



UNISUS

INNOVATION
IN EDUCATION

FUTURE READY PROGRAM

Future-Proofing Students for an Evolving
World

January 2026 - School Report Grades 6-12

UNISUS Future Ready Program

Future-Proofing Students for an Evolving World

A School-Wide Snapshot for Grades 6–12 - January 2026

The world our students are entering is changing faster than any generation before them. Many of the jobs today's Grade 6 students will hold in adulthood **do not yet exist**. Artificial intelligence, automation, and rapid technological change are reshaping how we live and work — but one truth remains consistent:

Up to 80–85% of long-term success comes from well-developed what is commonly called soft skills — only 15-20% from technical knowledge.

At UNISUS, academic excellence remains essential. But academics alone are not enough. Using academic achievement as a platform to learn those critical soft skills is as important. We think the same way about our athletic academy programs. This is why we intentionally focus on the **skills that matter most for life, leadership including self leadership, and a rapidly changing world.**

The **Future Ready Program** is a program that we developed for UNISUS to bring more self reflection and focus into this important topic on an ongoing basis, to build on what is already being achieved in the classroom and in enrichment and academy programs.

What We Measured

This January, students in **Grades 6–12** completed the Future Ready self-assessment, reflecting on their development across **23 core dimensions**, grouped into four essential domains:

- **Personal Mastery** (e.g. mindset, self-management, emotional intelligence)
- **Interpersonal Skills** (e.g. empathy, collaboration, ethics, communication)
- **Digital Literacy** (e.g. AI discernment, digital tools, online safety)
- **Physical Wellness** (e.g. sleep, movement, stress management)

Students evaluated their own habits, behaviours, and responses — helping them build **self-awareness**, not just receive a score. Each student received an **individual Future Ready Profile**, and we also analyzed the results **school-wide** to understand collective strengths and growth areas. This will be a recurring exercise three times per year moving forward. See the appendix for an example of an individual student report.

What the School-Wide Results Tell Us

1. Strong Foundations in Mindset, Relationships, and Emotional Intelligence

Across grades, students show **consistent strength** in areas such as:

- Growth mindset, curiosity and creativity
- Empathy and care for others
- Communication and critical thinking
- Self care and emotional intelligence

This tells us our students are developing strong **character foundations** — a hallmark of long-term success, leadership, and wellbeing. You may find the school wide outcomes in the appendix.

2. Emerging Needs in Self-Management, Stress Management and Resilience

Several areas surfaced as **common growth opportunities across grades**:

- Stress management and sleep
- Self-management and mindfulness
- Balancing workload and wellbeing
- Courage and resilience

These are not weaknesses — they are **developmental skills**, especially in a high-performing academic environment. Importantly, students themselves are identifying these areas, which creates powerful conditions for growth.

3. Digital Skills Are Strong — Discernment Matters

Students show confidence in using digital tools and technology. The next step — and our focus going forward — is **digital discernment**:

- Using AI responsibly
- Evaluating information critically
- Making ethical digital choices

This is where education must evolve alongside technology, not chase it.

4. Variation Matters — Not All Skills Develop Evenly

Our analysis also looked at **variation across grades**:

- Some skills remain consistently strong across all grades
- Others show greater variation — indicating where targeted support can have the biggest impact
- A few skills improve noticeably as students mature, reinforcing the value of **intentional, age-appropriate development**

This insight helps us design programming that meets students **where they are**, not where we assume they should be.

What Happens Next

- **Students** will engage in guided self-reflection, connecting their results to goal-setting and action
- **Teachers** will integrate Future Ready skills into learning experiences and discussions
- **The school** will focus deliberately on shared growth areas such as wellbeing, focus, communication, and balance
- **Parents** will continue to receive insight through individual reports and school-wide updates as these self assessment surveys are revisited. We will explore getting our teacher and parent community to participate as well in the future, signaling that learning and self awareness is a life-long skill and process.

This is not a one-time survey. It is part of an **intentional, long-term approach** to developing capable, grounded, adaptable young people.

In Closing

For generations, the most important life skills were learned by accident — through failure, struggle, and trial-and-error.

At UNISUS, we believe students deserve better.

The Future Ready Program ensures that the skills that matter most are **taught intentionally**, measured thoughtfully, and developed with care — alongside strong academics and post-secondary preparation.

Thank you for partnering with us as we **future-proof students for an evolving world**.

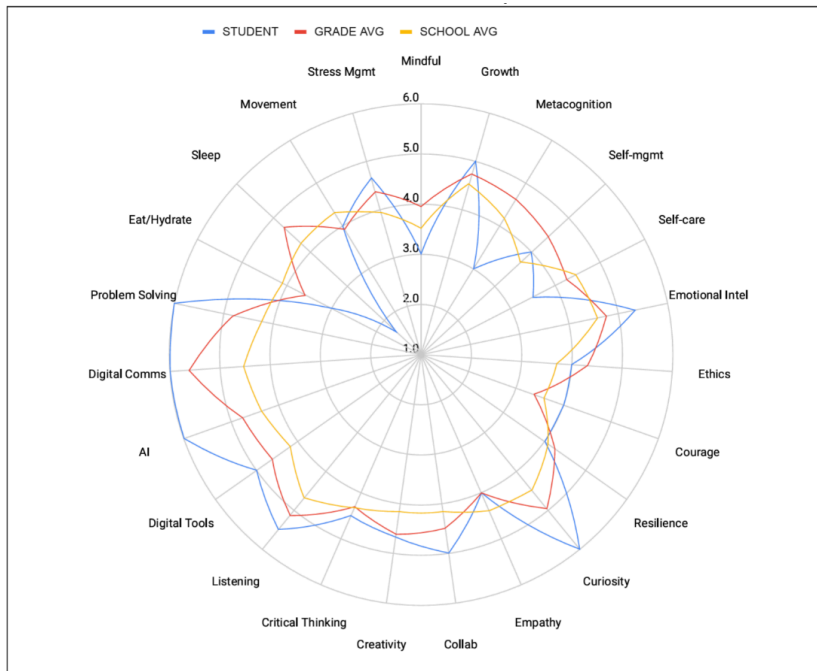
Example Individual Student Report

FUTURE READY PROGRAM - UNISUS SCHOOL - JANUARY 2026

STUDENT NAME **sample student**

Grade x
Response Timestamp 1/12/2026

DIM_CODE	DIMENSION	CHART NAME	STUDENT SCORE	GRADE AVG	SCHOOL AVG	INSIGHT
M	Mindfulness	Mindful	3.0	4.0	3.5	Focus Area
GM	Growth Mindset	Growth	5.0	4.8	4.5	In Line
MC	Metacognition	Metacognition	3.0	4.6	4.2	Focus Area
SM	Self-Management	Self-mgmt	4.0	4.5	3.7	In Line
SC	Self-Care	Self-care	3.5	4.3	4.5	Focus Area
EI	Emotional Intelligence	Emotional Intel	5.3	4.8	4.6	Strength
E	Ethics	Ethics	4.0	4.3	3.7	In Line
C	Courage	Courage	4.0	3.4	3.6	Strength
R	Resilience	Resilience	4.0	4.3	4.1	In Line
CC	Curiosity	Curiosity	6.0	5.0	4.5	Strength
EM	Empathy & Care for Others	Empathy	4.0	4.0	4.4	In Line
CO	Collaboration	Collab	5.0	4.5	4.2	Strength
CR	Creativity	Creativity	4.7	4.6	4.2	In Line
CT	Critical Thinking	Critical Thinking	4.5	4.3	4.3	In Line
CL	Communication & Listening	Listening	5.5	5.1	4.7	In Line
DT	Digital Tools & Learning	Digital Tools	5.0	4.6	4.2	In Line
AI	AI Use & Discernment	AI	6.0	4.8	4.4	Strength
DC	Digital Communication & Safety	Digital Comms	6.0	5.6	4.5	In Line
PS	Problem Solving & Initiative	Problem Solving	6.0	4.8	4.2	Strength
PNH	Nutrition & Hydration	Eat/Hydrate	3.0	3.6	4.1	Focus Area
PHS	Sleep	Sleep	1.7	4.7	4.3	Focus Area
PHM	Movement	Movement	4.0	3.9	4.3	In Line
PSM	Stress Management	Stress Mgmt	4.7	4.4	3.9	In Line



Key Strength:

Key strengths for Sample Student include Emotional Intelligence, Courage, Curiosity, Collaboration, AI Use & Discernment, Problem Solving & Initiative.

Potential Improvement Areas:

Key focus areas for Sample Student include Mindfulness, Metacognition, Self-Care, Nutrition & Hydration, Sleep.

Category Averages:

	Student	Class Avg.	School Avg.	Status
Personal Mastery	3.97	4.47	4.16	Personal Mastery is an area for focused development compared to grade peers.
Interpersonal Skills	3.97	4.38	4.18	Interpersonal Skills is an area for focused development compared to grade peers.
Physical Wellness	5.75	4.15	4.15	Physical Wellness is a relative strength compared to grade peers.
Digital Literacy	4.63	4.95	4.33	Digital Literacy is generally in line with grade expectations.

School Wide Results

FUTURE READY PROGRAM - UNISUS SCHOOL - JANUARY 2026

SECTION A — School-wide Statistics

Overall strengths and areas of consistency or variation across all grades

SECTION B — Grade-Level Trends & Variation

Developmental patterns and variability

Dimension	School Mean	Standard Deviation	Rank	Grade Level Scores							Grade Range (Max-Min)	Pattern Insight Across	
				Grade 6	Grade 7	Grade 8	Grade 9	Grade 10	Grade 11	Grade 12		Grades	Development Trend
Mindfulness	3.47	0.86	23	3.24	3.09	3.29	3.33	3.89	3.97	3	0.97	Moderate variation	Relatively stable over time
Growth Mindset	4.51	0.8	3	4.73	4.96	4.3	4.4	4.36	4.36	5	0.7	Moderate variation	Relatively stable over time
Metacognition	4.15	0.85	15	3.55	4.11	4.23	4.23	4.17	4.68	3	1.68	High variation	Relatively stable over time
Self-Management	3.68	1.06	20	3.61	3.71	3.64	3.42	3.65	4.15	4	0.73	Moderate variation	Relatively stable over time
Self-Care	4.49	0.93	4	4.27	4.32	4.23	4.43	4.94	4.68	3.5	1.44	High variation	Declines in later grades
Emotional Intelligence	4.57	0.71	2	4.58	4.38	4.58	4.71	4.69	4.36	5.33	0.97	Moderate variation	Strong upward development
Ethics	3.67	0.91	21	3.45	3.61	3.97	3.73	3.5	3.73	4	0.55	Somewhat consistent	Relatively stable over time
Courage	3.64	0.95	22	3.5	3.86	3.47	3.53	3.56	3.95	4	0.53	Somewhat consistent	Relatively stable over time
Resilience	4.09	0.98	18	4.41	4.04	4.1	3.93	4.03	4.18	4	0.48	Somewhat consistent	Relatively stable over time
Curiosity	4.45	0.89	6	4.3	4.24	4.4	4.6	4.41	4.7	6	1.76	High variation	Strong upward development
Empathy & Care for Others	4.41	0.97	7	4.79	4.31	4.29	4.84	4.17	4.15	4	0.84	Moderate variation	Declines in later grades
Collaboration	4.18	0.8	12	3.86	4.21	4.17	4.2	4.08	4.55	5	1.14	Moderate variation	Strong upward development
Creativity	4.15	0.93	15	4	4	4.22	3.93	4.11	4.7	4.67	0.77	Moderate variation	Relatively stable over time
Critical Thinking	4.35	0.83	8	4.05	4.43	4.4	4.23	4.28	4.73	4.5	0.68	Somewhat consistent	Relatively stable over time
Communication & Listening	4.67	0.88	1	4.59	4.54	4.77	4.67	4.72	4.64	5.5	0.96	Moderate variation	Strong upward development
Digital Tools & Learning	4.16	0.85	14	4	3.93	4.07	4.37	4.06	4.59	5	1.07	Moderate variation	Strong upward development
AI Use & Discernment	4.32	1	9	4.14	4.11	4.73	4.67	3.89	4.27	6	2.11	High variation	Strong upward development
Digital Communication & Safety	4.49	1.05	4	4.23	4.18	4.73	4.37	4.47	4.86	6	1.82	High variation	Strong upward development
Problem Solving & Initiative	4.21	0.98	11	3.55	3.79	4.47	4.37	4.11	4.82	6	2.45	High variation	Strong upward development
Nutrition & Hydration	4.11	0.99	17	4.33	4.22	3.82	4.27	4.09	4.06	3	1.33	High variation	Declines in later grades
Sleep	4.18	1.16	12	4.06	4.05	4.13	4.31	4.33	4.36	1.67	2.69	High variation	Declines in later grades
Movement	4.31	1.04	10	4.18	4.55	4.22	4.29	4.43	4.09	4	0.55	Somewhat consistent	Relatively stable over time
Stress Management	3.91	1.08	19	3.85	3.45	3.82	3.64	4.26	4.36	4.67	1.22	High variation	Strong upward development