



# WELCOME ME DAYS

August 26 - September 2, 2025

UNIVERSITY OF  
**St. Thomas**®

August 26, 2025

# WELCOME DAYS

Your start to Welcome Days is based on your scheduled first overnight stay and engagement in Living Learning Community (LLC) or Common Good Learning Community (CGLC) activities on campus. Students who are commuting will begin their Welcome Days on Wednesday, August 27, 2025.

This booklet provides an overview of your Welcome Days schedule. This includes learning more about Tommie Link, sharing what content is required during Welcome Days and an introduction to Create Your Own Experience. More detailed event information and your specific schedule will be in Tommie Link by August 25th.

Tommie Link is our online student engagement system where you can find upcoming events and activities, join student clubs and organizations, and RSVP for upcoming events. Tommie Link+ is the coordinating app.

**TOMMIE LINK**



The Welcome Days schedule is built intentionally to provide students important information, resources and opportunities for building connections on campus. We encourage you to attend as many as possible but please note that events marked with a **green bar** are required events for all new first-year students or as listed.



**Create Your Own Experience**  
Over the weekend, explore some of the many ways you can engage on campus. Check out Tommie Link for events offered each day - look for the orange sticker!

All Welcome Days events will be in Tommie Link and accessible in the Tommie Link+ mobile app beginning August 18, 2025. Welcome Days Leaders will be communicating with students via the Tommie Link+ mobile app. In order to receive these communications, please make sure you do the following before August 25th. Students will also need to know how to access their Tommie Link event pass.

1. Download the Tommie Link+ app
2. Log into the app with your St Thomas e-mail (no vanity emails)
3. Complete the sign-up process including the user pledge

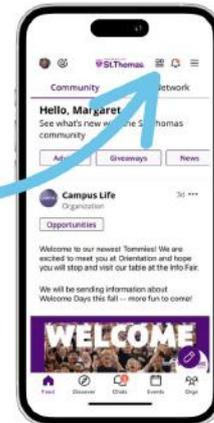
For more information on Tommie Link+ and how to get started, please visit [HERE](#)

## 2 WAYS TO ACCESS YOUR EVENT PASS

- 1** Download and access your event pass in the Tommie Link+ mobile app

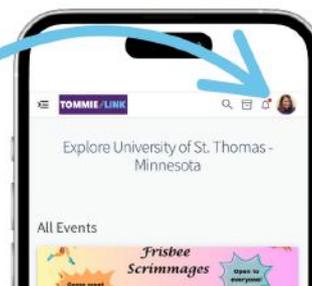


**TOMMIE LINK+**



- 2** Save a copy to your wallet

1. Sign into Tommie Link **TOMMIE LINK**
2. Click on profile picture in top right
3. Event Pass QR Code is located to left of your profile picture
4. Save event pass to your wallet or save a screenshot to photos



Please note - the schedule is subject to change.  
Please check [Tommie Link](#) for the most up-to-date information.

# SATURDAY

AUGUST 23, 2025

6 am - 10 pm

## INTERNATIONAL STUDENT ARRIVAL DAY

*Murray-Herrick Campus Center (MHC) Rm 212*

# SUNDAY

AUGUST 24, 2025

Fall Meal Plans begin with Brunch  
on Sunday, August 24th

8 am - 4 pm

## GHR FELLOWS MOVE-IN DAY

8 am - 4 pm

## SCHULZE INNOVATION SCHOLARS MOVE-IN DAY

9 am - 2 pm

## INTERNATIONAL STUDENT CHECK-IN (STUDENT ID Cards 11 am - 2 pm)

*Murray-Herrick Campus Center (MHC) Rm 212*

5 - 7 pm

## GHR FELLOWS WELCOME DINNER

*McNeely Hall (MCH) Rm 100*

6 - 8:30 pm

## SCHULZE SCHOLARS & GHR FELLOWS FIRST-YEAR BOWLING

*Anderson Student Center (ASC) Bowling, Lower Level (LL)*

# MONDAY

AUGUST 25, 2025

8 am - 8 pm

## SCHULZE SCHOLARS ORIENTATION & WELCOME DINNER

*McNeely Hall (MCH) Rm 100*

8 am - 4 pm

## FRESHMAN INNOVATION IMMERSION MOVE-IN

*Residence Halls*

8 am - 4 pm

## GHR FELLOWS ORIENTATION

*McNeely Hall (MCH) Rm 117*

3 pm - 4:30 pm

## INTERNATIONAL STUDENT IMMIGRATION SESSION

(Required for new  
international students)

*Anderson Student Center (ASC) Rm 378 - Woulfe Alumni Hall*

5:30 pm - 7 pm

## INTERNATIONAL STUDENT PICNIC

*Upper Quad*

8 - 10 pm

## EVENING ACTIVITIES: BOWLING & SNACKS

*Anderson Student Center (ASC) Bowling, Lower Level (LL)*

# TUESDAY

AUGUST 26, 2025

8 am-4 pm **LIVING LEARNING COMMUNITIES (LLC) MOVE-IN**  
*Residence Halls*

7 am - 10:30 pm **FRESHMAN INNOVATION IMMERSION & BOAT CRUISE**  
*Woulfe Alumni Hall, ASC 378*

4:30- 7:30 pm **LLC WELCOME DINNERS** (Required for all LLC Students)  
*Check Tommie Link for your LLC meeting time and location*

8:30- 10:30 pm **EVENING ACTIVITIES: OUTDOOR MOVIE, BONFIRES, & S'MORES**  
*John P. Monahan Plaza & Lower Quad*

# WEDNESDAY

AUGUST 27, 2025

8:00 am - 4 pm **LLC KICK-OFF EVENTS** (Required for all LLC Students)  
*Check Tommie Link for your LLC meeting time and location*

8 am-4 pm **COMMON GOOD LEARNING COMMUNITIES (CGLC) MOVE-IN**  
*Residence Halls*

12:10 pm **MASS**  
*Chapel of St. Thomas Aquinas*

Mass is held daily at 12:10 pm  
Chapel of St. Thomas Aquinas

12:30- 2 pm **CAMPUS MINISTRY MEET & GREET**  
*Upper Quad*

4:45- 7:15 pm **COMMUNITY MEETINGS & DINNER** (Required)

*See schedule below - Students living on campus - your RA will share your meeting location. FY Commuter Student meeting will be held in OEC 101.*

Groups	4:45 - 6:00 pm	6:00 - 7:15 pm
Brady Hall and Schoenecker Hall North 2 (2nd Floor only)	Dinner: The View	COMMUNITY MEETING
Schoenecker Hall North 3-5 and new Transfer Students	Dinner: The Northsider	COMMUNITY MEETING
Dowling Hall and Murray Hall FY Students	COMMUNITY MEETING	Dinner: The View
Ireland Hall and all new FY Commuter Students	COMMUNITY MEETING	Dinner: The Northsider

7:30- 8:15 pm **TOMMIE FIRST-YEAR PEP FEST** (Required)

### **Football Field**

Come join Head Football Coach Glenn Caruso and Vice President/Director of Athletics Phil Esten and the rest of the freshman class as we get you ready for an exciting season of Tommie Football. Learn the St. Thomas Fight Song, meet Tommie, and get acquainted with the Student Section in O'Shaughnessy Stadium. Roll Toms!

8:30- 11:30 pm **EVENING ACTIVITIES: LATE NIGHT IN THE ASC**  
*Anderson Student Center - see Tommie Link for more information*

7-9am **COFFEE BAR with RESIDENTIAL CONNECTION TEAM**  
*Upper Quad*

7-9am **BREAKFAST**  
*The View or The Northsider*

8:15-8:45am **THRIVE STATION ORIENTATION**  
*Northsider Dining Hall*  
See Dining Information on page 14

[Click HERE to find your WD meeting locations](#)

9-9:45am **WELCOME DAY GROUP MEETINGS (Required)**

*See locations at link to right*  
Your Welcome Day group is the same as your First-Year Experience (FYEX100) class. Group meetings are led by your Welcome Days Leader who will be connecting with you throughout Welcome Days via Tommie Link+

10am-3:30pm **DFC BRIDGE DAY ORIENTATION**  
*Please see schedule sent*

10am-Noon **ACADEMIC COLLEGE DAY (Required)**

*College/School groups listed below*  
Students will have the opportunity to meet/hear from their dean as well as gather important information on preparing for classes and academic expectations, opportunities and resources within the college or school of their intended major. If students are still exploring, they are welcome to attend any session that interests them. All students must attend one session.

College/School	Location
College of Arts & Sciences	O'Shaughnessy Education Center (OEC 101)
Morrison Family College of Health	Iversen Center for Faith (ICF LL16)
Opus College of Business	Woulfe Alumni Hall (ASC 378)
School of Education	Iversen Hearth Room (ASC 340)
School of Engineering - Mechanical	Owens Science Hall (OWS 150)
School of Engineering - Civil, Computer, Electrical, and Undecided	Schoenecker Center (SCC 106)

Noon-2pm **Academic Resource Fair and Lunch Rotations (Required)**

*Please see schedule below - Academic Resource Fair is on ASC Plaza*

College/School	12:00 pm - 1:00 pm	1:00 pm - 2:00 pm
College of Arts & Sciences	Lunch at The View	Academic Resource Fair
Morrison Family College of Health	Lunch at The Northsider	Academic Resource Fair
Opus College of Business	Academic Resource Fair	Lunch at The View
School of Education	Academic Resource Fair	Lunch at The View
School of Engineering	Academic Resource Fair	Lunch at The Northsider

AUGUST 28, 2025

## ACADEMIC RESOURCE FAIR

Come connect with and learn about different resources available to support your academic career at St. Thomas!

You can also pick up your BE PURPLE t-shirt for the March through the Arches on Tuesday, September 2nd!



Men's Soccer  
12pm South Field

1:30 - 2:30 pm

## COMMON GOOD LEARNING COMMUNITY (CGLC) Sessions

(CGLC Student Requirement)

*Please see Tommie Link for your assigned room*

1:30 - 2 pm

## THRIVE STATION ORIENTATION

*Northsider Dining Hall*

See Dining Information on page 14



Women's Soccer  
4pm South Field

4:00 pm

## RESIDENCE LIFE YARD GAME FAIR

*Upper Quad*

4 - 6 pm

## DINNER

*The View or The Northsider*

4 - 6 pm

## SIDELINE SPIRIT GAMEDAY PREP

*See locations in Tommie Link*

6:00 pm

## HOME FOOTBALL GAME vs Lindenwood

*Football Stadium*

Put on your purple and let's cheer on the Tommies as they take on Lindenwood in this home-opener. Please make sure you set up your account and download your ticket in the Tommie Sports app!



9:30 pm -  
Midnight

## HEADPHONE DISCO

*Upper Quad*

Join us on the Upper Quad after the game for Headphone Disco. This exciting event features specially made two-channel wireless headphones. With two DJs broadcasting at the same time, you can switch between DJs with ease and dance to two distinct soundtracks. This event is always a crowd favorite, creating unforgettable memories year after year!



- 7-9am **BREAKFAST**  
*The View or The Northsider*
- 10:00am - 12:30pm **WELCOME DAYS STUDENT ENGAGEMENT SESSIONS (Required)**  
*Football Field*
- **10:00 am - Welcome Days Group Meeting**  
Meet your Welcome Days Leader and group on the football field at 10am for required small group meeting. Hear from university leaders on how to get engaged throughout the year.
  - **11:00 am - Great Tommie Get-Together**  
Following small group meetings join the rest of the groups for this fun, get-to-know-you, enormous icebreaker on the football field.
- 12:00 - 2:00 pm **STUDENT ENGAGEMENT FAIR and LUNCH (Required)**  
*ASC John P. Monahan Plaza, The Northsider and The View*  
Meet and connect with student clubs and organizations, university departments and community partners to learn about the many ways you can get involved during your time at St Thomas! Students can also grab lunch at anytime at The Northsider or The View
- 2 - 2:30 pm **THRIVE STATION ORIENTATION**  
*Northsider Dining Hall*  
See Dining Information on page 14
- 2-4 pm **STUDENT DIVERSITY & INCLUSION SERVICES ICE CREAM SOCIAL**  
*Dorsey Way, 2nd floor ASC*
- 3-5 pm **GAMES ON THE UPPER QUAD with CAMPUS MINISTRY**  
*Upper Quad*  
Please see Tommie Link for more details
- 3:30 - 4:30 pm **480 COLLECTIVE MUSIC PERFORMANCE**  
*Upper Quad*  
Please see Tommie Link for more details
- 4-7 pm **DINNER**  
*The View or The Northsider*
- 8-10 pm **BINGO WITH GUS**  
*Woulfe Alumni Hall, ASC 378*  
Please see Tommie Link for more details
- 10pm - Midnight **MEGA GAME NIGHT with RESIDENTIAL CONNECTION TEAM**  
*Residence Halls - please see Tommie Link for more information*



# Create Your Own Experience Kick-Off!

Over the weekend, explore some of the many ways you can engage both on and off campus. Events hosted by departments, groups and clubs all weekend!

Be sure to check out Tommie Link for all events offered each day - look for the orange sticker!

## SATURDAY

AUGUST 30, 2025

8 am - 5 pm

### AARC OPEN HOURS

Anderson Athletic & Recreation Center (AARC)

9 am - 2 pm

### BRUNCH

The View

9 am - 8 pm

### CREATE YOUR OWN EXPERIENCE

Check links to Tommie Link for all up to date event information



9 - 9:45 am

[Yoga on the Quad](#)

Upper Quad



10 am - 12:30 pm

[St. Paul Farmers Market Trip](#)

Off-Campus



10 am - 10 pm

[Residence Life Yard Game Fair](#)

Upper Quad



12:30 - 2:30 pm

[Trip to Minnehaha Falls](#)

Off-Campus



1 - 3 pm

[Intro to Intramurals: Basketball](#)

AARC Fieldhouse



1 - 3 pm

[Metro Transit trip to Highland Village](#) Off-Campus



4 - 6 pm

[Ping-Pong-o-Tommie](#)

ASC Lower Level



6 - 8 pm

[Bowl-o-Tommie](#)

ASC Bowling (LL)

4 - 7 pm

### DINNER

The View

7 - 9 pm

### DUELING PIANOS

Scooter's, ASC

10 pm -

### SQUISHMALLOW TRIVIA & BINGO

Residence Halls

Midnight

# SUNDAY

AUGUST 31, 2025

8 am - 5 pm **AARC OPEN HOURS**  
*Anderson Athletic & Recreation Center (AARC)*

9 am - 2 pm **BRUNCH**  
*The Northsider*

11 am **Sunday Mass and Hospitality afterwards**  
*Chapel of St. Thomas Aquinas and ICF LL18*

10am - 5 pm **CREATE YOUR OWN EXPERIENCE**  
*Check links to Tommie Link for all up to date event information*



10 am - 10 pm

**Residence Life Yard Game Fair**

*Upper Quad*



11 am - 1:30 pm

**Afternoon at Centennial Lakes Park**

*Off-Campus*



1 - 3 pm

**Intro to Intramurals: Volleyball**

*AARC Fieldhouse*



2 - 3:30 pm

**Craft & Connect**

*create[space]*



2 - 3:30 pm

**Sculpture Garden & Skyline Mini Golf**

*Off-Campus*



3 pm

**Women's Soccer Game**

*South Field*

4 - 7 pm **DINNER**  
*The Northsider*

8 - 9 pm **TRIVIA SMACKDOWN**  
*Scooter's, ASC*

10 pm -  
Midnight **LATE NIGHT LEGO BUILD**  
*Residence Halls*



## Additional Options

- Walk your class schedule to familiarize yourself with [campus](#)
- Rent out games or equipment at [Tommie Central](#) in ASC
- Explore the [Campus Sustainability](#) self-tours

# MONDAY

SEPTEMBER 1, 2025

7-9 am **BREAKFAST**  
*The View or The Northsider*

9 am - 7 pm **CREATE YOUR OWN EXPERIENCE**  
*Check links to Tommie Link for all up to date event information*

-  9-9:45 am [Yoga on the Quad](#) *Upper Quad*
-  10 am - 10 pm [Residence Life Yard Game Fair](#) *Upper Quad*
-  10:15 am - 2:30 pm [Trip to Como Zoo](#) *Off-Campus*
-  11 am - 12:30 pm [Nature Walk](#) *Monahan Plaza*
-  11 am [Welcome Days Scavenger Hunt](#) *Monahan Plaza*

11 am - 2 pm **LUNCH**  
*The View or The Northsider*

-  1-3 pm [Welcome Week World Cup Soccer Tournament](#) *Football Field*
-  3-7 pm [Mall of America Excursion](#) *Off-Campus*

4-7 pm **DINNER**  
*The View or The Northsider*

7-9 pm **BONFIRES AND S'MORES**  
*John P. Monahan Plaza, ASC*

10 pm -  
Midnight **THROWBACK CRAFT NIGHT**  
*Residence Halls*

# TUESDAY

SEPTEMBER 2, 2025

7-9 am

## **BREAKFAST**

*The View or The Northsider*

9-9:45 am

## **FIRST-YEAR ADVISING MEETINGS - GROUP 1**

(Required to attend

10-10:45 am

## **FIRST-YEAR ADVISING MEETINGS - GROUP 2**

your group time)

You can find your meeting time and location in Tommie Link under "Up Next For You". You will also receive an email with your group time, faculty advisor name and meeting location the week of Welcome Days.

11:00 am

## **MARCH THROUGH THE ARCHES** (Required)

*Meet outside the Arches (Summit Ave side) no later than 10:55 a.m.*

Make sure you wear your "BE PURPLE" t-shirt! This tradition marks the start your time as a member of the St Thomas community!

11:30 am

## **WELCOMING ASSEMBLY AND INTERFAITH BLESSING** (Required)

*Schoenecker Arena, AARC*

12:15-1:15 pm

## **NEW COMMUTER STUDENT PIZZA PARTY**

*Off-Campus Student Life, ASC 218*

1:00-3 pm

## **FIRST GEN TOMMIE TAKE-OFF**

*Woulfe Alumni Hall, ASC 378*

Join us on Tuesday, September 2, for Tommie Takeoff! This Welcome Days event is specifically for those of you who are first-generation college students (at St. Thomas, we define that as neither parent completed a bachelor's degree). Please check out Tommie Link for more information and to register!

2:00 pm

## **NEW TRANSFER STUDENT CAMPUS WALK**

*Check Tommie Link for location*

8:30-10:30 pm

## **OUTDOOR MOVIE**

*Amphitheater, ICF*

Check Tommie Link for event information

# WEDNESDAY

SEPTEMBER 3, 2025

ALL DAY

**FIRST DAY OF CLASSES**

11 am - 1 pm

**CENTER FOR WELL-BEING LEMONADE STAND**

*John P. Monahan Plaza, ASC*

# THURSDAY

SEPTEMBER 4, 2025

NOON

**MASS OF THE HOLY SPIRIT and OPEN HOUSE**

*Chapel of St. Thomas Aquinas/Open House in Campus Ministry (ICF LL18) following Mass*

6:00 pm

**CAMPUS MINISTRY BLOCK PARTY**

*Amphitheater, ICF*

Carnival games and a live concert by Luke Spehar, alum and internationally known singer/songwriter.

# FRIDAY

SEPTEMBER 5, 2025

3-6 pm

**PACK THE QUAD**

*Lower Quad and John P. Monahan Plaza, ASC*

Celebrate the end of the first week of classes with an afternoon of music, fun games and activities and giveaways! Check Tommie Link for more information.



# Dining Hall Hours

## August 24, 2025

### *The Northsider Dining Hall (The View Closed)*

- Brunch: 9:00 am - 2:00 pm
- Dinner: 4:00 pm - 7:00 pm

## August 25 - 29, 2025

### *The View and The Northsider Dining Halls*

- Breakfast: 7:00 am - 9:00 am
- Lunch: 11:00 am - 2:00 pm
- Dinner: 4:00 pm - 7:00 pm

## August 30, 2025

### *The View Dining Hall (Northsider Closed)*

- Brunch: 9:00 am - 2:00 pm
- Dinner: 4:00 pm - 7:00 pm

## August 31, 2025

### *The Northsider Dining Hall (The View Closed)*

- Brunch: 9:00 am - 2:00 pm
- Dinner: 4:00 pm - 7:00 pm

## September 1, 2025

### *The View and The Northsider Dining Halls*

- Breakfast: 7:00 am - 9:00 am
- Lunch: 11:00 am - 2:00 pm
- Dinner: 4:00 pm - 7:00 pm

## Starting Tuesday, September 2, 2025

### **Mondays - Fridays**

#### *The View and The Northsider Dining Halls*

- Breakfast: 7:00 am - 9:00 am
- Lunch: 11:00 am - 2:00 pm
- Dinner: 4:00 pm - 8:30 pm

### **Saturdays**

#### *The View*

- Brunch: 9:00 am - 2:00pm
- Dinner: 4:00 pm - 8:30 pm

### **Sundays**

#### *The Northsider*

- Brunch: 9:00 am - 2:00pm
- Dinner: 4:00 pm - 8:30 pm

## THRIVE STATION

The Thrive Station in Northsider Dining Hall is an area where Dining has eliminated the top 9 food allergens. Students that are pre-approved and have attended a tour can use this station for meals. For more information or to be preapproved please use this [link](#).

# Building Abbreviations

55S	Sitzman Hall
AARC	Anderson Athletic and Recreation Center
ASC	Anderson Student Center
AQU	Aquinas Hall
BEC	Brady Education Center
CHA	Chapel of St. Thomas Aquinas
CWB	Center for Well-Being
FDC	Facilities and Design Center
ICF	Iversen Center for Faith
JRC	John R. Roach Center
KOC	Koch Commons

LIB	O'Shaughnessy-Frey Library
MCH	McNeely Hall
MHC	Murray-Herrick Campus Center
OEC	O'Shaughnessy Educational Center
OSS	O'Shaughnessy Science Hall
OWS	Owens Science Hall
SCC	Schoenecker Center
SMH	Susan S. Morrison Hall



## St Paul Campus Map

For the full St Paul Campus Map, please click [HERE](#)

# Anderson Athletic Recreation Center (AARC) Hours

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Sunday, August 24	8:00 am - 5:00 pm
Monday - Friday, August 25 - 29	6:00 am - 8:00 pm
Saturday - Sunday, August 30 - 31	8:00 am - 5:00pm
Monday, September 1	CLOSED
Starting Tuesday, September 2	6:00 am - 10:00 pm

# HOW TO ACCESS MOBILE TICKETS



## DOWNLOAD TICKET BEFORE YOU ARRIVE

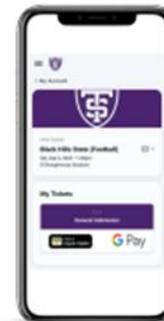
LOGIN USING THE TOMMIE SPORTS APP OR  
BY GOING TO TOMMIESPORTS.COM

Phone (Safari or Google) - Go to [tommiesports.com](http://tommiesports.com), tap on the 3 white bars, select TICKETS, and then select STUDENT LOGIN. Tap the 3 purple bars at the top right and select MY ACCOUNT.



SELECT THE GAME TO ACCESS TICKET

SELECT TICKET AND TAP APPLE WALLET OR  
GOOGLE PAY DEPENDING ON YOUR PHONE



TAP ADD AT THE TOP RIGHT

CONFIRM TICKET IS SAVED IN YOUR DIGITAL  
WALLET AND PRESENT YOUR QR CODE TO BE  
SCANNED FOR ENTRY



UST EVENT PASS AND UST STUDENT ID ARE NOT VALID FOR BASKETBALL, FOOTBALL, HOCKEY, AND VOLLEYBALL EVENTS. MUST CLAIM FREE STUDENT TICKET THROUGH UST STUDENT ACCOUNT.

Questions? Contact the St. Thomas Athletics Ticket Office at [tickets@stthomas.edu](mailto:tickets@stthomas.edu).