

# CMAL *Magazine*

First Semester | 25-26

No: 1



**A school full of  
life**

Culture  
Adventure  
Fun



# *This Semester in* **CMAL**

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# CMAL Magazine

School Principal

AYHAN TURAN

Editor-in-Chief

Sinem YILDIRIM

Uğur ACAR

Content Creators

10/C

Ali Can Eniyi

Fatma Karavuş

10/D

Reyyan Muzaç

Ecrin Ertürk

Ecrin Özmert

Muhammed Yasir Bora

10/E

Emirhan Arslan

Zeren Nur Türk

İBATTALGAZİ NGH. KAYAÖREN  
ST. CEMİL MERİC ANADOLU  
LİSESİ SULTANBEYLİ /  
İSTANBUL

<https://767358.meb.k12.tr/>

Content Creators

12/İ

İbrahim Altıparmak

12/K

Anıl Bayram Gedikoğlu

Berna Üstün

Mehmet Fatih Arabacı

Sudenur Uğuz

Ecrin Büyükbaş

Ravza Nur Hançar

Berat Nazım Dalgıç

Zeynep Laçın



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# PRINCIPAL'S *Note*

Welcome to our school's e-magazine! This issue is the result of our students' creativity, teamwork, and hard work throughout the term. Each page reflects their ideas, voices, and perspectives, making this magazine a true collaborative project.

While preparing this e-magazine, our students improved not only their English language skills but also their research, writing, and digital literacy abilities. They explored different topics, shared their opinions, and learned how to express themselves more confidently in English.

I hope you enjoy reading this issue. Thank you for supporting our students and being a part of their learning journey.

*Ayhan Turan*

SCHOOL PRINCIPAL



**"THE BEAUTIFUL  
THING ABOUT  
LEARNING IS THAT  
NO ONE CAN TAKE  
IT AWAY FROM  
YOU." - B.B. KING**



# OUR SCHOOL CORNER



There are many different activities at our school, and they play an important role in improving both our social and academic skills. Plenty of different projects, school trips, contests and sports events are organized. These activities help the teachers and students keep their motivation high and build a stronger connection among the members of our school.

One of the most unforgettable events was the show we organized on December 10th, Human Rights Day. The aim of this show was to raise awareness about equality, discrimination, and human rights. To make the performance more realistic and powerful, we used symbolic makeup and dramatic elements to represent racial discrimination.

*-Muhammed Yasir*

*Bora*

*10-D*





Another great experience we had this year was our trip to Teknofest, which was both educational and inspiring. During this trip, we had the chance to closely observe how Turkish technology has developed in recent years. We saw many projects related to aviation, space, robotics, and artificial intelligence.

Besides these activities, our school also organized university trips to help us think about our future careers. We visited Marmara University, Okan University, and Sabancı University, and each visit gave us a different perspective on university life.

We also had a chance to see different cities such as Çanakkale, Bursa, Ankara, and Nevşehir.

It's really great to be a part of this school.

*-Fatma Karavuş*  
*10-C*





Our Foreign Language Class 12/K organized a Model United Nations (MUN) conference at our school. Model United Nations is an academic activity where students represent different countries and act as diplomats. Students discuss global issues and learn how the United Nations works.

During their MUN conference, they discussed important world topics such as human rights, climate change, international conflicts, and global cooperation. Each delegate spoke for their country and shared ideas to find peaceful and realistic solutions.

MUN helps students improve their English speaking skills, self-confidence, and critical thinking. It also teaches teamwork, diplomacy, and respect for different opinions. This conference was an educational and inspiring experience for our school.

*- Arul Gedikoğlu  
12-K*



# SPORTS



Sports play a significant role in our school life. In our school, sports such as football, basketball, table tennis and volleyball are widely practiced. These activities take place during physical education classes as well as after-school programs. Participating in sports helps students maintain an active lifestyle and supports their overall well-being.

The team selection process is organized in a structured and fair manner. First, the most successful team from each class is selected. These class teams then compete with one another. After this process, the best-performing team is chosen to represent the school. This system allows many students to demonstrate their abilities and encourages active participation in school sports.

Our school teams regularly participate in district and city-level tournaments. Through these competitions, students represent the school and gain experience in a competitive environment. In recent years, our teams have continued to develop through regular participation in official tournaments.



The primary objective of school sports is to increase student participation and promote a healthy lifestyle. The school aims to expand sports opportunities and improve training programs in the coming years.

*-Ali Can Eniyi*  
*10-C*

# NEWS CORNER

## What 2025 Taught Us, and What We Carry into 2026

The year 2025 taught us many important lessons. We learned that water is precious and must be protected. We saw that energy can change through new ideas. Our culture can reach people all around the world. We understood that budgets are not only numbers, and health investments save lives. We also realized that artificial intelligence is now an important part of our daily lives. As we step into 2026, we carry these lessons with us—along with renewed hopes and responsibilities. Our task now is not only to remember what we have learned, but also to turn these lessons into meaningful action and ensure that our hopes shape a better future.

## A New Energy Chapter for Türkiye

In 2025, Turkey opened a new chapter in energy. The old debate—“Oil or natural gas?”—has been replaced by a new one: “Solar panels or wind turbines?” The Ministry of Energy has set a bold goal: to multiply the country’s renewable energy capacity by 2030. The target is ambitious—reaching 120,000 megawatts of clean energy infrastructure.

And this isn’t just about the environment. It’s also about the economy. Reducing foreign dependency, lowering energy bills, creating jobs... it’s all part of this transformation.

*-Reyyan Muzac  
10-D*



# CULTURE CORNER

## BOSSABALL

Bossaball was developed in the early 2000s in Europe. It has gained international recognition, especially at beach events, sports festivals, and promotional tournaments. Bossaball is a dynamic team sport that combines elements of volleyball, football (soccer), gymnastics, and acrobatics. It is played on an inflatable court featuring integrated trampolines, allowing players to perform high jumps and aerial attacks. Music is an essential part of the game, contributing to its strong entertainment and show-oriented character.



Teams typically consist of 3 to 5 players, depending on the competition or event format. Players may use hands, feet, head, and body to control and strike the ball. Due to the trampoline, players frequently perform acrobatic moves during attacks and defense.

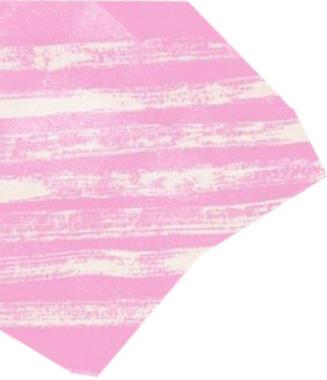
The objective is to score points by grounding the ball on the opponent's side of the court or forcing an error. Teams are allowed a limited number of touches before sending the ball back over the net. Attacks performed from the trampoline zone are a key strategic element of the game. Rules such as number of touches, scoring system, and match duration may vary depending on the organization or event. Bossaball does not have a single universal scoring system. In many formats, trampoline-based attacks are rewarded with higher point values than regular ground attacks. Matches are usually played in sets, similar to volleyball, though formats can differ.

### PLAYING FIELD AND EQUIPMENT

- THE GAME IS PLAYED ON A LARGE INFLATABLE COURT WITH SOFT SURFACES.
- EACH SIDE OF THE COURT INCLUDES A TRAMPOLINE AREA THAT ENABLES PLAYERS TO JUMP SIGNIFICANTLY HIGHER THAN IN TRADITIONAL SPORTS.
- A NET DIVIDES THE TWO TEAMS, SIMILAR TO VOLLEYBALL.
- THE BALL IS SIMILAR TO A VOLLEYBALL, ALTHOUGH PLAYERS ARE ALLOWED TO USE BOTH HANDS AND FEET.
- MATCHES ARE OFTEN ACCOMPANIED BY LIVE OR RECORDED MUSIC

*-Emirhan Arslan*  
*10-E*

# LITERATURE



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English literature is not shaped by a single period or a fixed way of thinking; rather, it is a living tradition formed through centuries of change and human experience. Its earliest roots lie in oral storytelling and religious texts, where literature mainly aimed to teach moral values and guide people toward right behavior. Over time, however, literature moved beyond simple instruction and began to question what it truly means to be human.

The Renaissance marked a major transformation in English literature. Writers started to focus on human emotions, inner conflicts, and individual identity instead of strict rules or social expectations. Language became more expressive and artistic, turning literature into a space for questioning life, existence, and personal meaning rather than accepting ready answers.

As society changed, literature reflected these transformations more clearly. Industrialization and social shifts brought realistic characters and everyday struggles into literary works, making them more relatable to readers. At the same time, literary language evolved, becoming clearer and more direct while still preserving emotional depth.

In the modern period, writers became increasingly interested in the complexity of the human mind. Dark themes such as loneliness, loss, and fear were explored through symbolism and poetic language, encouraging reflection rather than despair.

Edgar Allan Poe stands out in this tradition, especially with *Annabel Lee*, which blends love and loss in a haunting yet delicate way, demonstrating the lasting emotional power of English literature.



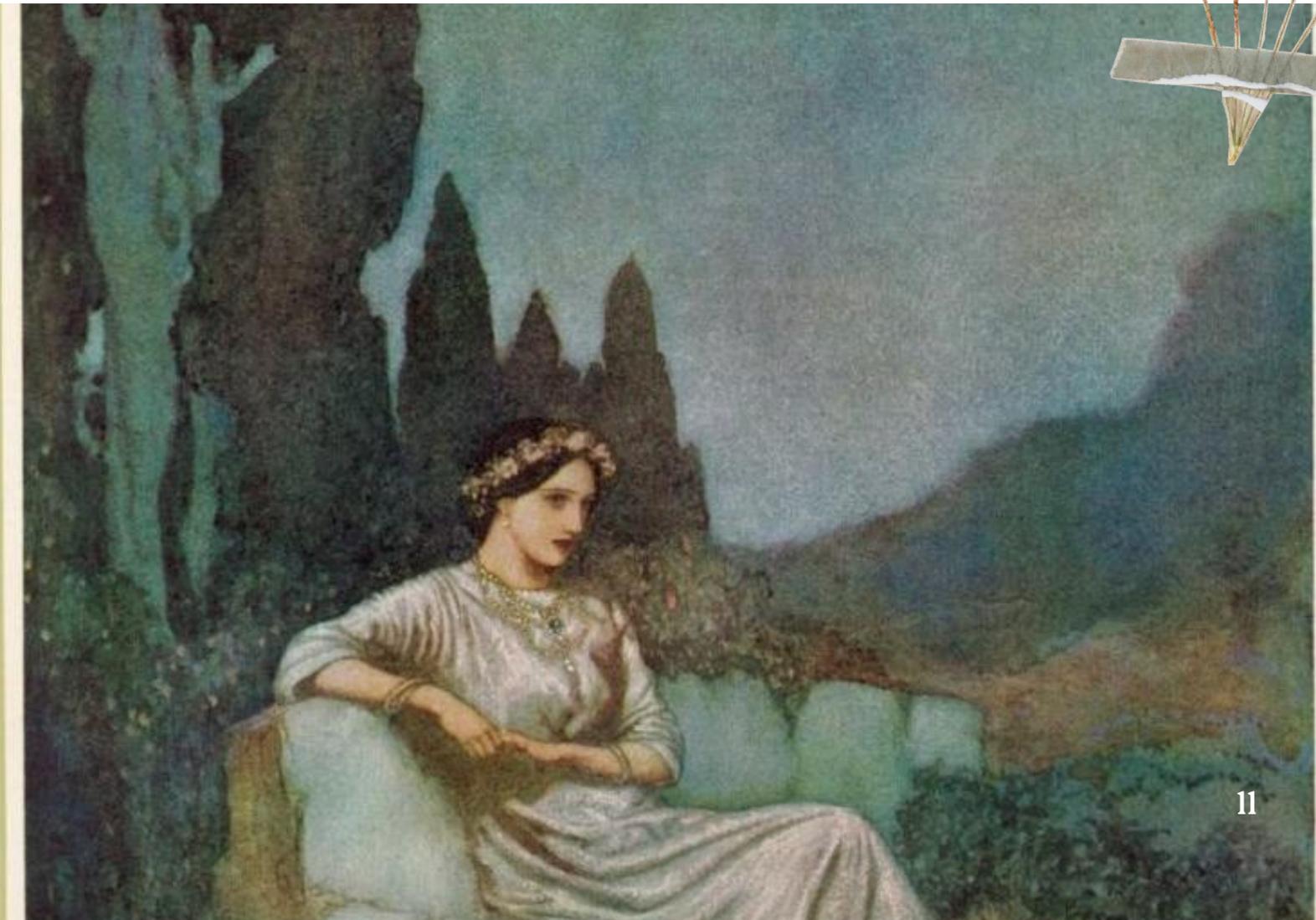
## BRIDAL BALLAD

The ring is on my hand,  
And the wreath is on my brow;  
The summer night is fading fast,  
And I am near to you now.

The thyme was on the hillside,  
And the moss was on the stone;  
And the song-bird sang on the bush,  
And the moon shone on alone.

The presence of the absent,  
The absence of the near;  
The heart is with the dead,  
But the soul is with the dear.

Edgar Allan Poe



# AYE AYE

There is a very interesting animal that moves quietly through the trees at night with its big eyes. This creature uses its finger like a detective to find food and has been misunderstood for many years because of its strange appearance. Meet one of nature's most unusual animals: the Aye-Aye.



Native to Madagascar, the Aye-Aye is nocturnal and hunts while hiding among leaves. It uses its long, thin middle finger to find and grab insects and larvae inside tree trunks. This finger is so sensitive that it can locate prey just by tapping on trees! Its large eyes are perfect for seeing in the dark, and its long claws allow it to climb easily.

Unfortunately, its strange appearance has caused some people to see it as unlucky, and it has faced dangers because of this. But in nature, the Aye-Aye plays a vital role: it controls harmful insects in trees, helping maintain the forest's balance.

And remember: it lives in Madagascar, so if you ever visit this island, you might get to see it in real life!



lee



# HEALTH TIPS

In this interview, we discuss with our school guidance counselor the effects of social media use on teens' mental health, academic life, and daily habits. Our goal is to help students use social media in a more conscious and healthy way.

*- Zeren Nur Türk  
10-E*

## **What Is Social Media Addiction? How Can It Be Identified in Teens?**

Addiction is generally defined as losing control over a substance, behavior, or activity.

Addiction is a problem that develops in the brain. In fact, it is the disruption of the brain's reward system. Social media addiction refers to a person's inability to stop checking social platforms such as Instagram, X, TikTok, or Facebook, becoming increasingly absorbed in them over time.

As a person's dopamine level rises through likes and positive feedback received on social media, they want to experience this pleasure again and again. They seek this satisfaction in different ways and gradually become someone whose mood depends on external approval and reactions from others. Feeling incomplete, angry, or restless when unable to access these platforms may indicate social media addiction.

## **What Is the Ideal Daily Social Media Usage Time for Teens?**

It is not appropriate to give a strict and exact time, as the purpose of use can affect this. However, generally, 1 to 1.5 hours per day is considered healthy. More important than duration is when and how social media is used. For example, checking social media right before sleeping or immediately after waking up can cause loss of control over usage.



## **How Does Social Media Addiction Affect Teens Psychologically?**

There are critical periods in development, and the teenage years are one of them. During this time, individuals are in the process of forming their identity. They begin to question their perspectives on life, ideas, ideals, and beliefs. Questions such as Who am I? What do I like? What am I good at? How can I exist in society? Am I loved enough? become central. Clothing styles, books read, and music listened to begin to take shape and constantly change.

At this point, relationships with family, peers, teachers, and the environments in which teens interact play a major role in shaping this process. Alongside this reality, the virtual environments teens are involved in can also influence this development in both positive and negative ways.

Teens who need to express themselves can do so more easily through social media platforms. They may find opportunities to share their talents with wider audiences, gain new information, discuss ideas, and stay informed about current events. They may observe different cultures and beliefs, enrich their perspectives, and develop empathy. When used correctly, social media can support personal development.

However, there are also risks. Constantly sharing content and seeking likes can lead to low self-esteem and a self-image dependent on external approval. Teens may compare their lives to idealized online lifestyles, find their own lives meaningless, or judge themselves based on imposed beauty standards. In search of approval, they may share photos or content they later regret and struggle to cope with the consequences. Since teens have more difficulty foreseeing risks and making decisions from multiple perspectives compared to adults, unconscious sharing is more likely. Additionally, interacting with strangers may expose them to risks such as deception, abuse, or involvement in crime.

Moreover, teens who cannot form bonds in real life may attempt to do so in virtual environments, gradually disconnecting from reality and becoming more isolated.



**MOST TEENS AREN'T  
ADDICTED TO SOCIAL  
MEDIA; IF ANYTHING,  
THEY'RE ADDICTED TO  
EACH OTHER.**



### **What Do You Recommend for More Conscious Social Media Use?**

Awareness of time management is essential, not only regarding social media but in general. Using a planner, listing daily tasks, prioritizing them, and including enjoyable and developmental activities—such as drawing, doing puzzles, learning an instrument, engaging in sports, or writing poetry—can help teens spend quality time with themselves.

Additionally, forming real, warm, face-to-face relationships and spending certain times of the day together with family members supports emotional and social bonding. Outside of these times, setting a daily screen time limit and dividing it throughout the day is healthier.

If a teen cannot control their social media use, it is important to explore which emotional need social media fulfills—such as self-expression, attention, visibility, or seeking approval not found in real life. In such cases, psychological support and addressing underlying causes can be more effective.

### **What Are the Effects of Social Media on Academic Success and Attention Span?**

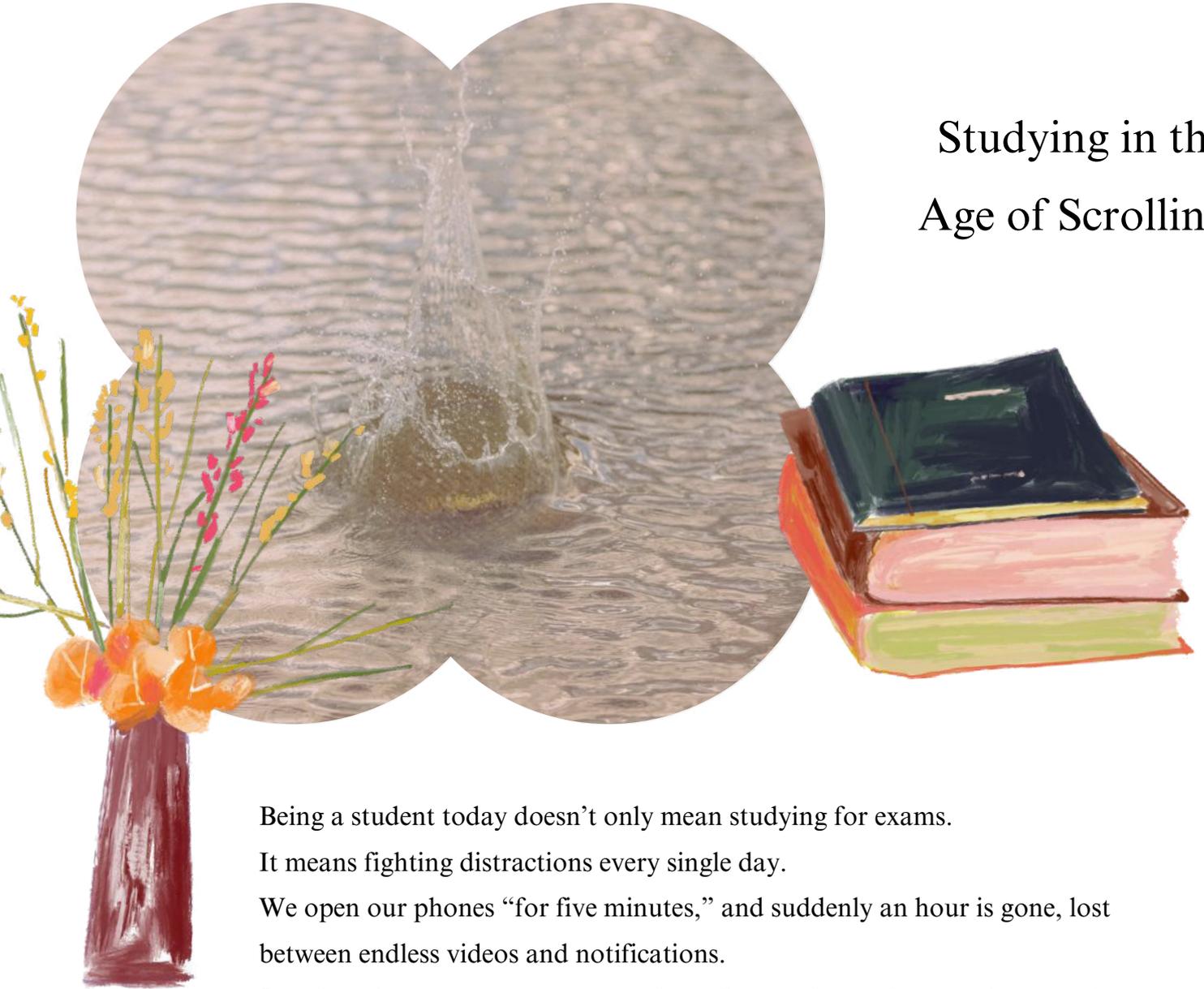
When used incorrectly and without limits, academic performance may decline as teens lose opportunities for self-improvement. The brain develops through effort; being challenged allows it to create new pathways that facilitate learning.

Social media content is often short, simplified, and fast-paced, leaving little room for deep thinking.

Continuous scrolling encourages passive consumption, leading to a zombie-like state. The brain prefers continuity and completion, making it difficult to stop watching. Teens find it harder than adults to control this impulse.

Such shortened content reduces tolerance for long, in-depth topics and negatively affects attention span.

## Studying in the Age of Scrolling



Being a student today doesn't only mean studying for exams.

It means fighting distractions every single day.

We open our phones "for five minutes," and suddenly an hour is gone, lost between endless videos and notifications.

Social media promises connection, but often steals our focus and motivation without us even noticing.

While technology makes learning easier, it also makes concentration harder.

Our attention is constantly divided, and studying requires more effort than it used to.

Maybe the hardest lesson we need to learn is not from books,

but how to control our screens before they control us and decide how we spend our time.

*-Ecrin Büyükbaş*

*12-K*

## MUCH VS. MANY

Rauza Nur Hancar  
12-K

### When do we use "Much"? (Ne zaman "Much" kullanırız?)

Used with uncountable nouns.  
Common in questions and negative sentences.

I don't have much time today.  
(Bugün çok zamanım yok)

How much money do you need?  
(Ne kadar paraya ihtiyacım var?)

### When do we use "many"? (Ne zaman "Many" kullanırız?)

Used with countable nouns.  
Used in affirmative, negative, and interrogative sentences.

I have many friends at school.  
(okulda birçok arkadaşım var)

There are many students in the library.  
(kütüphanede birçok öğrenci var.)

### Mini Quiz

There isn't much / many milk left.

How much / many questions are in the exam?

We didn't see much / many people at the concert.

# FUN CORNER

*Mehmet Fatih Arabaci*

*12-K*

English has the largest vocabulary in the world It's estimated to have over 1 million words, though native speakers use only about 20–30 thousand in daily life.

English is not “pure” English borrows heavily from other languages: French (restaurant, justice) Latin (information, radius) German (kindergarten, hamburger) Arabic (algebra, coffee)

The most commonly used letter is “E” And the most common word is “the.”

New words are added every year Words like selfie, binge-watch, ghosting, and AI-generated became common only recently.

The longest word in English dictionaries is rarely used Pneumonoultramicroscopicsilicovolcanoconiosis is a lung disease, mainly used as a curiosity.

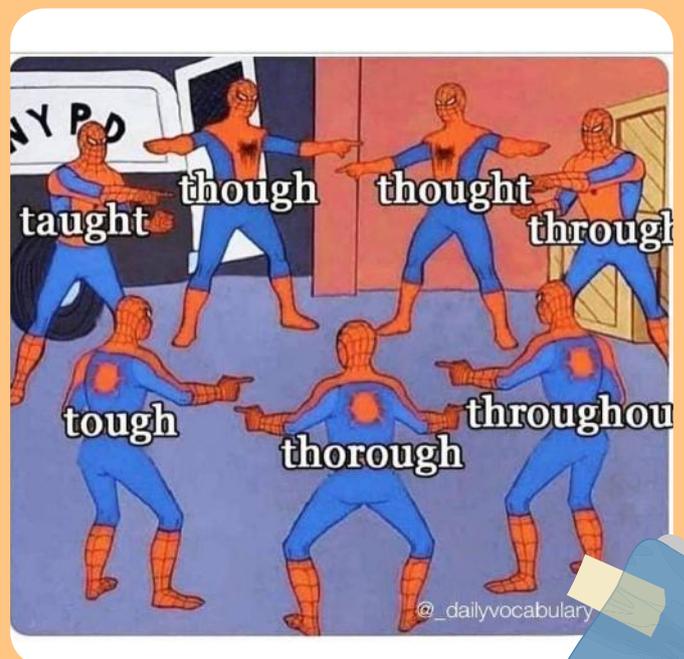
Politeness is very important in English culture People often say “please,” “sorry,” and “thank you”—even when it's not strictly necessary.

“Set” has the most meanings in English It has over 400 different meanings depending on context.

No word rhymes perfectly with “orange” (Almost true – near rhymes exist, but no perfect ones.)

“Buffalo buffalo Buffalo buffalo buffalo buffalo Buffalo buffalo” is a real sentence And yes, it's grammatically correct. English went feral here.





- Beynep Laçın  
12-K

# COMMON IDIOMS

## **The best of both worlds**

**Meaning :** Enjoy the advantages of two different situations at the same time.

This café is quiet during the day and lively at night, so it offers the best of both worlds.

## **To go the extra mile**

**Meaning :** To do more than is expected.

She always goes the extra mile to help her friends.

## **To be at the end of your rope**

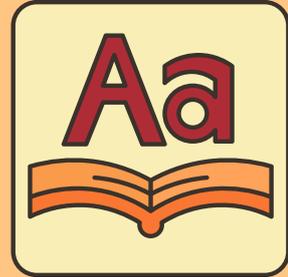
**Meaning :** To feel like you can't cope anymore.

After working all night, I'm at the end of my rope.

## **To make a long story short**

**Meaning :** A short summary of a longer story.

To make a long story short, we missed the flight.



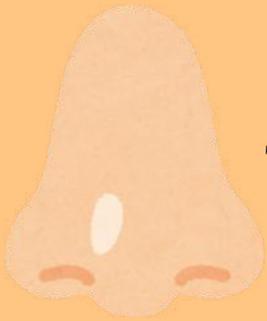
# FUNFACTS

Many languages don't have words for "yes" or "no".



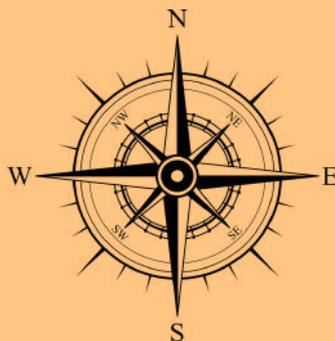
Tone matters more than words in many cultures.

The handshake dates back to ancient times to show you weren't carrying a weapon.



The human nose can recognize over 1 trillion smells!

Some languages use directions ( north/south ) instead of left/right.



*-Sude Uğuz  
12-K*

# ADJECTIVES

## Word Search

Direction:

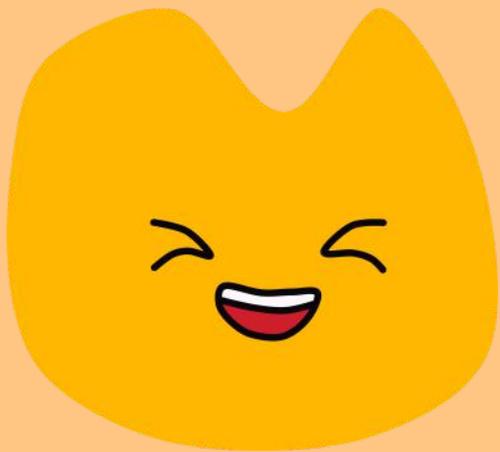
Find and circle the words that correspond with the pictures.

H	S	T	O	S	C	A	R	E	D	X	H
H	T	Y	N	N	F	A	T	C	O	S	U
R	R	I	I	K	J	S	V	F	F	O	N
G	O	M	H	W	F	D	U	A	I	F	G
B	N	K	N	U	F	U	D	N	S	G	R
X	G	Q	B	C	R	M	H	G	J	W	Y
T	H	I	R	S	T	Y	D	R	Q	Q	M
M	Y	U	P	Q	X	Z	I	Y	X	Y	A
J	F	S	U	R	P	R	I	S	E	D	N
S	L	E	E	P	W	A	L	K	E	R	V
W	G	U	G	L	Y	H	A	B	Z	J	C
S	P	C	T	T	I	R	E	D	W	D	R



# TONGUE TWISTERS

Peter Piper picked a peck of pickled peppers.  
A peck of pickled peppers Peter Piper picked.  
If Peter Piper picked a peck of pickled peppers,  
Where's the peck of pickled peppers Peter Piper picked?



Denise sees the fleece,  
Denise sees the fleas.  
At least Denise could sneeze  
and feed and freeze the fleas.

There was a fisherman named Fisher  
who fished for some fish in a fissure.  
Till a fish with a grin,  
pulled the fisherman in.  
Now they're fishing the fissure for Fisher.



THANKS FOR  
READING OUR  
SCHOOL'S E-MAGAZINE



SEE YOU  
NEXT  
SEMESTER



