



# BTEC Sport at Sidcot

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**Sidcot**  
Live Adventurously

# Why choose a BTEC National Diploma?

Young people taking their first steps towards a new life after school need the right blend of **technical and academic skills** in order to become the highly skilled, work-ready individuals employers and universities look for.



BTEC students at the University of Bath Sports Science labs

BTEC Level 3 Nationals are vocational qualifications designed to help students succeed. They have been developed in collaboration with over 5,000 universities, employers and professional bodies with **employability at the heart**, so students can develop the skills and confidence they will need to step into their future.

BTEC Level 3 Nationals qualifications take a unit-by-unit approach and provide students with practical, work-related courses. They offer:

- **Combination of assessment styles**  
Students can demonstrate their knowledge, skills and understanding through work-related contexts.
- **Large foundation of mandatory units**  
Universities and employers have evidence of a consistent level of core knowledge and skills.
- **Comprehensive support**  
Students enjoy an extremely comprehensive package of support.



Why universities choose BTEC



Why employers choose BTEC



Why students choose BTEC

A Level courses commonly studied alongside BTEC Sport include: Business, Sciences, Geography, Maths & Economics.

## Why did you choose BTEC Sport?

Since I was young, I have loved sport, both playing and watching it. That's why I knew I wanted to keep studying Sport in Sixth Form. I chose BTEC because it allowed for a more hands-on experience and I've really enjoyed the course so far. I plan on applying for Sports Science courses at university, and feel really prepared for my future studies and a career in sport. - **Nipoon**



## Recent Leavers Destinations include:

- Sports Coaching at Winchester University
- Interior Design at Cardiff Metropolitan University
- Professional Event Rider
- Graduate Teaching Assistant, Sport & PE

## Did you know...

90% of BTEC students go on to receive a First or Second class degree. (The Uni Guide, 2023)

# BTEC Sport

## Which units will students cover?

### Mandatory Units

- Anatomy and Physiology
- Fitness Training
- Programming for Health, Sport and Well-being
- Professional Development in the Sports Industry
- Sports Leadership
- Skill Acquisition in Sport

Students will also study a range of optional units.

Overall you will be immersed in the world of sport. You will sample performance, physiology, mental strength and sport as a business.

## What syllabus do you follow?

The Pearson BTEC Level 3 National Diploma in Sport is an applied general qualification equivalent in size to two A Levels.

## How will you be assessed?

Most units are assessed internally. This means that your teachers set and assess the assignments that provide the final assessment of each unit. You will be given opportunities to write up the findings of your own research, use case studies to explore complex or unfamiliar situations, carry out projects, and demonstrate practical and technical skills.

Each external assessment for a BTEC National is linked to a specific unit. The styles of external assessment used in BTEC Level 3 Sport are examinations and set tasks. BTEC learning has always encouraged students to apply their learning in realistic contexts using scenarios and realistic activities that will draw on and apply their learning.

## Requirements

All combinations are acceptable although it is desirable to have studied Physical Education to GCSE standard.



## What was your favourite part about studying BTEC Sport?



I have thoroughly enjoyed studying BTEC Sport. The learning style with practical, continuous projects and less exam pressure has enabled me to constantly develop and the additional opportunities at Sidcot have allowed me to explore ways in which I can apply this subject in my future career. The amazing sports team of Matt Lloyd, Alexandra Guthrie and James Vecchio provide a dynamic and engaging teaching unit, who bring out the best in all their students and have helped to grow my love and understanding of sport throughout the year. - Eleanor

## What could this course lead to?

Sport is regarded as a Science and holds value for admission to many university programmes, not just those related to sports.

The qualification carries UCAS points and is recognised by higher education providers as contributing to meeting admission requirements for many courses. It complements a large number of subjects and supports entry to higher education courses in a very wide range of disciplines (depending on the subjects taken alongside).

## What did your BTEC Sport course lead to?



I was thrilled to be accepted into Winchester University on a Sports Coaching course and I have just completed my first year. During my time at Sidcot, BTEC Sport played a big part in preparing me for university. I knew I wanted to study Sports Coaching once I left School, and BTEC Sport was the perfect introduction to this, with a similar course layout and content. I particularly enjoyed taking my assessments throughout the year, like I do at university, which massively reduced my stress throughout Sixth Form. My BTEC course at Sidcot involved regular coaching opportunities which has been incredibly useful as preparation for university and beyond; for example, over the summer, I have also been working at a camp with international students, coaching sports and gaining work experience, something I felt confident to do due to my BTEC experience. - Bradley



# BTEC Sport at Sixth Form



## Our state-of-the-art Sixth Form Centre:

Incorporating design inspiration and a 'wish-list' from the students themselves, the recently renovated Sixth Form space provides the ideal preparation for university or post-18 options. Intellectual courage and curiosity are encouraged as students prepare for life after School, supported by the on-site independent Careers Advisor. Collaborative teaching methods are employed in specially-designed classrooms, inspiring students to achieve their highest academic potential.



## So what makes BTEC Sport at Sidcot unique?

The amazing opportunities our students are able to partake in. Students are able to take on leadership positions within the School, from team captains to Sports Office Holders and they help with the organisation of School Sports events. They are entrusted with responsibility that provides practical skills and helps them to prepare for university. Sidcot also arranges a plethora of extracurricular opportunities and trips for BTEC Sport students, including to the Sports Training Village at the University of Bath, Chelsea Football Club and more, heightening the learning experience and giving students valuable insight into a career in Sport.

If you have any questions or would like more information, visit our website [www.sidcot.org.uk](http://www.sidcot.org.uk), or contact us direct.



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