



SEL Research

What are 10 steps educators can take to promote SEL to the teachers and parents?

- **Host Workshops and Seminars:** Organize educational sessions for teachers and parents to explain the principles of SEL, showcasing its benefits for students' academic and personal growth.
- **Share Success Stories:** Collect and disseminate anecdotes and case studies from the classroom that highlight the positive impacts of SEL on student behavior, engagement, and learning outcomes.
- **Create Informative Newsletters:** Develop regular newsletters for the school community featuring articles, tips, and resources related to implementing SEL at home and in the classroom.
- **Offer Professional Development:** Provide teachers with ongoing professional development opportunities focused on SEL strategies, classroom integration, and measuring its impact.
- **Leverage Social Media:** Utilize social media platforms to share SEL tips, articles, and resources, creating an online community of educators and parents committed to fostering social-emotional skills.
- **Develop an SEL Resource Hub:** Create a centralized online repository of SEL materials, including lesson plans, activities, and research articles, accessible to teachers and parents.
- **Implement Parent-Teacher SEL Forums:** Establish regular forums where educators and parents can share experiences, discuss challenges, and collaboratively explore strategies to support SEL.

- **Incorporate SEL into Curriculum Planning:** Encourage teachers to explicitly incorporate SEL competencies into their lesson plans and share these integrations with parents to highlight SEL's role in academic learning.
- **Utilize Parent-Teacher Conferences:** These meetings can be used to discuss students' social-emotional development, offering insights and strategies parents can employ at home.
- **Advocate for SEL Policies:** Encourage educators to advocate for school and district-level policies that prioritize SEL,