



**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

*Supporting local businesses*

DECEMBER 2024

QUARTERLY E-MAGAZINE



**Shop Local**

**This Christmas**

BUSINESS SUPPORT

MEET THE CHAMBER


LOCAL OFFERS

EVENTS

NETWORKING

LOCAL HEROES

AND MORE....



The Blarney & District Chamber of  
Commerce meets every Friday at the  
Blarney Castle Hotel

9:00 - 10:00 am for networking and  
business support.

Tea/Coffee, scones and pastries are served  
for €5 per person

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# Marlene Griffin

CHAIRPERSON OF THE BLARNEY &  
DISTRICT CHAMBER OF COMMERCE



## JOINING THE CHAMBER

We want your business to succeed and grow with the help of the Blarney & District Chamber of Commerce.

The Benefits of joining the chamber:

Online Magazine Content

Listed On The Chamber Website

Facebook, Instagram & Twitter Platforms

Weekly Meetings

Networking Events

Business Development & Growth

Social Events

Referrals From Members

**Annual Membership rates: 1 year €200**

<https://blarneychamber.com/membership/>

## CONTACT DETAILS

Email: [admin@blarneychamber.com](mailto:admin@blarneychamber.com)

Phone: 086 162 6000

<https://blarneychamber.com/>

Dear Friends,

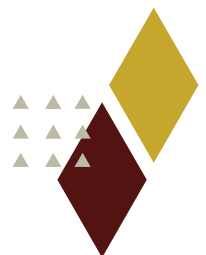
As the joyous season of Christmas approaches, I want to take a moment to extend my heartfelt wishes to you and your loved ones. Christmas is a time to cherish the warmth of togetherness, to reflect on the blessings of the year gone by, and to spread love and kindness wherever we go.

In the spirit of the season, let us celebrate the magic of giving, the joy of sharing, and the beauty of hope. May this Christmas bring peace, happiness, and countless cherished moments to you and your families.

Thank you for being part of our journey this year. Wishing you a Merry Christmas and a prosperous New Year filled with endless opportunities and success.

Warm regards,

Marlene Griffin  
Chairperson  
Blarney and District Chamber





**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

# SHOP L♥CAL



Small businesses are the heart of the community, show them your love.

# #ShopLocal

# What do our members say?

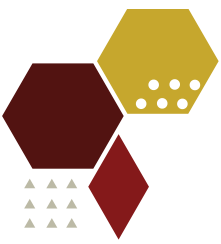


"Most important is the support I have received and the connections I have made while a member of the Chamber, regularly doing business with a huge variety of product and service provider members, and those members regularly doing business with me."

"Being a member of the chamber ensures you are never far away from someone that is as keen as you are to offer help, advice and assistance (no always business) to fellow members. You can't put a price on these values."



"Becoming a member of the Blarney & District Chamber of Commerce has helped us to get to know other businesses in the area while also helping to promote the economic and tourist development of Blarney and supporting local employment."



# HOW TO SUPPORT YOUR friend's small business WITHOUT SPENDING ANY MONEY

@ADRIAADAMSCO

  
SHARE  
THEIR  
POST

LIKE  
THEIR  
POST  


  
TAG A  
FRIEND

COMMENT  
SOMETHING  
NICE  


COMMENT  
AN EMOJI  


  
POST  
A PIC  
(especially if  
you do purchase  
something)

SHOUT  
THEM  
OUT  


  
LEAVE A  
REVIEW

# Food in Blarney

Blarney & District is the place for good food. It can be difficult to choose where to go for a meal so we have compiled a list of tasty places (please note, this list is not comprehensive and we might have missed some great places - let us know if we did).



Una & Ian Forrest have used lockdown to revamp the **Castle Hotel**, bar and restaurant with an eye for detail and great design while still maintaining the character of the well-known Blarney icon. Traditional Irish food is served with traditional Irish hospitality by great staff. You can enjoy tasty food in the cosy bar, stylish restaurant or in the new roofed and heated outdoor space - no matter where you decide, you will feel relaxed and well looked after. Call (021) 438 5116 for bookings



The **Blarney Woollen Mills** doesn't need any introduction but did you know that they are serving a tasty Sunday lunch? Or breakfast, or lunch and even an elegant afternoon tea? Meet your friends at the Mills and enjoy a piece of history in Blarney.

Call (021) 438 5011 or email [info@blarneywoollenmillshotel.com](mailto:info@blarneywoollenmillshotel.com) for inquiries.



# Food in Blarney



Corrinne Austin and her family have made Blarney their home and have brought with them some tasty recipes from their South African heritage with an Irish twist. **Corrinne's Kitchen** has become a must for food lovers in Blarney, Ballincollig and beyond. Don't feel like cooking? Let Corrinne do it for you instead. You can choose from simple bakes to more elaborate catering - everything is prepared by hand and with a lot of care. Call 083 069 6984 or email [corrinne.austin@gmail.com](mailto:corrinne.austin@gmail.com) for inquiries



**Blarney Castle** is always worth a visit - not only for the amazing grounds, interesting features and stunning gardens but the cafe is a wonderful place to warm up in winter while enjoying a hot cup of tea and a bite to eat. What is better after a brisk walk than to sit down to local food, served by local staff?

Visit [www.blarneycastle.ie](http://www.blarneycastle.ie) for details



**The Oriel House Hotel** is a must visit when in Ballincollig - the bar-restaurant with a lovely outdoor space is a busy spot for catching up with friends and colleagues. The menu features a nice mix of contemporary Irish cuisine catering for vegetarians and children as well. Why not meet up for Afternoon Tea - delicious and elegant - it will make you smile in seconds. Excellent staff, attention to detail will make any visit an experience.

Visit [www.orielhousehotel.ie](http://www.orielhousehotel.ie) for details



# Food in Blarney



**sika cafe & wine bar** - The Square, Blarney  
Nestled in the heart of Blarney, Sika Café and Wine Bar is your perfect retreat from the hustle and bustle of everyday life. Whether you're starting your day with a perfectly brewed cup of coffee or winding down with a glass of our award-winning wine, we're here to make every moment special.



***Blarney & District have so many wonderful and tasty food offerings - it is difficult to create a complete list but we think we have a good mix selected for you***



In case you have planned a safe family gathering and would like something different, why not let Francis & Ken of **The Good Life Hog Roast** do the work for you? The tastiest of free-range pork - bred and raised on the family farm near Tower - and the crispest of crackling you will ever eat. The team can cater for outdoor and indoor gatherings. Call 087 908 8009 for inquiries.



**Muskerry Arms** - you can't miss the much loved pub and restaurant at The Square in Blarney. Food is served all day in the bar and heated beer garden to the rear.  
Call (021) 438 5200 for bookings

# Food in Blarney



**The Claddagh** - under new management since before the lockdown, it has quickly become a favourite for gatherings at The Square in Blarney. A mixed menu, catering for all tastes. Call (021) 438 3342 for bookings



**EATinIT** - for an Italian treat, why not try this little gem next to the bus stop in Blarney. Traditional Italian food and bakes, you will enjoy your stay. Call 089 420 2422 for bookings



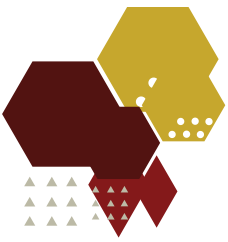
**Blairs Inn** - heading out to Cloghroe it is a must to stop at this traditional Irish pub with a huge reputation for excellent food and hospitality. Choose from a delicious menu and pair your food with one of the many craft beers on offer. Call (021) 438 1470 for bookings



**The Angler's Rest** has undergone a huge makeover under new ownership and you might find it difficult to get a table - so early booking is advised. Located at Leemount Cross, free parking is across the road. Call (021) 235 5699 for bookings



**Blarney Burger** Kerbside pickup | No-contact delivery | No dine-in.. Call (085) 867 1386.  
Menu: [blarneyburger.ie](http://blarneyburger.ie) The Square, Blarney, T23 YA34



# *Blarney Trades*

This page lists those vital people we frequently rely on or are often looking for a referral for - the trades that keep everything running smoothly from plumbing to car repairs, electricians to carpenters, etc.

## **CRIME STOPPERS SECURITY**

**Phone:** 021 2339040 / 0877069069

**Email:** [info@crime-stoppers.ie](mailto:info@crime-stoppers.ie)

**Website:** <https://www.crime-stoppers.ie>

## **MARTIN CROWLEY ELECTRICAL**

<https://www.facebook.com/martincrowleyelectrical/>

**Phone:** 085 1218458

**Address:** 1 Ashdale House, Blarney, Cork,  
T23E954

**Email:** [martincrowleyelectrical@gmail.com](mailto:martincrowleyelectrical@gmail.com)

## **TOWER AUTO CENTRE**

**Address:** Model Village, Tower T23 FA37,  
Blarney

**Phone:** 086 2578807

**Email:** [edhealy58@gmail.com](mailto:edhealy58@gmail.com)

**Facebook:** <https://www.facebook.com/edwardhealyandsonsgarage/>

## **K&M LANDSCAPING & GROUNDWORKS**

**Address:** Willison Meadows, Blarney

**Phone:** 086 1038710

**Email:** [Bart.murphy52@gmail.com](mailto:Bart.murphy52@gmail.com)

**Website:** <https://www.facebook.com/bartc2019/>

## **O'CONNELL CRASH REPAIRS**

**Address:** Whitechurch, Co. Cork

**Phone:** 087 2541306

**Email:** [adrian@occrashrepairs.ie](mailto:adrian@occrashrepairs.ie)

**Website:** <http://occrashrepairs.ie/>

## **VICTOR DALY DECORATOR**

**Address:** Blarney

**Phone:** 085 1337217

**Email:** [victordaly.decorator@gmail.com](mailto:victordaly.decorator@gmail.com)

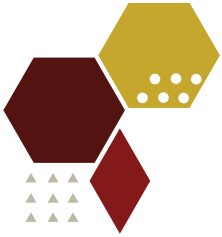
## **WINDY ACRE GARDEN DESIGNS**

**Address:** Vicarstown, Co. Cork

**Phone:** 087 4021397

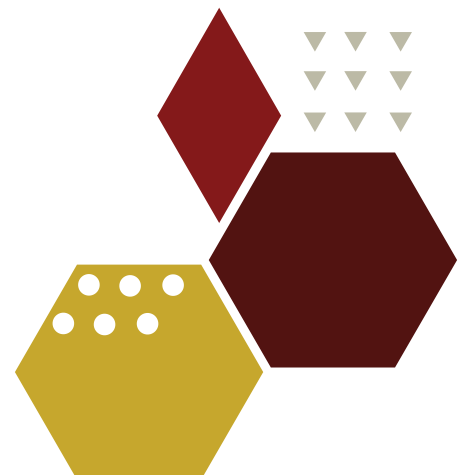
**Email:** [windyacredesigns@gmail.com](mailto:windyacredesigns@gmail.com)

**Website:** <https://windyacredesigns.com/>



**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

***Meet the Chamber Members***





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***AD QUANTITY SURVEYORS***

AD Quantity Surveyors is a Client focused Quantity Surveying company based in Blarney Co.Cork providing Quantity Surveying Services and Cost Management advice to Clients through out Munster for their construction projects from inception to completion including, feasibility cost estimates, value engineering, budget cost estimates, procurement, preparation of pricing documents, tendering and post-contract cost management.

If you are planning your dream home or extending your existing home and feel some of our services may benefit your project please contact us for more information.



ADAM DAWES

"Blarney and District Chamber of Commerce strives on supporting local businesses through encouragement, advertisement and the wealth of knowledge from other members with different business backgrounds ensuring great advice for any questions. All the members are only a message away and so friendly, approachable and willing to help which has really benefited my businesses. I would encourage any small business to join."



**AD QUANTITY SURVEYORS**



**Address:** Blarney

**Phone:** 087 2141692

**Email:** [adawesqs@gmail.com](mailto:adawesqs@gmail.com)

**Website:** <https://www.adqs.ie/>



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***AIB BLARNEY***

### **Your Individual Banking Needs**

AIB Blarney brings a unique local knowledge and understanding of customers and their needs. We recognise that your time is precious so at AIB Blarney we offer experienced bank staff who will be available to discuss your individual banking needs.

Whether you are thinking of changing your car, buying your first home or wish to save for a rainy day, we are here to talk things through and provide useful and informative advice



FINULA GOGGIN

“Being a member of the Blarney Chamber gives me and my colleagues the opportunity to meet & support local businesses in our community.”

**Address:** The Square, Blarney

**Phone:** (021) 4388206

**Website:** <https://aib.ie/branches/cork/blarney/>





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

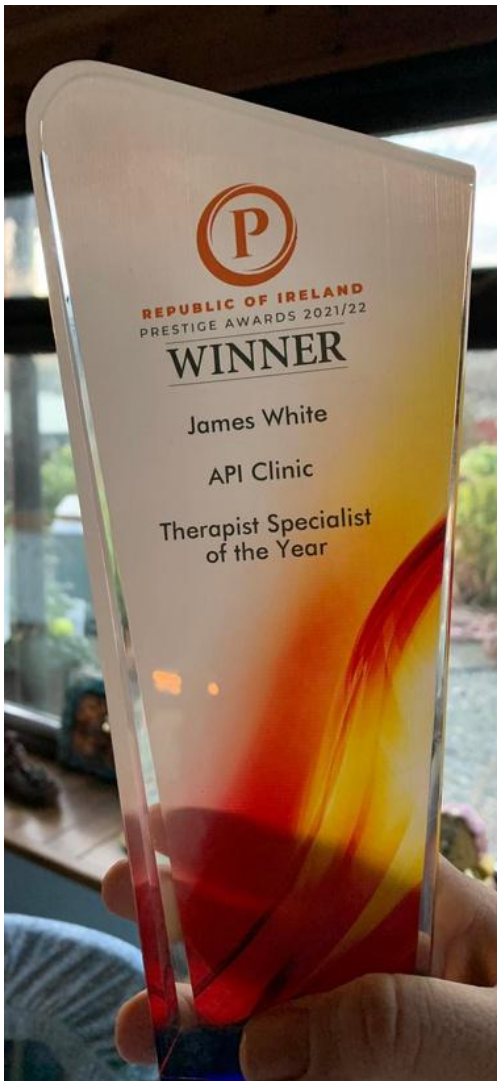
## ***API CLINIC***

James holds a Masters diploma in Clinical Hypno-psychotherapy and brings a unique blend of over 8 years of experience in the area of mental health challenges. He also holds certification in Mindfulness Education, Hypno-counselling, Meditation, Training, Diploma in MBCT (Mindfulness based cognitive therapy), and Diploma in MBSR (Mindfulness based stress reduction).

James is also a volunteer Director at Cork Cancer Care Centre ([www.corkcancercarecentre.ie](http://www.corkcancercarecentre.ie)) a charity that is very close to his heart.



JAMES P. WHITE



**Address:** St. Paul's Avenue, Cork City,

**Phone:** 087 3385640

**Email:** [jamesapiclinic@gmail.com](mailto:jamesapiclinic@gmail.com)

**Website:** <https://apiclinics.com/>





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## **BEAUTY BY KATRINA**

Beauty By Katrina is a locally owned Beauty Salon located in Blarney village. We offer a wide range of beauty treatments using the best quality and top branded products. We strive to give each of our clients individual bespoke treatments leaving them feeling extra special leaving our salon.

Visit our Website & Online shop for all your beauty needs, free delivery and free gifts with purchase available.



KATRINA MYERS

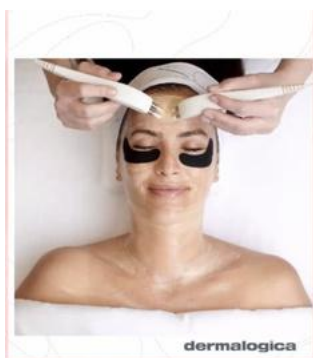


**Address:** Unit 3a, Blarney Shopping Centre, Blarney

**Phone:** (021) 4384535

**Email:** beautybykatrinam@outlook.com

**Website:** <https://www.beautybykatrina.ie/>



### New Pro Eye Flash Treatment

- Bright Eyes in a Flash!
- Tones, Smooths & Brightens the eye contour
- Pro Power Eye Peel
- Minimises appearance of fine lines & wrinkles
- Patch Test required

*Beauty by Katrina*  
0214384535



### New BT Nano 'non surgical' Facelift Facial

- Sculpts, Lifts, Firms, Refines...need we say more?
- Revive & Rejuvenate tired skin
- Ultimate microcurrent device
- No pain, immediate results
- Lifts poor tone & Revitalize dull skin

*Beauty by Katrina*  
0214384535





# Meet our Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***BETHAVEN COACHING***

Combining her background in music education with transformative mindset coaching, Betty provides a unique service, where she specializes in helping women who may feel stuck or stressed in their jobs or businesses, to get re-energised so that they find more purpose and fulfilment. She offers a range of services including one-to-one coaching and a variety of group programmes.

She also delivers inspiring talks and workshops nationally, and internationally, as part of her mission to show her clients that it's never too late to fulfil your dreams and passion.

### **Testimonial**

“Before working with Betty, I was stuck on the treadmill of work and a busy family and schedule, resulting in feeling there was no way to make changes in my life for the better, even though I knew there was a better way to live my life. As soon as we started, Betty motivated me to find out why I was stuck and resistant to change.

Her natural and gentle approach makes you feel good about yourself. I learned that unless I changed as a person, then my world would stay the same. Since working with Betty, it has been exciting to see the changes in me, my confidence has soared, I am more motivated with a more clear path forward, and I have a new belief in achieving all my goals. (Cliona,, Dentist)”



BETTY FITZGERALD

**Address:** Longstone Whitechurch Co. Cork.

**Phone:** 086 8843748

**Email:** bettyfitzgerald20@gmail.com

**Facebook:** <https://www.facebook.com/betty.fitzgerald.509>



**My Monday Mission Post**

I am in a mission to help midlife women become unstuck, so that they feel more joy and purpose in their work and lives ♥



BETTY FITZGERALD

## **MIDLIFE MOMENTUM** *For Midlife Women*



Go from stuck, stressed, and unhappy in your current work, to igniting your purpose, feeling more joy, fulfilment, and turn your passion into profits





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***BLARNEY CARAVAN & CAMPING PARK***

Blarney Caravan and Camping Park is a four-star Failte Ireland registered family-run park situated eight kilometres from Cork city and three from Blarney village. The park is gently sloping and well sheltered, with views of Blarney Castle and the surrounding countryside. Whether you're camping, touring in a caravan, or travelling by Motorhome nothing's too much trouble for our staff who are on hand to help and advise at all times. Should you wish to visit us often, then you can always store your caravan in our storage area as an easy option.

Blarney Pitch & Putt course is a beautifully maintained 18 hole course established since 1995, overlooking the world famous Blarney Castle and surrounding countryside. The Course is open for green fees 7 days a week and is only 10 minutes' drive from Cork City. With large golf like greens and beautifully maintained fairways this course is a pleasure for both beginners and experienced players alike.

**BLARNEY PITCH & PUTT NOW OPEN**



CON QUILL

"Becoming a member of the Blarney & District Chamber of Commerce has helped us to get to know other businesses in the area while also helping to promote the economic and tourist development of Blarney and supporting local employment."



**Address:** Stoneview, Blarney

**Phone:** 021 4516519

**Email:** [info@blarneycaravanpark.com](mailto:info@blarneycaravanpark.com)

**Website:** <https://blarneycaravanpark.com/>





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***BLARNEY CASTLE***

We have Gift Vouchers available for our 6 & 12 month memberships which can be bought online from

[https://ie.patronbase.com/\\_BlarneyCastle/Products/Vouchers](https://ie.patronbase.com/_BlarneyCastle/Products/Vouchers)

Details of our memberships can be found at [blarneycastle.ie](http://blarneycastle.ie)

Our current opening times are 9am – 5pm with last admission at 4pm!

Hope you all have a wonderful Christmas and we hope to see you in the gardens soon!



**BLARNEY CASTLE  
& GARDENS**

THE HOME OF THE BLARNEY STONE



CHARLES COLTHURST

**Address:** Blarney

**Phone:** 021 4385252

**Email:** [info@blarneycastle.ie](mailto:info@blarneycastle.ie)

**Website:** <https://www.blarneycastle.ie/>





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***BLARNEY CASTLE HOTEL***

We offer accommodation, food and functions in our traditional hotel. Recently refurbished en-suite rooms, a bar with live music on weekends and traditional music midweek, the restaurant menu is also available in the bar. Our function room caters for weddings, birthday, anniversary parties and other social gatherings. In summer our patio room is available for hire for bbqs.



IAN & UNA FORREST

**Address:** The Square, Blarney, Co. Cork

**Phone:** 021 438 5116

**Email:** [info@blarneycastlehotel.com](mailto:info@blarneycastlehotel.com)

**Website:** <https://www.blarneycastlehotel.com>





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***BLARNEY OSTEOPATHIC CLINIC***

Osteopathy is a way of detecting and treating damaged parts of the body such as muscles, ligaments, nerves and joints. When the body is balanced and efficient, it will function at its optimum.

All osteopathic techniques are safe, gentle and highly effective.

Everyone from the newborn to the older person can benefit from osteopathic treatment.

- **Disc Injuries**
- **Back Pain**
- **Neck & Shoulder Pain**
- **Whiplash Injuries**
- **Migraines / Headaches**
- **Sinus / Hayfever**
- **Hip, Knee & Ankle Pain**
- **Disturbed Sleeping Patterns**
- **Arthritic Conditions**
- **Pre & Post Natal Care**
- **Pregnancy Related Pain**
- **Pubic Symphysis Pain**
- **Birthing Trauma**
- **Colic / Wind / Reflux**
- **Feeding Difficulties**
- **Behavioural Problems**

Judith O'Sullivan and her team have been providing Osteopathic care in Cork since 2007.



JUDITH O'SULLIVAN

**Address:** Ashdale House, Blarney

**Phone:** 021 2348807

**Website:** <https://www.blarneyosteopaths.com/>



**Jye Adamson**



**Marine Schirru**

Your local OCI Registered Osteopaths



**Please Scan To Learn More About Us And Osteopathy**



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***BLARNEY WOOLLEN MILLS***

Originally established in 1823, Blarney Woollen Mills is proud to be a family run Irish business. Our unique store is the largest Irish shop in the world and showcases the best of what Ireland has to offer from knitwear, activewear, fashion and gifts to Meadows & Byrne's exclusive homewares and furnishings.

### BLARNEY WOOLLEN MILLS

<https://www.facebook.com/blarneywoollenmills>

Still delivering our wide array of products worldwide via

Website [www.blarney.com](http://www.blarney.com)

Phone via our dedicated phone sales team 021-4516144

### THE MILL RESTAURANT-BLARNEY WOOLLEN MILLS:

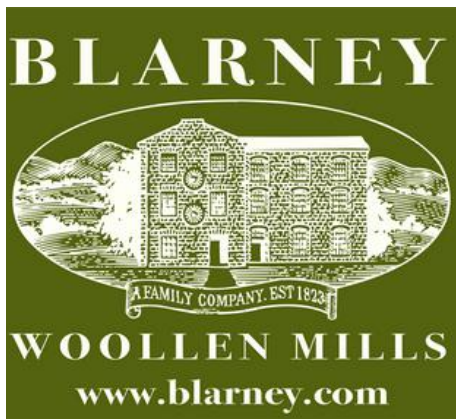
Offering great tasting take-out meals 7 days a week from 10am to 4pm. Order online at

<https://themillblarney.clickandcollection.com/>



GILLIAN HAYES

"Since joining the chamber of Commerce I have received great advice and knowledge from the other members. It is a real community feeling with a great sense of support at the end of the phone at any time."



**Address:** The Square, Sean Lower, Blarney, Co. Cork T23 H63K

**Phone:** 087 2054104

**Email:** [gillianhayes@blarney.com](mailto:gillianhayes@blarney.com)

**Website:** <https://blarney.com/>



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***BLIZZARD SPORTS***

Blizzard Sports™ is a trusted Irish Sports company based in Cork. We offer full customisation and supply Sports Goods in your design and logo. We handle your designing, manufacturing, quality controls and shipment your goods to your door.

Currently we are working with many GAA, Taekwondo, Karate, Boxing, Jiu-Jitsu, MMA and Football clubs in and out of Ireland. We also offer services to companies who are looking to purchase T-shirts, Hoodies, vests and jackets in their branding. Please give us a call or drop in to our store at the above address.

Follow us on Instagram: @blizardsports @blizzardsportsofficial  
FB: <https://m.facebook.com/blizzardsports.ie/>



KASHIF JAMIL (KASH)



**Address:** Unit 31, North Point Business Park, New Mallow Road, Cork

**Phone:** 087 9116042

**Email:** [blizzardsportsireland@gmail.com](mailto:blizzardsportsireland@gmail.com)

**Website:** <https://www.blizzardsports.ie/>





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***BRAND BLARNEY***

### **News in the Clogheenmilcon Fen:**

'The Father Of The Fen' documentary was launched on 17th of Oct to acknowledge all the hardwork Tom O'Byrne has done in making the Clogheenmilcon Fen what it is today.

Brand Blarney were delighted to win the Category 4-Climate Action & Biodiversity (City) Award at the IPB Pride of Place Awards 2024 in conjunction with Co-operation Ireland. This was for Brand Blarney's work with the beautiful 100-acre Clogheenmilcon Fen in Blarney.

Cork City Council won the Excellence in Local Government Award for Biodiversity in relation to the works at the Clogheenmilcon Fen. Donal Guerin accepted the award on behalf of Cork City Council. Brand Blarney sits on the board of management of the Clogheenmilcon Fen and works closely with the Council.

Tom O' Byrne has been chosen to receive the prestigious Lifetime Achievement Award by The Environmental Forum for his foresight and vision in creating the beautiful Clogheenmilcon Fen over 35 years ago & working quietly to preserve, protect and enhance the habitats and species over all those years! Tom is part of Brand Blarney, Congratulations, Tom!

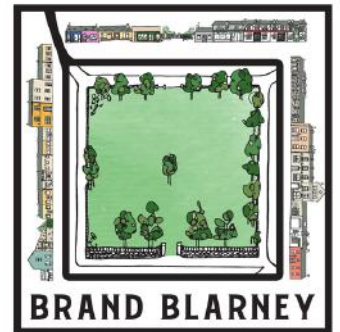


BRAND BLARNEY

**Email:** [talktome@brandblarney.com](mailto:talktome@brandblarney.com)

**Website:** <https://aloadofblarney.ie/>

**Facebook:** <https://www.facebook.com/BrandBlarney>







# Meet the Members

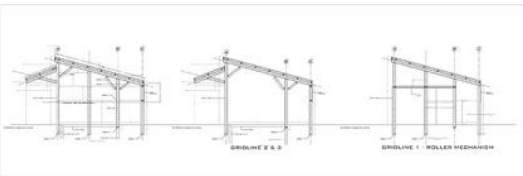
**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***BYRNE PLANNING LIMITED***

Byrne Planning Limited are a Planning and Construction Consultancy offering advice on a range of services.

If you have a new project or an old project, get in touch for an initial consultation and we can discuss, what you require.

Plans, documents, and submissions to Local Authorities for all types of planning permissions, new builds, renovations, conservations, extensions, office and café layouts.



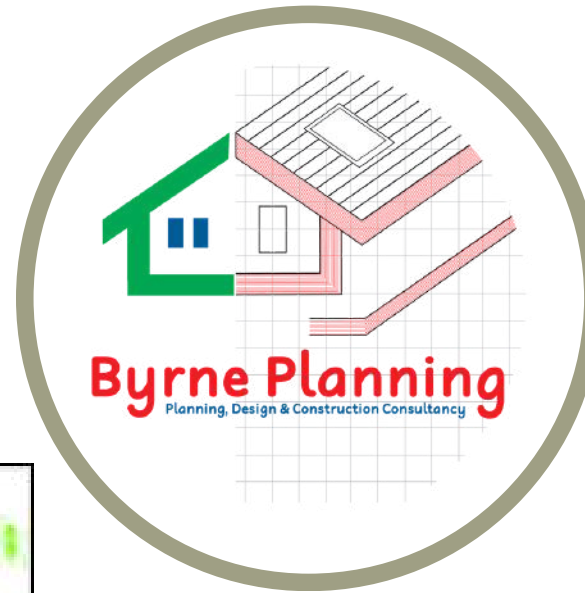
We have been involved in the planning and construction of creches, cafés, bars, hotels and hostels. farm buildings, retail warehousing

We can provide planning permissions for small estate, from feasibility right through to planning permission.



We can provide pre-purchase inspection reports for all types of buildings. snag lists, feasibility reports, agri buildings, farm mapping, folio mapping.

New builds, extensions, retention permissions and surveys of existing buildings, from old stone farm buildings to new builds.



PAUL BYRNE

**Address:** 97 Woodfield, Station Road, Blarney, County Cork  
**Phone:** 086 2440 665  
**Email:** [info@byrneplanning.com](mailto:info@byrneplanning.com)

**BYRNE PLANNING LIMITED**

CONSTRUCTION CONSULTANCY  
PLANNING PERMISSIONS  
FOLIO MAPPING  
BUILDING SURVEYS  
INSPECTION REPORTS  
PROJECT MANAGEMENT

RESIDENTIAL | HOSPITALITY | RETAIL | INDUSTRIAL | COMMERCIAL



# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## **CINDERELLA'S CLOSET** **Multi Award Winning Bridal Boutique**

Cinderella's Closet is the dream destination for your First Holy Communion shopping experience.

Our amazing 2025 communion collections are ready. We look forward to welcoming the many Princesses and helping them find their perfect dress or jumpsuit for their very special day.

Our multi-award winning 3,000 sq. ft. showroom is conveniently located at North Point House, North Point Business Park, Mallow Road, Cork, T23AT2P which is only 8 minutes from Cork city centre with free parking.

Your appointment will take place in your family's own private consultation suite with a dedicated consultant.

You can book your appointment at [www.cinderellascloset.ie](http://www.cinderellascloset.ie) (we work by appointment only). The €20 booking deposit is fully refundable on the day or if you give at least 48 hours of cancellation.



CLAIRE DILWORTH



[www.cinderellascloset.ie](http://www.cinderellascloset.ie)



**CINDERELLA'S CLOSET**  
BOUTIQUE

**Address:** Unit 1, North Point House, NorthPoint Business Park, New Mallow Road, Cork T23AT2P

**Phone:** 021 4225000

**Website:** <https://cinderellascloset.ie/>

**Email:** [info@cinderellascloset.ie](mailto:info@cinderellascloset.ie)

**FB:** [www.facebook.com/CINDERELLASCLOSET](https://www.facebook.com/CINDERELLASCLOSET)

**Linkedin:** [linkedin.com/in/clairdilworth](https://www.linkedin.com/in/clairdilworth)

**Youtube:** <https://www.youtube.com/channel/UCmLNybjB8rdPXP8pEkbYA>

**Instagram:** [https://www.instagram.com/cinderellas\\_closet\\_cork](https://www.instagram.com/cinderellas_closet_cork)



# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***COLEMAN PROPERTY LTD.***

### **Selling made simple**

At Coleman Property auctioneers & valuers, we are sale, letting and letting management agents for both residential and commercial property. We are a boutique family-run agency based in Whitechurch. We understand that selling or letting your property can be a stressful process, that's why we offer a high-quality tailored service to each of our clients. We pride ourselves on our open communication, efficiency and exceeding client expectations. Contact us today to arrange a complimentary valuation on your property.

Our service offers;

- Residential and Commercial property valuation
- Residential and Commercial property sale
- Residential and Commercial property letting
- Residential and Commercial letting management
- Property/ asset consultancy



JOHN & MAIRIN COLEMAN

**Address:** Kilcronan, Whitechurch, Cork

**Tel:** 0858401226

**Website:** <https://www.colemanproperty.ie/>

**Email:** [info@colemanproperty.ie](mailto:info@colemanproperty.ie)



**COLEMAN  
PROPERTY**

**DEVELOPMENT LAND for sale**

MILE STREAM, SHANAKIEL, CO. CORK

Fantastic opportunity to acquire urban development land with planning permission granted for 16 bungalows

087 251 3310 | [info@colemanproperty.ie](mailto:info@colemanproperty.ie)

**SALE AGREED**

SIMILAR PROPERTY WANTED

087 251 3310 | [E: info@colemanproperty.ie](mailto:info@colemanproperty.ie) | [www.colemanproperty.ie](http://www.colemanproperty.ie)

**SOLD!**

WOBURN COURT, LOWER GLANMIRE RD, CORK



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***CORK CPC TRAINING***



We are Cork CPC Training, a family run -business. The CPC stands for Certificate of Professional Competence in the transport industry. All drivers wishing to drive professionally must do one days training every year to be compliant.

We run CPC every Friday, Saturday and Sunday at our NEW location at The Radisson Blu, Eastgate Little Island.

Our start time is 8am and finish at 4pm. We have a lovely bright room with a desk per customer and enough room to socially distance everyone. Tea and coffee at 11am. Lunch can be preordered starting at €10.00 and ready for lunchtime.

We have our Modules up online [www.corkcpctraining.com](http://www.corkcpctraining.com). It is very easy to book, however if you are not comfortable using a computer please phone Mary on 087 2667191 and she will only be delighted to do it for you.

Stay safe

Jim and Mary Mulcahy



JIM MULCAHY  
MARY RING MULCAHY

"I look forward to the weekly meetings, it's an informative hour of chat, coffee, fun and great to hear how other businesses are progressing."



**Phone:** 087 2667191

**Email:** [info@corkcpctraining.com](mailto:info@corkcpctraining.com)

**Website:** <https://www.corkcpctraining.com/>



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***CORK THERAPY CENTRE***

The practice treats a wide range of injuries including back and neck pain, sciatica, shoulder injuries, tennis elbow, hip, knee and foot injuries, biomechanical dysfunction, paediatrics and many more. Our clientele vary from babies to elderly people, from Olympic athletes to fun runners.

We work in conjunction with Doctors, Consultants, Coaches and Gym Instructors. We remain open throughout all levels for face to face sessions while adhering to strict HSE guidelines.

We also provide online consultations and online Pilates classes



ERIC WOLFE

"The Chamber of Commerce has been excellent for promoting the local businesses of Blarney and district. It has put local businesses front and centre with its shop local ethos. It has provided great support and encouragement to small business owners in this difficult time."

**Address:** Unit 4, Tower Shopping Centre, Tower, Blarney

**Phone:** (021) 4384882

**Email:** corktherapycentre@gmail.com

**Website:** <https://corktherapycentre.com/>





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***CORRINNE'S KITCHEN***

### **In-house Private Catering**

I cater for private functions. Cooking is my passion and I try to embody that in my food. My South African heritage is an influence when creating flavourful, unique and exclusive menus. I use quality ingredients and try to focus on artisan, Irish produce. All food is handmade and only the best ingredients are used. I serve the Cork area within a 40 min drive of Blarney.

### **Catering for collection**

I also offer catering for collection. This option includes vegetarian and baked goods only. I can provide a range of dishes for you to collect and enjoy at home.

Order and enquiry forms on my website @ [www.corrinneskitchen.ie](http://www.corrinneskitchen.ie)

FB: [www.facebook.com/corrinneskitchen](https://www.facebook.com/corrinneskitchen)



CORRINNE AUSTIN

"I became a member of the chamber shortly after launching my home catering business in Blarney. I have made numerous contacts through the chamber's networking meetings. I've secured new customers, I've met so many new people and made friends. :)  
I felt welcomed into the community and have benefitted from advertising on the chamber social media outlets. I loved the social evenings out, the chats, and encouragement. "



Phone: +353 830696984

Email: [corrinne.austin@gmail.com](mailto:corrinne.austin@gmail.com)

Website: <https://corrinneskitchen.ie>





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***CRIME STOPPERS SECURITY***

# ***CRIME-STOPPERS***



JOHN FOLEY

“The Chamber is such a great way to meet other local businesses and help each other in so many ways”

**Security** Your Local Security Company

**24 HOUR RESPONSE**

021 2 339040  
087 7 069069  
[www.crime-stoppers.ie](http://www.crime-stoppers.ie)

Phone: 021 2339040 / 0877069069  
Email: [info@crime-stoppers.ie](mailto:info@crime-stoppers.ie)  
Website: <https://www.crime-stoppers.ie/>

- Intruder Alarms
- Manned Guarding
- Site Security Systems
- CCTV
- Mobile Patrols
- Alarm Monitoring
- Intercom Systems
- Key-Holding
- Fire Alarms
- Automatic Gates
- Alarm Response
- Fire Extinguishers
- Access Control
- Home Minding
- Barrier Systems





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***EMF LIFTING AND LAUGHING***

**Lifting and Laughing once again!**

Our services include personal training in small and large groups. We also offer a unique specialised 1 to 1 PT service for children, teens and adults with additional needs. We more information please visit our website to book a Grand Tour today. You will not regret it

"We are a comedy club with a focus on fitness. A gym for people who don't like gyms. No judgment and no notions. Just fun, family-friendly flapping about".

"Lifting and Laughing for physical and mental health".

"The Chamber is a place of business and a place of support. Knowing the right people in any area is a great way to feel connected to the community and helps massively with becoming a part of that community yourself."



EOIN MURPHY

**Address:** Unit 7, The Mill, Shean Lower, Blarney

**Phone:** 021 2040112

**Email:** info@emf.ie

**Website:** <https://www.emf.ie/>







# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***FINDINGS***

With an ambition to design and create everything instore, Anne Marie opened Findings in June of 2021. Now the store is brimming with gorgeous jewellery, art work, and other original gifts. Stationery, candle holders, suncatchers - the range is ever expanding.

Proving particularly popular are Anne Marie's personalised art works. The 'This Is Your Life' range can turn those precious moments into fabulous artwork. The 'This Note's For You' range presents the opening notes of a chosen song as a very stylish art piece that would add to any home.

Why not drop in? We'd love to see you!



ANNE MARIE FORREST

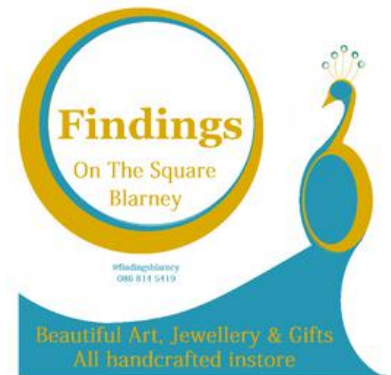
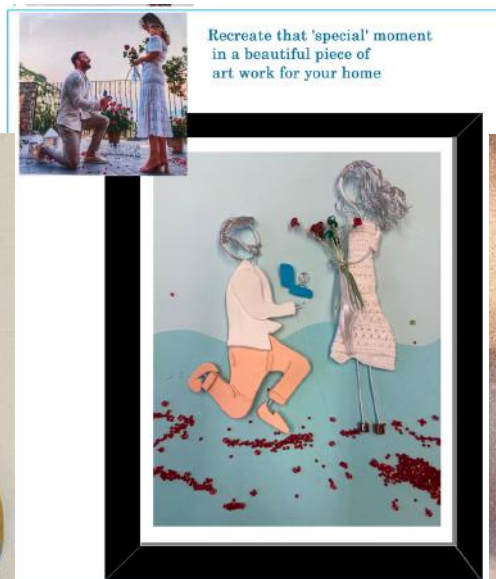
**Address:** The Square, Blarney, T23 K236

**Website:** Findings online shop will launch in 2023

**Email:** findingsonthesquare@gmail.com

**Instagram:** @findingsblarney

**Phone:** 086 814 5419





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***GUILTY HAIR AND BEAUTY*** ***HOME OF GUILTY AESTHETICS***

Here at Guilty we aim to make your visit an unforgettable one. A place where you can have a unique experience and escape from the world outside. We have a special connection with each and every one of our clients as we believe in creating a personal bond with them all.

We cater for all ages and have an extensive list of treatments and services covering the whole of the hair and beauty world ie nail and lash extensions . We always aim to keep up with the last way trends.

Our aesthetics clinic is run by myself where I have received a high level of training by a well known doctor in London . I provide the newest procedures in anti-aging treatments from injectables to plasma fibroblast and have a fantastic reputation in semipermanent makeup.

We also offer Diode Laser Hair removal packages. Our machine is complete with the latest technology. Pain free and no hiding from the sun!



NATASHA FALVEY

**Address:** Blarney

**Phone:** 085 1340747

**Email:** natashafalvey@hotmail.com

**Facebook:** <https://www.facebook.com/guiltysaloncork>

Blarney chamber has been an amazing support to us from opening to present to which a lot are now clients. I can't thank them enough for helping me when needed. It's great to be part of a network of like minded entrepreneurs





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## *jhDesign* Keeping Memories Precious

jhDesign is a local graphic design startup that focuses primarily on designing bespoke gift frames for all of life's special occasions such as Births, Christenings, Communions and Confirmations or to celebrate and commemorate a special achievement by one of those closest to you. New gift frames are constantly being added to our catalogue and please get in touch if you have anything in particular in mind as we are happy to design a frame for any occasion.

We also specialise in photo restoration as well as fulfilling your design and print needs for the following:



Christening Frame Example

### Wedding Stationery

- Invitations
- Mass Booklets
- Table Plans/Table Cards
- Thank You Cards

### Memorial Stationery

- Memorial Cards
- Wallet Cards
- Bookmarks
- Acknowledgement Cards

jhDesign also provides graphic design and print services for your business:

### Graphic Design

- Brand Design
- Packaging Design
- Advertising
- Publication Design
- Powerpoint Design

### Design & Print Solutions

- Business Cards
- Compliment Slips
- Letterheads
- Roll-Up Banners
- Corriboard Signage
- Posters A4/A3/A2/A1/A0
- Flyers DL/A5
- Leaflets Tri-fold/Bi-fold
- Brochures
- Duplicate Books A4/A5
- Triplicate Books A4/A5



Tri-fold Leaflet Example



JAMES HOLLAND



Email: james@jhdesign.space

Phone: 086 0667499

Website: www.jhdesign.space

Facebook: jhDesign.Space

"James recently designed and framed a number of athletics posters for my daughter. The process was a pleasure from start to finish with James being meticulous with every detail. He even went to the trouble of sourcing and licensing a professional image of my daughter competing to vastly improve the quality of the final product! The posters are fab. We will definitely be back again."

MAEVE ENGLISH, CORK



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***JOHN HENCHION & CO.***

John Henchion & Co. is a progressive and contemporary firm of solicitors based in Blarney, dealing with many areas of law. Our main focus is providing you with first class customer service while dealing with all your legal needs. We understand that our success not only depends on getting you the best legal outcome, but also on giving you the best possible service at each stage of your case.

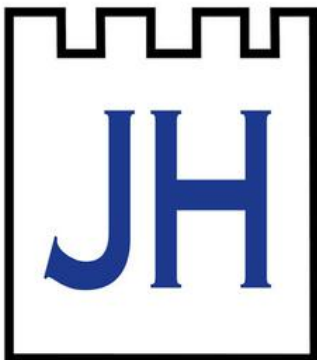
### Types Of Litigation Cases We Deal With

We provide expert legal advice in the following areas of litigation:

- Personal injury
- Boundary disputes
- Libel
- Slander
- Judicial reviews
- Medical negligence
- Building defects and property disputes
- Professional negligence
- Injunctions



JOHN HENCHION



**Address:** The Bakehouse, Waterloo Road, Blarney,

**Phone:** 021 438 2870

**Email:** [johnh@blarneylaw.com](mailto:johnh@blarneylaw.com)

**Website:** <https://blarneylaw.com/>



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***JGD SAFETY***

I love working with people to give them a greater understanding of risk when it comes to Health & Safety.

The training that JGD Safety currently provide is: (Always updating)

- Manual Handling
- Abrasive Wheels
- Working At Height
- Chemical Awareness
- VDU/DSE Assessments
- Fire Safety
- Safety Awareness
- Safety Representative

Safety documentation is a legal requirement for businesses and this is a service that JGD Safety also provides. Below are some of the services that we offer:

- Safety Statements
- Risk Assessments
- Workplace Audits
- Workplace Health & Safety Audits
- Safety Harness & Lanyard Inspection (6 Month Check)
- Safety Officer
- Safety Plans – Construction Stage
- Scaffolding Inspections (Weekly)
- Traffic Management Plans
- Road Opening & Reinstatement – Advanced
- Signing, Lighting & Guarding
- Safety File
- COVID Compliance Officer



JAMES DAVIS

**Address:** Faggot Hill, Clogheen, Blarney Road, Cork T23YH74

**Website:** <https://jgdsafety.com/>

**Phone:** 087 9421430

**Email:** [jgdsafety@outlook.ie](mailto:jgdsafety@outlook.ie)





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***K&M LANDSCAPING & GROUNDWORKS***

Here at K&M we spare you, your time and stress as we supply and fit so you don't need to be running around.

Our services.

- All types of concrete work
- Patios & decking
- Fencing including smart fence
- Artificial grass
- Property maintenance & management (internal & external)
- Soakways
- Lawn renewals
- Ground leveling
- Grass & hedge cutting taken away
- All types of general Groundworks

We are now offering a carpentry service, so contact us for wooden flooring/ wall panels/ skirting/ doors/ roof repairs, etc.



BART MURPHY

**Address:** Willison Meadows, Blarney

**Phone:** 086 1038710

**Email:** Bart.murphy52@gmail.com

**Website:** <https://www.facebook.com/bartc2019/>





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## **MARIE KEATING** **PHOTOGRAPHY & FILMS**

**Wedding | Portraits | Commercial | Schools Photography & Films**

Marie Keating Photography & Films offers a professional and relaxed photography experience to ensure quality, authentic shots with minimum fuss.

Please do not hesitate to contact Marie with any enquiries for your upcoming Wedding, Christening or Commercial Photography & Videography needs.

Marie also offers a variety of headshots, personal branding and schools photography options and welcomes any enquiries for the same.



MARIE KEATING

Website: <https://mariekeatingphotography.zenfolio.com>

Phone No: 087 2977 409

Email: [mariekeatingphotography@gmail.com](mailto:mariekeatingphotography@gmail.com)





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***KEVIN CONDON FINANCIAL BROKERS***

If you were to die suddenly or suffer a critical illness, would your family have the financial resources to carry on as before?

If not, maybe you need a complete "Financial Health Check"  
To book a complimentary consultation call Pierce Grace  
QFA on 087 2396762

Whether its Death and/or Specified Illness Cover, Mortgage or Income Protection, Pension, Savings or Investments, at Kevin Condon Financial Brokers Ltd we search for the most suitable products and providers to match your specific requirements.

For further information give Pierce a call on 087 2396762.



PIERCE GRACE

**Address:** 8 Blackpool Retail Park, Blackpool, Cork

**Phone:** 087 2396762

**Email:** pierce@kcfb.ie

**Website:** <https://kcfb.ie/>

"Being a member of the chamber ensures you are never far away from someone that is as keen as you are to offer help, advice and assistance (no always business) to fellow members. You can't put a price on these values."

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**KEVIN  
CONDON  
FINANCIAL  
BROKERS**  
Financial Planning & Guidance

---





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## **LITTLE FINGERPRINT BOUTIQUE**

New Baby Gift Sets | Personalised clothes | 'Colour Me'  
Collection

Here at Little Fingerprint Boutique we specialise in Exclusive New-born gift sets, personalised kids wear, beanie hats and snoods, 'Colour Me' collection, sustainable fabric - aprons, placemats, dresses available with washout fabric markers.

Unique design made to spark the imagination.

- Fun & Creative
- Reusable Colouring Activity
- Washable
- Sustainable & Practical
- Educational

We always strive to provide outstanding customer service.



LINA PAVLOVA



Tel: 0879400247

Web: [https://linktr.ee/little\\_fingerprint\\_boutique](https://linktr.ee/little_fingerprint_boutique)

Email: [linapavlova0@gmail.com](mailto:linapavlova0@gmail.com)





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***MARTIN CROWLEY*** ***ELECTRICAL SERVICES***

We are Safe Electric registered, certified & insured so you can have peace of mind when we work in your home or business.

- 
- Fuseboard Upgrades
- Re-wiring
- Smoke Alarms
- Electric Shower Installations & Shower Pumps
- Extra Sockets/Lighting Points
- Certified Electrical Testing
- Outdoor Sockets

We have done 6 upgrades over the last two weeks alone. Lots of phone calls as ESB are issuing letters after installation of smart metres. These letters are for safety reasons: tails, earthrods & fuseboard need upgrading as the old ceramic fuseboard has little to no protection for customers. Call us today for more info on 085 1218458



MARTIN CROWLEY



**Phone:** 085 1218458

**Email:** [martincrowleyelectrical@gmail.com](mailto:martincrowleyelectrical@gmail.com)

**Website:** <https://www.facebook.com/Martin-Crowley-Electrical-Services-175851723246868/>





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***O'CONNELL CRASH REPAIRS***

**One call and we will do it all!**

O'Connell crash repairs take the hassle out of your motoring mishaps . Just one phone call and you are sorted. We can recover repair and get your car back on the road as soon as possible . One call and O'Connell's will do it all.

24 hour recovery / Crash repairs / Panel beating / Spray painting / Van conversions / Headlight focusing / Tow bars / Sandblasting / Man with van (Ikea) / Collecting and delivery service / NCT & DOE failures (rust)  
"You bend it we mend it, you scratch it we'll match it , and if your in trouble we are there on the double"



ADRIAN O'CONNELL

"I have been a member of the Blarney Chamber of Commerce since day one, I have made a lot of friends from the group but I have also made a lot of business contacts and have done a lot of business through the Chamber members and non members. I would go as far as saying it's like family with business connections. If you need help there is always someone there to help you no matter how big or small your problem is . I look forward to our weekly meeting."



**Address:** Whitechurch, Co. Cork  
**Phone:** 087 2541306  
**Email:** [adrian@occrashrepairs.ie](mailto:adrian@occrashrepairs.ie)  
**Website:** <http://occrashrepairs.ie/>





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***OFFICE ASSIST***

Office Assist is a multi award winning business. Set up in 2011 by Mother and Daughter, Geraldine and Maria O'Donoghue, they now have a strong team of Virtual Assistants, Bookkeepers and Accounts Technicians.

Our Virtual Office Services are provided in a professional and confidential manner. We have a friendly team that loves what they do. Our aim is to establish a strong and vibrant business that takes away your pain as well as saving you money.

We offer an affordable, flexible, accessible and value-for-money Virtual Office, covering Ireland and further afield.

Our services include, Bookkeeping, Call Answering, Message taking, Payroll and Office Administration. You can take all our services or just one, The choice is yours – we are YOUR Virtual Office.

The team at Office Assist are all trained in Customer Service and call handling and we will ensure that your calls are answered with expertise, friendliness and efficiency.



MARIA O'DONOGHUE



**Address: Main Street, Charleville**

**Co. Cork. P54 HC86**

**Tel: 0212362900**

**Email: [Maria@officeassist.ie](mailto:Maria@officeassist.ie)**

**Website: [https://](https://www.officeassist.ie)**

**[www.officeassist.ie](https://www.officeassist.ie)**

**We offer a free two week no obligation trial of our Telephone Answering Service,**

### Make Office Assist part of your New Year Resolutions



Contact Maria for further details: 06332466 or [maria@officeassist.ie](mailto:maria@officeassist.ie)



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***THE ORIEL HOUSE HOTEL***

The Oriel House Hotel & Leisure Club is located a mere 10 minutes' drive from the heart of the city. Which features 99 bedrooms, a leisure club, 25 metre swimming pool, fine dining restaurant, wedding, and events suites as well as Oriel Bar & Bistro, an award winning eatery with the most recent accolade in achieving the Knorr Best Roast for the Sunday Carvery Offering.

Oriel House Hotel is a unique mix of old and new, with its 18th century manor house history, combined with a modern chic boutique feel. Designed with the corporate/leisure traveller in mind, the new guest rooms are the epitome of comfort and productivity, providing guests with the perfect place to escape and relax.

Located within walking distance of Ballincollig Regional Park and Shopping Centre, with extensive amenities of retail stores, bars, restaurants, and a multiplex cinema [www.orielhousehotel.ie](http://www.orielhousehotel.ie)



AOIFE LOHSE

**Address:** Ballincollig, Co. Cork

**Phone:** 021-4208400

**Email:** [aoife@orielhousehotel.ie](mailto:aoife@orielhousehotel.ie)

**Website:** <https://www.orielhousehotel.ie/>

**Family**  **ORIEL HOUSE HOTEL**

**SUNDAY CARVERY**  
AT THE ORIEL HOUSE HOTEL

**ORIEL BAR & BISTRO**

**€55 FAMILY DEAL**  
Main Courses, Tea or Coffee/Juice  
(2 adults & 2 children, T&Cs apply)  
Kids colouring books and Hotel Fairy Trail.  
Complimentary car parking with 240 spaces.  
Get a Loyalty Card!  
9 Carvery's purchased 10th complimentary!





 **ORIEL HOUSE HOTEL**

**GOURMET SPECIALS**  
AT THE ORIEL HOUSE HOTEL

**ORIEL BAR & BISTRO**

- FAMILY CARVERY**  
€55 Offering for 2 Adults & 2 Children
- LUNCH & BRUNCH**  
served Mon - Sat 12.30pm-2.30pm and Sundays until 4pm
- BAR EVENING MENU**  
served 5pm-9.30pm
- LOBBY COFFEE DOCK**  
open daily serving a variety of delights
- AFTERNOON TEA**  
served daily 2pm-4pm
- COCKTAILS**  
from our extensive and NEW Drinks menu
- OUTDOOR COURTYARD AND TROPICAL GARDEN**  
For dining or relaxing drinks.





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***PERMANENT TSB***

Join us in our Blackpool branch where we continue to support our customer's in-branch.

Whether you're just starting out saving for your deposit, trying to figure out how much you could borrow, or are ready to apply, our team are here to help and support you at every stage of your home buying journey.

Our Senior Field based consultant Jennifer O'Brien can arrange to meet you at a time and place that suits.

At permanent tsb we also offer a wide range of everyday banking products and services, designed with you in mind to get the most out of your accounts and make your everyday living that little bit easier. We also offer simple and convenient banking solutions for Small and Medium Enterprises (SMEs) designed to help you manage your business with ease.

Book an appointment online with John or Jennifer on 087 6778266.



JENNIFER O BRIEN



**Address:** Blackpool

**Phone:** 087 6778266

**Email:** Jennifer.O'Brien@ptsb.ie

**Website:** <http://www.permanenttsb.ie/>

**Start Your Journey Home with us today**

Our Blackpool team are available in branch to help you through the home buying journey, every step of the way.

**That's permanent support.**

Book an appointment online at [permanenttsb.ie](http://permanenttsb.ie) or contact John on 087 101 4842 or Jennifer on 087 6778266 in our Blackpool branch today.

Lending criteria, terms and conditions apply. Permanent tsb p.l.c. is regulated by the Central Bank of Ireland. BAK5830



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***PHARMACY FIRST PLUS***

Pharmacy First Plus has three pharmacies in the Blarney & District Chamber of Commerce area, in Tower, in Grenagh and in Onslow Gardens (PFP Northside). In March 2020, we set up our online order offering for prescriptions, or any other item, where you can fill in the form on our website, selecting their pharmacy of choice. You can do this anytime, day or night. Orders are sent directly to the pharmacy where a member of the pharmacy team will review the order before contacting you to confirm your order and arrange a time for it to be ready for you to collect. You can even pay over the phone and we'll drop it out to your car when you call. This facility has been used over 3,200 times (by 25/01/21). Have you used it yet? Go to [www.pharmacyfirstplus.ie/order](http://www.pharmacyfirstplus.ie/order) now!



ANNE & KEITH  
O' HOURIHANE

**"Most important is the support I have received and the connections I have made while a member of the Chamber, regularly doing business with a huge variety of product and service provider members, and those members regularly doing business with me."**



**Address:** Tower Shopping Centre, Tower, Blarney

**Phone:** 021-4385225

**Email:** [tower@pharmacyfirstplus.ie](mailto:tower@pharmacyfirstplus.ie)

**Website:** <https://www.pharmacyfirstplus.ie/>

**Additional Locations:**

Grenagh: 021-4629918/[grenagh@pharmacyfirstplus.ie](mailto:grenagh@pharmacyfirstplus.ie)

Northside: 021-4398135/[northside@pharmacyfirstplus.ie](mailto:northside@pharmacyfirstplus.ie)

Glanmire: 021 482 2412/[glanmire@pharmacyfirstplus.ie](mailto:glanmire@pharmacyfirstplus.ie)





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***SBG CORK CITY***

**JOIN OUR TRIBE**

To experience the Vibe for yourself with our free private lesson, so that you can come along by appointment to have a look around our great facilities and chat about your goals and aspirations and a free private lesson to kickstart your journey.

- Straight blast gym family Martial Arts and Fitness
- Beginner friendly classes all year around
- kids Martial Arts Classes from age 3yrs upwards
- personal training & fitness classes
- Mma, Bjj, Kickboxing & Boxing for all ages
- open 7 days per week
- Free parking



MARLENE GRIFFIN

"I absolutely love coming to the chamber meetings on Friday mornings, it rejuvenates me after a tiring week of work."

**Cork's largest Martial Arts & Fitness Gym**




- Beginner friendly Classes all year around
- Kids Martial Arts Classes from age 3 upwards
- Personal Training and Fitness Classes
- MMA, BJJ, Kickboxing & Boxing for all ages
- Open 7 days per week
- Free Parking

Follow us



@SBGCorkCity [www.SBGCork.com](http://www.SBGCork.com)





**Address:** Unit 31 Northpoint Business Park, New Mallow Road, Cork

**Phone:** 021 4215007

**Email:** [info@SBGCork.com](mailto:info@SBGCork.com)

**Website:** <https://www.SBGCork.com/>

**SBG**  
STRAIGHT BLAST GYM INTERNATIONAL  
CORK CITY





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***SCIENCE DIRECT LTD.***

### **Drinking Water Quality**

Science Direct is a local laboratory specialising in water testing, particularly for private water supplies. For your own peace of mind, it is important to know that your drinking water meets the standards of the drinking water regulations and that it is safe to consume.

Contact us to order a water testing kit by post. Test results are returned within 4 working days from receipt of the sample at the laboratory, and we will give helpful insight into the quality of your drinking water supply.



TIM BUTTER & TOM O'BYRNE



science  direct Ltd.

**Address:** Unit 7 Monard Glen, Rathpeacon, Cork T23  
HN8W

**Phone:** (021) 438 4200

**Email:** [info@sciencedirect.ie](mailto:info@sciencedirect.ie)

**Website:** <https://www.sciencedirect.ie/>





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***SHANE SULL FITNESS GYM***

At Shane Sull Fitness Gym we have a unique and holistic approach with coaching clients and this is all done in a very friendly and inclusive personal training gym in Hollyhill, Cork.

The goal here is to instill lifelong, lifestyle changes and to educate people on exercise, nutrition and mindset without over complicating things.

We also have daily classes, women's only and mixed circuit classes. You do not need any membership to attend classes.

I am a Certified Mental Health and Exercise Coach which I believe is hugely important in today's society. Exercise should mean so much more than how it makes us look. The mental benefits from exercise is huge and it's something we like to put focus on.



SHANE O'SULLIVAN



**Address:** Terence Mc Swiney Sports Hall,  
Hollyhill Lane, Hollyhill.

**Tel:** 0857885831

**Web:** <https://www.shanesullfitness.com/>

**Email:** shanesullPT89@hotmail.com





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***SIKA CAFE & WINE BAR***

### Sip. Savour. Socialize.

Nestled in the heart of Blarney, Sika Café and Wine Bar is your perfect retreat from the hustle and bustle of everyday life. Our menu is a delightful fusion of local ingredients with global inspiration, offering something for every taste.

At Sika, we believe in the power of local. By using the freshest, locally sourced ingredients, we're not only supporting our community but also ensuring that every dish we serve is packed with authentic flavour.



DEREK O'CONNOR

The Square, Blarney, T23 KW18  
Tel: 021 2455730

Website: <https://sikacafe.com>

Instagram: <https://www.instagram.com/sika.cafe/>

Facebook: <https://www.facebook.com/sikacafeandwinebar>





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## **TAXASSIST ACCOUNTANTS BLARNEY & BLACKPOOL**

TaxAssist Accountants Blackpool are focused on providing a personal and professional service and we work with a whole host of different types of clients. We typically help limited companies, sole traders, partnerships, landlords, contractors, freelancers and start-ups. We are a local service with an office in Blackpool to help and support your business meet its accountancy requirements. Our local team is further supported by a team of tax experts within the national TaxAssist Support Centre.

We often find our clients are interested in making their accounting function much smoother and want an accountant to help them along the journey which we enjoy doing. Our growing team of accountants and tax experts are always accessible to our clients and are happy to help.

We can offer your business a host of accountancy services including Company Accounts, Payroll, Bookkeeping, Tax Returns, CGT, Online Accounts and more.



TERRY O'DONOVAN

**TaxAssist**  
Accountants

**Address:** Breffni Court, Watercourse Road,  
Blackpool, Cork, T23XO2N and  
Unit 5, Tower Shopping Centre, Tower, Blarney, T  
HC91

**Phone:** 021 242 7576

**Email:** [terryodonovan@taxassist.ie](mailto:terryodonovan@taxassist.ie)

**Website:** <https://www.taxassist.ie/blackpool/>



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***THE WEBSITE CHEF***

*Baking success into your website*



Phone: (086) 8451049

Email: [sue.p@the-website-chef.com](mailto:sue.p@the-website-chef.com)

Web: <https://the-website-chef.com/>



SUE PAMMENT

## Client Love

### Testimonial

“ I am so thrilled with my new website 🥰🥰🥰

Thank you so much to Sue Pamment - The Website Chef for your patience and expertise - you did a Michelin ★ job and I cannot recommend your services highly enough for anyone who needs help in building or revamping their website!

”



Dr. Aine O'Dea  
Radiance Consulting  
<https://radianceconsultinghub.com>



12

<https://radianceconsultinghub.com>



# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## **T.I.S FIREPROOFING LTD**

We take ownership of fire protection systems to guarantee compliance and deliver projects to the highest possible standards.

Every T.i.S project is delivered by a team of specialist installers and underpinned by BOLSTER, our compliance technology platform. T.i.S Fire-Stopping are committed to enhancing industry standards, delivering continuous improvements in efficiency, sustainability and innovation.

T.i.S Fire-Stopping are one of Ireland's leading provider of passive fire protection. Our team of specialists have worked on some of the country's largest projects & buildings. We pride ourselves on being thought-leaders in fire protection compliance and are passionate about raising the bar for industry standards, project management and service delivery. Visit our Services page or contact one of our fire protection experts today.

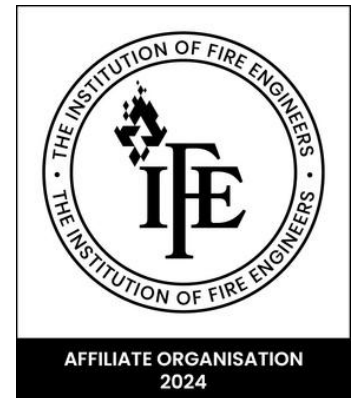


DEREK O'CONNOR

Phone: (021) 6010423

Email: derek@tisltid.ie

Website: <https://www.tisltid.ie/>



Ireland's leading Passive Fire Protection Specialists you can trust!

Our team at T.I.S. Ltd are experienced in working across many sectors. This allows us to implement the recommended passive fire protection systems, meeting industry standards. T.I.S. Ltd operates in Cork, Munster & Nationwide. We approach every project with a dedication to gold-standard fireproofing, offering our clients an industry leading level of service. We invest in the best possible resources and technology, as well as an extensive range of quality products.




[www.tisltid.ie](http://www.tisltid.ie) Derek: 085 288 3046 Thomas: 087 180 3956



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***TOWER AUTO CENTRE***

- Family Run Business Established 1984
- Located in Tower T23 FA37
- Contact 0862578807 E-mail edhealy58@gmail.com
- Over 40 Years Experience on all Makes & Models
- Full Workshop Facilities.
- OBD Diagnostics
- Pre N.C.T.
- Servicing
- Repairs
- Car Sales To Suit All Budgets
- Excellent After Sale Service



EDWARD HEALY &  
DEIRDRE HOURIHAN HEALY

"Being a member of The Blarney & District Chamber of Commerce has helped us with our profile within the Business Community of Blarney."



**Address:** Model Village, Tower T23 FA37, Blarney

**Phone:** 086 2578807

**Email:** edhealy58@gmail.com

**Facebook:** <https://www.facebook.com/edwardhealyandsonsgarage/>





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***TOWER LAUNDERETTE***

Tower Launderette is a family run Launderette and Dry cleaners based in Shournagh House in the heart of Tower.

Tower Launderette was fitted with brand new machines that are as eco-friendly as possible. The machines we installed use no harmful chemicals or solvents and are digitally monitored to ensure that they clean to HSE Guidelines.

Our services include:

- All Laundry services, including Dry Only
- Dry Cleaning
- Ironing services, Commercial and domestic
- Commercial Laundry services (B&B, Hairdressers, Child Care, Sports Teams, Restaurants)



LISA COSTELLO

**Address:** Shournagh House, Tower T23HP5C

**Website:** <https://www.towerlaunderette.com/>

**Phone:** 085 145 99 99

**Email:** [lisa@towerlaunderette.com](mailto:lisa@towerlaunderette.com)







# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***TRIDENT INK***

Trident Ink is a private tattoo studio based inside SBG Cork in Northpoint Business Park. Established in 2019 this father and son team seek to provide you with best and most professional tattoo experience we can possibly give you as a client.



KEVIN & DARREN O'SULLIVAN

**Address:** North Point Business Park,  
Unit 31 New Mallow Rd, Cork, T23 HN76

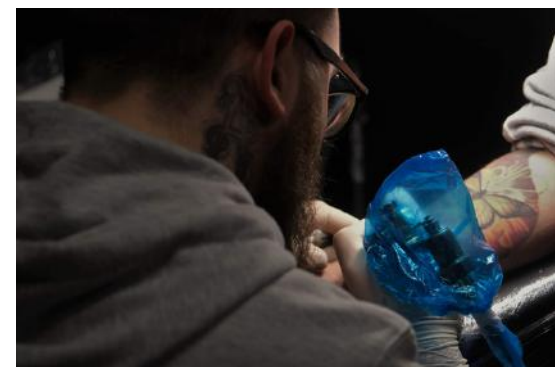
**Email:** darren.osullivan97@gmail.com &  
tridentink18@gmail.com

**Trident Ink Instagram:** [trident\\_ink](https://www.instagram.com/trident_ink)

**Darren's Instagram:** [darren\\_artwork](https://www.instagram.com/darren_artwork)

**Kevin's Instagram:** [kevin.o.sullivan\\_](https://www.instagram.com/kevin.o.sullivan_)

**Facebook:** [https://www.facebook.com/  
profile.php?id=100051148965942](https://www.facebook.com/profile.php?id=100051148965942)





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***VICTOR DALY DECORATOR***

### **Local, Reliable Painting & Decorators**

At Victor Daly Painting & Decorating, we are highly skilled decorators with great attention to detail. We cater for all your needs including domestic, commercial and industrial work.

We specialise in all types of spraying, ranging from Kitchen units , interior houses, office blocks and fire-proofing. We also love to refurbish worn down floors, counter tops, furniture etc to bring them back to life. Fully insured and registered. Very competitive rates call any time for free quotation.



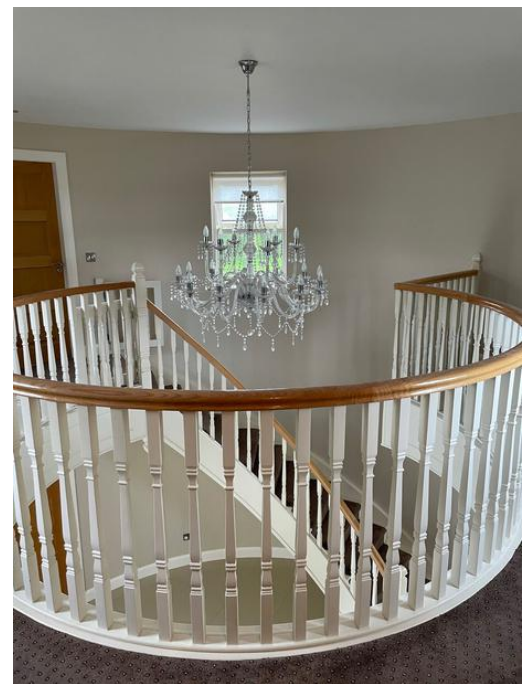
VICTOR DALY

**Address:** Blarney

**Phone:** 085 1337217

**Email:** victordaly.decorator@gmail.com

**Instagram:** <https://www.instagram.com/victordalydecorating/>





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***VISIONFITNESS360***

Visionfitness360 is a Blarney based community/ group for women 30+ who are looking to make life lasting changes to their health and fitness.

We offer small group personal training sessions, large group training sessions and involvement in a community of like minded individuals.

We are one of only a few fitness groups that has access to both outdoor and indoor training facilities.

Our focus is getting you started on your health and fitness, if your a beginner, if you have not exercised in a while or want to get involved in something a little different from the regular gym then we have you covered!



TRISH DORGAN

**Address:** Blarney

**Phone:** 0861239137

**Email:** [Visionfitness360@gmail.com](mailto:Visionfitness360@gmail.com)

**FB** Visionfitness360

**IG** Visionfitness\_360





# Meet the Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## ***AJ WALSH TRAINING SERVICES LIMITED***

We deliver Leadership & Management & Group Learning, Mentorships training for medium to large scale organisations.

Health & Safety Training. Manual Handling. VDU Assessor. Abrasive Wheels Instructor. First Aid Instructor.

We Promote Health & Wellbeing lifestyle, TY Program. Sport Psychology, Stress Management

Security Specialist services, Personal Security, Threat Assessment & Risk Analysis, Conflict resolution, Consultancy`



ALAN WALSH

**Address:** 31 Seanabothair, Killeens

**Phone:** 021 4/383497

**Email:** alanwalsh31@gmail.com





# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## **WINDY ACRE GARDEN DESIGNS**

Give a gift of a garden design consultation, great as a Christmas, Birthday or housewarming gift.

Contact  
windyacredesigns@gmail.com.



FIONNUALA CARROLL

Recent transformation from timber deck and lawn to a beautiful enclosed newly paved dining and lounge patio area. With the added enjoyment of a golf putting green.



"Business aside, I've made great friends by joining the Blarney & District Chamber of Commerce and would urge anyone, particularly those who tend to work alone like myself, to join.."



**Address:** Vicarstown, Co. Cork  
**Phone:** 087 4021397  
**Email:** windyacredesigns@gmail.com  
**Website:** <https://windyacredesigns.com/>



# Meet The Members

**BLARNEY & DISTRICT**  
CHAMBER OF COMMERCE

## YOUNGSTARS MUSIC SCHOOL

Youngstars Music School is now enrolling for music lessons in September. Including Piano lessons, Singing lessons, Guitar lessons, Ukulele lessons and Musicianship classes. Individual, duo, and group classes available for kids, teens and adults of all levels. Beginner, intermediate and advanced.



ANNA MITCHELL

"As a new business owner the chamber is a wonderful outlet to meet people who have experience in business and who can offer support and lend an ear in times of need. We all look forward to our weekly Friday coffees and scones. "



Enrolling for  
September 2023



Guitar  
Piano  
Ukulele  
Singing  
Musicianship  
Leaving & Junior  
Cert Music



locations:

Blarney, Firmount,  
Berrings, Cork City

[www.youngstarsmusicschool.com](http://www.youngstarsmusicschool.com)



Phone: 085 8297737

Email: [youngstarsmusicschool@gmail.com](mailto:youngstarsmusicschool@gmail.com)

Website: <https://www.youngstarsmusicschool.com/>

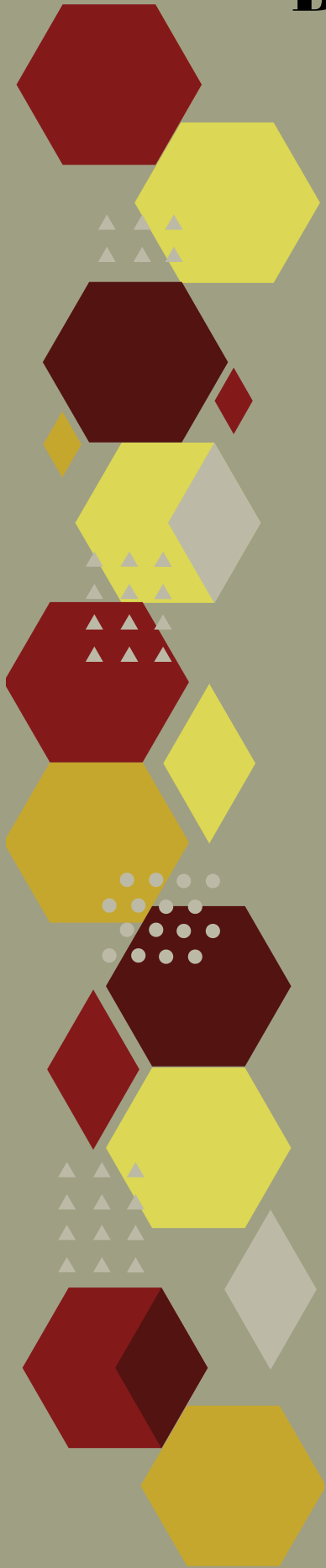


# Business Resources and Events

The Blarney & District Chamber of Commerce meets every Friday  
at the Blarney Castle Hotel

9:00 - 10:00 am for networking and business support.

Tea/Coffee, scones and pastries are served for  
€5 per person



# Business Resources and Events

## Enterprise Ireland

Enterprise Ireland is the government organisation responsible for the development and growth of Irish enterprises in world markets. We work in partnership with Irish enterprises to help them start, grow, innovate and win export sales in global markets

<https://www.enterprise-ireland.com/en/>

## Local Enterprise Offices

The Local Enterprise Office is the First Stop Shop for anyone seeking information and support on starting or growing a business in Ireland.

The Local Enterprise Office provides advice, information and support to you in starting up or growing your business

<https://www.localenterprise.ie/>

## SME On Line Tool Kit

There are over 170 different Government supports for Irish start-ups and small businesses. This Online Guide is to help Irish start-ups and small businesses navigate the range of Government supports to see which you could possibly apply

<https://supportingsmes.gov.ie/sme-search/>

## Irish Small and Medium Enterprises Association (ISME)

ISME, the Irish Small and Medium Enterprises Association, is the only independent representative association for Small and Medium Enterprises and currently has in excess of 10,200 members nationwide. Uniquely in Ireland, ISME is independent of big business, big banks and government and gives voice to the issues facing SME owner-managers.

<https://isme.ie/>

## Small Firms Association

The Small Firms Association (SFA) is the national organisation exclusively representing the needs of small enterprises (i.e. those employing less than 50 employees) in Ireland.

[sfa.ie](http://sfa.ie)





# Members

## (alphabetically)

AD Quantity Surveyors  
AIB Blarney  
API Clinic  
Beauty by Katrina  
Bethaven Coaching  
Bia Sasta  
Blarney Caravan & Camping Park  
Blarney Castle Estate Partnership  
Blarney Castle Hotel  
Blarney Osteopathic Clinic  
Blarney Woollen Mills  
Blizzard Sports  
Brand Blarney  
Byrne Planning Ltd.  
Cinderella's Closet Ltd.  
Coleman Property Ltd  
Cork CPC Training  
Cork Therapy Centre  
Corrinne's Kitchen  
Crimestoppers Security  
EMF Lifting & Laughing  
Findings  
Guilty Hair and Beauty  
JH Design  
John Henchion & Co. Solicitors  
JGD Safety  
K&M Landscaping & Groundworks  
Marie Keating Photography & Films  
Kevin Condon Financial Brokers  
Little Fingerprint Boutique  
Martin Crowley Electrical  
O'Connell Crash Repairs  
Office Assist  
Oriel House Hotel  
Permanent TSB  
Pharmacy First Plus  
Science Direct Ltd.  
Shane Sull Fitness Gym  
sika cafe & wine bar  
Straight Blast Gym of Cork City  
TaxAssist Accountants Blarney & Blackpool  
The Website Chef  
T.I.S Fireproofing Ltd  
Tower Auto Centre  
Tower Laundrette  
Trident Ink  
Victor Daly Painting & Decorating  
Vision Fitness 360  
AJ Walsh Training Services Limited  
Windy Acre Garden Designs  
Youngstars Music School

# Chamber Membership



## To join the Chamber:

<https://blarneychamber.com/membership/>

Annual Membership rates: 1 year €200

For more details about the Chamber visit our website at <https://blarneychamber.com/>



## Together in Business

*The Benefits of joining the chamber*

Online Magazine Content

Listed On The Chamber Website

Facebook, Instagram & Twitter Platforms

Weekly Meetings

Networking Events

Business Development  
& Growth

Social Events

Referrals From Members

