#### CREATIVE CARPET, INC.

Home Advisor



Mark Bouquet



Mark Bouquet Jr.

"We promise that you'll love your new floors, or we'll replace them FREE! Call today for a complimentary Design Audit®!" (708) 479-8600

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You are this month's Mystery Winner! We have a \$10.00 gift certificate to Starbucks reserved just for you! Come by our store to claim your prize! Creative Carpet, Inc. 19420 S. LaGrange Road Mokena, IL 60448 **NOTE:** Must be picked up by April 30, 2010 SPRING IS HERE AT LAST!

Reliable news for healthy living, saving money, and having fun! April 2010

Dear Friends,

Spring is FINALLY here! Man, I don't know about all of you, but I sure enjoy the sun, the longer days, the warmth, and everything beginning to blossom. I hope you all have survived another Chicago winter without too much trouble. There's something special about springtime. It's a time for new beginnings, clean slates, little league baseball and time outdoors in the fresh air. Speaking of fresh air, it may be time to "freshen up your floors." Great time of the year to do it with all the snow and salt gone. If you're not ready for floors, ya gotta be ready for winter to be over, so enjoy your family, friends, and get out there and enjoy life to the best of your abilities!

Also, I would be remiss if I didn't mention to pray, and if possible, donate to the people of Haiti and Chilé. Remember how blessed we are to live in America. Even with all its problems, it is still the greatest nation on earth and I thank God that I live here.

God Bless All of You,

Mark Bouquet

Have a Blessed and Happy Easter!



#### Special (and Not Well Known) Days this Month

April 5	National Deep Dish Pizza Day
April 7	No Housework Day
April 11	Barbershop Quartet Day
April 15	Take a Wild Guess Day
April 23	Talk Like Shakespeare Day
April 27	National Teach Your Children to Save Day

# Did You Know...

Creative Carpet is now an Authorized Dyson Vacuum Dealer!

## WHAT MAKES DYSON DIFFERENT?

Patented Root Cyclone Technology - No loss of suction.

<u>Multi-surface</u> - For all floor surfaces, not just carpet.

<u>Cleaner Exhaust Air</u> - Dyson uprights are certified asthma and allergy friendly according to the Asthma and Allergy Foundation of America. The air expelled from a Dyson has up

to 150 times less bacteria and mold than the air you breathe.

<u>No Extra Costs</u> - Lifetime HEPA and washable filters, and no bags or belts to buy.

<u>5-Year Warranty</u> - Parts and labor guaranteed by Dyson for 5 years.

Stop by today to see the different models that we have to offer and test one out for yourself!



to Win Dinner for 2 at TGI Fridays or Olive Garden? *Take our Trivia Challenge and you could win too*!

Every person who e-mails in the correct answer by the 15th of the month will be entered into a drawing to win a \$50 gift certificate to TGI Fridays or Olive Garden!

This month's *MegaTrivia question*.... Which of these movies won the most Oscars? A) West Side Story B) Gone With the Wind C) Lawrence of Arabia D) Dances with Wolves E) Slumdog Millionaire

Take your best guess, then e-mail your answer to MarkJr@CreativeCarpetInc.com. Or call Mark Jr. at (708) 479-8600. Remember, your chances of winning are better than you think!

Answer to last months quiz: Fantastic Four Congratulations to last month's winner: Alisha Stumpe

#### **Moneywise:** Tips to Organize and Simplify Bill Paying

1. Keep Your Pending Bills Together, in One Designated Area. As soon as your mail arrives, or at your designated mail sorting time, sort through the mail, separating your pending bills from all of your other mail. When done sorting, immediately place your pending bills in an envelope, pocket folder or Pending Bills basket.

2. Do Not Separate Each Pending Bill into a Separate Folder. Whatever you do, don't put your utility bill in one folder, your car insurance bill in another folder and your membership dues bill in another. All pending bills should be together in an envelope, pocket folder or basket so they can be paid without having to search 10 different places to find them.

3. Designate 2 to 4 Regular Days Per Month to Pay Your Bills. 99% percent of the time, you don't have to drop everything you're doing when you get a bill in the mail to pay it immediately. Designate 2 to 4 days per month and do all of your bill paying on those days. My husband and I pay our bills on the 8th and 22nd of each month. You may do the same, or perhaps you might want to pay any pending bills one day per week, such as, every Friday.

4. Pay Your Bills in One Place and Keep all of your Bill Paying Supplies Together. In order to speed up your bill paying efforts, always pay your bills in one place, whether that place be your desk, the kitchen table, etc. Wherever it is, this area should be equipped with your bills, checkbook, envelopes, stamps, pens, pencils, a calculator, tape, a stapler and return address labels. If you don't have drawers to keep your supplies in, get yourself a small plastic box, or even a shoe box, and keep everything inside.

5. Immediately Record your Paid Bills. As soon as you pay each bill, immediately record the payment in your check register or computer software register. Don't wait until later because if you do, there's a good chance you will forget. And once you forget, you'll have to waste time and money later dealing with overdrawn account fees.

6. Place Paid Invoices/Receipts into a Bill Paying Pocket Folder Book or Categorized File. Once you pay your bills, mark your copy or section of the invoice with the Date Paid, Check Number and Amount Paid. Then, file each into the appropriate pocket of your Bill Paying Folder-- with one pocket for each; i.e. Utilities, Insurance, MasterCard, Visa, etc.) or into categorized folders in your filing cabinet.

7. Organize Your Cancelled Checks and Checking Account Statements. Every month you will receive checking account statement(s), and possibly cancelled checks, from your bank. Immediately place them in a folder until your designated monthly date rolls around to reconcile your checking account. Then, keep your statements and cancelled checks all together in a folder for the year. You may need to retrieve them later for your accountant when tax season rolls around.

http://www.getorganizednow.com

## Welcome back to our returning clients...

DORELLE ACKERMANN SHARON BINGHAM NICKI AND PHIL MANCARI PAUL AND MICHELLE MIGAWA LARRY VANDERLAAN

### Thanks to those who referred us this month

BOB SCHULTZ PETE MARK PETE VOSS AL ROACHÉ HENRY COYLE

#### New Friends And Clients! Meet our new clients...

**KEN CHAMIS** CARL AND SONJA CUTWRIGHT DIANE DELATORRE JT FOODY TOM HEING JAMIE AND HEIDI HICKEY KATHY AND TONY JANIK NANCY AND KEVIN MALLOY **BRIAN MAYFIELD** CRAIG AND MAUREEN MEEKER JUDY AND DENNIS MOE MELISSA MONROE DEREK MORRISON **DIANE MUCIA** LISA NORK **BARBARA PHILLIPS** PAUL REED JEANIE STEC JOHN SWEENEY JODY THIEMAN ERIC AND MARCIE WALIN AMY WIREMAN DOUG AND KIM WOLTERINK



## About Staying Well: How to Build a Home Gym on the Cheap

#### by Emile Jarreau

Going to the gym can be expensive. Some monthly gym memberships charge as much is \$99 per month or more not including exorbitant setup fees of often hundreds of dollars. Even those much less expensive gyms that are in the \$40 per month range can certainly add up over time especially if you factor in the amount of gas you use back and forth on each trip. Not only are they expensive, they can also be inconvenient. A majority of individuals who sign up for gym memberships never end up sticking to the workout routines because it can be so hard to fit going to the gym into your daily schedule. This makes building a home gym a perfect solution for many people.

Now, building a home gym does not have to be an expensive endeavor. You can often get away with very little equipment to start and simply add to it as you become more experienced with working out and your budget increases. For those who are new to working out, one of the best purchases can be a home gym system. These all-in-one equipment packages feature attachments that will allow you to work your entire body with one machine. Because of this, your home gym may end up being much smaller than if you had many pieces of equipment. Those who are a little more advanced may look to include free weights in their home gym setup.

For those that want to go the free weight route, you'll want to put down some padded flooring in the room you choose. Padded flooring can be bought in squares that are approximately 2' x 2' and join together like pieces of a puzzle. Oftentimes, you get all the workout you need just by buying a set of dumbbells and an adjustable bench. Just about every exercise known to man can be done with dumbbells and as long as you get weights that go up to a high enough number to allow you to make progress, your simple but effective home gym can last you months if not years with no improvements. For those that are looking to put on serious mass with their muscle building routines, you may want to purchase a weight bench and or a squat rack. Ample room is required for these larger pieces of equipment so locating a free weight gym in a basement or garage is usually the best idea.

But a home gym is really anything that you make it. Some people simply want to lose a little fat and may only have an exercise bike and some strength bands. The most important thing to include in your home gym is yourself. Make a commitment to work out in your private space each and every day. Now that you don't have to worry about the price of gas or working getting to the gym into your schedule, you can make a lifelong commitment to working out in your own private home gym.

#### THOUGHTS TO LIVE BY:

Attitude

by: Rev. Charles Swindoll, Source Unknown

The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think, say, or do. It is more important than appearance, giftedness, or skill. It will make or break a company, a church, a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day.

We cannot change our past. We cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you. We are in charge of our attitudes.

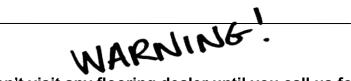
### Work Tips: Getting Promoted in Your Current Job

#### by Scott Brown

If you're interested in advancing in your career, the best argument for staying with one company for a while is potential promotion opportunities. If you have a good relationship with your boss, they probably know your strengths better than you could explain to someone in the course of an interview or in a 2-page resume. The trick is motivating your boss to see you as someone who should move up to the next level. **Use the resources you have:** Whether or not you've been networking all along, you should definitely start to do it. The "elevator pitch" isn't just for people looking for a job outside their current company – you should also have an elevator pitch developed about where you're looking to go in your career with your present employer. If you're not sure what an elevator pitch is, visit the articles section on our site and check out the one on "Developing a Job Search Elevator Pitch." Also, use current projects as a way to "advertise" your strengths to others in the company. By doing a great job on projects and exceeding expectations, you'll be generating some positive publicity for yourself.

**Get prepared:** Find out who's picking the candidate for the promotion and what skills they're seeking for the job. Next, make sure you have the top four or five skills or the ability to produce them. Start checking out your marketing portfolio, resume, or anything else you can use. Organize your materials and make sure they clearly reflect the skills needed. Use examples to show the things you've already done in he company that have helped them succeed (or even exceed) their goals.

**Come up with a strategy:** Don't assume your boss knows you want that promotion. Just like you worked hard to get your current job, it takes effort to get a promotion. **Stay positive:** When you go out for a promotion, you should always keep in mind that you no matter how qualified you are, you may not get it. The person may already have someone in mind or they may be several people ahead of you in line for the job. Make yourself known, and people will start to think of you as someone who strives to be the best. This way, if you don't get this one, you'll definitely be in line for the next one. No effort goes unnoticed, so think of your campaign for a promotion as a campaign for excellence!



## Don't visit any flooring dealer until you call us for a <u>FREE</u> Consumer Awareness Guide!

#### You will learn...

- 4 predatory sales tactics
- 7 costly misconceptions about flooring
- 5 questions to ask a dealer before buying

Call Today - (708) 479-8600



## Church Bulletin Bloopers

These sentences actually appeared in church bulletins or were announced in church services:

The Fasting & Prayer Conference includes meals.

The sermon this morning: 'Jesus Walks on Water.' The sermon tonight: 'Searching for Jesus.'

Our youth basketball team is back in action Wednesday at 8 p.m. in the recreation hall. Come out and watch us kill Christ the King.

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

The peacemaking meeting scheduled for today has been canceled due to a conflict.

Remember in prayer the many who are sick of our community. Smile at someone who is hard to love. Say 'Hell' to, someone who doesn't care much about you.

Don't let worry kill you off -- let the Church help.

#### Get A Night Out At The Movies For 2 With My Referral Rewards Program

As you probably know, advertising is very expensive. Instead of paying the newspaper or other place to advertise, I'd rather reward you. So I've assembled my *Referral Rewards Program*. Every time you refer someone who becomes a client, I will send you a gift certificate for two passes to the Marcus Theater. And Hey! What's a movie without popcorn? The gift certificate will also cover a big box of hot, buttered popcorn and sodas!

> Creative Carpet, Inc. 19420 S. LaGrange Road Mokena, IL 60448 Phone: (708) 479-8600

www.CreativeCarpetInc.com

HOURS: Mon Tue Wed 10:00 – 6:00 Tue Thur 10:00 – 8:00 Sat 10:00 – 4:00 Sun Closed



Spring is in the air and cobwebs are in the corners . . .

## We want to help you with Your Spring Cleaning



Hey Gang,

Well, it's tax season again. But when life hands you a lemon...make lemonade! So in order to "sweeten" up April, I'm offering a very special "Spring Cleaning" package exclusively for preferred clients of Creative Carpet. Wait until you see what we have in store for you!

April Spring Cleaning Package Only 14 packages available!

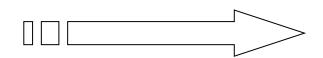
#### What you get...

• When you purchase a Dyson vacuum and a minimum of \$2500.00 worth of regularly priced Carpet made with Anso Nylon we will discount your carpet purchase by the price of the Dyson Vacuum cleaner. (*Prefer another kind of floor? No problem! We'll adjust the package to your exact preference!*)



CARPET MADE WITH ANSO NYLON IS:

- **G**reen Anso nylon contains recycled content and is recyclable back into new carpet
- **R**esilient Anso nylon bounces back faster than any other fiber type, which means it will look newer longer!
- Experience Anso nylon has been America's choice for more than 40 years. Families like yours trust Anso nylon – one reason is they offer the best warranties in the business.
- Anti-soil All Anso nylon products contain Shaw's patented R2X stain and soil resistance protectant. With R2X, your new carpet is easier to clean and it looks beautiful longer.
- Tough Anso nylon is made with nylon 6 fiber, which is 20% tougher than other fiber types. This means your carpet will stand up better to your busy lifestyle over time.



## YOU'LL ALSO GET:

- Top quality carpet cushion—critical for getting the longest life and beauty from your carpet!
- Dyson Vacuum of your choice
  - Patented root cyclone technology no loss of suction
  - Can be used on all surfaces not just carpet
  - Cleaner exhaust air certified asthma and allergy friendly
  - Lifetime HEPA and washable filters means no extra cost to you no bags or belts to buy
  - o 5 year warranty on all parts and labor
  - Several models to choose from
  - And much, much more!
- Professional, easy-to-use spotting cleaner!
- Lifetime Installation Warranty—if a problem EVER arises with the installation, we'll fix it FREE, and we'll do it fast!
- Zero Regrets Guarantee—if you're not happy with your new floors for ANY reason, we'll replace them FREE in the first 30 days!
- Installer Professionalism Guarantee—Creative Carpet installers are neat, clean, wellgroomed, well-spoken and professional. They are trained and qualified.
- 21-Point World Class Installation Checklist!

**Don't Delay**! <u>This offer expires on April 30<sup>th</sup> OR when all 14 packages are gone</u>! Call or visit Creative Carpet now to reserve your package!

**Any friend of yours is a friend of mine!** Who is the next person you know who could really use a package like this? Can I count on you to pass this letter along to them? You will be doing them an amazing favor by referring them to a flooring professional they can trust AND who will treat them to an amazing day of luxurious pampering!