

# Retiring Ron

## Growing old disgracefully

Edition: Jan 25

**New year, new energy. Let's get ready to crumble!**

My newsletter service is widely appreciated. Clients steadily coming in. Thank you those who've already committed.

February soon. Best reggae month. Dennis Brown, the Crown Prince, would have turned 68 on Feb 1. And King Bob's 80<sup>th</sup> is Feb 6. One Love to all on those dates.



Bob played footie in Battersea Park - so he must have been a Chelsea fan



We play Three Little Birds on the Chelsea stadium tour



Dennis Brown would have been 68 on Feb 1

Chelsea's roller-coaster season continues. Started well, but a miserable festive season and start of the year. I'll send them some of my salt-fish fritters.



**Bridget and Stamford are Chelsea superheroes**



**Tour guide Marcia is multi-talented**

But at least we had a nice lift against Wolves to halt the crisis. Went with mini-me Jasmin to the 3-1 win on discounted hospitality tickets. Superb buffet in the Rose & Ball. Wild salmon, Thai crab fishcakes, veggie bhajis... exotic stuff. No jerk chicken though.



**We enjoyed the Wolves game**



**Fab buffet complete with ice cream**

Tropical Creole curry goat dinners are getting gobbled up. My ambition is a stall or truck at a big festival. Surely jerk chicken and dumplings give a better high than all the gear at Glastonbury? Mine's the best joint around!



**My Tropical Creole cuisine is enjoyed by all**

Part time luvvie Marcus Gibson was superb in a comedy play, Die Hard, over Xmas. Hope you get that James Bond part soon Gibo. From Brentford to Hollywood!



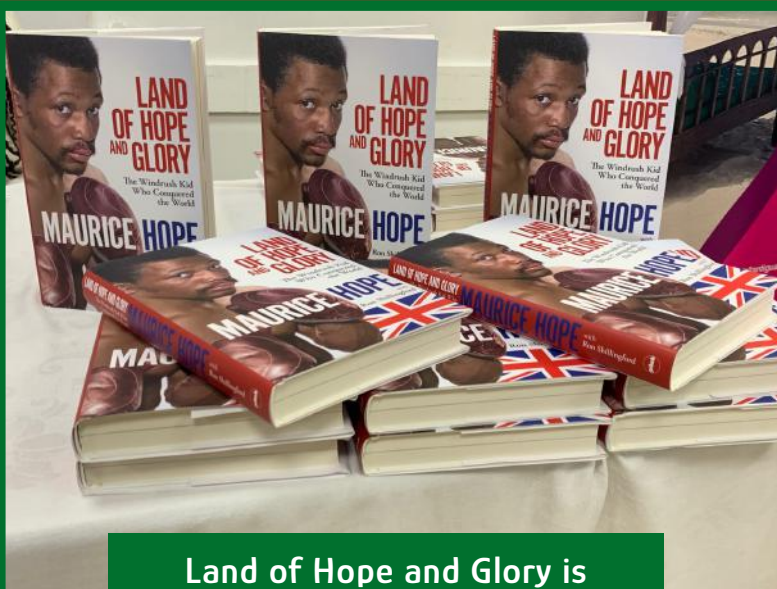
Marcus Gibson (centre) was brilliant in the Die Hard play

In these dark, wintry days, it's hard to shake off post-holiday blues. Oh for some Dominican and Cayman sun. Shout out to Cayman-based Dr Sofi (Carmen) Martinez, who tended to my broken ankle in 2015 and ensured I'd not be left with a permanent limp. God bless you Carmen.



Mrs Shill and Dr Sofi Martinez

Land of Hope and Glory, my autobiography of former world champ Maurice Hope, is flying off the shelves. The Antigua High Commission signing went so well. We're returning there in the summer. Mo's catchphrase? "I'm not boasting, just roasting!"



Land of Hope and Glory is selling well



Maurice Hope loves interacting with fans

Looking forward to returning to Nairobi soon. Will link up with Patricia Njeri, founder and tireless Kenyan charity worker. Look up Birth and Beyond. It helps destitute teenage mums. Pat deserves immense support.



Patricia Njeri is a legend for her charity work in Kenya

Congrats to bestie Karlene on reaching her milestone. Lovely party sweetie. Here's to the next six-zero!



Bestie Karlene hosted a fab party for her 60th

Soon on UK cinema general release is 'The Fire Inside', an absolutely fantastic biopic of Claressa Shields, the world's best female boxer. Ryan Destiny plays Shields brilliantly. Thanks again for the special screening invite Max.



Ryan Destiny played her part brilliantly



The Fire Inside is on general release soon



Valentine's Day approaches, the year's most romantic date. My birthday too, which explains why I am so passionate and loving. Just ask Mrs Shill.



Valentine's Day is approaching

Took a trip to Windsor. Sleepy, quaint town beside the castle. Didn't take the castle tour – TripAdvisor reviews put me off. But did pop in for a quick cuppa with Charlie. Nice chap. Proof? He wanted a selfie but I gave him a right royal snub. Train to catch!



Ready for tea and chat with King Charles



Windsor Castle tours are chaotic; too many drama queens



Security at Windsor's Maccy D's is strict but wooden

Finally, shout out to my gifted designer Nathan Vidal. First met him in Dominica in November and he's been producing these tremendous newsletters ever since. Thx bro. We're actually distant cousins. But then again all Dominicans are!



Designer Nathan is a creative genius

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Departing from: 14 Nov - Bridgetown, Barbados  
17 Nov - Willemstad, Curacao, Dutch Antilles

Our latest newsletter, a fantastic reggae cruise in November



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