



# Bespoke Quality Care in Your Home



with Right at Home  
Cardiff & Newport





# Introducing Right at Home

At Right at Home, we understand the emotional and practical challenges you may face when seeking care for loved ones. That's why we're committed to providing the kind of care we'd want for our own family members.

We believe that the best care takes place in the comfort of one's own home — a place full of cherished memories and a sense of belonging. Whether it's your parent, partner, or even yourself, we're here to ensure you receive compassionate, high-quality care in familiar surroundings.



# Supporting Families in Your Community

Our approach is centred on building meaningful relationships with both our Clients and their families. By considering what matters most to you and taking the time to understand your needs, we provide unrushed and attentive support to live safe and well.

By travelling in our own time, not yours, we focus entirely on your needs or those of your loved ones. This approach enables us to observe any changes in health or wellbeing and keep family members informed. All our care is regulated by the Care Inspectorate Wales, giving you the peace of mind that you or your family member is in safe hands.







# Our Family-Feel Team

## Passionate Care Assistants Who Make a Difference

Our Care Assistants are the heart of Right at Home. For them, providing care isn't just a job — it's a vocation driven by compassion, respect, and a genuine desire to make a positive impact in the lives of others.

- **High standards:** Every Care Assistant undergoes rigorous background checks and completes extensive training, ensuring they have the skills and empathy needed to provide exceptional care.
- **Ongoing support:** Regular refresher training and quality checks help us maintain excellence in every aspect of care.



## **Building Trust and Connection**

We believe in developing strong, meaningful relationships between our Care Assistants and those we support. That's why we:

- Carefully match you with Care Assistants who share similar interests and values, ensuring compatibility.
- Prioritise consistency when it comes to care, so you will always know who will be visiting. Where possible, we will introduce your Care Assistants before the first visit.

## **Like a Member of Your Family**

Our Care Assistants go beyond tasks — they provide companionship, understanding, and a sense of reassurance to you and your family alike.

At Right at Home, we don't just provide care; we create connections that bring comfort and confidence to families. Let us help you or your loved one live with independence and dignity in the comfort of your own home.



# When is homecare right for you?

Homecare is suitable for anyone who needs help with daily tasks or specialist support due to age, illness, or disability. Whether it's regular companionship, managing a condition like dementia, or short-term help after a hospital stay, our care is always tailored to what is most important to you.

With personalised Care & Support Plans, we can ensure the right balance of care and independence. We're not here to take over — you stay in control of your own decisions and maintain a sense of self-reliance.

# Starting your care journey

Deciding to seek care is a significant step for any family. Many families begin considering care when a relative starts relying on them for everyday tasks like cooking, cleaning, or running errands.

Starting the conversation early can ensure your family member receives the right level of support before their needs become more complex. Our experienced team can guide you through this process with understanding and sensitivity.





## A Depth of Experience You Can Trust

When you invite someone into your home, you need confidence that the people supporting you understand what they are doing and know how to respond when things change.

Our Care Assistants and office teams support people living with a wide range of health needs every day. From early memory loss to advanced dementia, from recovery after surgery to complex long-term conditions, we bring calm, experienced support into situations that can otherwise feel overwhelming.

Our care is often preventative. Because our Care Assistants spend meaningful, unhurried time with Clients, they are able to notice small changes in mobility,

mood, or daily routines and raise concerns early. This helps prevent avoidable setbacks and allows families and professionals to take action sooner.

Behind each visit is a wider team of experienced care professionals, guided by the Registered Manager, who oversees care, reviews plans, and makes sure support adapts safely as needs change.

This depth of experience means families are never left to navigate care alone. You can trust that support is guided by knowledge, attentiveness, and a genuine commitment to your wellbeing.



## Can I Choose Care for Myself?

Absolutely. At Right at Home, we empower individuals to take an active role in planning their own care.

Whether you need assistance with daily tasks, support after a hospital stay, or live-in care, we'll work with you to tailor a care plan that suits your preferences and lifestyle. Choosing care for yourself ensures you maintain independence and control while receiving compassionate, high-quality support in the comfort of your own home.

If you have noticed that you could benefit from assistance to enjoy your favourite things and live life how you want to, we're here to help you understand your options.



# What Type of Care Do You Offer?

We provide a wide range of homecare services, all designed to improve the quality of life for our Clients and their families. Arranging care may seem overwhelming at first, but we will help you navigate the care journey and get the level and type of assistance that fits your individual circumstances.

## Visiting Care

Flexible support with daily activities such as personal hygiene, meal preparation, light housekeeping and medication reminders. Visiting care is ideal for older adults, people living with disabilities, or anyone recovering from a stay in hospital.

## Respite Care

Temporary relief for family carers, with professional support at home. We make sure loved ones stay safe and well in familiar surroundings, while their primary carers have time to rest and recharge.

## Live-in Care

Ongoing, comprehensive support at home. A Care Assistant lives with the Client, offering help with personal care, mobility, medication and companionship, while providing families with peace of mind.

## 24-Hour Care

Round-the-clock assistance delivered by a team of Care Assistants working in shifts. This option ensures continuous support for Clients with high care needs, while giving families confidence that their loved one is never without professional help.





# Complex Care with Right at Home

## Support when you need it most

Complex care is for people whose needs go beyond standard homecare and require additional planning, specialist training, and closer oversight.

This may be following a significant health event, while living with a long-term condition, or when more support is needed later in life.

At Right at Home, our complex care service is designed to help you remain safely and comfortably at home while preserving dignity and independence. We work closely with community nursing and healthcare professionals where clinical guidance is needed, ensuring care is delivered in line with agreed plans.

Your Care & Support Plan is personalised around you and reviewed as needs evolve, giving you and your family confidence that support is coordinated and dependable.







# Reassuring Support for More Advanced Care Needs

Our complex care service supports people living with conditions that require additional skill and coordination beyond standard homecare. Care is delivered by trained Care Assistants and guided by community nursing and wider healthcare teams where clinical input is required.

We can support people living with a range of conditions, including:

**Stroke rehabilitation:** Supporting daily routines, mobility, and rehabilitation plans advised by healthcare professionals.

**Cancer:** Providing support with daily living, comfort, fatigue, and maintaining routines during or after treatment.

**Osteoarthritis:** Supporting mobility, pain management routines, and reducing falls risk.

**End-of-life care:** Offering compassionate support focused on comfort, dignity, and emotional reassurance.

**Neuromuscular disorders:** Assisting with daily activities and adapting care as physical abilities change.

**Motor neurone disease:** Supporting comfort, mobility, and day-to-day needs alongside specialist services.

Care is shaped around the individual and delivered in line with professional guidance. Our Care Assistants receive enhanced training and ongoing support, and care is reviewed so any changes can be addressed promptly in partnership with community healthcare teams.

If you think you or a loved one could benefit from our complex care services, please get in touch. We will be happy to talk you through your options.





# Supporting Your Family Every Step of the Way

## Your Peace of Mind

We're here to reassure families that their loved ones are receiving exceptional care. Our detailed reporting and open communication mean you're always in the loop.

## Independence for You or Your Loved One

Homecare enables family members to stay connected to their communities and maintain their daily routines, whether it's enjoying a favourite hobby or spending time with grandchildren.

## Your Family's Safety Net

Our Care Assistants monitor health changes closely, providing prompt action when needed and keeping families informed of any concerns.

With Right at Home, you can trust that you or your family member is cared for with respect, compassion, and professionalism.



# Why Choose Right at Home?

**Tailored Care Plans:** We create personalised plans that align with your goals and needs.

**High-Quality Standards:** We're committed to delivering safe, effective and compassionate care.

**Person-Centred Approach:** We treat you as an individual, with dignity and respect at the core.

**Award-Winning Network:** We are part of a trusted, national brand recognised for excellence in care.

**Preferred One-Hour Visits:** Our visits are never rushed — we take time to provide quality support.

**Care in the Community:** Our Care Assistants are part of the local community, so every visit is delivered with local knowledge and care.

**Continuity of Care:** We aim to ensure you always see a familiar face who knows you well.

**Fully-Regulated Provider:** We're fully regulated by the Care Inspectorate Wales to provide exceptional care.

## Book a Homecare Assessment

Our no-obligation assessment to determine the best Care & Support Plan for you.





# Next Steps

## Get in Touch

Speak to a friendly local care expert who will listen to your concerns and talk you through the options. Pick up the phone or contact us online to start your care journey.

## Assessment and Planning

Before care begins, we'll visit you or your loved one at home to learn about any needs and preferences, and understand your expectations. During onboarding, we carefully select Care Assistants who complement your personality and needs.

## Ongoing Support

We regularly review care plans to ensure they remain effective. Our team is available to answer any questions, and we're committed to responding quickly to any changes.



*“When Dad was hospitalised, we had to make quick decisions about care. We found Right at Home and they put us at ease with their calm, professional approach, constantly reviewing the care plan and keeping us involved.”*

**Neil F, Son of Client  
with Right at Home**





# Care to Keep You Feeling Like You

Whether you could do with extra help around the house, daily living support, or even 24-hour assistance, Right at Home can provide compassionate care in the comfort and familiarity of your home.

With the right support, you can keep living life on your terms.



# How We Can Help

We understand how important it is for families to feel confident in the care provided to their loved ones. Our services are designed to ease everyday tasks, promote independence, and ensure peace of mind for everyone involved.

Together, we create Care & Support Plans that assist:

- **Living Well:** Personal care such as washing and grooming, nutrition, light housekeeping, and fall prevention.
- **Mental and Emotional Wellbeing:** Companionship, emotional support, and encouragement with hobbies.
- **Health:** Including medication support, liaising with healthcare teams, and helping you stay on track with prescriptions.
- **Staying Active and Independent:** Accompaniment to social groups and exercise classes, support on public transport and on trips.

By tailoring our services to each of your needs, we ensure the right balance of care and independence. Families can rest assured knowing their loved one is supported by someone who truly cares.



# Funding Your Homecare

We know that arranging care can feel daunting, especially when considering costs. Our team is here to guide you through every step, from initial consultations to understanding available funding options.

- We provide approximate quotes upfront, followed by a detailed homecare assessment to confirm the level of care needed.
- Adults aged 18 or over may qualify for financial support for homecare services through local authorities or other funding sources.

If you have questions about funding or need help exploring your options, our team is happy to assist.





*“My mum has been cared for by Right at Home for three years and I definitely think they are an amazing company!”*

*Mum has been very well looked after and throughout the whole journey, Right at Home always put her needs first.*

*Since using Right at Home, my mum’s life is so much better. It is a comfort to me that she is in good hands with people I can trust and lean on.”*

**Sarah, Daughter of Client  
with Right at Home**





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