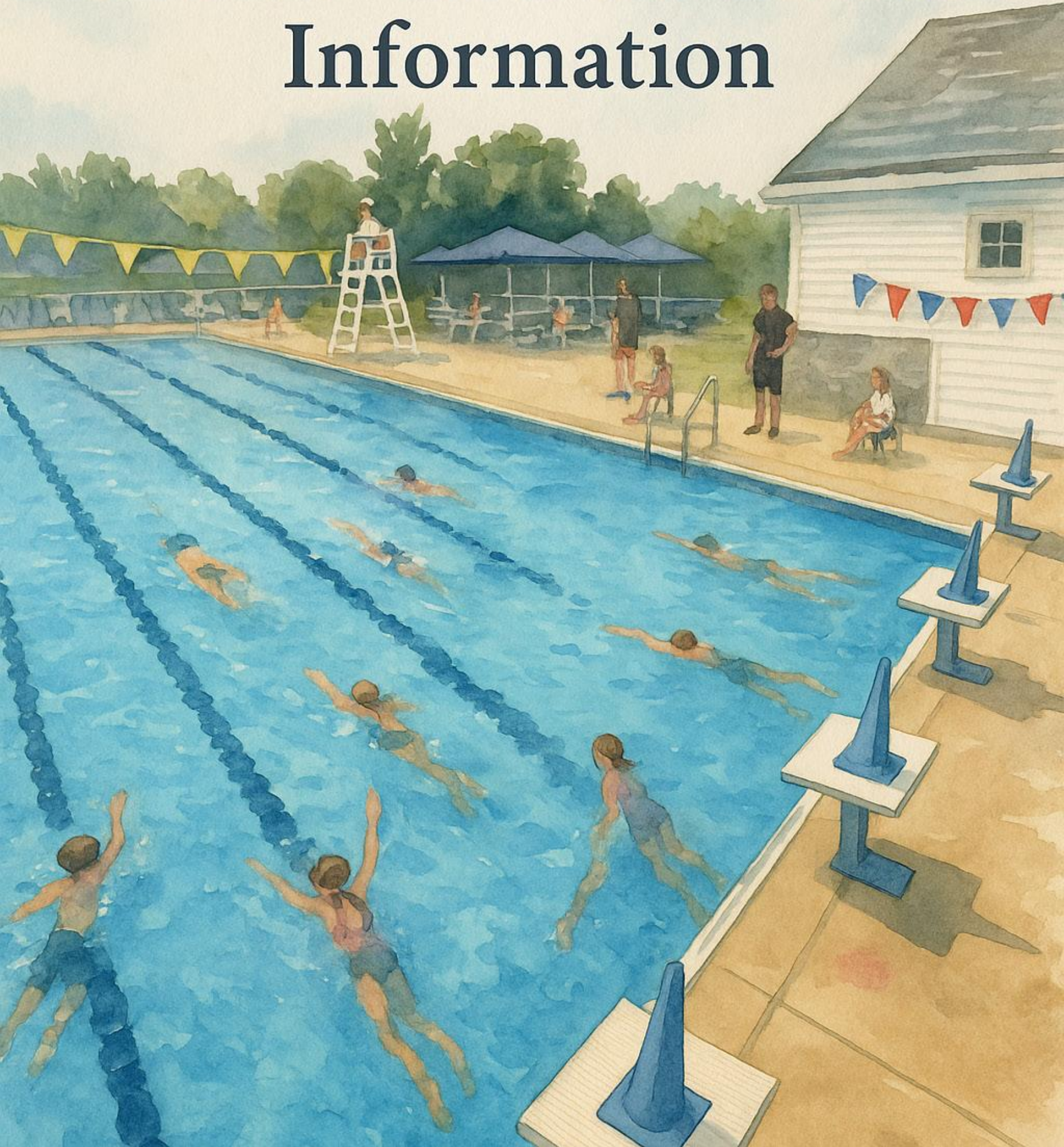


# 2025 Bent Creek Pool Information





# Welcome to the 2025 Season

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We're ready to make this summer unforgettable with plenty of fun, games, and activities at the pool. Whether you're looking to splash around, relax in the sun, or dive into exciting competitions, we've got something for everyone!

*"LET'S  
MAKE THIS  
THE BEST  
SEASON  
YET!"*

Take a moment to check out all the important information you'll need to make the most of your time at the pool: rules, dress codes, swim team details, swim lessons, and our summer calendar with hours of operation. We want to ensure the membership and staff have a safe, enjoyable, and unforgettable season!

So grab your sunscreen, throw on your favorite swimsuit, and get ready for a splashing good time. We can't wait to see you at the pool—let's make this the best summer yet!

## Pool Dress Code

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Please be aware of the following dress code for the pool area:

*Properly fitting swimsuits in good taste are required whenever attending the Bent Creek pool. Thong or thong-style swimsuits are not permitted. Undergarments of any kind and non-swim shorts are not permitted as a substitute for swim attire. All individuals entering and exiting the pool area are required to wear suitable cover-ups or clothing when not in the pool area.*

All members and their guests are required to adhere to the dress code whenever they are at the pool facility. The pool management and staff will ask any member or guest dressed inappropriately to leave the pool facility.

# Pool Code of Conduct

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- You must check in every time you enter the pool. Please be sure to check in with the lifeguard at the pool office.
- Guests entering the pool must be accompanied by the member.
- A guest may only use the Bent Creek pool twice in a calendar month. All guests must be registered with the pool office and the members account will be billed the \$15 associated guest fee.
- Nanny/Granny pool passes may be purchased through pool management. 2-week unlimited usage \$75 and 4-week unlimited usage \$125.
- Towels are available for all members. Please be sure to return towels in the bin in the lobby as you exit the pool.
- Anyone under 12 years old must be accompanied by an adult when at the pool.
- Running, rough games, horseplay, or other physical contact activities will not be tolerated in or around the pool area.
- The use of the diving blocks is prohibited to ensure the safety of members.
- The Barracuda Bistro food service ends 1 hour before pool closing.
- Swimwear can only be worn in the pool area. Swimwear cannot be worn in the clubhouse or at the Tavern. This will be strictly enforced.

# Meet the 2025 Swim Instructors

## Joe Malfronte



My name is Joe Malafronte and I will be an assistant manager of Bent Creek Pool for the 2025 summer season. I was born and raised in Danville, PA. I attended Danville High School where I ran cross country, track and field, and swam at the district and state level. After high school graduation, I attended St. Bonaventure University where I swam division 1 and earned my degree in Secondary Education. After college, my wife and I moved to Lebanon county, and I began working as a High School English teacher at Lebanon High School. This is going to be my sixth year teaching English.

Swimming has always been my biggest passion to which I have already dedicated a total of 20 years of my life. My swimming career has morphed into a new passion for mentoring, teaching, and coaching the next generation of swimmers. I have 10 years of experience in private swimming lessons for various skill sets, including those learning to swim, national competitors for USA and YMCA, and Ironman triathletes. Meet with me in person or shoot me a text and we can set up a plan that caters to your goals and schedule. I look forward to working with you.

**Phone:** (570) 380 - 4979

## Emilie Mosner

Hi! My name is Emilie Mosner, I've worked at Bent Creek for four years and graduated from Manheim Township. I swam for both Township and Five Star Swim Club where I represented the school at the district and state level, making varsity all four years. I recently completed my freshman year at Monmouth University, where I was grateful to earn Dean's List recognition both semesters and contribute to their D1 swim team as a top point scorer. I also hold program records in the breaststroke events and was honored to receive recognition from the CAA conference. I'm now excited to continue my collegiate swim career at the University of Iowa, where I'll compete in the Big Ten Conference while majoring in Marketing.

I've been swimming for 11 years and have spent the last 4 years teaching swim lessons. I truly enjoy working with kids and helping families feel confident and safe in the water. Whether your child is just starting to learn the basics or wants to improve their technique, I aim to make every lesson fun, positive, and supportive. I love teaching swimmers of all ages and experience levels! Please reach out and include your name, your children's names and ages along with times that work for your schedules. I can't wait to meet y'all!

**Phone:** (717) 742-7667



## Emerson Mandrell



Hi, my name is Emerson Mandrell. I just recently graduated from Manheim Township and plan to attend the University of South Carolina this fall to major in sport and entertainment management. Aside from school I've been swimming competitively for the past 13 years, on Five Star, Overlook and 4 years of varsity on Manheim Township. I was able to represent MT at the district and state levels, while also contributing to relay records for the team.

I'm excited to share my love for swimming with you and your kids, as this is my 5th year teaching lessons! I am fully certified to work with kids and adults. As a swim instructor, I'm dedicated to creating a positive and encouraging environment for swimmers of all levels. Please contact me if you are interested!

**Phone:** (717) 892-9688

## Emmy Capizzi



Hi!! My name is Emmy Capizzi I recently graduated from Manheim Township and I will be attending Saint Joseph's Nursing School this fall! I've been swimming for 9 years with club teams such as Five Star and Lancaster-Y, along with Manheim Township high school swimming and diving team! Over this past winter I helped coach MTAG swimmers.

I enjoy working with kids and making their experiences in the water fun and safe! It is important to me that they feel comfortable in the water and to help them with whatever they need! Feel free to reach out to me o discuss!!

**Phone:** (717) 517-1450

# 2025 Pool Hours & Calendar of Events

Get ready for another unforgettable summer at the pool! In the following pages, you'll find everything you need to plan your sunny days with us — including daily hours of operation, dates for our home swim meets, exciting poolside entertainment, and a full lineup of upcoming special events.

**In the case of inclement weather, we reserve the right to adjust or modify pool hours as necessary. The pool staff will notify members of any changes via email, as the safety of our members and staff is our top priority.**

Whether you're here for a relaxing lounge in the sun, cheering on our swim team, or joining the fun at one of our themed nights, there's something for everyone.

## May 2025

SUN	MON	TUE	WED	THU	FRI	SAT
				01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24 POOL OPENING DAY! 9:00am - 8:00pm
25 9:00am - 8:00pm	26 POOLSIDE DJ 11A-3P 9:00am - 8:00pm	27 11:00am - 3:00pm No Lifeguard on Duty 3:00pm - 7:00pm	28 11:00am - 3:00pm No Lifeguard on Duty 3:00pm - 7:00pm	29 11:00am - 3:00pm No Lifeguard on Duty 3:00pm - 7:00pm	30 11:00am - 3:00pm No Lifeguard on Duty 3:00pm - 7:00pm	31 9:00am - 8:00pm

**\*\*Please note, food service ends 1 hour before pool closing**



# June 2025

SUN	MON	TUE	WED	THU	FRI	SAT
01 9:00am - 8:00pm	02 11:00am - 3:00pm <i>No Lifeguard on Duty</i> 3:00pm - 7:00pm	03 11:00am - 3:00pm <i>No Lifeguard on Duty</i> 3:00pm - 7:00pm	04 11:00am - 3:00pm <i>No Lifeguard on Duty</i> 3:00pm - 7:00pm	05 11:00am - 3:00pm <i>No Lifeguard on Duty</i> 3:00pm - 7:00pm	06 <b>BLUE &amp; GOLD MEET</b> 11:00am - 3:00pm	07 9:00am - 8:00pm
08 9:00am - 8:00pm	09 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	10 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	11 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	12 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	13 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	14 <b>POOLSIDE DJ 11A-3P</b> 9:00am - 8:00pm
15 9:00am - 8:00pm	16 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	17 <b>HOME SWIM MEET</b> 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 3:30pm	18 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	19 <b>HOME SWIM MEET</b> 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 3:30pm	20 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	21 9:00am - 8:00pm
22 9:00am - 8:00pm	23 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	24 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	25 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	26 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	27 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	28 <b>BENT CREEK BASH</b> 9:00am - 4:00pm
29 9:00am - 8:00pm	30 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm					

# July 2025

SUN	MON	TUE	WED	THU	FRI	SAT
		01 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	02 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	03 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	04 <b>POOLSIDE DJ 11A-3P</b> 11:00am - 8:00pm	05 9:00am - 8:00pm
06 9:00am - 8:00pm	07 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	08 <b>HOME SWIM MEET</b> 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 3:30pm	09 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	10 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	11 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	12 9:00am - 8:00pm
13 9:00am - 8:00pm	14 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	15 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	16 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	17 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	18 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	19 9:00am - 8:00pm
20 9:00am - 8:00pm	21 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	22 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	23 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	24 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	25 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	26 <b>POOLSIDE DJ 11A-3P</b> 9:00am - 8:00pm
27 9:00am - 8:00pm	28 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	29 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	30 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	31 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm		

# August 2025

SUN	MON	TUE	WED	THU	FRI	SAT
					01 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	02 9:00am - 8:00pm
03 9:00am - 8:00pm	04 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	05 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	06 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	07 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	08 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	09 <b>POOLSIDE DJ 11A-3P</b> 9:00am - 8:00pm
10 9:00am - 8:00pm	11 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	12 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	13 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	14 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	15 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	16 9:00am - 8:00pm
17 9:00am - 8:00pm	18 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	19 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	20 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	21 6:00am - 8:30am <i>Lap Swim</i> 11:00am - 8:00pm	22 6:00am - 8:30am <i>Last Lap Swim</i> 11:00am - 8:00pm	23 <b>POOLSIDE DJ 11A-3P</b> 9:00am - 8:00pm
24 9:00am - 8:00pm	25 11:00am - 3:00pm <i>No Lifeguard on Duty</i> 3:00pm - 7:00pm	26 11:00am - 3:00pm <i>No Lifeguard on Duty</i> 3:00pm - 7:00pm	27 11:00am - 3:00pm <i>No Lifeguard on Duty</i> 3:00pm - 7:00pm	28 11:00am - 3:00pm <i>No Lifeguard on Duty</i> 3:00pm - 7:00pm	29 11:00am - 3:00pm <i>No Lifeguard on Duty</i> 3:00pm - 7:00pm	30 9:00am - 8:00pm
31 9:00am - 8:00pm						

# September 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	01 <b>POOLSIDE DJ 11A-3P</b> 9:00am - 8:00pm	02 11:00am - 3:00pm <i>No Lifeguard on Duty</i>	03 11:00am - 3:00pm <i>No Lifeguard on Duty</i>	04 11:00am - 3:00pm <i>No Lifeguard on Duty</i>	05 11:00am - 3:00pm <i>No Lifeguard on Duty</i>	06 <b>POOL CLOSED FOR SEASON</b>

## Noteworthy Dates

- **May 24th** - Pool Opening Day!
- **May 26th** - Poolside DJ 11am - 3pm
- **June 6th** - Pool Closes at 3pm for Blue & Gold Meet
- **June 14th** - Poolside DJ 11:00am - 3:00pm
- **June 17th** - Pool Closes at 3:30pm for Home Swim Meet
- **June 28th** - Pool Closes at 4pm for Bent Creek Bash
- **July 4th** - Poolside DJ 11:00am - 3:00pm
- **July 8th** - Pool Closes at 3:30pm for Home Swim Meet
- **July 26th** - Poolside DJ 11:00am - 3:00pm
- **August 9th** - Poolside DJ 11:00am - 3:00pm
- **August 23rd** - Poolside DJ 11:00am - 3:00pm
- **September 1st** - Poolside DJ 11:00am - 3:00pm

# The Bent Creek Barracudas

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**2025 Swim Team Registration is Open!!**

Make this summer a great one!  
Join the Bent Creek Swim Team for a  
summer full of fun & friends.

**Parent Informational Session:** Sunday, May 18 at 7:00pm  
**First Practice:** Tuesday, May 27 at 5:00pm

For more information or to register your  
child today, please visit: [www.bcccswimteam.com](http://www.bcccswimteam.com)



# Barracuda Bistro

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When you're craving a refreshing drink or a delicious bite to eat, the Barracuda Bistro has you covered! From our full-service bar to a variety of tasty lunch and dinner options, we're here to keep you fueled for all your poolside fun.

## Meet Matt, your 2025 Barracuda Bistro Manager!



Hi my name is Matt DeBord . I'm very excited to be working at Bent Creek this summer. I am 21 years old and just finished my junior year at Penn State. I'm a political science major and plan on going to law school after I finish undergrad. I've lived in Lancaster my whole life and went to Lancaster Catholic for high school. I have seven years of country club food and beverage expertise. I look forward to adding Bent Creek to my list of club experiences. Outside of school and work I'm a big tennis and basketball player and huge sports fan; I love all Philly sports and have been a die-hard Penn State football fan my whole life. I'm excited to have a great summer with everyone!

# BARRACUDA BISTRO



## STARTERS & SALADS

House Salad 8  
Spring mix, tomato, onion, cucumber, carrot,  
fennel, croutons

Caesar Salad 8  
Chopped romaine, romano, croutons

Summer Berry Salad 11  
Spring mix, almond, feta, strawberry, raspberry,  
blueberry, blackberry, lemon basil vinaigrette

Power Bowl 11  
Tri-color quinoa, pickled red onion, cherry  
tomato, cucumber, spiced chickpeas, avocado,  
tzatziki dressing

Chicken Tenders & Fries 11

Cheesesteak Eggrolls 11

Popcorn Shrimp & Fries 13

Pretzel Knots with Honey  
Mustard Dipping Sauce 11

Onion Rings 7

Funnel Cake Fries 7

Hotdog & Fries 7

## HANDHELDS

All served with french fries and a pickle spear

Grilled Chicken 15  
6oz organic breast, pineapple salsa, avocado, sundried tomato aioli,  
brioche bun

Barracuda Smash Burger 17  
Two 4oz prime burgers, bacon, cheddar, barbeque, and onion ring,  
brioche bun

Kanikama Crab Salad 23  
Sweet chili aioli, celery seed, red onion, mixed greens, toasted roll

Quesadilla 11  
Flour tortilla, grilled chicken, peppers, onions, cheddar jack cheese,  
salsa and sour cream

Rachel Wrap 13  
Crispy chicken, creamy coleslaw, swiss cheese, bacon, lettuce, tomato,  
ranch dressing, soft flour tortilla

\*Consumer Advisory Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.



## ICE CREAM

Scoopable 4

Novelty 6

Milkshake 9

## KIDDOS

Hotdog & Fries 4

Cheeseburger & Fries 5

Chicken Tenders & Fries 7

Cheese Quesadilla 5

Grilled Cheese & Fries 5

Uncrustable 3

## CANNED COCKTAILS

Mason Dixon Canned Cocktails 10  
Transfusion, Iced Tea and Lemonade, Lavender Lemonade, Jalapeno Mule,  
Tequila Espresso Martini, Vodka Cranberry

Stateside Seltzers 8  
Orange, Black Cherry, Ruby Grapefruit, Lemon Cucumber

Surfsides 8  
Strawberry Lemonade, Raspberry Lemonade, Black Cherry Lemonade,  
Green Tea, Mango Green Tea, Green Tea Lemonade, Iced Tea & Lemonade,  
Iced Tea, Lemonade

**Mix your own 6-pack of Stateside  
Seltzers or Surfsides for \$40**  
*(excludes Mason Dixon Canned Cocktails)*

## BEER & WINE

Coors Light 4.50

Miller Lite 4.50

Yuengling Lager 5.50

Corona 6

Corona Light 6

Rotating IPA 7

House Pinot Grigio 8.50

House Chardonnay 8.50

Butter Chardonnay 10

House White Zinfandel 8.50

House Pinot Noir 8.50

House Cabernet Sauvignon 8.50



*We're so excited to kick off another amazing pool season! Here's to sunny days, cool water, and tons of fun ahead.*

**We're looking forward to a fantastic  
2025 season with you!**