



Senior  
Services  
FOR SOUTH SOUND



***Trips &***  
***Tours***

August - October 2025

## ABOUT SENIOR SERVICES FOR SOUTH SOUND

Founded in 1973, Senior Services for South Sound has been dedicated to supporting seniors in our community for over 50 years! Our mission is simple: Improving the quality of life for people as they age.

## TRIPS & TOURS POLICIES

- Trips & Tours are open to everyone 18 and older.
- Individuals requiring special assistance must provide their own caregiver.
- If you require accommodations such as use of a mobility device or service animal, please notify the Trips & Tours office when you register for a trip. Some trips are not appropriate for mobility devices. See the Activity Level Guide on page 4 and 5 to learn more about our trip ratings.
- Pets are not allowed on trips, but trained service animals are welcome. Please let our staff know at time of registration if you will be bringing a trained service animal with you.
- Trips & Tours is a fragrance free organization. We appreciate your cooperation.
- Senior Services reserves the right to change the schedule and/or components of a trip without notice.
- All trip participants must have an emergency contact form on file prior to trip departure. Trip leaders will have forms available at points of departure.
- The Trips & Tours staff act only as agents for trips and shall not be held responsible for any accidents, loss, or injuries that may occur. All passengers are covered by common carrier insurance. Trips & Tours does not accept liability for any carrier's cancellation penalties.
- Senior Services reserves the right to refuse any person as a tour participant and expel anyone whose conduct is incompatible with the well-being of the group.

## PAYMENTS, REFUNDS AND CANCELLATIONS

Your full payment and/or deposit reserves your reservation and constitutes acceptance of our program terms and policies. Deposits and travel certificates are non-refundable. Reservations may be made online at [southsoundseniors.org](https://southsoundseniors.org), by phone at 360.586.6181 Ext 126, or in person at the Trips & Tours office in the Olympia Center.

Additional payment, refund and cancellation terms:

Day trips:

- \$20 non-refundable deposit to register
- Payment in full due 14 days prior to trip
- Cancellations 0-13 days prior - no refund
- Cancellations 14+ days prior - full refund, minus \$20 deposit

## OTHER CANCELLATIONS

On rare occasions, trips may need to be canceled due to weather and road conditions, poor air quality, or other unforeseen circumstances. The safety of our travelers is our top priority. If a trip is cancelled by Senior Services, a full refund will be issued within four weeks.

## TRIP DEPARTURES

Olympia Senior Center: 222 Columbia Street NW, Olympia

Lacey Community Center: 6729 Pacific Ave SE, Lacey – turn right at the roundabout and bear right into the parking lot. The Senior Services bus will pick you up near the bathrooms, not in front of the Virgil Clarkson Lacey Senior Center.

**Please arrive 15 minutes prior to trip departure time. All trips depart on time, drivers will not wait for latecomers.**

# ACTIVITY LEVEL GUIDE

Each trip has an Activity Level rating to help you choose one that matches your comfort and ability. This ensures a safe, enjoyable experience for everyone. Please contact us if you have questions or need help choosing a trip that is best suited for you. If you require accommodations such as the use of a mobility device or service animal, please notify the Trips & Tours office at time of registration.



## Easy

### **Physical:**

Moderate mobility required with low physical impact

### **Distance:**

Continuous walking up to 1/4 miles or 1-2 city blocks within 20 minutes

### **Terrain:**

Mostly paved, smooth surfaces

### **Stairs:**

5-7 stairs

### **Standing:**

Up to 30 minutes without seated breaks

### **Rest breaks:**

Additional rest breaks will be available when possible

### **Bus boarding:**

2-3 times, multi-stair entry

### **Assistive Mobility Devices:**

May be suitable but participants should inquire in advance of making a reservation.



## Moderate

### **Physical:**

Good mobility required with moderate physical impact

### **Distance:**

Continuous walking up to 1/2 miles or 4-6 city blocks within 20 minutes

### **Terrain:**

Usually paved smooth surfaces, but possibly some uneven and unpaved surfaces

### **Stairs:**

1 - 2 flights of stairs and possible additional steps

### **Standing:**

Up to 30 minutes without seated breaks

### **Rest breaks:**

Limited and possibly inconsistent

### **Bus boarding:**

2-4 times, multi-stair entry

### **Assistive Mobility Devices:**

Unlikely suitable; please inquire before making a reservation.

# ACTIVITY LEVEL GUIDE

Each trip has an Activity Level rating to help you choose one that matches your comfort and ability. This ensures a safe, enjoyable experience for everyone. Please contact us if you have questions or need help choosing a trip that is best suited for you. If you require accommodations such as the use of a mobility device or service animal, please notify the Trips & Tours office at time of registration.



## Moderately Difficult

### **Physical:**

Good mobility required with moderate to high physical impact

### **Distance:**

Continuous hiking up to 1 mile or walking up to 8-10 city blocks within 25 minutes

### **Terrain:**

Likely uneven and unpaved surfaces

### **Stairs:**

3 flights of stairs

### **Standing:**

Up to 60 minutes without seated breaks

### **Rest breaks:**

Limited and inconsistent

### **Bus boarding:**

3-5 times, multi-stair entry

### **Assistive Mobility Devices:**

Unlikely suitable; please inquire before making a reservation.



## Difficult

### **Physical:**

Excellent mobility required with high physical impact

### **Distance:**

Continuous hiking up to 2 miles or walking up to 16 city blocks within 30-60 minutes

### **Terrain:**

Likely uneven and unpaved surfaces

### **Stairs:**

3-4 flights of stairs

### **Standing:**

60 or more minutes without seated breaks

### **Rest breaks:**

Limited and inconsistent

### **Bus boarding:**

3-5 times, multi-stair entry

### **Assistive Mobility Devices:**

Unlikely suitable; please inquire before making a reservation.



# MARINERS VS WHITE SOX

Thursday, August 7

#42524

## PRICE:

\$139 Members

\$159 General Public

## INCLUDED:

Transportation, trip planning, game admission, buffet lunch and soft drinks, and snack.

## DEPARTURE:

Olympia 9:30 am

Lacey 10:00 am

## APPROXIMATE

## RETURN:

6:30 pm

Do you love baseball, but hate battling I-5 traffic and Seattle parking? Let us take the hassle out of enjoying a summertime baseball game at T-Mobile Park.

Join us to see the Seattle Mariners face off against the Chicago White Sox. We have great seats on the Club Level and your ticket includes a special lunch buffet.

Go Mariners!

*\*Meal is included.*



**MODERATELY  
DIFFICULT**



# LAKE QUINAULT LODGE AND CRUISE

#42539

Tuesday, August 12

## PRICE:

\$129 Members

\$149 General Public

## INCLUDED:

Transportation, trip planning, cruise admissions and snack.

## DEPARTURE:

Olympia 8:00 am

Lacey: 8:30 am

## APPROXIMATE

## RETURN:

5:00 pm

Join us for a delightful day trip to the stunning Lake Quinault Lodge!

Cruise along the tranquil waters of Lake Quinault on our private pontoon boat, taking in the breathtaking views of lush rainforests and snowy peaks. Unwind at the historic lodge with plenty of time to relax, socialize, and enjoy a leisurely lunch.

This excursion requires the ability to navigate a rustic floating dock and stepping down into a pontoon-style boat.

We have reserved tables at the lodge's Roosevelt Dining Room.

*\*You are responsible for paying for your own meal.*



**MODERATELY  
DIFFICULT**



# GIG HARBOR: PRESENT AND PAST

Thursday, August 14

#42540

## PRICE:

\$79 Members

\$99 General Public

## INCLUDED:

Transportation, trip planning, museum admission, guided tour and snack.

## DEPARTURE:

Olympia 9:00 am

Lacey: 9:30 am

## APPROXIMATE

## RETURN:

5:00 pm

Discover the charm of Gig Harbor with a guided tour of the Harbor History Museum, where you'll learn about the rich maritime heritage of this picturesque town. After the tour, enjoy a leisurely visit to the vibrant farmers market at the waterfront Skansie Brothers Park, followed by a delicious lunch with friends. A perfect day filled with history, great company and local flavors!

We have tables reserved at a local pub.

*\*You are responsible for paying for your own meal.*





# FINN RIVER CIDER TASTING AND FARM TOUR

Wednesday, September 10

#42542

## PRICE:

\$149 Members

\$169 General Public

## INCLUDED:

Transportation, trip planning, picnic lunch, guided tour and tasting, and snack.

## DEPARTURE:

Olympia 9:30 am

Lacey 10:00 am

## APPROXIMATE

## RETURN:

6:00 pm

Join us as we head out to the rolling hills and farmlands of the Chimicum Valley.

To start our afternoon off right, we'll enjoy a picnic lunch at the beautiful Finn River Cider Garden. After lunch, our knowledgeable tour guide will lead us on a stroll through Finnriver's organic fields and orchard, following the journey of the apple from juice to fermentation to bottling. The 1/2 mile loop around the orchard and cider barns is interwoven with stories of farm history and cider making. Along the way, you'll have the opportunity to taste and savor several farmcrafted ciders and fruit wines.

*\*Meal is included. Beverages will be available for purchase at the Cider Garden.*



**MODERATELY  
DIFFICULT**



# WESTPORT CHOOSE YOUR OWN ADVENTURE DAY

Friday, September 12

#42543

## PRICE:

\$79 Members

\$99 General Public

## INCLUDED:

Transportation,  
trip planning and  
snack.

## DEPARTURE:

Olympia 8:30 am

Lacey 9:00 am

## APPROXIMATE

## RETURN:

5:30 pm

Discover the charm of Westport on this relaxed coastal getaway! Start by choosing your own adventure: stroll the scenic 1.3-mile paved Westlight Trail along the dunes or explore the Westport Maritime Museum. We'll have time to browse the town's unique shops, offering everything from local art to seaside treasures.

We'll gather for a delicious lunch at Blackbeard's Brewpub, known for its pizza and craft brews. If time allows, we'll top off our day with a quick visit to the historic Gray's Harbor Lighthouse.

*\*You are responsible for paying for your own meal. Optional \$5 museum and \$5 lighthouse stairclimb admissions are not included.*



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**MODERATE**



**DIFFICULT**



# TACOMA RAINIERS

Tuesday, September 16

#42514

## PRICE:

\$79 Members

\$99 General Public

## INCLUDED:

Transportation, trip planning, game admission, BBQ buffet lunch and soft drinks, and snack.

## DEPARTURE:

Olympia 9:30 am

Lacey 10:00 am

## APPROXIMATE

## RETURN:

4:00 pm

Join us for a day of baseball, stadium food, sunshine and good times. Fast-paced but a little more relaxed than the major league games, the minors are a blast for baseball fans of all ages.

Join us to see our home team, the Rainiers, a Triple-A affiliate of the Seattle Mariners, take on the Oklahoma City Comets in Cheney Stadium, Tacoma. We've got good seats, so bring a friend and make a day of it. Our tickets include a special BBQ buffet.

*\*Meal is included.*





# BROADWAY AT THE PARAMOUNT: SOME LIKE IT HOT

Sunday, September 21

#42544

## PRICE:

\$229 Members

\$249 General Public

## INCLUDED:

Transportation, trip planning, all tickets and fees, lunch and snack.

## DEPARTURE:

Olympia 8:30 am

Lacey 9:00 am

## APPROXIMATE

## RETURN:

6:00 pm

The New York Times called this fresh adaptation of a classic film "a supersized all out song and dance spectacular."

This Tony and Grammy award winning musical tells the story of two down-on-their-luck musicians, Joe and Jerry, who witness a mob hit and must take up new identities and flee Chicago. Their cross country journey is filled with adventure, romance and a vibrant musical score.

We'll have lunch together before the matinee.

*\*Meal is included.*





# BEAUTIFUL BLOEDEL RESERVE

Wednesday, September 24

#42545

## PRICE:

\$79 Members

\$99 General Public

## INCLUDED:

Transportation, trip  
planning, garden  
admission and  
snack.

## DEPARTURE:

Olympia 8:30 am

Lacey 9:00 am

## APPROXIMATE

## RETURN:

6:00 pm

Experience the magic of fall at the serene Bloedel Reserve on Bainbridge Island, where vibrant foliage creates a breathtaking backdrop for leisurely strolling through lush gardens and peaceful woodlands. After soaking in the autumn beauty, gather with friends for a delightful lunch together. A perfect outing to enjoy the crisp air, colorful views and good company!

We have tables reserved at the Beach Glass Cafe.

*\*You are responsible for paying for your own meal.*





# INTERNATIONAL DISTRICT FOOD AND CULTURE TOUR

Friday, September 26

#42546

## PRICE:

\$149 Members

\$169 General Public

## INCLUDED:

Transportation, trip planning, food tour, admissions and snack

## DEPARTURE:

Olympia 9:00 am

Lacey 9:30 am

## APPROXIMATE

## RETURN:

5:30 pm

Join us for a cultural and culinary journey through Seattle's International District! Accompanied by a knowledgeable Wing Luke Museum guide, we'll set off on a two-hour walking tour through this iconic neighborhood.

Along the way, we'll stop at several local eateries to savor a variety of authentic, mouthwatering dishes, each reflecting the diverse culinary traditions that define the area. As we taste, we'll also learn about the histories, cultures and communities that make the International District such an essential part of Seattle's identity.

*\*Meal is included.*



**MODERATELY  
DIFFICULT**



# BIG TREE HIKE

Wednesday, October 1

#42547

## PRICE:

\$69 Members

\$89 General Public

## INCLUDED:

Transportation,  
trip planning and  
snack.

## DEPARTURE:

Olympia 9:00 am

Lacey 9:30 am

## APPROXIMATE

## RETURN:

4:00 pm

Join us for a 1.5-mile hike along the beautiful Big Tree Trail in Kitsap County. This scenic trail winds through stunning old-growth forest, crosses over a serene creek and meanders down a few switchbacks before revealing the highlight: a massive Douglas Fir over 30 feet in circumference!

After our hike, we'll reward ourselves with lunch and treats at a favorite local restaurant.

*\*You are responsible for paying for your own meal.*



**DIFFICULT**



# EXPLORE POULSBO

Wednesday, October 8

#42548

## PRICE:

\$79 Members

\$99 General Public

## INCLUDED:

Transportation,  
trip planning,  
admissions and  
snack.

## DEPARTURE:

Olympia 8:30 am

Lacey: 9:00 am

## APPROXIMATE

## RETURN:

5:00 pm

Velkommen til Poulsbo! Join us for a charming day trip to Poulsbo, Washington's "Little Norway"!

We'll spend time browsing unique shops, savor a delicious lunch together, and visit two small history museums to learn about the town's fascinating heritage. A perfect outing to enjoy Poulsbo's delightful blend of shopping, culture and small-town charm!

We have tables reserved at a local restaurant.

*\*You are responsible for paying for your own meal.*





# PORT OF TACOMA BUS TOUR

Thursday, October 16

#42549

## PRICE:

\$99 Members

\$119 General Public

## INCLUDED:

Transportation,  
meal, bus tour, all  
admissions and  
snack.

## DEPARTURE:

Olympia 8:30 am

Lacey 9:00 am

## APPROXIMATE

## RETURN:

4:00 pm

This will be a day of celebrating the history and industry of our great state!

Join us for this very special private tour. This two-hour tour through the Port and the Tacoma Tideflats is about as close as you can get to international trade. Guided by our very own Port of Tacoma docent, we'll get a behind-the-scenes look at one of the busiest ports in North America.

After our tour we will have lunch together and if time permits, a visit to the Foss Waterway Seaport Museum.

*\*Meal is included.*





# IKEA

## Wednesday, November 5

## #42550

### PRICE:

\$69 Members

\$89 General Public

### INCLUDED:

Transportation,  
trip planning and  
snack.

### DEPARTURE:

Olympia 8:30 am

Lacey: 9:00 am

### APPROXIMATE

### RETURN:

3:30 pm

This trip is a wonderful opportunity to shop and gain inspiration for your home. Don't miss out on this fun experience!

With almost 400,000 sq ft of shopping space and a 600 seat restaurant, IKEA is more than just a store ...it's an experience. You'll have lots of time to browse the shopping center at your own pace and have a delicious lunch at the IKEA Swedish cafe.

*\*You are responsible for paying for your own meal.*



  
**EASY**

# Introducing Well Check!

*A friendly phone call can go a long way.*

## Feeling isolated or living alone?

You're not alone and we're here to help. Well Check is a free phone assurance program offering weekly calls from trained volunteers. It's all about connection, compassion and support.

## What You'll Get

- ✓ A weekly call from a friendly, trained volunteer
- ✓ Genuine conversation and emotional support
- ✓ A caring check-in to see how you're doing
- ✓ Monday - Friday scheduling available

**Sign up today!**

[southsoundseniors.org/wellcheck](https://southsoundseniors.org/wellcheck)  
[wellcheck@southsoundseniors.org](mailto:wellcheck@southsoundseniors.org)



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# EXTENDED TRAVEL IN 2026

All Extended Travel prices include roundtrip airfare from SeaTac, hometown transfers to and from the airport, all air taxes and fees. For more information about the Extended Travel itineraries and registrations, visit, call or email the Trips & Tours office.

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## MACKINAC ISLAND WITH COLLETTE TOURS

April 30 — May 8, 2026

**PRICE:** Double Occupancy: \$4,499 per person  
Single Occupancy: \$5,499 per person

This classic Midwestern tour features Illinois and Michigan. Savor two incredible nights amid the luxury of the Grand Hotel on Mackinac Island. Enjoy a horse and buggy tour of Mackinac Island. Explore the wonderful city of Chicago with a local guide. View extraordinary flowers in bloom at Holland's Tulip Time Festival. Visit historic homes and workshops of American icons.

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## DISCOVER BRITISH LANDSCAPES FEATURING THE ROYAL EDINBURGH MILITARY TATTOO WITH COLLETTE TOURS

August 23 — September 1, 2026

**PRICE:** Double Occupancy: \$5,599 per person  
Single Occupancy: \$6,699 per person

An adventure fit for a Shakespearean tale takes you from verdant hillsides to bustling British cities rich with culture. Experience Edinburgh's historic ambiance along the Royal Mile, visit Edinburgh Castle, and witness The Royal Edinburgh Military Tattoo. Enjoy medieval York Minster and the castle of Conwy in Wales. See the quintessential sights of London. Sleepy villages, grassy slopes, mountainside lakes, and cities built upon layers of history — these are the landscapes of Britain.

## **ALBUQUERQUE BALLOON FIESTA & SANTA FE WITH PREMIER TRAVEL**

**October 2 — 7, 2026**

**PRICE:** Double Occupancy: \$3,849 per person  
Single Occupancy: \$4,799 per person

Experience the Land of Enchantment: beautiful landscapes, history and architecture. Marvel at the world's largest & most famous Albuquerque Balloon Fiesta and the morning Mass Ascension. After the iconic "High Road to Taos", enjoy a guided tour through Taos Pueblo. This Pueblo is a UNESCO World Heritage Site dating back for over 1,000 years. Enjoy a 3 night stay in historic Santa Fe, America's oldest state capital city, featuring the Santa Fe Plaza, the Palace of the Governors, and a visit to the Loretto Chapel to learn of its mysterious past.

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## **DISCOVER AUSTRALIA'S OUTBACK TO NEW ZEALAND'S SOUTH ISLAND WITH COLLETTE TOURS**

**November 4 — 23, 2026**

**PRICE:** Double Occupancy: \$9,999 per person  
Single Occupancy: \$12,199 per person

Venture through the natural splendor of New Zealand's Southern Alps and the stillness of Australia's rugged Outback. Delve into the underwater world of the Great Barrier Reef. Take a "Dreamtime tour" in the Outback, introducing you to Aboriginal life and culture. Tour Sydney Opera House and enjoy a delightful dinner cruise of Sydney Harbour. Cruise Milford Sound. From Alice Springs and Uluru (Ayers Rock) to snow-capped peaks and fjords, explore the diverse wonders of the lands Down Under.

# UPCOMING BINGOS



21+ bingo nights alternating between the Virgil Clarkson Lacey Senior Center and the Olympia Senior Center are hosted by local storyteller Elizabeth Lord. Doors open 6:00 pm, games start at 7:00 pm. **Cash only entry, bar and snacks.** Enjoy \$60 game payouts, \$2 Special Games tickets, costume contest and a 50/50 raffle. Grab your friends and get ready to play bingo!



# GET READY TO PAINT THE TOWN

Fall Gala

October 11, 2025



This year, our annual Fall Gala invites guests to Paint the Town — a celebration of art, community and the vibrant creativity that brings us together.

Surrounded by stunning décor and artwork from our very own senior programs, guests will enjoy an elegant meal, fine wine and an evening filled with inspiration and connection. With live musical entertainment, compelling speakers and exciting silent and live auctions, it's sure to be a night to remember.

Tickets will be available online and at our centers in September. Mark your calendars and get ready to paint the town!

# Trips & Tours

Senior  
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FOR SOUTH SOUND

## Mark your calendars!

More trips are heading your way October 17 at the next Trips & Tours Showcase.

Virgil Clarkson Lacey Senior Center  
2:00 - 3:30 pm



Follow us on  
**facebook**



Book your trip today by calling  
360.586.6181 ext. 126 or visit  
[southsoundseniors.org/trips-tours](https://southsoundseniors.org/trips-tours)