



All Stars Vibes



Edition 1 Dec 24

Hi all, welcome to **All Stars Vibes**, our new quarterly newsletter.

It's been an extremely busy and successful 2024, this our 50th Golden Anniversary year, with three of our amateur boxers winning national titles and earning themselves a place to train with the England squad. We're immensely proud of them.



Triple champs inspire

Our inspirational champions, Aya Hijazi - another female champ from our club - Umar Saffi and Alexander Fares brought in their belts and medals to show their younger teammates what can be achieved with focus, hard work, and dedication. They talked and trained with the junior boxers, and along with our hard working coaches gave them tips to reach the top. The triple champs are a credit to the club and the sport.



The amateurs are renowned for their brilliance

Mayor's Visit



Muf Akay and London Mayor Sadiq Khan at the All Stars Club

It was great receiving a visit from Mayor of London, Sadiq Khan, at All Stars. As the leading youth and sports charity in Westminster, working with and supporting thousands of children, teens, adults and families for the past 50 years, we are pleased to see a positive shift in support for us and other charities and community organisations since Labour took over administration of Westminster Council.

Muf Akay, who took over the management of All Stars from his late father and founder Isola Akay, MBE, had constructive discussions about the issues facing our young people and communities, and how we can work together to provide solutions.

Welcome home Dutch champs

We enjoyed a visit recently from All Stars Boxing Gym Nederland, a member of the All Stars family. With our long rich history and success as a community champion, both in and out of the ring, making a difference in the lives of so many people, we're super proud of All Stars Netherland's success serving their communities in Holland... and creating champions too!.



All Stars Netherland were happy to be here

Lord Mayor of Westminster Cup 2024

A packed Porchester Hall in Paddington, central London was treated to a night of thrilling back-to-back amateur action, from all the boxers, from several clubs competing in this year's action. Beginning with the juniors, skills, youths, through to the exciting 3x3 female match up, the boxers gave their all to make it one of the most exciting Mayor's Cup shows to date.

Best Boxer and winner of the prestigious Lord Mayor of Westminster Cup, was All Stars talented prospect Aymen Alatbi who showed his brilliance in an exciting bout against an experienced and game opponent.



Aymen Alatbi received the night's best boxer award



Aymen was presented his Best Boxer cup by John Conteh, the former world champ

COMMUNITY ACTIVE WELLNESS

Our FREE health and fitness activities are designed to help you feel great, encourage healthy lifestyles, assist in preventing disease and enjoy the benefits to your physical and mental wellbeing, including FREE JUNIOR BOXING, every Saturday & Sunday morning 9am -10am

Register on our web app, track your progress, motivate and support each other, create or join groups, see your achievements and benefit from advice on nutrition, with tasty recipe ideas for the whole family www.allstarsyouthclub.org/app/

Initiative funded by Public Health Westminster



Community



Active Wellness

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Register on our free web app, track your progress, motivate and support each other, create or join groups, see your achievements and benefit from free advice on nutrition, with tasty recipe ideas for the whole family.

www.allstarsyouthclub.org/app/

Female Only BoxerFit

Free, every Tuesday & Thursday 6pm - 7pm at The Stowe Centre, 258 Harrow Road, London W2 5ES



55+ ActiveFit

Free, every Friday 7.30pm - 8.30pm at All Stars Boxing Gym, 576 Harrow Road, London W10 4NJ



Kids Weekend Boxing

Free, every Saturday & Sunday 9am -10am
at All Stars Boxing Gym, 576 Harrow Road, London W10 4NJ



Holiday Champs Camps

Free fitness fun for the whole family, every school Holiday Monday - Friday 10.30am -12.30pm
at All Stars Boxing Gym, 576 Harrow Road, London W10 4NJ

www.allstars-gym.co.uk
www.allstarsyouthclub.org

Charity Reg No. 281810

Funded by Public Health

City of Westminster

ALL STARS YOUTH CLUB

We are a charity (Charity Reg No. 281810) providing boxing training and other leisure time pursuits to children and adults in the interest of social welfare so as to improve the physical and mental health for those people. We also provide mentoring programmes offering support to disadvantaged young people and families at risk or directly involved in youth violence and crime, working closely with local authorities and local services including youth offending and social care.

We work to remove barriers which block young people's healthy development and growth, whatever their ability. We encourage them to become active members, teaching them skills and giving them a sense of worth, helping them to fully integrate with all sections of society and be better able to cope with the challenges of modern life.

All money raised goes back into running the club and involving as many children and people in the community as possible.



Mayor Khan was brilliant with our tiniest champs

XMAS GIVEAWAY!

FREE All Stars T-shirt for anyone attending their first KO Boxing session at the club

Offer ends 25 December



All Stars Youth Club

All Stars Boxing Gym, 576 Harrow Road, London W10 4NJ

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