

FREE!

GREAT FALLS, MONTANA

Online Version

WE ARE LOCAL



Issue : 43

SOCIALBYTES

January 8, 2025

Brett Harris Insurance Agency
FARMERS INSURANCE

Brett Harris
Agent

300 15th St S, STE 9
Great Falls, MT 59405
Office 406.452.6695
Fax 406-452-3488
bharris5@farmersagent.com

Supporting Small Businesses in the Electric City

The Ultimate Guide to Shopping Local in Great Falls, Montana (2025): Supporting Small Businesses in the Electric City

Did you know that for every \$100 spent at local businesses in Great Falls, Montana, \$68 stays within our community, compared to just \$43 when shopping at national chains? As Montana's third-largest city transforms in 2025, the entrepreneurial spirit of the Electric City continues to thrive through its diverse local businesses.

The historic Central Avenue District remains the heart of local shopping, featuring unique boutiques like Dragonfly Dry Goods and Amazing Toys. West Bank Landing has emerged as a modern shopping destination, combining local retailers with stunning Missouri River views.

From summer through early fall, the Great Falls Farmers' Market at 2 Park Drive South brings together local farmers, ranchers, and artisanal food producers, creating a vibrant community gathering space. The market showcases the best of Montana-grown produce and handcrafted goods.

Art lovers can explore numerous galleries featuring Native American art and Montana-made crafts. The Paris Gibson Square Museum of Art's gift shop showcases local artisans, while regular craft fairs throughout the year provide direct access to makers.

Supporting local businesses in Great Falls isn't just about shopping—it's about investing in our community's future. Every purchase at a local store helps create jobs, preserve our unique culture, and build a stronger economy for all Electric City residents.

ADVERTISE IN SOCIALBYTES
406.899.0404

INSTITUTE OF EMPOWERED HEALTH

Are You Struggling with:
 Diabetes
 Brain Fog
 Low Libido
 Hypertension
 Heart Disease
 Chronic Fatigue
 Stubborn Weight
 Thyroid Dysfunction
 Hormone Imbalances
 Autoimmune Disorders
 Mood/Anxiety/Depression
 Gut Disorders (acid reflux, IBS, etc.)

Register for our next FREE Inflammation, Hormones & Gut Health Seminar by scanning the QR code or call our office!

Tasha Pepos, RDN, LN
Owner, Functional Medicine Nutritionist

406.898.4223
#2 5th St N, Great Falls, MT 59401

#MadeEasy

Battle Born
Financial Advisor & Health Insurance Broker

- *Health Insurance
- *Medicare
- *Financial Planning

406-602-8800
1201 10th Ave S, Ste 105
Great Falls, MT 59405

SUNMED
Your CBD Store

We have yours and your pets CBD needs covered.
 Bring this to receive 20% OFF
 Come check out our PROVEN SLEEP PRODUCTS
 1520 3RD ST NW (next to CITY CUTS) 406-899-0853

Brain Teaser

a) What is in seasons, seconds, centuries, and minutes but not decades, years or days?

b) You throw away the outside and cook the inside. Then, you eat the outside and throw away the inside. what did you eat?

What can you keep after giving to someone?
Your Word

What gets wet while drying? A Towel

What do you call George Washington's false teeth?
Presidentures!

PIERCE FLOORING WHOLESALE DIRECT

Phillip Mahoney
Flooring Specialist

1204 - 7th Street South • PO Box 3429
Great Falls, MT 59403-3429
www.pierceflooringwholesale.com

Cell (406) 868-7433
(406) 727-3832 x8009
Toll Free 800-893-7975
pmahoney@pierce.biz

Onge's Fashions
Specializing in Missy and Plus Sizes

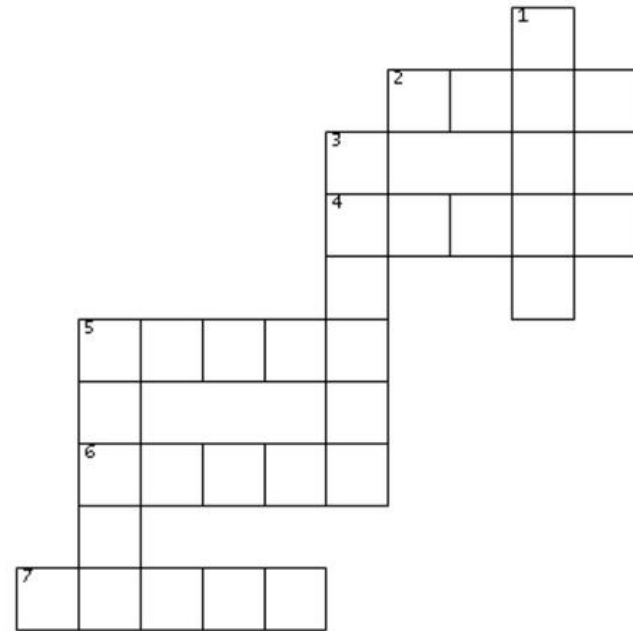
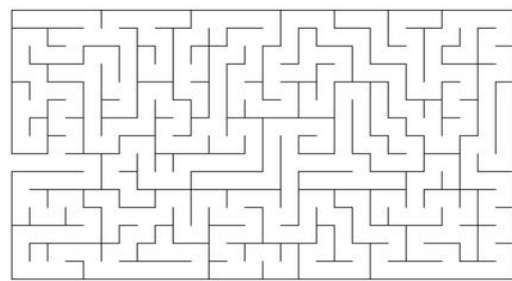
WE ARE UNIQUE BUT NOT A BOUTIQUE

600 CENTRAL PLAZA, DOWNTOWN
406-952-4643 M-F 9:30 - 5:30 | SAT 9:30 - 4:00 | SUN 1:00-4:00

*The Conundrum Corner:
by Doug Mercado*



406.551.6309



3 SUNS CLEANING SERVICE
RELIABLE & AFFORDABLE SERVICES GUARANTEED

ESTD 2024

3Suncleaning.com

Residential, Janitorial, Deep Clean
Vacation Home, Move In/Out

406-792-5602
3sunsmt@gmail.com

Blessed Bee
MASSAGE THERAPY

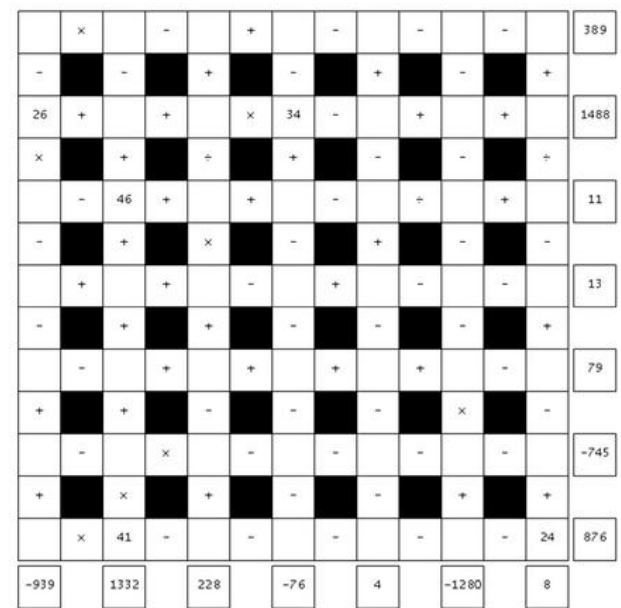
Tracy "Tess" Johnson LMT
(406) 231-6122
1601 2nd Ave N. Suite 616
Great Falls, MT 59401

ACROSS
 2. A shining light in the night sky
 4. A flowing body of water
 5. A fluffy white thing in the sky
 6. A red or green fruit
 7. A long vehicle on tracks

DOWN
 1. What you write on
 3. Connects two places over water
 5. Something you sit on

JAYSON OLTHOFF
Employee Benefits, Small Business, CDLP and Broker Division Specialist

Great Falls, MT
1-406-899-0404
jayson@jaysonolthoff.com
jolthoff.werelegalshield.com



OPEN DOOR

wellness center

Office Hours: 8 AM to 5 PM M - F
2022 Central Ave. Great Falls, MT 59401
Phone: 406.781.4414 - Fax: 406.205.2358



GREAT FOOD, SERVICE & ATMOSPHERE
Overlooking the City of Great Falls

WEDDINGS | CONVENTIONS | PROMS
ANNIVERSARIES | BUSINESS MEETINGS
HOLIDAY PARTIES | REUNIONS | MORE!

Third Floor of GTF Airport (406) 564-9358 greatfallseventcenter.com

TREASURE STATE PAYMENTS

PAYMENT SOLUTIONS

- CREDIT CARD / DEBIT CARD PROCESSING
- MERCHANT SERVICES

406.231.1687

SAVING YOU MONEY AND FUELING YOUR BUSINESS

Issue : 43

FREE! SOCIALBYTES - WE ARE LOCAL

January 8, 2025

Great Falls Auto Repair



James Gowers
Owner/CEO

1121 25th Ave NE, Unit #4
Black Eagle, MT 59414
Phone: 406-727-0021
Cell: 406-231-1022
E-mail: shop@greatfallsautorepair.com

www.greatfallsautorepair.com

Bang Bang Chili-Mayo Salmon

Ingredients

- 2 salmon fillets (8 ounces each)
- 1/8 teaspoon salt
- 1/4 cup mayonnaise
- 1 tablespoon sweet chili sauce
- 1 teaspoon Sriracha (or another hot sauce)
- 1 small cucumber, chopped
- 1 avocado, chopped
- 1 tablespoon chopped cilantro
- 1 1/2 teaspoons salt (for the salad)
- 1 teaspoon lime juice

Instructions

- Preheat to 400°F (200°C).
- Line a baking sheet with parchment paper.
- Place salmon on the baking sheet.
- Sprinkle with 1/8 teaspoon salt.

Make the Sauce:

- In a bowl, mix mayonnaise, sweet chili sauce, and Sriracha.
- Spread half the sauce over the salmon. Save the rest.
- Bake the Salmon for 8 minutes
- Turn on the broiler to high. Broil for about 6 minutes until the salmon flakes easily with a fork.

Prepare the Salad:

- In a bowl, combine chopped cucumber, avocado, cilantro, 1 1/2 teaspoons salt, and lime juice.
- Drizzle the remaining sauce over the salmon.
- Serve with the cucumber-avocado salad.

Falls Print Works



406-315-1653

fallsprintworks@gmail.com

K. Marissa Krupa, M.A.

AGENT



m (406) 202-7896 t (406) 800-0688
kmkrupa@ft.newyorklife.com

Financial Services Professional

New York Life Insurance Company

FirstCall

WE MAKE IT BETTER

Jayson Olthoff

Business Development Executive

406.258.0977
jolthoff@firstsolution.com
www.firstsolution.com

Introductions are appreciated!

Silhouette BRIDAL STUDIO

Bridal Gowns & Accessories



406.564.6287
silhouettebridalstudio.com
809 9th Street S. Great Falls, MT 59405

DOUG J. MERCADO

Financial Advisor



406.551.6309
970.231.4659
Great Falls, MT
DouglasMercado.nm.com
LIC4283608 (CA)

SOCIALBYTES

ADVERTISE HERE

406.899.0404

TO CONNECT WITH LIKE-MINDED BUSINESS LEADERS IN THE IN THE GREAT FALLS AREA. CHECK OUT "C.A.B." EVERY WEDNESDAY AT 9:00 A.M. OR FIND US ONLINE AT [HTTPS://WWW.FACEBOOK.COM/COFFEEANDBUSINESS](https://www.facebook.com/coffeeandbusiness)

Word Find

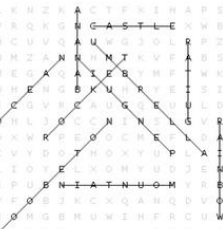
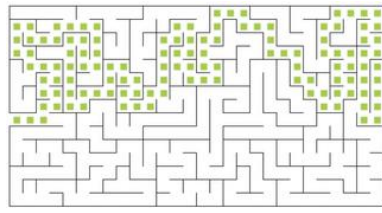
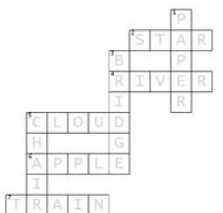
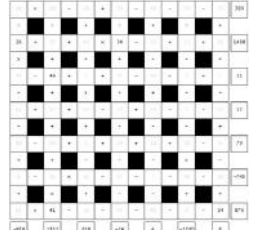
L	K	N	Z	K	A	C	T	F	X	I	H	A	P	S
P	R	Q	K	G	N	C	A	S	T	L	E	X	W	B
H	C	U	V	Q	A	U	W	G	J	O	L	R	P	Z
U	M	Z	A	N	N	H	M	T	K	V	F	A	B	S
M	E	G	A	Q	A	I	E	B	Y	M	F	T	W	K
W	H	E	N	G	B	K	U	H	R	Y	E	I	S	I
R	C	G	V	R	C	A	U	G	Q	E	U	U	L	D
O	H	L	J	O	C	C	N	I	N	S	L	G	V	R
O	X	W	R	P	E	O	O	C	M	E	F	L	D	A
C	V	Y	D	O	T	H	O	X	Y	U	P	L	A	I
L	I	O	Y	E	L	X	O	M	Y	U	D	J	E	N
R	P	U	B	N	I	A	T	N	U	O	M	Y	R	B
V	F	O	B	J	K	C	X	Q	A	N	Q	D	V	O
J	O	M	G	B	M	U	W	I	H	F	R	C	U	W
K	X	B	B	T	L	U	A	B	Y	F	P	P	W	S

Banana
Castle
Guitar
Mountain
Notebook

Ocean
Penguin
Rainbow
Rocket
Umbrella

Answers

Answer: a. "n" b. com on the cob

What's Happening Great Falls

Coffee and Business (CAB)

Wednesdays @ 9:00 a.m.
Location: The Station, 119 River Drive North

Singo

Tuesdays @ 6:30 p.m.
Annie's Tap House

Silver Sneakers

Wednesdays @ 11 - Noon
Greater Food Health

Did You Know...

Central Avenue in Great Falls was originally designed with an impressive 90-foot width, which was specifically planned to allow freighters enough room to turn their wagons around? This unique feature was part of the original 1884 townsite plat created by Herbert P. Rolfe, which was meticulously designed by entrepreneur Paris Gibson and railroad magnate James J. Hill. The avenue was laid out in a Cartesian grid style, consisting of 100 blocks, most containing fourteen lots that were 50 by 150 feet wide.

Here for Our Community's Heroes!

Proudly sponsoring this salute to our military and first responders, the **Brett Harris Agency** is your local champion in safeguarding what matters most. Whether it's personal, commercial, vehicle, life, home, or recreational insurance, we tailor protections to fit your life. In challenging times, we're your fortress of savings and security.

Ready for a personalized insurance experience?
Call us at 406.452.6696

Brett Harris Insurance Agency – where your peace of mind is our priority!



Clarke and Lewie's
Life in Bloom
Central Ave meats
Fire Pizza
Luna Coffee
Double Barrel

Street Burgers
Tracy's Home Depot
Electric City Speedway
Teriyaki Madness
SunMed
Wheat Montana

Cafe Rio
Brush Crazy
Smoked
Brian's Top Notch Cafe
BackRoads
Inge's Fashions