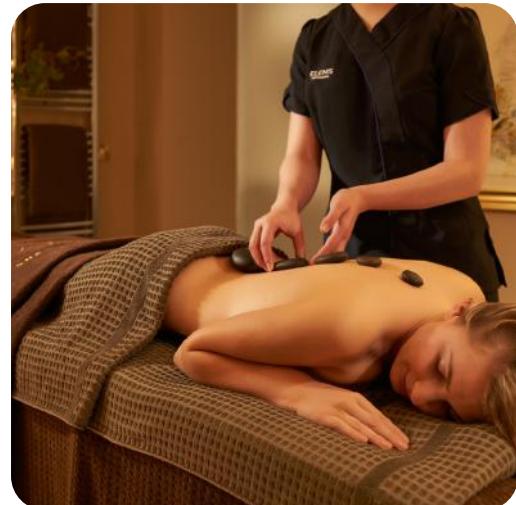


EASANNA

WELLNESS & SPA

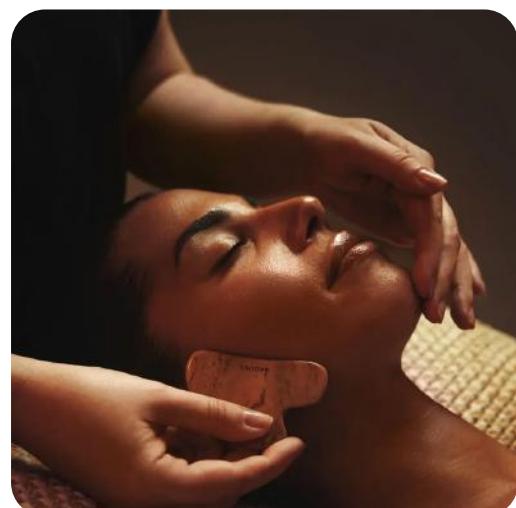
SHEEN MASSAGE TREATMENTS

Deep Tissue Massage <i>30/60 minutes</i>	€85/ €160
Rejuvenating Massage <i>30/60 minutes</i>	€80/ €150
Hot Stone Massage <i>60 minutes</i>	€165
Indian Head Massage <i>45 minutes</i>	€120



MUM TO BE TREATMENTS

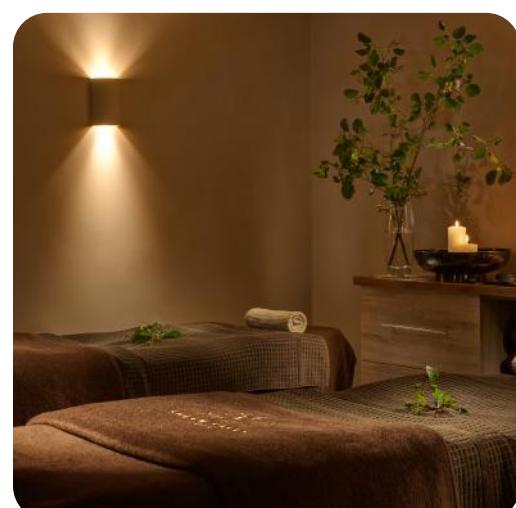
Pregnancy Massage <i>45 minutes</i>	€130
<i>60 minutes</i>	€150



SHARED EXPERIENCE TREATMENTS

Bliss for Two <i>90 minutes</i>	€480 (for 2 people)
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Time for Two <i>45 minutes</i>	€260 (for 2 people)
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Optional Add On:

Deep Tissue Massage	€10 per person
Hot Stone Massage	€15 per person

EASANNA

WELLNESS & SPA

Hand & Foot Treatments

Manicure/Pedicure	€80
Gel Polish Removal	€30
Best Foot Forward	€75
Reflexology	€120



ELEMIS

A skincare brand dedicated to promoting skin wellness and delivering results. This innovative British brand brings over 30 years of global expertise in skincare.

ELEMIS BODY

Intensely Cleansing Salt Scrub

45 minutes

€115

Tropical Sheen Glow

60 minutes

€140



ELEMIS FACIALS

Superfood Expert Touch Nourish Facial

50 minutes

€125

Dynamic Resurfacing Touch Nourish Facial

50 minutes

€125

Pro Collagen Expert Touch Nourish Facial

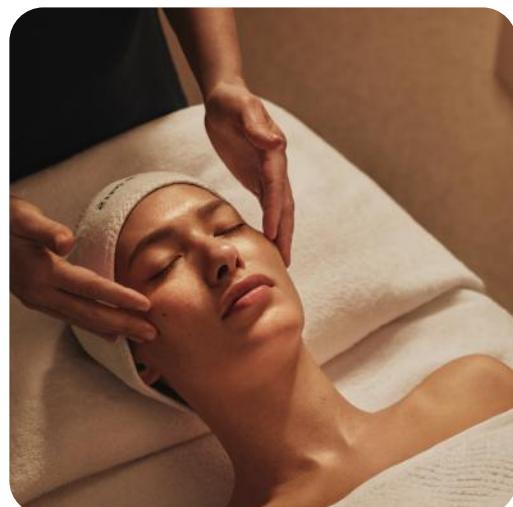
50 minutes

€125

Ultra Smart Expert Touch Nourish Facial

50 minutes

€135



Biotech Expert Touch Facial

80 minutes

€185

Sheen Signature Facial

30/60 minutes

€75/€140

GROUND

wellbeing

GROUND seeks to address real-world issues such as sleep, anxiety, hormone fluctuations, gut health and cancer care.

GROUND BODY

Grounding Ritual

60/90 minutes

€150/€200

Balancing Ritual

90 minutes

€200

Restorative Ritual

60/90 minutes

€150/€200

Cleansing Ritual

60/90/120 minutes

€150/€200/€250



GROUND FACE

Mindful Face Ritual

60/90 minutes

€145/€195

Awakening Face Ritual

60/90 minutes

€145/€195



GROUND BARRÓG TREATMENTS

Carefully created for those living with and beyond cancer.

Full Body Massage

75 Minutes

60 minute treatment, 15 minute consultation

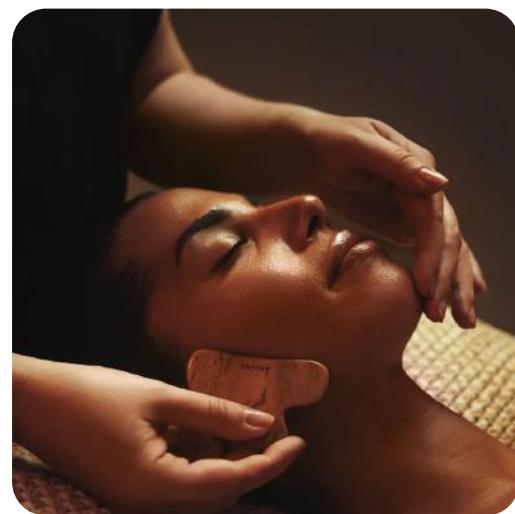
€150

Barróg Soothing Ritual

105 Minutes

90 minute treatment, 15 minute consultation

€200



Barróg Restful Ritual

105 Minutes

60 minute treatment, 15 minute consultation

€200

Barróg Calming Ritual

105 Minutes

60 minute treatment, 15 minute consultation

€200

SEABODY™

Integrity and impact lie at the heart of marine-powered cosmetics and nutraceuticals. Carefully crafted to provide noticeable benefits while ensuring no harm to our planet.

SEABODY FACE



Touch Facial

60 minutes

€145

Suaimhneas le Sheen

90 minutes

€200



SEABODY BODY



Connect Full Body Massage

60 minutes

€150

Rebalance Body Wrap

70 minutes

€180

Scalp Release

45 minutes

€115



Back and Face Elevate

60 minutes

€160