

The Trinidad PRESBYTERIAN



The Official Publication of The Presbyterian Church of Trinidad & Tobago. Est 1904
JULY 2025

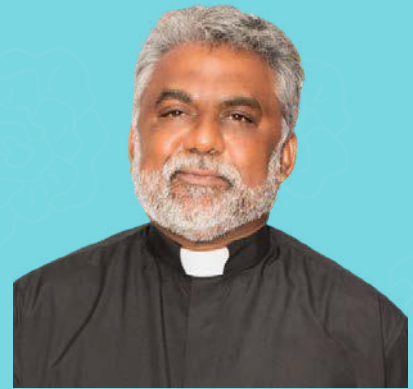


*63rd Board of Men Conference
Grand Parent's Day*

THE MODERATOR SPEAKS

PCTT MODERATOR, THE RIGHT REVEREND DANIEL CHANCE

PCTT Upgraded to Full Membership Status by the Council for World Mission (CWM)



What is the Council for World Mission?

The **Council for World Mission (CWM)** was founded in **1977**. The formation of this organization is the result of the merging of three (3) historic Missionary Societies, which existed **since 1795**. These Societies devoted their efforts and resources to Mission Work. The core mission of this global partnership of Christian churches is to enable churches to share resources while working together to fulfil God's Mission in and through both the local and global church community.

For several years, the Presbyterian Church of Trinidad and Tobago (PCTT) held Observer Status with the CWM. It must be mentioned that even at the status of "observer," members of the Presbyterian Church benefitted from the Mission and Outreach Programme of the CWM. However, following a formal request by the Church to be considered for Full Membership, the General Secretary of CWM, Rev. Dr. Jooseop Keum, visited us to evaluate the work being undertaken by the PCTT. A delegation from CWM later made a follow-up visit in May 2025, and it was during a meeting held on 17th June 2025 that the PCTT, along with three (3) other churches, was accepted into full membership as global partners in mission. CWM places strong emphasis on the concept of "life-flourishing communities." They evaluate the impact of work being done in the areas of education (Preschool, Primary, and Secondary levels), and seek to empower vulnerable persons, with special attention given to women and children.

What Does This Mean for the PCTT?

As a full member of the CWM, the Presbyterian Church of Trinidad and Tobago now stands to benefit in a number of meaningful ways, including, but not limited to:

- Ongoing educational opportunities for persons involved in ministry
- Youth exposure and leadership training
- The sharing of a vision for mission work across global contexts
- Building up the global community of faith
- Participation in other areas of mission work, both relevant and unique to the PCTT

We place on record our heartfelt gratitude to all who contributed in one way or another to this journey from Observer Status to Full Membership. Special mention must be made of:

- Rev. Joy Abdul-Mohan (Immediate Past Moderator)
- Mr. Terrence Warde (Immediate Past General Secretary)
- Mr. Ashford Tamby (General Secretary of Synod)

• The Regional CWM Members who reviewed and recommended our inclusion:

United Church in Jamaica and the Cayman Islands (UCJCI)

Congregational Union of Jamaica

United Reformed Church in Guyana

Guyana Congregational Union

Congregational Christian Church of Cuba

Congregational Christian Church in the Dominican Republic

- Our Presbyterian Churches, Schools, Local Boards/Sessions
- And the general membership who supported, hosted, made financial contributions, and offered continuous spiritual encouragement throughout this process.

May God continue to bless and enrich our spiritual journey as we move forward in the mission of Christ with our global partners.

Stay strong. Stay focused. Stay blessed.

FROM THE DESK OF THE GENERAL SECRETARY

PCTT GENERAL SECRETARY,
PRESIDING ELDER MR. ASHFORD D TAMBY



"Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you." (Colossians 3:13 NIV)
Grievances are a natural part of human relationships. Whether in families, workplaces, communities or even in our churches, misunderstandings and offences are inevitable. The Bible does not ignore this reality—it addresses it head-on with wisdom, grace, and a call to higher living. Colossians 3:13 offers a profound yet practical framework for navigating grievances. It doesn't deny the pain or injustice we may feel, but it calls us to respond in a way that reflects the heart of Christ.

The first instruction is to *bear with each other*. This implies tolerance, patience, and endurance. People are imperfect. They will disappoint, offend, and even hurt us. Bearing with one another means choosing to stay in a relationship even when it's uncomfortable. This is not passive suffering—it's active grace. It's the decision to give others space to grow, to fail, and to change.

Forgiveness is the heart of this verse. When we hold onto a grievance, it can fester into bitterness, resentment, and division. Forgiveness is not forgetting or excusing the wrong—it's releasing the right to retaliate. Forgiveness is a process. It may not happen instantly, but it begins with a decision to let go and trust God with the outcome.

Paul acknowledges that grievances are real. The Bible doesn't minimise our pain. It validates it. But it also redirects our response. Instead of nurturing the grievance, we are called to confront it with grace and truth. This may involve honest conversations, setting boundaries, or seeking counsel. But it always involves a heart posture of humility and love.

When we remember how much we've been forgiven, it becomes the foundation for extending that same grace to others. It shifts our focus from justice to mercy, from hurt to healing.

Grievance resolution is a process, not a one-time event. Sometimes the process is quick. Other times it takes time, prayer, and support. But when we allow the process to unfold under God's guidance, it leads to deeper peace and stronger relationships.

The Synod of the PCTT has appointed a grievance committee that handles all grievances that persons may have, and yes! The church is not immune to grievances, hurt, or disappointment, and I have seen an increase in this within our church. Therefore, if you have a grievance, write to the Local Board of your church; they will send it to the Session, who will forward it to the relevant presbytery, which would then forward it to the Synod's office. You are also welcome to make an appointment to see me or the Moderator to discuss your grievance and formulate a pathway to reconciliation and restoration.

Colossians 3:13 is not just a command—it's an invitation to live out the gospel in our daily relationships. When we handle grievances with grace, we reflect the character of Christ and become agents of reconciliation in a broken world. Let us be people who bear with one another, forgive freely, and trust God to work through the process of healing.

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PRINTED BY CARVEY'S PRINTERY LTD

The Trinidad Presbyterian was established in 1904

It is the official publication of the Presbyterian Church of Trinidad and Tobago.

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PLEASE KEEP ALL ARTICLE CONTRIBUTIONS TO **MAX 300 WORDS**.
PLEASE SEND IMAGES SEPARATELY (NOT IMBEDDED IN DOCUMENT)
PLEASE SEND ALL ARTICLES BY THE **10TH FOR PUBLICATION**
THE FOLLOWING MONTH

KINDLY NOTE THAT ARTICLES SENT AFTER THE 10TH
WILL NOT BE ACKNOWLEDGED FOR THE UPCOMING
PUBLICATION.

BUT MAY BE CONSIDERED FOR FUTURE ISSUES.

PCTT CHANNELS



AGRI FACTS COLUMN

TIPS TO ERADICATE THE GIANT AFRICAN SNAIL FROM YOUR GARDENS

SUBMITTED BY RAYANNA BOODRAM
rayannaboodram@hotmail.com

The Giant African Snail (*Achatina fulica*) is one of the most invasive pests in the world. It has plagued Trinidad in recent years leaving behind a destructive path. The species was first identified in the country over a decade ago and has rapidly spread across various areas, posing significant threats to agriculture, human health and biodiversity. The snail has the ability to consume over 500 types of plants and reproduce at alarming rates which makes it a significant cause for concern. The Giant African Snail thrives in our warm, humid climate. It damages crops and plants by feeding on leaves, fruit and even bark affecting produce such as lettuce, cocoa, papaya, bananas and ornamentals. Beyond agricultural losses, the snail can transmit the Rat lungworm parasite (*Angiostrongylus cantonensis*), which causes eosinophilic Meningitis in humans which can lead to death if not treated. So how do we control this pest? There are several steps we can take to help eradicate the snail and the first begins with manual collection and disposal. Using gloves and buckets, you can gather snails early in the morning or late evening when humidity is high and snails are most active. The collected snails should be placed in saltwater or covered with lime to kill them humanely, then buried or incinerated. It is very important to remember to use your personal protective equipment when handling these snails.

Giant African Snails prefer damp, dark and sheltered environments. Regular clearing of overgrown vegetation, compost heaps and trash reduces potential hiding places. Improving drainage and minimizing standing water also disrupts their breeding grounds. Chemical control, such as using iron phosphate-based molluscicides, can reduce snail numbers when used carefully. Chemical methods should be used in combination with physical control.

Eradicating the Giant African Snail requires collective responsibility. Continued public education campaigns can help our communities identify and report infestations early. The Ministry of Agriculture, Land and Fisheries has encouraged public participation through awareness programs and active surveillance. With a combination of manual, chemical, environmental, and educational strategies, we can reduce and potentially eradicate this pest from around our homes and gardens.



JOIN US FOR OUR 2025 FIESTA
SATURDAY 12TH JULY
1PM TO 6:30PM
SUSAMACHAR PRESBYTERIAN CHURCH
5-7 CARIB STREET, SAN FERNANDO

FREE ENTRY

LIVE MUSIC
JONNI MATHIK

CROWNING OF FIESTA PRINCE & PRINCESS

**CAKES • TEA • CANDIES • INDIAN DELICACIES • ROTI LUNCH
BBQ DINNER • PLANTS • MAGIC SHOW • GAMES • VARIETY**



PCTT ARCHIVES 1975 - 2025
GOLDEN JUBILEE
50 YEARS OF FAITH & SERVICE
A CELEBRATION OF CHOIRS COMPETITION
"Come let us sing of a wonderful love"

2 AUG 2025	CHOIRS OF THE NORTHERN PRESBYTERY SAGHS Auditorium
16 AUG 2025	CHOIRS OF THE SOUTH-CENTRAL PRESBYTERY Iere High School Auditorium
23 AUG 2025	CHOIRS OF THE SOUTH-EASTERN PRESBYTERY NGHS Auditorium
30 AUG 2025	FINALS Naparima College Auditorium

REGISTER YOUR CHOIR AT
Email: archives@pctt.org.tt
WhatsApp: 499-3508 or 771-7085

ALL TO HIS HONOUR AND GLORY

THE FAMILY CAN

A MONTHLY THOUGHT TO HELP IMPROVE THE FAMILY – HILTON R SIBOO: CONTACT: 788-2685)
THE PILGRIMAGE OF PARENTING: [part 13(b)] - Can PERSONALITY be Parented?

In this series, our approach established that parenting is a relationship between the 'parenter' and the 'parentee'. Last month part 13 (a) began to consider - Can PERSONALITY be Parented? and more specifically, can the 'parenter' parent the personality formation of the 'parentee'? If so, ... why and how even when the 'parentee' may not always be a young child.

This continuing article considers ... **What determines personality? What influences personality formation?**

All behaviours whether desirable or undesirable reflect personality development and formation through life stages. Generally, personality is determined by approval and affirmations or negation from adults, peers... and the social and mass media, which as 'parenters' often guide or force the development of personality traits. As to what is socially acceptable, results from the exposure and experiences to norms and values, rules and laws but can be poles apart on a spectrum or continuum. The aspects and factors that impacts and influences personality formation are determined by factors arising from 'nature' and 'nurture' including:

1. Biological – Medical - shape and size of body, head, skin colour, etc. Socio-psychological exposures and experiences related to/from financial/wealth, education, culture, religion, lifestyle, diet, alcohol, drugs and other substances used.

2. Personality formation begins to develop within the Home and family - If the intent, objectives and goals of parenting are the **'Raising responsible adults'** this begins with the raising of responsible children to themselves and others. Today's parents reside in a world different from previous generations, where both are working, continue studying... employed with even migratory relocations, where today's challenges in a global tech-virtual village of ... social media, communication technology, religion or spirituality... are towards choices and decisions with regards to relationships, self-care, lifestyles, career, occupation, vocations and influenced by guidance and counselling or indifference, demand and bullying? Should the verbal communication and language, the behaviours, actions and attitudes be accepted and/or rejected? Child rearing practices have changed and despite the wide array of information, what was suitable then has become 'confusing, contradictory and conflicting. Does child-rearing today influence personality formation? Whether as a bio-parent or surrogate parents, a parent's identity and personality impacts the personality formation of the child-parentee. Is parental guidance needed?

3. External to the home, Education and schooling impact personality formation before the age of five where Play school, day care centres, 'ECCE' juxtapose academic knowledge vs personality human maturation [Froebel early 19th C to Montessori 1960s]. During the early years of life, the child's personality is influenced and formed by psychological and basic physical human needs and not particularly 'discipline, alienation or parental guilt.' Good schools... develop the 'self- image, self-concept... bio-physical, mental, the child's communication and view of others and his inner feelings. This view of self comes often from approval and praise, acceptance by playmates. Disapproval, negative criticisms, condemnations and name calling e.g. fat, dummy, smarty, messy, brat, etc, can result in emotional scarring to self-concept and self-identity, when compared to others. No two children are alike in human development and maturation rate and personality formation.

Within this context then, Can this approach improve our parenting relationships and skills and improve intra-family and inter-family relationships? I hope that this perspective can guide the understanding and effect changes and adjustments to the narrative and approach to parenting where the participants interact in a relational exchange that affects and impacts their words and actions, attitudes, behaviours and roles, duties and responsibilities.

Remember, the family is not just a group or gathering without a common purpose. Never let it ever be that the family can NOT adjust and adapt as changes occur. **Don't lose faith. Hold strong. Believe, The Family Can**

Encounteringthe Archives of PCTT

2025 is a most significant milestone for the Archives of the PCTT (CAPCTT) as this marks the 50th Anniversary since the establishment of the present physical location in September 1975. Therefore, over the next months, 'Encountering ... the Archives' will share information with you to 'KNOW THE CAPCTT'.

Having previously been briefed on Location and Administration and aspects of Archives Development since 2020 let us consider CONTENT. We can begin with the question, Does the PCTT need an Archives? What is its worth and value and relevance and to whom?

The value of the CAPCTT is not only to the PCTT, Synod's boards and committees but each member and individual, extending into all the PCTT where the impact, influence and inspiration commenced with the CM, PCC in 1868. Of note is that Rev John Morton's mission to the East Indians in Trinidad was the second from the PCC, the first being to the New Hebrides by Rev Dr John Geddie. However, before the Canadian Mission, the Presbyterian presence in Trinidad included the Church of Scotland, The United Presbyterian Church of the USA and the Portuguese Madeiran refugees.

Since that time historical records and documents have been kept and stored and utilised for research and studies, here in Trinidad and in Canada. In Trinidad, the records of the Field Missionaries include reports to Canada and an array of statistics, minutes and volumes of church history of which the Trinidad Presbyterian, first published in 1904 is best known. The content of the CAPCTT includes sources of records from the Canadian Mission, the PTC/SATC, NTC, church office, schools and churches, Presbytery, Synod – its boards and committees. There is also some personal records of church workers and members. Added to these there are the collections of museum artifacts, photographs and publications of the archival library.

Projecting into the future, the collections of the CAPCTT can only grow and expand with contributions, deposits and gifts to its repository, museum and archival library. This information only touches the tip of the content of the CAPCTT.

To members of the PCTT and all persons interested in study and research, the CAPCTT is available and can in some way assist. Therefore, over the next months, 'Encountering ... the Archives' will share information on the Sections, Content, Operations, etc. of the CAPCTT.

An encounter with the Archives is an encounter with ... yourself. The Archives are opened on **Tuesdays and Thursdays** from 9:00 a.m. to 12:00 noon.

Call to arrange a visit. **Contact: 652-4829 [Synod Office] and 653-4166 [SATC Library]** Asst Archivist: Hilton R Bill Siboo 788-2685

BOARD OF MEN 63RD WHITSUNTIDE CONFERENCE



HEALTHY CORNER: “THE MINISTRY OF FATHERHOOD”

Dr. Joel David Teelucksingh

In our society, Mother's Day is rightfully celebrated with great fanfare. Father's Day often passes by quietly, sometimes overshadowed, sometimes forgotten. Yet, I believe this is not because fathers don't matter—but because many fathers don't say they matter. They show it instead.

They're the ones helping with school projects late into the night, attending parent-teacher conferences between double shifts, praying silently over a child's hospital bed or giving up their own comforts to ensure their families have more. They don't always raise their voices but they raise children—and that's the louder legacy.

I've stood at countless bedsides—witnessing births and deaths, diagnoses and miracles. But nothing prepared me for the sacred vulnerability of becoming a father myself. It's a kind of ministry in its own right—full of sacrifice, sleepless nights and unexpected joy.

My own father has long stood at the pulpit as a Minister in the Presbyterian Church. To many, he is a guide, a preacher and a spiritual father. But to us—his children—his most powerful sermons were not the ones delivered on Sundays. They were the ones lived out quietly every day: in his patience, his humility, his fierce love and unwavering moral compass.

As a child, I often wondered how he gave so much to his congregation and still had time and tenderness left for us. Now, I understand. The love of a father stretches—not in grand gestures, but in quiet consistency. In every silent prayer offered on our behalf. In every lesson taught not by instruction, but by example.

Today, more than ever, we need to uplift fathers—those doing their best and those still finding their way. We must also speak honestly about the reality that many children grow up without a father figure. The consequences of that absence ripple far and wide—impacting mental health, self-esteem, academic achievement and physical well-being.

We must also consider the health of our fathers. Too many men ignore their own well-being until it's too late—brushing off chest pain, ignoring unexplained weight loss or suffering in silence with anxiety and depression. Children watch their fathers more than they listen to them. A father who prioritises his health sets a legacy of care and responsibility.

Many readers may not know that International Men's Day, observed globally on November 19th, was founded right here in Trinidad and Tobago—by my brother. That date was no coincidence— it is the birthday of our father. World Day of the Boy Child, which he also championed, falls on the birthday of our mother on May 16th. In many ways, these global observances are rooted in the soil of our own family's journey—a call to celebrate, uplift and support men and boys, not just for who they are, but for who they're still becoming.

June is Men's Mental Health Month—a time to break the silence that still surrounds the emotional struggles of men. In a world where boys are told to “man up” and men are expected to “be strong,” far too many carry hidden wounds. Depression, anxiety, and suicidal thoughts are often buried under silent suffering. This month, let us remind one another: strength is not in silence, but in seeking help. It is not weakness to say, “I need support.” In fact, that may be one of the bravest things a man can do.

There is something holy, even healing, about fathers embracing tenderness. About grown men tying tiny shoelaces. About grandfathers tearing up at the sound of a baby's laugh. About sons holding their fathers' hands in hospital rooms, returning the love that raised them. These are the kinds of masculinity we should celebrate—not loud and boastful, but quiet and enduring.

To the men reading this: your health matters. Not just for you, but for your families, your communities, your children. Get the check-up. Take the walk. Drink the water. Breathe deeply. Talk about what's bothering you. Hug your children. Tell them you love them, even if no one ever told that to you.

To the women reading this: encourage the men in your lives. Listen to them without judgment. Urge them to care for their bodies, their minds, their souls. And when they falter, remind them that grace is stronger than guilt.

On this Father's Day, let us honour all fathers: the biological, the adoptive, the stepfathers, the uncles, the grandfathers, the mentors. Let us also remember the grieving fathers, the single fathers, the fathers-to-be. The broken ones trying to do better. The strong ones who make it look easy, even when it isn't.

May we, as a church, a people, and a nation, raise up men of integrity, faith, compassion and courage. And may we, like our Heavenly Father, be slow to anger, quick to forgive and rich in love.

Happy Father's Day to all the men who make the world a stronger, safer and more loving place—one child, one prayer, one day at a time.

HAPPY GRANDPARENTS' DAY JULY 27, 2025

PCTT Communications Unit

The Presbyterian Church of Trinidad and Tobago (PCTT) proudly stands as a national pioneer in advocating for the observance of Grandparents' Day—a meaningful celebration held annually on the fourth Sunday of July. With unwavering commitment and visionary leadership, particularly from the Moderator of the PCTT, the Church successfully lobbied the Inter-Religious Organisation (IRO) for formal recognition of this observance. In an historic moment nearly one year ago, the IRO unanimously supported the motion, positioning PCTT at the forefront of this national initiative.

The origins of this noble proposal trace back to the year 2000, during a Grandparents' Day celebration at Grant Memorial Presbyterian School. In response to the United Nations' 1999 declaration of "The Year of the Elderly," the school hosted what was initially intended to be a one-off event to honour grandparents. The overwhelming success of the programme, however, inspired the school to establish it as a recurring activity in its calendar. Grandparents were recognised not only as loving family members, but as key stakeholders in the education and development of children.

It was during that memorable 2000 celebration—attended by the then Minister of Social Development, Hon. Manohar Ramsaran—that a formal call was made for the establishment of a national Grandparents' Day. While the proposal temporarily went into dormancy, the global momentum resurfaced in 2021 when Pope Francis officially called for the observance of Grandparents' Day on the fourth Sunday of July, in honour of Saints Anna and Joachim, the parents of Mary and grandparents of Jesus. The Pope movingly stated, "We should not deprive them (grandparents) of our presence, nor deprive ourselves of their wisdom."

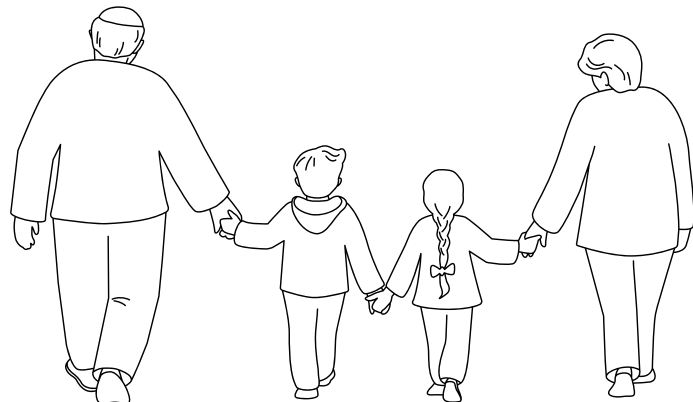
This sentiment echoes deeply within our own Church. Many of our congregations now include Senior Groups, alongside traditional Youth, Men's, and Women's fellowships. These groups serve not only as vibrant spiritual communities but also as sources of mentorship, experience, and unwavering support for younger generations. The designation of July—following the celebrations of Mother's Day and Father's Day—as the Month of the Elderly offers a seamless opportunity to honour grandparents and the wider elderly population. As the Church prepares for Grandparents' Day 2025 on Sunday, July 27, all congregations are encouraged to observe the occasion through home visits, church tributes, regional programmes, or school-based recognitions in the new term.

Importantly, this celebration does not require lavish spending. A heartfelt visit, a moment of shared prayer, or a word of thanks can mean the world to a grandparent. It is about presence over presents.

Let us be proud that our Church has taken the lead in championing this cause. Let us embrace our elders, honour their contributions, and reaffirm our commitment to family, tradition, and intergenerational connection.

As the saying goes, *"Let us spoil them as they have spoiled us over the ages."*

Happy Grandparents Day – July 27, 2025.





CENTENARY OF The United Church of Canada

By Rev. Randall Sammah

In January of each year, our beloved PCTT celebrates her birthday. We remember our genesis and the struggles of both the Canadian missionaries and the early East Indian converts. We thank God for our past. We praise God for our present. And we loudly proclaim that God is our hope for years to come. We must continue to do so!

However, there's a piece of our church's history over the last 157 years that is perhaps forgotten, although not intentionally.

On Tuesday 10th June 2025, the United Church of Canada (UCC) celebrated its centenary! This is an important part of our PCTT history that has influenced who we are as a church for fifty years. It is well documented that when the last Canadian missionary, Rev. Dr. Arthur Dayfoot, departed our shores in 1975 that we became a fully indigenous church!.

The United Church of Canada was born on June 10th 1925 at an ice hockey arena in Toronto, Canada, when representatives of the Methodist, Congregationalists, and seventy percent of the Presbyterian Church of Canada entered into a union.

The United Church of Canada is now the largest Protestant denomination in Canada and presently has about 2,451 congregations with a total membership of 325,315, served by 3,300 ordained and 307 diaconal ministers 1,976 Pastoral Charges (2023 data). The highest court of the United Church is referred to as General Council and they convene every three years, where meetings last for about seven days! A university campus with residences is usually rented for this purpose. General Council will meet in August of this year.

The main reason for the union was to facilitate a coordinated evangelistic thrust in the vast Canadian west and north-west. In the ensuing years other denominations joined the union: the Wesleyan Methodist Church of Bermuda, the Evangelical United Brethren Church and others. The early charter of Union states, "We, the representatives of the Presbyterian, Methodist, and Congregational branches of the Church of Christ in Canada, do hereby set forth the substance of the Christian faith, as commonly held among us: belief in Scriptures of the Old and New Testaments, source and ultimate standard of Christian faith and life; acknowledgement of the teaching of the great creeds of the Church; allegiance to the evangelical doctrines of the Reformation, as set forth in common in the doctrinal standards adopted by The Presbyterian Church in Canada, by The Congregational Union, and by The Methodist Church. Because of this Union, the United Church of Canada assumed responsibility for the missionary work in our PCTT.

A significant impact on our church leadership took place from the late 1940s to the 1960s. The decision was made to train candidates for the ordained ministry at Canadian universities and Seminaries. Those of us who grew up in the 1950s would recall the following names: Rev. Dr. J.F. Seunarine, Rev. Dr. Roy Neehall, Rev. Cyril Beharry, Rev. Bert Samaroo, Rev. Albert Baldeo, Rev. Everson Sieunarine, and Rev. Dr. Idris Hamid.

The PCTT maintains fraternal relations with the UCC. I myself was blessed with the opportunity to study at Emmanuel College, Toronto, Canada attaining a Master's degree in Religious Education.

One of the major ways the UCC is celebrating its centenary, apart from church services and functions is the publication of the Holy Bible in Mohawk (indigenous peoples) Language.

Blessings to the United Church of Canada. Let us all remember the Great Commission, "Go and make disciples of all nations..."(Matthew 28:16-20).

FATHER'S DAY SERVICE KNOX PRESBYTERIAN CHURCH

by Leanna V. Chadee, Youth President, Knox Presbyterian Church

Fathers of Faith: Embodying God's Love

"Honour thy father and thy mother, so that you may live long in the land the Lord your God is giving you" (Exodus 20: 12).

Father's Day programme on Sunday 15th June 2025, provided the congregation at the Knox Presbyterian Church with a special opportunity to obey the Lord's commandment by honouring our fathers — both past and present. Elder, Mr. Ernest Budhoo, delivered a powerful sermon on the prodigal son, reminding the congregation about God's unconditional love to his children who have gone astray. The morning's program was a heartfelt tribute, reflecting the strength and resilience of the men who have helped shape and continue to lead our congregation.

Daniel and Vijay Swaratsingh shared an original poem, "Dad, a Pillar Strong", beautifully capturing the strength, sacrifice, and enduring qualities of a Christian father. The Sunday School children touched the hearts of all with their delightful presentation, "I Love My Daddy", leaving many moved by their sincerity and joy. Allycia Precilla graced us with a stirring rendition of "From a Distance", one of her father's favourite songs — a melodic moment of reflection and love. Members of the PCW serenaded the men with the song "Top of the World."

A special prayer of blessing was offered, asking for continued protection and guidance for all fathers. As a token of appreciation, small gifts were presented to the fathers in attendance, recognizing their unwavering support and dedication.

To conclude the celebration, a heartfelt blessing was offered over the refreshments which were kindly donated. All were warmly invited to remain after the service to continue fellowshiping over light refreshments.



SHAPING OUR SYMBOL: KNOX PRESBYTERIAN YOUTH GROUP WINS THE B.O.Y.A. LOGO QUEST COMPETITION

by Micah Lakhan, Knox Presbyterian Church.

Congratulations to the Knox Presbyterian Church Youth Group for winning the Presbyterian Church of Trinidad and Tobago's Board of Youth Affairs Logo Quest Competition. This contest offered a special chance for the youths to creatively express what the Board of Youth Affairs meant to them by recalling memorable experiences like Pre-Lenten, General, and Leadership Camps and the beautiful sunsets over Kemp House.

Although only one logo submission was required, the group's talented members created three designs. To choose fairly, they held an internal competition and voted, fostering fellowship and creativity. Miss. Kimberly Budhoo's digital design won and was submitted to the Board. Her logo incorporated meaningful symbols. The logo depicted a Bible which represented faith and spiritual guidance, the dove symbolized peace and the Holy Spirit, and the olive branch conveyed calmness and unity.

Together, these elements highlight the Board's dedication to nurturing a spiritually supportive and empowering environment for youth. In today's world filled with negative influences, the youths' commitment to serving the church shine brightly. The group expresses gratitude to the Board of Youth Affairs for the opportunity to unite, innovate, and grow together in faith. As Psalm 73:23-24 reminds, "I am always with you; you hold me by my right hand. You guide me with your counsel."



CALL FOR MISSION VOLUNTEERS!

The Presbyterian Church of Trinidad and Tobago

BETH-RAPHA MISSION

EXECUTIVE (TERM 2025-2027)



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✉ bethrapha@pctt.org.tt





PCTT BETH-RAPHA MISSION

CALL FOR MISSION VOLUNTEERS

“SERVING WITH COMPASSION,
HEALING WITH GRACE”

Beth-Rapha Health Services invites all health professionals within our Pastoral Regions to partner with us in fulfilling our mission of healing, hope, and holistic care.

We welcome volunteers in the following fields:

- Medical Doctors
- Nurses
- Psychologists / Counsellors
- Dentists
- Dietitians / Nutritionists
- Pharmacists
- Optometrists
- Paramedics / First Responders
- Physiotherapists & Occupational Therapists
- Allied Health Professionals

✉ bethrapha@pctt.org.tt



Beth-Rapha Health Services is an all-embracing, umbrella agency of the Presbyterian Church of Trinidad and Tobago (PCTT). It is not limited by space or personnel and brings together professionals from religious, spiritual, biomedical, psycho-social, and other fields to provide holistic healing, support, and care. Beth-Rapha serves both the PCTT family and the wider national community with compassion and dignity.

Our Aims: Beth-Rapha is dedicated to:

- Ministering to the religious and spiritual needs of persons
- Caring for individuals and families experiencing life crises and challenges
- Collaborating with external stakeholders and partners to provide integrated and effective interventions
- Providing training and capacity-building to empower church members and communities
- Offering holistic support that addresses physical, emotional, social, and spiritual well-being

As we expand our services and deepen our outreach efforts, we warmly invite health professionals within the Presbyterian Church family - doctors, nurses, counsellors, psychologists, social workers, dietitians, physiotherapists and other allied health providers - to offer their gifts in service of our shared mission. Your training and faith place you in a unique position to be a beacon of hope and healing. We value your contributions and welcome your support in this ministry of compassionate care.

IMPORTANT NOTICE:

Please be informed that our updated phone line is
(868) 483-2384 (BETH).
Please do share. Thank you for your understanding.

JOY IN PAUL'S EPISTLES

By Presiding Elder George Sammy

This is the first of three articles on Joy and Sorrow in Paul's letters. The second article will discuss Sorrow, while the third will present Lessons Learned.

Paul's Letter to the Philippians is described as the Epistle of Joy and is Paul's most up-beat letter. It shows Paul's passion about the Gospel and his great affection for the Philippians. Paul proclaims, **"In all my prayers for all of you, I always pray with joy ..."** (Philippians 1: 3-4), and in Philippians 3:1 and 4:4, he encourages Christians to **"Rejoice in the Lord"** and **"Rejoice in the Lord always: again I will say, Rejoice."** Paul rejoices with the Philippians over their church, his fellowship with them, and their salvation and spiritual growth; referring to them as his "joy and crown" (Philippians 4:1).

In Galatians 5:22, Paul lists joy as a Fruit of the Spirit, and in Romans 15:13 Paul prays that the God will fill us with all joy and peace, so that we **"may overflow with hope by the power of the Holy Spirit."** In Colossians 1:12, Paul reminds us to give **"joyful thanks to the Father, who has qualified you to share in the inheritance of his holy people in the kingdom of light"** and in Colossians 1:24, Paul says, **"I rejoice in what I am suffering for you ... in regard to Christ's afflictions, for the sake of His body, which is the church."**

To Rejoice in the Lord, we must first acknowledge the many blessings we have received - the chorus "Count your Blessings, name them One by One" is really good advice. Then we should recognize that our blessings are gifts of grace, which allow us to truly rejoice meaningfully.

The PCTT can be joyously optimistic because we know that God prevails: the Christian seed planted a century and a half ago by the Canadian Missionaries has grown and thrived in our multi-religious society. With Christ as our Saviour and the Holy Spirit as our Guide, we can look forward to the future with continued rejoicing.

BACK TO EDEN GARDENS FUNDRAISER

By Merici Rampersadsingh

The recent Tea Party & Entertainment Fundraiser was a heartwarming and resounding success, drawing together community members, supporters from near and far, and guests for an afternoon of charm, purpose, and joyous connection. Held on Saturday 17th May 2025, the event brought elegance and excitement together in a way that left everyone smiling—and giving. Hosted at the Church's Christian Education Center, the picturesque venue was adorned with fresh floral arrangements, vintage teacups, and pastel linens, the atmosphere was nothing short of magical. Attendees were treated to a delightful selection of fine teas, coffee and delicious finger foods.

What truly made the afternoon special, however, was the incredible entertainment lineup. From angelic singing, captivating dance moves to harmonious instrumental renditions, the audience was captivated from start to finish. The organizers will like to specially express their heartfelt appreciation to all artistes who took time to share their talent with the patrons. The event provided not just refreshments and fun, but a meaningful opportunity to celebrate talent and togetherness—all in support of a worthy cause.

Proceeds from the fundraiser will go towards Akashbani PCW's Outreach Program (\$5 Gift Box) which has been in existence since May 2022. This outreach program has helped approximately twenty underprivileged school children in the past three years. Thanks to the generosity of attendees and sponsors, the event exceeded its fundraising goal. "The support has been overwhelming," said Mrs. Sandra Narine, the key organizer. "It's a testament to what we can achieve when we come together with kindness and purpose."

The Tea Party & Entertainment Fundraiser was not only a celebration of community and creativity but a reminder of the power of coming together for good. Thanks be to God for his continued blessing unto us, so we can bless others.



RECOGNISING THE PROVERBS 31 WOMAN IN OURSELVES

By Nesha Ramjewan-Maharajh

Reflections from the Curepe Presbyterian Women's Group, Sunday, May 18, 2025.

The Curepe Presbyterian Women's Group gathered online for a time of reflection and fellowship centred on the theme: "Recognising the Proverbs 31 Woman in Ourselves." Though the rain fell outside and participants were physically apart, hearts were united in spirit, joined by prayer, scripture, and conversation.

As the women reflected on what it means to be a strong, faithful woman in today's world we looked at some women leading our nation: our President, our Prime Minister, and the Leader of the Opposition - women known for their strength, intelligence, resilience, wisdom, and composure.

Through self-introspection a question posed itself: Do you see those same qualities in yourself? This question invited us into a deeper reflection grounded in Proverbs 31:10-31, a passage that richly portrays of a woman of noble character. She is hardworking, wise, dignified, generous, and faithful, a woman who honours God in both her actions and attitudes.

As we studied this passage, we realised that the Proverbs 31 woman is not a distant ideal. She is alive in the everyday lives of women around us.

She wakes early to care for her family, balances the demands of work and home, supports others emotionally, and leads quietly but powerfully in her home, church, and community. Her strength often goes unnoticed, but it is real, and it matters.

A Key Reminder: Rest is Strength Too! One of the most important lessons from this session was the reminder that strength isn't only found in doing, it's also found in resting. Taking time to rest, regroup, and reconnect with God is not a sign of weakness; it is an act of obedience and selfcare. In our busy lives, rest becomes a spiritual discipline that allows us to serve with renewed strength.

Every woman is uniquely made by God. While Proverbs 31 gives us a model to aspire to, we each reflect these qualities in different ways. You may not see every trait in yourself right now. God has crafted you with purpose and intentionality. What matters most is living faithfully and seeking growth in Him.

Consider verses like:

"She is clothed with strength and dignity" (v.25).

"She speaks with wisdom, and faithful instruction is on her tongue" (v.26).

These are not just words to admire, they are truths to claim over your own life.

A Declaration of our Identity: we must affirm as women, a reminder of who we are in Christ:

I am strong.

I am wise.

I am hardworking.

I am clothed in dignity.

I am respected.

I am faithful.

I am loved by God.

I am a Proverbs 31 woman.



Final Thought

You don't need to look far to find strength, dignity, and wisdom, they are already within you. As you reflect on this lesson, ask yourself: What qualities do I already carry? Which ones do I want to grow into with God's help?

Let Proverbs 31 inspire you not to strive for perfection, but to walk faithfully in the purpose God has given you. This reflection served as a heartfelt reminder that godly strength isn't always visible in public roles but it transforms homes, communities, and hearts from the inside out.

As Ephesians 2:10 reminds us: "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

Indeed, the spirit of the Proverbs 31 woman is not only alive but it is thriving in the women of our church today.



KRIST MANDLI PRESBYTERIAN CHURCH NEW MEMBERS & MOTHER'S DAY PROGRAMME

By Ann Ramjeawan

Krist Mandli Presbyterian Church Welcomes Three New Members To The Fold And Hosted Its Mother's Day Programme.

The Krist Mandli Presbyterian Church marked a special occasion on Sunday, May 11th, 2025, with a joyful double celebration of Mother's Day and the confirmation of three new members into the Presbyterian Church of Trinidad and Tobago. The uplifting service was led by Rev. Stephon Harripersad, Minister of the Diamond Pastoral Region. The atmosphere was filled with heartfelt worship, enriched by the beautiful singing of the choir and the talents of the church's musicians.



Following the service, the Sunday School and Youth Group presented a delightful Mother's Day programme to honour the mothers of the congregation. Each mother received a token of appreciation as a gesture of love and gratitude. The morning concluded with light refreshments, shared in fellowship among the congregation. It was a memorable and spiritually enriching event for all in attendance.



TERENCE ALGERNON BISSESSAR SCHOLARSHIP FUND

C/O NISTAR PRESBYTERIAN CHURCH, SOUTHERN MAIN ROAD,
CHASE VILLAGE, CARAPICHAIMA TELEPHONE: 662-4086/673-0375

The Board of Trustees invites applications for scholarship awards
Applicants must satisfy the following criteria:

1. Must be a graduate of a Secondary School of Trinidad and Tobago;
2. Must be in financial need. This will be determined by the Applicant's completion of a Financial Assessment Form which must be submitted with a written application to the Board. The Financial Assessment Form can be obtained at the following venues: the Church Office at Paradise Hill, San Fernando, Nistar Presbyterian Church, Chase Village, and the Arima Presbyterian Church.
3. Must not be a recipient of an open scholarship, additional scholarship, bursary or any other institutional funding;
4. Must have gained admission to or attending the University of the West Indies or any accredited Tertiary Level Educational Institution at the time of application;
5. Must be a practising member of the Presbyterian Church, a communicant member and serving in at least one (i) group, board or committee of the Church;
6. Applicants who are already enrolled at the University of the West Indies or any accredited Tertiary Level Educational Institution must have attained a G.P.A. of not lower than 3.0.

Applicants who are applying for the first time must provide the following:

- A letter of admission to and identification of the degree being pursued from the Tertiary Educational Institution;
- A letter from the Applicant's Local Church supporting the application and indicating the status and quality of the Applicant's church membership;
- Personal Data i.e. copy of birth certificate, copy of National Identification Card, telephone contact number and email address

All returning Applicants must provide the following:

- Transcript of academic performance for the academic year 2024-2025. Must have a G.P.A. of not lower than 3.0;
- A detailed statement of expenditure incurred from the 2025 Award;
- A letter from the Applicant's parent or guardian outlining the need for the Award for the academic year 2024-2025.

Applications are to be submitted by the 30th September, 2025 to:
The Terence Algernon Bissessar Scholarship Fund
c/o The Synod's Office
Presbyterian Church of Trinidad and Tobago
P.O. Box 187, Paradise Hill
San Fernando



Naparima College

Vacancy - Chemistry TIII

• All applicants MUST be:

- Assessed as TIII
- Successfully interviewed by the Teaching Service Commission within a three (3) year period (for applicants who are not currently employed with the Ministry of Education)
- Experience in Teaching CAPE Chemistry will be an asset

Kindly apply to:

The Presbyterian Secondary Schools' Board of Education via:
Email : pssboe@pctt.org.tt

Submit a copy to: naparimacollege.sec.@fac.edu.tt

Applicants are required to submit their Appointment/Assessment Letters, Placement on the Order of Merit list, Letter of Interview Results along with other applicable documents.

CUNARIPO PRESBYTERIAN CHURCH WELCOMES TEN NEW COMMUNICANT MEMBERS

On Sunday 2nd February, 2025, the Cunaripo Presbyterian Church welcomed ten new communicant members to their fold. One of the ten was also baptised on that day. This is truly an important occasion not only in the life of these young minds but also to the continuation of the church family. The service was presided over by Reverend Sanya Beharry, after many weeks of training. Reverend Beharry delivered a most passion-filled sermon, while reminding the congregation of their role in encouraging our young ones in order that their faith in God will find root in their heart as they grow and develop spiritually.

This milestone in the lives of these young members will now guide them on a journey of building a new relationship with God. The new communicant members were also presented with their own Bible so that they would be able to deepen their knowledge of the WORD of God for their development into upstanding citizens of our country and community. We pray that they continue to grow in faith and their commitment to the church never wavers.



(Back row) Zachary Mohammed, Kayden Persaud, Terron James, Avesh Thanoo and Triston Pereira.

(Middle Row) Elder, Mrs. Josephine Sam, Xaviera Sam. (Front Row) Abigail Hunte, Reverend Sanya Beharry, Christine Ali, Shania Maryeun and Aiden Sam

CUNARIPO PRESBYTERIAN CHURCH YOUTH GROUP FUN AND FAMILY DAY

Kathy: "Well Sharon, I think you all should make this an annual event."

Doolarie: "Yeah, I think that is a great idea. Everybody had a good time."

This was the sentiment rendered by many persons present at the 'Fun and Family Day' organised by the Coordinator Ashay Sagam and the Assistant coordinator Elder, Mrs. Sharon Sagam, along with members of the Youth Group. The event was planned to raise funds to help with the beautification of the surrounding of the church. The event was scheduled to begin at 2:00 pm on Easter Monday. Everything was organised and beautifully laid out under the tent; tables, chairs, prizes, apparatus for events, items on sale and snacks for everyone after the events.

Members of the church and many villagers eagerly gathered on the pavilion. Suddenly, at around 2:15 p.m., the sky turned black and rain began pouring constantly for about two hours. However, this did not dampen the spirit of those present. It was decided that the event will commence while everyone waited for the rain to cease. One of the elders, Mrs. Josephine Sam, opened with a word of prayer and the Bible Quiz planned for later that evening took centre stage. Presiding Elder, Dr. George Sammy, was appointed judge. There were three categories: Sunday School, Youths and Adults. All the winners received medals.

As soon as the rain abated, the fun events began; bunny hop, sack race, balloon race, musical hops, obstacle relay, melon eating race, etc. The highlight at the end, though, was the tug-o-war. All winners received prizes. Even though it was getting late no one wanted to leave. All were treated with a meal and drinks before they left. It was truly an exciting event and we look forward to what the future has in store for us. Congrats to the youths and we pray that all their plans for this year will materialise and be successful. All glory to God!



PSSBE: SCHOOL MANAGERS & ADMINISTRATIVE COMMITTEE CHAIRPERSONS' WORKSHOP

BY: GARY SAMAI (GENERAL SECRETARY)

The development of an organisation's human resources is key to its success. As such, the Presbyterian Secondary Schools' Board of Education (PSSBOE) continues to invest in its personnel, ensuring that the quality and efficiency of the service offered to stakeholders align with standards pleasing to God, our Father. On Monday 16th June, 2025, at the Trinity Presbyterian Church, the PSSBOE hosted a meaningful orientation session with its newly appointed School Managers and Principals. This initiative was designed to prepare our educational leaders for the demanding but fulfilling roles they were about to assume at our prestigious institutions. We extend sincere gratitude to the Trinity Presbyterian Church Local Board for its warm hospitality and gracious accommodation.

The forum commenced with an inspiring message and prayer from the Rt. Reverend Daniel Chance, Moderator of the Synod of the Presbyterian Church of Trinidad and Tobago (PCTT). His words resonated with the attendees, echoing the overarching theme of the day's proceedings: Service to God's people.

The presentations were dynamic and focused on specific areas of development. The presenters were well-qualified, competent, and experienced, resulting in a highly informative and engaging session. The topics and presenters included:

- Health, Safety, Risk Assessment, and Emergency Management

Professionally delivered by Reverend Namelia Lutchman Pulwarty, who holds a Master's degree and work experience in the field.

- The Role and Importance of School Managers

Delivered by Mr. Christian Dookhoo, a former Secondary School Principal and School Manager. His meticulous coverage allowed participants to engage directly with the relevant instruments and documentation essential to the effective execution of their duties.

- Spiritual Formation

Delivered by Reverend Dr. Randall Sammah, former Principal of St. Andrew's Theological College. He guided participants in reflecting on the spiritual dimension of their new leadership roles, emphasizing the importance of extending God's grace to all in need.

- Administrative Committees (ADCOM)

Presented by Dr. Dianne Phillip Ramjattan, Presiding Elder. Drawing on her extensive knowledge and service on various PCTT Boards and Committees—as well as her background as a former educator—Dr. Ramjattan traced the evolution of the ADCOM and provided valuable insights on leading administrative teams effectively.

The PSSBOE is pleased to introduce our new School Managers for our five Presbyterian Secondary Schools:

1. Mrs. Angela Arjoon – Naparima Girls' High School
2. Mr. Ronald Mootoo – Naparima College
3. Mrs. Elizabeth Hart – St. Augustine Girls' High School
4. Mr. Aneil Joseph – Hillview College
5. Ms. Marcia Shah – Iere High School

The Executive and Board members of the PSSBOE extend God's grace and love to our School Managers and Administrators. We thank everyone who contributed to making this event a meaningful and successful fellowship, once again affirming the strength of our shared commitment to service and excellence.



Susamachar Men's Fellowship Delivers Vital Educational Support Through Successful School Outreach Initiative

The Susamachar Men's Fellowship (SMF) continues to uphold its core values of service, compassion, and impactful community engagement through its latest outreach initiative. On Tuesday, June 25th, 2025, the SMF team successfully executed another chapter of its ongoing commitment to educational support by providing school vouchers to deserving students across several Presbyterian primary schools in South Trinidad.

This meaningful initiative was made possible through the generous contribution of Mrs. Neera Rattan of Rattan's Stores Nationwide, whose longstanding support of education and community upliftment continues to make a tangible difference. The donated vouchers are intended to assist two students from each participating school, easing the financial burden faced by families experiencing unforeseen hardships and enabling the recipients to prepare confidently for the upcoming academic year.

The SMF delegation visited the following schools and met with principals and students to personally deliver the vouchers:

1. Lengua Presbyterian Primary School

Principal: Mr. Terry Mathura

2. Inverness Presbyterian School

Principal: Mrs. Cynthia Gobin

3. Reform Presbyterian Primary School

Principal: Mrs. Tamara Dindial

4. Picton Presbyterian School

Principal: Mr. Roger Ramlakhan

5. Vistabella Presbyterian School

Principal: Mr. Curtis Dindial



This outreach was led by SMF President Mr. Enderson Jagessar, accompanied by Secretary Mr. Neal Goberdhan and Executive Members Mr. Raymond Ramsingh and Mr. Carl Maharaj. Their leadership, coordination, and genuine engagement with school communities were central to the initiative's success.

The SMF extends sincere appreciation to each principal and their staff for the warm reception extended to the team during the visits. Special thanks and deep gratitude are reserved for Mrs. Neera Rattan, whose generosity and belief in the power of education continue to serve as a beacon of hope for many. As the SMF looks ahead, it remains committed to its faith-driven mission of service, continuing to uplift and support those in need through purposeful acts of kindness and unwavering community outreach.

Become a member! Join the SMF.
Email: smfgroup6@gmail.com



Lengua Presbyterian School



Inverness Presbyterian School



Picton Presbyterian School



Vistabella Presbyterian School



Reform Presbyterian School

NARIVA/MAYARO PASTORAL REGION T-10 CRICKET TOURNAMENT

By Mrs. Rachael Boodoo-Rahim, Mafeking Presbyterian Church

In 2024, "A day of cricket" was revived in the pastoral region of Nariva/Mayaro by the Regional Development Committee. So many were excited awaiting in anticipation of this day in 2025. With the astute guidance by Presiding Elder William Gokool and Reverend Radica Samuel-Moonoo this event came together. In the quaint little village of Inner Mafeking lies a picturesque recreational ground surrounded with lush greenery. Members from across the region made their way to this secluded area. This quiet community was brought alive on Saturday 07th June 2025, with loud cheer and laughter throughout the day as members played the game. The spirit of camaraderie filled the day as teams were made up of members from varying churches within the region. With the bubbling pot of fish broth, the food, drinks and snacks, together with auctions, this day was nothing short of epic. The Eastern Regional Health Authority also shared in the day providing testing and administering flu vaccines.

Mafeking Presbyterian Church, despite the efforts of other teams, emerged as the winner for the second consecutive time. This day created memories that would be etched in our minds for a long time. It also created bonds and friendships that would be used to strengthen our churches within our region. As it is said in Psalm 133:1 *"How wonderful it is, how pleasant, for God's people to live together in harmony!"* The region looks forward to future events to bring our various churches together creating unbreakable bonds. Many blessings to our community of churches and its leaders.



GUAICO PRESBYTERIAN EARTH ANGELS 4-H CLUB CELEBRATES 25 YEARS

By Ms. Gita Dattoo

Guaico Presbyterian Earth Angels 4-H Club celebrated its 25th anniversary on 22nd May, 2025. Our 4-H Club started on 22nd May, 2000 with only 25 4-H'ers. The task was to find a name for our club. I did not want it to be just 4-H Club. I prayed and asked the Lord, "What name should I give to our club - they are my angels." I was guided to the name "Earth Angels". To commemorate this 25th milestone, the "Guaico Presbyterian Earth Angels 4-H Club Steel Orchestra" was launched.

Throughout the years, the 4-H Club has grown to 100 4-H'ers. Special thanks to all the 4-H Volunteer Leaders both past and present and to our visionary leaders for assisting in managing the club. Your contribution made a positive difference and created valuable opportunities for young minds. Our 4-H Club has passed through four principals: Mrs. Claudette Ramnarine, Mrs. Indira Rambaran-Mohammed, Mrs. Magaret Gopaul-Mohammed and Mrs. Cintra Nancoo. Under their tenure, we journeyed through the region taking our 4-H'ers to many Caribbean Islands: islands visited were Tobago, Grenada, Antigua & Barbuda, St. Vincent and the Grenadines, and Barbados. Our 4-H'ers enjoyed the culture of other 4-H'ers, as they shared experiences. Our 4-H'ers have been engaged in activities involving the four Hs - the Head for clear thinking, the Heart for greater loyalty, the Hands for larger service and Health for better living. This club has given them the opportunity for public speaking, sports, agriculture, competitions, exposing musical talents and a wide educational scope of work to achieve to their highest potential.

The support received from the Ministry of Education, the Ministry of Agriculture and the Presbyterian Primary Schools' Board was phenomenal. They allowed our 4-H'ers to be engaged in activities in our school, community, county, as well as in the Caribbean. It was also our 4-H'ers past and present enthusiasm, perseverance and determination which allowed us to come this far. Thanks to our Lord for guiding us this far.



Guaico Presbyterian Earth Angels 4-H Club Steel Orchestra



Presentation of 45 certificates, received by the 4-H executive for 2025.



Left to right Ms. Josephine Springer, Ms. Kelly-Ann Henry, Mrs. Yvonne Davison, Ms. Gita Dattoo, Mrs. Verna O' Brien Heath, Mrs. Juliet Sandy and Mrs. Margaret Gopaul- Mohammed



4-H Volunteer Leaders

KID'S CORNER BY THE RIVERSDALE PASTORAL REGION: SERVE THE LORD WITH GLADNESS!

**Kids, one of the ways to "Serve the Lord with Gladness"
is by being Obedient!**

Ephesians 6:1 says,
"Children, obey your parents in the Lord, for this is right."

But what does that mean?

o "**Children**" — That means you!

o "**Obey your parents**" — Listen to what your mom or dad (or grown-ups who care for you) asks you to do and do it right away with a happy heart.

o "**In the Lord**" — Do it because it makes God happy and it's part of loving Him.

o "**For this is right**" — Obeying is the good and right thing to do. God knows it helps you grow strong, safe, and wise. When you obey, you show love to your parents—and to God.

Respect Others Too!

God wants you to respect more than just your parents:

1. **God:** Show God deep respect by listening to His Word.
2. **Older People:** Be kind and honour grandparents and elders.
3. **Teachers & Leaders:** Listen to those who guide you, like teachers and pastors.
4. **Everyone:** Be kind and respectful to all—friends, siblings, classmates!

So God wants you to be respectful to everyone around you! That's how you serve the Lord with gladness!


Our song for today is: Come, Children join to sing! (Hymn 377).

Come, Children, join to sing
Hallelujah! Amen!

Praise to our servant King;
Hallelujah! Amen!

Let all, with heart and voice,
Saved by God's gracious choice;
Now in this place rejoice -
Hallelujah! Amen





Serve the
Lord with
gladness;
come before
Him with
joyful
songs.

Psalm 100:2 CEV©

Serve the Lord with Gladness



Find these words in the puzzle.

make

joyful

serve

gladness

come

singing

know

people

enter

thanksgiving

praise

endures



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In Loving Memory of

ADRIEL N' GOKOOL



From Parents, Margaret & William
Gokool, Sister Kathryn, Brother-in-law
Kishan, Nephew Kaelan, Neice Kaitlin,
other Relatives and Friends

SUNRISE: 07-07-83
SUNSET: 17-06-2015

Sometimes God picks the flower
That is still in full bloom
Sometimes the rose bud chosen
That we feel He's picked too soon

Sometimes the flower is fading
With petals floating down
But God knows the perfect time
To gather flowers from the ground

There is a heavenly garden
In which God takes great pleasure
Because he placed within it
The loved ones that we treasure

Giving them eternal rest,
Because I know that it must please Him
Because He choose our very best.



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Cause Why Not

*"Be good to yourself"
— cause why not?*

When was the last time you were truly good to yourself? Not just checking off tasks or squeezing in a break — but genuinely pausing, breathing, and showing yourself the same care you offer others?

In a world that constantly demands more, better, faster, we often forget something simple:

You are a human being, not a machine.

You have dreams and doubts, triumphs and tiring days. Every part of you — even the messy, unfinished parts — deserves compassion. So today, let me remind you:

Be good to yourself. Because why not?

Why not rest without guilt? Forgive yourself for past mistakes? Speak to yourself with kindness? Buy those shoes you've been eyeing? Being good to yourself isn't selfish — it's wise. You can't pour from an empty cup. Strength isn't only pushing through; it's knowing when to pause. So take that walk. Say no to what drains you. Say yes to what fills you. Celebrate small wins. Speak kindly to your reflection. Eat the cake. Take the nap. Dance like no one's watching.

Why not?

Life is hard enough without you being hard on yourself. Be good to you — not later, but now. Because you're worth it now. And if no one has said it lately: You're doing better than you think. You're more valuable than you know. You deserve the love you so freely give. Start today. Try being good to yourself. Not because you must. Not because someone said so.

But because you can... Because why not?



Written by:
Ceirid Sampson
Bereavement Counsellor
Belgroves Funeral Home

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