

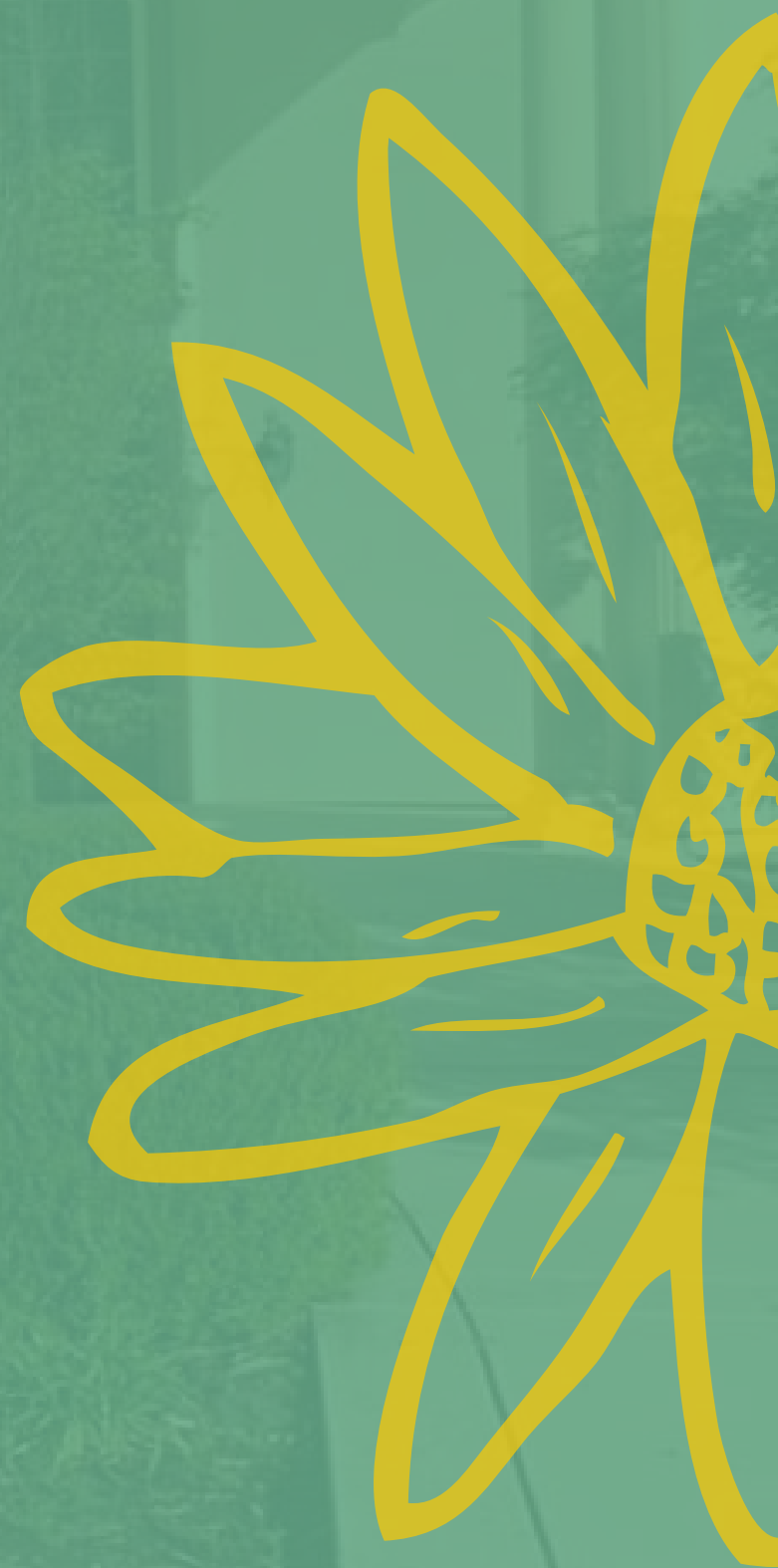


SUNFLOWER'S
HOME

The Home at its Heart



More than a
CARE HOME,
we're a
FAMILY.





Residential Care for the Elderly





about us

In our culture, we grew up surrounded by a community of friends and family that demonstrated the importance of insuring our parents and grandparents had a wonderful quality of life. To this day, we proudly hold those beliefs and values for our loved-ones, especially when caring for our care home residents.

Making them feel safe, loved, healthy and happy is what we strive to do.

There is nothing like a making a difference for those who are trusting us with their care needs. We are proud to have the privilege to create a clean, caring and loving home for seniors in need. Trust that your loved-one is in good hands with our family at the Sunflower's Home.





We are family



our home

Sunflower's Home is for seniors who prefer a cozy, loving and intimate environment with fewer residents, allowing for more interaction and attention from staff. Our residents enjoy a relaxed, unstructured environment in our lovely homelike setting. It is the perfect space for those wanting the privacy of a bedroom without all the responsibilities of an entire apartment, like housekeeping. It is ideal for seniors who need some help with everyday tasks like dressing and bathing but don't need 24-hour skilled care.

amenities:

- 6 large private rooms
- 6 half bathrooms
- 1 extra large walk-in shower
- Cable TV and phone lines in every room
- Backyard area with Gazebo where residents can enjoy the weather and socialize in a pleasant environment



our services

- 24-hour care and supervision
- 3 delicious and healthy meals daily including snacks between meals
- Special diets accommodated according to doctors orders
- Planned and arranged transportation to medical appointments
- Assistance with eating, dressing, and bathing
- Incontinence care
- Assistance with medication
- Recreational activities
- Activities





We want you all to know how much we appreciate
the care you give daily to our mom Esther. We
don't know what we would do without you all.

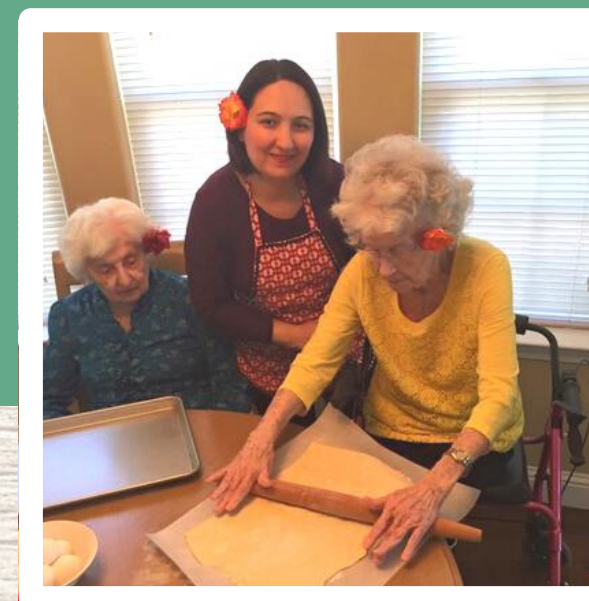
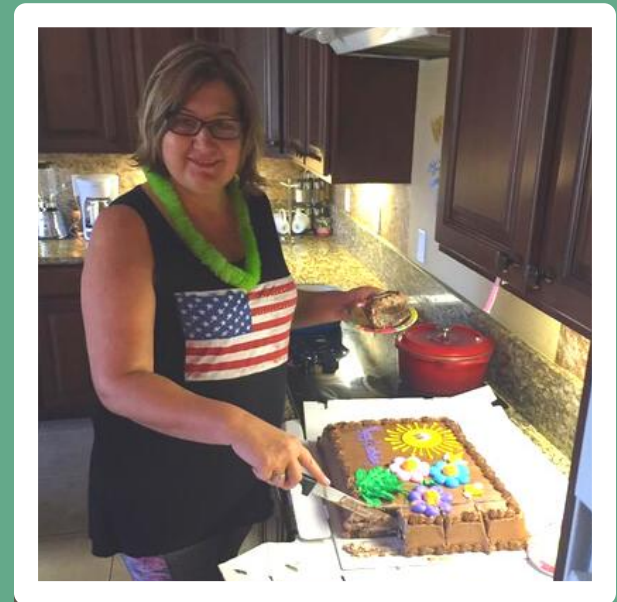
– Sunflower's Home Resident's Family



nutrition



We try to make each meal special , interactive and enjoyable. Be it a special diet , a special occasion or just another family meal, our residents can expect cuisine that is NUTRITIOUS, DELICIOUS and **HOMEMADE** with LOVE.



Holiday Celebrations

Musical Entertainment

Movie
Nights



Tea Time

Book Club

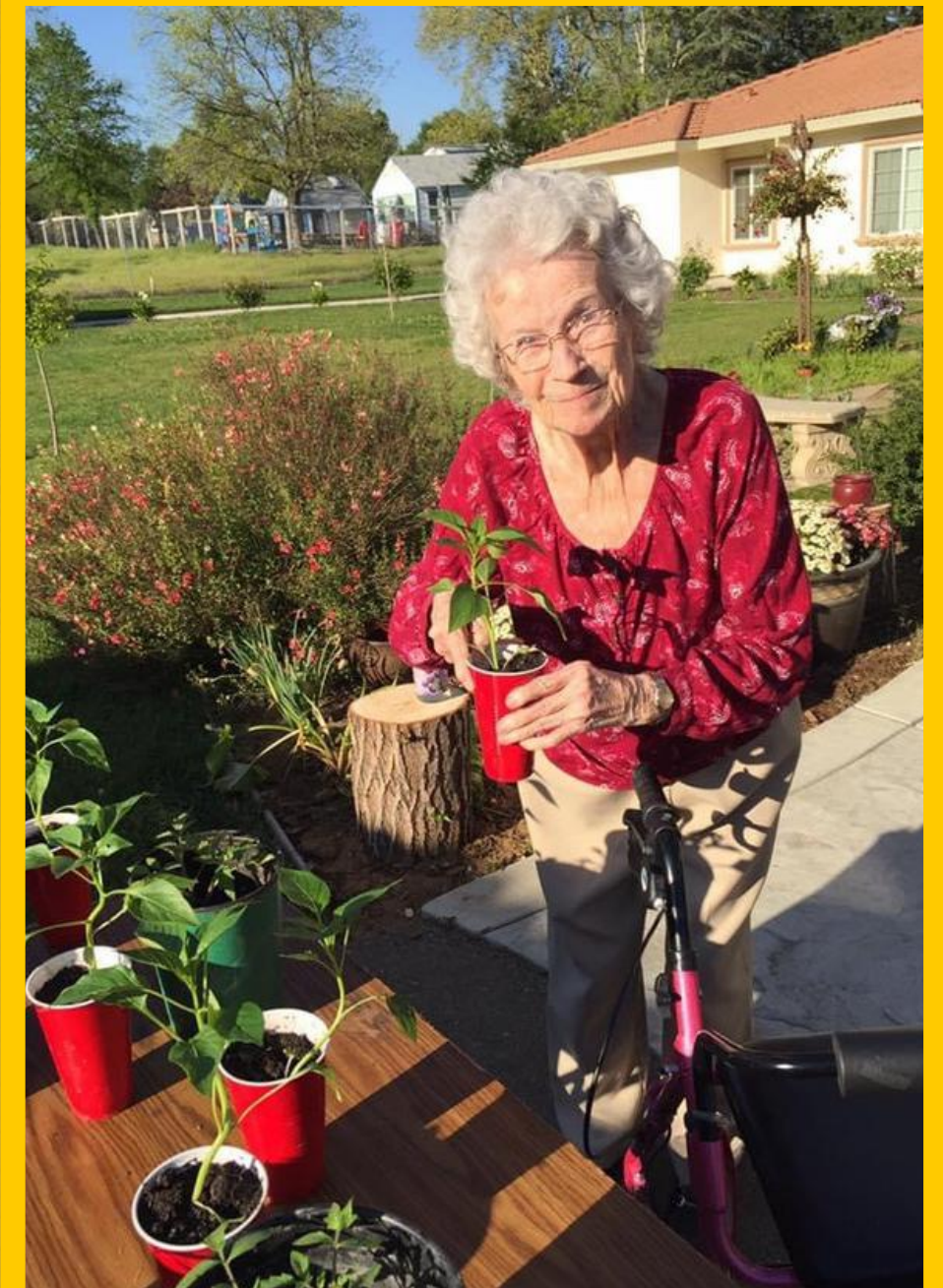
Current Events Chat

Fitness



Gardening

Birthday Celebrations



Hairstylist
Appointments

Game Nights

Day Trips



Sunflower's Home is located in the quaint community of Citrus Heights, CA. This suburb of Sacramento County has many coffee shops and parks that make perfect settings for picnics and afternoon strolls. With a large single-level mall and the beautiful Rusch Botanical Gardens close at hand, Citrus Heights offers some accessible destinations for outings.



Sunflower's Home is a residential care facility that offers supervision and personal care based on residents' needs. Shared and private suites are available for individuals 60 years of age or older, including cozy ground-floor living options for easy accessibility. Adults looking for freedom and compassionate support in their daily activities can rely on the high staff-to-resident ratio. With attentive staff available 24/7, assistance with grooming, dressing and eating is always an option.



Medication management, assisted transportation for medical appointments and ambulatory care are all offered at Sunflower's Home. For those who may struggle with confusion or memory loss, light care services and incontinence care are available. Nourishing meals focus on residents' favorite recipes and senior nutritional needs. The indoor and outdoor common spaces serve as community hubs and host stimulating activities. Romanian is spoken at Sunflower's Home.



Tour our
COMMUNITY,
make it
HOME.



916-284-7360

RCFE LIC. #347004635



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