

FEBRUARY 05 - 18, 2026

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND
CORRECT ANY TYPOGRAPHICAL OR PICTORIAL ERRORS.

Fresh Deals!

Eat well. Live well. Shop Happy.



A family
favourite for
any meal!

Springer Mountain
Chicken Drumsticks
(Family Pack)
SAVE 50¢ lb

\$2⁹⁹ lb

FRESH PRODUCE

Eat well. Live well.



Red Baby Beets
with Tops
each • SAVE \$1.50
\$5⁴⁹



Green Asparagus
SAVE \$2.00 lb
\$7⁹⁹ lb



Roma Plum Tomatoes
SAVE 80¢ lb
\$1⁹⁹ lb

Red Seedless
Grapes
SAVE \$1.50 lb

\$3⁹⁹ lb



Kirk Market Fresh
Guacamole
SAVE \$1.50 lb
\$7⁴⁹ lb



American Sweet Potatoes
SAVE 30¢ lb
\$1⁴⁹ lb



Mango
each • SAVE \$1.00
\$3⁹⁹



Cherries
SAVE \$2.00 lb
\$5⁹⁹ lb

Kirk Market:
Monday - Saturday 6:30am - 9:30pm
CLOSED on Sundays

949-7022

Kirk Pharmacy:
Monday - Saturday 8:00am - 9:00pm
CLOSED on Sundays

949-7180

Get **FRESH DEALS** ONLINE
SIGN-UP TODAY →





SCORE BIG

at your next party!

We make hosting easy with our crowd-pleasing platters.



SCAN ME
TO ORDER

OR ORDER ONLINE AT
www.kirkmarket.ly



MEAT & SEAFOOD



Kirk Market
Ready-to-Cook
Burgers
SAVE \$2.00 lb
\$7⁹⁹ lb



Certified Angus Beef
USDA Choice
Top Round Thin Steak
SAVE \$2.00 lb
\$9⁹⁹ lb



Hormel
Ground Pork
Previously Frozen • SAVE 70¢ lb
\$2⁷⁹ lb



Certified Angus Beef
USDA Choice Beef Stir Fry
SAVE \$1.50 lb
\$7⁴⁹ lb



earn
2X
POINTS

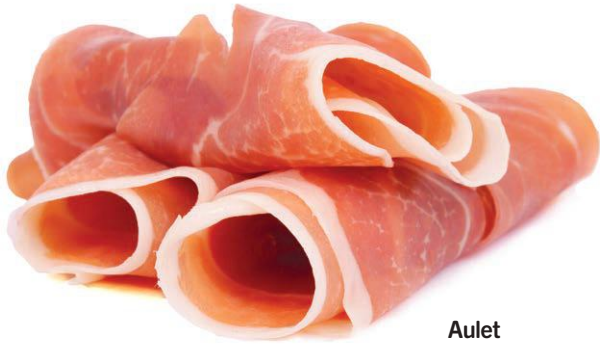
Fresh Ground
Turkey Breast
SAVE \$2.00 lb
\$6⁹⁹ lb



earn
5X
POINTS

North Country Smokehouse
Sausages
12 oz (Selected Varieties)
\$8⁷⁹

CHEESE & CHARCUTERIE



Aulet
Spanish Cooked Ham
SAVE \$2.00 lb
\$11⁴⁹ lb



La Leyenda
Pimiento Salami
SAVE \$1.50 lb
\$7⁴⁹ lb



Carsodo
Fuet Con Pimienta
170 g • SAVE 50¢
\$3⁹⁹



Colavita
Pate
135 g (Selected Varieties) • SAVE \$1.30
\$4⁹⁹



Castellino
Mixed Italian Pitted Olives
SAVE \$2.50 lb
\$11⁹⁹ lb



La Leyenda
Champagne Rose Cured
Sheep Cheese
SAVE \$3.50 lb
\$15⁹⁹ lb



Ermitage
French Emmental Cheese
SAVE \$2.30 lb
\$8⁹⁹ lb



Coinga
Mahon Cheese
SAVE \$1.50 lb
\$9⁴⁹ lb

KIRK BAKERY

Baked from SCRATCH everyday at Kirk Market!



earn
2X
POINTS

Kirk Bakery
Homemade Pizza Dough
2 ct • SAVE \$1.00
\$3⁷⁹



earn
2X
POINTS

Kirk Bakery
Sliced Tiramisu
1 ct • SAVE \$1.00
\$4⁴⁹



earn
2X
POINTS

Kirk Bakery
Whole Wheat Spelt & Rye
Sourdough Bread (Half Loaf)
1 ct • SAVE 70¢
\$2⁷⁹



earn
2X
POINTS

Kirk Bakery
Wheat Hamburger Bun
8 ct • SAVE \$1.00
\$4²⁹



earn
2X
POINTS

Kirk Bakery
Blueberry Filled Cake
1 ct • SAVE \$1.00
\$3⁷⁹



earn
2X
POINTS

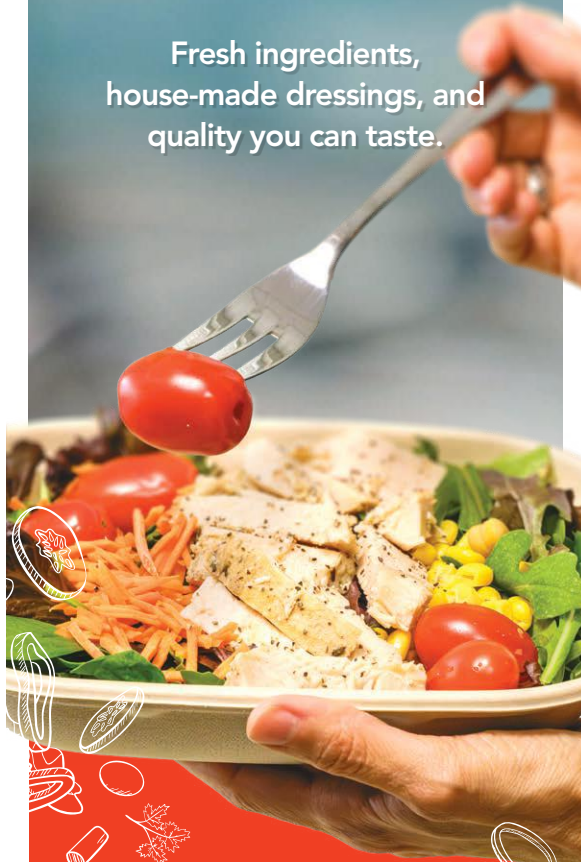
Kirk Bakery
French Butter Cookies
8 ct • SAVE \$1.00
\$3⁹⁹



FRESH SALADS. QUALITY INGREDIENTS.

Stop by our
Salad Bar and build
your perfect meal!

Fresh ingredients,
house-made dressings, and
quality you can taste.



DISCOVER A WORLD
OF FRESHNESS
AT OUR SALAD BAR.

GROCERY



earn
5X
POINTS



Colavita
Gluten Free Pasta
340 g (Selected Varieties) • **SAVE 80¢**

\$2⁹⁹

earn
5X
POINTS



Colavita
Whole Wheat Pasta
500 g (Selected Varieties) • **SAVE 50¢**

\$2⁷⁹

earn
5X
POINTS



Colavita
Oils
250 ml (Selected Varieties) • **SAVE \$3.00**

\$6⁹⁹

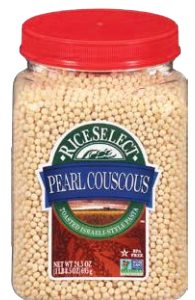
earn
5X
POINTS



Selina Naturally
Fine Ground Celtic Sea Salt
8 oz (Selected Varieties) • **SAVE \$1.00**

\$5⁹⁹

earn
5X
POINTS



Rice Select
Original Plain Pearl Couscous
25.5 oz • **SAVE \$1.00**

\$6⁷⁹



Post
Breakfast Cereals
10 oz (Selected Varieties) • **SAVE \$2.00**

\$3⁹⁹



Twinings
Tea Bags
20 ct (Selected Varieties) • **SAVE 70¢**

\$4²⁹



Bai
Juices
18 oz (Selected Varieties) • **SAVE 50¢**

\$2⁴⁹



earn
2X
POINTS

Kirk Bakery
Fresh Macaroni Pasta
350 g • **SAVE \$1.00**

\$3⁹⁹

GROCERY



**Pierre Chavin
Non Alcoholic
Sparkling Wines**
200 ml (Selected Varieties) • **SAVE \$1.50**
\$9⁹⁹



**Valdelice
White & Gold Gourmet
Praline Chocolate**
270g • **SAVE \$2.00**
\$7⁹⁹



**Valdelice
Chocolates**
8 ct (Selected Varieties) • **SAVE \$1.00**
\$4⁹⁹



**Leone
Violets Pastilles**
100 g (Selected Varieties) • **SAVE 50¢**
\$2⁹⁹



**Yum Earth
Organic Sweeties**
5 oz (Selected Varieties) • **SAVE \$1.00**
\$6²⁹



**G.H. Cretors
Popcorn**
7.5 oz (Selected Varieties) • **SAVE 60¢**
\$5³⁹



**Sunchips
Chips**
6.5 oz (Selected Varieties) • **SAVE \$1.60**
\$3⁶⁹



**Frito Lays
Tostitos Salsas**
15.5 oz (Selected Varieties) • **SAVE \$2.00**
\$4⁴⁹



**Frito Lays
Tostitos Chips**
10 oz (Selected Varieties) • **SAVE \$2.10**
\$4⁸⁹

BABY



**HiPP
Organic
Baby Formulas**
Stages 1, 2 & 3 • **SAVE \$4.00**
\$24⁹⁹



**Ella's Kitchen
Organic Baby Food Pouches**
190 g (Selected Varieties) • **SAVE 50¢**
\$3⁴⁹



**Ella's Kitchen
Organic Melty Puffs**
20 g (Selected Varieties) • **SAVE 80¢**
\$1⁶⁹



**Sainsbury's
Little Ones Fragranced
Baby Wipes**
60 ct (Selected Varieties) • **SAVE 50¢**
\$1⁹⁹



**Co Op
Fragrance Free
Nappy Bags**
75 ct (Selected Varieties) • **SAVE 70¢**
\$2²⁹

BODY & WELLNESS



**Native
Shampoos & Conditioners**
16.5 oz (Selected Varieties) • **SAVE \$1.50**
\$13⁴⁹



**Native
Body Washes**
18 oz (Selected Varieties) • **SAVE \$1.50**
\$13⁴⁹



**Native
Aluminum Free
Body Sprays**
3.5 oz (Selected Varieties) • **SAVE \$2.00**
\$16⁹⁹



**Native
Aluminum Free
Deodorant Sticks**
2.65 oz (Selected Varieties) • **SAVE \$2.00**
\$15⁹⁹



**Banana Boat
Sunscreen Lotions**
6 oz (Selected Varieties) • **SAVE \$2.00**
\$10⁹⁹



**Eggland's Best
Cage Free Large Brown Eggs**
12 ct • **SAVE \$1.00**
\$4⁷⁹



**Egglife
Egg White Wraps**
6 oz (Selected Varieties) • **SAVE \$1.70**
\$7²⁹



**Bays
English Muffins**
6 ct (Selected Varieties) • **SAVE \$1.30**
\$4⁴⁹



**Dove
Men Care
Deodorant Sprays**
3.8 oz (Selected Varieties) • **SAVE \$3.00**
\$9⁹⁹



**Kaged Muscle
Pre Workout Powders**
9.59 oz (Selected Varieties) • **SAVE \$3.00**
\$21⁹⁹



**Fage
Total Milk Fat
Greek Yogurts**
7 oz (Selected Varieties) • **SAVE 80¢**
\$1⁹⁹



**Chobani
Non Fat Greek Yogurt Blends**
6 oz (Selected Varieties) • **SAVE 80¢**
\$1⁹⁹



**Wildbrine
Organic Kraut**
18 oz (Selected Varieties) • **SAVE \$1.50**
\$10⁴⁹

DAIRY



**Mooala
Organic Almond Milks**
48 oz (Selected Varieties) • **SAVE \$1.00**
\$6⁷⁹



**Nestlé
Coffee Creamers**
32 oz (Selected Varieties) • **SAVE \$2.00**
\$5⁹⁹



**Organic Valley
Organic Milks**
1 gal (Selected Varieties) • **SAVE \$1.80**
\$11⁹⁹

FROZEN



Birds Eye Steam Fresh Broccoli Florets
10.8 oz (Selected Varieties) • **SAVE \$1.50**
\$3⁴⁹



Birds Eye Steam Fresh Super Sweet Corn
19 oz (Selected Varieties) • **SAVE \$1.00**
\$2⁹⁹



Daiya Roasted Vegetable Pizza
17.4 oz (Selected Varieties) • **SAVE \$2.00**
\$10⁹⁹



My Protein Chicken Tikka With Rice
350g • **SAVE \$1.80**
\$8⁹⁹



Iceland Spicy Pepperoni Pizza
349 g (Selected Varieties) • **SAVE \$1.30**
\$5⁹⁹



Red's Burritos
4.5 oz (Selected Varieties) • **SAVE 70¢**
\$3²⁹



Iceland Majestics Ice Cream Bars
4 ct • **SAVE 80¢**
\$3⁹⁹



Greggs Pain Au Chocolat
4 ct • **SAVE \$2.00**
\$6⁹⁹

shop. earn. save.

Bloom with Rewards!

earn 5x POINTS ON FRESH FLOWERS



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REWARDS

SCAN ME
to sign up for your MarketCard today!



PET



Sainsbury's
Meaty Strips Dog Treats
200 g (Selected Varieties) • **SAVE 30¢**
\$1⁹⁹



Kibbles 'N Bits
Beef Flavor Dog Food
16 lb • **SAVE \$3.50**
\$29⁹⁹



Co Op
Dry Dog Foods
3 kg (Selected Varieties) • **SAVE \$1.20**
\$8²⁹



Co Op
Complete Nutrition with
Chicken Dry Cat Food
2 kg • **SAVE \$1.00**
\$6⁷⁹



Co Op
Rich In Salmon & Trout
Cat Treat Sticks
30 g • **SAVE 50¢**
\$1⁹⁹

HOUSEHOLD



Kleenex
Facial Tissues
120 ct (Selected Varieties)
SAVE 50¢
\$3⁴⁹



Cottonelle
Ultra Comfort Mega Roll
Toilet Paper
6 ct • **SAVE \$4.00**
\$10⁹⁹



Xtra
Liquid Laundry Detergents
56 oz (Selected Varieties) • **SAVE \$1.50**
\$4²⁹



Downy
Unstopables
Scent Booster Beads
24 oz (Selected Varieties) • **SAVE \$2.50**
\$18⁹⁹



Febreze
Small Spaces Air Freshener
1 ct • **SAVE 50¢**
\$3⁹⁹



Febreze
Air Fresheners
8.8 oz (Selected Varieties) • **SAVE 80¢**
\$3⁹⁹

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earn.
save.

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every \$1 you spend

Look out for selected products and earn...



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**SIGN-UP
TODAY!**

