

the early years

» do you believe everyone has strengths?

» are you looking for high quality resources to bring conversations alive?

we have a range of engaging, evidence-based tools you can use to create connection, build trust and explore challenging topics with children, young people or adults!



funky fish feelings

helping people of all ages explore an ocean of emotions

Funky Fish Feelings is a wonderful resource for building conversations and helping users to recognise their emotions and feelings. By helping users find words to represent their feelings, they can experience transformation and self-liberation.

Cat No: 2850 \$84.95

anxiety solutions for kids

fun and simple anxiety management strategies for children

Anxiety Solutions for Kids – 50 Ways to Ride the Wave is a set of delightfully illustrated cards with simple, practical, and fun activities for children experiencing worry and anxiety. This set is suitable for supporting wellbeing and resilience in children between the ages of 3 to 14 years of age but can be readily used by anyone wanting convenient strategies for anxiety and stress management.

Cat No: 4937 \$74.95

new!



children's strengths bundle

help children grow in confidence, build self-esteem and develop emotional literacy

The all-new *Childrens Strengths bundle* includes a range of resources designed to help children build resilience, embrace optimism, and grow their life skills every day.

- *Strength Cards for Kids* (cards)
- *Can-Do Dinosaurs* (cards)
- *Strength Cards* (cards)
- *Strength Cards for Kids* (stickers)

Cat No: 1166 \$216.60

school readiness funding? Yes, we are on the menu of registered suppliers



early years trauma informed care bundle

These strength-based resources are perfect for having gentle conversations with children about challenging topics, while supporting them to stay safe.

- *Body Signals*[®] (cards)
- *Tell A Trusted Adult* (cards)
- *Anxiety Solutions for Kids* (cards)

Cat No: 1158 \$203.85

exploring relationships bundle

The *Exploring Relationships Bundle* invites us to reflect on the challenges of separation, the difficulties and rewards of parenting, how to recognise respectful and abusive behaviours, and how we can mobilise our strengths to meet challenges and find solutions.

- *Two Worlds* (cards)
- *No Room for Family Violence* (cards)
- *Strength Cards*[®] (cards)
- *Positive Parenting* (cards)
- *Respectful Relationships* (cards)

Cat No: 1178 \$280.30



early years primary school bundle

This fun and colourful collection are designed to appeal to younger students, supporting them to develop their social and emotional literacy, build resilience, enhance life skills and learn strategies for dealing with challenging situations.

- *Strength Cards*[®] (cards)
- *Tell a Trusted Adult* (cards)
- *The Bears* (cards)
- *Anxiety Solutions for Kids* (cards)
- *Respectful Relationships* (cards)
- *The Bears* (stickers)

Cat No: 1162 \$280.30



early years exploring feelings bundle

Learning to recognise and explore our feelings is at the heart of emotional learning. The *Early Years Exploring Feelings bundle* has been curated to help children develop these essential skills with resources that focus on emotions, strengths and body signals through fabulous characters that children love.

- *The Bears* (cards)
- *Stones...have feelings too!* (cards)
- *Funky Fish Feelings* (cards)
- *The Bears* (stickers)
- *Stones...have feelings too!* (stickers)

Cat No: 1160 \$233.50



the bears bundle

The Bears are a beloved collection of engaging and fun characters that enable us to talk about our feelings and emotions in gentle and meaningful ways.

- The Bears (cards)
- The Bears (Tactile Characters)
- The Bears Stickers

Cat No: 1163 \$114.70



the stones bundle

Stones have a place close to our hearts at Innovative Resources. The Stones Bundle is one of our most popular collections, bringing together our range of products celebrating the conversation-building possibilities of stones with personality!

- Stones...Have Feelings Too (cards)
- Stones...Have Feelings Too (stickers)
- The Wrong Stone (picture book)
- Pocket of Stones (ceramic stone heads)

Cat No: 1164 \$161.35



early years supporting parents and carers bundle

The Early Years Supporting Families and Carers bundle includes a range of strengths-based, solution-focussed tools to help parents and carers gently explore challenges and reflect on how they can take care of themselves while they care for their families.

- Strength Cards Unlimited (cards)
- Positive Parenting (cards)
- Two Worlds (cards)
- Self-Care Cards (cards)

Cat No: 1173 \$288.85



the bears tactile

The Bears Tactile Characters are a group of 5 adorable bear characters, taken from the card set, each with a unique personality and emotional expression. Encouraging children to play and make up stories can be a great way to help them explore different feelings and experiences.

Cat No: 0750 \$45.00

you might also like ...



self-care

exquisite cards for exploring and practicing self-care

We can't look after others if we don't know how to look after ourselves. These beautifully illustrated cards encourage the art of 'noticing' – noticing how you're doing, what you're feeling, what's working well and what you need to do differently to support self-care. Great for staff meetings, supporting colleagues and professional development.

Cat No: 4936 \$89.95



strength cards

a vital tool for building and identifying our strengths

Understanding and identifying our strengths can be transformational for anyone. It can build resilience, confidence, and hope in times of struggle. *Strength Cards*® is a beloved resource and hands-on conversation-building tool for people of any age. Interacting with the cards and characters encourages users to find solutions, achieve goals, enhance self-esteem and build strength.

Cat No: 0100 \$74.95



training: in-person and online

We can deliver workshops and training sessions in-person, remotely or as a hybrid of both. All courses feature our range of colourful, interactive (digital or hardcopy) resources.

Our strengths approach training and tools workshops are for people who wish to:

- focus on strengths and solutions rather than problems
- invigorate their teams
- build a more positive organisational culture
- create better outcomes for people
- use tools to bring meaningful conversations alive in their work.

We specialise in tailoring the content and duration of our workshops to the needs of your organisation or school. We also offer a range of online courses you can do anywhere, anytime.

More information:

w: innovativeresources.org/training/

