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### **50-Year Member Inductees**

Congratulations to the new 50 Year Member inductees. We wish them many more years of enjoyment at the Club!

Barry Atkinson	Richard Giles
Helen Babbage	Clarke Hansen
John Barber	Frederick Hare
Victor Barnes	Leslie Harris
Robin Barrett	Joan Hogan
Peter Batrouney	Mark Holberton
Craig Buchanan	Neville Holbery
Joseph Butler	Barbara Hurley
Francis Carroll	John Kaminsky
Janeve Coleman	Richard Leggo
Isa Connors	William Martin
Janet Crosby	Susan McDonald
William Crothers	Evie McEwan
Joyce Derham	Harley Moffatt
David Ellison	Susan Morgan
Elizabeth Fogarty	Michael Morrison

Barbara Mulder	
Ian O'Neill	
Kerry Reynolds	
James Rosenbrock	
Robert Sandie	
Christine Sayer	
Alison Scott	
Judith Sear	
James Sheppard	
Maxwell Strahan	
Graham Syme	
Catherine Walter	
June Watson	
Robert Willis	



### Frank Sedgman Anniversary Lunch

Celebrating the 70 year Anniversary of winning the Wimbledon Singles, Doubles and Mixed Doubles titles.

The Kooyong Foundation looks forward to hosting its second Corporate Pro-am, following on from the success of the inaugural Pro-am in December last year...

Adam Cossar, President

# Champions'

The Club's sporting highlights were celebrated at the Champions' Dinner in May 2022.



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ZZ

**Pennant** 

It's almost finals time in Tennis Victoria's Pennant competition.



### Kooyong Lawn Tennis Club Inc.

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#### **BOARD**

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### **CEO's Report**

It was a very special moment when we joined with the Davis Cup Foundation, The International Tennis Club of Australia, and the family of the great Frank Sedgman to host a lunch celebrating the 70th Anniversary of Frank winning the Triple Crown at Wimbledon in 1952.

■ he achievement of winning the singles, the men's doubles and the mixed doubles in the same year at Wimbledon has not been repeated since and is unlikely to ever be again.

Messages were received and shared on the day from The All England Lawn Tennis Club (Wimbledon), Tennis Australia, The International Hall of Fame, the IC and many tennis greats including Rod Laver, Ken Rosewall and Roger Federer.

Our own Club champions were again recognised at the Champions Dinner in May and it was wonderful to see the emerging talent within the Club with many of our younger Members recognised for their victories in tennis and squash. Well done to all on your achievements across the sporting sections.

In 2023 we are looking forward to the return of the Kooyong Classic and we welcome our new sponsor Care A2+. The event is shaping up well with a great announcement of Alcaraz and de Minaur headlining the player field, and we encourage Members to take up the opportunity to be part of the three days with a range of hospitality packages and ticketing options to enjoy while watching some of the greats of world tennis back in our stadium.

With our Club extremely active again and new areas to enjoy, our Member social groups across all have set up busy calendars for the remainder of the year. Courtside

profiles a number of upcoming opportunities for Members to enjoy as we head into the busy second half of 2022.

Following the success of the inaugural event last year, the Kooyong Foundation will host the next Corporate Pro Am on the 5th December 2022. The event successfully raised funds to support the Foundation program of player development, and we look forward to another great event.

The Foundation has also committed to extending the historic displays and the Club recently took delivery of new display cabinets that are located throughout the squash court viewing areas. Member Bert Armstrong has generously donated his substantial collection and when work is completed over the coming months, the Club will have one of the most substantial collections of racquet sport memorabilia for Members and visitors to enjoy.

Chris Brown, CEO

### **President's Report**

Dear Members, Welcome to our second edition of Courtside for 2022.

s we move into the new financial year the Club is in a strong position with our eye on Member activity, engagement and new opportunities.

With The Championships at Wimbledon having recently concluded its opportune to acknowledge from the outset our very own Frank Sedgman who in 1952, 70 years ago, won the Triple Crown at Wimbledon. The winning of the gentleman's singles title, doubles and mixed was an incredible achievement, one that has not been achieved by a male player since and certainly not likely to be met with any opposition into the future. Unfortunately, Frank and Jean were not able to travel to Wimbledon this year, however, we had the opportunity of celebrating at our own 'Spiritual Home of Tennis' with Frank, Jean, the family, friends and the wider tennis community - a wonderful celebration indeed.

Our gala Champions' Dinner was held at the end of May and as reported in my President's Report (April edition) we had some notable new Champions and returns to the dais. The night is always a wonderful celebration of community as much as it is a celebration for our winners with their family and friends. Cedric Mason and our MC Darren James created a lively and fun atmosphere in repeating previous form of years past. Our guest speaker Peter Johnston provided insights into the world of professional tennis and in updating those in attendance of our upcoming Kooyong Classic Tournament, making a return after a 2-year pause in January 2023.

Glenn Busby recently returned from Palm Springs, Florida where

he achieved an incredible four gold medals in the combination of a team's event for Australia and individually. Glenn continues to shine a light on what is possible through dedication, hard work and a sincere love of 'our game' - congratulations Glenn.

Our junior tennis aspirants continue to shine a light on the

conversations with some of them about their 'Kooyong journey' over the last five decades. It was also a reminder in looking back at the year of 1972 where we had Ken Rosewall win the men's singles title at Kooyong with Evonne Goolagong runner up to Virginia Wade on our hallowed turf of centre court.

"Our Kooyong community continues to be the dominant foundation that makes our Club so special for all to enjoy."

bright future for Kooyong in developing talent with on court success and whole of life/personal aspects off the court. Nikolas Baker won the 12/U national title in both singles and doubles with Ava Beck and Koharu Nishikawa representing Victoria at the Gold Coast in the 13/U National Team to bring home the trophy for Victoria in the deciding doubles match. As a footnote to the individual achievements a total of seven Kooyong Foundation players competed in the national championships, an excellent representation.

The Kooyong Foundation looks forward to hosting its second Corporate Pro-am, following on from the success of the inaugural Pro-am in December last year, which will be held on Monday the 5th of December. Interest from previous participants has been resounding which augers well for the return of this marque event on Kooyong's annual tennis calendar.

I recently had the pleasure in presiding over our 2022, 50-Year member inductees at a lunch in our magnificent Kooyong Room. It was lovely to induct our new 50-year members and to have

The wider tennis community was saddened with the recent passing of Colin Stubs, our Tournament Director of the Kooyong Classic from inception in 1987 for 30 years. Additionally, Colin was Tournament Director of the Australian Open from 1978 through until 1995. Colin (Stubsy) in addition to bringing life back to the Australian Open in the early years of his tenure had a vision together with Joe Devereaux and Terry Fraser of creating a World Class lead up event in the form of the Kooyong Classic which in 2023 will exercise its 33rd edition, his legacy continues to shine. Our condolences go out to his wife Sue, and family at this time.

There has been some Board changes and movements recently. Firstly, I would like to acknowledge and thank Brian Capp who recently resigned after 24 years of distinguished service to our Club. Brian has been of incredible support to me, the wider Board and management over his tenure and has been integral, most specifically in his work and stewardship of our building programs and developments over the years. Brian will be sorely missed,

however, he will be 'ever present' on court and beyond - thank you Brian.

James Macmillan steps into the Vice President's role and Sarah Sheer, Peter Tingate and Jeremy Brown-Greaves have more recently commenced to support the existing Board. Sarah Sheer has accepted a casual vacancy while Peter Tingate and Jeremy Brown-Greaves have taken up Board nominated positions. Included in this Courtside edition are some brief profiles/bios of our new Board members. I would like to take this opportunity in welcoming our new Board members and I look forward to working with them and in having their valued input into the continued success and good governance of our Club.

There is plenty of activity in and around the Club and it's wonderful to see members taking advantage of our sporting, social and recreational spaces on all levels.

Our Kooyong community continues to be the dominant foundation that makes our Club so special for all to enjoy. As we move into the second half of the calendar year, we can all look

forward to a number of member activities and events on the calendar which I encourage you to take advantage of.

Finally, I would like to thank our operational team for their leadership and service to the Club. We've had and continue to traverse some challenging periods and their steadfastness and commitment has been nothing short of exemplary, thank you on behalf of myself, the Board, and the Kooyong family.

Adam Cossar, President

#### **UPCOMING EVENTS**

Friday 5th August Wine & Food Society Dinner

Sunday 7th August RCH Auxiliary Christmas in July Lunch

Monday 15th August New Members Night

Saturday 20th August Social Committee Trivia Night
Sunday 4th September Father's Day BBQ Lunch

**Sunday 11th September** Social Committee JJ Mixed Doubles Round Robin

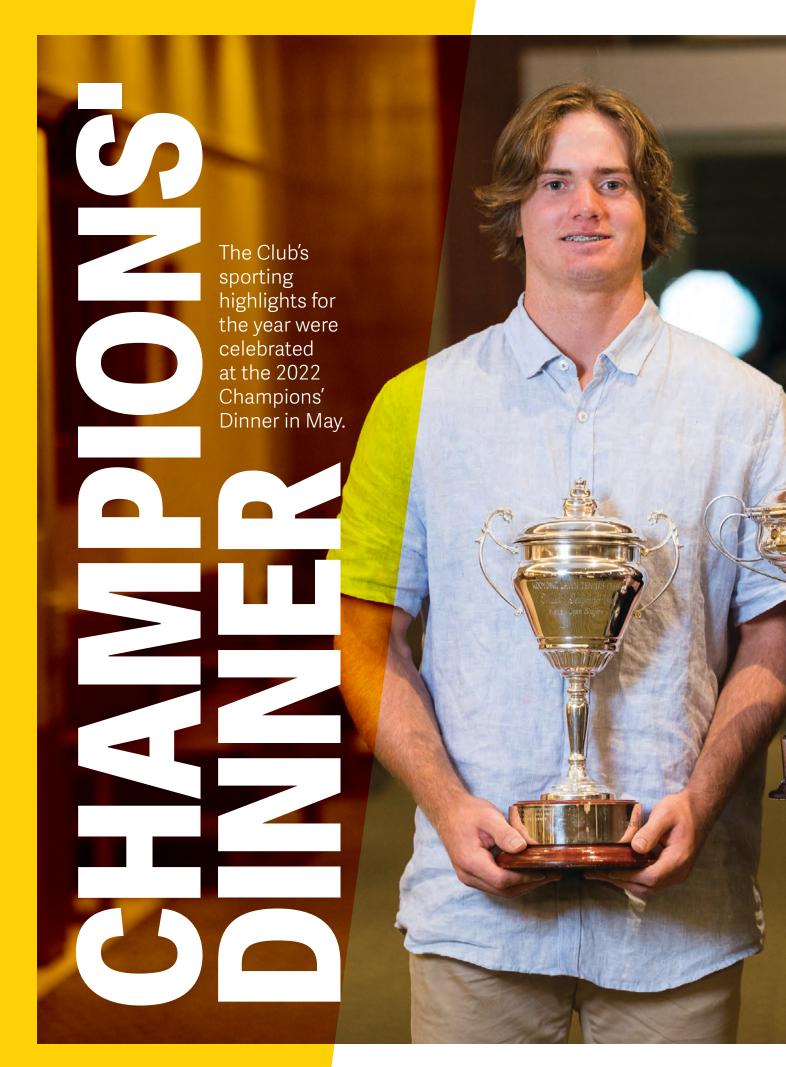
Wednesday 14th September RCH Auxiliary Card Day Friday 16th September Introduction to Squash

Thursday 30th September Wine & Food Weekend Away – 2/10/2022 – Yarra Valley

Friday 21st October RCH Auxiliary Trivia Night

Wednesday 26th October KLTC AGM

**Tuesday 1st November** Social Committee Cup Day Event **Sunday 27th November** President's Grass Court Opening Day





▼ Junior Boy's U/21 Singles Champion Thomas Patton.



arren James was again MC for the event and kept the crowd entertained while interviewing the award winners. Champions from tennis, squash, and billiards & snooker groups were in attendance as well as many families and friends who came along to support and enjoy the night of celebrations.  $\rightarrow$ 



**◄** Open Singles Champions Cooper Errey & Eliza Dunbar.

▲ Ladies 50+Singles and 100+ Doubles Champion Jill Meggs.











**◄** B Grade Mixed **Doubles Champions** Anne Saville & Peter Wilson

#### Opposite

- 1 Handicap Snooker Champion Michael Kirwan with President
- Adam Cossar. Men's 100+ Doubles Champions Joel Fredman & Stephen Sharp. Men's Open
- Squash Champion Cam White.
- 4 Men's 60+ Doubles Champion Eddie Trusgnach.
- **5** D Grade Mixed Doubles ChampionsNatalie Postma & Anthony Ward.
- 6 Junior Boy's Squash Champion Christopher Pon.
  7 C Grade Mixed
- Doubles Champions Wes & Lucette Horskins.
- 8 Peter Johnston and Darren James.
- Under 14 Boy's Doubles Champions Will Brooks-Gay & Ashton Coster.
- **10** Under 14 Boy's Singles Champion Liam Polizzi.



▲ **Bottom** D Grade Ladies Doubles ChampionsNalda Mannix & Mary King.









Cooper Errey collected his first Men's Open Singles trophy (Frank Sedgman Cup) and expressed his excitement of seeing his name on the honour board alongside many Club greats. The 16-year-old has a bright future ahead of him and we look forward to following his progress.

It was a big night for Eliza Dunbar who picked up the Ladies Open Singles trophy (Evonne Goolagong Cup) for the first time, along with her second Junior Girl's U/21 trophy. Traralgon-based Dunbar regularly travels to Melbourne for her tennis endeavours and is also one to watch.

Others to collect multiple trophies on the night included Joel Fredman, Jill Meggs, Koharu Nishikawa, Sally Peers and Peter Wilson, as well as squash player Daryl Thompson.

Cam White collected the Men's Open Squash cup for the fourth time, while 5-time Ladies Open winner Christine Nunn was unfortunately unable to make it

Michael Kirwan represented the billiards and snooker contingent and was proud to accept his trophy as the 2019 Handicap Snooker Champion.

Peter Johnston, Kooyong Classic Tournament Director, spoke of the return of the event in January 2023 including the new sponsorship deal with Care A2+, a leading Australian health and wellness company. Peter shared stories of previous events and spoke of how the professional players relish the history of Kooyong and enjoy playing on the famous centre court.

Congratulations to all our Champions, and we look forward to another successful year around the Club!















### **Celebrating Frank Sedgman**

The Davis Cup Foundation, the International Club of Australia, and the Kooyong Lawn Tennis Club recently combined to host the special celebration of the 70th Anniversary of Frank Sedgman's magnificent achievement of the Triple Crown at Wimbledon.

In 1952, Frank arrived in London to compete at the Championships in the gentleman's singles, gentleman's doubles and mixed doubles, and after two weeks of competition he was crowned the champion of all three events.

Frank is the last person to achieve that special feat at Wimbledon and is quite likely to forever be the last person.

The celebratory event, held in the Kooyong Room, and hosted by Sam Groth, included several presentations from special guests including Frank's ultimate doubles partner, Jean Sedgman.

All England Club Chairman Ian Hewitt and Kooyong Lawn Tennis Club President Adam Cossar passed on their best wishes to Frank via video messages from Wimbledon, while ITF Hall of Fame CEO Todd Martin, Tennis Australia President Jayne Hrdlicka, and Tennis Australia CEO Craig Tiley praised Sedgman on his truly remarkable career.

Tennis greats Rod Laver, Ken Rosewall and Roger Federer

Frank is the last person to achieve that special feat at Wimbledon and is quite likely to forever be the last person.

▼ Frank and Jean Sedgman with Chris Kachel of The International Club of Australia and the Jean Borotra Trophy.

► Frank's 1952 Wimbledon Championships trophies on display at Kooyong.







also featured on the day and acknowledged Frank's great achievements and contributions to the sport.

Fellow Wimbledon Champion and Australian tennis legend Neale Fraser joined Frank and other special guests in the "Royal Box" for the day's proceedings.

To mark the special occasion, Cedric Mason presented Frank with the Jean Borotra Trophy on behalf of the International Club of Australia. This award is made to a player who has shown



outstanding sportsmanship throughout his career or perhaps even on an individual occasion of remarkable significance. Past winners of this notable award include Pat Rafter, Mats Wilander, Kim Clijsters and Federer.

Guests enjoyed hearing from Frank as he shared many memories and stories from

▲ Frank, pictured with his family.

his playing days, in particular from the momentous '52 Championships.

To conclude the special event, opera tenor David Hobson entertained the crowd before Frank and Jean were given a standing ovation on departure.

Congratulations Frank!





### Care A2+ Kooyong Classic Bounces Back For 2023



The Kooyong Classic will return bigger and better than ever in 2023, with organisers confirming new partnerships to cement the tournament's status as a highlight of the Australian Summer.

rom 2023 the famous event will be known as the Care A2+ Kooyong Classic after event organisers sealed a five-year title sponsorship deal with Care A2+, a leading Australian health and wellness company.

The Care A2+ Kooyong Classic will be held at the Kooyong Lawn Tennis Club from Tuesday, January 10 to Thursday, January 12, 2023.

Care A2+ Kooyong Classic
Tournament Director, Peter
Johnston, said the new
partnerships ensured a successful
return in 2023 and an exciting
future for an event that has a
track-record of luring champions
of tennis, with its reputation
as an ideal preparation for the
Australian Open.

"With the Australian Summer of Tennis reverting to its original decentralised, pre-COVID 2020 schedule, the Care A2+ Kooyong Classic is perfectly positioned to provide the all-important final tuneup for players competing at the Australian Open the following week," Mr Johnston said.

Kooyong Lawn Tennis Club President, Adam Cossar, said the developments, upgrades



and partnerships with new sponsors were a major boost for such an important tournament each summer.

"Kooyong Lawn Tennis Club is the spiritual home of tennis in Australia," Mr Cossar said. "It is extremely important to the club to retain an event featuring the world's best male and female players competing and experiencing the club.

"We are delighted to welcome Care A2+ as our title sponsor and partner and look forward to working with them, together with Mediapro Asia, over the next five years and beyond."

A world-class field assembled when the tournament was last played in 2020, highlighting its importance as a preparatory event for the first Grand Slam tournament of the year. French Open finalist Stefanos Tsitsipas, Australian star Nick Kyrgios, former world No. 1 Maria Sharapova, Wimbledon finalist Matteo Berrettini, US Open champion Marin Cilic, Billie Jean King Cup star Ajla Tomjlanovic and former world No. 3 Grigor Dmitrov continued the tradition at Kooyong.

Another quality field is assured for the return of the Care A2+ Kooyong Classic in 2023, with Australian #1 Alex de Minaur and world #4 Carlos Alcaraz already signing to take part in the event. Further announcements regarding participants will be made in the coming months.

To keep up to date with tournament information including details of hospitality packages, please visit kooyongclassic.com.au ●

### **Introducing our new Board Members**



#### Sarah Sheer

Sarah has been a Kooyong Member for 21 years, is passionate about sport and has been involved in Monday night social tennis for many years.

Sarah has over 15 years' experience specializing in strategy, transformation and supply chain/operations across the consumer goods and retail industries.

She has a proven track record of delivering complex projects & driving operational excellence in multi-national organizations both in Australia & Europe, including spending six years in The Netherlands working for a consulting company and then a leading international sports brand.

Sarah is looking to leverage her corporate and sporting experience to benefit board governance.



#### **Peter Tingate**

Peter joined Kooyong in 1995 and recently served as President of the Social Committee.

He has a strong technical background and is currently overseeing a \$30 million heritage restoration project at one of Melbourne's iconic venues and is responsible for delivering the project.

Peter is a trusted advisor and experienced Project Manager having led management through a significant period of change by bringing people together and engaging successfully with stakeholders.

Peter is a Director of a registered not-for-profit organisation and a former Committee Member of Old Scotch Collegians Association events committee.



#### **Jeremy Brown-Greaves**

Jeremy has been a Member of Kooyong for 35 years and prominent across areas of the Club including social and competitive in tennis.

Jeremy is a Fellow of the Institute of Chartered Accountants (FCA) and he studied accounting at the Swinburne Institute of Technology.

Jeremy has over 30 years' experience as a Chartered Accountant and provides taxation and accounting advice across all industry sectors including education and retail for small and large businesses.

He has been an active member of many clubs and committees over the past 40 years and has an extensive background in sporting club treasury.





If you are interested in donating to the Kooyong Foundation please contact the Club on 9822 3333 or head to our website: kooyong.com.au/web/pages/make-adonation



# Darcy Nicholls Signs with Samford University

arcy Nicholls has signed with Samford University in Alabama on a tennis scholarship commencing in September 2022. Nicholls was deciding between several schools but chose Samford on the back of a few different factors.

"They offered me a great scholarship which certainly helps financially and after speaking to coach Oliver, I will have more opportunities to play singles and doubles straight away in my freshman year at Samford". Nicholls, from Warragul Victoria is currently playing grade one pennant for KLTC and training hard in the lead up to his college experience.

"I am looking forward to furthering my studies, developing my tennis game and experiencing a different culture in the States".

Nicholls joins 15 other Kooyong Foundation scholarship players who are on tennis scholarships at American universities.

The Foundation recently held a US College information session to further educate players on this popular pathway. ●

### Pizzey Cup Representatives

Congratulations to seven
Kooyong Foundation players
who have been selected to
represent Victoria at the School
Sport 18/U Pizzey Cup Tennis
Championships to be played 27
August – 3 September in Perth.
Each player will be supported by
the Foundation for this event.

- Jessica Board
- Sophia Brooks-Gay
- Philippa Bush
- Grace Darcy
- Cooper Errey
- Sienna Opray
- Nicolas Tremblay (pictured)All the very best to these

players at the Championships!

"I am looking forward to furthering my studies, developing my tennis game and experiencing a different culture in the States".



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The final came down to the deciding doubles match between Victoria and NSW in which Beck/Nishikawa won 6-3 6-3 to bring home the trophy.

### Ava Beck and Koharu Nishikawa lead Victoria to National Teams Title

va Beck and Koharu
Nishikawa have led
Victoria to the 13/U
National Teams title on the Gold
Coast. The final came down to the
deciding doubles match between
Victoria and NSW in which Beck/
Nishikawa won 6-3 6-3 to bring
home the trophy. Beck was also
awarded the "Most Driven Player"
for her age group after winning
all her seven matches throughout
the event.

Seven Kooyong Foundation players in total represented Victoria at the Championships with Luca Connaughton, Diordan Macababbad, Nikolas Baker, Ymerali Ibraimi and Gabrielle Villegas also selected for the prestigious event. Teams from all state and territories, as well as New Zealand were represented across the 11/U, 13/U and 15/U age groups.

Well done to all players selected, and a special congratulations to Ava and Koharu! ●

### OMAR JASIKA IN RED HOT FORM

Omar Jasika has continued his excellent form as he tackles the Pro Circuit across Europe. After winning titles in Bendigo and Chiang Rai, Thailand earlier in the year, Jasika added two more ITF titles in Greece winning back-to-back events on hardcourt in Heraklion. Now ranked in the world's top 400, Jasika is playing ATP Challenger events to gain valuable ranking points.



#### **Wayne Arthurs Cup**

The Kooyong Foundation partnered with Tennis Victoria to host the Wayne Arthurs Cup.

The 10/U teams event involved players from across metropolitan and regional Victoria. Congratulations to Eastern Region who took home the cup! ●

### Nikolas Baker Wins 12/U Nationals Titles

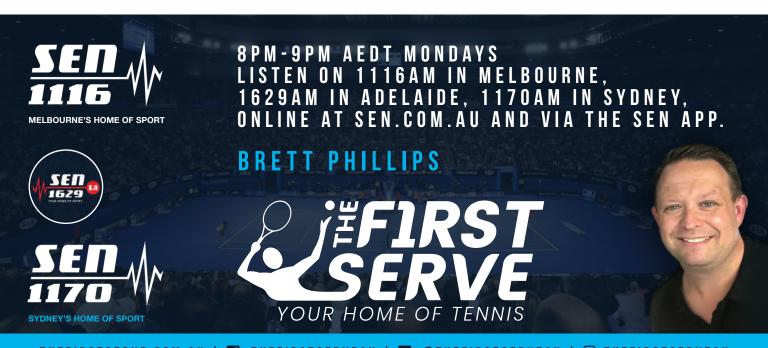
ikolas Baker has impressively won the singles and doubles titles at 12/U National Claycourt Championships in Canberra. Coming in as the top seed for the tournament, Baker was in fine form going through the draw without dropping a set. In the final, Baker defeated Queensland's Taiki Takizawa 6-2 6-4.

comoting the his

"I played some great tennis all week and am really pleased to come away with the win as this was one of my goals for 2022. I'd like to thank the Kooyong Foundation for all their support."

Baker teamed up with fellow Victorian Lachlan King to win the doubles title, capping off a highly successful week for the 12-year-old.

Baker has been chosen for a European Tour with Tennis Australia where he will spend six weeks training and competing on the European junior circuit.





### **VALE COLIN STUBS**

We are saddened to inform Members of the passing of former Kooyong Classic Tournament Director, Colin Stubs.

Following the move of the Australian Open in 1988, the Club worked with Colin to create an event to continue Kooyong's connection with international tennis.

He was Tournament Director of the Kooyong Classic for 30 years and it became established as Melbourne's lead up event to the Australian Open. Over the years it attracted the cream of world tennis including Cash, Agassi, Sampras, Federer, Rafter, Roddick and Hewitt.

The Club is indebted to Colin for his contributions over many years and we extend our condolences to his wife Sue and the family.

# for Busby

ongratulations to Club Head Coach Glenn Busby on a successful ITF Seniors World Championships in Florida recently.

Glenn won an impressive four events in three weeks claiming gold for Australia in the 65+

Teams Championships, 65+ singles event, 65+ doubles event and the 60+ singles.

Glenn has now won twelve world titles - an outstanding achievement!

Glenn won an impressive four events in three weeks claiming gold for Australia



### Kooyong Lawn Tennis Club Acknowledged For Being The Best Of The Best In Victoria

Kooyong Lawn Tennis Club has won the prestigious Best Community Club Renovation Award and Community Club of the Year (Metro) at the Community Clubs Victoria's (CCV) 2022 Gala Awards.



### **Healthier Alternatives**

hange is brewing across
Australia! And it's coming
in the form of nonalcoholic craft beers, wine, and
spirits. But what do non-alcoholic
drinks mean for your health?

While 2020's lockdowns saw an initial spike in alcohol sales in Australia, it dropped as people started embracing a healthier lifestyle: exercising more, cooking at home, and cutting back on alcohol. Our relationship with alcohol is changing.

Thanks to a new generation of local non-alcoholic brewers and distillers, Australians can enjoy a range of delicious tipples – with

fewer carbs, fewer calories and, of course, no alcohol.

Our recent non-alcoholic beverages promotion in July, has shown us that Kooyong Members are already making that switch.

The success of these products has encouraged us to continue stocking some of these delicious non-alcoholic pre dinner drinks, gin and zero beer.

These new products will now join our gluten free beer which has been available to Members with gluten intolerance.

While 2020's lockdowns saw an initial spike in alcohol sales in Australia, it dropped as people started embracing a healthier lifestyle



### **Pennant Men**

As the Tennis Victoria Pennant season draws to a close, players are looking to finish strongly ahead of finals.

his season the Club is represented by fourteen men's teams and three Masters teams.

In Grade 1, Thomas Patton's team are performing well and sitting on top of the ladder. Patton, Codey Gunn and James O'Sullivan are all undefeated in singles play and will be looking to continue their hot form into finals.

Also in **Grade 1**, **Hugh** Callaghan's team are in sixth position and with a bye in the final round unfortunately look like missing finals.

Brian Capalnean's Grade 1 team have battled with injuries and tournament travel all season and are in fifth position but unable to make finals.

In Grade 2, Liam Louzado's team are in third place and will be tough to beat come finals.

Dylan Vaughan's Grade 2 team are in eighth spot and will miss finals action this season.

The Club has two Grade 3 teams, with Oliver Elmslie's team in second place and Chris Alevizos' in seventh place. Elmslie's young team are a strong chance to bring home the flag but may be without some key players due to tournament commitments overseas.

Baxter Errey's Grade 5 team are having a solid season and are in third position while Bryce Mitchelson's Grade 5 team are in seventh place.

The Club's two **Grade 6** teams both looking like seeing finals action. Despite a slow start to the season, Peter May's team are in fourth spot while Salvatore Soepardi's team are third on the ladder. The all-Kooyong showdown during the season came down to the wire with Soepardi's team victorious by just one game.



■ Grade 6 player Liam Polizzi.

▼ Grade 5 player Cooper Pearson.

In Grade 8, Jack Saville's team are enjoying the season but sit in seventh spot having jumped up a couple of grades from last season.

Tyson Kersley's Grade 9 team are serious flag contenders. The team are on top of the ladder and excited for a strong finals campaign.

Ash Conway's Grade 11 team are also a big chance for the flag as they sit undefeated at the top of the ladder. All players are in their first season of Pennant for the Club and are relishing the weekly competition.

In the Masters 35+ competition, Stephen Gay's Grade 1 team are in third position and will be looking to add to their already impressive flag collection come finals time.

Dennis Mihelyi's Grade 1 team are in fifth spot and won't make finals this year, while in Grade 2 Kevin Green's team will need a couple of big wins in the remaining rounds to be a chance for finals.

All the best to our teams for the last few rounds and finals!

Thomas Patton, Codey Gunn and James O'Sullivan are all undefeated in singles play and will be looking to continue their hot form into finals.





he Club has nine teams in the women's competition with three teams in each of Grade 1, Grade 2, and Grade 5.

In the top grade, Zoe Llewellyn's team are sitting in fourth place and will need a couple of wins in the final rounds to secure a top three finish and a chance at finals.

Grace Darcy's Grade 1 team are currently in third spot and look like seeing finals action. The young team is headed up by Club Champion Eliza Dunbar in the top position while Sienna Opray is also performing well in her first season in the highest grade.

Also in Grade 1. Charlotte Vanstone-McGrath's team has battled with injuries and tournament travel all season and is in fifth place. They will need a big finish to the season to give themselves a chance to sneak into finals.

In Grade 2, Natalie Baic's team

are in second place having only lost two matches for the season. The experienced team will be tough to beat come finals.

Also in Grade 2, Leona Doan and Hayley Sibbald's teams are in fifth and sixth spots respectively. Both teams are still able to make finals but will need to come home strongly in the final few rounds.

The young team is headed up by Club Champion Eliza Dunbar in the top position

while Sienna Opray is also performing well in her first season in the highest grade.

Isabella Lucas' Grade 5 team are having a great season and sit atop the ladder. The team is undefeated and will be looking to continue their excellent form ▲ Grade 2 player Grace Thomas

into finals. Lucas and Holly Feldman are starring for the team with neither having lost a singles match.

Angela Woodruff's team are in second place and ready for a strong finals campaign. The team have unfinished business to take care of after looking like flag favourites last year when the season was cancelled.

Georgia Fink's team have enjoyed a couple of wins throughout the season, with most players in their first season of Pennant for the Club. The team are in fifth place but will need some results to go their way to make finals.

Good luck to all teams for the remainder of the season, and finals!

If you are interested in playing Tennis Victoria Pennant, please contact Sophie Vickers on 9822 3333 or via email at svickers@kooyong.com.au



For the July-December season, the Club will again be represented by Edward Pollard's team on a Saturday morning...



### **Junior Competition**

Kooyong's juniors have enjoyed another season on court and again represented the Club with pride.

t is pleasing to see the juniors competing hard whilst enjoying the game and making friends.

Throughout the first half of the year, the Club was represented by six teams in the Bayside Regional Tennis Association competitions across Saturday and Sunday mornings.

On Saturdays, **Edward Pollard's Section 1 team** had a great season but unfortunately just missed out on the grand final as they finished in third position. The team recorded two wins over premiers Carmelite Blue throughout the season.

Five teams represented the Club in the February-June season of the Sunday morning competition.

In **Section 3, Caroline Marcel's team** finished the season in eighth position however enjoyed several wins throughout the season.

Charlie Williams' Section 6
team had a stellar season to finish
the season in top spot. They
continued their top form into
the finals where they defeated
Hurlingham Park in the semifinal, and then recorded a foursets to two win over Mentone in
the grand final to bring home the
flag. Congratulations to Charlie
Williams, Joshua Icasiano, Edwin
McKeon, Lysander Mitchell, Jack
Meinert and Jesse Theodore!

Angus McCallum's Section 10 team had a fantastic season to finish in third place. Unfortunately, they fell to Dendy Park in the semi-final. ▲ Left Cedric Mason awarded Edward Pollard the Most Consistent Player for Saturday competition. Right Harriet Venn, pictured with Cedric Mason, was named the Most Consistent Player for Sunday competition. In **Section 12, Zoe Kinsella's team** competed well all season and picked up a number of wins to finish in sixth spot.

In Section 19, James Porter's team showed great improvement throughout the season and finished in third position however went down to St Andrew's Middle Brighton in the semi-final.

For the July-December season, the Club will again be represented by Edward Pollard's team on a Saturday morning with the team stepping up to Section 1.

On Sundays, the Club will have four teams-Section 1 Lysander Mitchell, Section 4 James Porter, Section 10 Zara Stevens, and Section 21 Harper Barons.

Best of luck to our junior players for the upcoming season! ●

Any juniors interested in playing competition tennis, please contact Sophie Vickers at **svickers@kooyong.com.au** or by calling the Club on **9822 3333**.

### **Midweek Ladies**

Kooyong will be represented by 10 midweek ladies' competition teams in July, playing across two days and associations.

irstly, to Tuesday and the Midweek Eastern Metropolitan Region Ladies' Tennis Association (MEMRLTA) has returned, with the winter 2022 season commencing in March. Lois Plowman's Section 1 Blue team has returned this season and are enjoying themselves. They are on top of the ladder after 13 rounds, equal on points with Donvale Gold.

Kris Tulloch's Section 1 Gold team has also returned. They are in sixth position.

Sally Addison's Section 2 team are currently seventh on the ladder. They are looking to recruit for next season.

Angela Godwin and Jill Kaminsky's team were unfortunately relegated to Section 3 after finishing the winter 2021 season on the bottom of the ladder. They are, however, on track for a return to Section 2, sitting five points clear on top of the ladder.

Bayside Regional Tennis Association's (BRTA) Thursday competition has February to June and July to December seasons. Rosemary Everett's Section Al team unfortunately couldn't hold onto their position in the top four of the February to June 2022 season, missing out on the finals by three points. They didn't submit a team for the July to December season but may return next year.

Jill Meggs' Section A1 team concluded the February to June 2022 season in seventh position. They will be looking to move up the ladder this season, with Rachael Dickinson taking over as captain.



Kris Tulloch's Section Al team unfortunately remained on the bottom of the ladder to finish the February to June 2022 season. They remained in Section A1 for this season and will be looking to improve.

Jenny Osborne's Section 2 team qualified for the Semi Finals of the February to June 2022 season by finishing third. They defeated second placed Basterfield Park 1 2-5-37 to 0-0-20 to qualify for the Grand Final! The ladies continued their red-hot form when it mattered most. In the Grand Final, Kooyong Green easily beat Elwood, who were well clear on top of the ladder, 2-5-37 to 0-0-24! Congratulations to the whole team: Jenny Osborne, Linda Dohnt, Sally Gorton, Kristi Gunson, Mandy Morgan, Lauren Sanford, Carol Thompson, Angela Woodruff and special thanks to all those who filled in during the season.

Gill Hunt's Section 2 team also qualified for the Semi Finals of the February to June 2022 season. The team unfortunately lost their Semi Final to Elwood, 0-1-26 to





2-6-49. They will be looking to make the Grand Final this season.

Heather Anderson's Section 3 team remained on top of the ladder to qualify for the Semi Finals of the February to June 2022 season. They defeated Belvedere Park 2-5-37 to 0-2-32 to qualify for the Grand Final! The Grand Final was an all-Kooyong affair, with Heather Anderson's Kooyong Purple defeating Trish Gorman's Kooyong Green, 3-6-44 to 1-3-37! Congratulations to the whole team: Heather Anderson, Sarah Cudlipp, Alita Davis, Libbie Geason, Lisa MacLennan, Amanda Thomas and special thanks to all those who filled in during the season. They were promoted to Section 2 for this season.

Finally, Skye Berman submitted a new team for the July to December 2022 season, consisting of herself, Anne Smith, Nerida Muirden, Penny Scott, Jo Ross and Nikki Walton. They were graded into Section 3 by BRTA.

We wish our midweek ladies' teams all the best for the remainder of the year.

If you are interested in playing midweek ladies competition, please contact Tim Baddock on 9822 3333 or via email at tbaddock@kooyong.com.au

### **Pro Shop**

Winter has arrived and the Pro Shop is ready! The first half of the year has got off to a great start and we have our loyal members to thank.



...the Pro Shop has also brought in new designs and attires in preparation for this season.

#### Term 3 Tennis Monday 11th July – Saturday 17th September

Let's get on court and develop your tennis skills. Limited spots available for our individual lessons, junior squads, bootcamps, ladies' clinics and adult squad. Get in touch to find out about what we have to offer!



Our brands consist of Glenmuire, J. Lindeberg, Rohnisch, Forest Sport, Le Coq Sportif, EPNY, Ellesse, Greyson, B-Draddy, Castore, Lacoste, Asics, Wilson, Babolat and K-Swiss. More brands coming!

We want to make sure that our members feel and look the part so please let us know if there is anything you would like to see more of in the Pro Shop and we will see what we can do to make that happen.



Drop by the Pro shop, email us at kita@kooyong.com.au or give us a call on 9038 7141...let's get you on court and looking the part.

### **KITA**

How to become faster on the court — and it's not about fitness.

had the fortune of playing an exhibition match in Germany this June with Anders Jarryd, a former top 5 singles and 1 in doubles at the ATP level. Yes, he is older in his 50s, won a world seniors singles title a couple of years ago, he has lost power and speed around the court, but on so many occasions he seemed to be there before I hit the ball, luckily not all the time. This brings more relevance about this article.

We have all seen and played with players who may not look technically fantastic, maybe not always the fittest but, always seem to have plenty of time to get to the ball and produce really good results? Then there are those players who look technically fantastic, have all the shots, but never seem to get the results they should? This happens in juniors and seniors alike. Why?

There are basically 5 "Rs", to every shot played; Read, React, Respond, Recover and Ready

**Read** - being able to identify the cues quickly; is the ball coming fast/slow, wide/close, high/low, slice/topspin, deep/ short and so on and there are many combinations of all of these. Where has your opponent hit the ball from? Where are they moving to? And so on.

React - how fast you process this information. Do you see the above information before the ball bounces, as it bounces, or after the ball has bounced?

**Respond** - how quick, after picking up the information, do you move to the oncoming ball and effect a shot that is going to bring about the response you want.

Recover - how fast do you

recover back into the best position on the court so that you are in the best situation to respond to the next shot

**Ready** - to start the process all over again

So where is the problem? The problem is that so many players start at the "REACTIVE stage" and are waiting for the ball to bounce before they identify what the ball is doing. Has it got spin, is it short, wide, is it a drop shot, a lob, fast/slow and so on and the result is being slow to execute the response they are wanting to achieve. They don't recognise how to read the cues.

ALL good players read these cues quickly, an important part of making an intelligent decision about getting into position fast and executing your best shots. When you look at the Pros you can see differences even at that level, some players are where the ball is well before it bounces, not because they are faster by foot, but because they really understand the possibilities of the opponents shot. They totally understand their opponents body position, racquet face and the percentages. They know where the ball should be going based on their shot and..... if their opponent doesn't play the correct shot, they are still in a good position to recover. Also, if their opponent doesn't play the correct shot, the court is generally opened up and the process of them being on the defence and losing the point starts.

How well do you read the cues do you think? Do you react quickly/slowly? Experienced players have an advantage over lesser experienced players as they



"ALL good players read these cues quickly, an important part of making an intelligent decision about getting into position fast and executing your best shots."

▲ Jack Skerman, one of our Junior Kita Squad players winning the AKT U12 Junior Tennis Tournament durina the Winter holidays. His hard work and determination through his individual and squad practices are being transferred to his tournament play and we are very pleased with his progress here at

have seen a lot more tennis balls coming over the net. However, there are players also who haven't played that much that intuitively just seem to move to the right position. AND.... YES, it can be learnt and taught.

What is so interesting, is this process and what I have written about re strategy in the last Courtside and in the next edition on goals, is that all of this information relates exactly the same to every sport, business, relationships and everything in life. Are you able to read the cues before things happen and prepare to execute for the outcome, or do you wait until something happens and always at the effect of the situation and therefore chasing an outcome on the back foot and being defensive?

The next edition I will talk about goals and strategies. By Glenn Busby

If you have been wanting to take a lesson or two to just brush up on your skills or get involved in any of our extensive programs, please give us a call in the Pro Shop on 9038 7141. We are here to assist you with any of your tennis needs.





**Kooyong Thailand Squash Training Camp 2022** that included international arlier this year, a large group of Kooyong Squash players from Hong Kong, Singapore and Thailand.

Club members had an unforgettable experience in a training camp in Phuket, Thailand. Almost twenty members and partners attended the camp hosted at the luxurious Hilton Arcadia Resort which was led by head coach Malcolm McClarty and assistant coach Tate Norris.

Most had not been overseas for many years due to strict borders, so this was a great opportunity to dust our passports off while playing the sport we love. The two week training camp consisted of technical drills, fitness exercises and condition games before a round robin tournament

Among all the squash, the club supported a devastated tourism industry where locals had been forced to shut their businesses and live off the bare minimum for a sustained length of time. We supported the locals at grassroots family restaurants, travelled to remote areas for cultural activities, and of course endless shopping at local vendors of fruit

Most in the group had never met before, and by the end the team had bonded to create a family feeling with the desire for another international training camp in 2023! ●

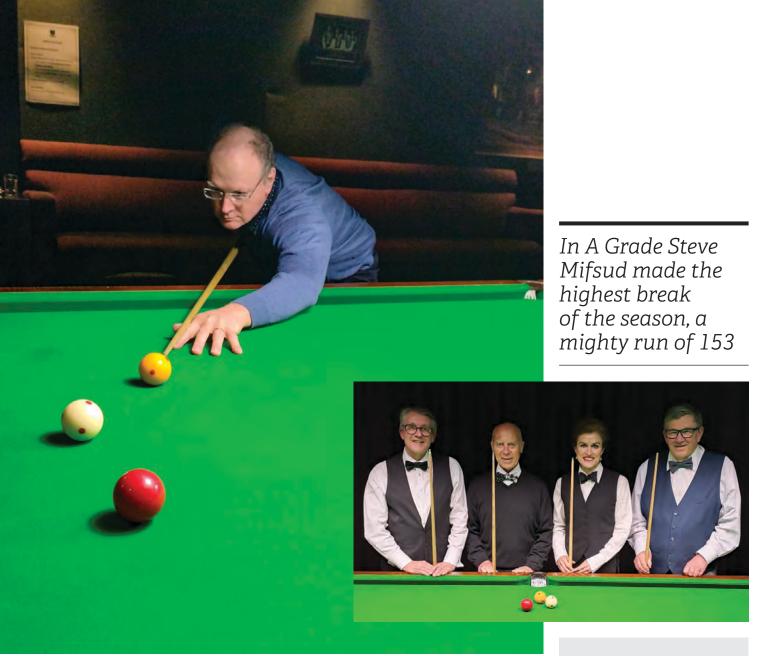
juices and clothing stores!

The two week training camp consisted of technical drills, fitness exercises and condition games before a round robin tournament that included international players...

### INTRODUCTION **TO SQUASH**

The regular Intro To Squash sessions have been a big success particularly with a sprinkling of bad weather making an indoor run around quite appealing. Get on court with some of our best young scholarship players and learn the ropes or if you already know your way around the court, they'll be happy to put you through your paces. The next session is planned for 16 September from 4pm-6pm. Get in touch with Chris Harris from the Squash committee if you have any questions at all, on harryaus2003@yahoo.com.





### **Billiards and Snooker**

Kooyong LTC has a very active first half of the year.

#### Interclub Billiards and Snooker

Kooyong LTC has been very active in the first half of the year, playing billiards and snooker in many competitions with a fair measure of success.

In the Churches competition our team lost narrowly on points in the Grand Final, after the four matches were shared 2-all. The team is pictured: (L. to R.) Martin James (captain), Ian Choochew, Olivia Morris and Greg Baker. This is a handicapped competition and suits players of all abilities.

The VBSA A and B Grade sides will play finals matches after the deadline for this edition of Courtside, while the City **Clubs competition** is only in its early stages. Other highlights of the year so far are several prizewinning performances: In A Grade Steve Mifsud made the highest break of the season, a mighty run of 153, and Dave Cosgriff came second in the Most Games Won, winning 11 out of 15 matches. In B grade Alistair Macindoe won the Most Games Won, winning 9 out of 10 matches. He is pictured in control of the balls at the spot end.

By Alistair Macindoe

#### **Club Championships** coming up soon

It is hoped that the Club billiards and snooker championships will be held starting in a couple of months. In both games there will be an open competition, as well as a handicap competition. Please keep an eye on the noticeboard in the Billiard Room, as well as on your Inbox. New players are always very welcome; please contact our leader David Pitt at david.pitt@bigpond.com



Here is an insight into the new talent at Kooyong Lawn Tennis Club.



### **Health Club**

The evolution of health and fitness has come a long way.

urrently, personal trainers cover 3 main areas weight loss, strength and conditioning, and general rehabilitation. However, the growing demands of the overall populations' needs has now required the fitness industry to create multiple specialists that cover a broad range in fields such as strength and conditioning coaching for athletes, specialised injury rehabilitation, disease prevention, and anti-ageing. The professionals that cover these areas are exercise physiologists. strength and conditioning coaches, and weight loss coaches. Here is an insight into the new talent at Kooyong Lawn Tennis Club.

#### **Dimitri Chrisoulis** Personal Trainer

"Little changes today setting up for big changes in the future" I strive to preach this approach to my clients as fitness is a lifestyle and a journey that does not flourish overnight. Small daily positives create impactful changes to our health and fitness when added up.

My personal training is directed to individuals who are new to the gym and are pursuing improvements in their health for the first time. As well as this, due to aspiring to become a future exercise physiologist at Kooyong, I have a strong desire to work with members who are also affiliated with rehab and difficult circumstances. I thoroughly enjoy working with individuals of all demographics with many of my current clients ranging from 14 years old to 73, each requiring a different tailored approach to training.

Currently my qualifications are within the scope of practice of a PT with a Certificate 3&4 in Fitness. In addition to this, I will soon possess a Bachelor's degree in both Exercise Science and Nutritional Sciences come mid next year. Furthermore, I have trained and reached out to an extensive and broad range of individuals. This has developed my knowledge and experience to cater for various demographics and age groups. I do however have a natural tendency to drift toward taking on clients from specific populations, for instance returning from injury, undergoing rehab at other clinics, chronic condition with clearance from allied health professionals etc as this is the avenue I aspire to pursue later in my career.



#### **Lachie Kennet** Personal Trainer

My name is Lachie and I'm 21 years old. I've been training in the gym for about 8 years to improve my football performance. Through this process, I have discovered my passion for assisting others in the gym setting and helping them to become fitter, stronger, healthier and improve quality of life. I'm studying Exercise & Sport Science at Deakin University and completing my Certificate 3&4 in Fitness.

I have a well-rounded approach to improving health, being able to assist with weight training, nutrition, and general lifestyle habits. My goal at Kooyong is to assist members in understanding the importance and benefits of resistance training, nutrition, and how to improve their quality of life through improving their habits.

I have learnt my trade from some of the best PTs and strength coaches in the industry and I can relay what I have learnt to you.



#### **George Kotsonis** Personal Trainer

My name is George Kotsonis, and I am currently 20 years old studying Exercise and Sport Science degree at Deakin University. I have been training in the gym for 6 years now where I gained the motivation and determination to pursue a career in the fitness industry to assist others in reaching their goals. I aspire to become a Strength and Conditioning Coach here at Kooyong, where I can assist members in ultimately improving their strength, power, fitness, and overall health.

Throughout 2021, I had experiences in coaching football at a local U/13 football team Camberwell Sharks, and also coaching young football players 1 on 1 that are looking to take their football skills to a professional level.

My sporting background involves football and tennis, where I acquired the passion and love for the sport, idolising players such as Brett Deledio and Roger Federer.



### Flynn Wood **Personal Trainer**

My name is Flynn and I have a passion for helping people achieve their goals whether that may be in a sporting environment or just wanting to stay active. I play footy at Old Brighton Football Club and am a member of Spring Valley Golf Club. I grew up in a highperformance environment with rowing for school which meant I have spent a lot of time in the gym environment.

After completing my Exercise and Sports Science degree I am now fully qualified and planning to set up multiple programs for Kooyong Lawn Tennis Club. My vision for the club is to be able to have programs that cater for all ages whether it's a High Intensity Interval Program (HIIT) for young athletes who are planning on making it to the next level, or for a more mature person who needs rehab on a particular area of the body.

I am currently working on the HIIT program that will be starting up soon! So, if you have any questions or are interested in this type of fun group training feel free to give me a call. Or if you are in need of rehab, also feel free to contact me.

By Michael Kull, Kooyong Health Club Manager

Any Members interested in a strength and conditioning program, general fitness, injury rehabilitation, personal training, or weight loss can contact Health Club Manager Michael Kull directly on 0419 003 762 or contact the Health Club office via email at gymnasium@kooyong.com.au



### **Bridge Club**

Bridge Club activity has continued to expand now that Covid restrictions have lifted, though most members are continuing to choose to wear a mask whilst playing.

embership of the club now numbers over 300 making it one of the largest clubs in Victoria. Beginner lessons on Monday evenings have now commenced and were oversubscribed with over 60 keen Kooyong members now receiving training in how to play our great game from Mary Elson with assistance from Doug Harrah.

The Jim Borin Trophy (Club Championships) were held in May, the Open section won by Penny Blankfield and Sue Read and the Under 50 points section won by Marcus Brodmeyer and Brendan Murray. The Club also participated in the Australian Bridge Federation Nationwide Novice Pairs with Jane Griffiths and Pip Liebelt being the best performed Kooyong pair.

Interclub events have recommenced with Kooyong hosting Sandbelt events against golf clubs in our impressive Stadium Room followed by a delicious lunch. The Club also played against Royal South Yarra Bridge Club (losing) and RACV Bridge Club (winning) with a

▲ Jim Borin Trophy winners Penny Blankfield and Sue Read.



The Jim Borin Trophy (Club Championships) were held in May, the Open section won by Penny Blankfield and Sue Read

match against MCC Bridge Club coming up in September.

The Club continues to offer a variety of events to keep members up to date and challenged. We offer four duplicate sessions per week, weekly Thursday tutorials, ▲ Under 50 Points winners Marcus Brodmeyer and Brendan Murray, pictured with Bridge Club President Maria Campbell. intermediate lessons, social events and have now commenced team competitions on a monthly basis in one of these sessions. The Club will be participating in the ABF Open Nationwide Pairs competition in late August. ●

By James Tulloch



SUNDAY 04 SEPT

Serving a selection of meats, sausages, salads & desserts. Vegetarian options included. **\$80** per adult – drinks at bar prices **\$45** per child (3-12yrs) – including soft drinks

Bookings close Friday 26th August 2022 (unless sold out). Booking forms available at reception or online at **kooyong.com.au**. All bookings must be accompanied by appropriate payment. Tax invoice when paid. Prices include GST.

### Royal Children's Hospital Auxiliary

It is with the utmost pleasure that I am able to report that we have in fact begun our fundraising for 2022.

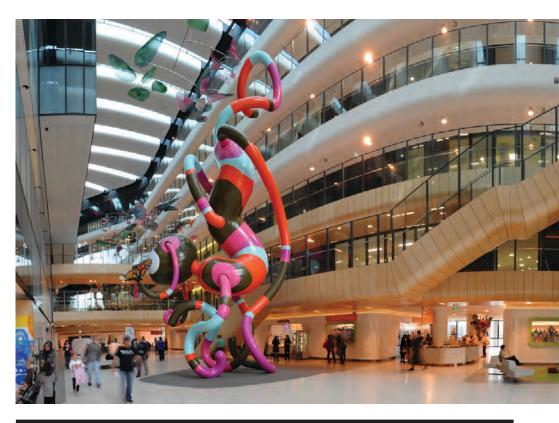
ur Card Day Luncheon went ahead as planned on April 27 this year – our first function to be held since our Tennis Day in March 2020!

Our Vice President Jean
Burgess did a marvellous job of
convening this very successful
event. Our guests played
duplicate bridge, social bridge
and solo. The delicious lunch with
a complimentary glass of wine
and coffee served by Kooyong
was very well received by all. The
raffles were generously supported
and I am delighted to report that
we realized a profit of over \$4,000
on the day.

We welcomed 128 guests who came with a "spring in their step", enormous good will and a sense of joy at being able to once again support the Royal Children's Hospital. They were most interested and pleased to hear that through the past two difficult years we were able to pledge our accrued funds for two RCH Music Therapy Programs for the Neuroscience and Rehabilitation Departments.

We were very grateful and delighted with the support of many members of the Kooyong Bridge Club and their President Maria Campbell. We would also like to thank Mr Terry Crawford for generously donating his time to take on the role of Director for the day. Once again the Kooyong Community's willingness to support the RCH was on show.

We are now looking ahead to our Christmas Wonderland Luncheon to be held on Sunday August 7 in the Kooyong Room and our second Card Day Luncheon on September 14 this year. The RCH Auxiliary annual Trivia Night is also planned for October 21.



The raffles were generously supported and I am delighted to report that we realized a profit of over \$4,000 on the day.



As we are emerging from the these past two years we are once again grateful to the wonderful staff at Kooyong who make our fundraising possible and we are hoping to welcome as many of you as possible to these upcoming events.

By Jenny Booth,
President KLTC RCH Auxiliary

◀ Kooyong RCH Auxiliary Living Treasures Jean Burgess, Lyn Wheat, Denise Cosgriff and Marie Devereux, with the retiring Patron of The RCH Auxiliaries Mrs Louise Gourlay AM





Members enjoy events to remember, and look forward to future tastings.

#### Craiglee Dinner a **Great Success.**

Ninety members of the Wine and Food Society enjoyed an outstanding dinner in the Stadium Room at Kooyong in May with Pat Carmody, founder and winemaker at Craiglee Wines in Sunbury. This was a muchpostponed event because of COVID and it was a pleasure to finally welcome Pat to Kooyong.

Vines were first planted at Craiglee in 1863 and wine was produced there until the mid-1920's. Pat Carmody and his wife, Diane, planted vines there once again some 40 years ago and Craiglee Wines now produce some of the finest cool-climate wines in Australia.

Pat Carmody provided a wonderful range of wines for members to enjoy including both the current vintage and back vintage Chardonnay, his current vintage Shiraz and, as a special favour, his about to be released Shiraz. The meal was completed with his Cabernet Sauvignon - a delightful expression of this important grape variety.

The meal that Executive Chef, Mat Macartney, and his staff provided for the members was also appetising and matched the wines. In particular, the Trout Niçoise entrée featuring Freshwater trout Escabèche was a great success and was

perfectly matched with the Craiglee Chardonnay.

WFS member, Ian Sloane, introduced Pat and led him through a range of interesting and challenging questions about winemaking and the future of cool climate wines on the outskirts of Melbourne. Pat's erudite, thoughtful and, often, amusing responses made the evening a great success.

Craiglee Winery is an oasis surrounded by extraordinary development as Melbourne expands to the north. Pat, a past President of Sunbury Tennis Club and a passionate Demons supporter, is truly one of Australia's great family winemakers.

#### Wines of the World Tasting

A remarkable guided wine tasting was another event to remember and savour.

Members were served a sparkling Tasmanian Wine on arrival and then two flights of wine, each made up of four different wines from four different countries.

The first bracket showcased Chardonnay from New Zealand, Australia, the USA and France. The second bracket showcased Pinot Noir, again one wine from each of the four countries.

Each wine was different and represented excellent examples of the wine styles from each of

▲ **Left** Craiglee Vineyard produce some of the finest cool-climate wines in Australia. Right Pat Carmody, founder and winemaker at Craiglee Wines in Sunbury, provided a wonderful range of wines for members to enjoy.

these important regions. The wines included a Freemark Abbey Chardonnay from the Napa Valley in the USA (a wine made famous in a French/USA wine challenge in the 1970's) and a Meursault from Burgundy in France. The Pinot Noirs included a wine from Oregon and a Nuits-St-Georges from France.

Patrice Renaudin and Ian Sloane led the comments and questions about the wines. Kooyong members can look forward to seeing some of these wines on the Kooyong LTC wine list in the near future.

This was an event to be remembered and we look forward to a range of future tastings. The very positive reaction received from participants is of great encouragement for the future.

#### **Thanks**

Our thanks go to Patrice Renaudin, Rachael Whitelaw and Mat Macartney, as well as all the other staff involved, for their help and support in making these events so successful.

By Greg Baker, **President Wine and Food Society** 





### **Young Members**

The KLTC Young Members have held numerous social events in the recent months which have had increasing awareness amongst the Kooyong community, bringing our events well and truly back onto the scene!

■ he monthly \$20 'Pot and Parma' night, held at 7pm on the first Thursday of each month in the Winter Garden in the Bistro, is a relaxed night where young members feel welcome to come along and meet others or catch up with friends. This regular monthly event is new in 2022 and is growing in popularity each time it is held, with some young members taking to courts 29-31 at 6pm to have a hit and work up an appetite. We look forward to the next "Pot and Parma" night and seeing more new (and old) faces!







Our more novel event, the Bottomless Brunch, held in late May, was great fun with plenty of food and drinks, good music and photos! A chance to dress up a little and have some fun with friends, this event is a lock for the annual social calendar. Like many of our annual events, the day didn't end here with those who wanted to keep the day going with our young members group heading to a nearby pub and bar. We love seeing new faces

turning up to events and genuine friendships have been made from this, building the young members community at Kooyong.

Events to be held later in 2022 include the Yarrayong Ball, another Day on the Clay tennis event, Golf Day and more monthly Pot and Parma and social tennis nights.

By Chris McMullin, President Young Members ▲ Top Chris
McMullin recently
visited the Royal
Lake Club Kuala
Lumpur.
Above Members
and guests enjoyed
the Bottomless
Brunch held in May.

< Bottom The

■ Bottom The
Young Members'
Pot and Parma
Night is held on the
first Thursday of
the month

### International Reciprocal Club Visits

In May of this year I was fortunate enough to be able to travel again for a mix of business and pleasure to Kuala Lumpur, Singapore and Vancouver, Canada. At each of these destinations I was able to utilise the fantastic reciprocal club arrangements that Kooyong has with elite sporting and social clubs in these cities.

In my most recent trip I visited Royal Lake Club, Kuala Lumpur, Malaysia, the Singapore Cricket Club, Singapore, and the Vancouver Lawn Tennis and Badminton Club, Vancouver, Canada.

Another wonderful benefit of being part of the Kooyong community and one that I will look to utilise again the next time I travel.

Kooyong Members who are interested in visiting reciprocal clubs can email the Membership Department at membership@kooyong.com.au identifying the Club you wish to visit along with your intended dates. A letter of introduction will then be prepared for you to present at the reciprocal clubs is available at reception and in the Members' section of the Club website.

For further information on all things Young Members, join the Facebook Group by searching "KLTC Young Members" and follow us on Instagram by searching @KOOYONG\_YM – we look forward to seeing you at our next event!

# HEALTH TIPS FOR ATHLETES BYHEALTH NUTRITION PRO+

Athletes need to pay great attention to their own nutritional intake and choose high-quality nutrition to support a healthy body and maintain optimal competitive state for longer.

#### BYHEALTH MILK THISTLE

### Byhealth Milk Thistle Is Made Of High-quality Milk Thistle As A Raw Ingredient.

Each serve contains 6000mg of milk thistle, which is 1.5 times the TGA standard. Milk thistle is traditionally used in Western herbal medicine to maintain healthy liver function, supporting in metabolism.







### BYHEALTH MILK THISTLE

- √ Good Milk Thistle Is The Taste Of Milk
- √ 27 Hours Triple Essence Purification
- 30 Times Higher Concentrated Milk Thistle
- It Contains Three High-quality Ingredients Of Milk Thistle, Turmeric, And Inositol.



### **Social Committee**

"Cold weather brings us inside"

ighlights this year to date are seeing so many new faces attending our Social events and this has been through a concentrated effort by all Committee members to promote our activities to both new and current members who support our invigorated programme.

Our most recent "Gin Tasting" night was clear evidence that a new phenomenon is being created within the Club as 100 members enjoyed the wonderful hospitality by Applewood Distillery and Kooyong. The grazing table was a creative spread of a great variety of food and the gin sampling topped off a fantastic evening one for the ages!

On the tennis front, we did enjoy hosting Royal South Yarra Tennis Club for our annual challenge in May where tennis was the winner, but great fun was had by all. Stand by for another late year challenge being thrown our way!! We also celebrated the end of the grass court season with a tennis/BBQ Day where luckily the sun shone through.

In the coming months, we have several new special events that we are introducing and hope to see you in attendance – Trivia Night on Saturday 20th August should be great fun – start putting your tables together now, followed by our first Melbourne Cup Day where "fashions on the field will be judged" amongst other racing fever surprises culminating in our Kooyong Christmas Ball on Saturday 10th December.

On behalf of the busy Social Committee, we would like to thank Rachael, Renee and the wonderful staff at Kooyong for their continual support and look forward to seeing you at our next event.

**Bv Chris Barnett** President Social Committee





#### **SAVE THE DATE: UPCOMING FUNCTIONS**

AUG	Trivia Night	Saturday, 20 August 2022
SEP	JJ Jeffries Mixed Doubles Round Robin	Sunday, 11 September 2022
NOV	Melbourne Cup Day Event	Tuesday, 1 November 2022
DEC	Christmas Family Tennis Day	Sunday, 4 December 2022
	Kooyong Christmas Ball	Saturday, 10 December 2022

<sup>\*</sup> Special Events in bold

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