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	Sugar	Honey or Maple Syrup		
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Pink Ribbon Classic

The 20th Annual Pink Ribbon Classic Ladies Golf Invitational will be held on Wednesday June 11th at Old Hickory Golf Club in Beaver Dam. It will be a fun format of a "Step Aside Scramble."

The Pink Ribbon Classic has raised over \$600,000 to promote breast cancer awareness. Proceeds of the event support the UW Carbone Cancer Center and breast health services locally.

The cost is \$105 per player and includes golf, cart, player gift, lunch, social hour, silent auction, awards and dinner. For those wishing to join after golf, the price is \$40 for social hour, dinner and the silent auction.

The Event kicks off with registration at 10:45am, lunch at 11:00 and a shotgun start at Noon. Think Pink, Dress Pink, Bring Pink, Be Pink in your support of finding a cure for breast cancer.

For additional information visit: https://tinyurl.com/ bdpinkribbon









My sister Judy Diekvoss & dad - Tony Huizenga

I recently helped my mom go through boxes she had in storage. Some of them contained greeting cards my siblings and I had given our dad when he was still with us.

I loved the messages in all of the cards but this one really stood out.

For all the things you've done to make life better for others... for all the ways you've shown how much you care... for all the moments you were there to offer your wisdom and guidance... for all the days you spent working to take good care of your family... and for all the times you should have heard these words but didn't --you're loved, Dad, and appreciated so very, very much.

Happy Father's Day!

Have a meaningful Memorial Day.

Sincerely,

Denise Fitzsimmons

Publisher

We apologize for an error on page 14 of the May issue where it was mistakenly stated that Lois Levenhagen is the wife of Mike Leckrone. She is not. She is the local seamstress who created many of his famous jackets.

The corrected version of the article appears online at www.inspiremagazinewi.com

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Each year in the United States, we celebrate Father's Day on the third Sunday in June. This day looks different for every family; for some, it includes celebrating their father. For others, it may be a day of remembrance. And some might take the time to recognize the father figures in their lives. No matter how or whom we celebrate, Father's Day is an opportunity to thank and show appreciation for the men who have been instrumental in your life.

Father's Day was established by Sonora Smart Dodd, a woman whose father raised her and her five siblings after their mother died in childbirth. When Mother's Day started gaining traction as a holiday, Sonora felt her father deserved to be honored as well. She proposed the idea and selected the month of June in honor of her father's birthday. The first celebration officially occurred in 1910, and it became a national holiday in 1972 under President Nixon.

Back when Sonora first proposed the idea of celebrating Father's Day in the early 1900s, a family unit looked different than it does today. It was much more traditional, with men working or farming and women providing support and raising the children. But fast-forward a few years to women joining the workforce, and men became responsible for more of the child-rearing responsibilities. Today, I know people like to call parenting a "team sport," referring to the equal effort of both husband and wife. In a modern family unit, it's typical to see both husband and wife working full-time and sharing the responsibilities of raising their children.

But celebrating Father's Day goes beyond acknowledging the man that raised you; it may encompass stepfathers, grandfathers, and even father figures that have been instrumental in people's lives. Just because someone wasn't raised in a traditional family with a father does not mean they don't have loved ones worth celebrating on this day. And some people may have many loved ones worth celebrating; like I said earlier, this holiday looks different for everyone, but each family's celebration is unique and valid—and that extends to the way people choose to celebrate as well.

Some families might be celebrating by doing their father's favorite things, like going for a hike or preparing a special meal. If my dad has a say in how we spend the day, we'll probably be cruising the lake on a boat. But other families may be gathered in remembrance of the amazing life their father led and all the things he taught them. Some may be celebrating in hospital rooms as they go through tough times together, united by the strength with which their dad raised them.

If you try shopping for a Father's Day greeting card, you'll probably see a lot of common themes: maintaining the lawn, drinking beer, and grilling, to name a few. And while these caricatures may have their place in popular culture, it's important to go beyond the jokes and genuinely acknowledge how much our fathers have given us, like resilience, a hard work ethic, a love for the outdoors, or a passion for helping others.

For me, my dad passed on more than just his face (although he did that too—3rd place in the 2009 InSpire Father-Daughter Look Alike Contest!). We have the same sense of humor, appreciation for music, and many shared values. He taught me to lend a helping hand wherever I can, be thoughtful and considerate when making decisions, and to not take myself too seriously.

Maybe your dad taught you how to garden or passed his love of cooking on to you. Maybe you were close with your grandpa, and he used to take you fishing on Saturday mornings. Whatever that thing is that binds you to your father or father figure, take a moment to appreciate how blessed you are that someone has loved you enough to pass a little bit of themselves to you.

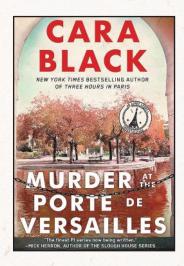
This Father's Day, take the time to express your appreciation to the men in your life. Acknowledge the sacrifice, kindness, and generosity of the fathers, stepfathers, grandfathers, and others who have taken the time to help shape you into the person you are today.

And for those whose father is no longer here, I'm so sorry for your loss. It can be hard to deal with at any age, no matter how much time has passed. Spend time with others who knew him and gather to laugh about the good times you were blessed to share together. Keep his memory alive by recalling all the things you love about him and celebrate the day as he would have wanted.

If you're looking for ways to celebrate the day, you could recreate a favorite memory with your dad, like rewatching an old movie or visiting a special restaurant. You could also commemorate the day by writing a letter to your father, whether or not he's here to read it. A fun idea for the whole family could be making a playlist of your dad's favorite songs, so everyone can jam out in celebration. Or, if your dad is no longer here, you could always honor his memory by volunteering or donating to a cause your dad cared about. No matter how your Father's Day celebration looks, take the time to make the day special—your dad deserves it.



Left to right & top to bottom: Jodie Schuster & Jim Westover, Sr, Tracey Stiemsma, Pegi Erdmann & Al Zink, Erica & Dan Finger, Becca Schwandt & Fred Minning, Dean & Jana Lisko, Brian Gutgesell & Tosha Quintana, Wayne Wiersma & Brenda Nickel, Marvin Kaul & Jan Kaul Harmsen, Courtney & Dave Retzlaff, Mikayla & Gregg Zonnefeld, Morgan & Doug Wells, Ken Serchen & Sara Livingston, Trixie & Ken Schmidt, Bob Raffensperger & Nichole Terlisner, Dale Loeffler & Barb Loeffler-Hartl, Heather Pitts & Wayne Bubolz, Juniper & Ryan Greenwald, Stacie Foeckler & Steven Paulson, Sandra Budewitz & Harley Draeger, Cassandra Schmidt & Steve Goeller, Eric Foeckler, Sr., & Jenelle Hackbarth, Diana Ogle & Lee Novak, the Sell Family, Josh & Wren Wilichowski, Stacey Kuehn & Bob Lepple, Shawn Krapfl & Larry Rassmann



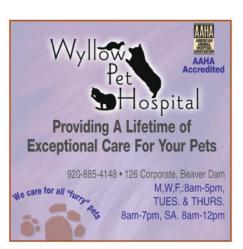
Murder At The Porte de Versailles

by Cara Black

Reviewed by Peggy K Potter, M.L.I.S.

Two months after 9/11 when the United States was attacked, the world is on edge, and a building blows up in Paris, France. Not just any building but the Paris police laboratory. Aimee Leduc, private investigator, is having a birthday party for her three-year-old daughter. Her dear friend, Boris, has to run back to work to collect his forgotten present. He works in the police lab and is nearly killed in the explosion. The Counter Terrorism department quickly decides Boris planted the bomb and could not run away fast enough. Aimee decides to clear her friend's name by finding the real bomber.

Aimee's father worked in the police department many years and taught her everything he knew. She gets help from his many friends and even more of her own. Being a P.I. her friends have a high level of expertise and resources even the police do not have. At the same time the French secret police hire Aimee to investigate parts of the bombing - because of her connections. This is an excellent who-done-it murder mystery and the ending will surprise. But, what makes this story special is the characters. Although everyone is French, they come across as our friends, relatives, and neighbors. Any reader even remotely familiar with Paris will be delighted with the places the author takes us without it feeling foreign. It's the characters that make it feel like home.







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Discover the Joy of Healthy Cooking: Simple, Delicious and Life-Changing

By Dr. Stephanie Tyjeski

In a world where fast food and convenience meals dominate the average diet, the idea of healthy cooking might seem like a chore or even a luxury. But the truth is, cooking healthy meals at home is more accessible—and more rewarding—than ever. It's not about giving up flavor or fun; it's about discovering new ingredients, enjoying the process, and feeling better from the inside out.

Healthy cooking starts with whole, fresh ingredients. Think vibrant vegetables, lean proteins, hearty grains, and flavorful herbs and spices. These foods are packed with nutrients that support energy, mood, and long-term wellness. And they're versatile—roasted sweet potatoes, zesty lemon-garlic chicken, or a colorful quinoa salad can be as comforting as they are nourishing.

Preparing meals can seem like a daunting task that feels like it could take hours to complete. Here are a couple tips to help make this task seem more manageable:

Directly after grocery shopping, chop up any vegetables you may be using for recipes during the week.

If you have some extra time in the morning, use this time to prep in advance for your meals for the day without doing the actual cooking part.

Purchasing cut up veggies or portions that are already divided help to speed up prep time.

One of the biggest benefits of cooking at home is control. You decide what goes into your meals—less salt, sugar, and unhealthy fats, and more of what your body truly needs. You can also use substitutes in recipes to make them healthier. Check out our ad in this month's Inspire to get an idea for good substitutes. Plus, healthy cooking doesn't have to be complicated. With the right recipes and a few kitchen basics, anyone can whip up meals that taste amazing and fuel the body.

Healthy Food Swaps That Make a Big Difference

Small changes can lead to big results—especially when it comes to your diet. One of the easiest ways to start eating healthier without feeling deprived is by making smart substitutions. By replacing common unhealthy ingredients with more nutritious alternatives, you can still enjoy your favorite meals while boosting your energy, improving your mood, and supporting your long-term health.

1. Swap White Bread for Whole Grains

Refined white bread lacks fiber and nutrients, but whole grain or sprouted bread is rich in fiber, which helps with digestion and keeps you full longer. Whole grains also help regulate blood sugar and provide lasting energy throughout the day.

2. Choose Greek Yogurt Over Sour Cream

Need something creamy for a dip or topping? Greek yogurt offers the same tangy taste as sour cream but with far more protein and less saturated fat. It's also a great base for dressings and smoothies.

3. Opt for Baked Instead of Fried

Frying foods adds unnecessary fat and calories. Baking, roasting, or air frying delivers the same crispy texture with a fraction of the oil. Try baking sweet potato fries or air frying chicken for healthier versions of your favorites.

4. Use Avocado Instead of Butter or Mayo

Mashed avocado is creamy, heart-healthy, and packed with good fats. It's a delicious spread for toast or sandwiches and a great alternative in recipes that call for butter or mayonnaise.

5. Switch Soda for Sparkling Water or Infused Water

Sugary sodas contribute to weight gain and blood sugar spikes. The chemicals that make soda "Diet" aren't good for you either. Sparkling water with a splash of citrus or infused water with berries and mint offers a refreshing, flavorful alternative without the added sugar.

Making healthier food swaps doesn't mean giving up taste or satisfaction. These simple substitutions can help you eat better every day, one bite at a time. Start small, be consistent, and your body will thank you!

What you end up cooking your food in is also important. Although they take some work to keep food from sticking to them, stainless steel cookware/appliances are the best to use while cooking. Also glass measuring cups, storage containers, and drinking glasses are healthier than plastic ones. Non-stick cookware releases toxic gas and chemicals when heated that can leach into your food while cooking. You also want to avoid any copper or aluminum cooking utensils since these will leach metals into your food. Plastic storage containers and bags can leach chemicals into your food that can interfere with the hormones in a person's body.

Cooking can also be a social activity—invite friends or family to cook together, or use it as a creative outlet after a long day. As you explore new cuisines and techniques, you'll not only expand your palate but build a lifelong skill.

So why not give healthy cooking a try? Start small—maybe one new recipe a week. Your taste buds, body, and future self will thank you.

Join me at our FREE Wellness Class where we'll dive deeper into taking recipes and making them healthier as well as busting some healthy food myths. Please join us at our Beaver Dam location for this FREE class on Tuesday, June 17th at 5:30pm. Invite your friends, family, neighbors, and anyone who supports your health. You do not need to be a patient to attend.



Yours in Health, Dr. Stephanie Tyjeski

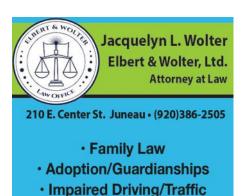
Dr. Stephanie graduated in December 2016 with her Doctorate in Chiropractic at Logan University. She continued on at Logan University to receive her Masters in Nutrition and Human Performance. She is also certified as a Digestive Health Professional through the Loomis Enzyme Institute. She currently works at Tyjeski Family Chiropractic and Wellness Center where she offers personalized nutritional counseling.

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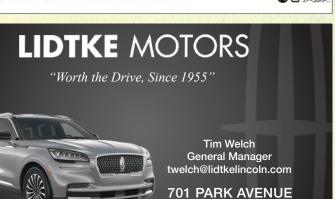
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BEAVER DAM EVENTS

JUNE

All of June: The 14th - Annual Quilt Shop Hop Nancy Zieman Sewing Studio & Quilt Shop

- 7 BDLIA Fish N Fun Edgewater Park
- 11 Wednesday Night Live Elwood Lee Band Swan Park
- 11 Pink Ribbon Classic Women's Golf Invitational Old Hickory Golf Club
- 13 15 Wisconsin Arts & Peony Festival Beaver Dam
- 13 15 Harmonious Threads Leckrone Levenhagen Jacket Exhibit at the Nancy's Zieman Sewing Studio & Quilt Shop
- 14 15 American Peony Society National Flower Show Beaver Dam High School
- 14 Wisconsin Arts & Peony Festival Art Market Maple Ave. Beaver Dam
- 14 Flea Market and Craft Fair Dodge County Fair Grounds
- 14 Lawn Party Dodge County Historical Society
- 14 Taste of Wisconsin Water tower Parking Lot Beaver Dam
- 14 Live Music featuring Ian Seaholm and The Night Thieves Swan Park
- 18 Wednesday Night Live Beaver Dam Community Band Swan Park
- 20 Jam by the Dam Frank Childress and the Main Street Band-Tahoe Park
- 25 Wednesday Night Live Eric Diamond Swan Park
- 28 Beaver Dam City Wide Rummage Sale

JULY

- 9 Wednesday Night Live Tony Rocker Swan Park
- 13 A Day in the (Swan) Park, Arts and Craft Fair Women's Affiliate CC
- 16 Wednesday Night Live Beaver Dam Community Band Swan Park
- 23 Wednesday Night Live Eddie Rivers and the Wurlitzer Kings Swan Park
- 25 Jam by the Dam Nobody's Hero Tahoe Park
- 26 Flea Market and Craft Fair Dodge County Fair Grounds
- 26 Dog Days of Summer and Sidewalk Sale Event Downtown Beaver Dam
- 30 Wednesday Night Live Beaver Dam Community Band Swan Park





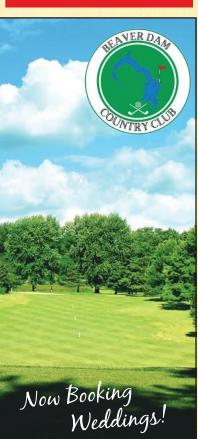




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Emergency Room or Urgent Care? How to Choose the Right Care at the Right Time

By Marshfield Medical Center - Beaver Dam

When you're feeling unwell or injured, deciding where to go for care can be confusing. Should you head to the emergency room or visit an urgent care clinic? The answer depends on how serious your condition is—and how quickly you need help.

Emergency Care: For Life-Threatening Situations

Emergency departments (EDs) are designed to handle the most serious medical conditions—those that could cause permanent harm or even death if not treated immediately. If you or someone around you is experiencing any of the following, don't wait—go to the nearest emergency room or call 911:

- Chest pain or pressure
- Signs of a stroke (sudden numbness, confusion, trouble speaking)
- · Severe bleeding or trauma
- Difficulty breathing
- Loss of consciousness
- Labor and delivery

Pro tip: If you're unsure whether it's an emergency, call 911. Paramedics can begin treatment on the way and ensure you get to the right place safely—especially important during a heart attack or stroke.

Urgent Care: For Non-Life-Threatening Needs

Urgent care clinics are perfect for conditions that need prompt attention but aren't emergencies. Think of:

- Minor cuts that may need stitches
- Sprains or minor fractures
- Ear infections
- Mild asthma attacks
- Fever or flu symptoms

Urgent care is also a great option when you're traveling and can't see your regular doctor. Many clinics offer walkin appointments and shorter wait times than the ER.

What Makes Marshfield Medical Center-Beaver Dam Unique?

At Marshfield Medical Center-Beaver Dam, both emergency and urgent care services are located in the same place. When you arrive, trained nurses assess your symptoms and direct you to the appropriate level of care. This ensures you get the right treatment, faster.

Symptom	Urgent Care	Emergency Room
Sore Throat	✓	
Chest Pain		√
Minor Burn	√	
Broken Bone (with deformity)		✓
High fever for a child	√	✓ if unresponsive or seizing

Cost Considerations—But Don't Let It Delay Care

Urgent care and virtual visits are often more affordable than emergency room visits. However, in a true emergency, cost should never be the deciding factor. Emergency departments are required to treat all patients, regardless of their ability to pay.

That said, being proactive about your health can help you avoid both urgent and emergency visits. Regular check-ups with your primary care provider (PCP) can catch issues early and keep you healthier in the long run.

Your Best First Step: Your Primary Care Provider

Whenever possible, start with your PCP. They know your medical history and can often treat or guide you to the right care. If your symptoms are manageable and not urgent, schedule a visit with your doctor.

Emergency Department and Urgent Care at Marshfield Medical Center-Beaver Dam are available 24 hours a day, 365 days a year.





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Ingredients

2 Tbsp. whole black peppercorns
2 (4-oz.) filet mignon
Kosher salt
1Tbsp. vegetable oil
2 Tbsp. unsalted butter
1 small shallot, minced
2 Tbsp. cognac or brandy
2 cloves garlic, minced
2 tsp. fresh thyme leaves
1/2 cup heavy cream

Directions

Place peppercorns in a clean kitchen towel and smash with a meat mallet, the bottom of a heavy skillet, or use a mortar and pestle until mostly halved or quartered. Transfer smashed peppercorns to a plate. Season steaks on both sides with salt, then press steaks into crushed peppercorns, turning to coat.

In a large skillet, heat oil over medium heat. Add steak and cook undisturbed until deeply browned, about 5 minutes. Flip and add butter. Continue cooking, spooning the butter over the steak, until desired doneness is reached, another 5 minutes for medium. Transfer steak to a board to let rest. Drain all but 1 tablespoon fat from skillet.

Reduce heat to medium-low and add shallot. Cook, stirring often with a wooden spoon, until softened, about 2 minutes.

Remove skillet from heat and add cognac. Return to medium heat and cook, stirring until mostly reduced, 1 minute. Add garlic and thyme and cook, stirring, until fragrant, 1 minute more. Slowly stir in cream, taste, and season with salt. Simmer until sauce thickens slightly and coats the back of a spoon, about 1 minute.

Slice steaks and serve with sauce spooned over.



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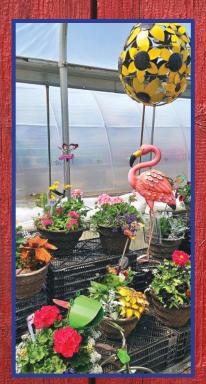
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Looking Back On Life



What is the most memorable historical moment you can recall from growing up? Do you remember what you were doing when it happened? Growing up I was busy experiencing life. But, as a freshman in college I remember hippies, LSD, Woodstock, Viet Nam, Feminism, the sexual revolution, conscientious objection – the future was changing.

What was your first job? Why did you choose it? How old were you?

I babysat for a doctor's family, and he thought I'd have fun working at the hospital. So, at 16, my first real job was a "soda jerk" at St. Joseph's Hospital coffee shop. I got creative with ice cream and chatted with many different people, learning a lot about diversity and various cultures.

What did you do for fun when you were a teenager? Christian Youth Organization (CYO) dances! As a parochial student during the 60's, I attended CYO activities. Every Friday or Saturday night a different parish would sponsor a dance. I was always there and believe those safe, enjoyable times inspired my passion to get up and move.

What traditions did you grow up doing that are still important to you today? Holiday traditions of celebration and good food. Yet, our family initiated traditions relative to us. We laugh as silly experiences bring us closer while filling our lives with new as well as old memories.

What was your favorite music and band when you were a teenager? Show tunes! I was captivated by "magical" musical theatre after watching the original Peter Pan starring Mary Martin.



What is the most memorable historical moment you can recall from growing up? Do you remember what you were doing when it happened? There were two, John Glenn orbiting the earth and all of the excitement that event provided and the assassination of JFK. This event made a big impression on me that someone would kill the president and that so much was on television.

What was your first job? Why did you choose it? How old were you? When I was in high school, I was able to get a job working for the Milwaukee Public Schools at youth recreation centers

set up after school at various schools around the city. During the summers I worked on a playground leading games, passing equipment out and helping with organized games.

What did you do for fun when you were a teenager? I played sports in high school. I wasn't very good but I was out there. I was also involved in drum and bugle corps. This was lots of fun, and I got to see a lot of the country from a bus window. I did get to march in the Macy's Thanksgiving Parade.

What traditions did you grow up doing that are still important to you today? Money was tight so I was taught and believed that if you wanted something you had to work for it. I learned teamwork, how to take direction and that it is important to have faith in your

What was your favorite music and band when you were a teenager? I liked the Beatles, the Beach Boys and of course, The Grateful Dead



What is the most memorable historical moment you can recall from growing up? Do you remember what you were doing when it happened? I remember the astronauts landing on the moon. My mom made us sit down and watch it on television. Now, I'm grateful she did. I also remember when Elvis died. A group of us were sunbathing in our yard. We were stunned and the tears started.

What was your first job? Why did

you choose it? How old were you? Babysitting as a teenager! Then on to a secretary at a real estate company from 16-21 years old. They were so good to me and I learned so much. Then I returned to MPTC to earn my associate's degree. Upon graduation I was hired by Dodge County. Thirty-three years later I have now retired!

What did you do for fun when you were a teenager? Socialized! Roller skating, cruising, swimming, ice skating, fishing, going to concerts, basketball games and football games. A lot of fun with a lot of friends!

What traditions did you grow up doing that are still important to you today? Partying – my mom and dad were fantastic hosts and there is nothing I love more than having family and friends get together either at my home or at a restaurant. Christmas holds so many great memories and traditions for me.

What was your favorite music and band when you were a teenager? Oh, wow! There were so many! Steve Miller, Queen, Barry Manilow, endless radio (WLS). Local bands were more popular after I turned 18 and I could go to the bars. The Beach Boys, AC/DC, the Cars, and all the popular Rock of the 70's. Then came Disco and I loved that too. I moved on to Country music when my daughters were younger. Now, in my 60's, it's back to the old "soft rock", with the Barn Show thrown in a few nights each week.



What is the most memorable historical moment you can recall from growing up? Do you remember what you were doing when it happened? When President Kennedy was shot, I was reading while the girls were napping. Also, when the twin towers were hit. I was getting ready to leave for work.

What was your first job? Why did you choose it? How old were you?

My first job was a carhop at A & W Root Beer. I was 17 & 18. I also did babysitting.

What did you do for fun when you were a teenager? I grew up in a small town. You golfed in the summer and ice skated in the winter.

What traditions did you grow up doing that are still important to you today? Going to church and celebrating Christmas.

What was your favorite music and band when you were a teenager? My favorite music is Country. I enjoyed Kenny Rogers and the Statler Brothers.



What is the most memorable historical moment you can recall from growing up? Do you remember what you were doing when it happened? I remember the Great Depression. My brother worked for a farmer for room and board, no wages.

What was your first job? Why did you choose it? How old were you? As a teenager I worked at Aunt

Nellies Canning Factory nights for 40 cents an hour after making hay all day on the farm.

What did you do for fun when you were a teenager? We went to dances two times a week and did a lot of roller skating and ice skating.

What traditions did you grow up doing that are still important to you today? Helping your neighbor. We would all get together to help each other. Sunday morning church and a good home cooked meal afterwards.

What was your favorite music and band when you were a teenager? I enjoyed old-time music, big band music and country music with singers.



What is the most memorable historical moment you can recall from growing up? Do you remember what you were doing when it happened? My earliest memory of historical events was World War II and my dad listening to a radio news reporter, Gabriel Heater, reporting on how the war was progressing in the early days of the war. It was not going in our

What was your first job? Why did you choose it? How old were you? I grew up on a farm and worked with my dad. I became a farmer, so my first job lasted 40 years.

What did you do for fun when you were a teenager? Roller skating, free shows at the local park, swimming in the lake and fishing in the local river.

What traditions did you grow up doing that are still important to you today? Church on Sunday and Sunday School, celebrating holidays with family, family reunions and watching the Green Bay Packers.

What was your favorite music and band when you were a teenager? Tom Dorsey, Glenn Miller and Guy Lombardo. As these bands faded, I turned to Country music.



Helping Neighbors in Need

By Dorothy Bliskey

While the St. Vincent de Paul Thrift Store is familiar to most people as a place to get a good deal, not everyone realizes the story behind it. Operated by the Society of St. Vincent de Paul, the store is just one facet of the good deeds the St. Vincent de Paul organization bestows on "neighbors in need."

As the oldest non-profit organization in the world, the Society of St. Vincent de Paul originated in Paris, France by the Blessed Fredric Ozanam in the early 1800s. A lay-organization with the Catholic Church, it was named after Saint Vincent de Paul who served in Paris in the 1600s. It is present in more than 150 countries.

The main purpose of St. Vincent de Paul is to help those who are less fortunate or have fallen on hard times.

"We are here to assist our neighbors in need in Dodge County," said Ben Nelson, Director of the Dodge County St. Vincent de Paul organization. "The need can be great or small, short or on going. It can be financial, food, shelter, clothing, transportation, prescriptions, rent, utilities, and prayer."

The St. Vincent de Paul Thrift Store, located at 125 Dodge Drive in Beaver Dam, is a treasure for shoppers looking for used items at reasonable costs.

"We accept donations of gently used clothing and household items, such as furniture, decor and linens," said Sheila Harmes, Assistant Coordinator with St. Vincent de Paul who oversees the smooth operation of the Thrift Store. "The money from the sale of items in the store stays local, and people in Dodge County who have a need will benefit from our sales."

Harmes notes that about 40 employees and many volunteers work together to sort, price and sell the merchandise.

"Our monthly auction brings in many local people and out-of-town guests," Harmes said, noting a couple of areas in the store that see unique interest are the jewelry and vintage sections. "Our jewelry department is one of our big eye catchers."

Shoppers will notice a six-color tag rotation, indicating discounts. "Each week one color is 99 cents, another color is 30% off and a third color is 50% off. It changes each Monday," Harmes said, noting that on Tuesdays 10% off is offered to seniors and veterans.

Having affordable used merchandise with deep discounts assists many people who might be afraid to ask for help.

"It is hard for some people to ask for help," Nelson said.
"Being able to lend a hand with a great price point maintains dignity, resourcefulness and the accomplishment of providing for one's household."

In addition to the store, Harmes oversees the emergency assistance, mattress, and taxi voucher programs.

"In our store, we help people who are in emergency situations – those who need help quickly for things like hotel



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stays, medication vouchers, gas assistance, and taxi vouchers," Harmes said. The sleep sound program enables those in need to get a mattress.

"People in need will have a visit, upon request, from conference members to see how we can assist them with mattresses or other items they may need," Harmes said.

"Jade Wilson Taxi vouchers are also given to Beaver Dam residents who do not have a license and have work or appointments to get to," Harmes explained, adding that the program is named after Jade Wilson, a Beaver Dam resident who died due to an apartment fire. "She used the taxi frequently. Her father set up the fund for us in her honor."

Home Visit

The Home Visit is an important first step that St. Vincent de Paul Society members initiate after help has been requested by someone in need. Helping to oversee this process is Sue Weinberger, Vice-President of the Dodge District Council. She works with families on the larger financial needs such as help with rent, utility bills, and car repairs. In the event of fires, a voucher to shop at the St. Vincent de Paul store in Beaver Dam allows fire victims to replace clothing and furniture.

"When an individual calls looking for assistance, we set up a home visit with them," Weinberger said. "Unlike other organizations, we go to them. We spend time getting to know them and their situation. That way we can assess their needs. Someone may call looking for rent assistance but when you get to the home, the power has been shut off. If we only handled the situation over the phone, we wouldn't know this. The home visit also comes from our Gospel values as Jesus sent his disciples "two by two" to the people. We always visit in pairs."

"Conferences are the paramount unit of St. Vincent de Paul and operate out of local Catholic churches," Nelson said. "They serve as a nesting place for members to gather and grow spiritually around a common goal -- to walk alongside our neighbors in need."

At St. Vincent de Paul, a conference refers to the group of individuals whose primary work is visiting families and individuals in need. Dodge County has three church-based conferences which are located within the parishes of St. Katherine Drexel of Beaver Dam, St. Andrew-Mary of LeRoy/Mayville and Tri Parish of Elba/ Clyman/Reeseville. Each covers a different area of the county although there are times they all work together to share ideas and concerns and help a neighbor in need improve their situation.

"When we help someone, their reaction is one of joy, relief and gratitude," Weinberger said.

The monetary value of help given by St. Vincent de Paul to Dodge County residents in need is impressive. Total assistance in a year's time (2023-2024) amounted to \$354,259. This year about 100 families are being served each month for a total expenditure of about \$26,000 per month. The families are receiving assistance for items such as rent, utilities, mattresses, medical, travel, clothing and more.

Community support is key in allowing St. Vincent de Paul Society to serve the people of Dodge County. Cash donations, product donations to the store and food donations to the food pantry are crucial to being able to help neighbors in need.

For more information, go online to www.svdpdodgecounty. org.









The Beaver Dam Lake Improvement Association (BDLIA) is happy to announce that Fish N Fun is returning this year on Saturday, June 7, at Edgewater Park (off of McKinley Beach Road on National Drive, Beaver Dam). This event is open to children ages 4-12. There will be free clinics to learn about casting, live and artificial baits, fish cleaning, and much more. At the end of the event, a free rod and reel will be given to each registered child that participates in the clinics starting at 9 00 a.m. Check-in starts at 8:30 a.m., and the program begins at 9:00 a.m. and lasts to around 12:00 p.m. The event will be held rain or shine.

Register online at https://bdlia.org/ event-6181255, email info@bldia.org, or call the BDLIA office (920-356-1200) and leave a message with your child's name(s) and age(s), the accompanying adult's name, phone number, and email address. Emails are important because all updates will be provided by email. You can also send an email to info@bdlia.org with the above information. Participation is limited to the first 100 registrants and preregistration is required, so please register now!





Sunday, June 1

Blue Moon Ally Noon to 3pm

Saturday, June 7

Karaoke 9pm to 1am

Sunday, June 8

John Michaels Noon to 3pm

Saturday, June 14

Whitney Rose 5 to 8pm

Sunday, June 15

Anna Marie Noon to 3pm

Sunday, June 22

Joshua Labbert Noon to 3pm

Sunday, June 29

Patrick Murphy Noon to 3pm

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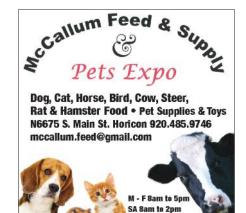
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InSpire Magazine's

Restaurant Guide

Beaver Dam County Club

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Boat House Pub & Eatery

N10575 Chief Kuno Trail - Fox Lake (920) 928-3470
Open Wed - Sun 11am - Close, Mon 3pm - Close. Daily
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Children's Menu, Weekend Dinner Specials

Buchanan's One Away

118 Lake Street, Hustisford - (920) 349.3400 Homemade Pizza - Serving thin and New York crust pizzas. Check website for current hours.

Feil's Supper Club

2 miles south of Randolph on Hwy 73 (920) 326-5544 Herb's famous homemade bread, onion rings and salad bar. www.feilssupperclub.com

Higher Grounds Coffee Shop

N7156 E Plaza Drive - Beaver Dam (920) 885-4990 Serving coffee, specialty drinks, desserts & soups. Sandwiches, drive through & meeting room available.

Iron Ridge Inn

131 S. Main Street - Iron Ridge (920) 387-3348 Open: Tues - Sat. 4:30 p.m. Sundays 10:00 - 1:30 pm Family Owned Supper Club Est. 1972. Serving Up: Choice Cut Steaks, Prime Rib, Seafood, Broasted Chicken and Pizzas; Friday Fish Fry & Sunday Brunch. Banquet Room (Seats 150) For All Occasions. www.ironridgeinn.com

Lake Street Inn

147 North Lake Street - Hustisford (920) 349-8936 Hours: Wednesday & Thursday - 11am to 8pm, Friday 11am to 9pm, Saturday - 4pm to 8pm. Excellent Friday Fish Fry from 1pm to 9pm, Saturday featuring Prime Rib, Rack of Ribs, and full menu. Private parties welcome.

Old Hickory Dining

W7596 Hwy 33 East - Beaver Dam (920) 887-7179

An expanded lunch menu is available Monday - Friday from 11:00am-3:00pm from Memorial Day - Labor Day.

Monday dinner service available Memorial Day - Labor Day. Enjoy casual dinner service on select weeknights. Hours and menu vary seasonally. Fish Fry is available most Friday evenings from 4:00-8:30pm. Special Events (up to 250 guests) welcome. Facebook: Old Hickory Golf Club. www.oldhickorygolfclub.com

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709 Park Ave - Beaver Dam (920) 885-4510

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