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GRANDMOTHERS'
COUNCIL NETWORK

Voices of Wisdom in Times of Chaos

Magazine

April 2025 Issue 03

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LEARNING ABOUT ANCESTRAL THREADS
AND THE POWER OF HEALING THEM

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Grandmother Kelley Springer



My healing path began with an awakening to my Indigenous roots. I was the third of four daughters, raised in a sea of petticoats and the rhythms of Southern Baptist life in Louisiana—church three times a week, choir practice, youth group, and a strong sense of what it meant to be a “good Christian.”

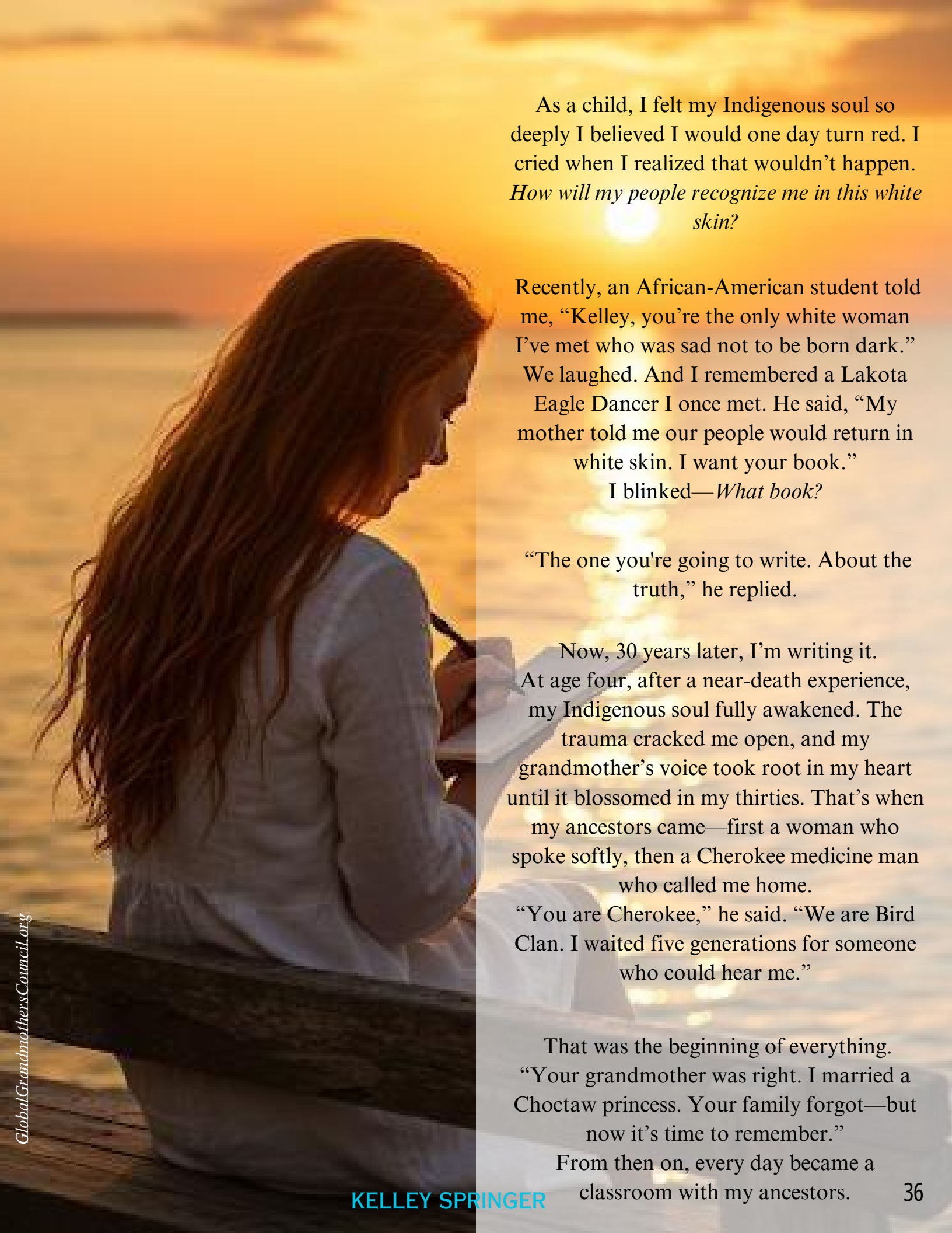
But even as a child, I saw through things others didn’t. I often left church with more questions than answers, wondering: What does it mean to be good? And where is the deeper truth of God?

Our mother played piano and organ, her voice opening hearts with every solo. We were blessed to have two grandmothers, a great-grandmother, and a grandfather in our lives. My father’s mother, Hatty, used to tell us, “You are Choctaw royalty.” My parents barely responded, and the subject was quietly buried. But something in me held on.

Weaving Ancestral Threads: Healing the Past to Awaken Our Future for Peace

A Journey of Learning to Trust Your Roots





As a child, I felt my Indigenous soul so deeply I believed I would one day turn red. I cried when I realized that wouldn't happen. *How will my people recognize me in this white skin?*

Recently, an African-American student told me, "Kelley, you're the only white woman I've met who was sad not to be born dark." We laughed. And I remembered a Lakota Eagle Dancer I once met. He said, "My mother told me our people would return in white skin. I want your book."

I blinked—*What book?*

"The one you're going to write. About the truth," he replied.

Now, 30 years later, I'm writing it. At age four, after a near-death experience, my Indigenous soul fully awakened. The trauma cracked me open, and my grandmother's voice took root in my heart until it blossomed in my thirties. That's when my ancestors came—first a woman who spoke softly, then a Cherokee medicine man who called me home.

"You are Cherokee," he said. "We are Bird Clan. I waited five generations for someone who could hear me."

That was the beginning of everything. "Your grandmother was right. I married a Choctaw princess. Your family forgot—but now it's time to remember."

From then on, every day became a classroom with my ancestors.

Lear ning About Ancestral Threads and the Power of Healing Them



The story I'm about to share is one thread in a vast tapestry of family stories—each holding medicine for our future. One night, I had a vivid dream. My grandparents often visited in dreams, but this one was heavy. It took me back to colonial times, showing a once-loving father twisted by alcohol into cruelty. I saw where the wound of male rage began in our family line, and I knew these were my people.

My parents weren't drinkers. My mother was strictly sober, and though my father occasionally had a beer, it sparked her disapproval, especially on Sundays. Still, there was something deeper: a quiet pain that wanted to be seen. There was a sense of strength in the women of our family, but I came to understand that some of it was shaped by pain and a lack of trust in men.

The next day, a woman recently returned from the Himalayas crossed my path.

Grandfather whispered, *Go see her*. So I did. Sitting in the waiting room, he came again: *Granddaughter, today you'll learn about Ancestral Thread Healing*.

When I entered, I turned to her and said, "We're going to be working with my ancestors today." She smiled gently. "I know." From the moment we began, my Temple of Light formed around us. She witnessed me with soul-level presence, this was instant confirmation. The ancestors came, seven generations back, and seven forward, as angels spoke softly to me of the code of healing bloodline threads. They explained what a generation was and how it went beyond one person. First those behind me came in, then those yet to come, including the unborn. The baby souls arrived like tiny spheres of light. We gasped. "Awe," we whispered. And we smiled.

The women gathered in the center. The men formed a circle around them. Angels and guides arrived, casting light through everyone present. The light moved through our lineages, lifting old hatred and replacing it with peace, forgiveness, and grace. A deep calm settled in my heart, for the first time in this life.

But trust wasn't easy for me. Childhood trauma had left its mark. I walked away wondering: *Was it real? Did my family really receive this healing?* The next day, I called my sisters. All of us, including our mother, had come down with lower-body infections. It felt connected. I meditated and asked Spirit: *"Do people usually have physical reactions to ancestral healing?"* Spirit replied, *"No"*

Then I was guided to call my Auntie, she had been fasting for three days preparing for something when I called. We shared stories and the pieces fell into place. She did a new form of healing for our family and we were all well the next day. Then what was this all about?

Spirit said, Your aunt needed practice and you needed proof that it was real.



I laughed. Of course. That was true. Then my mother, who had always felt a little distant, sent me a letter: *"Kelley, I feel like God wants me to tell you this. That healing you did on the family, I felt it. It changed me. I don't think I'll ever be the same, in the best way. I'm grateful for this. We are better because of it. This felt powerful. I wanted you to know"*.

At that moment, I could feel Grandmother and Grandfather smiling behind me. They had been so patient. My gratitude is eternal. Now, as an elder, I hope to share their teachings far and wide.



Becoming an Ancestral Thread Healer

My ancestor taught me: *Once you know, you're responsible.* Knowledge becomes wisdom through practice.

As my path deepened, they revealed the *Cosmology of Wholeness*, what it means to be fully human. Integrating Ancestral Thread Healing became foundational. By clearing inherited patterns *before* deep inner child work, my clients began to reach entirely new levels of healing.



Patterns became maps. I could see where wounds lived in the body, understand them across time, and guide people more skillfully. I was taught three levels of Ancestral Healing, and over time, my gifts expanded.

With the voices of my native elders ringing in my ears,

We need to heal seven generations

I worked for 14 years with the “seven and seven,” a medicine code given to me in that first ceremony. As my light grew, so did my capacity to hold more generations within the Temple of Light. The Divine Mother became a profound teacher, awakening the feminine aspect of Source within me. She told me:

This work is healing the origin of separation.

A Mother of Souls, she showed me how each healing ripples across billions of generations.

Layer by layer, the work expanded into Elemental and Celestial Dragon fields, the Akashic and quantum realms, and New Earth teachings. The healing deepened for all of us.

Though my work remained mostly outside the mainstream, it was felt. Medicine people I'd never met began to send others my way. They knew. The Temple of Light became a chamber of self-healing, built around each soul who found their way to this inner path of healing. I teach through empowerment and grounded practices. To be whole is to land fully in your foundation, to meet your inner council, your archetypes, and walk the path of heart-based return.



We are all here, alive during Mother Earth's ascension. This is not for the faint of heart. It requires courage. It calls us to transcend our woundedness as a collective humanity.

I invite you: include your ancestors in your healing.

May you know greater peace by doing so. *Reach back seven generations, and forward seven more, in your prayers and intentions.*

With love and light,
Kelley – Butterfly Woman
Inner Mastery Teacher

P.S. The deeper story is coming soon in my book, where I'll share more Ancestral Thread Healing stories from the path. I can't wait to offer it to the world.





Kelley, Butterfly Woman, founder of *Love Wisdom Power, Paths to Wholeness*, is an initiated elder with over 32 years of healing practice, a Water Mother, Wise Woman, Ceremonial Leader, Clan Mother, and Holder of the Wheel of Sevens.

She is a guide for souls seeking to find their way home. She offers one-on-one healing work called *The Song of Returning*, an inner journey to wholeness and embodiment. Her signature course, *The Temple of Light Dragon Journey*, is a seven-week ascension program she considers the most powerful she has taught in lifetimes. Kelley also serves as a board member and Events Leader for the Global Grandmothers Council Network.

Her living mantra is **“I Am Unity”**—a call to weave us together in remembrance and care as we step into the Nexus of New Earth. May we together create the harmony and peaceful world we dream and know is possible.

lovewisdompower.com

KELLEY SPRINGER



Global Grandmothers' Council Network is looking for bright young minds and hearts to support our movement!

We are over 54,000 grandmothers from 50+ countries who are gathering our wisdom; preserving and sharing it for a world that works for ALL

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6-10 HOURS PER WEEK ~ YOUR SPACE

POSITIONS AVAILABLE:

CONTENT CREATION: Get Quotes from our Grandmothers out there!

VIDEO EDITING: create shorts from our interview with Grandmothers

SOCIAL MEDIA: create campaigns, schedule posts, track stats, etc.

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COURSE CREATION: assist Grandmothers with their teachings

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- Reference Letters from Experienced PROS
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- Personal Guidance for your life (if desired)
- Recognition in Grandmothers' Magazine
- Opportunity to submit your VOICE in Grandmothers' Magazine (GET PUBLISHED)
- Opportunity to continue beyond 6 weeks
- Opportunity for paid work as we grow
- Dual Mentoring - you mentor us and we mentor you





With deep spiritual awe and enduring sisterhood, We honor the wisdom shared across these pages—each word, each image a heartbeat in the collective rhythm of our grandmothers' legacy. May this offering continue to illuminate, nourish, and connect us across generations and geographies.

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We embrace this digital collaboration as part of our evolving creative journey, honouring both innovation and intuition.

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