

What we offer

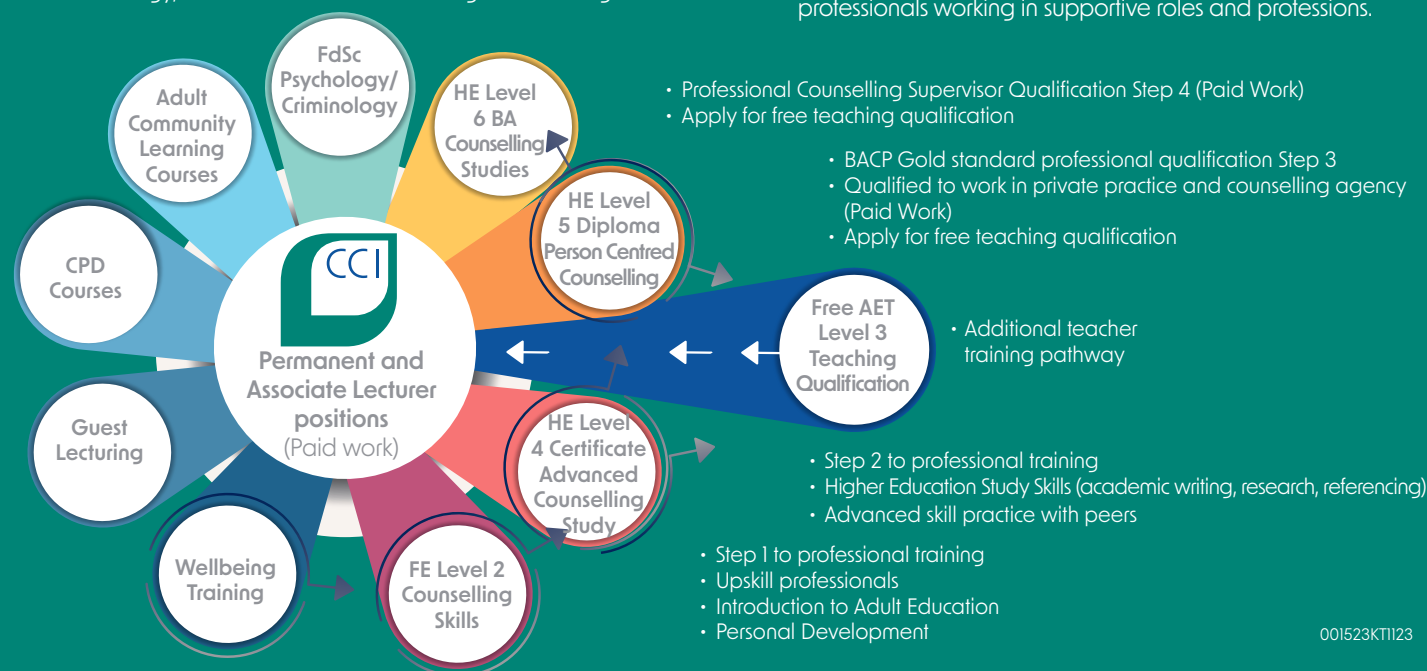
- Full training route to professional counselling qualifications and beyond, which carry BACP Gold Standard Accreditation.
- Stand alone qualifications to suit whatever depth of training you prefer.
- New Counselling taster days running at Camborne and St Austell. Hosted by professionally trained counsellors from the CCI for those curious about our training courses. A fun day designed to answer all your questions.
- Introductory course (Level 2 Counselling Skills) designed to provide professionals with counselling skills to support their existing positions.
- Introductory course (Level 2 Counselling Skills) for personal development or as the first step towards gaining professional qualifications.
- New Level 2 Counselling Skills courses in St Austell
- New Online Level 2 Counselling Skills. The first of its kind to be taught in real time by a professional counsellor on Teams – evening study course to fit around busy working days, where you can study and learn in your online classroom and engage in skills practice with fellow students from home.
- Established HE Level 4 Certificate Advanced Counselling Study, awarded by University of Plymouth. A chance to deepen your knowledge and understanding of counselling practice and theory. Individual support for mature learners to develop their academic skills at degree level.
- The chance to study a FdSc Counselling Psychology with Criminology, with embedded counselling skills training

- Established HE Level 5 Diploma in Person-Centred Counselling and Therapy, awarded by University of Plymouth. The BACP Gold standard accredited course which carries a professional qualification. Unlike other training courses, this enables successful graduates to set up their own private practice, and guidance and advice on how to do this, is embedded into the course. Also, the first course in the South West to be awarded Online and Phone Therapy training certification by the BACP. This allows students to develop their practice through digital platforms to gain a greater reach of clients they can support.
- Established partnerships with 18 counselling agencies who provide work experience and possible paid employment for students and graduates.
- Our own in-house Penhaligon Counselling Agency, where students can gain work experience.
- New opportunities to gain work experience working on our Adult Community Learning courses.
- Established Level 6 Top Up degree BA (Hons) Counselling Studies awarded by University of Plymouth. This carries a professional Counselling Supervisor training.
- New opportunities for graduates to be offered Associate Lecturer positions within the CCI with free teaching qualifications available. Join the teaching team on a flexible part time basis along side your counselling practice.
- New free ACL short courses available in the field of mental health and well being.
- New free CPD courses available throughout the year, for professionals working in supportive roles and professions.



Cornwall
Counselling
Institute

A centre of excellence
for counselling and
psychotherapy training
in the South West



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THE CORNWALL COLLEGE GROUP

In recent years, we've seen the demand for mental health services grow enormously. Both locally and nationally, there has been a dramatic increase in rates of anxiety, self-harm, complicated grief issues, loneliness and low mood. The pandemic has its part to play in this shift, with 75% of the UK public reporting negative effects on their mental health post-lockdown*.

More than ever before, counselling and psychotherapy need to be an integral part of the country's long-term mental health response to COVID-19. Encouragingly, running alongside the increased need of mental health services in Cornwall, the rise in the number of people wishing to help, support and train in the field of counselling has also seen a rise.

Many of these people are taking up the call with the help of The Cornwall Counselling Institute (CCI).

We currently offer 4 counselling programmes which can be studied as stand-alone qualifications, for those wishing to upskill or for those wishing to gain professional qualifications in the field.

Whatever stage in your counselling journey you're at, you'll find something here. From entry-level through to advanced, professional development short courses right up to a degree, there really is something for everyone.

*The British Association of Counselling and Psychotherapy (BACP) conducted a Mindometer report in 2021, based on a YouGov survey of nearly 5,000 therapists.

General Information

The CCI, in partnership with the BACP and University of Plymouth, prides itself on the highest standard of training available in the Southwest, with long standing relationships with industry specialists across the region.

The CCI can provide a range of counselling courses, from taster days for those curious about the field, or for individuals who would like to develop their listening and communicating skills for self-development. We also offer introductory courses for those working in caring professions and the mental health sector who may wish to upskill.

For those who would like to train as a counsellor we offer BACP Gold standard professional qualifications, which enable you to work independently in the field at the highest professional standard, with the recent addition of an embedded Online and Telephone Therapy (OPT) training on our Level 5 Diploma. We are the first and only centre in Cornwall and Devon to provide this bespoke BACP certified training. Post qualification, we also offer a Counselling Supervisor Qualification, as part of a BA top up Counselling Studies programme.

In addition to our teaching and training programmes, we also run the largest low-cost counselling service in Cornwall, The Penhaligon Counselling Agency where students can gain work experience. Over the course of 20 years, we have developed strong working relationships with over 18 external placement agencies across the region, who also provide specialist training and work experience. Once qualified, many of our students are offered paid work at these counselling agencies.

Our Counselling Supervision qualification allows our qualified counsellors to provide the very best support for our own students who are still in training and also provide external agencies with much needed group supervisors for their own staff.

Our qualified students are also offered the chance to further broaden their career opportunities, through studying our free teaching qualifications. On successful completion of these, we offer regular opportunities for paid employment as Associate Lecturers, to teach on counselling courses at CCI and to deliver Adult Community Learning short courses within the field of mental health and well-being.

Career Paths for our CCI graduates

Private practice
Working in a counselling agency
College/university counsellor
GP counsellor
School counsellor
Life coaching
NHS counsellor
CPD trainer
OPT specialist
Counselling supervisor
Group supervisor
Mental health and wellbeing trainer
CPD deliverer
Teaching counselling courses

