

SHALOM

GREENSBORO

ENHANCE YOUR
JEWISH JOURNEY
INSPIRED LEARNING OPPORTUNITIES



From the
Campaign Trail
Your Gift Makes
a Difference p3

Cultivating the
Spirit of Inclusion
Keshet Connects
Jewish Values p11



FIELD TRIPS

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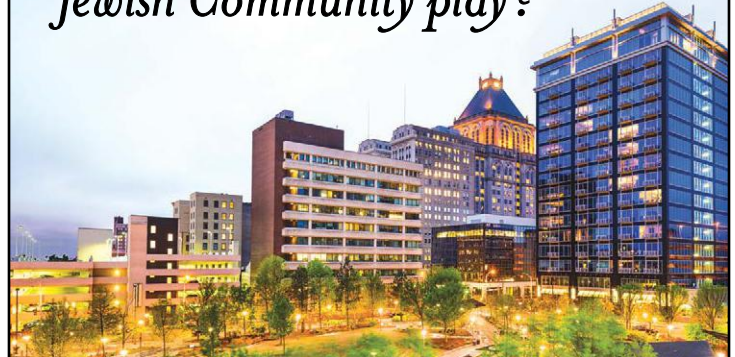
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THE GREENSBORO JEWISH FEDERATION'S
CARDOZO, IGNITE AND MAIMONIDES
SOCIETIES PRESENT

ATTRACTING and RETAINING TALENT in Greensboro:

*What role does the
Jewish Community play?*



PLEASE JOIN US

THURSDAY, MAY 16 AT 5:30 p.m.
at THE FRESH MARKET HEADQUARTERS
706 Green Valley Road

Featuring Panelists:

Larry Appel, *Fresh Market, Inc.*

Susan Ross, *Gilbarco Veeder Root*

Andy Zimmerman, *AZ Development*

Dr. David Gutterman, *LeBauer HealthCare*

Moderated by:

Tammi Thurm, *Greensboro City Council member*
with an introduction by

Sam Cone, *Pinsker Wealth Management*

Light refreshments served 5:30-6 p.m.
Panel discussion will begin promptly at 6 p.m.

No Fee to Attend

RSVP at shalomgreensboro.org
or call Dianne Hines (336) 852-5433 x233



Greensboro
JEWISH FEDERATION



LEARN WITHOUT LIMITS

This issue of *Shalom Greensboro* Magazine focuses on the many avenues of adult education in the Jewish community. Judaism teaches that education never ceases.

Within the pages, you'll discover educational opportunities based on career, spirituality and religious observance.

The feature article highlights a few of the affinity groups within the Greensboro Jewish Federation. The groups focus to further learning through speakers and shared experiences. Many of the programs are open to the community.

We hope this issue provides you more opportunities to get involved and learn something new.

Sue Simmons, President
Greensboro Jewish Federation

FEDERATION RECEIVES VISIT FROM MOLDOVAN AMBASSADOR

On a recent visit to the Greensboro Jewish Federation, Moldovan Ambassador Cristina Balan reflected on two ongoing initiatives that honor the contributions and history of the Jewish people in Moldova.

"We need to preserve the history of the Jewish people, because they are part of Moldovan heritage," said Balan.

Prior to becoming the Moldovan Ambassador to the U.S. last year, Balan oversaw reforms that opened up funding to restore one of the largest Jewish cemeteries in Eastern Europe. Within its 30 acres, the Jewish cemetery in Chisinau holds 40,000 graves — some dating as far back as 300 years.

The ambassador also expressed excitement about work being done to establish a Jewish Heritage Museum in Chisinau, the capitol of Moldova. Plans for the museum include a memorial to Jewish victims of the Holocaust. Balan cited the importance of including Holocaust curriculum in public education, noting that Moldova is the only Eastern European country currently having done so.

Ambassador Balan was greeted by GJF Executive Director Marilyn Forman Chandler, Federation staff and lay leaders, and briefed on the Greensboro Jewish community's close ties to Beltsi, Moldova.



Shelly Weiner, Ambassador Cristina Balan,
Steve Mackler, Irene Cohen

ON MY MIND:

NORTH CAROLINA SUPREME COURT JUSTICE MARK DAVIS: The Crown of a Good Name

By Marilyn Forman Chandler, *Executive Director*



Marilyn Forman
Chandler

It was a historic moment; one that I will treasure and remember for a good many years. The investiture of the 99th Justice; the first Jewish Associate Justice of the Supreme Court of North Carolina in its 200-year history, Mark Davis. It was an honor and a privilege to hear speaker after speaker address not only Justice Davis's qualifications for the position, but his involvement as an observant member of the Jewish faith. I sat in a wood-paneled courtroom with other colleagues, friends and family listening to the importance of the independent role of the judiciary; an impartial court that is separated from the other political branches of government.

The Honorable Burley B. Mitchell, Jr., retired Chief Justice of the N.C. Supreme Court, gave a remarkable testimony to history and to Davis: "Judge Davis will be the first member of the Jewish faith to serve on the N.C. Supreme Court in its 200-year history. I'm delighted that Governor Cooper has corrected this historical oversight. I am reminded that 103 years ago, in 1916, President Woodrow Wilson appointed Louis Brandeis as the first Jewish Justice of the Supreme Court of the United States. His confirmation took six months and was accompanied by openly anti-Semitic attacks. Brandeis persevered though and became one of the greatest justices ever to serve this nation. Today an outstanding university and law school bear his name. My hope for Mark, this court and this state is that he will follow in the footsteps of the great Brandeis."

Two Raleigh rabbis, Pinchas Herman and Eric Solomon, delivered both the invocation and the benediction beginning with *Tzedek, Tzedek, Tirdof*, Justice, Justice You Shall Pursue, and ending in the *Shehechyanu* prayer. The rabbis noted the momentous occasion and included a prayer that Justice Davis discern and interpret legal codes with justice and compassion, following on the shoulders of giants in N.C. and U.S. Jewish history. The Rabbis then ended with the priestly blessing. The moment brought tears to my eyes and to many others present.

It had taken the U.S. Senate six months to confirm Justice Brandeis and the state of N.C. two hundred years to confirm the first Jewish justice in our state Supreme Court. Louis D. Brandeis once said: "It is not wealth, it is not station, it is not social standing and ambition which can make us worthy of the Jewish name, of the Jewish heritage. To be worthy of them, we must live up to and with them. We must regard ourselves their custodians."

In *Pirkei Avot, the Sayings of our Ancestors*, Rabbi Shimon teaches us that there are three crowns: the crown of Torah, the crown of priesthood, and the crown of kingship; but the crown of a good name surpasses them all. The great Brandeis lived up to his name. May we all be witness to the legacy that Justice Davis will bring.



Justice Mark Davis and
Marcia Schwartz Davis
*Marcia is the sister of Nancy
(Frank) Brenner of Greensboro.*



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Judi Rossabi
Communications and
Corporate Partnership Manager

Dena Kovach
Design Editor and
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Jenny Kaiser
Contributing Editor

Mark Bochkis
Hillary Zaken
Contributing Writers

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FROM THE CAMPAIGN TRAIL: YOUR GIFT MAKES A DIFFERENCE



Erica Procton

It's been a fantastic year so far for our Federation's annual campaign. As of April 8, we have raised \$1.45 million dollars for our 2019 Campaign, just \$146,220 away from our goal of \$1.6 million dollars.

Our work is not done though. As we are on the heels of the yearly allocations process, we need your support more than ever to be able to provide critical funding to the local, national and

international agencies that rely on the Federation to help fund them each year. While the money we have raised so far is incredibly impressive, what has amazed me even more is the number of you, our campaign donors, who have chosen to increase your gifts this year. This has resulted in nearly \$60,000 in additional funds that have been raised.

As we prepare to celebrate Passover, I think about the way we begin our Seders. "Let all who are hungry come and eat". As a Jewish community, we have the power to make sure people in Greensboro and around the world do not go hungry this year. Whether that is through our JFS food pantry, supporting the JDC in their effort to reach Jews in the former Soviet Union or through one of the many other ways your gift makes an impact, I invite you to help make a difference in our world.

Your gift helps Holocaust survivors to live with the dignity and comfort they deserve. Your gift helps a young interfaith family grow closer to Judaism, and each other, with the PJ Library book that arrives at

their door. Your gift connects new generations to Israel through Birthright and Masa Israel journeys. And much more.

Your gift goes wherever it is needed most. If disaster strikes, you provide critical relief. You help ensure that none of our most vulnerable go without food, shelter or medicine.

You do all this through your gift to Federation. But it can't happen without you. You make a difference in Jewish lives with your ongoing support for the Greensboro Jewish Federation. You matter Greensboro.

“Your gift goes wherever it is needed most.”



It all starts with you.

Every day, the Greensboro Jewish Federation supports programs that feed, shelter, counsel and rescue thousands of people here at home, in Israel and around the world. It's our responsibility. It's our privilege. It's who we are.

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Thinking About End of Life Issues

End of life planning is an important topic to address before a crisis occurs. Temple Emanuel and Jewish Family Services (JFS) recently partnered to offer a hands-on series of two programs. The programs were well attended and were designed to take a topic not often discussed and give it a public forum so important practical considerations could be better addressed.

Part one of the series featured Rabbi Fred Guttman as moderator of a panel that consisted of Dr. Ed Green, a physician in private practice, Marcia Vanard, LCSW, Vice President of Counseling, Education and Support Services at Hospice and Palliative Care, and Betsy Gamburg, LCSW, JFS Director.

Dr. Green shared reflections and suggestions for better patient care from the physician's point of view, while Vanard addressed important aspects of North Carolina's Health Care Power of Attorney and Advance Directive form, and Gamburg spoke on end of life caregiving issues.

The second part of the series provided information regarding Jewish funeral and ritual practices and the Hebrew cemetery and was led by Rabbi Guttman, Paul Benson, Chair of the Temple Cemetery committee and Hank Guttman, member of the committee.

Important resources for dealing with end of life issues include doctors, rabbis, JFS, and Hospice and Palliative Care of Greensboro. For those who need assistance in completing an advance directive, an appointment can be scheduled [at no charge] with Hospice and Palliative Care of Greensboro. JFS can also provide the form.

Purim Mask-making



Presented by JFS Chai Notes and the Creative Aging Network. Funded in part by the BJH Foundation for Senior Services.



Muriel and Cindy Hoff



Phyllis Jerome and Harvey Tilles



Darlene Davidson

PASSOVER SENIOR LUNCHEON

Hosted by Jewish Family Services, Beth David Vatikim and Temple Emanuel Friendship Circle, the Passover Senior luncheon is a long standing tradition in the Jewish community. This year, 140+ older adults joined together for a traditional Seder and delicious lunch. Rabbi Andy Koren led the Seder; Rabbi Fred Guttman played the piano and shared remarks; Cantor Mitchel Sommers sang beautiful traditional songs. Everyone had a lovely time. Thank you to all volunteers who helped make this happen, to our sponsors, AARP and the BJH Foundation for Senior Services, and most of all, thank you to everyone who came to the luncheon.

TODAH RABAH

Thank you to the following people for contributions to Jewish Family Services. All contributions to JFS are used to support JFS programs and services and those in the Greensboro community unless otherwise specified by the donor.

JEWISH FAMILY SERVICES

Nahomi and Jonathan Harkavy
Robin Lecin
Charles Popper
Weisberger Family Designated Fund

In Honor:

Of: Phyllis Shavitz receiving the Kipnis-Wilson/Friedland Award
From: Susan and Freddy Robinson

In Memory:

Of: Mary Berkelhammer's brother
From: Shelly Weiner
Of: Ziva London's brother
From: Shelly Weiner
Of: Al Jacobson
From: Betty and Ben Cone, Jr.

CONGREGATIONAL NURSE PROGRAM

In Honor:

Of: Marlene Baruch
From: Maddie Reed

FOOD PANTRY

B'nai Shalom Day School
Helene Weinstein

In Honor:

Of: Carly Dunno
From: Maddie Reed
Of: David Frazier
From: Maddie Reed
Of: Judi Rossabi
From: Maddie Reed

We apologize if we have missed anyone's contribution. Please call Jewish Family Services (336) 852-4829 x222 if we missed you, and we will include you in the next issue. The minimum donation for each submission is \$10.00. Thank you.



Jewish Family Services and Hillel Get to Know Each Other

Whether it's selling *hamantaschen* on campus, having Shabbat dinners, discussing issues, or hanging out in the lounge, UNCG Hillel provides students with ways to be Jewish that fit who they are.

JFS staff members Betsy Gamburg, Director, and David Frazier, Volunteer Coordinator, recently toured UNCG Hillel with Director Vicki Cathcart, who talked about the many ways that the faith communities work together as well as the programs and opportunities that Hillel makes available to Jewish students on campus.

"Our Jewish organizations can learn much from each other and look forward to new opportunities to work together," said Betsy, who enjoyed visiting with staff and students at UNCG Hillel and also touring the interfaith campus building where UNCG Hillel is housed.

Following the tour, JFS staff had a dialogue with students about their interests and needs as young people on a large university campus. Jewish and non-Jewish resources in Greensboro, volunteer possibilities, the nature and work of Jewish non-profits, and providing opportunities for special needs students were some of the areas of student interest that were discussed.

Both organizations hope to continue this relationship with students coming to JFS to work in the food pantry or using space in the Federation building as a means of learning more about the Jewish community.

VOTER EDUCATION STARTS NOW



Voter education and information on the new NC Voter ID law was the focus of a recent program held at New Hope Missionary Baptist Church. The event was attended by JFS staff members Betsy Gamburg and David Frazier.

"The new law has been pushed to 2020 for implementation, but rules are currently being promulgated," according to Betsy Gamburg, JFS Director.

Pictured (left to right) are Terri Flam-Goldberg, community advocate for voting rights, Betsy Gamburg,

JFS, attorney Laura Wright, Southern Coalition for Social Justice, Rabbi Phil Cohen, David Frazier, JFS, and Kate Fellman (forefront), Founder and Director of You Can Vote.

Jewish Family Services offers education to the Greensboro Jewish community in nonpartisan aspects of voting and provides transportation to the polls. To learn more or get involved, call JFS at (336) 852-4829.

JOIN US
SUNDAY, MAY 5



Mitzvah Day

JEWISH COMMUNITY AFTERNOON AT THE BALLPARK



**SUNDAY
JUNE 2
@ 2 PM**

Join the Triad Jewish Community at the Greensboro Grasshoppers game. Children can play catch on the field before the game (1-1:30 p.m.) and run the bases after the game. Be in your seats early for a Rabbinic first pitch!

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Featured on the Cover (clockwise from top) are Laurie Lloyd, Norm Regal, Caren Appel, David Altman, Ryan Luft and Amy Chrystal

AFFINITY GROUPS Strengthen Professional Relationships

Connect with professional peers by joining one of Greensboro Jewish Federation's affinity groups. The groups promote fellowship, learning, volunteerism and philanthropy, allowing like-minded professionals to support Jewish causes here and abroad.



Composed of Jewish healthcare providers and students planning to enter a healthcare occupation, **The Maimonides Society** encourages

and strengthens community among its members, provides programming and public service opportunities for *tikkun olam*, and supports local and overseas Jewish communities.



CARDOZO SOCIETY

Open to all members of the legal profession and law students in the Greensboro Jewish community, **The Cardozo Society** is committed to strengthening relationships

through educational, social and philanthropic activities, as well as communal involvement opportunities for networking and leadership roles within the Jewish community.



Recognizing the rich heritage of Jewish businesses in the Triad, **Ignite** is an educational forum welcoming business and professional members

of the Triad Jewish community. Through interactive conversation with business and community leaders who have ties to the Triad Jewish community, Ignite provides a unique venue to promote social responsibility, community building and continuing education.

Affinity groups enable individuals to strengthen their personal and professional network of contacts, pursue a commitment to Jewish values, and enjoy being part of the extended Jewish family in the heart of Greensboro. For more information contact Emily Gray, (336) 852-5433 x237. Watch the community calendar at www.shalomgreensboro.org for upcoming events.



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WHO IS WISE?

He who learns from every person.

Pirkei Avot 4:1



Learning is so often focused on the young. Adult education is different. It's not about getting on the honor roll or earning the grades to get into college. It's about exploring your passions, deepening your understanding or furthering your career.

The Greensboro Jewish Federation recognizes this, and has ways to keep active learning a part of every community member's life. Different groups within the Federation; such as the Women's Philanthropy Collective, the Cardozo Society, the Maimonides Society, and Ignite, focus on different topics.

Many community members are trying to adopt a healthier lifestyle, and the Women's Campaign recently filled that need by designing a women-only event focused on healthy eating. Caren Appel and Amy Chrystal invited Laurie Lloyd, a local holistic coach, nutritional consultant, and wellness influencer to share how eating healthy can change your life.

More than 50 women from across the community showed up to learn how to prepare dishes using fresh vegetables, and to discuss how living healthy isn't universal. "There isn't a one size fits all. Everyone needs to find what food works for their lifestyle," said Erica Procton.

But the Federation doesn't just support lifestyle programs. Professional development opportunities abound, and the Cardozo Society (named for Benjamin Cardozo, Associate Justice of the U.S. Supreme Court) offers many programs for lawyers and legal professionals.

"The Cardozo Society's goal is to bring together Jewish legal professionals for education purposes and networking," said Ryan Luft, chair of the Cardozo Society. The group organizes lunch time programs to discuss legal updates or hot topics. The format is designed so lawyers will be able to get Continuing Education credit needed for the state bar.

"Lawyers are interested in how you can bring in the Jewish perspective," Luft added. "We try to bring in Jewish ethical perspectives, in addition to the legal perspective, to our discussions."

The lawyers are also involved in the community,

recently engaging in mentorship activities with the younger generation of legal minds. Several Cardozo Society members were judges for the Moot Beit Din competition held at the American Hebrew Academy, a national competition designed to provide high school students with a firsthand look at the Jewish legal system. Students from around the country argued Jewish ethics cases regarding eating meat and how the meat is raised. Afterwards, attendees mingled and met with the students and discussed ethics in a more informal setting.

The Maimonides Society is committed to being at the forefront of Jewish education, networking, philanthropy and social action for members of the healthcare professions. This society is named for the great 12th-century Jewish physician and sage, Moses ben Maimon, also known as Rambam. Maimonides' major contribution to Jewish life remains the Mishneh Torah, his code of Jewish law.

The Federation also supports the creation of new groups that meet the adult education needs of the community.

Ignite, a newer group in the Federation family, aims to create a currency of connection within the professional community. This fall, the group hosted a leadership seminar with speaker David Altman about collaborative leadership. Participants engaged in meaningful group work focusing on their collaborative styles and the best ways to lead a team.

Elizabeth Bader, chair of Ignite, felt the event was a success. "People were not in a hurry to leave. A handful of people continued their discussion all the way into the parking lot ... For us, even one connection is a win and we made several."

Education isn't limited to the young. It's all around the community. Pirkei Avot says he who learns from every person is wise. Let's all be wise.

“It's about exploring your passions, deepening your understanding or furthering your career.”

ON THE TOWN



Caren Appel, Campaign Chair Erica Procton, Laurie Lloyd and Amy Chrystal

LIVING LIGHT WITH LAURIE LLOYD



An evening of health and wellness with popular Instagram blogger Laurie Lloyd was a big hit for local Jewish women. Laurie's dynamic presentation shared tips for 'living light' and offered nutritional

advice that can benefit anyone. Guests were treated to tasty dishes from Laurie's personal recipes prepared by Painted Plate Chef Brad Semon. The event was chaired by Caren Appel and Amy Chrystal and held downtown at HQ Greensboro. Thank you to everyone who participated in this delicious spring event.



Sara Lee Saperstein, Susan Pinsker



Lisa Shapiro, Amy Epstein, Deb Schoenhoff



Laurie Regal, Kim Wainer



Marcie Morris, Mackenzie Morris



Daniela Saad with Leah, Barbara and Scott Nietlich

PREPPING FOR PURIM

Making creative and colorful masks, along with fun (and noisy!) groggers was a hit with the younger crowd as PJ Library Greensboro teamed up with American Hebrew Academy in an afternoon of Purim prep that was enjoyed by children, parents and grandparents. The event took place in the Maker Space at AHA and was well attended. Fun was had by all.



Everly and Addie Dunno



Rima (r.) and Naomi Kleiner

Skylar and Dylan Kaplan with Sophie Rivkin-Fish





GREENSBORO
JEWISH FEDERATION
MEN'S VIP BRUNCH

Event Chairs
Jason Mostofsky
and Norm Regal

What could be more fun than seeing an array of gorgeous Ferrari's at Foreign Cars Italia? Add in a delicious brunch by Painted Plate Catering and more than sixty men from the Greensboro Jewish community; including fathers, sons and grandfathers, and you get an amazing morning of fellowship, fun and seeing the latest high-performance automobiles, while enjoying the best brunch south of Carnegie Deli. Thank you to event chairs Norm Regal and Jason Mostofsky and to food chair Leon Davidowitz.



Brian Kaiser and Leo Kaiser



Ed Lurey, Richard Fox



Food Chair Leon Davidowitz



Howie Mezer, Tomas Levi, Steve Bombart



Jason Mostofsky, Brian Ross,
Scott Feldman



Lenny Samet, Tom Sloan



Simon Solomon, Norm Regal



Ron Garcia, Jason Davis



Micah Goldstein,
Andrew Romer



Campaign Chair
Raffi Simel

2019 Rina Sky Wolfgang MEMORIAL SCHOLARSHIP



Rina Sky Wolfgang

The Jewish Foundation of Greensboro is pleased to announce The Rina Sky Wolfgang Memorial Scholarship for a second year. The Scholarship provides an annual award to a graduating senior from Grimsley High School.

To qualify, the student must be a senior at Grimsley High School, plan to attend a post-secondary college or vocational program, and demonstrate that they have overcome obstacles or adversities in their own life to achieve their goals.

The scholarship guidelines and application can be found at www.JewishFoundationNC.org. Applications must be received by Monday, June 3, 2019.

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NC Council of Charitable Gift Planners, Winter Seminar

Board members: Carolyn DeFrancesco, *Elon University*; Beth MacKethan, *UNC Chapel Hill*; Chris Hoyt, *Guest speaker*; Geoff Graham, *Appalachian State University*; Susan Gutterman, *JFG*; Greg Abeyounis, *East Carolina University*



Meeting of the Strategic Planning Committee

Members: Freddy Robinson, Sam Cone, Jerry Pinsker, Sara Lee Saperstein, Joyce Shuman, Committee Chair; Susan Gutterman, Mike Berkelhammer, Randall Kaplan



AHA Lawrence M. Cohen Scholars

Nathan Pennell, Benjamin Schneid, Abbey Negin, Ben Negin, Alex Gould



Purim Event - North Carolina Museum of Art

Left: Susan Gutterman, Supreme Court Justice Mark Davis, Marcia Davis
Right: Carol Guld, Jeri D'Lugin



KESHET TRAINING for Board Members and Staff



Joanna Ware

The Jewish community in Greensboro is very good at listening. Listening when Israel needs aid. Listening when families need support. Listening when a growing population needs representation.

The LGBTQ population is growing. According to The Movement Advancement Project, more than 300,000 people in North Carolina identify as Lesbian, Gay, Bisexual, Transgender or Queer.

“There is a strong desire for the Jewish community to be welcoming to the LGBTQ community,” said Jewish Family Services (JFS) Program Specialist, Jenny Schultz.

Schultz believes the community is making strides to be inclusive, but, in her own words, “everything is changing when it comes to gender issues. The vocabulary is changing really quickly so people need to understand appropriate language and the meaning of those words so we can be as welcoming as possible.”

To meet this need for inclusivity education, Betsy Gamburg, Director of Jewish Family Services, decided JFS would partner with Keshet; the national organization that works for full LGBTQ equality and inclusion in Jewish life. Joanna Ware, a Senior Keshet Inclusion Trainer, traveled to Greensboro and led workshops for the lay leadership and staff of the Greensboro Jewish Federation, JFS, Jewish Foundation of Greensboro and BJH Foundation.

“We want to ensure that we are doing all we can to guarantee that all persons feel welcome and safe in our community,” explained Gamburg, who underscored that this is the first step in the inclusion process.

The evening program was designed for the leadership of the three organizations. More than 20 board members participated in a workshop focusing on the Jewish values that support inclusion and diversity, the complexities of language and terminology and how to impact organizational life.

For JFS board member Harvey Katz: “It is important to hear a new interpretation of the Torah and Midrash. Being open to those interpretations shows progress. Judaism is, although slowly, making an effort to tie our history as a people to the acceptance of anyone.”



“The community is making strides to be inclusive.”

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COMMUNITY

BETH DAVID SYNAGOGUE Offers a Deeper Understanding of Jewish Texts and Traditions



What is adult education at Beth David? Simply put, the synagogue's goal for adult education is to offer topics to congregants and the community they would be interested in learning. The wide variety of classes and workshops focus on spirituality and a deeper understanding of Jewish texts and traditions.

The Tuesday morning Torah Study is heavily attended. It attracts people from the Jewish Community

as well as secular Greensboro. "I really enjoy team teaching the Pirkei Avot class with Rabbi Ben Gideon," said Jason Cathcart, Director of Education at Beth David. "I love teaching the content. It's interesting to look at a traditional Rabbinic text through the lens of our Greensboro community. Seeing how we can take those ethical lessons and they cross religious bridges... The lessons of treating people kindly and being thoughtful in the way we act transcend all of our religious beliefs."

A recent class, *Expanding the Table*, discussed how to incorporate non-Jewish family and friends into the Passover Seder. The premise is how the Seder table is a place for interfaith education. Cathcart posed the question, "How to invite our non-Jewish family [and friends] and help them to feel part of the Seder experience not apart from the experience?"

Beth David is constantly reviewing their educational offerings. They love hearing what the community likes and what they want to learn. For more information on Adult Education at Beth David, go to www.bethdavidsynagogue.org/adult-education.

JTRIAD: Education Gained Through Experience

JTriad focuses on learning through volunteerism and professional experiences. So much of life is learned by doing, that's what serving on the board of JTriad provides members. Current board members have successfully leveraged the experience gained through JTriad, both professionally and personally, and have found their experience to be a hugely beneficial resume item.

"I didn't think twice before putting my JTriad board experience on my resume," said JTriad board member, Adam Lazovik. "It's not just about the experience, it shows I'm active in a local community organization, which can set me apart from other candidates. "

“Volunteering as a JTriad board member is a unique opportunity to service the young professional Jewish community.”

Volunteering builds skills such as leadership, event planning, member engagement, marketing, web design, fundraising, and budgeting experience. Volunteering as a JTriad board member is a unique opportunity to service the young professional Jewish community in the Triad - and with just a two-year term in place, JTriad is able to offer this experience to a good number of its members.

JTriad is run by a small committee of dedicated volunteers and is supported by the Greensboro Jewish Federation, Temple Emanuel of Greensboro, Temple Emanuel of Winston Salem, and Beth David Synagogue.

For more information on events, visit www.jtriad.com or join the JTriad Facebook group.



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B'NAI SHALOM: Students Thrive at Songleader Boot Camp

B'nai Shalom Day School sixth graders attended SLBC - Songleader Boot Camp, a national Jewish leadership conference on the cutting edge of innovative, inspiring Jewish music, learning and community.*

Accompanied by Rabbi Rebecca Ben Gideon and Sarah Neff, students participated in a powerful, music-soaked Jewish leadership training alongside clergy, Jewish educators, religious and day school teachers, family engagement and early childhood specialists, teen leaders, Jewish camping staff, and veteran and new songleaders.



Led by nationally renowned Jewish thought leaders, educators, and music artists, SLBC teaches participants specific skills and strategies to inspire transformative change in their Jewish communities. At SLBC, education and inspiration are grounded in strategic planning.

Sixth graders joined with other middle school students from Milwaukee and St. Louis for sessions designed just for them, in addition to attending sessions with the adults.

Students learned how to create divrei Torah on paper towels, as well as how to engage younger students with PJ library books using drama and games. Jewish musician Rick Recht, who leads the conference along with his wife Elisa, taught students the basics of using their bodies, breath and minds to lead with energy and passion.

Students were exposed to various creative approaches to prayer and Jewish thought that broadened their perspectives on what Jewish life can be. One session included joining high schoolers and teens for a creative Tefillah dance party led by featured artist Mikey Pauker. This session was a fan favorite!

Before leaving, students set goals and made a plan for what they would like to bring back to B'nai Shalom. On the bus to the airport, students were already busy brainstorming ideas to add to Jewish life at B'nai.

"I loved the sense of community at SLBC," said one participant who hopes to build tefillot that will "make our community stronger."

"I want people to feel happy to come to tefillot, like we did at SLBC," said another. Our tefillot, said a third student, "should help build our identities as Jews."

Describing their vision for Tefillah at B'nai, students said they want to build more excitement, variety, togetherness, participation, and dancing. Students also expressed a desire to build on a session they attended by incorporating broader ideas about God into tefillot.

At the airport, students also planned first steps toward these goals that include the following: teaching a niggun by Josh Warshawsky to other students, asking Rabbi Joshua Ben-Gideon to borrow his drum box, creating a shared playlist of new tunes learned at the conference, and making sure there is time during school to plan together how to bring the SLBC ruach to back to B'nai.

**This was made possible by a grant from the Rich Lerner Family through Greensboro Jewish Federation.*

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A BOUNTIFUL HARVEST at the Academy's Botany Lab



The Dr. Charlotte K. Frank Center for Plant Science & Ecology is the only high school laboratory in the US dedicated to hydroponics, providing students with hands-on opportunities to understand environmental science and the connection to Israel and the Jewish people. Under the leadership of Science faculty member and lab director, Louise Crown, the lab and its students are flourishing. In addition to the weekly harvest of fresh herbs and leafy greens, students recently experimented with growing root vegetables and peppers. Their first harvest was beyond expectation. The vegetables were shared in the Dining Pavilion and the pesto by Chef Paul [from basil grown in the lab] filled the room with a delightful aroma!

ARK: ACTS of RANDOM KINDNESS



The students of the American Hebrew Academy have established the Four Corners Tzedakah Fund as a student-led, student-run philanthropic organization whose goal is to bring about positive change in the world.

Since its establishment in 2004, they have donated thousands of dollars to various charities around the world, voted upon by the student body.

Their newest fundraising project, ARK - Acts of Random Kindness, will help to "change" the world one mitzvah at a time. Each Academy student was given a small plastic *tzedakah* box shaped like Noah's ark. This little boat is a reminder of Noah's mission to repair the world after its destruction.

The idea of the ARK project began in South Africa and is spreading worldwide. Acts of random kindness are selfless planned or spontaneous deeds that bring joy and happiness to others. When students have filled their arks with coins, the contents will be distributed to non-profit organizations in the Greensboro area, where they will make the most difference and "change" the world for the better.

TEMPLE EMANUEL: Expanding Educational Boundaries for Middle School Students

Temple Emanuel's educational philosophy views adolescents as first-stage adult learners, rather than as bigger versions of elementary students. One example of this is the gender-specific programs which take place once each month during Sunday School.

"Over a decade ago, we as Temple's Rabbis listened to what our girls were saying. They needed space to talk with their peers. At times, it was because boys were saying or doing problematic things. At other times, it was because programs were taking place at school or through local churches. Our youth needed a Jewish vocabulary as they made their way through the confusing years of adolescence," noted Rabbi Andy Koren who has directed Temple's religious education programs since 2003.



Temple Emanuel was one of the first congregations to adopt *Moving Tradition's Rosh Hodesh: It's A Girl Thing* program. Peer-conversations are facilitated by Temple educators who use professionally-developed curricular resources to guide their work with Middle School students.

Soon after the successful launch of Rosh Hodesh, Temple helped pioneer *Moving Tradition's Shevet* program for boys providing them with "guy space" where they can explore what masculinity and being Jewish means to them. Shevet offers them a more "honest," "relevant," and "cool" way to participate in Jewish life.



Parents and students agree that these programs are critical for today's Jewish youth as they approach adulthood. They also appreciate that, beginning in the 8th grade, Temple uses the Reform Movement's Sacred Choices curriculum, utilizing local experts to work with co-ed groups on ethics and building appropriate relationships.

“These programs are critical for today’s Jewish youth as they approach adulthood.”

BJH FOUNDATION: The Importance of Community



Community is an interesting word. According to Merriam-Webster the word community is a unified body of individuals, a social state or condition. Through various community programs, BJH Foundation strives to help all Jewish adults age gracefully by awarding grants for programs connecting Jewish seniors, some with varying degrees of mental and or physical health issues, to needed life improving services in North and South Carolina.

As one ages, community becomes more important. The individual's community grows smaller as lives change, people move or pass away. Maintaining a sense of community helps one feel young and independent, even if some help is needed for daily living matters.

Communities are created in many different forms. People may be part of multiple communities. Some are groups of family, social friends, educational and art related groups, volunteer programs, congregational life or living in a community setting.

Each community fills a different need within the individual. The more connected a person feels to others and various communities, the greater their outlook for a long productive life.

Loneliness has a profound effect on the health and well-being of a person. The last time you were in a community situation, did you see someone new? Did you say hello and welcome them? Reaching out to others, putting a smile on their face makes them feel part of a community.

For additional information regarding BJH Foundation or other matters, contact Wendee Cutler, wcutler@bjhfoundation.org or (336) 854-8400.

“BJH Foundation strives to help all Jewish adults age gracefully.”

ADULT EDUCATION: A Cornerstone of Greensboro Chabad



Standing in front of a group of professionals, a PowerPoint presentation at his side, Rabbi Yosef Plotkin is in his element. Since he and his wife, Rebbetzin Hindy Plotkin, founded the Chabad Jewish Center, adult education has formed the bedrock of their work.

The couple began small, teaching intimate groups of two or three around their dining room table. Today, class sizes may swell to several dozen, but the purpose remains the same: ensuring that every Jewish person, regardless of age and level of Jewish education, has access to authentic Torah learning.

Hindy Plotkin's offerings evolve as she finds new areas to explore with her students. At times, she shares insights on the weekly Torah portion, and her current series is devoted to the meaning and sanctity of Shabbat.

For 10 years running, the rabbi has been teaching Tanya, the foundational work of Chabad philosophy every Monday. His Tuesdays and Wednesdays are devoted to lectures he gives as an affiliate of the JLI (Jewish Learning Institute), which draw the largest crowd.

Yet, despite his packed schedule (he also teaches several courses at AHA), he makes sure to teach one-on-one, giving people the opportunity to learn Talmud or Judaic subject of their choice.

“Torah is the foundation of Jewish life,” he explains. “The Zohar teaches that G-d, Torah, and Israel are tied to one another. It's a sacred calling to enable members of our community to be part of this special bond.”



PJ LIBRARY: A Program For Families

The PJ Library Parent Connector Program has been a success since it began in the summer of 2018. Many new families have signed up to receive PJ Library books. A monthly PJ Baby Playgroup was implemented for subscribers under one year of age. The play group has had great turnout, as families really enjoy spending time with one another.

The Parent Connector also hosts 1-2 smaller, more intimate gatherings per month, so that families can get to know one another on a deeper level. Thanks to a generous grant from the Leon Levine Foundation in partnership with the Harold Grinspoon Foundation, the PJ Library Greensboro Parent Connector program has been renewed for another year.

HAPPENINGS: UPCOMING EVENTS IN OUR COMMUNITY

WEDNESDAY, MAY 1

Community Yom Hashoah Program
7 - 9 p.m. Beth David Synagogue
Featuring the award-winning film, *Who Will Write Our History*. Sponsored by Beth David Synagogue, Greensboro Jewish Federation, and Temple Emanuel.

SUNDAY, MAY 5

TE Mitzvah Day Kick-off Breakfast
8:30 a.m. TE Jefferson Rd Campus
Mitzvah Day brings the entire Jewish community together to volunteer throughout the greater Greensboro area. This year offers new programs such as *Operation Bed Roll*, *SPCA Dog Adoption*, *Letters to the Military*, *Streetwatch* and more. Service projects begin after the kick-off breakfast.

TUESDAY, MAY 7

Chabad New Six Session JLI Course begins
7:30 - 9 p.m. Chabad

WEDNESDAY, MAY 8

Chabad New Six Session JLI Course begins
11:30 a.m. - 1 p.m. Chabad

Community Yom Ha'atzmaut Celebration

7 p.m. TE Jefferson Rd Campus
Featuring performer, singer, songwriter and broadcaster Batsheva. Sponsored by Temple Emanuel, Greensboro Jewish Federation, and Beth David Synagogue. Event is open to all.

THURSDAY, MAY 9

BSDS Annual Zimriyah Show
6:30 - 8 p.m. BD Social Hall
Performed by preschoolers through 8th graders - don't miss this night of song and smiles.

FRIDAY, MAY 10

TE Shabbat Service & Dinner with Rabbi Tirza Firestone
6:30 p.m. TE Jefferson Rd Campus
Reservations required. Cost: \$15pp
RSVP at www.tegreensboro.org.

SATURDAY, MAY 11

TE Women's program with Rabbi Tirza Firestone
9 a.m. TE Jefferson Rd Campus
4 - 6 p.m. Wine & Cheese with Rabbi Firestone

TUESDAY, MAY 14

BD Vatikim
12 noon Beth David Synagogue
Beth David Seniors are invited for lunch and socializing. Rabbi Joshua Ben-Gideon speaker. \$5 Kosher buffet. Vatikim is generously supported by the BJH Foundation and the William A. Stern Foundation.

TE Child Migrant Study Session

7 p.m. TE Jefferson Rd Campus

WEDNESDAY, MAY 15

TE Friendship Circle Program - "A Senior on Safari"

12 noon Federation Building
For more information, contact Brenda Henley (336) 292-7899 or bhenley@tegreensboro.org.

THURSDAY, MAY 16

JFS CarFit
1 - 4 p.m. Federation Parking Lot
JFS and AARP present program to help people to be positioned properly in their vehicle for safety. Reserve a time slot to be evaluated - call Marlene Baruch (336) 852-4829 x224 for more information or to sign up. [see ad inside back cover]

GJF Cardozo/Ignite/Maimonides Society Joint Event

5:30 - 7 p.m. The Fresh Market HQ
706 Green Valley Rd
Attracting and Retaining Talent in Greensboro: What role does the Jewish Community play? RSVP: Contact Dianne Hines (336) 852-5433 x233. [see ad inside front cover]

BD Annual Meeting

7 p.m. Beth David Synagogue
Beth David's annual congregational meeting.

SUNDAY, MAY 19

BD Kosher Smokeout
11 a.m. - 5 p.m. Beth David Synagogue
Beth David presents the first ever Greensboro Kosher Meat Festival. Enjoy plenty of food, a brisket competition, and activities for the whole family!

PJ Library Book Nook and Raffle

11 a.m. - 4 p.m. Beth David Synagogue
For children of all ages and parents
Contact Carly Dunno (336) 852-5433 x243.

AHA Red Cross Blood Drive

12 noon - 5 p.m. AHA Dining Pavilion
For more information, contact Janice Fermon, jfermon@aha-net.org.

THURSDAY, MAY 23

Chabad Lag B'omer Community Cookout
4:30 p.m. Chabad

TE Annual Meeting

6 p.m. TE Jefferson Road Campus

SATURDAY, MAY 25

BD Confirmation Shabbat
9:30 a.m. Beth David Synagogue
Honor the 2019 confirmation class at Shabbat services.

SUNDAY, MAY 26

BD Out of the Garden
2 p.m. Lindley Elementary School
Help give healthy, fresh food to families.

BD StreetWatch

4 p.m. 211 S. Greene St
Sign up to volunteer or drop off food at www.bethdavidsynagogue.org.

MONDAY, MAY 27

AHA Graduation Ceremony
10 a.m. Temple Emanuel

TUESDAY, MAY 28

JFS Trip for older adults to NC Museum of Art

Trip is full. To be placed on the waiting list contact David Frazier, dfrazier@shalomgreensboro.org or call (336) 852-4829 x227.

SUNDAY, JUNE 2

Jewish Community Afternoon at the Ballpark

2 p.m. First National Bank Field
Children can play catch on the field before the game (1 - 1:30 p.m.) and run the bases after the game. Tickets are \$9 and are available at www.shalomgreensboro.org. [see ad inside page 6]

TUESDAY, JUNE 4

BD Israel Scouts Friendship Caravan
7 p.m. Beth David Synagogue
Enjoy a concert from the Israel Scouts Friendship Caravan.

WEDNESDAY, JUNE 5

TE Friendship Circle Program
12 noon TE Jefferson Rd Campus
Jennie Spallone will review her latest novel, *Smashing Castles*. For more information, contact Brenda Henley (336) 292-7899 or bhenley@tegreensboro.org.

GJF, JFG, JFS Annual Meeting

7 - 8:30 p.m. Federation Building
Accomplishments of the corporation, election and installation of new board members, membership updates, special awards. Reception to follow meeting. Please RSVP to Dianne Hines, (336) 852-5433 x233.

THURSDAY, JUNE 6

JFS Caregiver Support Group
10 a.m. Federation Building

SATURDAY, JUNE 8

BD Erev Shavuot Tikkun Night of study
7:30 p.m. Beth David Synagogue

SUNDAY, JUNE 9

Chabad Shavuot Ice Cream Party & Children's Program
9 a.m. - 1 p.m. Chabad
11 a.m. Reading of Ten Commandments

TE Shavuot Yizkor Service

5:45 p.m. TE Greene Street Campus

SUNDAY, JUNE 23

BD Out of the Garden
2 p.m. Lindley Elementary School
Help give healthy, fresh food to families.

BD partners with StreetWatch

4 p.m. 211 S. Greene St.
Sign up to volunteer or drop off food at www.bethdavidsynagogue.org.

WEDNESDAY, JUNE 19

TE Friendship Circle
12 noon TE Jefferson Rd Campus
Staying on Your Feet: Preventing Balance & Preventing Falls with Dr. Logan Barbour, PT, DPT. For more information, contact Brenda Henley (336) 292-7899 or bhenley@tegreensboro.org.

MONDAY, JUNE 24

Chabad Camp Gan Israel Begins
[see ad inside front cover]

For complete information on all upcoming events in our community, visit the Jewish Community Calendar at www.shalomgreensboro.org.



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Visit our websites to see the latest happenings.

MAY/JUNE HAPPENINGS

Here are our top to do's! Join us!

- **Proximity Mother's Day Buffet: May 12**
Tickets at ProximityHotel.com
- **O. Henry Jazz & Package:** See the schedule and learn more at OHenryHotel.com.
- **Pop-Up Dance Club: May 3 & June 7**
Learn more at PrintWorksBistro.com
- **Cake Decorating Class: July 13 | 10:30 AM**
Order tickets online at GreenValleyGrill.com
- **Summer Hotel Offers & Packages:** Book your weekend getaway, EMF Package or more at OHenryHotel.com or ProximityHotel.com
- **Songs from a Southern Kitchen:** See the schedule and learn more at Lucky32.com.
- **Summer Menus:** We're featuring some favorite ingredients: tomatoes, cucumbers, strawberries, asparagus, salmon, trout and more...oh my.

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Jewish Foundation of Greensboro

Wednesday, June 5
7- 8:30 p.m. at Federation Building

FEATURING:

- Accomplishments of the Corporation
- Election and Installation of new Board members
- Membership Updates
- Special Awards

RECEPTION TO FOLLOW MEETING

RSVP to Dianne Hines (336) 852-5433 x233
or email dhines@shalomgreensboro.org

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