



Scottish
Recovery
Network

Peer Connects Inspiration station

Webinars

60 minutes of peer support ideas
and inspiration to kick start your day!

How to book



Click on the button at the bottom of each webinar page and you will be taken to Scottish Recovery Network’s Eventbrite channel to book your place. We will email out a link ahead of the event. If you would rather call into online events on your phone (audio access) we can accommodate this.

Accessibility

If you have any accessibility or communication needs that would help you take part, please let us know. To book BSL Interpreters or Electronic Notetakers we need two weeks’ notice.

If you have any further questions contact 0300 323 9956 or info@scottishrecovery.net - Sign Language (BSL) users can contact us directly by using Contact Scotland BSL

“I am blown away coming to these events and feeling empowered by it. It has a ripple effect.”

Learning from events will be shared in our [newsletter](#) and on [PeerRecoveryHub.Net](#)



Webinars



Embedding a peer support workforce

8 October 2024, 10:00 - 11:00

Online (MS Teams)

Lived experience roles are an integral part of the mental health workforce. This includes Peer Workers, Peer Managers and Lived Experience Strategic Leads.

We're bringing together learning from Scotland and England to explore ideas and considerations around implementing these roles.

Dr Linda Irvine Fitzpatrick, Strategic Programme Manager with [Thrive Edinburgh](#) will share learning around their Peer Supporters who are a key part of guiding people to the right support for their mental health.

We'll also soon be announcing a guest contributor to chat to us about peer workforce approaches in England!

- **This webinar is for local and national policy leads working in mental health and wellbeing, third and public sector organisations, and service leads and managers.**

Book

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Webinars



Peer support in early intervention

3 December 2024, 10:00 - 11:00
Online (MS Teams)

Are you passionate about the role of peer support in early intervention mental health and wellbeing support?

This webinar will focus on peer-led support as an early intervention approach to helping people stay mentally well.

We'll be talking about where peer support sits in the wider strategic approach to mental health and wellbeing support and what these types of services look like in practice.

We'll be hearing from Wendy Callander, Executive Director at [Wellbeing Works](#) in Dundee and sharing examples of approaches that are supporting people in their communities. Approaches that are providing alternatives to an over-whelmed, medical focused mental health system.

- **This webinar is for strategic thinkers who are interested in the role of peer support in early intervention.**

Book

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Webinars



The role of peer support in mental health crisis services

4 February 2025, 10:00 - 11:00
Online (MS Teams)

[Galway Community Cafe](#) is a free, out-of-hours mental health service designed and delivered by people with lived experience, in partnership with the local business community and mental health services.

We're delighted to be joined by Maria McGoldrick, Area Lead for Mental Health Engagement and Recovery, Community HealthCare West and Thom Stewart, Expert-by-Experience from An Ait Eile Cooperative, who will discuss their coproduction journey.

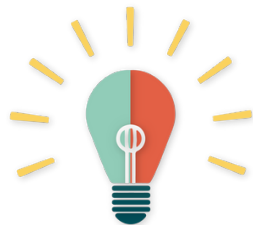
We'll also be hearing from [Penumbra's crisis services](#) who, with a focus on peer support, are taking a different approach to helping people in distress.

This webinar is for strategic thinkers interested in different approaches to mental health crisis support. People driving forward the implementation of mental health and wellbeing strategy and delivery.

Book

#PeerConnects

We've launched a new online hub!



It's full of tools, events and opportunities to inspire you to develop and champion peer support for mental health recovery!

It's a space where we'll be shining a spotlight on your fantastic peer support projects, services and organisations. A place where we'll share ideas and learning from people planning and delivering peer support activities, to help you do the same.



PeerRecoveryHub.Net