



UWI
MONA CAMPUS
JAMAICA, WEST INDIES

SEXUAL HARASSMENT AWARENESS MONTH APRIL 2026

**Realise. Recognise.
Respond. Resist.**

12 TIPS FOR PREVENTION, PROTECTION AND ACTION

EVERY VOICE MATTERS. EVERY STEP COUNTS.

A Message From:
The Sexual Harassment Complaints Unit
Office of the Campus Registrar (Secretariat), UWI Mona
#NoToSexualHarassment



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TIP #1

**Respect Everybody
And
Every Body**

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TIP #2

**Do not impose yourself or
your expectations on others.**

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TIP #3

**Don't be a bystander.
Speak up. Speak out against
sexual harassment.**

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TIP #4

**Trust your instincts.
If you feel uncomfortable,
leave the situation and seek
support.**

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TIP #5

**Respect Boundaries -
yours and others'**

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TIP #6

**Avoid unwelcome
sexual advances.
Always resist
sexual harassment.**

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TIP #7

**Realize.
Recongize.
Respond.
Resist Sexual harassment.**

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TIP #8

**Anyone can be affected by
sexual harassment.
Be supportive, not judgemental.**

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TIP #9

**Be aware.
Be intentional.
Ignorance is no excuse for
sexual harassment.**

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TIP #10

**Avoid sexual remarks
and demands.
Always protect dignity -
yours and mine.**

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TIP #11

**Impact overrides intention.
Choose your words
and actions carefully.**

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TIP #12

**Zero tolerance for
sexual harassment.
No Excuses.
No Exceptions.**

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