



NEWSLETTER



शहीद हसन खान मेवाती अस्पताल है हमारा अभिमान, इसको साफ और सुन्दर रखते हुए, करेंगे इसका सम्मान।
क्योंकि इससे ही है हमारी पहचान, समाज में दिलाएगा हमे ये मान, तभी तो है ये हमारी आन, बान और शान।।

- Dr. Mukesh Kumar (Director)

FROM THE DIRECTOR'S DESK



It is with immense pride that I present the inaugural edition of SHKM GMC's newsletter for the academic year 2023-24, showcasing our remarkable achievements and unwavering commitment to excellence in education, healthcare, and innovation. Over the past year, we have made significant strides in human resources, infrastructure, and equipment, including recruiting skilled personnel, renovating facilities, and introducing advanced diagnostic tools. We also proposed new services like USG and Cath - Lab facilities to further enhance patient care. Our students' exceptional performance in academics and research inspires us to continue fostering growth, innovation, and service, strengthening our impact on society and beyond.

Warm regards,

Dr. Mukesh Kumar, Director - SHKM GMC Nalhar, Nuh – 122107.

अस्पताल के मरीजों के लिए खरीदी 4 हजार बैडशीट



मेडिकल कॉलेज में बनेगा कैंथ लैब, हृदय से जुड़ी बीमारियों के लिए नहीं जाना पड़ेगा बाहर



मेडिकल कॉलेज पहुंचा ट्रेनी आईएस का समूह

11 से 15 नवंबर तक मेवात में भ्रमण करेंगे



मेडिकल कॉलेज अस्पताल में ऑटोक्लेव मशीन स्थापित



सुविधाओं में इजाफा, मेडिकल कॉलेज की 42 बिस्पटों को 2.60 करोड़ से किया जाएगा ठीक



मेडिकल कॉलेज में बढ़ाई गई स्ट्रेचर व व्हील चेयर की संख्या



निदेशक ने मरीजों की सुविधा को लेकर दिए निर्देश



सुन: मेडिकल कॉलेज के अस्पताल के लिए टैलिकॉम उपकरणों में बढ़ाई पुरानी का किताब टीका

MESSAGE FROM MEDICAL SUPERINTENDENT



Dr. S.M. Naik
Medical Superintendent

The Medical Administration (MA) Office at our institution plays a vital role in ensuring seamless academic coordination, regulatory compliance, and efficient student services. Under the leadership of Dr. Naik (MS), the team has excelled in streamlining admissions, examinations, and academic schedules while fostering faculty development through training and workshops. The Nursing Superintendent's office and the dedicated nursing staff have also significantly contributed to service delivery. By strengthening collaborative partnerships, adhering to regulatory standards, and adopting a proactive approach to crisis management and student welfare, the MS Office continues to uphold its commitment to fostering excellence in medical education and institutional growth.

MESSAGE FROM DEAN



Dr. Pooja
Dean

Since its establishment in 2012, SHKM GMC has emerged as a premier medical college in southern Haryana, affiliated with Pt. BDS University of Health Sciences, Rohtak. The Dean's Office ensures academic excellence through effective leadership, robust committees, and a dedicated team. With MBBS, MD, DNB, and

paramedical programs, the institute fosters a supportive environment through mentorship, anti-ragging measures, and student-centric initiatives. Adhering to NMC guidelines, the office organizes CMEs, workshops, and seminars, emphasizing holistic education. Students excel in academics, research, and extra curriculars, with achievements in university rankings and prestigious exams reflecting this commitment. Events like Alveus and the Scientia Club further enhance skill development.

EDITORIAL BOARD Shaping the Future of Healthcare



Dr. Nikhil Goel
Joint Secretary
Literacy Committee

Dear Readers,
The Editorial Board is proud to present the inaugural edition of the SHKM GMC's Newsletter, a testament to the dedication and excellence of our institution. This publication celebrates the achievements of our students, faculty, and researchers, reflecting their contributions to healthcare and medical education. It highlights groundbreaking

research, civic engagement through the Literary Club's participation in activities like "Mera Pehla Vote Desh Ke Liye" program, and successful literary events during Alveus 2024. Looking ahead, the Literary Committee aims to organize more enriching initiatives. May this newsletter inspire us all to pursue growth, collaboration, and excellence in the ever-evolving healthcare landscape. Happy Reading!

MEDICAL EDUCATION UNIT

Medical Education Unit SHKM GMC organized NMC prescribed one day Course in Ethics" for MD/MS students on 17/09/2024 & 15/10/2024 in association with Institutional Ethics Committee



DEPARTMENT OF MICROBIOLOGY

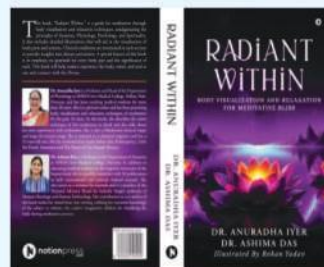
CME cum Hands on training for lab components under IDSP was held from 18/11/24-20/11/24.



DEPARTMENT OF PHYSIOLOGY



The Department of Physiology organized PHYSIOCON 2024 – Scientific Approach to Holistic Health, the 1st National Conference under the aegis of the Association of Physiologists of Haryana (APOH), held from March 15-17, 2024, in hybrid mode, with over 300 delegates from across the country.



Besides this Head of Physiology, Dr. Anuradha Iyer, and Dr. Ashima Das, Professor of Anatomy, co-authored Radiant Within, a comprehensive guide to meditation using body visualization and relaxation techniques illustrations for this were done by Rohan Yadav (Batch 2020).

DEPARTMENT OF PATHOLOGY

2nd Annual Conference of Regional Society of Pathologists – IAPM, Haryana Chapter & 14th HAPCON of Association of Practising Pathologists, Haryana was held at SHKM GMC Nuh on 23rd December 2024, this was a State Level Conference.

Blood Bank Centre, SHKM Government Medical College.

The Blood Bank Centre at SHKM GMC Nalhar is equipped with state-of-the-art technology for blood collection, component separation, apheresis, and 24/7 issuance of blood components. Guided by the motto "Right Blood, Right Time, Right Patient," it ensures safe, quality-tested blood through 100% voluntary donations and stringent good manufacturing practices. From 2019–2024, the centre collected 30,851 units, conducted 68,731 blood grouping tests, prepared 31,151 components, and issued 54,723 units, with continuous monitoring of sero-reactive rates. Key initiatives include voluntary donation camps, National Blood Donation Day celebrations, and a National Conference on Transfusion Medicine, reaffirming its commitment to a safe, timely blood supply.



DEPARTMENT OF DENTISTRY



The STAR PEDODONTIST AWARD 2024 was conferred upon Dr. Amita Sharma, Department of Dentistry, SHKM, Govt. Medical College, Mewat, Haryana, for displaying exceptional administrative capabilities and distinguished services in advancing dental education, research, and Oro-dental health care in Paediatric and Preventive Dentistry, thereby bringing great honour to the institution.

DEPARTMENT OF OPHTHALMOLOGY

The Department of Ophthalmology at SHKM GMC achieved several prestigious milestones in 2024. Dr. Manpreet Kaur, Professor & Head, received the Sushruta Samman Award at the Forum of Ophthalmic Teachers of India at AIIMS New Delhi on 6th January. Dr. Neha Adlakha, Associate Professor, was honoured with the Young Ophthalmologists Teachers of India Award at the same event and delivered the ACOIN Madhya Pradesh State Chapter Oration 2024 at the Association of Community Ophthalmologists of India's Annual Meeting in

Gwalior on 23rd June. She also earned Best Paper and Best E-Poster Presentation awards at Ophtha Quest 2024 in Gurugram. Department also celebrated National Eye Donation Fore Sight.



DEPARTMENT OF COMMUNITY MEDICINE

The Department of Community Medicine at SHKM GMC actively engages in health promotion through regular health education sessions for caregivers. Recent sessions addressed key issues like malaria (08-10-24), diabetes management (22-10-24), pneumonia treatment (12-11-24), and advocacy for "Beti Bachao, Beti Padhao" (27-11-24), promoting community awareness and better care practices.

The department also undertakes significant extramural research projects, including:

- Developing an adaptive model for high-quality emergency care for red triage patients (ICMR-funded).
- Conducting verbal autopsies of HIV-related deaths at ART centers (NACO-funded).
- Studying operational aspects of Nikshay Poshan Yojana for tuberculosis patients (NTEP-funded).

DEPARTMENT OF ENT

Dr. S. M. Naik (Professor) -

Acted as a Resource person in course in Ethics including Good Clinical Practices & Good Laboratory practices held at SHKM GMC on 17/09/2024 & 15/10/2024.



Dr. Garima Yadav (Associate Professor) Won 3rd Prize (Bronze Medal) for poster presentation during 30th Annual National Conference of the Indian Society of Ostology held from 11-13 November 2022 at Bhubaneswar, Odisha.

DEPARTMENT OF ANAESTHESIA

The Department of Anaesthesia organized AHA-accredited ACLS-BLS Provider Course Workshop from 10th-12th May 2024, under the leadership of Dr. Amit Choudhary, Professor and HOD, as the Organizing Chairperson, and Dr. Kiran Bhatia, Professor, as the Organizing Secretary, Course Coordinator, and Principal Instructor. Ten seasoned instructors from prestigious medical colleges conducted the course, which combined prior learning, lectures, and hands-on workshops. It benefited 30

participants, including faculty, SRs, and PG students from eight departments of SHKM GMC. The workshop was widely appreciated for effectively enhancing participants' skills and knowledge in advanced cardiovascular life support and basic life support Techniques.



DEPARTMENT OF PAEDIATRICS

The Department of Paediatrics achieved several notable accolades in the past year while organizing key events at the institute. Dr. Arti Dhingra, Professor and Head, received the Advanced NRP Coordinator Award at HARCON 2024. Dr. Meetu Yadav, Associate Professor, won the Young Faculty Award at the Second University Research Conclave at Pt. PD Sharma University. Dr. Priyanka Tank secured third place in poster presentation at North Zone Pedicon and HARCON 2024, while Dr. Babita achieved the same at the Haryana Mid-Term State Conference 2024. DNB residents, Dr. Pooja T and Dr. Jyoti, earned second place in the HARCON Haematology Quiz, with Dr. Pooja also being recognized as a PG teaching class presenter at HARCON 2024. Department celebrated Breast Feeding Week in the month of August 2024



DEPARTMENT OF PSYCHIATRY



The department Organized "Nasha Mukh Bharat Abhiyan" on 12th August 2024. The Theme was "Viksit Bharat ka Mantra, Bharat ho Nashe se Swatantra". Students took pledge and faculty planted trees in support of the movement.

DEPARTMENT OF ORTHOPAEDICS

The Department of Orthopaedics at SHKM GMC offers advanced surgeries such as arthroplasty, arthroscopy, spine surgeries, and complex trauma management, serving as a referral hub for nearby districts like Alwar and Palwal. The department focuses on managing severe deformities, particularly in paediatric patients, often due to neglect or improper treatment. Key achievements this year include handling approximately 51,000 Orthopaedics OPD cases, managing a large influx of referral cases, and generating the highest number of beneficiaries under the PMJAY scheme. A notable case involved a 6-year-old boy with chronic osteomyelitis, who underwent a successful two-stage Huntington's procedure, saving his limb from amputation.



EDITORIAL BOARD



DEPARTMENT OF OBSTETRICS AND GYNECOLOGY (OBY)

The Department of Obstetrics and Gynaecology (ObGy) at SHKM GMC, NUH, was honoured with the Chikitsa Ratan Award at the HARObGyon 2024 Annual Haryana State Conference for its exemplary work in conducting the E-PG Teaching Web-Series. Dr. Surbhi Verma (DNB Batch 2023) received the first prize for her outstanding paper presentation, guided by Dr. Divya Mangla, Professor & Unit Head. In 2023, the department significantly reduced maternal and infant mortality, benefiting 6,647 patients through the JSSK scheme. It also managed high-risk pregnancies from Mewat and neighbouring regions and conducted approximately 400 female sterilizations under the National Family Planning Program.



THE SCIENTIA CLUB

Hands-on Workshop on Suturing Techniques in collaboration with Department of General Surgery was conducted on 14/09/2024. Interactive session on "Art and science of reading X-rays" was conducted in collaboration with Department of General Medicine on November 28, 2024.



ALVEUS 2024 A Celebration of Talent, Unity, and Excellence

ALVEUS 2024, the much-anticipated sports and cultural fest of SHKM Medical College, Nalhar, was a resounding success. The event showcased a vibrant blend of talent, creativity, and teamwork, bringing the campus to life. From adrenaline-filled sports tournaments to mesmerizing cultural performances and thought-provoking literary competitions, there was something for everyone. The meticulously planned schedule ensured smooth execution, fostering camaraderie and spirited participation. ALVEUS 2024 wasn't just about competition; it celebrated diversity, forged bonds, and created lasting memories. A true testament to excellence, the fest highlighted the power of art, sports, and unity, leaving an indelible mark on SHKM's legacy.



FACULTY IN SPORTS

Dr. Mayank Yadav, Associate Professor in ENT, achieved remarkable success in various sports tournaments. He won Gold in both Men's Singles and Doubles at the IMA Gurugram Badminton Tournament (2024). At the IMA Haryana State Sports Tournament (2024) in Sirsa, he secured Gold in Swimming, Badminton Team, and Table Tennis Team events. He further excelled at the IMA National Sports (2024) in Aurangabad, Maharashtra, winning 5 Gold Medals and 1 Bronze in Swimming.



Dr. Ashima Das, Professor in Anatomy, also showcased her sporting talent, winning 2 Gold Medals in Table Tennis at the IMA Haryana State Sports Tournament, along with Silver in the 58th Haryana State T-T Open Ranking Tournament. At the IMA National Olympics (2024) in Aurangabad, she won Silver in Women's Singles, Gold in Women's Doubles, and Silver in Mixed Doubles