

DIVISION 2 WEST CENTRAL



SEASON 2025/26



SOUTH GOWER

VS



BRYNAMMAN

SAT 21 MAR | PWLLDU LANE | 2:30PM KO

SPONSORS DAY 2026



PRINCIPAL SPONSOR

CHAIRMAN'S WELCOME

Croeso to Pwlldu Lane for the final time in the league this season. Despite the monsoon we've had for most of this year it's amazing we've finished this early!

Thankfully the sun is making an appearance for a proper Gower rugby day, with plenty of action and beers to follow. Today we welcome a Brynamman side who taught us a bit of a lesson a couple of weeks ago so we aim to finish the season with a strong result.

We secured survival with 2 games to spare and despite the recent run of form I think it's important to reflect on what a massive achievement this is. I don't think anyone would have given us much of a chance of staying up so I'm hugely proud of the effort by everyone involved.

I need to say a massive thank you to three boys potentially finishing after today's game (although nobody really retires from this club!). Jonno, Wildy and Tommy G, it's been an absolute pleasure playing with you. You set the standards that have resulted in the success of recent years, we couldn't have done it without you. Hopefully, you'll be back in a second team jersey soon...

On the flip side it's great to see our Youth boys stepping up as we welcome Noah and Euan into the squad. It's a great sign as we build towards next season and continue to strengthen with home grown talent.

Finally, to everyone who's played their part another thank you for all your help and support this season. Let's make this a good day in the sun!

Diolch pawb

Ben Davies

Chairman





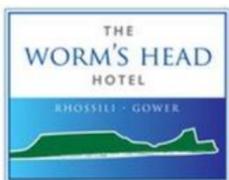
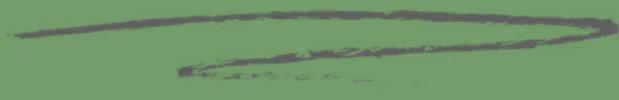
**SOUTH
GOWER**



**THANK YOU FOR YOUR SUPPORT
THIS SEASON**

#UPPASEAHORSE

THANK YOU



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SOUTH GOWER



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TEAMSHEETS



1. Gareth Evans
2. Morgan Israel
3. Lewys Johnathan
4. Alfie Healings
5. James Neale
6. Jake Newington
7. James Tunes
8. Fraser Deer (VC)
9. Tom Greenwood
10. Alex Francis (C)
11. Sam Davies
12. Angus Morris
13. Ellis Weatherley
14. James Wild
15. Sam Court

Substitutes from

Aiden Ellard
Lawrence Hyde
Noah Brayley
Euan Leir
Olly Heinrich
Charlie Cawsey
Jac Greenwood



1. Liam Wheatley
2. Liam Brooks
3. Tom Pritchard
4. Jake Jones
5. Matthew Owen
6. Dan Page
7. Nathan Chapman
8. Ifan Tully
9. Harri Morgan
10. Tom Caddell
11. Jonny Bevan
12. Josef Davies
13. Staff Davies
14. George Kilty
15. Josh Ferriman

Substitutes from

Daniel Bale
Joe Brown
Logan Pugh
A N Other
Ifan Williams
Tom Edwards

Referee: Ifan Morgan

FIXTURES AND RESULTS

THIS WEEK'S OTHER LEAGUE FIXTURES

Division 2 West Central Fixtures

Sat 21 Mar 2026

KO: 14:30

PORTHCAWL RFC

NEATH ATHLETIC RFC

PREVIOUS RESULTS - 14.3.26

ABERAVON
HARLEQUINS RFC



49 - 16



SOUTH GOWER
RFC

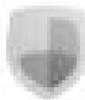


THANK YOU FOR YOUR



SUPPORT THIS SEASON

ADMIRAL DIVISION 2 WEST CENTRAL TABLE

#	Team	Pl	W	D	L	Pts
1	 Aberavon Harlequins RFC	12	12	0	0	57
2	 Neath Athletic RFC	14	11	1	2	54
3	 Pencoed RFC	15	11	0	4	49
4	 Porthcawl RFC	15	8	2	5	40
5	 South Gower RFC	17	7	0	10	33
6	 Brynamman RFC	12	7	0	5	32
7	 Morrison RFC	13	5	0	8	24
8	 Mumbles RFC	16	2	0	14	22
9	 Birchgrove RFC	12	4	0	8	20
10	 Bryncethin RFC	16	2	1	13	17

For the full and up-to-date table
visit our website:

www.southgowerrfc.com



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STATISTICS

APPEARANCES



F Deer

BLINDSIDE FLANKER

17



L Jonathan

TIGHT-HEAD PROP

15



J Tune

OPENSIDE FLANKER

15

MOST POINTS



A Morris

61



S Davies

LEFT WING

52



S Williamson

FLY HALF

48

MOST TRIES



E Weatherley

OUTSIDE CENTRE

6



S Davies

LEFT WING

4



G Wintle

FULL BACK

2

20
PLAYED

9
WON

0
DRAWN

11
LOST



AVERAGE POINTS:

17.0
FOR

21.2
AGAINST

LAST TIME OUT

ABERAVON QUINS 49 - 16 SOUTH GOWER



SOUTH GOWER

SEASON REVIEW



As the curtain falls on another demanding campaign, it's time to reflect on a job well done for our 1st XV.

After three successive promotion seasons that elevated us through the leagues, this year was always going to test our resolve in Division 2 West Central. With a punishing injury list testing squad depth throughout, the lads showed real character to consolidate our place in the division, securing safety well before the final whistle.

Progress can be traced through our two fixtures against local rivals Mumbles RFC.

A huge crowd turned out for the season opener in September, but we were humbled 13-28 as the scale of the step up became clear. Fast forward to the return fixture in December where South Gower turned out in force at Underhill Park and delivered a dominant 20-6 victory. Special praise goes to our forward pack, whose rumbling performance brought a tear to many an old boy's eye and underlined the heart and grit at the core of this group.

A couple more victories followed, only for injuries to stall our charge, but after picking up a couple of losing bonus points in narrow defeats to Morriston and Neath Athletic, we have done enough to secure our status in Division 2 and can now look ahead to next season: building on our strengths, addressing areas for improvement, and coming back even stronger.

A huge thank you to every player, coach, volunteer, sponsor, and supporter who has backed us through the highs and lows. Your commitment makes South Gower RFC what it is.

MEET THE PLAYERS



Age: 20

Job: Student / Surf Instructor

Favourite Rugby Moment:

Triple promotion

Rugby Hero: Michael Hooper

Favourite Food: Steak

Best Away Ground: Dunvant

Pre Match Food: Weetabix

Pre Match Song: Rooster, Alice in Chains

Drink: Cold River Cider

JAMES TUNE

FLANKER

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ANDY MOORE APPOINTED SOUTH GOWER RFC DIRECTOR OF RUGBY



As a club, we are proud to confirm Andy Moore as our new Director of Rugby.

A former Welsh international and captain, Andy brings elite playing experience and more than a decade of dedicated coaching within our club.

In his new role, Andy will lead alignment across all age groups, support coaching development, and strengthen the pathway from minis through to senior rugby, helping ensure we continue to thrive as a grassroots club in Wales.

Congratulations and thank you, Andy. Here's to the next chapter!



**SOUTH
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VOLUNTEER SPOTLIGHT



VOLUNTEER SPOTLIGHT ANDY MOORE

INTERESTING FACT

I PLAYED WALES U18 FOOTBALL AS A GOALKEEPER



CURRENT ROLE

SOUTH GOWER DIRECTOR OF RUGBY / YOUTH
TEAM.COACH

RUGBY HERO

SCOTT GIBBS



SOUTH
GOWER

VOLUNTEER SPOTLIGHT

FAVOURITE PAST GOWER PLAYER

PAUL THORBURN



FAVOURITE CURRENT GOWER PLAYER

AARON FRANCIS



WHY SOUTH GOWER?

GREAT CLUBS, GREAT PEOPLE, GRASSROOTS

RUGBY AT ITS BEST.

FAVOURITE GOWER MOMENT

ALL 3 OSPREYS CUPS AND U16S OSPREYS CUP



**SOUTH
GOWER**

VOLUNTEER SPOTLIGHT

WORST HABIT

DISAGREEING WITH REFEREES

**GO TO DRINK
STELLA ARTOIS**

DESCRIBE SOUTH GOWER IN 3 WORDS

FAMILY, FRIENDS, FUN!



**SOUTH
GOWER**

THANK YOU EDRYD



A huge thank you to Edryd Wyn Williams, our official South Gower photographer, for his incredible dedication again this season. Week in, week out, rain, shine, mud or wind, Edryd is there on the touchline capturing the moments that make our rugby family so special.

His photos don't just show the action; they capture the spirit of the boys, the pride of the club, and the memories that players, parents and coaches will treasure for years to come. We're incredibly lucky to have someone who puts in so much time, passion and skill purely for the love of the game and the team.

Here are just a few of our favourites from this season, although anyone who follows Edryd's work knows it was hard to choose!

Thank you, Edryd, for everything you do for South Gower RFC.





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YOUTH UPDATE



The season began in positive fashion, with the Youth squad managing to fulfil the majority of their early fixtures and building some strong momentum on the field in all competitions. However, since 15th November, a combination of weather disruptions and other factors has meant we have only managed to play three matches. With the worst of the winter weather hopefully behind us, we are looking forward to a consistent run of games to close out the season.

After an agonising defeat to Bargoed in the National Welsh Cup quarter-finals last weekend, our attention now turns to our games remaining in our Ospreys Premiership campaign, and the semi-final of the Ospreys Cup in April, where we will face Maesteg Celtic. Despite the long breaks between matches, there is a real belief that the back end of the season can still prove highly fruitful.

At the regional and academy level, the club continues to thrive in terms of player development. We have had six players involved in the Regional Age Grade (RAG) programme - four at the Ospreys and two at the Scarlets - with the Ospreys RAG contingent going on to win the RAG Cup. Further success saw two of our Youth players, who are with the Bristol Bears Academy, lift the Premiership Rugby U18 Academy League title. These are tremendous achievements that reflect the quality coming through at South Gower and highlight the strength of our pathway to regional and professional levels.

Encouragingly, we have also already blooded several U16 players into Youth rugby, while a couple of players have been involved with the senior setup. The transition across age groups is well underway, ensuring the club continues to build depth and sustainability for the future.

INTERNATIONAL SUCCESS



It was fantastic to see current Youth player **Hudson Nevin** and former Youth players **Evan Morris** and **Jack Hoskins** named in the Wales squad for this year's U20s Six Nations.

A special mention and well done to Evan on earning his first Wales U20 cap against France, and although Jack and Hudson didn't make it onto the pitch during the tournament, as a small club it's fantastic to see our Youth players, past and present, involved in the Wales set-up.

We are immensely proud of you all and look forward to watching your journeys continue.



SOUTH GOWER

REGIONAL SUCCESS



Congratulations to former Junior players **Noah Williams** and **Will Moore**, and to our Youth lads **Josh Drew**, **Ross Rossi**, **Evan Jones** and **Luke Fender** on their recent fantastic achievements - winning the PREM Rugby NextGen Cup with Bristol Bears Rugby Academy and the Regional Age Grade title with the Ospreys respectively.

We're incredibly proud to see our players competing, and winning, at such a high level on both sides of the bridge.

Well done all involved.



SOUTH GOWER

REPRESENTATIVE HONOURS 2025/26



OSPREYS

*Ospreys
Regional Age Grade*

***Evan Jones
Luke Fender
Ross Rossi
Josh Drew***



SCARLETS

*Scarlets
Regional Age Grade*

***Sam Cawsey
Hudson Nevin***



*Bristol Bears
Regional Age Grade*

***Noah Williams
William Moore***



*Gloucester Academy
Regional Age Grade*

Tommy Davies



Wales Under 20s

***Noah Williams
Hudson Nevin
Evan Morris***



England Under 18s

William Moore



Welsh Under 18s Touch Rugby

Noah Williamson

MINI AND JUNIORS UPDATE



What a start to 2026 it has been! With rainfall almost every day throughout January and February, it's certainly been a wet and muddy few months.

Despite the challenging weather, our junior section has shown fantastic commitment, continuing to train hard and take part in weekly rugby games. A huge thank you to all the mums and dads who have bravely tackled the weekly "muddy kit" washes, your efforts definitely don't go unnoticed!

Looking ahead, we have some exciting events on the horizon. This year's tour will be held at Dewslake Campsite in West Wales, where there'll be plenty of rugby and

fun activities planned. It promises to be a fantastic trip, with lots to keep both the kids and the parents entertained. If you are booked on but haven't already paid off your remaining balance in full please that you do so ASAP via this link.

Please remember to include the name of your child and age group in the message box.

Presentation Day is also fast approaching, giving us the opportunity to celebrate and recognise the effort, commitment, and progress shown by all the children throughout the 2025/2026 rugby season. This year it is taking place on Saturday 16th May so make sure you save the date in your calendars.



JUNIOR FIXTURES



22 MARCH



- U9s v Penlan (A)
- U10s v Llangennech (A)
- U11s v Penlan (A)
- U12s v Gorseinon (H) 11.30
- U16s v Dunvant (A)



**SOUTH
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SOUTH GOWER RFC JUNIOR SECTION



SEAHORSE SQUAD

TRAINING: FRIDAYS, 5.00PM - 6.00PM

U3S - U5S ... JESS REWBRIDGE ... 07799715463

MINIS

TRAINING: WEDNESDAYS, 6.00PM - 7.00PM

U6S ... BEN DAVIES ... 07772184544

U7S ... CORINNE ACHILLEOS ... 07949512258

U8S ... LAURA GILL ... 07939405242

U9S ... SARAH O'NEIL ... 07946376393

U10S ... JP CRONJE ... 07946 204032

U11S ... JAMIE TAYLOR ... 07989 550548

JUNIORS

TRAINING: WEDNESDAYS, 7.30PM - 8.30PM

U12S ... CORINNE ACHILLEOS ... 07949512258

U13S ... CATH SILVEY ... 07894434548

U14S ... RHIAN MILLAR ... 07834459824

TRAINING: THURSDAYS, 6.00PM - 7.30PM

U15S ... ANDY HINDS ... 07764413304

U16S ... CHRIS HEALINGS ... 07980109789

JUNIOR CHAIRMAN ... JOHNATHAN LEWIS ... 07854424309



REPLAY

KEEPING KIT
IN PLAY FOR
LONGER



OUR CLUB COMMITS TO:



Reduce waste by rethinking what we do with old sports kit and equipment.



Encourage our members to Replay their pre-loved gear through Loopeto.



Inspire players, families and communities to join the circular movement.



**SOUTH
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Not sure what to do with your child's old sports kit? Or want new kit without paying full price for something they'll outgrow in no time?

Now, thanks to the *West Wales Sports Partnerships' Replay Campaign*, you can donate, sell, or buy pre-loved sports kit using *Loopeto*, a circular resale platform for sports kit and equipment (like Vinted but for sports gear).

Simply sign up at loopeto.com or download the app, and upload your items individually or connect directly with our club store to pass on good-quality kit to someone who needs it.

For help on how to get started with Loopeto check out this short 'How to Guide' - bit.ly/loopeto-guide

CHARITY OF THE YEAR



OSPREYS IN THE COMMUNITY

We are pleased to announce that Ospreys in the Community is our **charity of the year**.

Ospreys in the Community is a fantastic organisation working hard to improve the health and well-being of our communities.

We are proud to be sponsoring them in their fundraising efforts and look forward to collaborating on some special events throughout the year.





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