



2025 PROGRAM

Investing in Community is
an Investment in Hope

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**We Are Nourishing Lives.
We Are Building Community.
WE ARE IFCS.**

WHO WE ARE

Since 1964, in collaboration with community partners, Integrated Family Community Services (IFCS) has provided an immediate response to hunger, the most basic need. **IFCS has become a safety net to support families and children during difficult times** by providing food access to those who are hungry or facing food insecurity and other issues associated with poverty.

OUR BEGINNINGS

In 1964, south metro Denver resident Maida Navis noticed that some of her neighbors needed extra help. Working families were not making ends meet, neighborhood children went without necessities, and elderly residents were losing their independence. Mrs. Navis gathered neighborhood leaders for a “Neighbors Helping Neighbors” effort, forming the original **Inter-Faith Task Force for Community Services**. The task force provided services designed to help struggling neighbors achieve independent living.



IFCS TODAY

Over sixty years later, **Integrated Family Community Services** has become a well-known resource for those experiencing **inequities, food insecurity, and financial emergencies in the community**. Thankfully, the IFCS Food Market has become a staple of assistance for those who need it most:

- Providing both fresh and shelf-stable, culturally responsive foods, with no-cook meals for those who are unsheltered;
- Offering food source alternatives that allow IFCS to supply larger quantities, and more varied options, of high-value proteins;
- Creating a “market of choice” where participants may select the ingredients they most like and need, while reducing waste.

It is the **support of our community** that allows IFCS to continue alleviating hunger.

DID YOU KNOW?



CLICK
IMAGE
TO READ
MORE

11%
OF COLORADANS
LACK RELIABLE
ACCESS TO
NUTRITIOUS
FOOD

17%
OF COLORADO
HOUSEHOLDS HAVE
CHILDREN WHO
ARE NOT GETTING
ENOUGH TO EAT
DUE TO HIGH
FOOD COSTS

9.4%
OF COLORADANS
LIVE BELOW THE
FEDERAL POVERTY
LINE, MAKING
THEM AT HIGHER
RISK FOR FOOD
INSECURITY.

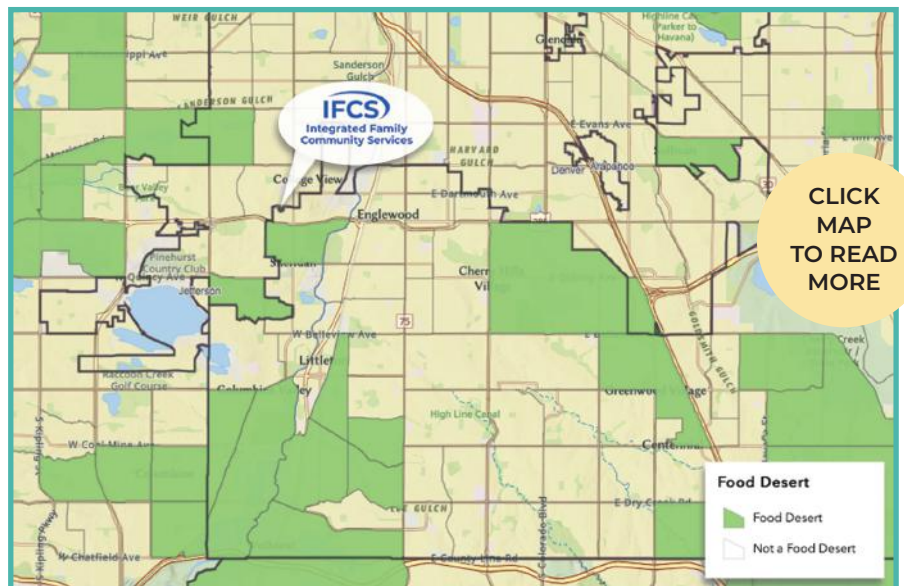
This data is from
the Colorado Health
Institute, US Census
Bureau, and the
Center on Budget
and Policy Priorities.

- IFCS is able to respond to great needs thanks to our team of volunteers and various funding sources.
- Donations to IFCS nourish lives in the community. Every gift helps to provide both fresh and shelf-stable, culturally responsive foods and high-value proteins to struggling families.
- Even in the toughest times, the atmosphere in IFCS' Market is one of heartfelt gratitude and *hope*.

* See this data and more in a [Hunger Fact Sheet](#) provided by Hunger Free Colorado.

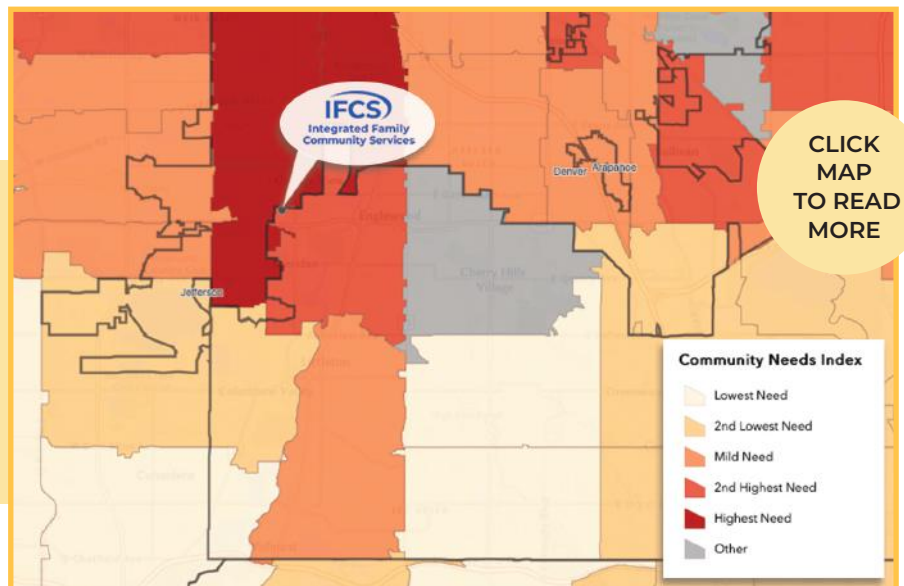
** The USDA defines food deserts as areas with low access to supermarkets or grocery stores. The CNI measures economic and demographic data, creating an "index score" by measuring barriers to various socio-economic capital for each community at the zip code level.

- According to Food Bank of the Rockies, "The most recent data from Feeding America's Map the Meal Gap study reveals that [within] Food Bank of the Rockies' service area: **1 in 9 people** are food insecure. Included among those people are the **1 in 7 kids** who experience food insecurity."^{*}
- IFCS' service area includes various neighborhoods designated as "food deserts" and zip codes identified as having highest needs, as you can see by the maps below.^{**}
- Lack of access to healthy food options leads to a greater risk of chronic disease and poor health outcomes including diabetes and obesity.
- Throughout 2024, over 1,000 families were served each month at the Market @ IFCS.



CLICK
MAP
TO READ
MORE

Source credit: CACFP Participation in Colorado <https://bit.ly/3DEljxn>



CLICK
MAP
TO READ
MORE



INVESTING IN COMMUNITY IS AN INVESTMENT IN HOPE

A MESSAGE FROM
SANDRA BLYTHE-PERRY,
OUR EXECUTIVE DIRECTOR

At Integrated Family Community Services (IFCS), we believe **everyone deserves to be healthy**, and that individual **access to nutrition affects the overall health of our community**. Recent Colorado data shows that 1 in 9 people (and 1 in 7 children) are facing food insecurity and, in our line of work, we see that strain firsthand. Long lines wait outside the Market @ IFCS for monthly food support, applications for financial assistance far outnumber our programs' funding capacities, and desperation is palpable when housing is at risk due to medical emergencies or job challenges.

Even while living through extreme challenges, our program participants express gratitude for the hope they encounter at IFCS: "Thank you so much – Now I can put gas in my car," or "Now I can use my paycheck to cover the electric bill or rent!" **Their monthly food assistance, made possible by you, is *greatly* appreciated.**

We know it "takes a village" to build and maintain a resource that is truly effective at supporting those most in need. The collective effort and involvement from various individuals—volunteers, donors, partners, service organizations, and community agencies—are what motivated IFCS' foundation in 1964, and the reason we continue serving the community over 60 years later. **Tonight, we gather in response to the great needs around us, and also to *celebrate*.** Thanks to your generosity, thousands of lives are nourished each month, and fueled to persevere through challenges.

Thanks to your investment in the community, IFCS is a source of hope.

Enjoy this festive evening, knowing that **your partnership in alleviating hunger is changing lives**. Savor the fine food and beverages, and also the relationships that create a strong community. **Tonight, let's raise our glasses and auction paddles to celebrate—and sustain—the hope!**

Cheers,

Sandra Blythe-Perry, Executive Director

MANY THANKS TO OUR

DIAMOND SPONSORS



June Hicks
FAMILY FUND
giving with love



Holman
Driving What's Right



MANY THANKS TO OUR

PATRONS & PLATINUM SPONSORS

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Groth

John & Karen
Ikard

Bobby Wood
and Family



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& RESEARCH HOSPITAL



Christian Brothers

A U T O M O T I V E



banking for good

ORDER OF THE EVENING

TONIGHT'S SCHEDULE

- 5:00 - 7:00 pm**
- ★ Nibbling and Sipping (Atrium & Ballroom)
 - ★ Silent Auction Open for Mobile Bidding (Atrium & Ballroom)
 - ★ Mystery Prize Balloon Pop: Game of Opportunity (Atrium)
 - ★ Heads or Tails Game of Opportunity – Advance Sales (Atrium)
 - ★ Photos/Paparazzi (Atrium)
- 5:30 - 7:00 pm**
- ★ Live Entertainment by Jazz Hands (Ballroom)
- 7:00 pm**
- ★ Silent Auction Closes and Guests take seats
 - ★ Coffee and Dessert Served (North Ballroom Entrance)
 - ★ Welcome and Introductions
 - ★ Heads or Tails
 - ★ Message from our Executive Director
 - ★ IFCS Video Update
 - ★ Paddle Raise to benefit IFCS' Hunger Alleviation Program
 - ★ Live Auction – See pages 11 to 17 for Descriptions
 - ★ Closing Comments
 - ★ Auction Check Out (Atrium)



NEED HELP/ASSISTANCE?

Look for our team in Green Lanyards for mobile bidding questions
(Outside Ballroom, near Glass Station)



One Can Two Can Who Can? You Can!



CLICK
TEXT
TO READ
MORE

One Can Feed is a hunger alleviation campaign of **Integrated Family Community Services (IFCS)**, a registered 501(c)3 nonprofit organization in Englewood, Colorado, serving the community since 1964.

IFCS provides basic human services and enrichment programs to low-income people, using community resources, and fosters self-sufficiency while respecting the dignity of each client.

Through a variety of resources IFCS helps individuals and families in the greater Denver metro area. Best known for our food market, IFCS' services also **nourish lives** in a broader sense through financial assistance, hygiene products, school supplies, holiday gift assistance, and recreation center vouchers.

While monetary donations go the furthest in responding to hunger, we also welcome donations of food and hygiene products. Consider hosting a drive through your neighborhood, company, school, service organization or group. **Yes, You Can!**

We can assist you in finding the best way to support this cause. Visit ifcs.org/get-involved for more ideas.



Funds raised at Nibbles & Sips provide critical support for IFCS' Hunger Alleviation Campaign



Our Impact

With your partnership, this is the difference we made in the community September 1, 2023 – August 31, 2024.

58,742

Individuals Received Nutrition

3,621

1st Time Visits to IFCS

10,054

Volunteer Hours

YOUR GUIDE TO MOBILE BIDDING

ON-SITE WIFI ACCESS

NETWORK: Hyatt_Meeting
PASSWORD: Nibbles2025

- ★ You will receive a text message and/or an email message to access mobile bidding site. *Please do not share this link with others as it is your personal bidding account.*
- ★ Select the link in the message, it will open your browser and take you directly to the bidder interface.
- ★ You can bid the next increment, set a max bid, or build a “Watch” list to watch packages that you might be interested in bidding on later.
- ★ Click the Learn to Bid gavel for detailed information.
- ★ Scroll down to view items or search items by number, name or category to select the item you wish to bid on.
- ★ Click the Bid button to bid the next amount or click BID MORE to bid a higher amount or to set a max bid. If you set a max bid the system will automatically bid on your behalf until you are outbid. Setting a max bid is the best way to insure you don’t miss out on your favorite items!
- ★ You will receive a text message whenever you are outbid on an item.
- ★ To create a wishlist of items - click on the star icon to add the items to your favorites list.
- ★ To get back to the main screen, tap the HOME icon.
- ★ To review status of the items you have bid on - select the MENU icon then My Activity.
- ★ To find out what items have no bids, click the MENU icon then ACT NOW.
- ★ The auction will close just before the program begins. Be sure to watch the event timer in the middle of your screen to get your final bids in before the auction closes.
- ★ Please ask any of our Concierge Bidders (wearing bright green lanyards) for help using your smartphone or to place a bid for you.
- ★ A Help Station including phone charging will be located outside the ballroom, by the glass stations.

YOUR DONATIONS IN TANGIBLE TERMS



\$25,000

Stocks the Market @ IFCS for One Month



\$15,000

Transports 10,000 lbs. of Food in a 26' Box Truck



\$10,000

Secures "A Ton" (2,000 lbs.) of Frozen Chicken, Pork, Beef and Eggs



\$5,000

Supplies 2,400 Families with Fresh Produce for a Month



\$2,500

Secures Six Months of Paper Products for the Food Market



\$1,000

Stocks 20 Cases of Shelf-Stable Milk for the IFCS Food Market



\$500

Provides Toiletries that SNAP and Grant Funds Don't Cover for IFCS Participants



\$250

Contributes a Grocery Cart of Food to IFCS' Market Shelves



\$100

Feeds 4 Families for a Day



\$60

Provides a Bag of Fresh Produce for an Enrichment Program Participant & Family

GIFTS OF ALL SIZES MAKE A DIFFERENCE!

CALLING FOR A CAUSE

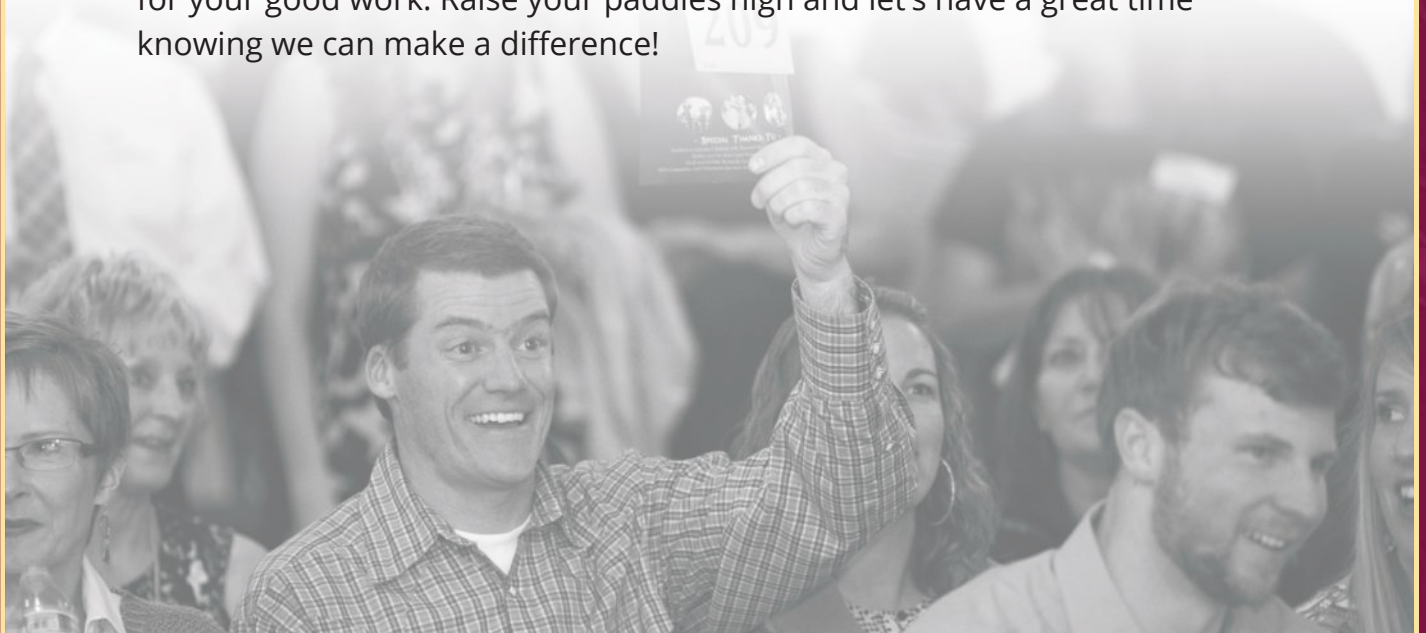
MEET OUR AUCTIONEER



**JENNIFER
CLIFFORD**

**BEYOND THE CALL
AUCTION SERVICES**

At BEYOND the CALL auction services, we are grateful to support the good work of IFCS. With your help, we can raise the increasingly necessary funds to feed those in our community who are facing food insecurity. Your generosity tonight is a tangible and viable solution to curbing hunger. Our auction team looks forward to serving you with a fun-filled, high-energy show of enthusiasm for your good work. Raise your paddles high and let's have a great time knowing we can make a difference!



GET READY TO BID!

LIVE AUCTION



A SOUL-STIRRING SUMMER MOUNTAIN GETAWAY TO GLENWOOD & ASPEN SNOWMASS

Donated by Renewable Power Strategies, The Glenwood Springs Adventure Park, Iron Mountain Hot Springs, and Friends of IFCS

Escape to the Aspen Jazz Festival and take in the soul-stirring sounds of world-class jazz amongst a stunning mountain backdrop. This shared getaway for four friends is a perfect blend of music, relaxation, and togetherness. Enjoy 2 days of jazz, complete with a \$500 Hotels.com gift card to be used for the lodging of your choice.

Then two of you will steal away for a romantic side trip to Glenwood Springs.

Relax in the hot springs and explore the Fairy Caves at Glenwood Caverns Adventure park - a geological wonder, perfect for adults looking for an awe-inspiring experience!

DETAILS

This package includes:

- 4 Two-day passes to Aspen Snowmass June Experience on **Friday and Saturday, June 27-28, 2025**
- A \$500 Hotel.com gift card to be used for the lodging of your choice
- 2 Passes to The Glenwood Springs Adventure Park
- 2 Passes to the Iron Mountain Hot Springs for a 3-hour soak





PRIME NUGGETS TICKETS AND SIGNED PHOTO OF MICHAEL PORTER JR.

Donated by: Kroenke Sports & John and Karen Ikard



IN THE HEART OF THE ACTION

Get ready for an unforgettable night of NBA action with two prime club-level tickets to see the Denver Nuggets take on the Washington Wizards on **Saturday, March 15, 2025, at 7 PM!** These first-row, center-court aisle seats (Section 232, Row 1, Seats 17 & 18) put you right in the heart of the action—directly across from the Nuggets bench!



SIGNED BY “MPJ”

As a bonus, take home a framed, autographed photo of Michael Porter Jr., complete with a certificate of authenticity.

Whether you're a die-hard fan or looking for the perfect gift, this package is a slam dunk! Go Nuggets!





EXPERIENCE THE WONDERS OF SCIENCE BEHIND THE SCENES

Donated by Denver Museum of Nature and Science

Step into a world rarely seen by the public with a **Behind the Scenes Tour for up to 10 guests at the Denver Museum of Nature and Science**. Choose your collection of interest be it Anthropology, Earth Sciences, or Zoology. One of the Museum's curators or collection managers will lead your group on an unforgettable experience, giving you exclusive access to hidden halls, labs and private catalogs.

Did you know there are 270,000 square feet of exhibits and dioramas in the Museum, but 99 percent of the 4.3 million objects and specimens are stored out of view in the Avenir Collections Center?

In this tour, your group will learn what goes on behind the scenes in the world of scientific development and museum collections, and you'll see how groundbreaking discoveries come to life. Don't miss this - it's a science lovers dream come true and a great educational opportunity for all ages!



DETAILS

- Tour may take place on a weekday between 9am-5pm
- Valid until February 2026





ESCAPE TO PARADISE: 5-NIGHT ALL-INCLUSIVE BEACH GETAWAY

Donated by: Friends of IFCS and Vidanta Resorts

Paradise awaits you at the all-inclusive resort of your choice. Select from stunning destinations where dining, swimming and sipping cocktails amongst ocean views are included! Indulge in a romantic sunset and luxurious accommodations while soaking up the tropical vibes.

Choose from breathtaking destinations such as Mazatlan, Cancun or Puerto Morelos, Mexico or the West Indies island paradise of the Dominican Republic.

Don't miss out on this unforgettable getaway opportunity!



DETAILS

This **package for two** includes:

- A Studio King Room
- Concierge booking service
- Meals and drinks (alcoholic and non-alcoholic)
- Unlimited ocean fun with windsurfing, sailing, boogie boards and kayaks
- Dates are flexible.
- Book within 12 months and travel within 24 months.
- Upgrades and adding additional guests/children or select holiday weeks are available for an additional and reasonable fee.





INSTANT WINE CELLAR!

Donated by Bevy's Liquor World and Friends of IFCS



Elevate your wine collection in an instant with this incredible assortment of over four cases of premium wines!

Featuring a carefully curated selection of red, white, and sparkling wines, each bottle is valued between \$10 and \$100, ensuring a variety of flavors to suit any palate.

To enhance your tasting experience, this package also includes two Riedel glassware tasting sets (4 unique glasses in each set), designed to bring out the best in every pour. Whether you're a seasoned connoisseur or just beginning your wine journey, this instant wine cellar is the perfect addition to any home. *Cheers!*



TIME SHARE OF YOUR CHOICE

Donated by Keith Winkel and Dottie Tarvestad

Find your own paradise and adventure during a one-week vacation stay at a domestic or international timeshare resort in the Resort Condominium International or Interval International Property Portfolio Collection Package.

Dream of a destination and start packing your bags.

Possible locations include, (among many others): Florida, Cape Cod, Hawaii, Mexico. Your accommodations will be an efficiency, one or two bedroom unit depending on the number of people traveling and availability.

DETAILS

- Package includes lodging accommodations only.
- Good for travel through August 31, 2026.
- Destinations are subject to availability.
- Transportation, food, entertainment and extras are not included.





SOUTH METRO FIRE TOUR AND CATERED FIREHOUSE MEAL FOR TEN

Donated by: Fire Chief Bob Baker, South Metro Fire

Have you ever wanted to grow up to be a firefighter? Here's your chance to be part of the battalion! Gather a group of ten to tour and share a warm firehouse meal at your choice of South Metro Fire Firehouse locations. Meet some of the finest men and women in red that aid our service area. These professionals will share their experiences on the line over some of the best comfort food around.

This would make a great team or family experience, a kid's birthday bash or girls' night out!

FROM THE CHIEF

For everyone at South Metro, our calling is taking care of our citizens like they were members of our own family and caring for the most vulnerable in our community and society.

I am proud to be the Fire Chief at South Metro Fire Rescue and my commitment to the men and women who selflessly serve our community is to preserve our history and take care of our members in the same spirit that our men and women care for our citizens. We are family here – brothers and sisters united to serve.

- Bob Baker, Fire Chief





EXOTIC CAR DRIVING EXPERIENCE FOR TWO - 65 MILE CANYON DRIVE

Available Monday through Saturday

Donated by Friends of IFCS and Oxotic Car Experience

Picture yourself behind the wheel of your favorite beast for over 2.5 hours through switchback canyon roads. During this time you will learn what it means to live the high life! You will complete 500+ turns, you will explore three state and national parks, and tackle four different canyon roads! There will be a morning breakfast stop in Nederland where you'll get to grab a coffee, talk about cars, stretch your legs, and take a bathroom break.

These cars provide adrenaline pumping g-force for the thrill seeker in all of us!

In the lead vehicle you will have access to two staff photographers. These two Supercar fanatics will be taking rolling and action shots throughout the tour. They will also capture the moment at your incredible photo stops! All of your photography will be uploaded and available for digital download in high resolution for FREE!

HIGHLIGHTS

- Cycle through Multiple Elite Supercars – Ferrari, Lamborghini, Aston Martin, etc.
- You and a passenger, both can drive
- Monday through Saturday – No Blackout Dates
- Added Packages – 4K In-Car Video and Oxotic USB Lanyard, Digital Photo Package, fuel charges/ maintenance fees included
- You have FOUR years to use the package – Expires December of 2030!



NOT TO MISS!

SPONSOR ADS & COUPONS



Please take a moment to learn about IFCS' corporate sponsors and community supporters.

Join us in thanking the service groups, businesses and vendors who are providing tonight's event, and don't miss the coupons!

**Investing in
Community is an
Investment
in Hope**



Supporting Integrated Family
Community Services in
loving memory of
June Hicks (1934-1994).



June Hicks
FAMILY FUND
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Enjoy \$10 OFF

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Not valid on web orders, delivery or in combination with any other coupons, offers or promotions. Excludes allocated items, kegs, deposits, gift cards and sales tax. Must present original coupon at time of purchase. One coupon per customer per day.

PROMO CODE: NAS | Expires March 31, 2025



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Community Services**

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Together, we see a world where people
unite and take action to create lasting
change, across the globe, in our
communities, and in ourselves.

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Rotary

Club Of Highlands Ranch



The Rotary Club of
Highlands Ranch
is proud of our long
partnership with IFCS!
Better Together!



BRAVE IDEAS BOLD ACTIONS



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The University of Denver Graduate School of Social Work promotes social justice by advancing scholarship, education and community engagement that leads, connects, mobilizes and transforms.

LEARN MORE:

socialwork.du.edu





RPS ADVISORS

is proud to support
the valuable work of IFCS.

We have a shared mission to
provide long-term strategies
and make our communities
better...together!

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SUPPORTERS
OF IFCS

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Expectations**

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-  **ASE CERTIFIED TECHNICIANS**
-  **MANUFACTURER QUALITY EQUIPMENT**
-  **COMPLIMENTARY SHUTTLE SERVICES**



We care about every customer and every car that comes to our shops. From the complimentary Courtesy Inspections to the Courtesy Shuttle, we're in it to make your auto repair easy for you. You'll see that Christian Brothers stands behind every service, every time. It's these "nice differences" that bring our customers back time and time again.

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Jared and Jaime Beard, Owners
1340 Town Center Dr. (Behind the Lucent Target)
Highlands Ranch, CO 80129 | T (303)683-8707
ChristianBrothersAuto.com

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craighospital.org

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Englewood, CO 80113 • 303.789.8000



CRAIG

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& RESEARCH HOSPITAL

At Craig Hospital, we specialize in neurorehabilitation and research for people with brain and spinal cord injuries, providing deeply personalized care for patients and caregivers with our world-renowned expertise, cutting-edge innovation and powerful research.

[Learn more at craighospital.org](https://craighospital.org)



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nourished lives
build *stronger*
communities.

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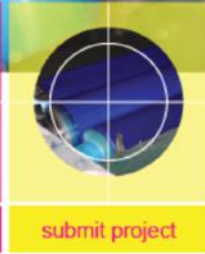
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 GREENWOOD VILLAGE, HIGHLANDS RANCH, PARKER AND SOUTHGLENN LOCATIONS.
 OFFER GOOD THROUGH JULY 2025

WHAT'S ON TAP? CHECK US OUT!



WE ARE POLIDORI SAUSAGE

We do things a little differently - namely, the exact same way since 1925. Making authentic Italian sausage from the same simple heirloom family recipe for four generations. Always made of the highest quality ingredients and as few of them as humanly possible. We take pride in our love of bringing people together around a great meal. We've made it our business to deliver the perfect flavor profile these moments deserve. With each batch of sausage we make as a family, we believe one universal thing sets our product apart from all the rest and that is:

OUR HERITAGE GIVE US OUR FLAVOR



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www.bluebell.com |    



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with bundts.



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Lone Tree, CO 80124
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HOURS OF OPERATION
Mon-Fri: 9:00am - 7:00pm
Sat: 9:00am - 7:00pm
Sun: 11:00am - 4:00pm

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(UNTIL 5/31/25)

ONE FREE DRINK ON US!

BRECKBREW.COM

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Present this ad to the
Sheridan Location for a
FREE APPETIZER this
weekend!!

3696 S. Natches Ct.
Englewood, CO 80110

We Do
**GREAT
STEAK**

BONE-IN RIBEYE

*Valid at the Sheridan location only 2/21 - 2/24.

Tico's



TOP OF THE LINE, GLUTEN-FREE, MADE FROM SCRATCH, AND COLORADO BASED!

A rich stew-style chile with chunks of pork, tomatoes, and chiles. A little heat, but not too spicy. This chile compliments all Mexican dishes especially burritos, enchiladas, and huevos rancheros. Excellent as a soup, ingredient for dips, or added to potatoes for a stew. A versatile sauce that can be used with any meal.



CLICK AD
TO GO TO
WEBSITE

Tico's Green Chile - available for home delivery through Royal Crest Dairy
Order at royalcrestdairy.com/product/ticos-green-chile

Romano's Italian Restaurant Celebrating 58 Years



The Romano family has been serving Littleton families since 1967. Our recipes come straight from our New York-Italian roots. Come in and try our pizza, pasta, chicken, seafood and calzones.



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5666 S. Windermere

Littleton

303-798-4944

romanospizzeria.com

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WEBSITE



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Greenwood Village, CO 80121

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Broadway

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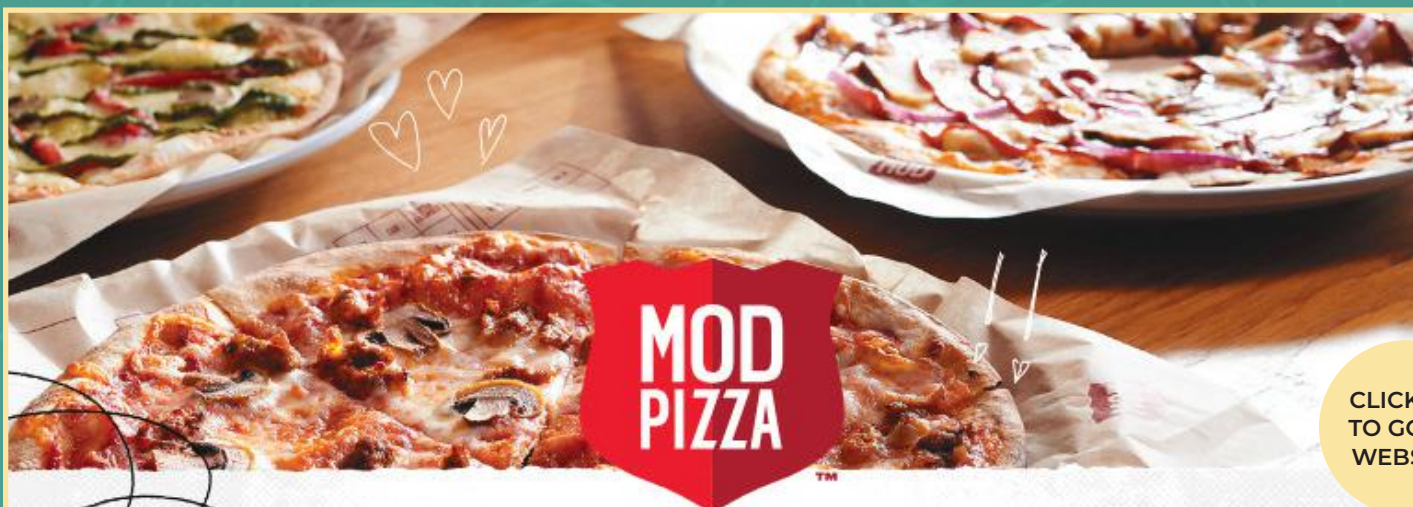
Over a Dozen Flavors
of Chicken Salad
*Made from
Scratch Daily*

Now open in Littleton!

ChickenSaladChick.com



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PROUD SUPPORTER OF
IFCS NIBBLES AND SIPS

UNLIMITED TOPPINGS. ONE PRICE.

WWW.MODPIZZA.COM



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Where every
bite is an adventure and every sip is a delight!



Twisted
SUGAR

We're on a mission
to redefine the way you
enjoy your favorite
treats!

VISIT US AT:

3624 E Highlands Ranch Pkwy
Highlands Ranch, CO 80126

LET'S JAM AND HELP NONPROFITS RAISE MONEY!

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JAZZHANDSFUNDATIONBAND.ORG

EVERYONE HAS A ROLE TO PLAY

Knowing that 1 in 9 Coloradans (11%) are facing food insecurity, we can imagine how many of the people we cross paths with each day are in need of help.

If you know
someone
struggling to
make ends
meet...

CLICK
IMAGE TO
DOWNLOAD
PDF

Or someone
who might like
to help build
a stronger
community...

Share this IFCS
Resource Page
with them!



We all need a little help sometimes.
LET US HELP

Are you struggling to make ends meet? We are here to help during difficult and unsettling times.

Integrated Family Community Services (IFCS) has been serving income eligible individuals and families for over 60 years. We know that nourished families create strong communities. If you or someone you know is in need of food support, please let us help.



YOU CAN MAKE A DIFFERENCE

1 in 9 Coloradans are facing food insecurity.

Integrated Family Community Services (IFCS) has been partnering with the community to alleviate hunger since 1964. Whether you make a cash donation, commit to a recurring donation, or include IFCS in your will, every gift makes a difference. Your support directly helps those in need and assists children, families and seniors to climb out of the downward spiral of poverty.

VISIT IFCS.ORG FOR:

- ➔ No-Cost Grocery Assistance
- ➔ Utility Bill Payment Assistance
- ➔ Recreation Center Passes
- ➔ Rental Assistance (As Available)
- ➔ Seasonal Programs



SERVICE HOURS				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 - 11:00 AM 1:00 - 2:30 PM	8:30 - 11:00 AM 1:00 - 2:30 PM	8:30 - 11:00 AM No Afternoon	8:30 - 11:00 AM 1:00 - 2:30 PM	8:30 - 11:00 AM 1:00 - 2:30 PM

PLEASE NOTE: As needed, IFCS will close temporarily to accommodate Food Market deliveries. We appreciate your patience and understanding.

Visit ifcs.org/need-help for details about current programs, services, and eligibility criteria.

Sign up for IFCS updates at:
ifcs.org/email-signup

 **Integrated Family Community Services**
Partnering with the Community to Alleviate Hunger Since 1964.
3370 South Irving Street
Englewood, CO 80110
(303) 789-0501 • ifcs.org

Hablamos Español: llámanos

Scan this QR Code to visit our website



Escanear para visitar nuestro sitio web

HELP IFCS HELP OUR COMMUNITY

- ➔ Donate to IFCS' Hunger Alleviation Campaign: onecanfeed.org
- ➔ Scan the QR Code at the bottom of this card for an easy, fast way to give
- ➔ Connect IFCS to your company or civic organization
- ➔ Get Involved as a Volunteer
- ➔ Host a Donation Drive



Learn more at ifcs.org/get-involved

 **Integrated Family Community Services**
3370 South Irving Street,
Englewood, CO 80110-1816
(303) 789-0501 • onecanfeed.org

Nourished families create stronger communities. If you or someone you know is in need of food support, please share this information: together, we can help.

One Can, Two Can, Who Can, You Can!

DONATE TODAY
Help us nourish lives with your individual or corporate donation by mail or online at OneCanFeed.org.

REFER OTHERS
Tell others about IFCS: those needing food support, and those who'd like to support our mission.

STAY CONNECTED
Sign up for our Email Newsletter and learn about Volunteer Opportunities.



Scan this code with your mobile device to contribute to our hunger alleviation campaign. Thank you!

HELP PLAN OUR 2026 NIBBLES & SIPS

We're in need of 8 volunteers to help plan our 2026 Nibbles & Sips Gala. We'd like to "freshen up" our annual fundraising gala and hope to begin planning in July of 2025. Do you have a heart for the IFCS mission? We'd love to have your help! Contact Todd at toddm@ifcs.org to share your interest!



Thanks to our



IFCS Compassion PARTNERS

With a monthly donation of as little as \$5.00, Compassion Partners play a crucial role in IFCS' hunger alleviation program. They partner with others in supporting IFCS to increase impact and work toward sustainable and meaningful change, especially during challenging times.

In 2024, donations from individuals, corporations, and community organizations supplied over 50% of the funding IFCS used to provide food assistance to low income households. **Nearly 7% of this funding came from our Compassion Partners alone!**

Be a Leader in the Charge Against Hunger and Poverty.



CORE VALUES

Compassion, support, and a shared commitment to improving lives in the community.

Become a Compassion Partner with a monthly donation of \$5 or more.

Scan the QR code to learn more and sign up today!



IFCS LEADERSHIP & TEAM

IFCS BOARD OF DIRECTORS

Jeffrey Alm..... Interim President, FirstBank
Jason Whyte Board Director, Redstone Bank
Corey Reitz Board Director, South Metro Housing Options
Ana Hernandez Board Director, InScribe Education
Reid McGrath..... Board Director, Retired Englewood Police Department
Mary Kelloff..... Board Director, Craig Hospital

IFCS STAFF

Sandra Blythe-Perry..... Executive Director
Miriam Noriega Diaz..... Program Director
Todd McPherson..... Development Director
Kelly Vasquez..... Financial Assistance Program Manager
Jessica Munguia..... Resource Navigator
Nelson Vilaboia Resource Navigator
Barb Mesa..... Food Market Manager
Perian Cooper Accounting Clerk/Admin Assistant
Tara Magaña..... Volunteer Coordinator
Donna Wintz Communications Manager





Integrated Family Community Services

is a small food pantry with a large impact, and

We Need You!

Opportunities for regularly scheduled, short-term individuals and small groups available. Learn more at ifcs.org/volunteer-core/



Bilingual Volunteers Needed

- Spanish
- Arabic
- Vietnamese
- Russian





Have You Heard About Our Store?

SCAN OR
CLICK TO
SHOP IFCS
MERCH



bonfire.com/store/ifcs-shop/



Remember the night with a Nibbles & Sips shirt!

Other designs also available in a variety of colors & styles

Profits directly benefit IFCS



MANY THANKS TO ALL OUR

EVENT SPONSORS



Christian Brothers
AUTOMOTIVE



Bev & Todd
Groth

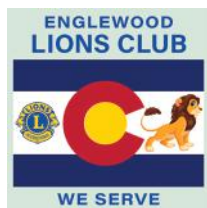


John & Karen
Ikard

Bobby Wood
& Family



McKeever
Family

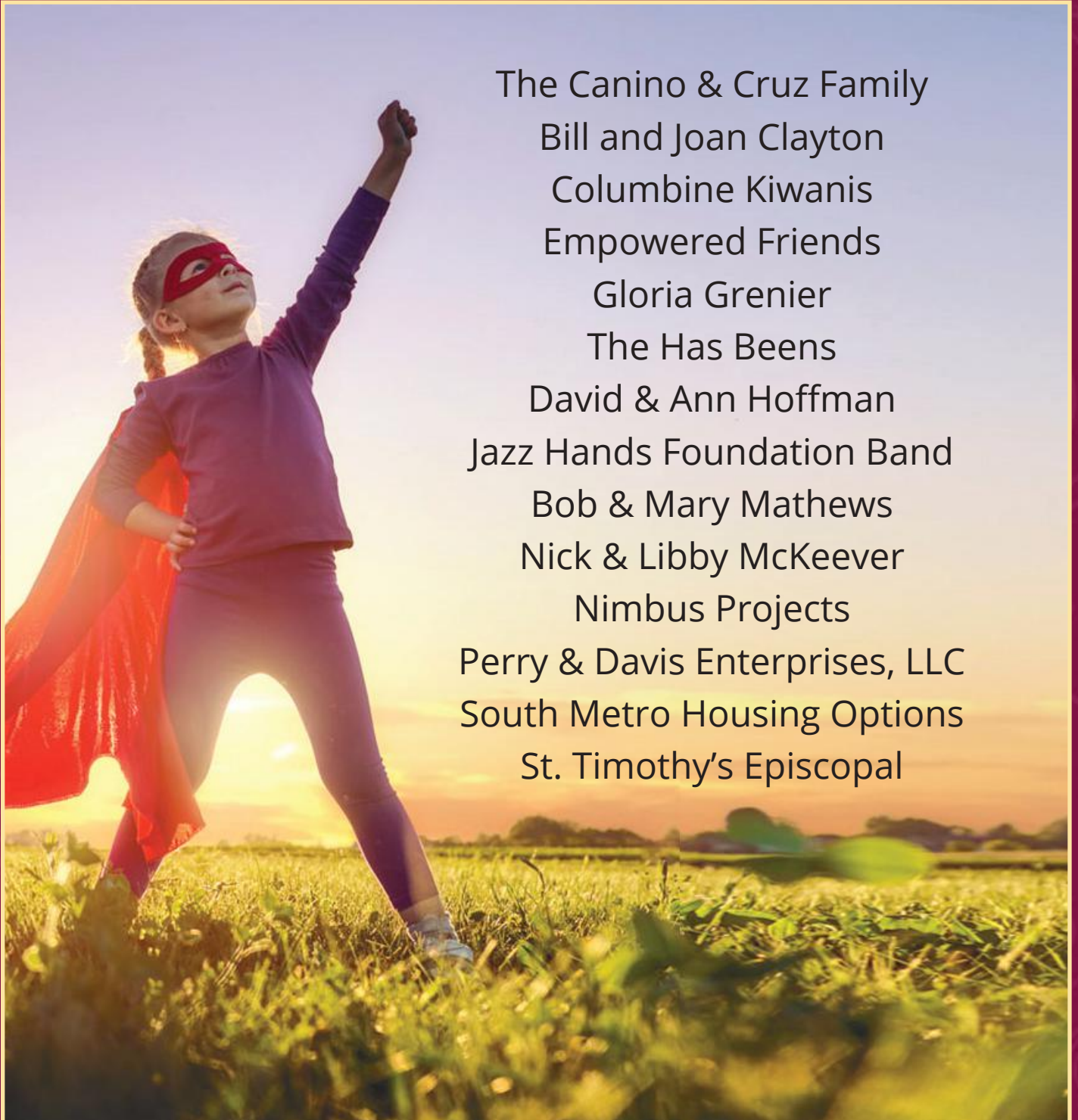


A4 | Advisors



THANKS TO OUR

TABLE CAPTAINS



The Canino & Cruz Family
Bill and Joan Clayton
Columbine Kiwanis
Empowered Friends
Gloria Grenier
The Has Beens
David & Ann Hoffman
Jazz Hands Foundation Band
Bob & Mary Mathews
Nick & Libby McKeever
Nimbus Projects
Perry & Davis Enterprises, LLC
South Metro Housing Options
St. Timothy's Episcopal

THANKS TO OUR DEDICATED

VOLUNTEERS



The Volunteer Program nurtures community engagement to accomplish IFCS' mission through recruitment, education, and training of volunteers to ensure equitable delivery of programs and services.



CLICK
IMAGE
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MAKING THE EVENING SPECIAL:

THANKS TO ALL

Putting on tonight's event is a big accomplishment, made extraordinary by the fact that we're undergoing renovations and have been navigating our rapid response to community needs.

We owe a debt of gratitude to everyone who had a role in creating the 2025 Nibbles & Sips. Thank you for investing in the community with your support of IFCS!

Thanks to our Service Partners:

- BEYOND the CALL Auction Services - Jennifer Clifford
- Bolder Events - Linda Shaw
- Brooks Upham Videography
- Hyatt Regency DTC - Sam Davis
- IFCS Staff and Board of Directors
- Inspire Audio Visual - Tim Webster and Bernardo Lebron
- Jazz Hands Foundation Band - Brian Counterman
- Nibbles & Sips Volunteer Extraordinaires
- Savannah Owens Photography

Thanks to our Restaurants:

- Blue Bell Ice Cream
- Chicken Salad Chick
- Chula Mexican Restaurant
- Farmhouse Restaurant
- Great Harvest Bread Company
- MOD Pizza
- Nothing Bundt Cakes - Lone Tree
- Parry's Pizza and Taphouse
- Romano's Italian Restaurant
- Root 25 Taphouse and Kitchen
- Texas Roadhouse - Sheridan
- Tico's Mexican
- Twisted Sugar Bakery

Thanks to our Beverage Providers:

- A Sweet Sip CBD Soda
- Bacardi USA
- Bevy's Liquor World
- Branch and Barrel Spirits
- Breakthru Distributors
- Breckenridge Brewery
- CTS Distributing
- Constellation Wines
- Delgato and Southern Glaziers
- Ironton Distillery and Taproom
- I&A Agave Spirits
- Laws Whisky House
- LTL Marketing
- Marble Distilling
- Mash Gang
- Maverick Wines
- Milestone Brands
- Ratio Brewery
- Spirit Hound Distillers



THANK YOU FOR COMING

...And supporting IFCS with your
investment in hope!

SAVE THE DATE FOR 2026!



Plan to join us next year on
Saturday, February 21, 2026
Hyatt Regency DTC