

INVISION

BI-ANNUAL MAGAZINE FOR THE VERTOS, BY THE VERTOS

TOKYO
OLYMPICS
2020

ISSUE
NO. 3

DIL SE WAH

The education entertainment
by faculties of SWW

**LPU's HYBRID
MODE**

Discussing the changes everyone
would encounter with a switch from
online to offline

**THE CULTURE OF
MEME PAGES**

**MARVEL'S TRANSITION FROM
MOVIES TO WEB SERIES**

INCREDIBLE 8

LPU's Inter School Vaccination
Awareness Competition

COMMENCEMENT CEREMONY

BY STUDENT ORGANIZATION GRIFFIN

NSF

NATIONAL START UP FEST

PUBLISHED BY DEPARTMENT OF STUDENT ORGANIZATIONS

UNDER THE AEGIS OF DIVISION OF YOUTH AFFAIRS, STUDENT WELFARE WING, LOVELY PROFESSIONAL UNIVERSITY



STUDENT ORGANIZATION CELL



SOC

PUBLICATION

HOUSE

BY THE VERTOS, FOR THE VERTOS

From the Desk of

Dr. Sorabh Lakhanpal

**Head, Student Welfare Wing,
Lovely Professional University**

The university life at Lovely Professional University is always brimful with exciting, dynamic opportunities that help blaze new trails and push the students beyond their comfort levels, with the objective of unlocking their potential. The content of this magazine will include all such fascinating and path-breaking accomplishments by the students and faculties. Our university gates are often graced by eminent and enigmatic personalities and this magazine will showcase specially penned pieces by them for our readers.

We exercise our faith in the belief that through the face of adversity, opportunities evolve. This is the motto by which the students of Lovely Professional University have chosen to always endeavour into new ventures. Through the commendable efforts and collaboration of everyone at Department of Student Organizations, we present to you the third edition of INVISION. This bi-annual magazine aims to bring to light a rejuvenating and authentic view of the student campus life.

Devoid of the daily struggles of our current crisis, everyone at Department of Student Organizations has gone above and beyond to see this come to fruition. This immense dedication and diligence is a virtue of every student at LPU. This literary platform hopes to shine a light on many such extraordinary feats by the students in the fields of academics, arts, technology, extracurricular, and more.

The assorted collection of material in the magazine is a token of our heterogenous global student body. We aim to consistently nurture such creativity and excellence in campus life. The magazine wishes to establish an effective virtual space for students and everyone in the university to communicate openly; a safe space for everyone to comment and share. I wish everyone the best of luck, and may this edition of INVISION soar higher than ever.





From the Desk of

Dr. Nitin Bhardwaj

**Head, Division of Youth Affairs,
Lovely Professional University**

Lovely Professional University is proud to present the third edition of the student magazine, 'INVISION'. The magazine seeks to make available an interactive and engaging platform to the students, and furnish them with the resources to gain an enhanced and deeper understanding of their university events, activities, and so much more. A magazine solely run by the students and their collective efforts, it aims to deliver a fair and uplifting opportunity to capture the many facets of the diverse student life on the university campus.

The articles shall throw light on various features of life on the Lovely campus. Along with the students, there will be several special pieces from faculties, celebrities, and organisers. The many features of the Department of Student Organizations and its varied roles of work will grant an exciting and insightful read for the students.

We stand in the face of adversity, in dire times, yet the unflinching efforts of everyone at the Department of Student Organizations have made this possible. Communicating through the virtual space and jointly executing the sundry of ideas, it had been a redefining moment for everyone. The final result surpassed everyone's supposition, and we are elated to present the fruits of all the hard work.

May this new literary tradition establish an optimistic influence on the readers; and further progresses dynamically by the efforts of the campus life. I believe this magazine opens up an insightful portal into university life. I appreciate every student that has worked hard to bring this edition to life, and offer my best wishes for the future.



Krishma Monga
Officer, Department of Student Organizations
Division of Youth Affairs
Lovely Professional University

FROM THE DESK OF

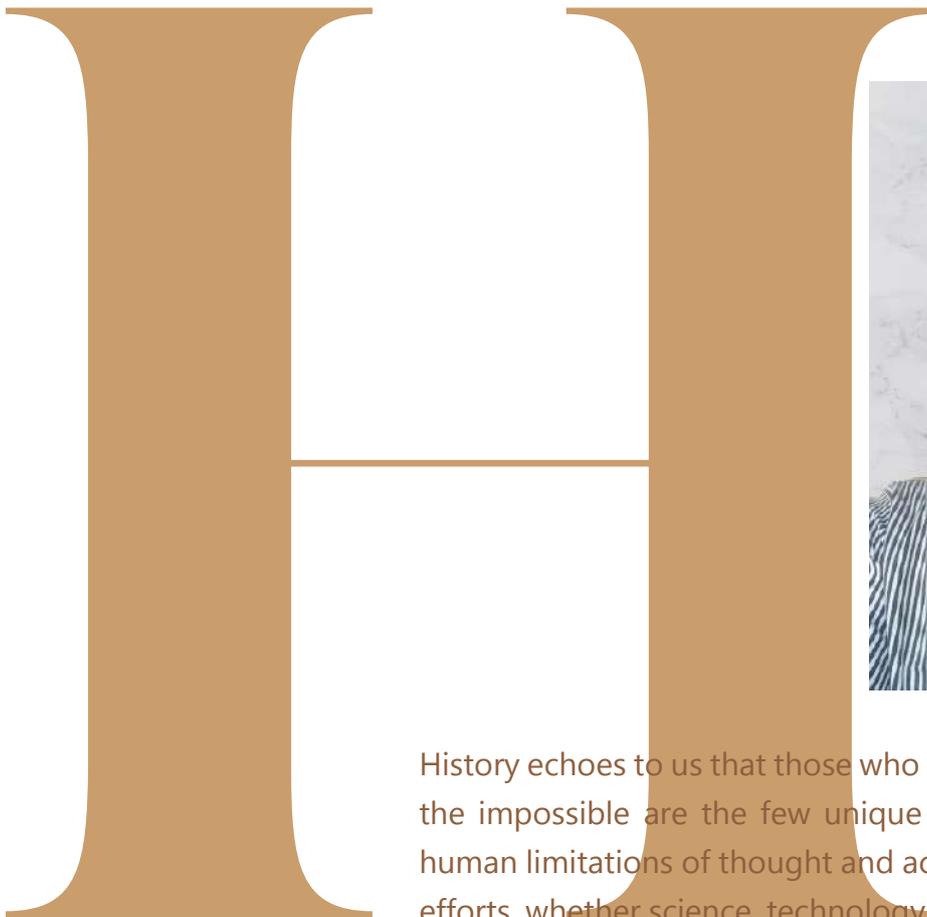
Learning Beyond Classroom. The Lessons we learn outside the classroom are equally important to the ones we learn inside, in the four walls of classroom.

The world out there is the true classroom. The most important and rewarding type of learning comes through experience, by seeing something through our eyes and performing it in real time.

What of course, we want for our students is to learn the skills they are going to need in their professional life by offering a system that has more emphasis on exploration & inquiry combined with practicing & learning new skills to promote holistic development of students.

FROM THE DESK OF

Pardeep Kumar
Assistant Officer, Department of Student Organizations
Division of Youth Affairs
Lovely Professional University



History echoes to us that those who have the courage to imagine the impossible are the few unique personalities who broke all human limitations of thought and action. In every field of human efforts, whether science, technology, arts, entertainment, or even in development politics, the names of the people who imagined the impossible are engraved timelessly in human history. By breaking the limits of their imagination, they transformed the world. Can we also imagine the same?

Congratulations to the editorial team of Department of Student Organizations who shaped the third edition of INVISION and to all those who are instrumental in bringing out this commendable piece of work.



EDITOR'S LETTER

Sudeshna Chakroborty

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Bachelor's of Journalism and
Mass Communication

Amber intentions that blossom into crimson aspirations; vital and effervescent; like compelling sunsets where the sky turns a shade of pursuits, where the bullseye seems perfectly aligned because the flame within glows ardent. *INVISION* was conceived with expression, growth and com-

munity at its nub, ever following on its promise, returning with earnest echoes of happenings and endeavours throughout the 600 acres of Lovely Professional University. Brilliance rarely has to be sought out. It announces attendance with displays of technique and skill. Its feathers are excellent and shine under the light of its audience.

Such is the case with *Vertos*.

As students and as individuals, the scope for inspiration, learning and execution is extensive. The Student Organization Cell Publication House approaches the objective of documenting talent, enterprise and artistic prowess on campus with essential gravity but distilling diamonds in the rough and equipping them with a canvas to represent and refine their ingenuity holds just as much elemental value. The aptitude for self-awareness runs parallel to dimensions of distinctive evolution. Consecutively, it dictates our propensity to make headway and thrive when possibilities materialize. The third edition of the bi-annual magazine arrives in a fresh avatar, armed with illuminating vigour, to inform and impart, to enthrall and encourage. A culmination of enduring efforts of diverse bodies functioning within the purview of Student Welfare Wing, we hope to deliver an enlightening experience and birth a resolve that steers constructive advancement.

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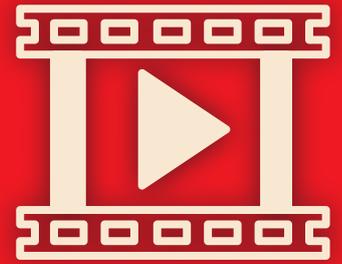
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STUDENT COLUMN

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INDUCTION FRESHMEN IN INDUCTION FRESHMEN IN INDUCTION FRESHMEN IN INDUCTION FRESHMEN IN

Covid 19 has caused huge havoc to our normal way of lifestyle. During this situation the digital world has been accepted by all . It has affected the most dreamt college life. Moreover, the sheer excitement of living the time of life, in classrooms and on campus with new friends, was robbed from the freshers. Instead, they had to embrace the new normal way of freshmen induction held on a virtual platform.

A guest never feels comfortable unless they are welcomed and treated in such a manner. Similar is the case with the freshers. They are shifting to a new home where they will explore, learn, and grow. Opening a new chapter as a Verto should be as easy as when it was in the offline mode.

The freshers of Lovely Professional University walked into their first year of graduation virtually. In an effort to make the freshers feel welcomed as a part of the LPU family, Virtual Freshmen Induction was held with a large table of fun and exciting activities. Induction started with the virtual reporting and introduced all the prospective opportunities available to the new minds in order to be successful professionals. This was an opportunity for the freshers, they met their faculties and familiarized themselves with their departments/schools. The faculties and all eminent officials shared their experiences with the new batch of students as they spoke about what awaits them in the academic year ahead. It acquainted the freshers with basic information required as a student of LPU.

Freshmen Induction helped new minds acclimatize with the drastic changes that occur before they move in the direction of beginning a professional career. During this guidance event, the excellence and potential of each individual was examined. They were introduced with the management and university's numerous opportunities that sincerely contributes to the overall development of the students.

The new batch got a sneak peek of what life on campus is like for a student through events organized by different student organizations. A slew of performances was held for the freshers. These included the Dean's Challenge where a challenge was kept forth by the Dean and a specific deadline was stated. The individual who presented the solution to the challenge in a veracious manner was announced as the

Coming to the literary activities - The Literary League did their best to awaken the penman in the newbies. Activities like the enthralling Picture Caption Contest, Essay competition, 'Spardha': Poetry competition, 'If pages could talk', Collage making, 'Golden Moment of My Life' to name a few. Looking upon the series of contests, fun activities sorted out by individual departments and cells gave freshers a buffet to pick from and

participate in. For instance, the Ideathon by the Student Entrepreneurship Cell, Educational Tie-Ups and Skill Development SWW, Tech Trivia by the Student Research and Project Cell SWW, Painting/Sketch competition on the topic: Art and Lockdown by Student Welfare Planning Cell.

There is no compromise for our health too. Online recreational activities organized by the Department of Sports is an example. Photography competitions and contests for raising awareness were organized by the Community Service Cell.

Student Organizations did their best to give all freshers a warm welcome to show their talents, initiating them into the LPU family. The Social Souls conducted Abhivyakti 2.0, where freshers were open to perform under different categories of events. Skills 'n' Thrills: Freshman's Talent Hunt 2021 an event held by Dragcon, Explore the Unexplored by the Student Organization Aspiring.

The new normal virtual world did welcome us to the advanced era of Virtual Marathon. Pradyut Foundation, another Student organization in LPU organized a Virtual Marathon to encourage young athletes sitting at home.





Happiness is cooking with mom. Yes, Cook With Mom was an event held by the Student Organization Paigaam for the freshers. Enigma 2.0: Unlocking your Talents and Freshers Fest: India's First Digital Freshers Festival were two exciting events by OTAKU.

Open Mic for freshers that brought them closer to each other was another initiative taken up by the Student Organization Pahal. Anchoring workshop to bring out the orator in you, Explorer: Virtual Treasure Hunt, Workshop on Effective Graphic Designing, Story time and Road to Startup were few of the appealing events by Student Organization, Griffin.

All the winners were showered with coupons, hampers, e-certificates, prize money and a lot more. All participants were appreciated for their effort with e-certificates.

Last but not the least, The Student Feedback form, plays a vital role to record the views and opinions on the Freshmen Induction held virtually. With these feedbacks, further improvement can be brought about in the quality and standards of the events.

FRESHMEN INDUCTION



The six days of Induction were informative, helped the freshers feel more prepared, encouraged interaction with their peers and their faculty/staff. With all these successful and engaging events our institution has proved that welcoming new members to our family is possible even via the digital world, without bringing any compromise in the level of enthusiasm. We are well composed for yet another Freshmen Induction, which is indeed a critical part of a greater mission, till the pandemic terminates.

Poojalakshmi Lini
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BSc. Forensic Science



Spontaneity.

The inconceivable value of

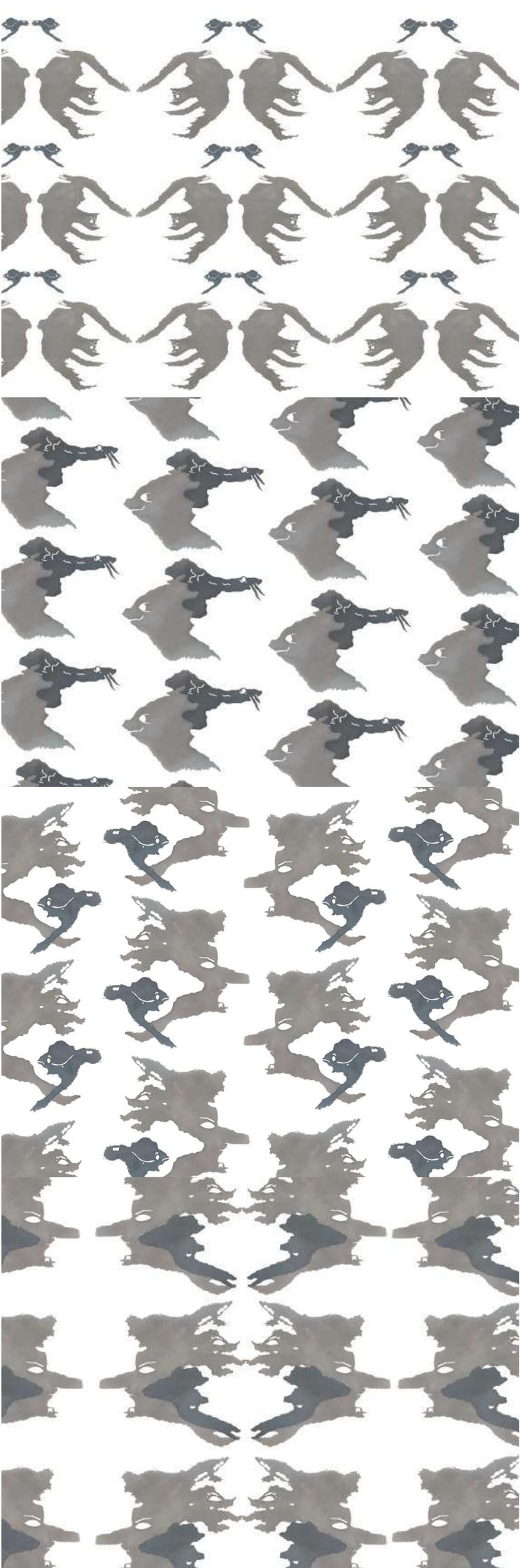
in creativity



The Merriam-webster dictionary defines Spontaneity as, 1. The quality or state of being spontaneous; 2, voluntary or undetermined action or movement also: its source. In simple words, all our actions which are not an outcome of planned intention or process are a result of spontaneity. As per scholars, the process of spontaneity is a vital component of creative professions. From creative improvisations of actors and musicians to visual and verbal flow of artists and writers, spontaneity has emerged as a powerful tool.

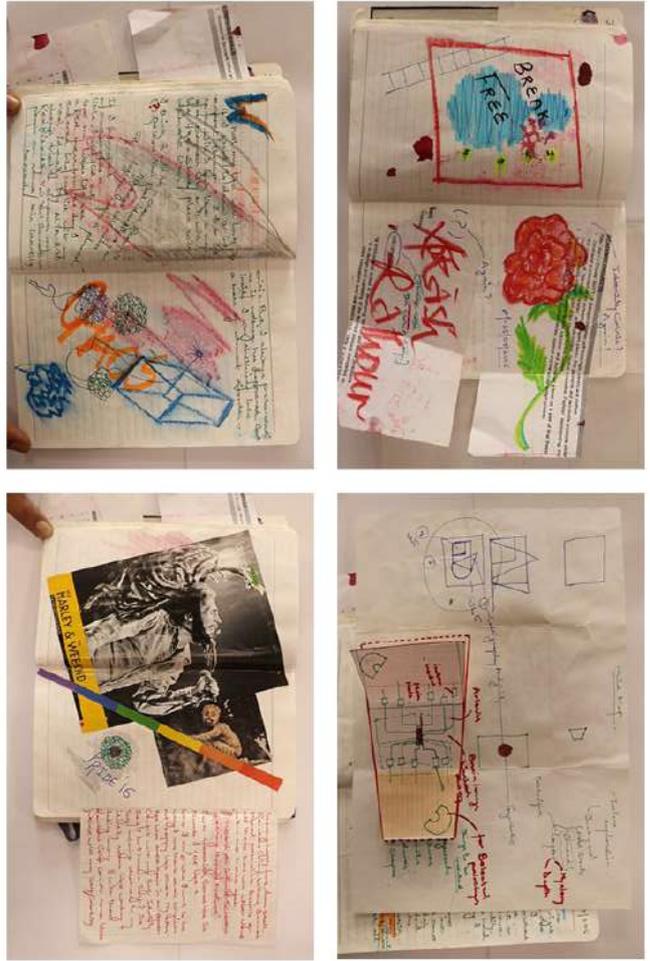
Spontaneity forms the core of design education. From foundation year, where the students are not only expected to understand the nature and surroundings in its original form to post-doctoral studies, scholars are often expected to develop a deeper understanding about various media, material and methods, and 'spontaneity' to large extent ensures novelty in creative thoughts and actions (purposeful spontaneity). For example, we might spontaneously throw any color on a piece of white paper or observe rain drops falling on a concrete surface, and later study and document different splash or marks as elements of design viz. dot, shapes or pattern. Amoeba maybe?





Pattern development following spontaneous color splashing.

Reflective journal



Some people keep a reflective journal or learning diary to document their spontaneous thought(s) in different formats. These raw and pure documentations have great potential to further shape our thinking towards planned actions. Although spontaneity is an efficient tool in itself, good observational and reflective skills are important to make some sense out of it (not applicable in every spontaneous action). Spontaneous actions require good observation, which aids in reflection, which in turn help us to develop new concepts and learnings, not only limited to our profession but those that can also be beneficial for our emotional health and help shape our future.

Akash Rathour
UID: 20237
Fashion Technology

Life Lessons in Hand Embroidery

The age-old needle and thread work from India has mesmerised people throughout the globe. When it comes to high-end apparels, for instance, the designer bridal wear, most of the appreciation comes from the exquisite and opulent hand work. The artisans with eons of experience never fail to showcase their unbeatable talent, majestic hand skills and devotion for their art that has either been trickled down to them through families or through other social institutions.

In a capitalism-dominated global market its important to create empathy, awareness and appreciation for each sort of handwork among the young generation to keep them deeply rooted with our cultural treasure. As part of the curriculum, instilling students with fundamental knowledge and skills of hand embroidery is obligatory. While the finished embroidered products are nearly perfect with obvious manual imperfections, the process is always painstaking, something similar to as our journey of life. Here, I would like to summarize five life lessons that students while practicing and preparing their hand embroidered products might have experienced and learnt.



Lucknawi shadow work sample

Dr. Neha Sah

UID: 23436

Department: Fashion Technology



Lesson 01

Working too fast creates tangled threads
(Go slow and enjoy every moment)



Lesson 02

Well traced design will lead to a satisfactory outcome
(Little planning is no harm)



Lesson 03

Same needle and thread may not work with every fabric
(Every individual is different)



Lesson 04

Tiny imperfections are beautiful part of hand work
(Embrace yourself)



Lesson 05

Starting over can be the best way forward
(Give second chance)

SUBCULTURE OF FOOD AT LPU

Isn't the fact interesting that food in Sanskrit is pronounced 'Bhojana' meaning that which is to be enjoyed. In LPU today, with a growing student interest due to high end facilities and a fast growing business in and around the campus, food joints and cafe culture is a popular topic.

Sometimes, students who have been living away from their home crave a simple home cooked meal. It'd seem like the vendors around LPU have read the minds of us students and are willing to provide us with meals cooked in homely fashion served with a dash of affection. They are usually inexpensive and can be planned into anyone's budget.



The University has its own mall which features tens of dining options, ranging from Indian sweets to modern coffee shops like CCD; since most students prefer food in the stall area, you'll find the food kiosks outside every hostel for all major cuisines. From South Indian food to African and even Bhutanese within the campus, plus off-campus stalls offering non-veg just round the corner - around here, you'll always feel at home.

Dining out with friends in and around the campus is a fantastic way of building friendships as well as experiencing the culture and cuisine of a new place but it is also one way to take that much needed break from studying and savouring your gala time which forms a quintessential part of life at uni.



It is rightfully written by author Tulasi Srinivas in his study on 'Food, Culture and Asia',
"Food in India is an identity marker of caste, class, family, kinship, tribe affiliation, lineage, religiosity, ethnicity, and increasingly, of secular group identification."

TRAVEL CULTURE AT LPU

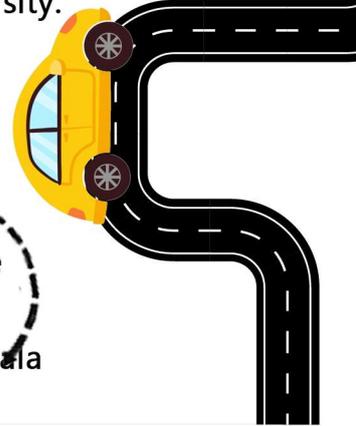


Lovely Professional University is easily accessible as it is well connected by rail and road, having a reasonable distance from the airports, bus stands and railway stations. The University stands at a location which allows one to explore not only the northern part of India but also the western states due to close proximity to remarkable tourist spots and the availability of varied modes of transportation. Travel during college ushers growth and expands the realm of experience for students who haven't really travelled often during their years of primary education.

We struck a conversation with a popular talented face from the campus. A Nikon India Influencer, Satyam Bhuyan has been featured in National Geographic India, Travel + Leisure, Conde Nast Traveller. An enviable list of accomplishments & features to his name, with his help, we dived a little deeper into the itinerary mandates around university.

MCLEOD GANJ

McLeod Ganj is just 4.5 hours from the campus and the best way to reach it is through bus, easily available in the nearest city i.e. Jalandhar, or booking a cab could be another option. The place lies in the district of Dharamshala and is a perfect location for all those looking to satisfy their wanderlust or a casual weekend getaway near LPU.



PARASHAR LAKE

If you are looking for a more adventurous journey then Parashar Lake would be a nice option - a sacred lake atop a mountain at an elevation of 2730 m from ground, it is mostly famous for the Parashar temple, its hilly climb and of course, the lake itself. The trek is around 7.5 Km which takes 5 hours. The view at the end of this trek is breathtaking.



MALANA

If you're looking for a peaceful place to travel and leave all that stress behind then Malana has to be your go to destination. To reach Malana you can either take a bus from Chandigarh or simply opt for a self renting car near the campus, and reach Kasol, Himachal Pradesh. The trek to Malana is around 4-5 Kms depending upon your point of start.



There are multiple hostels and PGs in Malana where one can stay. The trek to the place is a once in a lifetime kind of experience and if you do visit the place in winters, you may encounter snowfall.

Most of all it is also important to discuss the importance of a study and travel balance which has to be maintained. Given the conversations with Vertos who travel more often than most, it may be concluded that it is not always easy to find time to travel during academically swamped college days but one has to be prepared to work even harder after breathing spells.

Jayendra Gupta
12007317
B.Sc(HM)



HUMANS OF LPU

When you first enrolled at LPU, I'm sure you came across the "Humans of LPU" page on Instagram and immediately hit the follow button; the cordial vibe always gave us the impression that the admin is one of us and I, like everyone else, was inquisitive. Witty quips in orange and white on a black background, the colours of the LPU sites, all buzzed together in this homey page. I struck up a conversation with the admin and received an intriguing follow-up regarding the page.

Everything starts with a scratch and this page started way back in 2017 on Facebook as its first platform. The goal was to show the public that LPU is so much more than just "600 acres of land." The culture, the aura, the opportunities are all known to us once we are a part of the university.

The admin then developed this platform, where he began posting stuff that was relevant to the LPU community, resulting in a page that was far more positive.

The moniker was derived from Humans of New York because he claims to be a fan of Brandon Stanton (the creator of HONY) and as a result, it was given the name "Humans of LPU."

Working on a solo basis, the page did not become popular overnight; when it first launched, it had only him and his roommates as followers. Looking at the amount of audience it has gained in just a time span, hard to believe, right? And he's tied to this page so strongly; he even remembers his very first post. It was raining and we all know how our campus floods when it rains, therefore he wrote: "Lovely Pool University!" told you, witty remarks.

The 21st century has observed the emergence of what we've come to term "the meme culture". A very popular form of creative expression, that has crept into our socials; memes have their primary appeal contained in two features - relatability and humour. Companies are obtaining one of their most effective marketing impacts through memes, corporate marketing deploying them for product communication.



Me trying to enter other hostel sneakily

Security Guard at turnstile gate:



HUMANS OF
LPU

Just a random pic of me and my boys on the way to attend soft skills class



HUMANS OF
LPU

humans_of_lpu

Humans of LPU

Humans of LPU Live

Boring Wednesday?

- open LPU touch
- Navigate to "View marks" page
- Advance happy Diwali

HUMANS OF
LPU

Perks of **instagram** outage :
Finally completed my pending assignments.

HUMANS OF
LPU

The page picked the meme genre and began furnishing followers with verito-exclusive memes from time to time. It reflected the common, shared sentiment among students at a given point of time, albeit with a streak of comedy. Either way, it ensured pertinence in terms of associations it made.

So that was his first post.

Since then, the page has grown exponentially. It boasts of around 15K followers as of current day. Employing references from whatever is going viral at the time, it is bound to prompt the light-hearted titter on days that a new post pops up. Another factor we can attribute its success to ? The simple reason that it gives shape and form to our occasional woes, as college students in general.

He never really glanced at the page's likes and shares because he was more interested in posting out his humour and it began to receive a positive response by the end of the day. The orange highlighted text on a black backdrop has remained consistent throughout the page's transition.

Everything was well at first, but the growth curve began to flatten after a time. As the era of IG began; the platform started trending for all the content creators. He took the opportunity to push his page and IG boosted his reach to a wider audience. His content has been extensively disseminated to this day due to its uniqueness and relevancy to the LPU Humans. Because of his strong connection with the page, he even dedicated his project work to it and collaborated with a friend to create an app and have some goals set up for the app in the near future.

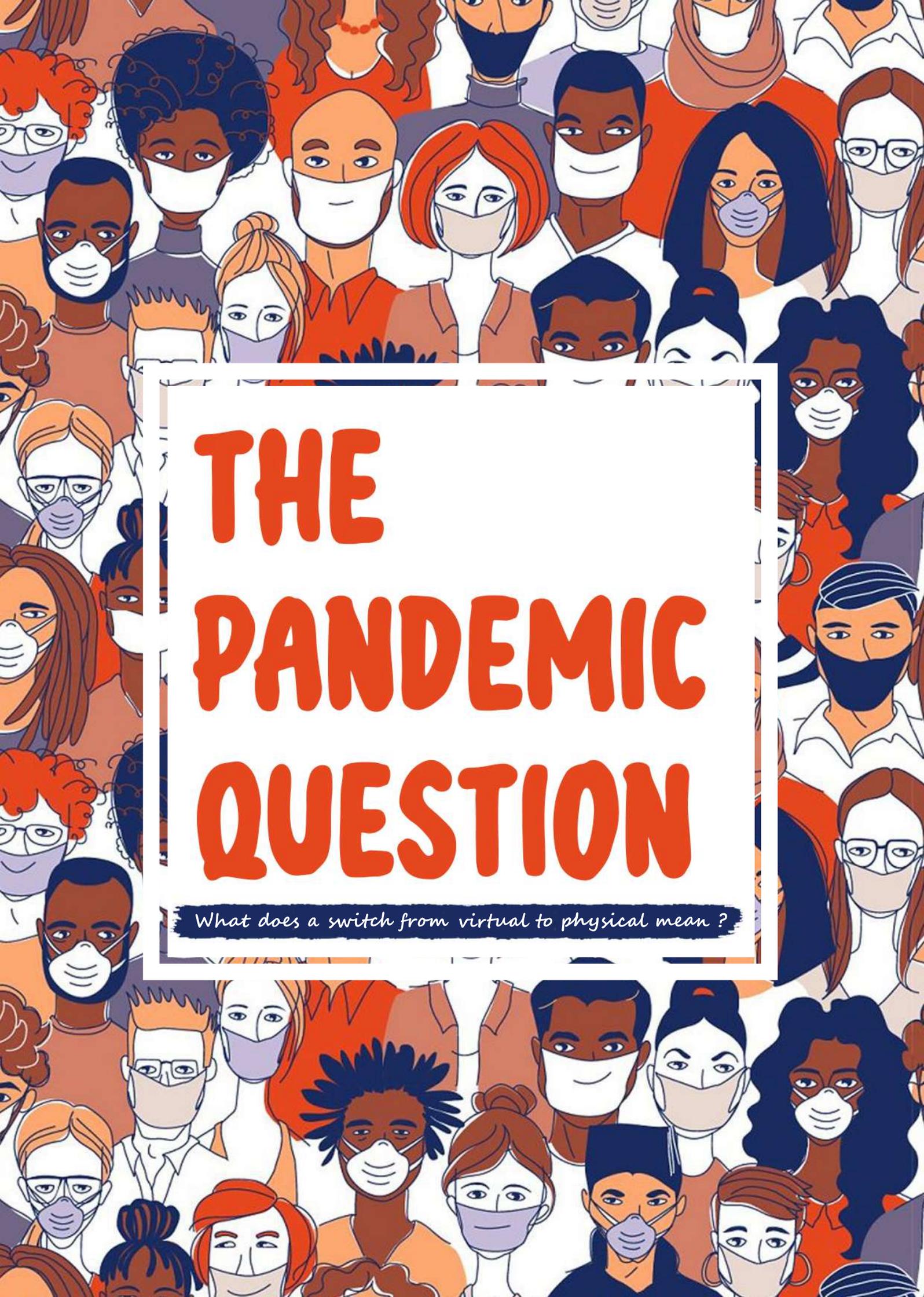
The most challenging part, he claims, is connecting the content to current memes in order to bring it into line with the LPU students. And he doesn't have a set framework in place; all he cares about is the constancy of his posts and their relevance, ranging from a screenshot of UMS announcement to the wackiest movie templates.

This might not come as a surprise that every content creator runs out of content ideas from time to time. September 2020 was a content drought for him; there were no updates from University, and he was unable to generate much content for the page. When he finally posted after two weeks, the response, the audience interaction, was still overwhelming, warming his heart and encouraging him to believe in his content.

Most of the time, it's this page that gives us updates about University because we are not on UMS 24x7. The page is flooded with followers who appreciate the content. And, interestingly, the admin does not want to be highlighted; he prefers to be addressed as 'human' and doesn't want to lose his anonymity, so I'll leave it at that. Anecdotes in orange on a black background.

Sanskrity Mishra
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BA Journalism and Mass Comm

HUMANS OF
LPU



THE PANDEMIC QUESTION

What does a switch from virtual to physical mean?

From early morning rush to snoozing the alarm, from being stuck in traffic to your wifi disowning you once in a while, saving ourselves from getting scolded to just being in a network disturbance mode, we all had started acing the pandemic chapter. Our lives had been same as riding a roller coaster, freaky in the beginning, easing a bit after. As things start to fall back in place again, as the terror and risk of Coronavirus appears to be abating albeit at minimal frequencies, people are grabbing at the opportunity to step back into their pre-pandemic routines.

Schools, Offices and Universities are reopening after a long leap of almost one year and a half. As per the UGC, re-opening of educational institutions is considered but only under the Guidelines framed for the same. These guidelines are vetted from the Ministry of Home Affairs and Ministry of Education, in the best interest of students as well as faculties.

With entire nations being put under major lockdowns, institutions closed off. It tested our courage, patience and adaptability. Emphasizing on educational centres, lecture halls remained silent, laboratories sat idle or operated with minimal staff; and administrators grappled with how to safely resume in-person classes. There are many practical grounds on which universities are eager to re-open, for instance, they are facing major changes, their financial horizons look dire.

Revenues plummeted as students remained home and reconsidered future plans. Endowment and funds tumbled as the stock market dropped. But also more broadly, many institutions are learning the hard way that simply delivering course materials through digital platforms is not the best way to teach students.

Zoom teaching isn't proper learning, they say.



Students imploring for online classes all year long, later realized that it's not enough. Theoretical approach is a swell when it comes to knowledge but practical skills are indispensable. Everyone being acclimatized to the online world led to few drawbacks such as lack of communication skills, low self-confidence, with so many hiding behind virtual doors, unwilling to face the world. These habits may cause complications for few with the switch from virtual to physical takes place, gradually.

As the world takes this big stride, stepping out from its shell with people looking for physical jobs again, parents calculating risks and sending their children to schools, offices functioning at little below the regular capacity, the changing climate ushers hope in all of us, it plants a longing for the old normal, one we've ached for.

With the resumption of universities, students brim with excitement of getting back and meeting their friends after a long disruptive spell, rejoicing in their slice of college life. We surveyed students to establish if their expectations were fulfilled. As a result, 43 percent of those back at campus in some capacity are at least somewhat satisfied with the extent to which they can socialize and interact with peers; 38 percent are at least somewhat dissatisfied.

Satisfaction is higher at private colleges (50 percent) than at public institutions (39 percent).

Older students are more likely to report extreme satisfaction, 43 percent of those aged 24 and above, when compared. Projecting an image of these results and public interests, the future seems propitious when looking at different aspects. Economic stability will be encouraged on educational and professional grounds. People will be socially more active as interactions will resurface, arguably with more gusto than the old normal. Academic prospects will have wide possibilities when not confined to just the online world. This change in our lives is a positive turn, it's the light at the end of a dark tunnel we were passing through. Now, as we emerge from that tunnel, we will need a while to adjust to the new normal, to enjoy and live it at its best!

As I express my conceived expectation from the new normal on these pages, my question to you is, while we switch back from virtual to physical, is it a transition to the more/less old normal or has much changed that we have to call this a new normal?

Aishwarya Srivastava
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BA LLB



TEACHING AND TEACHERS IN THE PANDEMIC-STRUCK WORLD

Exclusive interview with DR. AKASH DEEP MUNI on how Covid-19 pandemic changed education for the better.

When the pandemic struck the world, everything came to a halt. From the economy to the education system, it dragged down everything along with it. Panic reigned supreme as adults, teenagers, and children were all stuck together in disbelief with what had hit them.

What followed next was a complete paradigm shift of the education system. The shift from offline to online platforms. It was difficult for both students and teachers to adjust to the abrupt and extreme change.

We spoke with Dr. Akash Deep Muni, Associate Professor and Head, Department of Journalism, here is what he had to say.

What does a typical day in the pandemic look like for a teacher

A teacher's life is always the same – to facilitate building their students' career, and this continued during pandemic as well. However, the challenge was bigger this time, especially for the creative and technical domains. But then, we changed adversity into opportunity. As classes turned online, we swiftly curated customized software for students learning, that is user friendly.

A teacher's life is always the same – to facilitate building their students' career, and this continued during pandemic as well. However, the challenge was bigger this

This enabled us to impart the same magnitude of skills that was needed for the students. Unfortunately, this wasn't the case with most of the private and government institutes running in the country which affected students' competencies thereafter. Every day was full of new challenges but at the end of the day we were happy to be cut above the rest.

Technology allows but it can limit too. How well did you adjust to the sudden shift from the offline to the online teaching platforms, what were some of the most common problems you faced. Did you feel overworked compared to the offline times?

Offline to online was tough. In offline classes I used a number of pedagogies like discussion, role plays, and others to impart skills like 'nose for news' or 'media analyses'. While online you are restricted in its usage. But then we evolved new pedagogical tools like online polling, interactive learning through screen sharing, instant presentation and others.

This gave leverage to my students. And I love my work. That is the only thing that gives me a good feeling, successful accomplishment of the task at hand. I always say to my students, something I practice in my life as well – aim for excellence, isn't it boring to be mediocre in your work. (Smiles)

We know learning is a two way process which requires mixed effort from both the students and teachers, how were you able to keep the students engaged and make the class interactive in the process

Teaching is an art and not all know it and that is why many falter. Many were excellent in academics and technical skills but aren't good teachers. Teaching is an art with specific skills. You ought to be able to impart skills and the consumers, that is, students should be wanting to accept the same. Then only you are a good teacher.

It was a major challenge to ensure participation from the students. At times it did make me question my abilities to engage students but with the help of videos, quizzes, discussion and live debates this goal was achieved and after some days the classes did become interactive and fun.

In my case, one thing that I consider a sin for a teacher is conducting a boring class. If your student isn't interested in the class then you can never impart skills, however brilliant you teach. So, my class is always interesting, full of talking points, videos to support, polls with impactful opinions, etc. There are many methods to have an interactive class, maybe I will share them during my 'Train the Teacher' program.



It indeed was a challenge to demonstrate practical subjects and at the same time ensure that learning is happening at it's best. However, the facility of having video mode available became easier. Also, software could be taught using live demonstration and application.

Practical skill oriented teaching is the need of hour and it can be done through online mode. I don't say that all teachers are doing it but I am

doing it through online mode. This is best judged as at the start of the academic session of a first-year student, I guarantee success to all who follow the path paved by me.

For instance, all editors scratch their heads every Wednesday when TRP rating comes on the most important question in a news channel- What is news? Now the news is not $H + OH = H_2O$. It is subjective, not objective. So how to decipher what is news? Simply, attend my 14 slides session and you won't falter ever in deciphering them as I explain through various examples and case studies.

Any memorable incident you experienced while teaching online.

There are many, but for me memorable incidents are those when my students get placed in good companies. Interestingly, during the pandemic many of them are placed working from home which makes me happy.

Another memorable incident while teaching online was when the timing of the class ran out but the students were willing to discuss and participate more. Even today when this happens it gives me satisfaction that the efforts I am putting in are worthwhile.

We're all aware of how significant practical subjects and exposure are, especially in the fields of Journalism, Law, Hotel management etc. Being the HOD of Journalism how did you handle it and what was your plan of action to make sure students don't miss out on both?

Rahul Singha
12006813
BA Journalism and
Mass Communication



COGNIZANCE & ACCOUNTABILITY

"Educators are the only people who lose sleep over other people's kids"

This holds true on so many levels that we can't even determine but still given the current scenario, it's quite visible that how not only students, but also the teachers and the whole education system has been disrupted due to Covid-19 pandemic precisely and yet everyone has been trying their best to deliver proper education to secure the future in safer hands

Since its outbreak in December 2019, COVID-19 has wreaked havoc across the world and like any critical sector, education has been hit hard. Students, schools, colleges and universities have been deeply impacted and the harm done isn't easy to heal.

According to the United Nations Educational, Scientific and Cultural Organisation (UNESCO), over 800 million learners from around the world have been affected, 1 in 5 learners cannot attend school, 1 in 4 cannot attend higher education classes, and over 102 countries have ordered nationwide school closures while 11 countries have implemented localised school closure.

The COVID-19 pandemic will adversely impact the progress some governments were making around increasing the education budget. Therefore, this is a crisis that requires urgent attention and collective action by all Governments, stakeholders and communities.

Universities across the globe adopted various approaches to combat ripple effects of the relentless crisis. All six WHO regions witnessed sudden transition in modes of education. The few countries which already had infrastructure for online delivery of lectures, improved and encouraged its use; however, other countries took time to build and launch alternative platforms for learning.

In the South-East Asia region, which mostly comprises developing countries, apart from new launches, the already existing online learning platforms were also significantly improved. For example in India, new study materials and courses were added to the existing online education portals such as SWAYAM, SWAYAM Prabha, and the National Repository of Open Educational Resources.

Furthermore, recognizing the need for good quality digital educational content, the Indian Government in April 2020 launched VidyaDaan 2.0 that encouraged educationists, subject experts, and government and non-government organizations to contribute towards online learning. Governments also recognized the need for infrastructural and technological support to educational institutions and thus came forward to extend help.

Portraying the Indian education system, it has been depicted that many teachers weren't prepared for this crisis. Prestigious institutions like Delhi University, IITs, Medical colleges had to postpone the exam and change the evaluation criteria too, which was uncalled for numerous students struggling for their seats and ranks in various entrance exams. Even the educational boards like CBSE, ICSE etc. didn't conduct a fair evaluation criteria of 10th and 12th results. Many anxious students in fear of the pandemic and its consequences found it straining even to study, due to the lack of real time guidance and knowledge.

Clearly, no one was prepared and yet everyone tried their best, being in the catbird seat; to bring a well-nigh virtual and digital education system for every learner. Here arises the question now! Is it credible? Is it ensuring a safe and disciplined education for the youth of our country? Is everyone comfortable with this drastic change in the methods of learning?

Can our educators ensure enough dedication to our learners or is it just another whole new setup to credit their account with hefty amounts of fees. Who is



to be responsible for job loss and lack of adaptability on our beloved teachers' part? Who is to blame for the lack of peer learning, authentic classroom discussions, practical learning, delayed/cancelled exams and most importantly the not-so-digital learning for the ones who don't have an access to technology and its tools ?

Considering our "Gurus" side of story, we can't imagine the enormous presentation pressure on our teachers who are out there struggling and juggling with the conduction of classes, delivering the utmost amount of understanding for the students



Many universities and schools have been able to bring a positive outcome with appropriate measures such as, conducting online examinations, digitized explanation of concepts, online forums for discussions etc. Online Education established its roots quite before via online learning platforms such as "Coursera ", "EdX" etc. which have been successful in upgrading the right and career specific skill set for students.

And so is the condition with our faculties. Preparing the right instruction plan and learning outcomes of each class, maintaining their rhythm

with the advanced technology and creating an apt evaluation criteria is a herculean task for any individual. And yet our teachers have excelled in delivering the required effort and absolute knowledge.

The untimed endeavour for our teachers where they are being watched by the Universities' invigilators, students and their family members and no less than a surprise test on a daily basis, where one mistake can raise an issue to an extent on being suspended or even rejected for the job. The salary cut and umpteen pressure is devastating for anyone.

This is where our educational institutions should be held responsible for coming up with appropriate incentives and applause for our mentors. They form the backbone of the education system. Many tutors have faced extreme difficulties in acquainting themselves with the digital method of teaching.

Pecuniary incentives are as important as acknowledgement and adulation. It is crucial that employers are equally sincere as their employees. Newspapers and websites have not held back on reporting the exploitation academics and educators have been subject to in the last two years. It's an acute matter of concern. While the Indian economy went plummeting, people had little to live off on. Imagine the alarming consequences lack of monetary impetus, or getting underpaid must've caused for not just academics but their families too. Not to mention, the concerning degrees of affliction it must've dealt to them.

Economic planning forms an indispensable part of running institutions. It's obligatory on the part of institutions to look into the needs

of their employees, their educators and ensure their well-being by delivering on monetary promises. After all, a flourishing motivated teacher reinvigorates students best.

The need to evolve and get better with this digital era is not such an easy task. Recount how many times we students have found it difficult to study and make notes from Ebooks; how immensely difficult it would have been for our educators to run a digital marathon everyday. They rose to the occasion despite one oh one hindrances. Education would've backpedalled without their consistent efforts. We're beholden to their resilience in the face of adversity.

Year 2020 should be an ode to all the educators who are making efforts to maintain the consistency in our education system and knowledge. And their well-being is to be determined by the institutions such that irrespective of what crisis hits us, our "Gurus"; our guiding light shouldn't be compromised at any cost.

Pranshi Jaiswal
12109793
MBA



ThinkBIG

NATIONAL STARTUP FEST 2021

INAUGURAL CEREMONY

26th JUNE 2021 | 05:00 PM

LOVELY PROFESSIONAL UNIVERSITY

Mr. Sanjiv Khanna
Member of Lok Sabha, YouTuber

Miss. Shekha Singh
Indian Actress, Fame of Misses

Mr. Girish Mishra
Model and actor, Motivational Speaker

Mr. Rajat Joshi
American Singer and Song Writer

Mr. Anand Singh
Motivational Speaker, YouTuber

Mr. Anshul Khanna
Founder and CEO, YouTuber

Mr. Yash Tiwari
Youth Mentor, Author

Mr. Kamal Singh
Mindset Coach, Life Skills Educator

Mr. Pratik Kumar
Founder and CEO, Examble Writer, Innovation

VAISANTO

कानपुर। आसुच उपकर विनोदी ओईएफ के खानो की बहनी ने सिमोरेटी कर के जवानी को पुनर्पुन के खानो की बहनी ने रखा पुन बांधे। जवानी ने उनके रखा करने का बहन भी किया। कार्यक्रम का संयोजन लोकल प्रोकारेसनास सुनिसिटी के छात्र समान बैरियन ने किया।

Add a comment

Student Organization Director in Association With Missions Clothing presents 2 Parade Fiesta 2.0 Dance

Avani Dhillon

NISHKAM SEVA

LOVELY PROFESSIONAL UNIVERSITY

ProGenZ WORKSHOPS

with Mrs. Namrata Patil TEDX Speaker and Life coach

Mr. Anshul Khanna
Mr. Sanjiv Khanna
Mr. Girish Mishra
Mr. Rajat Joshi
Mr. Anand Singh
Mr. Anshul Khanna
Mr. Yash Tiwari
Mr. Kamal Singh
Mr. Pratik Kumar



NISHKAM SEVA

SELFLESS SERVICE

Musical

Secret Supervisor

Meghna Mishra

WITH

YOUTH TALK

THE DEIFIC MODEL

An Online Modeling Competition

MS DEIFIC 2021

Pranksha Gauring

MS VERSATEE 2021

Keelan

MR. GLAMOUR 2021



ThinkBIG

NATIONAL STARTUP FEST 2021

TALK SERIES with Arvind Arora

Motivational Speaker, 7 Million+ Subscribers on youtube

6:00 PM

20th May 2021

LIVE

lovelyuniversity





DIGITAL PRATIBHA
 INTRA-ORGANISATION COMPETITION
 15 TH JUNE TO 27TH JUNE

Activities

- Google meet quiz
- Youtube video making
- Graphic designing
- Online game tournament
- Reel making & Live events...

Registration Link: [https://forms.gle/3LWz3v3v3v3v3v3v](#)

HIGHLIGHTS OF 2021



KARTAVYA
 an initiative by IITMUMBAI

Speak up for those who can't speak for themselves

Feeding a stray dog
 Help hungry dogs in your locality. Whenever you step out make sure you carry some food & water with you.

Plant trees for the future
 It's time to give back to nature. Our one good habit of planting trees can make our environment a much better place to live in.

Feeding your backyard birds
 Many birds suffer each day from extreme situations the least we can do is keep a water pot & some leftovers in our balcony or backyard.

GROUP DEBATE

Date: 31/08/21 | Time: 5:00 PM | Venue: Google Meet

ORGANIZED BY

ProGenZ WORKSHOPS

KEY SKILLS TO SUCCEED IN A POST PANDEMIC WORLD

with **NAMRATA Abhinandan Patil**
 FOUNDER AND LIFE COACH BEING YOU!
 TEDx SPEAKER | RESEARCH SCHOLAR

24TH SEPTEMBER 2021
 6PM onwards



Student Organisation Dragcon In Association With Madang Clothing Presents

TWO PARADE FIESTA

LIVE SESSIONS
 DATE 10TH TO 20TH SEPTEMBER

Day 1 Mame Khan	Day 2 Nivedita Basu	Day 3 Simran Choudhary	Day 4 Bhgomika Mirchandani	Day 5 Minal Mogam
Day 6 Sania Sultan Khan	Day 7 Sidharth Jain	Day 8 Vaishnavi Macdonald	Day 9 Sanjeeta Bhattacharya	Day 10 Chandrika Ravi

6PM ONWARDS



KUNWAR SAHAI
 Chairperson

ADITYA
 Vice Chair

STUDENT ORGANISATION

INCREDIBLE 8

LPU's Inter School Vaccination Awareness Competition

Incredible-8 Season 8 was initially an annual event organised between hostels, competitions were held and the winner was declared at the end. But this year as the world adopted the change, so did Lovely Professional University and an Inter School Vaccination Awareness Competition was held through the months of June and July 2021. Division of Youth Affairs came up with the idea and the Department of Student Organisations organized it.

The motto of the event was to encourage people to get vaccinated in times when people were having doubts regarding vaccines. The event was not only successful but also encouraged a lot of individuals and students to get vaccinated. In the virtual world, Department Student Organization under the aegis of SWW organised the event to promote vaccination through its Instagram handle using modern tools like hashtags, Reels and Instagram posts.

40 teams of 21 Schools took part in the event; which consisted of 4 rounds namely, Social Media Campaigning, Get to Know, Community Service and Corona Prevention Campaign. The event kicked off on 15th June, 2021 in the presence of Pro-chancellor, Dr. Loviraj Gupta & Mr. Sorabh Lakhanpal.

SOCIAL MEDIA CAMPAIGNING

Round 1 of Incredible-8 commenced with much enthusiasm, teams looked forward to not only gaining points in the competition but to promote vaccination drive through innovative modes and out of the box ideas. Each team was supposed to plan campaign awareness for the vaccination program through social media handles. All the teams came up with some creative videos and awareness programs. The winners of this round were finalized through likes, comments, and shares.

51,356 likes, 22,122 comments and 47152 shares in total to be precise.

Teams were able to bust a lot of myths through their powerful presence on social media and spread awareness, but the winner was to be decided and so later on the team that turned out to be the heavyweight champion was "Let's Fight it out", School of Computer Science & Engineering.



GETTING TO KNOW

Round 2 was all about 'getting to know' the vaccination status of the students from respective schools which included encouraging students to get themselves jabbed. Teams were asked to present their order of action, each team was asked to present separately in front of a bench of experts for this phase of the competition and secondly, get soft copies of vaccination certificates of students of their own school. The marks were distributed on the basis of presentation and number of certificates collected by the particular team.

Altogether, teams were able to get 10,636 vaccination certificates.

COMMUNITY SERVICE

In the next phase, teams had to devise a support structure for their future civilization. For example, a team from the School of Agriculture was supposed to assist farmers, while a team from the School of Computer Science and Engineering would assist COVID 19 business employees. Each team organized assistance in the form of a vaccination campaign, hospital bed arrangements, oxygen arrangements, pharmaceutical arrangements, patient counseling, and so on. The teams were asked to submit a report with photographic proof of persons getting assistance from the relevant team and after verification the teams received 5 points each for activity reports.

CORONA PREVENTION CAMPAIGN

In the final phase of the competition, each team created a social media campaign to raise awareness about the vaccination program, focusing on the dos and don'ts before and after vaccination. These campaign contents could be in images and videos which were to be submitted to DSO's official email Id.

The content was posted on the Instagram handle, and points were distributed on the basis of



of Likes, Comments and Shares. Here too, the teams made a strong impact through 84,242 Likes and 15,136 comments in total.

The rounds were concluded on 7th of August, and Incredible-8 came to an end on the 13th of October, 2021 after the grand closing ceremony, judged by Mr Ravi Kant Pathak, Head, Division of Residential Services; Mr. Sarabjit Singh Kwatra, Deputy Dean, Human Resource Development Center and Ms. Malvinder Gill, Deputy Dean and Head, Counselling and Happiness Cell in the presence of Worthy Pro-Chancellor, Lovely Professional University, Madame Rashmi Mittal with Chief guest - Pro Vice-Chancellor, Dr. Loviraj Gupta and Guest of Honour - Head, Student Welfare wing, Dr. Sourabh Lakhnupal.

In the end Team "Distant Saviours", Lovely School of Distance Education with their strong social media support came out to be the runners up, and the team which literally fought it out of the competition was "Let's fight it out", School of Computer Science and Engineering.

With the effort of 400 students, 40 teams, 37 faculties and not to mention, the team behind the scene constituting volunteers of the Department of Student Organizations, Incredible-8 was able to make a change in just 3 months.

Jayendra Gupta
12007317
B.Sc (HM)

INCREDIBLE 8

Inter School Vaccination Awareness Competition

OPENING CEREMONY

📅 15 JUNE 2021 ⌚ 5:30 PM

📺 LIVE Division of Student Welfare - LPU



Organised by I Student Organization Cell | Under the Aegis of Division of Student Welfare, LPU



INCREDIBLE 8

Inter School Vaccination Awareness Competition

ROUND 1: SOCIAL MEDIA CAMPAIGNING

1. The dates of this round are from 15th June– 25th June, 2021.
2. Each team will plan a social media campaign for awareness of the Vaccination Program.
3. The social media content should be submitted from the respective team mentor to soc.dsa@lpu.co.in with the team details before 5:00 PM 18th June 2021. After that we will not accept any email.
4. Each team content will be posted on Instagram handle of division of student welfare.
5. Teams will be awarded 1 Point for 1 Like, 3 Points for 1 Comment and 5 Points for 1 Share.
6. During the Social Media Campaigning there should not be any objectionable slogan, Bollywood songs, or any kind of wrong way to attract the viewers. Team Mentor should take care of this.
7. Authentic pictures and videos should be provided, not from any search engines. (Team Mentor should verify before sending content over mail.)



Organised by I Student Organization Cell | Under the Aegis of Division of Student Welfare, LPU

You are cordially
Invited to the
VALEDICTORY CEREMONY
of

INCREDIBLE 8

LPU's Inter School Vaccination Awareness Competition

On
20th Sept 2021
6:00 PM Onwards

On



Division of Student Welfare - LPU

Organised by
STUDENT ORGANIZATION CELL
Under the Aegis of Division of Student Welfare, LPU



fastrack  X 

COMMENCEMENT CEREMONY

Moment of Reminiscence

EVENTS • LIVE PERFORMANCE • GAMES

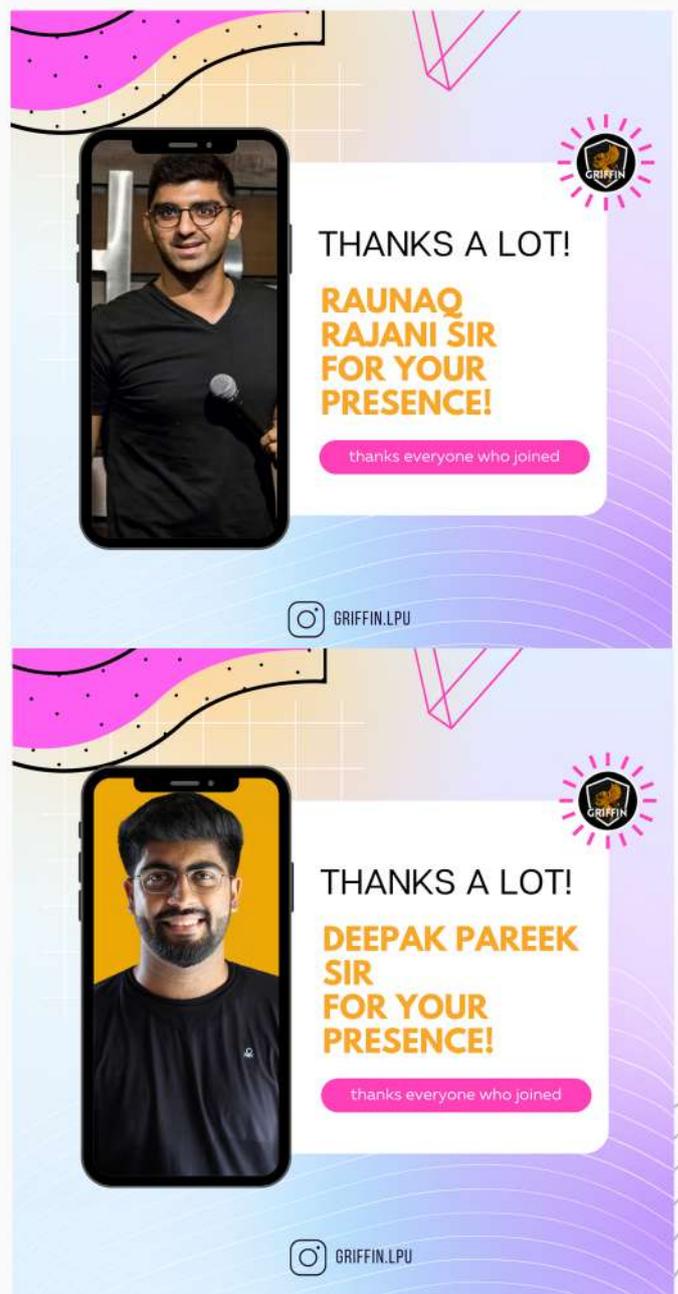


With the second wave of pandemic at its peak, and the enormous amount of struggle faced by students and professionals, Lovely Professional University, still found a way to give the passing out batches of MSOB(Mittal School of Business), CSE(computer Science) and other departments a commencement ceremony. This was executed by student organization Griffin, in collaboration with Yuvva (a national level club made by the students and for the students, that's literally their tagline) and Fastrack(the famous Indian accessory brand).

With seniors and juniors from the department, it was a wholesome opportunity for everyone, the secrets that were spilled by the seniors, the hardships of online class and longingness to just attend physical classes were some of the most discussed topics. Guests included popular stand-up and political satirist Raunaq Rajani. Amidst the chaos in the world, the commencement ceremony served as a breather for everyone, with guest's doing wonderful crowd work, offering the chance to interact with seniors in this very unscrutinised environment, and appealing opportunities to win Fastrack accessories like watches, headphones and bags acted like cherry on the cake.

The students shared how they made friends in the university and how close and strong their bonding has become, how far they've come , it was mesmerizing and a true reflection of how the friendships of your college life , will continue into your professional lives. In attendance were students that got placed in the same companies alongside their friends and then there were others separated by companies and yet united by the fact that they are the students from LPU , sharing the same principles of professionalism and sincerity that were taught to them by their teachers.

One of the guests, Mr. Digvijaya Singh, a popular yoga and aerial yoga trainer plus nutritionist shared his experience of college, and how he reached where he is now, it was amazing and functioned as stress-relief for seniors and juniors alike. It reflected that it's not the degree itself but the passion that you discover in yourself, the talents that you explore through college, that really fetch you the bread and butter in future. If one works on his passion, uses it to pursue a career, such an endeavour always pays off, even though it can be hard at inception, it definitely pays off. Mr Singh also reiterated the importance of fitness and healthy life.



Now this event was virtual in reality, but it shared the essence of a physical commencement ceremony. The talents harnessed by every department came into play, and the guitar and vocals to back it were so melodious - everyone deemed it a much needed escape from the current disorientation out in the real world. The great magic tricks, the heart-touching poems and 'Shayaris' from students was a sight to behold.

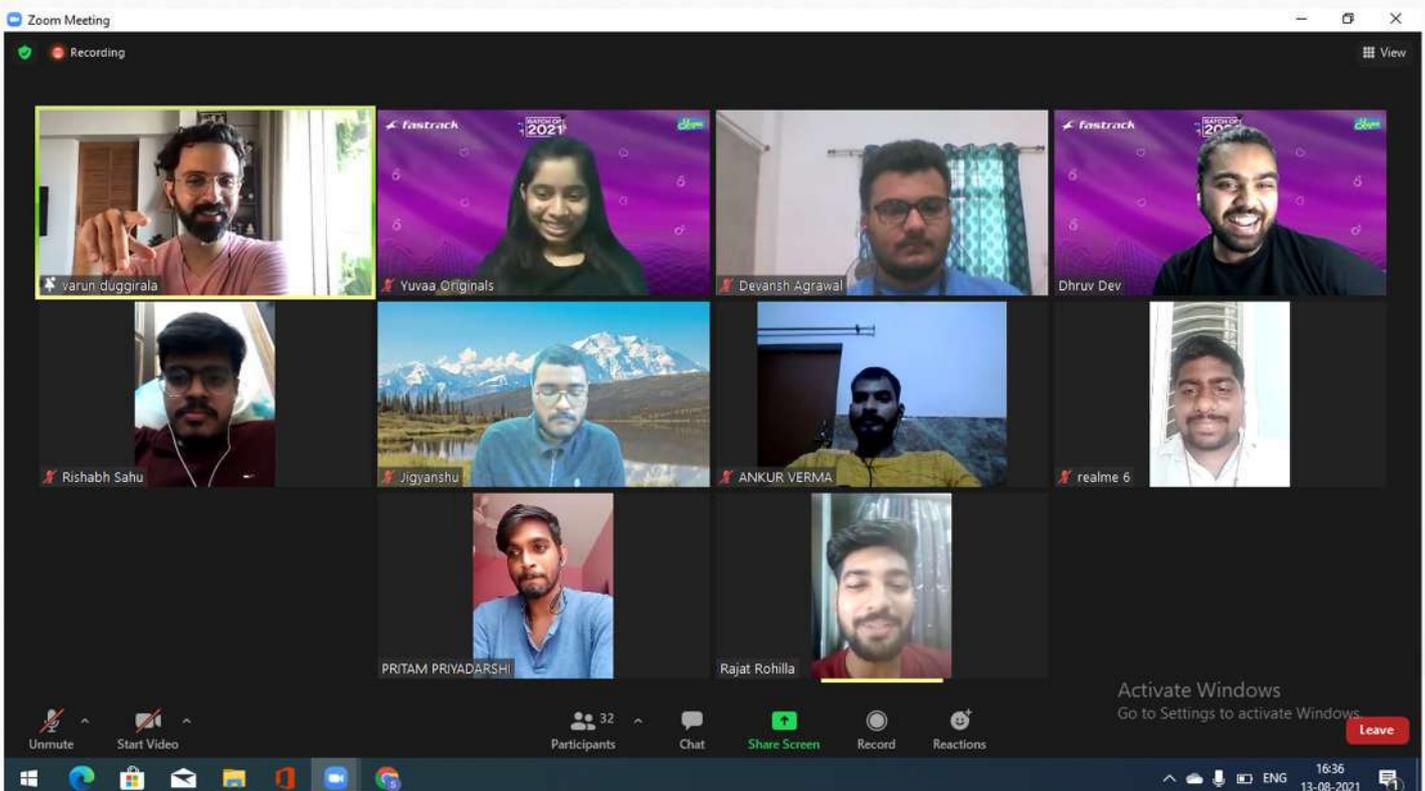
One of our guests, Mr Deepak Pareek, a famous digital marketing educator, co-founder of careerkeeda, and 5 times TED-EX speaker shared his experience of college life and induced everyone to focus on developing skills. He informed participants about various platforms for building skills and answered some general purpose queries on choosing career paths. He also encouraged students to ask him questions on his Instagram and promised to answer them at his earliest convenience.

Our last commencement ceremony hosted Mr. Varun Duggirala, a popular voice on the podcast scene - he educates people about marketing,

fitness and lifestyle. He was very kind to share that his journey, how he worked hard towards getting his engineering degree. He enlightened us on which papers he had cleared, and the duration it took to accomplish the same. This he said should not be taken as inspiration, but as an example that sometimes, to find the appropriate path, you just have to keep going. He expressed his sense of reception for every participant intent on DMing him to strike up a conversation.

These commencement ceremonies were truly a sight to behold, participants were given tasks, sometimes asked to bring sharpener and pencil to the webcam - tasks that involved sharing their funniest stories, and confessions that students had to make. Even though it was not a physical event, these small efforts meant a lot to the outgoing students, they had something to dress for. Really does go on to prove virtual events can be enjoyed and embraced in similar spirits as physical ones.

Aditya Chaudhary
11907566
B.Tech CSE



NATIONAL STARTUP FEST 2021

'IF OPPORTUNITY DOESN'T KNOCK, BUILD A DOOR.' - MILTON BERLE

Sometimes, it's all about creating that right opportunity rather than simply waiting for it to appear. One can't always rely on fate. So, Student Organization 'Tanzanite', Department of Student Organisations, under Division of Youth Affairs, Student Welfare Wing, Lovely Professional University came up with a golden opportunity for all the budding entrepreneurs out there to present their revolutionary ideas to the world and encourage them to take that leap of faith into entrepreneurship.

NATIONAL STARTUP FEST 2021, a truly unique event where people with diverse skill sets came together and worked hand-in-hand to find solutions for various problems faced by different sectors of society.

The event held from 28th June'21 to 10th July'21, had 5

categories - Ideathon, Budget, Case Study, Group Discussion and Quiz. The whole event was sponsored by companies like PrepBytes, Coding Ninjas, GeeksforGeeks and many more.

The NSF'21 saw the presence of some great personalities as the guests and judges like Mr Arvind Arora, a Motivational Speaker; Miss Shernavaz Jijina, Actress and Fame of Mirzapur; Mr Sahil Khanna, Digital Marketer and Youtuber; Mr Ajay K Pandey, Author and Novelist; Miss. Raquel Aurilia, singer and songwriter; Mr Dinesh Mohan, Indian model and TEDx speaker and a lot more.

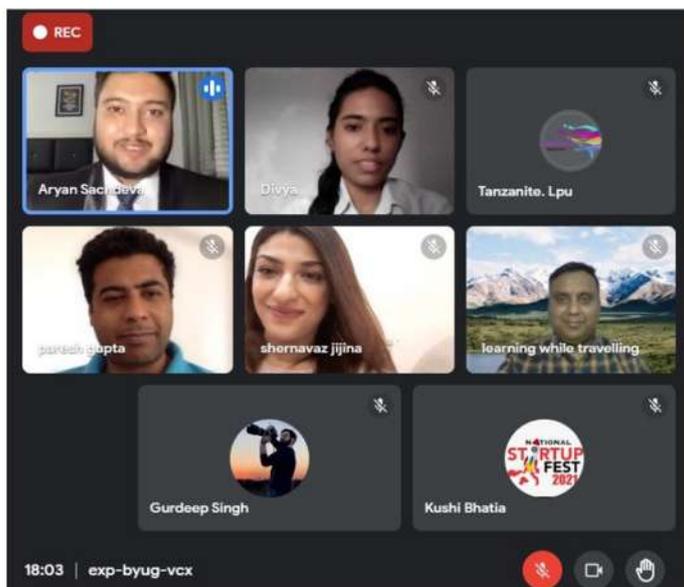
It turned out to be a huge success with 2000+ participants from all over the country, 40+ Guests, 10+ Sponsors, 10+ Marketing



Partners and 200+ Volunteers working on this with over 400+ meetings conducted.

The **IDEATHON** aimed at setting off as well as bringing out creativity and problem-solving skills in the participants. Sure enough, if one cannot manage money, one cannot manage a business. To highlight this importance, participants had to come up with innovative plans keeping the budget in mind. Coming up with a startup idea and even forming a budget plan for a said idea were both involved.

Budgeting is the basis for all business successes. It is the most effective way to control the cash flow, allowing one to invest in new opportunities at the appropriate time. So, **BUDGET** was something that centred around making the participants come up with some suitable budget plan for a startup idea. The idea again was to enhance and bring out the business management skills of the participants.



Critical thinking is an important soft skill to have as an entrepreneur. The way one analyses the situation and draws out a logical solution and a rational conclusion from it, speaks profusely about them. And that's exactly what **CASE STUDY** focused on eliciting from the participants by inducing them through brainstorming sessions based on real-life scenarios.

LPU Hosts 16-Day National Start-up Fest

Punjab Times News
Jalandhar, July 7

One of the 250 student organizations at Lovely Professional University (LPU), "Tanzanito" is organizing sixteen-day long National Start-up Fest (NSF-2021), virtually, under the aegis of Division of Student Welfare. The fest is a massive gathering of India's best entrepreneurs, founders, mentors along with numerous participants. It is also featuring national-class content across several keynote addresses, interactive sessions, thought-provoking predictions and more. The inaugural ceremony of the fest was held with the e-Lamp lighting ceremony in the presence of



the jury, contestants and live audience on the prescribed link. Presently, participants are gaining a healthy dose of tips regarding successful start-ups. The fest is also holding a series of events including Ideathon, Quiz and Webinar. Here, once again the great belief in Dhirubhai Ambani's quote- "Success of the young entrepreneur will be the key to India's transformation in the new millennium", is being strongly realized.

Mammoth dimensions of the 'NSF-2021' are self-relevant as it is being sponsored by big names including PrigBytes, Coding Ninja, Geeks for Geeks, Learning while Travelling, Mentor Kart, GrabOn and more. More than 2000 students from several universities and parts of the country including Mumbai, Chennai, Hyderabad, Delhi, Kolkata and more are taking part in the fest. The fest will help all those who have great ideas

to work on with their Start-ups. Various benefits of participation in the event include prizes worth more than Rs 5 Lakh; funding support; paid internship to winners; e-Certificates; discount coupons in all types of courses; interactions with famous entrepreneurs; moreover, winners of this event will get a coveted opportunity to visit Singapore. In their elaborated key-liners during inauguration of the fest, invited 15 entrepreneurs including Founder and CEO of Mentor Kart Ashish Ktara propagated "Continuity and consistency are the key to Success"; Founder of Lapaas Sahil Khanna held, "The world isn't all sunshine and rainbows: Keep going as winners never give up"; Mirzapur fame actress Miss Shernavaz Jijina shared "Listen, Analyse and Speak!"; Motivational speaker and YouTuber Arvind Arora put forward, "Every idea has its own potential, so work until it shimmers"; Youth Mentor and Author Yash Tiwari said, "Being an effective communicator, interactor and a good interpreter adds values to a person"; Mindset coach & Life skills educator Kamalmeet forwarded, "One's conviction about one's own idea must be strong"; and, the Founder and CEO of Learning While Travelling expressed, "Every experience brings its own maturity and a greater clarity of vision"; and, Founder and CEO of GECE Global Paresh Gupta claimed, "Winners are those who are super passionate and great learners".

Not only entrepreneurs but for any individual, it's important to know how to discuss, argue and put your point across in a healthy way. This helps one to express their views on serious subjects and in many formal situations. Also, being well acquainted with what's going around you is a whole lot more important than it seems to be. So, for recording the awareness of the participants and their way of handling arguments, a **GROUP DISCUSSION** was organized.

Standing out of the crowd gets you noticed. The **QUIZ** was based on questions related to entrepreneurship and startups. Participants were even given tough scenarios faced by entrepreneurs and they had to come up with a way to tackle the situation.

With webinars and many meetings together, the whole fortnight was filled with learning and innovative minds collaborating. The participants got to interact with famous entrepreneurs in the industry and many vouchers from the sponsored companies. The top performer even won a chance to visit Singapore, have amazing internship opportunities and free mentorship training by some sponsored companies.

Ananya Datana
12019049
BTech CSE Data Science with upGrad

STUDENT ORGANIZATION

OASIS: A spring of scope

The motto of education shouldn't be to bury someone under heaps of certificates or to make someone only a slave of some entrepreneurs only to earn some money, but to make someone a perfect human being in the society

Department of Student Organisations, under Division of Youth Affairs, Student Welfare Wing, Lovely Professional University, consists of more than 200 student organizations working on 18 different categories. LPU as a university is trying its best to provide every possible opportunity to achieve 360-degree development to its students. Brains running the university have understood that having perfect knowledge in a particular subject is not adequate for any human being, but good knowledge in every field is essential. We can gather this knowledge by broadening our academic horizons. Student organizations in LPU have given students platforms

where they can show their talents and skills and develop them to their best.

Generally, new students in any university hesitate to show their talents and skills thinking they might not perform as well as others. Student organization OASIS works restlessly to provide these freshers with a platform to manifest their skills. From planning events like FTS (Freshmen Talent Search) for freshers to organizing inspirational talk shows with dignifying personalities during the pandemic, all the members of OASIS worked day and night to make every project progressive and productive.



FTS- Freshmen Talent Search was an initiative to provide a platform to fresh vertos to showcase their talent and creativity which helped them to get familiar with the institution's culture and norms. In the event Melody Siesta, the participants were asked to record a video of them singing any song. Dance till dawn was the name of the dance competition in which many participants displayed their extraordinary performance.

Mr. and Miss. Freshman was a competition where every contestant had to show their dressing sense and confidence while walking. Steal the spotlight was meant for those who were interested in acting and performing on stage. The competition for artists and painters was named Canvas thrill. Everyone is unique and everyone has their special talents, let that be cooking or making anything presentable or pleasing to the eyes. Photography is a hobby as well as a talent and not everyone has a talent for capturing a perfect view from the perfect angle with a camera. Many vertos having this skill participated in Click Snick showing one of their best clicks. Video editing isn't meant for everyone and Creative Fusion helped in finding such talents. The animation desk helped in finding out some exceptionally talented vertos as they showed their skills by manipulating figures to appear as moving objects.

The event named Poetic Trails gave budding poets a platform to showcase their poetic masterpieces. Ink your imagination was an initiative meant for those who are inspired by writers and believe that they have their unique way of presenting a topic on a piece of paper.

'Masterminds' was a technical quiz held among vertos which at the end developed their general knowledge even more than before. A coding program was also organized and was named Web-O-Mania. Lastly, workshops and quiz competitions were carried out and all were done under Hack-The-Noon.

The world has faced pandemics in the past, but this time it turned out to be a monstrous one. Caused by a coronavirus, this disease named covid-19/ sars-2 has created the most unprecedented event in world history and is the cause of the most epic change in the history of human lifestyle. The pandemic has affected people not only physically but has caused a mental breakdown. Most of the students started to lose confidence in themselves and their mental health started to deteriorate fearing their future and career. To cheer up all these students OASIS organized an **INSPIRATIONAL TALK SHOW**. Asking 'why talk shows?' is a very valid question. These talk shows were programmed to be done in collaboration with some great dignifying and motivating personalities for boosting and sparkling up the spirits of the demotivated students.

The first inspirational talk show was with Mr. Nishant Jain, who is the director of Rajasthan Tourism. Here the orator shared some of the most valuable information and guided all the UPSC aspirants leading them towards a successful career. Ms. Sireesha Bhagavatula is known for her valuable contribution to the music industry is a participant in Indian Idol-12. In her episode of talk show, she shared her journey in the show, life lessons she learnt and valuable insights. Ms. Jaya Kishori Ji is a spiritual

orator, motivational speaker and life coach. Through this talk show, she conveyed some life-transforming messages, which will help the entire community of LPU to enhance the various dynamics of life in proper ways.

The web series ASPIRANTS was all about the struggles students preparing for competitive exams face. 'ASPIRANTS' actor Abhilash Thapliyal shared his journey from being a radio jockey to becoming an actor and the life lessons he learned through his role in the web series. Poor mental health, stress and anxiety have become the most common problems of the youth these days. Ms. Ekta Dixit being a life and relationship coach, motivational speaker and transformational strategist shared some essential tactics with vertos to deal with and overcome these issues in the inspirational talk show under the series of expert personalities.

Inspirational talk show with RJ Raghav was one of the most enthusiastic ones, where he shared his ways and experience of spreading happiness, strength and positivity with youngsters. Ms. Himanshi Singh was an excellent source of

inspiration to those who want to follow their passion as their ultimate career and presented her views on fighting failure and setting goals in life. Future entrepreneurs were inspired to a great extent by Anubhav Dubey, where he tried to propel the students to move forward and discover new and exciting possibilities in business. Varun Kapur is a known badminton player ranked world No. 2 in U-19 singles. This was a guiding session for athletes of LPU where the guest acknowledged the role of consistency and hard work in shaping his career in badminton.

Mr. Rohan Singh during his episode of talk show shared his inspiring journey of becoming an animal activist, vision towards the environment and ways of sustainable farming. Ms. Jagriti Singh is a social worker and founder cum managing director of NGO greening Bharat. She is a blessing to the world where everyone is busy being selfish. In this session, the speaker shared her views on projects like environmental protection, public health, women empowerment and youth's role in the growth of the nation.

The next talk show was very fascinating

WELCOME
INDU
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N



where Mr. Neeraj Yadav shared his story of becoming a choreographer, life lessons he learnt, experiences he had and his accomplishments in the field of dancing. The talk show with Taz Stereo Nation was mesmerizing for each audience. In this session, he shared his entire journey of following his passion and considering singing as his ultimate career. Jitendra Kumar is a great wrestler, who says consistency and hard work is the ultimate way leading to success. He also shared some valuable tactics of wrestling with vetros. The next session was with musician-singer Jasbir Jassi where he shared his entire story, how he followed his passion, considered singing as a career and also put forth his views on lyrics and the culture of the music industry of our country. By sharing her journey, experiences and insights, singer Nikhita Gandhi gave a very deep knowledge of music and singing to vetros. Along with this, she also announced the top three winners of the Reel challenge. Live session with the talented young singer Nishtha Sharma encouraged and motivated everyone to achieve their incredible life goals. Achieving success in civil service is not only a desire of every student but also the dream of every Indian parent. By organizing a talk show with IAS rank-1 holder (2016 batch) Tina Dabi, student organization OASIS tried to provide insights regarding how to achieve your goal. The success story of Tina Dabi is still a source of inspiration for all the UPSC aspirants.

This series of talk shows had a very deep impact on every vetro inspiring them to

dream big. In such a crucial moment, team OASIS tried to motivate every student to work hard to achieve their goal. All these dignitaries sharing their struggle stories conveyed a very deep message;

“You can never be happy with your destination if you don't face obstacles on its way”

Priyanka Mohapatra
12100613
M.Sc Microbiology



ROBIN
ENTREPRENEUR
Co-Founder Peepal Far
24 JUNE 20
05:00
/divisionofstu



YUVAA

A Small world of big changes

Student life at a university that hosts over a thousand students with diverse talents can transform into a wonderful learning experience for those who are ready to give themselves a chance. We at YUVAA provide a platform for those who are willing to go out there and get what they want. As a student organization, we ourselves are testimony to the heights one can reach with consistent hard work and remarkable talent.

YUVAA recently marked a special milestone in its incredible journey with a promotion to Tier-3 and every member of this family can proudly say that it was only possible following examples set by those who came before us.

Our founder, Mr. Neelmani Singh, was a student of the B.Tech CSE batch of 2021 who acquired placement offers from Eclerx and Cognizant while spearheading the mission to lay the foundation for this organization.



Mr. Neelmani Singh

From his experience, he learnt that teamwork and self-confidence go a long way in achieving great success.

He can vouch for the fact that it takes a lot of determination, passion and dedication to realize some of our biggest dreams and even more patience to watch it grow into something bigger and better with time. He insists that being a part of an organization can prove valuable to different people in different ways. The timeless experiences that one may gain at this organization will inspire holistic development of an individual and polish his/her leadership, time management and communication skills.

Mr. Singh strongly believes that the certificates issued from the organization work well to effectively cement a fresher's branding as a responsible team player during placement interviews.

Our former technical head, Mr. Arshad Siddiqui, who secured a placement offer from VenturePact LLC also shared his thoughts on being a part of this organization and what he will take back home from this experience. He is a student of the graduating B.Tech CSE batch of 2022 and he believes that focusing on the right things plays a very important role in life.



Mr. Arshad Siddiqui,

He considers it imperative to set practical goals in life and achieve them with sheer determination and hardwork instead of getting caught up in a web of obstacles that steal time like worry, doubt and unreasonable anxiety has been his success mantra. Like any other person, he admits having moments of self-doubt but resorts to picturing himself achieving things and prefers revelling in that feeling as opposed to complaining about the difficulties in the way.

These are some success stories of those who believed they can be the change and proved it to the world. We hope to set a launching ground for students who wish to follow suit and look forward to celebrating all our members achieving milestones personally and professionally. Cheers to the people who wish to be the change they want to see in the world!

Lovish Gupta, Team Yuva





*Just beyond the horizon of so-called impossible - **there is InFinite Possibility.***

AURORA is a new-age student organization established to deliver the best in every aspect of life. They have a fantastic team of experienced people in domains such as web development, Public Speaking, Graphic Designing and so on. They organise value-based events and see uniqueness and creativity in every individual.

For the first time ever in the history of student organizations in LPU, they have introduced their Own Quiz Portal, Own certificate Generator, and the project Café Aurora. Student Organization Aurora is an open stage waiting for young budding artists to grab the opportunity and show their skills. The Organization has successfully completed a total of 11 events and registrations for the same have crossed 1.6k. With the same vigour and zest, the Organization is working hard and planning some exciting events for the future.

The very first and the most successful event was **QUIZZORRA** - an online quiz competition to bestow some facts about our Mother India. After successfully completing that, many other events followed namely - Snapture - Photography Contest, Ganesh Pratima Contest, Kavi Sammelan, Bollybox and so on. One of the most loved events was **KAVI SAMMELAN** held on 14th September, i.e. on the occasion of Hindi Diwas.

After the grand success of Quizzora, Quizzora 2.0 was brought in, people came in for it with the same enthusiasm they had when they attended the first one. Moving on, we had one of our most successful events conducted - Backend Development, a platform where people could learn about programming languages like java and python, which was taken up by Mr Kartik Derasari.

Furthermore, we had a two-day workshop for Anchoring, a place where people could get over their stage fear, build confidence and boost themselves ! A lot of people showed up and only had positives to take back! We administered workshops to encourage our Vertos' and induce them to brainstorm; like EMI Calculator Building and Robotics workshop, that too with live demonstrations! Our latest event was The Greet 2021, held over the course of three days which welcomed freshers and encouraged them to showcase their talents in spheres like open mic, debate, designing etc

Students participated in various events and shared their memorable work and inspired others.

The best part of this Organization is that we're a family, in action. Seniors guide the new members and give ample opportunities rather than showing authority. We believe in teamwork instead of individuality. There is always something new to learn when you're a part of this organisation. An organisation people will surely look forward to. Nothing else except the work of a person speaks in this organisation no matter how superior anyone is.

Team AURORA

कवि सम्मेलन

स्वयं लिखित कविता सस्वर पाठ प्रतियोगिता

हिन्दी दिवस् पुरस्करित्

दि. 14 सितंबर 2021

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Student Organization Aurora under the aegis of Division of Student Welfare, Lpu




AURORA CODE FEST 2021


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EDUCATE ENCOURAGE ENGAGE



United Nations Youth Community is a tier 6 student organization that aims to spread awareness among young individuals about the ideas and the endeavours of the United Nations. Our goal has always been to promote, educate, encourage and engage in the activities of the United Nations. Thus, we follow the principle of

***“Stop following,
Start Leading”.***

We enjoy the journey and live as a family; thus, **#weareunyc**, and we are **#unycfamily**.

We always work for the benefit and upliftment of society, working closely and managing initiatives like Girl Up LPU that started in the year 2019. Girl Up LPU is the Student Chapter of Girl Up Campaign, an initiative by the United Nations Foundation to achieve #SDG5 at @lpuuniversity. The vision is to create a platform to encounter problems girls face and help society grow towards a better future where womxn can live their lives freely and proudly.

We proudly took the initiative to collaborate with GirlUp Delhi for discussing the agenda of “Dealing with toxic masculinity, poor mental health and racial subjugation” which are problems faced by the Indian civil society, and the intensity of these problems multiply manifold for a female.

Apart from Girl Up LPU, we have our initiative “Educate a child”. It’s an initiative that embarked on contributing some help towards SDG (Sustainable Development Goals) by providing quality education to the lower strata of the society. The #UNYCfamily used to visit the nearby villages and teach the children basic good manners, counting, and writing every weekend.





Think

We at UNYC believe that everyone has the right to express their views. We regularly organise Demo Speaks! Demo Speak is a platform where everyone is encouraged to speak their heart out on the topic and enhance their speaking skills. Apart from Demo Speak, we have constantly aspired to provide a platform for young talented individuals to showcase their talent. So every year, we organize the Literary Fest that has a plethora of events that allows the vertos to exhibit their skills. From debate competition to open mic to Nukkad Natak, the Literary Fest is your one-stop solution to showcase your abilities.



As the pandemic hit the world and everything turned online, we never failed at constructing and administering channels for our family to showcase their skills. We started the initiative of "MY UNSCRIPTED MOMENTS", where we invited the individuals who have been inspiring the youths in some or the other way, to share unscripted moments. This provided a platform for the anchors to meet with amazing people and interact with them and also aided the team in learning from the mistakes of others.

Moving towards our events, we are well known around the University for our exceptional work in literary and social spheres. We have been appreciated by the senior dignitaries of the University for our initiative of ASPIRE MODEL UNITED NATIONS, "Audi Alteram Partem"! We have successfully conducted three editions of ASPIRE MUN and will soon come back with the 4th edition. The 3rd edition was successfully conducted in the virtual mode.

SEASON 1: We started with Mukul Sharma aka Stufflistings (YouTuber, Ex-Army Personnel), Sahil Nayar (Founder of HRBytes and Senior Associate Director in KPMG), Shammy Wadud (President of UNYSAB, Ambassador for Couchsurfing International), Aman Dhattarwal (Ed Tech YouTuber with a fan base of 10 million+ subscribers on YouTube. He is also a seven times TedX Speaker and founder of Hustlers Bay, Apni Kaksha and Apna College).

SEASON 2: Abhishek Singh (IAS Officer, an Actor, an Honorary Advisor to BRICS CCI and the founder at Student involved for Governance and Mutual Action), Rohit Bose Roy (Famous Indian Television and Movie star, Director, Producer and host), Sonal Goel (IAS Officer, 'Honorary Advisor' at BRICS CCI Young Leaders Forum (Session 2020-2023)), Tridha Choudhary (Indian Actress), Rasika Shekar (Renounced Bollywood Singer, Flautist, and Composer), Eesha Agarwal (Actress and Multiple Pageant Award Winner), Ashish Joshi (Environmentalist and Animal Rights Activist), Kunal Malhotra (Famous Photographer, also known as Canon Maestro), Bobby Joshi (professional photographer), Anmol Sharma (Founder of a venture named Finlight).

LOVELY PROFESSIONAL UNIVERSITY
Transforming Education. Transforming India.

MY UNSCRIPTED MOMENTS
with **Tridha Choudhury**
BOLLYWOOD ACTOR

11 AUGUST 2021
5 PM ONWARDS

@lpuuniversity

Organized by Student Organization UNYC, under the aegis of DSW, LPU

Learning at UNYC is always fun. We collaborated with the IVentors and organized APRENDER ESPANOL (The Spanish Classroom for Beginners) to make the fun skyrocket. An online 14 days course in the Spanish language. The classes by Mr Oliver Holmes were so impressive that we were bound to organize another 14-day advanced course. E- certificates, special prizes, and unpaid internships were offered from IVentors.

Several competitions were planned for the freshers to fill evenings with excitement and fun. Painting, essay writing, photography, the list goes on. Later on, we came up with our first virtual literary fest, "Saahitya - THE E-LIT FEST". We were able to discover and filter the hidden diamonds in the rough through means of this fest.

Finally, we came up with "Aabhivyakti", the group debate. The participants came in pairs and fought against their opponents with their words. Beautiful conclusions were obtained from the sessions that filled the guests with overflowing excitement.

UNYC always provides students with a platform to emerge and use their talents wisely; thus, in collaboration with DJMC, UNYC conducted "The Talent Hunt 2021" and received a massive response from students from around the nation. After the successful conduction of the talent hunt, we conducted an Anchoring Workshop in collaboration with Aurora and Griffin. Mr Sachin Sidhra

was invited as the speaker; he is the faculty facilitator of the three organizations. The event taught and solved all the queries of participants.

As the freshers started making their way into the university, we, to keep the spirit of vibrancy in vertos, collaborated with Tribe Vibe and organized the biggest music festival for our Freshers. The event featured superstars like Asees Kaur, Anuv Jain, Taba Chake, The Yellow Diary and Vivek Singh. The event lasted for two days, and freshers got an excellent start for their LPU journey. And to introduce the freshers to our vibrant culture and environment of LPU. We conducted the Freshmen Talent Mining to bring out real talent in our Freshers and familiarize them with the culture of LPU.

We recently organized a MUN workshop where everything about MUNs was explained extensively towards the end. The speakers imparted valuable knowledge about the functioning of the United Nations and its subsidiary bodies. And then, we organized an online MOCK MUN where participants represented various countries and kept their views on the specified agenda. The main motive was to familiarize them with how MUNs are held. And very recently, we collaborated with SIIC IIT Kanpur and launched -SPARSH to support young and enthusiastic entrepreneurs who want to work for the country's future - The Children and The Mothers.

Soon, many more amazing things will be revealed, so till then, stop following and start leading!

Recent accomplishment by our member

Mr Kunwar Sahi recently got conferred by the NITI AAYOG for the **"BEST INNOVATION IN AI HARDWARE"** at the GLOBAL AI SUMMIT AND AWARDS 2021.

Mr Kunwar Sahi got nominated for the GLOBAL AI SUMMIT AND AWARDS 2021 in 3 different categories.

Message from team UNYC:

"Work with a team and make them a family. Never leave them alone and keep growing your family."

Ashutosh Mohapatra, Team UNYC



WISSEN TALK SHOW

“You dream. You plan. You reach. There will be obstacles. There will be doubters. There will be mistakes . But with hard work, with belief, with confidence and trust in yourself and those around you, there are no limits.” ~ Michel Phelps .

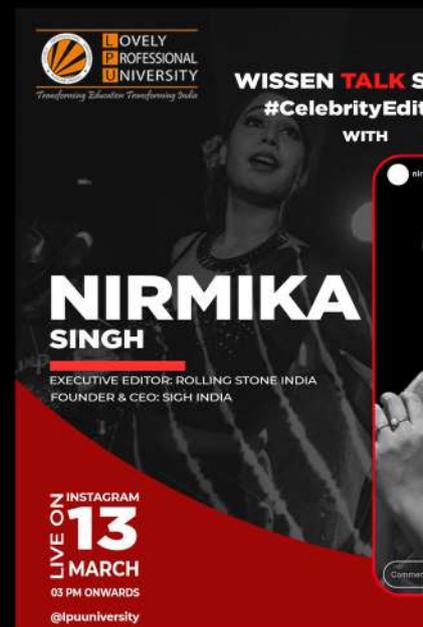
These are not just mere lines but a reality and a bliss as soon as you realize and implement. Student organization Wissen under the aegis of Student Welfare Wing, LPU is a testament to the above. It works on an aim of providing knowledge and experience to students and hence establishing a benchmark among others.

Team Wissen is set on the principle of giving opportunities. It has organized several astounding events, music sessions, live concerts and shows, and many more amazing events. But the most attention was grabbed by the talk show series that was introduced at the beginning of this year!

This series had various editions attached to it, for instance, celebrity edition, influencer edition, entrepreneur edition, entertainment edition and motivational edition.

These talk shows have gathered attention of many and also been super awaited as soon as it is announced.

But the journey of this has been long and full of both, hard work and smart work. At the inception of the idea, the talk show wasn't deemed enough by the team. Organizers were of the opinion that it needed a well proposed plan with an



active team for execution. It all happened after a big break during the pandemic. The idea rose, the search for sources began, forming of the perfect team took place. It happened at a moderate pace with a belief in every move.

Every department worked in bringing the best out of it, connections were made, content was generated, graphics designed, promotions took place. All the efforts were collected hoping for a fruitful result.

And indeed, On 23rd February, 2021 the First Talk show of Wissen was released, with Simran Chaudhary – singer, Voice of India 2019 finalist . She shared her journey of success, sang some soulful songs and chatted with her fans. Viewers loved the show, which gave a kick start to Wissen.

The series was never ending ! Talk shows were happening at a regular pace and people were equally excited about it. Nothing could stop them. Wissen has hosted more than 50 talk shows till present day. Some shows that were a focus point for several days included:-

Shakti Arora – Actor
Anupriya Goenka - Actress
Sumit Goswami – Singer
Vaishnavi MacDonald - Actress
RJ Kisna - RJ
Preeti Mishra – international volleyball player
Anuj Tiwari- Author

And several more, the list is abounding. Responses of these talk shows were commendable and the rate in viewership increased with each announcement. The audience when asked gave positive and valuable reviews which raised the bar by a step more.

Wissen, feeling encouraged with such great feedback, is positive on continuing with more talk shows and interactive events in future and encouraging more and more students to be inspired and involved in them.

Aishwarya Srivastava
12110530
BA LLB





Keeping the ambitions high, we at PAIGAAM have always intended to achieve a lot with the immense efforts of all our team members. Driven by the motto "Let's fly together" we indeed fly and reach great heights together. With every mistake we make, the lesson acquired from it takes us another inch towards knowing more about our capabilities as an organization and as an individual working in a team.

Having conducted some amazing events in the recent past, we were successful in propagating great insights about the lives we live today. The talk shows conducted by us recently were all focused on the topics that are less-talked about by the people and, through these, we aimed to educate and acquaint our audience about how one can make his/her own decisions regarding such topics rather than naively believing what the society says.

One such talk was with Miss Naaz Joshi, India's first transgender international beauty queen, motivational speaker and Miss World Diversity thrice in a row. Knowing about her journey and the astounding ways by which she overcame the hurdles she faced, was very inspiring.



WINGS OF QUINTESSENCE

With the rising need for LGBTQ+ awareness, it became more important to bring to the notice of the people that there is no harm in being yourself and expressing your thoughts in a way that might be different from the conventional notions that have been followed for a very long time. After all, every individual is beautiful and original in unique ways and, even so, that needs to be appreciated.

Adding to the awe of the talk show with Miss Naaz Joshi, we conducted yet another informative and interactive session with Ms Tanvi Kanwar and Ms. Hansini Bhatnagar which focused on managing stress during Covid-19 - 'Stress Management in Turbulent Times'. With some really useful tips received from the speakers, we learnt about the ways to handle ourselves under tense situations and how the tables can be turned so we can benefit from them instead.

One shall never underestimate the difference they can make in others' lives. So, we came up with MAATI 2.0 and MAATI 3.0. MAATI 2.0 considered the issues that birds face throughout the sweltering summer months, i.e., thirst. We had volunteers who helped us keep an earthen pot filled with water for birds to drink from. Celebrating 75 years of independence, through MAATI 3.0, we decided to take on the task of donating clothing to the less fortunate members of society. We had volunteers from many states of India and were successful in what we wanted to achieve.

We should never underestimate the importance of having fun. So, PAIGAAM decided to bring an event, first of its kind, filled with loads of fun – ANIMEESHON ATO and KUIZU (anime art and quiz competition). With the mesmerizing artwork received and the knowledge showcased by the participants in the quiz, we were astonished and delighted to have organized such an event that had the power to attract over 150 participants and provide a platform to all those like-minded people to connect.

From being a new member in the team to becoming one of the heads of the Content Writing department, I am extremely happy to be a part of an organization that allows us to learn and grow as well as enjoy a lot. We have a team of really amazing vertos and I feel lucky to be one of them.

Ananya Datana
12019049
Team Paigaam



LOVELY PROFESSIONAL UNIVERSITY

12 JUNE 2021

NAAZ JOSHI
Miss United Nations Ambassador
Miss Universe Diversity

LIVE
Division of Student Welfare

5 PM ONWARDS

Organised By :
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Paigaam
Under the Aegis of Student Welfare
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Stress Management in Turbulent Times



HANSINI BHATNAGAR



ANVI KANWAR

LIVE ON 5 JUNE & 6 JUNE
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Have you ever wondered about saving a life with your talent? How significant and satisfactory that moment would be! Such was the initiative by student organization- TACHYONS.

UDAAN 4.0, a social event organized by tachyons to celebrate the 75th Independence Day of India by aiding the orphans. The purpose of "UDAAN 4.0" was to help the unprivileged children by donating them stationary and daily essentials. There were different categories in the event like singing, dancing, photography, poetry, sketching, painting, fashion and mehendi. We were delighted to welcome our celebrity guests Shri Anna Hazare, Ajitabha bose, akhil

Kumar, Satish Kushwaha, Harun Robert, Antara Nandy, Juhi Bhatt, Arika Bhatt, Ashish Bhatia, Abhishek Anand. Anna Hazare, a name that speaks for itself.

We had an exclusive Live interaction with Shri Anna Hazare ji, one of India's most admired social activists along with Akhil Kumar, renowned actor and entrepreneur.

In the live interaction, Anna ji shared with us his valuable thoughts about the power of youth in India.

We believe that giving is the greatest act of grace. We reached our goal and the event was a great success.

UMEED 3.0

Sports unites all of us. It allows individuals from different

backgrounds to bond over a shared interest and common passion. Umeed 3.0 - A series of interactive sessions for sports enthusiasts followed by 13 episodes with renowned sportspersons like former Indian Football team captain, Mr. Gouramangi Singh; Professional tennis player, Rutuja Bhosale; Professional cricketer, Mehak Kesar; Rhythmic gymnast, Meghana Reddy; wushu player, Poonam Khatri and many more.

Our guests shared with the audience their experiences, life lessons and the hardships they faced in their lives. In India there are many fresh talents who want to pursue their career in sports, our guests gave them valuable advice for the future.

GEAR UP YOUR PASSION WITH



TACHYONS





Umeed 3.0 was a great success and TACHYONS aims to organize more such events in upcoming years.

MESSAGE FROM OUR ORGANIZATION

The happiness you get from social service is everlasting. We all are born to serve a purpose. It is not only a purpose to serve yourself, but to serve the world, your country and the society.

Are you always up for social work for the welfare of the nation?

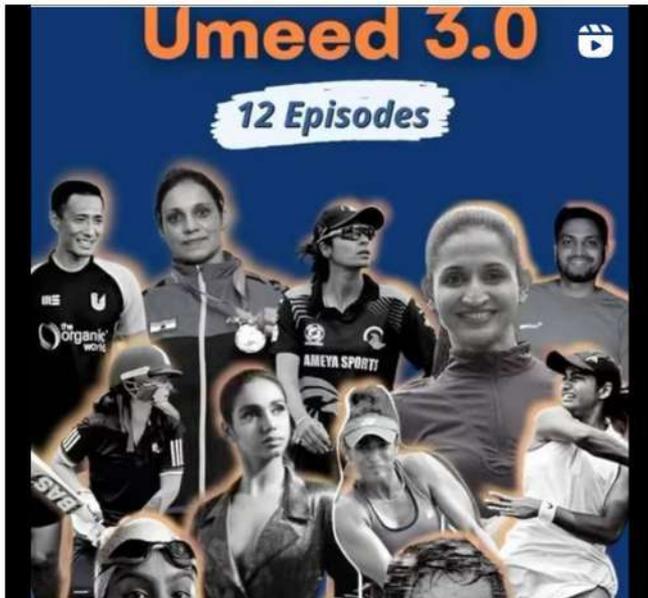
So, let's join hands together and work together for a common vision. Believe, Plan, and Achieve, they aren't just three words. It is the motto we hold and the things we do to fulfill our mission. We believe that with teamwork and collaboration wonderful things can be achieved. We provide ample opportunities to all the members and we value the talents and ideas of everyone on our team.

We always emphasize social work. The only thing which our team seeks is satisfaction and of course happiness. We believe happiness lies in the smile that you create on the face of others.

Journey of a student/alumni/institution that has benefited from your organization ?

Tachyons have helped so many students in different fields such as boosting their confidence and enhancing their leadership qualities and it helped them in their interview and some students from Ipu have also joined sales after leaving the organization. They claim to have received great experience from Tachyons in the field of marketing.

Team Tachyons



AGRINIANS



The student organization Agrinians is recognized as a Non-Profit Organization, of Department Student Organisations, under Division of Youth Affairs, Student Welfare Wing, Lovely Professional University. The Team Agrinians is the LPU's First Agriculture Student Organization.

We have organized tons of events ensuring the growth and development of the students who actively took part in our events. Our organization has been promoted from TIER-1 to TIER-2 by the Division of Student Welfare Wing, and we were appreciated for the team work and coordination.

Coming to the events, we have recently conducted a MEGA EVENT, "ENVISION 2021" between 28-29th August, to welcome freshers to showcase their talents in Singing, Dancing, Story Writing, Best of Waste, Photography, Poster Making. The event was a great success filling confidence in the hearts of the contestants and excitement in the minds of students. It was a unique experience for us and one of its kind.

Team Agrinians believes in teamwork, consistency, perseverance, dedication and smart work. The vision of this organization is to lead a creative thinking and vibrant student community where students can learn, connect, discover, explore and most importantly ENJOY throughout the whole journey.

Our motto is to enhance agricultural knowledge in students besides paving the way to the development of farming.

Dear students, Team Agrinians urges you to step outside your comfort zone and try to learn some new skills with us because it's not about perfection but it's all about the effort you put into achieving something great. You've gotta dig deep into yourself and explore your own skills and inner talents that are still waiting to be unveiled. So, do open your heart and explore it to the fullest because it's gonna be one hell of a ride with us on your side.

Deepak Yelleti
11914902
Bsc Hons Agriculture



AGRINIANS
Say YES to FARMING





Creating Waves with the 'GRIFFIN MAGIC'

It is never easy to make wonders happen, that too consistently, but when it's Lovely Professional university anything is possible and GRIFFIN makes it possible. In the quest of exploring the college environment, we all are still searching for that perfect student organization to join which would not only provide us a place to showcase our talent but also serve us the perfect opportunity to hone our skills, and Griffin is the perfect place to stumble upon.

Griffin is an inspirational, trustworthy, approachable, diligent, zealous and premier student Organization in LPU. Its foundation is laid on core values of Compassion, Zeal, Chivalry and Consistency. It's a Tier Two Organization which brings unique and one of its kind events, workshops and initiatives to the students that are just a notch above. Team Griffin thrives for its companionship with people to Zenith.

It took us no time to understand that Griffin indeed is a momentous organisation in itself. It is one of the fastest growing student organizations in LPU. This record breaking organization was established on 9th of June, 2021 and it quickly climbed the ladder of

success by becoming a tier-two organization in a very short span of time. It could not have been more astonishing that since then, this premier student organization has conducted over 30+ events in under a year. Griffin has organized multiple events successfully ie. really fun farewell parties, freshers parties, treasure hunts; some competitions to bring out young talents like elocution, The incomplete Story Tale; along with some informative webinars and workshops like open CV workshop, Anchoring Workshop; some fun quiz competitions like brand wizz, one of the most entertaining shows like The Griffin Show and many more enriching events.

To add more on the table, GRIFFIN even had a bag full of sponsors and partners onboard, who not only helped the organization to grow, but also added to the net worth of GRIFFIN. Esteemed companies like Fastrack, Grapheeks Lab, JCI Batala Agarni Zone1, PEP Coding, Samridhi Aneja, GIVE MY CERTIFICATE, Yuva, TribeVibe etc. were more than happy to work with Griffin leaving us with amazing reviews and making a lifelong bond with Griffin.

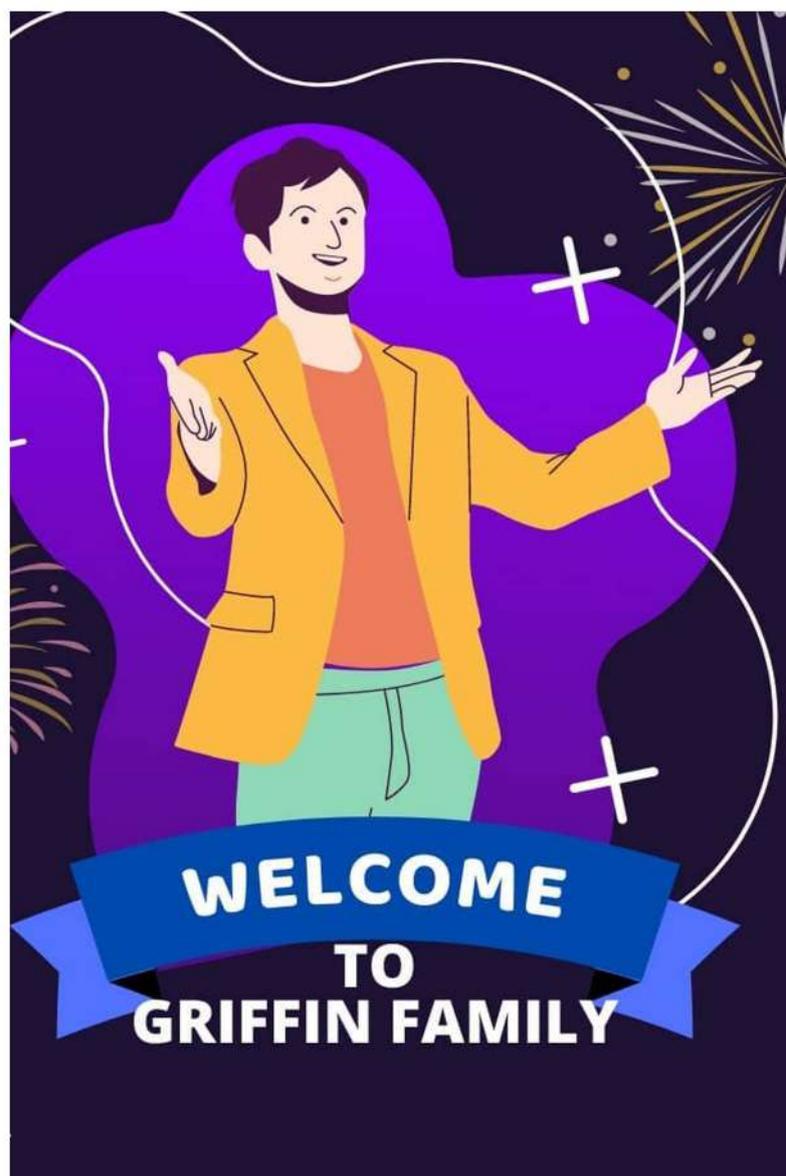
Griffin's premium and one of its kind events include - "THE GRIFFIN SHOW" - A live talk show where the artists take their audience down the memory lane through their mystical and magnificent journeys, by enchanting the audience in their auras and by providing enriching experiences to their audience, binding 34,000 people to come back and relive their happy moments with their favourite celebrities again.

Griffin has also hosted 4 of the Greatest Minds in the Industry - Mannat Khanna- FBB Campus Princess 2019 who is also the winner of Times fresh face (India's Biggest College Level Talent Hunt). She's an exemplary dancer and model and official Zumba instructor for many celebrities. Naini Jain-Radio Jockey at MyFMIndia, she worked as a Voice-over artist in PodPitara and an anchor in All India Radio-Akashvani. Apart from this, she is an extraordinary youtuber who believes in motivating everyone.

Shubhadeep Das- The young sensation of India- one of the top 15 contestants of Indian Idol Season 11 who won hearts of India with his outstanding and melodious voice. Tanmay Chaturvedi- 1st Runner Up ZEE : SA RE GA MA PA who was also second runner up of SaReGaMa L'll champs from where he kick started his career. With all the dignitaries leaving incredible reviews about Griffin, the GRIFFIN Show till now has gathered a total viewership of 80K+ views. Griffin is extremely elated to host these dazzling young sensations who are a role model of many, and is looking forward to host many more eclectic and amazing dignitaries who would add to the alma mater of Griffin.

Like any other organization Griffin is nothing without THE GRIFFIN FAMILY and the Guiding light, the faculty facilitator- Mr. Sachin sidra.

Mr. Sachin Sidra is an Associate Professor at the department of soft skills for the Centre for Professional Enhancement at LPU. He constantly encourages and enlightens the Griffin family with his work ethics and diverse ideas. He is the persistent source of inspiration for all the ignited and brilliant young minds of Griffin. Every event is incomplete without his expert supervision, proficient knowledge and great advice. Team Griffin duly appreciates the time and effort that he puts into this organization, by being the backbone of the team, in order to make each and every event a great success. He also conducted a spectacular workshop for all the aspiring anchors of LPU, which was attended by more than 50 young anchors of LPU in which he shared his knowledge, skills and his past experiences guiding all the aspiring speakers to become a successful host for any event, becoming an ideal guide and mentor for many.





THANKS A LOT!

**RAUNAQ
RAJANI SIR
FOR YOUR
PRESENCE!**

thanks everyone who joined



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Organised by I Student Organization | Griffin | Under the Aegis of Division of Student Welfare, LPU

The Griffin Family comprises multiple teams without which any event would turn into a nightmare. The Anchoring Team which is Face of the Organization, and aims to chisel out young speakers, as well as keep the audience entertained throughout any event; the Media Team which performs regular administration and management of all the activities and creates all the fun posters and Campaigning Schedules; the Event Management Team which takes care of all the nitty-gritties of an event and lays down the foundation of any event without any marks; the HR Team, which takes all the major decisions for the betterment of the Organization by syncing with the core team; the Content Team which provides creative and enriching content across all platforms for the media coverage, for its audience to enjoy; the Technical Team which basically is the backbone of all the events and handles smooth conduction of the event and last but one of the most important teams is the Marketing and R&D Team, which strives to reach out and bring the audience's favourite people and companies in an event.

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IN PRODUCT BASED
COMPANIES**

Monday | August 30
5:00- 6:00 PM

PROMOTIONAL PARTNERS

Mr Rajneesh Kumar
Co-Founder PEP CODING

Organised by student organization Griffin under the aegis of DSW, LPU

guiding the domain heads before deciding the target audience. Understanding the purpose of the event provides a clear picture of measurements of success.

Taking care of the potential prospects ranging from the generation of the idea till the event is conducted is very important. Team Griffin aims to conduct flourishing events without fail with proper coordination between all the domains. Once the idea is generated there are proper plan executions which decide the role of all the departments within the organisation. From preparing the back-end team to carrying out various tasks to motivating the anchors - Team Griffin never fails in creating the best that it can. The basic role of Griffin Think Tank is to provide an overlay about the conduction of all the events. It plays a principal role for all the supreme tasks in the organisation.

One of the best traits of Griffin which instantly ties its audience and makes them 'feel at home' is that after every event the organization leaves its audience in a state of utter satisfaction. For the Griffin family, one gets hold of the ability to function or to lead a team by understanding the core aspects of life whether in communication skills or work ethics. Griffin provides overall development in arenas ranging from team work, leadership development, work ethics, adaptability, critical thinking and decision making to skill development (communication , technical , event management etc). Griffin renders everyone with one of the most enriching experiences of their lives.

An event can become successful only if it has a definite purpose and format. The spark for conducting any event emerges from -The Griffin Think Tank from where it is carried forward with sufficient attention and planning, taking into account all the unforeseeable conditions that can hinder its path.

It all starts with providing a suitable template for the event followed by allocating responsibilities to various domains and

Riddhi Malhotra	Rishika Awasthi
12019704	12008550
Btech (Aerospace)	Btech (Aerospace)



HELLO DOSTON!

Welcome to yet another episode of Dil se wah! However this time with a twist. Here I will lead you all on the beautiful journey of how it all began and how we were able to witness our talented senior faculties performing, presenting themselves in never-before-seen avatars and raising the bar.

The Division of Student Welfare Wing has come up with yet another innovative program; it is a complete package – a show full of information in the form of entertainment. Make the most of your Saturday evenings with the family show 'Dil Se Wah'. It will make you laugh and learn at the same time.

The show is aimed at spreading basic awareness with a coat of comedy on top. One of the most awaited shows in LPU, every Saturday one episode of Dil se Wah is released and the craze of it is immense. It was conceived during the pandemic chapter, with an aim to spread positivity and awareness during the crisis, and what better than a show that sought to impart requisites yet sustain its place under the genre of comedy.

It started in the midst of July 2021 this very year and was quick to gather the attention of many. Till this date 14 to 15 episodes have been released and the show has managed to spark interest in thousand plus viewers. Some videos that grabbed a lot of views were BABA JI, HAKEEM, TRAVEL AGENT, ROBOT NE MACHAI DHOOM. The amount of fun we have watching these videos is the fruit of people working on and behind this show, who have dedicated their days to the concentrated tasks involved in the entire production process, for students & faculties alike.

Our talented faculty members are the ones who put this much effort into writing, directing, editing, acting, planning and coming up with ideas for the topics and events, phew! Sounds like a lot of work, doesn't it? But these all are performed, rather expertly by the Dil Se Wah group.

The Direction and Writing of Scripts and Dialogues of this show is undertaken by Karan Dev Jagota Sir, Editing and Cinematography is executed by Ashish Bhardwaj Sir. And an exclusive Team Dil se Wah together, accomplish the weekly broadcasts. By use of humour, they raise awareness among and inform their audience regarding superstitions, self-improvement, human capital loss, technology, immunity, Indian Cinema, campus placements, career choices, patriotism, Judiciary System of India as well as ensure the partially-quarantining pandemic-struck audience is able to relate and draw diligent takeaways from the show.



Kuldip Vashisht Sir, Vinod Sharma Sir, Himanshu Gautam Sir, Upasna Sharma ma'am, Gurdeep Jassal Sir, Balpreet Singh Sir, Parteek Vadhera Sir have graciously contributed in each episode and Dr. Sorabh Lakhnpal's engrossing opening in all the episodes worked like a cherry on top

The purpose of this show was and remains one of optimistic outlook and insistent encouragement. The show has worked to mitigate the heavy grim environment during the pandemic when every face needed a reason to smile. It gives weightage to and reflects issues that hold significance in our everyday lives, material that is important to talk about.

If you haven't watched this show yet, you are missing out on a delightful experience. Brewed with comedy, and entertainment, it's a concoction that fills your day with perceptiveness and joy.

Aishwarya Srivastava
12110530
BA LLB

The Coke Studio Tradition

When you grow up deeming Farida Khanum's Aaj jane ki zid na karo company through monsoons, an unfathomable whatsapp text on a November noon is viewed as stuff dreams are made of.

Lovely Professional University, scored a hat-trick in less than a decade's time, with three Coke Studio concerts at the campus, recurring at intervals of roughly three years. Thousands would be found flocking to the Baldev Raj Mittal Unipolis with insurmountable hope and exuberance, the sundowner giddiness more tangible than ever. Thousands would walk out, swelled in the hearts, weary in the joints, altogether an aura of personal fulfillment unfurling across the far-flung 600 acres.

Over the years, with reappearances and attendance of eminent artists like Sona Mohapatra, Diljit Dosanjh, Ram Sampath and Amit Trivedi, Coke Studio at LPU is nothing less than a tradition. The LPU campus has acquired a place to

claim being second home to the Coca-Cola backed programme. What's more ? It does not resemble the familiar somewhat routine ambience as most run-of-the-mill sundowners. The campus erupts into festivity with the brand setting up activity areas, picture and merch booths, holding mini-soirees in the days preceding the concert. You will have entered your respective hostels, cacophony still resounding in the ears, barely leaving your side.

For those of us who have had the privilege of first-hand experience, our social media archives are a deluge of moon-eyed cheers and fanaticism. Coke Studio leaves you in a daze, long after the party has waved farewells.



Under winter daylight, a notification ping from whatsapp group /COKE STUDIO CREW/ - for one, was a profoundly groundbreaking event in the life of a college fresher. Thereon, things transpired at light's speed. By the time I could grasp the striking pomp of this pleasant racket, I was clothed in a crimson hoodie, crimson cap on, clutching another yet crimson-coloured flag ; Coke Studio inscribed in black & white on all three. We had gone from attending a meeting with the Crew Head, getting informed of our function, to being distributed exclusive merchandise. In a flash, we were making our way to the special view arena, past masses lauding in wait of the critical moment.

Ethereal is pretty much a space metaphor, encompassing a world of essence except it's a word that makes its scarcity known to the user. The word does not permit liberal consumption, only ever operative in sincerely befitting backdrops. You could try using it generously except in unwarranted contexts, it'd make you uncomfortable, leave a sour taste in your mouth. Ethereal does Coke Studio justice and vice-versa.

An elevated stage washed in red and purple brilliance, yellow fairy lights forming a makeshift roof in one corner, giant sound boxes booming at crescendo - unironically speaking, if you're a carpe diem person, you'd find this experience one of those too good to be true instances meant to be embraced and tucked away safely.

Amit Trivedi walked in with his troop of hand-picked singers, opening the show with a song from Kedarnath in what he called, "the warm-up segment", before wistful melodies of the song Pashmina from Fitoor cast a savoury climate over the crowd.

The team followed it up with popular tracks like Uda Punjab, Darya, Love you Zindagi, Nachdi Phiran, Ikk Kudi, Nayan Tarse and some twenty more - a perspiring hair-dishevelled over-5000 in headcount, urging on and syncing moves to beats. For some of us, it was a novelty. One can only attempt a guess at the cumulative serotonin boost within those handful acres; thronged spaces and questionable oxygen proportions barely stealing opportunity of thought.



From where I stood, sprawling reds made up the view. People had colour-coordinated their outfits in the way of announcing attendance.

The second segment, one meant for the ears, encompassed soothing tracks, effecting relief to our cranial nerves. Personally, Meghna Mishra's opening gave the tingles. Which brings us to the last two segments, majorly surpassing the first two - one where the crowd had to sing to the lyrics on the screen and the last dance segment. Coke Studio won the pie by starting off this third segment with Iktara, an audience favourite and the carefree mellow Love you Zindagi. Indeed, spirits touched the heavens.

Dance segment requires no elaboration. Just the fact that it got everyone leaping, swaying, frolicking to the lively beats of Jugni, Naina da Kya Kasoor, Shubharambh. I'm certain dancers who've been trained in Ghoomar or have performed rajasthani folk formerly, grew nostalgic when Chaudhary came on - I, for one, couldn't help recalling exuberant dress rehearsals from school days.

The last segment, probably, the longest as well, concluded in Amit Trivedi and team closing the show on rabid notes of the song Emotional Atyachar.

No cap, we went back and did laundry that night.

Certain significant days we tend to mull over when college shuts down for an indefinite period of time, are those that changed our lives in quaint gratifying

ways; those that remind contentment isn't all that elusive the pandemic makes us feel - that it's tangible and intoxicating and often leaves you hungover for days on end. The Coke Studio experience at LPU is unquestionably one of them. To those who've attended, I raise a toast. To those who're yet to, you're in for an extravagant treat.



Sudeshna Chakraborty
11914247
BA Journalism and Mass Comm.

Think**BIG**



#LPUStudentsAtOlympics
#LPUMakesIndiaProud

LPU BREAKS THE RECORD!

11 LPU STUDENTS



ARE PARTICIPATING IN TOKYO OLYMPICS 2020



*We feel proud that nearly
10% of the Indian Olympic participants are LPU students*

Manpreet Singh

Captain Indian Hockey Team

Neeraj Chopra

Javelin Throw

Bajrang Punia

Wrestler

Amoj Jacob

4x400m Relay

Nishad Kumar

Para Athlete High Jump

Varun Kumar

Hockey

Mandeep Singh

Hockey

Rupinderpal Singh

Hockey

Harmanpreet Singh

Hockey

Dilpreet Singh

Hockey

Shamsher Singh

Hockey

TOKYO OLYMPICS

2020

National Pride

International Concern

Amid challenges of a pandemic, our athletes shined in Tokyo and gave their best in Indian Olympic history, ranking 48 and clinching a total of 7 medals, including 1 Gold, 2 Silver, 4 Bronze. The previous best was the 51st rank finish at Beijing Olympic 2008. Amidst this celebration nationwide, LPU has more to be proud of. With LPU's constant efforts for the overall development of students, LPU vertos made history this time with 11 LPU students who brought fame to the nation with 1 gold and 8 bronze medals.

Students Manpreet Singh (C), Mandeep Singh, Dilpreet Singh, Rupinderpal Singh, Shamsheer Singh, Harmanpreet Singh and Varun Kumar (Hockey BRONZE), Amoj Jacob (4 × 400 m relay), Nishad Kumar (Para-athlete high jump), Bajrang Punia (Wrestling BRONZE) and Neeraj Chopra (JAVELIN THROW GOLD) impressed us with their exceptional performance and won the Olympics by breaking records and making incredible history that we will cherish forever in our hearts.

GOLD

Among all of these medals, most special was the moment that stunned all Indians

and filled us with pride when LPU verto NEERAJ CHOPRA, a Javelin Throw Runner, climbed his way through to fetch the GOLD MEDAL at the Tokyo Olympics 2020 years after 121 years ! We are still astounded and numbed by his electrifying performance.

And that isn't all. As history was supposed to see LPU students vying for 2 medals on the same day that rendered us speechless. On August 7, 2021, just before the end of the Olympics, apart from Neeraj Chopra's gold, Bajrang Punia won against Daulet Niyazbekov (Kazakhstan) in 65 kg category of Men's Wrestling, fighting with total dominance (8-0) to give us the Bronze medal after the semi-final defeat.

In Hockey, the Indian team with 7 LPU vertos (Manpreet Singh (C), Mandeep Singh, Dilpreet Singh, Rupinderpal Singh, Shamsheer



Singh, Harmanpreet Singh and Varun Kumar) roared in TOKYO Olympics to regain its pride in Olympics Hockey by securing a Bronze Medal after 4 decades.

And recently Harmanpreet Singh won the title of Hockey Player of the Year. No, we're not done yet. The Indian 4×400 m relay race team has broken the Asian record to finish 4th, missing the finals by a position. The team was composed of an LPU student Amoj Jacob who, being the youngest of all, performed his best. Apart from these 9 LPU students, Mirabai Chanu (Silver), PV Sindhu (Bronze), Lovlina Borgohain (Bronze), and Ravi Kumar (Silver) have brought us glory by winning medals in the Olympics and making the nation proud.

These exceptional performances by LPU Students have created a benchmark for holistic growth in India, where most universities only focus on studies.



The Olympics is a sporting event for all mankind, it is the highest spirit of sports. But the Olympics itself has never been far from unfair umpiring and biased judgements. It has been evident throughout the history of Olympic games, many injustices having caught people's attention.

TOKYO 2020 also has posed a serious question mark. During the Indian Men's Hockey Semifinal against Belgium, The Indian defence was put under relentless pressure because of 14 penalties given by the referee, which no one could believe. It was clearly biased but the IOC acting supreme never explained the blunder. This has made the world pose serious questions about the fairness of the Olympics.



Similar injustice with Xiao Ruoteng (Horizontal Bar Competition) who played perfectly but was subjected to inexplicable points deduction. This caused him to miss the gold medal. Also with M.C. Marykom (Boxing), for the 2012 Olympics medal winner, it was unbelievable that despite winning 2 rounds out of 3, she was not considered the winner. Such blunders pose a shame on the IOC, but no one can protest as it seems that IOC believes itself to be above all sporting spirit.

Apart from these personal injustices, senior IOC officials and the core of IOC have also been found corrupt. In 2017, the 2009 Chairman of the Brazilian Olympic Committee was arrested for lobbying votes for decision-making meetings in 2009. Also the then-president of the International Association of Athletics Federations (IAAF), Senegal's Lamine Diack, also served as an intermediary in the alleged deal.

The then-president of the International Association of Athletics Federations (IAAF), Senegal's Lamine Diack had served as an intermediary in the alleged deal.

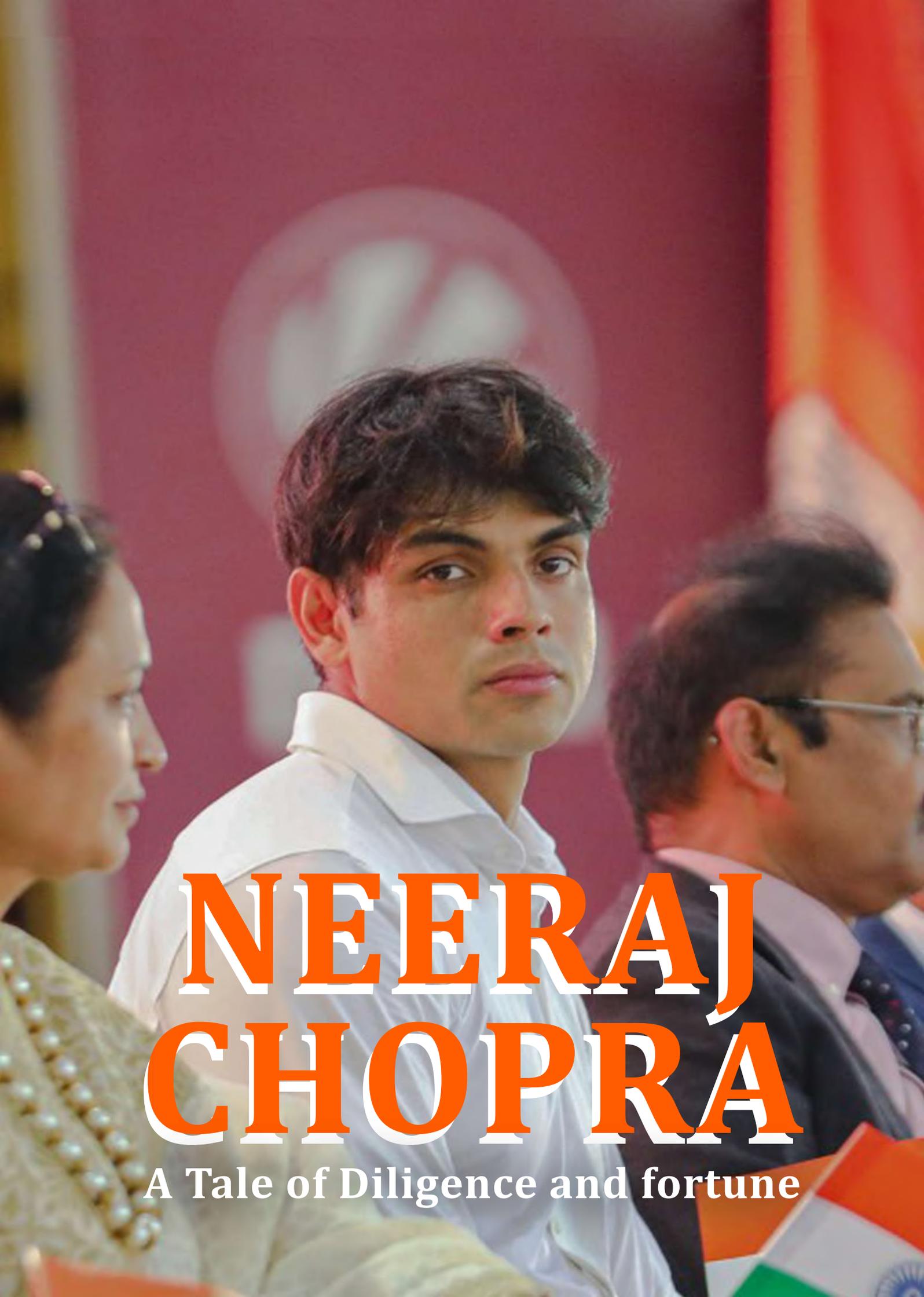
It should be noted that Japan is no stranger to Olympics-related corruption allegations. When Nagano was bidding for the 1998 Winter Games, its team flooded voting IOC members with gifts, spending \$22,000 per member in the quest for 62 IOC votes. Even though the IOC had placed a \$200 limit on gift-giving to IOC members in 1991, Nagano bidders brazenly pressed ahead. We might have been informed on even more details, except the Nagano bid committee incinerated all its records after the Olympics, likely destroying evidence of additional trickery.

Such issues pose a serious threat to the spirit of the Olympics and athletes who make it to the games. Why does the IOC never care to explain itself, its decisions or take appropriate actions? To maintain the importance and spirit of the Olympics alive, the IOC and all international sporting bodies need stringent anti-corruption reforms.

All we can do is press for reinforcement of reform measures and hope administrative bodies are able to sustain the acclaim Olympics is often associated with.



Kishor Goswami
12018346
B. Tech CSE



NEERAJ CHOPRA

A Tale of Diligence and fortune



Born and brought up in Khandra village of Panipat district, Haryana; India's shining star whom we all know as Javelin thrower; Neeraj Chopra who made history on August 7, 2021, by winning India's first-ever gold medal in athletics at the Tokyo Olympics, was born on December 24, 1997, to a farmer, Mr. Satish Kumar and homemaker Mrs. Saroj Devi.

Concerned with Neeraj's obesity, his father enrolled him in a gymnasium at Madlauda and then at Panipat. Fortuned with luck and abilities, Neeraj tried javelin throw at the Shivaji Stadium of Panipat, which initiated a remarkable journey of his life, of which we all know crystal clear.

Later on, observing Chopra's ability to achieve a 40-metre throw without training and impressed by his drive, a Javelin thrower, Jaiveer Choudhary became his first coach. After training for a year, the 13-year-old was admitted to the Tau Devi Lal Sports Complex in Panchkula where his coach Naseem Ahmad made him train in the long-distance running along with the javelin throw.

While initially at Tau Devi, Chopra typically achieved throws of around 55 metres but soon increased his range, and in the National Junior Athletics Championships in Lucknow on 27 October 2012, won gold with a new national record throw of 68.40 metres.

HERE'S THE CHRONICLE OF THE LEGEND

By the end of 2012, Neeraj Chopra became the U-16 national champion.

In 2014, he won the first-ever international medal (silver) in the Youth Olympics Qualification in Bangkok.

In 2015, he received his first medal in a national senior championship during the Inter-State event in Chennai with a throw of 77.33 metres. Later on, he won gold in the National Open Championships in Kolkata.

The year 2016 was a breakthrough for Neeraj Chopra when he bagged a gold medal at the South Asian Games in Guwahati with a throw of 82.23m.

He further improved his skills under the guidance of Uwe Hohn, Gary Calvert, and Werner Daniels.

Impressed with his performance at several national and international tournaments, the Indian Army in 2017, offered a direct appointment as a Junior Commissioned Officer in the Rajputana Rifles with the rank of 'Naib Subedar'.

After joining the Army, Chopra got selected for training at the 'Mission Olympics Wing' (an initiative by the Indian Army) as well as at the Army Sports Institute in Pune.

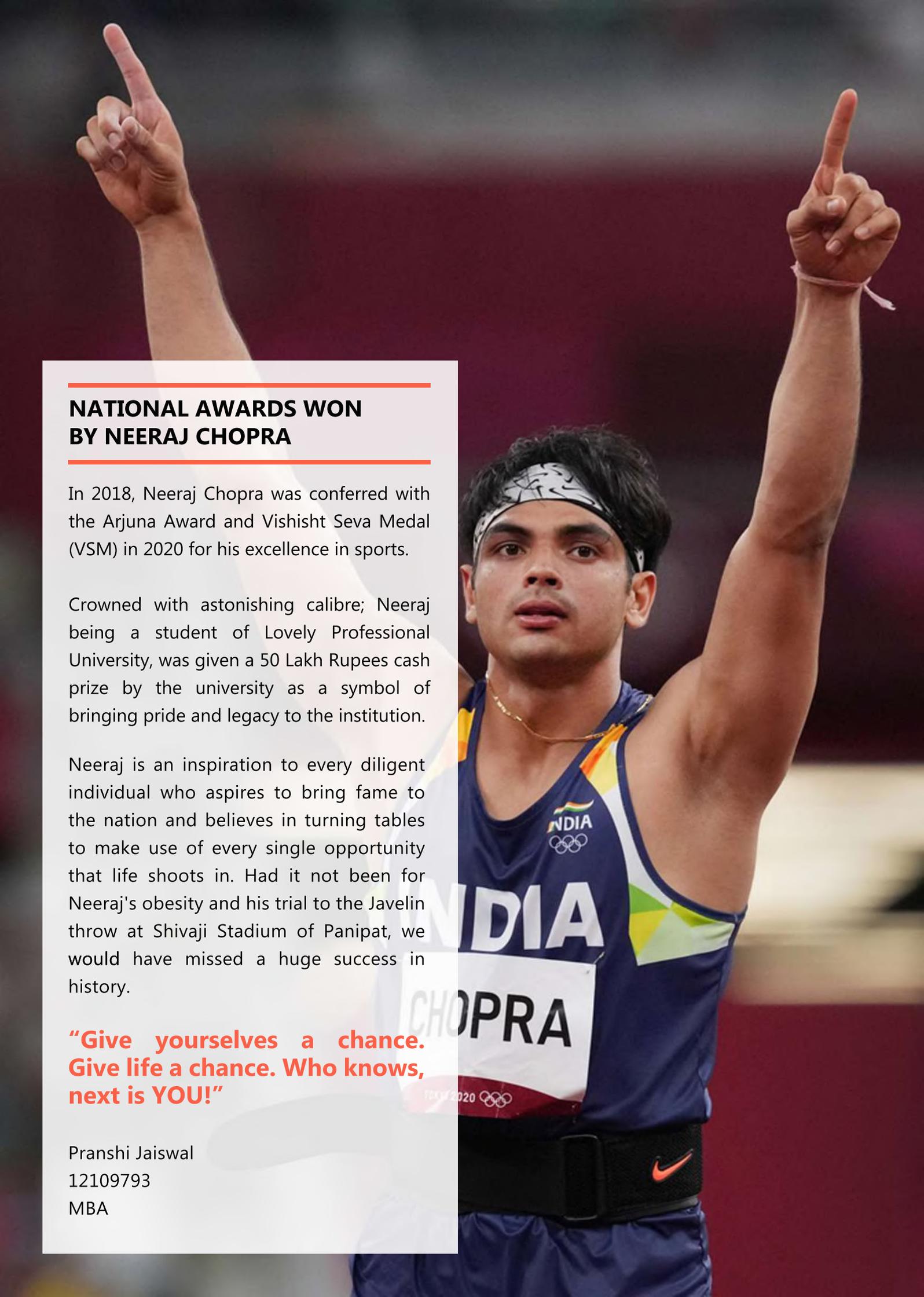
In 2018, he won the gold medal in the Commonwealth Games with a season-best effort of 86.47 metres and threw his personal best of 87.43m at the Diamond League in Doha in the same year.

On August 27, Neeraj clinched gold at the Asian Games with a throw of 88.06 metres. The athlete was out of action for eight months in 2019 due to an elbow injury.

Tokyo Olympics 2021: Neeraj eclipsed the history of sports in India

On August 7, 2021, Neeraj Chopra emerged as India's first track-and-field Olympic gold-medallist. He gave his best throw of 87.58m in his second attempt to bring home the gold medal at Tokyo Olympic Games. He is now the second Indian after Abhinav Bindra to win a gold medal in individual events. He threw the spear to 81.76m in the beginning and improved after every throw. He could manage a throw of 82m in his second attempt and 82.57 in the third.



A photograph of Neeraj Chopra, an Indian javelin thrower, celebrating a victory. He is wearing a blue athletic singlet with "INDIA" and the Olympic rings logo, and a white bib with "CHOPRA" and "TOKYO 2020" printed on it. He has his right arm raised, pointing upwards with his index finger. He is also wearing a white headband and a gold chain. The background is a blurred stadium setting.

NATIONAL AWARDS WON BY NEERAJ CHOPRA

In 2018, Neeraj Chopra was conferred with the Arjuna Award and Vishisht Seva Medal (VSM) in 2020 for his excellence in sports.

Crowned with astonishing calibre; Neeraj being a student of Lovely Professional University, was given a 50 Lakh Rupees cash prize by the university as a symbol of bringing pride and legacy to the institution.

Neeraj is an inspiration to every diligent individual who aspires to bring fame to the nation and believes in turning tables to make use of every single opportunity that life shoots in. Had it not been for Neeraj's obesity and his trial to the Javelin throw at Shivaji Stadium of Panipat, we would have missed a huge success in history.

**“Give yourselves a chance.
Give life a chance. Who knows,
next is YOU!”**

Pranshi Jaiswal
12109793
MBA





PROUD AKHADA

“May the odds be ever in your favour.”

The journey of wrestling started back in 1920 at the Antwerp games. It is one among the independent categories in the Olympics. Khashaba Dadasaheb Jadhav marked the wrestling era by gaining the bronze medal in 1952 at the Helsinki games. Our nation did not grab any medals in the subsequent decade. Sushil Kumar secured a bronze medal at the 2008 Beijing Olympics. Four years later he secured a silver medal and became the first ever Indian Athlete to have won the Olympic medal more than once especially for an individual sport like wrestling.

Followed by the victorious grabbing of medals, wrestling arose to be one of the best individual sports of India. Now it stands at the peak with unwavering efforts. Bajrang Punia being the well-known freestyle and ace wrestler, he has never returned empty handed. He vanquished his opponent and won the bronze medal in the 65 kg freestyle wrestling category at the Tokyo Olympics 2020 in the year 2021.

Born the youngest among three children of Om Pyari Punia and Balvan Singh Punia at Khudan village in Haryana, India on 26 February, 1994, Bajrang Punia began wrestling at seven. He was edified for better at the regional centre of the Sports Authority of India in Sonapat, India. “To keep working hard in order to keep the flag of India high” was the notion he followed.

Injuries can happen anytime, whether in practice or during a bout. But the belief that 'we cannot stop wrestling right?' kept him going. Kill them with success and bury them with a smile.

Did he think he would stand a chance to represent India in such a phenomenal event? Has he ever thought of being India's flag bearer at the Tokyo Olympics 2020? The answer would definitely be a "No". Success will never come to you, you have to go after it.

Belonging from a barely privileged financial position, made him choose a free sport like wrestling and follow his father Punia's footsteps. He had all the support from his father and family. Bajrang was born on a Tuesday, a day considered auspicious to worship Lord Hanuman giving the reason behind his name. Bajrang Punia was captivated by Akhara in Jhajjar, where he received initial training lessons skipping school to wrestle around. He even loved playing basketball and football.

Bajrang Punia marked his quest with three bronze medals in the 60 kg freestyle category in 2013 Asian Wrestling Championships in New Delhi, 2013 World Wrestling Championships in Budapest, Hungary, and Dave Schultz Memorial Tournament, 2013. Continued with success in every step he took. Secured three silver medals in the 61 kg freestyle category in 2014 Commonwealth games in Glasgow, Scotland, 2014 Asian games in Incheon, South Korea, and 2014 Asian Wrestling Championships in Astana, Kazakhstan.

Bajrang and his family moved to Sonapat to attend the training at the regional centre of Sports Authority of India in Sonapat, India in 2015. He secured a bronze medal in the Dave



Schultz Memorial Tournament in 2015. He was a born wrestler with his father and brother who were wrestlers once. Bajrang earned money by wrestling before he became a professional wrestler. He won a gold medal in the 65 kg freestyle category in 2017 Asian Wrestling Championships, held at Delhi. 2018 welcomed him with two gold medals in the 65 kg freestyle category in 2018 Commonwealth games in Gold Coast, Australia and 2018 Asian games. A silver medal in the 2018 World Wrestling Championships, for good measure.

Subsequently, a bronze medal in the same category in 2019 World Wrestling Championships and a gold medal in Dan Kolov – Nikola Petrov Tournament held in Ruse, Bulgaria. He dedicated that gold medal to the Indian Air Force Wing Commander, Abhinandan Varthaman. He then qualified for the Tokyo Olympics 2020 to represent India in the wrestling event under the 65 kg freestyle category. Jordan Oliver was defeated by Bajrang in the finals of 2020 Rome Ranking Series.

Later, Punia won a gold medal defeating his opponent in the 65 kg freestyle category at the Matteo Pellicone Ranking Series 2021. Finally a bronze medal trouncing his opponent Ernazar Akmataliev in the pre quarter final match, Marteza Ghiasi Cheka in the quarter final match and Kazakhstan's Daulet Niyazbekov in the final match with a margin of 8 – 0. Bajrang Punia was claimed World No. 1 after the 2018 World Wrestling Championships. He was bestowed with the Arjuna Award in 2015 for his outstanding performance in wrestling

Olympics medallist Yogeshwar Dutt is the mentor Punia looks up to. Yogeshwar Dutt was also jubilant about the wrestler's growth, acknowledging his hard work and stamina. He always wished to become like his coach Yogeshwar Dutt.

Except he did not pause there. He was awarded with the Padma Shri in 2019 in recognition of his distinguished contribution in various spheres of wrestling and Rajiv Gandhi Khel Ratna Award in 2019, which is the country's highest sporting honors for his consistent showing in the field of wrestling and his contribution in bringing laurels to the country.

Bajrang Punia bagged the top honors at FICCI India Sports Award 2020, held virtually to acknowledge his contribution and excellent results throughout the year. He was honored as the first ever Athlete to win India its first gold in Asian Games. With all these glorious accolades, undoubtedly, Haryana has become the ultimate Mecca of Indian Wrestling. Recently, the majority of Indian wrestlers came from Haryana, with





almost all participants winning their medals for India - Bajrang Punia, the Bahubali of Indian Wrestling leading the pack. Over the years Jhajjar and Rohtak have emerged as the powerhouses of wrestling.

On 25 November 2020, Bajrang Punia got married to his fellow grappler Sangeeta Phogat in a quiet ceremony in Balali village, Haryana. Sangeeta being the sister of Dangal fame wrestlers Babita and Geeta Phogat. They addressed that they were both happy and excited for the journey ahead.

Bajrang stands, courtesy of his guardian-like coach Emzarios Shako Bentinidis, who trained him for the 2020 Tokyo Olympics. The coach addressed Bajrang as Baju reflecting their father and son bond. The experienced three time Olympian Shako Bentinidis ensured that Bajrang doesn't miss out on his training regime. As predicted by Shako Bentinidis, Bajrang returned with a bronze medal from the 2020 Tokyo Olympics. He was sweating at Vladikavkaz in Russia under the watchful eyes of his Georgian coach, Shako Bentinidis.

Bajrang Punia was never born a champion. The strong will to move forth through all the hardships made him a champion.

Success isn't just about what you accomplish in your life, it's about what you inspire others to do. Yes, Bajrang Punia has been a formidable example of a whole hearted devotee who consigned his life towards wrestling. It is the reason why he emerged not once but twice as the only Indian Wrestler to claim two World Championships medals. We Indians have already stood proud in the achievements of this incredible wrestler. The cherry on top being that our LPU family has the honor to assert that Bajrang Punia is a Verto.

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THE INDIAN

ROAD TO

HOCKEY TEAM

VICTORY



Until a couple of years back, hockey was unofficially considered the national game of India. Even today hockey is acknowledged to be a great part of Indian sports. Our Indian hockey teams, male or female, have always brought glory and made us feel proud while playing on international platforms.

That being said, the Indian hockey team's latest and greatest achievement was in the Tokyo Olympics 2020. It is a subject of great pleasure to claim that our men's national hockey team won a bronze medal in the Olympics. A team stands strong if its members are loyal to each other. Each and every player in the team holds different and essential positions. Except every team needs a leader. A calm, collected, consistent and dedicated captain, at that.

Born on 26th June 1992 in Punjab, playing in the midfielder position, Manpreet Singh is the current captain of the Indian hockey team. He was born in a farming family. He loved sports and worked hard to achieve his position in the national team. Inspired by the former Indian hockey captain Padma Shri Pargat Singh, who hails from Manpreet's Mithapur village, he started playing hockey at the age of 10. With a naturally cynical family, Singh began looking for cracks and crevices to fulfill his dream. He proved his potential by winning medals and cash prizes in local leagues. Fast forward to the national team, under his captaincy the Indian Hockey Team has won many breathtaking games.

Manpreet Singh became the captain of Indian junior men's hockey team in 2013, during the world cup. Our national team won the final gold medal under his captainship in the 2013 Sultan of Johar cup after defeating Malaysia 3-0 in the finals where Manpreet scored a goal. In the 2014 Asian games at Incheon in South Korea, he was part of India's men's hockey team that won the gold medal after defeating arch rival Pakistan by 4-2.

With a height of 1.71m and weight of 69kgs, he is fire on the field. According to him - consistency, sustainability, and hard work is all that you need to achieve success in any field. And we quite agree. He has revealed that he practices yoga before every match to calm his nerves. A team is led by a captain. Borne by its members. The Indian hockey team consisted players Harmanpreet Singh, Varun kumar, Hardik Singh, Dilpreet Singh, Mandeep Singh, Shamsher Singh, Simranjeet Singh, and also the reserve goalkeeper Krishna Pathak. Every player in the team has their own history of trials. No one achieved their success sitting home. History of Indian hockey, as we know, has been anything but ordinary. Yet at the end of one glorious phase, it faced backlash and drastically lost support. This interim was the hardest for the team. During this crisis, the Odisha government came to fore and aided the team in an unprecedented manner. Hockey had lost its appeal for around 41 years, lacking funds and attention.





The official sponsor of hockey, SAHARA, left the team in a vulnerable condition. Revival would've been impossible without the help of the Odisha government. The then chief minister of Odisha started sponsoring hockey leagues all over the country. It helped in all-round development of both the game and its players. Taking requisite time, securing belief in themselves, the team came back with renewed vigour and performed extremely well in international matches. It was selected for the Olympics, marking its presence in the department of games and sports, thus.

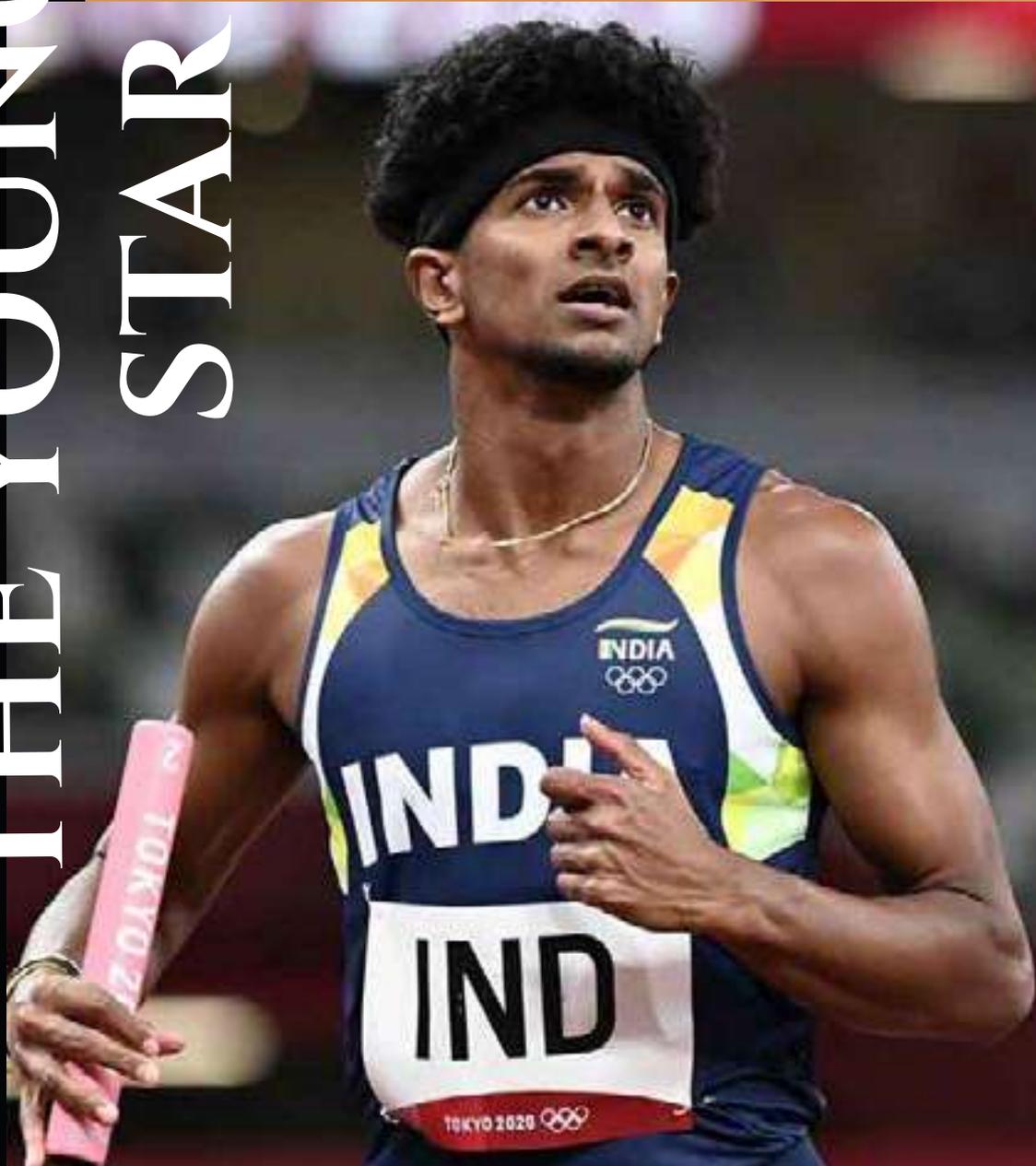
At the Tokyo Olympics, Manpreet Singh led the Indian men's team to a bronze medal. After losing 1-7 to Australia in the second match group stage, India, under his leadership, staged a remarkable comeback to defeat Spain, Argentina (who were the defending champion) and Japan in succession. They beat Great Britain 3-1 in the quarter-final but fell to the World no. 1 and eventual gold medalists Belgium 2-5 in the semifinals. In the bronze medal match, India defeated Germany 5-4 to win the bronze medal.

It was the Indian hockey team's first podium finish at the Olympic games since 1980.

India is a developing country and sports play an important role in the ongoing development endeavours. We have backed cricket numerous times, pretty much always. High time, we furnished different sports, different athletes with deserved attention and appreciation. Supporting hockey is just an initiative. With persistent invigoration from the country, any team from any sport can bring trophies home.

Harshit Tanwar
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Integrated BBA MBA

THE YOUNG STAR



Sirat Sandhu
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“They say that victory is always possible for a person who refuses to stop fighting.”

When it comes to Indian sportspeople, this quote by Napoleon Hill seems extremely true. Amoj Jacob is one such inspiration for millions, whose success at such a young age is admirable and inspiring.

Born on May 2nd, 1998 this 23yr old athlete has already made his mark in the field of athletics. Amoj Jacob is an Indian sprinter who specializes in 400m and 800m sprints.

Jacob has formerly received two medals from the Asian Junior Championships winning a gold medal in the men's 800m race and a silver in the men's 4x400m relay race at the 2016 Asian Junior Championships. Well not much is known about the athlete when it comes to personal life except his parents are from Kerala and he further pursued his higher studies from Shree Guru Tegh Bahadur Khalsa College, Delhi.

Three national records fell on Day-3 of the Coromandel- 33rd National Junior Athletics Championships 2017 at the Acharya Nagarjuna University athletics ground in Vijayawada (AP) on Saturday, 18 November 2017. Amoj Jacob created history today when he broke an 11 years old National record in the junior boys' U20 400m event. With his timing of 46.59s, Amoj perfected a decade-old record of 46.99s of Virender Pank that was created in 2006.

The junior champion had also completed the IAAF Worlds Championship in August 2017 with his seniors, becoming part of a 400x400m Indian Relay Team, earlier the same year he made his first record in U20 400m event at the 33rd National Junior Athletics Championship. After the U20 400m event he also stated that his next biggest aim is to be able to complete the event under 45 seconds.

Jacob was also part of the Indian team of Kunhu Muhammed, Arokia Rajiv and Mohammad Anas that clocked 3:02.92 in the men's 4x400m relay at the 2017 Asian Athletic Championships to win the gold medal. It was India's first title win in the men's 4x400m relay since Seoul 1975.

This year was also one full of achievements for the young athlete. He started off by winning a gold in the men's 400m in the Indian Grand Prix II at the Netaji Subhas National Institute of Sports on Thursday, 25th February, 2021. He also perfected his own record of 46.59 seconds to 46.26 seconds while showing a smart and effective recovery from an injury he had endured the previous week making him unfit to participate in an earlier event.

But that's not all about this young and rising athlete !

The Indian quartet including Amoj Jacobs, Anas Muhammad, Nirmal Noah and Arokia Rajiv finished fourth behind Poland, Jamaica and Belgium in the Heat 2 of the qualifier at 400x400m relay in Tokyo 2020, Asian Games. But their performance was enough to help them break the previous world record of Qatar of 3:00:56 during 2018 Asian Games in Jakarta, by their own fantastic record of 3:00:25. The credit for which is largely attributed to Jacob. Amoj Jacob is truly an example of how it doesn't matter what age you are, no matter how young you are, you still can achieve great things if you set your mind to it. The constant growth one can see in his sports trajectory and his achievements are admirable, inspiring and something not just him but the whole country is proud of .



**LPU OLYMPIC MEDALISTS
HONORING CEREMONY**

PAY FOR : | NISHAD KUMAR
RUPEES : Twenty Five Lakh Rupees

₹ | 25,00,000/-

THE MAN *who* DEFEATED TRAGEDY

NISHAD KUMAR

“Life has thrown challenges, but I have taken them well”, says Nishad Kumar, the paralympic champion who jumped higher than his challenges and won India a prestigious Silver Medal in high jump at Tokyo 2020 Paralympics with a jump of 2.06 meter height, which also is the new Asian record in Men's high jump T47 event.

Born on 3 October 1999 in Badaun village of Una district in Himachal Pradesh, LPU student Nishad Kumar's parents Raspal Singh and Pushpa Devi say that he was a challenger from a very young age. During his primary schooling days in native district Una, he faced a disastrous challenge when one day accidentally he had put his hand in a fodder-cutting machine, and lost his right hand to the tragic accident at the tender age of eight. Like any normal child, this was a huge setback and disappointment for little Nishad Kumar. But he was never meant to be bound by challenges, he accepted it, and soon after the accident, kept participating in various sports without ever giving into obstacles.

“When Nishad recovered, he was disappointed for some time but watching sports events on television aroused his interest in sports and he asked coach Ramesh at his school about starting athletics. He never saw himself as lesser than anybody and would often tell his mother that he would do better than normal athletes. He competed in normal categories early on in his career,” recalls Rashpal, Nishad Kumar’s father.

He began his journey by participating in sprint events like 200m and 400m apart from doing high jump under coach Ramesh at the Saraswati Vidya Mandir, Katohar Khurd.

Earlier in his career, para-sports was not available as an option in his locality, but owing to his passion for sports, he kept competing in general categories and every time he emerged a stunner. Being a para-athlete he surprised everyone by winning a high jump silver medal in the sub-junior category (General) at the 2013 National School Games in Patiala.

It was in 2017 when he started participating in para-athletics. The athlete came to Panchkula to train under Naseem Ahmad, coach of Olympic javelin throw champion Neeraj Chopra, and Vikram Chaudhary. Giving his 100% effort in training, Kumar won the silver medal in high jump with an effort of 1.83m at the National Para Athletics Championship at Panchkula the same year.

But there were trials coming his way that this LPU Verto had to overcome. His family has contributed grandly. Nishad's growing prowess and ambition meant his family had to fund his training. "When Nishad told me that he had to train at Panchkula, I told him not to worry about expenses. Sometimes, I would travel to nearby villages or to Punjab for work. Sometimes, I would get daily work at Rs 350-400 for 10-15 days per month and sometimes for 20-25 days per month. Whatever we could save, we saved for his training expenses and would also ask relatives for help apart from taking loan from the village cooperative society," says Rashpal Singh Nishad's father.

In 2019, Nishad emerged as the champion at the World Para Grand Prix Championship in Dubai with a jump of 1.92m before getting a bronze medal at the World Para Championships at Dubai the same year with a jump of 1.99m. With these thrilling performances, he secured his ticket to Tokyo Olympics 2020. Before the Olympics, he decided to train in Bengaluru under Satyanarayan, coach of Rio Paralympics gold medallist Mariyapan, and Ahmad, his

previous coach, believed the athlete would only improve further. Indeed, Kumar has lived upto true expectations. Till date, this LPU Verto has won several grand competitions on the world stage which have earned him name, fame and goodwill among top athletes of the world. His main achievements are:

1. Bronze medal at the 2019 World Para Athletics Championships.

2. Gold medal at the Fazza World Para Athletics Grand Prix

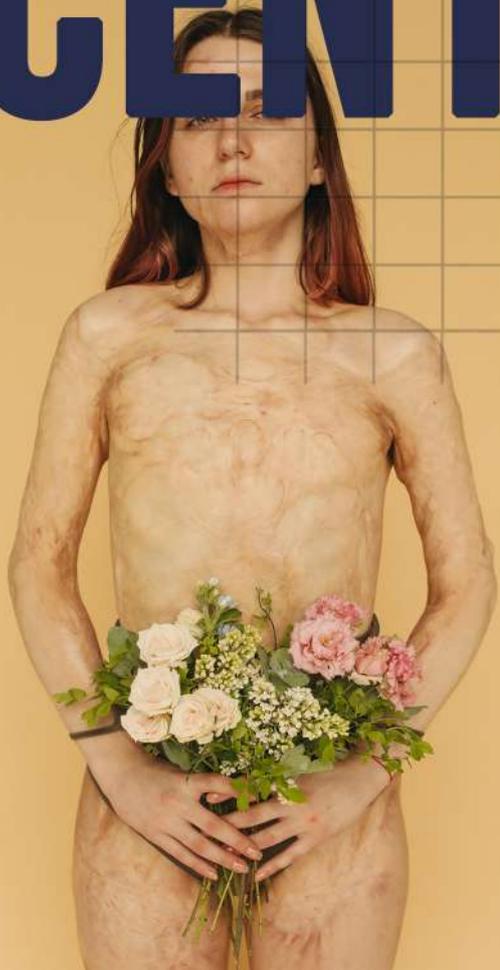
3. Silver medal at the Tokyo Paralympics.

Nishad Kumar is the perfect example of "Where there is a will, there is a way". With all the challenges life tossed his way, he charged at them with the vigour of a determined bull. And this is just the inception of his glory, the future has much in store for him. The LPU family wishes him all the best for a vibrant future full of triumphs.

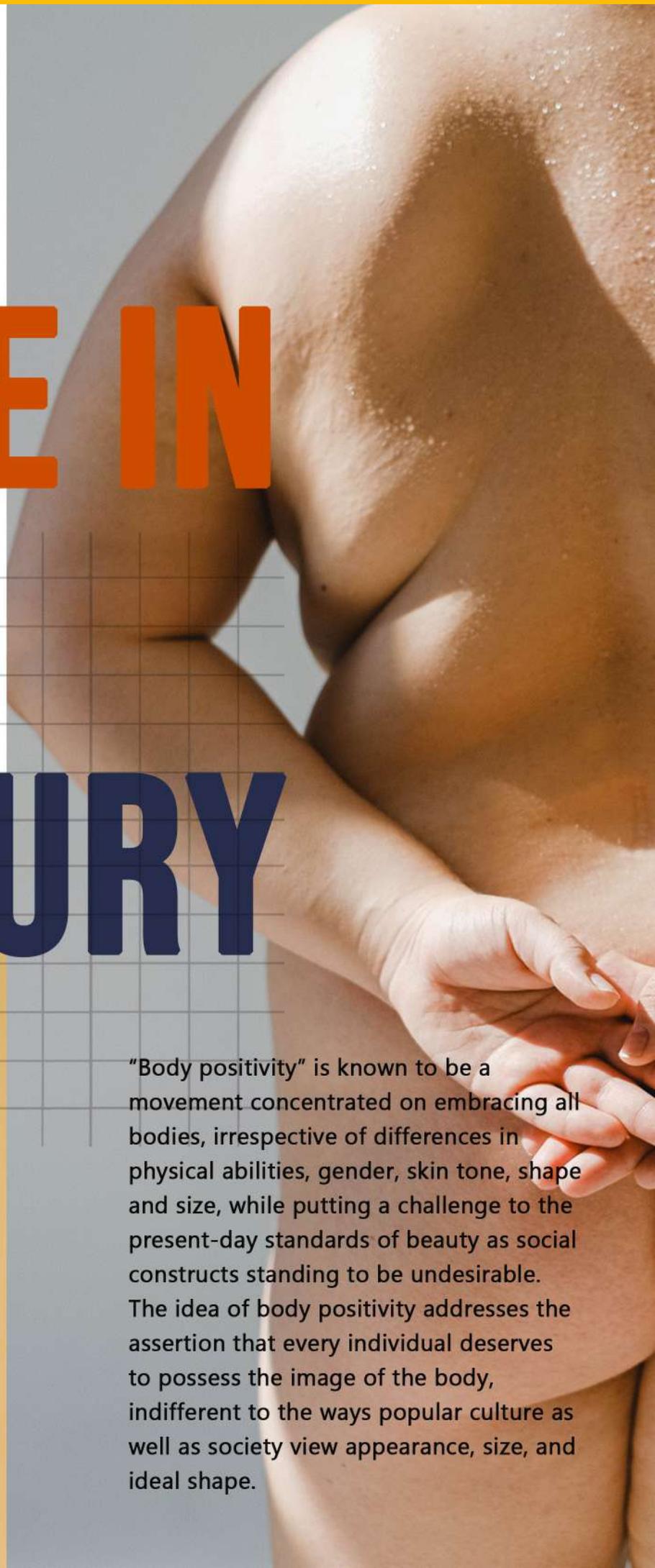
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BODY IMAGE IN 21ST CENTURY



"Body positivity" is known to be a movement concentrated on embracing all bodies, irrespective of differences in physical abilities, gender, skin tone, shape and size, while putting a challenge to the present-day standards of beauty as social constructs standing to be undesirable. The idea of body positivity addresses the assertion that every individual deserves to possess the image of the body, indifferent to the ways popular culture as well as society view appearance, size, and ideal shape.



Certain objectives of the movement :

- 01 Complicated by the manner society views body image
- 02 Advertising the acceptance of each body
- 03 Assisting the agreement towards each body
- 04 Assisting individuals to construct acceptance as well as
- 05 confidence in their individual bodies
- 06 Rejecting inane unrealistic body/beauty standards



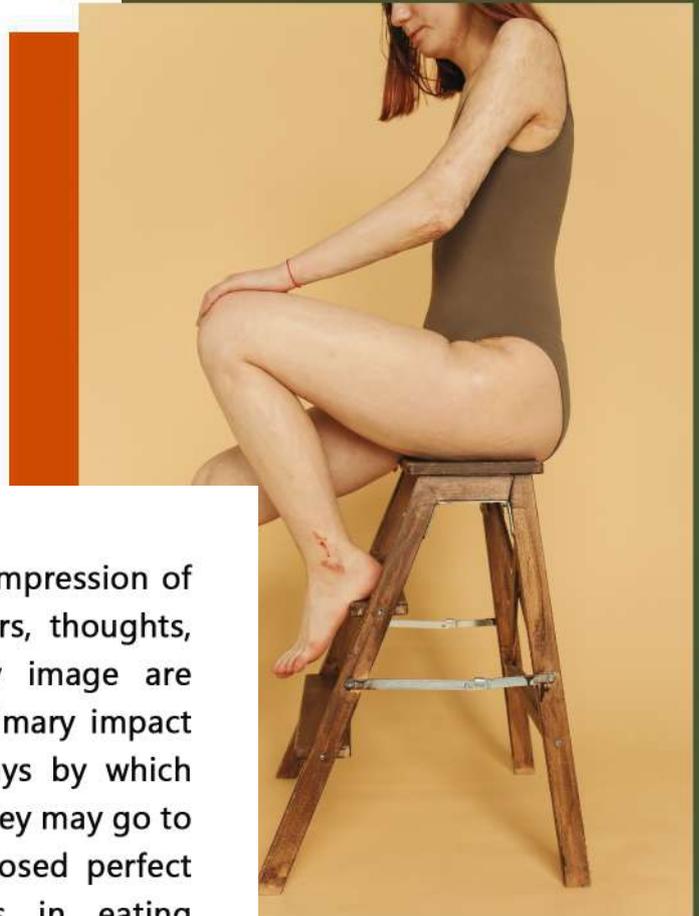
It involves identifying conditioning and hows-whys of what they tend to feel about self-care, identity, health, clothing, exercise and food. By realizing the impact, motivation stands to be that individuals are capable of developing more realistic and healthier relationships with their bodies.

Among the main goals for the body positivity refers to certain manners, habits, perceptions that influence body image and is related to well-being as well as mental health.



Body Positivity not just in regard with the complications, the views of civil society towards people on the basis of their physical shape and size - It additionally identifies the mentioned judgements which are frequently made on the basis of size, shape, disability, sexuality, gender and race. Body positivity additionally focuses on assisting individuals to realize the ways messages of popular media influence how individuals view their bodies.

Possessing an image of a healthy body performs a part in the manners by which individuals perceive their appearance as well as ways by which they judge their own value. Research recommendations possessing a negative image of the body are linked with a developed threat for certain mental situations involving eating disorders and depression.



Body image is an individual's impression of their personal body. Behaviours, thoughts, and feelings linked to body image are capable of constituting the primary impact on mental health and the ways by which individuals treat themselves. They may go to extremes to achieve the supposed perfect body which in turn results in eating disorders.

Body image formation initiates early in life. Unfortunately, even children who are young might suffer from body dissatisfaction. While the message of body positivity has the intention to assist individuals to feel better regarding themselves, it is not only without its complications as well as critics.

Unfortunately, the famous message is that individuals are bombarded with concepts that fitter, thinner individuals are more beautiful, healthier and happier. The mentioned idealization of thinness is capable of inducing individuals to seek out ways and perform actions that are unhealthy- like maintaining extreme diets and excessive exercise- to cater to the idea of "feeling positive".

Body positivity is basically structured in order to foster the love and appearance of one's

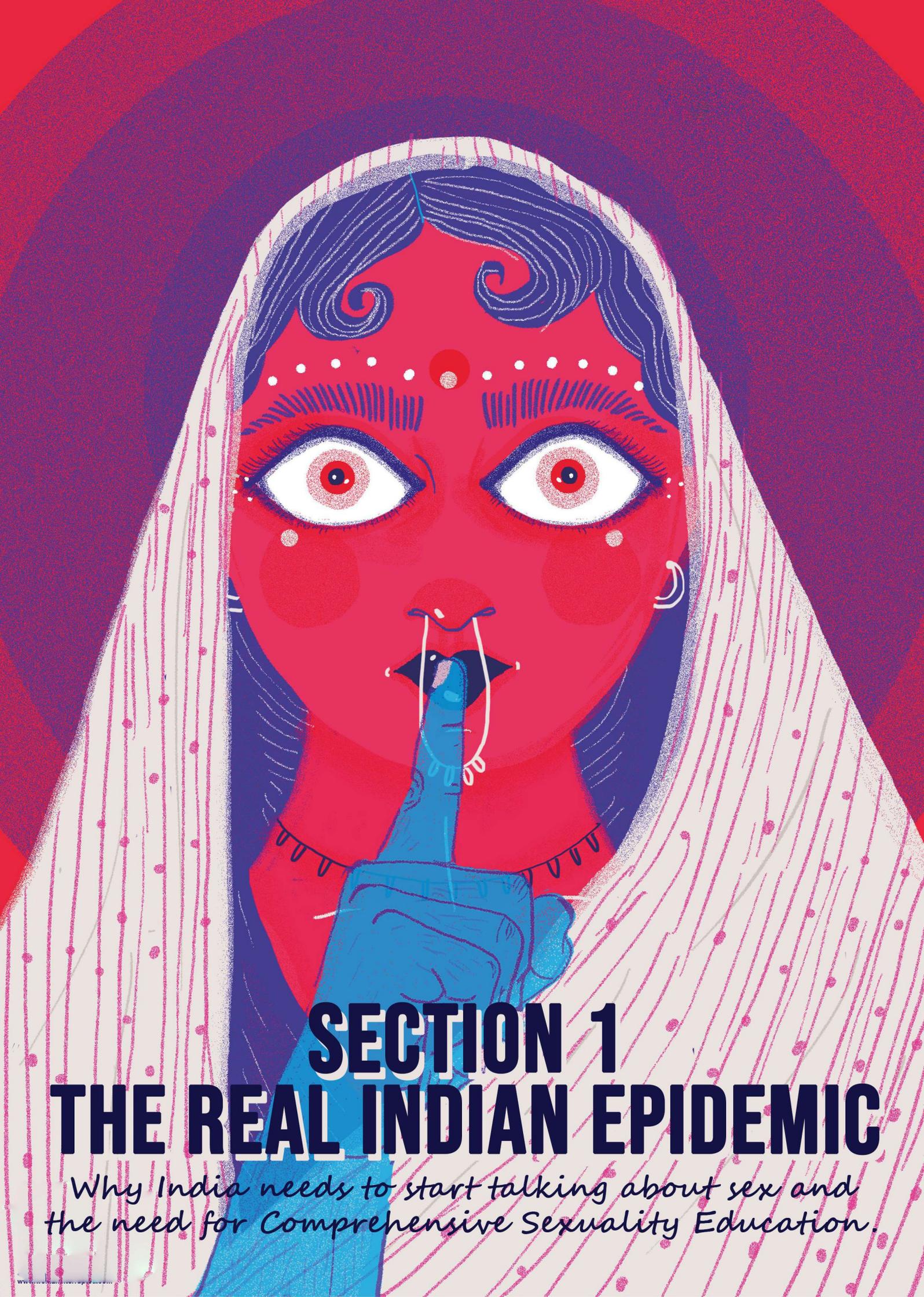
individual body, yet at times, it accounts as a recipe for submission to impossible standards and pressure.

The message of body positivity is that individuals require altering how they feel about their body, yet it is capable of additionally being just a single more demand. To be simple and precise individuals require accepting themselves as well as being resilient on influential platforms advertising the idea of thinness or fairness, in the face of conditioning, and tread with kindness towards oneself.

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SECTION 1

THE REAL INDIAN EPIDEMIC

Why India needs to start talking about sex and the need for Comprehensive Sexuality Education.

Writer's Note: Transgender, non-binary and people from other minorities are the most affected sections of our society from sexual violence and a highly toxic environment for a healthy and dignified existence. The reality for them is much worse than cis-gendered women; it is a much denser conversation. This article is biased and focused on a woman/cis-perspective. At the moment, I lack the appropriate knowledge to equip this article from a more secular perspective. We hope to be able to cover this with more sensitivity and rigour in future editions with experts. For now, we request you to read this article with a pinch of salt while acknowledging this fact.

SEX. The most frowned upon word in our country. It actually has two distinct meanings; one, a verb and the other, a noun. One of the meanings is associated with is that it is "a private act forced upon us by nature (natural act) for the survival of the species" and the other one defines the way that one leads their life in society, starting from the way we dress, talk and act. To me, it is debatable as to which one is more controversial, talking about equality of sexes in this country can be just as, if not more, audacious. But if one were to even vaguely examine the news with hard statistics on sexual violence every day, it is very simple to deduce that these two words aren't unrelated at all. We have all read statistics about its rampant prevalence, but an important question to ponder upon is, what do they mean? What implications do they have for us, as individuals, as family members and friends? We seem to think that they will go away if we don't talk about it. Whether we like it or not, sex is intricately tied to many psychological, emotional, physical, societal and cultural aspects of our society. The act and its biological explanation are but a miniscule part in a conversation about sex in a society. This article is my bid to everyone, for the urgent need for comprehensive sex education and discussions about sex without associating them with shame.



Is it possible to talk about sex and sexuality without violence, shame, morality or criminalisation?

I know statistics are talked about everywhere, but bear with me for a minute. Rape is the fourth most common crime against women in India. According to the 2019 annual report of the National Crime Records Bureau (NCRB), 32033 rape cases were registered across the country, or an average of 88 cases daily. Of these, 30,165 rapes were committed by perpetrators known to the victim (94.2% of cases). On the other hand, rapes by juveniles remained high in India with 3 minors being arrested for rape, assault and attempted violence on women and girls each day in 2019. Let's also acknowledge the fact that 99.1% of sexual violence cases go unreported.

What these statistics say is that every single one of us has met and interacted with a perpetrator and a victim of sexual violence. Nearly all women around you might have faced situations of sexual harassment ranging from teasing, groping, stalking and other forms of mental abuse to extremely damaging situations of rape. None of whom have distinctive common traits for you to identify, neither the victim, the perpetrator or the witness. They are people we know, our friends and family, regular people in society. In fact, it's the norm.

To be very fair, we don't really know what exactly falls under the category of sexual violence. Sexual violence refers to any sexual act or attempts to obtain a sexual act. It doesn't stop there though, it includes unwanted sexual comments, sometimes just unwarrantedly calling a person "hot" or "sexy". Coercing anyone into a sexual act "convincing" someone to perform intimate acts with you when they seem unsure or have said no once, regardless of their relationship to the victim, in any setting, including at home and at work. A lot of times we fail to recognise the danger in what seems like harmless behaviour. We have never really fully comprehended what it means to be surrounded by victims and perpetrators. We have probably triggered a person to relive an undesirable experience with a "harmless" comment. As teenagers with infatuation, we might have followed or constantly tried to be around someone that we liked or tried to convince them of our love or sincerity by being persistent after a rejection. What we might not have realised is that the person on the receiving end might have felt extremely uncomfortable and endangered. This is usually stemming from past trauma, because there might have been several instances in life where people have stalked them, eve-teased, groped or probably even worse. Certain jokes that appear harmless to us could be triggering for someone else or reinforcing someone's wrong beliefs and giving them a pass.



The line is not blurry, we just have never been taught to see it in the first place.

A child looking uncomfortable in an uncle's hug or lap could be an indicator but we've not been taught to look. It is not to demonise everyone; we simply have never been told that it could be bad. It is normalised behaviour that has been glorified on TV. But that's case one, for why we need Comprehensive Sexuality Education (CSE). To explicitly learn about what is okay and what is not and how to be sensitive.

As women, we aren't taught to say anything before, after or during any sexual advances that we have been exposed to, and the only reference we have to how one should behave is from Bollywood or the big screen. So, you have probably not learned to say no when you weren't sure of whether or not you wanted to be involved in or even recognised that something was a wrong advance. This can cause some long-term psychological effects that we aren't taught how to battle. As a man, you were probably thinking that it was normal for women to not say anything or be still when they have made an advance. Just teaching the concept of consent openly, can help avoid many unwanted ramifications. And no consent is not as simple as "no means no" and "an enthusiastic, verbal yes" but that can be a whole another article.

Giving young people information about sexuality does not give them a green signal to experiment

Sexuality is much beyond sex, it's not just an informational manual of the act. It teaches the physiological, social, and biological aspects of leading a healthy life.

It encompasses— gender identity, physical changes, consent, awareness about sexual abuse, birth control measures, prevention of AIDS and STDs and much more. Denying the correct, scientific information leads to seeking knowledge from other sources, such as friends, movies, or the Internet. These promote rumours, misconceptions, and half-baked truths that are dangerous, and without any trusted source to clear them up, perpetuate well into adulthood. When young people are given age-appropriate information that is accurate, balanced and addresses safety, responsibility, and protection, without being judgmental or fear-based, it empowers them to make informed choices.

Kids should be able to name all the body parts including the genitals. Using the correct names for body parts will allow them to better communicate any health issues, injuries or sexual abuse. It also helps them understand that these parts are as normal as any others, promoting self-confidence and a positive body image. The curriculums need to be mandatory, comprehensive, sensitive, medically accurate, and taught throughout students' school years, like any other subject. Topics must be taught in schools and colleges in phases keeping them age appropriate. Comprehensive Sexuality Education has been shown to help students, not hurt.

With the rates of child sexual abuse, we have in this country, a lot of them seem to be clearly exposed to very inappropriate acts at a very young age. It is up to us to give them a safe space to speak up about acts that have made them uncomfortable. If a child is not taught the difference between a "good touch" and a "bad touch," it is easier for an adult perpetrator to manipulate and silence them.

Is our current system complicit in all this? How have we been dealing with this predicament, so far?

India seems to have an environment or a culture in which rape and sexual violence is normalized due to the societal attitudes and actions about gender and sexuality. It is a culture in which sexual violence is treated as the norm, where we have been desensitized to it because of the high frequency of the incidents and often victims are blamed for the assaults. The culture also extends to rape jokes, casual sexism, acceptance of toxic masculinity etc. It's not just about sexual violence itself, but about cultural norms and institutions that are conducive. When we normalise gendered rules like, putting specific curfews targeting women, placing stringent dress codes, curb freedom of movement specifically for women in the name of safety. We as a society have put the burden of safety on the victim and demand that they make unreasonable sacrifices to avoid sexual assault. At the same time, we are implying that another section is completely unaccountable and hence make no efforts to change their behaviour. As a result, certain opportunities are left unavailable to other genders. The freedom of a citizen has been determined by the virtue of their birth sex negating the secular promise. What needs to be done is to equally involve both sides of the population in unlearning, rehabilitation, education and prevention.

As communities which have been historically marginalised or discriminated against due to religion, caste, orientation, gender identity, disability, face acts of sexual violence as tools of oppression, placed within power dynamics and social hierarchies. Individuals are subjected to sexual violence as an act of oppression.

A woman's honour or izzat is considered more important than her life, women are often scared to report such incidents because by reporting them, they believe they are dishonouring their families. Honour killing is often a reason for it because victim blaming is not only acceptable in such communities but there is also a greater tendency to blame the victim rather than the perpetrator when we argue that the victim was "asking for it."

But if one were to even try to pursue and get justice and help a victim, we do not seem to have a sound system that actually tries to help them. Often times the perpetrator could be a close family member or someone in a position of power who you cannot move against. Society might call you a liar and not believe you. And even if one were to be courageous and have a supporting family/friend system and report the case. First, we do not have staff in the police stations or courts that have been trained to talk sensitively to a person filing a case. A person who might have just gone through sexual violence is often experiencing extreme trauma and stress. Talking about it is extremely triggering and often makes them re-live the experience and having to deal with the public shame that comes with it is an even more agonizing.

Second, the system of “justice” is focused on punishing the offender. This can be cruel especially if they’re related to you, and is not the most helpful solution for the victim. It isn’t an effective way to stop the problem either. If there are so many victims in a society, then that means there is a huge population of perpetrators and the solution cannot be to kill all of them. The punishment is only serving in sensationalizing the situation and make it seem like these are limited rare cases. Third, if we actually cared for the victim, there needs to be an immediate provision in our system for the psychological care and treatment. A system that is not giving any respite or solutions to this problem is a **RAPE CULTURE.**

Comprehensive sexuality education is to precisely tackle these integral, important and perpetually prevalent situations with extremely pressing consequences. Ignorance and penalty should stop being looked at as the solution. It is as pressing as a pandemic; it does not go away if you pretend that it doesn’t exist. You cannot just whisper secretly to certain people to use masks, you need to publicise, create awareness and educate.



Finding the facts can be difficult sometimes. Especially when it is not talked about openly. Information from social media, movies, friends and what society thinks can confuse the truth more than we realise. Hence, we attempt to talk about popular myths or misconceptions that are necessary to debunk.

Kids don't know anything about sex

There is a consensus among mental health professionals as well as among educationists and sociologists that curiosity about sex is common and normal. The opposition to sexuality education is an unfortunate development, outdated in this Internet age wherein urban and rural youth anyway have access to (frequently inaccurate) information about sexuality. Poorly informed friends, media and the Internet cannot be the sources of sexuality education for young people, it can have some serious ramifications.



You bleed on your first time

This is a very common myth that states that the breakage of a vulva owner's hymen leads to bleeding, the first time they have sexual intercourse or penetration. Not everyone has a hymen, not every hymen is shaped like a barrier, and in fact, one of the main reasons a vagina bleeds are because the penetration might have been too rough or not lubricated enough to protect the walls of the vagina, causing the owner to bleed.



You cannot get pregnant if you have sex during periods

It is very unlikely that one can get pregnant during their periods, but this is still possible. The sperm can survive up to seven days inside the cervix or vagina, hence making it possible.

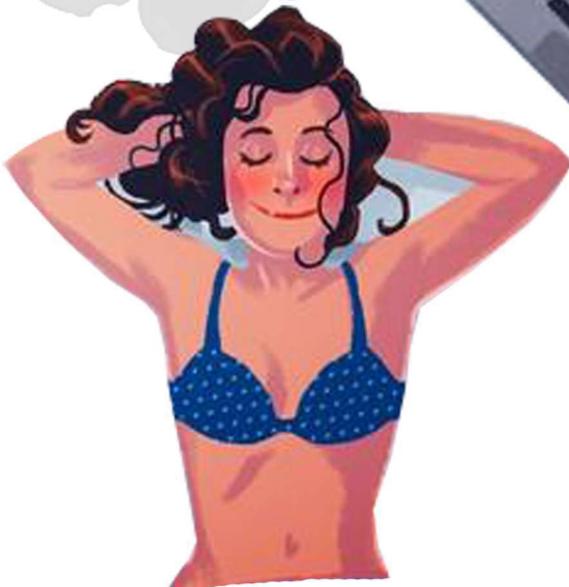
Masturbation is a bad thing

Let's address this. You do not have to feel guilty for self-pleasure regardless of your gender. Exploring and understanding your body can be liberating, to feel more confident about your body and closer to yourself. Masturbating in turn is very healthy, and can reduce the chances of prostate cancer by 20%.



Pornography accurately portrays sex

Porn is often many people's first source of sexual education and creates their expectations of what sex will look and feel like. It is made up to show different versions of someone's fantasy world with pretend characters. How people experience sex is very different, and the rough and untrue portrayal in pornography can colour how you see everything.



Tampons can get lost inside

Let me start with the fact that sanitary pads are not the only tools in the toolkit during menstruation. In fact, they are a hazard to the environment because they do not decompose. Using a menstrual cup is a more cost-effective and environmentally friendly option. If you are worried that a tampon/menstrual cup will get lost in your body, rest assured, it will not. Even though your vagina connects your outside parts with the "inside" of your body, there's basically a dead end at the top of the vagina - it's called your cervix, and there's no way a tampon can go past that. The cervix is a barrier between the vagina and the uterus.

HYGIENE

Section 3 : Things you need to implement in your daily life

Sexual health and hygiene are just as important as your body hygiene. It is important to acknowledge your sexual organs as part of your body, a part of you - both physically and psychologically. Ignoring their hygiene can cause multiple diseases and build up bacterial growth. Here are a few things a lot of us ignore but are necessary to be implemented.

VULVA OWNERS

Keep your underpants dry

Not wiping the vagina after urinating can cause the panties to get wet, which can put you at risk of vaginal infections. Hence, it is always advised to wipe the area using toilet paper or soft cloth so your underwear is always dry.



Changing sanitary pads

Women who have normal blood flow should change a sanitary napkin every four-six hour. The same applies to the days when you have light blood flow. However, if you have a heavy flow during menstruation then changing sanitary pads every 3-4 hours is a must. If you are using a tampon, then change it every six hours without fail.

Avoid soaps

Avoid using harsh soaps or scented soaps to clean the vagina. The use of soaps laden with harmful chemicals such as glycerol, perfumes and antiseptics can affect the healthy balance of the bacteria in the vagina. Moreover, it can also change the pH in the vaginal region, which can cause irritation and lead to the growth of unhealthy bacteria. Instead use plain soap and water, preferably lukewarm water to wash the area around the vagina. Gentle cleansers with an optimum pH balance of 3.5 can be a good choice.



Do not ignore signs of vaginal infections

Lastly, but most importantly, do not ignore any signs and symptoms of vaginal infections. Normal vaginal discharge is usually clear or milky and may have a subtle scent that is not unpleasant or foul-smelling. It's also important to know that vaginal discharge changes over the course of a woman's menstrual cycle. Abnormal discharge may be yellow or green, chunky in consistency, or foul-smelling. The unhealthy discharge would be easy to spot and smell like rotten fish or meat. Remember, the way your vagina smells have everything to do with its pH and many things including your diet and stress can affect it and can slightly change every day. If you ever have doubts about whether your discharge is normal or not, it is perfectly okay to consult an older experienced person or a doctor. Do not ignore an abnormal symptom, itchy vagina or pain in the vaginal region as it could be a sign of an underlying health condition.



PENIS OWNERS

Washing

Washing your penis too much with soap and shower gels can cause soreness. Wash your penis once a day with warm water and then dry it gently for good hygiene. With an uncircumcised penis, it is common for semen or sweat to get trapped under the skin, forming a layer of dirt. To avoid this, pull back the foreskin of the penis and wash with lukewarm water and a gentle cleanser. It is important for every person to cleanse at least once a day to avoid infections.

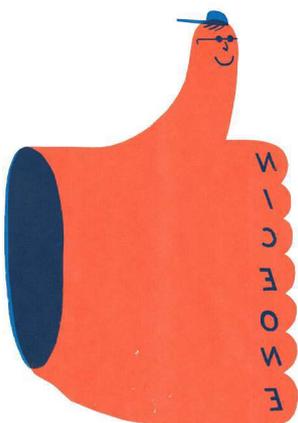
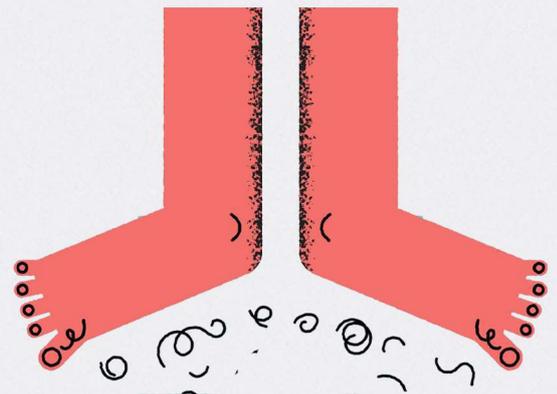


Wash and Dry

Skin in a man's genital region is not all that different from other areas of the body, so cleaning once a day is just fine. To avoid jock itch, men should take care to dry off well after swimming, bathing, and sweating. Use a good soap, preferably one that's not overly perfumed as formulas with a lot of extra stuff like fragrances and dyes can irritate sensitive skin. Using a washcloth or other type of shower scrubber will also go a long way in being as clean as possible.

Testicles and pubic area

Don't forget to clean the base of the penis and the testicles. Penile fluids or other substances can get trapped in the hairs. For those who experience a generalized problem with smelly balls, or if it's something you deal with during the warmer months, taking the time to give the area a thorough washing will help a great deal.



Keep checking

It's good practice to get into the habit of checking your penis and testicles for any irregularities. Things to look for include bumps, redness, sores, blisters, and warts (although anything that strikes you as odd is worth bringing to the attention of your doctor). Changes down there can indicate STDs, cancer, and other problems. Many lumps that men find are not serious but they should always discuss them with a medical professional to make sure.

Harshita Chintapalli
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B.Des (Fashion)

The Privilege Discussion

“One big thing I’ve noticed was just the fact that once I became seen in society as a man, I suddenly got heard more often” ~ Aydian Dowling (transgender activist, speaker, and YouTube vlogger)

We live in a patriarchal society and sometimes the males of this society overlook the privileges that are solely rewarded just for being their gender and their comprehension can be based on how these patterns have been passed down through our progeny. Let me define “Male privilege” for you, ‘it is a system of advancements granted by

the society for being a man. It doesn’t imply you aren’t subjected to adversity or gender bias, but it does indicate that you are part of a persisting power structure that benefits you at an outlay of others.

I was in 7th grade in a Convent School; a nun from my institution bawled at me for the length of my skirt and said “what are you trying to do? Too much skin will provoke the boys.” I was traumatized. Women get called out for their choice of clothing every time and it’s not just the male but this spirals into women themselves shaming other women



“Heard she was harassed last night? What was she doing there so late in the evening? Why was she wearing that? She shouldn’t have gone alone.”

A misogynist society keeps on grumbling about the victim rather than holding the offender responsible.

The males of the society are barely associated with the term “Asking for it!” If a woman shows a hint of cleavage or wears makeup or lipstick of her choice, her morals, character, upbringing are put on trial because a patriarchal milieu finds it overly loud and attention seeking. An interesting and unnoticed privilege is that men can buy clothes made specifically for their gender that feature pockets they can utilise — women’s clothing is typically designed to be “slimming,” thus simply adorning pockets are common. And this is just one fraction of it.

Consider the possibility that your abilities will be called into question due to your gender.

Here’s the thing about male privilege: it wounds everyone, including males. While all men benefit from the patriarchy, they don’t benefit equally. The reason for this is that male privilege often requires you to adhere to a toxic masculinity benchmark. You know this benchmark- It’s the concept of “real men” who don’t cry or display emotions, who value sports and physical strength above all else, who don’t open up or seek out help.

A female political candidate is put through public scrutiny that supports gendered assumptions about leadership skills. Male gender representation perceptions are skewed in their favour. When a group contains 17 percent women, men feel it is 50-50, and when the group contains 33 percent women, men believe women are the majority.

Ask a female leader or a woman employee demanding a deserved promotion, how many times a man has come forward just to tell her ‘to stay at home and look after the family as a woman should.’ Sex has remained a consistent factor and we all know how wage discrimination works. Women get paid less for the same amount of work a man does. I won’t say healthy workplaces don’t exist but the ratio is disproportionate.

The fact that no man completely fits into this box of masculinity, and that our society is unforgiving of those who don't fit the mould, is nothing you're hearing for the first time. Men are naturally expected to be good drivers and are supposed to crack jokes. Female comedians frequently get messages from men telling them "you're not funny." She made a career out of it; I don't think she needs your validation. Most of the time, female drivers are seen as pity drivers. It's a privilege to be respected for your skills which in many cases the females are deprived of.

Marie Beecham, an Instagram activist writes "Privilege isn't the presence of perks and benefits. It's the absence of obstacles and barriers. That's a lot harder to notice. If you have a hard time recognizing your privileges, focus on what you don't have to go through. Let that fuel your empathy and action." Men fail to recognize this because these privileges are ingrained in their lives from the moment they are born. However, if we realise that these frequently unseen benefits aren't available to everyone, we can see why tackling privilege necessitates acknowledging that people of all sexes need equal access to basic human dignity

Socio-economic privileges

"Have you ever thought about why GOD did it? Why tempt such fragile beings in the first place? Did GOD give the race of man free will, knowing that they would use that will to defy him, or to take it a step further since GOD knows all, did he know

that Adam and Eve would eat the forbidden fruit, allowing him to cast them out of paradise to toil and suffer for a living."—
J.B. Lion, *The Seventh Spark: Volume One – Knights of the Trinity*

We saw the worst stories during this covid-outbreak; some stories might even torment our soul, seeing everything happening in the society, the migrant workers, families searching for oxygen and hospital beds, people losing their jobs, poverty hitting them hard. Society has certain privileges for a certain class. A person's hierarchical standing within a society is based on their social identity, economic factors, and access to capital and these all are the factors that contribu-



te to their socio-economic privilege. The income gap has been widening, and the social ladder has become more precipitous.

The Constitution was laid to ensure equality, and provisions were made for an egalitarian society, but we just treat it like some old book in the library. "The 'cycle of disadvantage' results in the intergenerational transmission of poverty and deprivation, while the 'cycle of advantage' results in continued benefits and privileges. The concept of the social class identifies inequality; caste is often a proxy for class in the Indian context." – An excerpt from an article (Privilege, opportunities and 'merit' by K.S. Jacob, The Hindu)

Have you ever noticed how people treat a politician and how they treat a common man? We've seen a lot of politicians using violence when asked to pay toll tax. This stifles genuine economic progress, encourages corruption and jeopardises the sector's legitimacy. Further discussing another instance, Covid is equally dangerous to everyone, and yet celebrities and other upper-class people were given easy access to vaccines while a large section of the country is still not vaccinated with the first dose.

Students who don't qualify NEET at great marks (medical entrance test), often give-up on their dreams of be-

coming a doctor unless their families can afford private college fees. Once we dig deeper in rural parts, the shocks become real. Economic mobility is a must for progress. Given the continuing relevance of caste in Indian society, it's natural to wonder how the caste system has influenced occupational and spatial mobility in the Indian economy.

The first hypothesis is that the exploitation, prejudice, and discrimination connected with the caste system's hierarchical character inhibited mobility among the lowest castes. Dalits, lower caste people, are not even allowed to fetch water from wells. Water! Do you understand? That's the basic survival need. They are not allowed to enter temples or even sit with the people of the upper caste. These are just a few parts of the social disparities.

During a person's lifetime and across generations, social mobility refers to the extent the people are allowed to move between socio-economic stratas. Individual outcomes in societies with low social mobility are heavily influenced by the individual's starting point in life. This means that the education, income, wealth, and occupation of children from wealthy families tend to be better than those from poor families. An increase in social mobility is not just a proponent of equality - it's also a proponent of effi

ciency on the economic front.

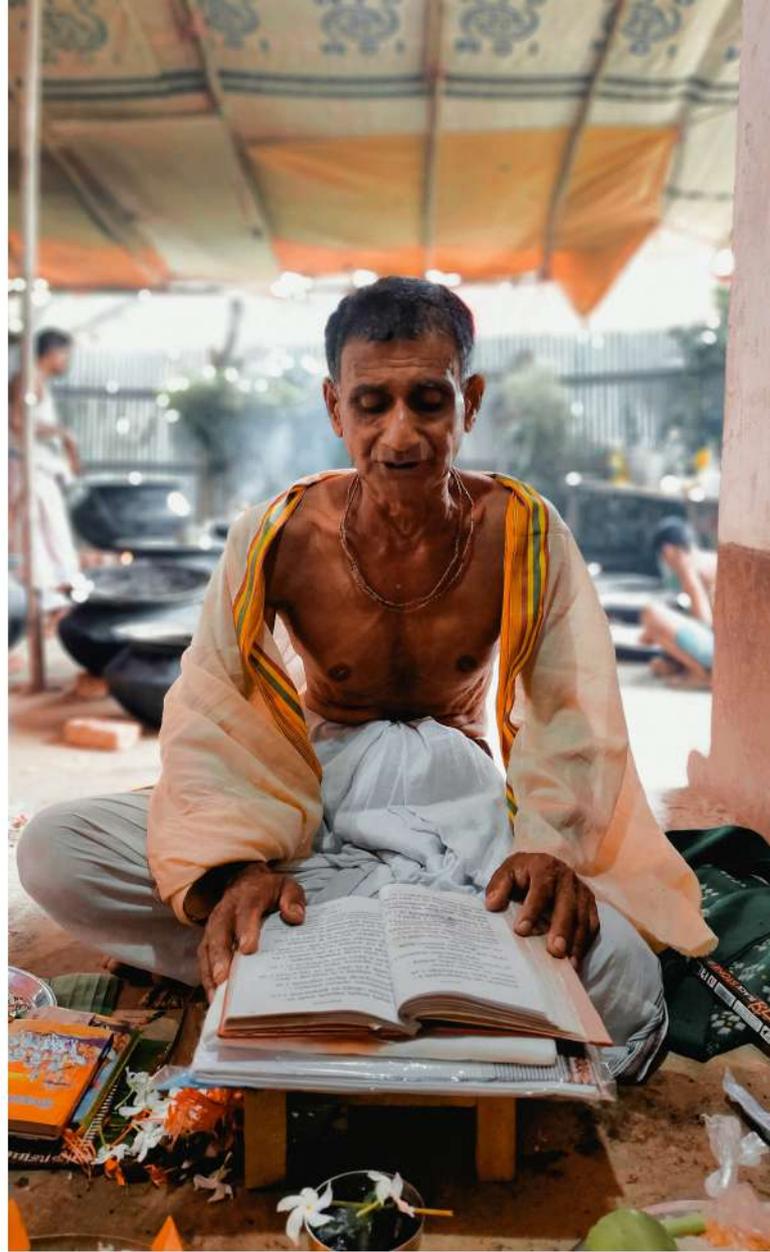
Creating equal opportunity will unleash the potential of all the individuals, cutting short the resistance of these socio-economic privileges. In order to advance equality, it is necessary to increase social mobility. Economic efficiency is improved as well, as individual abilities are better utilized, which is especially important for India, which is hoping to reap a massive dividend from its younger generation.

Religious Privileges

“They will not make me prove over and over my allegiance – and then refuse to accept it, whether I fly the flag, recite the Constitution, sing the anthem or die for my country.” - Samar Halarnkar (Journalist, Editor)

When your religion is the prevalent or default "norm" where you reside, it is known as religious privilege. It also means that you are unlikely to be persecuted because of your faith—you can worship freely and safely. The Preamble to the Constitution of India proclaimed that India is a secular nation with the Forty-second Amendment of the Constitution of India enacted in 1976. But now "secularism" stands as a controversial topic.

Hindus make up the majority in India and after the uprising of Bharatiya Janata Party (BJP) in Indian Parliament in 2014 a lot of things have changed. Looking at a very minor instance, cases in cow vigilantism have increased.



In September 2017, the Supreme Court of India declared that each state shall designate a police officer in each district to combat cow vigilantism but the Human Rights Watch has labelled the attacks "vigilantism," with the culprits claiming that they are preserving Hindu rights and that the authorities are not appropriately dealing with cow slaughter.

Animal welfare is always cherished, but not at the expense of human life, mob lynching is never the solution. So in our country, the privilege of consumption of meat without any suspicion is not for Muslims.

The Indian Express writes in an article (The dwindling minority) that "The dwindling representation of India's minority in elected assemblies matters because in India, substantive representation (of the interests of a group) is linked to descriptive representation (their numerical presence in elected assemblies). An analysis of Lok Sabha parliamentary questions conducted by Saloni Bhogale reveals that the number of questions concerning minorities is linked to their presence in Parliament."

The rise of the BJP is linked to a decrease in Muslim representation in legislatures. Imagine living in a democratic country, you raise voice for your demands or maybe just because you wanted to be heard and you're termed as "Anti-national" or "Terrorist" by well literate journalists and politicians, you're sent behind the bars. A government's role is to accept criticism instead of attempting to repress dissenting voices. There have been cases of arrests or suspension of accounts for tweets against the government. And these are just a few grains of the food, there's a whole storeroom full of it.

Talking about countries with majority of Islam followers, human rights have been a source of contention for decades. For instance, in Pakistan the privilege of becoming a Prime Minister or President of the country is only practised by Muslims. Forced conversion and honour killings are also widespread there. For decades, Saudi Arabia has been criticised for its human rights violation.

"Iran's Islamic Republic has one of the world's worst human rights records of any country."

Buddhist authorities have justified violence against the faith's foes and backed authoritarian regimes on several occasions. Myanmar is no different. As a result, Buddhist nationalists and Myanmar's military have a correlative relationship: By defending Buddhism against the Muslim menace, the military advances Buddhist nationalist goals, and Buddhist nationalists advocate the military advances as theological and cultural justification for their atrocities.

Similarly the Christians in the United States have religious privilege over the others. The bias is evident across the globe.

Cis – Hetero Privileges

If one identifies themselves as the same gender assigned to them at birth, they sure do get some unearned benefits that many folks don't. Being a cisgender in the 21st century is a privilege and it's also easy to take advantage of this privilege -- it's not something you have to think about every day as transgender people do. Like you don't have to worry about being fired or kicked out of an apartment for being trans or not conforming to cisnormativity, for example.

The first thing to understand is that the word "transgender" isn't about gender identity; it refers to the body, which has traditionally been a spectrum of sexual

development. This is something that confuses many people. This concept of considering gender as the 'norm' and out casting a certain group of people from these so-called norms creates a social hierarchy. And like it or not, this hierarchy does give certain unearned privileges to some and disadvantages to 'the others'. But one might be thinking, how can being cis-gender count as a privilege, it's just like being normal. How can being normal be beneficial for someone? But my friend, thinking of yourself as 'normal' - and a transgender as 'other'- is exactly where the privilege begins. Not to mention, normativity is a social construct.

But why is it that heterosexuals are somehow more successful than non-cis and non-heterosexual individuals ? Why, even with the rise in LGBTQ+ communities now, does it so happen that every human does not get an equal opportunity? Every individual deserves a chance to live full, equal, and authentic lives, irrespective of their gender and sexuality—and that won't be possible as discrimination remains a looming threat to them. There are 13 countries where it's still an offence to be transgender -- Brunei, the Gambia, Indonesia, Jordan, Kuwait, Lebanon, Malawi, Malaysia, Nigeria, Oman, South Sudan, Tonga, and the United Arab Emirates. Iran's Islamic Penal Code also has stringent punishments for bending any sort of gender norms in your expression. These countries specifically criminalise transgender people, mostly using "cross-dressing" laws.

You would have heard of the famous poet Oscar Wilde and his most successful poem, 'The Ballad of Reading Gaol'. It tells of Wilde's experiences in prison and his observations of another prisoner condemned to die. But do you know why Oscar Wilde was arrested in the first place? He was sentenced to two years imprisonment for homosexuality, which, in those days, was a crime under gross indecency. Now, of course, times have changed but the actual question is has the mentality of people changed too?

Today, cis-heteros don't have their lives impacted due to the anguish of gender dysphoria, bullying, and inadequate social support. Their competence is less likely to be questioned because their gender identity doesn't go "against nature".

In all, cis-hetero privilege centres heterosexuality as right or natural while other sexualities are wrong or unnatural. This means that heterosexuality is seen as something normal while the other sexualities like homosexuality as not-so-normal. But ultimately, isn't everyone a human being living on the same Earth, breathing the same air, and even so, having the same human rights.

If you don't think cis-het privilege exists, congratulations ! You're protected by and enjoying said privilege.

White Privilege

'White privilege is like an invisible weightless knapsack of special provisions, maps, passports, codebooks, visas, clothes, tools and blank checks'
- Peggy McIntosh.

White privilege is a social privilege that benefits the whites over non-whites in some societies, especially if they share the same social, political, and cultural heritage. White privilege does not mean that whites do not have or cannot experience difficulties in life and that any problem a white person has or may have is not related to their situation in life, but in fact, they have enough chances and opportunities to navigate through such challenges better than non-whites. This refers to the undeniable and undeserved set of gains, rights, privileges and choices that are given to people simply because they are white.



This privilege might be invisible to many whites because it seems reasonable that a person deserves more sympathy when he moves around the world. If this is true, this is not such a free world; many doors are open to some people who have no credit for themselves.

For example, consider two businessmen standing in front of you, one a white man and the other a person of colour, the unconscious opinion will be to believe that the white man is more successful than the poc. But why does this happen though? Well, it's the white privilege playing tricks on you.

Let us recall the 'famous' train incident of Mahatma Gandhi you definitely must have heard of - Getting kicked out of the train just because he was sitting in the 'white-only' carriage. Well, sure, this did happen a very long time back, but even today if it's not shown, it surely is thought about - the differences between whites and blacks. It's not that people of colour do not have privileges that white people might not have.

But people of colour rarely have access to the same socio-economic, social and legal privileges and opportunities given to their white peers, but these privileges are often denied to people of colour, with disastrous consequences. White privilege is not simply the ability to seek out the power to know what you need in a convenience store or to manoeuvre through the world without the race defining your interactions. It's not just simply the subconscious comfort of seeing a world that sees you as somehow superior or better. It's also the power to weigh the necessity for confrontation against the inconvenience and discomfort of speaking up. It's about choosing when and where and how you want to take a stand.

It's all about knowing and showing that you and your humanity are safe.

At the same time, I want to point out that while racial categories represent a problematic social construct, racism is very real and as are the benefits that white-skinned people get to experience. It may undermine racial justice movements if it fails to raise awareness of the historical, structural and political forces that give some groups an edge over others based on skin colour, phenotype, hair texture and personality and other physical characteristics of the breed. Having white privilege is one thing and at the same time recognizing it is not racist, is another.

But ultimately, white privilege exists because of historic racism and biases. So, defining white privilege also requires finding practical definitions of racism and bias.

When you finally start recognizing that privilege comes in many shapes and sizes, it becomes easier to hold yourself accountable for your actions. It's convenient to see the lives as they are and refuse to acknowledge the presence of any sort of privilege. But it's time we break out of our bubbles of ignorance and widen our lens. This is not about guilt or shame, but about seeing how privilege has intersected in our lives and acknowledging that. Maybe then we can finally start having open and honest conversations for a change.

Becoming aware of privilege should not be viewed as a burden or a source of guilt, but rather, as an opportunity to build on your

compassion and understanding, to learn and be responsible so that we can work towards building a more just and inclusive world. See it as an opportunity to be empowered to make a difference, however small it might be. The only privilege that matters is the privilege to be who you are as an individual.

I can write paragraphs upon paragraphs and still won't be able to cover even half of it. All these privilege norms are not new to society; they have been present from the start of time or as long as humankind could remember. It has been overlooked because we are not always the oppressed or at the direct receiving end of disadvantages but for how long are we going to keep our eyes shut, mouth stitched ? It will take time to overcome these biases, but if you are privileged, deploy your privileges and do better.

*Educate.
Agitate.
Organize.*

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Marvel became a once-in-a-generation cinematic phenomenon in 2019 when *Avengers: Endgame* was released. It was not just a movie, it was an experience. An experience that no Marvel fan can ever forget. With the release of *Avengers: Infinity War*, which became the highest-grossing opening of all time. And then again breaking its own record with *Avengers: Endgame*, it was clear that Marvel is here to stay.

MARVEL'S

TRANSITION

In this article, we will be discussing how it all began and what the future of Marvel holds for its viewers.

The era of Marvel Cinematic Universe (MCU) began back in 2008 with its first film Iron Man starring the controversial actor Robert Downey Jr. The movie became an instant hit and everyone around the globe loved the character for its unique aspects. Unlike the popular superheroes, this character was selfish, narcissistic, and a capitalist. Being a tech genius and weapons manufacturer, he was kidnapped in Afghanistan by a group of terrorists to manufacture missiles for them where he made his first makeshift iron man suit - MARK 1 instead. Ever since that day, the rest has been history. HISTORY is quite the keyword here you will come to know as we proceed in this article.

Superheroes from different backgrounds came together to form a team called The Avengers to save the planet from Thor's evil brother and The God of Mischief himself, Loki. Loki is one of the most well-written characters in the franchise. The MCU consisted of 23 movies divided into 3 phases. In the first phase, the origin stories of the infinite trio of the franchise were told namely - Iron man, Captain America, and Thor.

During this phase, a lot of significant characters were introduced to build the foundation of the franchise. The audience instantly connected with them because they were not just aliens flying in a costume. They were much more human. They were emotional. They made mistakes. They got angry. THEY WERE IMPERFECT. Each character carried with them their baggage.

Having a plethora of unique traits and belonging from drastically different backgrounds, it was inherently very difficult for everyone to work as a team. As shown in The Avengers, by a slight manipulative attempt from Loki, the team was easily disbanded and scattered. It was when they realized the stakes, they truly began to act like a team.

Over the variety of MCU films, we got to witness the bond that each character developed with one another. The way they fought against their enemy and saved the day. Albeit, this contentment did not last long as we progressed towards phase 3.

Like I mentioned, our heroes were humans, which meant that they let their emotions get in their way. A lot of things that happened in the past that were hidden came to light as we progressed towards phase 3.

of the franchise which led to distress within the team. This ultimately led to a civil war within the Avengers and gave us the 13th MCU film - Captain America: Civil War. After this movie, The Avengers disbanded. The earth was left vulnerable with a mad Titan on the loose who was wreaking havoc in the entire universe in search of Infinity Stones whilst killing half of the population of every planet he visited.

Thanos, The Mad Titan. The supervillain of the franchise. His character was a masterpiece. Unlike most villains, Thanos had a greater purpose. He believed that the universe's resources were finite and only he had the power to restore the balance. The overpopulation was exploiting everything. He set out on a quest to collect all the infinity stones which could make his plans possible with just a snap of his fingers.

In the Avengers: Infinity War, the heroes were

made aware of this danger but by then, it was too late. The team banded together in parts and tried to put a stop to this menace. They did everything they could. They came extremely close to winning but at last, the mad titan succeeded in snapping half of the universe into nothingness. Each character had so much depth that it was very difficult to do justice with their roles in a 2-hour film. Therefore, it took Marvel 23 movies to come up to the final Avengers: Endgame. The final movie of Phase 3 visits each character and portrays how their worlds have changed. It showed a gloomy lament world. Everyone is full of grief, and despondence. 5 years have passed, Thanos has been killed but he destroyed the stones as his final act. There is no turning back. Our heroes have lost. They have become hopeless like the rest of the world. In this darkness, a grim light of hope arises when Ant-man returns with an idea to go back into the past.

The team is assembled one last time and cooks up a plan to travel to the past and borrow the stones to restore their present world. It is this act that paved the way for Phase 4 of the MCU. Traveling to the past, they altered the timeline a bit, unintentionally causing Loki to escape from 2012 which hence led to the creation of the web series, Loki.

Like I said earlier, HISTORY is repeated, even altered in this movie.

Avengers succeed in restoring the world to somewhat of a normal version.



The various web series explore the aftermath of Endgame and how it left the characters. The series WandaVision, tells us how heartbroken and despondent Wanda is left after Thanos killed Vision whom she loved dearly. Falcon and The Winter Soldier gives us an insight into how they both are trying to deal with the loss of their mutual friend and how they are trying their best to fill in

his shoes. Loki on the other hand is exploring the timeline which has been altered due to the actions of our heroes where he comes across an unexpected love interest.

The point that I am trying to make is the fact that these shows have been exploring the emotional side of each character. The side is so colossal that a 2-hour movie would not have been able to do justice to it. Hence, transitioning into web series was a fantastic idea. The shows were able to depict marvelously how much the characters grew. How they were able to deal with their inner demons and fight another day to make this world somewhat of a better place to live in.

We are presently witnessing the birth of a new era. A new age of heroes and these web series are laying a solid foundation for it. Many exciting, heart-throbbing stuff is yet to come and as Marvel fans, we cannot wait any longer. The future looks promising.

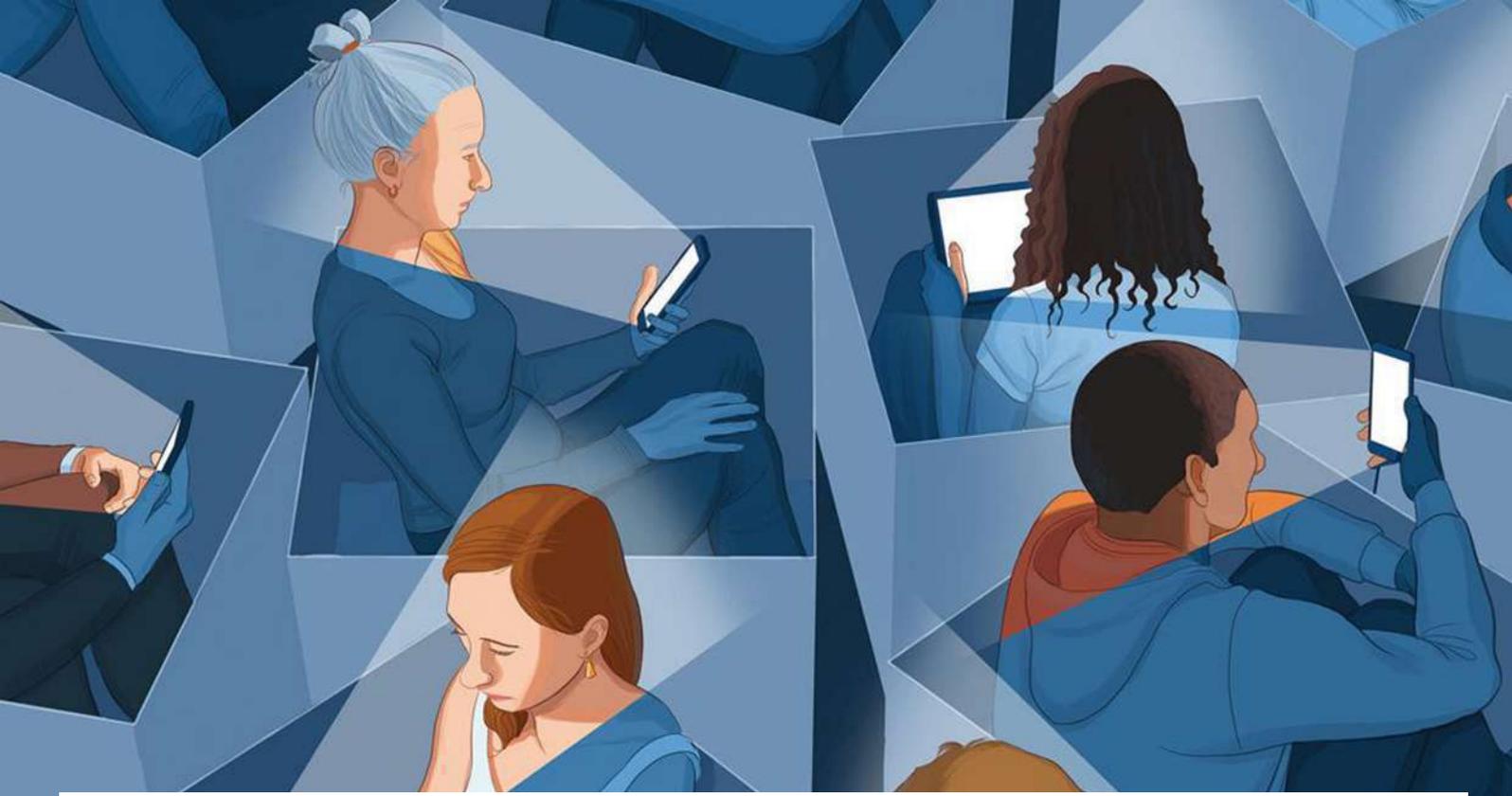
It was definitely a good move to transition into web shows. These series were so well received by the critics as well as the viewers that they have already won many awards and WandaVision has been nominated for Emmys.



Loki asking the guy what his name is so he can threaten him more personally is peak **Loki**



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SOCIAL MEDIA, OTT AND ACTION-ABLE RULES?

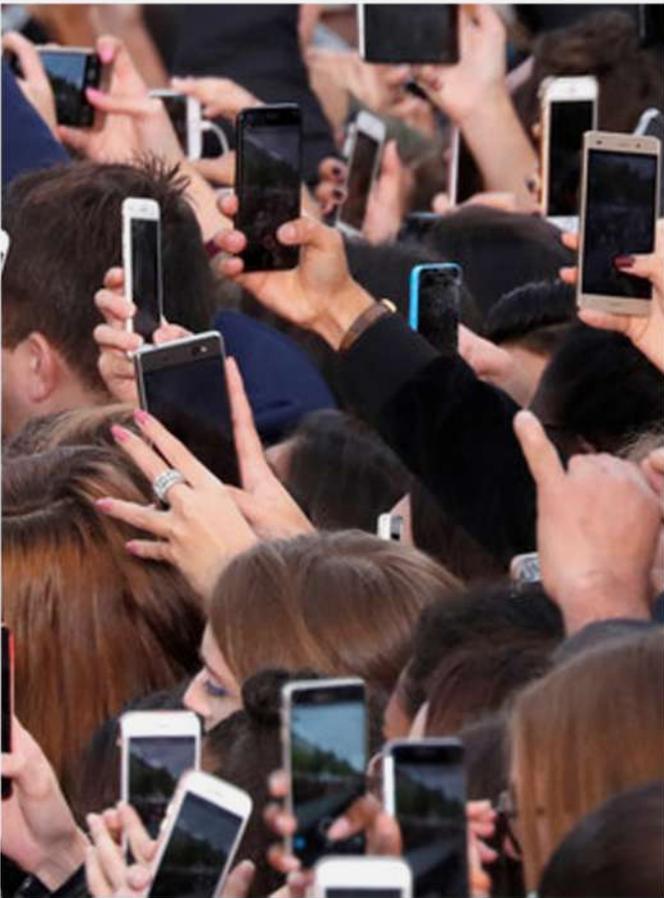
A recent squabble caught my attention while I sipped on my ice-cold soda. The phone notification went off, and my screen lit up with a horizontal banner that read - "WhatsApp, Twitter might shut down." Thoughts ran inside my mind like a train whizzing past ; at first, I considered it as a clickbait. But my social media was on fire, everyone was freaking out, and then my thoughts ran around - are we the next North Korea in the making? Or are we the next China? I mean, here is a fun fact, China has developed itself, not from scratch but rather using the "inspiration" of every country's invention, forgetting any theory of evolution alike. India seems to be in the footsteps of being inspired by China! Is that what it's going to be like? Democracy to Hippocratic democracy *cough* the draconian model of Communism ?

Twitter was ringing with tweets, Instagram with stories, ranting about how unfair it is and how we are shifting as a country to something non-democratic. So I decided to read thoroughly about it before letting my emotions get the best of me, unlike many. Much to my dismay, the information on the internet was minimal, and the discussion about an "incompetent, forceful government" was in plenty (The tabloids words, not mine). So, I decided to spend my free time knowing what this whole squabble was about.

Democracy is one of the reasons why I am proud to be a citizen of India. When we talk about all the more reasons why India is the way it is and why it is so special -diversity, culturally rich values, along with democracy (freedom) ring in the ears.

Four strong pillars build this very democracy- The Legislature, Executive, Judiciary, and the Media- constituting order in their own respective ways.

We recently celebrated our 75th Independence day, a day that marks our freedom from the British Raj that sucked in everything except for its (Indians') people's will. But the recent developments in the country question the very democracy of our country. Certain decisions, specific emotions, laws to abide by and not, and the evolving differences in the perspectives of the many that constitute this country.



A recent introduction of a certain law called "The New IT Rules 2021 - Intermediaries guidelines and digital media ethics code rule, surged an outrage just like many others have - demonetization, the CAA, farmers bill et al. booking the prime time slot on the "News channels" debate shows, where they scream emotions and point of views with maybe a few flying facts here and there.

One of the things about social media outrage is that it teems with emotions of close to a million different perspectives, not the ideal places for people to learn about anything. So, I turned the social media off and went on.

First things first, this law isn't just about the social media platforms- which is just an aspect of the many pointers that the government has mentioned in their gazette, along with content on OTT platforms and other digital media ethics.

Intermediaries here are the third party, say a platform or medium, that enables the execution of a deal between 2 parties, acting as the bridge that connects two links, Producers and Consumers. Facebook, Twitter, Whatsapp, et al. are all intermediaries that either connect one person to another, one to many, and so on, establishing an information transfer.

These intermediaries have an "immunity" wherein any wrong action by anyone who posts anything obscene or obscene on any platform shall be liable to punishment and with complete ownership without the intermediary being held responsible.



A certain case study that led to the establishment of this immunity was that of Avinash Bajaj v/s the state- where an engineering student from IIT put up an obscene MMS on a platform. The MMS has circulated around; however, once the platform was notified about the same, an action was taken. A charge sheet was filed against the student, as well as an additional charge sheet against the owner of the website.

Logically speaking, the end climax of this story was something that was "just" and "fied," being in favor of the owner, who was deemed not guilty and that it was unfair for anyone to make an arrest based on such a matter and hence freeing the platform of a crime it did not commit, and so came the immunities.

Now the new IT rules aim to get rid of these same immunities. Anyone unhappy with content posted on these platforms can take both the person who posts the content and the social media company to court. In simple words, Twitter being responsible for Kangana Ranaut or Donald Trump's tweets.

THE GAZETTE-

A three-part information sheet was provided by the Indian government in their gazette. The first part consisted of the basic terminologies and definitions of the rules. The second part was dedicated to the platforms such as FB, WhatsApp, Twitter, telegram et al. Followed by the third part consisting of OTT platforms and their new regulations and code of ethics.

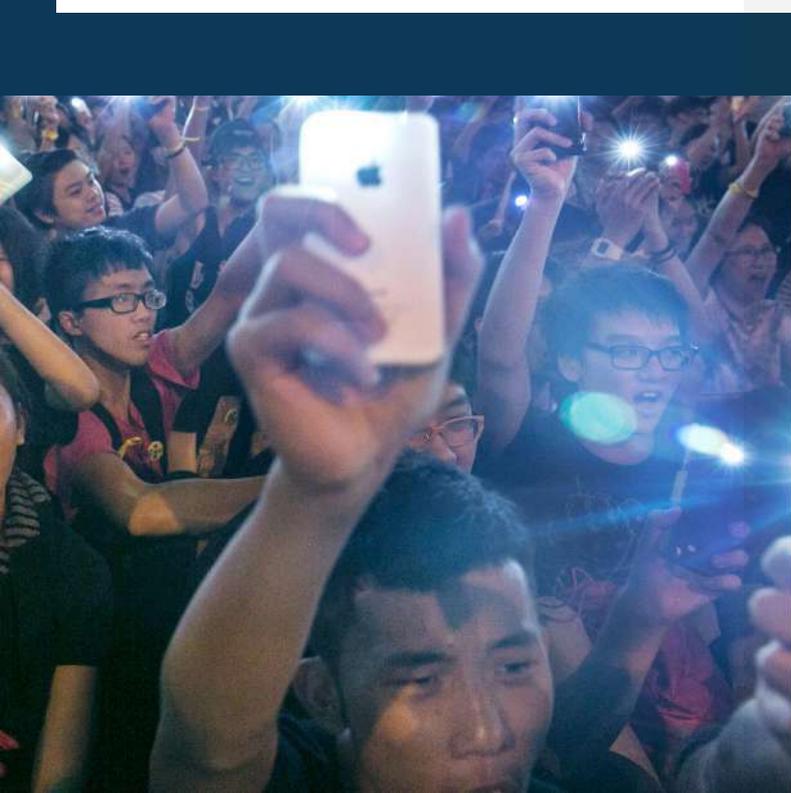
While the first part is pretty self-explanatory, the second part is where we pick up the discussions of the issues. According to the rules, the government has provided a three month period to all the social media intermediaries to appoint three important roles :

1. A chief compliance officer - who shall ensure that the compliance is intact and that no rules are being broken
2. A nodal contact person - who shall be available 24/7 to coordinate with law enforcement agencies
3. A regional grievance officer - who would acknowledge complaints within 24 hours and resolve them within 24 hours, with the reduced timeline of 15 days.

But where is the problem here?

The first problem that arises is that- such exertions on social media platforms, obliging all the three conditions, would lead to an increase in the tax liabilities; that is, the tax owed by the companies would increase to many folds according to facts provided by experts.

In addition, many new and small platforms could be discouraged by the same, conside-



ring they do not have a wide pool of resources and assets.

According to these laws, these platforms will have to send a reminder to its users once each year stating - "If anything illegal is being posted by your account, then their account can be deleted," ensuring that the users are aware of their laws.

Additionally, these intermediaries will have to publish a monthly compliance report enumerating the complaints received by those on which the action is being taken and the content of the complaint on which the action was taken.

Seems fair and square up until here. But here is how they get a little suspicious. In addition to these, the data retention period of the posts and their content has been doubled up to 6 months for investigative purposes, which means even if you delete your account for any reason, your account details and data will be there saved with these intermediaries for the next six months.

India does not have robust or, say, an existing data protection law, so the data they will store is taken by the social media platform, and one may never know what information they will store for the next six months.

But the most SUS of all things is that these intermediaries will have to enable tracing of the originator of Information from their platforms if required by the court of competent jurisdiction or competent authority.

If the government seeks any information, the intermediaries will have to provide the Information of the first originator or owner

of that particular content. In other words, suppose in the case of WhatsApp forwards,

Where it came from ----> who wrote it---->Where it went etc,will have to be provided to the authorities.

While Facebook, Twitter, and other platforms can still pull it off, the main problem arises with WhatsApp and signal. They tend to offer end-to-end encryption, and if these intermediaries deny these regulations, then there is a huge possibility that they may face a permanent ban. These platforms themselves do not know the origin of such messages, so if the new rules have to be complied with, apps like WhatsApp and signal will have to breach their own policies, which will be a threat to the general privacy of the user as a third party could be snooping in your talks—not denying or hiding the fact that it is 10x more dangerous to the previous WhatsApp controversy with its new privacy policy.



Loophole alert: Everything has loopholes, just in hiding, and here it seems to be pretty evident. Anything deemed unsuitable by the government was to be deemed unsuitable. So over here, the democracy or right to speech is getting a tad bit violated. Which gives the government (whichever acts) an edge to misuse power whenever they find it suitable, even if not in reality, and those very accounts could cease to exist.

An example to add here - recently, the govt asked Twitter to ban some 1178 accounts during the farmer's agitation deeming the content unsuitable and inappropriate, for which Twitter had banned a few accounts while some were left off the hook as no such content was found . on their page however these were the accounts that were criticizing the govt - supporting the farmers' protest.

If sources are to be believed, this could also be the reason as to why the government came up with such a law.

THE OTT-ISH CONTENT

The third part of the information booklet informed about the regulations of Digital news and OTT platforms. These OTT platforms are the new in, and possibly here to stay, replacing television, in doing so. The first pointer issued stated that the organizations have to Self-categorize their content into five categories- U/7+/13+/16+/A for an age verification mechanism and parental locks to be introduced where it seems suitable.

Let's be honest, the content available on the OTT platform is not suitable for all kinds of



audiences, with no to nil parental locks. The content classification seems to be a good choice, to be honest, being a country with no proper sex education, repercussion to violence, etc. While these reasons should have made an appearance in the reasoning provided by the government (it didn't), the laws were mandated so that the content should be in a way such that it does not-

- Affect the sovereignty and integrity of India
- Threatens to endanger or jeopardize the security of the state
- Detrimental to India's friendly relations with foreign countries.
- Likely to incite violence or disturb maintenance of public order



While the others make sense, the last one leaves a lot of scope for loopholes. Yet again.

Now here is the thing, we are a culturally rich country, with each one having our own sets of perspectives, which often don't align together in harmony. Now what might incite violence for one would not incite the same for others, and this is where the clash begins. When we take the present population into consideration, then "n number" of eyes and voices will be raised on "n number and kind" of content, leading to some outcry with #boycott trending on Twitter.

While all of these seem justifiable and good to go, the last statement raises freshly threaded eyebrows—a broad term with a lot of space for misuse. Additionally, another statement was added, which read, "The content shall take into consideration India's multiracial, and multi-religious - diversity and exer

cise caution and discretion when featuring the activities, beliefs and practices or views of any racial or religious groups."

Into the seemingly never-ending report-another statement claimed - the blocking of Information in case of emergency, for which "NO DELAY" is acceptable, creating another loophole that may directly or indirectly affect the democratic foundation of our country.

Deciding what should go and what shouldn't isn't the decision of political parties that are mere acting faces of our governments, they may otherwise have some biases, but it is the role of the judiciary which is already existent.

Democracy was made with four pillars, each one holding its set of rules and decisions which shall be abided by all, even the ones who are in power, while here it seems to cry out loud screaming unfair.

Conclusively, the rules have a good and a weird, dubious side. But the fact that the rules and situations are being bent and mend into something that shouldn't originally be the power of the doers and then doing it makes it question our democracy. While some of these rules might benefit society, the way and manner in which they are being imposed shows the parenting - not only gone wrong but being performed downright erroneous.

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FREELANCERS

DON'T MAKE

THESE MISTAKES

The demand for freelancers has increased rapidly in the last two years as the pandemic has caused a drastic change in the working environment of the individuals. Since we are currently in the era of home-based jobs, the number of freelancers is increasing day by day. There are many opportunities in the market. However, after multiple responses, many freelancers struggle to find projects. Even though the demand for the number of freelancers is high, still the competition is very slim in the context of Quality of content. In this article, we will look at common mistakes freelancers make that they should not have made.

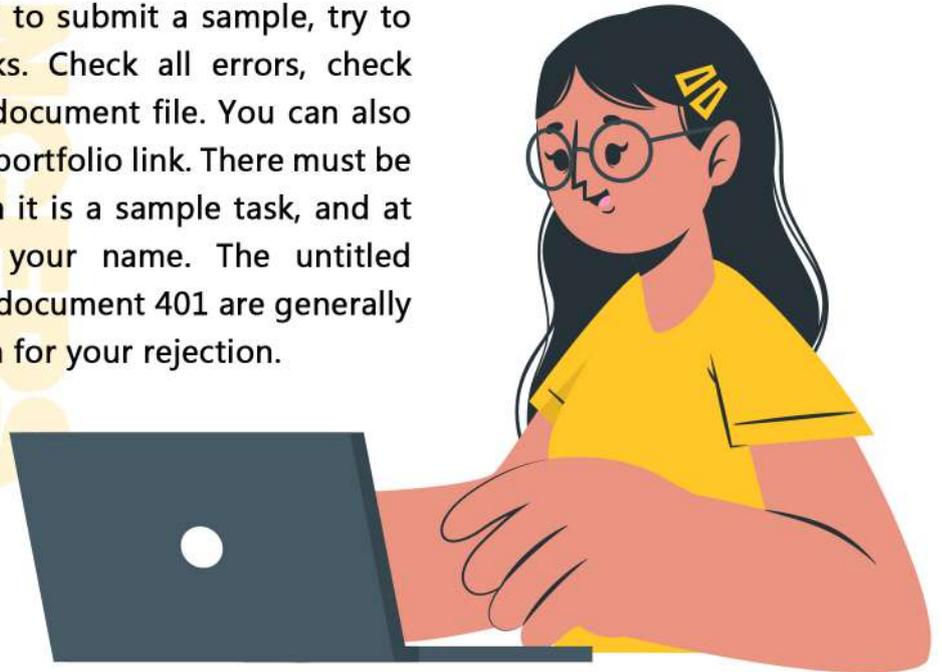
ARE YOU REALLY "INTERESTED"?



I have observed this every time I open LinkedIn. When there is a requirement post, you will generally find some freelancers showing interest and commenting "INTERESTED." But are they/you interested? Candidates, even if the post is beyond their expertise, comment and approach it. Sometimes candidates comment on multiple posts which have different category requirements, which creates less impact. While the requirement post mentions contacting the coordinator in the inbox, I have also noticed that candidates leave their comments hoping they will respond positively.

THE SAMPLE

Maximum candidates are rejected at this stage. The sample defines your work. It represents your quality of content, efforts, and talents and plays a crucial role in your selection. When you are asked to submit a sample, try to submit the top two best links. Check all errors, check plagiarism, and paste a short document file. You can also ask the client if you can send a portfolio link. There must be a Heading of content; mention it is a sample task, and at last, you can also mention your name. The untitled document, document 1111, or document 401 are generally avoided, and it can be a reason for your rejection.



BASIC ETIQUETTES

"I am hardworking, laborious, dedicated" these words seem typical, but people are not following them. Every client needs a project on time, but candidates generally give some excuse and delays the work. If you are already engaged in a particular project, it would be best not to opt for a new one. Finish the previous project and then go ahead with the new one. Sometimes candidates leave the project after submitting a demo with any information. It creates a negative impact on your impression, thereby losing some future projects.

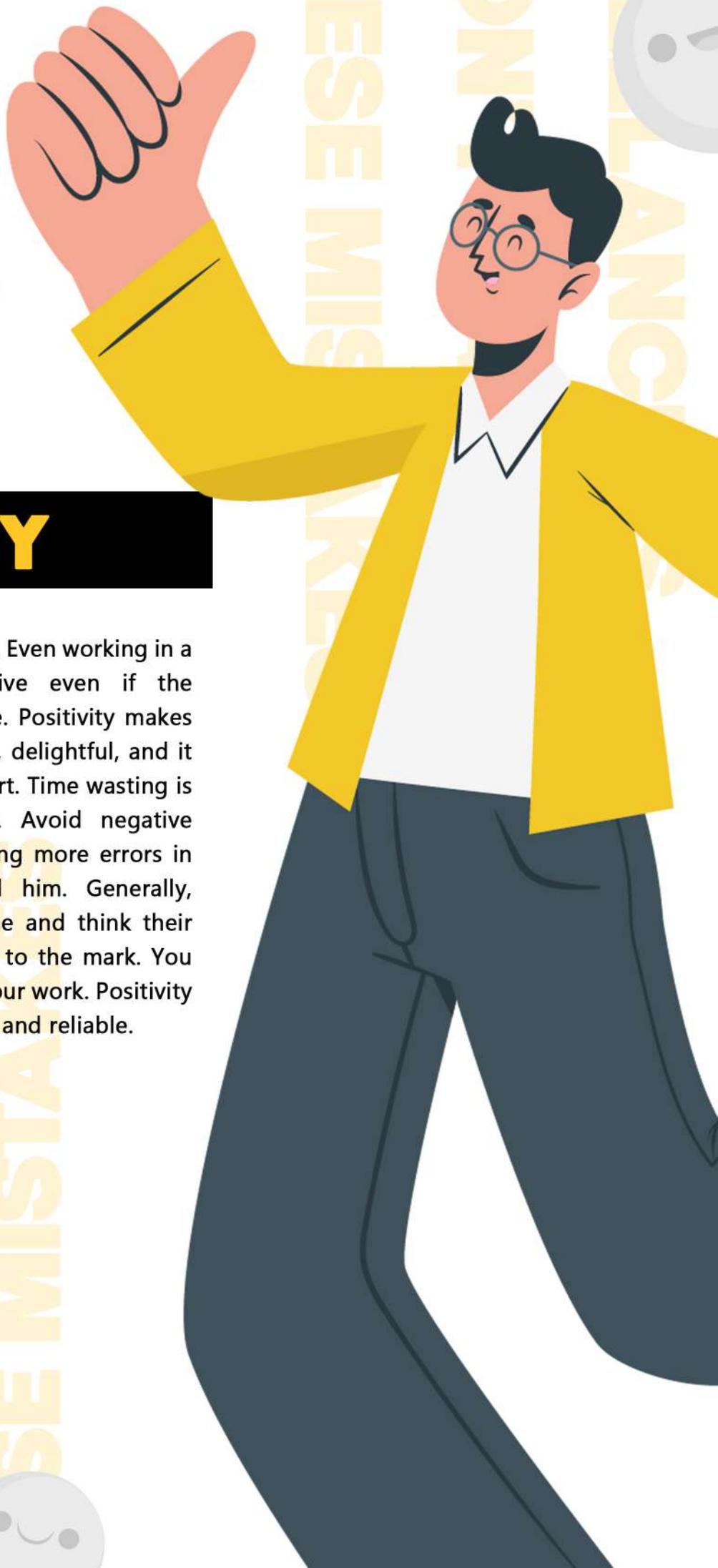
Being well-mannered straight away creates an impact on the client. If your language and behaviour are good, the client will never drop you! Make a well-mannered professional relation with your client; it would be helpful for future recommendations for a project.



AVOID NEGATIVITY

Positivity is the key to success. Even working in a team, you must be positive even if the conditions are not favourable. Positivity makes you more charming, pleasant, delightful, and it will help you make a fresh start. Time wasting is negativity, and it is unfair. Avoid negative people. If the person is finding more errors in your error-free work, avoid him. Generally, people go in a negative zone and think their work is incorrect and not up to the mark. You have to be positive and trust our work. Positivity will make you more authentic and reliable.

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Cloud Computing

The "cloud" has been a buzzword for the past few years now. Cloud computing has taken over the IT industry by storm.

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What is cloud computing?

The "cloud" is nothing but a reference to our old, infamous friend, "The internet". It is the on-demand delivery of various IT resources to companies and organizations without investing in hardware infrastructure. Buying, operating, and maintaining huge racks of servers is an expensive and laborious job.

Cloud computing enables the provision of all these services over the internet and all the data is available over just a few clicks. It leads to the IT team utilizing their time and skills in other important areas of development that will be productive for the company.

We have been using cloud computing and its services every day obliviously. From online games to streaming movies on OTT platforms, every major to minor start-up prefers cloud computing.

Types of Cloud Services:



Software-as-a-service (or SaaS):

It lets the user(s) seamlessly utilize any software which is on the cloud without actually installing it on their machine first. -----> Examples include Google Workspace (formerly GSuite), Dropbox.

Platform-as-a-service (or PaaS):

It provides third parties with a platform on which they can build applications and provide services without actually maintaining software or buying the hardware. -----> AWS Elastic Beanstalk and Windows Azure are two cloud technology examples of PaaS



Infrastructure-as-a-service (or IaaS):

It provides the companies or the consumers with the required hardware capacity to run their own software services. -----> Examples of IaaS include Amazon Web Services (AWS), Microsoft Azure, etc.

Delivery of Cloud services

Cloud services are delivered through public cloud, private cloud, and a mix of both called the hybrid cloud.



Public Cloud:

The cloud services which are available at scale over the web are known as public cloud. Flexibility and lower costs are the included benefits of using a Public Cloud service.



Private Cloud:

As the name suggests, the data is not available to everyone but only to a specific set of people. A private cloud is used within the internal infrastructure of an institution. Companies having sensitive data make use of this service as it provides greater security.



Hybrid Cloud:

Hybrid clouds combine public clouds with private clouds, with the two platforms interacting seamlessly together.

Benefits of using Cloud Computing



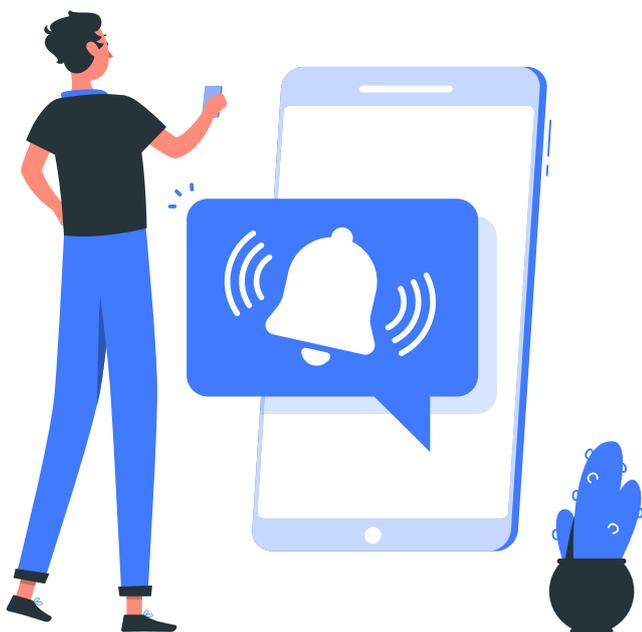
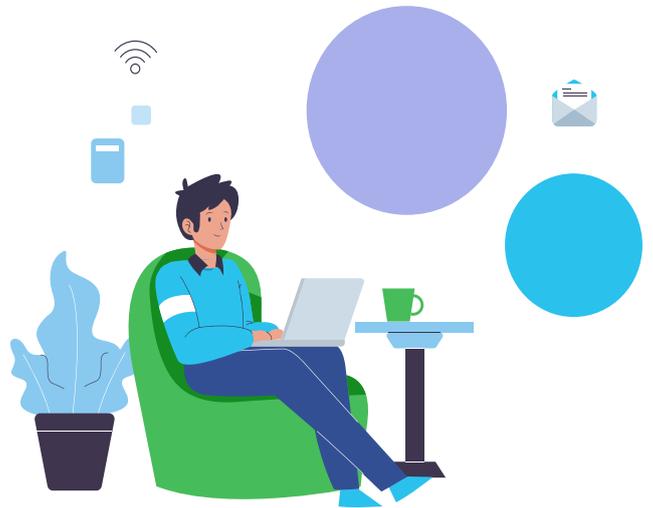
Reduced IT costs:

Rather than purchasing expensive systems and equipment for your business, you can reduce your costs by using the resources of your cloud computing service provider.

Scalability: It allows businesses to scale effectively as they do not need to invest their time and money into building and maintaining an infrastructure.

Flexibility of work practices:

Cloud computing allows employees to be more flexible in their work practices. For example, you have the ability to access data from home, on holiday, or via the commute to and from work (providing you have an internet connection). If you need access to your data while you are off-site, you can connect to your virtual office, quickly and easily.



Access to automatic updates:

Access to automatic updates for your IT requirements may be included in your service fee. Depending on your cloud computing service provider, your system will regularly be updated with the latest technology. This could include up-to-date versions of software, as well as upgrades to servers and computer processing power.





THE POPULATION CONTROL BILL

A widespread fact and a customary reminder, according to a forecast in a UN report of 2019, with an enormous population of 1.37 billion people, India by the year 2027 is supposed to take over China's title as the most populous country in the world.

While many comic artists have managed to bring out hilarity in mobbed Mumbai Locals and a switching station for Delhi Metro in particular; Rajiv Chowk, the severity to the massive population is effectuated by a commonly occurring debacle in India, the stampedes. The major stampedes, including those of the holy Kumbh Melas are installed in the memories of most Indians, yet, less significant stampedes are a common occurrence in the country.

The direness of the crisis caused by the current population, lest we forget the second wave of the pandemic, is intense. In realisation or as part of a stratagem, a bill was proposed in 2019 by Rakesh Sinha in

Rajya Sabha. Yet to be acted on, the bill follows the Two Child Policy thereby incentivising the followers and deterring the rest.

Before we get down to unjust weighing of the pros and cons of a bill at its genesis, we must familiarise ourselves with a key term, TFR. TFR or Total Fertility Rate, according to the UN, is defined as, the average number of live births a woman would have by age 50 if she were subject, throughout her life, to the age-specific fertility rates observed in a given year. A value of 2.1 is considered as the ideal TFR value.



The Bill and its opportunistic strengths and detrimental drawbacks

Incentivizing small families promises to motivate backward class families to abandon a widely accepted norm of, more children equal more manpower and adopt the ideals of the Two Child Policy.

The universal application of such an act that condemns a leader with over two children from contesting an election, will possibly bring more names in Indian politics. In its essence, the bill may curb the country's population and consequential drawbacks that follow, including unemployment, poverty, crime, pollution and with improvement in education and health sector lead to development. Lesser people will account for better management in a crisis, such as the Covid-19 pandemic the world has been under for the past couple of years.

Coming to the other side of the coin, despite its pros, the bill deems some pressing drawbacks as concerning as female foeticide and communal hate. Indians continue to cherish and desire male child excessively over a female, with limited conceptions there is a chance of hike in sex-selective abortions and make liberating the country of this social evil more challenging.

Communal targeting is being mentioned in conversations as we speak, amongst those brewing communal hate. Also, the bill in a likely negative impact may push the poor to more poverty with nabbed incentives. While there may be a debatable number of pros and cons to the bill, the question that arises is, with its current TFR at 2.22, does India even need a Population Control Bill?



PCB in UP & Assam: Development as agenda or election gimmick?

The Bharatiya Janata Party-ruled states have made discussion rounds regarding bringing forth PCB. In Assam, with TFR of 1.9, the bill has largely transpired communal targeting on the minority community, overlooking the root cause of population, education and the fact that literary rate is lowest in Assam's Muslim Community, the second largest of the population. While, in UP, TFR is 2.7, a little higher than the ideal rate, it has brought CM Yogi Adityanath to work on a draft for the state in all seriousness. The CM's attention to the same, despite considerable reduction in TFR, is slightly dubious with half a year left for the UP elections.

Both states present TFRs that do not necessarily demand a Population Control Bill but further attention is required on other concerning issues such as upliftment of women.

If nothing, we must learn from the mistakes of our neighbouring country, China, who after imposing strict laws of One Child Policy, are now encouraging families to have three children, and understand, a bill to control the population of a country with an already decreasing TFR, is not the solution. Also, after analysing the Population Control Bill and its implications in entirety, it is apparent that neither the bill is the solution to overpopulation, nor is population the ultimate crisis. Where most problems are directly or indirectly linked to population, the central solution to every predicament is education and should be a prime focus for a country on the way to development.

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“They make a desolation and call it peace.
My memory is again in the way of your history.”

THE MAP OF ABSENCE

Settler Colonialism, in definition, refers to the removal/strategic displacement of indigenous population to make way for colonialist groups. It involves an invasive settler society and has historically required genocide in eventual phases to guarantee permanent land grab for exogenous domination, while either wiping out or repressing primordial communities. It's a power system. One that perpetuates abduction and exploitation of resources by settler groups and furthers ecological oppression.

A discourse on settler colonialism cannot be undertaken without soliciting mention of the United States of America and its history of militaristic practice of warfare aimed at eliminating indigenous tribes, under the garb of being divinely chosen discoverers of a "virgin land" they were ordained to claim. Anglo-American settlers viewed the indigene through their lens of imagined elitism, perceiving these tribes as inferior occupiers of the land. They moulded the idea of Manifest Destiny (out of absolute thin air) during the mid-nineteenth century to justify their crusade of expansion and domination over natives.

A score of ethnic cleansing projects, genocides and forceful territorial expansion ventures (both within the land and in their overseas empire consisting islands of Hawaii and Philippines) later, comes a profusely revered model of democracy and capitalism the East often aspires to.

However, the continent-wide and centuries-long bloodletting gets largely overlooked in American ethno-history and imperial history, it begs the question, do transnational relations obstruct serious dialogue concerning skeletons in the closet, and is transnational solidarity capable of functioning as an effective check on, as the purported greatest opponent of, transnational settler colonialism and imperialism ?

Let's go over this with a fine-tooth comb.

Palestine. The Nakba of 1948. Two-thirds of the Palestinian population, yes you heard it right, two-thirds of Palestinian society - 500 villages accounting for seven lakh people expelled by Zionist paramilitaries, through a campaign that wasn't without rampant human rights abuse. We are talking about people who had inhabited the area for centuries and in the blink of an eye were turned into refugees on their own land, by powers they couldn't even add faces to. Thus came into being the state of Israel.

A common defense Zionists often resort to in the Israel-Palestine conflict discourse is that of anti-semitism. While anti-semitism is a social evil, Zionism originated as an ideology seeking to establish a Jewish national state in the Middle East - presupposed birthplace of Judaism. Social activists advocating for palestinian

equality and justice increasingly employ the term Zionism in both formal and informal exchanges owing to sharp resemblance the movement bears with other colonialist operations from history.

Movements that sought new life and identity in already inhabited countries - in the southern tip of Africa, in Australia and New Zealand, where white settlers destroyed the local population to enact themselves as owners of the land, as its native population. In fact, the Hebrew verb *le-hitnahel* or *le-hityashev* and Hebrew nouns *hitanchalut* and *hitayasvut* have been used since 1882 by the Zionist movement and translate into English as "to settle", "to colonize", "settlement" and "colonization" respectively.

Informal discrimination in rendering welfare benefits, land rights, job hiring policies against the Palestinian minority in Israel are a few factors that reveal the state's overtly racist and apartheid nature. The Israel of today is one that separates and discriminates on grounds of ethnicity, religion and nationality. On both sides of the Green Line.

Ethnic cleansing, as mentioned before, is the favoured course of action opted for by settler colonialists.

Since Second World War, the international community views it as a hideous crime that can lead to genocide - since both require you to dehumanize your victim in order to implement the vision of ethnic purity. (perhaps some of y'all have already started drawing the spine-chilling parallel in your mind, we'll get to that, the model at home is every bit the point).

Refusal to allow return of refugees, militarization of Palestine, the siege on Gaza, occupation by force and persecution of Palestinians in the West Bank, erection of the apartheid wall, silent transfer of Palestinians from Jerusalem; are all stages in the ethnic cleansing operation to re-establish Jewish settlers as the sole race entitled to the land. The conflict is a relentless engagement with the objective of taking over as much of Palestine as possible and to de-Arabize the country. The one heavy-weight cause keeping Israel marching on this trajectory of oppression? Complicitness of the West. No wonder social critics call it a diplomatic nightmare.

But why have political activists begun advancing the issue of Kashmir on the subject of settler colonialism, especially in recent years with mounting concerns surrounding majoritarian outfits? Quoting Ilan Pappé, "to forget about the past means forgetting about the future because the past involves aspirations, hopes, many

of them entirely justified that will be dealt with in the future if you pay attention to them". India has long claimed Kashmir as its own. Question arises, was it really ever up-to India to claim? A trip to the accounts of Partition answers that question.

On 15th August, 1947 British India was partitioned into the independent nation-states of India and Pakistan. **The rulers of 'princely-states', bearing in mind the wishes of their people**, were ordered to choose either to accede to India or Pakistan. Maharaja Hari Singh, Hindu-ruler of Muslim-majority Kashmir, delayed his decision. When armed tribesmen from Pakistan's North-West Frontier Province entered Kashmir to join an internal revolt and went around looting, raping, terrorizing locals; the Maharaja requested help from India and concurrently signed the Instrument of Accession, acceding Kashmir to India.

The accession was viewed as provisional, pending a plebiscite to determine the will of Kashmiri people. On New Year's Eve 1948 amidst turmoil of the Indo-Pakistan War, India referred the Kashmir issue to the United Nations and a year later both the countries agreed to a

plebiscite and withdrawal of troops conforming to the UN-brokered ceasefire. Sheikh Abdullah had called for elections in J & K to create a constituent assembly to determine Kashmir's future, the UN Security Council resolution rejected elections as proxy for a plebiscite. Flustered ? Let me shed some clarity.



The plebiscite was never held. It was/still is a pledge not redeemed. The Kashmiri right to self-determination was shrugged off and put aside for an indefinite period of time.

Since then, till the abrogation of Article 370, too much has happened to accommodate within a couple of paragraphs. Atrocities committed by Indian paramilitary forces with impunity, tyranny of islamophobic Indian bureaucrats, brutalities committed by militants against pundits of the region, the case of Mubeena Gani and countless reports of human

rights abuse during crackdowns - all etched on the streets of Kashmir, on bricks of every house, on open fields the likes of paradise. Above all, they are engraved in the memories of Kashmiri people, in their struggle for autonomy and self-determination.

**They make a desolation and call it peace.
My memory is again in the way of your history.**

Shahid Ali's poems ring harsh, ring true. People live in Kashmir either obeying soldiers or militants.

In post-colonial literature, settler colonialism entails factors like migration and an assumed power dynamic. Law forms the backbone of this system, legitimizing suppression and displacement of the colonized. Law is the stepping stone for settler colonialism projects.

By overriding the constitutional order that had previously empowered the state legislature to define permanent residents and allow property related privileges, the abrogation not only revoked Kashmir's special autonomous status (a provision that should've ideally made way for the plebiscite) but also stripped it of statehood altogether.

Essentially, the vigorous attempts to fuel enmity along communal lines is something Kashmir is experiencing only in recent years. Basharat Peer reminds, Islam in Kashmir has borrowed elements from Hindu and Buddhist pasts, Hindus have incorporated Muslim practices. Tensions in Kashmiri society which were for the greater part class-based, never really erupted in sectarian violence. Not until the armed conflict in the 1980s when militants went on a killing spree, devoid of people's religious affiliations.

While the rationale provided by lawmakers for scrapping the article, is development, efforts to paint the indigenous community of Kashmir as the /exogenous/ population with blaring promotions of the Amarnath pilgrimage and attempts to romanticize Kashmir's public identity as a religious one, a Hindu one at that, cannot be disregarded. Not to mention, Kashmiri businesses suffered a death blow with mining bids being solicited online while the now-union-territory was under highly restricted internet connectivity; allowing opportunity for non-Kashmiris to procure maximum mining extraction contracts.

As stated by Hilal Bhatt, neither nation, not India, not Pakistan, speaks to the foremost aspiration of Kashmiris. Neither acknowledges the histories of feudal and colonial betrayal, in which Kashmir's inclusion was sought in assembling India and Pakistan 's nation-states. India all too easily forgets its own history under British rule, and the declaration of its freedom fighters - The oppressor DOES NOT have the privilege of judging when a people are 'deserving' of freedom.

Every regime since the partition has partaken in what political scholars call settler-colonial violence. India's collusion in the face of endeavours that foster settler-like desire in non-Kashmiris and those that feed into the re-imagined non-muslim Kashmir narrative is reprehensible. It is disheartening. Unless we walk abreast, collectively fighting for the Kashmiri cause and case for self-determination, we will go down in history alongside other colonialist countries that found mention in this article.

Bol ke lab azaad hai tere, Bol zubaan ab tak teri hai ;

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REIN IN

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Took them 19 years, 10 months, 3 weeks and 2 days of relentless tussle to get back in reign. Now they are back with all their wit and power. It all started back on 7th October, 2001, the US led forces in Afghanistan removed Taliban from power. Since then they were strategizing to get back in power by following a rapid offensive attack.

'Taliban' a word derived from Pashto language which means 'students' emerged back in early 1990s in Northern Pakistan following the withdrawal of Soviet troops from Afghanistan. They preached a hardline form of Sunni Islam. Once they got in power, they promised to restore peace and security and enforce their own austere version of Sharia or Islamic law in areas straddling Pakistan and Afghanistan. Taliban had a well oriented leadership structure and system with Amir al – Mu'minin being the leader.

Taliban extended their influence quickly from south-western part of Afghanistan. The province of Herat, bordering Iran, was conquered by the Taliban in September 1995. Soon after a year Kabul, the capital of Afghanistan, was also seized by President Burhanuddin Rabbani. President Burhanuddin Rabbani was one among the founding fathers of the Mujahideen community in Afghanistan.

By 1998, almost 90% of Afghanistan was under the control of the Taliban. Taliban was welcomed grandly during those times as the people were weary of the then existing Mujahideens and their rules. Taliban became popular largely as the rules and norms that they kept forward were acceptable and fair for the people. They stamped out corruption, curbed lawlessness and ensured safety in areas and roads under their control for commerce to flourish.



In addition to this they even included punishments with respect to the Sharia law. Convicted adulterers, and murderers were executed publicly. Those who were even guilty of theft and involved in such an act were amputated. It was strictly instructed for the man to grow beards and women were supposed to wear burka that covered their whole body. Further, their reign prohibited music, television, and cinema, girls of age 10 and above were not allowed to go to school. Cultural abuses and accusations against human rights were also one among their acts.

This can be seen in their destruction of the famous Bamiyan Buddha statues in Central Afghanistan in 2001. In October 2012, Malala Yousafzai, a school girl and rights activist was shot by the Pakistani Taliban which came to be one of the most high profile and internationally discussed cases. Their influence reduced in Pakistan with the Peshawar school massacre and killing of the leader Hakimullah Mehsud.

On 11 September 2001, Taliban were highly accused of providing a sanctuary for the prime suspects – Osama Bin Laden and his al – Qaeda Movement. Despite being targets of one of the largest man hunts in the world Osama Bin Laden and Mullah Mohammad Omar the then leader of the group somehow evaded US led military forces during their attack on them. The same manhunt led to the reign collapsing. A high profile raid was carried out on NATO's Camp Bastion Base.

Mistrust rose on all sides. Taliban covered up the death of Mullah Omar stating that it was due to health problems. It took them weeks to find a new leader. Mullah Mansour was appointed as the new leader who had been the deputy of Mullah Omar.

Kunduz, a strategically important city, was taken over by the Taliban after a long break. In May 2016, Mullah Mansour was executed in a US drone strike. He was then replaced by Mawlawi Hibatullah Akhundzada, Mullah Mansour's deputy.

Passing years saw the transformation of Taliban's complex attacks on military outposts and cities to the targeted assassinations which terrorized Afghan civilians. Their extremist ideology remains the same with slight changes made to their strategies. In April 2021, the new US president Joe Biden without any international support announced that all American forces would leave the country by 11 September. With the withdrawal of the foreign power, Taliban once again conquered Kabul. Decades of struggle gave them the superpower to make it happen.

Talibans swept across Afghanistan within just 10 days, and took the first provincial capital by 6 August. They were at the gates of Kabul by 15 August. Their lightning attacks made people head towards neighboring countries. Return of the Taliban to power brought an end to almost 20 years of a US led coalition in that country. The Taliban back in power was supported by Pakistan in its resurrection. The coalition government was to be formed with equal terms of both Taliban and Afghanistan such that there would be no more conflict in future.

The formation of a coalition government was not decided till then. Behind the scenes agreements between part of the Afghan government and Taliban leadership was their guide to the transition of power. The Afghan government failed to provide its civil society with a national idea which could unite the entire population of the country. While the Taliban leadership in recent years have been able to form an extremely effective propaganda system, borrowing much of the methodology and approach of ISIS.



to withdraw. Instead of ensuring equal access to administrative and economic resources for the people of the country, it was forced to provide and protect only one group.

The postulates and slogans that the Taliban has put forth clears the way for such a misunderstanding. "The Taliban came to power to end war and corruption", "The Taliban today are not what they were before", and "The new society will be organized as a single community, without singling out any class or part of it." These slogans attracted many citizens.

The failure of the US in the national settlement process, can be counted as a primary reason for the hardliners' resurgence. The Americans provided financial support to the country and accepted all the conditions kept forth by the Pakistan leadership thinking that they could convince Pakistan in the long run. Similarly, US security and military building strategy failed too. Rather than conducting military operations on a large scale, the US built Afghan Army was made to be a police force, constricted to maintaining order in the country. The Afghan Army never received any equipment, putting them in a spot, lacking preparation in the face of any colossal attack, while the US Army had been equipped with modern weapons. Until today, unless a massive air support is provided Afghan Army is unable to conduct combat operations.

In short, the above mentioned factors ultimately paved the way for such a quick and relatively bloodless takeover by the Taliban soon after US troops began

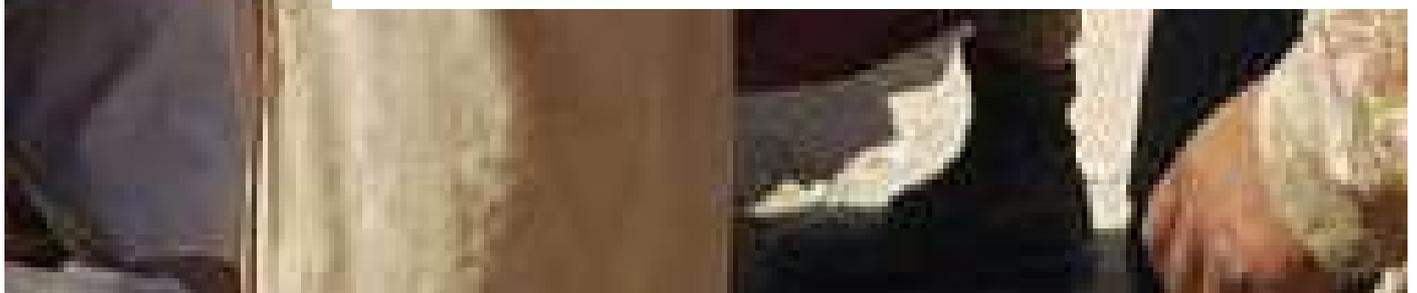
The collapse of humanitarian facilities exhausted the citizenry. Need to address support for education, the banking system and cooperation of Taliban authorities; Afghanistan at present, is facing a major economic crisis that affects the basic needs of millions of Afghans. The rise in prices of food and other essentials counts as an economic crisis. The UN has reported limited access to cash as banks remained closed, leading to prevailing food shortages. Donors halted most of their international aid to Afghanistan's governmental institutions and agencies. The education system is also facing a lot of difficulties in funding students for higher studies. Health sector has been deteriorating. Human rights abuse is not unprecedented under this regime.

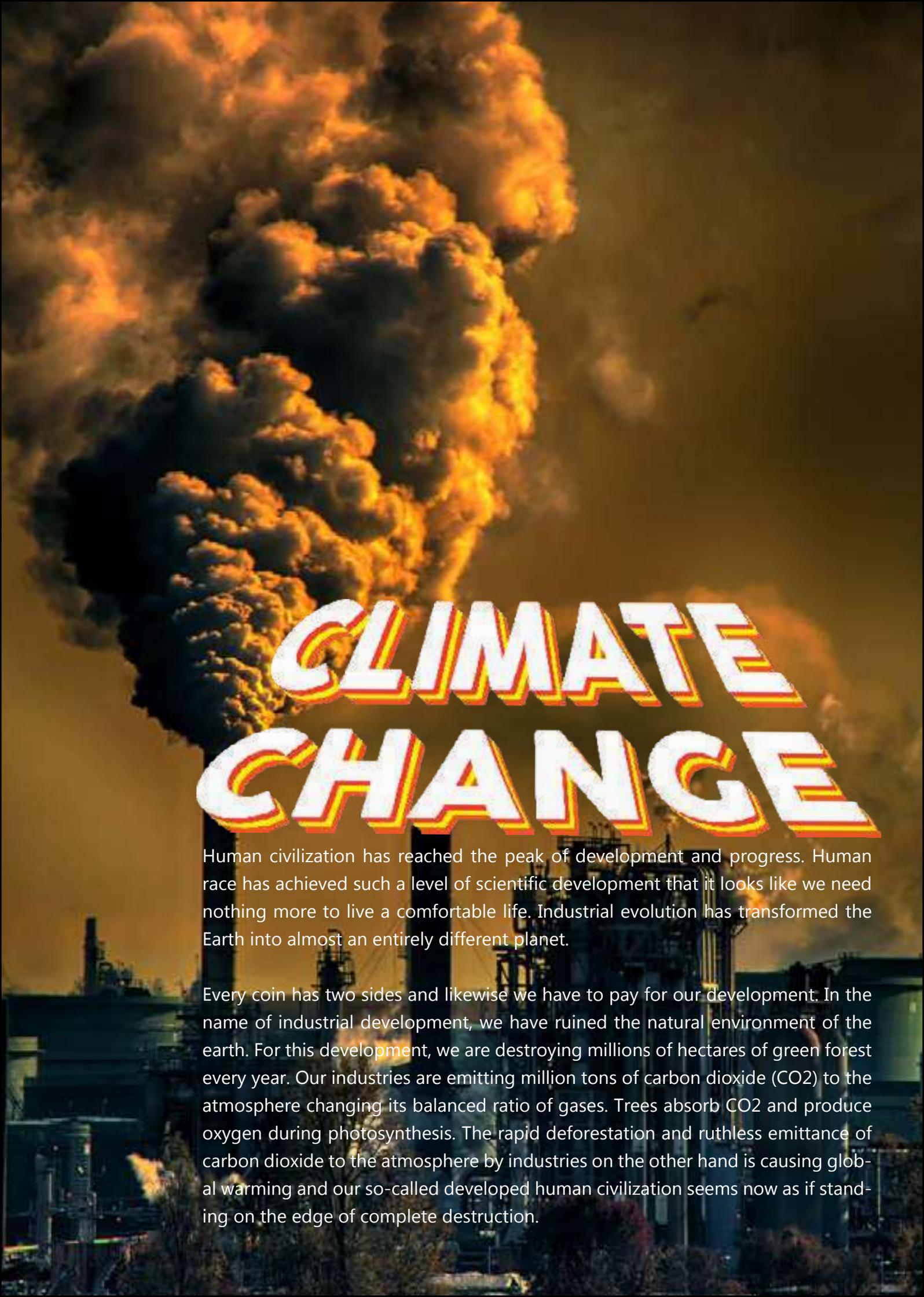




Considering practical assumptions, the Taliban will follow the model of neighboring Iran. At the same time, it is unlikely that the Taliban will create a parliament. So, most likely the state model will be something in between the Iranian model and the ISIS structure.

The main problem is that such a rapid rein in was in many ways unexpected for the Taliban themselves, who do not seem to have been ready for such a new responsibility. Thus, the biggest question in this regard is to what extent the new government will be able to solve the problems facing the country and pull the state out of the crisis.





CLIMATE CHANGE

Human civilization has reached the peak of development and progress. Human race has achieved such a level of scientific development that it looks like we need nothing more to live a comfortable life. Industrial evolution has transformed the Earth into almost an entirely different planet.

Every coin has two sides and likewise we have to pay for our development. In the name of industrial development, we have ruined the natural environment of the earth. For this development, we are destroying millions of hectares of green forest every year. Our industries are emitting million tons of carbon dioxide (CO₂) to the atmosphere changing its balanced ratio of gases. Trees absorb CO₂ and produce oxygen during photosynthesis. The rapid deforestation and ruthless emittance of carbon dioxide to the atmosphere by industries on the other hand is causing global warming and our so-called developed human civilization seems now as if standing on the edge of complete destruction.

The usage of air conditioners along with vehicles are also major causes of increasing levels of CO₂ in the air. We are witnessing the adverse effect of our imprudent lifestyle and self-destruction in the name of progress more frequently nowadays than before. Natural calamities are occurring in many parts of the world very often. Glaciers, those that had stored ice for millions of years, are melting at a perilous pace, warning us to be prepared for the consequences of our acts.

Climate change is a natural process, but the rapid rate and the magnitude of it occurring now is a matter of increasing concern among scientists .

Human activities in the name of development have increased greenhouse gases in the atmosphere due to over use of fuel in vehicles and industries leading to increase in retention of heat which is resulting in increase of surface temperature. Atmospheric aerosols alter climate by releasing and absorbing solar and infrared radiation and they may also change the microphysical and chemical properties of clouds.

In the recent years, the world has faced numerous unprecedented natural calamities. Due to global warming, glaciers are melting, snow melt runoffs have become more frequent. In February 2021, an avalanche caused the death of hundreds of people. The loss of property was also no less.

Cyclones are a natural occurrence, but in recent days cyclones are occurring more frequently than ever, making large water bodies unsafe for fishing and shipping. They are caused due to a continuous escalation in the quantity of hot air over the ocean surface. Then that vacant space is occupied by the cool air around, which further heats up and rises.

Rain due to bursting of clouds claims lives of many animals and human beings whenever it occurs. However, it takes place very rarely. But in recent days, cloudbursts and flash floods are happening more often, posing a predominant threat to valuable lives. Flash floods in the Arabian desert is an example of bursting of clouds.

Rainy season in Asian countries used to start in June or July and end in September or October. In the beginning, it used to rain heavily which would help in filling all the ponds and rivers that were dried up. It then continued for around two months like this and gradually slowed down by October. But nowadays, in many parts monsoon arrives at the end of July and unnatural heavy rain is witnessed even in October due to low atmospheric pressure. On the other hand, many regions experience heavy rainfall with an alternate lack of rainfall later in the season causing severe damage to crops.

Thunderstorms with rain is a common natural phenomenon, but in the present time, lightning and thunderstorms are the reason for more deaths of humans and animals than before. This change in the nature of clouds is taking place due to the proportionate imbalance of gases in the atmosphere as per researchers.



Study says, lightning has increased by 34% in the recent days. Areas like eastern Europe, Poland, Scandinavia, eastern third of the United States, Southeastern Canada, southeastern coast of China and Taiwan are facing severe difficulties due to acid rain.

Analysis of rainwater samples of many parts of India also showed a pH level varying from 4.77 to 5.33, indicating that these places have eventually been receiving "acid rain". It is caused by a chemical reaction that begins when compounds like sulfur dioxide and nitrogen oxides are released into the air. These substances can rise very high into the atmosphere, where they mix and react with water, oxygen and other chemicals to form more acidic pollutants known as acid rain.

Severe increase in the temperature of earth is causing many terrible changes in its environment which can't be ignored. Around 35 years ago, earth gave a warning sign to humans to control pollution and carelessness towards nature in the name of development by revealing minor but alarming holes in the ozone layer. This ozone layer is known to be the protective layer which surrounds the earth's atmosphere and doesn't let harmful UV rays enter. Holes in the layer are now increased and this time even bigger than before and due to harmful UV rays are reaching earth's surface, causing fatal diseases like skin cancer. These rays are also deadly towards animals and it's the reason for the extinction of many animal and plant species also.

This is an urgent wake-up call for the human race to open up their eyes and cease their merciless treatment towards nature. Deforestation needs to be completely prohibited. Every nation needs to take forestation as an important part of government activities.

For running of vehicles and production of energy, the use of fuel must be reduced to an optimum possible limit.

The production of electricity by hydel, solar or atomic power plants is the need of the moment for every country. The use of cooling and refrigeration systems needs to be reduced to achieve control over global warming as these machines also release some harmful greenhouse gases like CFC to the atmosphere. Use of timber and cutting of trees must be treated as an unpardonable crime. Plantation should be considered as a very important part of government activities.

The human race is on the verge of being extinct because of our own carelessness and negligence. As inhabitants it's our duty to stop polluting our own earth, seas, soil and air. We need to realize that all these activities are for our own betterment and planting trees will help us attain adequate oxygen levels. All we need to do is reduce usage of some machines that are harming the atmosphere. If we don't open our eyes now, we will be facing terrible

EARTH PROVIDES ENOUGH TO SATISFY EVERY MAN'S NEEDS, BUT NOT EVERY MAN'S GREED.

~ MAHATMA GANDHI

Priyanka Mohapatra

12100613

M.Sc Microbiology

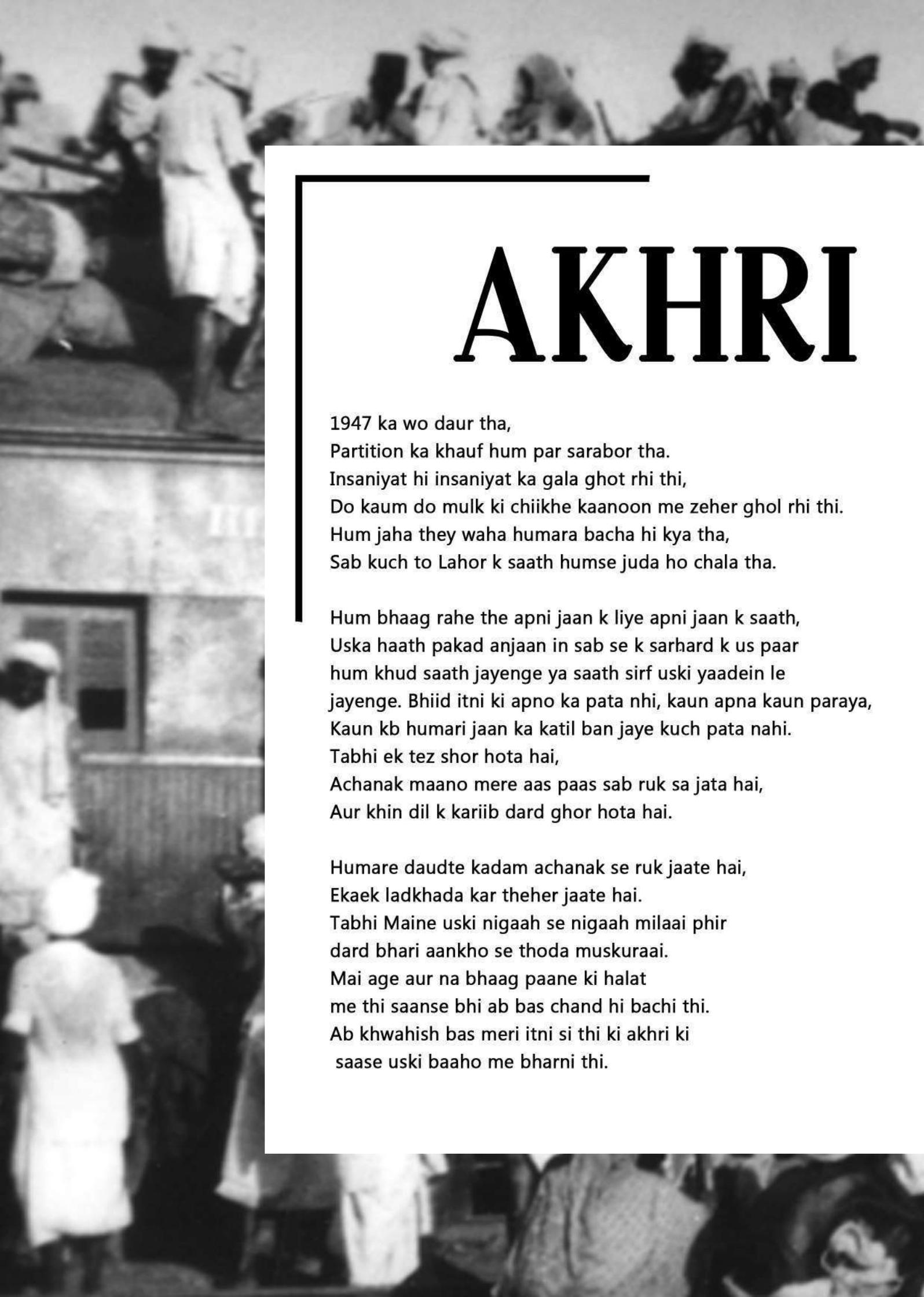
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Peircing the mundane to
find the marvelous



AKHRI

1947 ka wo daur tha,
Partition ka khauf hum par sarabor tha.
Insaniyat hi insaniyat ka gala ghot rhi thi,
Do kaum do mulk ki chiikhe kaanon me zeher ghol rhi thi.
Hum jaha they waha humara bacha hi kya tha,
Sab kuch to Lahor k saath humse juda ho chala tha.

Hum bhaag rahe the apni jaan k liye apni jaan k saath,
Uska haath pakad anjaan in sab se k sarhard k us paar
hum khud saath jayenge ya saath sirf uski yaadein le
jayenge. Bhiid itni ki apno ka pata nhi, kaun apna kaun paraya,
Kaun kb humari jaan ka katil ban jaye kuch pata nahi.
Tabhi ek tez shor hota hai,
Achanak maano mere aas paas sab ruk sa jata hai,
Aur khin dil k kariib dard ghor hota hai.

Humare daudte kadam achanak se ruk jaate hai,
Ekaek ladkhada kar theher jaate hai.
Tabhi Maine uski nigaah se nigaah milaai phir
dard bhari aankho se thoda muskuraai.
Mai age aur na bhaag paane ki halat
me thi saanse bhi ab bas chand hi bachi thi.
Ab khwahish bas meri itni si thi ki akhri ki
saase uski baaho me bharni thi.

ALVIDA

Par waqt kam tha aur uska yha se nikalna zada zruri tha.
Maine uski pakad se khud ko riha kiya
aur an chahe man se akhiri alvida kiya.
Usne shikayatein laakh ki bola tumse juda
ho meri rooh mere saath nhi.

Mai rahu na rahu meri yaadon ka aqs
to tujhme humesha rava hoga,
Meri maujoodgi ka ehesaas in guzarti
hawaa k saath sada hoga.
Haath chhod usne theher chuke kadam age badhae,
Dil masos wo bhi thoda dard me muskuraaye,
Mohobbat ka safar sirf itna tha ye baat
hum dono ko hi khatki,
Kuch na kar paane ki humari kamzori thi waqt k
age humari bhi majboori thi.

Meri band hoti aakho ko apna ek akhri nazara de gaya.
Aur mere dupatte me lipti meri nishani ko
apna haq man wo apne saath le gya.
Jaate jaate piiche mud ek baar bhi mere alvida
ka jawab to de de usne itna bhi na kiya,
Zid me ada apni baat pe-ki tum to mere saath
ja rhi ho to phir kiyu kahu mai tujhe akhri alvida.





Hai kiyu ye akhri alvida
Kuch kisse they sarhad par lakiir khichne se pehele k,
Jo bikhare they batware ki thokar pa k.
Ishq wale azaad khwaab the mere jo udte kaid
hindustan k asma me ja k.
Saal 1947 k vasant ka mahina jo gulzaar tha humare
saath ko pa k August ki tapti dhup ne
jhulsa bekas kiya armaan humare.
Yaad us zamane ki aj kuch dhundla si gyi
hai jis haath me haath thaam hum apne ane wale
halatoon se bhaag rhe the,
Ab unme silwatein a chuki hai.
Magar..Pakiza sa wo chehera mujhe aj bhi yaad hai
maano wo to kabhi gai hi nhi aj bhi mere pass hai.

Mujhe ek nazar bhar dekhne ghar walo
se chhup chhipa daudi chali ati chhajje pe,
Nigaahe teke gali k chhoor par intezaar
krti mera har shaam savere me.
Jo nazre mile agar usse kbhi to
sharma kr idhar udhar hai dekhti,
Chori jo uski kbhi pakdi jati,
To sehemi si chehere pe aati latoon
ko kaano k piiche hai dhakelti.
Bahane kr baar baar bazaar me wo
jhumke hai hazaar dekhti,
Meri ek haan k ishaare pe meri
pasand k har rang hai chunti.



Laakh sapne humne me bhi dekhe the,
Saath rehene ki tamanna humari bhi thi.
Ab faqat uski ek jhalak bhar dikh jaye
ye dua har ayat k saath hai ki.
Khuda bhi kuch berehem sa nikla
mijaaz uska pighlne wala na tha.
Mere naam ka to sab Lahor chhut gaya,
Haath mere bas uska dupatta hi tha.

Guzar gya wo waqt humara ab to
bas waqt kaṭ rahe hai,
Kisse kahaniyaan nayi ho ya purani sab
kuch ab us dupatte se baant rhe hai.
Deedar to bhut door ki baat hai Awaz
sune uski na jane kitna arsa-baras gya,
Uski payal ki khanak ko sunne ab to
khud Ilahi bhi taras gya.
Guzarti hawaon se le mere har ek
ehesaas me hai paya tujhe,
Bezubaan hi shi teri nishani ka aks mere pass hai
thehera to bata kaise kehe du akhri alvida tujhe?

Saumya Gupta
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GEORGE AND THE RATS



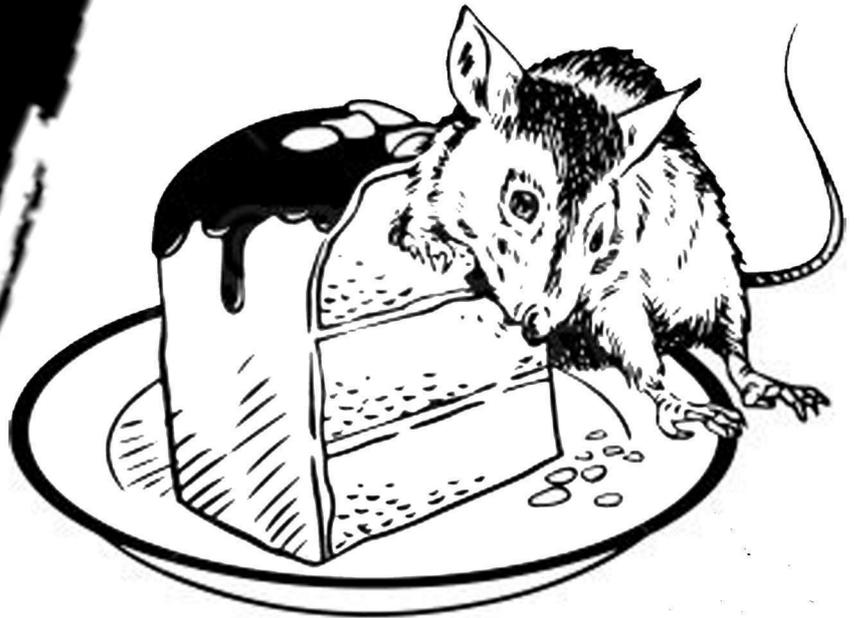
George Washington, a mathematics professor got a job in the town recently. He rented a house nearby the university campus and moved in with his family. Everything was going well till they realised a problem. Their house had a lot of rats. May be it was because the building had remained closed for years.

George's wife Lizzy, who freaked out even from cockroaches, had to now battle with rats. She was worried about their children's health so she wanted to get rid of the rats as quickly as possible. For this task, she employed her multi talented husband. He transformed from a professor to a successful rat hunter in a matter of few weeks.

Meanwhile, their children Dan and Jenny were amazed to see these everyday adventures. For them it was like watching a new Jumanji sequel every day. But it was difficult for the professor to keep playing a rat hunter for long. In the end, he decided to talk with their house owner Rick about the problem.



George requested him to get the repellent sprayed in the house to keep the unwanted inhabitants away. But Rick found professor's problem nonsense. He told George that he should not make a big issue out of small rats. Professor left his house in anger. He felt that Rick was overlooking the issue to avoid spraying costs and decided to shift to a new residence.



In couple of weeks, George was able to find a new apartment. On one fine Sunday, they decided to shift their belongings to the new place. Till evening, they had transferred everything from small photoframes to big furniture successfully. George put the remaining luggage and some boxes in the car trunk as he drove his family to the new residence. Afterwards, he went to Rick's residence to hand over the house keys to him. After coming out, he carefully looked around to check nobody was watching him. He took out a box out of his car's trunk. He released all the rats he had caught in the past weeks into Rick's house to teach him a lesson that small rats can prove to be a big nuisance.



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BA Journalism and Mass Comm.

Home Sweet Home

"Lights will guide you home..." – Coldplay

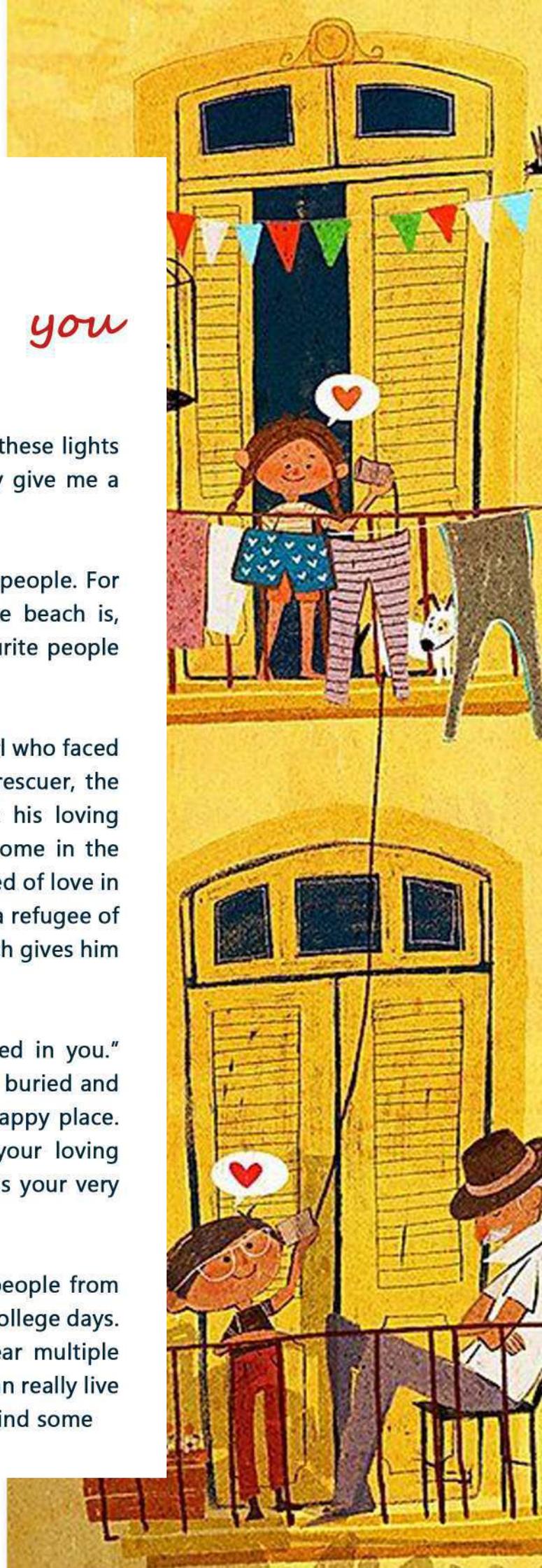
Coming back after a long day after school it's these lights which give me a sense of home. But then they give me a "sense of home".

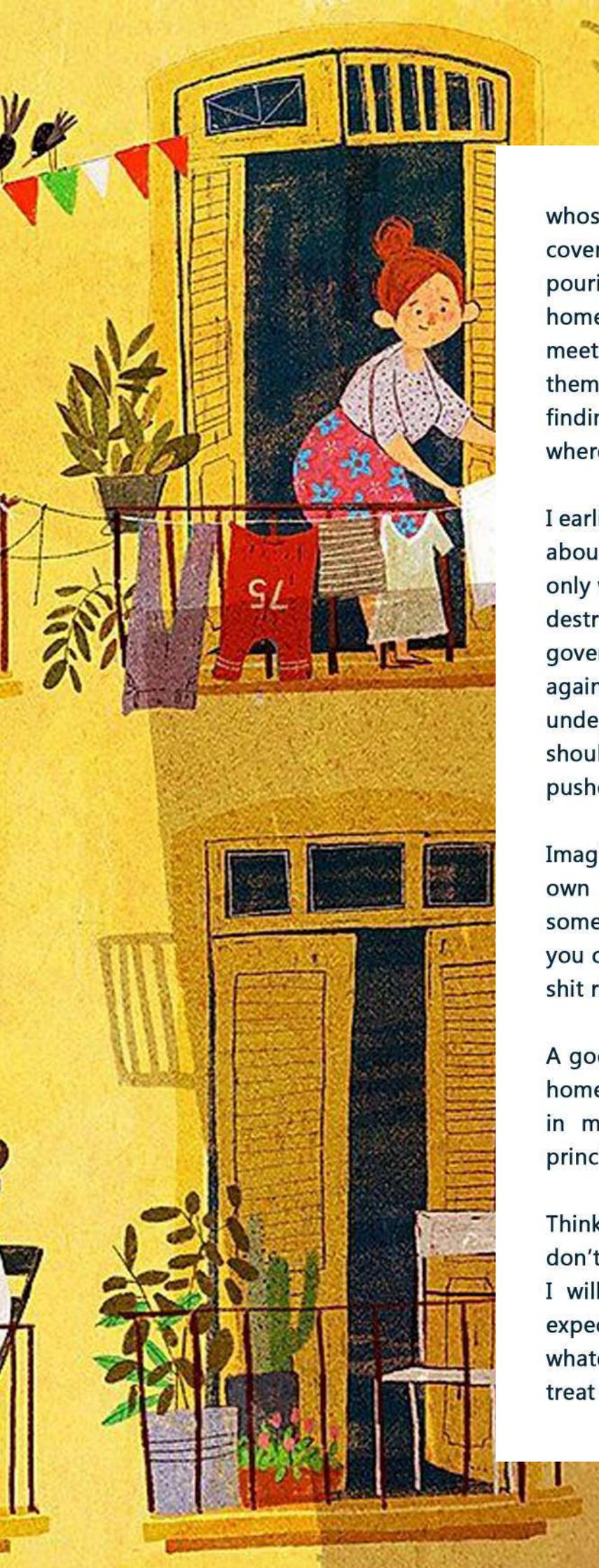
The word "home" means different for different people. For me, home is where my family lives, where the beach is, where I have my favourite books and my favourite people by my side... for me, home means many things.

But then this differs from person to person, a girl who faced abuse in her house will find her home in her rescuer, the orphaned kid would find his home in amidst his loving foster parents, a drug addict would find his home in the people he met in his AA meetings, a boy deprived of love in his house would find his home in his girlfriend, a refugee of war would probably find home in a country which gives him asylum.

"Home is not a word, it's an emotion uprooted in you." Home could be the place where you wish to be buried and spend your last days in peace. Home is your happy place. Home is your rejuvenation centre. Home is your loving parents. Home is your everlasting love. Home is your very lifeline.

I have had the opportunity of meeting many people from different parts of the country in my school and college days. Every time I hear people speak of home, I hear multiple things, some think their "home is okay", some can really live anywhere, some don't really bother and then I find some





whose eyes go wide with passion and their pupils cover most of their irises as I find the truest love pouring out from their hearts when they talk of home. You could present them with an option of meeting the Lord Almighty and yet you could find them choosing to go home. You would find them finding their way back home, no matter from wherever they are in whichever position in life.

I earlier used to think that people made a big fuss about leaving home for higher studies, but then only when I get to meet people whose homes are destroyed by the pointless laws of the government and the useless wars which we wage against each other, I have come to a greater understanding that "Home is a birthright and one should never ever end up in a situation of being pushed away from their home".

Imagine someone entering your safe space, your own home and causing havoc there. Imagine someone tearing apart the place (or relationship you consider home), brick by brick. You lose your shit right?

A good man never interferes with another man's home. What is happening right now in our world in multiple places is violating this very core principle.

Thinking about home, makes me ensure that I don't take my home lightly, "you touch my home, I will come back at you in a way you never expect", respect your home (or whatever/whomever you consider home) and treat others' home with an even greater respect.

Arokiya Philo
12003679

Lovely School of Architecture & Design

भले ही वो मेरी से बोहोत दूर था
अंधेरे मे भी उसका साया मुझे जुहूर था
इतनी तारीफों भरे नगमें गाये थे मैंने, उन्ही
नगमों की वजह से उसे खुद पे गुरूर था
मुहब्बत में गलतियाँ होती रहती हैं सबसे
लेकिन मेरे हजिर मे किसी और का कुसुर था
उसके हुसन पर गजलें लिखिते थे तुम आदि
वही गजलें सुन के तो उनके चेहरे पे नूर था

Lovepreet Singh
12013954
Performing Arts

Gathering ashes of people, places, memories.

I've been hung up on people, places and memories
For a long time.

Woven a basket of love,
Sent it to the ones with dark hearts.
I've abandoned squares and corners,
To avoid faces of monsters.
But there's a loop
Tying strings of nightmare
Repeating cycles of past flare.

I've been ringing doorbells of the wrong houses,
Familiar faces behind the doors
With a hostile invite
Hands so cold.

I've banished romance and lovers
To avoid grief of betrayal.
But there's a person
In my head, my thoughts, my heart
reminiscent horizons of pain
Massacre of my every vein.

I've been clenching onto the ropes
to mortals who no more
Have plans to stay
The insides of my hands are bleeding
Tracing more lines on my palm.
I've dispelled cigarettes and coffee mugs
To avoid burning of lungs
But there's a matchstick
I want to throw away
Standing in the midst of devoured places,
I'm gathering ashes of people, places and memories.

Sanskrity Mishra

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BA Journalism and Mass Comm.

ART



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**VIKANSHI
SINGH**

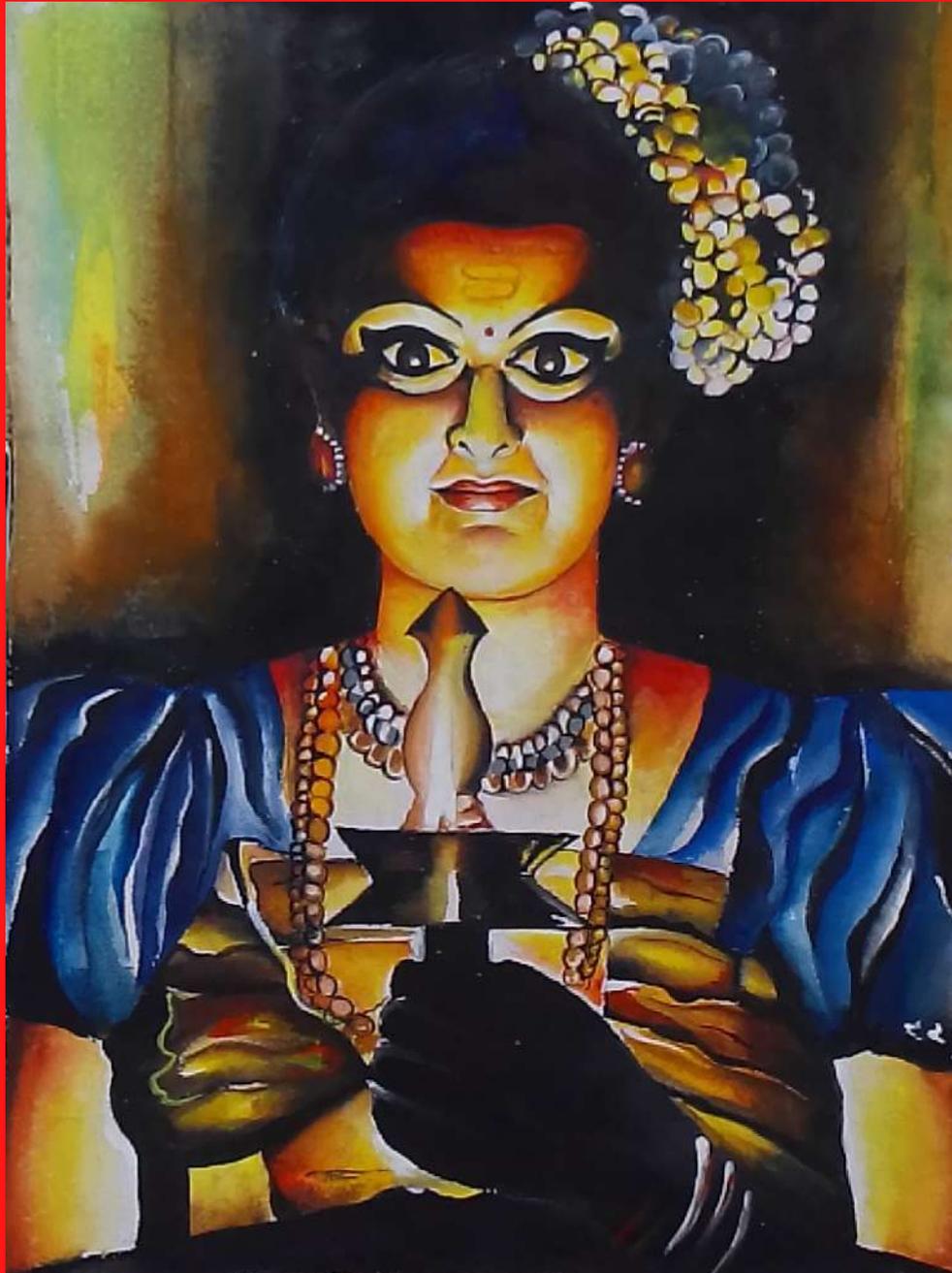
ART



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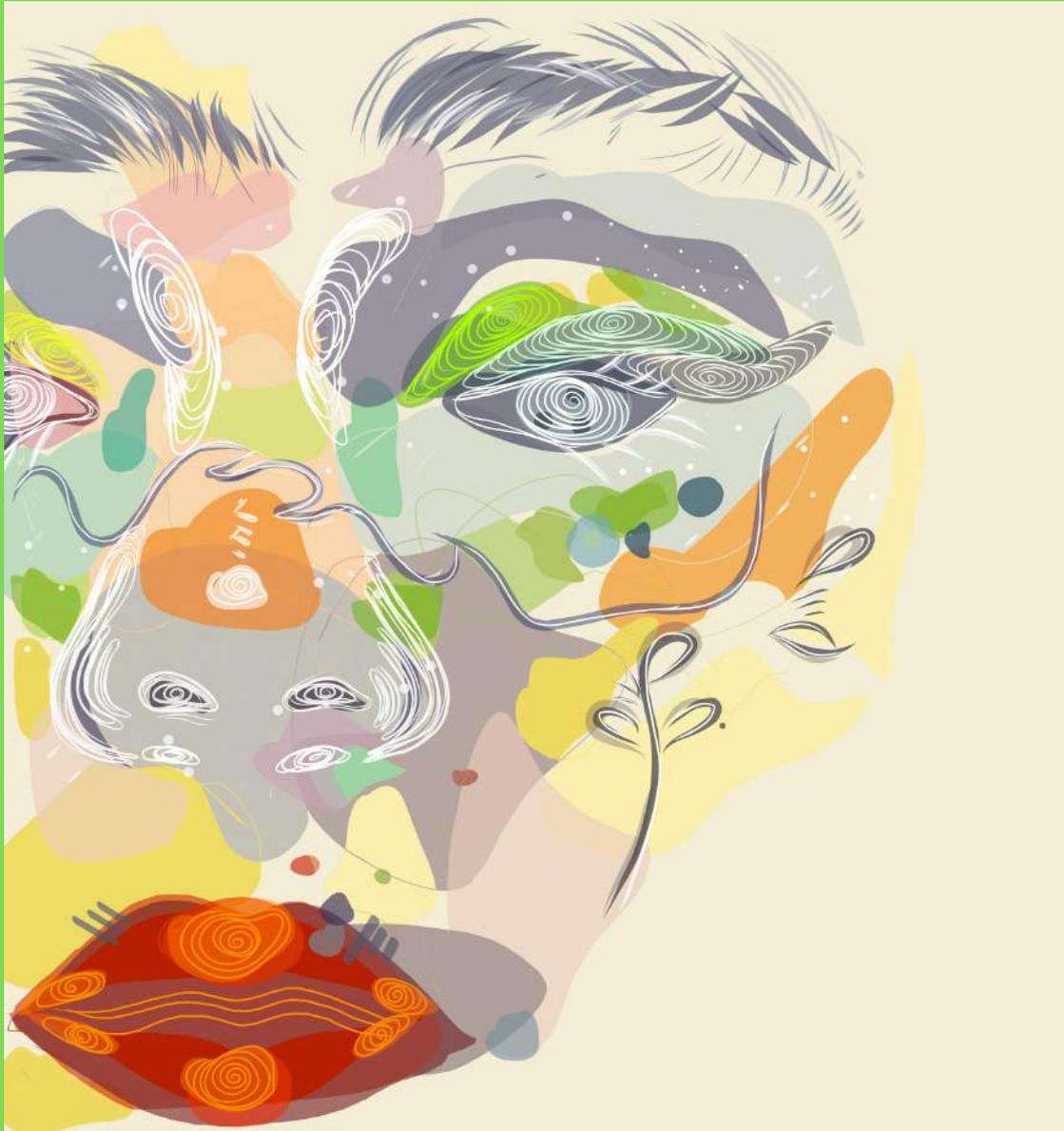
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**POOJA
LAKSHMI**



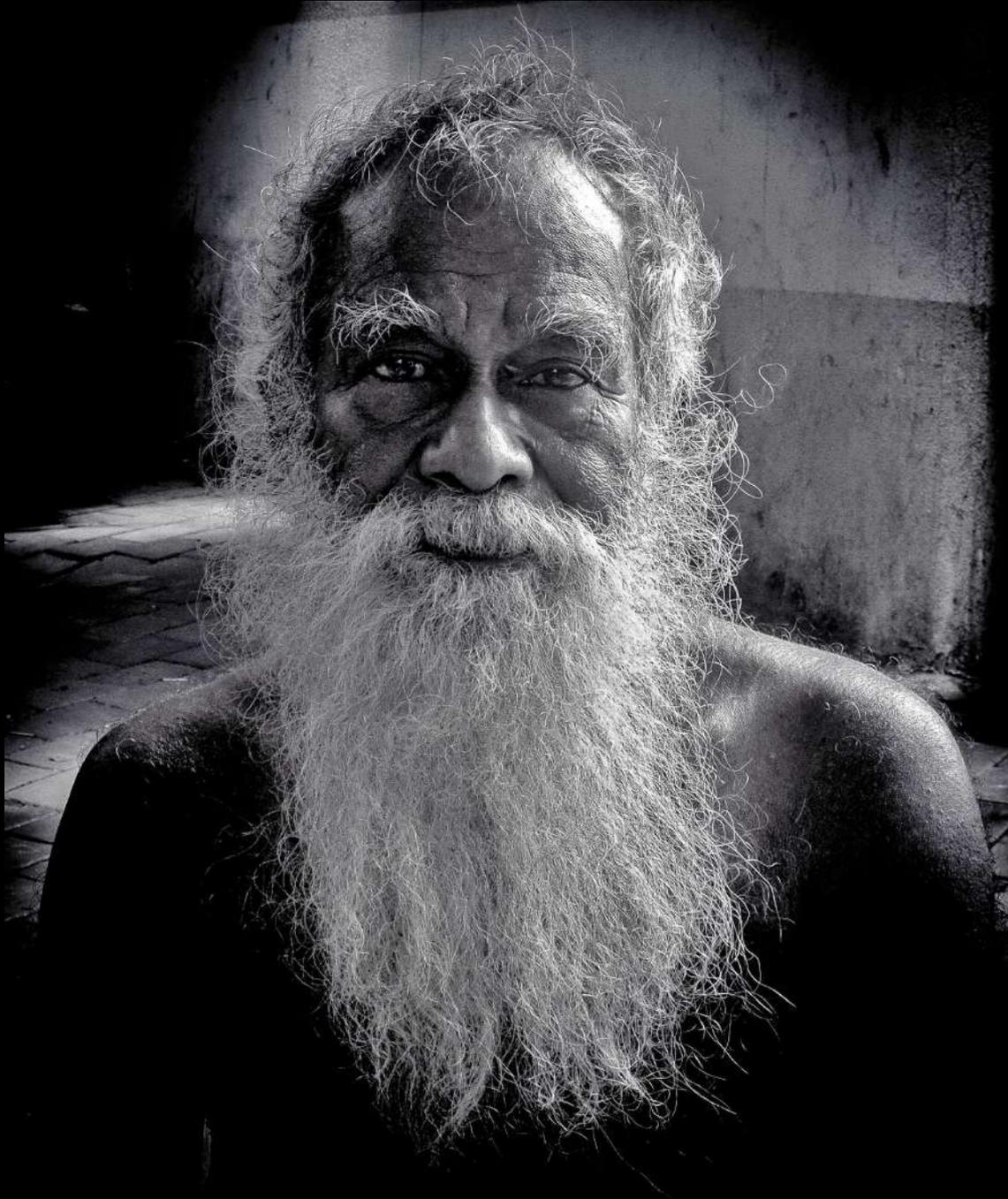
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Puru Rishi
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B.Sc. Food tech

**PURU
RISHI**



**ASTHA
SINGH**

ASTHA SINGH

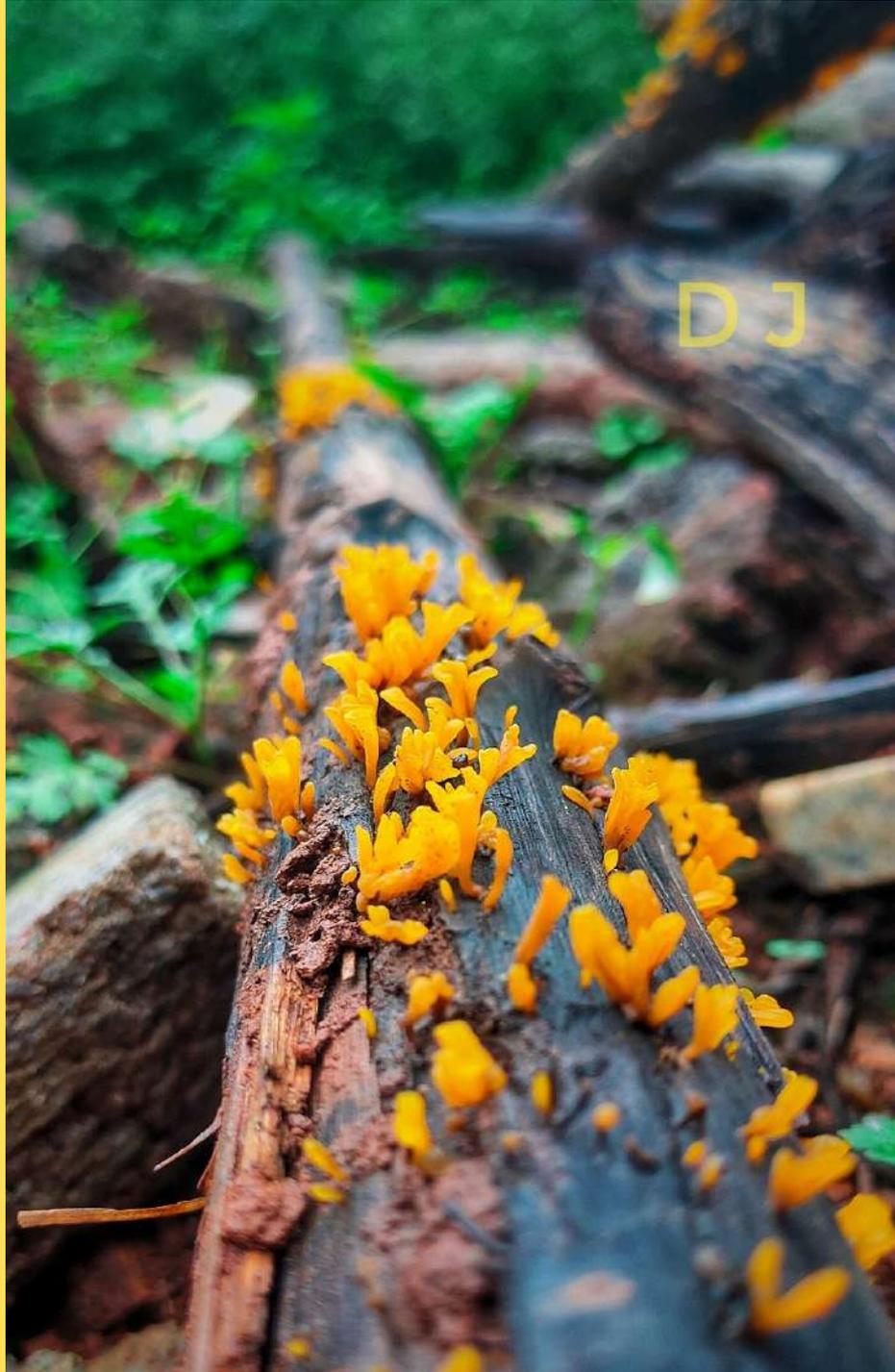
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BA in Journalism and Mass Communication



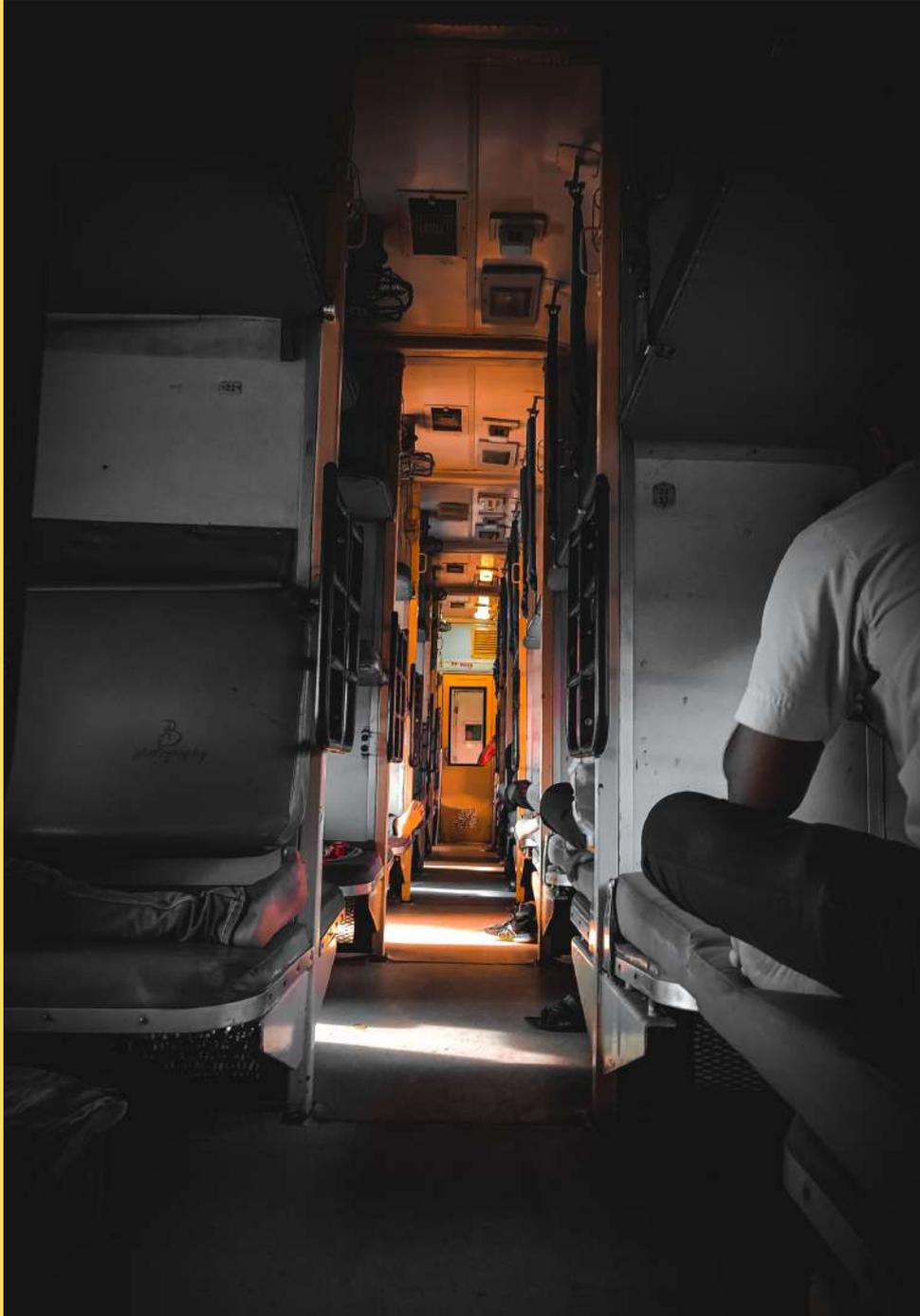
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PHOTOGRAPHY



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By Kashish Gupta

Kashish Gupta
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BSC agriculture

**KASHISH
GUPTA**



STUDENT ORGANIZATION CELL



STUDENT ORGANIZATIONS DIRECTORY

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2	Ability On Wheels	1	Abilityonwheels2k19@gmail.com	Pratibha Kumari:11815089	8271350177	Social Initiative
3	Ace	1	Navneethakur1025@gmail.com	Navneet Thakur	7710376400	Academic & Technical
4	Adrishta	1	Adrishtalpuofficial@gmail.com	Laith kumar	8341274633	Hobbies & Recreation
5	Aee	1	lpuaee@gmail.com	Shubham Swarnkar	8559097894	Academic & Technical
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