

# AMANI

**MIND  
BODY**

*Soul*

**& WARDROBE**

*Reach new Heights and  
enter new Depths with the  
One and Only*

**IT'S A LIFESTYLE**

*REVAMP your Lifestyle  
with the One and Only  
LifeStylist AmAni  
MAISHA*

**FROM THE Vault  
TO THE Lounge**

*Dive into the  
Enchanting  
WORLD of AmAni  
MAISHA*

**MEET  
THE**

*Boss*

THE WORLD OF

# AMANI MAISHA

*Welcome*

**TO THE REBRAND**

@amanimaisha

www.amanimaisha.com

AMANI MAG, ISSUE #1





# EDITOR'S NOTE AMANI MAG

Stay in the Loop with the Latest Fashion Trends, Lifestyle Tips, and Health Advice with AmAni Mag.

Be sure to SUBSCRIBE to the HOTTEST Magazine on the Market – AmAni Mag – to stay up-to-date with the latest News on Fashion, Lifestyle, Health and much more! Don't miss out on what's next – SUBSCRIBE now.

*AmAni*

**MAISHA**

**Editor-in-Chief**



## In this Issue

Let's follow AmAni MAISHA as SHE takes us on a Journey with The REBRAND of all that SHE Encompasses as being The Brand Herself.

*Yvette Tariq*  
PUBLICATION ARCHITECT



# AMANI MAISHA

"AmAni MAISHA" has evolved into a Lifestyle Company whose Motto is, "Living, Loving, Laughing & Relaxing". As a LifeStylist, with over Twenty Five years of Experience and elite expertise in these fields, "AmAni's" focus is Simple, "Her Clientele". Built on the Belief that Every Client is a Celebrity and is treated as so, AmAni MAISHA grew one Client at a time. Focused on the working professional woman and man, the Company expanded to include all of the services it now provides. In 2020, AmAni Launched her most recent Venture, The LifeStyle Lounge located in Mitchellville, Maryland. The Lounge offers an array of Personal Grooming Services catering to ones LifeStyle Needs and Wants. It offers an Experience that one will never forget. Knowing that Every Client is uniquely different, AmAni caters to every Client with caring attention to their own Uniqueness. Her goal is to provide her Clients with a Healthy, Uplifting, Educational, Pleasurable, Satisfying Environment and Experience. AmAni successfully meets the challenges provided to her by her Clients.



# MOBILE DETAILING

AT THE LIFESTYLE LOUNGE

---

WEDNESDAYS AT  
THE LOUNGE WITH  
BIG DADDYS MOBILE DETAILING

FB: @BIGDADDY'S MOBILEDETAILING  
IG: @BIGDADDYS\_MOBILE\_DETAILING



# DRIP



DRIP WITH US ON FRIDAYS AT THE LIFESTYLE LOUNGE WITH DR. AILENA MAYO-MILLS

@VALETHEALTHANDWELLNESS



# RE BRAND

Explore the Enchanting World of AmAni MAISHA

Join AmAni on a captivating Journey from the VAULT to The Lounge, where you'll discover how to ELEVATE your Life beyond the Mundane.

AmAni's World is full of Wonder and Magic, where every corner holds a new surprise waiting to be uncovered. With AmAni as your LifeStylist, you'll learn how to transform your everyday Experiences into something Extraordinary.



# AMANI MAISHA

From the VAULT, where Secrets are Kept and Treasures are Hidden, to The Lounge, where the air is thick with intrigue and possibility, AmAni will show you how to tap into the power of your Imagination and create a life that is truly Enchanting.

So come along for the ride and let AmAni lead you on a Journey of discovery and transformation. Whether you're looking to break free from the monotony of daily Life or simply want to add a little more magic to your world, AmAni's World is the perfect place to start.

---

**SHE'S AN ICON  
SHE'S A LEGEND**

**FASHION**

**ICON**

**JODY**

**DAVIS**

**SHE IS THE  
MOMENT**





MEET THE DESIGNER BEHIND MARYLAND FIRST LADY DAWN MOORE'S STUNNING WHITE INAUGURAL DRESS

**STORE LOCATION**  
**110 W. SARATOGA ST., BALTIMORE**  
**MARYLAND 21201, UNITED STATES**

# KON. LEGEND. \$THE MOMENT.

Jody Davis has been designing women's apparel for more than 25 years. Known and recognized for her stylish, wearable, functional dresses, Jody Davis Designs was recently honored by The Baltimore Sun as the "Best of Baltimore" in fashion design.

Jody Davis Designs was launched in September 2009 after a chance meeting with a California-based clothing manufacturer. Davis presented several selections which left such a great impression that he flew Davis to his factory to perfect her patterns and manufacture her first professionally produced collection. In February 2010, Davis opened her Baltimore boutique with her inaugural collection and has since developed a base of thousands of loyal clients in DC, Maryland, Virginia and across the nation. Her clientele includes business owners, professional women, celebrities, and media personalities who lead active lives as mothers, wives, elected officials, business and community leaders.

Davis is proud Baltimore native and graduate of Western High School. In 1991, she received an Associates Degree in Fashion Design and in 1992, she earned an Associates Degree in Accessories Design from the world renowned Fashion Institute of Technology in New York City. You can follow Davis on Instagram and FB @jodydavisdesigns.

# SHOP THE VAULT

MMC

F/W 2023



WWW.MOOMOOSCLOSET.COM @MOOMOOSCLOSET

## THEE SHIRT

OF THE SEASON

COLOURFUL  
REBEL

Oversized White Shirt



# EXCHANGING JEWELS

TUN  
EINT  
OCUL  
RTB  
ONE



# SHOP THE LIFESTYLE LOUNGE

## A NATURAL BOOST OF ENERGY FOR YOU

Naturally flavored and super delicious, these Cherry Peach gummies put some pep in your step when you need it most. Our caffeine-free formula includes the energy support of Vitamin B-12 and L-Theanine.

### ☑ Product Highlights



Full Spectrum CBD



L-Theanine & B-12



CBG



Naturally Flavored



@thelifestylelounge



T  
OU



FIND YOUR TURBO MODE

L-THEANINE + B12

**INFINITE**

— CBD —

PURE ISOLATE

4mg CBG    36mg CBD

40mg / SERVING

**ZERO THC!**

— CHERRY PEACH —

**ENERGY GUMMIES**

60 Gummies • EXTRA STRENGTH • Net Wt. 4.6oz

[www.thelifestylelounge.me](http://www.thelifestylelounge.me)

# RECIPE

## OF THE MONTH



**COLLARD GREENS GUMBO**

**LET'S EAT!**



## COLLARD GREENS GUMBO

### Ingredients

- 1.5 lbs collard greens, washed and chopped
- 1/2 cup vegetable oil
- 1/2 cup all purpose flour
- 1 onion, quartered
- 2 partially cooked smoked turkey wings (or one leg)
- 1/2 cup bell pepper, chopped
- 2 stalks celery, chopped
- 1/2 tbsp secondline creole seasoning
- 3 cloves garlic, minced
- 5 cups chicken broth
- 1-2 andouille sausage, cut in 1/2 inch pieces
- 10-12 raw shrimp, deveined and tail off
- 1/4 tsp cayenne pepper
- 1 tbsp garlic powder
- 1/2 tsp celery seed
- 1/2 tsp onion powder
- 2 tsp smoked paprika
- 1/2 tsp salt
- 1 tsp oregano
- 1 bay leaf

### Method



Add wings or leg to chicken broth to cook while you work on the next few steps.



Over medium heat add vegetable oil and mix in flour, whisking so there are no lumps. Cook until you get a dark brown color, stirring constantly and careful not to burn it!



Add in seasonings and bay leaf. Next add the broth slowly and stir. Add in wings or leg and greens. Bring to a boil and then reduce heat and simmer, checking for doneness around 50 minutes. It may need to go longer.



Remove meat and pull from bones and return to pot. Add in sausages and cook for approximately 10 minutes before adding shrimp. Cook shrimp until they take a nice "c" shape and have a nice pink color.



*Bony*

# RECIPE OF THE MONTH



**PEACH COBBLER**

LET'S EAT!



## PEACH COBLER

### Ingredients



- 8 fresh peaches - peeled, pitted and sliced into thin wedges
- ¼ cup white sugar
- ¼ cup brown sugar
- ¼ teaspoon ground cinnamon
- ⅛ teaspoon ground nutmeg
- 1 teaspoon fresh lemon juice
- 2 teaspoons cornstarch
- 1 cup all-purpose flour
- ¼ cup white sugar
- ¼ cup brown sugar
- 1 teaspoon baking powder
- ½ teaspoon salt
- 6 tablespoons unsalted butter, chilled and cut into small pieces
- ¼ cup boiling water
- 3 tablespoons white sugar
- 1 teaspoon ground cinnamon

### Recipe Tip

Substituting canned or frozen peaches?

Here's how to do the math:

- 6-8 medium peaches (~4 cups) = 2 (16-ounce) cans
- 6-8 medium peaches (~4 cups) = 40 ounces frozen peaches

## Method



Gather all ingredients. Preheat the oven to 425 degrees F (220 degrees C).



Combine peaches, ¼ cup white sugar, ¼ cup brown sugar, ¼ teaspoon cinnamon, nutmeg, lemon juice, and cornstarch in a large bowl; toss to coat evenly, and pour into a 2-quart baking dish. Bake in preheated oven for 10 minutes.



Meanwhile, combine flour, ¼ cup white sugar, ¼ cup brown sugar, baking powder, and salt in a large bowl. Blend in butter with your fingertips or a pastry blender until mixture resembles coarse meal. Stir in water until just combined.



Remove peaches from oven, and drop spoonfuls of topping over them. Mix 3 tablespoons white sugar and 1 teaspoon cinnamon together in a small bowl; sprinkle over entire cobbler. Bake in the preheated oven until topping is golden, about 30 minutes.



# Playing in the VAULT

You Have Nothing to Wear for Your Upcoming Event? No Problem! Imagine you're preparing for a big event, and you've scoured every closet and browsed through countless outfit inspirations, but nothing seems to work. Don't worry! The VAULT offers a vast collection of fashion from past to present that guarantees you'll step out in style. The VAULT has everything you can imagine, from the best handbags and stylish shoes to the perfect accessories. And when it comes to the main VAULT piece you will be the main attraction.

## AMANI MAG: What is it like stepping foot into The VAULT?

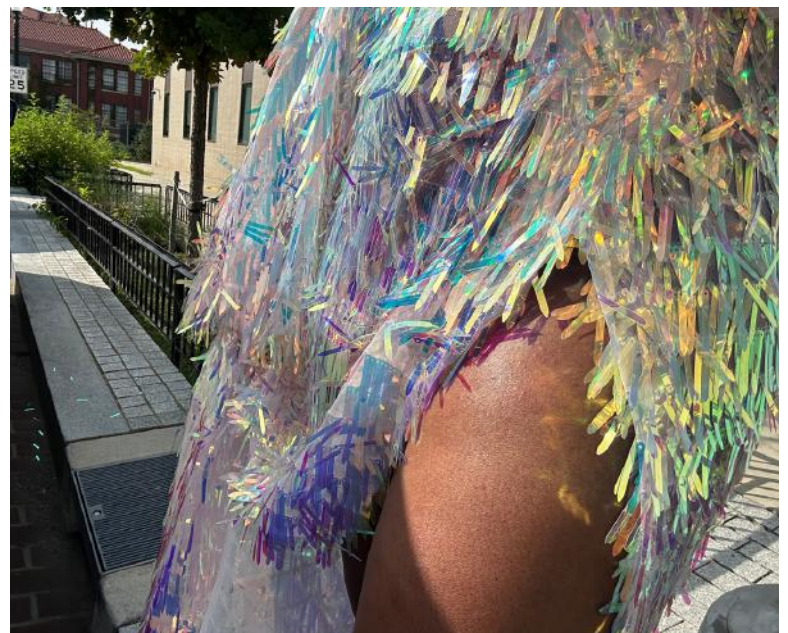
**Yvette Tariq:** Well first of all...your first step is shoeless, because all shoes are off in The VAULT, and by the time you've come back up for air from slipping off your shoes, you are taken aback by the VAST collection of fashion that has been hand selected by AmAni MAISHA over decades and is still growing. You are lost in an abyss of style, but not for long, because even though you think you want to try on every single thing that you see, you're met with your LifeStylist who has you figured out. So much so, the selection that is laid out for you matches as perfect to you as your own fingerprint.

## AMANI MAG: Is it as EXCLUSIVE as people make it out to be when you finally make it in?

**Yvette Tariq:** Does a cat meow?! If you are chosen, and I like to say chosen, because real business owners know all money isn't good money, and the same goes for the exchange of energy...So, if you are chosen as a client by Thee AmAni MAISHA you'll begin to reap the benefits immediately. Let's say, you're selected, well the time has come to meet with your LifeStylist, and she wouldn't possibly have you to drive to her. So, you're met with a private car service set to pick you up and drpp you off and that's just the beginning--jealous yet?

## AMANI MAG: What is your take on AmAni MAISHA being DC's Best Kept Secret?

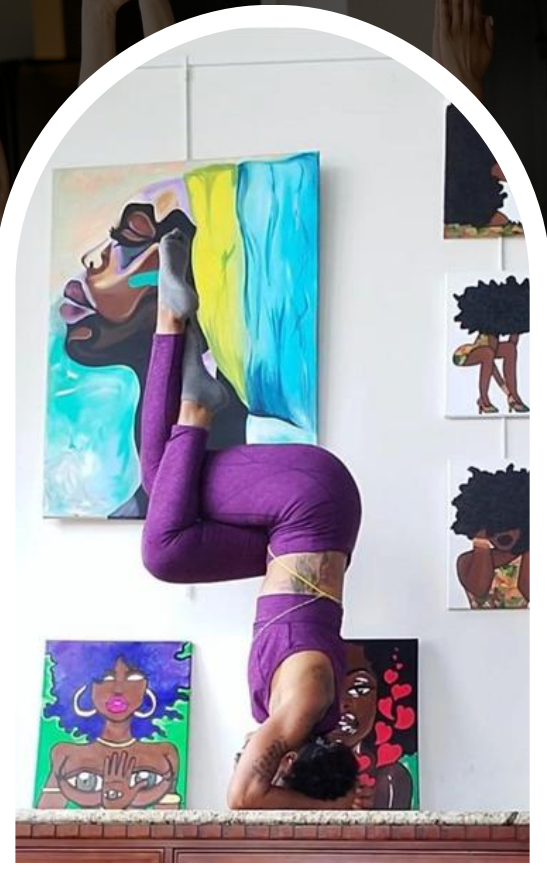
**Yvette Tariq:** Selfishly I could say, oh well to whoever doesn't do the research, but I know that the culture and style of our city will benefit from greatly from AmAni stepping out of the shadows. A majority of her body of work as a LifeStylist has been to the benefit of celebrities, but her invaluable work can of course be experienced by the everyday person, and not to mention she travels to get her clients right so make sure to work it into your budget--just do yourself a fave and INVEST IN YOU by reaching out to the one and only AmAni MAISHA.



# JUST BREATHE

*Saturdays with Zalika*

*YOGA At The Lounge*



The benefits of Yoga are numerous and varied. Whether you are looking to improve your Physical Health, Mental Well-Being, or overall quality of Life, incorporating Yoga into your routine can be a great way to achieve your goals. Continue to INFUSE Yoga techniques into your daily Lifestyle.

© @kurolotuzyoga

# LOUNGE

FEATURED PRODUCTS



HOW DO YOU  
START YOUR DAY?

---

shop the lifestyle lounge today  
[www.thelifestylelounge.me](http://www.thelifestylelounge.me)

# THE LIFESTYLE LOUNGE



BOOK NOW

## IT'S A MAN'S WORLD" MEN'S GROOMING

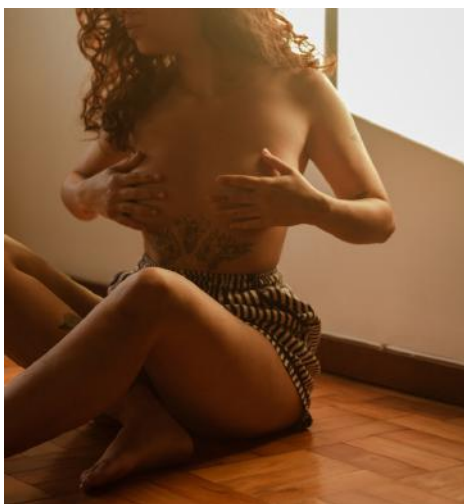
*YOU DESERVE TO BE  
TREATED LIKE ROYALTY*

[www.thelifestylelounge.me](http://www.thelifestylelounge.me)

11721 Woodmore Rd #100, Mitchellville, MD 20721

**DATING**

# HORROR *Stories*



## HOW BIG →

**Met a guy for coffee I had been talking to online. He started acting weird within 5 mins and when I asked why he told me he was disappointed that my breasts looked bigger in my online pic. Then he continued on with how important big breasts were to him.**



## BABY MAMA →

**He said, "I have four kids from three different women. I have cheated on all of them but something tells me it will be different with you. Do you like kids?". I excused myself to the bathroom and ran for the hills.**

**HOW  
BIG  
IS YOUR...**

# The Horror

## The Horror



**OUCH** →

**I walked into a glass panel really hard and got hurt and he laughed. Everyone else at the restaurant got up to check on me and he just guffawed like an a\*s. I told him I hope he finds what he was looking for elsewhere and bailed.**



**OUI OUI** →

**He ordered just a plate of fries. Picked up a fry, took a few bites until he got to the end he was holding, then dropped the end piece on the ground. Every time. For each fry.**

### TIPS

If it's a blind date, have a friend or two, or three maybe dine in at the same restaurant, or be in the area of where you are...just in case!

WWW.MOOMOOSCLOSET.COM



**M M M M C**



**TAURUS**

**GEMINI**

**ARIES**

**LEO**

**VIRGO**

**CANCER**

**CAPRICORN**

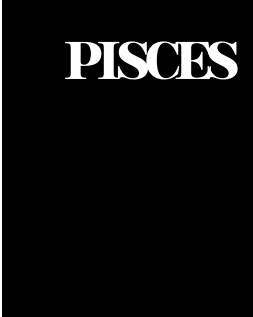
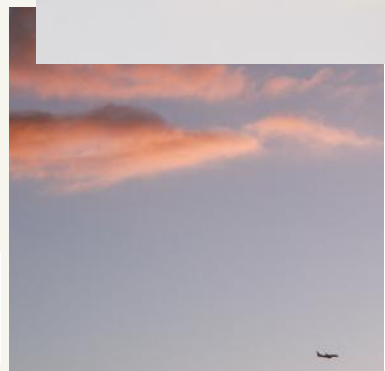
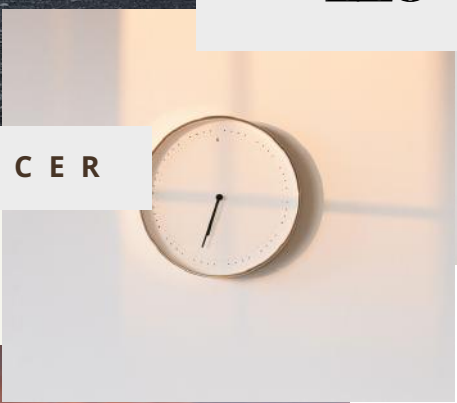
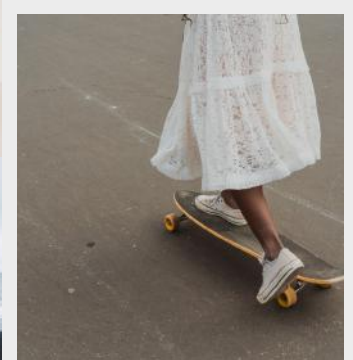
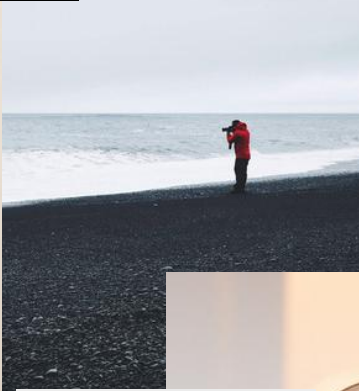
**SAGITTARIUS**

**SCORPIO**

**PISCES**

**AQUARIUS**

**AMANI MAG FASHIONSSCOPE**



# OCTOBER LONDON

MEET DEATHROW RECORDS  
NEWEST ARTIST



**THIS MONTH IN  
MUSIC ALLEY**

**@OCTOBERTHEKING**

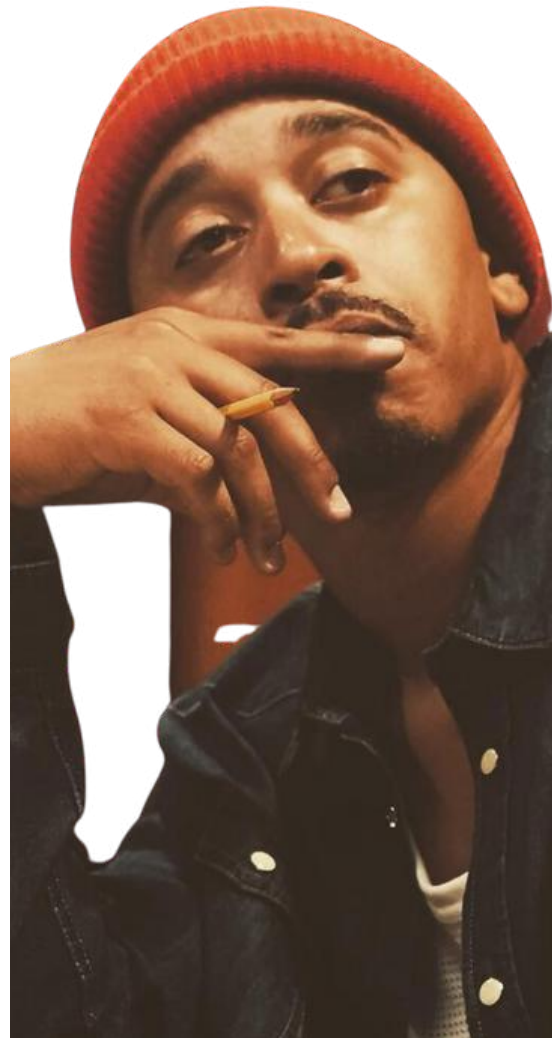
# ABOUT

October London's "Back to Your Place" Tops Billboard's Adult R&B Chart for Nine Consecutive Weeks

With his hit single "Back to Your Place," October London has claimed the coveted No. 1 spot on Billboard's Adult R&B Chart for nine weeks straight, and the count is still on. This soulful singer and songwriter, hailing from South Bend, Indiana, has an old-school vibe reminiscent of R&B greats such as Marvin Gaye and Sam Cooke. London first appeared in the music world in July 2016 with a featured performance in "Revolution," the grand finale of Snoop Dogg's Coolaid album.

Don't miss out on what some would call "real music." Get lost in the tunes and feel like you're slow-dragging in a basement, swaying to the melodies pouring out of a vintage record player.

**[Intro]**  
**Ah, baby**  
**I been looking**  
**at you all night**



Stream The Rebirth of Marvin Album on Spotify, Youtube Music, Pandora, Apple Music, iHeart, and Deezer

**@OCTOBERTHEKING**

YOUR LIFESTYLIST SAID...

# THE WHO'S



## Dana Stebbins, Esq.

Newly appointed by Governor Wes Moore as Chair of the Maryland Economic Development Commission (MEDC)

**President And CEO**

[www.thecorneliusgroup.org](http://www.thecorneliusgroup.org)



## Shannon Whren

Shannon Whren's bodies of work have shaped people and transcended with time. Her Writing, Directing, and Production of theatrical plays has impacted more than 50 million people worldwide and counting. She is the GOAT of Edutainment.

**Playwright**

[www.shannonwhrenentertainment.com](http://www.shannonwhrenentertainment.com)



## Germaine Williams

Celebrity Makeup artist Certified Health Coach Licensed Master Esthetician & CEO/The Red Bloom Wellness Spa.

**Master Esthetician**

[www.theredbloom.com](http://www.theredbloom.com)



**WUUT**

HOWARD UNIVERSITY TELEVISION

**BAM NEWS**

YOU BETTER KNOW JUST WHO THEY ARE

# WHO!



## Mustafa Tariq

DC Historian, Change-maker  
Producer of Mini Doc Series  
Decades & Serial  
Entrepreneur

**DC Decades Curator**

[www.dcdecades.com](http://www.dcdecades.com)



## Curtbone

Creator & Producer of  
Exchanging Jewels  
Podcast

**Life Coach | Street  
Culture Enthusiast**

[www.youtube.com/@curtbonetv](http://www.youtube.com/@curtbonetv)



## Jody Davis

Get to know Jody Davis  
a little more on Page 7  
and 8!

**Fashion Designer**

[www.jodydavis.com](http://www.jodydavis.com)



**BAM NEWS**

# Menopause!

Menopause is a point in time 12 months after a woman's last period. The years leading up to that point, when women may have changes in their monthly cycles, hot flashes, or other symptoms, are called the menopausal transition or perimenopause. The menopausal transition most often begins between ages 35 and 55. So, now what

So, now what can women expect during the menopausal transition? It's important to note that every woman's experience is unique, and while some may have few symptoms, others may find the transition more difficult.



Some common symptoms of perimenopause include irregular periods, hot flashes, night sweats, vaginal dryness, mood changes, and trouble sleeping. These symptoms can be managed with lifestyle changes, such as regular exercise and a healthy diet, and in some cases, hormone therapy may be recommended. It's important for women to talk to their healthcare provider about their symptoms and develop a plan to manage them. With the right support and care, women can navigate the menopausal transition with grace and ease.



**Written by AMANI MAG**

# SEND US YOUR MOO-UDES!

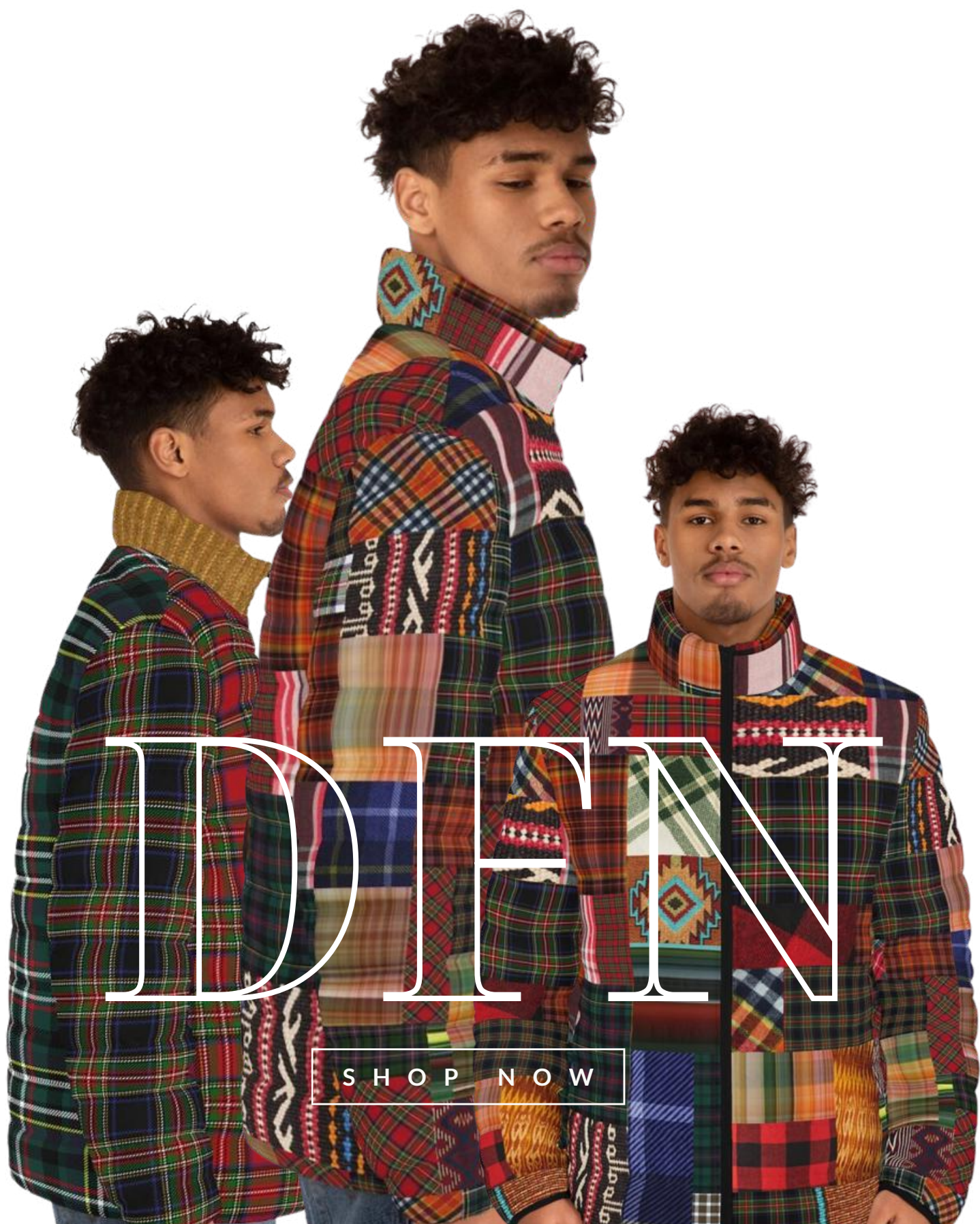


WE WANNA SEE  
HOW YOU  
ROCK THE  
VAULT

@moomooscloset

S H O P F R E E N O S T A L G I A . C O M

P A T C H W O R K 2 . 0



# DIEN

S H O P N O W



# THE AM HOLIDAY GIFT GUIDE



Here's a Snapshot of your LifeStylist's favorite Amazon things







AMANI MAISHA LIFESTYLE COLLECTION



Sit that Ass Down



AM MAG TRAINER

# JAY



**FAMILY.  
FITNESS.  
EXCELLENCE.**

FUTURE OF FITNESS  
2101 CONCORD BLVD SUITE A, CROFTON, MARYLAND 21114  
410-451-0258 | [INFO@FUTURE-OF-FITNESS.COM](mailto:INFO@FUTURE-OF-FITNESS.COM)  
[WWW.FUTURE-OF-FITNESS.COM/SERVICES](http://WWW.FUTURE-OF-FITNESS.COM/SERVICES)

MYRY

ST - MY

MYSTERY  
EVENT

STAY TUNED

@AMANIMAISHA

RY ST

MYRY

MY

SHOP  
THE  
VAULT

AT  
MOOMOOS  
CLOSET

---

EVE  
FR  
IS BLAC

WWW.MOOMOO





# EVERY FRIDAY

Perfect your appearance with a Trendy Style. Find your trendy style here

[SCLOSET.COM](http://SCLOSET.COM)

# RIDE OUT WITH AMANI MAISHA

Say hello to modern mobility. Delivering high speed, performance, and cargo hauling capabilities, the Flyer™ M880 is the perfect everyday adult electric cargo bike to rekindle the joy & freedom of your first set of wheels.

[TAP HERE FOR MORE](#)





WATCH AM RIDE OUT

---

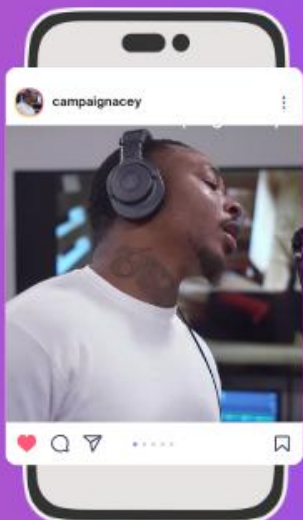
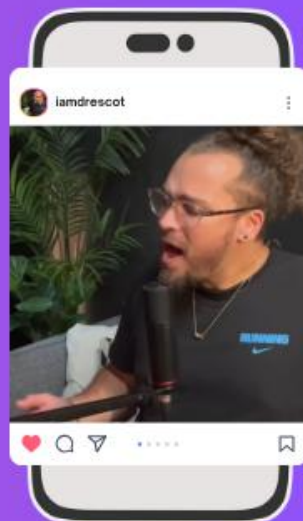
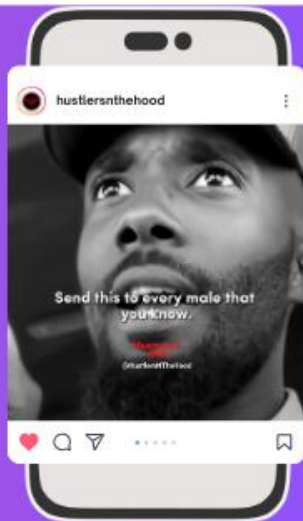


**FLYER™** M880



SONROLL  
SONBY  
ANDSAY  
HELLO







# HOW TO LET GO OF THAT TOXIC *Faux*

**“Dealing with Change and Navigating Social Dynamics  
As I was leveling up, I noticed my closest girlfriend was acting strange.  
After some discussion, she shared that she thought I was being pretentious,  
but in reality, I was just taking time to refocus after the pandemic.”**

## *FRIEND OR FAUX?*

Once I finally removed my rose-colored glasses, I was able to see my friend's behavior in a new light. I realized that a real friend is someone who is there for you through thick and thin, someone who supports you in your endeavors and encourages you to be your best self. A faux friend, on the other hand, is someone who only sticks around when it's convenient for them, and may even try to bring you down or discourage you from pursuing your dreams.

By examining my friend's actions and words, I was able to determine whether they were truly there for me or not. It wasn't always easy, but in the end, I was able to identify those who were real friends and those who were just pretending. It's important to surround ourselves with people who genuinely care about us and our well-being, rather than those who are only looking out for themselves.

## *FAUX IT IS...*

Discovering that a friend is not who they claimed to be can be a difficult and disappointing experience. It's important to take some time to reflect on the situation and evaluate your feelings. Allow yourself to process your emotions, whether it's anger, sadness, or betrayal. It's okay to be upset, but try not to react impulsively or lash out at the person.

Once you've had some time to process your emotions, it may be helpful to have a conversation with your friend. Be honest with them about how you feel and what you've discovered. However, try to approach the conversation calmly and without blame. Listen to their perspective and keep an open mind, but also set boundaries if necessary.

Remember that sometimes people change or reveal aspects of themselves that we didn't know before. It's okay to let go of friendships that no longer serve you or make you feel comfortable. Focus on surrounding yourself with people who bring positivity and joy into your life.



**WRITTEN BY: AMANI MAG**

# VAULT TRENDS

# Shop



→ [MOOMOOSCLOSET.COM](https://MOOMOOSCLOSET.COM)



# THE REBRAND

AMANI MAISHA



THE GALA EDIT

# GALIA

BLACK & WHITE EDITION





## GETTING READY FOR GALA SEASON WITH STYLE INSPIRATION FROM AMANI MAG

---

IT'S THAT TIME OF YEAR AGAIN – GALA SEASON! IF YOU'RE LOOKING TO TURN HEADS AND MAKE A STATEMENT, YOU NEED A LITTLE STYLE INSPIRATION FROM AMANI MAG TO GUIDE YOU IN THE RIGHT DIRECTION. WITH THIS BLACK AND WHITE EDITION OF THIS SEASONS TIMELESS STYLES YOU CAN STEP OUT WITH A REGAL FLAIR. THE KEY TO NAILING THIS LOOK IS TO KEEP IT SIMPLE AND CLASSIC. OPT FOR A SLEEK AND TAILORED BLACK OR WHITE DRESS, OR PAIR A WHITE STATEMENT BLOUSE WITH A BLACK PENCIL SKIRT. DON'T FORGET TO ACCESSORIZE WITH SHOWSTOPPER JEWELRY, LIKE A BOLD NECKLACE OR PAIR OF EARRINGS. AND WHEN IT COMES TO SHOES, A PAIR OF SIMPLE METALLIC STILETTOS OR COLOR POP BLOCK HEELS WILL COMPLETE THE LOOK PERFECTLY. SO GET READY TO DAZZLE AT YOUR NEXT GALA EVENT WITH THESE TIMELESS BLACK AND WHITE STYLES!





**FIN.**



Do you know someone or  
have a business that you  
think should be featured in  
AmAni Mag? Let us know!



## **AMANI MAG**

Don't miss out on next month's edition!

---

@animaisha

@thelifestylelounge

@moomooscloset

[www.animaisha.com](http://www.animaisha.com)