BEYOND THE BLUE LINE

BROOKSBANK CELEBRATE MENTAL HEALTH AWARENESS WEEK







This week we participated in Mental Health Awareness Week by fostering a spirit of community and support. To symbolise this, staff and sixth form students wore green, a colour representing mental health awareness and made donations to support mental health initiatives.

The Brooksbank Sixth Form also organised a whole-school raffle. with a wellbeing hamper as the prize won by Tegan N and runner up Mrs Hare.

We raised a total of £248.00!

Here at Brooksbank, priortising the mental health of our students happens all year round. We are committed to fostering a supportive environment that removes the stigma around mental health and opens doors for students and families to access support.

BEYOND MENTAL HEALTH WEEK... FOREST SCHOOL

Our Forest School offers students a holistic approach to learning by engaging with nature. By spending time outdoors, students benefit from the calming influence of the natural environment, which significantly supports their mental health. This hands-on, experiential learning opportunity helps students build resilience, confidence and a deeper connection to the world around them. Check out the seating area our students made for Cross Lane Primary School students to enjoy!



CHECK...ON A MATE

Our iGen sessions are an integral part of our curriculum, providing all students with education on important topics, including mental health.

This week. Year 7 students learned about the importance of connecting with others for their mental health.

They rated their mood before and after playing board games and observed an improvement, highlighting the positive impact of social interactions.

These sessions help students become more aware of their emotions. learn practical ways to enhance their mental wellbeing and support their friends.



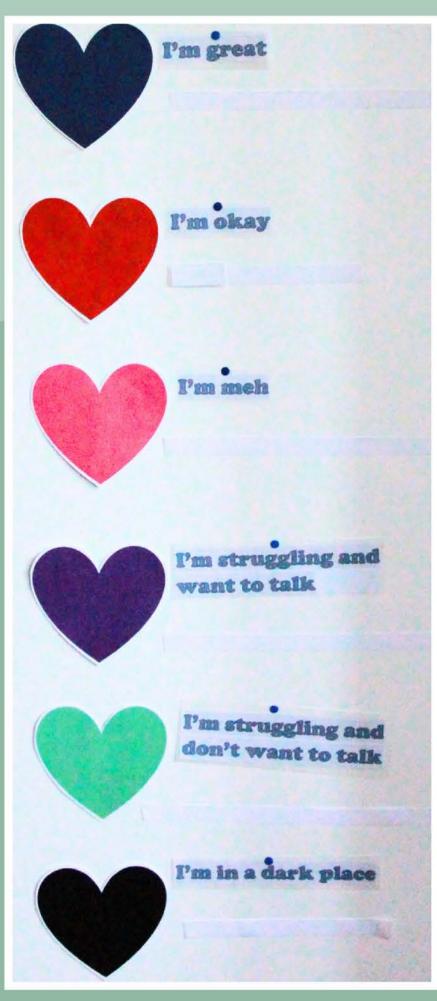


THE BRIDGE

The Bridge is a dedicated calming area designed for students with social. emotional and mental health needs. It offers a quiet space with access to art therapy. cozy sofas. sensory lights. weighted blankets and tailored support.







The Bridge features a mental health check in. enabling students to assess their emotional well-being. This tool allows staff to monitor and provide appropriate support. ensuring that students receive the help they need promptly.

GARDENING CLUB





This exciting club isn't just about getting our hands dirty. it's about fostering a sense of purpose and connection within our school community.

Through the act of gardening, we're not only benefiting our surroundings, but also nurturing our mental wellbeing.

Research shows that tending to plants has been linked to reduced stress levels. improved mood and increased feelings of calmness and satisfaction.

Reach out this Mental Health Awareness Week







If you're under 25:



0300 123 3393

Open 9am-6pm weekdays

116 123

Always open

0800 58 58 58

Open 5pm - midnight

Text THEMIX to 85258

Always open

FORMER BROOKSBANK STUDENTS VISIT YEAR 10 HEALTH AND SOCIAL CARE

Our Year 10 Health and Social students have started to learn about different services and sectors in Health and Social Care.

As part of this unit, we invited ex-students into their lessons to take about their different careers and experiences

NHS Careers

• Create a 'health and social care careers information leaflet' for the three careers you have chosel In your leaflet, you need to include entry requirements.

• Pay.

• Create a 'health and social care careers information leaflet' for the three careers you have chosel In your leaflet, you need to include entry requirements.

• Pay.

• Responsibilities.

• Skills.

• Working hours.

• Work experience.

Lola visited us from Cross Lane Primary School where she works as a teaching assistant.

Her passion for education was evident as she discussed creative ways to make learning fun and interactive.

since leaving Brooksbank after studying Health and Social care at Sixth Form.

Mrs Bright expressed her appreciation for former students visiting the school to share their experiences, aiming to inform and inspire current students about careers in Health and Social Care.



Lucy is currently employed as an apprentice in a nursery environment.

In this nurturing setting. Lucy is eager to learn and grow her skills in caring for young children.



Alex is undergoing training to become a mental health nurse. She discussed the significance of the mental health industry with the students and what careers are available.



Katie is presently employed at a nursery where she shared her career journey and experiences with the students. detailing what her role involves.

CHILD DEVELOPMENT STUDENTS GAIN VALUABLE INSIGHTS FROM FIRSTHAND EXPERIENCES

Our Year 10 Child Development students had a unique experience during their recent drop-down session. Friends of the school brought their children to the lesson. allowing students to observe children of different ages playing and compared it to their expected behaviours based on age guidelines. This activity was part of their current unit that centres on children's developmental play.

Having the chance to observe child play firsthand was valuable for our students. providing them with essential insights to enhance their learning experience.

The day was a positive and enlightening one for all our students. leaving them feeling informed and uplifted.

Mrs Bright expressed her enthusiasm. stating. "Providing our students with alternative learning methods and insights into child development was a great experience. I am excited to continue offering diverse learning opportunities to our students."



SCIENCE STUDENTS EXPLORE FOOD TESTING

During the food tests, students utilised a range of reagents to examine foods for various nutrients like starch, glucose, protein, and fats/lipids. By observing distinct colour changes in the reagents, they determined whether the outcomes were positive or negative.

This hands-on experiment not only enhanced their understanding of the different nutrients but also sharpened their skills in conducting scientific investigations.



YEAR 7 & 8 BOYS FOOTBALL SQUADS COME SECOND IN CALDERDALE SCHOOLS TOURNAMENT

This week was eventful for football, with our Year 7 and 8 boys participating in the Calderdale Schools Final.

After weeks of competing against other schools, both teams reached the finals. Although they didn't secure a victory this time, we are incredibly proud of their second-place finish.



Year 7 Dexter K Tobias D Sonny B Seth H

Reuben P Rocco P George G Macaulay W Will S Milo W Jacob I Riley S

It's a remarkable achievement in a tournament involving all high schools in Calderdale. The boys demonstrated excellent teamwork during the game and we applaud them for their sportsmanship.

Year 8 Fionntan B Joe W Henry H Harry T Rory'S Adám H

Isaac M Izyan G Toby C Alfie B Lewis M Zoe G

Theo P Ben T Frank P

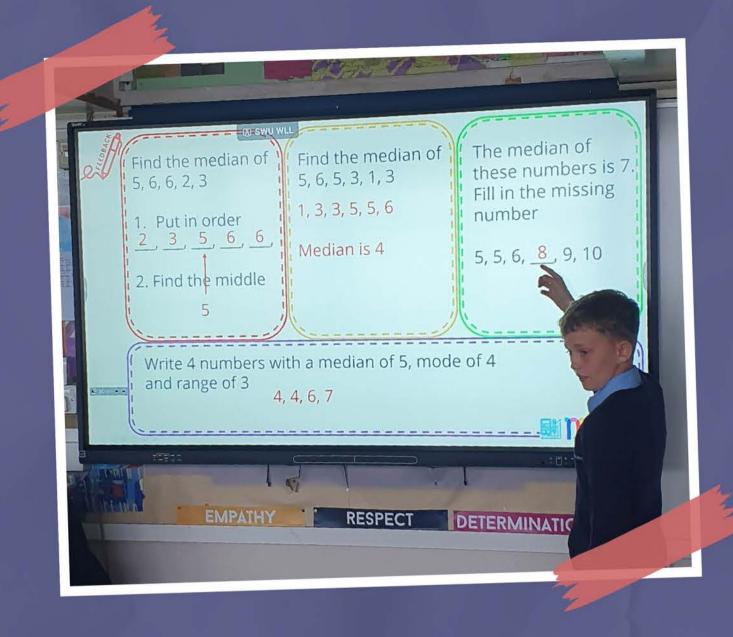


TEAM BROOKSBANK HEAD TO ENGLISH SCHOOLS ATHLETICS CUP



Despite a weather change midweek. our athletics team persevered and participated in the English Schools Athletics Cup. Despite challenging conditions. our students still managed to hold their own when competing against high-profile schools and delivered impressive performances.

Our standout performers were Rory S. who triumphed in the 800m. Millie R. the winner of the 300m. Poppy J. who secured victory in the 200m and the junior boys who clinched first place in the 100m relay race.



MFL INTERNATIONAL SCHOOL AWARD

We are delighted to announce that we have achieved a International School Award.

This award is testament to Brooksbank's commitment to embedding international awareness and understanding within school by fostering an international ethos and embedding it within the curriculum.

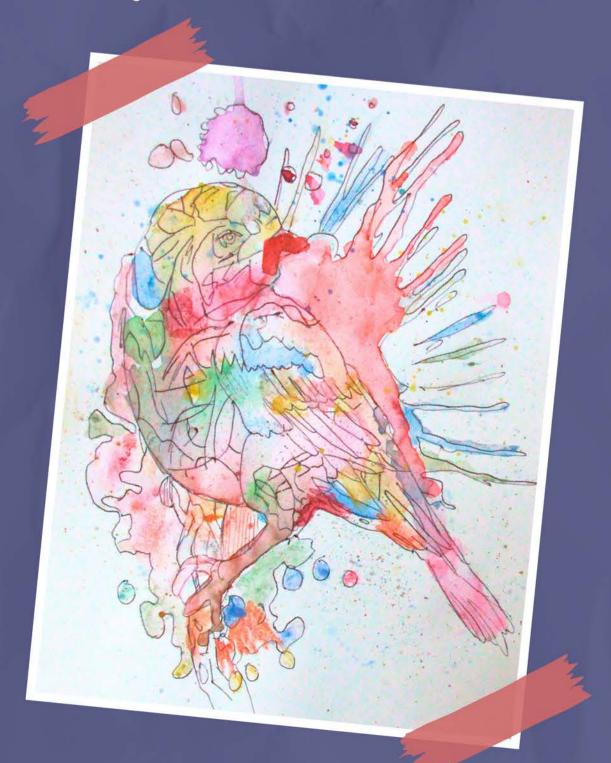
We are incredibly proud of this achievement. A special congratulations to our Modern Foreign Language Department who played a huge role in Brooksbank achieving this award.



In Miss Choudhry's Math class this week. students honed their oracy skills by explaining mathematical concepts. During the session. Joshua C bravely stepped up to explain the median to his peers. This required great courage and he did it excellently! By providing students the opportunity to teach their class mates helps to improve not only their Maths skills. but their confidence and communication.

Miss Choudry shared. "My primary role is to cultivate a safe and inclusive environment in the classroom. where every student can freely express themselves without fear of judgment."





ARTWORK OF THE WEEK...

This week, the Blue Line went to the Art Department to discover which artwork has been selected as the Artwork of the Week.

It was Pixie M's beautiful water colour bird that sealed the top spot. The bird project is inspired by artist Abby Diamond. as part of Year 7s Animal and Insect Project.

Well done Pixie!



BROOKSBANK SIXTH FORMER ACHIEVES DUKE OF EDINBURGH GOLD AWARD

Congratulations to our sixth former. Jacob. on completing his Gold Duke of Edinburgh Award! This prestigious program challenges young people to develop skills. engage in physical activities. volunteer and embark on adventurous journeys.

Achieving the Gold level is a remarkable accomplishment. requiring immense dedication and resilience. Jacob's hard work was honoured with an invitation to Buckingham Palace this week to celebrate his success. We are incredibly proud of Jacob for this well-deserved recognition and for inspiring us all with his achievements.

SIXTH BAND 'SAGE GROVE' SET TO TAKE THE STAGE AT INVICTUS SUMMER PARTY

Introducing 'Sage Grove', our Sixth Form Band.

Join us on 1st June at the Invictus Wellbeing Summer Party to witness their debut performance. We are thrilled to see them perform for this fantastic cause.



KEY CALENDAR DATES

Ambleside Parents Meeting Year 10 Work Experience Volunteering Week French Exchange Year 11 Prom Sixth Form Prom Ambassdor Trek Tue 21 May
Wed 22nd May
3 - 7th June
6 - 11th June
Fri 21st June
Fri 28th June
Thu 4th July

KEY HOLIDAY DATES

Spring Bank 24 May - 3 Jun Summer break begins Fri 19 Jul

EXAMS TIMETABLES

YEAR 11 EXAM TIMETABLE

W/C 20TH MAY

Date	Time	Exam
Mon 20th May	9:00am	English Lit COMPONENT2 Prose & poetry
Tue 21st May	9:00am	Ctznshp Stds: Ctznshp In Prspctve Wtn
Wed 22nd May	9:00am	Combined Sci Trilogy Physics P1f & h
	9:00am	Physics Paper 1 Tier F & H
	13:30pm	Physical Education Paper 1
Thu 23rd May	9:00am	Eng Lang Component 1 20th Cent Lit
Fri 24th May	9:00am	French Writing Test Tier F & H

YEAR 13 EXAM TIMETABLE

W/C 20TH MAY

Date	Time	Exam	Year
Man 2046 Man	9:00am	Sociology Adv Paper 1	12
Mon 20th May	13:30pm	Media Studies Comp 1 Media Products	13
Tue 21st May	9:00am	Chemistry	12/13
	9:00am	Biology	12/13
	13:30pm	Uk Politics	13
Wed 22nd May	13:30pm	Physics	12/13
	13:30pm	Health Psychology	13
	13:30pm	Further Mathematics Adv Paper 1	13

Date	Time	Exam	Year
Thu 23th May	9:00am	Eng Lang Component 1 20th Cent Lit	13
	9:00am	Britain 1625 1701	13
	13:30pm	English Language Adv Paper 1	13
	9:00am	Physical Education Adv Paper 1	13
Fri 24th May	9:00am	Physics A: Modelling Physics Wtn	13
	9:00am	English Literature B Adv Paper 1a	13