



HEART FAILURE

Connected **C**are for
Connected **C**onditions

What we wish we knew

The untold story:
lived experiences of
those living with, and
affected by, heart failure



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Connected Care *for*
Connected Conditions



What I wish I knew

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Become an active participant in your own care. Learn about your diagnosis, ask questions during appointments and do not hesitate to advocate for yourself if something does not feel right.

- Kinda, USA

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***It's all about being proactive
and being the owner of your
own health. What can I do
today for myself to have a
better tomorrow?***

- Aiste, Lithuania

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What I wish I knew

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Managing the daily worry is the most challenging part of living with Heart Failure and a connected condition... but it's well worth the effort.

- Glenn, USA

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What I wish I knew

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*You're not on your own.
Through patient networks,
you've got people that
can see you, hear you -
we support each other.
You're part of a family
that understands you.*

- Marcia, UK

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What I wish I knew

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Heart failure and all cardiovascular conditions are connected. To make real change, we need to approach this as one community, one movement.

- Marc, Canada

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