

Epistle



Saint Paul
Methodist Church

LENT 2024

Welcome to the Saint Paul Epistle

TABLE OF CONTENTS

| | |
|-----------------------------------------|----|
| Contact Information..... | 2 |
| A Message From Our Senior Minister..... | 3 |
| Music Ministry..... | 11 |
| Letter From Pastor Rick..... | 16 |
| Children's Ministry..... | 18 |
| Methodist Women..... | 21 |
| What's Coming Up in Worship?..... | 24 |

Church Office
(919) 734-2965
stpaul@stpaulgoldsboro.org

Rev. James H. Harry

Senior Minister

jimharry@stpaulgoldsboro.org

Pastor Rick Winders

Associate Minister

rickwinders@stpaulgoldsboro.org

Mary Catherine Kelley

Director of Children's Ministry

kids@stpaulgoldsboro.org

Triston Jones

Church Administrative Assistant

stpaul@stpaulgoldsboro.org

Holton Johnson

Music Director

music@stpaulgoldsboro.org

Thomas Vick

Lighthouse Music Director

Annie Smith

Custodian

custodian@stpaulgoldsboro.org

Lyndsey Clark

Church Operations

communications@stpaulgoldsboro.org



STAY CONNECTED

Visit us online at
stpaulgoldsboro.org

Follow us on
Social Media at



[@stpaulgoldsboro](https://www.facebook.com/stpaulgoldsboro)



[@stpaulgoldsboro](https://www.instagram.com/stpaulgoldsboro)

Download our App
Saint Paul Goldsboro



DOWNLOAD OUR APP

Saint Paul Goldsboro



Church Office Hours:

Monday-Thursday

9 AM -12 PM

1 PM- 5 PM

Friday

9 AM - 12 PM

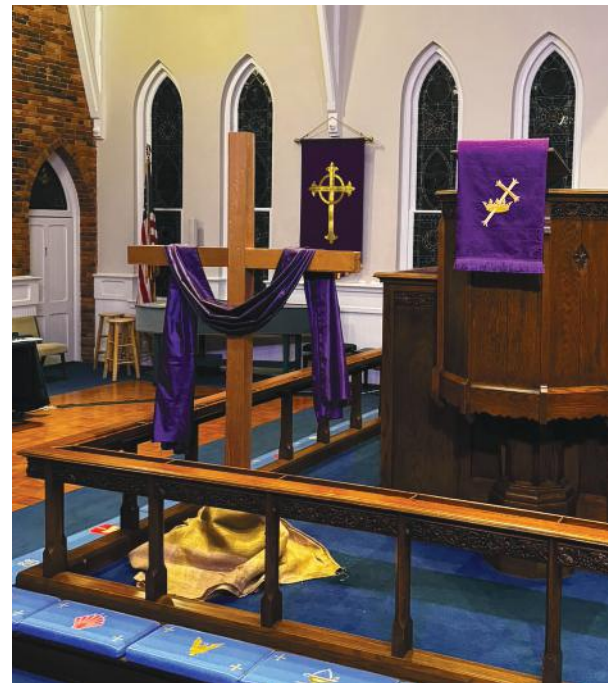


A Message From Our Senior Minister Rev. James H. Harry

Believe it or not, it is Ash Wednesday. And with Ash Wednesday comes the arrival of Lent. Lent is the first of three movements in the second season of the Christian year known as Lent/ Easter/Pentecost. Lent is marked using the color purple

which you will see on our paraments [altar coverings].

The Church uses purple to signify royalty in mourning. We refrain from saying and singing the word 'Alleluia!' during Lent. We hold it in our hearts as we await the resurrection of Jesus on Easter morning to sing and proclaim this glorious word once more. Lent comes from an old English word *lencten*, which means 'spring season.' Lent is where we get our understanding of 'spring cleaning.' Lent is a season of 40-days marked by



fasting, praying, and preparing oneself to encounter the sacred week of Holy Week seeking to walk with Christ through the last days and events of his life before his crucifixion on Good Friday.

Historically, Christians would choose to fast [abstain from] sin[s] in their life that was keeping them from fully embracing the Lord. It was a time where people invited the Holy Spirit to cleanse their heart and life of consistent and persistent sin. Those sins and habits from which folks fasted during Lent were nailed on the cross with Jesus, buried in the tomb, and on Easter morning as the resurrection of Jesus was celebrated people were freed and liberated from that which they had fasted, abstained from, or given up during Lent.

In more modern times it has become more fashionable to “give up something for Lent,” like soda, or chocolate, alcohol, and things of this sort. There is certainly nothing wrong with fasting from any or all the above. However, the goal of fasting or giving up something throughout Lent is to draw nearer to Jesus. The goal is not to lose weight, though you may indeed benefit from the positive side effects of consuming processed foods, or simple sugars, and alcohol. The goal is to not emerge from the 40 days of Lent meaner, leaner, or stronger physically, though that may indeed happen. The primary reason and goal of the 40-day Lenten season is to draw us closer and closer to Jesus. Lent became a part of the journey to the cross and resurrection in the early days of the Christian Church as way to prepare our hearts and minds to comprehend the tremendous gift of God’s love for humanity is sacrificing his only Son, Jesus Christ, for the sins of everyone.

Lent is a season of intentionality where we consciously focus on our sins before the Lord. It is a season the church uses to dedicate ourselves to and to invite the work of God to begin anew in us. We consider grievous sins we have committed in thought, word, and deed. We invite God to take those from us and replace whatever is holding us from drawing nearer to his love through his mercy and forgiving grace. It is a season for us to let go of anger and resentment we may be harboring against people. It is a season of internal reflection and introspection where one of the key discoveries is acknowledging that we are no better than anyone else

***For if you
forgive others
their trespasses,
your heavenly
Father will also
forgive you;
but if you do not
forgive others,
neither will your
Father forgive
your trespasses.***

- Matthew 6:14 -

From Our Senior Minister

(continued)

and any judgment we may have against another is keeping us from the fullness of God. “For if you forgive others their trespasses, your heavenly Father will also forgive you; but if you do not forgive others, neither will your Father forgive your trespasses” [Matthew 6:14].

Most importantly, Lent is not about us. Lent is about the holiness of God who invites us in these 40-days to experience through his mercy, his forgiveness, his grace, his drawing us close to his bleeding side. God’s message to us in Lent is, “Child, I adore you! You belong to me. There is nothing that can keep my love from those who search for me.” We hear Saint Paul tell the early Christians this, “No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord” [Romans 8:37-39].

But wasn’t Christmas just over a month ago? Yes! Easter comes early this year on March 31st. With the early arrival of Easter comes an earlier arrival time for us to begin the spring cleaning we all need in our hearts to discover anew the fresh smells of spring in the wonderful gift of Jesus. Friends, as the people of Saint Paul Methodist Church, I invite us all to enter and observe a holy Lent. May we find the freshness of God in our lives and in our church. Amen.

Rer. J.

What's Been Happening At Saint Paul?

WORSHIP



ADVENT | CHRISTMAS | EPIPHANY

Saint Paul Staff Christmas Party

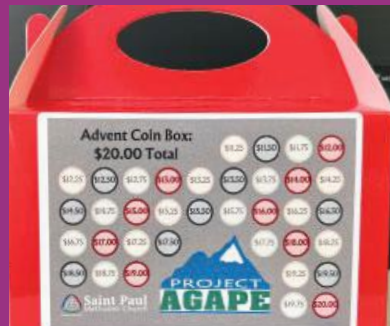


Special Advent Missions Giving

C4C Christmas Tree



Advent Coin Boxes

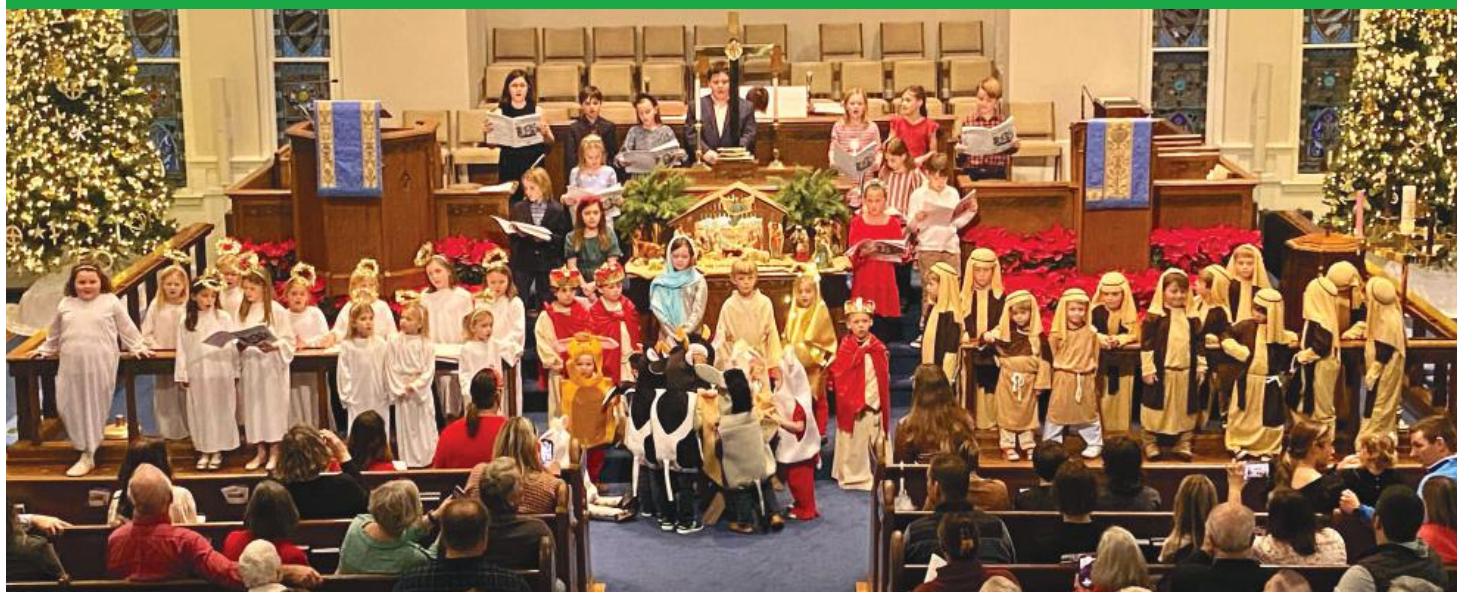


Angel Tree



What's Been Happening At Saint Paul?

Children's Christmas Pageant



WORSHIP | GROW | SERVE

Youth Fellowship



What's Been Happening At Saint Paul?

Baptismal Reaffirmation Sunday



Joint Worship with Saint James AMEZ



Scout Sunday





From Our *MUSIC* Ministry

Dear Church family,

As we enter the reflective season of Lent, I hope we can all find moments of grace in our busy schedules for contemplation, prayer, and renewal.

I know in my personal life, even though I spend most of my time at the church, I sometimes find it difficult to sit, and consistently pray in the presence of God. I hope we can all grow spiritually together this Lent, and I am looking forward to the many blessings the season brings.

On the topic of blessing, here is what our Music Ministry has been up to since the last major update!

Music Ministry Updates

Christmas Choir Cantata

I want to take a moment and say thank you all for the support for the Cantata. It was a major success. I know the Choir and I feel so blessed that we were able to share such a wonderful celebration of our savior's birth with you all!

Saint James AMEZ

We recently celebrated Human Relations Sunday with our sister church Saint James AMEZ. Our Choirs both sang a joyful noise that day. I know I can speak for all who heard, when both choirs raised their voices to Order My Steps, The holy spirit's presence was known! It was such a blessing to be able to worship with our brothers and sisters from Saint James AMEZ!



An Update on the Lessons Ministry

The Lessons Ministry continues to grow and help students learn each week. Here are some of the skills we are teaching our students!

Children's Music:

Orff Instruments

Pathfinder's children are also learning some new skills! They are learning how to read and play music notes and rhythms through our set of Orff Instruments (xylophones) in the children's choir room. Every week they are learning something new, so be on the lookout for an upcoming performance!



Did You Know?

There are only 7 letters in the musical alphabet? Our vocal and piano students are reminded of this every week, as they learn to read and play their music. Those letters are...

| | | | | | | | |
|-----------|-----------|-----------|-----------|------------|-----------|-----------|-----------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 1 |
| C | D | E | F | G | A | B | C |
| Do | Re | Mi | Fa | Sol | La | Ti | Do |

And those Italian words are called Solfege. Those are our vocalists favorite!



From Our MUSIC Ministry

(continued)

Reflections from your Music Director

In the spirit of Lent, I've been doing a lot of reflecting recently. I have been challenged by some heavy thoughts lately, some that many of you have surely experienced. It has brought me to a place where I am starting to rely heavily on prayer and God's grace.

I've been working on writing sacred music for a while now, but most of the time, it feels like it's always time to go back to the drawing board. Since Katelyn and I have arrived here, not a week goes by where I am not moved by the faith of this community. I have been blessed by Saint Paul, and I'd like to share this Hymn with all of you in thanks for your support of my family's journey. It is titled Shepherd's Hymn. Thank you all for being great Shepherd's to Katelyn and I as we learn the Christian Faith.

Holton Johnson
Music Director

Shepherd's Hymn

Verse 1:

*In quiet moments, I lift my gaze,
To hills and heavens, in awe I praise.
My refuge strong, my guiding light,
In shadows deep, you make all things right.*

Chorus:

*Oh, Shepherd true, lead us in grace,
In pastures green, in your embrace.
With thankful hearts, we sing this psalm,
Our trust in you, our eternal calm.*

Verse 2:

*Beside still waters, your mercy flows,
Restoring souls, in love that glows.
Though trials come, we fear no ill,
Your rod and staff, our hearts instill.*

Chorus:

*Oh, Shepherd true, lead us in grace,
In pastures green, in your embrace.
With thankful hearts, we sing this psalm,
Our trust in you, our eternal calm.*

Verse 3:

*Prepare a table, midst foes we dine,
Anointing heads with oil divine.
Goodness and mercy, faithful kin,
Though they are near, Our King will win.*

Chorus:

*Oh, Shepherd true, lead us in grace,
In pastures green, in your embrace.
With thankful hearts, we sing this psalm,
Our trust in you, our eternal calm.*

Verse 4:

*With every breath, with every song,
We'll praise you, Lord, our hearts prolong.
In psalms of old and hymns anew,
Our Shepherd's love forever true.*

Shepherd's Hymn

for Saint Paul Methodist Church
Goldsboro, NC

Words & Music
by Holton Johnson

1. In qui - et mo - ments I lift my gaze, to hills and
2. Be - side still wa - ters your mer - cy flows, Re - sto - ring
3. Pre - pare a ta - ble mi - dst foes we dine, a - noi - ning
4. With e - v'ry breath, with e - v'ry song, We'll praise you,

heav'ns in awe I praise. My re - fuge stro - ng, my gui - ding
souls, in love that glows. Though tri - als co - me we fear no
heads with oil di - vine. Good - ness and mer - cy, faith - ful
Lord, our hearts pro - long. In psalms of old and hymns a -

light, In sha - dows deep, You make all things right.
ill, Your rod and staff, our heart in - still. Oh, She - pherd
kin, Though they are near, our King will win.
new, Our She - pherd's love fo - re - ver true.

true, — lead us — in — grace, In pas - tures

green in — your em - brace, With thank - ful hearts, we

sing this psalm, Our trust in you, our e - ter - nal calm.

You Can Listen to the Song Here:
www.stpaulgoldsboro.org/shepherds-hymn

From Pastor Rick Winders



If you have been part of a Methodist Church for some time, you have probably heard of the word confirmation before. If you were baptized and grew up in a Methodist Church, you have likely been through a confirmation class and been part of confirmation service. Even if you didn't grow up in a Methodist church and were part of another denomination, you may have probably heard of the word Confirmation before. You are probably asking, "Okay, Pastor Rick, what exactly is confirmation?"

Confirmation is when the confirmands learn about the Christian faith and what it means to be a member of the family of faith and the Church. Confirmation is also an opportunity for your youth to individually respond to God's Grace that is available to them. They will have the chance to personally respond to vows you responded to on their behalf when they were infants. This will also be a chance for them to promise to live as a person of faith. Our Baptism liturgy states, "What God offers us must be accepted in repentance and faith."

During this year's confirmation class, your youth will be looking at what we believe as Christians and what it means to be a follower of the Christian faith. We will also be spending time on what it means to be a Christian in today's world and how God calls us to make a difference.

What does this mean for us, the parents? It means that we are to do the exact thing God commanded us to do when they were younger: teach them what it means to love God, teach what it means to follow Christ and serve as an example to help

You are probably asking, "Okay, Pastor Rick, what exactly is confirmation?"



Saint Paul
Methodist Church

YOUTH

Confirmation Class

Parent/Student
Information Meeting
March 3rd @ 5PM

YOUTH REGISTRATION AVAILABLE ONLINE

reinforce what you are teaching them. Confirmation is not just about getting through the classes to get them over; it is where they begin to take responsibility for their faith.

I am asking all the members of Saint Paul to pray for our confirmands and volunteers during this journey we will be taking. At the end of our confirmation class, when your youth is asked the question, "Who do you follow?" I want their answer to be Jesus Christ.

I am looking forward to having your youth confirm their faith in Christ and call Saint Paul Methodist Church their family of faith, a place where they can Worship, Grow, and Serve.

Pastor Rick Winders
Associate Minister

Register Online at:

www.stpaulgoldsboro.org/youth-confirmation-2024

From Our CHILDREN'S Ministry



Dear SPMC family,

As we once again find ourselves immersed in the sacred pages of our epistle, we are filled with gratitude and joy for the blessings that have been pouring into our church and children's ministry.

The journey we've embarked on, from the anticipation of Advent to the radiant celebration of the birth of Jesus and the revelation of Epiphany, has been nothing short of inspirational. The Childrens Christmas Pageant was so special, and I want to thank all of you who supported the children by participating either in person or by watching online.

This month, our hearts are centered on a profound and enduring theme of- Love. Love is the essence of our faith, the driving force behind every good deed, and the gift that God has lavished upon us all. As we explore the depths of this divine love, we are also diving into the beautiful concept of Kindness.

This month in Sunday School, the children are enthusiastically examining the art of kindness. We remind ourselves that God's ultimate act of kindness was sending Jesus to us, even when we as humanity did not deserve such grace and kindness. It is a testament to the limitless love our Heavenly Father holds for us. We are empowered by this love to be kind to everyone we encounter, for kindness is indeed a fruit of the Spirit.

When we extend kindness to others, we are providing them with a glimpse into the very heart of God, showcasing the depths of His love for His creation. Our Lord and Savior, Jesus Christ serves as the ultimate role model in this regard. Not only did He exemplify kindness throughout His earthly ministry, but He also instructed us to follow His lead and treat others as we would want to be treated.

Each week in our Sunday School, we dive into different stories from the Bible, each one illustrating how we can embody kindness and compassion in our daily lives. To make this invaluable lesson tangible and memorable, we are crafting heartfelt cards for both our church members and residents of the nursing home. This gesture of kindness is a testament to our commitment to living out our faith. These cards created with love will be delivered to the nursing

Embracing Love, Kindness, and Community: A Journey in Faith and Service

home on Valentine's Day, spreading warmth and love. We did this last year, and to our delight, the residents wholeheartedly embraced what as a parent might describe as joyful chaos. Their enthusiasm was a testament to their pure joy and excitement.

Additionally, our Pathfinders program is dedicated to exploring the fruits of the Spirit. On February 11th, we invite our Pathfinders to a special themed night where they are encouraged to dress in the vibrant colors of their favorite fruits. As we explore the significance of these spiritual fruits, we are also embracing an opportunity to give back to our community. We kindly request that each Pathfinder bring non-perishable fruits for donation to the 4day Movement's new facility. This new facility (The P.O.R.T.A.L.) will help countless individuals. This is an incredible way to remind our young ones and to help them understand the importance of living and loving like Jesus - by participating in acts of kindness and generosity, while helping our community.

Finally, our commitment to our community extends further as we proudly support the Protestant Preschool (PPK). Their annual silent auction: open to the public from February 12th to 15th from 9AM to noon is an opportunity for us to come together and help raise funds for this energetic organization. For those in search of a preschool or if you know someone who is, please note that registration for the upcoming school year will commence on March 18th at 10 AM, and you can register online. We wholeheartedly encourage you to explore this wonderful opportunity and to keep the growth and spiritual well-being of all children in your prayers.

In closing, let us remember the inspired words of Colossians 3:12, as it reminds us: 'You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient.' As we continue our journey of faith, may we always listen to this divine guidance. Let us humbly clothe ourselves in tender mercy and kindness, and leave our hearts absent from pride, let us walk in gentleness and patience. For it is through these qualities that we truly reflect the love of our Heavenly Father. May our church continue to be a beacon of love, kindness, and support for all those in need.

With love and blessings,

Mary Catherine Kelley
Director of Children's Ministry

Saint Paul Kids

Saint Paul Kids Making Valentine Cards



Building Boats and Learning about Jesus Walking on Water



Having Fun in Sunday School



From Our Saint Paul METHODIST WOMEN

Faith, Hope, & Charity Circle Packing Toiletries in Purses for the Goldsboro Women's Shelter

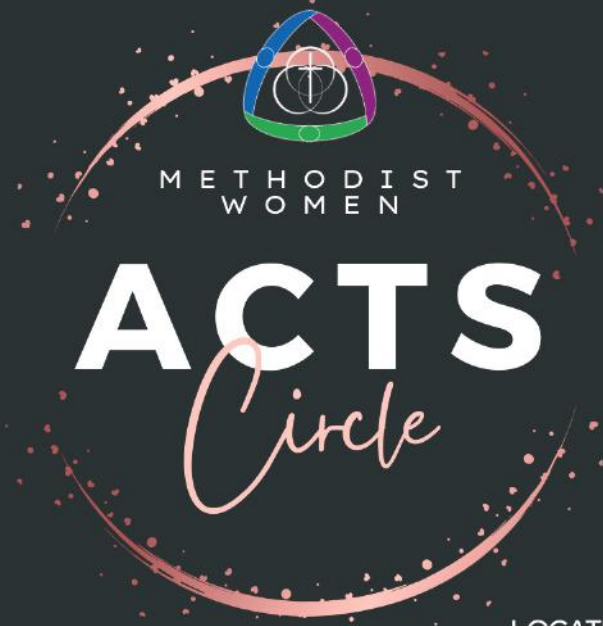


Saint Paul Methodist Women's Book Club Meeting & Lunch



Saint Paul Methodist Women Circles

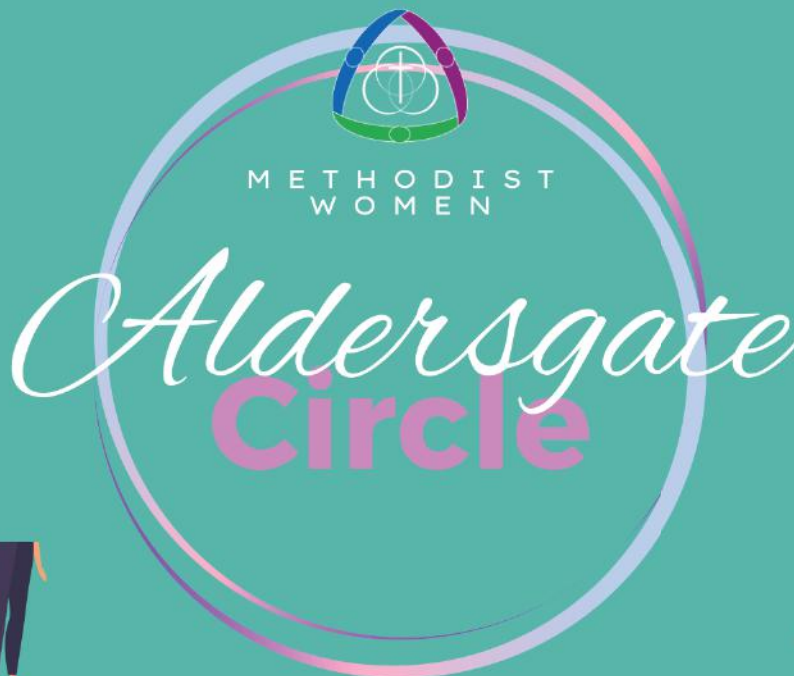
MEETS THE
SECOND
WEDNESDAY
OF THE
MONTH
6:30 PM



CO-LEADERS:
GARIANNE HINNANT &
CRYSTAL MALPASS

LOCATED AT: HINNANT DENTISTRY
(UPSTAIRS BACK ENTRANCE)

MEETS THE
FIRST
TUESDAY
OF THE
MONTH
11:00 AM



LEADER:
BELLE FRAZER

LOCATED IN THE
SAINT PAUL
J. PAUL EDWARDS
CLASSROOM

MEETS THE
SECOND
TUESDAY
OF THE
MONTH
10:30 AM



CO-LEADERS:
CINDY BELL &
KATHY RUSSELL

LOCATED IN THE
SAINT PAUL PARLOR

MEETS THE
SECOND
TUESDAY
OF THE
MONTH
11:00 AM



LEADER:
LOUISE JINNETTE

LOCATED IN THE
SAINT PAUL
J. PAUL EDWARDS
CLASSROOM

What's Coming Up in Worship?

Lenten Schedule

- **Ash Wednesday**: Worship Service including Imposition of Ashes, at 10am in the Chapel and 7pm in the Sanctuary
- **Making Palm Crosses**: come for coffee & fellowship as we make Palm Crosses on Friday, March 22nd at 9am in Winslow Hall
- **Sanctuary Easter Lily Orders**: order your Sanctuary Easter Lily in memory or in honor of a loved one. The cost is \$15.00 per Lily, and will help support Wayne County Literacy Connections. The deadline to order is March 25. Contact the Church Office with any questions.

Holy Week Worship Services

- **Palm Sunday**: we will have one combined Worship Service at 11am on Sunday, March 24 for Palm Sunday that will include a children's palm procession
- **Healing Service**: we will have a Healing Service on Tuesday, March 26 at 7pm in the Sanctuary
- **Maundy Thursday Service**: our Maundy Thursday Service will be on March 28 at 7pm in the Sanctuary

Easter Sunday Worship

- **Easter Morning Garden Service**: our Easter Garden Service will be at 8am on Easter morning, March 31, in the Saint Paul Garden
- **Easter Resurrection Traditional Service**: our traditional Easter Worship Service will be at 11am in the Sanctuary ***Including flowering the cross

******Flowering the Easter Cross***

Please bring flowers from your backyard on Easter Sunday to place in the Sanctuary altar cross and help us to "Flower the Cross" on Easter Sunday.

Welcome To Saint Paul – New Memebbers

The Taylor Family

On January 7, 2024, we welcomed Trey and Rhonda Taylor, Cameron and Meredith Taylor, and Caroline Taylor to membership in the Saint Paul family. Trey and Rhonda joined through Re-affirmation of Faith, Cameron and Caroline became professing members through Baptism, and Meredith Taylor joined through Transfer of Membership.



Next Step in FAITH

2024 FAITH Commitment

Check out the 170 names of our Saint Paul family who have made their FAITH Commitment at Saint Paul for 2024. Our FAITH Commitment Wall represents the families who are committed to taking Next Steps in FAITH at Saint Paul as we all journey together and walk towards the cross.



2024 FAITH
Commitment to
God at Saint Paul
Methodist Church



NEXT STEP
IN FAITH

- F FOCUS** *Jeremiah 29:13*
Strengthen my personal relationship with God.
- A ATTENDANCE** *Hebrews 10:24-25*
Be present at Saint Paul whenever possible
- I INTERCESSION** *1 Timothy 2:1-2*
Pray for our church, pastors, and leaders.
- T TITHES** *2 Corinthians 9:7*
Give back to God from His financial blessings.
- H HELP** *1 Peter 4:10-11*
Volunteer in areas needed within Saint Paul ministries.

If you would like to have your family added to our Next Steps in FAITH Wall, you can still complete a FAITH Commitment Card and drop off in the secure black box located in the Narthex or send directly to the Church Office.

A Message From Our Senior Minister

Rev. James H. Harry



“The point is this: the one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work” [2 Corinthians 9:6-8].

Saint Paul tells the Christians in Corinth that God’s love springs up like a well deep from within producing generosity and cheerfulness. We are grateful to the faithful members of Saint Paul Methodist Church who in 2023 gave \$940,000.00 to fund the ministries of this congregation. In addition, you gave an additional \$210,000.00 to fund the purchase of the campus of SPMC and gain the title to all its properties. Friends, that is \$1.1 million dollars of hands on, intentional, and deliberate giving to the work of the Church through the blessings of and the prompting of the Holy Spirit of God. Let us give God praise and thanksgiving!

Out of the joyful prompting of the Holy Spirit, SPMC has received the following gifts to the glory of God, the worship of God’s people, and in loving memory:

- A gift to the Worship Committee to the glory of God and in loving memory of Dr. Kenneth and Betty Wilkins and Mr. Dick and Barbara Krentz by Mr. Charlie and Sandra Wilkins. These funds were used to purchase new altar paraments for both Winslow Hall and the sanctuary; Altarware; three new Christmas trees; and all the cameras and computer equipment needed to livestream and broadcast our worship services.
- A gift to rebuild and restore the Winslow Hall concert grand piano to the glory of God and in loving memory of Mr. Gary Bevell by his wife, Mrs. Pat Bevell.
- A gift from the estate of Anne Kinsey Pate to the General Fund, Trustees, and Music Fund.

We are Under Construction!

The renovation of the upstairs floor of the Education Building is still in progress! The painters, electricians, plumbers, and many others have been working diligently to complete the project.

Below are some pictures of their progress! Stay tuned! We will be so excited to show off the finished building soon!



THANK YOU to our Saint Paul Board of Trustees for their work to renovate the upstairs floor in the Education Building!



THE PARTICULAR PEOPLE

JOIN US TO LEARN ABOUT THE PARTICULAR PEOPLE CALLED
CHRISTIANS | METHODISTS | MEMBERS OF SAINT PAUL

6-week Catechism Class



LED BY REV. JAMES H. HARRY, SENIOR MINISTER
SUNDAYS @ 10 AM | WINSLOW HALL
BEGINNING FEBRUARY 18

The Catechism Class

Rev. Jim will be teaching The Catechism for the six Sundays of Lent from 10:00am to 10:45am in Winslow Hall beginning Sunday, February 18th and ending on Palm Sunday, March 24th. The Catechism is a primer of the basics of the Christian faith. It is designed to teach about the Particular People of God: The Particular People called Christians; The Particular kind of Christians called Methodists; The Particular Christian Methodists called Saint Paul. The class is open to anyone who is interested in learning, reviewing, or renewing their understanding of the teachings of the Church. It is especially offered for visitors and regular attendees who may be considering becoming a member of Saint Paul Methodist Church.

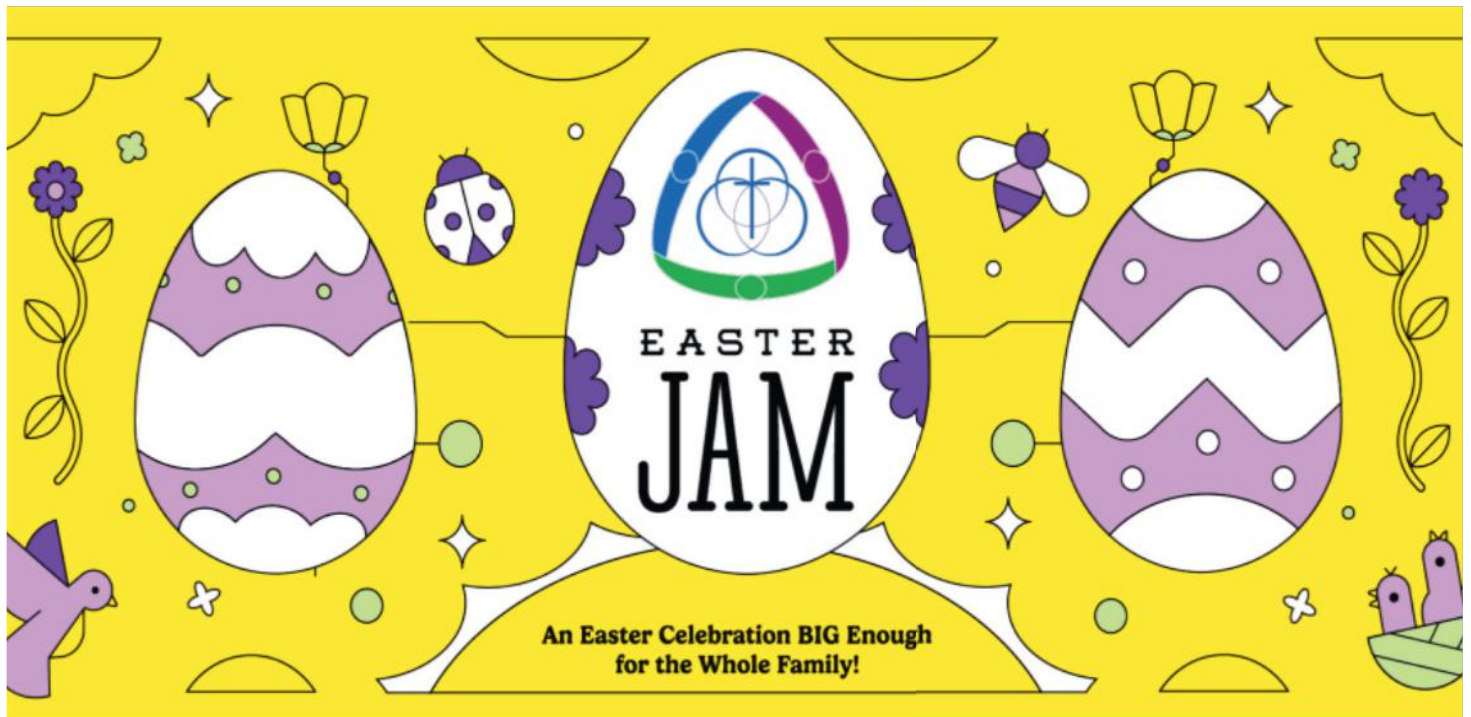
SAINT PAUL METHODIST MEN

METHODIST MEN'S
MEETING WITH
DINNER &
FELLOWSHIP

FEBRUARY 15
5:45 PM



Saint Paul
Methodist Church



An Easter Celebration **BIG** Enough
for the Whole Family!



Saint Paul
Methodist Church

Saturday, March 16 @ 10am
Winslow Hall

With light breakfast, Easter story skit, and Easter Egg Hunt!

Celebration of Life

Theria Waller McPhail

Theria Waller McPhail, 92, was welcomed into the arms of her Savior on Friday, January 5, 2024. She was born in Wayne County, one of ten children, to the late James W. and Callie Waters Waller on January 20, 1931. In addition to her parents, she was preceded in death by her husband, James C. McPhail; son, James Thomas McPhail; five brothers and three sisters.

Theria was a graduate of Mount Olive High School and attended Burlington Business College. She was devoted to her family and friends. Theria loved to help anytime she could and was always there for them. When she loved, she loved with all her heart. Her children and siblings meant the world to her.

Theria was a long time, active member of St. Paul United Methodist Church and the J. Paul Edwards Sunday School Class. She offered her musical talents through her participation in the Triple Tones and the Sanctuary Handbell Choir. For many years, she served as the secretary of the United Methodist Women Aldersgate Circle. Theria also helped prepare meals for the 60 uppers and deliver Meals on Wheels, as an outreach project for her circle. She could often be found visiting homebound members of the church and community. Theria will be remembered by many for her endeavors to help others, and her impact in the lives of others will live on in those she loved.

To relax, Theria found her way to the golf course. This was a happy place for her. The great outdoors and her world travels seemed to cure whatever was bothering her. It was even better if she could share the experience with those she loved. Theria also enjoyed the opportunity to play bridge and would join others in playing all across Goldsboro.

The family will receive friends on Wednesday, January 10, 2024 from 11:00 a.m. – 12:00 p.m. at

Seymour Funeral Home. The service to celebrate Theria's life will follow at 12:00 p.m. in the chapel with Rev. James Harry and Rev. Phyllis Vail officiating. A private interment for immediate family will be in Maplewood Cemetery, Mount Olive, NC.

Theria is survived by her daughter and son-in-law, Janice (Jan) McPhail Moon and William (Bill) A. Moon of Goldsboro; sister, Katrina W. Nunn of Mount Olive; sister-in-law, Gertrude Waller of Mount Olive; and many nieces and nephews she loved very much.

The family would like to express their appreciation for the compassionate care provided by 3HC and the staff at Kitty Askins Hospice Center. Love and heartfelt thanks is also expressed to her caregivers and friends, Barbara Millard, Bobby Jean Dixon, Ire Darden, Rhonda Smith and Vickie Wiggins.

In lieu of flowers, the family requests memorials be given to the music ministry at St. Paul Methodist Church, 204 E. Chestnut Street, Goldsboro, NC 27530, Kitty Askins Hospice Center, 107 Handley Park Court, Goldsboro, NC 27534 or to the charity of one's choice.

Celebration of Life



Virginia Dare Rabil Mansour

Virginia Dare Rabil Mansour was welcomed in her eternal home on Saturday, January 13, 2024, while at home surrounded by her family.

She was born in Nash County, North Carolina to the late Susie and B.D. Rabil, Sr. on February 15, 1927. In addition to her parents, Virginia was preceded in death by her husband, Ernest Norman Mansour, Sr. and her brother and sister-in-law, B.D. Rabil, Jr. and wife, Elsie A. Rabil.

Virginia was a bright and determined woman from the start. She graduated from Greensboro Woman's College in Greensboro (now known as the University of North Carolina at Greensboro). She married the love of her life in 1950 in St. Patrick's Cathedral in New York City. For many years, Virginia put her expertise and education to work helping her husband operate the Hub Department Store in Goldsboro for 35 years. He later became a commercial real estate developer and Virginia would assist him in handling the bookkeeping with the real estate company. Today, Mansour Developers continues to be successful because of the foundation set by both Virginia and Ernest.

She had several hobbies which brought her much joy. She loved to garden and her roses were her prize. She had been a member of the Goldsboro Garden Club. She also became a Life Master in Bridge. She enjoyed the many friendships she made while playing bridge.

Virginia excelled in all she did, but none more so than being a mother. She was a dedicated and loving mother to her two sons and during her declining health, they devoted their love and care to all of her needs. Her two sons were her life and that love was reciprocated in her final years. It was their opportunity to give back to her. It became a privilege to care for their mom.

Most importantly, Virginia was a believer in Christ. She was a member of St. Paul Methodist Church, where she attended for many years. Though Virginia's body began to fail, her faith was still firm in the Lord. This was a faith which carried her through some of the most difficult challenges of her life and guided her to her eternal home.

The family will receive friends on Thursday, January 18, 2024 from 1:00 – 2:00 p.m. at Seymour Funeral Home followed by a service to celebrate Virginia's life at 2:00 p.m. in the chapel with Rev. James Harry officiating. Interment will be in Willow Dale Cemetery.

Virginia is survived by her sons, Ernest N. (Ernie) Mansour, Jr. and Edward F. (Eddie) Mansour, II, both of Goldsboro; niece, Helen Rabil of Nashville and her sons, Joey Rabil and Cliff Rabil; niece, Juanita M. Mosure and husband, Dr. James Mosure of Goldsboro and their son, Michael Mosure; and many other family members and friends she loved very much.

The family would like to express their appreciation for the compassionate care provided by Dr. Phillip Moye and Gentiva Hospice, including Nikki Wolfe and the RN Staff as well as Ashley Prebe and the hospice caregiving staff. Love and heartfelt thanks is also expressed to her caregiver and friend, Margaret Owens and her helper, Tommy Williams.

Flowers are welcome or memorials may be given to Gentiva Hospice, 2309 Wayne Memorial Drive, Goldsboro, NC 27534 or St. Paul Methodist Church, 204 E. Chestnut Street, Goldsboro, NC 27530.

Services are entrusted to Seymour Funeral Home and Cremation Service. Online condolences may be sent to the family at www.seymourfuneralhome.com.



Join us for Worship Sundays at Saint Paul

9am: *Worship Service*

10am: *Sunday School for All Ages*

11am: *Traditional Worship Service & Livestream*