

Updated JULY, 2023

WHAT'S ON

The Spiritual Path with Shakti Durga

Featured Events

SACRED ACTIVISM &
THE INITIATES PATH

What's On

Enjoy Kirtan with Shakti
Durga & Shanti Musicians
every Fri evening for the
month of July!



Welcome



July is with us, hot in the north and cold in the south of our precious world. Having gone through the solstice we are now moving into a new phase. Each time a new phase enters our experience we can reflect on where we are at and how our world is unfolding to our experience.

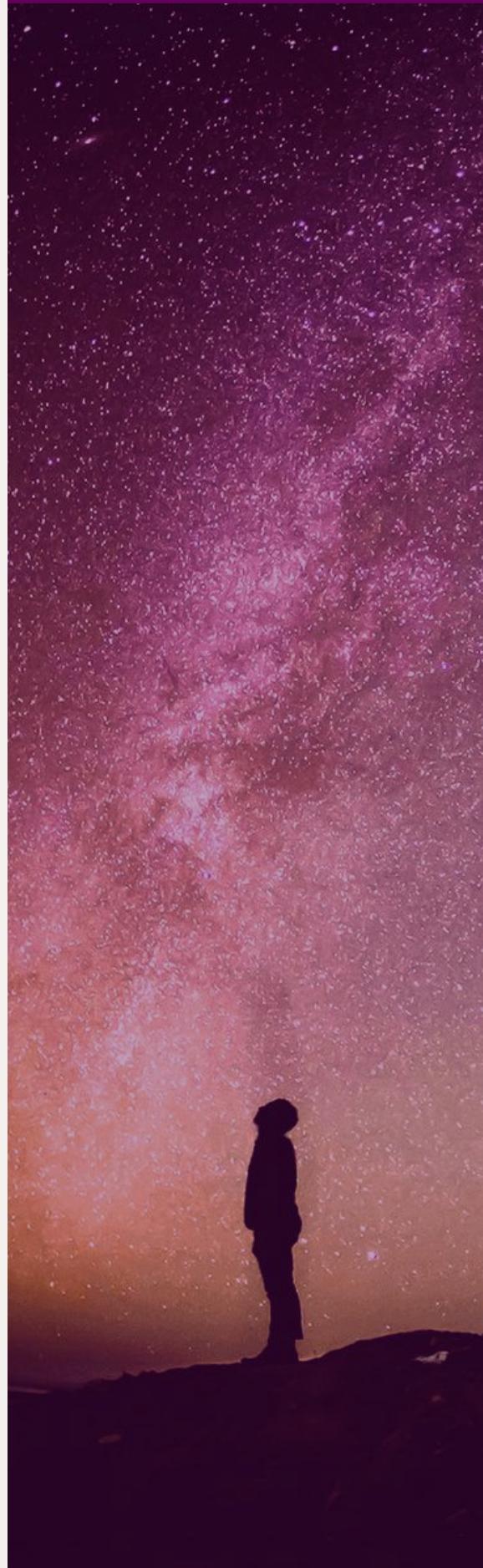
I am so looking forward to sacred activism, or as I think of it, sacredness in action. I hope you can join me for this program which helps us feel more connected, less separate and less marginalised than perhaps we may otherwise.

As spiritual people we have much to offer to our world. If we all play a small part in a large project, it gets done.

Love you to the sun and back
Shakti Durga

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HOW TO BE A CHANGE MAKER

Sacred Activism

— with Shakti Durga

5 SESSION PROGRAM



Commencing Sat 8 Jul, 2023 9am-12pm
OR Sun 9 Jul, 2023 6-9pm

Inspired Vision, Spirited Service

Do you see things happening in the world that drive you mad? That seem stupid and ill informed? Where people seem hell bent on destroying themselves, others, the planet, and justifying it every step of the way? Are you dumbfounded by the narrow mindedness and ignorance of those who hold power in certain sensitive areas?

When we don't want to fuel the fire but we don't want to opt out and do nothing, what the bleep do we do?

Become a connected, empowered, clear-minded, loving and effective sacred activist.

Take action for your cause whilst maintaining inner balance, grace and humility, having greater and more beneficial impact that will take our whole society in a direction of both personal and collective wellbeing.

[LEARN MORE](#)

[Featured events on ShaktiDurga.com](https://ShaktiDurga.com)

Join us for this 10 week entry point into the wonders of Shakti Durga's Mystery School...

The Initiates Path

A doorway to embodied, eternal sacredness and wisdom

with Shakti Durga



Commencing Sat 2 Sep, 2023

Enter into the imaginal world of beauty and truth known to the Ancient light bearers, and known already in our innermost hopes and dreams.

The deep spiritual path has to be experienced to be understood. And, you are warmly invited. Entry into a mystery school is an amazing opportunity to enliven your soul connection and find answers to profound questions. It is not possible to describe how your journey will unfold, but for everyone, there is a quickening of consciousness that enables experiences that may take lifetimes to manifest without the requisite instruction and practice.

[LEARN MORE](#)

Meditation Events



8am Sundays

Spiritual Path Satsang

An online gathering of like-minded people for a transformational experience of meditation, mantra, music and discourse.

[LEARN MORE](#)



10:30am Sundays

Cooranbong Community Satsang

Join us, in-person at the Harmony Centre. Sharing time in Satsang helps to dissolve our sense of separateness and hastens the journey towards inner peace.

[LEARN MORE](#)



10am Mondays

Wellbeing Meditation and Healing Clinic

The Wellbeing meditation is suitable to all – from beginners to advanced. It is a guided, intuitive experience integrating sound & energy healing. ***Starts 10:30 10 July.**

[LEARN MORE](#)

Monday Online Meditations with Savitur

[LEARN MORE HERE](#)



8-8:30am

-Kick start your week with an intuitive lift and shift



Sacred Ceremony

Commune with your higher souls and ignite your spirit. Sacred ceremonies are devotional practices that utilise the elements, mantra and certain physical actions as a form of active meditation.



Full Moon Fire Ceremony

The energy of full moon is a particularly auspicious time to perform sacred ceremony. In this ceremony the energy of the Divine is the form of Narayani (Strength, Abundance and Wisdom) is invoked. This ceremony powerfully connects us with the Divine.

Cost: By donation – \$180

[LEARN MORE](#)

[Sacred Ceremony events on Shakti Durga.com](https://www.shaktidurga.com/sacred-ceremony-events)





1pm Sun 16 Jul, 2023

Shivaratri - A monthly dance with the light

Each month just before the moon goes fully dark there is a sliver of light, the waning moon. That is a great time to connect with Lord Shiva. Every Shivaratri is about overcoming darkness and ignorance.

Cost: By donation – \$54

[LEARN MORE](#)



1pm Sun, 30 Jul 2023

Full Moon Fire Ceremony

The energy of full moon is a particularly auspicious time to perform sacred ceremony. In this ceremony the energy of the Divine is the form of Narayani (Strength, Abundance and Wisdom) is invoked. This ceremony powerfully connects us with the Divine.

Cost: By donation – \$180

[LEARN MORE](#)

Weekly Ceremonies



6:30am TUESDAYS

Kali Wellbeing Fire Ceremony

This fire holds an intention to further awaken the consciousness of the Earth and of Humanity

*No ceremony 11 & 18 July

 - Adi Dass


[LEARN MORE](#)



7am WEDNESDAYS

Wellbeing Fire Ceremony

These healing fire ceremonies provide an opportunity to heal old wounds of body, mind and spirit

 - Bhadra Kali

[LEARN MORE](#)



Sacred Music & Mantra

Chanting is a great way to raise your vibration, so at times we use the power of sacred sound to 'lift and shift' blockages in our conscious and unconscious landscape.

Sound is energy and our system responds to the sounds and vibrations of Sanskrit chants. Listening to these sounds has a rejuvenating effect on the body, mind and spirit.

[Mantra/ Music event list on Shakti Durga.com](http://ShaktiDurga.com)





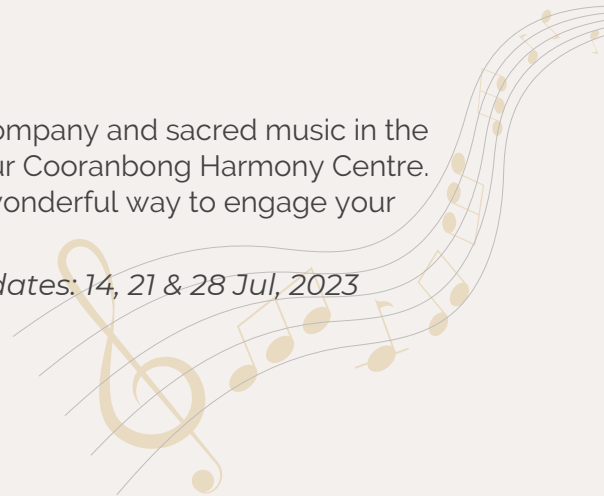
6:30pm Fri 7 Jul, 2023

Kirtan

Come and enjoy good company and sacred music in the warmth and beauty of our Cooranbong Harmony Centre. Sacred music is such a wonderful way to engage your heart mind and spirit.

Additional upcoming dates: 14, 21 & 28 Jul, 2023

[LEARN MORE](#)



8am Thursdays

Morning Mantra – Chant Practice

A guided mantra practice to lift your energy for the day, with the chants currently being practiced regularly within the community.



- Siddhi Shakti

[LEARN MORE](#)



Energy Healing

Build a thriving heart-centred business as an Energy Healer, while continuing to develop spiritually, mentally and emotionally.



Discover your inner gifts of intuitive awareness, healing power and spiritual connection. Be empowered to serve those who want to get to the root cause of health, family, relationship and life issues, and to transform their experience.

Certification of
Ignite Your Spirit Energy Healing

Commences 10 or 12 Oct, 2023

Join this marvellous journey of a lifetime and be rewarded with the opportunity to serve and to make a living out of that service.

Complete the full certification to become a fully accredited Ignite Your Spirit Healer and live a fulfilling career that will transform the way you see yourself and your potential. Or enhance and complement your skills as a healer, by completing the individual certificates.

[LEARN MORE](#)



Commences 10 or 12 Oct, 2023

Certificate of Energy Healing Foundation

Awaken to a paradigm of healing that explores the energy field but also the mind, body and soul essence.

Learn safe and proven energy healing methods. Find gifts and talents you didn't know you had, and a range of skills you can use personally and professionally for life.

[LEARN MORE](#)



Commencing 11 July, 2023

Certificate of Physical Body Healing & Colour Therapy 1

Create miracles of healing by stimulating the spirit and soul to infuse the body with all that it requires to heal.

Open your awareness to various healing frequencies including colour prana, and the energy of herbs, oils and medications that in emergencies can be given as specific energetic remedies to assist the physical body to heal. Prerequisites apply.

[LEARN MORE](#)



COMING SOON

10 Oct - 14 Dec
Physical Body & Colour 2

Community Events



10am Mondays

Wellbeing Meditation and Healing Clinic

Intuitive meditation experience, integrating sound and energy healing, followed by Healing Clinic. All Ignite Your Spirit and Energy Healing practitioners are welcome to join and build on practice hours!

***Starts 10:30am Mon 10 July**

[LEARN MORE](#)



6:45pm Mondays

Prayer Circle Online

Prayer is a powerful tool for bringing healing and wholeness into our lives.



- Sri Suryani

[LEARN MORE](#)



10:30am Sundays

Cooranbong Community Satsang

Join us, in-person at the Harmony Centre. Sharing time in Satsang helps to dissolve our sense of separateness and hastens the journey towards inner peace.

[LEARN MORE](#)

Games Day

from 2pm Saturday 22 July at The Harmony Centre

Spirituality is also about Joy and we are going to have a joyfilled afternoon of FUN!

IN PERSON ONLY



Mystery School



Shakti Durga's Mystery School is spiritual activation and training for committed seekers of self realisation with a modern approach, guided by a living Guru..

Mystics of any tradition receive higher teachings and shaktipat and work with Divine beings and inner plane beings in a safe way.

It is a pathway for students who are dedicated to a path of devotion and service to the world, with membership 'application only.'





7pm Wed 02 Aug, 2023

Mystery School Introduction *Suits European time zone*

For Students of the Mysteries and Seekers of Enlightenment
An introduction session for people interested to know more about Shakti Durga's Mystery School, online via Zoom.

 - Shakti Durga

[LEARN MORE](#)



9am Sat 19 Aug, 2023

Mystery School Introduction *Suits American time zone*

For Students of the Mysteries and Seekers of Enlightenment
An introduction session for people interested to know more about Shakti Durga's Mystery School, online via Zoom.

 - Shakti Durga

[LEARN MORE](#)

A 10 week online program that serves as the entry point into the wonders of Shakti Durga's Mystery School...

The Initiates Path

[LEARN MORE](#)

Our Charity

The Spiritual Path with Shakti Durga and the Mystery School contribute to the support of our charity The WellBeing Initiative.

The WellBeing Initiative

Was established to help lift human consciousness, to support people in leading happier, more fulfilling and healthier lives.

Ways you can make a difference...

General Donations



[DONATE NOW](#)

General Donations support the core of our charitable work. When you donate to The Well Being Initiative you are funding projects that assist people to live better lives and to be empowered to overcome whatever limiting circumstances they may find themselves in. By giving to any branch of our charity, you are supporting us to deliver life-changing training and therapy to those who need it. General Donations keep our organisation going, and assist us to provide Lift or Ignite Your Spirit sessions to those who could not otherwise afford them, along with bursaries and scholarships for attendance at life-changing seminars, and free programmes to groups in need.

All donations over \$2 are tax deductible and are used to keep the Well Being Initiative and its diverse projects going.



Lift Sessions

[DONATE NOW](#)

The Well Being Initiative's Lift Your Life fund provides Lift sessions to those in need, with a specific emphasis on assisting those with stress, burn out, depression, anxiety, chronic pain or relationship difficulties. When you purchase a full-priced Lift session, you are also purchasing a session for someone who would otherwise be unable to afford it. We are seeing profound transformations in our Lift clients, and it is all thanks to the generous contributions of our benefactors. For more info, see www.thewbi.org.



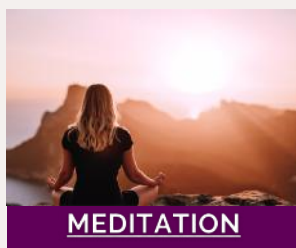
Friends Giving Program

[DONATE NOW](#)

Our Friends Giving Program (once called Friends of Peace and Wellbeing) supports the running of the charity and provides the opportunity to offer weekly, fortnightly or monthly donations. This funding enables us to offer an array of seminars, meditation and wellbeing programs for the broader community.

Shakti Durga's Spiritual Path event list

- Start 08 or 09 Jul, 2023 - [Sacred Activism](#)
- Start 11 or 13 July, 2023 - [Physical Body Healing and Colour Therapy 1](#)
- 7pm Wed 02 Aug, 2023 - [Mystery School Introduction](#)
- 9am Sat 19 Aug, 2023 - [Mystery School Introduction](#)
- Start 02 Sep, 2023 - [The Initiates Path](#)
- Start 10 or 12 Oct, 2023 - [Certificate of Energy Healing Foundation](#)
- Start 10 or 12 Oct, 2023 - [Physical Body Healing and Colour Therapy 2](#)
- Start 10 or 12 Oct, 2023 - [Certification of IYS Energy Healing](#)





Heart, Mind & Soul

Mentoring with Gayatri

19 & 26 Jul and
2, 9, 16 & 23 Aug

[LEARN MORE](#)

The Consciousness Connection

What's On List

Jul/ Aug - Heart, Mind & Soul Mentoring

Sep 2023 - Centres of Consciousness

Nov 2023 - Activate Your Consciousness

Feb 2024 - Dimensions of Wealth

Apr 2024 - Laws of the Soul

Jun 2024 - Hallmarks of Awakening

Go to [The Consciousness Connection](#) for a full list of courses

THE
CONSCIOUSNESS
CONNECTION

