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And, as the chill in the air makes way for bright sunshine, it's a network that's still expanding. For instance, Wizz Air is connecting with Cairo for the first time, launching a new route from Milan Malpensa to Sphinx International Airport, with a sustainable A321neo aircraft making twice weekly trips from 15 June.

Add some of our other sunny destinations like Antalya, Dalaman, Amman, Aqaba and Larnaca and Wizz Air is the best airline for your summer break.

The expansion continues later in the year and we are expecting further growth throughout our network. We recently added aircraft to our Budapest, Kutaisi and Warsaw bases. And Wizz Air is also increasing frequency on several existing routes and introducing new ones.

No matter where you are heading today, I and everybody at Wizz Air wish you a safe journey.

József Váradi Chief Executive Officer







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Editor's letter

Kekova's Sunken City, which was submerged in the 2nd century BC, is rumoured to be opening soon to divers off the coast of Türkiye's Antalya Province. The creative team went to explore this and other hidden treasures near Kaş, dubbed the nation's 'diving capital' with an abundance of marine life, shipwrecks and countless archaeological discoveries to be made (page 32).

In Warsaw, our writer delves into the phenomenon that is the milk bar - otherwise known as kitsch Soviet-style cafeterias where you can get an authentic, organic, low-cost Polish meal (page 44). Meanwhile, in Italy, our writer goes on a rewilding adventure to help increase the Marsican brown bear population and in turn promote wildlife growth across the region.

On the longest day of the year this June, why not head to the first 100% carbonneutral island, Samsø, and have yourself an almost guilt-free Midsummer celebration (page 66). Summer holidays this year don't have to be filled with hangovers - in Dubai an alternative no-alcohol nightlife scene is steadily growing, with the recent opening of an entirely booze-free bar, and new brands launching in the city's best venues. Our writer goes out on the tiles without a drop to drink (page 76). Wherever you find yourself this season, we hope you discover something new.

Jade Bremner and Sarah Warwick, Acting Editors

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Editor Claire Köksal Acting Editors Jade Bremner, Sarah Warwick Creative Director Sarah Barnett Designer Isabella Fernandes Sub Editor Pierre de Villiers Production Manager Ana Lopez Publishing Director Brano Haar haar@lxm-group.com Media Partnerships Rawan Chehab, Rachel Hirschler, Elena Slamnea, Anna Tereszkiewicz, Magdalena Zalinska, Tro Djeridian Head of Operations Savvia Pavlou Chief Executive Officer Christian Szabo For Wizz Air Zsuzsa Poós Éva Passmore Fruzsina Polácska Orsolva Bartalis

> HR and Careers jobs@lxm-group.com

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What to read, and where to find it

in this SSUG

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Snorkel with manta rays in the Maldives; hit the beach parties in Albania; enjoy some foodie favourites in Valencia; try wreck diving in Cyprus; have a spiritual solstice in Malta; and go e-biking around the network

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Go back in time with a virtual reality experience in Nice and fly downhill in a wicker toboggan in Madeira

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ATHENS | CRETE | KAMENA VOURLA | KOS | RHODES www.mitsishotels.com Take part in an ancient solstice ritual in Malta

ese days the summer solstice means little more than having your holiday sundowners closer to bedtime, but for our distant ancestors the longest day of the year was a time to worship the heavenly body that controlled the seasons and harvests. That's why Malta's megalithic farming community built temples Hagar Qim and Mnajdra, now listed as UNESCO World Heritage Sites, in around 3600BC. On 21 June you can join guides at 5.30am at the temple ruins to see the sun fill the structures with choreographed light designs, just like our ancient ancestors did. heritagemalta.mt Wizz Air flies to Malta

Eat top meals in <u>Valencia</u>

The Spanish city will host the 50 Best Restaurants awards on 20 June, so what and where should foodies eat when they're in town? We recommend these great local dishes...

Paella Valenciana

Spain's most famous dish hails from this city – the authentic version comes packed with chicken, rabbit, snails, and beans. Try it on the beach at Malvarrosa, at 103-year-old restaurant Casa Carmela. **casa-carmela.com**

Blanco y Negro

Fans of a sausage sandwich get ready - you've never had one like this. A crusty baguette filled with longaniza (white sausage) and morcilla (black blood sausage). Try it at Mi Cub in Mercado de Colón. **mercadocolon.es**

Horchata

A kind of vegan milk made with chufas (tiger nuts, a kind of tuber), served over ice alongside fartons, a traditional pastry similar to a baked churro. Look out for Horchaterías around town, like Fabian on Carrer de Ciscar, near the Central Market.

Almuerzo

Not a specific dish, more a midmorning meal or second breakfast that helps locals hang on until a very late lunchtime. Get the very best midmorning bocadillos at Central Bar, one of the highlights of the city's Central Market. **barcentral.bar**

Pepito

While the Scottish have deep-fried haggis, Valencians have the pepito – basically a deep-fried empanada filled with fish and vegetables. Seek them out in traditional bakeries like Forn Desamparats, near the main Post Office.

★ Wizz Air flies to Valencia

They have the largest brain-to-size ratio of any coldblooded fish and are self-aware

> Female mantas bear one 'pup' after a 12 month pregnancy







A manta ray's fin span can stretch up to 7m wide

They are mostly rightfinned, just like humans are mostly right handed

> 'Manta' comes from the word 'blanket' in Spanish

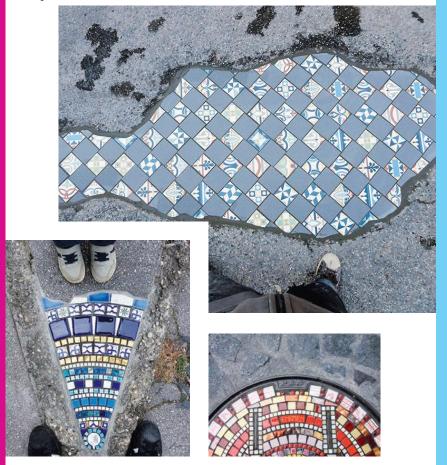
in place

Their underside markings are unique to the individual – like a person's fingerprint

> There are more than 560 species of rays, but only 2 are manta rays

Go manta ray spotting in <u>the Maldives</u>

The Maldives is home to the largest population of reef manta rays in the world - with 5,000 identified in the island's Hanifaru Bay alone. June-October are the best months to swim with them, but book before you go as daily tickets are limited. Booking fees (around €27) are used to support local conservation. Wizz Air flies to Malé



Look out for the pavement doctor in Lyon

They say art can be healing, but in the case of street artist Ememem, it's literally healing the streets of Europe. The Lyon-based guerrilla artist uses colourful ceramic chips to fix potholes, in a process he calls 'flacking', from the French word *flaque* (puddle).

Since his first flack in 2016, he's played pavement doctor all over Europe, including Italy, Spain and the UK, as well as around his native France, bringing colour to the grey of the city streets. "They give a glimpse of light through the homogeneous pavements which entomb our cities," says the artist of his work. He sells mosaiced pieces of bitumen on his website, so you can even have your own flack at home.

Instagram: @ememem.flacking Wizz Air flies to Lyon



Stay for five years in Egypt

Take advantage of the new entry visa to Egypt, which allows tourists to come and go multiple times over a five year period. It's the first time a multiple-year visa has ever been offered, meaning you don't need to cram everything into one trip. Maybe you could make a first trip to Cairo, for the pyramids, of course, and the brand new multi-million-euro Grand Egyptian Museum (when it opens, predicted end of the year). Next, a trip to the beautiful second city of Alexandria: an incredible mix of Ancient Greece and modern North Africa, nicknamed 'Bride of the Mediterranean' for its coastal charm. And then a third trip – for pure relaxation – to the beaches and dive sites of Marsa Alam. You begin to see why you'd need five years.

₹ Wizz Air flies to Sharm El Sheikh and Cairo



Explore a world of art in the Algarve

If you find yourself driving through Lagoa this summer, look out for a vast new art installation that dominates the landscape in front of the Nobel International School. "Globos Multifacetados" (multi-faceted globes) is the work of 11 different local artists, representing the culture, people and nature of each of the five continents, across 15 painted globes. The project was pioneered by local sculptor (and the owner of the Quinta Dos Vales vineyard) Karl Heinz Stock, who designed the striking painting-sculpture with its globes and complicated structure, complete with double Saturn-rings, on which they hang. **guintadosvales.pt/globos**

▼ Wizz Air flies to Faro

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Have an wild ride in London

Since when did roller coasters get such elaborate back stories? Take the new rides at London's Chessington World of Adventures resort, for example.

Croc Drop sees riders "plunge 25m into the giant jaws of a crocodile, Sobek, the ancient Egyptian Crocodile God and protector of the Nile..." to banish the evil spirits that have taken hold of him and save the ancient river.

Meanwhile, Mandrill Mayhem – the world's first Jumanji-themed rollercoaster and part of a whole new Jumanji World – invites you to "follow in the footsteps of Dr Bravestone and locate the Jaguar's Eye Jewel".

Blue Barnacle asks you to join the "fearless motley crew" of a ship marooned at Shipwreck Coast and "batten down the hatches" as you endure hell and highwater on the high seas.

All in all, it sounds like the park has added a whole lot of adrenaline this season – and we're fully on board. **chessington.com**

Dance on the beach in <u>Albania</u>

When the Kala festival launched in Dhërmi in 2018, the dance event kicked off a trend that's giving Croatia a run for its money when it comes to summer festivals. Located on the Albanian Riviera, which is full of incredibly beautiful, secluded beaches, Dhërmi has branched out with Kala's sister festivals – including Anjunadeep Explorations (8-14 June), Turtle Fest (28-31 July) and ION Festival (6-13 September). White sands, turquoise sea, and the best value for money of any European holiday destination? Might be time to jump on that bandwagon. **anjunadeep.com/gb/events/explorations; turtle-fest.com; ionalbania.com * Wizz Air flies to Tirana**

PHOTOS: ADOBE STOCK

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Dive a wreck in Larnaca

On 7 June it will have been 43 years since the MS Zenobia sank on her maiden voyage. Luckily, no human lives were lost, and the Zenobia has gone on to have a second life as one of the world's top wreck-diving spots. Join one of the anniversary dive tours that commemorate the sinking. A visit to the top level of the ghostly wreck is accessible for any PADI-certified diver, while the sea bed - where dozens of lorries and remnants of an estimated \$200m (€182m) of cargo can still be seen - requires more experience. **oceanviewdive.com** T Wizz Air flies to Larnaca



Go e-biking around the network

Why push when you can be pulled? That's the attitude driving (or, rather, pedalling) one of the hottest travel trends for summer 2023, as electric-biking trips and tours give holidaymakers an eco-friendly experience that won't have them breaking a sweat. These electropowered experiences are particularly good for exploring hilly regions. We've chosen three of our faves, so get on vour bike...

▼ Wizz Air flies to Funchal, Nice and Antalya



The Atlantic island is a serious mountainbike destination and now vou can have all the downhill thrills with none of the uphill struggle on sloped pathways through forested woodlands. Freeride Madeira offers five-day tours as well as e-bike rental by the hour. freeridemadeira.com



Take in the delights of the French Riviera on half- or full-day tours of Villefranche, Cap Ferrat and local vinevards. Freewheel over to famous chateaux and citadels, topped off for some wine tasting or a game of pétanque. Glorious.

ebiketheriviera.com



Another Riviera, this time the Turkish variety, where a four-hour tour covers both the history and the dramatic coastline, once home to the Lycians. Fit in far more than you would on a walking tour, with audio guide, bottled water and hotel pick-up included.

ebikeantalya.com

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Colourful characters from around the network

Virtual time travel in <u>Nice</u> Wicker tobogganing in <u>Madeira</u>

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"I feel as though I might bump into an ancient Roman bather at any moment"

We travel back in time to the ancient town of Cemenelum with a new VR experience at the Musée Archéologique de Nice-Cimiez

🖗 Words by Mandi Keighran

'm standing on a hill overlooking the French city of Nice on the Cote d'Azur. The sun is high in the blue sky, but I can't feel its warmth. Over the tops of the buildings I can glimpse the sparkling blue sea, but I don't feel a sea breeze. I look around and see I'm standing among ancient stone ruins - statuesque columns, crumbling walls punctuated by impressive arched openings, and the remnants of steps overgrown with grass and colourful wildflowers. Floating in the air in front of me is a collection of white circles. I point at one, click, and am instantly transported back in time to the ancient Roman town of Cemenelum, which stood on present-day Cimiez more than 2,000 years ago.

I'm testing out Cemenelum á 360°, the new VR experience at the Musée Archéologique de Nice-Cimiez that is the result of a four-year collaboration between archaeologists at the museum and architecture firm IMICA. Standing in a virtually reconstructed bathhouse in a vast sports and leisure complex that would rival any modern wellness centre or resort, I feel as though I might bump into an ancient Roman bather at any moment.

The cavernous space has a high ceiling, with light streaming through ornate arched windows. Looking

down, I see that I'm perched at the edge of a deep pool and get a very real sense of vertigo. In reality, however, I simply stumble forward in a small theatre in the museum, wearing my VR headset.

I decide to transport back to the hillside – away from vertiginous edges – using my hand-held controller to point at and click on the small white circles that hover in my virtual environment and allow me to move around and to open informative videos explaining each space.

Cemenelum was founded in 14 BCE, following Emperor Augustus' campaigns to pacify the Alps, and covered an area of at least 20 hectares. It has been the site of numerous archaeological digs since the 19th century, and was listed as a historical site in 1958. These digs uncovered signs of a once thriving town – including an amphitheatre that could accommodate more than 4,000 spectators watching gladiatorial battles – but the impressive thermal baths are the museum's star attraction.

The virtual experience is an intriguing way to step into the past, and is entirely focused on the North Baths, the largest and most impressive of three distinct bathhouses on the site. I can transport between the frigidarium (cold room), tepidarium (a

in person



WIZZ MAGAZINE 23

the Challenge NICE



warm room), the laconicum (a steam room), and two caldaria (hot rooms), learning about each space via short videos (which are currently only available in French).

It's here that the Romans – who visited the baths daily – would wash and socialise after taking part in sporting activities in the nearby *palestra* (gymnasium) and a refreshing dip in the *natatio* (open-air pool).

Of course, the past is the past and the virtual model can't be 100% accurate. The experience is based on informed guesswork by the archaeologists, but there was no way of knowing how the decorative mosaics, marble facing and painted plasterwork actually looked. So the decision was made to render the models with a simple pale pink plaster finish that would have been found in spaces such as these (and which, incidentally, would look perfectly at home on a modernday Pinterest board dedicated to interior trends).

The museum hopes to add to the Cemenelum á 360° experience by modelling the East Baths, the West Baths – which were transformed into a cathedral complex in the 5th century CE – as well as contemporary home, and two nearby shops that once sold food, accessories for bathing and dice and board games. If you fancy trying your luck at one of the latter you can buy replicas in the shop.

<u>VR thrills on the</u> <u>WIZZ network</u>

VR Escape Room, Budapest

Budapest has always been an epicentre of escape room fun, but now at All in VR you can do them virtually. Up to seven players can work together to solve riddles in a universe with no physical limitations. **allinvr.hu**

Otherworld, London

Travel to a virtual island at Otherworld, which has 16 portals to different realms including desert, ocean and treetops – complete with motion, wind and heat sensations while you are plugged in – to add to the realness. **other.world**

VR Play Park, Prague

This is the place to try a variety of VR experiences, from zombie survival games to flight simulators and paintball games. vrplaypark.com



I spend around 15 minutes exploring the North Baths, and when my headset comes off, my tour guide, Victoria, invites me to walk around the ruins in real life.

"I like to show people the VR experience first, as you then have a greater understanding of what you're looking at," she explains. "It's extremely rare to see something like this."

Outside, I step into the real version of what I've just

explored virtually – and this time I can feel the sun and the breeze. Victoria is right about having a better understanding of the site. As we wander through the ruins, I can comprehend the grandeur of what was once there. The original scale of the North Baths, for example, would be almost impossible to grasp without having stood beneath its arched ceiling; while the grass-filled pits that were once fed by cleverly engineered aqueducts take on a new grandeur when you've seen the sparkling pools they once were.

As we conclude our tour, Victoria points out a magnificent paved stone street known as a *decumanus* - that seems to disappear beneath a neighbouring villa. "This thermal centre was the centre of Cemenelum, but there is so much more," she says. "There is a very expansive city, but it has all been built over." And, for the rest of my time in Nice, I can't help but wonder what other kind of ancient marvels lie hidden beneath the streets. *Musée Archéologique de Nice-Cimiez's VR experience runs until October.* **musee-archeologie-nice.org**

✓ Wizz Air flies to Nice





The Experience MADEIRA

From left to right Wicker baskets are used for a wild downhill ride; two hat-wearing carreiros do the pushing; the cable car to Almirante Reis





"With no seatbelt and little to cling on to, it's definitely a teeth-clencher"

What better way to celebrate Madeira Day this July than getting pushed down a hillside in a wicker basket?





t's 9.30am when I arrive at Igreja de Nossa Senhora do Monte church, having caught the cable car up from the Almirante Reis gardens in Funchal – a ride that gifts me an expansive view of russetred rooftops, dense greenery and the blue seam that faintly divides sea and sky.

My early start is in a bid to skip the queues for the wicker toboggan rides that begin at the church, an experience that has been a staple of Madeira tourism since the late 19th century. I figure that, since most tourists seem to spend time strolling around Monte Palace Tropical Gardens before tumbling downhill on a vertiginous basket ride, I should aim to arrive before brunch. Sure enough, I'm one of just a handful of tourists in a crowd of *carreiros*, the straw-boater-topped men who gather on the steps of the church to steer the toboggans on a 2km run down the hill.

PHOTOS: ADOBE STO

"Two kilometres," I think, with more than a little bravado: how scary can it be? The carreiros' bright whites are mildly encouraging too: they've something of the cricketer about them and, cricket being a gentleman's game, there's surely nothing to fear. I'm less certain when I meet Rodrigo and João; the latter, in particular, has a certain rakishness that would be charming over a *poncha* – the traditional rum and citrus-based drink of the island – but is somewhat more disconcerting when your life is in his hands. Or, more aptly, in his feet.

A 'carro de cesto,' as the toboggans are called, is essentially a handcrafted wicker basket (wickerwork having, at one time, been Madeira's primary artisanal product) mounted on wooden runners, which are lubed up with tallow to make them run smoothly – and quickly. These effective sledges were the first modes of 'downhill' public transport, allowing locals to zoom from the village of Monte to the city of Funchal in less than 10 minutes. Each one is guided by two carreiros, at speeds of around 30 km/h and down streets that are both narrow and winding. And – here is where the feet thing comes in – as a passenger, you're reliant on the chunky rubber soles of their boots to act as brakes as you hurtle your way downhill.

There's not only a level of skill required, but also of fitness – not to mention boots that are replaced every

The Experience MADEIRA

in person



six to eight weeks. João seems to find it highly amusing that my name is Sarah – or Sara, in Portuguese – which means 'princess', telling me that the history of the carros de cesto is linked to Monte's past as a recuperative haven for well-todo Europeans, who clearly had better things to do than actually walk down a hill, or carry their own goods.

"I feel more like a picnic than a princess," I joke, as I climb into my wicker basket. Inwardly, I add: "If people were concerned enough about their health to holiday here, why didn't they just go for a brisk, hilly walk, rather than relying on the rubber soles and road sense of a carreiro?"

The level of trust required for the passenger-carreiro relationship swiftly, and I do mean swiftly, becomes clear:

the carro de cesto route is akin to a ground-level rollercoaster – only it navigates real roads, with real intersections and real traffic.

Immortalised by Ernest Hemingway

"Everything commenced to run faster and faster as when they speed up a cinematograph film. Then he was dead," wrote Ernest Hemingway in his first collection of short stories, *In Our Time*, which was published in 1925.

A little less than 30 years later, the writer made a lightning-speed stop in Funchal, sailing across the Atlantic on the Italian ship Francesco Morosini with his wife, Mary Welsh Hemingway.

Despite the fact that the writer's death didn't occur until 1961, there's some prescience to his words, given that he is believed to have girded his loins for one of Funchal's epic wicker toboggan rides on his brief visit, describing it as "exhilarating" (though some say he stayed on the ship and it was his wife who gave it the thrill-seeker's thumbs-up). Left The Igreja de Nossa Senhora do Monte church Above A pair of carreiros build up a head of steam

As we pelt downhill, I can't help but notice, through squinted eyes, that commercial photographers are strategically placed along the route: I'm told they're stationed at crossroads for some additional security, but I think I'd prefer a traffic controller.

The entire ride takes no more than 10 minutes but, with no seatbelt and very little to cling on to, it's definitely a teeth-clencher. It drops you off in Livramento, with a few kilometres to navigate back to the centre of Funchal. That said, it also leaves you near a bar, so my restorative poncha is just a step away from disembarkation.

My carreiros won't be joining me for a restorative draft though – there's a crowd gathering at Nossa Senhora do Monte, and a truck waiting to take them,

and their toboggans, up to Monte. Ready to give more clients steep thrills.

✓ Wizz Air flies to Funchal

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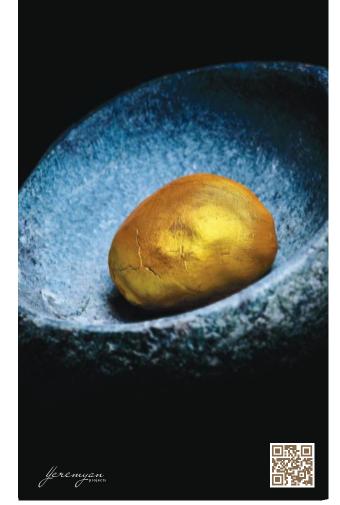
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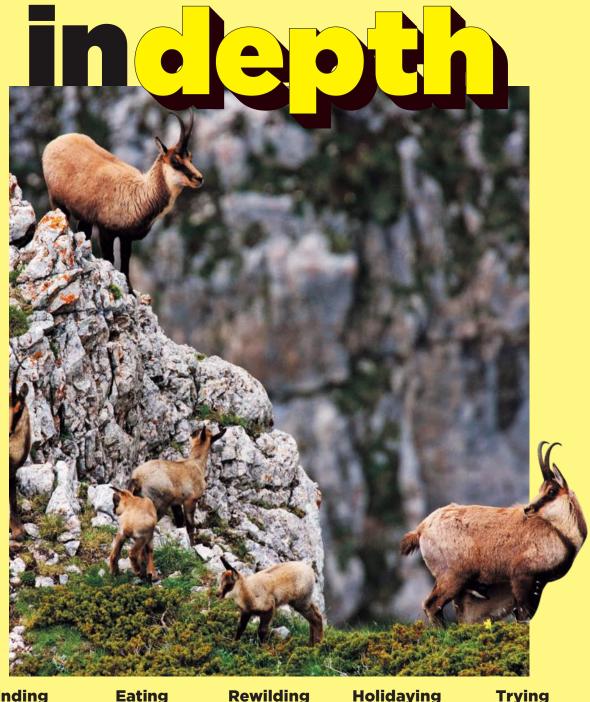
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Getting to the heart of the story



Finding sunken treasures in <u>Türkiye</u>

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Eating out in kitsch cafés in <u>Poland</u>

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Rewilding Marsican brown bears in <u>Italy</u>

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Holidaying on an eco island in Denmark

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Trying booze-free clubbing in <u>Dubai</u>

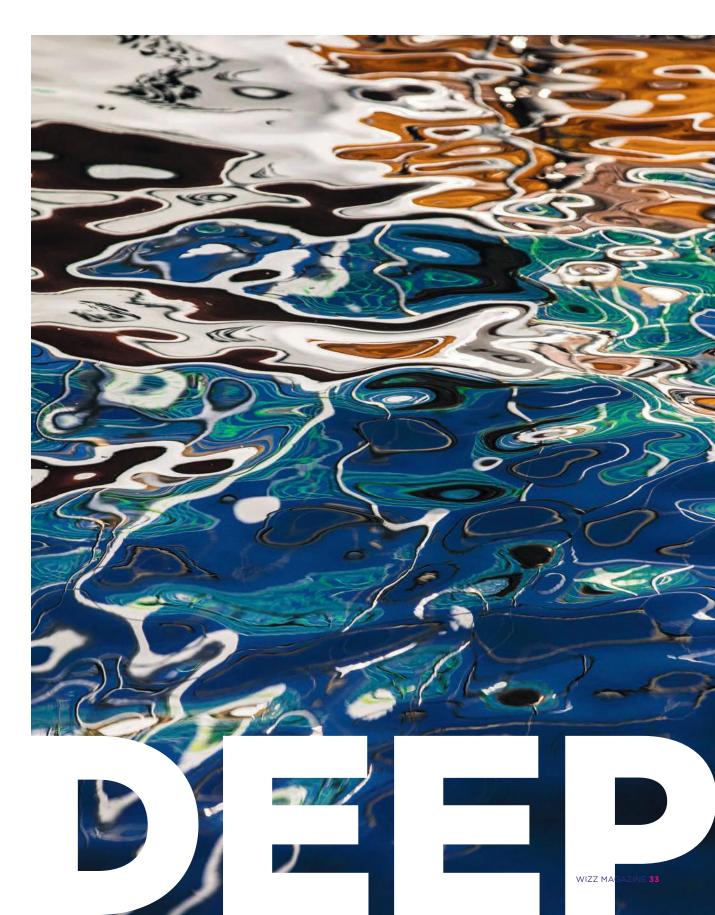


Why Kaş, the dive capital of Türkiye, is the ideal base for exploring the nation's sunken treasures

🖗 Words by Jade Bremner

🖾 Photography by Tim E White

TÜRKIYE



TÜRKIYE







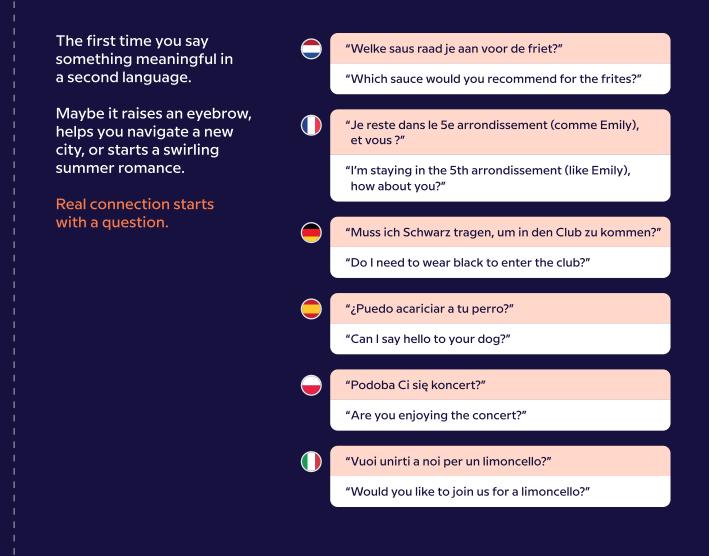
metre-long grouper is heading towards me at the dive site known as Camel Rock off the coast of Kaş, in south-central Türkiye. Yes, it's just a big fish, but these supersized species are known to enjoy nibbling humans from time to time. "They taunt divers with their size, to try and intimidate you, they will likely get close," Bora Bey, a diving instructor from Kanyon Diving, told me before we descended into Türkiye's aquamarine waters. "They can leave you with a bruise if they take a bite, so keep your hands locked."

Twenty-two metres submerged below sea level, I turn to see the fish facing off with my diving buddy Nico, so close it could take a chunk out of his nose. He floats completely still, not backing away, entering into a staring competition with the fish. After a few minutes, Bora waves a metal shaker to get Nico's attention, motioning for him to swim away. Noses and regulator pipes intact, we continue our weightless journey around the rock, and spy an enormous turtle on the ocean bed, followed by a striped lionfish hiding in the reef. This dazzling venomous species originates in the Red Sea, but increasing numbers have migrated to the Mediterranean, due to climate change.

These are just a few of the thrilling discoveries to be found off the coast of Antalya, dubbed the 'diving capital of Türkiye' thanks to its easy access to some 30 dive sites, from caves and wrecks to archaeological structures. History and adventure

34 WIZZ MAGAZINE

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"You can see the shape of the rooms, you can see the shape of the city's streets and walls"

collide in this region, home to clear waters with visibility reaching some 40m.

Within half an hour's boat ride from the coast, snorkellers and divers can reach reefs, caves and shipwrecks, plus other features that are utterly unique to this area, including a submerged Lycian-themed museum and fields of amphorae (a type of container with two handles used to transport various goods at sea, from grapes and olives to wine). There's even a whole ruined city, dating back to the 2nd century BC, parts of which can be explored, while other protected areas are rumoured to be open for divers soon.

Bora has dived all around the Lycian Sunken City on archaeological investigations: "You can see the shape of the rooms, you can see the shape of the city's streets and walls," says Bora. "There likely are still a lot of artefacts inside the silt here."

The cobbled town of Kaş – with its little harbour, bordered by calm, blue waters to the west and verdant hills to the east, and a picturesque warren of whitewashed seafood restaurants and craft shops – is the perfect base for discovering what lies beneath.





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Don't dive? Descend by submarine

Submarine Türkiye offers 30m dives off the coast of Antalya aboard a 20m-long, 4m-wide submarine that has space for 42 passengers, and gives you the chance to view the 70m St Didier wreck from the window of a mighty vessel. The sunken World War II ship met its end after being bombed in 1941. submarineturkey.com

This whole area was an ancient hub of seafaring activity for centuries, notably by the Lycians, who flourished from the 15-14th centuries BC. The 760km Lycian Way hiking route follows the coast from Hisarönü to Aşağıkaraman, taking in many ancient sites and boulder-strewn routes between cities and ports, used by these ancient peoples.

Passing through lush hillsides, zucchini and red pepper farms, we reach the tiny village of Kaleüçağız, where our guide, Guvenc Duma from Dragoman Outdoors, stores kayaks to transport adventurous visitors to the Sunken City of Kekova. We paddle

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Clockwise from left

Sunken ruins of Kevova before the area was protected; a floating tomb; marine life and ancient artefacts at the Museum of Lycian Civilizations



turquoise waters for 45 minutes to reach the abandoned island, 2km from the mainland, and dock at a northwest beach. There we can explore a ruin of a church, and walk to the south side of the island to see other structures left by the Lycians.

Swimmers can descend into the waters off Tersane Bay to see parts of the submerged city. Tectonic movements in the area during the 2nd century caused the rise of the Western Taurus Mountains and whole parts of Kekova and the nearby area of Simena plunged into the sea. Remarkably, many of the structures, including stone block walls, with gaps for doors and windows, plus tombs, remain intact and can be seen submerged. Paddling further along the coast, we reach an area protected by the Turkish government (and rumoured to be opening soon for divers). At this part of the island, staircases reach the water's edge and a high concentration of ruins are visible above and below the water.

"This was once a hive of activity, where sailors would come for rests and repair. It was a service station of the sea. There was accommodation, also blacksmiths, churches and a booming dye industry. Locals would make black dye from acorns and





TÜRKIYE





Nazende's peaceful orange tree-scattered courtyard has stunning views over the Med and green islands beyond and serves up Turkish classics including mezze, grilled aubergine, hummus and feta dip, plus hearty mains including the fish of the day – served whole – and often bigger than your arm. Instagram: @nazendekas

Where to drink

For a pre-dinner sangria or glass of wine, head to the trendy L'Apéro Kaş, high on the hillside. With its pretty tiled patio, it's the place to be seen in Kaş (the French menu is delightful, too). facebook.com/laperokas

Where to shop

New Vintage sells retro glasses and curious finds from around Türkiye, from clocks and cameras to clothes and jewellery. Visit la'l atelier for gorgeous handmade brass and silver jewellery creations, from simple pendants to geometric earrings. Instagram: @newvintagekas; @lalatelierkas

"This area was a hotspot for smugglers and pirates; it was invaded by the Romans"

purple or indigo out of sea snails," says Guvenc. "This area was also a hotspot for smugglers and pirates, eventually the Lycians were invaded by the Romans, before being controlled by the Persians," he tells us.

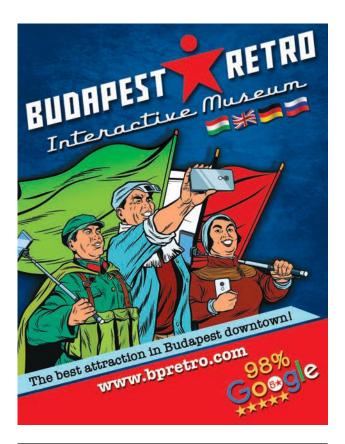
Our boats glide past the evocative scene as sun rays strike the water, lighting up the depths and revealing structures. The visibility is so clear we can even spy individual amphorae in the ruins.

"All Antalya's coastlines are rich in terms of archaeology, not just Kekova," Antalya's mayor Münir Karaloğlu, previously said to *Hürriyet Daily News*. "If permission is received from the ministries, diving tourism will be available with the help of guides and archaeologists in Kekova."

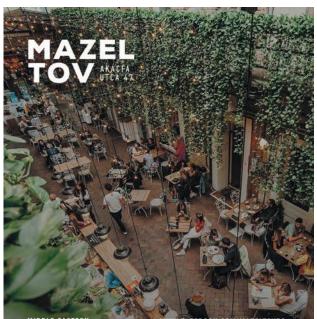
For now, we have to remain above the water's surface – but it's no less thrilling. We skirt the island, paddling south, and spot intact aqueducts (used to "transport rainwater around the island," according to Guvenc) before crossing the channel to Simena with its Byzantine-era castle, perched high on the hillside.

Further reminders of the area's Lycian past are dotted along the hillside, where several tall tombs form an ancient burial ground. Closer to the tiny dock, a partly submerged tomb protrudes from the shallows, well preserved with its elongated gravel chambers, huge lid and carved details.

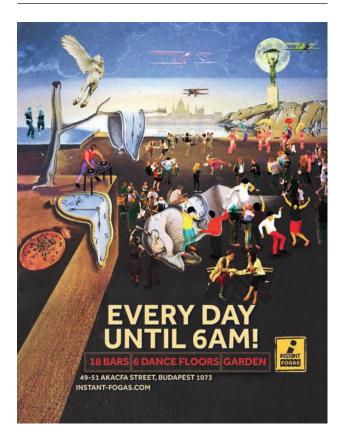
After mooring up, we navigate the village's small passages and past old farmhouses. People have been living here since the 4th century BC (its one of the oldest communities to continuously live in the same area). Steep pathways lead to the fort for marvellous sweeping views of the waters and deep green islands - the ideal vantage point to spot invaders centuries ago. A fresh fish lunch at the waterside Teras Paradise







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restaurant is waiting before we depart. The local ice cream is a speciality dessert, made using a recipe that dates back 500 years. It's flavoured with locallygrown mulberry and mixed with orchid root to give it a stretchy consistency.

With our bellies full, we cruise back to Kaleüçağız, serenaded by the local mosque's call to prayer, and energised in the knowledge that this is only the start of our coastal adventures around the province of Antalya.

▼ Wizz Air flies to Antalya, Dalaman, Ankara and Istanbul

Clockwise from left A turtle in Turkish waters; Camel Rock; a C-47 cargo plane sunk at Lighthouse Reef

Best dive sites around Kaş

BEST FOR SHEER DIVERSITY Canyon Site DEPTH: 4-36m

"The interesting thing about this canyon, it starts in really shallow water, like 4m and suddenly it goes down to 25m," says Bora. "At one end of the canyon there is an original shipwreck, which sunk in the 1950s. There's a steady current, so you can easily do a drift dive here. There is also a small cave here, too."

BEST FOR MARINE LIFE Camel Rock DEPTH: 18-30m

"There are two reefs here, like the hump of a camel. There can be strong currents in this area, and a big grouper family lives in the area – around 15 to 20 of them," says Bora. "The matriarch is quite big (around a metre long). There are also many turtles living around here."

BEST FOR AWE AND WONDER Kaş Underwater Art Gallery DEPTH: 7-12m

This recently opened exhibition is a chance to get up close to some replicas of ancient artefacts from the Lycian civilization. Around 700 artefacts can be discovered below sea level, including ancient columns, Poseidon and his horses, plus the most famous Lycian tomb – the Nereid Monument, dating to the 4th century BC, of the ancient city of Xanthos (the original is currently in the British Museum).

BEST ARTIFICIAL REEF Lighthouse Reef DEPTH: 18-23m

"It's full of life because there are many freshwater sources around the area," says Bora. There's also an artificial reef here, a C-47 cargo plane, which was sunk on purpose to promote marine life growth and create a habitat.

BEST WRECK

Cave II and the Lycian Shipwreck DEPTH: 24m

"You can't go inside the cave, as it's a rare Mediterranean monk seal breading area," says Bora, "but northwest of the cave, are plenty of cool things to spot, including holes and sponges and, of course, the Lycian shipwreck sitting at 24m."





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We explore Poland's legendary kitsch cafeteria culture, offering authentic, organic, low-cost meals for less than €5

🖗 Words by Victoria Beardwood

Photography by Dave Imms





f T am możesz wziąć swój kompot," states the officious server from behind the counter. She jabs her finger towards a glass case with plates of braised cabbage and topped with rows of white ceramic cups. "Kom-pot", she repeats. Finally realising she's saying I can take my drink, I pick up a cup of warm pink liquid and add it to my tray.

I'm at Bar Sady in Warsaw – my first experience of an authentic *bar mleczny*, or milk bar. A type of cheap Polish cafeteria, it gets its name from the variety of dairy-based dishes on the menu, from hot milk and kefir to cheese-filled pierogis. The first milk bar, Mleczarnia Nadświdrzańska, was opened in Warsaw in 1896 by a dairy farmer called Stanisław Dłużewski.

Attracted by its affordability and resemblance to home cooking, the Poles were sold, and new milk bars started popping up across Warsaw and other cities. Later, during the Great Depression, they became particularly important as a source of cheap and nutritious food. It wasn't until the rise of communism, however, that the milk bar truly began to thrive.

In the 1950s, every bar mleczny in the newly established Polish People's Republic was nationalised.

Workers who didn't have access to an official canteen were given money as part of their salary to be spent there, ensuring they got at least one hot meal each day. After the fall of the Iron Curtain, the government continued to subsidise milk bars and still do so today – meaning you can get a full meal for the equivalent of \notin 5 or less.

There's an austere manner to the people who work at milk bars today, many of whom are old enough to have lived during communism. It becomes clear to me very quickly that if you want a place for a leisurely meal with great service in upscale surroundings then milk bars are not for you. You even have to clear up yourself, returning dishes to the 'zwrot naczyń' (return of dishes) hatch.

During my visits to several of Warsaw's most recommended spots, I'm sternly told to go away while they plate my pierogis, gruffly told there are no toilets, and tutted at while I'm taking a photo. I'm even glared at for staying seated and relaxing instead of leaving the premises the second I finish my meal. Visiting the popular Bar Sady during the lunch rush probably wasn't the wisest move if I'd wanted to

WARSAW



Clockwise from far left

Warsaw has been home to milk bars since 1896; our writer Victoria Beardwood sits down for a meal at Bar Sady; a staff photo on the wall at the same milk bar; keeping an eye on things at Bar Sady; kompot, juice pudding and borscht with dumplings at Bar Sady

What to order

Pierogi

Even if you're not familiar with Polish cuisine, you've probably heard of pierogi. These dumplings are made from unleavened dough with a savoury or sweet filling, such as minced pork or potatoes and cottage cheese, and cooked in boiling water.



While this fermented milk drink has become a pricey health fad elsewhere, in Poland it's still considered the 'poor man's breakfast'. Once you've ordered it, you can usually grab it out of the fridge yourself.

Kotlet schabowy

A breaded pork cutlet, similar to a Viennese schnitzel. It's usually served with mashed potato and *buraczki* (beetroot salad).

Soup

Hot and cold soups make up quite a large portion of the milk bar menu. There are myriad types but the most popular are *borscht* and *chłodnik* (hot and cold beetroot soup respectively), *rosół z makaronem* (chicken noodle soup), and *pomidorowa z makaronem lub ryżem* (tomato soup with noodles or rice).

avoid getting side-eye for taking a minute or two to decipher the entirely Polish menu. Google Translate

can only work so fast. But if you want a truly authentic experience that's rich with history, doesn't cost a lot, and introduces you to real Polish fare, it's ideal. The kompot the server had been gesturing to, for example, is a popular drink, made from boiling fruit – usually strawberries – with water and sugar. I also try *barszcz czerwony z uszkami* (blood-red beetroot broth with dinky, ear-shaped dumplings floating in it), *pierogi z mięsem I słoniną* (soft, meat-filled dumplings that taste almost like stuffing) and *budyń z sokiem* (a panna cotta-style pudding doused in raspberry juice). These are just a few of the local specialties

For an authentic experience that's rich with history, a milk bar is ideal

on the extensive menu, which retains a comforting predictability in every establishment.

Sitting down to eat, I look around. The dining room is functional. The basic metal chairs with dark-blue plastic seats discourage anyone from lingering too long. The faded laminate tables are easy to wipe clean. The design of the room allows a queue to bend from the doorway to the till without getting in anyone's way. The only decoration comes from a bank of houseplants near the windows and a chintzy wooden sign hanging above the serving counter. It reads: *Lepiej dobrze zjeść niż podobać się byle komu*, meaning something like: "It's better to eat well than please people." From my milk bar experience so far, that sounds about right.

Following the collapse of the Soviet Union, these utilitarian canteens started to disappear. Now people were no longer confined by the communist regime, mid-priced and high-end restaurants could open and international chains could set up shop. The country's culinary scene exploded. Milk bars got left behind and by the early 2000s there were just a few left in the capital, down from around 50 in their heyday.





WARSAW

Yet in the past decade or so, they've seen a resurgence. "Milk bars were once seen as a reminder of the difficult years spent as part of the Eastern Bloc, so people avoided them. Now, they want nostalgia – to taste familiar food like their parents and grandparents cooked for them when they were younger. It helps them feel connected with their past," explains Mona Bębnowska, a local tour guide from Lublin who's lived in Warsaw for more than 20 years. She has several different offerings, including foodie and bespoke tours.

Bar Mleczny Prasowy, the oldest milk bar running in Warsaw, was one such place saved by this renewed popularity. Opened in 1954, it was originally a busy lunch spot for journalists working at nearby newspaper offices. By the end of the 80s, it had become neglected and went bankrupt. In 2011, it was about to be shut down entirely, but a group of locals took over and started serving food themselves.

Visit today and what you'll see inside is a far cry from the original, bare-bones interiors. While still minimalist, it's been revamped with shiny, white tile walls, red industrial pendant lights, and a black rubber statement wall that uses white lettering to form fun designs instead of spelling out the available dishes. The menu and self-service concept haven't changed, but Prasowy has a more modern and welcoming feel.

The same can be said for places such as Mleczarnia Jerozolimska and Bar Gdański, which have also received makeovers. The latter even uses screens to show when peoples' orders are ready, replacing a uniform-clad server hollering at you through a hatch.

Bar Gdański is where I meet Mona. We sit near a bright yellow wall at one of the small tables with their faux gingham coverings. "This is my favourite milk bar. The food's amazing – they make everything here so it's all super fresh," she says, as we dive into some *placki ziemniaczane ze śmietaną* (potato pancakes with a dollop of sour cream) and *naleśniki z serem* (floaty light crèpes with a cheese filling). "I really love it, though, because of the staff. Some are Polish, some are Ukrainian and they're all so kind. For example, in the winter I've seen homeless people coming in here and they'll always give them some hot soup and tea. They're so appreciative that they often help the staff clean up."





Milk bars: Need to know

- It's become more normal for milk bars to take cards in recent years, but take some cash just in case.
- Once you've ordered, take your ticket to the main hatch and wait. If it'll be a while, they'll let you know.
- Once finished, take your tray and dirty dishes to the returns hatch. It'll usually be marked with *'zwrot naczyń'* (return of dishes).
- While you'll have to wait for most dishes to come out the hatch, you'll usually need to get your kompot, kefir or cold desserts from the fridge or counter yourself.
- Most milk bars are eat and go. Don't stick around for too long.
- Most places won't like you taking photos of the kitchens.
- Milk bars typically don't have toilets.
- It's unlikely there will be an English menu or English-speaking staff. Bring your phrase book.

This might also go some way to explaining the current popularity of the milk bar. While the 2010s revival was a lot about nostalgia, the 2020s one is more to do with the cost of living crisis. In such a difficult economy, it's obvious why a plate of dumplings or some warming soup for less than €2 is so appealing. "A lot of milk bars used to be closed on Sundays, but I've noticed that many of them have started opening all weekend. A lot of them have also extended their opening hours, so customers can come and get an affordable dinner," says Mona. "People need cheaper food so the demand for milk bars has risen again."

Original milk bars are getting revamped and reopening, and brand new ones are launching too, such as Polny Bar Mleczny. While not all new milk bars manage to secure government funding, this one did thanks to its location near the Polytechnic University. Students are on a budget, after all.

As well as soaring inflation rates, there's also the fact that the population of Warsaw has risen 17%

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Uśmiech

WARSAW

thanks to the number of Ukrainian refugees now living here. Although they have been hospitably received, the immigrants have caused a hike in house and rental prices, further creating a financial strain.

Despite their fluctuation in popularity over the years, bar mleczny clientele hasn't really changed. My final visits are to the long-standing Bar Mleczny Rusałka, which looks almost frozen in time, and Bar Bambino, which is the most elegant of those I've been to. Its white tile and buttermilk-striped wallpaper contrast with the dark wood of the back wall and mid-century modern-style chairs. A house plant, a neon sign, and a tasteful painting add some visual intrigue.

It's also one of the few milk bars that has English translations on its menu and a staff member who speaks pretty good English. Przemysław Koper has worked at Bambino for 10 years and tells me it's always been the same. "Old people, young people, students, pensioners, families – everybody comes," he says, before returning to his booth to serve some tourists who've wandered in off Hoża Street. He serves them in the requisite steely manner. Just don't ask where to get the kompot, I think.

Instagram: @Mona_be_your_guide ★ Wizz Air flies to Warsaw





Three other milk bars to visit around Poland

Bar Turystyczny, Gdańsk

Established in 1956, this milk bar is a family-run spot. The food is freshly prepared and includes classics such as dumplings and *goląbki* cabbage rolls. As the name suggests (*Turystyczny* means tourist), it gets busy but it's worth it. **bar-turystyczny.pl**

Bar Mleczny Mewa, Wrocław

One of the city's more authentic milk bars. You'll know it's genuine thanks to the rough and ready service and the fact they've not graduated past cash-only payments. Come here for good pierogi. **bar-mleczny-mewa.business.site**

Bar Mleczny Krakus, Kraków

While Milk Bar Tomasza is probably Kraków's best-known spot, it's also a more modern version that caters to tourists (read: it's more expensive). For the real deal, visit Krakus in Podgórze district. Its interior is no-frills, its food is authentic and its prices are reasonable. **barykrakow.pl**



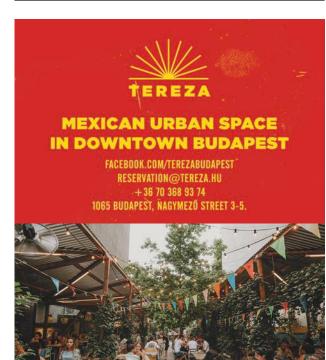
Clockwise from left Crèpes with quark, cream and sugar and *gorące mleko* at Bar Mleczny Rusałka; the interior at the long-established Rusałka

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Bear witness

How a visit to Italy's Apennine region can help endangered wildlife like the Marsican brown bear

Words by Rachel Chang



squint through my raindropstained binoculars and all I can see are the swaying branches of this ancient beech forest, but no trace of the rare species that I've come in search of. The Marsican brown bears that call Italy's Apennines home are known to have a keen sense of hearing and smell, but when it comes to vision, they're said to be "mediocre" - exactly how I feel about my eyesight right now. As I perch atop this lookout point, every slight rustle and offbeat whiff makes my head jerk to attention. Surely, I think, this time I'll

catch a glimpse.

I've come to Italy's Parco Nazionale D'Abruzzo Lazio e Molise in the hope of spotting some of the aforementioned bears, but, although their numbers are growing, thanks to recent rewilding schemes, there are no guarentees. Within the 50,000-hectare park, there are only about 40 of the omnivorous mammals, which stand about five to six feet tall, and weigh up to 150kg. Maybe up to 80 of them if you count the surrounding area, the next crucial area earmarked for population regrowth.

"Brown bears are an apex species, meaning that they are at the top of the food chain, and therefore they help to keep ecosystems healthy by keeping food webs balanced," Rochelle Turner, the head of sustainability and community at Exodus Travels, tells me. "The Marsican brown bear is critically endangered and an iconic species endemic to the Apennines. While being protected inside the national parks, they are at risk from people outside the park boundaries."

Not only has the creature become the symbol of the national park, but tremendous efforts have been launched to help the species thrive beyond its protected range. This is what has brought me here to the Central Apennines, a region of Italy's second most prominent mountain chain, an area so free of foreign tourists that locals do a double take when they spot me. I'm here on Exodus' Rewilding the Apennines tour, which mixes learning with immersive experiences for conscientious travellers, who can take part in efforts to restore the area's biodiversity to how it was before humans changed the region.

The varied terrain encompasses beech forests, vast open hillsides and alpine grasslands, dotted with 25 idyllic storybook towns, as our cozy minivan winds through the gentle curves of the park. It's hard to believe we are just two hours from Rome and Pescara and only three hours from Perugia. In Rome, I spent the last few days elbow-to-elbow with fellow tourists, struggling to get a glimpse of iconic landmarks like the Trevi Fountain and Spanish Steps; here, the sights are mine for the taking.

Though the bears haven't greeted us on our first early morning excursion, we





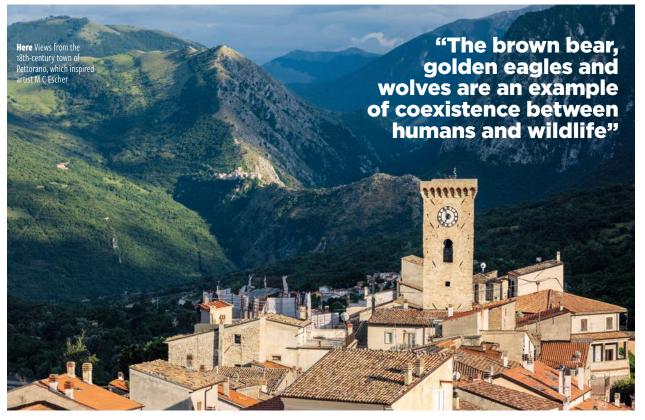
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clap eyes on a group of red deer, most identifiable by their white tails, a clue that there just may be more in the valley than meets the eye. The diversity of species here is tremendous — 66 mammals, 230 birds, 52 reptiles, amphibians and fish, and 5,000 invertebrates. The park signage listing these numbers also reads: "Breathe. You are in a unique place."

"The Italian wilderness is different," local leader Umberto Esposito, who has written and photographed hiking guides for the region, tells me. "It still holds back memories of layers of human history being evident, or sometimes concealed, among apparently untamed mountain ranges. And that provides an incomparable example of balance, harmony: it makes the landscape richer, thicker, and the surviving of some iconic species – brown bear, golden eagles, and wolves – is an example of coexistence between humans and wildlife, probably unmatched in the overall history of Western countries and civilisations."

That afternoon, we venture from our early 20th-century guesthouse hotel – Albergo Villino Quintiliani in Pescasseroli, the most bustling town of the region with a population just upwards of 2,200 - to Pettorano sul Gizio, adjacent to the Monte Genzana Alto Gizio Regional Nature Reserve, where cobblestone streets lead through arched walkways to a hilltop town, with a pretty square and fountain.

Passionate local Mario Cipollone explains that the big-picture efforts to protect species like the Marsican brown bear as part of nonprofit Rewilding Apennines focus on working with the area's parks to develop corridors. These corridors allow the animals to safely travel between the protected zones. Pettorano is the first bear-smart community, with sealed trash cans and educational signage on how humans and bears can co-exist.

Everyone we meet has had a bear encounter. Even the city's mayor, Antonio Carrara, who says he watches Marsican brown bears from his kitchen window. We're given a chance to be a tangible part of the rewilding process. Equipped with gloves and goggles, we're led up a steep hillside where outdated barbed wire traverses the slope. Our task: remove that spiky barrier so that

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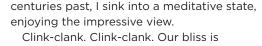
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been dropped into a pastoral oil painting of

interrupted by the hefty sound of cowbells. Our group falls into deeper stillness, as we see a herd of free-roaming cows - complete with calves - sauntering by. But our deepest journey into the Apennines is an overnight stay at Rifugio Terraegna, following a half-day hike beyond the closest roads. Passing foliage-covered woods, verdant meadows and snow-topped icy forests this is perhaps our best chance to spot the majestic creatures.

Excitement builds as De Angelis points out wolf scat on the trail, showing that predators are near. But the expert tracker can tell from the stench that these droppings are not from today. We venture on. At one point, De Angelis asks if we mind taking a detour. He guides us up a hill and to a sprawling valley scene. We pause, and

Clockwise from left

The golden eagle and wild boar call Monte Genzana Alto Gizio Regional Nature Reserve home; volunteers remove barbed wire from a hillside near Pettorano

the wildlife can pass through freely. Midway up the hill, I peek below me and gasp at the pure Pantone shades: the sea-blue sky and vibrant green hills, with Pettorano shrunk into a miniature model. From this vantage point, it's clear how artist M C Escher, who visited the town in the 1920s, was inspired by its maze of pathways. The beauty is palpable.

A clump of fur is passed to me by a member of our group, who found it caught in the wire. With proof in my hands, I realise, these actions matter – animals are routinely trapped and die here.

"I would feel very sorry and ashamed if I survived in the times when bears went extinct and we didn't do enough," says Cipollone. "When you protect the bear, you protect the whole habitat."

The next morning, we're up early, to once again go in search of the elusive bears. Our guide, Andrea De Angelis, leads us up a hillside above the town of Barrea. "Be less like the monkey, more like the wolf," says De Angelis, halting the chatter from our group.

The golden hue of the sunrise casts its glow like a paintbrush over the valley view across the waters of the Lago di Barrea and the town's soft red rooftops. Feeling like I've

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take a front-row seat view of the nature beyond, as De Angelis recounts his most memorable wildlife-watching session.

"On a sunny September, midday morning, we spotted a big herd of coarse and noisy wild boars here," he recounts. Then a small flock of griffon vultures came into sight, he says, patrolling the skyline, and then, from the steepest ridge, a trio of wolves came into view. "Peering down at us confidently and staying there like lion kings for more than an hour made an impressive view," he says. Yet there was another surprise guest. "Next to a mountain pass, a pair of golden eagles on a white limestone cliff came into sight," he shares with pure delight.

With nothing but still serenity before us, I realise what makes experiences like the one he described so special – and essential. Here is a place, so untouched by humans, that it's given the opportunity to simply exist without us. That is what rewilding is all about. Rewinding the damage done by humans, and simply letting wildlife thrive. On my visit, the Marsican brown bear remains elusive but its importance to the area is made crystal clear. Since my visit, the bear-smart projects are now in action in 16 municipalities. Rewilding Apennines has also purchased a 1.5 hectare plot of land to create a corridor area for wildlife, between the Abruzzo, Lazio, and Molise and Maiella national parks (suitably named Valle e Vallocchia dell'Orso, or 'The Big and Small Bear's Valley'). Nearly three dozen fruit trees have been planted there, in an attempt to draw the Marsican brown bears to the area.

"We know that our world is under threat from climate change and a collapse in biodiversity," Turner says. "Our travellers want to increase their understanding of the threats to nature but see how they can give something back in support. This is the perfect way to see first-hand the beneficial impact of rewilding and the importance of using wildlife corridors to connect protected areas, thereby supporting the comeback of iconic indigenous species."

Visit exodus.co.uk to book on the next Rewilding the Apennines trip. Profits from this itinerary go toward Rewilding Apennines' work.

✗ Wizz Air flies to Rome, Pescara and Perugia

Above The Rewilding Apennines group look for Marsican brown bears

PROMOTION







Enjoy an unforgettable holiday in Craiova

This buzzing Romanian city where you can enjoy unique experiences among vibrant people is hosting two major festivals this summer

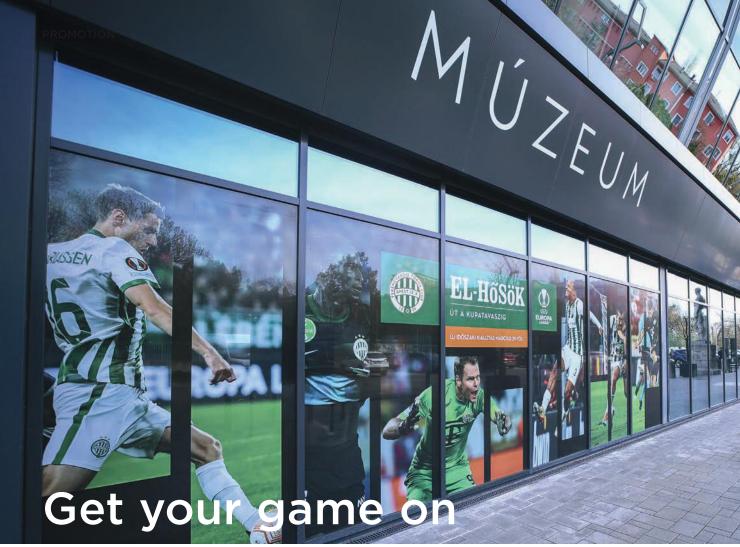
If music is what makes you smile, then don't miss out on IntenCity, one of Romania's most important festivals. This event brings to Craiova the music of yesterday, today and tomorrow in a celebration of people who know how to set the right rhythm to the summer. From 30 June to 2 July, you can see live global pop superstar Enrique Iglesias and electronic music icon Tiësto, as well as enjoy the performances of Ummet Ozcan, Alex Ferrari, Haddaway, Jenny Berggren from Ace of Base, Mahmut Orhan, Oceana, Snap!, Subcarpati, Zdob si Zdub, Sigma and many others. From undisputed stars and voices that made whole generations dance, to young people swaying to new rhythms, from pop, Latin and disco to electro, trap and hip-hop, IntenCity offers you three unforgettable days and nights. Check out the full line-up on: craiovaintencity.ro and facebook.com/CraiovaIntenCity

Puppets Occupy Street Festival began in 2014, when puppets took over the streets of Craiova and spread the passion for art animation. Since then, for eight days, every year, between 25 August and 1 September, the local community comes together with private theatre companies and independent artists from all over the world for this extraordinary event.

Puppets Occupy Street Festival includes events such as performances, workshops, concerts, exhibitions, video projection, video mapping, visual arts, street animation, all taking place in different unconventional spaces in the city.

The most popular events from the festival are the two parades with oversized puppets and allegorical floats, gathering thousands of people. The festival is for all type of audiences and the events are free. Find out more at:

facebook.com/PuppetsOccupyStreet
and puppetsoccupystreet.com



Discover Hungarian football's most memorable moments and the tales of its legends inside the revamped Fradi Museum at Budapest's Groupama Arena

Step into the world of Hungarian football at the Groupama Arena. One of Europe's most modern sports venues, and the home of Ferencváros, a 34-time champion football team, this 21,689-seater stadium is more than just a place to watch football. It's also a cultural hub, hosting concerts, conferences, and other sporting events throughout the year. And, when the national stadium, Puskás Aréna, was being renovated, it was a natural choice as the temporary home of the Hungarian national team.

But what sets the Groupama Arena apart is the Fradi Museum, a must-visit for any football fan. The museum moved here in 2014 and underwent renovations in 2022 to showcase the history of Ferencváros, a club that has given the world 26 Olympic champions and numerous world and European champions over its 124-year history.

Inside the museum, a timeline displays the milestones of Ferencváros with modern graphics and spectacular elements. Visitors can explore the most important sporting moments in digital form and admire relics inside built-in display cabinets. Don't miss the "Wall of the Most," retro lockers, and the joint display cabinet housing the most important emblem of Hungarian football, the Ballon d'Or of Flórián Albert, aka "The Emperor."

The historic changing rooms have been carefully preserved in the revamped Fradi Museum, and are a firm visitor favourite. Alongside modern solutions, such as multimedia displays, you can see the football kit from eight different periods, accompanied by objects and music from each era.

But the museum is more than just a collection of artifacts – it's a living testament to the passion and dedication of the Ferencváros supporters. The Fradi Museum also holds themed exhibitions, including the current one showcasing

Ferencváros' road to the 2022-2023 UEFA Europa League (which runs until the end of September). After finishing first in its group, the team participated in an international cup for the first time in decades. Although Ferencváros made it to the last 16, they lost to Bayer Leverkusen. But the experience was an unforgettable one for the club's passionate supporters.

But the museum isn't just for history buffs – it's a perfect matchday experience for football fans. Visitors can now access the museum through a new entrance next to the Fradi Shop, even on game days, and explore the photo exhibition around the arena, the statues of the club's legends, or the giant eagle, which is the club's mascot. You can marvel at the pictures lining the corridors of the changing rooms, showcasing the successes of the past and even featuring snapshots of the world's best players like Cristiano Ronaldo and Lionel Messi, who Ferencváros faced in the UEFA Champions League. Step onto the pitch, peek inside the home changing room, and witness the press area up close. To top it off, visitors can sit before the press wall and have their say, just like the head coach of Ferencváros, Stanislav Cherchesov.

So, whether you're a die-hard fan of Ferencváros or just a lover of the beautiful game, a visit to the Groupama Arena and the Fradi Museum is a must-do trip during your stay in Budapest. **fradi.hu**

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Island of



Words by Sarah Rodrigues

the future

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ou'll always find something here that you didn't know you needed," says our waitress, Sarah, her broad smile beaming. When we'd first arrived at Søster Sidevind – an old grocery store converted into a café and shop by owner Marianne Hvass – she'd been knitting a newborn's onesie in the corner. Now she gestures towards the café's cornucopia of treasures: crockery salvaged from old houses, baskets of horse brass, boxes of mismatched buttons, and shelves stocked with locally produced honey, jam, beverages and candles. "Everything is as Granny did it," Marianne says.

Both Granny and the newborn are key to life on Samsø, the Danish island situated in Central Jutland, which has experienced a youth drain for several years, as younger people leave the island in search of opportunities on the mainland. This has happened in such droves that a monthly census was implemented.

"We had 32 born last year," my driver, Per, tells me, showing me the latest figures (3,762 as of 2 February) on his phone.

Now, the kindergarten has doubled in size as young families (and not just Danish ones, Samsø is home to more than 80 nationalities) seize the opportunity to live in an idyllic setting within an hour's reach, if desired, of Denmark's second-largest city, Aarhus.

The reason for this youth gain is at least partly thanks to Samsø's status as the world's first 'Renewable Energy Island', which has attracted folks from far and wide. Locals' passion for sustainability permeates just about every aspect of life. You see it in the solar panels atop houses and in the revolutions of its wind turbines, owned by members of the community who now derive income from their investment, as the island now exports two thirds of its energy to the mainland, making Samsø, in effect, carbon negative. You see it in the striking presence of the Energy Academy, its design based on a Viking longboat and its walls stuffed with paper for insulation, and in the four heating plants, which use hay bought from farmers and return the ashes to them for fertiliser.

It's not just about being worthy eco-warriors: millennials are also being drawn here by the spirit of possibility that the island's transformation has sparked, and by monthly 'new business' courses held by the municipality. Not that pragmatism is solely the domain of younger people: Jørgen Tranberg, who has lived on Samsø for 40 years and has his own profitable wind turbine, might look every inch the farmer, in his mud-caked shoes and grubby

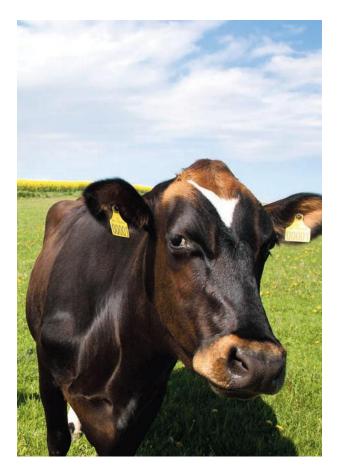
trousers, but there's a business brain whirring beneath his wispy Scandinavian hair.

"I don't invest in the environment for the climate," he says, dismissively, outlining a career during which he has dealt in dairy cows, electricity from solar panels, hay bales to the island's heating plants, and grass seed to football stadiums. Most recently, he has created a retirement community of 20 apartments which, in keeping with Samsø's regulations on new builds, meet strict eco standards.

Jørgen admits that he's reverted, in the main, to conventional farming methods and Camilla Mikkelsen, director at Økologisk Samsø, an organisation buying up and converting nonorganic farmland before leasing it out, says that organic farmers are still in the minority on Samsø. She notes, though, that this is largely due to the conservatism of an ageing agricultural population. In the meantime, plans are afoot to make the island completely free of fossil fuels by 2030, which will require agricultural makeovers, ensuring that farms store more carbon than they emit.

The island's landscape makes it an irresistible place for tourists, and not just environmental fans – during Midsummer celebrations, thousands of visitors descend upon this 114km² area, which is edged by a variety of beaches, both sandy and rocky. Indeed, the Samsø Festival, a four-day music event in July, attracts around 5,500 revellers.

Plans are afoot to make the island completely free of fossil fuels by 2030





Top Samsø events

Samsø Råvarefestival 17-18 June

At the Samsø Produce Festival there's entertainment, activities, a giant tug-of-war and, of course, loads of locally sourced food to sample. samsoraavarefestival.dk <u>Folkedybet</u> 11-12 August

Take part in a series of lively discussions and lectures about securing a more sustainable future, in a festival setting. energiakademiet.dk



<u>Chestnut Festival</u> 15 October An autumn festival starring the humble

chestnut, as well as other seasonal produce, music and workshops. facebook.com/ kastanjefestival



Halloween Maze Race 18 October

The Samsø Labyrinth tree maze stays open late to host this event, which is held in pitch blackness and features a few surprises. samsolabyrinten.com



Light in the Dark 3-4 November

With so little light pollution, this festival celebrates the wintry night skies with a series of events inspired and framed by darkness. visitsamsoe.dk/lys

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This page Amazing produce, golden beaches, wonderful landscape, a love for outdoor activities and top class cuisine makes Samsø a green haven

With so much agricultural land, a mild climate and more sunlight hours than anywhere else in Denmark it's unsurprising that food forms much of Samsø's allure. At Søster Sidevind, we eat a variety of openfaced sandwiches topped with six-years-aged cheese, pickled herrings, and salmon, smoked onsite in the traditional way by Sarah's husband, over cherry wood.

It's provided to Michelin-starred restaurants on the mainland, but this is the only place you'll find it on Samsø. Across from the charming Flinchs Hotel, owner Kenn Esmann has given over another of his properties to chef Sofie Rikke-Lamp, where produce from the kitchen garden is used to create seasonal sharing dishes. At Smagen af Øen (Taste of the Island) co-owners Lars Damgaard and Lars Bøhm serve us local smoked pheasant and eggs, washed down with beer from Samsø's brewery, Bryghus.

"Moving here from Copenhagen in 2008, our idea was a shop stocked purely with local products, but there were too few for this to be viable, so we brought goods in from the other islands," says Damgaard. Now, their shelves heave with over 70 forms of deliciousness produced by locals, and that includes themselves. "We make potato marmalade from a recipe found in my grandmother's cookbook, dating back to 1928," he says. It's sensational – and small wonder, since the island is famed for its potatoes, which are considered a great delicacy. The early harvest sell for as much as DK1,500 (€200) per kilo.

When we first meet Camilla at Yduns Have, an organic farm located on the east side of Samsø, the place is abuzz. It's collection day, with locals (and their children – no wonder the kindergarten has expanded) picking up their subscription veggie boxes. But it's not only locals who have the opportunity to feast on the farm's 180-plus varieties of produce – the farm shop is open 24/7 and operates on an honesty system. Customers able to pay contactlessly, or leave Kroners in a wooden box. With 300 egg-laying hens also in residence, your protein hit doesn't go overlooked – and the 14 hectares that the site occupies also houses six holiday cabins (available from Easter weekend until

SAMSØ









"We make potato marmalade from a recipe found in my grandmother's cookbook, dating back to 1928"

late October) with a communal kitchen and dining area. These are, Camilla tells us, extremely popular with hikers and cyclists – but even without the cosiness of these accommodations, it's not difficult to see why those on foot or two wheels would be attracted to Samsø.

We have an electric car (a fact that's made feasible by a number of charging points around the island – a number that's set to triple in the near future) but I'm baffled by how many parking signs we spot along the roadsides. On an island where there are few cars and no traffic lights, nor roundabouts, what's their purpose?

Pulling into one such bay, it soon becomes apparent that 'P' is a byword for 'an awesome hike starts here' and we find ourselves, windswept and beaming, on high cliffs overlooking the North Sea. Beneath us, previous visitors have created hearts from stones, encircling initials. Behind us, seemingly endless rolling hills bely the fact that Nordby, with its thatched houses and distinctive yellow bell tower, is just a few kilometres away. **Below** Jesper Machholm and Mads Nielsen, co-founders of Sams Island Distillery

Mads Nielsen, cofounder of Sams Island Distillery, makes small-batch spirits based entirely on what he can source locally. Citrus notes for his gin? Ants



Understandably, Samsø is appealing to artists. In Nordby, by the tranquil village pond, Sigrid Hovmand hand-throws pottery into organic shapes, inspired by the natural beauty of her surroundings. Further south, in Mårup, 90-year-old landscape artist Jeppe Jeppesen, who has lived on the island for more than 20 years, paints similar scenes at different times of the year and day, demonstrating the contrasts and contradictions created by weather and light. At her studio nearby, Evelyn Iversen crafts jewellery from stone, amber and mussel shells, scouring the beaches at Møgelskår where, "the ice age has left its shards in the landscape".

As the island's innovations continue to attract younger inhabitants, there is likely to be even more of a shift – as Michael Kristensen from the Energy Academy tells us, incentives are in place to reach this demographic. The Organic Foundation is making small farms available to those keen to give non-conventional farming a go, and short-term housing is in place for those who want to test how they like island life. A handful of small-scale farms, including Yduns Have and Bryghus, host WWOOFers (members of the World Wide Opportunities on Organic Farms), who work a few hours a day in exchange for food, accommodation and experience. Personally, I'm tempted to approach Mads Nielsen, co-founder of Sams Island Distillery, for work experience. Having moved to Samsø in 2015, his vision was to make small-batch spirits based entirely on what he could source locally. No sugar cane for rum? He substitutes organic sugar beets grown on a plot at Yduns Have. Vodka from potatoes? Definitely no problem. Citrus notes for his gin? Ants.

Inspired by a NOMA dish, Mads tracked down the existence of the 'lasius fuliginosus' – a type of ant with a citrusy taste, thanks to the nectar they consume from aphids – on Samsø. He uses an 'ant sucker' (a contraption roughly consisting of a vessel and straw) and, he tells us, crawls "around the woods on my hands and knees with my ass in the air," storing his collection in a freezer until needed.

Flavour is added to some batches according to what's in season - rhubarb, strawberries and blackberries, for example. Crazy? Perhaps - but they all taste incredible and, as we depart the island on the passenger ferry back to Aarhus, the glassy clanking of several bottles in our bags is unmistakable. **visitsamsoe.dk Wizz Air flies to Aarhus**





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We travel to Dubai, a pioneer of the non-alcoholic

nightlife scene, to embrace a new health-conscious

REEP

Words by Harriet Sinclair movement percent



t's a scene that will be familiar to any Dubai visitors: an air horn blasts out above the music in a crowded club, lights flash and the flicker of sparklers can be seen across the

room. A waitress, carrying a supersize magnum of champagne, is flanked by others carrying fire, waving their sparklers through a parting in the crowd.

The bottle is placed ceremoniously before a group of young revellers, the cork popped, fizz poured and toasts made. The music hasn't returned to full volume for five full minutes before another air horn sounds and the performance begins again – this time for another table nearby, keen to outdo their neighbours and setting the stage for what can only be described as champagne wars – which last well into the wee hours.

Staring down at my juice, I feel a little less gleeful. There's typically no intricate ceremony in the club for the non-drinker, no flaming drink, cheering bystanders or sticks of fire. Just me, an OJ and some rapidly melting ice.

It's not easy being the non-drinker in a crowd on an evening out – particularly in Dubai, the hedonistic capital of the Gulf, and particularly if you're used to leading the charge when it comes to getting the (alcoholic) drinks in. But whispers abound that ditching the drink is becoming the most intoxicating habit in a city known for its boozy brunches and raucous parties.



In fact, it's become so trendy, that a fully non-alcoholic bar has opened its doors in the city (NoLo, which stands for 'no alcohol, low worries'), and drinks brands are cashing in on a more sophisticated version of alcohol-free drinks. It looks like I can pour that orange juice away.

CEO of alcohol-free brand Wild Idol, Paul Beavis, suggests no-booze bar hopping and clubbing is very much on trend. It's part of the "wellness revolution", he tells me. "People are discovering new and alternative ways to have a good time, with less social stigma around abstaining from alcohol."

Looking around Dubai, where selfies, beach poses and high-glamour are common

Above The night's entertainment is more important than what's in your glass at NoLo, Dubai's first totally alcohol-free bar



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place, there's a certain appeal to getting rid of the post-drinking bloat, and obligatory carb-bingeing day on the sofa.

"I have noticed that even though Dubai has a reputation for being a party city, since the onset of Covid, people have generally become more health conscious and have started to express interest in experiences that don't include alcohol," agrees health coach Suzanne Saleh, owner of Health Awareness Services. She assures me that as well as having a lighter head (and wallet), ditching the booze is a surefire way to boost sleep, increase energy and improve digestion – as well as bringing numerous mental-health benefits. I'm (mostly) sold, but what does an alcoholfree night out look like in a city where excess is an established pasttime. That's where a new breed of non-alcoholic drinks comes in, explains long-term Dubai resident Karl Fielding, the VP of alcohol-free brand Lyre's, which is stocked at Dubai's alcohol-free bar NoLo. He assures me that booze-free drinks don't need to come in the form of "super-sugary mocktails you used to get", but instead mimic the taste and vibe of a more sophisticated alcoholic drink, minus the hangover.

"You might have a group of people out in Dubai and a couple of them are drinking espresso martinis or a gin and tonic, and a few of them aren't drinking

"People aren't drinking for social or religious reasons, but they want to have that same experience"



Thai Basil Smash

Made at NoLo Dubai, this invigorating mocktail contains Lyre's London Dry, Lyre's Classico, lemon juice Thai basil and lemongrass.

Smoked Honeycomb Old Fashioned (pictured)

Another hit from NoLo, this non-alcoholic twist on an old favourite contains Lyre's American Malt, smoked honey syrup, and non-alcoholic aromatic bitters.

Negroni Del Bambino

Served by master mixologist Elie Kreidy at Salmon Guru, this drink features non-alcoholic Sea Arch Gin Crossip Pure Hibiscus, Kombucha Cordial and nonalcoholic sparkling wine.

Watermelon Wake Up

Sip this sweet and refreshing mocktail made from sliced fresh watermelon, mint leaves, lemon juice and elderflower cordial at French Riviera, Jumeirah Al Qasr.

Rose Your Way

The perfect summer tipple, this mocktail combines fresh pomegranate juice, pomegranate syrup, lemon juice, rose water and ice.

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Clockwise from left An Immune Highball at Noto; the funky interior at the same bar; Lyre's is a popular booze-free brand; a collection of non-alcoholic cocktails at NoLo

for social or religious reasons, but they want to have that same experience," he says, explaining that a shift away from superclubs in the city, due to Covid, has opened the door for more non-alcoholic drinks.

People used to go to massive clubs and drink shots, with a focus on alcohol, he explains, but things have become "more loungey and low-key" – meaning a "sipping atmosphere" where alcohol isn't such a big deal – and entertainment has a bigger role to play.

"SushiSamba is one example, they have Brazilian dancers, DJs and bongos – but you're sitting down," he says, highlighting one of Dubai's big draws – performance. From bars like SushiSamba to interactive sports bar Bedrock, there's always something else on offer in addition to drinks.

On a bar crawl of the city, I see a burlesque cabaret show, listen to a live band, play top golf with friends, and watch the Dubai Fountain while sipping a drink and, surprise surprise, I don't need alcohol to enjoy any of it. In fact, it's become totally secondary to everything else that's on offer here, so far it's a big win for alcohol-free nights out – I'm a few rounds richer and no less happy.

One former Dubai drinker, Sammy Andrews, tells me over a alcohol-free Cosmo that not drinking has become far less of an issue in recent years, thanks to



the number of non-alcoholic drinks available.

While she doesn't advertise that she doesn't drink, a brunch or a bar crawl in Dubai is a pretty easy place to be sober if you want. "I can order a non-alcoholic drink and just blend in," she says.

"The Middle East is a very significant market for the non-alcoholic sector as a large segment of the population are natural non-drinkers," Wild Idol's Paul Beavis assures me. "The focus here tends to be more focused on elevated taste and experience as many people won't have tasted alcoholic drinks before."

Dubai, then, is like the perfect place for nonalcoholic brands to start flexing their muscles – and it's easy to see what the business appeal is. The burgeoning category is worth a whopping \$11 billion worldwide, and is predicted to rise by a third over the next three years.

Exploring the bars in the city, I'm starting to notice I'm part of a not-so-secret club; mocktails are being poured by the dozen and I can see quite a few cleareyed patrons alongside their slightly woozy friends.

A natural next stop on our non-alcoholic bar crawl is the Dusit Thani hotel, where we find Dubai's first totally alcohol-free bar. The bright decor and hidden nooks of NoLo make the bar feel like any of the other

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"If you don't want to drink, have something that's really sophisticated and let the bartender flex their skills"

opulent offerings in the city, but there's zero pressure to drink – and no visible clues that it's an alcohol-free venue. Indeed, watching customers sip sophisticated mocktails, it's just another night on the town.

I must admit, it's far less obvious to friends that I'm not drinking when I order what appears to be a gin and tonic (hold the alcohol please, bartender) than when I attempt the same night out with a can of fizzy pop. And it's far less exhausting to appear to be drinking than having to bat away questions about my sudden abstemiousness.

Indeed, NoLo isn't the only place you can find a more sophisticated non-alcoholic drink in Dubai – many of the high-end non-alcoholic drinks now on offer sit in exclusive restaurants and elite bars alongside bottles of chilled Dom Pérignon and Juglar Cuvée.

It's all about "living side by side" explains Karl, advocating for "no judgment" from drinkers or non-drinkers.

"If you want to drink alcohol and that's what you do, knock yourself out, but if you don't want to drink, have something that's really sophisticated and let the bartender flex their skills," he adds, telling me that working with bartenders has been a cornerstone of their plan to roll out some more interesting alcoholfree drinks.

I'm impressed by the level of detail that goes into making my (delicious and not at all sugary) mocktail. But even better is the clear head I wake up with the next morning... I'll raise a (non-alcoholic) glass to that. Cheers!

🛪 Wizz Air flies to Dubai

Best venues for non-alcoholic beverages

The venues pouring non-alcoholic beverages in Dubai range from totally alcohol-free to mixed drinks spots where boozy cocktails sit alongside their alcohol-free cousins.

NoLo

The newly opened, totally alcohol-free bar in Dusit Thani features decor with bold colours, flowery lighting and cosy nooks. Sip Lyre's cocktails and eat light bites from the tasty, varied menu.

Birdcage Dubai

The bubblegum-pink lighting is a strong look, but the sound is stronger – various DJs play on rotation, while bartenders serve up interesting 'innocent birds': alcohol-free cocktails.

Nonya

Outdoor drinking? Check. Stunning views? Check. The best bit is the range of Thai-flavoured mocktails to tickle your tastebuds.

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Better ways to live, work and travel

Wherever you're travelling to this summer, we've got you covered. Read on for our selection of the best restaurants, bars, hotels, museums and more across the Wizz Air network





Banja Luka

Fans of active holidays, nature and places that preserve the spirit of history and tradition will find a home in beautiful **Banja Luka**.

Ride the rapids of the Vrbas River, home to the World Rafting Championships, or feel the excitement at some of the world's best festivals in Banja Luka this summer. **banjaluka-tourism.com /** turizamrs.org



The island escape

Hvar is the diamond in Adriatic crown – an island with such strong magnetism that you can't help but find yourself drawn to it. Sunny Hvar has the most wonderful sunsets, delicious food, a long history of winemaking, an extraordinary natural and historical heritage. It is also unique as six of its cultural assets are on the UNESCO heritage list. Try it once and you'll find yourself coming back for more. **visithvar.hr**







Outdoor resort Tarasport

Located between Sutjeska (BIH) and Durmitor (MNE) national parks, Tarasport offers canyoning and white-water rafting through Tara, Europe's deepest canyon, plus football, volleyball and more. After an active day, kick back in the cozy chalets and savour local cuisine. Book now and save 10% with the offer code TaraSportAir2007 tarasportrafting.com

Be part of something truly magical at UNTOLD Festival

Step into another world at the unforgettable UNTOLD Festival in Romania, from 3-6 August

One of the world's largest music festivals, UNTOLD Festival, will open its gates this year on 3-6 August. The multi-Platinum, Grammy award-winning electrorock-pop band Imagine Dragons will be headlining the mainstage. Bebe Rexha, Ava Max, FERG, French Montana, WizTheMc, and Years & Years are other live acts confirmed for the mainstage.

And that's not all. The best DJs on the planet - Martin Garrix, David Guetta, Armin van Buuren, Alok, Topic, ZHU, Steve Aoki, Tujamo, Salvatore Gannaci, Alesso, Amelie Lens, Ann Clue, Camelphat, Marco Carola, Mathame, Sebastian Leger (Modular LIVE Show) – and many more will play unique shows this summer in the heart of Transylvania at the 8th edition of the UNTOLD Festival.

UNTOLD is the universe where the real world combines with the fantasy world, and the 375,000 festival-goers live memorable experiences for a lifetime. Over 250 international and local artists will show their magic on the eight stages of the festival. Dancers, acrobats, fire players, bartenders, designers, incredible activities, and decors will complete the magic of music on all four days



and four nights of the festival. A full pass for UNTOLD 2023 starts from €159 euros + taxes and is available to buy at untold.com.

Since its first edition in 2015, UNTOLD has won the Best Major Festival in Europe award. The Romanian festival ranked 5th place in the global Top 5 Best Electronic Music Festivals by Viberate in 2021 and was placed in the Top 10 Festivals of 2022 by *DJ Mag.*

Be part of the magic this summer – save the dates 3-6 August, and live your life to the fullest! Details are available at **untold.com**





Enjoy steak, craft beers, wines, cocktails and more at this buzzy restaurant

Forget what you think you know about stuffy steakhouses. With its modern, friendly and laidback atmosphere, Beerstro 14 is a memorable dining experience and one of the best steak restaurants in Budapest. Unfamiliar with the world of steaks - what to order and how to eat it? There's nowhere better to start your gastronomic exploration than here. From the starters to soup and main course plates, beef is the star here - think homemade beef carpaccio, succulent beef tartare, beef goulash soup and the juiciest filet mignon steaks. Feeling thirsty? In addition to 14 different craft beers on draught, there's also an impressive wine list and excellent cocktails. And in the summer, Beerstro 14's covered terrace is a where locals go to be seen. For the full menu, check out beerstro14.hu

Romania

lași - the world capital of gaming in 2023

This year, lași will be the hotspot for esports enthusiasts everywhere as it holds the Esports World Championship between 24 August and 3 September. It's the perfect host city – lași is a flourishing city, and one of Romania's most significant cultural, IT and university centres.

The competition, organized by the IESF, will bring together more than 700 players from over 120 countries. They will compete on four big stages for six of the top competitive games of the moment – Counter Strike: Global-Offensive, Dota 2, eFootball, Tekken, Mobile Legends and PUBG Mobile. The total prize value is \$500,000.

The championship will take place as part of the Digital Throne, a festival that will bring together various forms of digital entertainment, from multimedia stages and top international musicians to impressive projections on the Palace of Culture, an emblematic landmark of the city. **digitalthroneiasi.com**



Five reasons to visit the Museum of Ethnography

Discover this new cultural wonder in the heart of Budapest

1. It's one of the newest museum buildings in Europe

Found at the gates of Budapest's City Park, the Museum of Ethnography got its own building for the very first time in its 150-year history in 2022. It is built on the site of revolutionary and communist parades. On the ground floor, the building is divided into two parts, rising in a hill.

2. It's one of the oldest ethnographic museums in the world

The Museum of Ethnography was founded in 1872 and is one of the earliest specialised museums in Europe. From the very beginning it has endeavoured to collect and preserve intangible cultural heritage associated with ethnographic research. It has emerged as one of the most important centres in Hungary for the renewal of ethnographic museology.

3. It has stunning views right across Budapest

A striking feature of the building is its huge roof garden, which functions as an extension of the City Park's green space. It was created by spreading 3,000 cubic metres of topsoil, accommodating a variety of plants and trees. The park awaits visitors as a charming communal space with a sweeping panorama of the City Park and Budapest from its highest point.

4. You can immerse yourself in the cultures of five continents

Approximately 60 percent of the building is below ground level, where, in accordance with modern museum science recommendations, 7,000m² of world-class exhibition space is protected from natural light. The exhibitions reflect Hungarian and global culture, presenting new perspectives on treasures from across the world. The permanent exhibition will be completed in 2024.

5. It brings people around the world together

The Museum of Ethnography in Budapest is unique in the way that it has an equal focus on its own national cultures, those of the Carpathian Basin and those around the world. For 150 years it has been collecting, preserving, researching, and transmitting the traditional and modern cultural heritage of Hungarian, European, and world communities. This means visitors can learn about our shared culture in relation to each other. **neprajz.hu**



DaySPALM at Széchenyi Bath

Unwind in style at the new relaxing experience at this world-famous spa

Széchenyi Thermal Bath is one of the largest spa complexes in Europe. Not only is it a place to relax, rejuvenate and marvel at its architectural beauty, it's also well-known for its chess-playing regulars – old and young locals soaking in warm water, bent over chessboards rain or shine. But even if you don't play chess you can be treated like a king or queen here – either in one of the 18 inside and outside pools, saunas and steam baths, or the brand-new DaySPALM facility. At this exclusive space you'll get everything you need for a relaxing day, including bathrobes, towels and slippers, plus a selection of cocktails, other drinks and light snacks. Bliss! For further information visit **szechenyibath.hu**





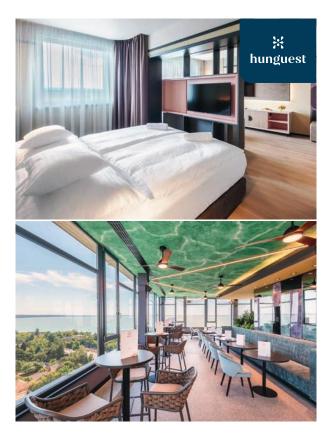
Your spa destination in Hungary

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A selection of recently revamped properties, Hunguest Hotels offer the perfect blend of relaxation and adventure, with stunning natural surroundings and world-class amenities such as thermal baths, indoor and outdoor pools, and extensive wellness facilities. Most hotels are directly connected to thermal baths in famous bath destinations across Hungary, from Hévíz to Lake Balaton, Hajdúszoboszló and more.

Hunguest Hotels are excellent choice whether you are looking for a peaceful retreat or an exciting holiday – and they even have fun activities for kids if you have little ones in tow.

Book your stay now and immerse yourself in the comfort and sophistication of this leading hotel chain in the Hungarian countryside. **hunguesthotels.hu**



Summer vacation in the Slovenska plaža tourist resort in Budva

Fly to Montenegro's coast and stay where the love is

In the heart of Budva you'll find the Slovenska plaža hotel resort, which has been attracting tourists from all over the world for 40 years thanks to its beauty and original concept. Bathed in greenery and blue, Slovenska plaža is an oasis of peace and quiet. It is built in the style of a small town with charming architecture, blue Mediterranean shutters, wide boulevards, and with 10 villas named after Mediterranean plants.

For anyone who wants a holiday by the sea with a variety of amenities, such as outdoor swimming pools, restaurants, bars, beauty salons, tennis courts, entertainment and recreational activities, then the Slovenska plaža hotel resort is the right choice this summer.

Due to its spaciousness and wellkept green areas, Slovenska plaža

is often called the "Green Oasis" of Budva, and as such provides guests with a daily dose of fresh air, tranguility and rest. Children will be able to enjoy numerous activities with our animators, and a program has been designed for all guests every day, so that they can enjoy a well-deserved rest, and at the same time get to know the traditions of the local area, with various games and delicious local cuisine.

You can find out more information about the offers of the hotel resort Slovenska plaža for the upcoming summer by phone: +382 6850 5405 or email: reservations@budvankarivijera.co.me





HOTEL ALEKSANDAR Tranquility at sea

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If you are a nature lover, you will enjoy it under the shade of a pine tree, and we guarantee you a dream vacation, because our goal is to make each of our guests feel welcome, comfortable and

take the best memories from our hotel. The complex contains a total of 187 accommodation units, 3 swimming pools and many other amenities, all aimed at providing you with the vacation you deserve. The location of the hotel is outside the hustle and bustle of the city, yet you are only 15 minutes away from the Old Town on foot. We are waiting for you to create

memories together!



Elmiplant harnesses the power of natural ingredients to help you take care of your skin in a gentle, efficient way

Having great skin is something that we all want, regardless of our age. The Skin is the largest organ and serves many important functions, such as protecting us from the environment and adjusting our body temperature. However, as we age, our skin goes through various changes and requires a different care routine to keep it healthy and vibrant. Elmiplant believes that there is no better way to achieve this than using the power of nature.

After the age of 30, the skin begins to lose elasticity and becomes less hydrated, which can lead to fine wrinkles. However, there are many ways we can take care of the skin to keep it healthy and beautiful. The creams and serum from the Multi Collagen Elmiplant line contain active ingredients such as marine plant-derived collagen restorer to help smooth out fine lines and hyaluronic acid to help plump up the skin and, most importantly, retain moisture. The day cream also offers SPF protection against the ageing effects of the sun.

As the years pass, the skin tends to become drier and more sensitive. We might encounter pigmentation spots and other changes. At this stage, it is important to use moisturisers with high-quality active ingredients to protect the skin against environmental factors.

The Hyaluronic Gold line from Elmiplant offers the complete solution for hydrated, youthfullooking skin. The Hyaluronic Booster, containing three types of hyaluronic acid and golden proteins from rice and green peas, makes the skin feel and look plump again; visible wrinkles are filled in and it helps reduce pigmentation and discolouration.

As we approach 50 and over, our skin becomes thinner and more fragile, which can lead to deeperlooking wrinkles. It is important to use rich moisturisers and avoid excessive sun exposure. Created specifically for menopausal and postmenopausal periods of time, the NutriCalcium line helps reduce the signs of hormonal ageing, such as dry skin, loss of skin elasticity, and loss of density and definition. FemiGen+, a powerful active extract of natural origin, improves skin elasticity, smooths out deep wrinkles, and redefines the facial contour, making your skin look visibly rejuvenated and firmer. The calcium extract improves the skin's barrier function and promotes skin regeneration.

Taking care of your skin is important at every stage of life. By following a skincare routine tailored to your age and skin type and by using products full of natural ingredients, you can reduce the signs of ageing and keep your skin looking healthy and radiant for years to come, thus feeling confident in facing the future. **sarantisgroup.com**





Good Vibes Lounge

Woosabi is an urban oasis in the heart of Gdańsk, located on Spichrzow Island. You'll instantly fall in love with its interior, filled with plants and good music.

A must-try is their signature dish, the Asiansteamed bao bun burgers with a variety of different fillings. They also serve Asian-inspired curry, noodle and rice bowls, excellent breakfasts and great drinks. It's a place to relax, have a good time and enjoy good food.

If you're visiting Wrocław, we have good news for you! You will find two more beautiful Woosabis here offering its signature tasty dishes and good vibes. And if you like these two spots, why not try the new Woosabi in Kraków or make a pilgrimage to the original in Innsbruck, Austria. **woosabi.pl**





Poland

Creating unique memories on five floors

Bunkier in Gdańsk is a great place to have fun. Located in an authentic World War II air raid shelter, the venue hosts a variety of music events, stand-up comedy shows and concerts. The interior surprises even the most frequent club-goers with its unique design. The underground location creates a one-of-a-kind atmosphere that makes for an unforgettable experience. Whether you're looking to dance the night away or just enjoy a drink with friends, Bunkier Nightclub is the perfect spot. Don't miss out on this hidden gem in the heart of Gdańsk! For further information visit: **bunkierclub.pl** Instagram: **@bunkierclub**





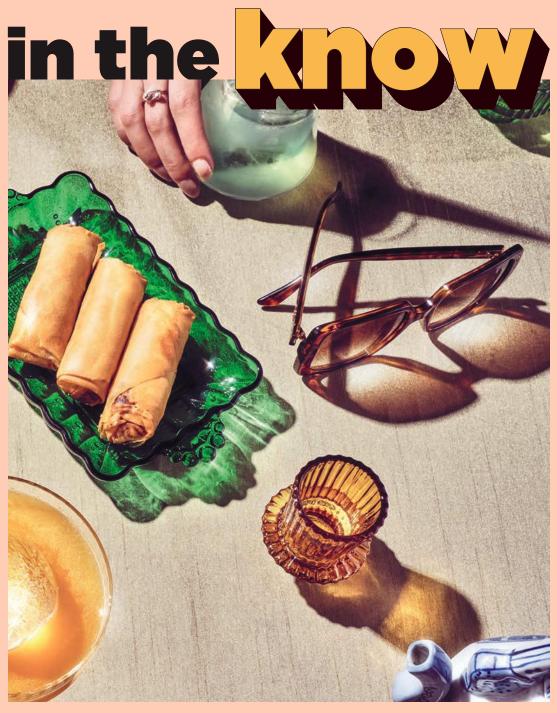
Hyatt Regency Aqaba Ayla Resort is a 5-star hotel that provides guests with a genuine oasis experience, surrounded by the Red Sea, sandy beaches, mountains, and the vibrant Ayla Oasis. The hotel provides spacious rooms, signature suites, and pools to enhance the overall experience.

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People, places and things we love this season



The Eats Where to have a good meal

WORDS: VICTORIA BEARDWOOD



The Stays Where to rest your head

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p98
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The Drinks Where to socialise p102

THE EATS

Where to go for a great meal across the WIZZ network



Norma

There's certainly no lack of Italian restaurants in London, but few incorporate the flavours of North Africa as well. That's what you'll find at Norma, where the focus is on Sicilian food that emphasises the Moorish influences of the island's cuisine.

The first indication of this is in the restaurant's decor. Set across three floors (one dedicated to private dining) inside a Fitzrovian townhouse just north of Oxford Street, it combines modern Mediterranean elements with traditional Moorish features. Plush velvet banquettes and chairs in warm colours surround marble tables; furniture is accented with dark, smooth wood and deco-style glass; archways are decorated with Moroccan tiles. The ambience of the dining room, with the amber glow of its lighting makes the food taste all the more special.

And what special food it already is. There are thick stubs of focaccia begging you to douse them in extra virgin olive oil, and pasta alla Norma, which inspired the restaurant's name, full of perfectly cooked aubergine and fragrant basil. Then there's the spaghettini fritters: deep-fried parcels of pasta, covered in halfmelted shavings of parmesan.

The parmesan and olive oil sauce they're served with will make you despise all other condiments. Yes, London has a lot of Italian spots, but this one might just be our new favourite. **normalondon.com**



Porto Having dominated London's food scene for the past decade, Portuguese chef Nuno Mendes has finally opened a restaurant in his home country. It's about celebrating the gastronomic culture of the north of Portugal. Think locally sourced ingredients and new takes on old classics, such as a savoury pastel de nata filled with velvety turnips and garnished with caviar. **cozinhadasflores.com**

Cozinha das Flores



Talir Prague

Tapas and Czech food might seem like an odd combination, but this recently opened eatery in the capital proves it to be an exciting one. We're not talking goulash patatas bravas, mind you. Talir, which sits on Wenceslas Square, serves up (very) small plates of traditional dishes made using meat and produce from nearby areas. You can try anything from svíčková and dumplings to duck and cabbage in one sitting. **restauracetalir.cz/en/**



Dar Mima Paris

There's always some scepticism when a celebrity opens a restaurant. Not because they're not expected to know about food or business – nearly the opposite, in fact. There's an assumption that they've just fronted the cash, stuck their name to it, and then gone on with their lives. That's not the case with Dar Mima. In a deeply personal move, French-Moroccan actor/director Jamel Debbouze (*Amelie* fans will recognise him as Lucien from the movie) has created a place in honour of his mother, Fatima.



Its location couldn't be more perfect. Perched on the roof of the Institut du Monde Arabe, it looks out over the French capital, while inside is a wash of North African details. There are embellished rugs, opulent drapes and engraved white staff ceilings. A few times a week, the space is filled with live music; in good weather, guests can venture out onto the peaceful terrace, covered in jasmine, lemon and palm trees.

Dishes are based on Fatima's secret recipes for everything from man'ouché flatbread and pastilla to couscous, tajine and Zaalouk salad. The authentic flavours have you feeling like you're dining with Debbouze's family themselves and show the star's done a lot more than just put his (and his mum's) name to Dar Mima.

darmima-restaurant.com



The best places to rest your head across the WIZZ network



Art'otel Battersea

There aren't many places where a view of a factory is a draw, but that's what you get at this new hotel in the British capital. Located just off Electric Boulevard, the 15-storey building has an incredible vantage point overlooking the Grade II-listed Battersea Power Station and other London skyline stalwarts.

The best panorama has to be from its rooftop infinity pool (don't worry, it's heated), while top-floor Portuguese restaurant JOIA comes a close second. Opened by Henrique Sá Pessoa, who also owns two-Michelin

starred Alma in Lisbon. it is the place to dine on Iberian dishes made with British produce. Art'otel isn't just a name - there are sculptures, paintings, prints and tapestries throughout and a public art gallery in the other restaurant, TOZI Grand Cafe. The decor is something to behold: a bold mix of playful patterns and textures, and a Wes Andersonstyle colour palette. The aesthetic is down to Spanish artist and designer Jaime Hayon, known for his whimsical and playful style. It's so striking, it almost distracts from that factory. Almost.

London



Trip To Crossroads of emotions, adventures, cultures and tastes.

#visitbatumi



YOUR FOUR SEASON DESTINATION



10 reasons to visit Batumi

Georgia on your mind? Take a trip to the jewel of the Black Sea, Batumi

1. Endless summers

Famed for its summer season, Batumi is also a fascinating destination in spring and autumn. Visitors can sunbathe or swim from May, whilst sea temperatures are still ideal into October. Visitors can also trek in the nearby mountains of Ajara.

2. Old meets new

Batumi is one of the oldest cities in Georgia, and dates back to the 4th century BC. The city's unique history has contributed to its vast architectural diversity.

3. Batumi Boulevard

Started in 1881, Batumi Boulevard is one of the world's longest, stretching for eight kilometres and distinguished by broad walking and bicycle paths, magnolia and palm trees, fountains and cafés.

4. Ajarian cuisine and wine

Georgian cuisine offers an amazing array of cooking techniques, whilst

viticulture is essential to Georgian culture, with around 525 different species of grape used in wine production.

5. Beautiful botanical gardens

For the scent of plants and flowers in an incredible coastal setting head to Batumi Botanical Garden. The garden features a thousand species of astonishingly beautiful and unique flowers.

6. Georgian hospitality

Exceptional hospitality and the goodwill of the Georgian people is the hallmark of every trip to Batumi. Guests will not only experience unparalleled hospitality, but will also be enchanted by the genuine kindness of the locals.

7. Explore the old town

The restored Old Town in Batumi is a charming place. Many of its building date back to the 19th century when Batumi was an important port along the route from Europe to the Caspian Sea.

8. Mix of mountains and sea

The combination of seaside and mountains makes Batumi an ideal year-round tourist destination. The mountain resorts have excellent conditions all four seasons and are also ideal for romantic weekend getaways.

9. Georgian culture

Georgia is one of the oldest Christian countries in the world, leading to a significant influence on Georgian culture. The region is famous for its stone-arch bridges, religious monuments and monasteries, including Gelati and Svetitskhoveli Cathedral.

10. Georgian feast

Visiting Batumi would not be complete without sampling the Supra, a traditional feast and the backbone of Georgian social culture. **visitbatumi.com**

Grand Hotel Kempinski <u>Vilnius</u>

Grand by name, grand by nature, this five-star stay in the Lithuanian capital (which turns 700 this year) is definitely not one of those hotels you pick just for the location. We're not saying it's not in a good spot – right in heart of the Old Town, just off Cathedral Square, and in walking distance to the city's biggest tourist attractions, such as Gediminas Castle Tower - it's just that the experience of staying here is even better.

From the outside, it looks like some sort of palace, and the grandeur continues inside, with lavish interiors and opulently appointed rooms. And the service matches the aesthetic. Staff are always on hand to help with anything you could want, almost anticipating your needs without hovering like an overbearing parent. It would be no surprise if you just thought you fancied a glass of champers and one appeared in front of you.

A visit here wouldn't be complete without a meal at Telegrafas, one of the best – and fanciest – restaurants in the city. It even has separate caviar and oyster menus. Telegrafas is known for its contemporary Lithuanian cuisine, made with fresh, locally sourced ingredients.

While the dishes are seasonal, they currently include Black Angus beef fillet with a truffle and beef cheek doughnut and local black garlic, and lobster served with claw meat mousse, asparagus foam and carrot-infused melon. To book any of these hotels, visit **wizzair.com** and find your best deal with our trusted partner

Booking.com



Avra Imperial Hotel Crete

This five-star hotel in the heart of the Chania region is ideal for those looking for sun, sea, sand and snacks. There are three swimming pools, a Blue Flag beach lined with loungers and palapa umbrellas, four bars and five restaurants. Its allinclusive offering means you can drink for free, enjoy unlimited ice cream, order free room service 24 hours a day, and grab food at any restaurant you choose.



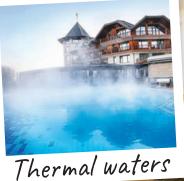


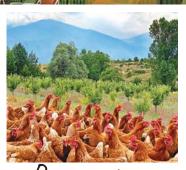
Cavo Zoe Seaside Hotel Cyprus

Stresses of city life just melt away while enjoying the terraced gardens and three-level infinity pool at the Cavo Zoe. Slink into the comfy rooms, complete with tropical palm tree decor, watch the sunrise from your bed, and take a meal at the bamboo-adorned Dolce Restaurant with sea views. Finish your stay with a hammam at the Vanity Spa, and chances are you won't want to return home.

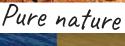


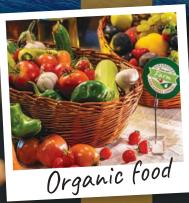
BULGARIA





BEST WHY? EUROPEAN SPA HOTEL the piggy. * ESPA





www.hotsprings-spa.com

SCAN ME

* ESPA

European Spas Association INNOVATION AWARDS 2022

THE DRINKS

Where to go for a strong cocktail across the WIZZ network



Swingers London

Gone are the days when mini golf was just for entertaining rowdy kids on their school holidays. There are no more sticky golf clubs or crumbling clown heads that'll haunt your dreams. Instead, there's Swingers – essentially mini golf for grown-ups. And it's cool.

There are two locations to visit - in the City and the West End where you'll find a brace of ninehole courses with requisite fake grass, plus street food vendors so you can fuel up for your round. Grab a slice from Pizza Pilgrims, Mexican snacks from Breddos Tacos, burgers from Patty & Bun, and finish with something sweet from Crosstown.

Most excitingly, though, there are cocktail bars surrounding the courses. We're not talking winceinducing slushies and questionable house wine, either. They serve everything from passion fruit daiquiris and Moscow mules to frozen margs. If you like to do things bottomless then Swingers City has teamed up with Cazcabel Tequila for a new weekend deal - The Sunday Set, with unlimited drinks for 90 mins, food, a reserved area and mini-golf. Fun, food and drink, turns Swingers from a round of golf into a place to party. **swingers.club**



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WHEREVER YOU GO...

Lublin	Rz
Poznań	No
Kraków	Ka
Warszawa	W
Toruń	Łó

TARIRI

0

You are welcome!

Book your stay at bbhotels.com

Glass by Sips Madrid That's

When the duo behind one of the top three ranked bars in the world opens a new venue, you pay attention. After the success of Sips in Barcelona, mixologists and owners Simone Caporale and Marc Álvarez have pitched up in the Spanish capital and taken over the Glass Bar in Hotel Urban.

Don't expect your bog standard G&T here. Just like the original, Glass by Sips is focused on classic cocktails with a twist. An espresso martini topped with a bubbly dollop of whipped 'coffee air', for example. Or a Negroni with magically non-melting ice. That's not to say there's no innovation, though. The menu includes novel drinks such as the Primordial, a blood-like pool of Japanese whisky, Asian pear and port served in a pair of metallic hands.

The drinks look as good as they taste, too. One evokes elements of nature with a raindrop-shaped vessel punctuated with leaves, echoing its ingredients of jasmine, laurel and thyme. Another, named Bubble, looks like someone skimmed off the top of a bubble bath and plopped it on a pool of orange liquid. And we'd happily bathe in it. **hotelurban.com**





Lucy Wong

This basement bar from the brains behind Opium is inspired by 1957 novel *The World of Suzie Wong*, a love story surrounding a socialite in Hong Kong. The theme shows up in the Chinese decor, Cantonese cuisine (dim sum and roast meats), 3am weekend closing time, and signature cocktails with an Asian twist, such as the Eastern Sour and Shanghai 75. It's only been open a few months but this spot's already popular. **Lucywong.co.uk**



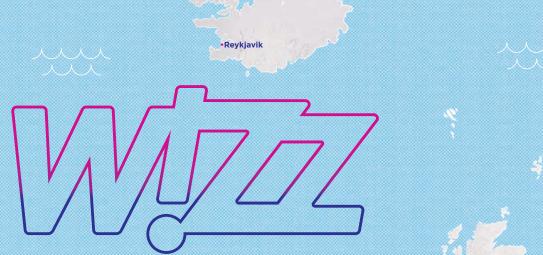
Bar Neiro Berlin

Inspired by Japan's jazz cafés, Bar Neiro is so focused on what you're listening to the entire space has been acoustically designed by a recording engineer. Vinyl LPs are played start to finish on a fancy vintage soundsystem. Equal effort has been put into the cocktails, which reference the watering holes of Japan. **barneiro.com**









Madeira

Tenerife•

•Fuerteventura

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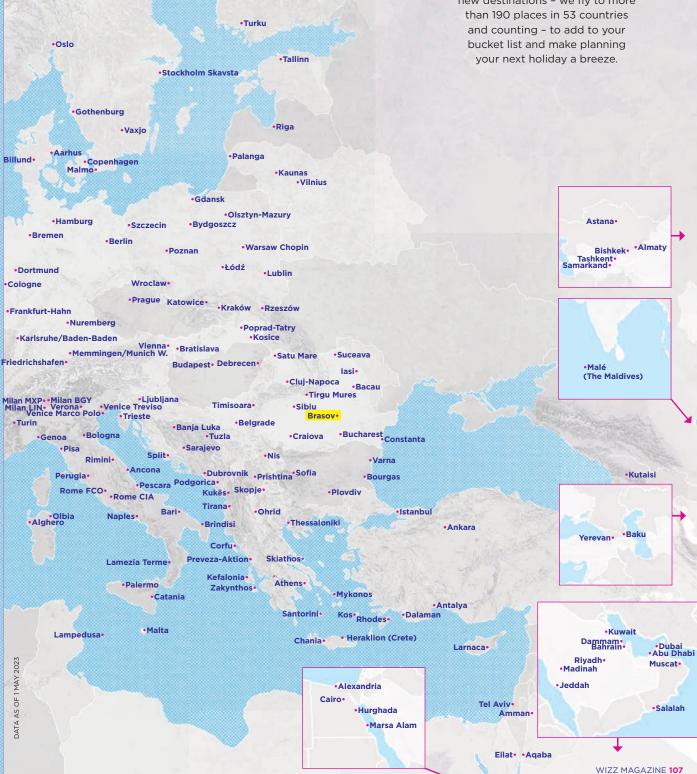




Check out our new destinations

We never stop searching for new destinations - we fly to more than 190 places in 53 countries and counting - to add to your bucket list and make planning your next holiday a breeze.

Sharm El Sheikh



Tromso

Trondheim



Want to know where we're flying next, how to get the most out of your journey and what's new in the dynamic world of WIZZ? Then read on...



Wizz Air is top airline

Wizz Air has scooped another big prize! We were named Airline of the Year at the recent Air Transport Awards.

The international awards recognise excellence in the aviation sector, and the awards ceremony sees accolades bestowed on leading organisations and leaders in the air transport industry.

"I am grateful to accept the Airline of the Year award on behalf of the entire Wizz Air team," said József Váradi, Group Chief Executive Officer of Wizz Air, as he picked up the prize at a gala event in Montreal.

Wizz Air is one of the fastest growing airlines in the world. It provides customers with great services at the lowest possible fares across a network of more than 900 routes in 53 countries in Europe, the Middle East, Asia and Africa.

"This award is a recognition of the relentless efforts of our 8,000 employees to make flying accessible to everyone," added Váradi.

Fuel for thought

Wizz Air is on track with its commitment to reduce its carbon emissions intensity by 25% by 2030. Two recent partnerships with sustainable aviation fuel producers. Neste and Cepsa, will allow the airline to supply alternative fuel from organic waste to its route network in Europe and the UK from 2025. On top of a fleet renewal plan and efficient operations with young aircraft globally, the deals will strengthen Wizz Air's position as an industry leader in sustainability.





numbers





35 bases in 17 countries







*FIGURE FOR 2022

Expanding our horizons

Wizz Air's extensive route network keeps on expanding as the airline strives to carry its passengers to exciting new places each year.

Wizz Air has announced the launch of a new route from Milan Malpensa in Italy to Sphinx International Airport serving Cairo, the first connection to Egypt's capital. The twice-weekly service starts from 15 June this year, using the airline's most sustainable A321neo aircraft.

Also, by adding an aircraft to the Budapest base, Wizz Air will be able to increase the flight



frequency of several routes from Hungary. Two new destinations will be added connecting Budapest to Copenhagen daily (from 1 Oct) and Sharm el-Sheikh twice a week (from 30 Oct).

Wizz Air Abu Dhabi, the ultralow-fare national carrier of the UAE, is ramping up operations as well, adding a ninth A321neo plane. This will allow the airline to launch new operations to Bishkek, the financial centre of Kyrgyzstan, this summer, while relaunching popular routes to Larnaca, Santorini and Sohag.



Making the skies more equal

Wizz Air has stepped up its efforts for greater gender equality in aviation with the launch of a She Can Fly cadet programme. Part of the market-leading Wizz Air Pilot Academy, the training initiative is aimed at women over 18 and provides a unique, simple and financially accessible path to becoming a commercial pilot at Wizz Air. Candidates can apply directly to the programme on the Wizz Air Pilot Academy website: **careers.wizzair.com**.

New routes

Abu Dhabi – Bishkek, Larnaca

Agadir - Warsaw

Belgrade – Berlin, Copenhagen, Lisbon, Milan Bergamo, Zakynthos

Bucharest – Luxembourg, Skiathos

Budapest- Copenhagen, Sharm El Sheikh

Brasov- Dortmund, London Luton

Catania - Milan Linate

Istanbul – Budapest, Iasi, London Luton

Kutaisi - Copenhagen



Leeds - Bucharest, Cluj-Napoca, Gdansk, Katowice, Kraków, Warsaw, Wroclaw

London Gatwick – Dalaman, Faro, Istanbul, Palma de Mallorca

Milan Malpensa – Abu Dhabi, Cairo, Madrid

Rome Fiumicino – Cairo, Madeira, Memmingen, Vilnius, Rzeszów

Timisoara – Zakynthos

Yerevan - Dortmund, Katowice, Prague, Sofia

Vienna – Hurghada

Vilnius - Malaga

Where to next?

Wizz Air is launching a new route from Warsaw to Agadir this autumn, so we took a look at the delights that await you in Morocco



Clockwise from above Majorelle Garden; some souk snacks; Taghazout beach near Agadir; tajines are a must-try Moroccan treat; El Badi Palace in Marrakesh

f all the African nations, there is no country that has quite captured the attention of artists and designers like Morocco. The intricacy of its interiors, the majesty of its mosques, the grandeur of its gardens, and a landscape made up of incredible beaches, towering peaks and palm oases

all add up to a very photogenic destination. There are camels to ride, tajines to sample, souks to haggle in and rock and roll legends to emulate during your time in the North African sun. Wizz Air flies to Marrakesh from London, Milan, Rome and Warsaw, and to Agadir from London and – very soon – Warsaw, so what are you waiting for?

MARRAKESH

For the new visitor, arrival in Marrakesh is the most delicious culture shock imaginable. Take in the exoticism of the famous souks, teeming with loud chatter, powerful aromas, luscious food and vibrant colours. Then recover from sensory overload with a restful wander through Yves Saint Laurent's famous Majorelle Garden, and a visit to his new museum (museeyslmarrakech. com). Visit the remains of the El Badi Palace, where the most famous son of the dynasty, Ahmad al-Mansur, spent his royal days. And make sure you don't miss a day or two exploring the High Atlas mountain range,

where you can discover Berber communities, try mountaineering or even go skiing.

AGADIR

This coastal city is a showcase for many of Morocco's charms. If you're looking to recharge and unwind, then look no further than the city's 10km of honeycoloured coastline, where you can enjoy a typical beach holiday, with watersports, boat trips and surf lessons aplenty. For views over the bay and a history lesson, make sure you take the new cable car up to the 16th-century ruins of the Oufella kasbah, which was destroyed (along with the rest of the historic city) in an earthquake



in 1960. Pick up essential souvenirs at Souk El Had and get insight into local Berber traditions at the Amazigh Museum. For dinner, feast on flavourful tajines, pigeon pastilla and slow-roasted lamb as you gaze across a bay of twinkling lights. You'll be left in little doubt why Morocco is a perennial favourite for travel. Wizz Air flies to Marrakesh and Agadir







"It's so heartwarming to help children fulfill their wishes"

We sit down with two members of the WIZZ Foundation, which helps to make the wishes of sick kids come true

n March last year, the WIZZ Foundation - set up by Wizz Air for charitable purposes - was honoured to strike up a partnership with Csodalámpa, The Magic Lamp Wish-Granting Foundation. For the past 20 years, since 2003, Csodalámpa has been fulfilling the dreams and wishes of children who are suffering from life-threatening illnesses. Now the WIZZ Foundation does its part by providing a number of flight tickets every year for kids and their travelling guardians. And, for the four Wizz Air employees who make up the Foundation, collaborating with the charity has been enormously rewarding.

"There is so much positive energy on board when the children join us for a trip," says Nikoletta Zima, an experienced cabin crew member and trainer as well as Secretary General of WIZZ People Council, who coordinated with the flight crew, cabin crew and ground operations during one of the Csodalámpa flights.

"The experience really helps the kids mentally. Often it is the first time they are on an aircraft so, to make it special, we provide



"There is a lot of positive energy on board"

a flightdeck visit for them and our crew members on board do their very best to make this flight special and unforgettable to these kids."

The WIZZ Foundation has now helped turn dozens of childrens' dreams into reality, including helping 13-year-old Balázs celebrate his birthday at Disneyland Paris; transporting 13-year-old Alexandra to Malta to swim with dolphins; flying 14-year-old Rozi to Athens to see the Acropolis; and getting 11-yearold Benedict to Madrid to watch Atletico Madrid play Real Madrid.

Nikoletta recalls how the last Csodalámpa flight she was involved in brought tears to her eyes. "The last wish we did was in November 2022 and there was a young man who was 16 years old and he just wanted to get to Barcelona for the Formula 1 race," she says. "It was great to see him forgetting all about the hospital and all the unpleasant treatments he was having, and just enjoying himself and making great memories. It is truly heartwarming for the whole Wizz team when we are



able to make children's special wishes come true."

For fellow WIZZ Foundation member Károly Barna, Senior IT Operations Manager at Wizz Air who manages the relationship with NGOs and the legal aspects of the Foundation, working with an organisation that works with such sick children has made him count his blessings.

"It's very hard for me. I'm always thinking that I have a healthy daughter and how lucky we are," he says. "And that gives me energy to get on with day-to-day life, and be grateful for all I have.

"Being part of the WIZZ Foundation also makes you realise that the work you do at Wizz Air is important and the airline has put its trust in you to run the WIZZ Foundation. You learn a lot about how to work with NGOs which has been great.

"But, most importantly, I am just happy that we can help so many children to fulfill their wishes. It's so heartwarming." Like all the members of the WIZZ Foundation, Nikoletta and Károly were picked to be on the team because of their proven track record of excellence, having been at Wizz Air for a long period of time. Both have been at the company from the beginning, fulfilling their own dreams to be part of the aviation industry.

"I was always a big fan of flying – I've flown gliders since I was 16 – so being part of the industry was my childhood dream," says Károly, who started as infrastructure manager at Wizz Air before becoming responsible for the company's IT systems. "It's been a pleasure to grow with Wizz Air."

Nikoletta was so keen to work for Wizz Air she wrote a letter to founder József Váradi when she heard he was starting an airline.

"I said, I would like to join and that's how my journey started," she recalls. "Although I now work across the company in various roles, I'm still an active cabin crew member and instructor because I just can't put my wings down!"

Running with WIZZ

Whether you're a beginner or a professional, the WIZZ marathons and half-marathons are both challenging and fun. In 2022, more than 53,500 runners from 50 countries joined us for these events. This year, Wizz Air will sponsor eight running events in six countries across the network. For more information, visit **wizzair.com**



WIZZ MAGAZINE 113



More about sustainability at Wizz Air:



How we fly in the most environmentally sustainable way*

We launched Wizz Air with the strong belief that air travel should not be a privilege. That we will create a world of opportunity for all through affordable travel. And we are delivering on that promise.

And while giving more and more people the freedom to travel, we have also proven that growth and sustainability can go hand in hand. As well as breaking down barriers between people and air travel, we've shown a whole industry how aviation can be more sustainable.

Crucial business model and design decisions, from pricing to seat density, make sure we fly with high-load factors. We've never even thought about business-class seats. Or a huband-spoke model. Or substituting short train rides for flights. We've instead focused on flying with the youngest, most efficient fleet and the most modern engines possible, to consume less fuel.

This all delivers the lowest CO₂ emissions per passenger kilometre in the industry, beating not just legacy carriers, but also low-cost airlines operating in a similar way to us.

A plane will never be greener than a train or an electric vehicle. But we are and will be the greenest choice of flying. Because when it comes to a crucial issue like sustainability, we believe in the facts of today. Not promises of the future.

Did you know?

£5 million

That's the amount Wizz Air has invested in development for the production of sustainable aviation fuel from sewage sludge. This is a step forward in our commitment to further reduce CO_2 emission intensity.

Wizz Air was named Global Environmental Sustainability Airline Group of the Year by the Centre for Aviation (CAPA) at its Awards for Excellence 202

Paperless flight deck

We use tablets in our flight decks, saving over 25,000 printed pages in the aircraft

Lighter seats

We're continuously investing in newer, lighter seats to reduce the aircraft's weight, which decreases fuel burn and emissions

Single-engine taxiing

after landing We save fuel by turning off one of the engines after arrival

Noise pollution reduction

Our A321NEO aircraft use two Pratt & Whitney GTF engines, which reduce our noise footprint by almost 50% compared to previous generation aircraft

Sharklets

These amazing inventions can reduce fuel burn by 2% and CO_2 emissions by 540 tonnes per year per plane. The whole fleet will be equipped with them by 2024



Washing the engines regularly We wash every engine around ten times per year - the cleaner they are, the smoother they run, and therefore less fuel is needed

BHOHHNNH

NEON-LIT HOUSE PARTIES & ASIAN ATMOSPHERE IN DOWNTOWN BUDAPEST NEXT TO THE ST. STEPHEN BASILICA



BULGARIA - SOFIA

Two restaurants serving traditional national dishes, as well as live folk music and summer gardens.



Hadjidragans restaurants take you on a culinary journey through time without leaving the capital. Two restaurants in the heart of Sofia function as museums, with original exhibits donated by old Bulgarian families. Thousands of household items from ancient Bulgarian villages will be brought to life before your eyes, together with stunning costumes, painted carts, a weaving loom, and more. Come and sample some traditional Bulgarian dishes including oven roasted lamb, chicken in an egg, banitsa and shopska salad. Choose one of the two restaurants, relax, savour your meal, and take comfort in the knowledge that you have just passed by a number of Bulgaria's most exciting sights.

World of WIZZ

At **wizzair.com** you'll find the answers to all of your travel needs, from adding luggage and changing flights, to car rental, airport parking and more



The right fare for you

WIZZ Go

WIZZ Go is the perfect bundle for travellers who want to enjoy a range of popular and convenient services on their flight. With WIZZ Go, you can get **priority boarding**, choose your favourite normal **seat** and bring a **carry-on bag** and **trolley bag on board**. You can either check-in online or at the airport. WIZZ Go can help to make your journey smoother – so **upgrade your next flight** and enjoy stress-free travel.

WIZZ Plus

Upgrade your travel experience with WIZZ Plus, the ultimate bundle for passengers who want to enjoy **premium travel and a flexible journey**. You can take advantage of a range of extra services at a discounted price, including **premium seat** selection with extra legroom seats, **checked-in bag** and **WIZZ Flex** for full flexibility. With WIZZ Priority you can be amongst the first to board and also enjoy **auto check-in** for a hassle-free travel experience.

Priority boarding

Priority passengers can bring an extra trolley bag (max. 55 \times 40 \times 23cm) in addition to the free carry-on bag (max. 40 \times 30 \times 20 cm) into the cabin. Plus, they are called first for boarding and have a dedicated check-in desk for bags.



Fly with us for less

Our WIZZ Discount Club offers a wide range of discounts on travel* and related services.

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bookings, add baggage, upgrade,

choose or change seats, get travel

insurance, check in, check your

flight status and board.

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discount

Suitable if you usually travel solo or with one companion, as they'll also enjoy the discount.









Save on each bag booked online



Flexible travel

Fare lock

You can secure the fare of your selected tickets for 48 hours before you complete your booking for bookings made more than seven days prior to the outbound flight's departure date.

WIZZ Flex

You can modify your tickets (including passenger name) without paying a flight change fee, or cancel your flight and request a full refund (additional services will not be refunded) to your WIZZ account, which can be used for 90 days to purchase new tickets.

Travel insurance

Our comprehensive travel insurance includes medical expenses and cancellation cover. Add your insurance to your basket together with your flights or buy it later in Manage My Booking.

Flexible travel partner

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Group membership €69.99

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Ticket

discount

Save on each bag booked

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ave

€5

On the ground

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Book your flights and car rental in one easy step. Just add your car rental to your basket together with your flights. Get attractive discounts and enjoy our WIZZ credit back promotions.

Airport parking

Our long-standing partner ParkVia offers great prices and availability for airport parking across Europe, with fast and easy booking and significant savings, whether you're travelling for business or pleasure. Book online at **wizzparking.com**.

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For a comfortable trip, simply book your airport transfer when purchasing your ticket. You can travel by shuttle, bus, or private transfer – as you wish.

Italy Discount Club

If you have our Italy Discount Club membership, you can enjoy premium discounts on domestic flights during your membership.

Standard membership €19.99 Group membership €34.99

Benefits include:



Ticket discount**

WIZZ Priority

Your onboard safety

Please show consideration for fellow passengers and pay attention to the following information. Remember that by purchasing your Wizz Air ticket, you have accepted the Wizz Air General Conditions of Carriage (available in full at wizzair.com)

Safe handling of hand luggage

Ensure hand luggage remains safely stowed in the locker or under the seat in front of you for takeoff, landing, and at any time as instructed by the crew. Passengers seated in the emergency rows and first row must store their cabin bags in the overhead lockers. Take care when opening lockers, as falling items may injure fellow passengers.

In case of evacuation, all baggage must be left on board and the instructions of the cabin crew must be strictly followed.

Safety equipment

It is an offence to tamper with or remove safety equipment, including adult and infant life vests, infant safety belts or extension belts. You are not allowed to remove or damage any onboard informative placards.

Sharp items

To dispose of any sharp items (e.g. hypodermic needles), please contact a cabin crew member. Do not leave your needle or syringe behind.

Turbulence management

Turbulence can occur unexpectedly. Whenever seatbelt signs are switched on, remain seated, keep seatbelts fastened, and stow away large electronic devices.

Safety of infants on board

Wizz Air has a clear procedure for infant (a child under two) restraint systems. You can only use the single hook infant seatbelt - vests/slings cannot be used with the infant seatbelt. Wizz Air only accepts aft-facing car seats when an extra seat is purchased. However, during take-off and landing, and whenever the seatbelt sign is switched on, infants should sit on an adult's lap with the seatbelt fastened. Life vests for infants are available and are provided whenever flying over water. All lavatories are equipped with a changing table. Do not leave children unattended in the cabin.

Lithium batteries

Portable electronic devices (PED) such as phones, laptops and tablets can contain lithium batteries. When damaged, faulty or overheated, these batteries can catch fire and explode. If you recognise any issues with your device, inform the cabin crew immediately.

Charging electronic devices on board using a portable battery charger is forbidden.

Electronic devices

Some electronic devices can be used during the flight with WLAN/Wi-Fi/Bluetooth turned off.

Larger electronic devices that cannot be held comfortably in one hand, exceed ca. 1kg in weight and do not qualify as handheld devices (e.g. laptops, notebooks etc.) must be stowed in the overhead stowage compartments for takeoff, landing and whenever required by the cabin crew. If in doubt, please ask your cabin crew.

Inflight health tips

Read these tips on how to stay fit when travelling.

Before your air travel

Consult your doctor before travelling if you have any medical concerns. Pregnant women and those with heart or respiratory problems, blood diseases or ear, nose and sinus infections should seek medical advice before flying. Crew members are entitled to call for medical assistance pre-flight if they deem it necessary and are in doubt about your fitness for the flight.

Medical supplies on board

Keep any medication you may need in your hand luggage and in its original packaging. Inform cabin crew of allergies or illnesses. If you are seriously ill or travelling post-surgery, you will need a medical certificate confirming that you are fit to fly. If you have limited mobility, are hearing- or sight-impaired, pregnant, or unable to understand/react to safety instructions, you will be unable to sit in the emergency exit rows or the front row.

Nut allergy

During our WIZZ Café service we offer peanuts and some snacks containing peanuts/nuts traces. We strongly encourage those with allergies to take all necessary medical precautions before flying and inform the cabin crew during boarding about your allergy.

If you start to feel unwell during the flight, do not hesitate to talk to the cabin crew.

Exercise Be as active as possible. Try the following routine every 30 minutes:



















Our fleet Younger, greener and growing

Wizz Air has a single-type fleet of

178 aircraft from the Airbus A320 family. It's among the youngest and most efficient in the world – and the safest. The average age of our aircraft is 4.4 years, well below the average fleet age of our major competitors, which is around 10 years. Our planes already have the most sophisticated safety equipment and, by 2030, we will have 500 aircraft. Our neo aircraft feature advanced systems and engines that reduce our carbon footprint, as well as noise and cost, helping us keep fares low and accessible and providing the most responsible choice of air travel available. Wizz Air is currently the largest operator of the most sustainable Airbus A321neo aircraft in Europe.



Wizz Air is registered under the International Air Transport Association's (IATA) Operational Safety Audit (IOSA), the global benchmark in airline safety recognition. Wizz Air has also been awarded the **highest seven-star safety ranking** from the world's only one-stop airline safety and product rating agency, **AirlineRatings.com**

for safety

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ØMărăşeşti St. no. 10, Timişoara S+40256.282.282 ⊕www.locandadelcorso.ro

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🕈 Square 700 St., Timişoara 💪 +40256.706.767 🏶 www.beraria700.ro

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Your security

...is one of our top priorities. To ensure a smooth and pleasant flight, please read the following rules of conduct

Please do...

- Always follow crew instructions
- Respect the crew and other passengers
- Behave in an appropriate manner
- Stay calm and cooperative
- Consider wearing a face mask, ensuring it covers your nose and mouth while on board

...so you can:

- Travel in a nice, pleasant and peaceful atmosphere
- Relax on board
- Get to your destination as soon as possible

Do not...

- Smoke on board (including classic cigarettes or e-cigarettes, pipes, vapers)
- Put e-cigarettes in your checked-in bags or charge them on board
- Breach, or refuse to follow, crew instructions
- Harass fellow passengers and/or crew members in any way (including sexual harassment)
- Threaten or be aggressive towards fellow passengers and/or crew members
- Be violent or behave in a hostile, erratic manner
- Damage the aircraft or onboard equipment
- Waste, pollute or contaminate the cabin in any way
- Endanger the safety of the flight by any means
- Consume alcohol that was not purchased on board. Alcohol is served at the crew's discretion to passengers of legal drinking age. The crew reserves the right to stop serving alcohol to any passenger who is, or appears to be, intoxicated
- Be under the influence of drugs or medical substances that may affect your behaviour or self-control
- Film or photograph the cabin crew without their permission

... or face the consequences:

• You are fully responsible and accountable for your behaviour. Unruly or disruptive behaviour on board and before boarding will not be tolerated and will be reported to the authorities. You will be held legally and financially responsible in all cases.

The following consequences* will occur for such misconduct:

- Passenger denied boarding
- Penalty/fine or arrest by local police:
 - Smoking on board, including lavatory: up to €3,000*
 - Unruly behaviour due to intoxication: up to €5,000 and two years in prison*
 - Endangering the safety of an aircraft: up to five years in prison*
- Diversion of flight and arrest
- Reimbursement of cost of diversion: €10,000-€80,000*
- Criminal procedure and court litigation*
- Cancellation of all of your existing Wizz Air flight bookings
- A ban from Wizz Air flights in the future

*Subject to applicable jurisdiction

For more information, please refer to the General Conditions of Carriage on wizzair.com

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ERSTE

IGÉNYELJEN WIZZ AIR HITELKÁRTYÁT ÉS VÁLTSA REPÜLÉSRE KEZDÉSNEK KAPOTT 10 000 ÜDVÖZLŐPONTIÁTI



THM: 44,16% a 2023.02.01. – 2023.07.31. között újonnan igényelt Wizz Air hirtivartua fokártuja esetén. A THM 375.000 Ft-ra és 12 hónap futamidőre került meghatározásra.

Jelen tajekoztatás nem teljes körű, és nem minősül ajanlattételnek. A 10 000 pontot a Bank a 2022-04. 0L. – 2023. 07. 31. között újonnan igényelt és jováhagyott Wizz Air Hitelkártya főkártya igénylések esetén biztosítja, abban az esetben, ha a főkártyabírtokas a Hitelkártya igénylőlapon mobil telefonszámot és e-mail cimet ad meg, annak érdekében, hogy az Erste Bank ezen megadott elérhetőségekre, termékeire és szolgáltatásalar a vonatkozóan megkeresse telefonon, SMS-ben, e-mailen, internetbanki és mobilalkalmazási szolgáltatáson, illetve a Wizz Air Hitelkártya főkártyabírtokas a Hitelkártya génylőlapon mobil telefonszámot és e-mail cimet ad meg, annak érdekében, hogy az Erste Bank ezen megadott elérhetőségekre, termékeire és szolgáltatásalar a Wizz Air Hitelkártya főkártya jóváhagyástól számított 60 napon belül, valamint legalább egy alkalommal egy tranzakciót végez a kártyaval a kártya Bank altali jóváhagyasat követő szinten 60 napon belül. Amennyiben az akció kéretében igényelt Wizz Air Hitelkártyá ta Főkártyabírtokos annak kilocsátásától számított 12 hönapon belül megszinteti, a Bank jogosult a 10 000 pont megvonására akként, hogy 10 000 forinttal a Főkártyabírtokos hitelszámlaját megtetetell. Tarkártya igénylősé essetén a Bank nem biztosit Udvozló pontokat. A részletes kondiciókat és szerződéses feltételeket az Erste Bank mindenkor hatalyos Lakossági Hitelkártya ASZF-je és a Lakossági Hitel Hirdetmény, a Wizz Air Kártya K Pontgyűjtő Feltételei tartalmazzák. Ezek a dokumentumok megtalálhatóak a bankflókok ban és a www.erstebank hu címen. Wizz Air Hitelkártya kesetén a Főkártyabírtokos a Pontgyűjtésére, emelle kestártya algaltás kis heleszánítanka. A Tejles Hiteldij Mutató (THM) meghatározása az aktuális feltételek, illetve a hatályos jogszabályok figyelembevételével történt, a feltételek és a jogszabály változása esetén mértéke módosulhat.



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