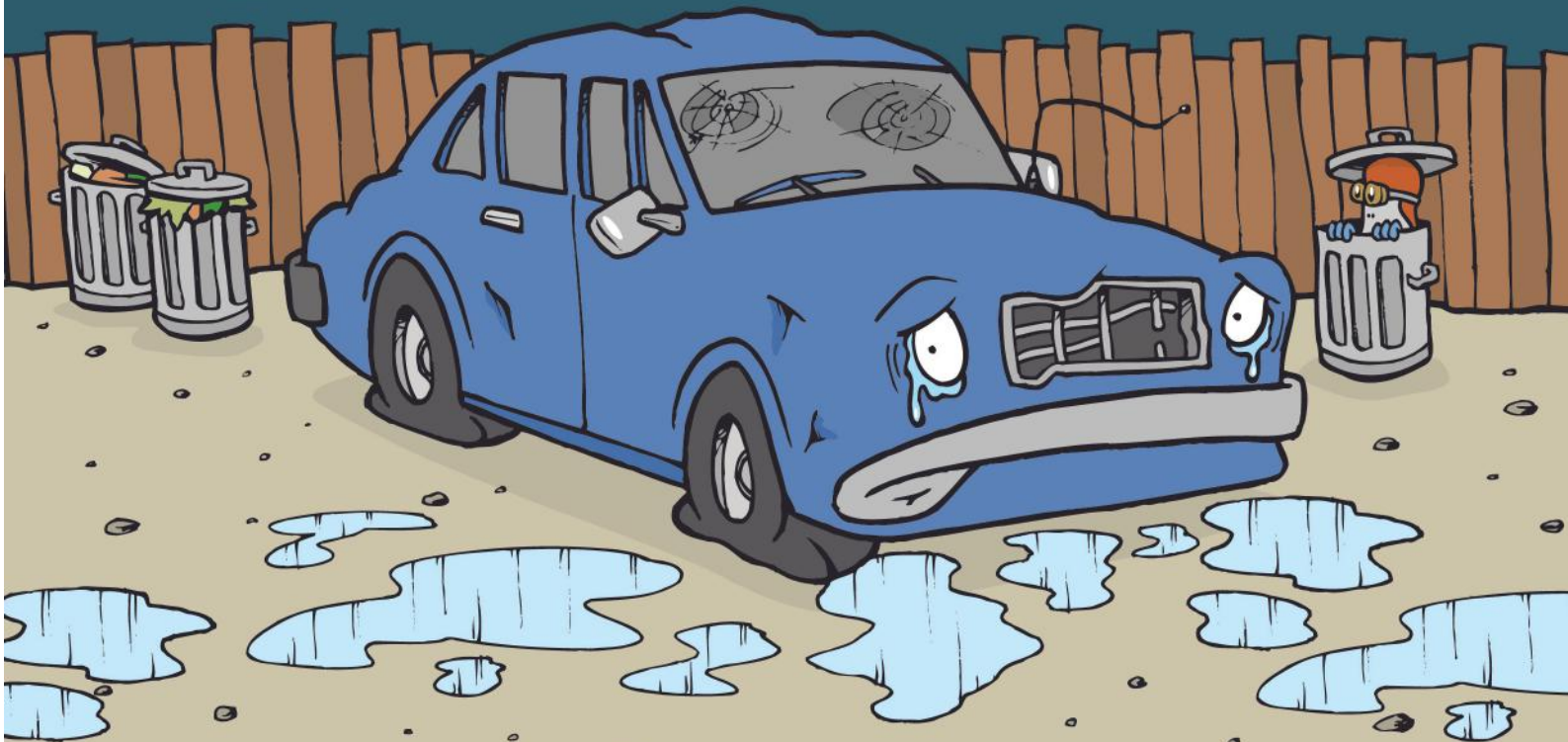
CARS 'R' US

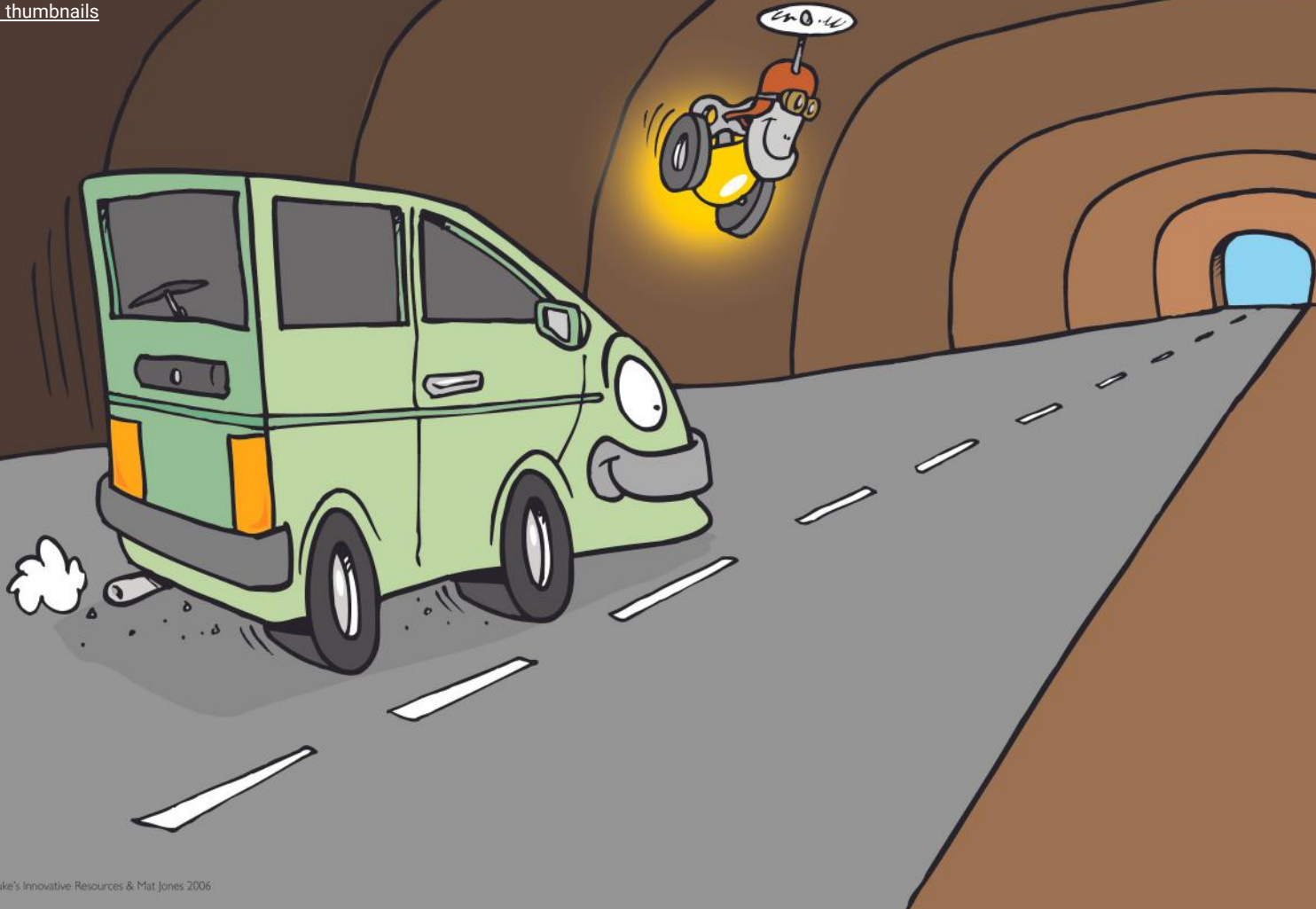
Kit

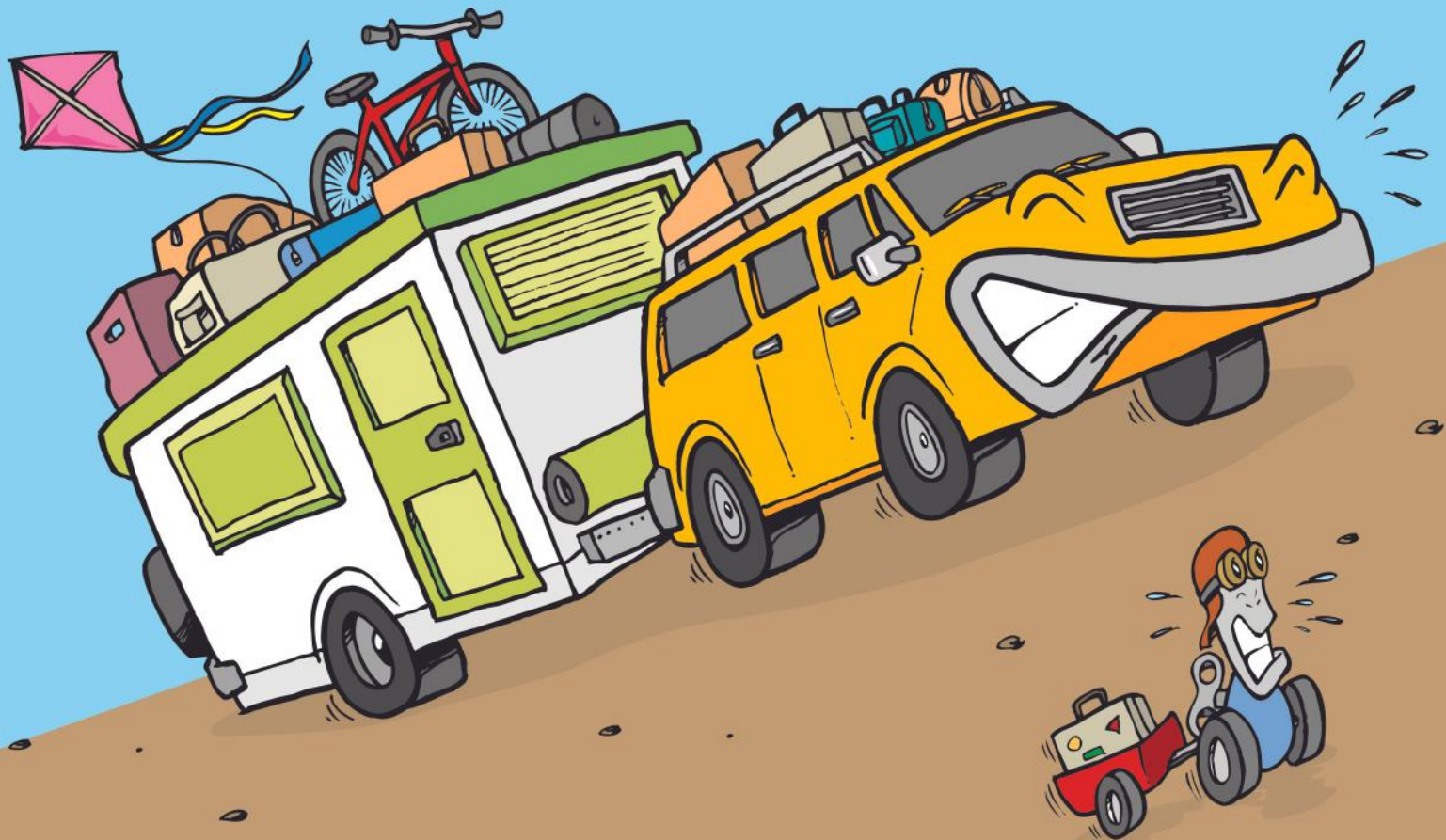
Digital version



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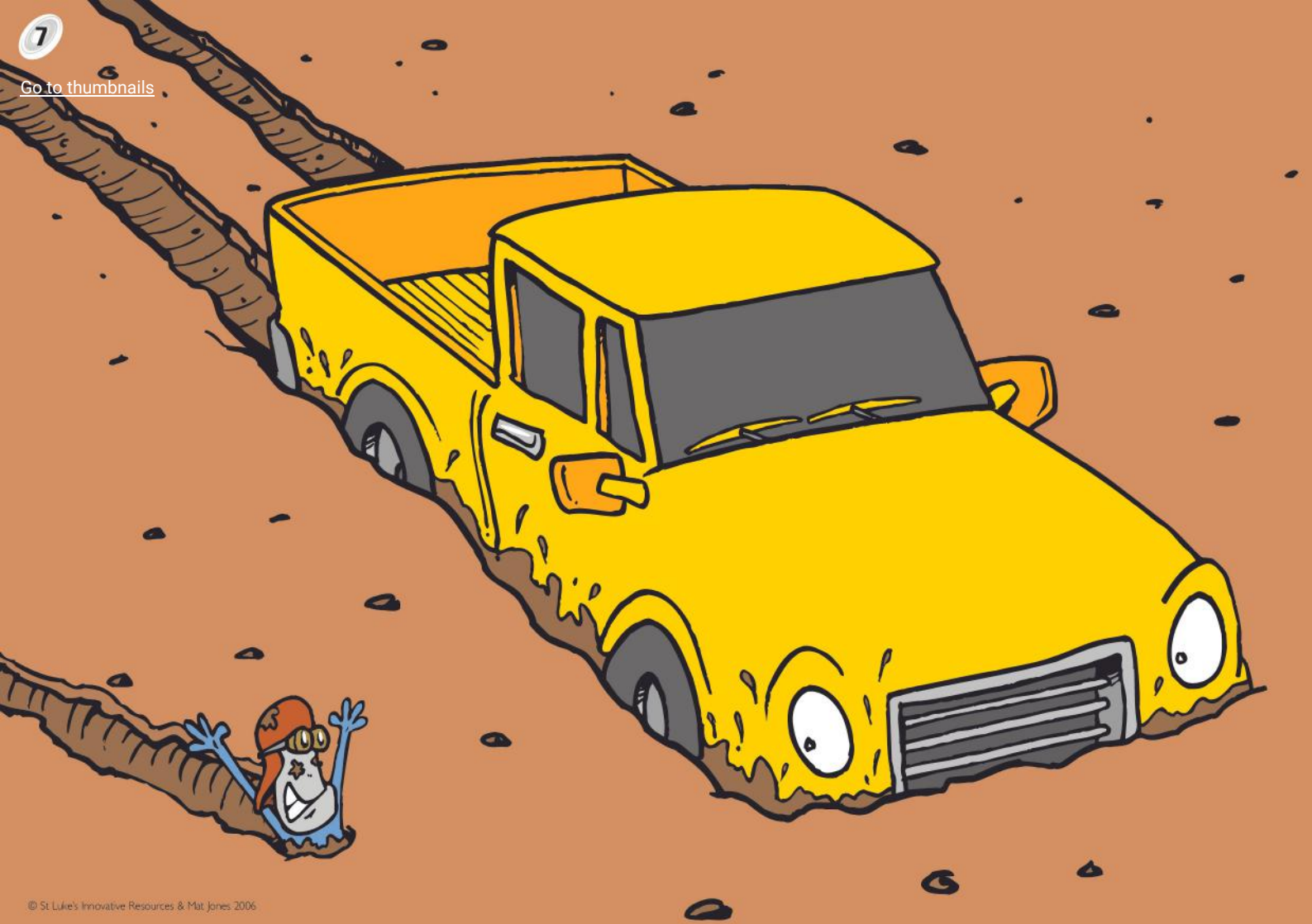


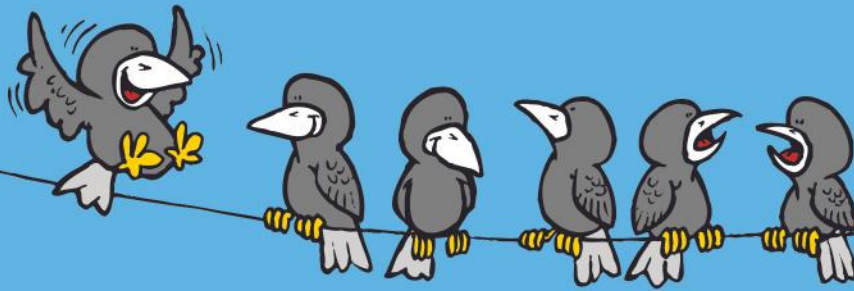




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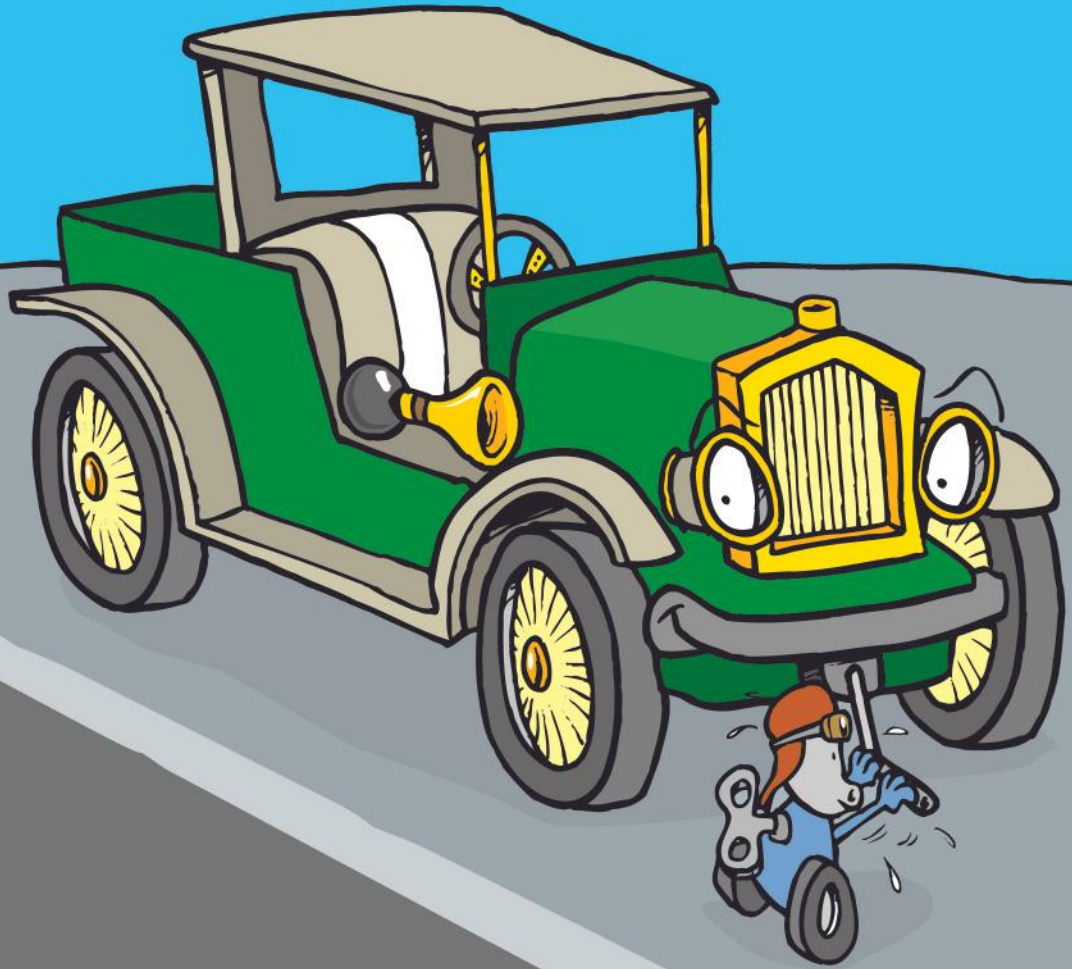




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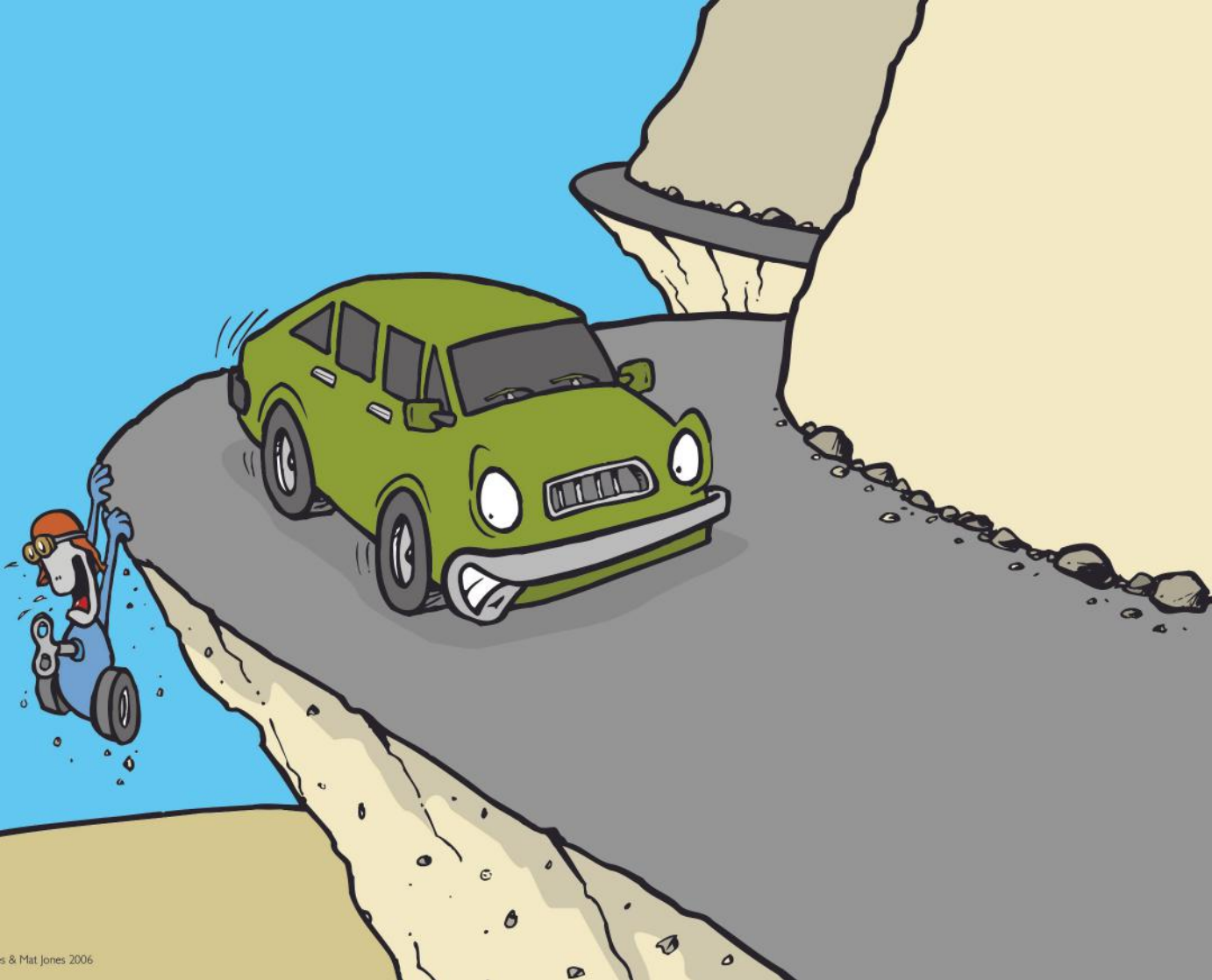
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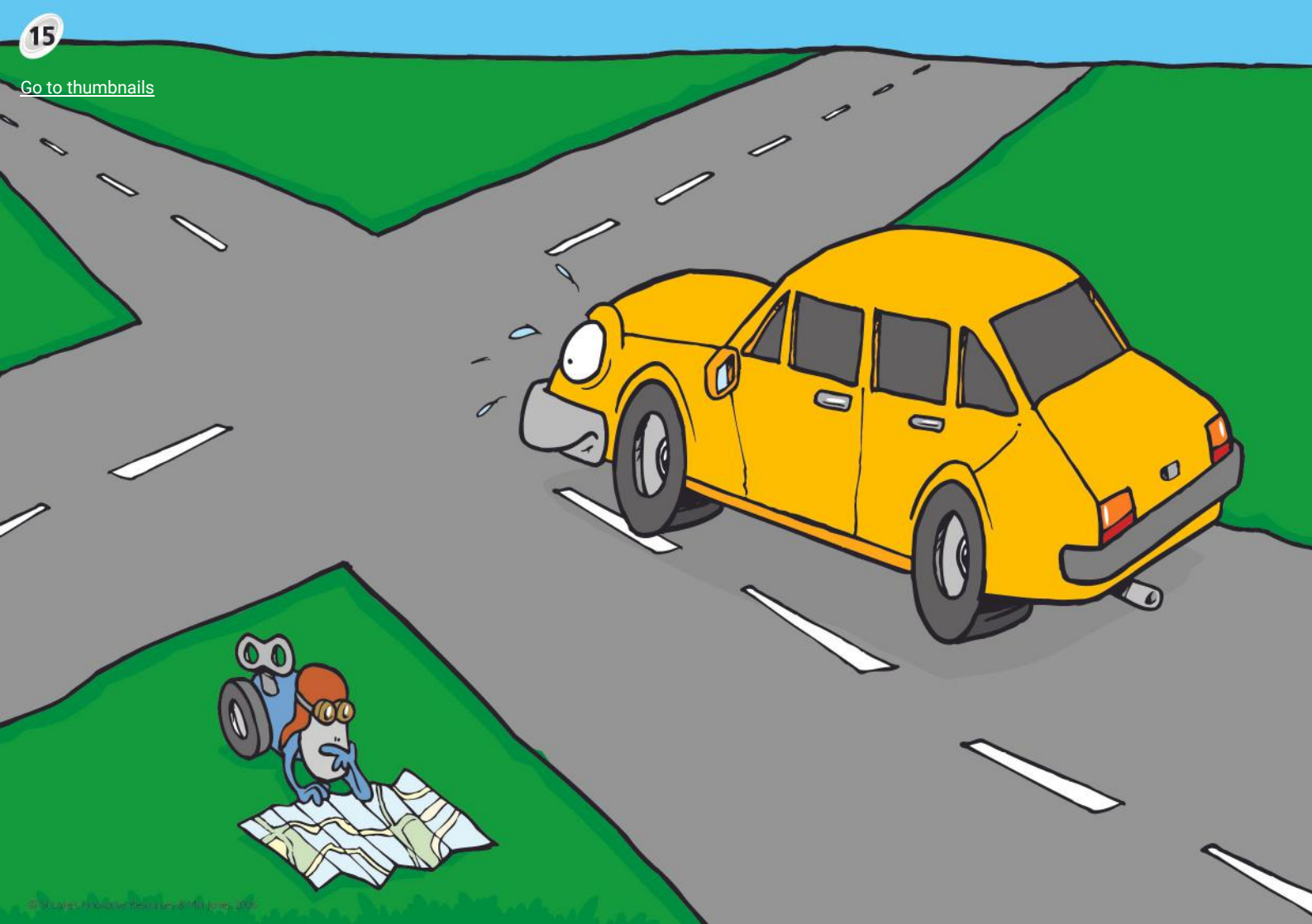
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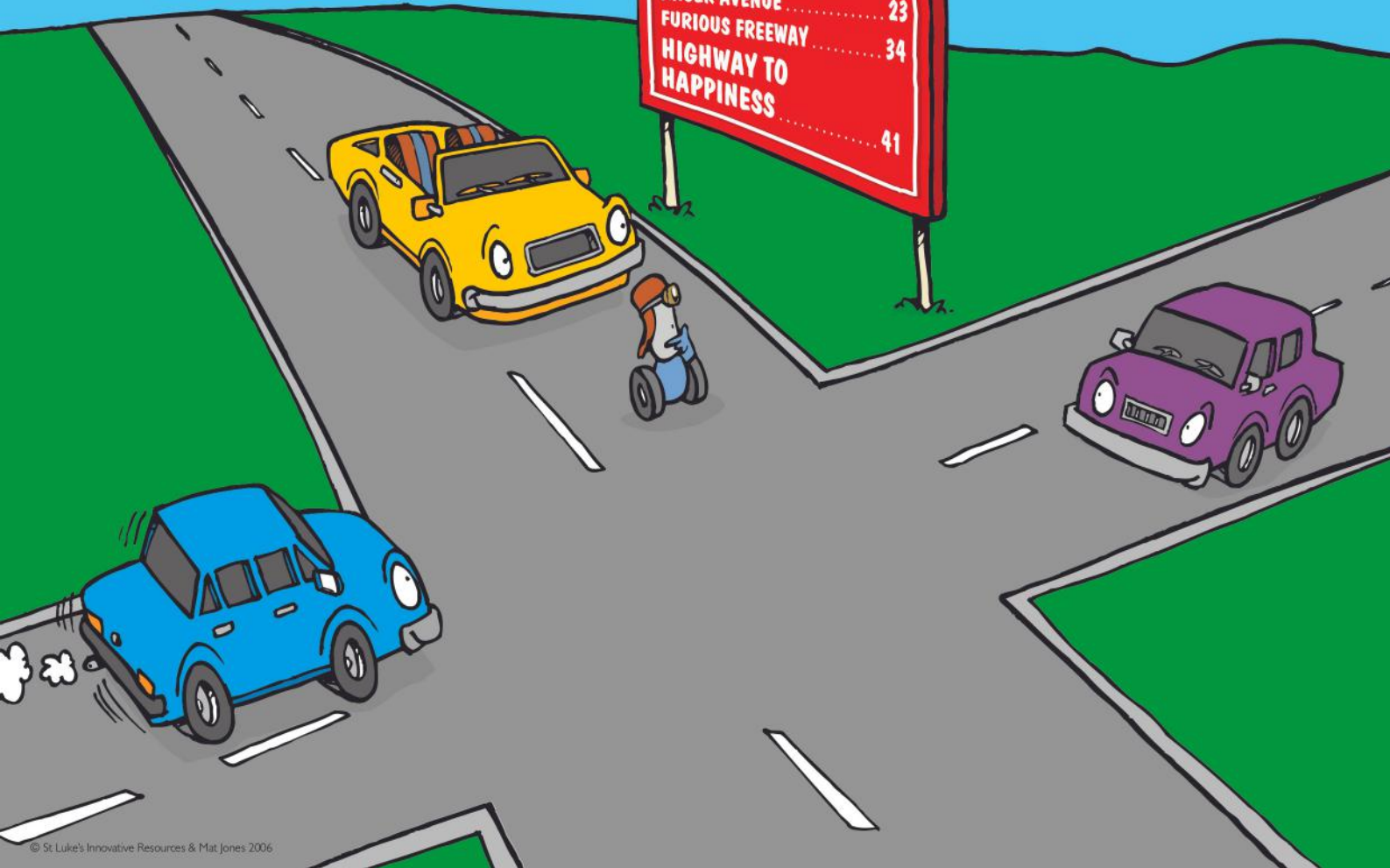
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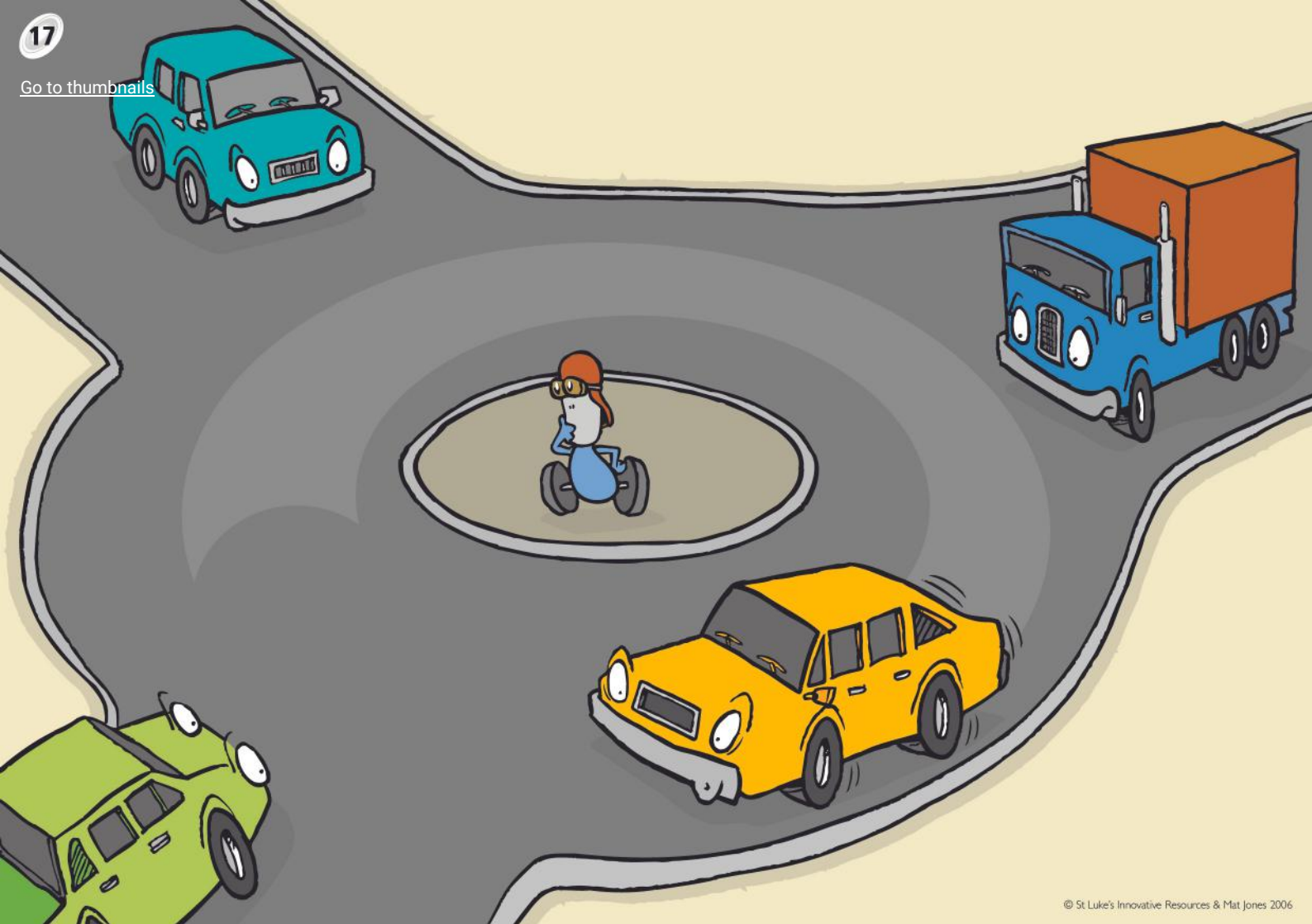
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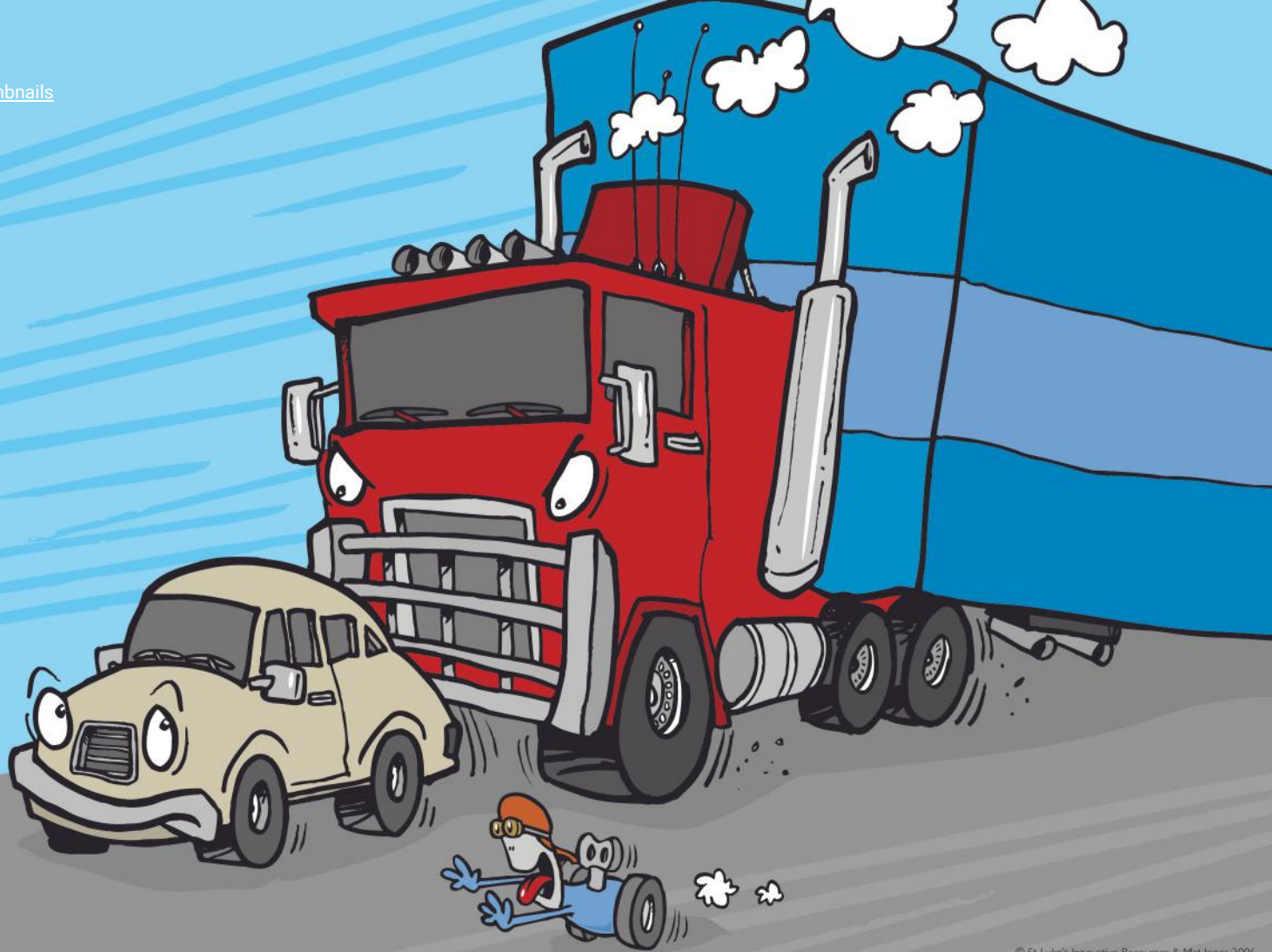


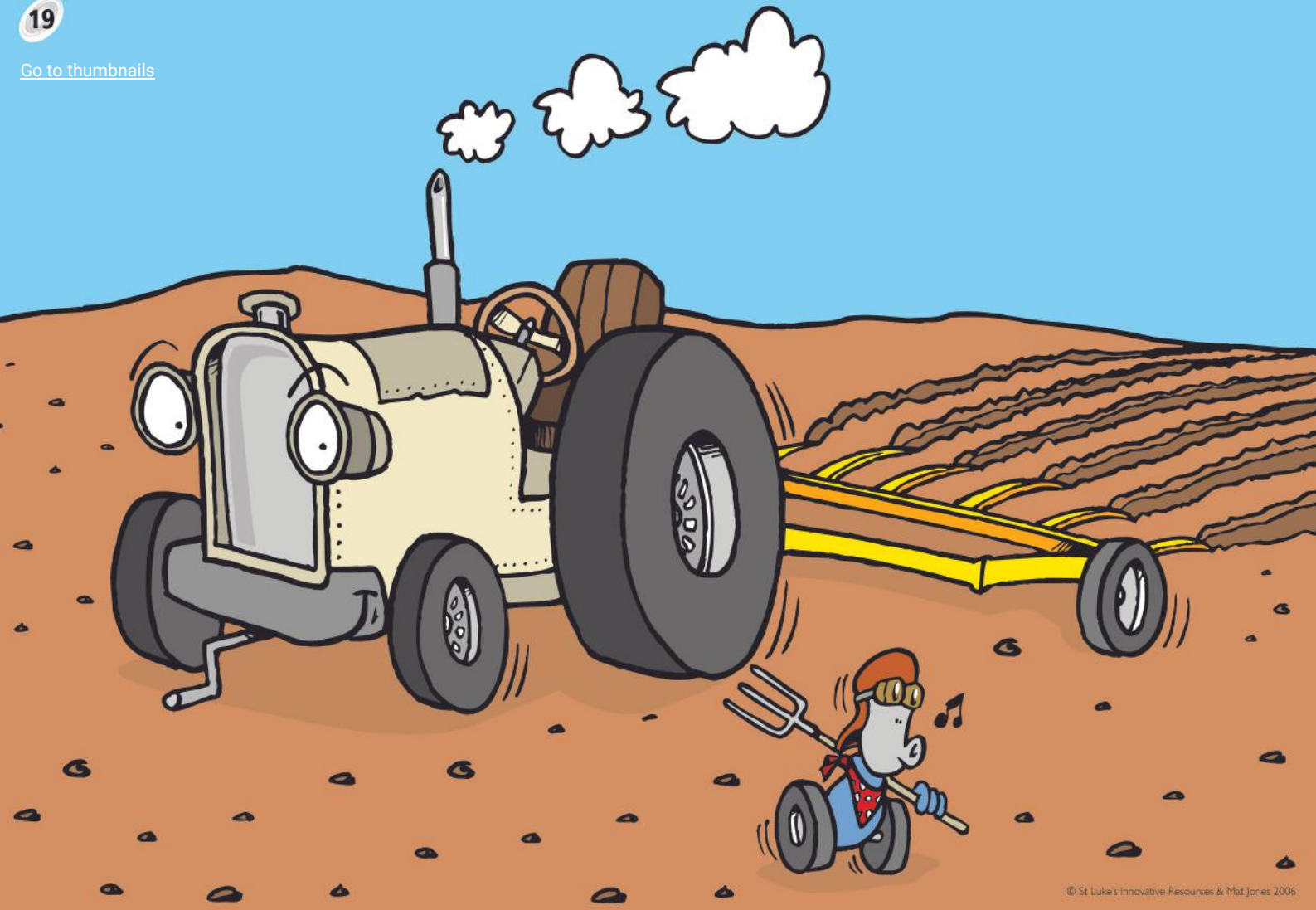
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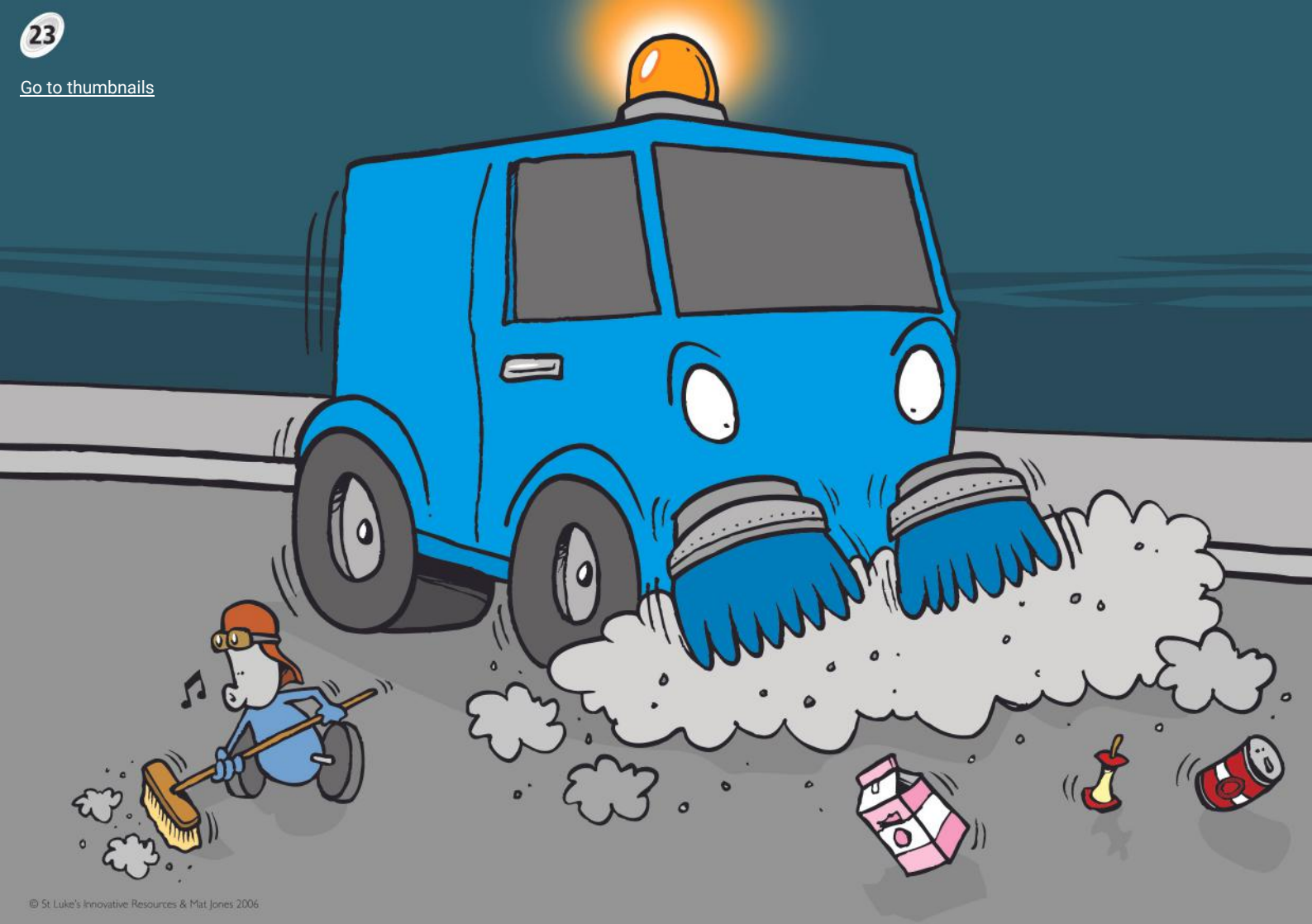


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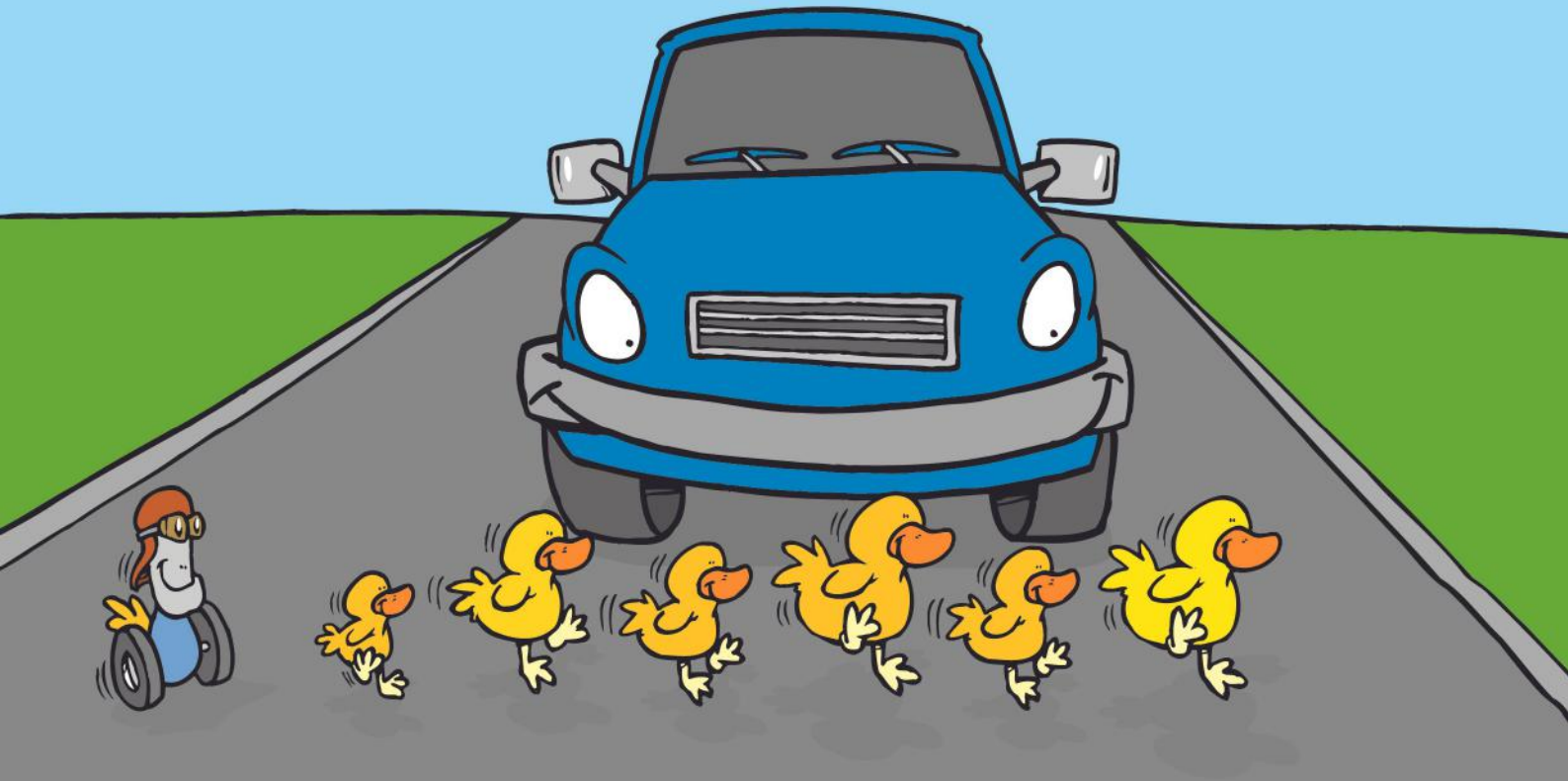




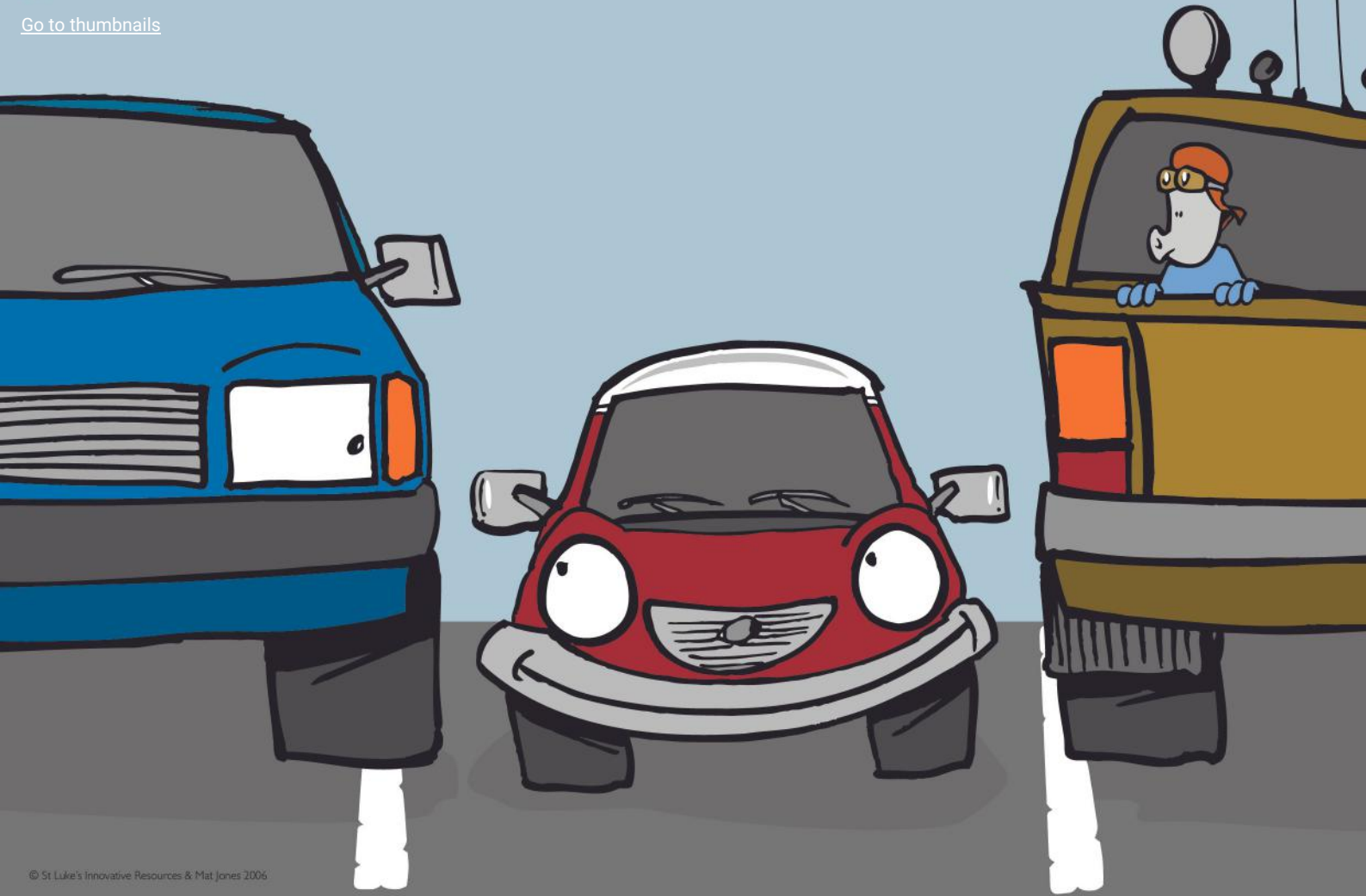
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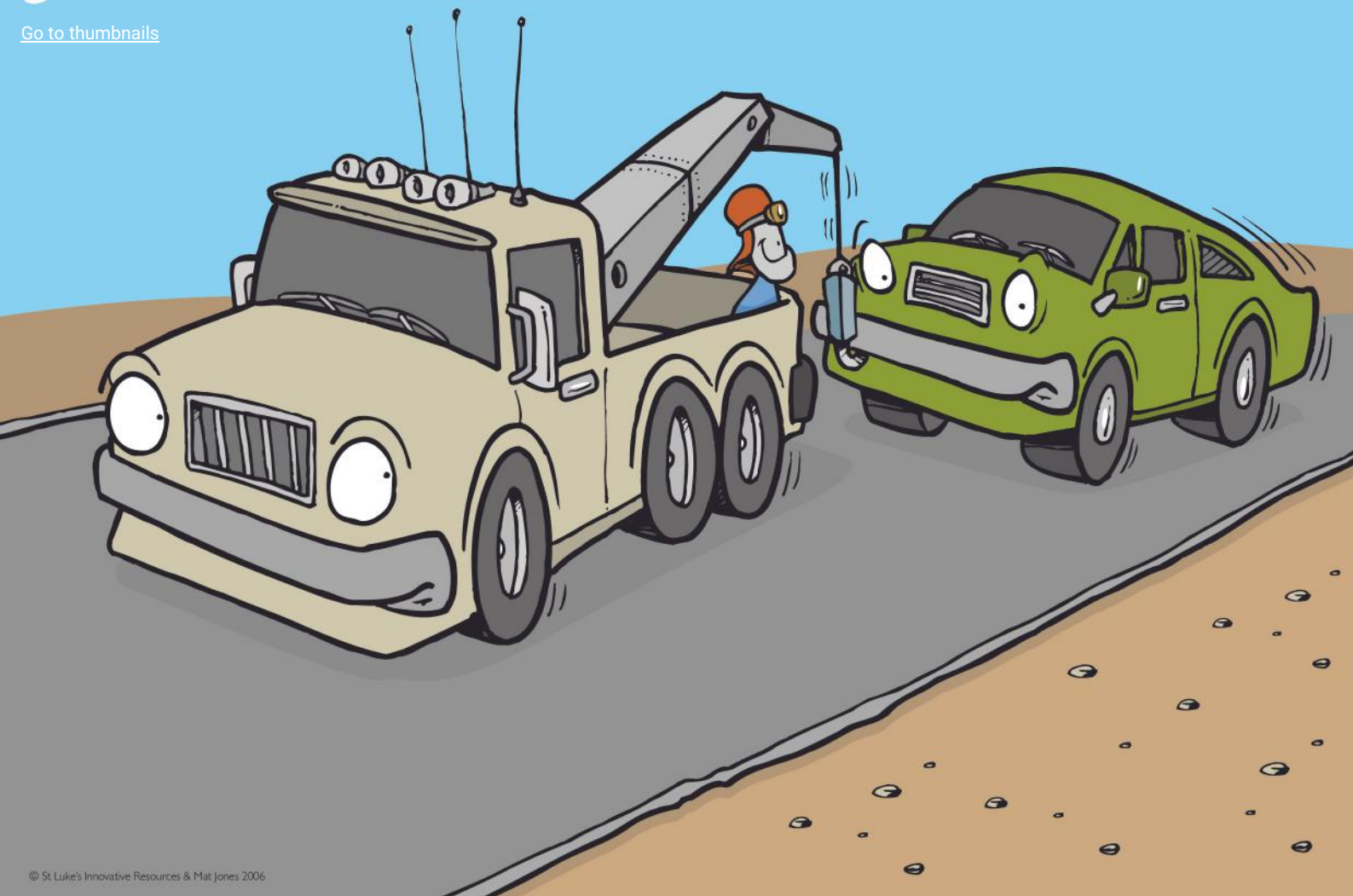


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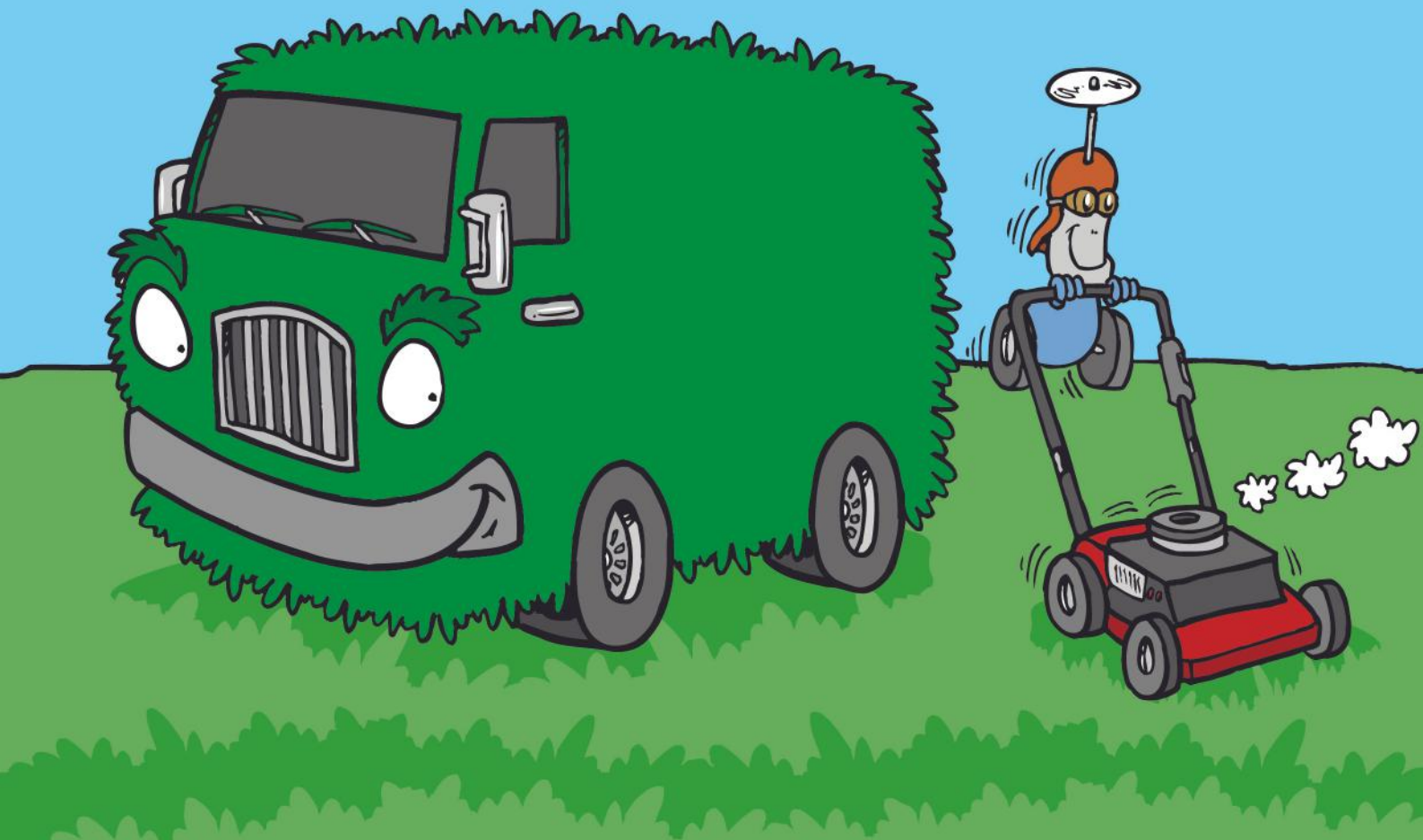




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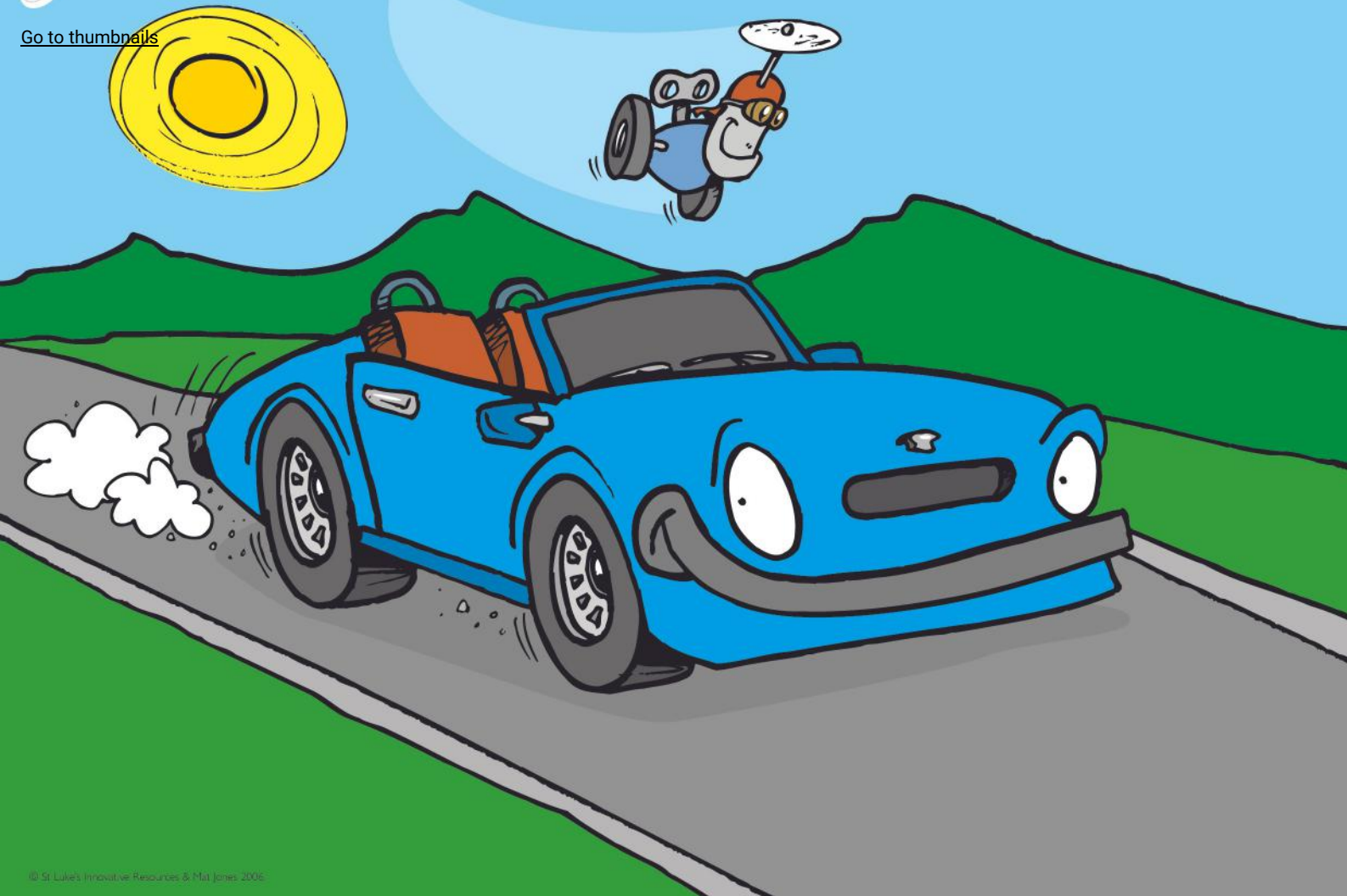
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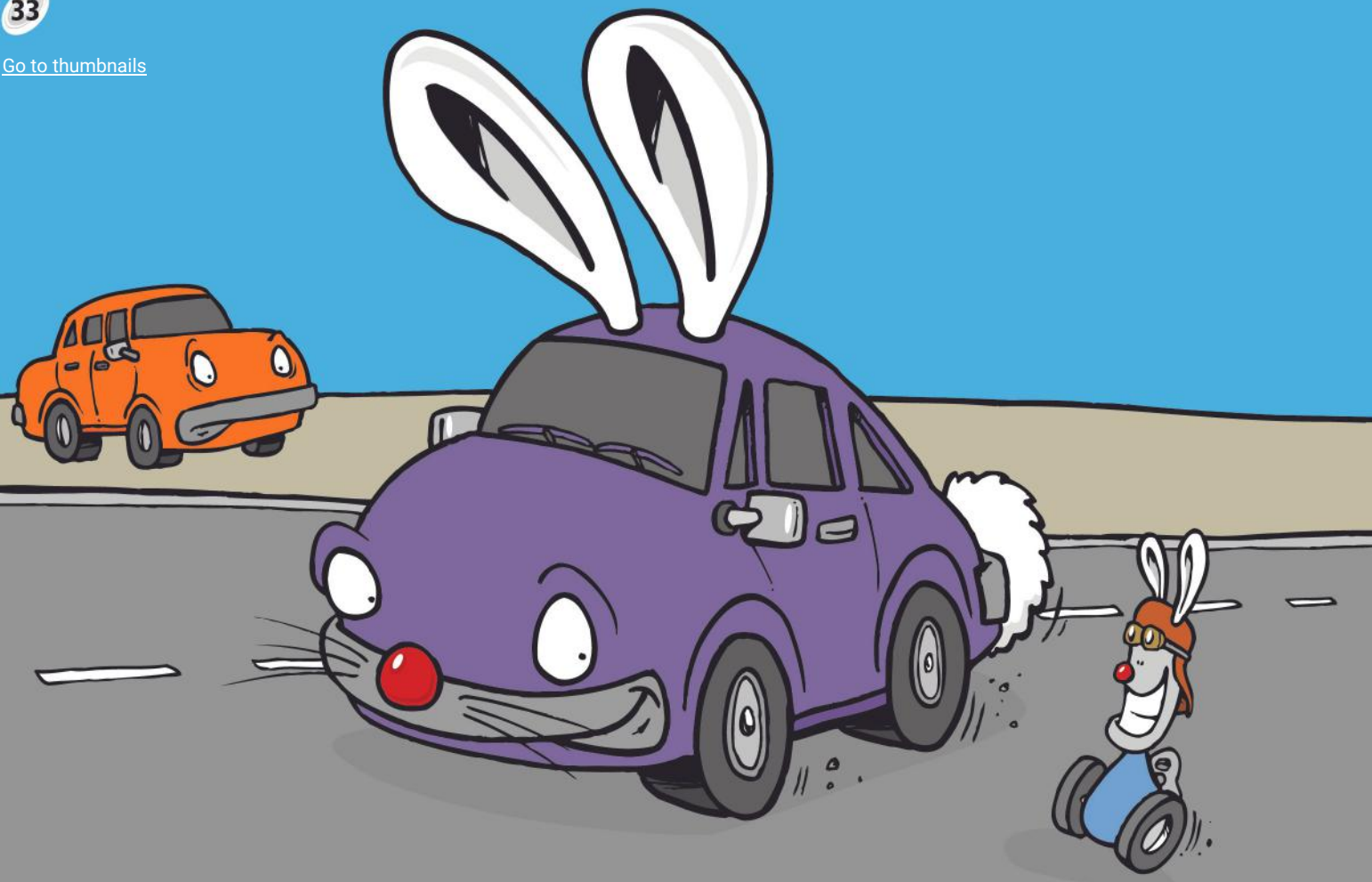
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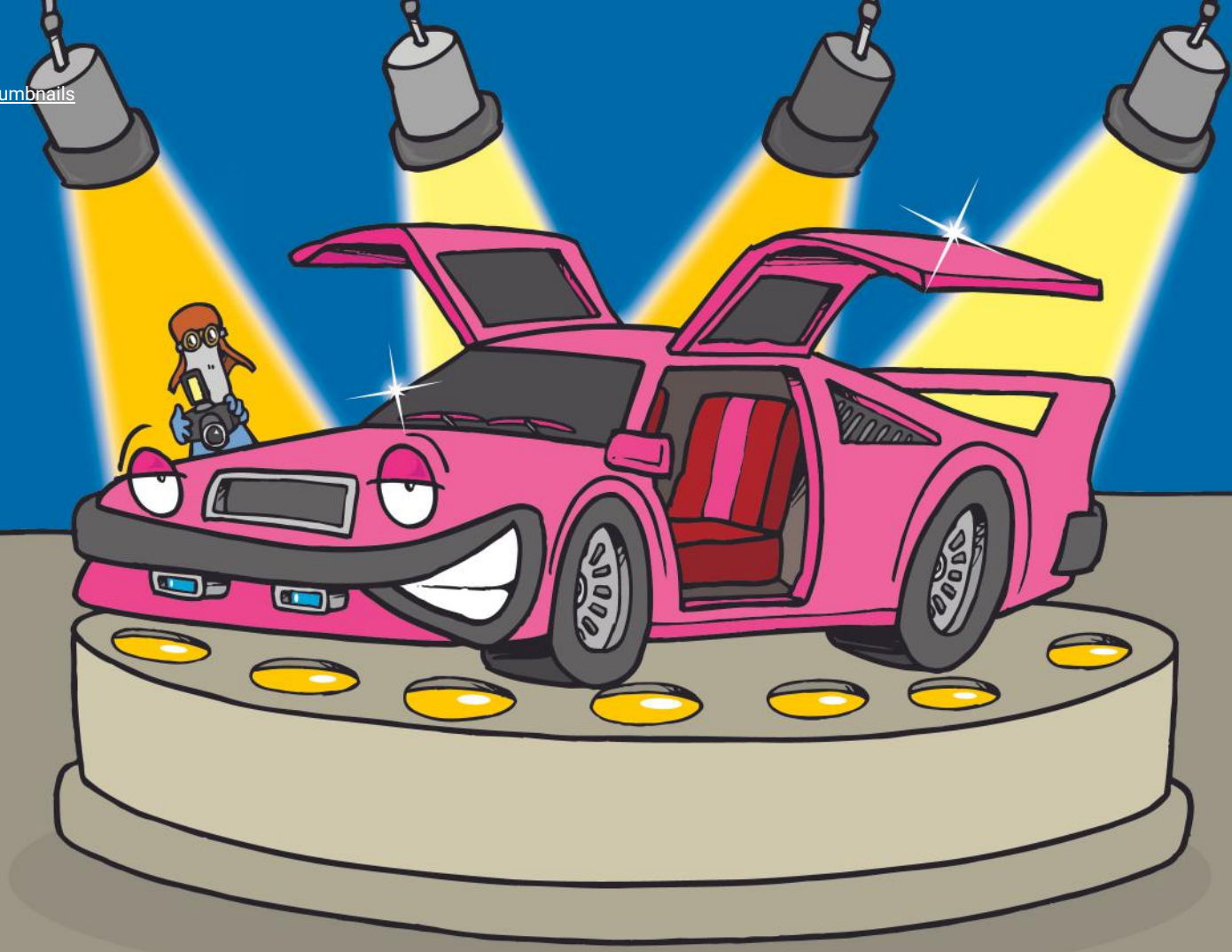
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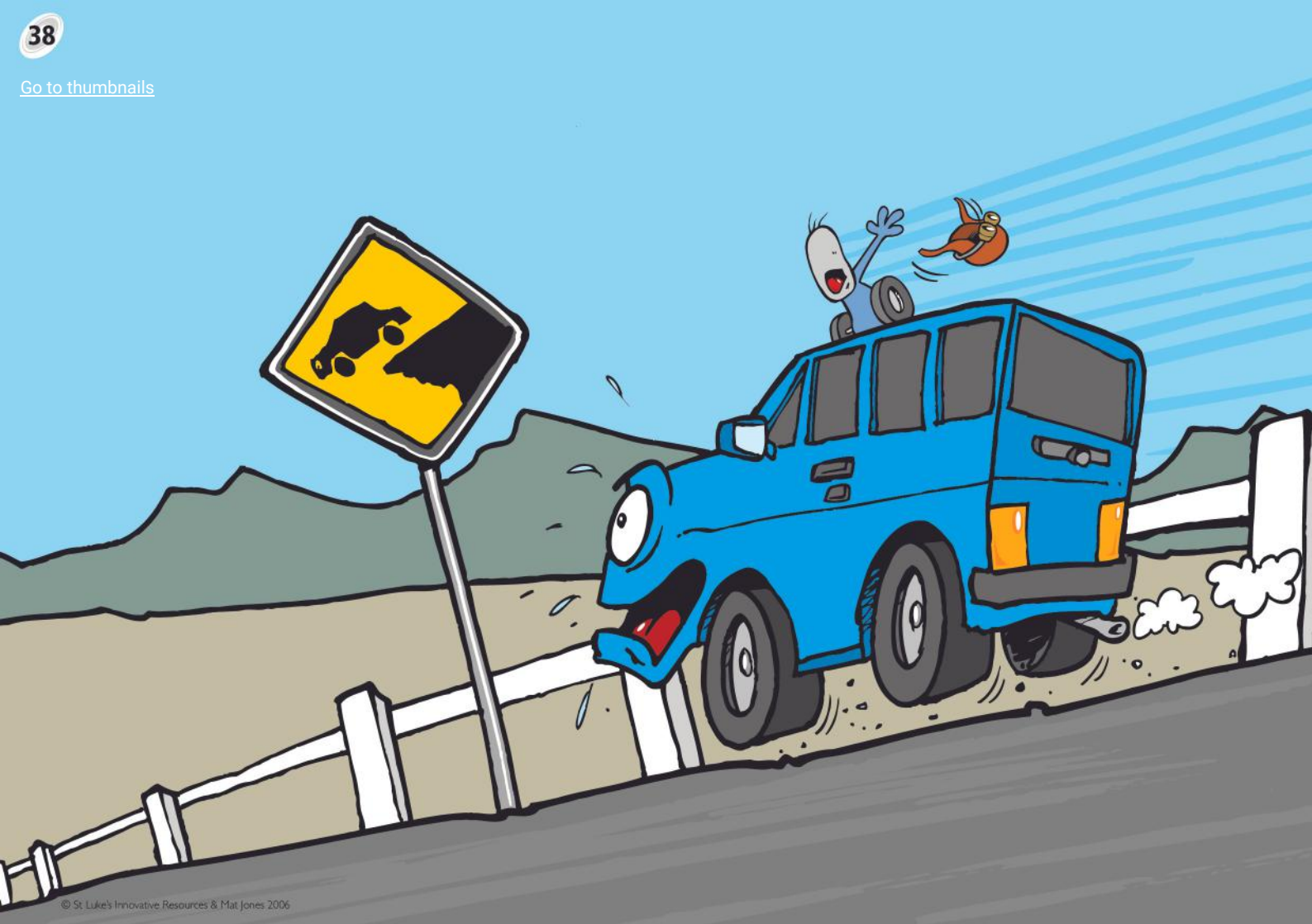
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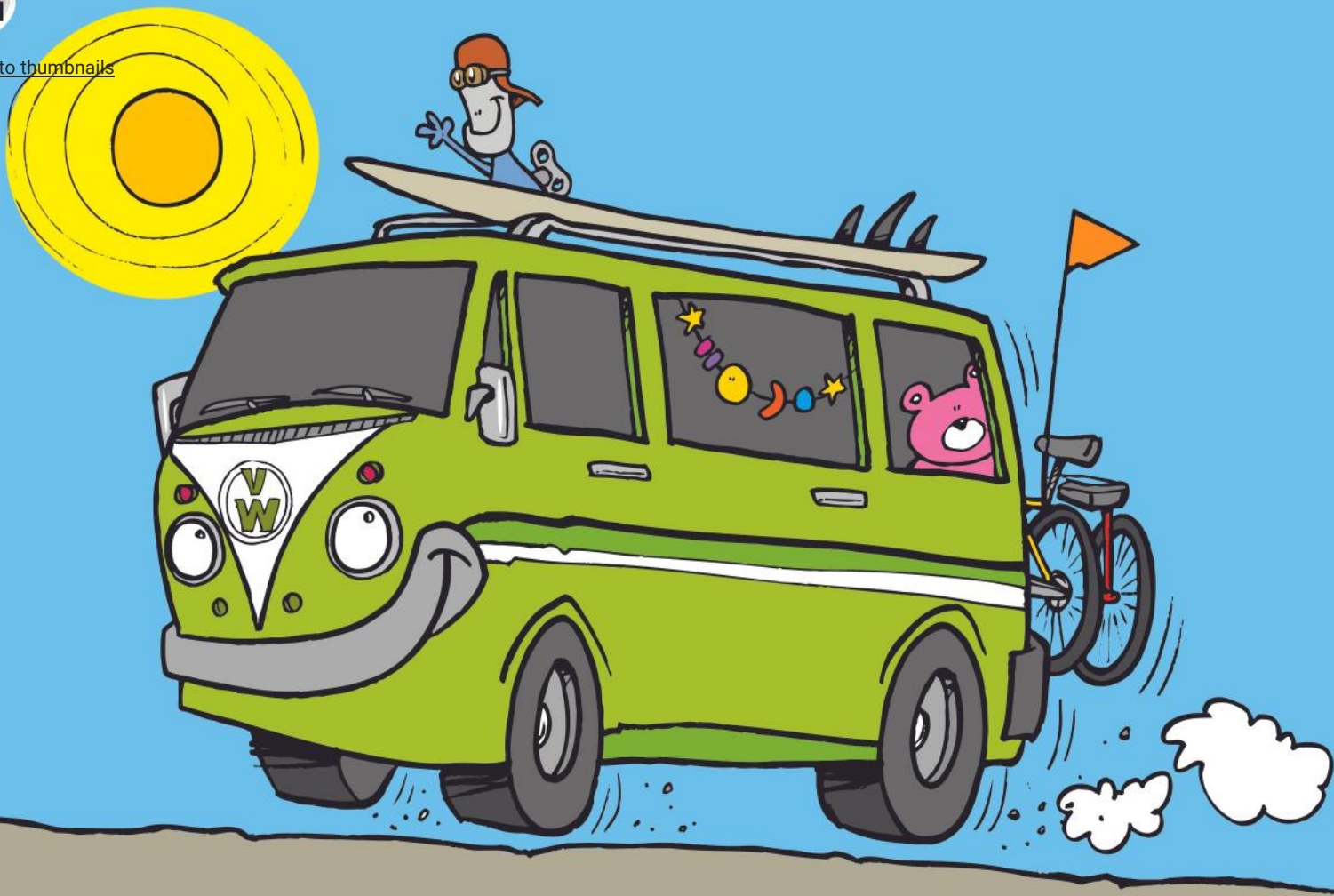
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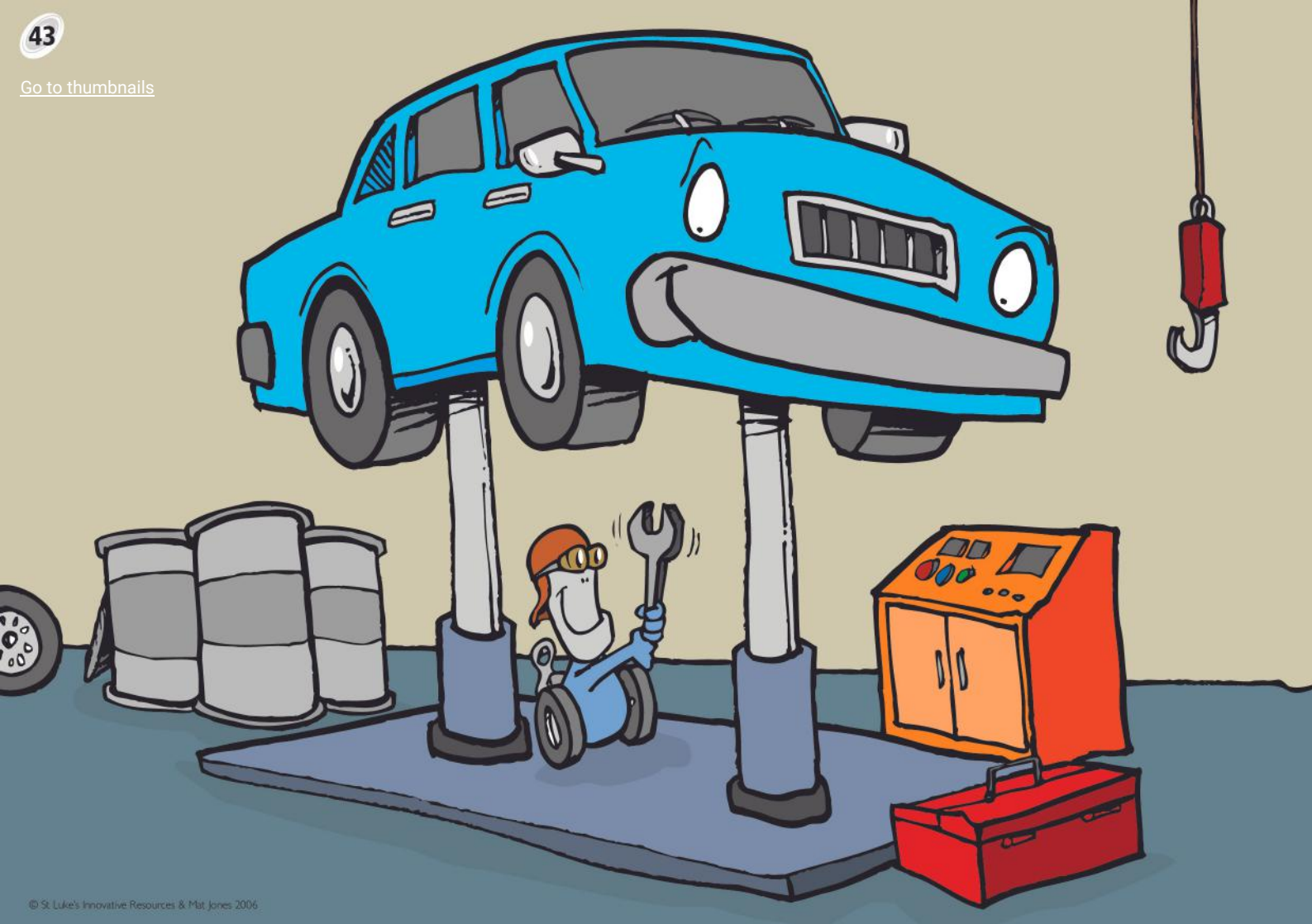
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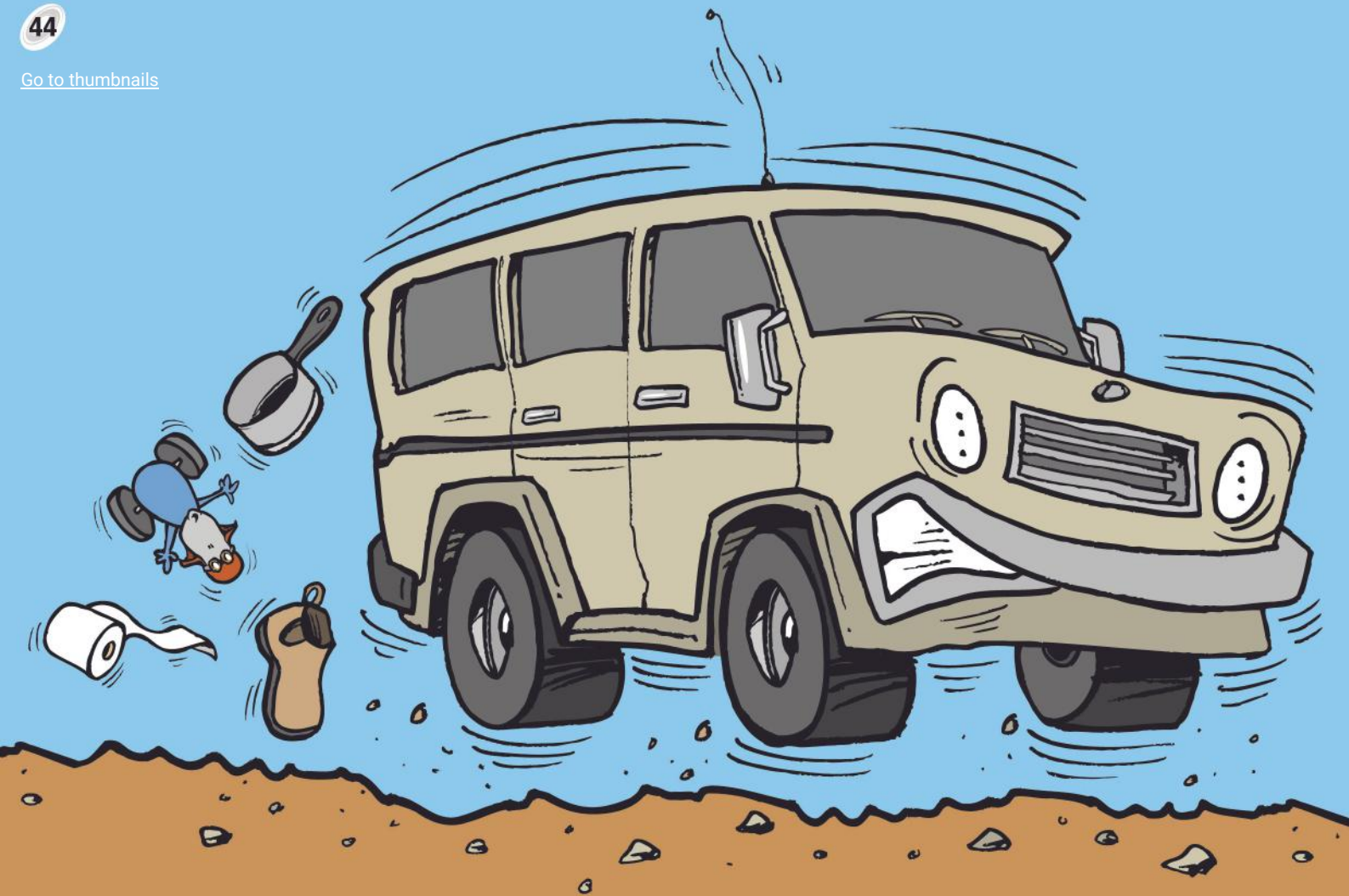
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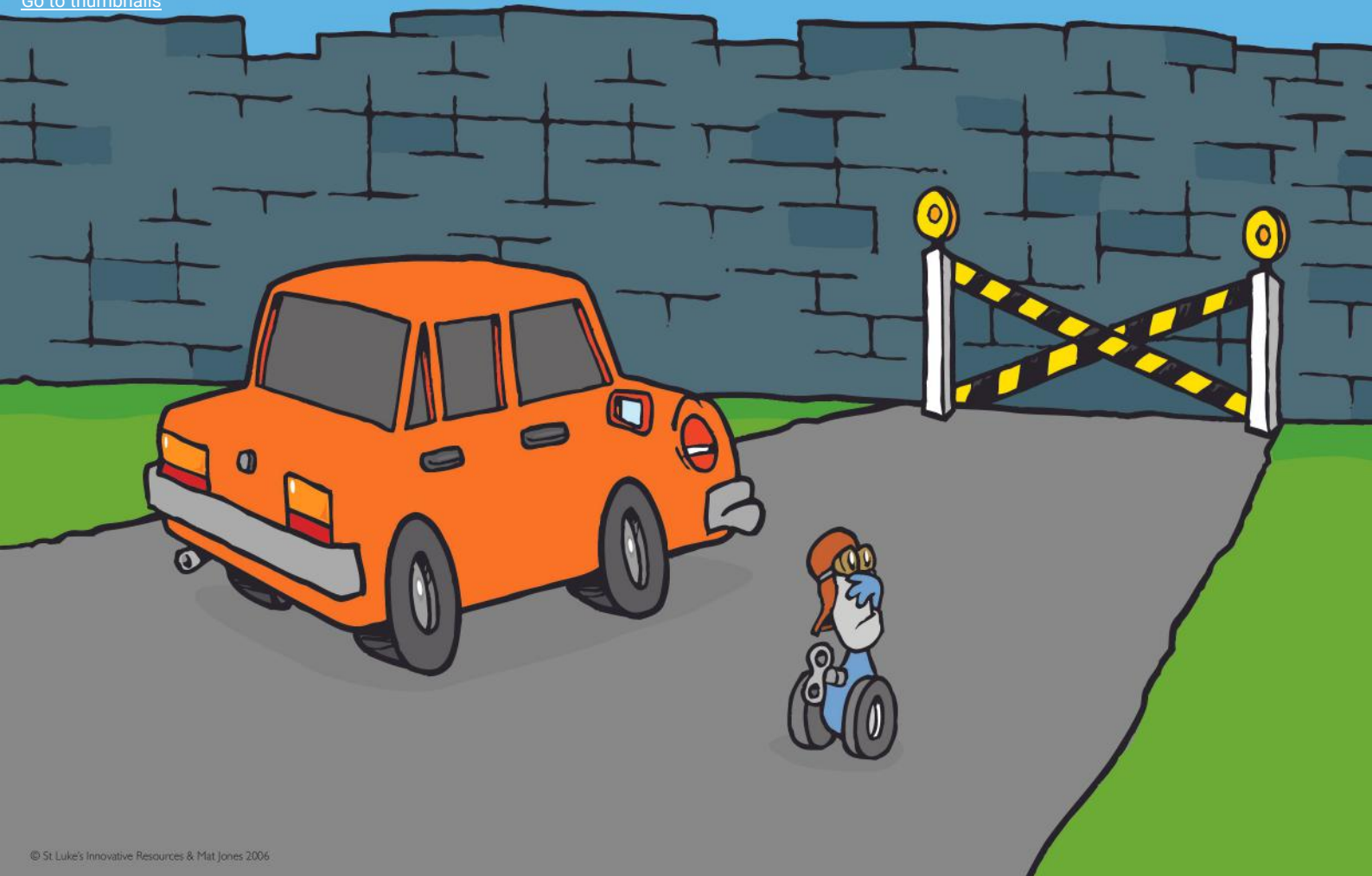


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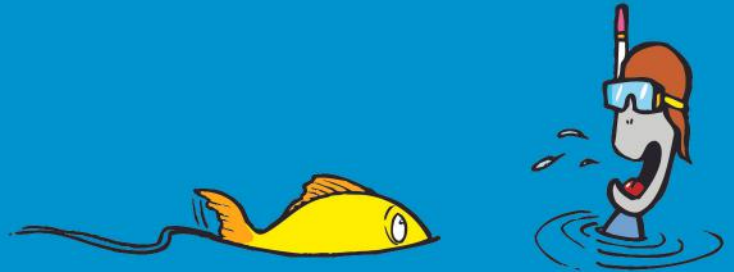
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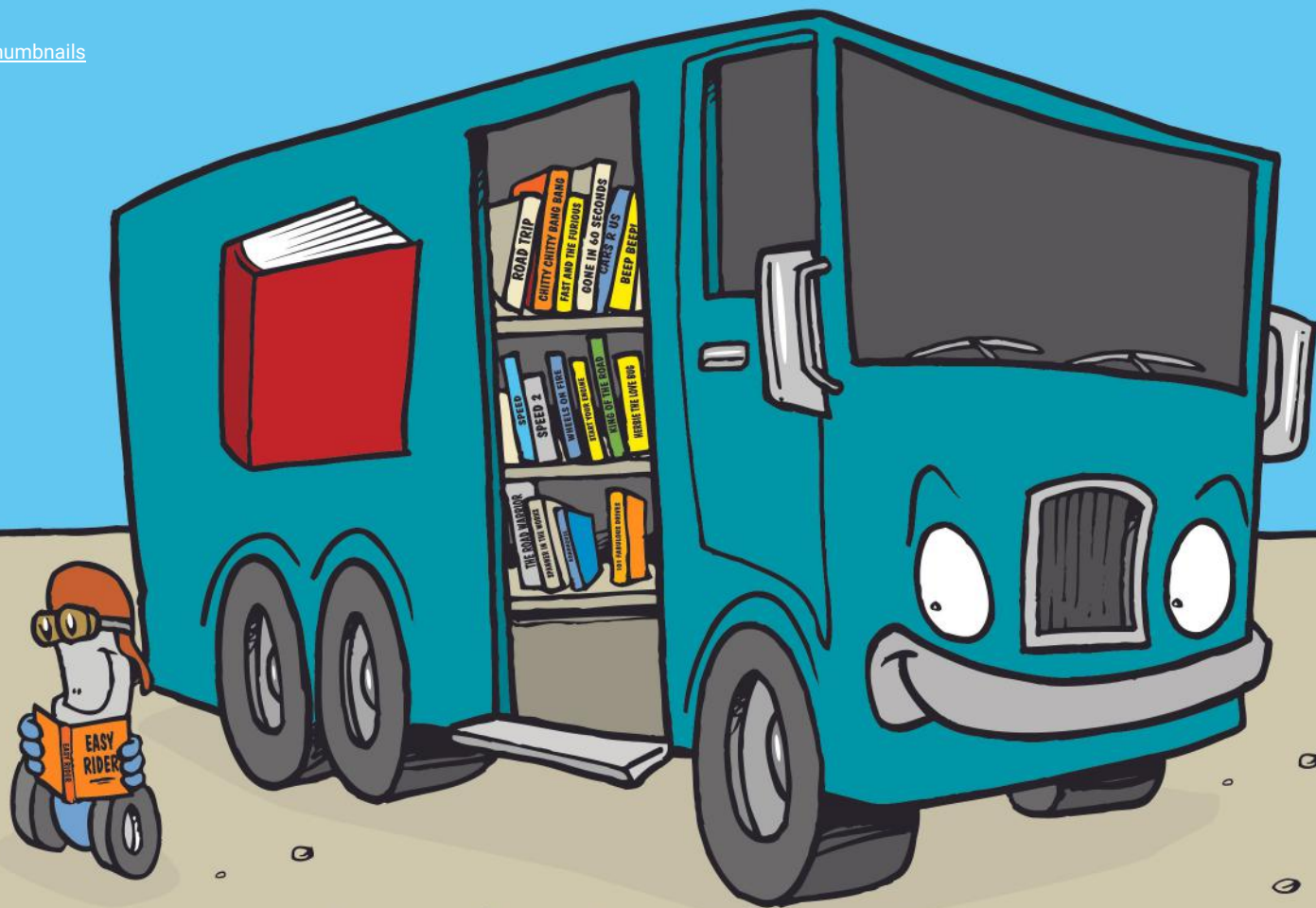




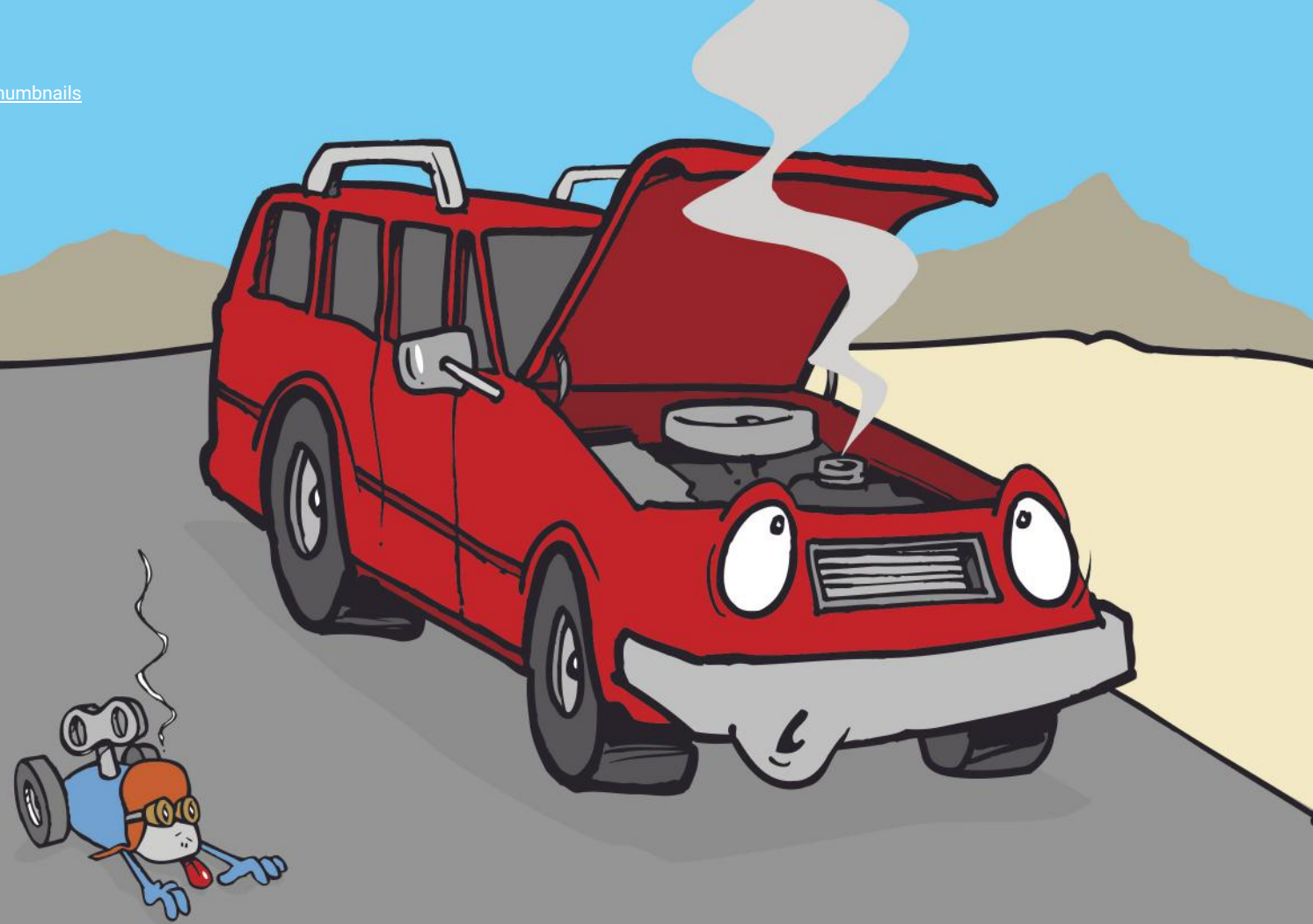
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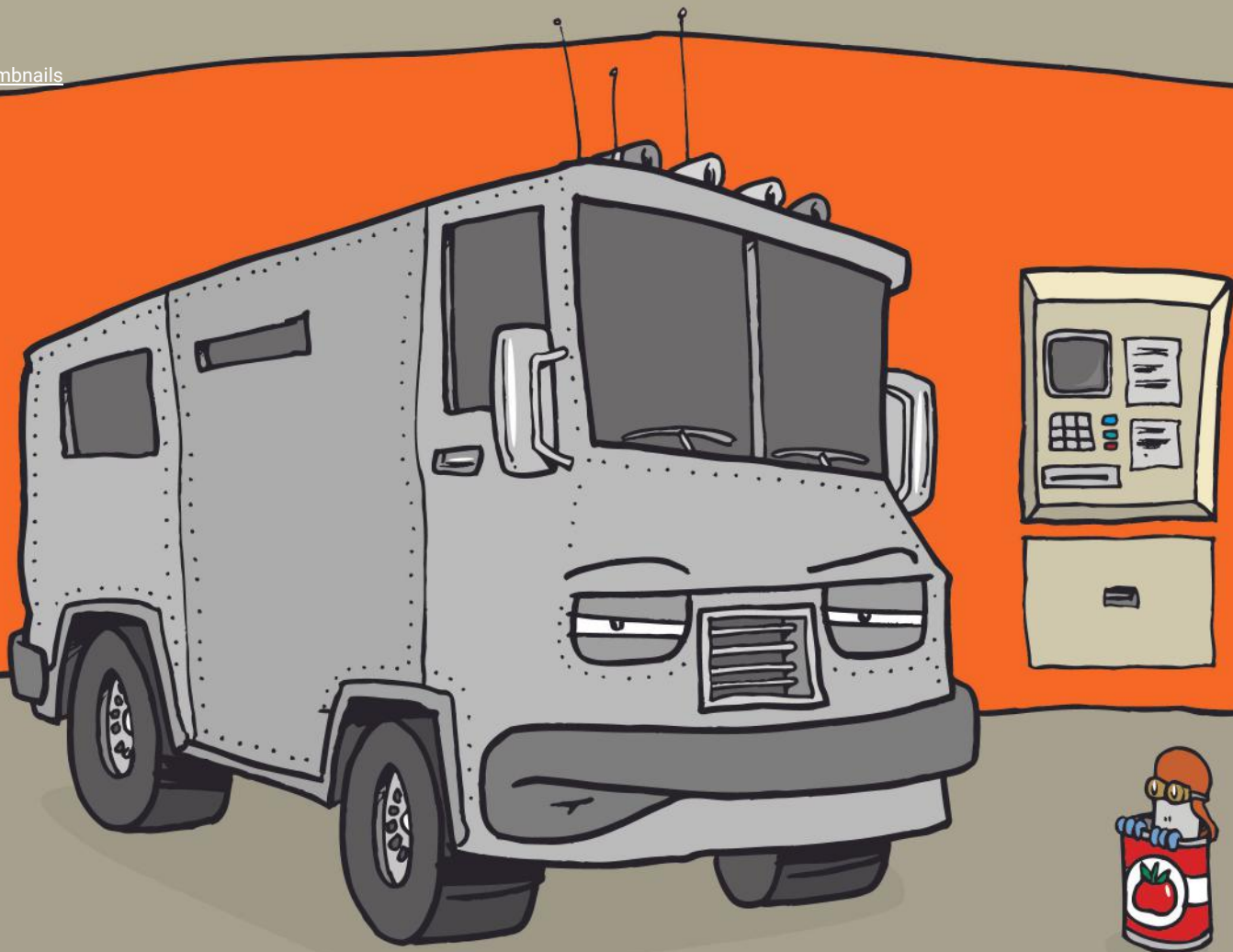


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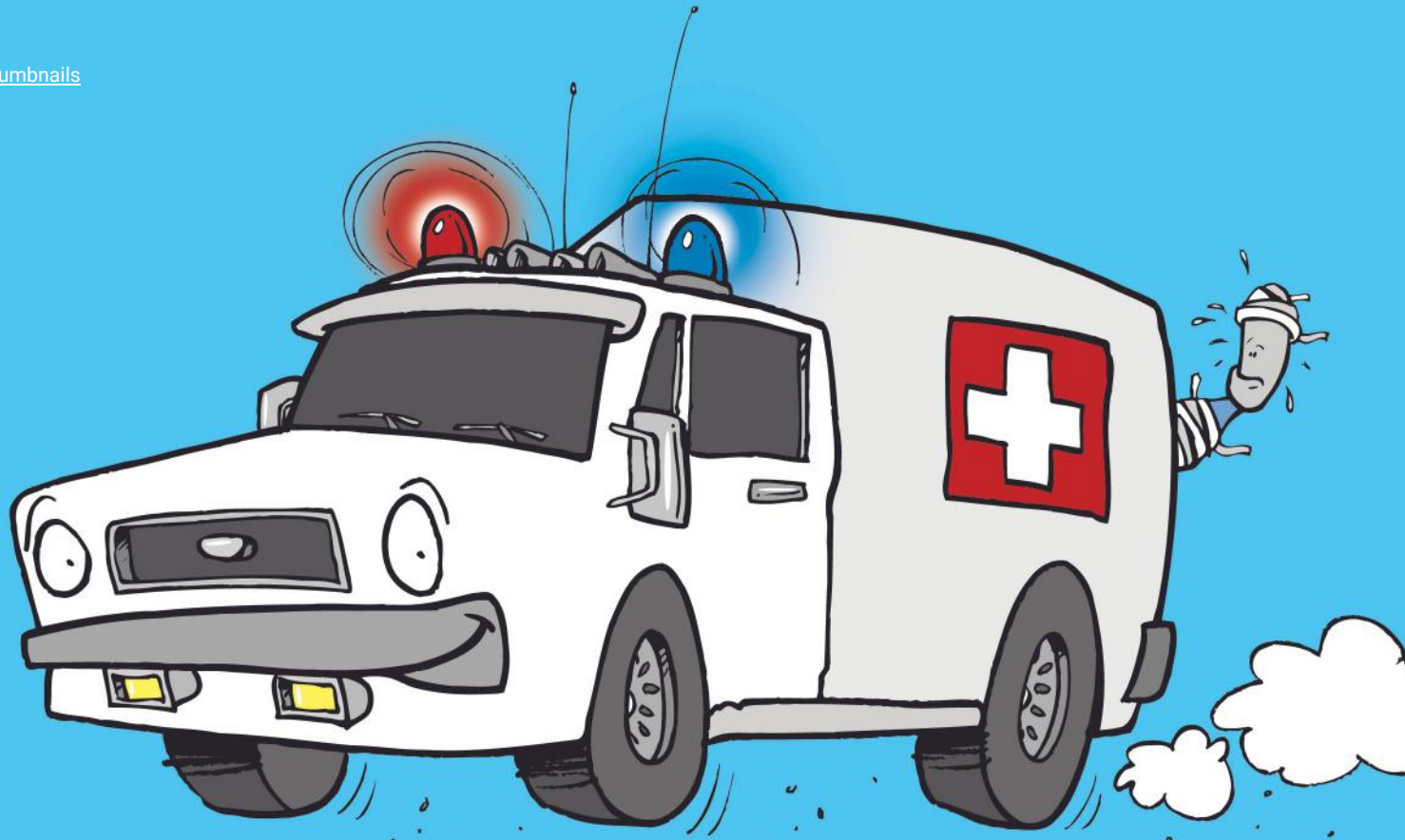


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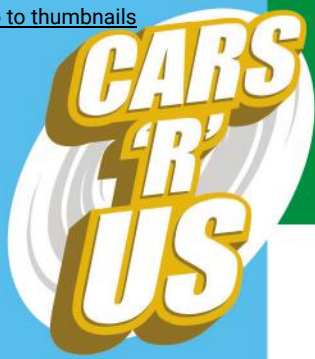


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JOURNEY P L A N N E R





JOURNEY PLANNER

Reaching my destination



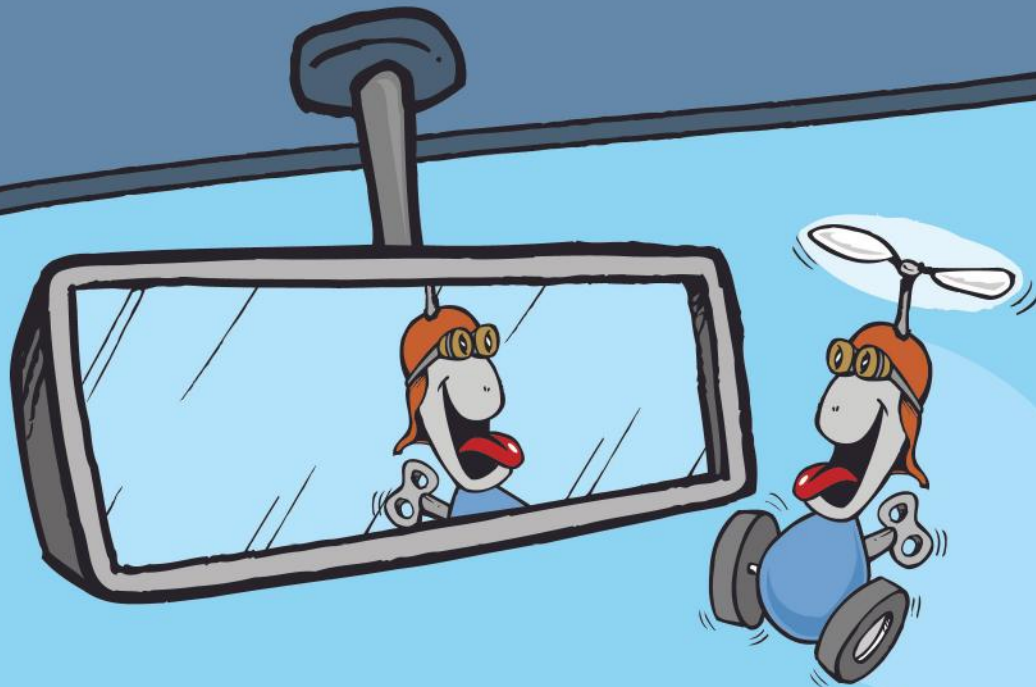
What will I do next?

1.
.....
2.
.....
3.
.....
4.
.....
5.
.....



CARS 'R' US

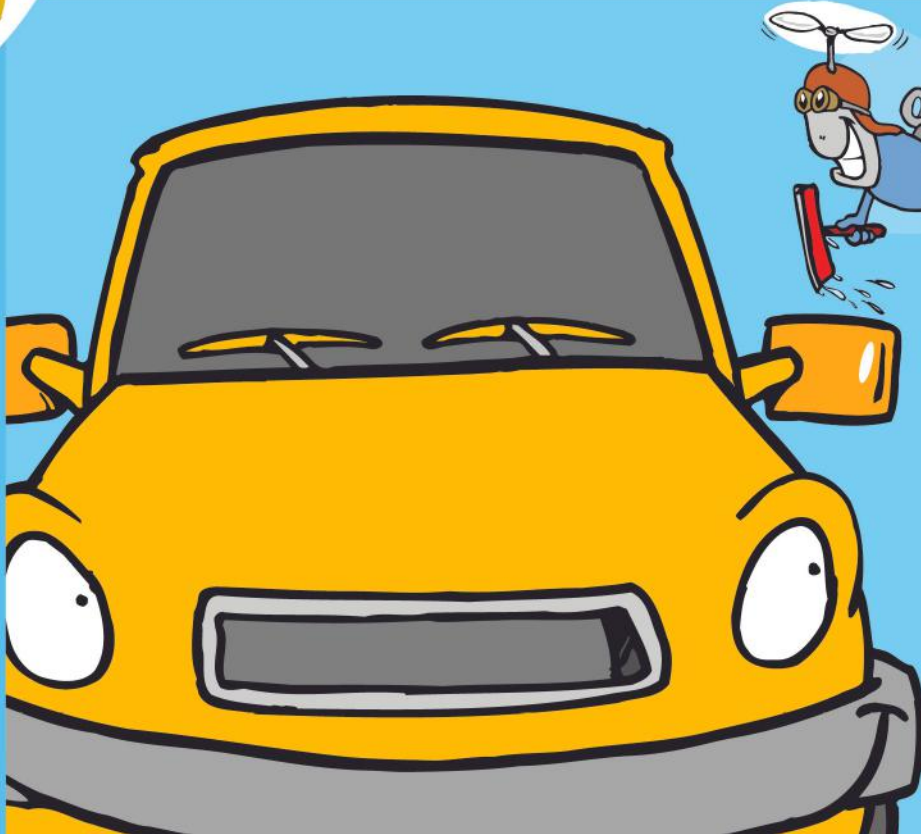
KNOW YOUR VEHICLE



[Go to thumbnails](#)

**CARS
'R'
US**

KNOW YOUR VEHICLE



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Windscreen

[Go to thumbnails](#)



KNOW YOUR VEHICLE



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Accelerator

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KNOW YOUR VEHICLE

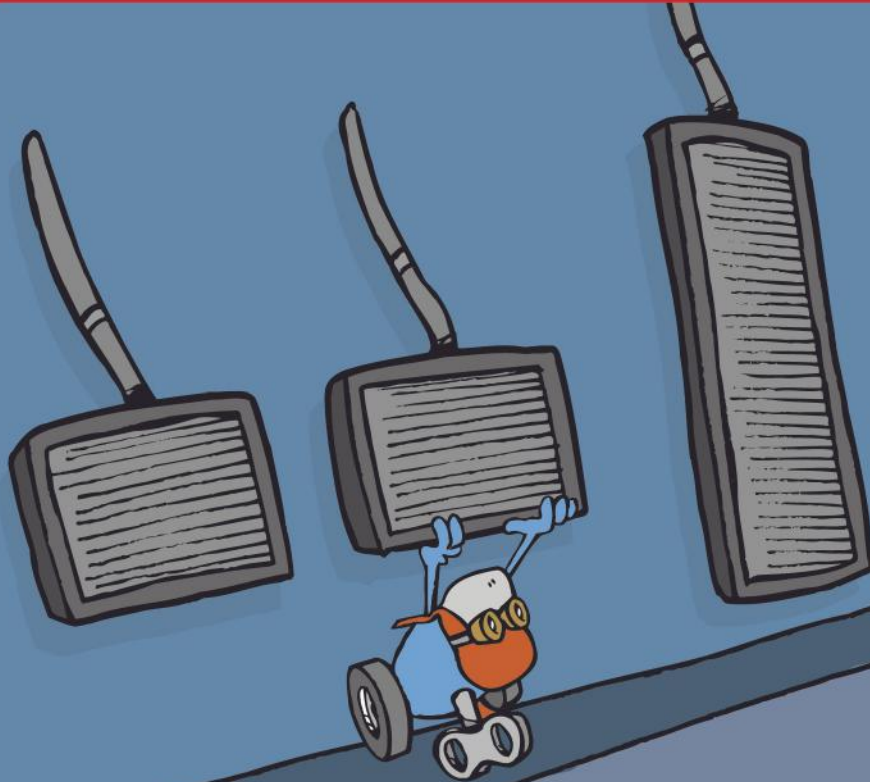


Back Wheels

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Brake

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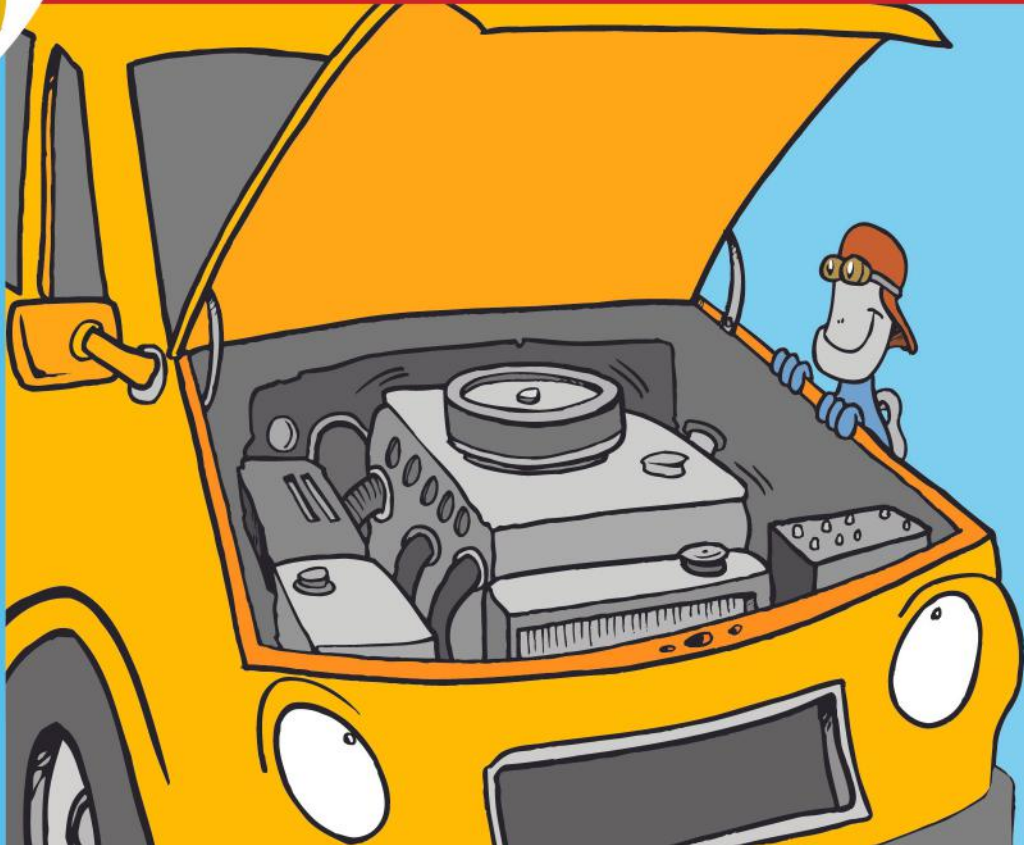
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Driver's Seat

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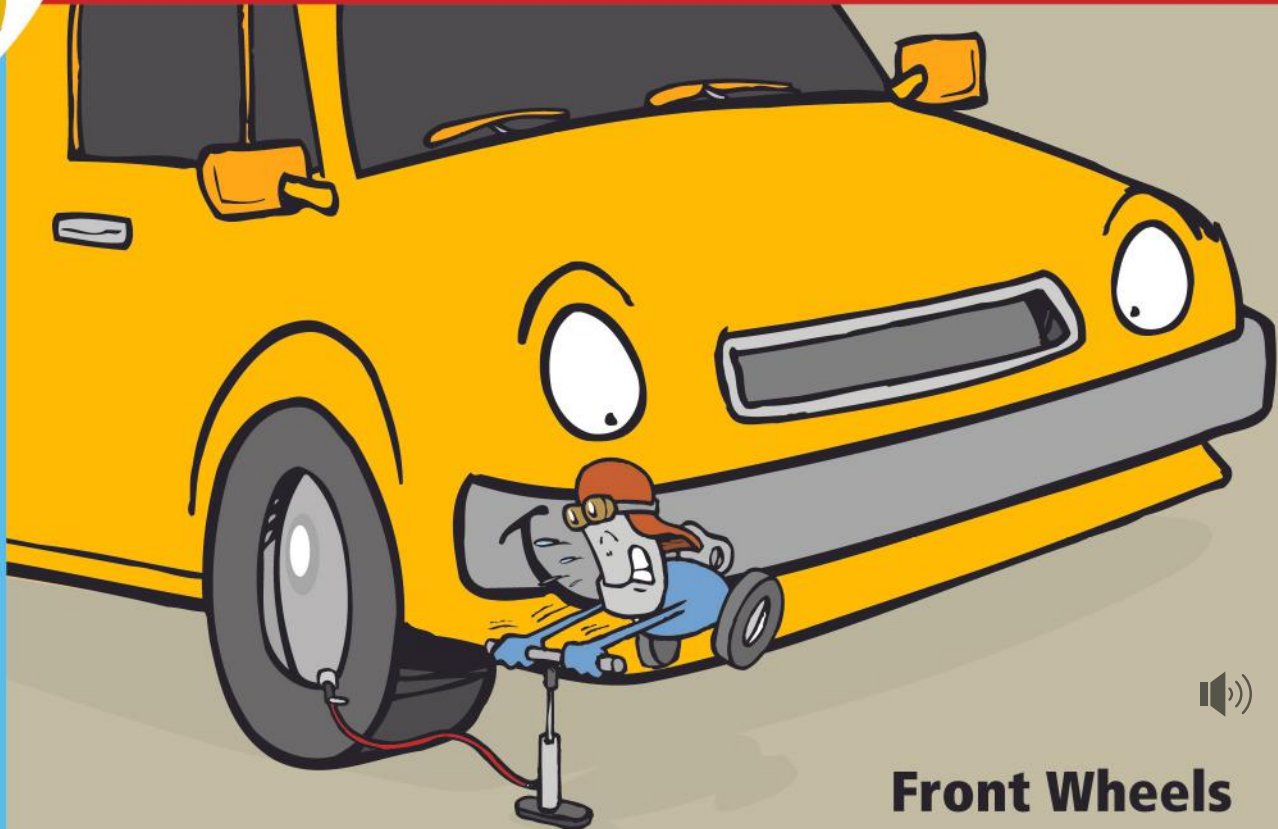
KNOW YOUR VEHICLE



Engine

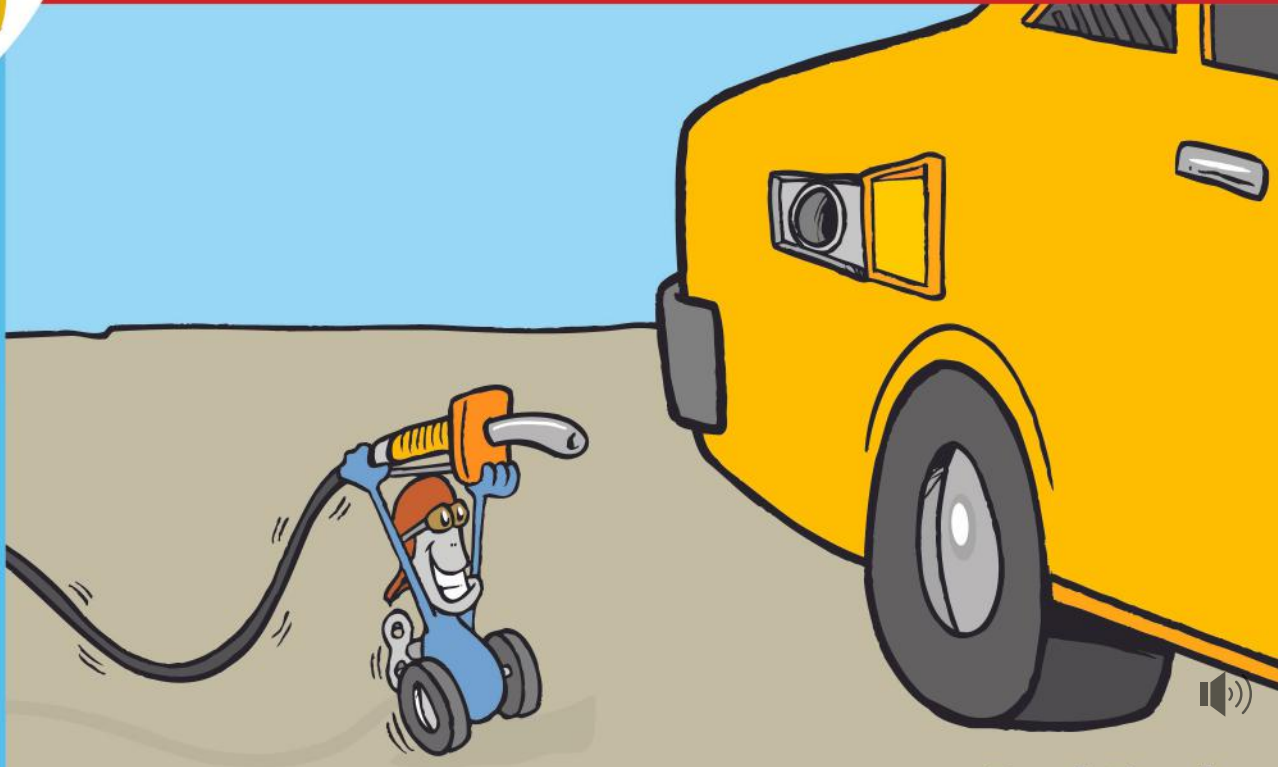
CARS 'R' US

KNOW YOUR VEHICLE





KNOW YOUR VEHICLE



Fuel Tank

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KNOW YOUR VEHICLE



Gear Stick

[Go to thumbnails](#)

**CARS
'R'
US**

KNOW YOUR VEHICLE



Headlights

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KNOW YOUR VEHICLE



**Luggage
Compartment**

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Passenger's Seat

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KNOW YOUR VEHICLE



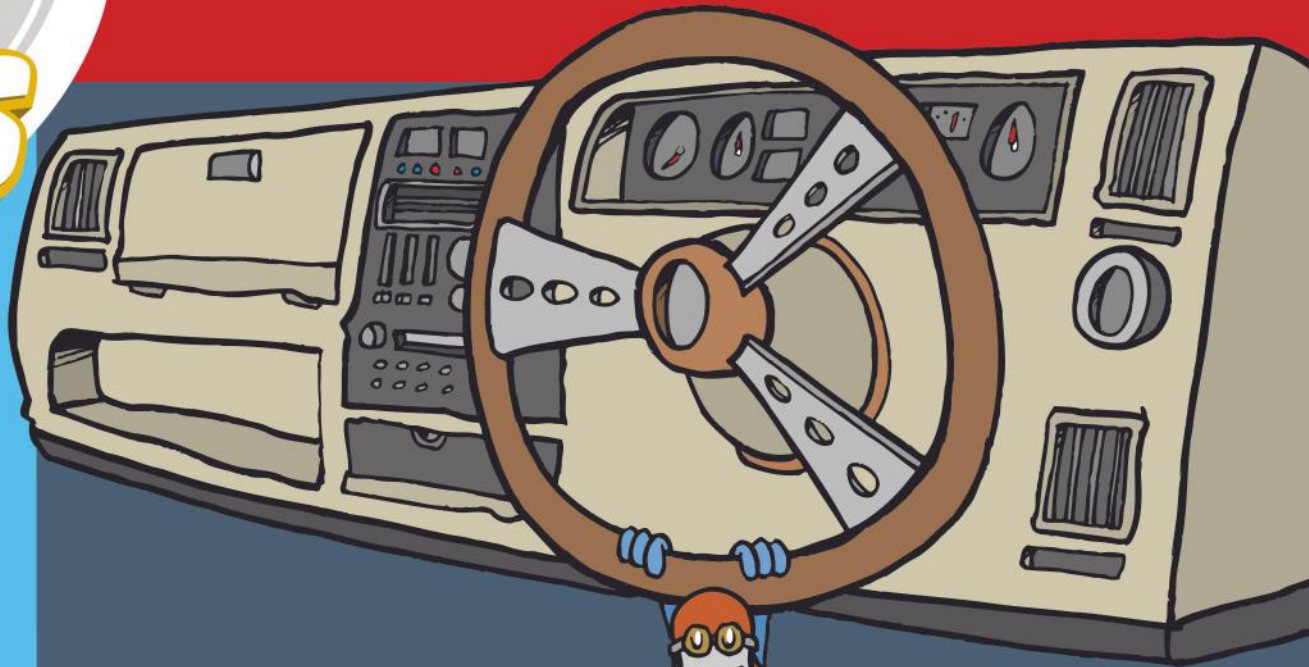
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Radio Aerial

CARS 'R' US

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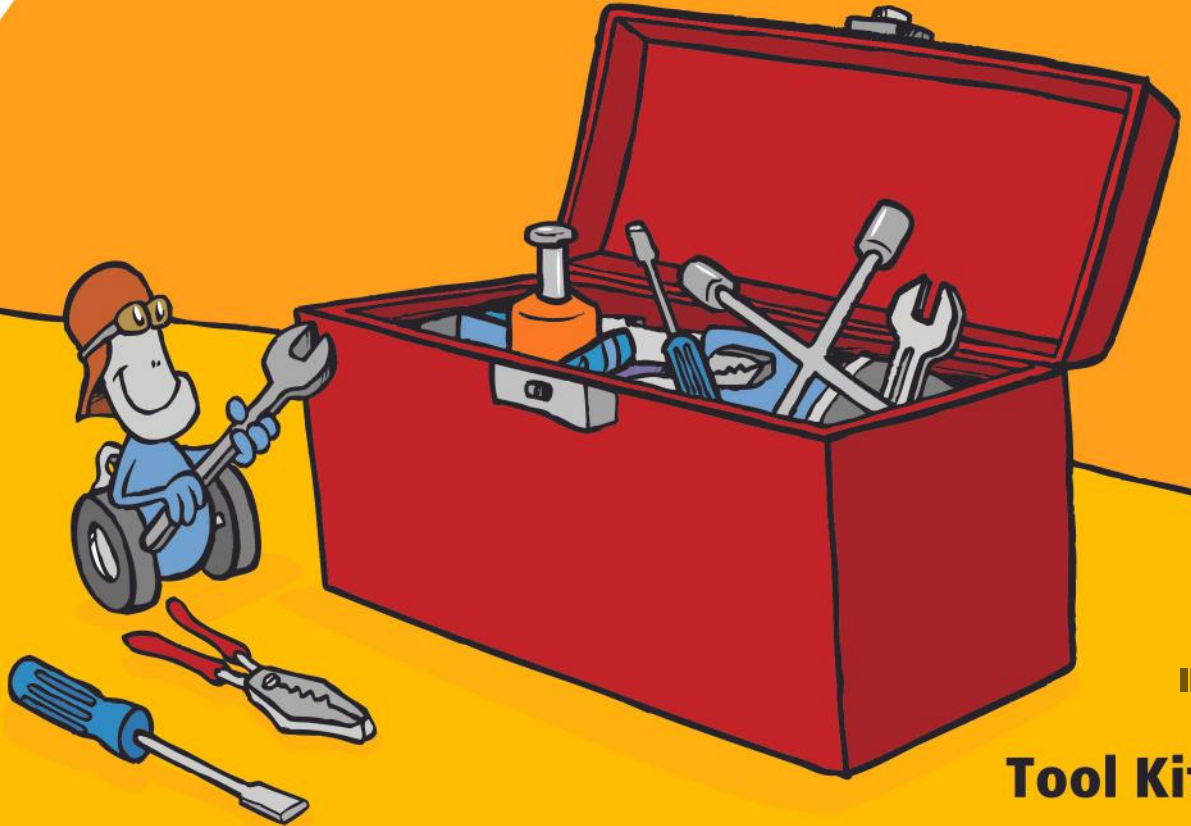


Steering Wheel

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KNOW YOUR VEHICLE



Tool Kit



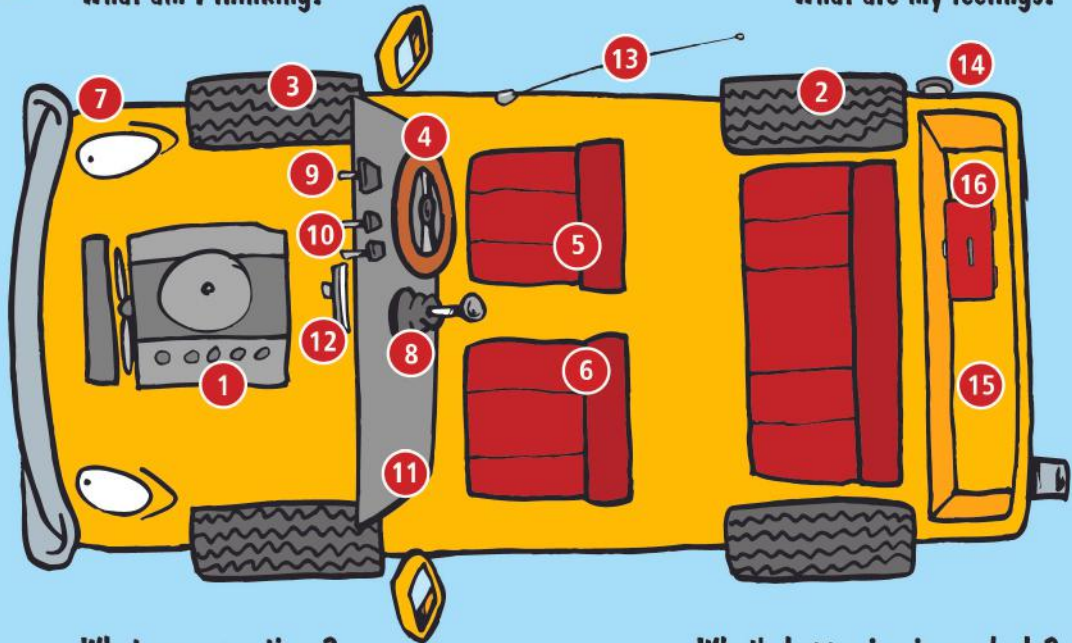
KNOW YOUR VEHICLE

- 1.....Engine
- 2.....Back Wheels
- 3.....Front Wheels
- 4.....Steering Wheel
- 5.....Driver's Seat
- 6.....Passenger's Seat
- 7.....Headlights
- 8.....Gear Stick
- 9.....Accelerator
- 10.....Brake
- 11.....Windscreen
- 12.....Rear View Mirror
- 13.....Radio Aerial
- 14.....Fuel Tank
- 15.....Luggage Compartment
- 16.....Tool Kit



What am I thinking?

What are my feelings?



What are my actions?

What's happening in my body?

**CARS
'R'
US**

THINKING BUBBLES



**How will I measure
my progress?**



**Is what I am doing
now working?**



What do I really want?



**What am I doing to
get what I really want?**



**What can I learn
from this?**



**What choices
do I have?**



What else can I do?



**What strengths and
resources do I have?**

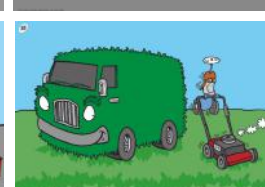
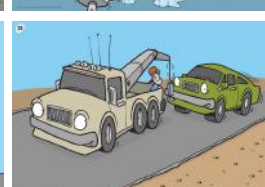
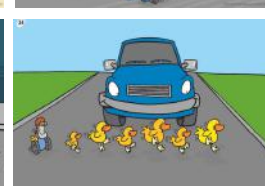
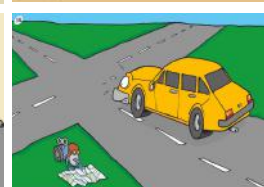
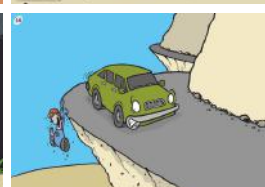
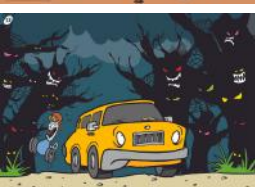
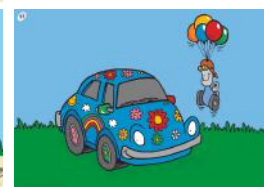


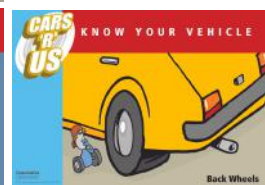
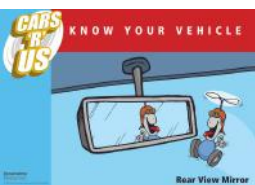
**Who do I want to notice
the changes I make?**



**Who else has strengths
and resources that
might help?**









How will I measure my progress?

Is what I am doing now working?

What do I really want?

What am I doing to get what I really want?

What can I learn from this?

What choices do I have?

What else can I do?

What strengths and resources do I have?

Who do I want to notice the changes I make?

Who else has strengths and resources that might help?