

# VIKING VOICE

JAN./FEB. 2023

**H-F COMMUNITY HIGH SCHOOL**





## Student-Selected Teachers of 1st Quarter

- **Sara Brown** (World Language) pictured above
- **Robert Chapel** (Math)
- **Amie Day** (English)
- **Khayla Kelley** (CTE)
- **Sarah Pittman** (English)
- **John Schmidt** (Social Science)
- **Steve Sifner** (Fine Arts)
- **Jeanetra Watkins** (Science)
- **Tiffany White** (CTE & Math)
- **Sara Youssef** (Social Science)

## Happy New Year, Vikings!

As we turn the calendar to 2023, it's a great time to reflect on the previous semester and commit ourselves to excellence in the months to come. I am grateful for the ongoing support of our students, families, and staff. I am thankful for the partnership between home and school that allows us to provide all students with the best possible learning experience. In 2023, I make the commitment to each of you to uphold these three resolutions:

1. **Foster and celebrate a culture of high expectations for all students.** Building on the academic achievements of the first semester, we are well on our way this school year! We've also set high expectations for student behavior and our students have risen to the challenge. Shortly before winter break more than 250 freshmen earned their way into a Silent Party and more than 850 students school-wide earned their invitation into the Kickback Event by meeting two of these three criteria: earning a 3.0 GPA or better, maintaining a 95% attendance rate and having no discipline referrals.
2. **Value students' voices.** I promise to continue to seek input and hold open dialogue with students about their H-F experience. I have an open-door policy, where any student can make an appointment to talk with me about anything that impacts their school. I also continue to meet with my Principal's Advisory Council that consists of more than 70 students who bring ideas forward, share their experiences and engage in leadership activities each month.
3. **Maintain the psychological safety of students and staff.** I will continue to work collaboratively to build a school culture where students and staff feel safe taking academic risks, where they feel valued as members of our school community, and where they feel safe to be themselves.

As you reflect, I hope you will join me in working collaboratively to strengthen our school community through these important resolutions for 2023. As always, please reach out to me at [clinton.alexander@hf233.org](mailto:clinton.alexander@hf233.org) anytime. Go, Vikings!

— Principal Dr. Clinton Alexander

## 2023-24 Course Selection

As the first semester of the 2022-23 school year is ending, it is time for our current freshmen, sophomores and juniors to think about the 2023-24 school year. All H-F students will receive course selection information for the 2023-24 school year in January. Two **Virtual Course Selection Informational Sessions** have been scheduled for H-F families. Please plan to attend one of the following sessions: Tuesday, Jan. 10, at 7 p.m. or Saturday, Jan. 14, at 9 a.m.

As parents/guardians and students work together to make course selections, please first review the school's recommendations, which students will be able to view in the Info Dynamics program starting in mid-January. The course catalog will be available on the [HFHighSchool.org](http://HFHighSchool.org) website in January, outlining the course descriptions, H-F's graduation requirements, course prerequisites and college/career entrance requirements. Included in the course catalog is information about the course-level rigors (CP - College Prep; H - Honors; AP/IB) and information on post-secondary and career planning. When choosing courses, please select the highest course level in which the student can be most successful, earning an A or B.

Beginning Jan. 23 through Feb. 24, students will have the opportunity to meet with their school counselor in order to finalize course requests for next year's schedule and to discuss post-high-school planning. Course selection will close on Friday, Feb. 24.

*Do you have questions about this process? Please contact Guidance Department Chair Jim Schmidt at [james.schmidt@hf233.org](mailto:james.schmidt@hf233.org) or 708-335-5650*



## New Year, New Courses

Approved course offerings for the 2023-24 school year include:

### CTE DEPT.

- **Introduction to Education**
  - Open to students in Grades 11 & 12

### MATHEMATICS DEPT.

- **AP Precalculus**
  - Open to students in Grades 9-12

### PE/HEALTH/DE DEPT.

- **Freshman Health/Strength & Performance** – Open to Grade 9 students
- **Sophomore Strength & Performance** – Open to Grade 10 students
- **AP Pre-Dance** – Open to students in Grades 11 & 12



## Sign Up for Summer School on Jan. 28

Registration for Summer School will be offered on a first-come, first-served basis, beginning on Saturday, Jan. 28, from 8 a.m.-Noon in the North Building Cafeteria.

Summer School classes will run 8 a.m.-12:50 p.m. Mondays through Fridays from June 12 - July 21 in the school's South Building. *Please note: Students enrolled in Summer School are required to be on campus regardless if the course is in a traditional classroom setting or on Acellus.*

**CREDIT RECOVERY COURSES:** The courses listed below will be available for Credit Recovery for those students who have failed first semester courses. Please register for these classes with your counselor (you do not need to attend Registration Day on Jan. 28).

- ENGLISH — *English 1, English 2 & English 3* (all on Acellus)
- MATH — *Algebra 1* (traditional classroom), *Geometry* (Acellus) & *Algebra 2/Trigonometry* (Acellus)
- SCIENCE — *Biology, Chemistry & Physics* (all in traditional classrooms)

**SOCIAL SCIENCE COURSES:** The course listed below will be available for those students who are interested in opening their schedule up for more electives during the school year. All Social Science courses will be in a traditional classroom setting. Please register for these classes on Jan. 28.

- *World History* (Principles\*, CP, Honors)
- *U.S. History* (Principles\*, CP, Honors)
- *Economics* (CP, Honors)
- *U.S. Government & Politics* (CP, Honors).

*\*Placement in Principles of World History and Principles of U.S. History is based on the recommendation of the specialized service team.*

Fees for all Summer School courses listed above, as well as transportation, will be covered again by the grant awarded to H-F during Covid.

Questions? Please contact the H-F Summer School Office at 708-335-5605 or [chayes@hf233.org](mailto:chayes@hf233.org).



# JANUARY

## HOMEWOOD-FLOSSMOOR COMMUNITY HIGH SCHOOL

Tear-Out Calendar

SUN	MON	TUES	WED	THURS	FRI	SAT
1 HAPPY New Year	2 OFFICES CLOSED	3	4	5	6	7 Scholastic Bowl Invitational 8 a.m. South Building  Boys' Wrestling Quad 9 a.m. Fieldhouse
<b>WINTER BREAK</b> NO CLASSES / OFFICE HOURS: 8 A.M.-3 P.M.						
8	9 <b>CLASSES RESUME!</b> <b>Periods 1-7</b>  Class of 2023 Portraits 4-9 p.m. Viking Room	10 <b>Block 1</b> <b>VIKING COMPASS DAY</b> Virtual Course Info Mtg. 7 p.m. (Online) Class of 2023 Portraits 4-9 p.m. Viking Room	11 <b>Block 2</b> <b>LATE-START DAY</b> GI/Musical Audition Info 3 p.m. PAC Class of 2023 Portraits 4-9 p.m. Viking Room Pursuing the Dream 7 p.m. Mall Auditorium	12 <b>Block 3</b> <b>VIKING COMPASS DAY</b>  Class of 2023 Portraits 4-9 p.m. Viking Room	13 <b>Periods 1-7</b>	14 Boys' Wrestling Mega-Duels 9 a.m. Fieldhouse  Virtual Course Info Mtg. 9 a.m. (Online)
15	16 <b>Dr. MLK, Jr. Day</b> <b>SCHOOL CLOSED</b>	17 <b>Block 1</b> <b>VIKING COMPASS DAY</b>  D233 Board Meeting 7:30 p.m. South Building	18 <b>Block 2</b> <b>LATE-START DAY</b> Senior Night! Girls' Gymnastics vs. LWE 5:30 p.m. North Gym  Auditions: Musical 4-7 p.m. Mall Auditorium	19 <b>Block 3</b> <b>VIKING COMPASS DAY</b>  Auditions: Group Interpretation 3:30-6 p.m. Mall Auditorium	20 <b>Periods 1-7</b>	21
22	23 <b>Periods 1-7</b>	24 <b>Block 1</b> <b>VIKING COMPASS DAY</b>  Tri-District Music Workshop 11 a.m. South Building	25 <b>Block 2</b> <b>LATE-START DAY</b>  Student of the 2nd Quarter Breakfast 7:30 a.m. Viking Room	26 <b>Block 3</b> <b>VIKING COMPASS DAY</b>  College Planning for Juniors 6:30 p.m. (online)	27 <b>Periods 1-7</b>	28  Summer School Registration 8 a.m.-Noon North Cafeteria
29	30 <b>Periods 1-7</b>	31 <b>Block 1</b> <b>VIKING COMPASS DAY</b>  Senior Night! Girls' Basketball vs. Sandburg 6:30 p.m. South Gym  SAT Test Prep Begins 6:30 p.m. South Building				

BLOCK 1 DAY: PERIOD 1, 2, 3, 5 & 4 / LATE-START BLOCK 2 DAY: PERIOD 7, 6, 5 & 4 / BLOCK 3 DAY: PERIOD 1, 2, 3, 6 & 7






# FEBRUARY

## HOMEWOOD-FLOSSMOOR COMMUNITY HIGH SCHOOL

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 <b>Block 2</b> LATE-START DAY	2 <b>Block 3</b> VIKING COMPASS DAY  Speech Regional Showcase 6:30 p.m. Mall Auditorium	3 <b>Institute Day</b> NO CLASSES  Vikings Got Talent 7 p.m. Mall Auditorium	4 SAT Test Prep Begins 10 a.m. South Building
5	6 <b>Periods 1-7</b>	7 <b>Block 1</b> VIKING COMPASS DAY  <i>Senior Night!</i> Boys' Basketball vs. Sandburg 6:30 p.m. South Gym	8 <b>Block 2</b> LATE-START DAY  Solo/Ensemble Vocal Festival 6 p.m. Music Building	9 <b>Block 3</b> VIKING COMPASS DAY	10 <b>Periods 1-7</b>  Girls' Track Quad 5 p.m. Fieldhouse	11 Boys' Track Quad 10 a.m. Fieldhouse
12	13 <b>Lincoln's Birthday</b> SCHOOL CLOSED  IHSA Regionals: Girls' Basketball @ South Gym	14 <b>Block 1</b> VIKING COMPASS DAY  IHSA Regionals: Girls' Basketball @ South Gym	15 <b>Block 2</b> LATE-START DAY  Solo/Ensemble Band Festival 5 p.m. Music Building	16 <b>Block 3</b> VIKING COMPASS DAY IHSA Regionals: Girls' Basketball @ South Gym Solo/Ensemble Strings & Piano Festival 6 p.m. Music Building	17 <b>Periods 1-7</b>  Girls' Track Quad 5 p.m. Fieldhouse	18 Boys' Track Quad 10 a.m. Fieldhouse  Turnabout Dance 8 p.m. Tuscany Falls
19	20 <b>Periods 1-7</b>	21 <b>Block 1</b> VIKING COMPASS DAY  D233 Board Meeting 7:30 p.m. South Building	22 <b>Block 2</b> LATE-START DAY	23 <b>Block 3</b> VIKING COMPASS DAY  New Faces Theatre: <i>Scapin</i> 7 p.m. PAC	24 <b>Periods 1-7</b>  New Faces Theatre: <i>Scapin</i> 7 p.m. PAC	25 Girls' Track Invitational 8:30 a.m. Fieldhouse  New Faces Theatre: <i>Scapin</i> 7 p.m. PAC
26	27 <b>Periods 1-7</b>	28 <b>Block 1</b> VIKING COMPASS DAY  Auditions: Honors Recital 3 p.m. Music Wing				

BLOCK 1 DAY: PERIOD 1, 2, 3, 5 & 4 / LATE-START BLOCK 2 DAY: PERIOD 7, 6, 5 & 4 / BLOCK 3 DAY: PERIOD 1, 2, 3, 6 & 7





**HOMewood-FLOSSMOOR HIGH SCHOOL PRESENTS**

## PURSuing THE DREAM

LET US HONOR DR. MARTIN LUTHER KING, JR  
- A Man Whose Words Affected Change

**JANUARY 11, 2023**  
**7:00PM**  
**DOORS OPEN AT 6:30PM**

**H-F HIGH SCHOOL AUDITORIUM**  
999 KEDZIE AVE  
FLOSSMOOR, IL 60422

Join us for a night of powerful performances from the H-F Steppers, H-F Inspirational Voices Choir, and more! At this annual event, we will pay tribute to student writers and staff authors whose works elevate, celebrate, and empower diverse backgrounds.

Dr. Martin Luther King, Jr. proclaimed that "Our lives begin to end the day we become silent about things that matter."

*We hope you will honor us with your presence as we celebrate those who use their words to highlight the things that matter and to affect positive change.*

## Day of Service: Monday, Jan 16



H-F High School and D233 offices will be closed on Monday, Jan. 16, in honor of Dr. Martin Luther King, Jr. Day, but that doesn't mean it has to be a day off. Make it a day on instead by getting involved in your community! The **Flossmoor Community Relations Commission** will feature more than 12 service projects on this day, varying from park clean ups and food drives to making lunches for shelters or donating blood. See a full list of volunteer opportunities at <https://www.flossmoor.org/555/Martin-Luther-King-Jr-Day-of-Service-Pro>. Get involved, Vikings!



## SAT Test Prep begins in January

### Save the Date: School Test Days

Wednesday, April 12

Juniors will take the SAT

Thursday, April 13

Freshmen &  
Sophomores will take  
the PSAT



Registration is now open for ExcelEdge SAT Test Prep for juniors! The SAT is still important for college planning, as it is used not only for college admissions, but also for placement and scholarships. H-F juniors will take the SAT on April 12 during the school day. To help them prepare for the test, H-F has invited ExcelEdge to offer its program, *SAT 1600*, here at school. The program will be offered in-person by experienced instructors who are certified content specialists to teach point-producing offensive and defensive strategies on how to navigate difficult items on the SAT. Register now for one of two available sessions:

- Tuesdays from Jan. 31-March 14 at 6:30-8:30 p.m.
- Saturdays from Feb. 4-March 18: Saturdays at 10 a.m.-Noon

Fee is \$180/student. Juniors only. Registration is open now and will close on Jan. 13 or once the sessions are filled. To register, visit <https://hf.8to18.com/accounts/login>.

Questions? For more information, contact the Assessment Office at 708-335-5584 or [cbucci@hf233.org](mailto:cbucci@hf233.org).

### Teacher-Selected Students of 1st Quarter

Our Students of the 1st Quarter gathered with their parents and teachers for a special breakfast at H-F in early November.

Congratulations to (pictured left to right below):

- **Kindrick Estes** (Science)
- **Kathleen Karner** (English)
- **Matthew Mayton** (Fine Arts)
- **Anthony Fanelli** (Math)
- **Giahoanh Le** (PE/Health/DE)
- **Peter Beele** (Reading)
- **Jair Taylor** (Student Support)
- **Alyssa Ford** (CTE)
- **Naomi Tolbert-Rias** (Social Science)
- **Sofia Garcia** (World Language)





## 2nd Quarter Highlights



### Seniors Return to School

Area senior citizens visited campus on Oct. 27 for entertainment, a presentation and tour. They enjoyed performances by **Six of Spades** (a student-music group) and **Miyako** (a student Jazz band). Junior Class President **Sani Zinnerman** gave a presentation to share more about the school & student accomplishments. *Culinary* students – under the direction of **Mrs. Clark**, CTE teacher – made muffins and yogurt parfaits for the guests to enjoy. National Honor Society students provided building tours for those interested in seeing more of the campus.



### Unified Soccer: State Champs!

On Nov. 5, H-F celebrated its first Special Olympics Unified Soccer State Championship, then quickly celebrated its second the same day! Both the **H-F Red Unified Soccer** and the **H-F White Unified Soccer** teams finished in 1st Place in their divisions at the state tournament, held in Schaumburg. The White team defeated Andrew 3-2, then faced Hoffman Estates for the final game, besting them 4-3. In another set of close matches, the Red team beat Matea Valley 5-4, then topped Neuqua Valley in the final 3-2. The teams were led back to campus with an escort by Flossmoor's police and fire departments – including **Mayor Michelle Nelson** – and greeted by a cheering crowd at the North Building.



### Voyage to Excellence

Hundreds of area 8th Graders visited the Fieldhouse on Thursday, Dec. 1, to explore their academic and extracurricular options at H-F next year. Thanks to Activities Director **Gail Smith** for organizing this amazing annual event, and thank you to all of our teachers, coaches, sponsors and students – including our Mock Trial club members and sponsor **Libby Day** (shown above) – who worked hard to promote their programs to our newest Vikings.



**HOMEWOOD-FLOSSMOOR  
COMMUNITY HIGH SCHOOL  
999 KEDZIE, FLOSSMOOR IL  
60422**

NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
FLOSSMOOR, IL  
PERMIT NO. 5

The poster has a light brown, textured background with a string of white lights hanging from the top left. The H-F Theatre logo is at the top center, with the tagline 'PLAY. CREATE. INSPIRE.' below it. The title 'SCAPIN' is in large, bold, black letters. Below the title, the text reads 'A COMEDY BY BILL IRWIN AND MARK O'DONNELL, ADAPTED FROM MOLIÈRE'. The dates 'FEBRUARY 23RD, 24TH, AND 25TH' and time '7:00 PM' are listed. The location 'IN THE PERFORMING ARTS CENTER' is at the bottom left. Ticket information is provided: 'STUDENTS AND SENIORS: \$5.00' and 'ADULTS: \$10.00'. An illustration of a man in a red and white striped outfit with a hood is on the right side.

  
**H-F THEATRE**  
PLAY. CREATE. INSPIRE.

# SCAPIN

A COMEDY BY BILL IRWIN AND  
MARK O'DONNELL,  
ADAPTED FROM MOLIÈRE

**FEBRUARY 23RD, 24TH, AND 25TH**  
**7:00 PM**

IN THE PERFORMING ARTS CENTER

**TICKET INFORMATION:**

STUDENTS AND SENIORS: \$5.00  
ADULTS: \$10.00

The poster has a dark blue background with white snowflakes. At the top, it says 'H-F HIGH SCHOOL LIBRARY'. The title 'Winter Reading' is in large, white, cursive letters. Below the title, a yellow banner reads 'FOR STUDENTS & STAFF'. The illustration shows a brown bear, a white polar bear, and a grey wolf sitting on a snowy mountain, reading a blue book. There are green pine trees and a white owl perched on a branch.

**H-F HIGH SCHOOL LIBRARY**

# Winter Reading

**FOR STUDENTS & STAFF**

Read a book over the winter break/during the month of January to participate! All participants are eligible to enter the library's prize drawing. Visit the Library's Website for more details!  
[www.hfhighschool.org/academics/library](http://www.hfhighschool.org/academics/library)