# oregon School District COMMUNITY Education *Class and Activity Guide*

## WINTER/SPRING 2025

# Explore & Register Today!



oregonsd.org/community



Dear Oregon Area Community,

I am pleased to introduce the Winter/Spring Community Education activity guide. Our community has a passion and dedication for lifelong learning, and we have many options available in this guide. Inside, you'll find classes and programs designed to enrich the lives of our community members.

Our Community Education courses are available to all community members. Signing up for a class is a great way to plan activities during the cooler months, learn something new, and connect with those who share similar interests. The variety of courses included truly offer something for everyone.

Whether you have been joining us for years or this is your first time in one of our courses, we are delighted to welcome you and look forward to our time together. I encourage you to review the course offerings and sign up soon, as many of these classes will fill up quickly.

We look forward to seeing you soon!

Sincerely, Dr. Leslie Bergstrom Oregon School District Superintendent





OREGON SCHOOL DISTRICT



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Have Fun with us this New Year! Except for these dates:

> <u>CE & REC OFFICE CLOSED</u> 1/1, 1/20 & 5/26 <u>POOL CLOSED (ALL DAY)</u> 1/1, 4/20 & 5/26 <u>POOL CLOSED AT 4:30PM</u> 1/9 & 1/21

New Registration System is Herel

## <u>Our Staff</u>

#### Alex Marks

apmarks@oregonsd.net | (608) 835-4041 Community Ed & Rec Director

#### Noah Bertrand

nwbertrand@oregonsd.net | (608) 835-4052 Community Ed & Rec Program Supervisor

#### Lindsey Olsen

laolsen@oregonsd.net | (608) 835-4043 Community Ed & Rec Program Assistant

Nick Russell nrrussell@oregonsd.net | (608) 835-4086 Oregon Pool Aquatics Director

#### Willow Kugel

wakugel@oregonsd.net | (608) 835-4040 Oregon Pool Aquatics Administrative Assistant

## Register Online at:

www.OregonSD.org/Community



#### Community Ed and Rec

(608) 835-4097

Oregon Pool

(608) 835-8617

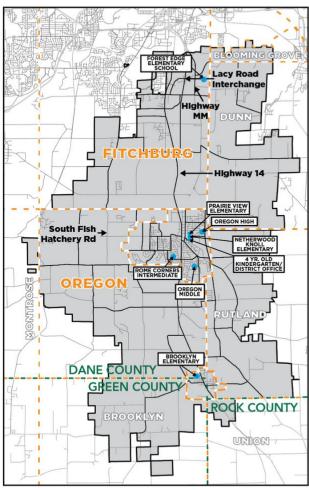




www.oregonsd.org/pool

## OregonSD.org/community





#### **SCHOOLS**

**Brooklyn Elementary,** Gr. K-4 204 Division Street, Brooklyn 608-835-4500

Forest Edge Elementary, Cr. K-6 4848 Brassica Road, Fitchburg 608-835-4600

Netherwood Knoll Elementary, Cr. K-4 276 Soden Drive, Oregon 608-835-4100

Prairie View Elementary, Gr. K-4 300 Soden Drive, Oregon 608-835-4200

Rome Corners Intermediate, Gr. 5-6 1111 S. Perry Parkway, Oregon 608-835-4700

Oregon Middle School, Gr. 7-8 601 Pleasant Oak Drive, Oregon 608-835-4800

Oregon High School, Gr. 9-12 456 N. Perry Parkway, Oregon 608-835-4300

Oregon School District Office 123 E. Grove Street, Oregon 608-835-4091

#### **EARLY LEARNING/4K**

Heart of Brooklyn 217 Douglas Drive, Brooklyn 608-455-3301

Little Angels Early Learning 103 N. Alpine Parkway, Oregon 608-835-1945

Mariposa Learning Center 4870 Brassica Road, Fitchburg 608-299-9337

Oregon Daycare, Inc. (ODI) 172 N. Main Street, Oregon 608-835-3396

**Oregon Preschool, Inc. (OPI)** 625 E. Netherwood Road, Oregon 608-835-9216

Starlight Academy 537 N. Main Street, Oregon 608-291-2488

4K Orientation Date Thursday, January 23rd

Get Ready for Kindergarten Date TBD (Spring 2025)

"...Helping students acquire the skills, knowledge and attitudes needed to achieve their individual potential..."

OregonSD.org

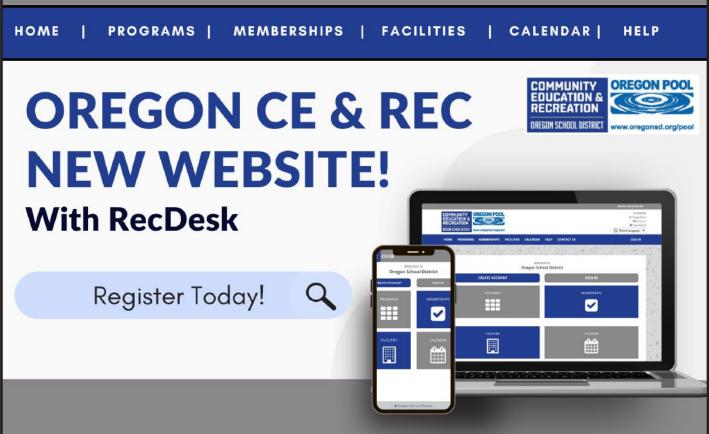
## **HOW TO REGISTER:**



- 1. Go to our <u>NEW</u> registration website at <u>www.oregon.recdesk.com/Community/Home</u> OR Scan the QR Code
- **2.** Click on the button "CREATE ACCOUNT" as shown below



- **3.** Enter in your information to create an account for yourself PLEASE NOTE: If you have not already created an account on our NEW registration system, you will need to do so to register for any CE & Rec and Oregon Pool classes, programs, and/or events.
- 4. If applicable, add additional family member(s) to your account so they can join in the fun, too!



CE

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#### It's Easy To Register!

#### Register Online! Visit us at oregonsd.org/community

- » Register online any time and pay with a credit or debit card.
- » View availability of classes in just a few clicks!
- » Don't have internet access? We have registration stations at:
  - Oregon Pool 249 Brook St
  - District Office 123 E. Grove St

» WiFi and Computers are also available at the Oregon Public Library and at the Oregon Senior Center.

#### **Scholarships**

We will waive or reduce fees for children meeting the criteria for free or reduced meals, or adults whose income requires support. Participants are encouraged to pay a portion of the program fee when possible. Most programs require a partial contribution from families; some programs do not have scholarships available. We may limit the total scholarship assistance given to a family. Scholarships are only available to OSD residents. Call the Community Ed & Rec office at 608-835-4097 prior to registration to request assistance.

#### **Registration Confirmation**

Class confirmation, including class location and supply lists, will be **emailed** within a week before the scheduled start date.

#### Don't Wait!

Please don't wait until the last minute to register! Registering early allows us to plan for materials, facilities, etc. <u>Unfortunately, programs may be canceled if minimum enrollment is not met</u>.

Our classes & programs are held in many locations around our community! Check out some addresses below.			
BKE	<b>OHS</b>		
Brooklyn Elementary   204 Division Street, Brooklyn	Oregon High School   456 N Perry Parkway		
FES	OMS		
Forest Edge Elementary   4848 Brassica Rd, Fitchburg	Oregon Middle School   601 Pleasant Oak Drive		
NKE	RCI		
Netherwood Knoll Elementary   276 Soden Drive	Rome Corners Intermediate   1111 S. Perry Parkway		
<b>PVE</b>	Senior Center		
Prairie View Elementary   300 Soden Drive	Oregon Area Senior Center   219 Park Street		
Oregon Pool	<b>Oregon Library</b>		
Oregon Pool   249 Brook Street	Oregon Public Library   200 N. Alpine Pkwy		

**INCLUSION** The Oregon School District welcomes individuals of all abilities and will provide reasonable accommodations that allow for program participation without fundamentally altering the program. To access services for Community Ed & Rec programs, please provide us with information about your disability when you register or call 608-835-4097. Inclusion services at the Oregon Pool classes are also available. Please call 608-835-4086 to request assistance at the pool.

**REFUNDS** Any requests for refunds made within one week of the start date for programs, classes, and/or events will result in a refund as account credit upon request. Credit will be refunded to the registration account used for payment. Credits/ refunds requested less than a week prior to the start date of an activity will be handled on an individual basis.

**CONTRACTED PARTNERS** We contract with a variety of individuals and businesses to provide learning opportunities in our sites.

**PHOTOGRAPHY** On occasion, videos or photographs are taken of participants. If you do not wish to participate, please notify the photographer, instructor, or our office.

**SEVERE WEATHER** When schools close or release early due to inclement weather, all on-site CE & Rec activities are <u>canceled</u>. Virtual classes and off-site classes may still be offered. We will send an email to individuals registered for classes to confirm. Please check radio, TV, or <u>oregonsd.org</u> for the latest on warnings and emergencies. If unsure, please email <u>apmarks@oregonsd.net</u> for the status of the class. We will do our best to reschedule or add time to other classes to make up for canceled classes.

**NON-DISCRIMINATION** Per state and federal law, the Oregon School District does not discriminate on the basis of sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional or learning disability or handicap in its education programs or activities.

#### Early Childhood

#### PLAY CREW

Ages 3-5 Instructor: Jamie Mamerow Fee: Varies by session

In this preschool playgroup, children will learn through books, social play, movement, and sensory activities.

DATES	TIME	LOCATION
1/6 - 3/12	8:15 - 9:45AM	NKE
1/6 - 3/14	10:00 - 11:30AM	NKE
1/7 - 3/13	8:15 - 9:45AM	NKE
1/7 - 3/13	10:00 - 11:30AM	NKE
3/17 - 5/28	8:15 - 9:45AM	NKE
3/17 - 5/30	10:00 - 11:30AM	NKE
3/18 - 5/29	8:15 - 9:45AM	NKE
3/18 - 5/29	10:00 - 11:30AM	NKE
	1/6 - 3/12 1/6 - 3/14 1/7 - 3/13 1/7 - 3/13 3/17 - 5/28 3/17 - 5/30 3/18 - 5/29	1/6 - 3/12      8:15 - 9:45AM        1/6 - 3/14      10:00 - 11:30AM        1/7 - 3/13      8:15 - 9:45AM        1/7 - 3/13      10:00 - 11:30AM        3/17 - 5/28      8:15 - 9:45AM        3/17 - 5/28      8:15 - 9:45AM        3/17 - 5/28      8:15 - 9:45AM        3/17 - 5/29      8:15 - 9:45AM

NO CLASS 1/20-1/21, 2/17, 3/31-4/4, 4/18, & 5/26

#### PLAY AND LEARN (WITH ADULT)

Ages 0-5

Instructor: Brooke Bee

#### Fee: \$66

Join us for open play, stories, songs, crafts, and more! In this fun, relaxed environment children will learn early math, literacy, and social skills through play. This class offers a great chance for both children and caregivers from the community to meet, socialize, and play!

DAY	DATES	TIME	LOCATION
Wed	1/8 - 2/12	9:00 - 11:00AM	NKE
<u>Fri</u>	1/10 - 2/14	9:00 - 11:00AM	NKE
Wed	2/19 - 3/26	9:00 - 11:00AM	NKE
<u>Fri</u>	2/21 - 3/28	9:00 - 11:00AM	NKE
Wed	4/9 - 5/21	9:00 - 11:00AM	NKE
<u>Fri</u>	4/11 - 5/23	9:00 - 11:00AM	NKE

NO CLASS 4/16 & 4/18



#### **Explore the Arts!**

#### JUNIOR VAN GOGHS

Ages 5-12 Instructor: Tina Mancusi Fee: \$54

Come develop your artistic skills and creativity in this step-by-step drawing class as we explore coloring techniques with markers, colored pencils and gel pens! Drawing develops fine motor skills, patience, and focus which are all covered in this class. The drawings are different with each session, so keep signing up! All materials included.

	<u> </u>	<u>*</u>	
DAY	DATES	TIME	LOCATION
Mon	1/13 - 2/3	3:05 - 4:05PM	BKE
<u>Tue</u>	1/14 - 2/4	3:05 - 4:05PM	FES
Wed	5/7 - 5/21	3:05 - 4:05PM	NKE

NO CLASS 1/20 & 1/21

#### PERLER BEAD FUN! Ages 5-12 Instructor: Tina Mancusi Fee: \$25

The sky is the limit for what you can make with perler beads! Choose from templates, freestyle your own creation, or even try 3D projects in this 1-day class. Projects can be completed with magnets, hangers, and embellishments. All materials included.

DAY	DATES	TIME	LOCATION
Wed	1/15	3:05 - 4:50PM	NKE
Tue	2/18	3:05 - 4:50PM	BKE
Wed	2/19	3:05 - 4:50PM	FES



#### EXPLORING WATERCOLOR PAINTING \*NEW\*

Ages 5-10 Instructor: Sara Lenz

Fee: \$66

Watercolor painting is fun! If your child loves to paint, then this is the class for them! We will be exploring different watercolor techniques, and everyone will paint a beautiful watercolor painting each class. All materials included.

DAY	DATES	TIME	LOCATION
Wed	1/15 - 1/29	3:15 - 4:45PM	FES
<u>Thur</u>	1/16 - 1/30	3:15 - 4:45PM	NKE

#### VALENTINE'S CARDS & CRAFTS Ages 5-12 Instructor: Tina Mancusi

Fee: \$25

YOUTH PROGRAMS

Handmade is the best kind! Join this class where we will be making Valentine's cards using stamps, punches, embellishments, and more. All materials included.

DAY	DATES	TIME	LOCATION
<u>Mon</u>	2/10	3:05 - 4:30PM	NKE
<u>Tue</u>	2/11	3:05 - 4:30PM	FES
Wed	2/12	3:05 - 4:30PM	BKE



## SCHOLARSHIPS

We can waive or reduce fees for children meeting the criteria for free or reduced meals, or adults whose income requires support. Participants are encouraged to pay a portion of the program fee when possible. Most programs require a partial contribution from families; some programs do not have scholarships available. We may limit the total scholarship assistance given to a family. Scholarships are only available to OSD residents. If you are looking for assistance, please email Alex Marks at apmarks@OregonSD.org PRIOR to registration.

#### WONDERFUL WIZARDLY WANDS

Ages 5-12

Instructor: Tina Mancusi Fee: \$28

Calling all Harry Potter and wizard fans! Join in on the fun as you'll use your imagination and creativity to make up to 3 different wands in this 1-day class. All materials included.

DAY	DATES	TIME	LOCATION
<u>Fri</u>	2/21	3:05 - 4:50PM	NKE

#### FRIENDSHIP BRACELETS \*NEW\*

Ages 5-12

Instructor: Tina Mancusi Fee: \$25

Join this all-new class that is designed for friends! Share, keep, or trade your creations made with your choice of Rainbow Looms, Pony Beads, Paper Beads, and numerous other bead options! All materials included.

DAY	DATES	TIME	LOCATION
<u>Mon</u>	3/3	3:05 - 4:30PM	NKE
<u>Tue</u>	3/4	3:05 - 4:30PM	FES
Wed	3/5	3:05 - 4:30PM	BKE

#### **ALL THINGS DOLLS - TRAVEL SET** Ages 5-12

Instructor: Tina Mancusi

Fee: \$57

Your stuffies, 12" dolls, and 18" dolls want to travel, too! Join this 2-week DIY class where we will make doll accessories including wheeled luggage, headphones, neck pillows, and snacks for their trip! All materials included.

DAY	DATES	TIME	LOCATION
<u>Mon</u>	3/10 - 3/17	3:05 - 4:30PM	NKE
<u>Tue</u>	3/11 - 3/25	3:05 - 4:30PM	FES
Wed	3/12 - 3/19	3:05 - 4:30PM	BKE

NO CLASS 3/18

## **IMPORTANT!**

**CLASS LOCATIONS MAY CHANGE! YOU WILL RECEIVE A** CONFIRMATION EMAIL WITH THE CORRECT LOCATION WITHIN A WEEK OF THE FIRST CLASS MEETING.

#### ART IS FUN! Ages 5-10

Instructor: Sara Lenz Fee: \$66

Art is fun! Come join this class and create some neat art projects! We will meet 4 times, and each time we meet we will be working with a different media. We will be using oil pastels, watercolors, markers, and colored pencils to create beautiful art! All materials included.

DAY	DATES	TIME	LOCATION
<u>Tue</u>	4/15 - 5/6	3:15 - 4:15PM	NKE
Wed	4/16 - 5/7	3:15 - 4:15PM	FES



#### CLAY CREATIONS \*NEW\*

Ages 5-12 Instructor: Tina Mancusi Fee: \$91

Molding and sculpting clay is a fan favorite! Join this all-new class where we will be making custom creations using vibrantly colored polymer oven-baked clay and/or painting air-dried clay. All materials included.

DAY	DATES	TIME	LOCATION
Mon	5/5 - 5/19	3:05 - 4:30PM	BKE
Tue	5/6 - 5/20	3:05 - 4:30PM	FES
<u>Thur</u>	5/8 - 5/22	3:05 - 4:30PM	NKE

## **Schools Closed Due to Weather?**

When school is canceled due to inclement weather, our in-person CE & Rec programs will not meet! CE & Rec will reach out to reschedule canceled programs if possible.

#### **MINDFUL MONKEYS**

Ages 5-8 Instructor: Kelly Petrie Fee: \$142

Give your child the gift of inner peace and lasting wellbeing! Young students will nurture their innate compassionate nature by exploring a variety of meaningful, mindfulness-based activities that strengthen awareness of self, others, and the world around them. Games, stories, mindful movement, and crafts are all part of this holistic experience! New & returning students welcome. **Class will be held at the Maitri Center located at 120 N. Main Street, Oregon, WI.** 

DAY	DATES	TIME	LOCATION
Wed	1/8 - 2/12	4:30 - 5:30PM	Maitri Center
Wed	4/16 - 5/21	4:30 - 5:30PM	Maitri Center

#### MINDFUL KIDS

Ages 8-11 Instructor: Kelly Petrie Fee: \$142

Join this class for a wholesome experience for upper elementary-aged students aimed at developing greater conscious awareness, inner confidence, and a compassionate heart. The Mindful Kids series strengthens all of these qualities and more through joyful lessons, interactive activities, and artful crafts that really speak to this age group. Enrich your child's capacity to navigate the ups and downs of life with emotional balance and clarity. **Class will be held at the Maitri Center located at 120 N. Main Street, Oregon, WI.** 

DAY	DATES	TIME	LOCATION
Wed	1/8 - 2/12	6:00 - 7:00PM	Maitri Center
Wed	4/16 - 5/21	6:00 - 7:00PM	Maitri Center

## **Follow Us!**

Stay connected to Oregon Community Education and Recreation on our socials! Stay up-to-date on programs, events, weather cancellations, and more so that you can continue being active in our community!



#### STEAM CLUB AT FES Ages 8-12 Instructor: Velvet Holmes Fee: \$53

The program offers students an exciting opportunity to explore a diverse range of activities that integrate Science, Technology, Engineering, Arts, and Mathematics! Participants will engage in hands-on experiences such as coding, where they can learn to create their own programs and games. The club also features 3D printing, allowing students to design and produce their own unique creations. Additionally, participants will have the chance to work on various art projects that foster creativity and innovation. Robotics is another key component, where students can build and program robots, enhancing their problem-solving skills. Through these engaging activities, students will develop critical thinking and collaboration skills while having fun in a supportive environment! All materials included.

DAY	DATES	TIME	LOCATION	
<u>Thur</u>	1/30 - 3/13	3:00 - 4:00PM	FES	
NO CLASS 2/6				

#### FUTURA-WHERE SPANISH COMES ALIVE! \*NEW\* Ages 5-10

#### Instructor: Futura Language Professionals staff Fee: \$134

Studies show that children learn another language more easily when it is a topic they find both fun and interesting. This spring's ¡Vamos con los Animales! (Let's go with the Animals!) session incorporates useful and exciting Spanish. Students will experience imaginary animal adventures with hands-on lessons "visiting" a pet store, a family farm, a zoo, an ocean, and even a rainforest! Don't miss out on this valuable opportunity for your child to practice Spanish in an interactive bilingual classroom.

DAY	DATES	TIME	LOCATION
Mon	2/10 - 4/14	3:00 - 4:00PM	NKE

NO CLASS 2/17 & 3/31

## OHS THEATER CAMP: DISNEY'S THE LITTLE

#### MERMAID \*NEW\*

#### Ages 5-14

#### Instructor: Marsha Heuer & Jennifer Yancey Fee: \$40

If you have ever been interested in learning more about theater and want to learn from the actors at the high school, come and join us! Students have a chance to work with the high school theater students involved in Disney's The Little Mermaid to learn about the show, make a theater craft, learn a section of the show, get a backstage tour, and more! Students will get a FREE t-shirt and a FREE ticket to see the show (with the purchase of an adult ticket).

DAY	DATES	TIME	LOCATION
<u>Sat</u>	2/15	9:15AM - 12:00PM	OHS

#### **RESCUE KIDS**

#### Grades 4-5 Instructor: Dale Schulz Fee: \$20

Rescue Kids is a class that provides kids with the skills needed in an emergency situation. Skills include how to make a 911 call, what to do if someone is choking, fire safety, and other general first aid information. In addition, kids learn to prepare supplies and pack a supply bag to use in case of emergencies. *Please choose only ONE date.* Class will be held at Brooklyn Fire/EMS located at 401 W. Main Street, Brooklyn, WI.

DAY	DATES	TIME	LOCATION
<u>Sat</u>	3/8	9:00AM - 12:30PM	See Description
<u>Sat</u>	3/22	9:00AM - 12:30PM	See Description
<u>Sat</u>	4/12	9:00AM - 12:30PM	See Description



CHILDREN'S DANCE

#### YEL GRANDMASTERS OF CHESS 1.2

Ages 5-10

#### Instructor: Youth Enrichment League staff Fee: \$83

New and returning students are invited to come learn, practice, and play chess each class! YEL's Teach It! Practice It! Play It!<sup>®</sup> method keeps students on track with new chess lessons and puzzles each week, as well as guided games and in-class tournaments. The class fee includes a ChessKid. com membership for the session. Join us and sign up today!

DAY	DATES	TIME	LOCATION
<u>Mon</u>	4/7 - 5/12	3:00 - 4:00PM	FES
Wed	4/9 - 5/14	3:00 - 4:00PM	PVE

#### GROW WITH CHESS

Ages 5-10 Instructor: Growth Chess staff Fee: \$83

Come play chess! Each week at chess club coaches will lead students through warm up activities, lessons dividing the students up by skill level, and organized play to help keep class as fun and engaging as possible. Activities will include chess puzzle contests, in-class tournaments, chess variants, learn how to use their new ChessKid accounts for online resources, and more. Students will have additional opportunities to compete in local and statewide tournaments!

DAY	DATES	TIME	LOCATION
Tue	4/8 - 5/13	3:00 - 4:00PM	BKE



#### BEGINNING EQUESTRIAN SKILLS

Ages 6-15 Instructor: Megan McIsaac Fee: \$84

Learn to care for and ride horses! This course will include horse nutrition, how to groom, saddle and care for horses and much more! *This class will be held at Lindinhof Academy's indoor riding facility located at 4246 Schneider Drive, Oregon, WI.* 

			<b>,</b>
DAY	DATES	TIME	LOCATION
<u>Sun</u>	3/2 - 3/16	11:00AM - 12:30PM	See Description
Wed	3/5 - 3/19	5:00 - 6:30PM	See Description
<u>Sun</u>	4/6 - 4/27	11:00AM - 12:30PM	See Description
Wed	4/9 - 4/23	5:00 - 6:30PM	See Description
<u>Sun</u>	5/4 - 5/18	11:00AM - 12:30PM	See Description
Wed	5/7 - 5/21	5:00 - 6:30PM	See Description

#### NO CLASS 4/20



#### **Children's Dance**

#### OHS KIDS DANCE CLINIC

Ages 5-14

#### *Instructor: Coach Maggie Krantz and OHS Dance Team Fee: \$43*

Come celebrate your LOVE for dance at our very first Valentine's kids clinic dance camp! There will be separate elementary and middle school Valentine's-themed choreography taught by members of the OHS dance team. The routine will be performed at halftime of the girls basketball game at 7:15pm. Registration includes a t-shirt, and all of the funds will be donated to support the OHS dance team!

DAY	DATES	TIME	LOCATION
Tue	2/11	4:45-8:00PM	OHS

#### **BEGINNING BALLET I**

#### Ages 4-5 Instructor: Dianna Johnson Fee: \$35

Come learn ballet! This is a great introduction to ballet in a fun and creative way. We will provide children with some basic terminology, playful activities, and a chance to perform! The last class of the session will include a short performance for caretakers, parents, and family members. Students need no prior experience for this class. Students should wear tights, leggings, or a leotard and ballet slippers.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	4/24 - 5/22	5:25 - 5:55PM	NKE
<u>Thur</u>	4/24 - 5/22	6:00 - 6:30PM	NKE



#### BEGINNING BALLET II

Ages 6-10 Instructor: Dianna Johnson Fee: \$35

Join us for some fun activities, dancing, and a special performance in ballet! We will learn basic terminology and dance combinations along with balance, flexibility, and coordination. The last class of the session will include a short performance for caretakers, parents, and family members. Students need no prior experience for this class. Students should wear tights, leggings, or a leotard and ballet slippers.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	4/24 - 5/22	6:35 - 7:05PM	NKE

#### **BEGINNING TAP**

#### Ages 6-10 Instructor: Dianna Johnson Fee: \$35

Do you want to learn how to tap dance? Come to this beginner level tap class and learn the basics of tap dancing! We will learn some fun tap steps and combinations, and the last class will include a short performance for caretakers, parents/guardians, and family members. Students should wear comfortable clothes for movement, and tap shoes must be worn. Students need no previous experience for this class.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	2/20 - 3/27	5:00 - 5:30PM	NKE
<u>Thur</u>	4/24 - 5/22	7:10 - 7:40PM	NKE

NO CLASS 3/20

#### TAP II

#### Ages 11-15 Instructor: Dianna Johnson Fee: \$35

Let's tap dance! This class is for those who have previously taken a tap class and would like to continue progressing on basic combinations and time steps. The last class will include a short performance for caretakers, parents, and family members. Students should wear comfortable clothes for movement. Tap shoes are required. *This class requires previous experience or instructor approval*.

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DAY	DATES	TIME	LOCATION
<u>Thur</u>	2/20 - 3/27	5:35 - 6:20PM	NKE
<u>Thur</u>	4/24 - 5/22	7:45 - 8:15PM	NKE

NO CLASS 3/20



#### Youth and Tweens

#### **OREGON DRUMMING ENSEMBLE**

Ages 10-18

#### Instructor: Megan Wiemann Fee: \$19

Come explore Ghanaian and Afro-Cuban music by playing it on the drums, Ghanaian flutes, xylophones, recorders, and more! Students will learn a variety of songs by following the Ghanaian teaching style. This course will also build important communication, listening, and cooperative teamwork skills, as well as respect for others. *A final performance will be held on April 10th at Forest Edge Elementary School.* 

DAY	DATES	TIME	LOCATION
<u>Thur *</u>	1/9 - 4/10	4:00 - 5:00PM	RCI

NO CLASS 2/6 & 4/3

\* Classes held on Wednesdays in March (3/5, 3/12, 3/19, & 3/26)

#### AFTER-SCHOOL STEAM CLUB AT RCI \*NEW\* Grades 5-6 Instructor: Pam Sengos

Fee: \$60

Do you love hands-on activities or cool tech projects? Then the after-school STEAM Club is the place for you! Each week, you'll have access to the RCI STEAM class makerspace, where you can create your own projects and explore fun activities like coding, stop-motion animation, and explore tools like the Micro:bit, the Hummingbird robotics kits, Legos, 3D pens, a 3D printer, green screen, and much more. Whether you want to build something new or dive into a techie challenge, you'll have the freedom to be creative, experiment, and have fun with friends! All materials included.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	1/16 - 2/27	3:00 - 4:00PM	RCI

NO CLASS 2/6

#### **Schools Closed Due to Weather?**

When school is canceled due to inclement weather, our in-person CE & Rec programs will not meet! CE & Rec will reach out to reschedule canceled programs if possible.

#### BREATHING ROOM FOR TEENS Ages 12-18

Instructor: Kelly Petrie Fee: \$95

Is your teen feeling stressed or overwhelmed by too many demands? If so, give them some breathing room to come home to their authentic self; to simply BE. This 4-part series takes a mind-body approach. We'll release tension through yoga and mindful movement, explore deep relaxation, learn practices in self-compassion & gratitude, and restore inner confidence & joy. No prior experience necessary. **Class will be held at the Maitri Center located at 120 N. Main Street, Oregon, WI.** 

DAY	DATES	TIME	LOCATION
<u>Fri</u>	1/24 - 2/14	4:30 - 5:30PM	Maitri Center



#### SAFE@HOME

Grades 4-6 Instructor: Stoughton Health Fee: \$25

Come learn how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are introduced to the Safe Sitter<sup>®</sup> First Aid Chart and learn a system to help them assess and respond to injuries and illnesses. *Registration is offered through Stoughton Health*.

DAY	DATES	TIME	LOCATION
<u>Fri</u>	1/31	3:30 - 5:00PM	NKE
<u>Fri</u>	4/25	3:30 - 5:00PM	NKE

#### SAFE SITTER

#### Grades 6-8 Instructor: Stoughton Health Fee: \$50

The Safe Sitter<sup>®</sup> course prepares students to be home alone, watch younger siblings, or babysit. This course is designed with interactive lessons that will help students learn life-saving skills, understand how to handle emergencies & know how to treat injuries. *Registration is offered through Stoughton Health*.

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DAY	DATES	TIME	LOCATION
<u>Sat</u>	2/1	9:00AM - 2:45PM	FES
<u>Sat</u>	4/26	9:00AM - 2:45PM	FES

#### INTRO TO GUITAR \*NEW\* Ages 8-14

#### Instructor: Academy of Sound staff Fee: \$116

If your child has ever been interested in learning how to play the guitar, then sign up for this great introductory guitar class! Students will be given guided instruction to learn how to play the guitar. At the end of this class, students can take the provided music home with them as they continue to practice their new guitar skills! It is recommended that students have a general understanding of basic rhythms and can learn well in a group setting. *If you don't have your own guitar, Academy of Sound can provide rental instruments (subject to availability).* Classes will be held at Academy of Sound located at 408 N. Bergamont Blvd, Oregon, WI.

DAY	DATES	TIME	LOCATION
Tue	2/4 - 3/11	5:00 - 6:00PM	See Description

## **SCHOLARSHIPS**

We can waive or reduce fees for children meeting the criteria for free or reduced meals, or adults whose income requires support. Participants are encouraged to pay a portion of the program fee when possible. Most programs require a partial contribution from families; some programs do not have scholarships available. We may limit the total scholarship assistance given to a family. Scholarships are only available to OSD residents. If you are looking for assistance, please email Alex Marks at apmarks@OregonSD.org PRIOR to registration.

#### MIDDLE SCHOOL PREP: A SPANISH

#### FOUNDATION COURSE! \*NEW\*

#### Ages 11-14

#### Instructor: Futura Language Professionals staff Fee: \$131

In this engaging LIVE virtual eight-week class, middle school students will learn essential fundamentals to build a strong base in the Spanish language. Months of the year, telling time, present tense verb conjugations, and sentence structure building are just a few of the topics covered! Lessons are dynamic with interactive activities and visuals, along with cultural lessons. Participants will get a jump start preparing for future middle school or even traditional high school Spanish classes. Build your student's language foundation – enroll today! *The ability to access Zoom and basic working computer knowledge will be essential for this class*.

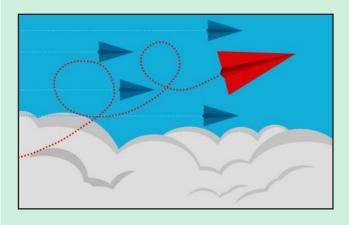
DAY	DATES	TIME	LOCATION
Mon	2/24 - 4/14	4:45 - 5:30PM	Live Online!

#### PAPER AIRPLANES! **\*NEW**\* Ages 8-13

Instructor: Chris Weed Fee: \$12

Join us for a fun time to decorate and learn how to create a variety of paper airplanes. With over 50 different designs to learn, it will be a great opportunity to see which designs fly the furthest and look the best! All materials included.

DAY	DATES	TIME	LOCATION
<u>Tue</u>	3/4	5:30 - 6:30PM	NKE



**TEEN / ADULT PROGRAMS** 

#### **CREATE VIDEO GAMES!** Ages 11-14 Instructor: Chris Weed Fee: \$32

Back by popular demand! Join us as we create our very own video games! Similar to Scratch<sup>®</sup>, we will be building video games based in MakeCode Arcade. Students will learn block coding or Javascript coding to create retro-style video games that can be played on small handheld devices. We will work through design, planning, and overall code structure that lays a foundation for future software development.

DAY	DATES	TIME	LOCATION
<u>Mon - Thur</u>	3/24 - 3/27	5:30 - 6:30PM	PVE



#### **GROW WITH CHESS**

#### Ages 10-12 Instructor: Growth Chess staff Fee: \$83

Come play chess! Each week at chess club coaches will lead students through warm up activities, lessons dividing the students up by skill level, and organized play to help keep class as fun and engaging as possible. Activities will include chess puzzle contests, in-class tournaments, chess variants, learn how to use their new ChessKid accounts for online resources, and more. Students will have additional opportunities to compete in local and statewide tournaments!

DAY	DATES	TIME	LOCATION
<u>Thur</u>	4/10 - 5/15	3:05 - 4:05PM	RCI

#### **Teen/Adult Enrichment**

#### THE ANXIOUS GENERATION COMMUNITY BOOK

#### 

Ages 18 and up Instructor: Michelle Kretschman Fees: FREE

In The Anxious Generation, social psychologist Jonathan Haidt lays out the facts about the epidemic of teen mental illness that hit many countries at the same time. He investigates the nature of childhood, including why children need play and independent exploration to mature into competent, thriving adults. Haidt presents more than a dozen mechanisms by which this "great rewiring of childhood" has interfered with children's social and neurological development. Join us in addressing these challenges and understanding the traps we have fallen into, so we can see the escape routes. The book is designed to facilitate discussion among friends, family, book clubs, educators, and communities, in order to change norms and reclaim human life for all generations! This class will be held in the Oregon Public Library, located at 200 N. Alpine Pkwy, Oregon, WI. Please come to the first meeting having read Chapter 1.

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DAY	DATES	TIME	LOCATION
Tue	1/7 - 2/4	6:00 - 7:00PM	See Description

## CRAZY BASIC HTML: HOW THE WEB WORKS

Ages 14 and up Instructor: Chris Weed Fee: \$27

Do you ever wonder how websites work? Modern day tools allow you to quickly create a website but all of those tools boil down to actual HTML, CSS and JavaScript. In this class we will learn what makes the web tick and build our own, very basic website to learn how this all works behind the scenes. **Please provide your own laptop for this class**. A limited number of laptops may be available to use upon request.

DAY	DATES	TIME	LOCATION
<u>Wed - Fri</u>	1/8 - 1/10	5:30 - 6:30PM	NKE

#### INSTANT PIANO FOR BUSY PEOPLE

Ages 18 and up

## Instructor: Craig Coffman of Chords are Key Fee: \$53

Have you ever been interested in learning how to play piano? If so, join this class! In just a few hours, you will learn enough secrets of the trade to give you years of musical enjoyment. We will be learning to play piano the way professionals do using the chords method. This method is LOTS of fun, and it is much easier to learn than reading notes. The class fee includes the online book, online follow up lessons, a recording of the class, and an optional question and answer session.

DAY	DATES	TIME	LOCATION
Mon	1/27	6:30 - 9:30PM	Live Online!



#### **INSTANT GUITAR FOR BUSY PEOPLE** Ages 18 and up Instructor: Craig Coffman of Chords are Key Fee: \$53

Have you ever been interested in learning how to play guitar? If so, join this class! In just a few hours, you will learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away! The class fee includes the online book, online follow up lessons, a recording of the class, and an optional question and answer session.

DAY	DATES	TIME	LOCATION
<u>Tue</u>	1/28	6:30 - 9:00PM	Live Online!

#### INTRO TO GUITAR \*NEW\*

Ages 18 and up Instructor: Academy of Sound staff Fee: \$116

If you have ever been interested in learning how to play the guitar, then sign up for this great introductory guitar class! You will be given guided instruction to learn how to play the guitar. At the end of this class, you can take the provided music home with you as you continue to practice your new guitar skills! It is recommended that you have a general understanding of basic rhythms and can learn well in a group setting. *If you don't have your own guitar, Academy of Sound can provide rental instruments (subject to availability).* **Classes will be held at Academy of Sound located at 408 N. Bergamont Blvd, Oregon, WI.** 

DAY	DATES	TIME	LOCATION
Tue	2/4 - 3/11	6:30 - 7:30PM	See Description

#### ADULT CONVERSATIONAL SPANISH: BEGINNER PART 1 Ages 18 and up

#### Instructor: Futura Language Professionals staff Fee: \$104

Have you always dreamed of learning Spanish or refreshing your high school Spanish skills? If so, then this is the class for you! The primary focus of this class will be on building conversational tools in Spanish through interactive practice and exercises. Vocabulary topics will include common greetings and introductions, pronunciation, numbers, foods, clothing, likes and dislikes. Grammar topics will include subject pronouns, the verb estar conjugation, gender of nouns, and plurality. Participants will learn how to carry on small conversations in Spanish and each class will include interesting cultural anecdotes including Spanish word origin, dialect differences, and names in Spanish.

DAY	DATES	TIME	LOCATION
Tue	2/18 - 3/25	6:00 - 7:00PM	Live Online!
Wed	2/19 - 3/26	6:00 - 7:00PM	Live Online!
Mon	2/24 - 4/7	6:00 - 7:00PM	Live Online!

NO CLASS 3/31

#### ADULT CONVERSATIONAL SPANISH: BEGINNER PART 2 Ages 18 and up

#### Instructor: Futura Language Professionals staff Fee: \$104

Learning a language is a lifelong journey and now you are on your way! Participants will practice with real-world conversational components and builder phrases in Spanish enabling them to carry on small conversations related to giving and asking for directions and restaurant conversation. Vocabulary and grammar components will include weather, seasons, dates with months, days of the week, family vocabulary, and the verbs ser and tener conjugations. Culture discussions will include the importance of food, family, and friendships in Spanish speaking countries. *This class is applicable to new students and previous Adult Conversational Spanish: Beginner participants.* 

DAY	DATES	TIME	LOCATION
Tue	2/18 - 3/25	6:00 - 7:00PM	Live Online!
Mon	2/24 - 4/7	6:00 - 7:00PM	Live Online!

NO CLASS 3/31

## Adult Conversational Spanish: Intermediate Part 2

#### Ages 18 and up

#### Instructor: Futura Language Professionals staff Fee: \$104

¿Quieres hablar más Español? Then this is the course for you! Continue building on previous Spanish skills to further develop conversational abilities in the language which will include expressing recommendations and comparisons. Real life scenarios will be introduced and role played in Spanish to ensure a dynamic and interactive learning environment. Participants will also be delving into more complex grammatical instruction and vocabulary to create full sentences in Spanish. This will include present tense conjugation with -ER & -IR verbs, hobbies, sports, and workplace vocabulary in Spanish. Exciting culture discussions are related to music, dance, and famous people in Spanish speaking countries. This class is applicable to previous Adult Conversational Spanish: Intermediate or Beginner participants.

DAY	DATES	TIME	LOCATION
Wed	2/19 - 3/26	6:00 - 7:00PM	Live Online!

#### ADULT CONVERSATIONAL SPANISH: ADVANCED PART 2

#### Ages 18 and up

#### Instructor: Futura Language Professionals staff Fee: \$104

¿Quieres ampliar tu Español? Then this is the course for you! Students will expand their skills learning new complex grammatical concepts and sentence structures. Challenge yourself and build your language expertise with an overview of the subjunctive in Spanish. The Spanish subjunctive is a special verb form used to express uncertainty, possibility, mood, and expressions. *This class is applicable to previous Adult Conversational Spanish: Advanced participants or those who have more than two years of Spanish language experience.* 

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DAY	DATES	TIME	LOCATION
<u>Thur</u>	2/20 - 3/27	6:00 - 7:00PM	Live Online!

## THE ABC'S OF ANIMAL TRAINING Ages 14 and up

#### Instructor: Daniel Antolec of Happy Buddha Training Fees: \$12

Virtually all animal species can be trained! Modern reward-based training is based in learning theory and the application of operant conditioning. In plain terms, we reward an animal for giving us the desired behavior in response to a cue, thus reinforcing that behavior. Behaviors which are reinforced tend to be repeated. The ABC's not only refer to the building blocks of teaching, but also to the antecedent, behavior, and consequence. Understanding this process is the key to success! <u>No</u> <u>pets are allowed in the classroom for this class</u>. This class will be held in the District Office Conference Room, located at 123 E. Grove Street, Oregon, WI.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	3/13	6:00 - 8:00PM	See Description



#### Adult Drumming Ensemble

Ages 18 and up Instructor: Megan Wiemann Fee: \$19

Come explore Ghanaian and Afro-Cuban music by playing it on drums, gourds, xylophones, recorders, and more! You will learn a variety of songs by following the Ghanaian teaching style. This music is built on communication, listening, respect, and teamwork. Come jam and have fun with us!

DAY	DATES	TIME	LOCATION
<u>Thur</u>	4/17 - 5/8	6:00 - 7:00PM	FES



#### HELP FOR ANXIOUS AND FEARFUL PETS \*NEW\*

#### Ages 14 and up

#### *Instructor: Daniel Antolec of Happy Buddha Training Fees: \$12*

Come learn how to help your anxious and fearful pets! Citing dogs for example, studies have shown that about 20% of dogs have sound phobias, 40% have separation anxiety, and most dog bites are attributed to fearful dogs responding to a trigger. Chronic stress weakens the immune system, affects quality of life, and can even shorten lifespan. Thankfully, there are many ways to help your pets! <u>No pets are allowed in the classroom for this class</u>. This class will be held in the District Office Conference Room, located at 123 E. Grove Street, Oregon, WI.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	5/8	6:00 - 8:00PM	See Description

#### NEW CLASSES ADDED THROUGHOUT THE SEASON!

Please check online at OregonSD.org/Community for our most up-to-date class offerings.

#### Teen/Adult Wellness

#### INDOOR COMMUNITY WALKING

#### Ages 18 and up Fee: \$20

Are you looking for an opportunity to stay active during the winter months? If so, sign up for Indoor Community Walking! We offer a safe, well-lit space to get your morning walk in while avoiding the outdoor elements. Signing up will give you access to the Oregon High School Indoor Walking Track. <u>Doors</u>

#### will lock at 6:30AM, so please plan accordingly.

DAY	DATES	TIME	LOCATION
<u>Mon - Fri</u>	Ongoing (Ends Late Spring)	6:00 - 7:30AM	OHS

NO PROGRAM 12/24-12/26, 12/31-1/1, & 1/20

#### **STEPPING INTO YOUR POWER \*NEW**\* Ages 18 and up

#### Instructor: Elizabeth Schulz

Fee: \$63

Come discover your next best step on your energetic journey within a supportive community. In this class you will uncover what prevents you from stepping into your own power, and you will be supported as you recognize what is blocking your path. You will be encouraged to embrace the full truth of who you are so that you can let go of what is no longer serving you. You will discover that you are not alone in this transformation!

DAY	DATES	TIME	LOCATION
<u>Sat</u>	1/11	10:00AM - 12:00PM	NKE

#### **INDEPENDENCE BASICS**

Ages 14 and up Instructor: Elisa Ried Fee: \$27

Teens and adults with intellectual disabilities or autism are invited to join us once a month for a lively evening of discussions, activities and more! This is a great monthly social activity. <u>The class</u> will finalize the dates for the rest of the semester

during our first meeting.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	1/16 - TBD	6:00 - 7:30PM	OHS

#### **YOGA FOR STIFF PEOPLE** Ages 14 and up Instructor: Berenice Wiecki Fee: \$53

Too much sitting around these days? Need a boost to get moving again? Join Wishing Tree Studio for Yoga for Stiff People. This class will help you slowly work out your kinks. Don't accept stiffness any longer and join today! **BOTH Live Online AND In-Person learning options available. In-Person classes will be held at the Wishing Tree Studio located at 121 N. Main Street, Oregon, WI**.

DAY	DATES	TIME	LOCATION
Mon	1/20 - 2/24	7:00 - 8:00PM	See Description



#### HIGH FITNESS: AEROBICS FITNESS CLASS

Ages 16 and up Instructor: Chelsea Carvajal Fees: \$32

Join us for this fun and engaging workout class returning this spring! This class will include easy to follow aerobics choreographed to your favorite music to make working out fun! This full body workout has been shown to improve overall endurance, stamina, strength, and cardiovascular health. No equipment needed.

DAY	DATES	TIME	LOCATION
Wed	3/12 - 4/30	6:00 - 7:00PM	NKE

NO CLASS 3/26 & 4/2

#### Adult Open Basketball

Adult Open Basketball is offered this winter at OMS and RCI! Information can be found at https://www.oregonsd.org/community/for-community. If you have any questions, please reach out to Alex Marks at apmarks@oregonsd.net.

#### **EMBODIED PRESENCE: THE ESSENCE OF**

#### **MINDFUL LIVING**

Ages 18 and up Instructor: Kelly Petrie Fee: \$189

Join us for this all-new exploration of the essential elements of mindful living! Mindfulness is an invaluable skill that can impact our physical health and social-emotional wellbeing in profoundly positive ways. As we become more aware, balanced and present, our lives become enriched as we learn to relax into the joy of simply being. Together we will explore meditation, the power of intention, mindful speaking & listening, embracing change & uncertainty with courage & compassion, and discovering renewed connection through embodiment practices. There is no prior experience necessary for this course. **Class will be held at the Maitri Center located at 120 N. Main Street. Oregon. WI.** 

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DAY	DATES	TIME	LOCATION
<u>Thur</u>	3/13 - 4/24	6:30 - 8:00PM	Maitri Center
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NO CLASS 4/3

#### HYGGE IN THE SPRING \*NEW\*

Ages 18 and up

*Instructor: Binky from Blooms by Binky Fee: \$37* 

Hygge (pronounced "hoo-gah") is a Danish lifestyle of simplicity, comfort, and coziness. Hygge is not only for the winter months; it can be used all year long! This workshop will show you how to welcome spring with some Hygge ideas and elements. Each participant will receive a spring Hygge gift bag to get you started on your Hygge journey. All materials included.

DAY	DATES	TIME	LOCATION
Tue	3/18	6:00 - 7:30PM	NKE
<u>Sat</u>	3/22	9:00 - 10:30AM	NKE



Questions? Contact Alex Marks at <a href="mailto:apmarks@OregonSD.net">apmarks@OregonSD.net</a> or call (608)835-4097

#### **Teen/Adult Arts**

#### DIY BEADED SCRUNCHIE \*NEW\*

Ages 14 and up

#### **Instructor: Shirley Duerst** Fee: \$25

Scrunchies are back in style! Join this class and dazzle up a plain scrunchie with vibrant, shiny beads. These scrunchies can be worn in your hair or on your wrist. All materials included.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	1/23	6:00 - 8:00PM	NKE

#### **DIY LEATHER EARRINGS**

Ages 18 and up (ages 12 and up can participate with paid parent/guardian)

#### Instructor: Jeena Breunig

#### Fee: \$32

Come create 3 pairs of leather earrings from startto-finish! You will design your own earrings by picking your leather pattern, shape, size, wood, and hardware. This class provides time to be creative, socialize, and have fun! All materials included.

DAY	DATES	TIME	LOCATION
Wed	2/26	6:00 - 8:00PM	NKE
<u>Thur</u>	5/1	6:00 - 8:00PM	NKE



## **Refund Policy**

Any cancellations made within one week of the start date for programs, classes, and/or events will result in a refund as account credit upon request. Exceptions can be made on a situational basis.

#### SPIRAL STITCH BEADED BRACELET

Ages 14 and up Instructor: Shirley Duerst

Fee: \$30

Have you ever been interested in learning the spiral stitch technique? If so, sign up for this class where participants will use the spiral stitch technique to create a shiny bracelet using colorful beads! All materials included.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	2/27	6:00 - 8:30PM	NKE



#### **BEGINNER OIL PAINTING**

Ages 15 and up Instructor: Leon Barrett Fee: \$105

Have you ever been interested in learning how to use oil paint? If so, sign up for this beginner level painting class where you will learn to oil paint using several different techniques. Participants will create at least 2 paintings on canvas during this class. Use your creativity to paint a landscape, figure, still life, and more! Participants will need to supply their own materials for this class. A supply list will be sent out prior to the first day of class.

DAY	DATES	TIME	LOCATION
Wed	3/5 - 4/9	6:30 - 8:30PM	PVE

NO CLASS 4/2

#### **Follow Us!** @OSDCER Stay connected to Oregon Community **Education and Recreation on our**

socials! Stay up-to-date on programs, events, weather cancellations, and more so that you can continue being active in our community!



# PARENTING PROGRAMS

#### EASY CROCHETED DISHCLOTH

Ages 14 and up Instructor: Shirley Duerst Fee: \$22

Have you ever been interested in learning how to crochet your own dishcloth? If so, this class will be perfect for you! In this class, you will learn how to crochet a dishcloth using crochet cotton and a crochet hook. This is the perfect class to practice your crochet skills. All materials included.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	3/27	6:00 - 8:00PM	NKE

#### **CROCHETED BEADED BRACELET**

Ages 14 and up

Instructor: Shirley Duerst Fee: \$30

Join this class where we will be combining crochet and beads to make a one-of-a-kind bracelet! Bracelets will be crafted using crochet cotton threads and beads to make each one uniquely yours. All materials included.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	4/10	6:00 - 8:30PM	NKE

#### CROCHETED COIN PURSE \*NEW\*

Ages 14 and up

Instructor: Shirley Duerst

Fee: \$27

Join this class where we will be making a small coin purse using yarn and a crochet hook! You will learn basic stitches along with the increase and decrease technique. All materials included.

DAY	DATES	TIME	LOCATION
<u>Thur</u>	5/15	6:00 - 8:30PM	NKE

## <u>SCHOLARSHIPS</u>

We can waive or reduce fees for children meeting the criteria for free or reduced meals, or adults whose income requires support. Participants are encouraged to pay a portion of the program fee when possible. Most programs require a partial contribution from families; some programs do not have scholarships available. We may limit the total scholarship assistance given to a family. Scholarships are only available to OSD residents. If you are looking for assistance, please email Alex Marks at apmarks@OregonSD.org PRIOR to registration.

#### FUSED GLASS: SPRING FLOWER SUNCATCHERS\*NEW\*

#### Ages 14 and up Instructor: Ann Kleckner Fee: \$43

May is for sunshine and flowers! Come join us and make a fused glass flower garden suncatcher for yourself, or to give as a gift! You will learn the basic cutting and layering techniques needed to create a lovely 5" flower garden suncatcher. Tools, glass, instruction, and kiln firing will be provided. Your creations will be kiln fired and available for pick up the week following the class. No experience needed! **Classes will be held at Art Glass Delights studio located at 5545 County Road A, Brooklyn, WI.** 

DAY	DATES	TIME	LOCATION	
<u>Thur</u>	5/15	6:30 - 8:30PM	See Description	



#### **Parenting Programs**

#### **STRENGTHENING FAMILIES PROGRAM** Parents/Guardians AND Children Ages 10-14 Instructor: OSD staff

Fee: FREE (Registration Required)

It's all about Love and Limits in this award winning 6-week *Strengthening Families 10-14 Program*! Youth will develop skills they need to anticipate and avoid situations while keeping their friends. Parents/guardians develop valuable tools to help them improve their communication skills and help their youth make good choices. *Free family dinner is provided for participants each week. Child care for younger siblings is available by request.* 

DAY	DATES	TIME	LOCATION	
Wed	1/22 - 2/26	5:30 - 8:00PM	RCI	



#### PUNCH CARDS ARE NO LONGER ACCEPTED AFTER 12/29/24

IF YOU HAVE PUNCHES REMAINING, A CREDIT WILL BE PLACED ONTO YOUR RECDESK REGISTRATION ACCOUNT FOR THESE PUNCHES INDOOR PICKLEBALL Seasonal Membership

January 2025 - Late Spring 2025 \$50 PER MEMBERSHIP OHS FIELD HOUSE SUNDAYS: 9:00AM-12:00PM WEDNESDAYS: 7:00-9:00PM

Purchase Your Membership Using the Link Below! https://oregon.recdesk.com/Community/ Program/Detail?programId=605

For more information, go to OregonSD.org/community OR Email Alex Marks at apmarks@oregonsd.net



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**Oregon** Area

Senior Center

**Explore Oregon Area Parks and** find Snowflakes!

Chance to win one of several

fantastic Grand Prizes!

oregon are

OREGON AREA

Iness Coalition

Saturday, February 1

Noon - 2 pm

Waterman Triangle Park

Free Food & Drinks!

STOUGHTON

HEALTH

COMMUNITY EDUCATION & RECREATION

REGON SCHOOL DISTRI

OREGON

PUBLIC

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# NO SCHOOL DAYS

JOIN CE & REC FOR A FULL DAY OF FUN ON THE FOLLOWING NO SCHOOL DAYS. WATCH FOR MORE INFORMATION COMING THIS WINTER & SPRING!

- MONDAY, DECEMBER 30
- TUESDAY, JANUARY 21
- MONDAY, FEBRUARY 17
- THURSDAY, APRIL 3

AGES 6-10 8:00AM-3:00PM







Ages

7-11





Open to all ages looking to get a good workout in!

#### Monday - Wednesday - Friday

Water exercise, often referred to as aquatic exercise, involves performing physical activities in water, typically in a swimming pool. It leverages the natural resistance of water, making it an effective way to enhance strength, flexibility, and cardiovascular fitness with reduced impact on joints. We encourage our patrons to move at their own pace and modify any exercises they need to.

Resistance Training	Water provides natural resistance, which helps build muscle strength as participants push against the water while moving.		
Low Impact	The buoyancy of water supports the body, reducing stress on joints and minimizing the risk of injury, making it suitable for all fitness levels.		
Improved Cardiovascular Fitness	Regular aquatic workouts can enhance heart and lung function, making it a great option for cardio conditioning.		
Rehabilitation	Water exercise is often used in physical therapy settings to aid recovery from injuries due to its gentle nature.		
Variety of ActivitiesWater exercises can include aerobics, swimming, walking or jogging in water, water yoga, and water-based strength train using resistance equipment.			
,	Water Weights and Aqua Jogger Belts available for your use (just ask).		

#### What are the Benefits of Water Exercise?

Open to all ages. You may swim at your own pace but you must swim laps for recreation and/or conditioning. Mask, fins, and snorkel allowed in lap swim. There may be at least two people per lane during this time.\*\*

> \*\*Any Time the Pool is shared with another activity there is an online sign up

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**OREGON POOL** 

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OREGON SCHOOL DISTRICT

# SWIMMING LESSONS

Whether you are new to swimming or want to improve your swimming skills, our certified instructors will guide you step by step.

#### **PROGRAM FEATURES:**

- Certified instructors
- Progressive curriculum
- Safety-focused



# Parent & Child Swim Lessons

For ages 6 months – 24 months (and a parent/adult), who have little or no previous water experience. Water adjustment through games, songs, and other play activities. Safety skills also included.

> Scan For More Information

Parent & Child 2



For ages 2 and 3 years old (and a parent/adult), who have had water experience. Water adjustment through games, songs, and other play activities. Safety skills also included.

> Scan For More Information



## Preschool Aquatic Swim Levels

For children 4-5 years without an adult. (Water adjustment activities and readiness skills through games, songs, and other play activities.) All preschool classes will be based in water safety activities. This is an ageappropriate class with some skill grouping within the class. Children remain in these classes until they are 6 years old.

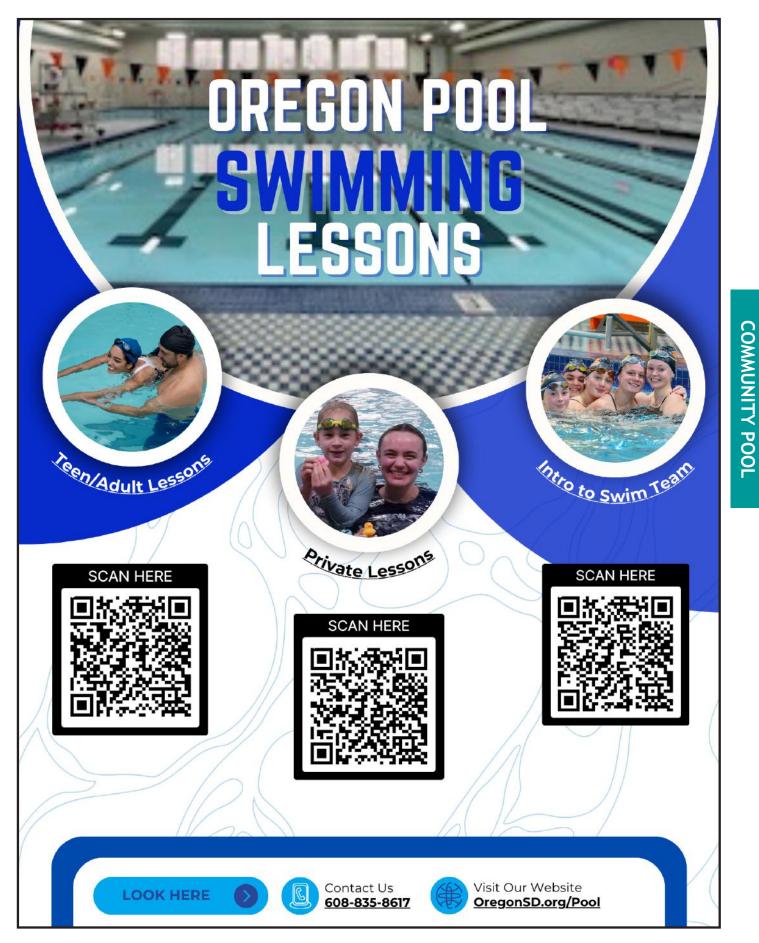




COMMUNITY POOL

# EARN





#### Fitness Classes and more at the Senior Center Call 608-835-5801 to register for these classes!

#### Zumba Gold

Modified for the active older participant! Fun, The movements in this 6-week course are slow friendly and invigorating! In-person AND via and gentle, and the degree of exertion and bal-Zoom. Taught by Anne Stone. Fee: \$3 per class.

DAY	DATES	TIME
Tue & Thu	Ongoing	9:45-10:30AM

#### Zumba Gold Advanced

Take the moves you learn in Zumba Gold to the next level. For this class, the steps are a little faster and more complex, but even more fun! In-person AND via Zoom. Taught by Anne Stone. Fee: \$3 per class.

DAY	DATES	TIME
Tue & Thu	Ongoing	8:30-9:30AM
Parkinson's		

This class targets specific Parkinson's disease movement deficits and focuses on improving function, mobility, mood, quality of life, and fall reduction in a fun atmosphere. Taught by Rachel Wojta from Stoughton Health. Fe

ee: \$5 per o	class donation r	equested.		1.		
DAY DATES TIME		TIME	DAY	DATES	TIME	
Tue	Ongoing	10:45AM	Fri	1/24 - 2/14 3/7 - 3/28	10:00AM	

#### Tai Chi for Health

ance support can be easily adjusted, making it suitable for poeple of all levels of ability! Taught by Gail Doty. Fee: \$30 per session.

DAY	DATES	TIME
Fri	1/10 - 2/14	9.00-9.45AM

#### Strong Women

Increase your flexibility and balance while you strengthen your muscles and bones! This program was created for mid-life and older women. In-person AND via Zoom. Taught by Vickie Carroll. Fee: \$3 per class.

DAY	DATES	TIME
Mon & Thu	Ongoing	10:30-11:30AM

#### **Gentle Yoga**

A gentle floor yoga class, perfect for those who can move from standing movements to floor movements and back up. Taught by Kelly Petrie. Fee: \$48 ner session

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This class will help you increase your general fitness level with warm-up, cardio workout, strengthening, and stretching. Most Movements are designed to be done either sitting or standing. Have fun while you work at your own pace! Taught by Anne Stone. Fee: \$3 per class.

DAY	DATES	TIME
Tue & Thu	Ongoing	12:30-1:30PM

#### **Balance Class**

This class is designed for improving balance, overall strength, and reducing fall risk in older adults who may have balance problems. It will incorperate primarily standing exercises so you can stand tall and feel more confident when walking. Taught by Amber Wagner from Stoughton Health. Fee: \$60 per session.

DAY	DATES	TIME
Mon & Thu	TBD	2:00PM

#### **Oregon Area** Senior Center

#### 219 Park Street | 608-835-5801

#### SENIOR CENTER SERVICES

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Case Management: Our Case Managers are here to help those in our service are to live safely in their homes. If you need help, please call 608-835-5801 and ask for Carol or Noriko.

Adult Day Program: Every Monday, Wednesday and Friday from 9:00AM through lunch.

#### **FOOD OPTIONS**

Nutritious lunches are offered Monday through Friday, 11:45AM, at the Senior Center. Home-delivered meals are available Monday through Friday and generally arrive between 11:00AM and Noon. Please reserve or cancel meals by calling 608-835-5801 two business days before. Suggested minimum donation for those 60 and older is \$5.00 per meal, but please pay only what you can afford.

#### TRANSPORTATION

Rides are available to lunch site and adult day program, Walmart in Stoughton, Hy-Vee in Oregon, the Oregon Area Food Pantry, and the Oregon Public Library. Rides to medical appointments available through the RSVP volunteer program. Call 608-835-5801 to schedule a ride.

#### LOAN CLOSET

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If you need durable medical equipment, such as crutches, wheelchairs, walkers, commodes, canes, etc., you may now check out equipment. You may also return equipment that you are no longer using. Please note that you MUST HAVE AN APPOINTMENT to either pick up or return equipment. Call Carol or Noriko at 608-835-5801 to schedule your appointment.

#### EDUCATIONAL AND RECREATIONAL PROGRAMS ARE LISTED IN THE MONTHLY NEWSLETTER.

#### Ongoing In-House Activities and Groups:

#### Live Entertainment and Education Programs

RSVP Create to Donate: 4th Monday of the month at 1:00PM

Caregiver Support Group, facilitated by Senior Center staff: Every 2nd Wednesday at 1:30PM Diabetic Support Group, facilitated by Susie Lamb: Every 4th Tuesday of the month at 12:30PM Euchre Card Party: Every 3rd Thursday of the month at 12:30PM

Great Beginning Books Club, facilitated by Oregon Public Library staff: Every 1st Wednesday of the month at 1:00PM Silver Threads Among the Gold, a potluck social group with live entertainment: Every 3rd Tuesday of the month at 11:30AM Crafty Stampers: Every 3rd Thursday of the month at 9:00AM Knit/Crochet Group: Every 2nd and 4th Wednesday of the month at 1:00PM

#### Weekly Game Groups:

Euchre: Wednesdavs at 1:00PM Mahjongg: Thursdays at 12:00PM Bridge: Mondays at 1:30PM Mexican Train Dominoes: Mondays at 10:30AM 200 N. Alpine Pkwy, Oregon Phone: 608-835-3656 www.OregonPublicLibrary.org Monday - Thursday: 9:00am-8:00pm Friday: 9:00am-6:00pm Saturday: 9:00am-3:00pm



#### Events & Programs for All Ages

Please check the library events calendar: https://oregonpl.librarycalendar.com/events/month

- Book Clubs
- Gaming Clubs
- Arts & Crafts
- Author Visits

#### **Popular Services**

- Study Rooms and Meeting Spaces
- Notary
- Test Proctoring
- Computer, Internet, Copier/Printer, and Faxing
- Outreach and Library Delivery

#### Fitchburg **Public Library**

5530 Lacy Road, Fitchburg 608-729-1760 Mon. - Thur. 9:00am-8:00pm Fri. & Sat. 10:00am-6:00pm Sun. 1:00-5:00pm

The Fitchburg Library offers programs for children, teens and adults! Check the online calendar each month for exciting classes, fun story-time activities and special opportunities just for teens!

Please visit the library web site for dates and times of programs and activities at https://fitchburgwi.gov/2775/Library



## STOUGHTON HEALTH

#### TO FIND THE FULL LIST OF CLASSES AND EVENTS, AND TO REGISTER, PLEASE GO TO STOUGHTONHEALTH.COM AND CLICK ON "CLASSES & EVENTS." **QUESTIONS? CALL 608-877-3498**

#### **Blood Drives**

- Friday, 2/14, 8:00AM 1:00PM
- Friday, 4/25, 8:00AM 1:00PM

#### Support Groups

Parkinson's Support Group 2nd Monday Each Month, 12:15-1:15PM

Memory Café

• 1st Tuesday Each Month, 9:30 - 11:00AM

#### Classes

- Parkinson's Exercise Class
- Monday, 1/13 through Friday, 5/16
- Attend once, twice, or more per week!
- Mondays from 11:15AM-12:00PM (Stoughton)
- Tuesdays from 10:45-11:30AM (Oregon)
- Fridays from 11:15AM-12:00PM (Stoughton)

#### Medicare 101

Thursday, 1/16 from 12:00-1:00PM

#### SafeSitter

- Saturday, 1/18 from 9:00AM-2:45PM (Stoughton)
- Saturday, 2/1 from 9:00AM-2:45PM (Fitchburg)
- Saturday, 3/1 from 9:00AM-2:45PM (McFarland)
- Saturday, 4/26 from 9:00AM-2:45PM (Fitchburg)
- Saturday, 5/17 from 9:00AM-2:45PM (McFarland)

#### Safe@Home

- Tuesday, 1/21 from 3:45-5:15PM (Stoughton)
- Friday, 1/31 from 3:30-5:00PM (Oregon)
- Friday, 2/28 from 3:45-5:15PM (McFarland)
- Friday, 4/25 from 3:30-5:00PM (Oregon)

Kula Yoga: "Pain in the Glute" • Wednesday, 1/22 from 6:00-7:00PM

Grocery Store Tour (Hy-Vee) • Thursday, 1/23 from 10:00-11:00AM

Grocery Store Tour - Dietitian Approved (Aldi) • Tuesday, 2/11 from 11:00AM-12:00PM

#### Good Mood Foods

• Thursday, 2/20 from 5:30-6:30PM

#### Classes Cont.

#### Village of Brooklyn Recreation

#### recreation@brooklynwi.gov

#### Weekly Exercise Classes

PiYo® LIVE: Mondays at 6:00pm Children's Ballet & Jazz Dance: Tuesdays Yoga: Wednesdays at 6:00PM 10 punches for \$55 6 punches for \$40 Drop-In for \$10/class



Find us on Facebook: BrooklynRecWi

OREGON AREA FOOD PANTRY

https://brooklynwi.gov/departments/recreation/

#### Fitchburg Parks & Recreation

608-270-4285 | http://www.fitchburgwi.gov/recreation

Fitchburg Parks and Recreation offers classes, sports and more for learners of all ages! Non-residents are welcome!

Programs include Robotics, Soccer, Archery, Zumba, Pickleball, and more.

Visit http://www.fitchburgwi.gov/Recreation to see current class offerings, schedules and registration information.

#### **OREGON AREA FOOD PANTRY**

107 North Alpine Parkway, Oregon oregonareafoodpantry.com

#### DAYS and HOURS

(Please arrive at least 15 minutes before closing as our volunteers are scheduled to leave at closing time.)

- Every Tuesday 9:00am 11:00am
- Every SECOND and LAST Thursday 4:00pm to 6:00pm
- Every FIRST SATURDAY 9:00-11:00am

#### Who can use the pantry and how often?

Anyone who lives in the Oregon School District and needs assistance with food and other personal essential items may come to the pantry, as many times as they need to. Use of the pantry is confidential - your information will not be shared with anyone. What items do you have at the pantry?

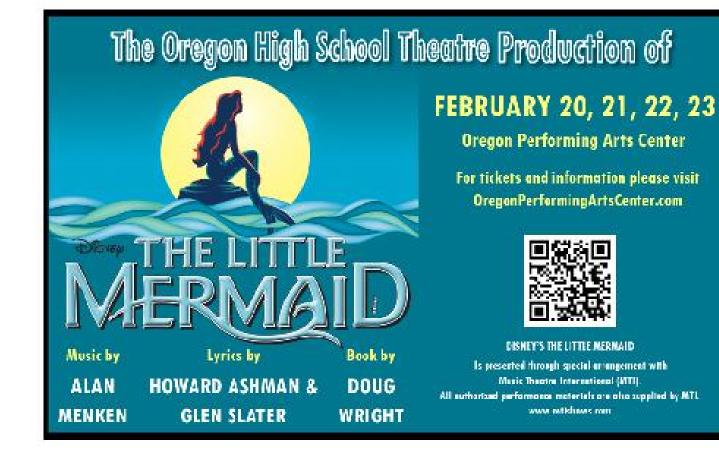
The pantry regularly stocks frozen meat, fresh fruit/vegetables, canned vegetables, fruit, soups, beans and pasta sauce, peanut butter & jelly, and other canned and dried goods. The pantry usually has dairy, eggs, and other frozen or refrigerated items. The pantry tries to keep a good stock of an assortment of personal care items, such as toilet paper, paper towel, tissues, toothpaste, deodorant, shampoo, and cleaning supplies. **How do I use the pantry?** 

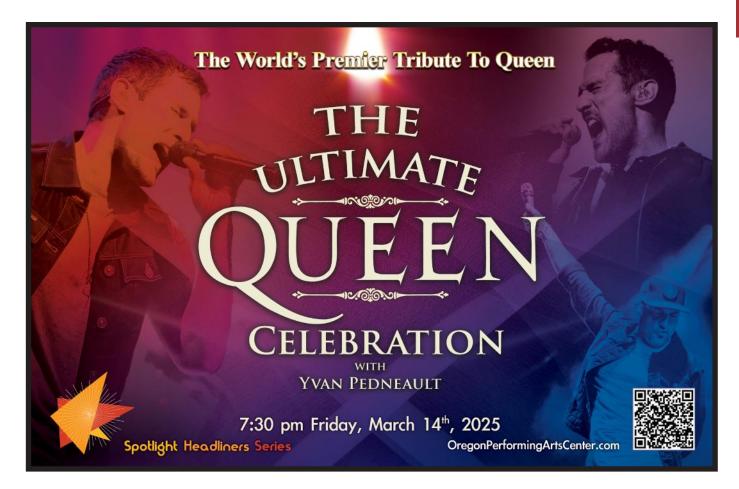
If you are new to the pantry, please bring ID for you and the members of your household as well as proof of residency in the Oregon School District. A volunteer will review the information with you. Because the pantry receives some food from a federal program, there are income guidelines for guests. You will be asked if you meet the guidelines. Even if your income is above the guidelines and you need assistance, the pantry will still serve you. Income guidelines can be found at <u>https://www.dhs.wisconsin.gov/library/collection/f-40059</u>. Every time you come to the pantry, bring your ID. If your address has changed, please bring proof of your new address. If you are unable to come to the pantry, you can have a "proxy" shop for you. You must give written permission to the proxy to shop for you.

#### What is the process for shopping?

The pantry is set up like a small grocery store. When you arrive, you will be given a number and when it is your turn, you will start shopping and choosing the items you need. Please bring re-usable bags or other items to carry your groceries. When you have finished shopping, pantry volunteers can help you load them into your car. If you are not able to come inside to shop, a volunteer will shop for you. You will choose items from a grocery list and they will be selected and brought to your car.

For further questions or information, contact the pantry - director@oregonareafoodpantry.com, 608-291-0709. For needs beyond food or for emergency food needs, call the United Way help line at 211. A specialist will take your car and help you identify and locate the available resources.







Our mission is to protect and enhance local natural areas while also promoting activities that bring people closer to nature.

Find us on Facebook: https://www.facebook.com/OregonNatureAlliance



### **COMMUNITY RESOURCES**

**Ryan Estrella**, Joining Forces for Families (JFF) Community Social Worker Ryan connects families to community services and resources, and offers financial support for families in need of rent and utility help through the **Neighbors In Need of Assistance (NINA) Fund.** The NINA fund was established in 2002 to support Oregon School District residents with children. Contact Ryan if you need:

- Community services and/or resources
- Financial assistance for basic needs through the Neighbors in Need of Assistance (NINA) Fund.

Please call 835-4188 and leave a message, or email estrella@countyofdane.com

#### Alliant Energy

Low Income Energy Assistance Program (LIHEAP) is a federally funded initiative that helps qualifying households with heating costs. More information at <u>alliantenergy.com/BillPayOptions/AssistanceandFinancing/LIHEAP</u> or call 608-267-3680

Oregon School District Social Workers: Caitlin Petersen (Grades K-6, BKE and RCI) <u>cepetersen@OregonSD.net</u> Katherine Bland (Grades K-6, NKE and RCI) <u>kmbland@OregonSD.net</u> Daniela Arevalo (Grades K-6, PVE & FES) <u>dcarevalo@OregonSD.net</u> Naomi Presley (Grades 7-8, OMS) <u>npresley@OregonSD.net</u> Amie Mitchell (Grades 9-12, OHS) <u>ammitchell@OregonSD.net</u>

#### Mental Health Resources and Helpful Hotlines

(The community resources listed below are available for your Mental Health needs.) Emergency

• Call 911

#### Hotlines

- Journey Mental Health
  608-280-2700
- Briarpatch 24 Hour Line for Youth
  608-251-1126
- Rape Crisis Center 608-251-7273
- Dane County Housing Resource Line
  1-855-510-2323
- Domestic Abuse Intervention Services
  1-800-747-4045
- United Way

2-1-1

- Police Department
  - 608-835-3111

#### Suicide Crisis Response Resources

- Suicide Prevention Lifeline 1-800-273-TALK (8255), OR text/call 988
- Text "HOPELINE" to 741741
- Trevor Project Lifeline 1-866-488-7386

#### **Oregon Area Youth Sports**

Groups are independently run by volunteers.

Scholarships are available for some sports. Check activity website for details and availability for each sport.

#### **OREGON YOUTH BASEBALL**

Website: <u>oregonyouthbaseball.org</u> Grades: 4K - 8

#### **OREGON YOUTH BASKETBALL**

Website: oregonbasketball.org OREGON YOUTH BASKETBALL (In-House) Grades: 1 - 6 (Boys & Girls) TRAVELING BASKETBALL - BOYS Grades: 4 - 8 TRAVELING BASKETBALL - GIRLS Grades: 4 - 8

#### **YOUTH CHEER CLINICS**

Grades: K-8 Contact: <u>klpierce@oregonsd.net</u> Youth Cheer Clinic K - 4 in Fall & Winter Youth Cheer Clinic 5 - 8 in Summer

#### **OREGON YOUTH FOOTBALL**

Website: <u>oregonyouthfootball.com</u> Grades: K - 8 (flag) 5 - 8 (tackle)

#### **OREGON YOUTH HOCKEY**

Website: <u>oregonhockey.org</u> Ages: 4 - 18

#### GIRLS ON THE RUN

Website: <u>girlsontherunscwi.org</u> Girls in Grades: 3 - 5

#### **OREGON LACROSSE CLUB**

Website: <u>www.oregonlacrosseclub.org</u> Grades: 3 - 5, 6 - 8, & High School

#### OREGON RUGBY CLUB

Website: <u>www.OHSrugby.com</u> Grades: 5 - 6 (Flag), 7 - 8, & 9 - 12

#### OREGON YOUTH SOCCER Website: <u>oregonyouthsoccer.org</u> Grades: 4K - 12

**OREGON SOCCER CLUB** 

Website: <u>oregonsc.com</u> Ages: 3 - 18

#### GIRLS FAST-PITCH SOFTBALL

Website: <u>oregonyouthsoftball.com</u> Grades: K - 11

#### **OREGON SPECIAL OLYMPICS**

Contact: <u>averheyden@sacofoods.com</u> Website: <u>http://oregonspecialolym-</u> <u>pics.yolasite.com/</u> Ages: 2 to adult

#### MADISON SPEED SKATING CLUB

Website: <u>madcityspeedskate.com</u> Grades: Elementary and up

#### OREGON COMMUNITY SWIM CLUB (OCSC)

Website: <u>oregonswimclub.com</u> Grades: K - 12 (passed 4/5 lessons)

#### **OREGON YOUTH TRACK**

Website: oregonwitrack.com Ages: 7 - 18

#### **OREGON KIDS TRIATHLON**

Website: oregonkidstri.com Ages: 5 - 17

#### **OREGON YOUTH WRESTLING**

Website: oregonpantherwrestling.com Coach: Chad Niday; 608-501-4721 Grades: K - 8 Registration: Oct.; Season Nov.-March; Fees: \$125

#### ACERS VOLLEYBALL CLUB

Contact: <u>acersvbc@gmail.com</u> Website: <u>Acersvbc.com</u> Grades: 5 - 10

#### **TOPSoccer of Wisconsin**

TOPSoccer is a training and team placement program for athletes ages 5 and up with disabilities.

For more information, contact Madison TOPSoccer using the email below with any questions: topsoccer.madison@gmail.com

Don't forget to look for Madison-TOPSoccer on Facebook for more updates and information!

#### Oregon Booster Club

This parent-volunteer organization supports Oregon athletes both on and off the field.

Boosters raise money through memberships, concessions, sponsorships and special events to provide our students what they need to succeed!

You can become a booster today! Membership information and forms are available on the OABC web page:

oregonboosters.com



Want your group included on this page? Send information to <u>apmarks@OregonSD.net</u>

Parenting teens today is hard.

We're here to help.



Resources, parenting support and more! OregonAreaCares.org

## Adult Sports and Recreation in the Oregon School District Community

#### Adult Open Basketball

Rome Corners Intermediate School Gym 1111 S. Perry Pkwy, Oregon Sundays 9:00-11:00am Wednesdays 8:30-10:00pm Oregon Middle School Gym 601 Pleasant Oak Dr, Oregon Wednesdays 5:30-7:00pm Free

#### Adult Hockey Open Ice

Oregon Ice Arena 100 N Perry Parkway, Oregon Mondays and Thursdays 9:30pm- 10:30pm Open to all player levels over the age of 25. \$7 per night ice fee, does not include equipment rental. More information at : onicepromotions.com/oregonicearena

#### **Pickleball Open Play**

Indoor Play Ends in Late Spring! Sundays from 9:00AM - 12:00PM Wednesdays from 7:00 - 9:00PM Oregon High School Fieldhouse 456 N Perry Parkway Enter through Main Entrance. Bring your own paddle or use one of ours. Get a SEASONAL Membership - \$50 per membership.

More information: <u>https://www.ore-gonsd.org/domain/407</u>

Outdoor Play Late Spring-Fall Tuesdays and Thursdays 5:30-Dusk Jaycee Park Pickleball Courts in Oregon **Free** Equipment provided

#### Oregon Soccer Coed Adults Recreation (OSCAR)

Indoor Play: Fall-Late Spring TBD, 7:30pm - 9:00pm NKE Small Gym (Enter Door #5) Outdoor Play: Late Spring- Fall Wednesdays 6pm - 8pm Oregon Jaycee Park Field 13, 200 Block N Perry Parkway, Oregon. More information: cjjohnston@ uwalumni.com

#### **Oregon Area Softball Association**

Semi Competitive Rec League Summer Season: May - August Fall Season: September - October 7:00pm-10:00pm Monday Night - Women Tuesday & Thursday Night - Men Wednesday Night - Men over 35 Contact: Robert Klein (608-217-9186) Email: oregonsoftball@yahoo.com

#### Summer Tennis League

Play at tennis courts throughout the community during June, July and August. Website: <u>https://playtennis.usta.com/</u> <u>programming?location=Oregon,%20WI</u> Contact Jenny Liao at <u>jpliao.tennis@</u> <u>gmail.com</u>

#### Oregon Tuggers Tug of War Club

Season: January- September Contact- Shelby Richardson at <u>shelbytow@msn.com</u> Information and updates posted on team Facebook page: <u>https://www.facebook.com/</u> groups/122001661829

#### Adult Lap Swim and Water Exercise at Oregon Pool.

Contact: Oregon Pool at <u>nrrussell@</u> <u>oregonsd.net</u> or (608)835-4086.

#### Sunday Adult Power Coed Volleyball League

OHS Field House 456 N Perry Pkwy, Oregon Sundays 6:30-9:30pm Season: Sep- Dec and Feb- May Contact: Sean Kirwan <u>kirwansj@gmail.</u> <u>com</u> or 608-293-3522

#### Headquarters Volleyball League

Season - June - Aug Contact: (608) 291-0750 Website: <u>http://oregonhq.com/volleyball-leagues/</u> Email: <u>info@oregonhq.com</u>

#### Summer 4x4 Volleyball League

Season: June - August Wednesday Nights 6:00PM - Dusk More information will become available in the upcoming summer activity guide Led by Todd Serad Contact: Oregon Community Education & Recreation at <u>apmarks@oregonsd.net</u> or (608) 835-4097

Want your group included on this page? Send information to <u>apmarks@OregonSD.net</u>

## **Help Youth Thrive**



**OregonAreaCares.org** 

#### COMMUNITY ORGANIZATIONS

#### 14 South Artists 14southartists.com

14 South Artists is a group of artists of diverse media from diverse backgrounds. They promote the visual arts in the communities and rural areas of South Central Wisconsin by providing opportunities for exhibitions and events, artist-to-artist interactions and educational programs.

#### Anderson Park Friends andersonparkfriends.org

#### www.facebook.com/AndersonParkFriends

APF works with the Dane County Parks Department to develop, protect, preserve and enhance Anderson Farm County Park. Meetings are posted on Facebook or call Roe at 835-3580.

#### Brooklyn-Oregon American Legion Post 160 www.facebook.com/LegionPost160 PO Box 262, Brooklyn, WI 53521

A veterans support and community service organization open to veterans of all branches of the service. Meets monthly on the 2nd Wednesday of the month at 7pm.

#### Forest Edge PTO

#### https://forestedgepto.mailchimpsites.com/ Contact Chessie, PTO President: <u>forest-</u> edgepto@gmail.com

A non-profit organization serving the students, families and staff at Forest Edge Elementary school. It is a parent and staff run organization that meets the first Monday of the month in the FES Community room. Any FES caregiver is welcome to attend.

#### Friends of Badfish Creek Watershed

rockrivercoalition.org/chapters/badfish/ FBCW works to identify and eradicate invasive riverbank plants, clean up the stream bed and sponsors an annual canoe tour. All events are open to the public.

#### Friends of the Oregon Library oregonpubliclibrary.org/friends

**PO Box 173, Oregon, WI 53575** Community volunteers supporting the library and providing programs for children and library patrons. Donations of used books and media are accepted at the Library for the semi annual used book sales. For more information call 835-3656.

#### Friends of the Oregon School District friendsofosd.com

Provides resources so that all children have a healthy, positive enviornment in which to learn.

#### Joy of Living Meditation Group

Maitri Center for Mindful Living, 120 N Main St, Oregon, WI

Kelly Petrie: <u>contemplative.ed@gmail.com</u> Monthly meditation group that provides an opportunity to practice in a community setting. Group meets 2nd Tuesday of every month, 6:30-8:00PM. FREE and open to all.

#### Knights of Columbus Council 13480

#### Holy Mother of Consolation Catholic Church 651 N. Main Street, Oregon, WI 53575 608-835-5763

#### uknight.org/CouncilSite/index.asp?C-NO=13480

The Knights of Columbus promotes and conducts programs in a variety of areas including youth, community church, school and council. Meetings 3rd Thursday of the Month at Holy Mother of Consolation. For more information contact Brian Peterson 225-7761.

## MOPS: Mothers Of Preschoolers <a href="http://www.mops.org/groupsearch/">http://www.mops.org/groupsearch/</a>

A Christian based support group for mothers of young children. Hillcrest MOPS meets at Hillcrest Church, located at 752 E. Netherwood St Oregon, WI 53575, every other Wednesday morning (began 9/11/24) from 9:00-11:00AM.

#### Oregon-Brooklyn Optimist Club

www.oregon-brooklyn-optimists.org

www.facebook.com/Oregon-BrooklynOptimist A service club that supports youth with school recognition programs and scholarships, encouraging optimism as a philsophy of life, respect for the law and interest in government and civic affairs through volunteerism. Meets 3rd Thursday of the month, 6:30pm, Town of Oregon Town Hall, 138 Union Road.

#### **Oregon Allies**

#### https://www.facebook.com/oregonwiallies/

The organizing principles of the Oregon Allies are to bring attention to the unique experiences of underrepresented communities in Oregon and advocate for Oregon decision-makers to consider how their policies and actions affect everyone in our community.

## Oregon Area Cares Community Coalition oregoncares coalition.org

Formed in 2009, the vision of Oregon-CARES is a healthy, alcohol- and drugfree lifestyle for youth in the communities that are part of the Oregon School District. The Coalition includes parents, business owners, school community, law enforcement agencies, faith organizations, health care professionals and government agencies. Meetings are held the third Thursday of each month from 11:30am-12:30pm.

#### **Oregon Area Historical Society**

#### 159 W Lincoln St Oregon WI 53575 oregonareahistoricalsociety.org

Dedicated to preserving Oregon's unique history, OAHS operates a museum, provides clothing local events and houses archives and local family histories. Open every Tuesday 10am-4pm and the first Saturday (Sept-May) 11am-2pm. Open every Saturday June- August from 11am-2pm.

#### Oregon Area Wellness Coalition

https://www.facebook.com/OAWCWI This group's goal is to promote health and wellness to the Oregon, WI area. We try to offer free events and information to people throughout the year. Meeting are held the first Wednesday of the month at 8am.

#### Oregon Booster Club

#### www.oregonboosters.com

The Oregon Booster Club is a parent/volunteer run organization which provides support to student athletes both on and off the field. They raise money through our memberships, concessions, partnerships, sponsorships and special events to provide our students what they need to succeed.

#### Oregon Community Band www.oregoncommunityband.org

This 55-piece adult concert band provides entertainment for the community and a performance outlet for the experienced woodwind, brass, and percussion musician. Marches, overtures, and other familiar works are programmed each year for the indoor fall concert and the summer evenings-in-the-park performances at the Oregon Band Shell held in June and July. All concerts are free and open to the public. Rehearsals held Tuesday evenings at OMS. Contact Director James Baxter at (608) 835-9066.

Would you like your oganization included here? Send your information apmarks@OregonSD.net

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# COMMUNITY INFORMATION

#### **Oregon Choral Boosters**

oregonchoirs.weebly.com/oregon-choral-boosters.html

Interested parents support the vocal music classrooms through volunteering their time, talents and financial support. Fundraisers help provide scholarships to seniors, scholarships for music camps and other opportunities, and financial support for field trip funding.

#### **Oregon Community Gardens**

103 N Alpine Parkway

Plots are 18' x 18'. Half plots and raised beds are also available. Plots going to new gardeners will be tilled. Returning gardeners can choose to have their plot tilled each Spring. Organic overall although Roundup occasionally used to control thistles. Contact: Barbara Feeney, <u>bafeeney@gmail.com</u> or (608) 843-2272.

#### **Oregon Area Education Foundation**

Oregon Community Bank c/o Daniel Behrend 733 Main Street Oregon, WI 53575

The Oregon Area Education Foundation (OAEF) support education initiatives in the Oregon School District. Many, but not all, of the grants given help support school district-sponsored activities. The Foundation is the fiscal agent for the Friends of The Oregon School District (FOSD) and for "Sing Out Louise", an annual musical event honoring the late Louise Uphoff.

#### Oregon Area Food Pantry 107 N Alpine Pkwy, Oregon 53575

oregonareafoodpantry.com The pantry is available to anyone who lives in the Oregon School District who needs help with food.

#### **Oregon Horse Association**

#### 5676 Alpine Rd, Brooklyn, WI 53521 OHA- Oregon Horse Association (Wisconsin) on Facebook

Non-profit organization dedicated to promoting all breeds of horses and styles of riding, for all ages. Horse shows, parades and educational programs.

#### Oregon - Brooklyn Lions Club PO Box 215 Oregon WI 53575 e-clubhouse.org/sites/oregonb

This service club sponsors Stuff the Bus, raises money for the Lions' Camp for the Disabled, Wisconsin Lions Eyeglass Bank and many community service projects.

#### Oregon Masonic Lodge #151 F. & A.M. 201 Park St, Oregon, WI 53575 https://151-wi.ourlodgepage.com/

Fraternal organization provides support for community projects, scouting events, AED donations and an annual scholarship. Masonic Lodge meets 2nd and 4th Thursdays of each month (Jan-May & Sept-Oct @ 7:00PM) and 2nd Thursday of each month (Jun-Aug & Nov @ 7:00PM).

#### The Oregon Nature Alliance https://www.facebook.com/Oregon-NatureAlliance

The Alliance was formed to give a voice to nature lovers in the Oregon area. Our mission is to protect and enhance local parks and natural areas while also promoting activities that bring people closer to nature.

#### Oregon Parent Teacher Organization www.oregonpto.org

The Oregon PTO is a non-profit parent-run organization benefiting the students, teachers, and staff at Netherwood Knoll, Prairie View, and Rome Corners Intermediate Schools. Monthly meetings are held at the NKE library and are open to all teachers and parents. Contact President Julie Klein at president@oregonpto.org for more info.

#### Oregon Straw Hat Players 201 Market St Oregon, WI 53575 oshponline.org

Amateur theater offering opportunities for volunteers to participate in all production areas. Striving for excellence while stressing enjoyment and entertainment in the Oregon area. Three productions each year including a children's production.

#### Rotary Club of Oregon PO Box 145 Oregon WI 53575 oregonrotary.org

A service club dedicated to working both locally and globally through community projects. Supports prairie restoration at Lerner Park, awards college scholarships, facilitates bike safety rodeos and more. Visitors and new members welcome! Meets Tuesdays 6:45am at Headquarters Restaurant, 101 Concord Dr, Oregon.

#### Three Gaits, Inc

3741 Highway 138 West, Stoughton, WI 53589 three-gaits.org

Therapeutic horsemanship center that provides equine assisted activities and therapies that enhance the lives of people with physical, emotional or intellectual challenges. Volunteers welcome!

#### Oregon-Brooklyn VFW Post 10272 PO Box 206 Oregon, WI 53575 217-7198 www.facebook.com/OregonBrooklyn-

www.facebook.com/OregonBrookly VFWPost10272

The VFW honors the dead by serving the living through community service. Call 217-7198 for meeting dates and times.

#### Scouts BSA Troop 50 www.oregontroop50.org Scoutmaster Greg Kosharek

Discovery is at the heart of Scouting. Whether it's a campout, kayaking, or a hike on the trail, we believe every adventure helps us uncover a little more about ourselves. We build the foundations for humility and compassion - strengthening character through actions - to prepare youth for a lifetime of leadership. Our program is designed so that anyone can have fun and make an impact.

#### Scouts BSA Troop 168

www.troopwebhost.org/troop168oregon/ Discovery is at the heart of Scouting. Whether it's a campout, kayaking, or a hike on the trail, we believe every adventure helps us uncover a little more about ourselves. We build the foundations for humility and compassion - strengthening character through actions - to prepare youth for a lifetime of leadership. Our program is designed so that anyone can have fun and make an impact.

#### Scouts BSA Troop 350

www.troopwebhostcs.org/pack350oregon/ Discovery is at the heart of Scouting. Whether it's a campout, kayaking, or a hike on the trail, we believe every adventure helps us uncover a little more about ourselves. We build the foundations for humility and compassion - strengthening character through actions - to prepare youth for a lifetime of leadership. Our program is designed so that anyone can have fun and make an impact.

#### Scouts BSA Troop 750 www.oregontroop750.org

Scoutmaster Kathy Krasny Discovery is at the heart of Scouting. Whether it's a campout, kayaking, or a hike on the trail, we believe every adventure helps us uncover a little more about ourselves. We build the foundations for humility and compassion - strengthening character through actions - to prepare youth for a lifetime of leadership. Our program is designed so that anyone can have fun and make an impact.



For more information on the Snow and Ice Removal Policy, visit the link below: <u>Village of Oregon Snow and Ice Removal Policy</u> Alternate Side Parking Ends April 1st

Visit the Village Web Page for information and announcements! <u>https://www.oregonwi.gov/</u>

## COMMUNITY INFORMATION

#### COMMUNITY AND SCHOOLS WORKING TOGETHER

#### Work permits

Workers aged 14-15 years can apply for work permits using a new online work permit application tool. A parent can access the site using the following website: <u>https://dwd.wisconsin.gov/er/laborstandards/workpermit/</u>. Payment is made directly to the department through the application using a credit card, debit card, or ACH direct withdrawal. Once the permit process is complete, the Department of Workforce Development will mail a paper copy of the permit directly to the employer. Children 16 and older are no longer are required to get a work permit. Check with your employer for their policy. Questions? Call 835-4091.

#### Volunteer in the schools and share your time with children

Make an impact by working with children, supporting teachers, assisting in the library or tutoring a student. A background check is required. Please apply online at <u>https://www.oregonsd.org/site/Default.aspx?PageID=119</u> or visit any school office in the district. Questions? Call 835-4091.

#### Reserve indoor and outdoor Oregon School District facilities

Visit <u>www.oregonsd.org/domain/33</u> to reserve Oregon School District facilities. A background check is required for reservations, and can be completed by visiting <u>https://www.oregonsd.org/site/Default.aspx?PageID=119</u>. For questions about school reservations please contact the following: Gyms contact Dave at <u>dtjameson@oregonsd.net</u> or call 835-4387. All other school facilities contact Sherri at <u>skt@oregonsd.net</u> or call 835-4016.

#### Reserve indoor and outdoor Village of Oregon facilities

To reserve Village of Oregon parks and shelters, please contact Liane Rhodes at <u>lrhodes@vil.oregon.wi.us</u> or call 835-6295.

#### Display or distribute information in our buildings

To share information on bulletin boards or through fliers distributed to students, you must have approval from Community Ed & Rec. Please read the District Policy at <u>https://www.OregonSD.org/Page/5358</u> before requesting approval. Drop off flyers at 123 E Grove St or email <u>apmarks@OregonSD.net</u>. Please allow 5 school days for distribution. Please note we do not make copies of flyers for distribution.

### Support Our Community!

## Are you interested in helping others in our community? Here are some ways to support community members in need.

**Oregon Area Food Pantry:** The mission of the Oregon Area Food Pantry (OAFP) is to provide food and basic necessities to those in need who are residents of the Oregon School District. For more information on how to donate go to <u>oregonareafoodpantry.com</u>.

**Oregon Youth Center:** The mission of the Oregon Youth Center is guiding, empowering, engaging, and inspiring youth in the Oregon School District. OYC works to create and ensure a safe, inclusive space for all youth and families. For more information on how to help, visit <u>oregonyouthcenter.org</u>

**"Be A Champion" Mentor Program:** The "Be A Champion" Mentor Program is designed to pair a 4th-8th grade child with a caring adult who will serve as that child's champion. Learn more at <u>friendsofosd.com/mentor</u>

**Oregon Area Senior Center:** Volunteers deliver meals, provide rides to medical appointments, and much more! For current volunteer opportunities or to donate to support programs, email <u>oasc1980@gmail.com</u>

**Neighbors in Need of Assistance (NINA) Fund:** This program is administered by Ryan Estrella, Oregon's Dane County Department of Human Service social worker through the Joining Forces for Families (JFF) program. The NINA fund can help families avoid eviction or power/water cut offs as well as some other one-time needs. Your donations to NINA are tax deductible. Make checks payable to NINA Fund and send checks to:

NINA Fund c/o Ryan Estrella Netherwood Knoll Elementary School 276 Soden Drive Oregon, WI 53575





OREGON SCHOOL DISTRICT



## A GREAT PLACE TO LIVE, LEARN, PLAY, AND CALL HOME



OregonSD.org/community