

FREE
Please Take One!

OVER 4 MILLION
Readers Weekly
Nationwide

TIDBITS®

OF KOOTENAI COUNTY, IDAHO ISSUE #24 APRIL 8TH 2024

(208) 719-0009 Hayden
(208) 457-7077 Post Falls
Open 7 days a week



Fu-Ki
Japanese
Steakhouse + Sushi

8885 N. Government Way Hayden Idaho 83835
1500 E Seltice Way, Post Falls, ID 83854

The Neatest Little Paper Ever Read

www.tidbitscda.com

For Ad Rates call: (208) 755-9120

tidbitscda@gmail.com



Call Yochum Landscape for an Estimate Today

- Lawn care
- Water features
- Trees
- Landscape installations and designs

www.yochums.com 208-660-9822

YOCHUM
LANDSCAPING, LLC
Licensed & Bonded

TIDBITS® LISTS SOME APRIL OBSERVANCES

by Kathy Wolfe

This week, Tidbits' focus is on some rather obscure events commemorated during the month of April.

- As you celebrate National Dandelion Day on April 5, consider all the good things about what we often think of as a pesky weed. Dandelions have been used in Chinese traditional medicine for more than 1,000 years, when they were prescribed for many ailments – warts, constipation, and even the plague! Every bit of the dandelion is edible, with a cup of raw greens providing 112% of the daily requirement for Vitamin A. They have more Vitamin A than spinach and more Vitamin C than tomatoes. Dandelions are rich in iron, calcium, and potassium, and are beneficial in helping the body's liver eliminate toxins from the blood. Dandelion tea is a proven remedy for digestive problems. Although we make efforts to remove them from our lawns, as part of the daisy family, they were a favorite flower in European gardens. It's believed the plants arrived in North America on the Mayflower, brought for medicinal purposes. Why are they so hard to get rid of? It's because their roots go as deep as 10 to 15 feet (3 to 4.5 m)!

turn the page for more!

COEUR D'ALENE SHEET METAL HEATING

Pre-Season A/C Specials
Mention this ad for discounted rates!

HOW WE SERVE YOU

- Furnace & AC Installation
- Furnace & AC Repair
- Furnace & AC Maintenance
- Water Heater Installation
- Commercial Service & Installation
- Free Estimates

LENEX PREMIER DEALER

You can count on us to take care of you!
3451 W Industrial Loop, Coeur d'Alene, ID 83815, 208.664.4114, CdaSpokaneHvac.com

NORTHWESTHUNTFEST.COM



May 10-11 2024
North Idaho Fairgrounds

- 20+ Seminars
- Archery Shoot
- Elk & Duck calling contest
- Tons of hunting vendors
- Hunting simulator
- Live music & food trucks
- Family fun!

Early bird tickets now on sale through April 1st. Kids and youth under 17 are free



BOULDERS
SCREENED TOPSOIL
3 WAY MIX FOR GARDEN BEDS

Call us today at 208-773-6559



Call us for a free estimate for any Foundation needs you may have!



208.819.4273

5077 N Building Center Dr. Coeur D Alene, ID 83815-8324

www.jdogjunkremoval.com



CALL TO BOOK A FREE ESTIMATE

Junk Removal & Hauling 844-GET-JDOG
208.457.3152

- ★ Residential
- ★ Commercial
- ★ Cleanouts
- ★ Appliances
- ★ Demolition
- ★ Recycling

VETERAN AND MILITARY FAMILY OWNED OPERATED

AFFORDABLE ROOFING & REPAIR SERVICE

Why replace your roof when you can just fix it?

RE-ROOFS and REPAIRS
Over 30 Years Experience - Licensed and Bonded



Freddie
208-704-2190

Let us stand up for you in your time of need!



SEE TESTIMONIALS ON PAGE 3

PALMER | GEORGE PLLC
ATTORNEYS AT LAW
Family Law & Criminal Defense cdalawoffice.com

Request an initial consultation and call 208.665.5778
923 N. 3rd Street Coeur d'Alene, ID 83814

SERVING COEUR D'ALENE & NORTH IDAHO SINCE 2006

WANT TO PUBLISH A TIDBITS® IN YOUR AREA?

We provide the opportunity for success!

Call 1.800.523.3096 (US)

www.tidbitsweekly.com

Angelo's Ristorante



Open Tuesday - Saturday 4 pm - 9 pm.

Reservations Recommended

846 N. 4th St. CDA 208-765-2850

Natural Organic Ingredients... Angelo

angelosristorante.net



THE difference....find out on page 13

Welcome to a place you'll truly love to call home. The perfect choice for the the highest standard in Assisted Living.

- Comfort
- Security
- Convenience

Locally owned and operated
Call us today: 208-457-3403
www.LodgeLiving.net



The Lodge at Riverside Harbor 1, 52 N Cedar St., Post Falls, ID
The Lodge at the Fairway Forest 1, 3989 N. Player Dr., Coeur d'Alene, ID

The Lodge at Riverside Harbor 2, 58 N. Cedar St., Post Falls, ID
The Lodge at the Fairway Forest 2, 3991 N. Player Dr., Coeur d'Alene, ID

IMPACT
PAINT & COLLISION REPAIR
208-765-2805

PAINT & COLLISION REPAIR

- Approved by All Insurance Companies
- Free Estimates
- Frame Repair
- Expert Color Matching

I-CAR GOLD CLASS PROFESSIONALS

765-2805
116 E. Appleway CDA
www.impactautobodyandpaint.com




CONTACT INFORMATION FOR TIDBITS OF KOOTENAI COUNTY

EVELYN HOWE 208-755-9120

PUBLISHER

TIPBITS
The Neatest Little Paper Ever Read.

HOMES & Land



Evelyn Bevacqua Howe
212. W. Ironwood Dr., Suite D, # 224, Coeur d'Alene, ID 83814
Cell: 208.755.9120 Email: Tidbitscda@gmail.com www.tidbitscda.com Facebook/tidbitscda

APRIL OBSERVANCES (continued):

- National Pecan Day is observed on April 14. The word "pecan" has its origins in an Algonquin word that means "a nut that requires a stone to crack," due to its hard shell. Yet pecans aren't technically nuts. They're drupes, as they are the fruit of a tree, along with peaches, plums, and cherries. The trees, which are native to the United States, (where 90% of the world's supply is grown) are a variety of hickory tree, and there are more 1,000 different varieties of pecans. The trees won't bear their fruit until it's 12 years old. A tree might reach a height of 150 feet (45.7 m), with a trunk diameter of over 3 feet (0.9 m). Each tree will have plenty of time to bear pecans, as the trees live for 300 years.
- April 15 is set aside every year as Titanic Remembrance Day in honor of the victims and survivors of this tragedy. When the luxurious 883-ft. (269 m) ship departed Southampton, England on its maiden voyage on April 10, 1912, it was deemed unsinkable. Yet when the ship struck an iceberg in the frigid waters of the Atlantic at 11:40 PM on April 14, it took just two-and-a-half hours for water to fill and rupture at least five of the hull compartments, breaking the ship in half, and sending it to the bottom of the ocean. A shortage of lifeboats and lack of adequate emergency procedures led to the deaths of more than 1,500 people. 706 survived. The remains of the Titanic were found during a 1985 expedition at a depth of 13,000 feet (3,962 m), 370 miles (595 km) off the coast of Newfoundland.
- Haiku poetry has a very strict pattern of structure. Traditional Japanese haiku is composed of one line of five syllables, followed by one line of seven syllables, and another line of five syllables, a total of 17 syllables. There is no rhyme scheme. It's a brief poem with simple phrases, frequently articulating the imagery of nature. National Haiku Poetry Day is observed on April 17.



- A topcoat a day keeps the manicurist away! Revive your polish by giving the ends a quick coat of clear topcoat daily to extend the life of your manicure.
- "I like to cut out and save comic strips. I used to put them in photo albums with the plastic sleeves, but the pages were a little small. Now I use scrapbook pages, which are much wider. I just glue them to a coordinating color paper. They look much nicer, too." -- A reader in Virginia
- The hardware on my favorite purse started to look very banged up and flaking. I found a silver leaf pen at the craft store, and it was very easy to spruce my bag up again.
- To keep spring boots looking tall and smelling pretty good, loosely roll a thin stack of newspaper, stick it down the leg portion of your boot, then fill it with a stack of balled-up newspapers. It will support the leg, which will not flop over, causing cracks. And the newspaper absorbs any smells.
- If you have trapped hairs, try this trick: Wet an old, clean toothbrush and dip it in baking soda or body scrub. Gently exfoliate the area once a day for several days, and it should work itself right out.
- Bar soap is much more concentrated and eco-friendly than liquid body washes. These days, they are just as moisturizing as any liquid soap. Look for ingredients like shea butter or the words "ultra-moisturizing" and "added emollients."

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

(c) 2024 King Features Synd., Inc.

Tim's Special Cut Meats
Coeur d'Alene, Idaho


208-772-3327

Retail Meats and Deli
Seasonings Spices
Marinades
Northwest Wine and Beer
Wild Game Processing
Mobile Butchering
Custom Smoked and Fresh Sausages

Tue - Fri 9 am - 6 pm, Sat 9 am - 5 pm
525 N. Graffiti St. Post Falls. timsspecialcutmeats.com



Americanisms



"There's always somebody who is paid too much, and taxed too little — and it's always somebody else."
— Cullen Hightower

© 2024 King Features Syndicate, Inc.

PROFESSIONAL REALTY SERVICES
It's All About The Home.

Buy or Sell
with me and 10% of my commission goes to the charity of your choice.

208-818-8744

Monika Klennert
SRES, ARB, SFR, PSA, E-PRO

Scan to Connect!



POWER BROKER REPORT

Just Like Cats & Dogs by Dave T. Phipps

WOW, THIS PLACE IS REALLY FANCY. I WAS JUST ABLE TO GET OUR TAXES DONE IN THE MEN'S ROOM.

© 2024 King Features Syndicate, Inc. All rights reserved.

APRIL OBSERVANCES (continued):

- Mark your calendars on April 30 for the celebration of National Mahjongg Day. The game originated in China about 200 years ago and takes its name from the Chinese word for “sparrow.” Mahjongg is a rather complicated game requiring strategy and calculation. Although most of the 144 tiles in the game are now mass-produced plastic, they were originally hand-carved tiles engraved with Chinese characters and symbols. A few artisans still produce handcrafted sets, made of bamboo, bone, or ivory, first engraving the tiles, then cleaning them, followed by a painting process that can take weeks to complete. Each of the four players receives 13 tiles, then draw and discard tiles until they complete their hand. Although Americans think of Abercrombie & Fitch as a vendor of stylish fashions, the company, which was founded in 1892, was the first U.S. company to sell mahjongg sets during the 1920s. The game became immediately popular, requiring Ezra Fitch to send representatives to China to purchase every set that could be found.
- April 30 is also National Raisin Day, a day created by California raisin growers in 1909. Raisins can be considered one of nature’s nearly-perfect foods. They are rich in antioxidants to protect the body’s cells from damage and reduce the risk of chronic disease. Raisins are a good source of iron necessary for the production of red blood cells. Their calcium and boron content contributes to strong and healthy bones, while raisins’ potassium helps regulate blood pressure levels. If all of that isn’t enough, raisins are rich in the Vitamin B complex as well as a source of Vitamins C, E, and K and zinc.

MEET THAT SPECIAL SOMEONE THAT YOU TRULY DESERVE
We gladly invite you to join:
SOULMATECONNEXIONS.com

Holidays & Observances This Week

4/7	Metric System Day
4/8	Right to Read Day
4/9	Winston Churchill Day
4/10	National Siblings Day
4/11	National 8-Track Tape Day
4/12	International Day of Human Space Flight
4/13	World Circus Day

Weekly SUDOKU
by Linda Thistle

	5		8		9			
7				6	5			
		2	7					4
	2			1	8			
1			7					9
		7	3		6			
3			1					6
		4		5	1			
	6		9			7		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

© 2024 King Features Synd., Inc.

Let us stand up for you in your time of need!

★★★★★ I was highly impressed by the professionalism of John George and his assistant Rachelle. They assisted me in a modification of my child custody, and I would recommend them to anybody seeking help with family law. The preparation leading up to trial, as well as the actual trial went even better than I had hoped. Though the opposing attorney had a reputation of being "one of the best", I was beyond grateful to have John representing me. In comparison he was prepared, organized, factual, and professional, unlike the opposing.

PALMER | GEORGE PLLC
ATTORNEYS AT LAW
Family Law & Criminal Defense cdalawoffice.com
Request an initial consultation and call 208.665.5778
923 N. 3rd Street Coeur d'Alene, ID 83814
SERVING COEUR D'ALENE & NORTH IDAHO SINCE 2006

ECOGREEN SPRINKLERS
CAN YOU HEAR THE ECO ?
YOUR PARTNER IN VIBRANT LANDSCAPES!

Services Offered:

- **Landscape Consulting:** Tailored solutions for stunning and sustainable landscapes.
- **Spring & Summer Planning:** Customized designs enhancing curb appeal and outdoor enjoyment.
- **Spring Irrigation Turn On:** Includes backflow testing for \$120.

Let EcoGreen be the catalyst for a greener, more vibrant tomorrow!

Why Choose EcoGreen?

- **Expertise:** Unparalleled experience in landscape design and irrigation planning.
- **Sustainability:** Prioritizing eco-friendly solutions for a healthier environment.
- **Customer Satisfaction:** Dedicated to exceeding your expectations.

208-661-0820
WWW.ECOGREENSOL.COM
ECOGREENSPRINKLERS@GMAIL.COM

TIDBITS
always FREE!
and FUN!

HOCUS-FOCUS BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Kallie is different. 2. Handle is added to lunch box. 3. Sleeve is rolled up. 4. Leak is moved. 5. Pipe is thinner. 6. Bite is missing from sandwich.

Facebook Intuitive Bonnie Whiting 208-661-2286

Readings by phone, in person or group Readings. Deceased loved ones, Guidance and Investigations.

www.facebook.com/Angelwork007

Post Falls FACTORY STORES

BROTHERS FLOORING

4057 Riverbend Ave. Post Falls Id 83854
208-981-0068

Hayden Library
8385 N. Government Way

SPRING BOOK SALE

FRIDAY Apr. 26 2-DAY 3 to 7 p.m.

SATURDAY Apr. 27 10 a.m. to 3 p.m.

Friends of the Community Library Network

Creative Healing Massage



Body Intelligence:

- Biodynamic Craniosacral Therapy
- Creative Healing Massage
- Swedish
- Deep Tissue
- Hot & Cold Stone
- Sports Massage
- Foot Reflexology


Located in Hayden
Call for appointment
208-755-7802

Shelley Colombini
LMT & NCBTMB

TAMARACK CONCRETE

Call us for a free estimate for any Foundation needs you may have!
208.819.4273

5077 N Building Center Dr. Coeur D Alene, ID 83815-8324



REACH OUT TODAY FOR A FREE HOME VALUATION!

YOUR REAL ESTATE MARKETING SPECIALIST SINCE 1994

CENTURY 21 Beutler & Associates

KOSH & SUZAN

208.660.6948 C21RealEstateTeam.com

WWW.TIDBITSCDA.COM

WHAT?

ADVERTISING AS LOW AS \$20 A WEEK!!!

CALL TODAY
CALL 208.755.9120
OR E-MAIL EVELYN2318@GMAIL.COM



APRIL OBSERVANCES (continued):

- Even 8-track tapes have their own day, April 11. Coming to the market in 1964, this invention changed the way the public listened to music and provided a new way to enjoy music, especially on road trips. The 8-track was invented by William Powell Lear, best known for his design and development of the Lear Jet, and his founding of the Lear Corporation, the first mass-manufacturer of business jets. Lear, who received more than 140 patents during his career, improved on an earlier system, the 4-track tape, by doubling the number of tracks, producing longer uninterrupted playback. By 1965, the Ford Motor Company was offering 8-track players as an option in their new cars. Although 8-tracks enjoyed significant popularity during the 1960s and 1970s, with 1978 marking their peak, improved technology led to their decline. Cassette tapes were smaller and had better sound quality, and could be rewound or fast-forwarded to particular songs. Compact discs were introduced in 1982, giving rise to the final downfall of 8-tracks.
- Although Easter falls on March 31 this year, many years it lands during April. Why does the date change every year? Easter, which commemorates the resurrection of Jesus Christ, is observed on the first Sunday after the Paschal full moon, which is the first full moon on or after the Spring Equinox. The word "paschal" is a translation of the Aramaic word meaning "Passover." Easter's earliest possible date is March 22, with latest possible date of April 25.

Trivia test by Fifi Rodriguez



1. TELEVISION: What is the name of the president in the drama "West Wing"?
2. GEOGRAPHY: Which U.S. state shares the same name as one of the Great Lakes?
3. U.S. PRESIDENTS: What are the ZIP codes assigned to the president and first lady?
4. LANGUAGE: What is cryptophasia?
5. MOVIES: What is the number on top of the bus in the movie "Speed"?
6. LITERATURE: What is the setting for Dashiell Hammett's novel "The Maltese Falcon"?
7. ANATOMY: Which two parts of the human body contain the most bones?
8. U.S. STATES: In which state would you find the Grand Teton National Park?
9. AD SLOGANS: Which popular product uses the slogan, "Is it in you?"?
10. FOOD & DRINK: What is the primary ingredient of baba ganoush?

Answers

1. Josiah "Jed" Bartlet.
2. Michigan.
3. 20500-0001 and 20500-0002.
4. A language developed by twins that only the two children can understand.
5. 2525.
6. San Francisco.
7. More than half the bones are in the hands and feet, 27 in each hand and 26 in each foot.
8. Wyoming.
9. Gatorade.
10. Eggplant.

(c) 2023 King Features Synd., Inc.

Strange BUT TRUE

By JoAnn Derson

- A topcoat a day keeps the manicurist away! Revive your polish by giving the ends a quick coat of clear topcoat daily to extend the life of your manicure.
- "I like to cut out and save comic strips. I used to put them in photo albums with the plastic sleeves, but the pages were a little small. Now I use scrapbook pages, which are much wider. I just glue them to a coordinating color paper. They look much nicer, too." -- A reader in Virginia
- The hardware on my favorite purse started to look very banged up and flaking. I found a silver leaf pen at the craft store, and it was very easy to spruce my bag up again.
- To keep spring boots looking tall and smelling pretty good, loosely roll a thin stack of newspaper, stick it down the leg portion of your boot, then fill it with a stack of balled-up newspapers. It will support the leg, which will not flop over, causing cracks. And the newspaper absorbs any smells.
- If you have trapped hairs, try this trick: Wet an old, clean toothbrush and dip it in baking soda or body scrub. Gently exfoliate the area once a day for several days, and it should work itself right out.
- Bar soap is much more concentrated and eco-friendly than liquid body washes. These days, they are just as moisturizing as any liquid soap. Look for ingredients like shea butter or the words "ultra-moisturizing" and "added emollients."

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

(c) 2024 King Features Synd., Inc.

THIS WEEK'S CELEBRITY BIRTHDAYS

Jackie Chan	4/7/54
Patricia Arquette	4/8/68
Dennis Quaid	4/9/54
Mandy Moore	4/10/84
Ethel Kennedy	4/11/28
Claire Danes	4/12/79
Ron Perlman	4/13/50

TIDBITS



GRIN and BEAR IT



©North America Syndicate, Inc. World rights reserved.

Wayne

"Look what I bought with what I found buried in the back yard!"

KOVELS' ANTIQUES & COLLECTIBLES

By Terry and Kim Kovel

PHOTO CREDIT: Kovels.com

PHOTO CAPTION: Although it was made in the 20th century, this wine rack brings Regency style into a modern setting.



Regency style

Furniture revivals have taken place since at least the 19th century and probably earlier. New technology made earlier ornate styles easier and less expensive to make, and therefore more accessible to the average buyer. Some are difficult to distinguish from authentic pieces. If you see the word "style" in a description, it is probably a copy or revival piece, not an authentic piece from the period.

For example, this wine rack is described as "Regency style." It was made in the 20th century, not the Regency period, and it sold for \$813 at New Orleans Auction Galleries. The Regency period was from 1811 to 1820 in England, when King George III's son served as Prince Regent. The corresponding American furniture period is American Empire.

Both Regency and Empire were influenced by classical art of ancient Greece, Rome and Egypt. Mahogany was a favorite wood. This wine rack imitates mahogany with a dark stain on pine wood. The wine rack has a brass gallery on top and ring handles on the sides, features that can be seen on authentic pieces from the Regency period.

Q: I have an L.C. Smith typewriter, serial

number is "1386874B." Are old manual typewriters worth anything?

A: Lyman C. Smith and his brothers made guns before they made typewriters. They started making a few typewriters in their gun shop after 1884. In 1887, they sold the gun business and founded Smith Premier Typewriter Co. in Syracuse, New York. It became L.C. Smith & Bros. Typewriter Co. in 1903. The company merged with Corona Typewriter Co. in 1925 to become L.C. Smith & Corona Typewriter Co. Personal computers replaced typewriters in most homes, schools and offices beginning in the 1980s. Smith-Corona no longer makes typewriters; it now makes thermal labels. The serial number on your typewriter indicates it was made in 1937. Some old typewriters are collectible and sell for a few hundred dollars. A few rare typewriters sell for more than \$1,000. Many common old typewriters sell for \$20 to \$50.

CURRENT PRICES

Pottery jar, San Ildefonso, black matte, carved designs with inset turquoise, rounded form, Juan Tafoya, 5 1/4 x 5 3/4 inches, \$115. Quilt, pieced, nine-patch pattern, 16 squares, each with nine yellow diamond patches, blue and yellow sawtooth border, white ground, Pennsylvania, 1910, 72 x 72 inches, \$260. Daum dish, frog on a lily pad, pate de verre glass, irregular shape with figural frog on rim, green shaded to yellow to gold, marked Daum France, 2 3/8 x 6 x 6 inches, \$500. Poster, travel, Meeting of the Chiefs, Native American man on horseback, rock formations in background, Atchison, Topeka and Santa Fe Railroad Co., copyright 1949, 18 x 24 inches, \$620. For more collecting news, tips and resources, visit www.Kovels.com (c) 2024 King Features Synd., Inc.



MEET OUR PROVIDER

Jordan Taylor

Pediatric Nurse Practitioner

"Partnering with families to help children live their best lives is my passion, purpose and goal every day." -- Jordan



Coeur d'Alene Clinic
1090 W Park Place

Post Falls Clinic
925 E Polston Avenue

Rathdrum Clinic
16760 N Highway 41

Kellogg Clinic
740 McKinley Avenue

SCHEDULE AN APPOINTMENT!

(208) 620-5250

myHeritageHealth.org | Follow Us!

SIT BACK AND RELAX
with a **TIDBITS** today!

TIRED? SNORING? WE CAN HELP!

Treatments for Sleep Apnea & Snoring by Dr. Erin Elliott



Call today for a consult! **208.773.4579**

We bill **MEDICAL** insurance including Medicare | sleepbetternw.com



Astrology Reader and Advisor

REUNITE LOVE LIGHT WORKER

PSYCHIC ROSE

PSYCHIC READINGS TWINFLAME LOCATOR

(561) 876.4156

WWW.TWINFLAMEREPAIR.COM

Readings by phone are available!
Text me to make an appointment!



ARIES (March 21 to April 19) Rumors of a change in the workplace could make you a mite uneasy about going ahead with implementing your ideas. Best advice: Ignore the talk and proceed as planned.

TAURUS (April 20 to May 20) Everyone has an opinion on how to handle a recent business suggestion. Thank them for their advice, then go ahead and follow your own fine instincts.

GEMINI (May 21 to June 20) While home is your main focus this week, new issues in the workplace need your attention as well. Take things step by step. Pressures will ease in time for weekend fun.

CANCER (June 21 to July 22) Be less rigid when handling a relationship problem. You might believe you're in the right, but try to open your mind up to the possibilities of facts that you're currently unaware of.

LEO (July 23 to August 22) Leos and Leonas run at a hectic pace throughout much of the week. But by the 22nd, the Lions' dens become a "purrfect" place for you Fine Felines to relax in over the weekend.

VIRGO (August 23 to September 22) Change is favored early in the week. This should make it easier for you to reassess your plans for handling a troubling professional relationship. Good luck!

LIBRA (September 23 to October 22) A suggestion from a colleague could give your professional project a long-needed boost. Meanwhile, someone close to you still needs your emotional support.

SCORPIO (October 23 to November 21) Before complying with a colleague's request, check to see that the action benefits all, not just one person's agenda. Continue firming up any travel plans.

SAGITTARIUS (November 22 to December 21) Your social life is on the upswing, and the only problem is deciding which invitations to accept. Enjoy yourself before settling down for some serious work next week.

CAPRICORN (December 22 to January 19) With your creative aspects on high, you might want to restart your work on a project that you put aside. Your efforts will bring a surge in your self-esteem.

AQUARIUS (January 20 to February 18) While you're generous with others, be sure that you're not overlooking your own needs. Take time to assess your situation and make adjustments where necessary.

PISCES (February 19 to March 20) Being applauded for your achievements is great, but watch out that you don't start acting like a star. It could lose you valuable support with your next project.

BORN THIS WEEK: Your strong belief in justice along with your leadership qualities help you protect the rights of others.

(c) 2024 King Features Synd., Inc.



By Sam Mazzotta

This Little Dog Has a Lot of Moxie

DEAR PAW'S CORNER: I adopted a small mutt from the local shelter and named her "Moxie." She's adorable but really energetic. She'll actually jump straight up in the air as high as my waist! She also tugs hard at the leash when we walk. How do I tame all of this energy?
-- Janice F., Hyde Park, New York

DEAR JANICE: Congratulations on your new pet! Moxie sounds like a bundle of joy. But I can understand that all her energy can be tiring.

In addition to walks twice a day (or more, if you can swing it), give Moxie plenty of puppy toys to play with at home, and spend time with her on the floor just playing fetch and helping her work off more of that energy.

She may also respond very well to a consistent schedule of walks, feeding and bedtime (yes, bedtime). Build certain predictable routines around each of these events. When it's time for a walk, call Moxie and have her sit while you put on her leash. During walks, keep the leash short and work on the "heel" command. But when in a safe, open area, give Moxie more room on the leash to explore. When it's bedtime, create a routine that is the same every night -- one that is positive, with a little play time and a signal to settle down and rest (such as turning down the lights).

Now, if Moxie's energetic behavior is morphing into something more serious, like destroying furniture or being aggressive toward other dogs or humans on walks, that's a problem you'll need to address as soon as possible. Talk to Moxie's vet about ways to reduce her hyperactivity and anxiety (if those are the causes). If she isn't responding to basic behavioral training, hire a trainer to help.

Send your tips, comments or questions to ask@pawscorner.com.

(c) 2024 King Features Synd., Inc.

Emergency Pet Care

208-777-2707

Monday - Friday from 12:00PM to 8:00AM
Open 24 hours on the Weekends

3046 East Seltice Way, Post Falls

TIDBITS

WORD POWER

Unscramble this word:

OEMCNRITOAMOM

An observance, tribute, remembrance or celebration

MY FRANCHISE CONNECTIONS

ARE YOU UNHAPPY WITH YOUR JOB?
WE CAN HELP YOU FIND THE PERFECT FITNESS/HEALTH FRANCHISE. WE REPRESENT OVER 1000 FRANCHISES IN THE UNITED STATES.

WE COVER MANY DIFFERENT FRANCHISE CATEGORIES LIKE AUTOMOTIVE, BUILDING & STORAGE, CAR WASH, CHILD RELATED, COFFEE SHOPS, FOOD & RESTAURANTS, GREEN & ECO FRIENDLY, HEALTH CARE & BEAUTY SALONS, VENDING MACHINES, SPORTS, TANNING SALONS, TRAVEL, PACKING & MAILING, SENIOR CARE AND MUCH MORE!

BOOK YOUR FREE CONSULTATION ONLINE AT MYFRANCHISECONNECTIONS.COM OR CALL/TEXT EVELYN AT 208.755.9120

TIDBITS GOES GREEN

Americans throw away about 10% of the food they buy at the supermarket. This results in dumping the equivalent of more than 21 million shopping bags full of food into landfills every year.

Dream of owning your own home? Tired of rising rent costs?



We have 21 energy-efficient homes under construction and several are still available!

Call Amy Billings at (208) 762-4663, Ext. 3 or email abilings@northidahohabitat.org

www.northidahohabitat.org

Could you qualify for a Habitat home?

- ① Live or work in Kootenai County for 1+ years
- ② Meet low to moderate income requirements (see chart)
- ③ Agree to work with a family mentor
- ④ Complete financial education & "sweat equity" volunteer hours (lots of options available!)

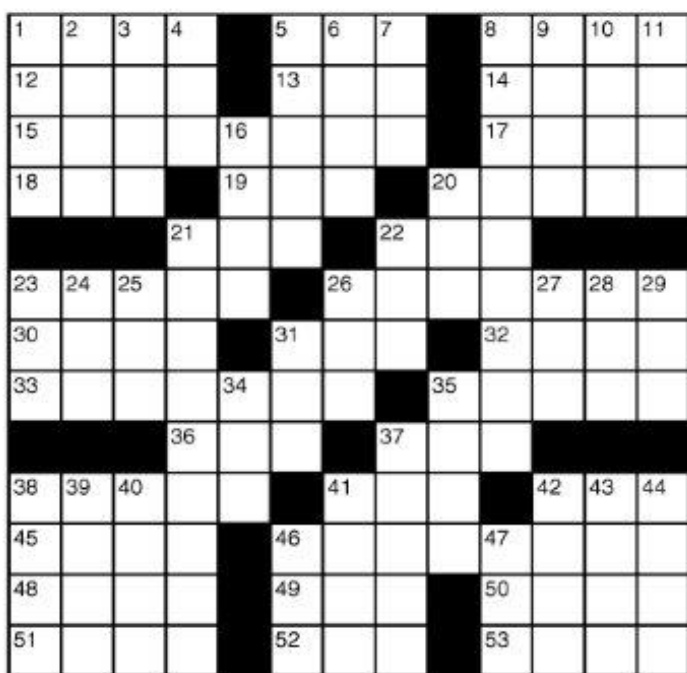
Family Size	Monthly Gross Income Range	Annual Gross Income Range
1	\$1,775 - \$3,460	\$21,300 - \$41,520
2	\$1,775 - \$3,953	\$21,300 - \$47,436
3	\$2,500 - \$4,446	\$30,000 - \$53,352
4	\$2,500 - \$4,940	\$30,000 - \$59,280
5	\$2,680 - \$5,340	\$32,160 - \$64,080
6	\$2,680 - \$5,733	\$32,160 - \$68,796
7	\$3,265 - \$6,126	\$39,180 - \$73,512
8	\$3,265 - \$6,527	\$39,180 - \$78,324



King Crossword

ACROSS

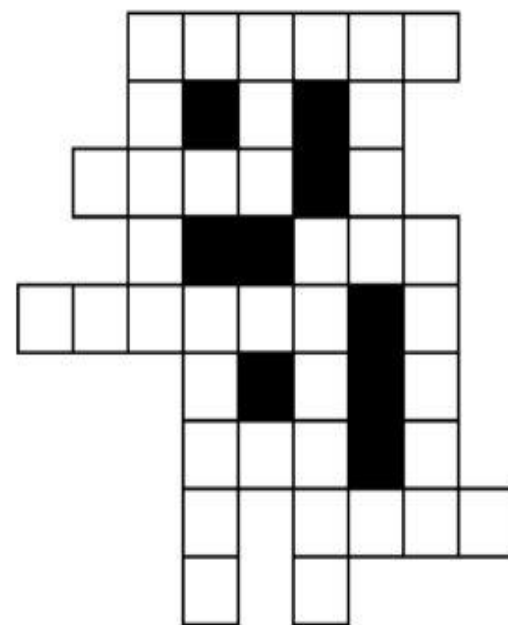
- 1 Flair
- 5 Enterprise letters
- 8 Stuffing herb
- 12 Taunt
- 13 Aussie hopper
- 14 Hockey legend Phil, to fans
- 15 Home of the Packers
- 17 Compared to
- 18 Congeal
- 19 Sturdy tree
- 20 Spassky's game
- 21 - -Manuel Miranda
- 22 Huge
- 23 Bottom
- 26 Fear-stricken
- 30 "E Pluribus -"
- 31 Blue hue
- 32 Lighten
- 33 Arty area
- 35 Hinder
- 36 Sailor
- 37 Soda container
- 38 Norwegian inlet
- 41 "It's c-c-cold!"
- 42 Right angle
- 45 Actress Russo
- 46 Chinese brew
- 48 Diminutive suffix



- 49 Mosquito barrier
- 50 Cupid's alias
- 51 Thames town
- 52 Multipurpose truck
- 53 Compass point
- DOWN**
- 1 Omelet needs
- 2 Old Italian money
- 3 Help a crook
- 4 Born abroad?
- 5 City-related
- 6 Drench
- 7 Sauce source
- 8 "The Italian
- 9 "Job" actor
- 10 Transcript stats
- 11 Eternities
- 16 Dark film genre
- 20 Spy org.
- 21 Color named for a fruit
- 22 Journalist Nellie
- 23 Gist
- 24 Year in Spain
- 25 "Gee, ya think?"
- 26 Alias abbr.
- 27 Yoga pad
- 28 Jargon suffix
- 29 Aachen article
- 31 Bro or sis
- 34 '60s chic
- 35 Challenge
- 37 El Greco's birthplace
- 38 Gratis
- 39 Joan of rock
- 40 Aware of
- 41 Author Harte
- 42 To be, in Toulon
- 43 Some July babies
- 44 Endure
- 46 Wildebeest
- 47 Up-to-date



- LEK
- DILMED
- ♥ENDKA
- EDML
- ♥ILKDEN
- AGJ
- NOTI
- LDEWL
- ♥OND
- RENJIK
- UGTAM
- ♥IRLA



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



LISTEN TODAY!
FIND VITALHEALTH4YOU
ON YOUR FAVORITE
PODCAST APP

OR GO TO
VITALHEALTHCDA.COM/PODCASTS/



HealthBits

By Dr. Holly Carling

SPRING WEEDING, FEEDING AND SEEDING: STRESS AND ANXIETY

This is such a wonderful time of year! As spring commences, our thoughts turn to the great outdoors. For some, that great outdoors is their own yard. Thoughts of beautiful flowers, blossoming trees, fresh fruit and vegetables of our favorite varieties and grown to perfection as well as time sitting outside in beautiful contemplation enjoying all of it.

With this thought in mind, let's look at the antithesis of inner peace and contentedness – stress and anxiety.

Stress and anxiety seem to occur in more people than not. We live in a time where slow, monotonous work in the fields for our simple survival is replaced with frenetic activities trying to make life work. Shopping for every known food or luxury occupies some of that time. Working long hours whether inside or outside of the home, going to the gym and every imaginable activity, constantly plugged in to social media, news, You Tube, and words in our ears from every direction creating fear and concern about the world we live in. It is no wonder we feel stressed and anxious.

We all pretty much recognize how stress and anxiety adversely affects our health and wellbeing (if not, refer to the many articles I've written on this topic), but I'd like to look at it

from a “weed, seed and feed” standpoint. For our emotional wellbeing, first we need to weed out the negativity and stressful factors. What things can you delegate to someone else to take something off your plate? What activity do you participate in that you don't like, that you can find a happier and healthier solution to? Do you have negative people in your life that it is time to weed out and discard in a healthy way to all?

When you weed something negative out of your life, you leave a hole. The brain and body do not like holes, so we need to seed something positive in its place. If you hate your job and weeded it out, what job can you replace it with to seed a more satisfying and abundant life from it? If you weeded out friends that bring you down or bring you stress, who would you like to build a healthier relationship with (and go and do that).

Then you need to feed it. Because our lives are so frenetic today, we have to plan time to feed relationships, to feed joy in our lives and to feed contentment. We also have to feed ourselves. Running around without proper fuel to sustain us

just adds to the stress and anxiety that we feel. Feeding ourselves good, healthy foods and good, healthy food supplements is a good start. Want to hear more from Dr. Carling? Check out our podcast. Search for VitalHealth4You on your favorite podcast listening app or go to vitalhealthcda.com/podcasts/



Dr. Holly Carling is a Doctor of Oriental Medicine, Licensed Acupuncturist, Doctor of Naturopathy, Clinical Nutritionist and Master Herbologist with over four decades of experience. Dr. Carling is a “Health Detective,” she looks beyond your symptom picture and investigates WHY you are experiencing your symptoms in the first place. Dr. Carling is currently accepting new patients and offers natural health care services and whole food nutritional supplements in her Coeur d'Alene clinic. Visit Dr. Carling's website at www.vitalhealthcda.com to learn more about Dr. Carling, view a list of upcoming health classes and read other informative articles. Dr. Carling can be reached at 208-765-1994 and would be happy to answer any questions regarding this topic.

Medical/Health Disclaimer: The information provided in this article should not be construed as personal medical advice or instruction. No action should be taken based solely on the contents of this article. Readers should consult appropriate health professionals on any matter relating to their health and well-being. The information and opinions provided here are believed to be accurate and sound, based on the best judgment available to the author, but readers who fail to consult appropriate health authorities

STICKELERS

by Terry Stickels

Which word doesn't belong with the others?

- SISTER
- COUSIN
- FATHER
- AUNT
- MOTHER
- UNCLE
- BROTHER

©2024 King Features Syndicate

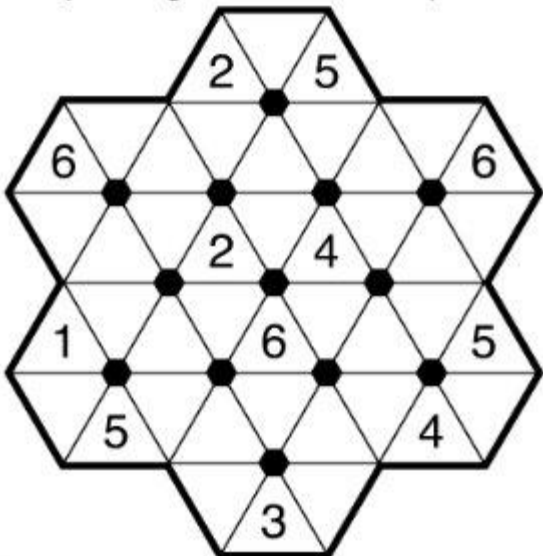
TIDBITS GOES LONG.....

The appliance manufacturer Whirlpool created National Laundry Day (April 15) in 1919 to celebrate the 109th anniversary of their washing machine patent.

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

- ◆ Easy
- ◆◆ Medium
- ◆◆◆ Difficult

© 2024 King Features Synd., Inc.

NORTH STAR

RETIREMENT AND ASSISTED LIVING COMMUNITY



Call to tour today!

208-765-5505

2340 W. Seltice Way Coeur d'Alene, ID 83814

VETERANS ★ POST ★

By Freddy Groves

VA by the Numbers

The Department of Veterans Affairs has been going all out to provide expanded access to care to veterans. They're calling it Access Sprints, and it means they're scheduling more appointments at night and on weekends, as well as scheduling more veterans into their daily schedule.

The effort seems to be showing progress. Just this year so far the VA has had 25,000 more new patients than they did during the same period last year. Appointments increased by 11%.

Per the stats, 12% fewer new patients had to wait over 20 to 28 days to get an appointment, and 14% fewer new patients are having to wait to see community providers because of wait time eligibility.

This is on top of the care they provided in 2023 in over 116 million appointments.

Other 2023 stats are equally impressive. The crisis line took over 1 millions calls, over 33,000 veterans received emergency care in suicide crises and 5.5 million dental procedures were completed for over 560,000 patients.

Nearly 5 million veterans were screened for toxin exposure, an important step in monitoring their health. (As of March 5, 2024, veterans exposed to toxins and meeting other requirements have become eligible for VA health care, even before enrolling for other VA benefits. This means those who were in the Vietnam War, Gulf War, Iraq, Afghanistan, the Global War on Terror or any other combat zone since Sept. 11. Any who weren't deployed but who trained and were exposed here in the U.S. are included in eligibility.)

Even the non-medical efforts saw success: Ten million veterans have individual pages in the online digital Veterans Legacy Memorial website, with over 5 million of those being created in the last year, and 5.6 million policyholders got life insurance coverage.

The VA was able to hire over 61,000 staffers to provide care to the increased number of veterans seeking health care, bringing the total to over 400,000.

Not a bad year for the VA ... and veterans.

(c) 2024 King Features Synd., Inc.

top ten

ATHLETES WITH THE MOST OLYMPIC MEDALS

1. Michael Phelps, U.S.
2. Larisa Latynina, U.S.S.R.
3. Marit Bjørgen, Norway
4. Nikolay Andrianov, U.S.S.R.
5. Ole Einar Bjørndalen, Norway
6. Boris Shakhlin, U.S.S.R.
7. Ireen Wüst, Netherlands
7. Edoardo Mangiarotti, Italy
9. Ono Takashi, Japan
10. Paavo Nurmi, Finland

Source: Britannica

© 2024 by King Features Syndicate, Inc. World rights reserved.

www.jdogjunkremoval.com



CALL TO BOOK A FREE ESTIMATE
844-GET-JDOG
208.457.3152

- ★ Residential
- ★ Commercial
- ★ Cleanouts
- ★ Appliances
- ★ Demolition
- ★ Recycling

VETERAN AND MILITARY FAMILY OWNED OPERATED

TIDBITS presents

Quiz Bits

1. What U.S. President declared the first income tax?
2. Herbie Hancock was instrumental in creating this musical day on April 30. What is it?



TAMARACK CONCRETE

Call us for a free estimate for any foundation needs you may have!

208.819.4273

5077 N Building Center Dr. Coeur D Alene, ID 83815-8324

Hurry & Get On the **"Build Calendar" NOW!** "Deluxe Trim Package" INCLUDED! On All Orders!

"Perfection & Quality" Standard On All Buildings!

 30' x 40' x 14' • 1 Large Roll-Up with 2 dropped, 12' x 40' Lean-to's	 30' x 40' x 14' 2' Overhangs-Wainscoat	 30' x 40' x 16' 2' Overhangs-Wainscoat
 26' x 30' x 10' w/10' x 30' Lean-To	 30' x 50' x 12' • with 12' x 50' Lean-to	 40' x 60' x 16' with a 14' x 60' Lean-to
 30' x 40' x 14' • 2 - Rollups with 30' x 12' Front Car Port	 40' x 50' x 16' Barn Style	 36' x 40' x 14' • One Large Roll Up with 2 - 12' x 40' Lean-tos
 Cabin • 14' x 30' x 8' with 4' Porch • 2-Sleep Lofts, Bath Room, Kitchen, Living Room		 40' x 40' x 16' • w/2 - 14' x 40' Lean-to's 1 - insulated 18' x 14' Metal Backed Roll Up Door

"Custom Built Beautiful Storage Solutions!"

(208) 666-5618 • 1-888-533-6080

View More Beautiful Models At SuperiorPoleBuildings.com RCE-36140

TIDBITS presents

TRIVIA NEWSFRONT

1. April 13 honors this board game that sold 4 million sets in 1954. What is it?
2. April 13 is National _____ Day, named for a biscuit-topped drupe dessert.
3. America's #1 most-consumed fruit has its own day on April 17. Name it.
4. The body's olfactory sense is honored on April 27. Name the observance.
5. The ancient Roman festival of Hilaria (Latin for "joyful") may well be the origin of what April observance?

DONE RIGHT MFD.-MOBILE HOME SERVICE AND REPAIR

**The LEADER in COMPACT HOUSING .. Modulares and Travel Trailers
Tiny Houses and RVs Too**

208-773-2322

*** *PLUMBING..ALWAYS STARTS AT \$ 25 / HOUR**

SALE!

- * SKIRTING
- * INSULATION
- ELECTRIC & GAS
- * ROOFING

* INDUSTRIAL RUBBER ROOF COATS

- * DECKS & CARPENTRY
- * DOORS, FLOORS, WINDOWS
- * AFFORDABLE INSPECTIONS

* RELEVELS, MOVING, & TIEDOWNS

- * HEATING & COOLING
- * PARTS & SUPPLIES
- * EXCAVATION & CONCRETE
- * REPAIRS, ADD-ONS, INSTALLS
- * CORRECT TECHNICAL ADVICE AND MUCH MORE !!

ASK ABOUT A FREE UNDER HOME INSPECTION

OUR ANNUAL SPRING SPECIAL

CHOOSE 3 JOBS FOR UP TO \$300 OFF

LIMITED TIME REPAIR OR REPLACE CALL NOW



ALL SINGLE STORY STRUCTURES UP TO 50% OFF EXTERIOR PAINTING. TWO OF THE BEST PAINTS FOR OUR WEATHER! LIMITED TIME OFFER, CALL NOW!

DISCOVER THE DIFFERENCELICENSED BONDED CERTIFIED OVER 40 YEARS EXPERIENCE.....COVERING ALL OF IDAHO



By Ryan A. Berenz

1. In August 2023, the London Capitals defeated the London Mets to claim the championship in what baseball league?
2. Tim Grgurich resigned as head coach of what college basketball team after just seven games and a 2-5 record in 1994?
3. How many times was drag racer Doug Kalitta the NHRA Top Fuel season runner-up before he finally won a championship in 2023?
4. What Minnesota Vikings player set the NFL record for longest kick return touchdown with a 109-yard score on the opening kickoff vs. the Green Bay Packers in 2013?
5. What two golfers made holes-in-one in consecutive groups in the final round of the 2004 Masters?
6. Who was the first American woman to win an Olympic gold medal in boxing?
7. What Iowa Hawkeyes women's basketball star surpassed LSU's Pete Maravich as the all-time career NCAA Division I scoring leader?

Answers

1. The British Baseball Federation's National Baseball League.
 2. The UNLV Runnin' Rebels.
 3. Six.
 4. Cordarelle Patterson.
 5. Padraig Harrington and Kirk Triplett.
 6. Claessa Shields (2012).
 7. Caitlin Clark.
- (c) 2024 King Features Syndicate, Inc.



GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

		+		÷		=	4	
-			-			+		
		-		+		=	8	
+			+			+		
		+		-		=	2	
=			=			=		
8			12			19		
1	2	3	4	5	6	7	8	9

©2024 King Features Syndicate, Inc.

TIDBITS

We support Local Business!

Advertise today!

Evelyn 208-755-9120



The Garden Bug

Wild violets

If you choose to propagate wild violet plants, divide an established "clump" in spring or fall by gently separating the rooted stems from each other within the group, then replant them separately. Also, their seeds can be collected and sown in the fall, if you desire spring blooms. Other than watering following planting, and occasional watering throughout the growing season, wild violets require very little care. Their foliage is occasionally affected by spider mites in dry weather.

Brenda Weaver
Source: gardeningknowhow.com

© 2024 by King Features Syndicate, Inc. World rights reserved.

CryptoQuote

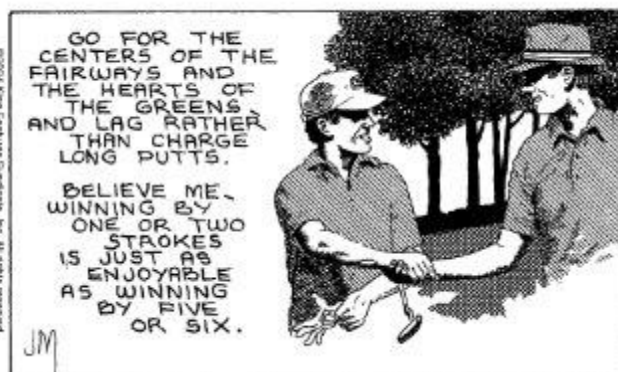
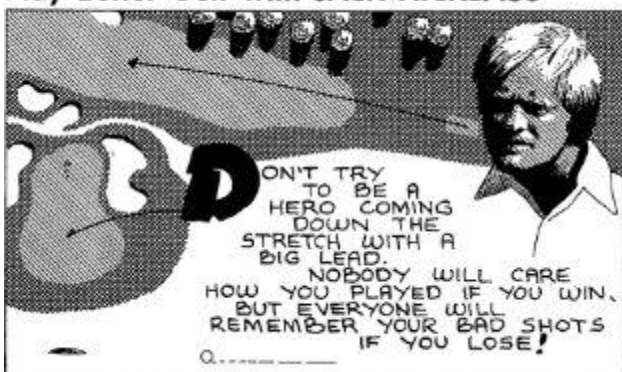
AXYDLBAAXR
is **LONGFELLOW**

One letter stands for another. In this sample, **A** is used for the three L's, **X** for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

SPCI DIBNXQ NX KSI ZVHL, KSI
QKEDDPHX SPCI KSVK NU WPE
REQK QSPO EC VXZ KHW KP ZP
KSI HNBSK KSNXB, KSI ZVOX
ONMM GPYI. — VXXI MVYPPK

©2024 King Features Synd., Inc.

Play Better Golf with JACK NICKLAUS



FREE

SONICARE FOR NEW PATIENTS

with a new patient exam, x-rays and recommended cleaning

Join Our Family

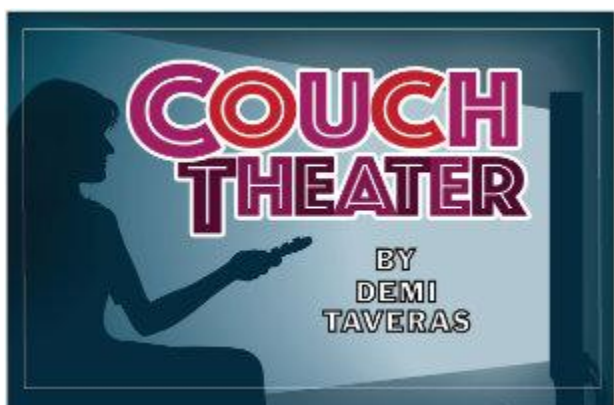


Erin Elliott, D.D.S. | Ken Lynn, D.D.S. | Kelly Harness, D.M.D.

313 N Spokane St, Post Falls, ID 83854

www.postfallsfamilydental.com

208.773.4579



By Demi Taveras



Photo Credit: Apple TV+

Photo Caption: Kirby Howell-Baptiste, left, and Colin Farrell star in "Sugar."

"The Zone of Interest" (PG-13) -- After taking home Best International Feature Film and Best Sound at this year's Oscars, Jonathan Glazer's historical drama is out now on streaming for viewers to watch at home. Taking place in 1943 during World War II, the film follows commandant Rudolf Hoss and his family, who live alongside the Auschwitz concentration camp in Poland. While the Hosses enjoy their tranquil life in their beautiful home, the sound of furnaces and gunshots can be heard just beyond their garden wall, and camp prisoners tend to their household chores. Christian Friedel ("Babylon Berlin") and Sandra Huller

("Anatomy of a Fall") lead this chilling film. (Max)

"Sugar" (TV-MA) -- In this new mystery-drama series, Irish actor Colin Farrell ("The Banshees of Inisherin") dons an American accent to become John Sugar, a private investigator in Los Angeles. Known for his razor-sharp instincts, great sense of style and blue Corvette, Sugar gets put on a case regarding the disappearance of Olivia Siegel, the granddaughter of a Hollywood producer. But when Sugar starts inching his way closer to the truth of Olivia's disappearance, more and more people try to throw him off the case. The first two episodes are out now, with subsequent episodes releasing every Friday. (Apple TV+)

"Fallout" (TV-MA) -- Based on the role-playing video game of the same name, this apocalyptic drama series takes place 219 years after nuclear technology destroyed what we know as Earth. The war led humans to take shelter in underground bunkers known as "Vaults" in order to survive. But a Vault dweller named Lucy finally decides to leave her bunker to find out what the world has come to in the past two centuries. Finding herself in a post-apocalyptic version of Los Angeles, Lucy encounters mutants, bandits and all kinds of destructive technology in the remnants of our old world. Ella Purnell ("Star Trek: Prodigy") and Walton Goggins ("Invincible") lead this action-packed, eight-episode series premiering April 11. (Amazon Prime Video)

"Vanderpump Villa" (TV-MA) -- Lisa Vanderpump couldn't get enough of the smashing success of her show "Vanderpump Rules," which took the internet by storm last summer when the show was rocked with a

cheating scandal called "Scandoval." The British restaurateur has decided to start a new unscripted show, which follows her carefully picked staff at the Chateau Rosabelle in France. The staff work in varied positions, like chefs, servers, housekeepers and mixologists, and get the ultimate experience by enjoying everything the French countryside has to offer. Don't think that just because they're in a luxury villa, there won't be any drama -- if anything, Vanderpump truly thrives off it! The first four episodes are out now. (Hulu)


(c) 2024 King Features Synd., Inc.

SIT BACK AND RELAX
with a TIDBITS today!

TIDBITS

NUGGET OF KNOWLEDGE

The most expensive mahjongg set ever made started out with solid blocks of Tanzanian rubies, which were framed with hand-hammered gold, and adorned with 1,000 Burmese rubies and 300 diamonds. The 144 handcrafted tiles took eight months to complete, and the set sold for \$1.3 million.





Cheryl Burchell
GOLDSMITHS

Your trusted local jewelry service provider

208-676-1645 1524 NW BLVD COEUR D'ALENE
cherylburchell.com

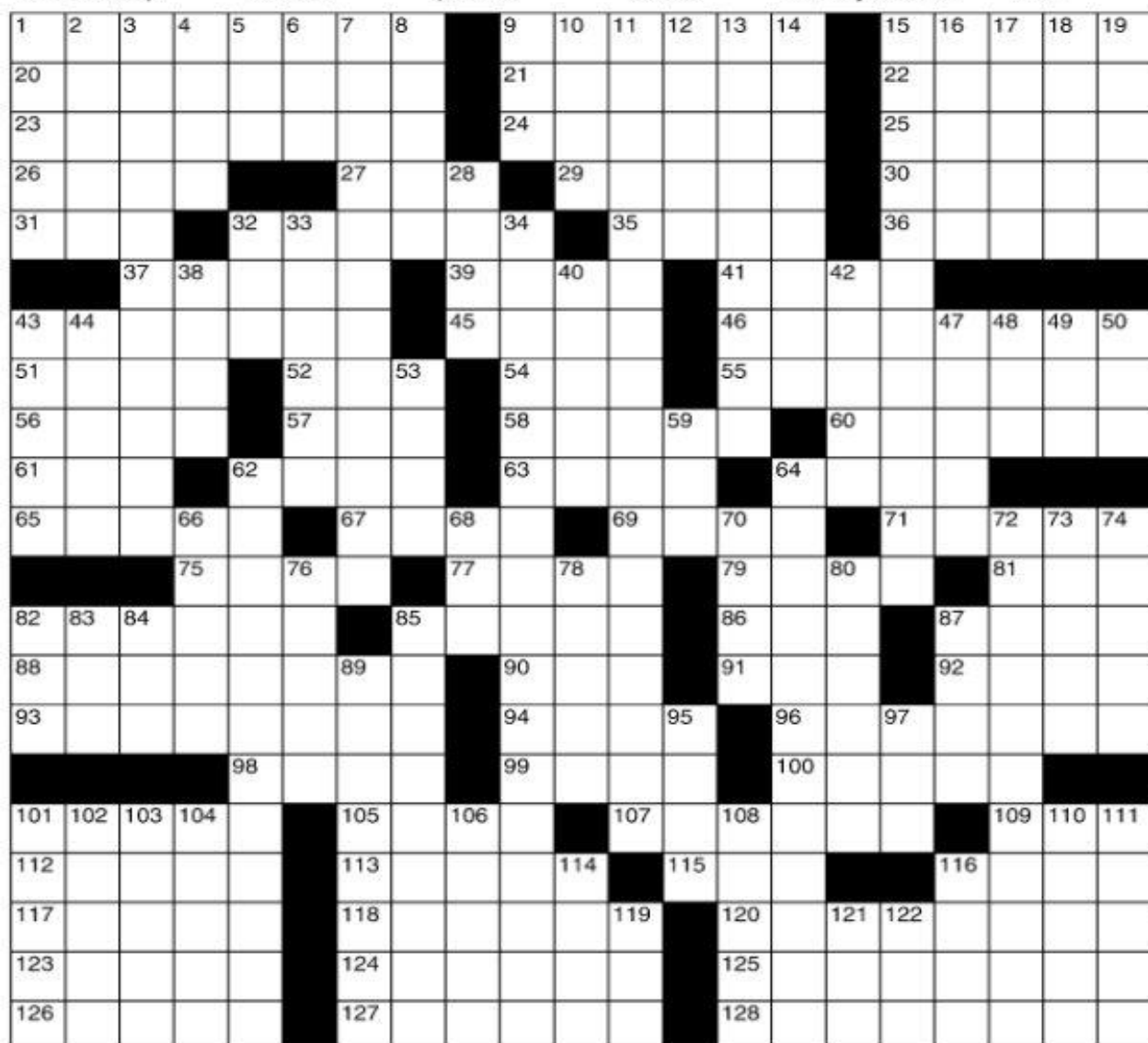
TIDBITS
Laughs!

Chet: Believe nothing and trust no one this April Fools' Day.
Dave: Sooo...it's just like any other day.

Super Crossword

CROSSWORD DIVERSION

- | | | | | | |
|--|--|--|--|--|--|
| <p>ACROSS</p> <p>1 Extreme self-deniers</p> <p>9 Common proof of age</p> <p>15 Plotting band</p> <p>20 Cousins of croci</p> <p>21 Worker whose job is fitting</p> <p>22 Nice smell</p> <p>23 Stylized bow that's a token of affection</p> <p>24 Godly</p> <p>25 Fragment</p> <p>26 Unwrap</p> <p>27 Put on fancy duds, with "up"</p> <p>29 Many Punjabi believers</p> <p>30 Take forcibly</p> <p>31 Marry</p> <p>32 Cultural</p> <p>35 Many August babies</p> <p>36 Ford bomb</p> <p>37 Writer Elinor or Philip</p> <p>39 Praise highly</p> <p>41 Toad feature</p> <p>43 Toppings for nachos</p> <p>45 "The King —"</p> <p>46 Shakes up</p> | <p>51 Entertainer Falana</p> <p>52 Nutrition std.</p> <p>54 "— Kapital"</p> <p>55 Tapering off</p> <p>56 Flying hooters</p> <p>57 They have depots: Abbr.</p> <p>58 Father of Beau Bridges</p> <p>60 Most bizarre</p> <p>61 Rugged truck, in brief</p> <p>62 Sandy islets</p> <p>63 Napoleon's isle of exile</p> <p>64 News anchor Huntley</p> <p>65 Hebrew holy scroll</p> <p>67 Plus others: Abbr.</p> <p>69 "Noah" actress Watson</p> <p>71 Chewed Andean stimulants</p> <p>75 Title for a fictional Southern rabbit</p> <p>77 Cowboys' city, informally</p> <p>79 Writer Dinesen</p> | <p>81 Suffix with Seattle</p> <p>82 Behind bars</p> <p>85 Bruno — (shoe brand)</p> <p>86 Moo — pork</p> <p>87 Be boastful</p> <p>88 Hurting from hiking, say</p> <p>90 Color tone</p> <p>91 Gridiron stats</p> <p>92 Pale brown</p> <p>93 Legume-family plant</p> <p>94 Incline</p> <p>96 "Not so!"</p> <p>98 PC memory units</p> <p>99 19th-century Shakespeare editor Alexander</p> <p>100 Chevy muscle car</p> <p>101 Farfalle, e.g.</p> <p>105 A8 carmaker</p> <p>107 Paige of "Evita"</p> <p>109 Gene-splicing need</p> <p>112 Trellis plants</p> <p>113 Current style</p> <p>115 Finale</p> <p>116 Colorado ski mecca</p> <p>117 Vetoed</p> <p>118 Early online protocol</p> | <p>120 Rip apart</p> <p>123 Justice Kagan</p> <p>124 Distinctive film director</p> <p>125 Ripped apart</p> <p>126 Impertinent</p> <p>127 Meager</p> <p>128 Jewel box holders ... or eight features of this puzzle?</p> <p style="text-align: center;">DOWN</p> <p>1 Radiant</p> <p>2 Incline</p> <p>3 Neanderthal, e.g.</p> <p>4 Eve's garden</p> <p>5 "— ToK" (Kesha hit)</p> <p>6 Electrojet bit</p> <p>7 Laundromat machine</p> <p>8 Make a chair of</p> <p>9 "— be an honor"</p> <p>10 Speaking stand</p> <p>11 Passive resistance to laws</p> <p>12 Quite similar</p> <p>13 "Apollo 13" director</p> | <p>14 Equestrian training</p> <p>15 Bit of outdated hi-fi equipment</p> <p>16 Traveled in a curved path</p> <p>17 Tennis' Becker</p> <p>18 Astonish</p> <p>19 Suit coat flap</p> <p>28 — monster (large lizard)</p> <p>32 Lofty trains</p> <p>33 — del Fuego</p> <p>34 Romantic evening meal</p> <p>38 In-favor votes</p> <p>40 Longtime politico Mo</p> <p>42 Rival of Xerox or Canon</p> <p>43 Political pull</p> <p>44 DIYer's book</p> <p>47 Build upon</p> <p>48 Deadlock</p> <p>49 Mil. officer</p> <p>50 Mil. officer</p> <p>53 Mgr.'s aide</p> <p>59 Tasty tuber</p> <p>62 December 25</p> <p>64 Periodic payment to a stockholder</p> <p>66 Taper off</p> <p>68 Judges' org.</p> <p>70 Very fine rain</p> | <p>72 Hora or hokeypokey</p> <p>73 Classic arcade name</p> <p>74 Smooth transition</p> <p>76 31-Across on the sly</p> <p>78 Viscous</p> <p>80 Novelist Jane</p> <p>82 Possibilities</p> <p>83 This moment</p> <p>84 Java</p> <p>85 Fulfill expectations</p> <p>87 Really tired</p> <p>89 Sailing races</p> <p>95 "Take it out" mark</p> <p>97 Beatified Fr. woman</p> <p>101 Really years</p> <p>102 Teresa of —</p> <p>103 "Boxcars" roll</p> <p>104 Cold temps</p> <p>106 River mouth</p> <p>108 Silly prank</p> <p>110 Constituent of gunpowder</p> <p>111 At — for words</p> <p>114 — ex machina</p> <p>116 Observe</p> <p>119 Ill, to Italians</p> <p>121 Inclined</p> <p>122 '16 Olympics host</p> |
|--|--|--|--|--|--|



Moments in time

THE HISTORY CHANNEL

- On April 22, 2000, 6-year-old Elián Gonzalez, who was the sole survivor of an abortive attempt by 13 other Cuban citizens to enter America as illegal immigrants, was taken by a S.W.A.T. team from his Miami relatives. Following a number of court battles, the child was returned to his father, Juan Miguel Gonzalez.
- On April 23, 1898, Spain declared war on the U.S. after rejecting its ultimatum to withdraw from Cuba. Following the declaration, the American Asiatic Squadron, under Commodore George Dewey, engaged the Spanish Pacific squadron under Admiral Patricio Montojo y Pasarón in the Philippines' Manila Bay, and decimated the Spanish squadron.
- On April 24, 1942, singer/actress/film producer Barbra Joan Streisand was born in Brooklyn, N.Y. Considered "the girl on the block with the good voice" in her youth, and determined to be a star, her breakthrough came with the lead role in the 1964 Broadway musical "Funny Girl." In 1968, the movie version of the role earned her an Academy Award for Best Actress. To date, Streisand has sold more than 140 million albums and won 10 Grammys.
- On April 25, 2006, Iran's Ayatollah Ali Khamenei said that his country was happy to share its nuclear technology with other nations, during a meeting with the visiting Sudanese president. U.S. Secretary of State Condoleezza Rice condemned the comments, and Iran's top nuclear negotiator threatened to suspend its cooperation with the U.N.'s nuclear watchdog if the country was threatened with sanctions.
- On April 26, 1928, Filipino immigrant Pedro Flores opened the Yo-yo Manufacturing Company in Santa Barbara, CA. By November 1929, he was operating two additional factories in Los Angeles and Hollywood, which together produced 300,000 yo-yos daily.
- On April 28, 1789, Fletcher Christian led a mutiny against William Bligh aboard the HMS Bounty and set him and 18 loyal crew members adrift in a 23-foot open boat, but the men survived a 47-day voyage to the Dutch East Indies and returned to England to report the mutiny. Christian and the rest of the crew eventually settled on Pitcairn Island and Tahiti.

(c) 2024 King Features Synd., Inc.

SENIOR NEWS LINE

By Matilda Charles

What Seniors Worry About

It's very helpful to have friends and acquaintances scattered across the country when I need to do another informal poll. This time my questions to them concerned what seniors worry about.

I got them started with a list of suggestions on a page, to be ranked in order, with a blank place under each one for comments, and space below for their own contributions.

And I wasn't surprised.

The number one concern was about money. Is there enough to last the rest of our life? Will grocery prices ever come down again? We're concerned about having to go back to work to keep from burning through our savings, running up medical bills, losing the house because of not being able to pay the mortgage and having the rent raised to an amount we can't pay.

Health was the second biggest concern, with loss of independence topping that list. We fear getting dementia, losing muscle strength, falling and breaking a limb, having to go into the hospital or rehab for an extended stay, catching Covid or a bad flu. This was a very long list with everyone adding comments.

Concerns about safety was surprisingly high in the rankings. We worry about crime on the streets, not being able to trust our financial advisers and that we might need to give up driving.

Other topics ranked lower, but they're concerns just the same. We worry about identity theft and not being able to recover from it if we lose money. Tied with that are concerns that we might not recognize scams. We worry about needing to ask others for help with things we used to be able to do.

But the one topic that garnered the most comments was loneliness. We fear losing all our friends when they die. We fear being the last one standing.

(c) 2024 King Features Synd., Inc.

MAGIC MAZE ● SEEN ALONG THE ROAD

M K I G H I T C H H I K E R S
 E D B Z S X F V S Q O M K E R
 I F G E C P A A Y W U S Q T E
 S (B I L L B O A R D S) C S T K
 P K N L S L E T O M L A R I R
 J H C F D E C O S A S T E L A
 Y X V E U L F S Q T P T P N M
 S K C U R T I M K J S L O H E
 C R O P S W F W E C B E O Z L
 Y X V A U T R S E G D I R B I
 Q P F O S E L C Y C R O T O M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: SCATTERED TRASH

- | | | | |
|------------|--------------|-------------|----------|
| Billboards | Farms | Motels | Trucks |
| Bridges | Fast food | Motorcycles | Wildlife |
| Cattle | Hitchhikers | Rest stops | Wrecks |
| Crops | Mile markers | Troopers | |

©2024 King Features Syndicate, Inc. All rights reserved.

SPEECH PURE GOLD, BARBARA'S STORY

(Written by Barbara Powell, a resident at The Lodge Assisted Living)

When I learned to talk as a small child, it was discovered that I was tongue tied. Hardly anyone could understand me. In addition to being tongue tied I was extremely shy. I had these two disabilities when I started school. One day I overheard my Mother and father talking. My father said that he thought that they should take me to the doctor and have my tongue 'clipped'. This would enable me to speak more clearly. The thought of having my tongue cut scared me so badly that I determined to teach myself to speak correctly.

There was a sitcom on the radio. It was about a teen age boy by the name of Henry Aldridge. This radio program always began with the mother calling, "Henry. Henry Aldridge!" Henry responded by answering, "Coming. Mother!" Our family always listened to this program. It was a part of our life. These phrases were spoken loudly and clearly. The name "Henry Aldridge" would be a perfect name to begin my determined effort to speak correctly. I began my journey by learning to slay "Henry Aldridge" loud and clear. My parents saw that I was beginning to speak correctly. The 'clipping of the tongue' was never mentioned to me.

Throughout the years, I wrote words down and marked the accent and vowel sounds. I cannot remember ever sharing my self-taught accomplishment with anyone. I was a very shy person. At the age of 35, a friend told me that there was to be an all-day healing service the following Saturday at Bishop Lynch High School. I went to this healing service and stayed all day. I took part in everything. I did not talk to anyone or say anything all day long. It was a nice day. Not long after this healing service I began to notice that I was not so shy. I started to express my thoughts and opinions. I determined that I "step out" and speak even if I was wrong or thought that I might sound stupid.

I joined the Toastmasters, not to make public speeches, but to learn to talk to people on a one to one basis and to be able to express myself to other individuals in an intelligent way.

Toastmasters are generally self-confident,

educated people on their way up in their companies. I did not fit into any of these categories. I had a story to tell, but no one knew that. I had a very serious reason for being there, but no one knew that either. A lot of the members did not want me in the group but I hung in there because I was learning. If I was a person who gave up easily, I would still be tongue tied.

A really pretty, educated, woman who was an excellent speaker, told me that I was the worst speaker that she had ever heard. She said, 'If you say, 'uh...uh...uh...' one more time, I think that I will scream. I went a couple more times to the meetings and then I quit.

When I tell my story, people always say that it was terrible for Jill to say that to me. My answer is that 'I know that Jill was not trying to do me any favors but she did help me tremendously. I don't believe that I ever said 'uh...uh...uh...' again.

Another member of our chapter, a wonderful girl by the name of Janet came to my house 2 or 3 times and asked me to come back. However, I felt that my time was up. It was time for me to move on. I had learned a great deal. I had gotten what I needed.

All through my life, I keep running into 'Janet's'. They are truly kind people. I didn't qualify to be with this gifted group of people. I needed them for a period of time.

Armed with what I had learned at Toastmasters, I enrolled in a class for Public Speaking at the community college.

Miss Clara our teacher nor anyone else in my class knew that I had been in Toastmasters.

The class was predictable and fun. I got a lot of good feedback and good grades Miss Clara. At the end of the year, I got that 'A' on my report card. Miss Clara liked me and my speaking. I have used what I learned at Toastmasters and the community college many times during the last 30 years. Most people think that I am just talking normally and that I may be a little aggressive.

But then, they don't know my story and they don't know where I came from They probably have never even heard of Henry Aldridge.....



Linda Davis
Director of building relationships.
208.457.3403
www.LodgeLiving.net

TIDBITS GOES LONG.....

In 2003, the British Broadcasting Corporation used 600 sonar beams and satellites to scour the waters of Lake Ness in Scotland for evidence of the Loch Ness Monster—but found nothing.

WWW.TIDBITSCDA.COM

WHAT?

ADVERTISING AS LOW AS \$20 A WEEK!!!

CALL TODAY
CALL 208.755.9120
OR E-MAIL EVELYN2318@GMAIL.COM

COEUR D'ALENE SHEET METAL HEATING

Pre-Season A/C Specials
Mention this ad for discounted rates!

HOW WE SERVE YOU

- Furnace & AC Installation
- Furnace & AC Repair
- Furnace & AC Maintenance
- Water Heater Installation
- Commercial Service & Installation
- Free Estimates

LENNOX PREMIER DEALER

You can count on us to take care of you!
3451 W Industrial Loop, Coeur d'Alene, ID 83815, 208.664.4114,
CdaSpokaneHvac.com

cdavisionsource.com

Coeur d'Alene
VISION SOURCE



Your vision is our passion.

As a patient, you can expect friendly and attentive care from our experienced team of eye care professionals. We leverage advanced diagnostic technology to provide modern eye care services, including comprehensive eye exams, vision correction, and more. Schedule an appointment with an experienced eye care provider at our Coeur d'Alene optometrist office and give your vision the level of care and attention it deserves.




1. Name the non-Beatle musician credited on "Get Back."
2. Which group released "Long Lonely Nights"?
3. Name the Vikki Carr worldwide hit that was a translation from the original French version.
4. Which group was the first to release "Walk Away Renee"?
5. Name the song that contains this lyric: "I stood on this corner, waiting for you to come along, So my heart could feel satisfied."

Answers

1. Billy Preston, in 1969. The citation reads "The Beatles with Billy Preston." Preston also appeared in the "Sgt. Pepper's Lonely Hearts Club Band" film in 1978.
2. Lee Andrews and the Hearts, in 1957. It was later covered by Clyde McPhatter, also in 1957.
3. "It Must Be Him," in 1967. The original was "Seul sur Son Étoile," which translates to "Alone on His Star." A dozen artists around the globe covered the song, with translations into several languages, including German and Lebanese.
4. The Left Banke, in 1966. The Four Tops followed with a cover in 1967.
5. "What's Your Name," by Don and Juan, in 1961. The song was used in the documentary "It Came from Hollywood" in 1982 and in the film "Siam" in 1998.

(c) 2024 King Features Syndicate




Coeur d'Alene
VISION SOURCE

Don't let him be the one that got away.

208-765-2020

3879 North Schreiber Way Coeur d'Alene Idaho 83815

TIDBITS
Laughs!



I just got nine out of 10 on my driver's test. The last guy was able to get out of the way.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Z equals R

FN E LZEKH DN OMFKEPEZU
FB JKDPK RD LU ZUBFBREKR
RD LZUEJFKC, FR MEB E CDDH
OZEOJ ZUODZH.

©2024 King Features Synd., Inc.

Laugh a bit with **TIDBITS**

Sue: Spring is here, but I can't plant flowers yet.
Mary: Why not?
Sue: I haven't botany.

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Nervous, jumpy	___ N ___	Short and sweet	___ R ___
2. Gumdrop, e.g.	___ A ___	Model Crawford	___ I ___
3. Ship's kitchen	G ___	Glen, Dale	V ___
4. Large striped feline	___ G ___	Rome's river	___ B ___
5. "___ of the Apes"	___ T	Aircraft	___ S
6. Negotiate	___ R ___	Witty conversation	___ N ___
7. Handbag	___ S ___	Expunge	___ G ___
8. He weighs anchor	S ___	Clothes maker	T ___
9. Actress Duke	___ T ___	Merrymaking	___ R ___
10. Shamrock	___ V ___	Last pitcher	___ S ___

©2024 King Features Synd., Inc.



ADULT WAREHOUSE

YOUR PLEASURE IS OUR BUSINESS

509-534-5494 | 3355 E TRENT AVE SPOKANE

TIDBITS PUZZLE ANSWERS

TRIVIA NEWSFRONT ANSWERS

1. Scrabble
2. Peach Cobbler
3. National Banana Day
4. National Sense of Smell Day
5. April Fools' Day

QUIZ BITS ANSWERS

1. Abraham Lincoln
2. International Jazz Day

WORD POWER ANSWER
COMMEMORATION

SNOWFLAKES
solution

Weekly SUDOKU
Answer

4	5	6	1	8	3	2	9	7
7	9	3	4	2	6	5	1	8
8	1	2	7	5	9	3	6	4
6	2	9	5	4	1	7	8	3
1	3	8	6	7	2	4	5	9
5	4	7	3	9	8	6	2	1
3	8	5	2	1	7	9	4	6
9	7	4	8	6	5	1	3	2
2	6	1	9	3	4	8	7	5

SEEN ALONG THE ROAD

HITCHHIKERS

Go Figure!
answers

4	+	8	÷	3	=	4
-		-		+		
2	-	1	+	7	=	8
+		+		+		
6	+	5	-	9	=	2
=		=		=		
8		12		19		

Sticklers Answer
The word COUSIN does not belong because it doesn't specify gender.

CryptoQuote
answer
Hope begins in the dark, the stubborn hope that if you just show up and try to do the right thing, the dawn will come. — Anne Lamott

CryptoQuip
answer
If a brand of chinaware is known to be resistant to breaking, it has a good crack record.

- Even Exchange**
answers
1. Tough, Touch
 2. Outh, Oust
 3. Abar, Astor
 4. Defend, Depend
 5. Stump, Stunt
 6. Prize, Price
 7. Corner, Cornet
 8. Plato, Solo
 9. Notice, Novice
 10. Chart, Chant

FEAR & KNIGHT
answer

Super Crossword

Answers

A	S	C	E	T	I	C	S	I	D	C	A	R	D	C	A	B	A	L
G	L	A	D	I	O	L	I	T	A	I	L	O	R	A	R	O	M	A
L	O	V	E	K	N	O	T	D	I	V	I	N	E	S	C	R	A	P
O	P	E	N	T	O	G	S	I	K	H	S	S	E	I	Z	E		
W	E	D	E	T	H	N	I	C	L	E	O	S	E	D	S	E	L	
	W	Y	L	I	E	L	A	U	D	W	A	R	T					
C	H	E	E	S	E	S	A	N	D	I	A	G	I	T	A	T	E	S
L	O	L	A	R	D	A	D	A	S	R	E	C	E	D	I	N	G	
O	W	L	S	R	R	S	L	L	O	Y	D	O	D	D	E	S	T	
U	T	E	C	A	Y	S	E	L	B	A	C	H	E	T				
T	O	R	A	H	E	T	A	L	E	M	M	A	C	O	C	A	S	
	B	R	E	R	B	I	G	D	I	S	A	K	I	T	E			
I	N	J	A	I	L	M	A	G	L	I	S	H	U	B	R	A	G	
F	O	O	T	S	O	R	E	H	U	E	T	D	S	E	C	R	U	
S	W	E	E	T	P	E	A	T	E	N	D	I	T	S	A	L	I	E
P	A	S	T	A	A	U	D	I	E	L	A	I	N	E	D	N	A	
I	V	I	E	S	T	R	E	N	D	E	N	D	V	A	I	L		
N	I	X	E	D	T	E	L	N	E	T	T	E	A	R	I	N	T	O
E	L	E	N	A	A	U	T	E	U	R	I	N	P	I	E	C	E	S
S	A	S	S	Y	S	P	A	R	S	E	C	D	T	O	W	E	R	S

King Crossword

Answers

Solution time: 23 mins.

E	L	A	N	U	S	S	S	A	G	E	
G	I	B	E	R	O	O	E	S	P	O	
G	R	E	E	N	B	A	Y	T	H	A	N
S	E	T	O	A	K	C	H	E	S	S	
	L	I	N	B	I	G					
N	A	D	I	R	A	L	A	R	M	E	D
U	N	U	M	S	K	Y	E	A	S	E	
B	O	H	E	M	I	A	D	E	T	E	R
	G	O	B	C	A	N					
F	J	O	R	D	B	R	R	E	L	L	
R	E	N	E	G	R	E	E	N	T	E	A
E	T	T	E	N	E	T	E	R	O	S	
E	T	O	N	U	T	E	W	E	S	T	

Your go-to destination for fun facts, puzzles, and all-around entertainment!

Ads Start at \$20 a week! TIDBITS is a low cost way to advertise your Business, Service or Events. Call us Today!

TIDBITS

TO ADVERTISE CONTACT EVELYN AT 208-755-9120 tidbitscda.com

TO YOUR GOOD HEALTH
By Dr. Keith Roach

Constant Aleve and Ibuprofen Consumption Can Cause Damage

DEAR DR. ROACH: My husband, age 70, had been diagnosed with osteoarthritis in his neck, for which he would take Aleve to relieve his discomfort when needed. Just before Christmas last year, his back began hurting so much that he went to his doctor, who said to get up and move more. (We have always exercised and remained active in life, but he did slow down due to his pain.)

My husband then added ibuprofen to the Aleve he was already using. His doctor said that the pain is due to osteoarthritis in his mid-back area. Apparently, there is nothing to do for it but take Extra Strength Tylenol at the recommended dose. Ibuprofen or Aleve isn't recommended because it causes liver and kidney damage. So, we bought Tylenol, and he used this medication instead of his usual. But his pain only got worse. So, this morning, he switched back to Aleve and ibuprofen. It is what helped before and is helping again now. In addition, he is using a drug-free Aleve Direct Therapy pad that uses waveform technology. He also uses Icy Hot pain relief cream and a heating pad. These reduce his pain, but his back continues to hurt since before the holidays.

Our question is, should he use Aleve and ibuprofen instead of the Tylenol that doesn't seem to help? He has actually used Aleve for a very long time. He just had his blood tested, and the doctor said his liver and kidneys are good. Is there anything more we can do to relieve his osteoarthritic pain? It is hard to see my husband in so much discomfort when he was previously

a very active, pain-free man. -- S.F.A.
ANSWER: Osteoarthritis in the neck is a common and painful condition, and there are not always good treatment options. In terms of medicine, anti-inflammatory medicines, like Aleve or ibuprofen (Advil and many other brands), can be very helpful for some people.

However, taking both doesn't improve pain relief. It does increase the risk of toxicity, so he should never take two anti-inflammatory medicines -- choose just one. Tylenol helps some people, but in my experience, most people do better with anti-inflammatories instead of Tylenol. Tylenol does have a smaller risk of side effects.

In addition to liver and kidney problems, Aleve and similar medicines can cause stomach problems, ranging from mild upset to life-threatening ulcers; though, this is uncommon with over-the-counter doses. I often recommend a trial of Tylenol to see if it is as good as the anti-inflammatories. Since it's not for your husband, he should tell his doctor this, and it seems reasonable for him to go back to taking Aleve alone. However, I can't tell you to disregard his physician's advice. Some people benefit from Tylenol on top of Aleve.

Beyond pain medicines, the Aleve Direct Therapy pad uses electricity to relieve pain without medicine. It's fine to combine this therapy with medicines. Creams -- whether they are anti-inflammatory, menthol and camphor, or topical anesthetics -- provide some relief, but they tend to be better on the hands, wrists and knees than the neck. Though, they still may be worth trying in combination with medicines.

In more severe cases, injections can be used before considering surgery.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

(c) 2024 North America Synd., Inc.
All Rights Reserved

Out on a Limb by Gary Kopervas

MY NEMESIS MAY HAVE WON THIS TIME... BUT I SHALL EXACT MY REVENGE!

YOUR CALENDAR NEXT WEEK IS BOOKED SOLID. WOULD IT BE OKAY IF YOU JUST BALLPARKED YOUR REVENGE?



**RATED
VETTED
REPUBLICAN**

**VOTE MAY 21
OFFICIAL KCRCC
RECOMMENDED**

COUNTY COMMISSIONER

- Marc Eberlein - Seat 1
- Leslie Duncan - Seat 3

COUNTY SHERIFF

- Robert "Bob" Norris

COUNTY PROSECUTOR

- Stanley Mortensen

LEGISLATIVE DISTRICT 2

- Rep. Heather Scott - Seat A
- Rep. Dale Hawkins - Seat B
- Sen. Phil Hart

LEGISLATIVE DISTRICT 3

- Rep. Vito Barbieri - Seat A
- Rep. Jordan Redman - Seat B
- Sen. Doug Okuniewicz

LEGISLATIVE DISTRICT 4

- Rep. Joe Alfieri - Seat A
- Rep. Elaine Price - Seat B
- Sen. Ben Toews

LEGISLATIVE DISTRICT 5

- Rep. Ron Mendive - Seat A
- Rep. Tony Wisniewski - Seat B
- Sen. Carl Bjerke

Find out more about our candidates online! Scan below:



**MAKE IDAHO
GREAT AGAIN**



Be an INFORMED VOTER

See our signature Rating and Vetting Program at **KCRCC.COM**

Read Candidate Questionnaires
Links for Voter Registration



DON'T BE FOOLED
The KCRCC is your ***ONLY*** local
OFFICIAL Republican Party

Paid for by Kootenai County Republican Central Committee, Treasurer Elaine Price

fidelis optimatum principiis