



**ST. GEORGE**  
INTERNATIONAL SCHOOL AND PRESCHOOL

**€390**

# SPORTS CAMP

**MOVEMENT. FUN. FRIENDSHIP.**

**FOR CHILDREN AGED 6–12**



## WHAT DO WE OFFER?



### A WIDE RANGE OF SPORTS ACTIVITIES

developing skills, coordination and confidence



### TEAM GAMES AND NEW FRIENDSHIPS

Encouraging teamwork and team spirit



### OUTDOOR ADVENTURES

Mountain walks and time outdoors



### HEALTH AND BALANCE

Physical activity, healthy habits and rest

## WHY SPORT?

- ✓ Improves physical fitness and endurance.
- ✓ Builds discipline, confidence and responsibility.
- ✓ Encourages teamwork and friendships.
- ✓ Promotes energy and healthy habits.

## WHAT TO BRING?



Comfortable sports shoes



Hat and sun protection



Water bottle



A book

The camp runs Monday to Friday at St. George International School and Preschool from 1 June to 14 August 2026.

# WEEKLY PROGRAMME



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:30 – 09:00	Arrival and breakfast 				
09:00 – 09:40					
09:40 – 09:50	Badminton	Dodgeball			Dodgeball
09:50 – 10:30					
10:30 – 10:40	Break 			Golf	Break 
10:40 – 11:20	Football / Basketball / Volleyball / Squash / Dance		Mountain hike		Water track and field
11:20 – 11:30	 				
11:30 – 12:10	Break	Break			Break
12:10 – 13:00	Обяд			Обяд	
13:00 – 14:00		Swimming			Track and field 
14:00 – 15:00	Climbing				
15:00 – 15:15		Afternoon snack			
15:15 – 16:15	Reading / Cooking class				
16:15 – 16:30	Free time / End of day				

The programme may be subject to change if necessary. Parents will be informed in advance.