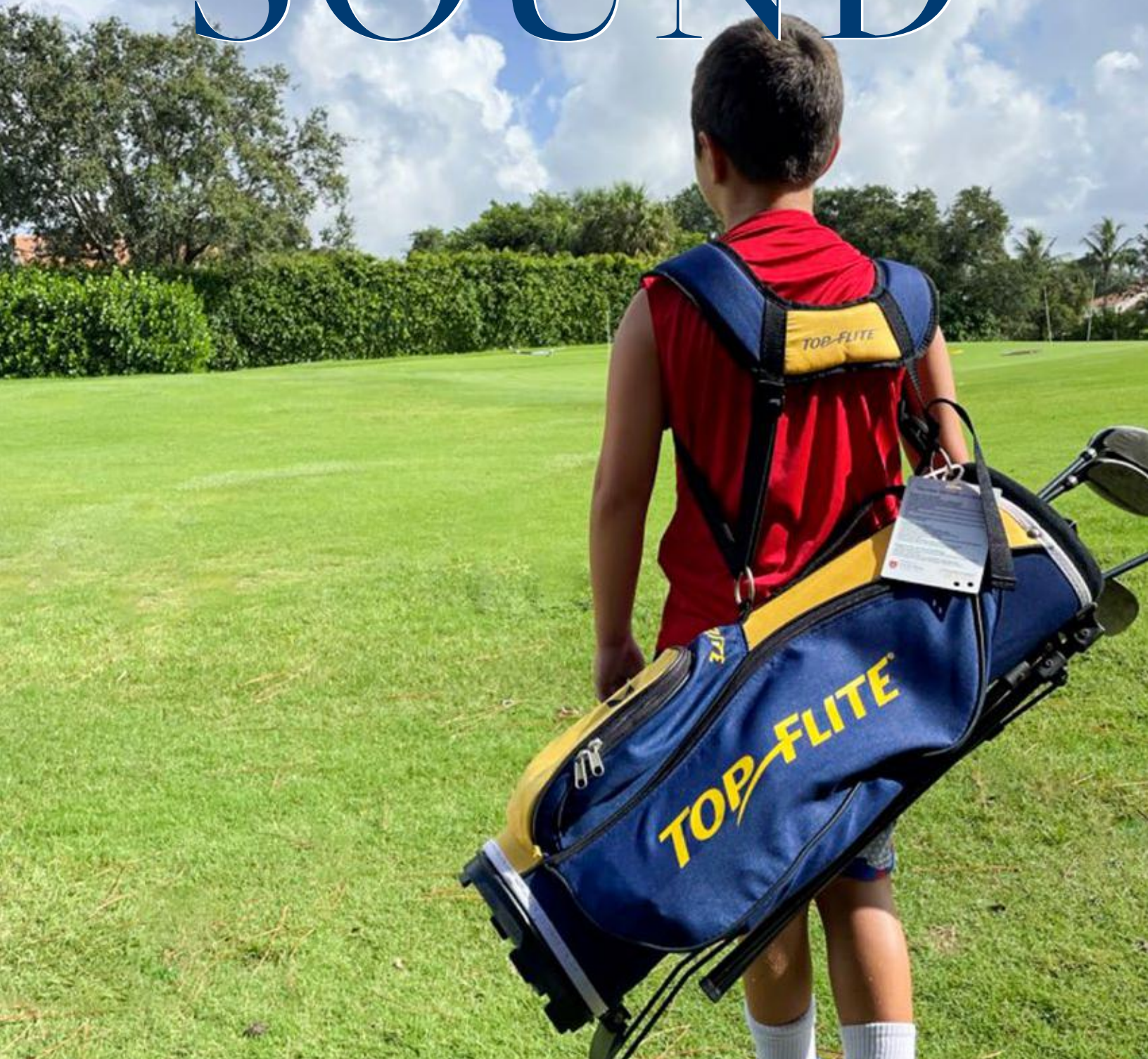


The SOUND



June

Events at a Glance

News You Can Use

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GOLF UPDATE

- The Club Course Back 9 is closed for routine maintenance, Monday, June 20 – Thursday, June 23.

CULINARY UPDATE

- Please remember the Old Course Dining Room is closed on Mondays.
- Due to Father's Day Dinner on Sunday, June 19, there will be no Old Course Casual Dinner After Fore.

GENERAL INFORMATION

- On Wednesday, June 22 the Main Parking lot and Self-Park lot will be closed for cleaning at 5:00 pm. Members will need to park in the Tennis lot after 12:30 pm. Shuttle service will be available from 12:30 pm to 7:30 pm.
- The Main Clubhouse is still an active construction site. For your safety, members are not allowed to enter on their own.
- We are closely monitoring Covid-19 cases as they rise in Florida and across the US. If we continue to see a significant increase in cases and feel that members and staff are vulnerable, we will implement protocols for everyone's safety including an indoor mask requirement. If you contract the virus, please inform [Lorant Botha, Assistant General Manager](#), or [Lisa Fuller, Membership Director](#). Your information will be kept in confidence.

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Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.

**OLD COURSE
 POOL BISTRO**



Club Resort Business ranked Broken Sound Club's Racquet Facilities as the #26 in the country!

Special recognition to our Racquet team on and off the courts for ensuring an impeccable experience daily for our members.



On the Move



Fernando Garcia *Sushi Chef*

Fernando Garcia, Sushi Chef at Broken Sound Club (Boca Raton Fla.) says his tuna tartare, which has undergone many renditions over the years, features a wide range of flavors—sweet, acidic, salty and spicy.

“Members and their reactions inspire me,” he says. “[My tuna tartare] not only looks good, it tastes great—and you find many textures that melt in your mouth.”

Ultimately, Garcia hopes his recipe might inspire other chefs in their pursuit of excellence.

“As a sushi chef,” he says, “I can go beyond sushi rolls and sashimi. ... This tuna tartare is my very own, and it has evolved from simple tuna, scallions and spicy mayo to a real dining experience.”

View the full article [here](#).

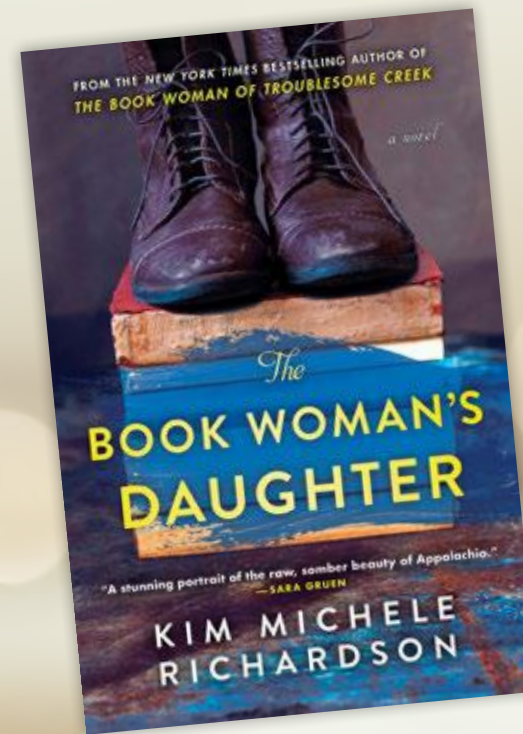


FROM OUR FATHERS TO YOURS, HAPPY FATHER'S DAY!



Book Club

Wednesday, June 29 | 4:00 pm
Board Room and via Zoom
Complimentary | Members Only



We will be discussing
The Book Woman's Daughter
by Kim Michele Richardson

Future Dates:
July 27 | *The Magnificent Lives of Marjorie Post* by Allison Pataki
Board Room and via Zoom

Hosted by Karin Nazaruk
973-224-1734 | karinnaz@aol.com

August and September will not have meetings.

Online registration or call Member Services at 561-241-6870.



FOURTH OF JULY POOL PARTY

Monday, July 4 | 11:00 am - 3:00 pm
Pool Deck & Bistro Parking Lot
Complimentary | Members Only

DJ Danny, foam pit, water slides,
interactive games, bounce house,
fun foods and grill station.



Trivia Night



Wednesday, July 6 | 7:30 pm
Moonstone Patio
Complimentary | Members Only

Moonstone Café open until 9:30 pm with limited bar options available.
Bring a team or come join a table. New Members are encouraged to
come and meet Social Committee Members and be part of their team.

Online registration or call Member Services at 561-241-6870.





YAPPY HOUR

Friday, July 15 | 4:00 pm
Starter Shack
Complimentary | Members Only

Run – don't walk – and join us for a PAW-sitively terrific time! Meet and mingle with dog lovers and their canine companions. Enjoy complimentary treats for you and your dog.

Doggy water bowls provided and limited bar available for member charge.

Online registration or call Member Services at 561-241-6870.



Thursday, July 7 | Movie starts at 7:00 pm
Cinemark Palace 20 | 3200 Airport Rd., Boca Raton
\$14 per person | Members Only
Private theater for Broken Sound Members

We will meet outside of the Cinemark Palace 20 at 6:30 pm
"Elvis" is rated PG-13

Online registration or call Member Services at 561-241-6870.

Weekly Dining Events



Dining Schedule

View full schedule for all locations plus other important information.



Delicatessen Pop Up Restaurant with Music

Saturday, June 18



Burgers and Brews at Bistro

Monday, June 20, 27 | July 11



Old Course Dinner

Tuesday, June 21, 28 | July 5, 12
Thursday, June 23, 30 | July 7, 14



Old Course Friday Dinner à la Carte

Friday, June 24 | July 1, 8, 15



BSC Pizzeria at Bistro

Friday, June 24 | July 8



Old Course Dinner à la Carte

Saturday, June 25 | July 9



Old Course Casual Dinner After Fore

Sunday, June 26 | July 3, 10



Happy Hour at Bistro

Friday, July 1, 15



American BBQ Pop Up Restaurant with Music

Saturday, July 2



Italian Pop Up Restaurant with Music

Saturday, July 16



L'Atelier de Joël Robuchon Miami, which serves French cuisine, is the only Michelin two-star restaurant in Florida.

Miami Shines Bright with Michelin Stars

On Thursday, the world's most famous international restaurant rating guide bestowed its coveted stars on restaurants in Florida for the first time, focusing on three cities: Miami, Orlando and Tampa. Miami emerged with 10 one-star restaurants and one with a two-star rating, L'Atelier de Joël Robuchon in the Design District. The French restaurant is led by Chef Alain Verzeroli and a team of protégés of the late Joël Robuchon, who held 31 Michelin stars at the time of his death in 2018.

"It was clear to us that the consistency and strength of execution at this location was indicative of a two-star rating," said an anonymous chief inspector for Michelin. Reviewers, called inspectors, eat at restaurants around the world and go to great lengths to remain anonymous. The inspectors judge the restaurants on five main criteria, he said, regardless of where they are: quality of the product; each dish's "harmony of flavor"; mastery of cooking techniques; personality of the chef; and consistency between

visits (if one inspector has a great meal and another doesn't, that's taken into consideration).

Visit Florida, the state tourism and marketing agency, and local tourism agencies in Miami, Orlando and Tampa are paying the Michelin Guide an estimated \$1.5 million over the next three years to rate Florida's restaurants. The restaurants will be listed in a printed guide that Michelin sells and puts online.

Gwendal Poullennec, international director of the Michelin Guides, said he expects to see more starred restaurants in Miami in the years to come. The guide is "open-minded," he said, and has no quota or set number of stars that must be given (or withheld). "We're always working," he said. "We have inspectors constantly in the field. It's a great beginning. Miami will be recognized as a global culinary hot spot."

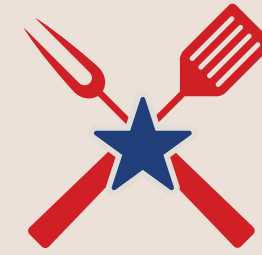
View the full list of Michelin's award-winning restaurants in Florida [here](#). Read more at [MiamiHerald.com](#).

FATHER'S DAY DINNER

Sunday, June 19 | Seatings start at 5:00 pm
The Old Course
\$49 Adult | \$28 Child

Celebrate Father's Day with a special buffet.
Dinner casual attire required.

Reservations are required and are now open.
For reservations, please call 561-241-6877.



Independence Day BBQ

Monday, July 4 | Seatings start at 4:00 pm
Bistro
\$49 Adult | \$28 Child

Join us to celebrate Independence Day with a special buffet!
Dinner casual attire required.

Reservations now available, please call 561-241-6877.

Father's Day at Home



Papa Bear Paloma

2 oz Kentucky Bourbon	½ oz Honey Syrup*
1 oz Fresh Grapefruit Juice	¾ oz Ginger Beer
½ oz Lemon Juice	*1 part honey + 1 part water

Instructions:

Combine all ingredients, (except the ginger beer), into a cocktail shaker over ice. Shake 10-12 times and strain into a rocks glass over fresh ice. Top with ginger beer and stir. Garnish with a lemon twist.



Roasted Filet with Garlic Broccoli & Potato Puree

Potato Puree

Ingredients:

3 lbs. Yukon Gold Potatoes
2 Cups Heavy Cream, Warmed
½ Lb Salted Butter, chilled and diced
Kosher Salt to taste

Directions:

Pre-heat oven to 400° F.
On a parchment-lined sheet pan, arrange the potatoes in an even layer. Bake the potatoes

until tender, about 45 minutes. Let the potatoes cool slightly until they can be handled but are still warm. Peel the potatoes.

Add one potato at a time to a ricer and rice them into a pot. Add the warm cream to the potatoes and some pieces of butter. Whisk until smooth. Continue to add most of the remaining butter, whisking piece by piece, reserving 1 to 2 tablespoons to finish. Season with salt.

Garlic Broccoli

Ingredients:

1 Tsp Olive Oil
1 Tsp Chopped Garlic
1 Cup Broccoli Florets
1 oz White Wine
Salt & Pepper to taste

Directions:

In a medium skillet, heat the olive oil over medium high heat, then add the garlic and move it around for about 30 seconds. Add the broccoli and stir and toss to coat with the oil. Season with salt and pepper and add the white wine. Cover the pan and steam until the wine has evaporated and broccoli is tender.

Roasted Filet

Ingredients:

8oz Filet
Salt & Pepper to taste

Directions:

Pre-heat oven to 415° F.
Sear filets 2 minutes per side on the stovetop in a cast iron skillet on high heat with real butter or oil and then immediately transfer to over. Bake filets for about 5-6 minutes for medium-rare.



CLUB COURSE CLOSURES

June 20 - 23
Back 9

July 11 - 14
Front 9

9 & DINE

SUNDAY, JULY 3
CLUB COURSE
2:30 PM SHOTGUN

\$34*
per person

Format: Scramble

Select your own foursome

**Hors d'oeuvres will be
served after play**

**Register via Foretees or
by calling the Golf Pro
Shop at 561-241-6860.**

*Plus tax. Price includes golf and food.

Firecracker

***** ROUND ROBIN *****

Saturday, July 2 | 8:45 am
Complimentary | Tennis Center

Doubles format, single sign-up. Light bites to follow.

Register via the Club Calendar or by
calling the Tennis Pro Shop at 561-241-6880.



TENNIS CONDITIONING

Friday, July 8 | 3:30 pm - 4:30 pm
Complimentary | Group Fitness Studio 2

Broken Sound is serving up some off-season fitness training to improve your game! The focus will be on improving cardio and muscular endurance with various tennis specific moves. You will work on agility, lateral movement, rotation, core strength, and athletic power. Improving your overall fitness level greatly reduces the risk of injuries on the court as well. All fitness levels are welcome and modifications will be offered. Come enjoy this high energy workout and take your game to the next level! Instructed by Ginger and Pavol.

Call the Fitness desk at 561-241-6840 to reserve your spot.
Space is limited so reserve your spot now!

BROKEN SOUND CLUB
Kids' Summer Program
2022



Now - Friday, July 29
Weekly Monday - Friday | 9:00 am - 3:00 pm
Children ages 5 - 16

\$285/Week or \$70/Day | Members
\$310/Week or \$75/Day | Non-Member
Sibling discount: 15% Off for the second child

Drop Off: 9:00 am	Lunch: 12:15 pm View Menu
Clinic / Instruction: 9:15 am	<i>(Lunch is available daily for Members only, for \$45 per child, per week, or campers can bring their own lunch. Water and Gatorade provided)</i>
Cool Down Break: 10:30 am	
Supervised Play / Matches / Games: 10:45 am	Pool / Indoor Activities / Special Events: 1:00 pm
	Pick Up: 3:00 pm

To register, email Arnaud Delanoe, Junior Program Director
adelanoe@brokensoundclub.org for the Waiver / Health Form

Summer Specials

VALID JUNE, JULY & AUGUST

Instant Rejuvenate Treatment with Microdermabrasion
\$165 | \$200 Value

Microdermabrasion followed by an infusion of vitamins and antioxidants in a hyaluronic based serum using pressurized oxygen. 60 Minutes

Express Hydrafacial w/ LED Light Therapy
\$135 | \$165 Value

A Hydrafacial treatment followed by light therapy to stimulate collagen production, reduce the appearance of fine lines and increase cellular turnover. 45 Minutes

Micro-Peel Facial
\$135 | \$170 Value

Combines microdermabrasion to resurface and prepare the skin followed by a customized peel to achieve the maximum result. Safe and effective for all skin types, from sensitive to resilient. 60 Minutes

90 Minute Massage Special

Schedule any 90-minute Massage and receive a complimentary Aromatherapy or CBD Upgrade. Also enjoy 25% off any Aromatherapy or CBD purchase in the retail store.

Salon Summer Special

Schedule a Signature Manicure, Signature Pedicure or Hair Color Service and receive a complimentary glass of bubbles during your service.

Please call 561-241-6868 to make an appointment.





moonstone SPA & SALON

Group Fitness Class Schedule June 2022

FITNESS CENTER / ROTUNDA | PHONE 561-241-6840

HOURS Monday - Friday: 5:30 am - 9:00 pm | Saturday - Sunday: 7:00 am - 7:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Total Body Conditioning Studio 2 9:30 - 10:25 Rita	Cycle Cycle Studio 7:30 - 8:15 Ginger	Stretch Studio 1 7:30 - 8:25 Roberta	Aerobics & More Studio 2 8:30 - 9:25 Nora	Barre Fusion Studio 2 8:30 - 9:25 Cat	Strictly Strength Studio 2 7:30 - 8:25 Ginger	Men's Stretch Studio 1 8:00 - 8:55 Roberta
Chair Strength Studio 1 10:30 - 11:25 Rita	Aerobics & More Studio 1 8:00 - 8:55 Nora	Core & More Studio 2 8:00 - 8:30 Ginger	Strictly Strength Studio 1 9:15 - 10:10 Muge	Cycle & Core Cycle Studio 9:30 - 10:15 Ginger	Power Yoga Flow Studio 1 7:45 - 8:45 Amy	Cycle Cycle Studio 8:15 - 9:00 Ginger
Zumba Studio 2 10:30 - 11:15 Bebe	Total Body Conditioning Studio 2 9:30 - 10:25 Roberta	Strictly Strength Studio 1 8:30 - 9:25 Ginger	Total Body Conditioning Studio 2 9:45 - 10:40 Ginger	Stretch Studio 1 9:30 - 10:25 Roberta	Total Body Conditioning Studio 2 8:30 - 9:25 Rita	Aerobics & More Studio 1 9:00 - 9:55 Roberta
Slow Yoga Flow Studio 2 11:30 - 12:30 Shelby	Chair Strength Studio 1 10:00 - 10:55 Rita	Barre Fusion Studio 2 8:45 - 9:40 Cat	Chair Strength Studio 1 10:30 - 11:25 Rita	Total Body Conditioning Studio 2 10:00 - 10:55 Nora	Barre / Pilates Fusion Studio 1 9:00 - 9:55 Terri	Boot Camp Studio 2 9:15 - 10:10 Leo
	Stretch Studio 2 10:45 - 11:40 Roberta	Cycle Cycle Studio 9:30 - 10:15 Ginger	Yin Yoga Studio 1 5:00 - 6:15 Kristin	Chair Yoga Studio 1 11:00 - 11:55 Shelby	Slow Yoga Flow Studio 2 9:45 - 10:45 Lisa	Barre Fusion Studio 1 10:15 - 11:10 Rita
	PiYo Studio 1 11:10 - 12:05 Terri	Stretch Studio 1 9:45 - 10:40 Roberta		Kids' Kung Fu Studio 2 4:30 - 5:30 (Registration required)	Body Bar Strength Studio 1 10:15 - 11:10 Cat	Power Yoga Studio 2 10:45 - 11:40 Lia
	Slow Yoga Flow Studio 1 5:00 - 6:00 Lia	Slow Yoga Flow Studio 1 11:00 - 11:55 Kristin		Slow Yoga Flow Studio 1 4:30 - 5:30 Lisa		
	Boxing Studio 2 5:30 - 6:25 Leo	Kids' Kung Fu Studio 2 4:30 - 5:30 (Registration required)				

 Cardio	 Mind, Body & More
 Strength & Cardio	 Yoga
 Strength & Balance	 Kids

Please visit the Club's website for a selection of pre-recorded group fitness classes to view at your own leisure.

For questions regarding Kids' classes, please contact Arnaud Delanoe at 561-241-6876.

Water Aerobics Class Schedule June 2022

AQUATICS / POOL HOURS OF OPERATION

Daily: Sunrise - Sunset

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 - 9:00 Shon Jon	8:00 - 9:00 Pam	8:00 - 9:00 Lois	8:00 - 9:00 Andrea	8:00 - 9:00 Pam	8:00 - 9:00 Lois	8:00 - 9:00 Muge
9:30 - 10:30 Shon Jon	11:00 - 12:00 Ginger	10:00 - 11:00 Muge	11:00 - 12:00 Ginger	10:00 - 11:00 Karina	11:00 - 12:00 Ginger	9:15 - 10:15 Ginger
	3:00 - 4:00 Muge	3:00 - 4:00 Ginger	3:00 - 4:00 Karina	3:00 - 4:00 Ginger		

Water Aerobics

All of the Water Aerobics classes are equal level exercises and a great low impact workout. Classes are 1 hour and include cardio, dumbbell exercises, noodle exercises and stretching. Classes are held in the Grotto Pool and the water temperature is 85 degrees. If the outside temperature is under 60 degrees, classes will be cancelled.

All participants are welcome to join, no reservation needed. Please call the Towel Hut with any questions at 561-241-6819.

If there is inclement weather, classes will be cancelled.

Lap Lanes

There are 6 lap lines that are 25 yards long and vary in depth. Lap lanes are reserved by the hour. The lap pool water temperature is 82 degrees.

Reservations are recommended. Please call the Towel Hut for reservation times or any with any questions at 561-241-6819.



BROKEN SOUND
CLUB

2401 WILLOW SPRINGS DRIVE
BOCA RATON, FLORIDA 33496

