

NEWSLETTER

Reynolds School District











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I hope this message finds you rested and rejuvenated after a well-deserved winter break. As we return to the hustle and bustle of the school year, let's bring our energy and enthusiasm to make these upcoming months memorable for our students.

Together, let's create a positive and engaging learning environment that fosters growth and success. Your dedication and hard work make a significant impact on the lives of our students, and I am confident that we can achieve great things in the remainder of the school year.

Thank you for your commitment to excellence. Wishing you all a fantastic start as we embark on the journey towards a successful finish to the school year.

Sincerely,

Steve Padilla
Director of Communications







DISTRICT

RHS WINTER WEEK

Winter break kicked off with a bang at Reynolds High School! As the students cheered and applauded, Rodrigo and Rudy the Green Elf led the charge, waved goodbye, and wished them all a happy and safe winter break at the assembly.

Meanwhile, members of the Student Government were hard at work, organizing gifts donated by students for the Adopt-a-Family program, and spreading some much-needed cheer.

And if that wasn't enough, the Sophomore Council surprised everyone with their homecoming theme, "Night in New Orleans" which promises to be a fun and festive theme, with colorful decorations and lively music. Everyone is looking forward to coming back to school in the New Year and celebrating together.









TROUTDALE - CHINOOK SALMON RELEASE

On Saturday, December 16th - Troutdale Elementary 4th graders released their finned friends, Chinook salmon fry into the Sandy River!







After weeks of dedication and careful nurturing, they raised vibrant Chinook salmon from eggs to lively fry. The students had the unique opportunity to learn about the life cycle of a Chinook Salmon firsthand. They learned about shared responsibility in such a memorable manner.

We were thrilled to accompany the students to the Sandy River on this lovely weekend where they released their salmon fry into the river. We can't wait for our students to follow this journey and one day see them swim back as fully-grown Chinook salmon.

A big shout out to our passionate students for this hands-on, wet & wild approach to learning, and a massive thank you to our dedicated teachers and parents for facilitating such a beneficial and adventurous project.





HIGHLIGHTS!



Turkey FeathersFor every title earned, student added the feathers on their grade level turkeys





NONFICTION NOVEMBER ONLINE LITERACY CHALLENGE @HARTLEY

Get ready to gobble up some fun because Dr. Pond, the principal at Hartley Elementary, went full turkey for a good cause! In honor of the online literacy challenge, Nonfiction November, the students at Hartley devoured over 540 nonfiction books last month.

Each grade level got to stick a feather on their very own turkey for every title completed. The turkeys were proudly displayed in the library. Dr. Pond strutted his stuff in a full turkey costume to celebrate.

Talk about a feather in our caps!

PARENTING IN THE DIGITAL AGE PARENT CAFE EVENT@HARTLEY ELEMENTARY

Hartley also hosted another Parent Cafe: "Parenting in the Digital Age" with guest speaker, Mr. Dutro, their very own librarian/tech teacher!

During the event, Mr. Dutro shared helpful tips on how parents can manage their children's screen time and ensure their safety while using digital devices. He emphasized the importance of open communication between parents and children regarding their online activities and encouraged parents to set rules and boundaries for device usage. Additionally, he provided resources for parents to educate themselves on the latest technology trends and how to use them responsibly. The Parent Cafe was a great success, with many parents leaving with a newfound understanding of how to navigate the digital world with their children.













Healthy WINTER SKIN

5 TIPS FOR HEALTHY WINTER SKIN

- Invest in a Humidifier
 Run a humidifier in your entire home or in rooms you spend the most time in, and aim to keep indoor humidity levels between 30 and 50 percent.
- Keep Thermostat Temperatures Cool

 If you're looking to escape dry, chilly outdoor air, you may be tempted to crank up the heat as soon as you get home. But high central heat can make the air in your house even drier. Try a cool yet comfortable setting to prevent your skin from drying further the American Osteopathic College of Dermatology (AOCD) recommends 68 to 75 degrees F.
- Moisturize Hands Frequently

 Hand-washing, as the <u>CDC</u> notes, is vital, especially when the common cold, flu, and COVID-19 are a threat. But constant washing can cause the hands to take a beating. Apply hand cream or moisturizer after each wash to help your skin.
- Apply Sunscreen
 Yep! Apply sunscreen even on gray winter days can help your skin. On bright winter days, snow reflects the sun's rays, which in turn multiplies your UV exposure.
- One small study found that people with low water intake were able to positively impact their skin hydration by drinking more water (in this case, two liters of water more than their usual daily intake).







PARENTSQUARE HEALTH & WELLNESS





DID YOU KNOW?

You can embed Smore in ParentSquare

Many schools use Smore to create a newsletter and share with families.

You can create a newsletter from ParentSquare template

(Learn more about <u>ParentSquare Newsletter</u> Template)

You can embed a Smore newsletter into a post using Smore's Mass Notification Export tool and the newsletter will display in your post.

Click the button below to learn more on how to embed Smore's in ParentSquare post.

READ MORE

ParentSquare Update: 2-Way SMS

Parents/guardians can now respond directly to teachers via text without having to log into the ParentSquare app. This is a more efficient, direct way we can now connect with parents through our ParentSquare app.







PORTLAND PICKLES READING TRACKER







The Portland Pickles are excited to offer elementary and middle school teachers and their students the chance to become All-Star Readers and participate in our 2024 Reading Challenge. This challenge promotes literacy and reading comprehension in and out of the classroom for traditional and non-traditional Pre-K-8 schools.



The Pickles Reading Challenge is a free, turn-key, incentive-based challenge that aims to help students discover the joys and rewards of reading. As students work towards their reading goals set by their individual educators, they will earn prizes. Upon completing the challenge, students will be rewarded with a complimentary ticket to a Portland Pickles home game. Participating teachers will also receive a complimentary ticket.

REGISTRATION

Registration is easy! Enroll today by filling out the form* in the link below or scan the QR code!

Click **HERE** to fill out the registration form!

*Please fill out the form for the entire school

Questions? Contact Ian Mathas at ian@portlandpicklesbaseball.com

SCAN ME





DIDN'T GET WHAT YOU WANTED FOR CHRISTMAS?

There's still time to take advantage of the discounts!



EXCLUSIVE INVITATION TO THE COLUMBIA EMPLOYEE STORE FOR:

Reynolds School District #7

PLUS, SHOP SELECT STYLES MARKED UP TO AN ADDITIONAL 20% OFF

VALID DATES

12/15/2023 -01/07/2024

VALID FOR YOU + 4 GUESTS
Golden Ticket Offer Ends 12/31

WHAT TO BRING

- THIS INVITATION
- PHOTO I.D.
- PROOF OF AFFILIATION

business card | membership card | company email signature | pay stub | original email | other form of affiliation

LOCATION

14100 NW Science Park Dr. Portland, OR 97229

HOURS

Daily: 8A - 10P Christmas Eve: 9A - 6P Christmas Day: Closed

Regular Hours Return 12/27:

Mon- Fri: 10A - 8P Sat & Sun: 9A -8P

New Years Eve: 9A – 6P New Year's Day:10A – 7P



SCAN BOTH BARCODES

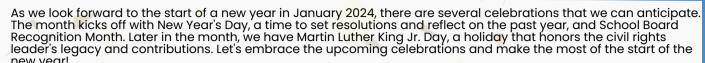


Questions? Please Email: PortlandEmployeeStore@Columbia.com

*Licensee product starts at 25% off. Valid for you and up to 4 guests for multiple visits during your invite period. Columbia reserves the right to modify or cancel this offer at any time. Please present this original invitation to the receptionist for entry and again at checkout. This invitation is non-transferable. You must be present during shopping. The products purchased are intended solely for the buyer's own personal use, including gifts to others. Resale of products is strictly prohibited. Columbia Sportswear limits the number of items purchased to no more than 10 of the same style. For team and company purchases, please speak to a member of our store management team. Offer may not be combined with any other offer or discount. Valid from dates listed above. ©2023Columbia Brands USA, LLC.

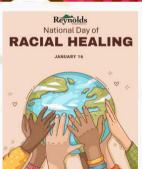
UPCOMING

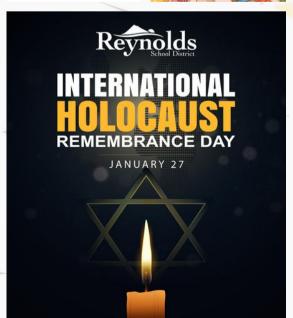
CELEBRATIONS

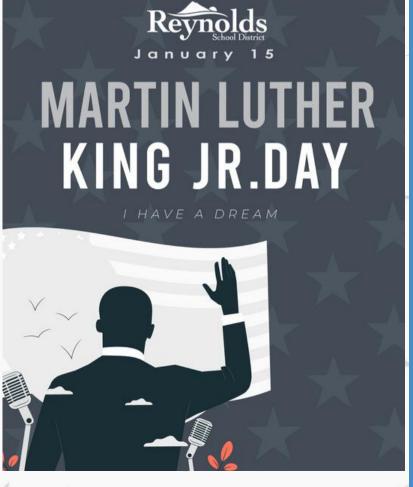


















STAY CONNECTED

THERE ARE PLENTY OF WAYS TO STAY INFORMED

FOLLOW US ON SOCIAL MEDIA

@ReynoldsSD7









The District's bilingual podcast features Q&A discussions with RSD staff and covers a variety of topics. It's available to stream on:

<u>Amazon Music</u> <u>Apple Podcasts</u> <u>iHeart Radio</u> <u>Spotify</u> <u>Pandora</u>



Do you know a student, staff, or community member/partner going above and beyond to help the Reynolds community? Consider nominating them for Board Recognition!

Nominations for the February 28 meeting are open!

SUBMIT A NOMINATION

GOT STAFF NEWS TO SHARE?

We want to hear from you! Send your story ideas and photos by the second Wednesday of each month to

communications@rsd7.net.