

DEDHAM Parish Magazine

December 2025/January 2026



Dedham Parish Magazine

First Published in 1876

DEDHAM PARISH CHURCH

Rural Missioners Phillip Young

Tel: 323 919 John Saxon

Tel: 01255 781859

Assistant Minister Merv McKinney Tel: 322 136

PARISHES OFFICE

Assembly Rooms, High Street, Dedham. CO7 6HJ.

Tel: 322 136

Office hours - Monday and Thursday

9.00am to Ipm.

Parishes Administrator Sianne Mann

Email: stmaryda@gmail.com

CHURCH WARDENS

Ruth Higginson Tel: 322 598 Email: ruthhigginson422@gmail.com

Sharon Sarson Tel: 07876 114418

Email: sharonsarson@hotmail.co.uk

MUSIC

Director of Music Antony Watson

Tel: 322 425

ASSEMBLY ROOMS Tel: 323 921

CHURCH FLOWERS

Coordinator Helen Sims

Tel: 321 286

Wedding Flowers Wendy Sarton

Tel: 323 027

DEDHAM PARISH MAGAZINE

Editor: John Goldsbrough Email: dedhameditor@gmail.com
Advertising: Sianne Mann

Email: dedham.advertising@gmail.com

The deadline for February 2026 Magazine entries is the 12th January 2026. December 2025/January 2026

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Can we help?

Sometimes things in life can just get too much to cope with on your own... Psalm 34:18: The Lord is close to the brokenhearted and saves those who are crushed in spirit. If you would like some support or know of any one who would,

If you would like a lift to church contact Sharon Sarson Tel: 07876 114418

please contact: Ruth Higginson Tel: 322

If you have been bereaved or know of anyone who has, please contact Vee Druitt Tel: 322 000 or Ruth Higginson Tel: 322 598

If you need any further support, please contact the Parishes Office Tel: 322 136 and your call will be returned.

Throughout the magazine local telephone numbers omit the **01206** area code unless otherwise stated.

Sunday, 7th December

8.00am Holy Communion (BCP) Ardleigh 9.30am Café Church Ardleigh 9.30am Rise N Shine Dedham* Dedham* 5.00pm Evensong

Sunday, I4th December

09.30am Morning Praise Ardleigh Dedham* 11.00am Holy Communion 6.00pm Carol Service Dedham*

Sunday, 21st December 9.30am Holy Communion Ardleigh 9.30am Matins Dedham* 4.00pm Carol Service Ardleigh

Wednesday, 24th December Christmas Eve

3.00pm Crib Service Dedham* 4.30pm Crib Service Dedham* 11.00pm Midnight Communion Dedham*

Thursday 25th December Christmas Day

8.00am Holy Communion (BCP) Ardleigh 10.00am Holy Communion Dedham*

Sunday 28th December

11.00 am Nine Together - St. Edmund, **Tendring**

* = Services which may be live streamed.

Morning Prayer - Every Tuesday 10.30am at Dedham Church

FROM THE REGISTERS

FUNERALS:

31st October - Trevor James Plumb, internement of ashes.

Sunday, 4th January

8.00am Holy Communion (BCP) Ardleigh 9.30am Café Church Ardleigh 9.30am Rise N Shine Dedham* Dedham* 5.00pm Evensong

Sunday, I Ith January

09.30am Holy Communion 11.00am Holy Communion Ardleigh Dedham*

Sunday, 18th January 9.30am Holy Communion Ardleigh 9.30am Morning Prayer Dedham* 5.00pm ReVive@5 Dedham*

Sunday 25th January

9.30am Morning Prayer Ardleigh Dedham* 9.30am Holy Communion

NouTube

Our services are on YouTube. Search Dedham and Ardleigh Parishes.



Follow us on Facebook, search - Dedham and Ardleigh Parishes.

Dedham and Ardleigh parishes website -**OR** code



Opinions expressed in contributed articles are those of the contributor and do not necessarily represent the position or opinions of the PCC or the Editorial team.

Ardleigh Friendship Group: every 2nd and 4th Tuesday of the month: 10am to 12 noon - Ardleigh Church.

Ardleigh Craft Group: every 1st and 3rd Tuesday of the month: Meeting at Ardleigh Church from 10am to 12 noon. During the winter months, this group is held in members' homes. Please contact Ardleigh Churchwarden for more information.

Little Steps Pre-School Group: every 2nd and 4th Friday of the month: 9.30am-11.30am in Ardleigh Church. Christmas party will be on 6th December.

December Monday Lunch Club – Monday 2nd **December 12.30pm**, Essex Tea Rooms.
Phone 322192 to reserve a place indicating it is for the Lunch Club.

Men's Breakfast - Saturday 7th
December 9am - venue tba. For bacon butties, tea, coffee and chat.

Walk and Talk - Thursday 12th
December - Dedham Arts and Craft
Centre for a walk. 10am for a walk, or at
I I am, same venue, for just a chat.

January
Monday Lunch Club – Monday 6th
January 12.30pm, Essex Tea Rooms.
Phone 322192 to reserve a place indicating it is for the Lunch Club.

Men's Breakfast - Saturday 4th January 9am - venue tba. For bacon butties, tea, coffee and chat.

Walk and Talk - Thursday 9th January - Dedham Arts and Craft Centre for a walk. I 0am for a walk, or at I I am, same venue, for just a chat.

IN YOUR MAGAZINE

This is the final issue of 2025, next year, 2026, sees a number of anniversaries in the area. It will be the 250th Anniversary of the birth of John Constable, the 150th Anniversary of this magazine which was first published in 1876 and the 65th Anniversary of the opening of the Munnings Art Museum at Castle House in Dedham.

We are pleased to announce that has Sianne Mann, the Parishes Administrator has taken on the job of Advertising Co-ordinator. You can contact her on the usual email address dedhamadvertising@gmail.com.

Finally, on behalf of the team at the Dedham Parish Magazine, I would like wish all our readers peace and joy this Christmas and a Happy New Year for 2026.

John Goldsbrough

CHRISTMAS CAROLS MIS-HEARD BY CHILDREN

- We three kings of porridge and tar
- On the first day of Christmas my tulip gave to me
- Noel, Noel, Barney's the king of Israel
- With the jelly toast proclaim
- Sleep in heavenly peas
- O come, froggy faithful
- The cattle are blowing the baby away
- Hark, the hairy angels sing



Member Editor 2025 Association for Church Editors



RURAL MISSIONER

'Jesus is the Light of the World!'

During December and into the New Year, festive light displays in our homes brighten the dark nights. I can remember as a child trying to spot the occasional Christmas tree with lights peering through windows as we drove past. Nowadays it seems the whole of many gardens and houses are festooned with brightly lit decorations.

Yet it is not just the dark winter evenings they cheer up; the joy of the decorations bring relief to much of the doom and gloom of the tragic and seemingly evil happenings from around the world. But the prologue of John's Gospel read as a lesson in church at Christmastime, says that 'The light shines in the darkness, and the darkness has not overcome it' (John Iv5). For Christians, Jesus as the Light of the World, brings hope, love and light into our world.

With constant 24-hour news bulletins it can seem that all there is, is doom and gloom. As I write this early in November, there has just been the tragic stabbing incident on the train from Doncaster to London.

Yet on Radio 4's 'Thought for the Day' (3 November 2025) Chine McDonald, Director of Theos, the Religion and Society Think Tank, reflects there are many acts of human kindness and courage also emerging from the

devastating attack. I think these are the sparks of light that are not extinguished by the darkness of a fallen and broken world.

Chine explains that acts of courage and bravery are instinctive; in times of danger, we naturally protect the vulnerable and care for those in need. Barriers of difference that society often emphasises are wiped away in the face of a common enemy or threat. The parable of the Good Samaritan told by Jesus in Luke chapter 10, challenges us to act like this every day, not just when a threat is present.

As we celebrate Christmas this year, joyfully surrounded by festive lights, let us also reach out in selfless acts of compassion and care to those in need around us. God reached out in the darkness and sent a Saviour to shine as the Light. The babe at Bethlehem brings light, love and hope into our world. I wish you a happy and peaceful Christmas and a warm welcome to any of our services in this festive season.

If you want to know more about the Light and Hope that Jesus offers, why not try Alpha, a course exploring the Christian faith and questions of life. For details of courses starting in January see: www.tendringdedhamparishes.org.uk

Best wishes Revd John Saxon



DEDHAM AND ARDLEIGH PARISHES CHRISTMAS SERVICES 2025

	Christmas Carol Services	Other Christmas Services	Christmas Eve Services	Christmas Day Services
		Wednesday 24th December Afternoon	Wednesday 24th December Evening	Thursday 25th December Morning
St Mary's Dedham	6.00pm Sunday I4th December	3.00pm and 4.30pm Crib Service	II.00pm First Communion of Christmas	I 0.00am Holy Communion
St Mary's Ardleigh	4.00pm Sunday 21st December	4.00pm Crib Service		8.00am Holy Communion (BCP)





MISSION STALL 2025

Thank you to all who have supported the Mission Stall this year, whether a helper or a customer. So far we have made £2,380. However, we still have the Christmas Fair at the end of November and the sale of fruit and vegetables on the roadside during the year.

Our hope is that the figure will be in the region of £2,600. This will be split equally between two homeless charities in Colchester: Beacon House and Korban, plus a missionary family working in Guatemala- Feeding Faith



STAINED GLASS WINDOWS APPEAL.

Please make donations to:

A/c Name - Dedham Parochial Church Council: S/Code - 20 22 67: A/c no. 00297879: Reference - Windows

FILMS @ DUCHY BARN



Free film showings will be taking place in Dedham Duchy Barn once a month starting in November 2025. This event is open to the general public and all are welcome! Please note that the maximum capacity of the Duchy Barn is 30, so admission will be on a "first come first served" basis and subject to film certificate age restrictions.

There will be a 10-minute interval half way through, during which refreshments will be served, and a short introduction before the start of each film. We aim to finish before Ipm.

This initiative is sponsored by St Mary's Church Dedham. Due to copyright and licensing regulations, we are not allowed to name and advertise the specific film being shown outside church premises.

Our next 2 films will be screened in the Duchy Barn on Wednesday 7th January 2026 at 10 am (instead of December) and on Wednesday 28th January at 10 am.

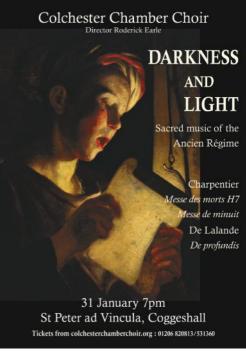
Details of both films can be found on the flyers at the back of St Mary's Church and in the Duchy Barn. Please take one away with you!

We very much look forward to welcoming you there on those occasions!

COLCHESTER CHAMBER CHOIR

It was wonderful to return to the beautiful church in Dedham last month for our second concert and to perform to such an appreciative audience. We'd love you to come and share another special event with us on Saturday 3 Ist January when we will be singing something rather different in St. Peter ad Vincula, Coggeshall.

Our programme Darkness and Light will present music from the time of the Sun King Louis XIV; Marc-Antoine Charpentier's popular and festive Messe de Minuit, one of his three great Messe des Morts and Michel-Richard de Lalande's magnificent De Profundis. Despite being hugely popular at the time and being Louis XIV's favourite composer Lalande is not so well known today. 2026 will be the 300th anniversary of his death and our performance will be our contribution to the celebration. We will



be joined by a professional period orchestra and soloists and we hope you will join us for an evening of outstanding music from this glittering age.

ST MARY'S CHRISTMASTREE



St. Mary's Dedham are very grateful to the Hunnaball Family Funeral Group, who have once again kindly offered to sponsor our Christmas tree in the church.

Their generosity is much appreciated and the decorated tree will bring joy to visitors and all those who attend the many services held during the Advent period.

Decorated Christmas tree in Dedham Church - December 2024. Photograph - John Goldsbrough





Supporting Church music in the Tendring area

DECEMBER DIARY 2025

December 7th

The Deanery Choir will be singing at **St** Nicholas Church, Harwich CO12 **3DR** at the 3pm Patronal service. The choir will sing the anthem 'A hymn to the Virgin' by Benjamin Britten. Britten was born in Lowestoft, Suffolk, the son of a dentist. He showed talent from an early age. He studied at the Royal College of Music in London and privately with the composer Frank Bridge. Britten first came to public attention with the a cappella choral work 'A Boy Was Born' written in 1934. With the premiere of Peter Grimes in 1945, he leapt to international fame. Over the next 28 years, he wrote 14 more operas, establishing himself as one of the leading 20th-century composers in the genre.

December 13th (Saturday)

The Deanery Choir will be singing at their annual event 'A living Christmas '25' at St Osyth Parish Church, St Osyth CO16 8NU at 7pm. This concert tells the Christmas story with readings and music all of which is written by contemporary composers and arrangers. The choir is accompanied by Peter Clayton and a leaving collection will be made for church funds. One not to miss!

December 14th

The Deanery choir will be singing at St Georges Church, Great Bromley **CO7 7TS** at the I lam communion service. The choir will once again sing 'A hymn to a virgin' by Benjamin Britten. This service will have music and hymns preparing us for the birth of Christ.

Graham Bell, Deanery Choir

grahambell493@gmail.com

A LIVING CHRISTMAS `25

Music & arrangements by contemporary composers

with

THE DEANERY CHOIR

and Peter Clayton (Accompanist)

Saturday 13th December

7pm start

Lapwood - Hazrati - Walker - Forrest Culloton - Bullard - Chilcott Chase - Barton - Beamish

> St Osyth Parish Church **Church Square** St Osyth CO16 8NU

Retiring collection for Church funds



Dedham Parish Council Meeting Report – Monday, 3rd November 2025

Parking in the High Street.

It was noted that the December Parish Council meeting on Ist December will include a presentation from NEPP (North Essex Parking Partnership) on proposals for changes to parking regulations in Dedham High Street.

Public space protection order

It was reported that Babergh District Council is still considering the proposal of a Public Space Protection Order (PSPO) for the areas near the river. The Council agreed to set up a small group to develop this further.

Terms of reference for groups

There are now agreed terms of reference for the following groups:

- Planning
- Infrastructure and Community,
- Finance
- Personnel.

The social media policy was also agreed on.

Fish and chip van

Concern was expressed by some councillors regarding the new location of the Fish and Chip Van as it was deemed to present safety problems for the High Street.

It was agreed that the Council needs to clarify whether the owners of the van have a street trading licence. Also relocating the van to the car parks was not an option following clarification with NEPP.

The owner of the fish and chip van is open to ideas as where to park and serve food.

Members of the Council will contact relevant local bodies to ascertain status of food trading licence for the fish and chip van.

Junction of East Lane and Crown Street

Several residents commented about the bad state of the kerb near the junction. Concern was also expressed about an ongoing problem of flooding from overflowing water near the junction. This is being investigated.

Speeding in the village

A resident spoke regarding the speeding vehicles and reported that there were over 700 speeding cars last year. One example of speeding at over 100 miles per hour was recorded.

The Speedwatch group urgently need more members to help with their monitoring of speeding in the village.

The primary school are again providing paintings on speeding to be distributed on boards around the village.

Following the last Parish Council meeting a special meeting had been held on Bargate Lane with Essex County Councillor Barber to discuss speeding by the bridge. It was agreed that some form of priority notice needs to be erected.

Parish plan

Work on this is continuing, including identifying and contacting local businesses, charities and voluntary groups.

Dedham, Munnings Art Museum and Constable.

There is likely to be an increase in the number of people coming to the village due to 250th anniversary of John Constable and the Munnings Art Museum 65th anniversary. The Parish Council will need to think about how we can respond to these events. There are a range of events being planned by other villages in the area to celebrate the anniversary of Constable. Dedham also needs to think about how, or what they will put on for these events.

One proposal regarding the Munnings Art Museum anniversary is an oral history project involving residents.

With respect to the Constable anniversary, it was agreed to contact East Bergholt Council with a view to some potential joint activities. Ideas suggested included Constable walks between East Bergholt and Dedham – "walk in the foot-steps of John Constable".

Ardleigh surgery

A report from resident, who is on the Ardleigh Surgery Patients Committee was given, particularly with regard to what the Dedham Surgery was used for and how often. It was noted that Doctors are present at the surgery on Mondays and Wednesday, and nurses on Monday to Thursday.

Pylons update

It was noted that the Council will reply to the latest consultation process.

Grant applications

The grant application from the Church PCC in respect of the churchyard was agreed.

Also there are ongoing discussions with the Sports Club regarding insurances.

Planning matters

Members of the Planning group had a positive meeting with a representative of the Colchester City Council planning team. Among the items discussed were recent refusals for planning permission and ongoing issues with a number of local properties.

Co-option to the council

The Council agreed to the proposal regarding the proposed co-option.

Chair, Cllr Douglas Bourn

DO YOU HAVE STORIES ABOUT SIR ALFRED AND LADY VIOLET MUNNINGS?

The Munnings Art Museum was established in 1961 by Violet Munnings and will be celebrating its 65th anniversary in 2026.

To mark this milestone the Parish Council in partnership with the museum aims to develop an oral history project to record reminiscences and stories about Sir Alfred and Violet during the time they lived in the village, 1919 to 1966.

We are looking for:

Volunteers who would be willing to interview residents and record their stories.

People with stories or memories who are prepared to be interviewed.

Please contact:

douglas.bourn@dedhamparishcouncil.

Scan to email

The British NEWSPAPER Archive

The British Newspaper Archive now contains around 100 Million pages of scanned newspapers from around the country. This archive was used as the source for articles about the opening of the Munnings Art Museum in 1961.

Felixstowe Times - Saturday 27th May 1961

MUNNINGS' HOME TO BE OPEN TO PUBLIC

Next month Lady Munnings, widow of Sir Alfred Munnings is to open her beautiful home Castle House Dedham to the public.

Scores of pictures by Sir Alfred. some of them never before on public view will be on display They cover his entire career as an artist from the time he started sketching as a child of four until his last years.

Sir Alfred died in July 1959 at the age of 80 and Castle House has now become a shrine for his work. Every wall is hung with dozens of his paintings His studio in the garden is left almost exactly as it was at his death with his brushes and tubes of paint still laid out ready for use.

NOT FOR SALE

Lady Munnings says she has no idea of the value of the collection at Castle House. Since his death some of Sir Alfred's works have fetched quite high prices in the London sale rooms. but Lady Munnings is adamant on one point None of the pictures here at Castle House is for sale" she declares.

Facing the visitor as he steps into the entrance hall is a magnificent portrait of

Lady Munnings as a voung woman proudly riding side-saddle on a magnificent thoroughbred horse as it strides across the wild Exmoor countryside. But Lady Munnings is certain that Sir Alfred will not be remembered only for his equestrian portraits, and the many lovely landscapes that adorn the walls of Castle House would seem to support her belief.

Display cabinets have been lent to her by the Victoria and Albert Museum to hold Sir Alfred's collections of rare china and Georgian silverware. In one of them lies the embalmed body of her famous Pekingese dog. Black Knight surrounded by valuable china.

SINGING DOG

Outside in the paddock Lady Munnings has four horses but at present her principal pet is her singing dog Toby, a dog of indeterminate breed, eight years old, regularly accompanies Lady



Munnings Art Museum

Munnings to church "I have it on the very highest authority that there is no law in this country to stop a dog from going to church", she says.

Toby, who features in Sir Alfred's painting "Does the subject matter?" which was the problem picture of the year at the 1956 Royal Academy, has already earned considerable sums for charity by his singing recitals.

Wearing a red jacket, and with a white ruff round his neck Toby sits up on his hind legs, and while Lady Munnings beats time he raises his voice in song in a melody that is all his own. Lady Munnings declares that he can reach A flat. His voice has been recorded by the B.B.C. and broadcast in their overseas service.

Evening News (London) - Friday 2nd June 1961

'BRAVO' TO BEGIN

First thing the half-a-crown visitors to Castle House, Dedham, will see when 76-year-old Lady Munnings opens her home to the public on a Sunday is sign reading "Bravo" in eight-inch letters. And Lady Munnings will explain that she had it done for Sir Alfred Munnings "because he was a wonderful artist and a wonderful husband."

The house, which she has arranged as a "shrine" to Sir Alfred, who died in 1959 and whose paintings cover the walls, is full of surprises. Her singing dog Toby, still running around the Essex village with a collar inscribed "Sir Alfred Munnings, Royal Academy, Piccadilly." is ready to oblige with a song.

But these surprises are likely to be overshadowed by verbal ones when Lady Munnings. who makes a charming guide, gives visitors the commentary she tried out on me to-day.

It began in the dining-room where she recalled how a horse came to dinner one New Year's Eve and it concluded in the studio where it went something like this: "These are things Munnings did when he was two and three and four and five-and these are his riding-boots That's the saddling enclosure at Epsom. I lost on every race yesterday and that's the most wonderful sky. That's the most wonderful horse in movement, only Munnings or Stubbs could have done it."

And so on, all with tremendous verve and spirit. It should bring the house down.

Suffolk and Essex Free Press -Thursday 15th June 1961 MUNNINGS HOME ATTRACTS CROWDS

Open to the public for the first time last Sunday was Castle House, Dedham, the home of Lady Munnings and the late Sir Alfred Munnings. Extra police had to be sent from Colchester to control the traffic, which queued up to see the house hung with Sir Alfred's paintings. With an entry charge of a half-crown, about 600 people paid to see the paintings and the studios where he worked



Photos - courtesy the Munnings Art Museum

Iohn Constable

On June 11, 2026, it will be 250 years since world renowned artist John Constable was born in East Begholt. The anniversary is being marked by a series of major art exhibitions and events at Christchurch Mansion in Ipswich – starting in Easter and running all year.

While the Constable 250 events will attract national and international attention, East Bergholt Parish Council is focusing on the landscape and views – in and near the village – that inspired much of Constable's work.

In Our View events are already being planned by the East Bergholt Society, St Mary's Church, Constable Hall, and the National Trust.

Ipswich will take centre stage in a national celebration marking the 250th anniversary of the birth of iconic Suffolkborn artist John Constable (1776–1837).

Recognised as one of Britain's most influential painters, Constable's legacy will be honoured through a year-long programme of exhibitions at Ipswich Borough Council's Christchurch Mansion. Constable 250 will feature three major exhibitions, led by Colchester and Ipswich Museums supported by The National Lottery Heritage Fund, the Weston Loan Programme with Art Fund, Arts Council England, and other key partners.

These will showcase rare and internationally significant artworks on loan from the Tate, Victoria & Albert Museum, Royal Academy, National Galleries of Scotland, and the Government Art Collection.

Across the anniversary year, Constable's art and legacy will be explored through: Constable: A Cast of Characters-28th March to 14th June 2026.

Introducing those who inspired and supported the artist, featuring personal letters, period costume, and historical artefacts. Together with loans from private collections will be works from the Colchester and Ipswich collections by a wide range of artists with links to Constable, and new sculpture by artist and descendant, Sasha Constable.

Constable: Walking the Landscape

Constable: Walking the Landscape-IIth July to 4th October 2026.

A celebration of Constable's deep connection to the Suffolk countryside he loved and was passionately inspired by, including rarely seen works on loan and in Suffolk for the first time, and his most personal paintings from his childhood home.

Constable to Contemporary - 24th October 2026 to 28th February 2027. A dynamic exhibition exploring modern responses to Constable's legacy, with new works by local artists and community groups.



The Ascension - John Constable. Displayed in St. Marys' Church, Dedham

DEDHAM PARISH MAGAZINE IS 150 YEARS OLD IN 2026.

Throughout 2026 we will be having a look back at what was happening in Dedham 150 years ago in 1876 with items from the magazine and archive Newspaper reports.

In 1876, Queen Victoria officially adopted the title of Empress of India.



Essex Herald - Tuesday 11 January 1876

ESSEX ALMANAC AND COUNTY HANDBOOK.

To the Editor of the Essex Herald. SIR,-On page 51 of the above I find it is stated that "The patronage of the Dedham lectureship is in the hands of the governors of the Grammar school." Allow me to inform you that this is not the case, for in consequence of a petition presented by myself to her Majesty's Charity Commissioners, calling their attention to the subject, the patronage is now in the hands of trustees, and "The members of the new governing body of Dedham Grammar school will not in that capacity have an preferential or special claim to be placed in future on the trust of these charities."

I send a copy of a portion of the "order" of the commissioners, and should be obliged if you would make the correction in your next edition, so that the parishioners and the public may be correctly informed. I am, gentlemen, your most obedient servant.

A PARISHIONER. Dedham-heath January 2nd, 1876.

Essex Standard - Friday 28 January 1876

DEDHAM. PIGEON ((CLAY) SHOOTING.

On Thursday, Jan. 20, the annual pigeon shooting was celebrated at the Compasses Inn. The shooting arrangements were conducted by the landlord, Mr. James Gooding, on an extensive piece of pastureage by the Water Mill, The sport was witnessed during the day by between three and four hundred people, including some crack shots from Cambridge, Long Melford, Bury, Colchester, Marks Tey, Ipswich, Harwich, and Hadleigh. Shooting commenced at twelve o'clock with the first match, for a fat hog, value £5; ten members at 10s. each, entrance; handicapped from 21 to 28 yards, 5 traps, 80 yards boundary, 1.4 oz. of shot, the use of both barrels. The match was excitably contested, resulting in a victory for Mr. Kerridge, of Bradfield, who killed his five birds in good form, "Mr. Dickybird" being second. Some firstclass shooting was shown in the various sweepstakes competed for by Mr. J. Antom, Mr. Kerridge, and "Mr. Dickybird." Mr. J. Antom's performance was particularly worthy of note, as in seven sweeps, three birds each, he stopped 19 out of 21. The sport closed about 4 p.m., when the company adjourned to the Compasses Inn, where a bountiful spread was placed before them by host Gooding, to which about 50 sat down.

Note: The Compasses Inn was situated in the High Street on the corner of Princel Lane. The Inn closed in 1912. Little Merchant Shop is now located there.

IN THE BLEAK MIDWINTER, FROSTY WIND MADE MOAN

A bit dramatic perhaps, but we've reached the traditional winter months with their shorter days and darker nights, when temperatures have usually dropped and the wind and wet makes being out in the garden a less than pleasurable experience. For some, bleak indeed.

However, for hardier souls, less trepidatious about a few degrees here or there or a bit of wind, there remain a few jobs to keep the garden at its best. With many trees and shrubs in winter dormancy, you can give them a prune now. Wisteria is an important one, following up the summer prune (where you cut back those whips to six or seven buds). Now is the time to cut back further to one or two buds — I usually do two, so there's a spare if one fails. These summer and winter prunes will help wisteria flower well next year.



Wisteria

You can also winter prune apple and pear trees to improve their shape with some judicious cuts (there's something about being able to chuck a hat – or possibly a pigeon? – through the branches). Otherwise just look for diseased branches or crossed ones which might rub together, damaging bark and letting disease in.

I want to replant everything in one of my larger borders ahead of the new season, so will hope for weather that's good enough to be digging everything out and putting it into better position. There are some large peonies that aren't flowering well, which is probably because a few years of mulching has buried the eyes too deeply. Digging them up, perhaps splitting a few, before replanting them more shallowly will help them put on a better show.



Eupatorium

I also need to move some eupatorium to the back of the border as they reach nearly 8ft tall by the end of summer and are preventing a climbing red rose from seeing the sun.

Provided the ground isn't absolutely sodden, I'll be in the apiary; giving it a good weed, turning the compost bins and doing some cutting back while the bees are clustered and much less active. I'll check they've got feed (fondant and pollen patties) in case winter is mild and

Gardening Notes

they need the energy boost after some short cleansing trips out of the hive.

I started forcing some prepared hyacinth bulbs back in October so they should be ready to bring indoors this month, and should come into flower for Christmas, filling the house with their heady scent.

For 'inside times' – and yes, there will be plenty of those for me too – there will be fireside trawling through catalogues to see if there is a new plant I absolutely must have. I've been inspired by our October speaker from Benton End Flower Farm, so will be looking at seed catalogues for some annual flowers to grow next year, while January is usually pre-orders for dahlia tubers. There's always room for another dahlia or two surely.

I generally enjoy these months after struggling through October and November when the days get shorter, wetter and windier. Although the days are even shorter of course (and darker) Christmas brings not just sparkle, but also the shortest day and increasing light as the days move towards spring and the chance to be planting and growing again.

While I confess I'm not the first person you'd turn to for the latest wellbeing fad, I am a huge believer in the benefits of gardening. Increasing our exposure to natural light — even on overcast days — can lift the mood. An early riser, I'm glad that morning light is especially helpful for resetting the body clock. I've found having two Scottish terriers who insist on an early walk is great for easing into the day.

The gentle physical activity of pruning, tidying and mulching increases circulation and body temperature and gets the blood pumping to combat lethargy. The mild activity also releases endorphins, our body's natural mood enhancers. Just being outside in nature or tending to natural things (even indoor

plants if you really can't bear to be out) lowers the stress hormone, cortisol.

So if you struggle in these winter months, what about getting a feeder to watch the variety of grateful birds that visit your garden or taking a walk in a local arboretum (like the 200-acre one at Markshall) or a winter garden (Hyde Hall, Cambridge University Botanic Garden or Anglesey Abbey are some good ones in the region).



Anglesey Abbey gardens.

Have a happy Christmas gardeners

and see you in the new year.

Elliott Frisby

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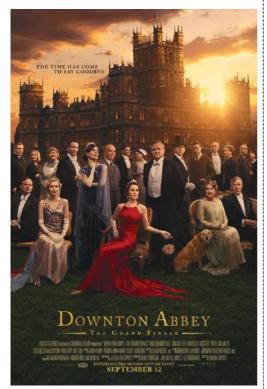
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DOWNTON ABBEYTHE GRAND FINALE (PG) 2025 DIRECTED BY SIMON CURTIS

Wednesday, December 10th 2025, 7:30 PM - 10:00 PM



When Mary finds herself in a public scandal and the family faces financial trouble, the household grapples with the threat of social disgrace. The Crawleys must embrace change with the next generation leading Downton Abbey into the future.

Starring Hugh Bonneville, Michelle Dockery, Elizabeth McGovern, Joely Richardson, Simon Russell Beale.

THE ROSES (15) DIRECTED BY IAY ROACH 2025

Wednesday, January 21st 2026, 7:30 PM - 10:00 PM

FROM THE CIRCURS OF MEET THE PARENTS AND THE WRITER OF POOR THINGS

CUMBERBATCH COLMAN SAMBERG JANNEY MANI GATWA DEMETRIBU CHAO AMMCKINNON

SEARCHLEAT

THE ROSES



Life seems easy for picture-perfect couple lvy (Olivia Colman) and Theo (Benedict Cumberbatch): successful careers, a loving marriage, great kids. But beneath the façade of their supposed ideal life, a storm is brewing – as Theo's career nosedives while lvy's own ambitions take off, a tinderbox of fierce competition and hidden resentment ignites.

Tickets £5 will be available online on our website or in person at St Helena Hospice shop in Dedham High Street or on the door or our Box Office on 0333 666 4466 https://www.dedhamfilms.co.uk/

DEDHAM COMMUNITY CHRISTMAS PARTY.



We are looking forward to giving the Dedham Community their annual party!

The date is set for Saturday 3rd

January 2026 at the Assembly

Rooms as normal.

Last year Ninety people accepted the invitation, and we are looking for more people this year! Please note we do cater for Wheelchairs users. Guests can look forward to a three-course meal, followed by great singing from our Dedham born entertainer, Graham Long.

All you need to be is a minimum age of 60 years and your partner can be younger, and you need to be a Dedham resident. So, if you are not already on our invite list or you know someone that would like to be on the list, please email your details to miles@mlpanels.com to be included.

Please include the following in your email. Full name/s, address including post code, landline and mobile telephone number/s.

The Dedham Community Christmas Party is all about supporting and strengthening the community spirit in Dedham and as well as helping the lonely.

Miles Wilson

Stour Valley Arts& Music

JANUARY 2026

Talk by Christopher Hilton archivist at the Red House, Aldeburgh.
Through musicians' eyes Benjamin
Britten, Peter Pears and the Red House.



Sunday 18th January 4pm Constable Hall East Bergholt CO7 6TG. Tickets and information from www.svam.org.uk

DATES FOR THE NEW YEAR.

Sunday 8th February 4pm at the Constable Hall East Bergholt CO7 6TP Young Musicians Concert and afternoon tea. Extra Event. Tickets @ £8.00.

Sunday 22nd February 4pm at St Mary's Church East Bergholt CO7 6TG Trio Isimsiz - Fauré, Brahms and Beethoven – Generously sponsored by Grier and Partners.

Sunday 22nd March 4pm at St Mary's Church, East Bergholt, CO7 6TG Wihan Quartet - Mozart, Smetana and Schubert.



DEDHAM POPPY APPEAL 2025

We have had another amazing year, despite having to close the stall on several occasions, due to poor weather.

The final total isn't in yet, but with what we have banked so far, and what we took on the card reader, we will be close to £8,000. I am over the moon with the amount that we have raised.

Despite the poor weather people came out and bought their poppies from our stall on Royal Square.

We are still waiting for gift aid totals from the Royal British Legion, along with donations made by tapping QR codes.

Dedham is a small village, and this is an incredible amount of money which will go a long way in helping veterans and serving members of the Armed Forces. There are far too many people to thank but I will give it a go;

Firstly, all the residents of Dedham and the visitors to Dedham, Dedham and Ardleigh Church, Dedham primary School, local businesses, too many to name, house to house collectors and to the volunteers who gave up their time to help on the stall on the Royal Square, a Massive Thank You. Without your support this would not be possible.

I also need to thank our knitters, who made beautiful Poppies for the stall. Next year you can expect to see more of these.

I would also like to thank The Essex Rose and The Marlborough Head, who kept our volunteers warm with hot drinks and tasty snacks. Thank you so much for your generosity. A big thanks to local resident and my predecessor, Richard Brown, who has helped me plan the Appeal and count the money, which is an extremely lengthy process. Thank you, Richard.

Finally, we are always desperately short of volunteers to staff the stall. If you have a spare two and a half hours during the Appeal, which runs for two weeks from the end of October up to Remembrance Sunday, please get in touch. It is enjoyable and a good chance to meet new people and do something worthwhile that makes a difference to people's lives.

If interested, please drop me a message - arinandrews@hotmail.com

Thank you for making 2025 a successful year. See you in 2026.

Arin Andrews



QUIZ EVENING DEDHAM SPORTS CLUB FRIDAY 2nd JANUARY 2026 1900hrs

Post Christmas slump? Come and join us!

Teams of between 4 and 6 people, £6.00 per person or £3.00 per person for Sports Club members

If you would like to come but don't have a team, please get in touch and we can find you a team.

Please bring your own snacks, but drinks should be purchased from the bar.

Prizes provided by Dedham Old Boys Football Club.
Please book in advance.

Nicola Baker: nicola_baker@tiscali.co.uk 07860173214

DEDHAM ART SOCIETY

We are an amateur group who enjoy painting regularly. Occasionally we have guest tutors, the rest of the time we help each other, beginners welcome. If you require any information about the Dedham Art Society please contact us by email at

dedhamartsociety@gmail.com or visit our website at http://www.dedhamartsociety.co.uk

Here are the sessions for December, if you are interested in attending please call 07872334729.

Thursday 11th December

Assembly Rooms, Ipm – 5pm. Christmas Social, members' buffet and quiz. MEMBERS ONLY

Saturday 20th December

Stoke by Nayland plein air morning & Christmas lunch (Saturday morning plein air group). MEMBERS ONLY



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We have over 40 interest groups including walking (from strollers to 5+ milers), theatre trips, garden visits, art appreciation, curry club, international dining, science group, languages, keep fit, pickleball, overseas travel there's something for everyone. If we don't have a group you are interested in, you are welcome to start one up. Membership costs only £15 a year.

Monthly coffee mornings are held on the first Friday of the month 10am – 12pm at the Lambe School, Gaston Street, East Bergholt. Come along, meet some members, hear more about us and decide whether you'd like to join.

Monthly lectures are held on the second Wednesday at 2.15pm in the Constable Hall, Gandish Road, East Bergholt, CO7 6TP. Guests are welcome for a charge of £4.

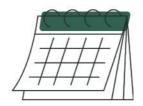
There is no lecture in December as we have our Christmas lunch at Hintlesham Hall Golf Club.

Resuming on 14th January, Claire Driver will give a talk on "Smuggling in Essex".

Please take a look at our website for more information and contact details.

www.u3asites.org.uk/stourvalley





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We're selling our **2026 calendar** to raise vital funds for the young people who attend the farm.

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Mon 24th Nov to Sun 7th Dec. 2025

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Wivenhoe's Christmas Lights Switch-On A Special Late Opening - Thursday 4th Dec, 5pm - 8pm Join us for a glass of mulled wine!

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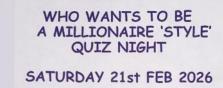


DUCHY BARN COMMUNITY CENTRE

The Duchy Barn Community Centre holds its community coffee mornings on Tuesdays and Thursdays of each week from 10.30 am - 12 noon. The Barn is available to hire at very reasonable rates for small functions/celebrations/ group meetings etc.

Contact Anne Rowledge on 01206322394











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I Had a Dream.....

Where there is respect for each other Where minds are open and receptive Where knowledge trounces ignorance Where heads are held high with pride Where there is honesty not deceit Where two wrongs don't make a right Where words come from deep inside Where folk are softly-spoken not loud Where striving is aimed at goodness Where rudeness is not acknowledged Where there is generosity not greed Where confidence overrides fear Where reason has not lost its way Where dead habits don't flourish Where things are not blindly accepted Where understanding is the ultimate goal Where thinking is open-minded and free Where lives rely on optimism and hope Where actions are kind and considered Where bonds of friendship are celebrated In this mould, may Dedham prosper

Many a time, we grieve over lost time
But be worried not, it is never lost
Because hidden in the heart of things
Are seeds developing into seedlings
Buds into blossom and flowers into fruit
Night after night tired we fall asleep
But every morning in these gardens
There are flowers blossoming
And the air is filled with bird-song

Rasik Bhadresa

DECEMBER 2025

- Monday Ist 6.30pm, Duchy Barn. -Dedham Parish Council Meeting.
- Monday Ist I2.30pm, Essex Rose Tea Room - Monday Lunch Club.
- Sunday 7th 9.30am, Dedham Church - Rise N Shine.
- Sunday 7th 5.00 pm, Dedham Church - Evensong.
- Wednesday 10th 7.30-10pm, Dedham Assembly Rooms -Dedham Films, DOWNTON ABBEY, THE FINALE.
- Sunday 14th 11am, Dedham Church - Holy Communion.
- Sunday 14th 6pm, Dedham Church - Carol Service.
- Sunday 21st 9.30am, Dedham Church - Matins.
- Wednesday 24th 3pm, Dedham Church - Crib Service.
- Wednesday 24th 4.30pm, Dedham Church - Crib Service.
- Wednesday 24th I I pm, Dedham Church - Midnight Christmas Communion.
- Thursday 25th 10pm, Dedham Church - Holy Communion.
- Sunday 28th St Edmund Tendring
 9 together Holy Communion

JANUARY 2026

- Friday 2nd 7pm Dedham Sports Club - Quiz night.
- Saturday 3rd Assembly Rooms -Dedham Community Christmas party.
- Sunday 4th 9.30am, Dedham Church - Rise N Shine.
- Sunday 4th 5pm, Dedham Church - Evensong.
- Monday 5th 12.30pm, Essex Rose Tea Room - Monday Lunch Club.
- Wednesday 7th 10am, Duchy Barn, Films@Duchy Barn.
- Sunday IIth IIam, Dedham Church - Holy Communion.
- Monday 12th 6.30pm, Duchy Barn.
 Dedham Parish Council Meeting (Provisional date).
- Sunday 18th 9.30am, Dedham Church - Morning Prayer.
- Sunday 18th 5pm, Dedham Church - Revive@5.
- Wednesday 21st 7.30-10pm, Dedham Assembly Rooms -Dedham Films, THE ROSES
- Sunday 25th 9.30am, Dedham Church - Holy Communion.
- Wednesday 28th 10am, Duchy Barn, Films@Duchy Barn.

WEEKLY EVENTS

Monday

- Meet up Mondays The Sun Inn, I lam to I2pm.
- Social Table Tennis Dedham Sports Club, 10:30am to 12:30pm.
- Watercolour Painting Group, Duchy Barn, 10am to 12pm.
- Mobile Post Office Royal Square 13:30 to 15:30.

Tuesday

- Coffee morning The Duchy Barn, 10:30 to 12pm.
- Morning Prayer Dedham Church, 10.30pm.

- Mobile Post Office Royal Square 09:00 to 11:00.
- Dedham Baby and Toddler Group Dedham Sports Club, 10am to 12pm (Term time).

Wednesday

• Bridge in Dedham - Assembly Rooms, 1.30-5,00pm.

Thursday

 Coffee morning - The Duchy Barn, 10:30 to 12pm.

Friday

 Dedham Youth Club - The Duchy Barn, 7.30pm to 9.15pm.





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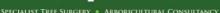
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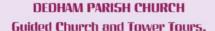
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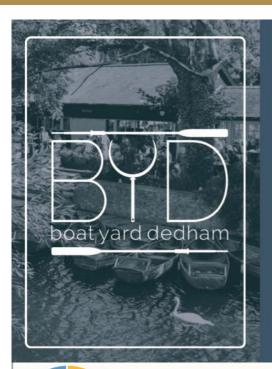


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